



TOP INITIATIVES OF HEALTH AND FAMILY WELFARE & AYUSH DEPARTMENT



Kerala.HEALTH

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Preface

The strategic implementation of AYUSH initiatives in Kerala signifies a transformative era in healthcare, where the depth of traditional wisdom is enhanced by state-of-the-art technology and specialized medical systems. This progress under the Government of Kerala is defined by the widespread digitization of services through advanced platforms like the AYUSH Homoeopathy Information Management System (AHIMS) and E-Hospital frameworks of the Indian Systems of Medicine, which ensure seamless patient data sharing and efficient clinic operations. Beyond digital growth, the state has pioneered specialized clinical modules ranging from gender-focused psychiatric care in Seethalayam clinics to intensive pediatric developmental therapies and non-invasive infertility treatments. These initiatives ensure that vulnerable populations, including the elderly in geriatric units and school-aged children, receive expert care tailored to their unique social and physical needs.

A hallmark of this development is the decentralization of specialized healthcare, ensuring that high-standard medical facilities are no longer confined to major cities. The National Ayush Mission has been instrumental in this effort, upgrading hundreds of rural dispensaries into accredited Health and Wellness Centres while deploying mobile units and floating dispensaries to reach isolated backwater communities. Integration remains a primary theme, with many institutions combining Ayurveda and Homoeopathy with yoga therapy, physiotherapy, and lifestyle management to combat the rising burden of non-communicable diseases. This holistic framework is supported by rigorous standardization drives, such as NABH accreditation and the Kayakalp awards, which maintain superior hygiene and patient safety protocols across the entire public health sector.

Furthermore, Kerala has fortified the industrial and academic foundations of the Ayush sector by investing in sophisticated research units and modern pharmaceutical manufacturing. Projects like "Oushadhapalanam" focus on the ex-situ conservation of endangered medicinal plants, while academic institutions conduct pioneering studies on everything from sleep disorders to cardiovascular risk reduction. The state's pharmaceutical corporations, Oushadhi and HOMCO, have significantly increased their manufacturing capacities through automated factory commissioning and the establishment of advanced drying and storage infrastructure. By harmonizing these academic, clinical, and industrial efforts, Kerala continues to strive to provide sustainable, innovative, and accessible holistic healthcare.

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1. Indian Systems of Medicine (ISM)

Initiative/ Project No. 1

Name of Organisation	INDIAN SYSTEMS OF MEDICINE
Name of Project	1. E-Hospital System 2. ORS system 3. Scan and Share system
Introduction	Out of 948 institutions in the Indian systems of Medicine Department, the e-hospital system has been implemented in 240 institutions, the ORS system in 254 institutions, and the Scan and Share system in 240 institutions.
Basic Fact Sheet covering all Indicators.	<p>Through the e-hospital system, patient identity can be registered in the OPD counter, and patient information, prescription of medicines, distribution of medicines, and laboratory reports can be recorded and stored.</p> <p>Through the online registration system, patients can register online and make advance appointments at various units of registered hospitals.</p> <p>By using the Scan and Share system, you can scan the QR code installed in the institution and consult a doctor within a certain time without the need for a special token.</p>
Innovation/ special aspect about the subject above	patient information can be registered in the OPD counter, and patient information, prescription of medicines, distribution of medicines, and laboratory reports can be recorded and stored
Service Delivery Details	<p>All the above systems are beneficial for both patients and staff. All the patient data is recorded and stored in the system and a patient can share his/her data with others using the ABHA ID.</p> <p>The data of patients are recorded and stored in ABHA account, Health account, and by using the ABHA ID, a patients data can be accessed/ shared digitally.</p>



2. Department of Homoeopathy (DH)













Initiative/ Project No. 1

Name of Organisation	Department of Homoeopathy																									
Name of Project/Scheme/Programme	AHIMS – AYUSH HOMOEOPATHY INFORMATION MANAGEMENT SYSTEM																									
Introduction	<p>Launched on November 1, 2019, by the Department of Homoeopathy, Govt of Kerala. AHIMS (Ayush Homoeopathy Information Management System) was developed to streamline departmental data, enhance operational efficiency, and support effective planning and review processes. It is a secure, web-based software solution hosted at the State Data Centre, ensuring robust data protection and reliability. As a flagship e-governance initiative, AHIMS has been recognized for its excellence—earning second place in Kerala State’s e-health/e-medicine category for two consecutive years (2019–2020 and 2020–2021). The second phase, AHIMS-2, focuses on transforming hospital operations into a comprehensive digital hospital management system.</p>																									
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<p>Innovation/ special aspect about the subject above</p>	<p>AHiMS is a tailor-made digital health system, uniquely designed by professionals in the field of homoeopathy to cater specifically to the needs of standalone homoeopathy institutions (currently 693 institutions - 93%) across Kerala. It stands as a pioneering model in the country, effectively managing patient flow within homoeopathy-exclusive healthcare settings.</p>
<p>Service Delivery Details</p>	<p>1.. Clinical & Patient Care Modules- OP Registration & Booking- Online and walk-in outpatient registration, patient history, complaints, diagnosis, and prescription, Medicine Prescription & Dispensation- Preserving homoeopathic prescription format, Integration with pharmacy for issuing medicines -Medicine Hopping Module, Enables patients to collect undispensed medicines from any of the 693 institutions</p> <ul style="list-style-type: none"> • Scale: 93% of institutions are fully digitalised. • End-to-end digital OP covers online booking, registration, doctor consultation, and pharmacy services • Provides the real-time information on medicine availability at the time of prescribing • Total service Integration: OP Management, Medicine Procurement, Store Management, and Hospital Management Committee (HMC) financial tracking. • HOMCO ERP integration enables hassle-free procurement of medicines • Intelligent indent is generated based on stock consumption, balance stock, and fund allocation • National Benchmark: ABDM Compliant - Milestone 1 Achieved <p>2.Pharmacy & Inventory Modules (Stock Management, Streamlined purchase (integrated with HOMCO ERP) and transfer of medicines, Alerts for nearing expiry dates and batch-wise monitoring</p> <p>3.Administrative & Governance Modules(HR Management- Employee database, postings, service history, Leave Management-Online leave application and approval workflow, Hospital Management Committee (HMC) Module- Records HMC meetings, decisions, and financial transactions</p> <p>4.Planning & Monitoring Modules (Institutional Performance Monitoring- Tracks patient inflow, medicine usage, camp activities, etc.</p>

<p>5.Fund Utilization Tracking, Asset & Infrastructure Management-Tracks institutional assets, buildings, and equipment</p> <p>6.Outreach & Public Services Modules(Medical Camp Management- Planning, execution, and reporting of outreach programs, IEC & Training Management- Records of awareness campaigns and staff training programs</p> <p>7.Security & Integration Modules- User Role Management-Role-based access to ensure data privacy, Audit Trail & Data Backup- Ensures accountability and data recovery- managed by Keltron under AMC.</p>



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 THIRUVANANTHAPURAM <small>THIRUVANANTHAPURAM</small> <small>THIRUVANANTHAPURAM</small>	 KOZHIKODI <small>KOZHIKODI</small> <small>KOZHIKODI</small>	 ALAPPUZHA <small>ALAPPUZHA</small> <small>ALAPPUZHA</small>	 TRIPUNITHURAI <small>TRIPUNITHURAI</small> <small>TRIPUNITHURAI</small>	 KOTTAYAM <small>KOTTAYAM</small> <small>KOTTAYAM</small>
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Initiative/ Project No. 2

Name of Organisation	Department of Homoeopathy																								
Name of Project/Scheme/Programme	SEETHALAYAM – GENDER-BASED HEALTHCARE PROGRAMME																								
Introduction	First gender-focused programme by the department for promoting women’s mental, physical, and social well-being. Provides support for mental health concerns and common health problems faced by victims of domestic violence through treatment and counselling. Where necessary, legal awareness and referral services are also offered in collaboration with various State agencies.																								
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Innovation/ special aspect about the subject above	<p><u>Boundary-breaking gender strategy: Kerala’s only homoeopathy initiative entirely designed, managed, and delivered by female staff.</u></p> <p>Holistic care model: Integration of medical remedy provision with psychological therapy, addiction recovery (Punarjani) and legal services in one cohesive project structure</p>																								
Service Delivery Details	Women and their families are aided by this project. The main advantage is that it could address the mental issues of women through counselling, treatment, and other legal advice. Middle-aged women and teenagers were most																								

	<p>benefited under the scheme. For the victims of domestic violence, medication is given by homoeopathic physicians. To overcome their psychological issues, the support of a psychologist is provided.</p> <p>Operational hours: Clinics open Monday-Saturday, generally 9 AM-2 PM.</p> <p>Care team: Multi-disciplinary - female homoeopathic medical officers, lady psychologist and female supporting staffs.</p> <p>Outreach & awareness:</p> <ul style="list-style-type: none">o Workshops in local communities, women's groups, panchayats, and schools.o Collaboration with Kudumbashree and local NGOs to amplify awareness among women in rural and peri-urban areas.
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Initiative/ Project No. 3

Name of Organisation	Department of Homoeopathy								
Name of Project/Scheme/Programme	SADGAMAYA - CHILD & ADOLESCENT HEALTH INITIATIVE								
Introduction	Promoting mental, social, and intellectual growth in children & adolescents by providing treatment and counselling thus achieving overall wellness, addressing health issues related with behavioral, cognitive, or educational challenges. Statewide initiative supporting children under 19 with homoeopathic care, counselling, behavioural therapy, and special education support.								
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Outcome Indicator	Impact								
Improved mental health	Reduced behavioural distress								
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Early intervention success	Prevention of long-term complications								
Innovation/ special aspect about the subject above	Integrated Multidisciplinary Approach: Combines homoeopathic treatment with counselling, special education, and behavioural therapy under one umbrella.								
Service Delivery Details	<p>Sadgamaya provides a wide range of child-focused services through dedicated units operating in all districts.</p> <p>Operational hours: Clinics open Monday-Saturday, generally 9 AM-2 PM.</p> <p>Care team: Multi-disciplinary - Homoeopathic medical officers, Special Education Teachers</p> <ul style="list-style-type: none"> ○ Health Care: Homoeopathy-based clinical interventions for diagnosed conditions. ○ Addressing emotional, behavioral, and psychosocial issues through expert sessions. ○ Tailored to children with learning and cognitive challenges. ○ Individual and group interventions to improve learning and school performance. 								

	<ul style="list-style-type: none">○ Screenings, awareness programs, and referrals carried out in educational institutions.○ Remedial Training: Academic support for slow learners and children with learning disabilities.○ Awareness Classes/Seminars: Conducted for parents, teachers, and the public to reduce stigma and promote understanding.
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കൊല്ലം ജില്ലാ ഹോമിയോ ആശുപത്രിയുടെ സർഗമയ പദ്ധതിയിൽ STEPS (Sustained Tribal Education Programme Sadgamaya) ന്റെ ഭാഗമായി കൊല്ലം,ഗിരിജി കോളനി അച്ചി കോവ്വിൽ 20/08/2025 ബുധനാഴ്ച മെഡിക്കൽ ക്യാമ്പും സർഗമയ ബോധവൽക്കരണ ക്യാമ്പും നടത്തി.

Wayanad Excise Commissioner taking a look at Sadgamaya, at AYUSH TROPHY.



കേരള സ്വീകാരി വനിതാ ശിശുവികസനവകുപ്പ് -കൺബുഡി ജില്ലാതല ICDS ഡെപി സംഘടിപ്പിച്ചു പോഷി മാഹ് ജില്ലാതല സമാപനത്തോടനുബന്ധിച്ച് 2025 ഒക്ടോബർ 16 വ്യാഴാഴ്ച ഹോട്ടൽ റെയ്ഡിബോ സ്ട്രൂട്ടിൽ വെച്ച് നടന്ന Men Streaming സെമിനാറിൽ സർഗമയ ജില്ലാക്വിവിനിലെ ഡോ. വിജയ എ 5 വയസിൽ താഴെയുള്ള കുഞ്ഞുങ്ങളുടെ അച്ഛന്മാർക്ക് വേണ്ടി Consclous Parenting എന്ന വിഷയത്തിൽ കാസ് ഫിട്രാത്തു.

കോഴിക്കോട്,ഗവണ്മെന്റ് ജില്ലാ ഹോമിയോ ആശുപത്രിയിൽ പഠിപ്പിക്കുന്ന സർഗമയ പദ്ധതിയുടെ ആഭിമുഖ്യത്തിൽ ശിശുദിനത്തോടനുബന്ധിച്ച് ചേളന്നൂർ,AKKR ഗവണ്മെന്റ് ഹയർ സെക്കന്ററി ഗേൾസ് സ്കൂളിൽ വെച്ച് 2025,നവംബർ 13,വ്യാഴം , കിസ് മത്സരം നടത്തി.

Initiative/ Project No. 4

Name of Organisation	Department of Homoeopathy																																	
Name of Project/Scheme/Programme	AYUSHMAN BHAVA - LIFESTYLE DISEASE MANAGEMENT PROGRAMME																																	
Introduction	Ayushmanbhava is a unique initiative that focuses on the prevention and management of lifestyle diseases through homoeopathy, supported by yoga and naturopathy to prevent and treat lifestyle-related diseases such as diabetes, hypertension, dyslipidemia, stroke, cancer etc.																																	
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Innovation/ special aspect about the subject above	<p>INNOVATION OR SPECIAL ASPECT</p> <ul style="list-style-type: none"> o Integrated AYUSH Approach: Combines Homoeopathy, Naturopathy, and Yoga for both prevention and cure. o Holistic Community Engagement: Emphasizes lifestyle changes alongside medical treatment. 																																	
Service Delivery Details	<p>Ayushmanbhava project is operational in all 14 districts of Kerala, with each district housing one dedicated unit.</p> <p>Operational hours: Clinics open Monday-Saturday, generally 9 AM-2 PM.</p> <p>Care team: Multi-disciplinary - homoeopathic medical officers, Naturopathy doctor, Yoga trainer</p> <ul style="list-style-type: none"> o Treatment of NCDs like diabetes, hypertension, obesity, etc. o Management of disease-related complications through an integrative AYUSH approach. o Tailored dietary counseling and yoga sessions for patients. 																																	

