



Kerala HEALTH

NATIONAL HEALTH MISSION, GOVERNMENT OF KERALA

Vision

To achieve the highest attainable standards of health and well-being for all people in Kerala, at every stage of life, through a comprehensive, preventive, promotive, curative, and rehabilitative health system that is equitable, affordable, accessible, and of assured quality. Guided by the principles of social justice, gender equity, and inclusiveness, the mission envisions a responsive and accountable healthcare system that leaves no one behind and ensures that no individual suffers financial hardship due to healthcare needs.

Our Mission

- » Ensure universal access to equitable, affordable, and quality healthcare for all people in Kerala.
- » Build a responsive and accountable health system that addresses the needs of every individual, especially the rural and urban poor.
- » Strengthen public health systems at all levels – from primary to tertiary care through an integrated and comprehensive approach.
- » Promote preventive and promotive healthcare by encouraging community participation and decentralized planning.
- » Reduce the burden of diseases and improve overall population health through effective and inclusive strategies.
- » Collaborate with key sectors like education, nutrition, sanitation, and social welfare to address the social determinants of health.
- » Work with local self-governments and disaster management systems to mitigate public health risks and enhance community resilience.

Goals and Objectives

- » Reduction in Infant Mortality Rate (IMR) and Maternal Mortality Ratio (MMR).
- » Universal access to public health services such as Women's health, child health, water, sanitation & hygiene, immunization and nutrition.
- » Prevention and control of communicable and non-communicable diseases, including locally endemic diseases.
- » Access to integrated comprehensive primary healthcare.
- » Population stabilization, gender and demographic balance.
- » Promotion of healthy life styles.

Our Strategies

Decentralized Health Planning

- Enable local-level planning and inter-sectoral coordination.

Community Participation

- Promote ownership of health systems by the community.

Monitoring & Evaluation

- Ensure transparent and effective monitoring using set standards.

Flexible Financing

- Help design and implement state-specific health plans.

Organogram



At the State level, the Mission operates under the overall guidance of the State Health Mission, headed by the Honorable Chief Minister of Kerala. The State Health & Family Welfare Society (SH&FWS) is responsible for carrying out the functions under the Mission. The Governing Body of the SH&FWS is headed by the Honorable Minister for Health, while the Executive Committee is headed by the Additional Chief Secretary, Principal Secretary, or Secretary (Health & Family Welfare).

State-level programs are headed by State Mission Director. Under his guidance, State Program Managers oversee all activities at the State and district levels. Each program has State Nodal Officers who monitor respective activities at both the State and district levels.

Every district has a District Health & Family Welfare Society (DH&FWS). The Governing Body of the District Health Mission (DHM) is headed by the Chairperson, District Panchayath, while the Executive Committee is headed by the District Collector. District program managers implement district-level activities, and they have designated officers for each program at the district level.

Key Components & National Health Programmes

Reproductive & Child Health

- Ensuring safety and well-being for mothers and children.
- Universal Immunization Programme (UIP)
- Revised National Family Planning Programme
- Janani Suraksha Yojana (JSY)
- Janani Shishu Suraksha Karyakram (JSSK)
- Rashtriya Kishor Swasthya Karyakram (RKSK)
- Rashtriya Bal Swasthya Karyakram (RBSK)

Achievements

IMR 5/1000
live births

MMR 30/100000
live births



Communicable and Non Communicable Diseases

- National Vector Borne Disease Control Programme (NVBDCP)
- National Tuberculosis Elimination Program (NTEP)
- National Mental Health Programme (NMHP) - Tele MANAS
- National Programme for Prevention & Control of Deafness
- Pradhan Mantri National Dialysis Programme (PMNDP)
- National Programme on Climate Change and Human Health (NPCCHH)
- National Leprosy Eradication Programme (NLEP)
- National Programme for Control of Blindness & Visual impairment (NPCBVI)
- National Programme for Prevention and Control of Non communicable Diseases (NP-NCD)
- National Tobacco Control Programme (NTCP)
- National Iodine Deficiency Disorders Control Programme (NIDDCP)
- National Programme for Prevention and Control of Fluorosis (NPPCF)
- National Programme for Health Care of the Elderly (NPHCE)

