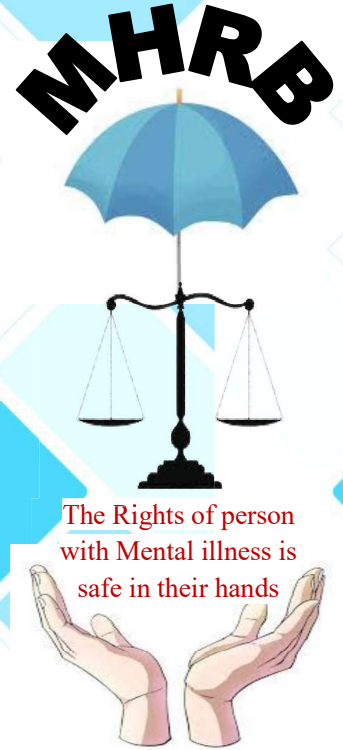


MHRBs Have Started Functioning

The Mental Health Review Boards, a new system to safeguard the rights of persons with Mental illness under Mental Healthcare Act, 2017 have started functioning at following locations.

Review Board	Office Address	Jurisdiction
Mental Health Review Board, Thiruvananthapuram	Mental Health Review Board, State Nutrition Bureau Building, District Medical Office campus, Red Cross Road, Vanchiyoor. P.O, Thiruvananthapuram. Pin - 695 035 mhrbtvpm@gmail.com Ph.No. 0471 2570577	Thiruvanthapuram Kollam Alappuzha
Mental Health Review Board, Kottayam	Mental Health Review Board, Medical College Kottayam Campus, Gandhinagar, Kottayam. Pin – 686 008. mhrbktm@gmail.com Ph.No. 0481 2925660	Kottayam Pathnamthitta Idukki
Mental Health Review Board, Thrissur	Mental Health Review Board, Government Mental Health Centre Campus, Vonginisserly, Aranattukara, Thrissur. Pin – 680 004. mhrbtsr@gmail.com Ph.No. 0487 2992666	Thrissur Eranakulam Palakkad
Mental Health Review Board, Kozhikode	Mental Health Review Board, Government Mental Health Centre Campus, Kuthiravattom Rd, Kozhikode. Pin – 673 016. mhrbkkd@gmail.com, mhrbkozhikode.com. Ph.No. 0495 2923645	Kozhikode Malappuram Wayanad



Functions of MHRBs.

- 1. Review after, modify, or cancel advance directories.**
- 2. Appointment of nominated representatives.**
- 3. Appointment of nominated representative of the minor.**
- 4. Giving permission for continuance of admission, re-admission and discharge of person.**
- 5. Issue order on violation of rights of Patient with mental illness.**
- 6. Adjudicate complaints regarding deficiencies in care and service.**
- 7. Admission of minors and women shall be informed by the Medical Officer to the concerned Board.(3/7-day time frame).**
- 8. Visit and interview the minor, if requires so.**
- 9. Mandatory review of admission of minors continuing beyond 30 days (7-day time frame).**
- 10. Transfer of patient with mental illness (Minor/high need support/beyond 30 days/prisoners)**
- 11. Permission for ECT and Psychosurgery for minors.**
- 12. Visit prison or jail.**
- 13. Boards role in instance of restraint of mental health patient.**
- 14. Proof of Mental illness in judicial process to be verified by the Board.**

**CASES REVIEWED BY REVIEW BOARDS
(As on 31.01.2026)**

Mental Health Review Board, Thiruvananthapuram

Sl No	Section	Number of Cases
1	Sec 87	202
2	Sec 89	06
3	Sec 90	03
Total		211

Mental Health Review Board, Kottayam

1	Sec 87	16
2	Sec 89	0
3	Sec 90	06
Total		22

Mental Health Review Board, Thrissur

1	Sec 87	55
2	Sec 89	1
3	Sec 90	47
Total		103

Mental Health Review Board, Kozhikode

1	Sec 87	42
2	Sec 89	0
3	Sec 90	37
Total		79