	<ul style="list-style-type: none"> o Homoeopathic medication for chronic and acute management. o Community-based health promotion via awareness campaigns, camps, and regular check-ups. o Follow-up and continuous monitoring of patients to ensure compliance and outcomes.
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Initiative/ Project No. 5

Name of Organisation	Department of Homoeopathy																								
Name of Project/Scheme/Programme	NABH ENTRY-LEVEL ACCREDITATION																								
Introduction	Statewide accreditation initiative under NAM ensuring quality standards in Homoeopathy institutions. As part of quality improvement initiatives in the public healthcare system, the Department of Homoeopathy, Government of Kerala, has successfully implemented a focused project to achieve NABH Entry-Level Certification for selected Homoeopathy Health & Wellness Centres (HHWCs). This project, implemented with the support of the National AYUSH Mission, is aimed at uplifting the infrastructure, safety, service protocols, and patient satisfaction levels across government Homoeopathy institutions.																								
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Innovation/ special aspect about the subject above	<p>INNOVATION / SPECIAL ASPECT:</p> <p>First time NABH accreditation scaled across public Homoeopathy dispensaries in Kerala. Deployment of trained Homoeopathy-specific facilitators and assessors. Integration of state-level documentation teams to guide and maintain quality uniformity.</p>																								
Service Delivery Details	<p>Phase I:</p> <ul style="list-style-type: none"> ○ 64 Homoeopathy dispensaries achieved NABH Entry-Level Certification in 2023. ○ Each centre followed structured documentation, patient flow, infection control, and safety protocols. 																								

	<p>Phase II (Completed):</p> <ul style="list-style-type: none">○ 38 Homoeopathy units were selected and successfully accredited.○ Rigorous district and state-level coordination ensured timely gap analysis, documentation, and training.○ Homoeopathy facilities achieved compliance in areas such as patient rights, waste management, grievance redressal, and continuous quality improvement. <p>Phase III (In Progress – 2025):</p> <ul style="list-style-type: none">○ New batch of Homoeopathy dispensaries undergoing accreditation preparation since February 2025.
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Initiative/ Project No. 6

Name of Organisation	Department of Homoeopathy		
Name of Project/Scheme/Programme	JANANI - INFERTILITY TREATMENT PROJECT		
Introduction	Provides affordable, effective Homoeopathic Infertility treatment to couples. The programme offers free consultations, free medicines, and low-cost investigations. Over 3,375 babies born since inception.		
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Output Indicators		
	Sl.No	Output Indicator	
	Achievement (2024-25)		
	1	New OP cases	1,942
	2	Review OP cases	2,001
	3	Total OP cases	3,943
	4	Babies born (reported)	105
	5	Conceived cases	96
	Outcome Indicators		
	Sl.No	Outcome Indicator	Impact
	1	Affordable infertility care	Reduced financial burden
	2	Improved conception rates	Positive reproductive outcomes
	3	Continuity of care	Structured follow-up system
Innovation/ special aspect about the subject above	<ul style="list-style-type: none"> ○ First-of-its-kind Government Homoeopathy Infertility Program: A unique initiative that has demonstrated success in a non-invasive, affordable way. ○ Kannur's unit designated as a exclusive hospital for fertility care with ongoing infrastructure upgrades. ○ AYUSH Recognition: Sole Homoeopathy project featured from AYUSH sector in the Economic revive report 2018-19. ○ Inclusive & Affordable: Targets families unable to afford costly infertility treatments. 		
Service Delivery Details	<p>Operational hours: Clinics open Monday-Saturday, generally 9 AM-2 PM.</p> <ul style="list-style-type: none"> ○ Mode: Conducted by specially trained homoeopathy doctors 		

- Follow-up: Continuous patient monitoring through review OPs until conception or referral.
- Counselling: Psychological and lifestyle counselling integrated with clinical care.
- Beneficiaries: Both men and women affected by infertility from low- and middle-income backgrounds.



Initiative/ Project No. 7

Name of Organisation	Department of Homoeopathy		
Name of Project/Scheme/Programme	PALLIATIVE CARE PROJECT		
Introduction	<p>Improves quality of life for patients and families with severe illnesses, disabilities, and ageing-related health issues. At primary level, the Department collaborates with Local Self Governments and conducts Home Care to Palliative patients, while secondary centres offer outpatient, inpatient, and home visit services.</p> <p>Pain & Palliative Cancer Care Centre - Chethana is a dedicated hospital at Wandoor, Malappuram, offering caring and supportive treatment for people with cancer and other serious, long-term, or life-limiting illnesses, with a focus on comfort, dignity, and quality of life.</p>		
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Output Indicators		
	Sl.No	Achievement (2024-25)	
	Output Indicator		
	1	Primary home visits	10,602
	2	Secondary home visits	1,580
	3	OP consultations	14,406
	4	IP admissions	1,014
	5	Awareness programmes	54
	Outcome Indicators		
	Sl.No	Outcome Indicator	Impact
	1	Improved symptom control	Better pain management
	2	Enhanced caregiver support	Higher satisfaction levels
	3	Increased awareness	Expanded community engagement
Innovation/ special aspect about the subject above	<ul style="list-style-type: none"> ○ Gentle, Non-Invasive Therapy: Side-effect-free homoeopathic management ideal for elderly and multi-morbid patients. ○ Integrated Holistic Support: Combines medical care with counselling, physiotherapy, and caregiver education. ○ Community-Based Approach: Strong collaboration with Local Self Governments and volunteers ensuring last-mile reach and free access to care. 		

Service Delivery Details	<p>The palliative care program operates through two levels:</p> <p>Primary Palliative Care: Home visits are conducted through Primary Palliative Care Centres operating in Dispensary /APHC.</p> <p>Secondary Palliative Care: OP (one day in a week), inpatient treatment (IP) and home visits services are provided in secondary centers operating in district hospitals.</p> <ul style="list-style-type: none">○ Outpatient consultations○ Inpatient care with specialized wards○ Home-based services○ Counseling and psychological support○ Physiotherapy and rehabilitation○ Distribution of medical supplies with local government support
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Initiative/ Project No. 8

Name of Organisation	Department of Homoeopathy		
Name of Project/Scheme/Programme	RAECH – RAPID ACTION EPIDEMIC CONTROL CELL		
Introduction	Epidemic preparedness and rapid response initiative conducting preventive camps and awareness programmes across Kerala. The Rapid Action Epidemic Control Cell Homoeopathy (RAECH) coordinates the epidemic control activities of the Homoeopathy Department through a structured system at state and district levels. A Trained Reserve Group of skilled professionals from government and private sectors ensures rapid field-level support during outbreaks, strengthening preparedness and enabling swift, effective epidemic response.		
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Output Indicators		
	Sl.No	Output Indicator	Achievement (2024-25)
	1	Epidemic response camps	459
	2	Beneficiaries served	57,546
	3	IEC programmes conducted	114
	Outcome Indicators		
	Sl.No	Outcome Indicator	Impact
	1	Improved community immunity	Timely prophylaxis distribution
	2	Reduced panic during outbreaks	Increased awareness
	3	Strengthened response capacity	Trained Reserve Group deployment
Innovation/ special aspect about the subject above	<ul style="list-style-type: none"> ○ Trained Reserve Group (TRG): A core rapid-response team of government and private homoeopaths equipped for immediate deployment. ○ Genus Epidemicus Protocol: Data-driven medicine selection based on local epidemiological evidence, ensuring targeted prevention. ○ Multi-level Governance Structure: State-level (HPC, SLEG) and district-level (DLR, DLEG) bodies enable decentralized yet unified action. ○ Regular Training (ROTP): Keeps homoeopathy doctors updated with the latest protocols for epidemic management. 		

Service Delivery Details	<ul style="list-style-type: none">○ Preventive medicines distributed across outbreak zones.○ Health awareness programs conducted in schools, communities, and public spaces.○ Epidemic surveillance based on alerts from LSGs, media, and public health institutions.○ Buffer stock of Genus Epidemicus maintained for timely response.○ 459 epidemic response camps conducted across Kerala.○ 114 IEC activities conducted with over 2,400 direct beneficiaries.○ Over 57,000 people served through preventive distribution and consultations.
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Initiative/ Project No. 9

Name of Organisation	Department of Homoeopathy	
Name of Project/Scheme/Programme	FLOATING DISPENSARY – BACKWATER OUTREACH PROJECT	
Introduction	<p>The Floating Homoeopathy Dispensary Project, launched by the Kerala Department of Homoeopathy in June 2013, is a pioneering initiative to bring healthcare services to the remote, waterlogged regions of the Alappuzha district. Designed for communities with limited access to medical care due to the region's geography, this project operates in Kuttanad, Harippad, and Champakkulam.</p> <p>These backwater areas are inhabited mostly by economically disadvantaged populations such as farmers, fishermen, daily wage workers, and elderly citizens. The areas are prone to flooding, vector-borne diseases, and poor sanitation, making timely healthcare access critical. The Floating Dispensaries bridge this gap by offering homeopathic care directly to patients' doorsteps via boats.</p>	
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Output Indicators	
	Sl.No	Output Indicator
	Achievement (2024-25)	
	1	Total OP patients served
2	Operational centres	3 (Kuttanad, Harippad, Champakkulam)
Outcome Indicators		
Sl.No	Outcome Indicator	Impact
1	Improved healthcare access	Services to isolated populations
2	Disaster responsiveness	Flood relief integration
Innovation/ special aspect about the subject above	<ul style="list-style-type: none"> ○ First of its Kind in Kerala: A floating healthcare model exclusively designed for backwater and flood-prone areas. ○ Mobile Access to Remote Areas: Ensures healthcare access to patients who live in isolated or inaccessible regions. ○ Integrated Community Approach: Combines OP care, school health check-ups, home visits, and disaster response. 	

Department of Homoeopathy

Service Delivery Details	Operational Areas Kuttanad, Harippad, and Champakkulam (Alappuzha district) Working Hours 9:00 AM to 2:00 PM on all working days; emergency services on Sundays Team Composition Medical Officer, Pharmacist, Attender, and Local Volunteer Outreach Services Home visits to elderly and bedridden; OP care; school & Anganwadi support Base Station Each boat operates from a designated base and follows a fixed route
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Initiative / Project No. 10

Name of Organisation	Department of Homoeopathy															
Name of Project/Scheme/Programme	GERIATRIC SPECIALITY UNITS															
Introduction	<p>The Geriatric Speciality Unit of the Homoeopathy Department focuses on delivering comprehensive and compassionate care to the elderly population of Kerala. As life expectancy rises, the demand for geriatric-specific healthcare services has also grown. Homoeopathy, with its gentle and non-invasive treatment methods, offers ideal solutions for managing chronic and age-related conditions, promoting healthy ageing, and improving the quality of life. To meet these needs, Geriatric Clinics equipped with physiotherapy services have been established in seven districts—Alappuzha, Kasaragod, Kollam, Kottayam, Kozhikode, Thiruvananthapuram, and Wayanad.</p>															
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Output Indicators															
	<table border="1"> <thead> <tr> <th>Sl.No</th> <th>Output Indicator</th> <th>Achievement (2024-25)</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Total OP cases</td> <td>60,465</td> </tr> <tr> <td>2</td> <td>New cases</td> <td>21,716</td> </tr> <tr> <td>3</td> <td>IP admissions</td> <td>685</td> </tr> <tr> <td>4</td> <td>Physiotherapy services provided</td> <td>38,221</td> </tr> </tbody> </table>	Sl.No	Output Indicator	Achievement (2024-25)	1	Total OP cases	60,465	2	New cases	21,716	3	IP admissions	685	4	Physiotherapy services provided	38,221
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2	Better chronic disease management	Reduced disability														
3	Gender-sensitive care	Higher female beneficiary coverage														
Innovation/ special aspect about the subject above	<ul style="list-style-type: none"> ○ Integration of Physiotherapy with Homoeopathy: multidisciplinary approach addresses physical degeneration, especially musculoskeletal problems, common in old age. ○ IP Service in Select Centers: Some centers provide in-patient (IP) care tailored for elderly patients requiring continuous monitoring and palliative care. 															