National Tuberculosis Elimination Program

- All three Municipalities of Wayanad district were awarded TB-Free (Bronze) status for 2024
- 131 Grama Panchayats & 7 Municipalities were awarded TB-Free for 2024



Shaili

- Total Hypertension Screening: 2196831
- Total Diabetes Mellitus Screening: 2310715



National Tobacco Control Programme

- Tobacco Free schools declared: 2631
- Tobacco Free Panchayaths: Tholur (Thrissur), Cheeyambam (Wayanad)



National Mental Health Programme (NMHP) Tele MANAS

- 306 monthly clinics are being conducted in the state.
- Around 50,000 patients are receiving treatment monthly from DMHPs.
- Sampoorana Manasikarogyam has been implemented in 682 Grama Panchayaths, 19,161 ASHAs were trained as part of the programme.



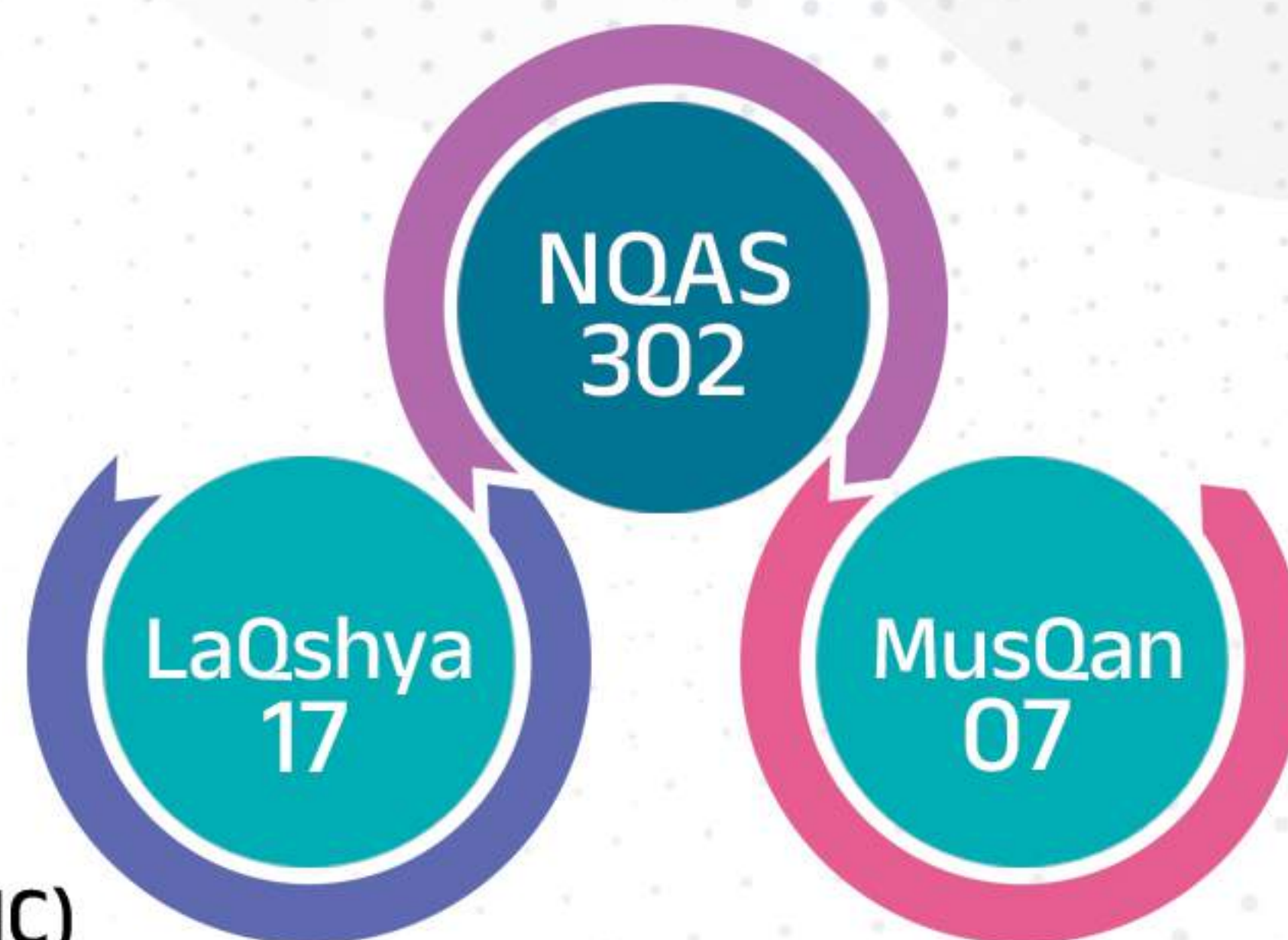
National Programme for Prevention & Control of Deafness