	<ul style="list-style-type: none">○ Focus on Non-Invasive, Safe Therapy: Homoeopathic remedies are well-suited for geriatric patients due to their minimal side effects and compatibility with other ongoing treatments.
Service Delivery Details	<p>Operational Model:</p> <ul style="list-style-type: none">○ Timings: Regular OP hours on working days; emergency care and follow-up through home visits where applicable○ Human Resources: Each centre is staffed with a Medical Officer, Physiotherapist, Nursing Assistant, and support personnel○ Physiotherapy services provided to enhance mobility and functional health

3. Directorate of Ayurveda Medical Education (DAME)

GOVERNMENT AYURVEDA COLLEGE, THIRUVANANTHAPURAM

INITIATIVE/ PROJECT NO: 1

NAME OF ORGANISATION	DEPARTMENT OF SWASTHAVRITTA
Name of project/scheme/ programme	SPECIAL OP FOR NON-COMMUNICABLE DISEASE
Introduction	<p>The Department of Swasthavritta conducts a Special OPD from Monday to Saturday every week. This Special OPD was initiated during the academic year 2025 January and has been functioning continuously till date. It provides comprehensive management of non-communicable diseases (NCDs), including prevention and control of Diabetes, Dyslipidemia, Obesity, and Hypertension, along with Personalized diet-counselling, individualized exercise, yoga therapy, and providing free medicines for patients</p>
Basic fact sheet covering all indicators (Output and Outcome Indicators)	<p>During the period January2025 to February2026, the Special OPD recorded a total of 2158 patient visits. After screening using biochemical parameters and diagnosing the stage of NCD conditions, appropriate treatment and personalized lifestyle modifications are provided. The efficacy of treatment is assessed using suitable biochemical parameters.</p> <p>Among the OPD cases, diabetes and hypertension constituted the major disease burden, indicating their higher prevalence among OPD attendees</p>
Innovation/ special aspect about the subject above	<p>A distinctive feature of this subject is the increasing emergence and progression of non-communicable diseases, which makes comprehensive clinical and laboratory examination and systematic documentation crucial, particularly for postgraduate scholars and research activities. This process strengthens clinical exposure, enhances diagnostic competence, and deepens academic understanding of diverse metabolic disorders commonly encountered in routine practice.</p> <p>Furthermore, the provision of free medicines through special OPD services improves early detection, proper management, reduction of complication and ensures continuity of care, especially among economically disadvantaged groups. Overall, this initiative emphasizes the OPD's vital role not only in delivering clinical services but also in supporting teaching, research, and equitable healthcare delivery.</p>

<p>Service Delivery Details</p>	<p>Special OPD provides comprehensive clinical examination, diagnosis, and treatment of non-communicable diseases, with free medicines distributed through its services. In addition, holistic service delivery includes</p> <ul style="list-style-type: none">• Individualized diet counselling,• Structured exercise guidance,• Yoga therapy,• Stress management interventions <p>to support effective disease control and lifestyle modification. Care is delivered by faculty with active involvement of postgraduate scholars, ensuring quality patient care while also strengthening clinical training and supporting academic research.</p>
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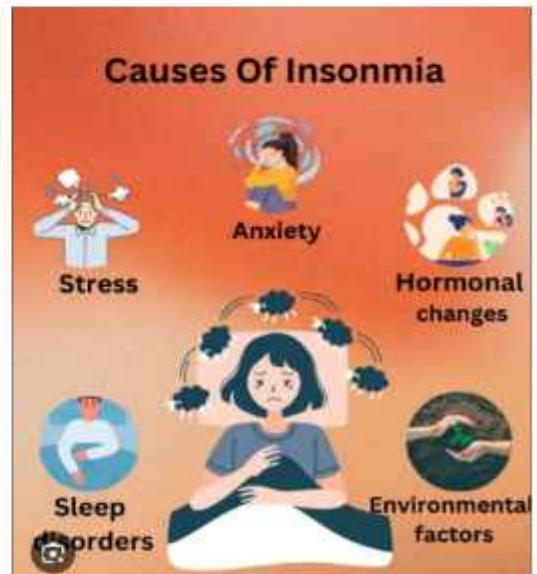


INITIATIVE/ PROJECT NO: 2

Name of organisation	Government ayurveda college, Department of panchakarma, Thiruvananthapuram
Name of project/scheme/program	Special op-sleep op
Introduction	<p>Introduction- sleep Adequate sleep is one of the essential factors to lead a healthy life. In another words if normal sleep is disturbed for a short time, it can be managed but if it continues for a prolonged period then the condition is called as a disease which can be termed on the basis of its characteristics like insomnia disorders</p> <p>Insomnia disorder, also known as chronic insomnia, is a significant public health issue. It is defined as difficulty initiating or maintaining sleep or unwanted early waking with inability to return to sleep for at least 3 days a week for at least 3 months, despite adequate sleep opportunity. Chronic insomnia is associated with a range of adverse outcomes, including fatigue, cognitive impairments, mood disturbances, and diminished day time functioning, which significantly affects quality of life</p> <p>The ayurvedic prospective on pathogenesis <i>Ayurveda</i> considers <i>nidra</i> (sleep) as one of the most important dimensions of life and there are three factors, namely <i>Ahara</i>(diet), <i>nidra</i>(sleep), and <i>Brahmacharya</i>(abstinence) called <i>Tryopastambha</i> (three pillars). . Improper and irregular life style (<i>Ahara</i> and <i>vihara</i>) cause of <i>vatha prakopa</i> (Vitiation of <i>vatha dosha</i>) that travels through <i>Manovaha srotas</i> causing sleeplessness called <i>Anidra</i> or <i>Nidra nasha</i>.</p> <p>Management through ayurveda Treatment principle for <i>anidra</i> is <i>vathagna</i> (<i>vatha pacification</i>) treatment. The drugs are selected for the treatment which are <i>nidra janaka</i> (sleep inducing) and <i>vatha hara</i> properties and External therapies like <i>pada abhyanga</i> (<i>ayurvedic foot massage</i>) ,<i>murdhni taila</i> (therapeutic procedures involving the application of medicated oil over the head) includes <i>shiro abhyanga</i> (head massage), <i>shirodhara</i>(continuous streaming of medicated oil over the forehead), <i>shiro pichu</i> (placement of an oil soaked cotton pad over the vertex) and <i>shirovasthi</i> (retention of medicated oil over the head for a specific duration) .</p> <p>The total fund from plan fund is 2 lakhs only.</p>

<p>Sleep op report (2023-2025)</p>	<p>A special op (sleep) was conducted in government ayurveda college panchakarma department, Thiruvananthapuram to evaluate and manage patients suffering from <i>anidra</i> (insomnia disorders). The op aimed to provide consultation, counselling, and appropriate treatment modalities including internal medications</p> <p>Days and time of op Days: Monday, Thursday, Saturday Op time: 8 am to 1 pm Venue: Panchakarma OP No 1 Total number patients attended A total of 468 op sessions were conducted. During this period 2108 patients were attended op sessions. Out of this 1667 patients are females.</p> <p>Medications provided</p> <ol style="list-style-type: none"> 1. Aswagandharishtam 2. Mrudwikarishtam 3. Chandanasam 4. Balarishtam 5. Vidaryasavam 6. Somalatha choornam 7. Avipathi choornam 8. Aswagandha choornam 9. Saraswatha chooranm 10. Swetha sankupushpi chooranm 11. Marma vat 12. Gorochanadi Gulika 13. Dhanwantharam Gulika 14. Bruhmi kalyanaka ghrutham 15. Maha paisachika ghrutham 16. Vidaryadi ghrutham 17. Bruhmi ghrutham 18. Maha kalyanaka ghrutham 19. Kalyanaka ghrutham 20. Mahath pancha gavya ghrutham 21. Aswagandhathi lehyam 22. Kalyana gulam 23. Kachuradi choornam 24. Chembarathyadi tailam 25. Bhrungamalakadi tailam 26. Dhanwantharam tailam 27. Malathyadi tailam 28. Ksheerabala tailam 29. Karutha vatt
<p>Related studies in pancha karma department</p>	<p>1. Dr Devu S Vijayan-A Comparative clinical study on shiroabhyanga done in conventional and tiruka method with ksheerabala taila in non-organic insomnia</p>

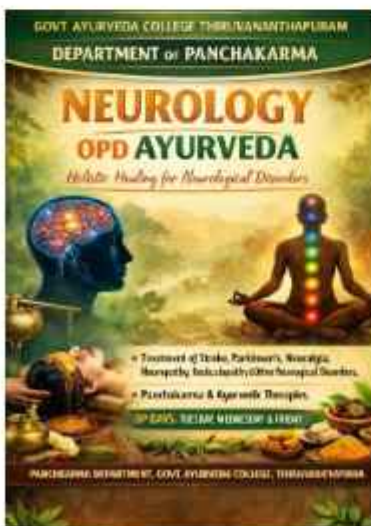
	<p>2. Dr Sruthi K - A pilot clinical study to evaluate aswagandha ksheera shirodhara in insomnia disorders w.s.r to EEG and sleep indices</p> <p>3. Dr Sudheesh P.N - A Pilot clinical trial to evaluate the effect of Thalam with karutha vatu and ksheerabala (101) in insomnia disorders w.s.r to EEG and Sleep indices</p>
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INITIATIVE/ PROJECT NO: 3

Name of oraganisation	Panchakarma Department (Neuro op) Government Ayurveda college Thiruvananthapuram.
Name of project/scheme/programme	Special OP-Neuro OP
Introduction	<p>Introduction: Neurological Disorders and Ayurveda</p> <p>Neurological disorders, referred to in Ayurveda under Vatavyadhi, arise primarily due to the vitiation of Vata Dosha, which governs all neurological and neuromuscular functions. Vata is responsible for movement, coordination, sensory perception, and motor control. When aggravated due to improper diet, stress, trauma, aging, or lifestyle factors, Vata affects the Majja Dhatu (nervous tissue) and Snayu (ligaments/nerves) leading to symptoms such as pain, stiffness, tremors, weakness, numbness, and impaired motor functions. Ayurveda does not consider neurological diseases as isolated organ disorders but as systemic imbalances involving Dosha, Dhatu, Agni, and Srotas.</p> <p>The Ayurvedic Perspective on Pathogenesis</p> <p>Ayurveda identifies the root cause of neurological disorders as:</p> <ul style="list-style-type: none">• Vata Prakopa: Excessive dryness, irregular lifestyle, mental stress, and aging increase Vata.• Dhatukshaya: Degeneration of Majja and other Dhatus leading to weakness and sensory impairment.• Margavarodha: Obstruction in channels (Srotas) affecting nerve impulse transmission.• Agnimandya: Poor digestion leading to Ama formation, which further blocks channels. <p>Management Through Panchakarma and Shamana Therapy</p> <ul style="list-style-type: none">• To address systemic imbalance, clinical interventions conducted at the Neurology OP Department adopt a multidimensional approach through OP based Panchakarma therapy and internal medications including:<ul style="list-style-type: none">➤ Snehana (Internal & External Oleation)➤ Swedana (Sudation Therapy)➤ Basti (Medicated Enema - main treatment for Vata)➤ Nasya (Nasal administration)

	<ul style="list-style-type: none"> ➤ Shirodhara / Shirovasti (where indicated) ➤ Internal medications for Vata pacification and neuro-rejuvenation. <p>The total fund from plan fund is 6 lakhs only.</p>
Facilities Provided	<ul style="list-style-type: none"> • Specialised treatments for,Stroke, Parkinson's disease, Neuralgia, Radiculopathy, Neuropathy and other Neurological disorders • OP based panchakarma therapies and Internal medications
Days and Time of OPD	Tuesday,Wednesday,Friday OP time: 8 am to 1 pm Venue : OP NO 1 Government Ayurveda panchakarma hospital
Neuro OP report	A total of 17 Neuro OP SESSIONS were conducted, started from 9/1/2026 .During these period 51 patients were attended OP sessions.
Medications Provided	Guggulutiktaka kashaya, Balaguduchyadhi kashaya, Gandharva hasthadhi kashaya, Rasnerandadhi kashaya choorna, Punarnavadhi kashaya choorna, Gopichandanadhi gulika, Kasishora guggulu, Yogaraja guggulu, Guggulu tiktaka ghrita, Shatpala ghrita, Lohasavam, Dhanwanthara arishtam, Rasnadi choornam, Panchakola choornam, Hinguvachadhi choornam, Vara choornam, Agastya rasayanam, Hridya virechanam, Hingutriguna taila, Chinchadhi taila, Ksheerabala taila
Related studies in Panchakarma department	Efficacy of simharambhadhi kashaya dhara in Diabetic peripheral neuropathy. - Dr.Josmin jocy



Role of Ayurvedic Therapies in Neurological Disorders

Neurological disorders often begin with Vata imbalance in Ayurveda. Holistic therapies help restore nervous system balance.

Neurological Disorders & Ayurveda

Parkinson's Disease	Alzheimer's
Stroke (Apoplek)	Epilepsy
Headache	Migraine

Key Ayurvedic Therapies

Abhyanga Oil Massage	Shirodhara Oil on Forehead	Nasya Nose Drops	Yoga Postures & Breathing	Herbs Ashwagandha, Brahmi	Acupuncture Needle Therapy
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Health Benefits of Ayurvedic Therapies

- Improves Circulation
- Reduces Stress & Anxiety
- Enhances Sleep
- Improves Memory & Focus
- Supports Brain Health
- Regulates Blood Sugar
- Improves Digestion
- Enhances Immunity

School's Support

Integrate Holistic Health Practices into School Curriculum

Ayurveda: Nourishing the Nervous System Naturally

GOVT. AYURVEDA COLLEGE THIRUVANANTHAPURAM
DEPARTMENT OF PANCHAKARMA

NEUROLOGICAL DISORDERS

Holistic Ayurvedic Approach for Neurological Disorders

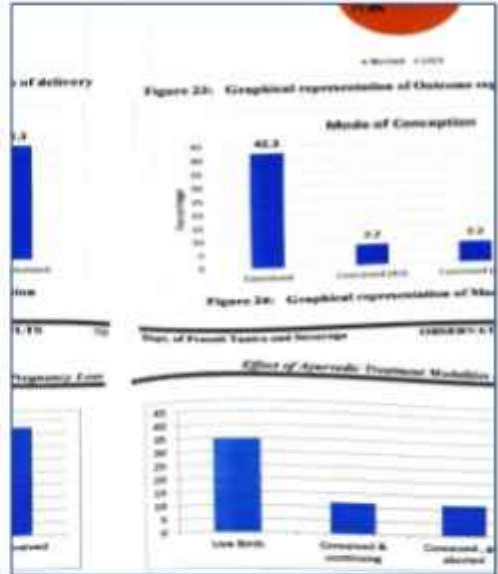
SYMPTOMS	CAUSES	AYURVEDIC TREATMENTS
<ul style="list-style-type: none"> Frequent Headaches Dizziness & Vertigo Tremors & Muscle Weakness Memory Loss & Confusion Fatigue & Sleep Problems Numbness & Tingling 	<ul style="list-style-type: none"> Stroke Brain Injury Infections & Inflammation Genetic Disorders Autoimmune Diseases High Cholesterol Diabetes Long-term Alcohol Use 	<ul style="list-style-type: none"> Panchakarma Abhyanga Shirodhara Nasya Yoga Herbs Acupuncture Massage Herbal Tea Herbal Oil

CONSULT ON DAYS: TUESDAY, WEDNESDAY & FRIDAY



INITIATIVE/ PROJECT NO. 4

Name of Organisation	Department of Prasoothitantra and striroga, Government Ayurveda College Hospital for W & C Poojappura
Name of Project/Scheme/Programme	Effect of Ayurvedic treatment modalities on Recurrent pregnancy loss
Introduction	The project was started on July 2019 and it aimed to evaluate the effectiveness of Ayurvedic treatment in improving pregnancy outcomes in women with recurrent pregnancy loss. 33 patients registered in the project and 28 patients completed the IP management. The funding is Rs. 3,25,000.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Among the 28 patients completed the IP management 15 patients conceived, 12 patients delivered healthy babies and 3 got abortions in the first trimester. The success rate is 46.15%. The funding is 3,25,000.
Innovation/ special aspect about the subject above	Holistic ayurveda protocol targeting Beejashudhi and Garbhapatana. Integration of classical therapies like Shodhana and Uttaravasti. Hormone free and cost-effective alternative for recurrent pregnancy loss
Service Delivery Details	Female patients of age 20 -38 yrs diagnosed with RPL was selected. After counselling and obtaining consent they were admitted for IP management. Treatment included udwartana, snehapana with phala sarpis, abhyanga and ushma sweda, virechana followed by yogavasti and utharavasti. After completion of IP management internal medicines - Phalasarpi and Vilwadi tab were given for 2 months. Male partners were also treated with Sadyovirechana with avipathy and Aswagandha churna for 3 months. Patients were reviewed periodically and pregnancy outcomes were documented.



Initiative / Project No. 5

Name of Organisation	DEPARTMENT OF AGADATANTRA
Name of Project/Scheme/ Programme	SPECIAL SKIN OP-AVABHASINI
Introduction	<p>The Department of Agadatantra conducts a Special Skin OPD AVABHASINI from Tuesday to Saturday every week. This Special OPD was initiated during the academic year 2014-2015 and has been functioning continuously till date. It provides treatment for various skin diseases, performs necessary OPD procedures, and supplies medicines free of cost to patients.</p> <p>The fund for the special op is Rs. 6 lakhs</p>
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	<p>During the period April 2025 to January 2026, the Skin OPD recorded a total of 3,391 patient visits, with an average monthly attendance of approximately 339 patients. Female patients (1,878; ~55%) consistently outnumbered male patients (1,513; ~45%) throughout the study period.</p> <p>The OPD services (output indicators) showed the highest patient attendance in July and August, while a decline was noted during November and December. Among the recorded conditions, Ekakushta(Psoriasis), Vicharchika(Dermatitis), Dad ru (Fungal infections), and Dooshivishajanya Kandu (Allergic skin manifestations) constituted the major disease burden, indicating their higher prevalence among OPD attendees.</p> <p>In terms of outcome indicators, the data reflect sustained utilization of Skin OPD services, a female predominance in healthcare-seeking behavior, and seasonal variation in disease occurrence, with increased case load during mid- year months. Overall, the OPD functioned with consistent service delivery and demonstrated a stable pattern of patient attendance and disease</p>

<p>Innovation/ special aspect about the subject above</p>	<p>The special aspect of this subject is that skin diseases are emerging and evolving day by day, making their thorough clinical examination and systematic documentation essential, especially for postgraduate scholars and research purposes. This enhances clinical exposure, diagnostic skills, and academic understanding of varied dermatological conditions encountered in routine practice.</p> <p>In addition, free medicines are distributed to patients through special OPD services, which improves treatment accessibility, patient compliance, and continuity of care, particularly for economically disadvantaged populations. This approach highlights the OPD's contribution not only to clinical service delivery but also to teaching, research, and equitable healthcare.</p>
<p>Service Delivery Details</p>	<p>Skin OPD provides clinical examination, diagnosis, and treatment of skin diseases, with free medicines distributed through special OPD services. Care is delivered by faculty with active involvement of postgraduate scholars, ensuring quality patient care, training, and research support.</p>





Initiative/ Project No. 6

Name of Organisation	Department of Shalakyatantra, Government Ayurveda College, TVM
Name of Project/Scheme/Programme	Diabetic Retinopathy Special OP
Introduction	The Special OP is intended for the management of diagnosed cases of Diabetic Retinopathy presenting with visual symptoms. Registered patients are provided with appropriate medicines along with advice on diet and lifestyle modifications to prevent progression of the disease. The OP functions every Monday from 1:00 PM to 3:00 PM.
Year of Initiation	2019
Innovation/ special aspect about the subject above	A dedicated Diabetic Retinopathy clinic functioning as a Special OP ensures focused screening, early diagnosis, regular follow-up, continuous monitoring, structured diet and lifestyle counselling, and systematic medicine distribution aimed at preventing disease progression and visual disability.
Service Delivery Details	Monday - In 2025, a total of 202 patients with Diabetic Retinopathy were treated. Medicines worth approximately ₹1.5 lakh were provided to the patients.



VPSV AYURVEDA COLLEGE, KOTTAKKAL

Initiative/Project No. 7

Department of Dravyaguna Vigyan, Ex-situ Conservation of Red-Listed Medicinal Plants in the Herbal Garden

Name of Project	Oushadhapalanam: Ex-situ Conservation of Red-Listed Medicinal Plants in the Herbal Garden Sanctioned by: Kerala State Biodiversity Board Sanction Order No: 732/A14/2022/KSBB dated 12-01-2023
Introduction	The Department of Dravyagunavijnanam at VPSV Ayurveda College, Kottakkal undertook a conservation project titled "Oushadhapalanam", supported by the Kerala State Biodiversity Board, aimed at the ex-situ conservation of rare, endangered, and red-listed medicinal plant species. Medicinal plants form the fundamental raw materials of Ayurvedic therapeutics, and their conservation has become increasingly important due to habitat loss, overexploitation, climate change, and declining wild populations. Recognizing the need for systematic conservation and preservation of valuable medicinal flora, the Department initiated this project to establish a dedicated conservation facility within the herbal garden. The Department's herbal garden, spread over approximately 2.5 acres, houses a rich diversity of medicinal plants and serves as a living laboratory for students, researchers, and academicians. With support from the Kerala State Biodiversity Board, the department implemented measures to conserve red-listed medicinal plants in a controlled environment, including establishing a greenhouse facility and cultivation structures. The project focused on the collection, cultivation, and preservation of rare medicinal plants, many of which are listed under conservation priority categories. By safeguarding these species, the initiative contributes to biodiversity conservation, academic training, and medicinal plant research. The project was successfully implemented in 2024, strengthening the Department's role as a centre for medicinal plant conservation and biodiversity education.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Output Indicators ➤ Project Sanctioning Authority: Kerala State Biodiversity Board ➤ Sanction Order: Proceedings No. 732/A14/2022/KSBB dated 12-01-2023

	<p>➤ Project Location: Herbal Garden, Department of Dravyagunavijnanam, VPSV Ayurveda College, Kottakkal</p> <p>➤ Major Infrastructure Developed Under the Project</p> <ul style="list-style-type: none"> • Construction of a greenhouse facility for conservation of sensitive and rare plant species • Greenhouse dimensions: 8 m × 5 m × 5 m • Procurement of earthen pots for cultivation and protection of rare medicinal plants • Procurement and planting of red-listed medicinal plant species • Conservation and maintenance of existing rare medicinal plants present in the herbal garden • Financial Utilization • Greenhouse construction - ₹3,49,425 (₹2,00,000 from Kerala State Biodiversity Board and ₹1,49,425 institutional support) • Procurement of earthen pots - ₹13,350 • Procurement of rare medicinal plants - ₹5,700 <p>➤ Important Red-Listed / Rare Medicinal Plants Conserved</p> <p>The project facilitated the conservation and maintenance of several rare and threatened medicinal plants, including: <i>Aquilaria agallocha, Ceropogia odorata, Chlorophytum laxum, Commiphora wightii, Commiphora madagascariensis, Commiphora myrrha, Coffea arabica, Decalepis hamiltonii, Cayratia pedate, Garcinia indica, Hydnocarpus pentandrus, Malaxis muscifera, Nilgirianthus ciliates, Santalum album, Nervilia Aragona, Habenaria diphylla, Habenaria viridiflora, Pterocarpus marsupium, Pterocarpus santalinus, Leea macrophylla, Cinnamomum tamala, Calotropis procera, Maesa indica, Uraria picta, Clerodendrum phlomidis, Cedrus deodara</i></p> <p>These species are of significant medicinal, ecological, and conservation importance and are rarely available in natural habitats.</p> <p>Outcome Indicators</p> <ul style="list-style-type: none"> ➤ Successful ex-situ conservation of several rare and red-listed medicinal plant species. ➤ Creation of a protected environment for the propagation and survival of sensitive medicinal plants. ➤ Strengthening of the herbal garden as a medicinal plant conservation centre. ➤ Improved learning opportunities for undergraduate and postgraduate students in medicinal plant identification and conservation.
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	<ul style="list-style-type: none"> ➤ Enhanced research opportunities in pharmacognosy, ethnobotany, and medicinal plant cultivation. ➤ Increased awareness among students, researchers, and visitors regarding biodiversity conservation. ➤ Contribution to the long-term sustainability of medicinal plant resources used in Ayurveda.
<p>Innovation/ special aspect about the subject above</p>	<p>The innovative aspect of this programme lies in its integration of biodiversity conservation, academic learning, and medicinal plant research within an institutional herbal garden ecosystem. Unlike conventional botanical collections, this initiative emphasizes active conservation of threatened medicinal plants through controlled cultivation and scientific management.</p> <p>1. Ex-situ Conservation of Rare Medicinal Plants The project established a structured conservation system for red-listed medicinal plants that are otherwise difficult to preserve in natural habitats. By maintaining these plants under controlled environmental conditions, the department ensures their survival and propagation.</p> <p>2. Creation of a Dedicated Greenhouse Facility The construction of a specialized greenhouse allows cultivation of plants that require specific climatic conditions. This facility supports the growth, acclimatization, and conservation of rare and delicate species.</p> <p>3. Strengthening the Herbal Garden as a Conservation Centre The project significantly enhanced the role of the herbal garden as a biodiversity conservation site, transforming it into a regional repository of medicinal plant diversity.</p> <p>4. Integration of Conservation with Ayurvedic Education Students of Ayurveda benefit greatly from this initiative as they gain direct exposure to rare medicinal plants mentioned in classical Ayurvedic texts, thereby improving their knowledge of Dravyagunavijnanam.</p> <p>5. Support for Medicinal Plant Research The conserved species serve as valuable biological resources for future pharmacognostic, phytochemical, and ethnobotanical research.</p> <p>6. Public Awareness and Biodiversity Education The project also contributes to raising awareness about the importance of medicinal plant conservation, encouraging responsible utilization of natural resources.</p>

7. Institutional Contribution to Biodiversity Conservation

Through this initiative, the Department of Dravyagunavijnanam actively contributes to state-level biodiversity conservation efforts, aligning academic activities with environmental sustainability.



GOVERNMENT AYURVEDA COLLEGE TRIPUNITHURA

Initiative/ Project No. 8

Name of Organisation	Govt. Ayurveda college Trippunithura			
Name of Project/Scheme/Programme	COVID-19 CONTROL MEASURES			
Introduction	Ayur Raksha clinic was set up in Govt. Ayurveda College, Tripunithura as a part of prevention and control of COVID-19 pandemic on 17/04/ 2020. Two schemes – Sukhayushyam and Swasthyam were implemented for public. Sukhayushyam was for people above the age of 60 and Swasthyam for people under the age of 60. Preventive medicines and health awareness were given to them. All data related to this was filled through google form and submitted to State Ayurveda COVID response Cell every day. People attended Sukhayushyam during 2020-21 were 1075 and Swasthyam were 4222.			
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	2021-22			
	The activities of Ayur Raksha Clinics continued and the total number of people attended the OPDs is as follows.			
		Male	Female	Total
	Swasthyam (17/4/2020 - 31/03/2022)	16710	15855	32565
Sukhayushyam (17/4/2020- 31/03/2022)	2740	2737	5477	
Total			38042	



What is the Innovation/
special aspect about the
subject above

Prevention services were given free of cost which was
easy for public access.