- NPPCD services are provided through 14 District Nodal Centres, 53 Taluk Centres, 203 CHCs and 691 PHCs across Kerala, ensuring accessible ear and hearing care.
- District Centres are equipped with BERA, Speech Therapy Rooms, and modern audiology tools.
- Extension Centres have Pure Tone Audiometer, Tympanometer, Sound Booth and Digital Audiometer.



Health System Strengthening

- Quality Assurance Programme (NQAS, LaQshya, MusQan, Kayakalp)
- eSanjeevani OPD
- National Urban Health Mission
- Comprehensive Primary Health Care (CPHC)



eSanjeevani

eSanjeevani bridges the healthcare access gap by providing free, quality tele consultations through both Doctor-to-Doctor (HWC) and Patient-to-Doctor (OPD) modes. 24.5 lakh consultations have been completed.



National Urban Health Mission

- 356 Urban Health & Wellness Centres, 102 Urban Primary Health Centres, 2 Urban Community Health Centres
- All UPHCs operational as polyclinics with specialist services on at least two days per week.



Comprehensive Primary Health Care

- 5416 Janakeeya Arogya Kendrams operational across the state with JPHN, JHI and MLSP in position.
- Fixed day fixed site clinics - Stthree clinics, NCD/Elderly screening clinic, Patient group meetings.
- Structured lifestyle modification intervention on Saturdays to improve community control of hypertension and diabetes.

State-Specific Health Programmes

Aardram Mission :

Upgrading Primary Health Centres (PHCs) to Family Health Centres (FHCs), strengthening infrastructure, standardizing care, and leveraging technology. Through the Aardram mission, 744 family health centers, 110 block family health centers, 25 taluk hospitals, and 14 district/general hospitals are transformed into people-friendly hospitals.



Radio Health Programme:



Radio-based health literacy drive, broadcasting vital health messages across Kerala via All India Radio and FM channels. From 2008 onwards, more than 8000 health awareness programs have been conducted through the All India Radio platform.

Aardrakeralam Puraskaram:

Annual recognition for Local Self Governments excelling in public health activities, emphasizing social audit, maternal/child health, NCDs palliative care, cleanliness, and hygiene. Every year, 56 awards are presented to local self-governance institutions in various categories.



Hridyam:



Free cardiac surgeries and interventions for children with congenital heart disease; includes early identification, treatment and post-operative care, The HRIDYAM program conducted over 8,500 surgeries, bringing smiles to the faces of 8,500 families.

Arogyam Anandam - Akattam Arbudam:

Year-long campaign for early cancer detection and encouraging screenings and timely follow-up.

Total Persons Screened : 22,14,225

Breast Cancer Screened : 16,65,781

Cervical Cancer Screened : 13,84,254

Oral Cancer Screened : 16,42,153

Colon Cancer Screened : 5,96,455



Arogyajagratha Campaign:



State-wide awareness initiative on communicable diseases, personal and environmental hygiene, and healthy lifestyles. Under the arogyajagratha calendar, cleaning drive, various health awareness activities, and health day observations are conducted.