Initiative/ Project No. 9

Name of Organisation	Govt. Ayurveda college Trippunithura																																																																																			
Name of Project/Scheme/Programme	Role Of An Ayurvedic Primary Prevention Protocol In Reduction Of Risk For Cardiovascular Diseases (Roganidhanam)																																																																																			
Introduction	<p>The research project entitled "Role of an Ayurvedic primary preventive protocol in reduction of risk for Cardiovascular diseases" was conducted at Department of Roganidana ,Govt Ayurveda College, Trippunithura during the year 2019-2021. The Principal investigator was Dr Radhika Rani R K, Associate Professor and Co-investigators were Dr Mini P MD(Ay), Dr Vidya Menon MD(Ay) and Dr. Rajitha M V MD(Ay), Assistant Professors of the Dept of Roganidana, Govt Ayurveda College, Trippunithura. The project was sanctioned per reference No B2/2753/201 funded by the Directorate of Ayurveda Medical Education, Government of Kerala. The amount sanctioned was 4 Lakhs for Two years. The study was conducted as a randomized control trial with sample size of 100 in each arm. Participants in control group were being educated for life style modification recommended by WHO along with Ayurvedic recommendations that consists of diet, physical activity and tobacco cessation. The trial group received a preventive protocol that includes specified drugs, along with the same life style modification recommendations given to the controls. Participants of trial group were given medicines for 49 days which includes Vaiswanara choornam for the initial 7 days, Gandharvahasthadi kashayam along with Gandharvaerandam for 14 days and Triphala and Tila choornam for the next 28 days.</p>																																																																																			
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	<p>Outcome indicators</p> <table border="1" data-bbox="482 1070 1245 1643"> <thead> <tr> <th rowspan="2">Modifiable risk variables</th> <th rowspan="2">Time point</th> <th colspan="2">Trial (n = 92)</th> <th colspan="2">Control (n = 88)</th> </tr> <tr> <th>Mean</th> <th>SD</th> <th>Mean</th> <th>SD</th> </tr> </thead> <tbody> <tr> <td rowspan="4">BMI</td> <td>Pre</td> <td>24.8</td> <td>3.1</td> <td>24.4</td> <td>3.1</td> </tr> <tr> <td>Post</td> <td>24.5</td> <td>3.0</td> <td>24.2</td> <td>3.0</td> </tr> <tr> <td>Follow up 1</td> <td>24.3</td> <td>2.8</td> <td>24.1</td> <td>3.0</td> </tr> <tr> <td>Follow up 2</td> <td>24.3</td> <td>2.8</td> <td>24.0</td> <td>2.9</td> </tr> <tr> <td rowspan="4">Systolic BP</td> <td>Pre</td> <td>135.4</td> <td>12.8</td> <td>127.5</td> <td>11.0</td> </tr> <tr> <td>Post</td> <td>124.1</td> <td>9.7</td> <td>130.0</td> <td>11.2</td> </tr> <tr> <td>Follow up 1</td> <td>122.1</td> <td>14.1</td> <td>129.6</td> <td>9.7</td> </tr> <tr> <td>Follow up 2</td> <td>122.7</td> <td>8.0</td> <td>130.2</td> <td>10.2</td> </tr> <tr> <td rowspan="4">Total Cholesterol</td> <td>Pre</td> <td>203.3</td> <td>39.4</td> <td>193.6</td> <td>31.2</td> </tr> <tr> <td>Post</td> <td>194.1</td> <td>29.5</td> <td>192.2</td> <td>26.3</td> </tr> <tr> <td>Follow up 1</td> <td>194.2</td> <td>29.0</td> <td>196.1</td> <td>26.3</td> </tr> <tr> <td>Follow up 2</td> <td>193.2</td> <td>26.2</td> <td>196.0</td> <td>24.5</td> </tr> <tr> <td></td> <td>Pre</td> <td>48.3</td> <td>11.0</td> <td>49.9</td> <td>10.7</td> </tr> </tbody> </table>					Modifiable risk variables	Time point	Trial (n = 92)		Control (n = 88)		Mean	SD	Mean	SD	BMI	Pre	24.8	3.1	24.4	3.1	Post	24.5	3.0	24.2	3.0	Follow up 1	24.3	2.8	24.1	3.0	Follow up 2	24.3	2.8	24.0	2.9	Systolic BP	Pre	135.4	12.8	127.5	11.0	Post	124.1	9.7	130.0	11.2	Follow up 1	122.1	14.1	129.6	9.7	Follow up 2	122.7	8.0	130.2	10.2	Total Cholesterol	Pre	203.3	39.4	193.6	31.2	Post	194.1	29.5	192.2	26.3	Follow up 1	194.2	29.0	196.1	26.3	Follow up 2	193.2	26.2	196.0	24.5		Pre	48.3	11.0	49.9	10.7
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	High Density Lipoprotein	Post	50.3	10.7	50.2	10.0
		Follow up 1	51.8	10.1	50.6	8.3
		Follow up 2	52.3	9.6	52.4	8.2
	Output and outcome indicators					
	<ul style="list-style-type: none"> • The protocol was found to reduce the CVD risk with high statistical significance in comparison to the lifestyle modifications recommended by WHO. • There was a 22.1% reduction in the mean CVD score in the trial group, as against 7.1% in the control. • There was a reduction of 12.7 mm of Hg in the mean value of systolic BP (9.4% reduction) and a reduction of 10.1mg/dL in mean total cholesterol (4.9% reduction) in the trial group over a period of 6 months. 					
Innovation/ special aspect about the subject above	The project provides CVD risk reduction in a comprehensive manner.					
Service Delivery Details	The project had two parts - first phase was the formulation of a preventive protocol study and the second phase was a randomized clinical trial. Participants in the control group were educated about the lifestyle modifications that consist of diet, physical activity and tobacco cessation. The trial group received the preventive protocol for a period of 49 days along with lifestyle modification. The participants of both arms were allowed to continue the risk-lowering medications they were taking prior to participation. The participants of both the groups were followed up on 49th, 90th day and 180th day.					



Initiative/ Project No. 10

Name of Organisation	Govt Ayurveda College Tripunithura
Name of Project/Scheme/Programme	Special OP for Psychiatric patients named Sumana
Introduction	Sumana op started on 25/09/2019 (aided by Govt funding) and currently operates every Wednesday and addresses psychiatric illness including depression, GAD, bipolar, mood disorders, schizophrenia, PTSD, alcohol and substance related disorder, dementia, sleep disorders and seizure disorders. The OP is managed by Dr. Shylamma TM Prof and Hod Dept of Kayachikitsa with the assistance of Pg diploma scholars in Manasika swasthya vigyan
Basic fact sheet covering all indicators	As on 06/03/2026, 2763 Patients visited the OPD, among which 40% were GAD, 25% depression, 10% sleep disorder, 5% alcohol induced, 20% schizophrenia, bipolar disorder, stress induced disorders
What is the innovation/special aspect about subject above	Mental health of public is deteriorating nowadays since chronic stress factors persist in today's scenario and number of people with mental illness is increasing at an alarming rate .so preserving mental health is important to satisfy the definition of health by WHO
Service delivery details	A govt fund of around 2.5 lakhs (around 50000 Rs per year) has been received and utilized for op medicines (Kwatha, ghritam, choorna, aristam, tailam) op level panchakarma procedures and yoga advice and counselling

**4. Directorate of
Homoeopathic Medical
Education (DHME)**

Initiative/ Project No. 1

Name of Organisation	Govt. Homoeopathic Medical College Hospital, Thiruvananthapuram			
Name of Project	Paediatric Special Op For Homoeopathic Management Of Developmental & Behavioural Disorders In Children Aged 0 To 18 Years			
Introduction	<p>Developmental and behavioural disorders in children are a growing concern worldwide. Homoeopathy, with its holistic approach, offers individualized and non-invasive management strategies. The Paediatric Special OP for the management of Developmental & Behavioural Disorders in children which is already functioning at Govt. Homoeopathic Medical College Hospital, Thiruvananthapuram, is a platform that has successfully provided Homoeopathic treatment for children with neurodevelopmental disorders like Developmental Delay, Autism ADHD, ID, LD, SLD, Speech & Communication delay and behavioural disorders like Habit disorders/ODD/OCD/Conduct disorders/ Personality disorders/ Depression. For 2 years of the project inception, the existing Special OP at Govt. Homoeopathic Medical College Hospital, Thiruvananthapuram, has been treating a spectrum of developmental and behavioural disorders using homoeopathic principles. Timely intervention by Homoeopathic medication would not only halt the condition to deteriorate but would also reduce the out-of-pocket expenditure of the poor and the marginalized population in the country. In the long run, there is much more economic benefit reducing the cost of health care, effective utilization of man power, resource etc.</p>			
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	OUTCOME INDICATORS:			
	Financial Year	No. of Neuro developmental & Behavioural disorders treated	Supportive therapies & counselling provided	Total
	2023-24	1418 cases	1370 cases	2788 cases
	2024-25	2165 cases	1237 cases	3402 cases
	TOTAL	3583 cases	2607 cases	6190 cases

	<p>Community Programmes: 2023-24: No. of beneficiaries - 720 (4 Screening medical camps in Anganwadis, 4 Health Awareness programmes for students, 2 Health Awareness programmes for parents, 1 Health Awareness programme for Anganwadi workers and 5 oldage follow up medical camps.) 2024-25: No. of beneficiaries - 601 (2 Screening medical camps in Anganwadis, 4 Health Awareness programmes for students and 3 Health Awareness programmes for parents.)</p>
<p>Innovation/ special aspect about the subject above</p>	<p>The most innovative and unique aspect of the project is its integrated, multidisciplinary approach in early detection and management of neurodevelopmental and behavioural disorders in children aged 0 to 18 years, blending Homoeopathic treatment with scientifically supported allied therapies under one roof. Unlike conventional models that offer fragmented services, this project provides a holistic, child-centred therapeutic environment, where individualized homoeopathic care is seamlessly combined with supportive therapies such as Developmental Therapy, Speech therapy, Occupational therapy, Sensory Integration Therapy (SIT), Physiotherapy, Yoga, Nutritional and diet counselling, Parental counselling and behavioural guidance. This synergy ensures that children receive comprehensive, non-invasive, and personalized care, targeting the core symptoms and associated challenges of conditions like Autism Spectrum Disorder (ASD), ADHD, Intellectual Disability (ID), Learning Disorders, and other behavioural issues. This model represents a pioneering initiative in integrative developmental care within the public healthcare system in India, setting a benchmark for similar institutions nationwide.</p>
<p>Service Delivery Details</p>	<ul style="list-style-type: none"> • Homoeopathic treatment for Neurodevelopmental disorders (Developmental Delay, Autism ADHD, ID, LD, SLD, Speech & Language disorders) and Behavioural disorders (Habit disorders/ODD/OCD/Conduct disorders/ Personality disorders/ Depression and Adolescent Behavioural problems). • Supportive therapies like Speech therapy, Developmental therapy, Occupational therapy, SIT, Physiotherapy, Behaviour therapy and Counselling services.

	<ul style="list-style-type: none">• On-call expert consultant services of Clinical Psychologist, ENT Surgeon, Paediatric neurologist, Psychiatrist, Dentist, Ophthalmologist, and other specialized consultants.• Outreach programmes like Screening medical camps, Health awareness programmes in schools and Anganwadis for children, teachers and parents.• Providing academic and clinical experiences for Interns.
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Initiative/ Project No. 2

Name of Organisation	Govt. Homoeopathic Medical College Hospital, Thiruvananthapuram
Name of Project/Scheme/Programme	Cancer Care Unit
Introduction	<p>Cancer care unit is a speciality wing in Government Homoeopathic Medical College, Thiruvananthapuram, where a competent team of doctors, nurses and technology come together to deliver high quality medical aid. It started functioning on 2012 and is continuing successfully. It is aimed at providing Homoeopathic treatment and care for all cancer patients attending this hospital, including quality palliative care and effective pain relief for cancer patients. We provide special O.P. & I.P speciality care.</p> <p>It is having 15 beds - separate for male & female cancer wards, provides adequate privacy for each patient, with 24 hour doctor & nursing services. We use all the available facilities provide maximum care along with homoeopathic medicines to manage our patient to minimize sufferings and improve life expectancy. We purely use homoeopathic principles and medicines only for effective cancer care and palliation because we have effective medicines available for alleviating pain and other discomforts and other supportive therapies for improving patient well-being.</p> <p>Treatment protocol:</p> <ul style="list-style-type: none">• Proper diagnosis of the patients coming with partial diagnosis and doubtful cases- such cases are sent for necessary investigative procedures to confirm the diagnosis. Thus, only fully diagnosed and confirmed cancer cases are included for treatment.• If it is pre-cancerous case, we will give the indicated homoeopathic medicines and timely investigations will be done to know the prognosis of the case.• In stages 1 & 2 - if it can manage well by surgery, chemotherapy or radiation, the matter will discussed with the patient and refer the patient to RCC.• In stages 3 & 4 or where only conservative / palliative treatment is possible – provides homoeopathic conservative / palliative treatment.

	<ul style="list-style-type: none"> Homoeopathic treatment is given to the Cases contra indicated with chemotherapy, radiotherapy or surgery in any stage of disease. 		
<p>Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)</p>	Year	No. of visits in OPD	No. of patients treated in IPD
	2012- 13	159 (Male- 83, Female-76, Child- 0) (5 months)	43 (Male -17, Female - 26)
	2013- 14	810 (Male- 397, Female-407, Child- 6)	158 (Male - 87, Female - 71)
	2014- 15	1150 (Male- 460, Female-677, Child- 13)	145 (Male -63, Female -82)
	2015- 16	1606 (Male- 739, Female-828, Child- 39)	159 (Male - 67, Female -92)
	2016- 17	2036 (Male- 885, Female-1104, Child- 47)	181 (Male - 96, Female - 85)
	2017- 18	2504 (Male- 983, Female-1430, Child- 91)	192 (Male- 67, Female -123, Child-2)
	2018 -19	754 (Male- 303, Female-438, Child- 13) (4 months)	89 (Male - 37, Female - 52) (4 months)
	2023	546	78
	2024	432	42
<p>Innovation/ special aspect about the subject above</p>	<ol style="list-style-type: none"> Efficient symptom control and palliation. Safe and Pleasant modes of administration of medicine. Cost effectiveness Holistic approach of treatment. <p>Effective in controlling the most distressing complaints of the end stage of cancer patients</p>		
<p>Service Delivery Details</p>	<p>Services</p>	<p>Features & facilities</p>	
	<p>Well equipped Cancer Specialty ward</p>	<p>Separate male & female cancer specialty ward with adequate privacy for each patient. 24 hour doctor & nursing services.</p>	
	<p>Cancer special OP</p>	<p>Every Monday, Thursday, Friday & Saturday. Facilities for Emergency OP consultation.</p>	
	<p>Public awareness classes & programs</p>	<p>Regarding cancer, precancerous conditions and cancer causing agents / risk factors such as tobacco use, alcohol use, chronic infections, other physical, chemical, and biological carcinogens. (with the support of Panchayath, NGOs, associations etc.)</p>	

	Research oriented case studies	Proper recording and analysis of cases, Patient and medicine oriented research studies, statistical analysis etc.
	Training programs for doctors & staffs	Conducting orientation classes, seminars, workshops and other training programs with the faculties from reputed specialty cancer centers like RCC, Medical colleges etc. Also classes with Homoeopathic faculties who are well experienced in cancer treatment.
	Home care service	we have started Homoeopathic palliative home care service in April 2018. The range of services provided include Physician care, Nursing care, Equipment based care (may include ECG machine, digital finger pulse-oxymeter, Glucometer etc). Blood investigations (like RBS, SPO2). Health education and counselling.

Initiative / Project No. 3

Name of Organisation	Govt. Homoeopathic Medical College Hospital, Thiruvananthapuram
Name of Project/Scheme/Programme	Sravya ENT Project
Introduction	The Sravya ENT Project for strengthening the ENT OP with modern medical technology. A lot of facilities were established for providing treatment with modern medical technologies. The Project is providing clinical services, hearing test, speech therapy, ENT specialist consultation, Endoscopic examinations, Investigations, clinical experiences for PG's, interns and UG students. Total OP strength was 3115 in 2024 and 1771 in 2025 till July. Along with homoeopathic medicines they are given auxiliary therapies.
Innovation/ special aspect about the subject above	Rhinocopy, Laryngoscopy, Oto endoscopy.
Service Delivery Details	On call consultation of ENT Surgeon, Clinical Services (OP & IP), Suction clearance, Hearing test (Pure tone audiometry, tympanometry, OAE), Rhinocopy, Laryngoscopy. Academic and clinical experiences for PG's Interns & UG students.

Initiative/ Project No. 4

Name of Organisation	Government Homoeopathic Medical College, Kozhikode.			
Name of Project/Scheme/Programme	Infertility Management and Research Centre in Homoeopathy (IMRCH)			
Introduction	Speciality OP under Department of Obstetrics and Gynaecology, Government Homoeopathic Medical College, Kozhikode. It deals with both male and female infertility cases			
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Financial Year	No. of patients treated	No. of positive cases	Remarks
	2023-24	458	28	Majority of the cases were of advanced age group, with increased duration of infertility and undergone various treatments (hormonal therapy, IVF etc.) from allopathic side and were considered to be difficult to cure as per allopathic perspective.
	2024-25	249	16	No. of patients and positive cases reduced due to shortage of departmental staff.
	Total	707	44	
Innovation/ special aspect about the subject above	<p>Infertility cases are steadily increasing despite the availability of various conventional treatments such as hormonal therapy and IVF. From an allopathic perspective, the prognosis of infertility—especially in advanced age groups or those with prolonged infertility—is often uncertain, and many cases are considered difficult to cure.</p> <p>The uniqueness of Homoeopathy lies in its holistic and individualized approach. Infertility management in Homoeopathy does not focus solely on the reproductive system but also considers the patient's overall constitution, including mental and emotional state, lifestyle, and underlying systemic imbalances.</p>			

	<p>Key innovative aspects include:</p> <ul style="list-style-type: none"> • Gentle and non-invasive approach: Unlike conventional IVF or hormonal therapies, Homoeopathy stimulates the body's inherent healing capacity to restore balance naturally. Remedies are thought to regulate the hypothalamic-pituitary-ovarian axis, improve thyroid functions, and promote healthy menstrual cycles and ovulation without synthetic hormones. • Emphasis on overall health: Homoeopathy aims to optimize general health before conception, addressing chronic conditions and systemic disturbances that may affect fertility. Holistic, preventive, and sustainable care: By considering the impact of stress, lifestyle, and environmental influences, Homoeopathy offers a participatory and preventive approach, supporting long-term reproductive health and enhancing fertility naturally. • Cost-effectiveness: Compared to expensive procedures such as IVF and hormonal therapies— which often require repeated cycles with significant financial burden— Homoeopathic treatment is far more affordable, making infertility care accessible to a wider population without compromising safety. <p>This innovative, patient-centered model is seen as a gentle, safe, cost-effective, and preventive alternative to conventional infertility treatments, aiming to improve both reproductive outcomes and overall well-being.</p> <p>The IMRCH also provide platform for postgraduate students of our college to do research on infertility which in turn enhance their knowledge.</p>
<p>Service Delivery Details</p>	<p>1. Comprehensive Case-Taking & Evaluation</p> <ul style="list-style-type: none"> • Detailed history including physical, mental, emotional, lifestyle, and family background. • Assessment of menstrual, hormonal, and reproductive health. • Identification of stress, environmental, or systemic factors affecting fertility.

	<p>2. Holistic Diagnostic Support</p> <ul style="list-style-type: none">• Guidance for essential investigations (hormonal profile, ultrasound, semen analysis, thyroid tests, etc.).• Interpretation of reports in a holistic context to plan individualized treatment. <p>3. Individualized Homoeopathic Treatment</p> <ul style="list-style-type: none">• Constitution-based remedies for regulating menstrual cycles, ovulation, and hormonal balance.• Supportive treatment for associated conditions such as PCOS, thyroid dysfunction, endometriosis, recurrent pregnancy loss, or male infertility. <p>4. Lifestyle & Dietary Counselling</p> <ul style="list-style-type: none">• Guidance on diet, exercise, yoga, and stress management to enhance reproductive health.• Counselling on healthy sleep, work-life balance, and emotional well-being. <p>5. Couple Counselling & Support</p> <ul style="list-style-type: none">• Addressing psychological and emotional concerns related to infertility.• Providing support for both partners to improve marital harmony and shared responsibility in treatment. <p>6. Follow-Up & Monitoring</p> <ul style="list-style-type: none">• Regular monitoring of progress through clinical symptoms and relevant investigations.• Modification of remedies based on individual response. <p>7. Preventive & Preconceptional Care</p> <ul style="list-style-type: none">• Optimizing general health before conception.• Educating couples on preventive aspects to reduce recurrence of infertility-related issues
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Initiative/ Project No. 5

Name of Organisation	Government Homoeopathic Medical College, Kozhikode.								
Name of Project/Scheme/Programme	Kidney Care Clinic								
Introduction	Dept of Practice of Medicine runs a special OP – Kidney care clinic from April 2022 onwards for the treatment of Kidney failure & other kidney related diseases.								
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	<p>Outcome Indicators:</p> <table border="1"> <thead> <tr> <th>Financial Year</th> <th>No. of patients treated</th> </tr> </thead> <tbody> <tr> <td>2023-24</td> <td>3211</td> </tr> <tr> <td>2024-25</td> <td>3108</td> </tr> <tr> <td>Total</td> <td>6319</td> </tr> </tbody> </table>	Financial Year	No. of patients treated	2023-24	3211	2024-25	3108	Total	6319
Financial Year	No. of patients treated								
2023-24	3211								
2024-25	3108								
Total	6319								
Innovation/ special aspect about the subject above	The project aims to prevent the incidence of kidney failure in patients who may develop the same by early diagnosis & homoeopathic intervention.								
Service Delivery Details	Medicinal management of Kidney failure & other kidney related diseases like Diabetic & Hypertensive Nephropathy, Renal calculi, Benign hypertrophy of Prostate etc & early detection of Kidney failure through all relevant Investigations.								

Initiative/ Project No. 6

Name of Organisation	Government Homoeopathic Medical College Hospital, Kozhikode.	
Name of Project	Pain and Palliative Care Unit – “Shore of Solace”	
Introduction	The Pain and Palliative Care Project “Shore of Solace” at GHMCH Kozhikode is a dedicated initiative to improve the quality of life of patients with life-limiting illnesses such as cancer, stroke, neurological disorders, and chronic systemic diseases. Established in 2001, it provides 20-bedded inpatient care, outpatient services, and home-based follow-up care. The project integrates homoeopathic management with supportive care like IV fluids, physiotherapy, nutritional support, and caregiver education. This holistic approach ensures physical, emotional, and psychological well-being while maintaining cost-effectiveness.	
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Indicator	Details
	Project name	Pain & Palliative Care Project – “Shore of Solace”
	Duration	2001 – Ongoing; Proposal period 2025 - 2026
	Ward capacity	20 beds (10+10 beds)
	Target Patients	Cancer, Stroke, Neurological disorders, End-stage systemic diseases.
	Annual admissions	IP 2024-25: 693 2023-24: 293 2022-23: 179 2021-22: 311
	Annual OP patients	2024-25: 1240 2023-24: 1154 2022-23: 957 2021-22: 934
	Common Conditions Treated	CVA, Cancer (lung, breast, rectum, prostate, oropharynx), IVDP, neurological degenerative disorders.
	Staff & Support	Medical Officers, trained nurses, physiotherapist, dietician (part-time), student volunteers.
	Home Care Service	Follow-up for registered cancer and palliative patients
	Budget Requirement (2025-26)	₹2,88,120/- satisfaction, and holistic support to families.
Innovation/ special aspect	<ul style="list-style-type: none"> Exclusive homoeopathic approach integrated with supportive care for palliative patients. 	

<p>about the subject above</p>	<ul style="list-style-type: none"> • Use of validated assessment tools (NIHSS, Barthel Index, EORTC QLQ-C30, FACT-G, WHO Performance Status) to track outcomes. • Community-linked home care services providing follow-up care for discharged patients. • Research-oriented unit where PG students conduct studies on quality of life and symptom management. • Cost-effective model demonstrating the potential of homoeopathy in palliative care. 															
<p>Service Delivery Details</p>	<p>1. Inpatient and Outpatient Services</p> <ul style="list-style-type: none"> • 20-bedded palliative care ward with 24/7 medical and nursing support. • Daily outpatient clinic for patient evaluation and symptom management. • IP and OP Statistics (Last Four Years): <table border="1" data-bbox="371 678 1044 893"> <thead> <tr> <th>Year</th> <th>IP Admissions</th> <th>OP Patients</th> </tr> </thead> <tbody> <tr> <td>2024-25</td> <td>693</td> <td>1240</td> </tr> <tr> <td>2023-24</td> <td>293</td> <td>1154</td> </tr> <tr> <td>2022-23</td> <td>179</td> <td>957</td> </tr> <tr> <td>2021-22</td> <td>311</td> <td>934</td> </tr> </tbody> </table> <p>2. Home Care Service</p> <ul style="list-style-type: none"> • Doctor, nurse, and student volunteer team for follow-up visits to discharged patients. • Ensures continuity of care and reduces the need for frequent hospital visits. <p>3. Patient Assessment and Rehabilitation</p> <ul style="list-style-type: none"> • Stroke: NIHSS, Modified Rankin Scale, Barthel Index, MoCA, Stroke Impact Scale, GDS. • Cancer: FACT-G, EORTC QLQ-C30, Pain Scores, WHO Performance Status. • Physiotherapy and rehabilitation programs for neurological recovery. <p>4. Training and Research</p> <ul style="list-style-type: none"> • Certificate programs and training for staff, caregivers, and interns on palliative management. • Research on the impact of homoeopathy in improving symptom control and quality of life. <p>5. Community Engagement</p> <ul style="list-style-type: none"> • Awareness programs, CME sessions, and support for caregivers to enhance community-based palliative care. 	Year	IP Admissions	OP Patients	2024-25	693	1240	2023-24	293	1154	2022-23	179	957	2021-22	311	934
Year	IP Admissions	OP Patients														
2024-25	693	1240														
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2021-22	311	934														

Initiative/ Project No. 7

Name of Organisation	Government Homoeopathic Medical College Hospital, Kozhikode.	
Name of Programme	Skills Training and Education for Patient Services (STEPS)	
Introduction	The STEPS (Skills Training and Education for Patient Services) Training Programme was initiated to enhance the knowledge, skills, and professional efficiency of the medical, paramedical, ministerial, and support staff of Govt. Homoeopathic Medical College Hospital, Kozhikode. The year-long programme involved training sessions and CMEs for Clinical Faculty, Medical Officers, Nurses, Nursing Assistants, Pharmacists, Ministerial Staff, and Cleaning Staff. The programme aimed to improve patient care outcomes, hospital workflow efficiency, and professional growth of staff while keeping them updated with the latest trends in healthcare delivery.	
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Indicator	Details
	Programme Name	STEPS – Skills Training and Education for Patient Services
	Duration	November 2023 – January 2024 (STEPS 2.0) & April 2025 – March 2026 (STEPS 3.0 proposal)
	Target Groups	Clinical Faculty, PGs, Interns, Nurses, Nursing Assistants, Pharmacists, Ministerial Staff, Cleaning Staff
	Total Participants	115 (highest single session), overall 800 participant attendances
	Number of Sessions Completed	17 sessions (STEPS 2.0)
	Trainers	Internal and external experts from GHMCK, GMC Kozhikode IQRAA Hospital, KMCT Medical College, Aster MIMS
	Budget Utilized (2023-24)	₹1,25,000
	Budget Utilized (2024-25)	₹1,11,000
	Proposed Budget (2025-26)	₹1,20,000
Expected Outcomes	Enhanced clinical skills, improved infection control, better patient safety, higher staff satisfaction, and better hospital efficiency.	