Nirnaya Hub & Spoke Lab Network:

Standardized lab services in public facilities, ensuring quality-controlled and accessible diagnostics for all. Nirnaya, a service that allows people to access healthcare at the nearest health center, has now covered almost 1000 institutions under the Nirnaya Hub and spoke model.



KARE (Kerala United Against Rare Diseases):

KARE is a state initiative designed to support individuals affected by rare diseases by offering prevention, early diagnosis, and treatment. It ensures access to medications, therapeutic support, assistive technologies, home-based care, and psychosocial support for families.

In line with the National Rare Diseases Policy 2021, Kerala established its first government-run SMA (Spinal Muscular Atrophy) Clinic at SAT Hospital, Thiruvananthapuram, integrating various departments.



Keralacare - Kerala Palliative Care Grid:

Kerala Palliative Care Grid is a community-based healthcare network led by Kerala State Government where trained volunteers and medical professionals collaborate to support people with serious health related suffering through home-based care, incorporating medical, social, and psychological support for both patients and families. The Kerala Palliative Care Grid operates with the support of voluntary organizations and trained volunteers, making palliative care more effective.

Number of Patients Registered	: 2,90,316
Number of Government Facilities Registered	: 1388
Number of NGO's registered	: 1277

keralacare⁺
Govt. of Kerala Initiative

Mother Baby Friendly Hospital Initiative



The Mother Baby-Friendly Hospital Initiative (MBFHI) in Kerala is a state-level program aimed at promoting and supporting breastfeeding by ensuring hospitals adhere to the "Ten Steps to Successful Breastfeeding". 59 Hospitals declared as Mother Baby Friendly Hospital Initiative.

DISHA:

DISHA-1056 is a joint venture undertaken by National Health Mission (NHM) and Department of Health and Family Welfare. It is a 24x7 Tele-Health Helpline providing guidance, counseling and information service on physical and mental health issues. Established on March 2013, DISHA is the State's first initiative of a Health Helpline. It operates as a statewide BSNL free call service, reaching all parts of Kerala and Lakshadweep. As of September 2025, DISHA has received 2.27 lakhs calls and has an average daily call volume of 500. Toll Free Numbers: 1056, 04712 552056



Extreme Poverty Eradication Programme (EPEP):

Through this program, the health department has reached out to the population living in extreme poverty and made nutrition centers and NRC services available to them. Doorstep health screening services are being provided to the extremely poor through Janakiya Health Centers. Screening of all the extremely poor will be completed by October 2025. Further screenings will be done through Family Health Centers. Care Coordinator to coordinate services in hospitals.

Fact Sheet

Antenatal Registration

94%

High-Risk Pregnancy identified

24%

Maternal Mortality Rate (MMR)

30/100000
live births

Infant Mortality Rate (IMR)

5/1000
live birth

Hridyam - Total Surgeries Done

8858

Immunization Coverage

92%

Shaili Screening for non communicable disease

79%

No. of Cancer Screening for early detection
of awareness cancer

22,14,225

National Urban Health Mission

Institutions operational at present:

Type	Operational	%
UPHC	102	100
UCHC	2	100
UHWC	356	93.7
Polyclinic	102	100

Quality Assurance Programme



“
**Together for a
Healthier Kerala**
”



Together, we are building a healthier, more inclusive Kerala - where quality healthcare is a right, not a privilege.

Join us in building a strong, inclusive, and community-driven health system.



National Health Mission Kerala

Office of the State Mission Director, National Health Mission Office
DHS Office Compound, General Hospital Junction, Trivandrum 695035,

Ph: 04712 301181

Website: <https://arogyakeralam.gov.in>

Email: arogyakeralam@gmail.com

 facebook.com/nhmkerala

 Whatsapp channel - Arogyakeralam



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National Health Mission,
Government of Kerala