<p>Innovation/ special aspect about the subject above</p>	<ul style="list-style-type: none"> • Comprehensive inclusion of all categories of hospital staff, from faculty to cleaning staff. • Combination of CME lectures, hands-on workshops, and skill-based modules. • Integration of emerging trends in healthcare, including molecular diagnostics, fire safety, and patient communication skills. • Continuous feedback and impact assessment to improve service delivery quality.
<p>Service Delivery Details</p>	<p>1. Sessions Conducted (Nov 2023 – Dec 2024) STPES 1.0 & STEPS 2.0</p> <ul style="list-style-type: none"> • Topics included: Patient assessment, Infection control, Laboratory automation, Clinical paediatrics, Dermatology, Infertility management, Waste management, and Fire & rescue practices. • 17 sessions completed with a total of ~800 participant attendances. • Certificates were awarded in a formal ceremony inaugurated by the Principal and attended by faculty and staff. <p>2. Training Modules (2025-26)</p> <ul style="list-style-type: none"> • Mental Health & Stress Management • Patient Rights, Consent & Communication Skills • Fire Safety & Disaster Preparedness • Digital Documentation & Office Management for Ministerial Staff • Medication Safety & Pharmacovigilance for Pharmacists • Updated Infection Control & Waste Management Protocols <p>3. Expected Impact</p> <ul style="list-style-type: none"> • Improved patient satisfaction and safety. • Better hospital workflow and administrative efficiency. • Enhanced professional competence and confidence among all staff categories.

5. National Ayush Mission (NAM)

Initiative/ Project No. 1

Name of Organisation	NATIONAL AYUSH MISSION
Name of Project/Scheme/Programme	NABH ACCREDITATION
Introduction	A total of 250 AYUSH AYUSH Health and Wellness Centers received NABH accreditation out of which 150 institutions recognition in first phase and 100 institutions received recognition in second phase. Another 250 institutions have been selected for the third phase.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	NABH Certification is a quality accreditation in healthcare. Therefore the AYUSH Health and Wellness Centers that have received NABH accreditation ensure that they provide safe, effective and patient centered care along with systematic documentation according to national standards
Innovation/ special aspect about the subject above	As India moves towards holistic healthcare through programs like Ayushman Bharat accreditation becomes essential in ensuring AYUSH institutions deliver standardized, reliable and efficient healthcare system.
Service Delivery Details	Enhanced patient safety, public awareness campaigns , improved documentation and digitalisation of AYUSH services





Initiative/ Project No. 2

Name of Organisation	NATIONAL AYUSH MISSION
Name of Project/Scheme/Programme	KAYAKALP AWARDS
Introduction	The Kayakalp program in AYUSH sector aims to incentivize public healthcare institutions that uphold exemplary standards in sanitation and infection control.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	132 institutions bagged Kayakalp awards worth more than 1 crore rupees. The initiative resulted in enhanced cleanliness standards, reduced infection risks, improved patient satisfaction, increased staff motivation, and strengthened public trust in AYUSH healthcare institutions.
Innovation/ special aspect about the subject above	The Kayakalp initiative in Kerala's AYUSH sector represents a strategic advancement towards improved public health services. It not only fosters a hygienic environment but also enhances patient satisfaction, staff motivation and institutional reputation.
Service Delivery Details	<ul style="list-style-type: none">• Efficient hospital upkeep, sanitation and hygiene initiatives• Proper waste management systems and infection control practices• Strengthened hospital support services• Continuous hygiene promotion activities





Initiative/ Project No. 3

Name of Organisation	NATIONAL AYUSH MISSION
Name of Project/Scheme/Programme	SPORTS AYURVEDA UNIT IN EVERY DISTRICT
Introduction	Sports Ayurveda employs a holistic approach that encompasses holistic approach that encompasses personalized diet and nutrition, specific medicines, specialized massage techniques, event based Panchakarma therapies and targeted rehabilitation strategies to prevent injuries, manage sports related conditions and optimize athletic performances.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Currently there are total 14 Sports Ayurveda units in each district. An exclusive Sports Ayurveda super specialty hospital namely Kerala Institute of Sports Ayurveda and Research is situated in Thrissur.
Innovation/ special aspect about the subject above	Sports Ayurveda ensures specific modalities in prevention and management of sports injuries including repetitive strain injuries, post event recouping and devoid of post traumatic complications which is the challenge facing the current sports medicine fraternity.
Service Delivery Details	<ul style="list-style-type: none"> • Specialized care and timely treatment for sports related injuries • Extended reach with mobile sports ayurveda units for athletes from remote areas • Awareness and education through various sports events, workshops and conferences and acceptance among athletes, coaches and general public.





Initiative/ Project No. 4

Name of Organisation	NATIONAL AYUSH MISSION
Name of Project/Scheme/Programme	PHYSIOTHERAPY UNIT IN EVERY GOVT. HOMOEOPATHY HOSPITAL
Introduction	The educative focus of physiotherapy plays vital role in chronic disease management, self-management techniques, lifestyle and physical activity.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Currently all 34 Government Homoeopathy institutions possess physiotherapy units. The implementation of physiotherapy help patients to improve their strength and movement and prevent further problems in future along with Homoeopathy medications.
Innovation/ special aspect about the subject above	Physiotherapy plays an important role as combined modality approach in treatment of musculoskeletal conditions, chronic conditions like cardiovascular disease, chronic obstructive pulmonary disease, diabetes and osteoporosis, obesity and hypertension.
Service Delivery Details	<ul style="list-style-type: none">• respiratory treatment, mobilization and activity• promotion of functional modality for activation, strengthening and mobilization of the patient in order to enable resumption of maximal function.• Functional assessment of geriatric and palliative patients for restoring functional independence





Initiative/ Project No. 5

Name of Organisation	NATIONAL AYUSH MISSION
Name of Project/Scheme/Programme	ANTI DEPRESSION AYURVEDA CLINICS IN ALL DISTRICTS – HARSHAM PROJECT
Introduction	In order to prevent and manage depression through Ayurveda, HARSHAM units have been implemented in all districts.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	The initiative now operates 14 units across the state, ensuring comprehensive coverage and access to mental health care. Harsham clinics are now functional in over 140 centers, most of which are Health and Wellness Centres, significantly strengthening the state's mental health service delivery.
Innovation/ special aspect about the subject above	The depression clinics aim to reach more people who suffer from depression especially from rural areas and provide a comprehensive OP level Ayurvedic management to depression to the people in rural areas through Ayurveda
Service Delivery Details	<ul style="list-style-type: none">- Regular OP services on a weekly basis in rural dispensaries.- Refer cases which need IP treatment to higher centers- Awareness programs to promote positive mental health- Identify unrecognized cases of depression in rural areas





Initiative/ Project No. 6

Name of Organisation	NATIONAL AYUSH MISSION
Name of Project/Scheme/Programme	AYURVEDA EYE CARE UNITS IN ALL DISTRICTS – DRISHTI PROJECT
Introduction	Drishti - Prevent the Preventable Blindness program is a comprehensive eye care project for all the age groups.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	This project now in 10 district (10 units) aims to improve the proper functioning of ISM Nethra units by doing outreach programs like school health programs, early detection of diabetic retinopathy, glaucoma etc.
Innovation/ special aspect about the subject above	The Drishti project helps in early identification of ophthalmic problems in school going children and diagnosis and treatment of refractive errors in children along with early-stage control of cataract, glaucoma and diabetic retinopathy.
Service Delivery Details	<ul style="list-style-type: none">- screening camps in multiple locations- periodical vision testing- awareness classes,- eye exercise training- IP and OP treatments





Initiative/ Project No. 7

Name of Organisation	NATIONAL AYUSH MISSION
Name of Project/Scheme/Programme	10000 AYUSH YOGA CLUBS ACROSS THE STATE
Introduction	Ayush Yoga Clubs are community-based wellness centers designed to promote holistic health and well-being by providing regular yoga practice and education focusing on combating lifestyle diseases and fostering overall wellness.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	As of now, 10,132 yoga clubs have been established across 14 districts of Kerala reaching both general and women specific populations. Total Beneficiaries include 7581 general participants and 2551 women participants. This includes 6408 new members in the general category and 1923 new members in the women specific category along with existing members.
Innovation/ special aspect about the subject above	Lifestyle diseases like diabetes, hypertension and other non-communicable diseases are on the rise in the modern era. And yoga is a proven cost effective and holistic solution for managing these conditions. Establishing yoga clubs provides a structured platform to practice yoga, raise awareness and engage the community in preventive healthcare measures. Additionally, these clubs serve as spaces for physical and mental rejuvenation thereby enhancing the quality of life.
Service Delivery Details	Regular yoga sessions, workshops and events are the key service delivery through AYUSH yoga clubs.





Initiative/ Project No. 8

Name of Organisation	NATIONAL AYUSH MISSION
Name of Project/Scheme/Programme	AYURKARMA PROJECT OR OP BASED PANCHAKARMA IN 26 MORE CENTERS
Introduction	Project AYURKARMA has been initiated with the aim of integrating Ayurveda Panchakarma into the existing Govt. Ayurveda dispensaries in rural areas.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Beneficiaries include 5350 patients and 1,29,350 kriya karmas in detail.
Innovation/ special aspect about the subject above	This project seeks to bridge the gap in services and rectify the major disparity faced by the underprivileged population within the Ayurvedic Public healthcare system. To assess the full range of Ayurvedic treatments, including the essential kriya karmas thus ensuring equal opportunities for holistic care to those who need it the most.
Service Delivery Details	<ul style="list-style-type: none">• Equitable access to Ayurvedic Panchakarma therapy• Establish panchakarama therapy units in selected dispensaries





Initiative/ Project No. 9

Name of Organisation	NATIONAL AYUSH MISSION
Name of Project/Scheme/Programme	STANDARDISATION AS PER IPHS STANDARDS
Introduction	The AYUSH healthcare facilities and services currently ensure quality and standardization according to Indian Public health standards for AYUSH developed by Indian Ministry of AYUSH.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	Standardized infrastructure and facilities ensure high quality and evidence-based AYUSH services to the public.
Innovation/ special aspect about the subject above	Institutions have received NABH accreditation, bagged Kayakalp awards and upgraded to AYUSH Health and Wellness Centers from dispensaries as part of the standardization drive.
Service Delivery Details	It ensures improved healthcare access, enhanced public health outcomes. The standardisation include improving efficiency of human resources, availability of medicines and equipment, capacity building and governance





Initiative/ Project No. 10

Name of Organisation	NATIONAL AYUSH MISSION
Name of Project/Scheme/Programme	700 DISPENSARIES UPGRADED TO AYUSH HEALTH AND WELLNESS CENTERS
Introduction	The primary objective is to prevent diseases and promote wellness in a standardized manner.
Basic Fact Sheet covering all Indicators. (Output and Outcome Indicators)	420 ISM dispensaries and 280 Homoeopathy dispensaries have been upgraded to AYUSH health and Wellness centers under AYUSHMANN Bharat scheme.
Innovation/ special aspect about the subject above	All AHWCs have yoga instructors emphasizing the importance of yoga in daily life. It comprises of Community health Officer, Yoga Instructor, Multi purpose health workers and selected ASHA workers to aid the functioning of AHWCs
Service Delivery Details	Prevent diseases and promote wellness in a standardized manner.



National Ayush Mission (NAM)



**6. Kerala State Homoeopathic
Co-operative Pharmacy
Limited (HOMCO)**

Initiative/Project No.1

Name of Department/Organisation : **The Kerala State Homoeopathic Co operative pharmacy Ltd(HOMCO)**

Name of Project/Scheme/Programme : **New factory Commissioning**

Introduction in brief:

The Kerala State Homoeopathic Co-operative Pharmacy Ltd (HOMCO), functions under the administrative control of Ministry of Health and Family Welfare, Govt. of Kerala. HOMCO is the manufacturer of quality Homoeopathic medicine with successful track record of about 47 years.Exclusive supplier of medicines to Govt. of Kerala Institutions and supply medicines across India.With the commissioning of new factory on 13.02.2026,Tablet and Ointment manufacturing division started functioning.Works for the commissioning of other divisions are at final stage and will be completed shortly.

Basic Fact sheet in a table covering all indicators(Output and outcome indicators)

Turnover for 2024-25 is Rs 43.41cr.With the commissioning of new factory,Homco expecting 100cr. Turn over in 2030

What is the innovation/Special aspect about the subject above(Mention briefly)

Product Line can be expanded(proposed ophthalmic preparations).Establishment of sterile ophthalmic mfg. unit.Aim to export market cGMP certified unit.Plan to obtain WHO-GMP certification,

Service delivery details

Demand -supply gap can be minimised.Enhanced production capacity.

Photographs

Attached.



Initiative/Project No.2

Name of Department/Organisation	:	The Kerala State Homoeopathic Co operative pharmacy Ltd(HOMCO)
Name of Project/Scheme/Programme	:	ERP Implementation
Introduction in brief:	:	Inorder to improve speed and efficiency of work and to speed up customer service, Homco implemented ERP system in the Pharmacy.(Now the system partially implemented in Homco and is expecting to be completed in short span)
Basic Fact sheet in a table covering all indicators(Output and outcome indicators)	:	Enhanced Productivity & Efficiency,Improved Accuracy,Reduced Operational Costs,Faster Response Times,Improved Customer Service,
What is the innovation/Special aspect about the subject above(Mention briefly)	:	Automated & Centralized Data entry,Instant Reporting
Service delivery details	:	Faster customer service



Initiative/Project No.3

Name of Department/Organisation	The Kerala State Homoeopathic Co operative pharmacy Ltd(HOMCO)
Name of Project/Scheme/Programme	E-office system implementation
Introduction in brief:	By moving from physical files to digital workflows,Homco upgraded the company's operating system.
Basic Fact sheet in a table covering all indicators(Output and outcome indicators)	Instant Movement of files,Multiple people can view or work on a document simultaneously,Transparency and Accountability,Data Security and Integrity,Cost and Space Savings.
What is the Innovation/Special aspect about the subject above(Mention briefly)	By moving from physical files to digital workflows,overall efficiency increases.
Service delivery details	Faster service



Initiative/Project No.4

Name of Department/Organisation	The Kerala State Homoeopathic Co operative pharmacy Ltd(HOMCO)
Name of Project/Scheme/Programme	New Product-Arnica Hair Oil plus
Introduction in brief:	Homeo launched new product "Arnica Hair Oil Plus" as a general hair oil. It improves hair growth. Controls dandruff, hair falling, premature greying, pediculosis, allergic rhinitis, migraine etc.
Basic Fact sheet in a table covering all indicators(Output and outcome indicators)	Supplying to Dispensaries, Hospitals and open market. Shows good response.
What is the innovation/Special aspect about the subject above(Mention briefly)	Advanced homoeopathic formulation developed for hair and scalp care. It improves hair growth. Controls dandruff, hair falling, premature greying, pediculosis, allergic rhinitis, migraine etc.
Service delivery details	More customers
Photographs	Attached.



Initiative/Project No.5

Name of Department/Organisation	The Kerala State Homoeopathic Co operative pharmacy Ltd(HOMCO)
Name of Project/Scheme/Programme	New Product-Berberis Aquifolium Cream
Introduction in brief:	Homco launched new product "Berberis Aquifolium Cream" is specially formulated to help manage pimples and acne.The cream supports clearer skin,helps to reduce blemishes and improves overall complexion.
Basic Fact sheet in a table covering all indicators(Output and outcome indicators)	Supplying to Dispensaries,Hospitals and open market.
What is the innovation/Special aspect about the subject above(Mention briefly)	It treats pimple and acne more effectively and improves complexion
Service delivery details	More customers.
Photographs	Attached.



7. State Medicinal Plants Board Kerala (SMPB)

Initiative/ Project No. 1

Name of Organisation	State Medicinal Plants Board Kerala		
Scheme	Medicinal Plants Cultivation		
Program	Facilitation and promotion of cultivation of commercially important medicinal plants across the state		
Project	Medicinal Plant Cultivation		
Introduction	<p>SMPB facilitated and promoted the cultivation of commercially important medicinal plants across 850 hectares. The programmes were implemented through Farmers, FPO, Co-operative societies, NGOs and other governmental agencies. During this period, 650 farmers availed the subsidy support provided under the scheme. Cultivation activities were undertaken with signed buy-back MoUs with Ayurveda industries, ensuring assured market linkage and direct benefits to farmers. In total, around 30 MoUs were executed between various AYUSH industries, traders, and farmer clusters, thereby strengthening the value chain and promoting sustainable cultivation practices. Major Species cultivated are <i>Saraca asoca</i>, <i>Embllica officinalis</i>, <i>Adathoda zeylanica</i>, <i>Plumbago indica</i>, <i>Pterocarpus santalinus</i>, <i>Sida alnifolia</i>, <i>Santalum album</i>, <i>Aloe vera</i>, <i>Asparagus racemosus</i>, <i>Piper longum</i>, <i>Desmodium gangeticum</i> etc.</p>		
Basic Fact Sheet	Area of Cultivation	No of farmers benefitted	MoU signed
	850 Hectares	650	30
Special aspects of the project	<ul style="list-style-type: none"> • Expansion of medicinal plant cultivation areas, ensuring increased availability of raw materials to AYUSH industries. • Farmers benefitted through subsidies and additional income generation. • Establishment of 20 hectares of sandalwood (<i>Santalum album</i>) plantations in the state. 		

<p>Service Delivery details</p>	<ul style="list-style-type: none">• Distribution of subsidies to farmers.• Training programmes on Good Agricultural Practices (GAP) for farmers.• Facilitation for procurement of quality planting materials.• Support in establishing MoUs with AYUSH industries for buy- back arrangements.
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Initiative/ Project No. 2

Name of Organization:	State Medicinal Plants Board Kerala		
Scheme	Special mission on Sida (Kurumthoti) Cultivation		
Program	Facilitation and promotion of cultivation of Highly demand medicinal plant Raw Drug Sida across the state		
Project	Sida (Kurumthoti) Cultivation		
Introduction	<p>SMPB has facilitated and promoted the large-scale cultivation of the highly demanded medicinal plant Sida (Kurumthotti) across the state. The special mission on Kurumthotti cultivation was implemented with the active support of the Mattathur Labour Co-operative Society (MLCS). So far, cultivation has been successfully promoted in Kannur, Thrissur, and Alappuzha districts. As part of the programme, nearly 75 hectares of barren land and coconut plantations were converted into productive medicinal plant cultivation areas. The initiative was further strengthened through the collaboration of the Agriculture Department, Grama Panchayats, Kudumbashree Mission, and the MGNREGS programme, thereby generating additional income for farmers. During this period, MLCS supplied raw materials worth ₹2 crores to various industries. In the current financial year, SMPB and MLCS have expanded the mission to cover 100 hectares across five districts of the state, ensuring wider farmer participation and stronger industry linkage.</p>		
Basic Fact Sheet	Area of Cultivation	No. of farmers benefitted	Raw materials used
	100 Hectares	100	Rs. 2 crore
Special aspects of the project	<ul style="list-style-type: none"> • Expansion of Sida cultivation areas, ensuring increased availability of raw materials to AYUSH industries. • Farmers benefitted through supply of planting materials additional income generation. 		
Service Delivery details	<ul style="list-style-type: none"> • Distribution of Quality planting materials at free of cost. • Training programmes on Good Agricultural Practices (GAP) for farmers. 		



Initiative/ Project No. 3

Name of Organization	State Medicinal Plants Board Kerala	
Scheme	Ashwagandha Campaign	
Program	Promotion and cultivation trails of Ashwagandha as new crop to Kerala	
Project	Trails for cultivation of Ashwagandha	
Introduction	As part of the NMPB Nationwide Campaign, SMPB introduced Ashwagandha as a new crop for medicinal plant cultivation in Kerala. Demonstration and trial plots were initially established in Chittur Taluk of Palakkad District, which provides ideal agro-climatic conditions for the crop. Building on the success of these trials, additional demonstration plots are being undertaken this year in both Chittur and Attappady regions of Palakkad. At present, Ashwagandha is under cultivation on about 7 acres in the district, marking a significant step towards diversifying medicinal plant cultivation in the state.	
Basic Fact Sheet	Area of cultivation	IEC Activities Conducted
	7 acres	3
Special aspects of the project	<ul style="list-style-type: none"> • Introduction of New Crop in the State • Farmers benefited through supply of planting materials additional income generation. 	
Service Delivery details	<ul style="list-style-type: none"> • Distribution of Quality planting materials at free of cost. • Training programmes on Good Agricultural Practices (GAP) for farmers. 	



Initiative/ Project No. 4

Name of Organization	State Medicinal Plants Board Kerala	
Scheme	Quality Planting Material (QPM) production of Medicinal plants	
Program	Production of QPMs for medicinal plants and distribution to farmers and general public	
Project	Production of QPM	
Introduction	Through the support of the State Plan Fund, SMPB facilitated the production of more than 10 lakh Quality Planting Materials (QPMs) of medicinal plants. Financial assistance was provided to leading public sector nurseries, including the Kerala Forest Research Institute (Thrissur), Kerala Agricultural University (Thrissur), Ayurveda Research Institute (Thiruvananthapuram), and Oushadhi (Thrissur) and among others. The QPMs thus produced were systematically distributed to farmers and other beneficiaries, ensuring the availability of high-quality planting stock for medicinal plant cultivation across the state.	
Basic Fact Sheet	QPM produced	QPM distributed
	10 lakhs	10 Lakhs
Special aspects of the project	<ul style="list-style-type: none"> • Production of QPM • Farmers benefited through supply of planting materials 	
Service Delivery details	Supplied to farmers and beneficiaries at free of cost / subsidized rates through State Plan Fund support.	



Initiative/ Project No. 5

Name of Organization	State Medicinal Plants Board Kerala			
Scheme	Establishment of Nurseries for QPM Production			
Program	Establishing Model nurseries and small nurseries in public and private sector to ensure availability of Quality planting materials to Medicinal plant cultivation			
Project	Production of QPM			
Introduction	<p>The availability of quality planting materials (QPMs) has long been a major gap in the medicinal plant sector of the state. To address this, SMPB undertook focused interventions during the reporting period. Utilizing funds from the medicinal plant component of NAM, SMPB supported the establishment of five model nurseries and six small nurseries across the state. Through these nurseries, SMPB successfully produced over 20 lakh seedlings, which were distributed to farmers and other beneficiaries, ensuring the supply of authentic and quality planting stock. In addition, as part of the special mission on Sida cultivation, more than 1 crore QPMs of Sida were distributed to farmers for large-scale cultivation.</p>			
Basic Fact Sheet	Model Nursery established under Public Sector	Model Nursery established under Private Sector	Small Nursery established under Public Sector	Small Nursery established under Private Sector
	4	1	3	3
Special aspects of the project	<ul style="list-style-type: none"> Establishing nurseries in the state Production of QPM Farmers benefited through supply of planting materials 			
Service Delivery details	<ul style="list-style-type: none"> Subsidies allocated to different institutions under public and private sector 			



Initiative/ Project No. 6

Name of Organization	State Medicinal Plants Board Kerala	
Scheme	Establishment of Seed centers for storing seeds of the farmers	
Program	Establishing Seed centers for storing seeds and exchange seeds of farmers.	
Project	Establishing seed centers	
Introduction	Utilizing funds from the medicinal plant component of NAM, SMPB supported the establishment of two Seed Centers in the state. These centers provide crucial facilities for farmers to store medicinal plant seeds during the off-season and make them available for use during favorable cultivation periods. In addition, scientific research undertaken by the implementing agencies have helped farmers to enhance the shelf life of seeds and ensure their efficient utilization, thereby strengthening the overall medicinal plant cultivation system.	
Basic Fact Sheet	Seed centre established under public sector	Fund allocated for seed centres
	2	20 lakhs
Special aspects of the project	<ul style="list-style-type: none"> • Establishing two seed centres • Farmers benefited through improving shelf life of medicinal plant seeds 	
Service Delivery details	<ul style="list-style-type: none"> • Subsidies allocated to two institutions under public sector 	



Initiative/ Project No. 7

Name of Organization	State Medicinal Plants Board Kerala			
Scheme	Establishment of post-harvest facilities for medicinal plant sector			
Program	Establishing Storage godowns, Medicinal plant collection centres, drying sheds for post-harvest management			
Project	Establishing post-harvest management facilities			
Introduction	Utilizing funds from the medicinal plant component of NAM, SMPB supported the establishment of three medicinal plant collection centers, four storage godowns and four drying sheds. These centers provide crucial facilities for farmers to store medicinal plant raw materials.			
Basic Fact Sheet	Storage godowns established	Drying shed established	Collection centre established	Fund allocated
	4	4	3	70 lakhs
Special aspects of the project	<ul style="list-style-type: none"> Establishing post-harvest facilities Farmers benefited through post-harvest management of medicinal plants 			
Service Delivery details	70 lakhs Fund allocated to institutions under public sector			





Initiative/ Project No. 8

Name of Organization	State Medicinal Plants Board Kerala	
Scheme	Ex situ conservation programme-Establishment of Demonstration Herbal Gardens	
Program	Establishing medicinal plant gardens for creating awareness among public	
Project	Establishing Demonstration Herbal Gardens	
Introduction	Utilizing funds from the medicinal plant component of NAM, SMPB supported the establishment of four Demonstration Herbal Gardens to create awareness among farmers, Public, students, and other beneficiaries. The gardens also function as ex-situ conservation areas for rare and threatened medicinal plant species. These sites play a vital role in preserving biodiversity, safeguarding genetic resources, and creating awareness among the public and farming community about the importance of conserving medicinal plants.	
Basic Fact Sheet	No. of demonstration gardens established	Fund allocated
	4	40 lakhs
Special aspects of the project	<ul style="list-style-type: none"> • Establishing Demonstration Herbal Gardens • Create awareness among farmers, Public, students, and other beneficiaries. 	
Service Delivery details	40 lakhs rupees fund allocated to institutions under public sector	





Initiative/ Project No.9

Name of Organization	State Medicinal Plants Board Kerala	
Scheme	Exsitu conservation programme-Establishment of School Herbal Gardens	
Program	Establishing medicinal plant gardens at schools for creating awareness among Students	
Project	Establishing School Herbal Gardens	
Introduction	SMPB, with funding support from the National Medicinal Plants Board (NMPB), facilitated the establishment of 127 School Herbal Gardens across the state. These gardens are designed to raise awareness among students and nurture them into environmentally conscious and knowledgeable citizens. Beyond their educational value, the gardens also serve as ex situ conservation sites for rare and threatened medicinal plant species. They play a vital role in preserving biodiversity, safeguarding genetic resources, and promoting sustainable use of medicinal plants. As part of the initiative, schools organize student awareness programmes, training sessions, and interactive activities, ensuring that both students and the local community gain practical knowledge on the importance of medicinal plants and conservation.	
Basic Fact Sheet	No. of school herbal gardens established	IEC activities conducted as a part of the programme
	127	70
Special aspects of the project	<ul style="list-style-type: none"> • Establishing School Herbal Gardens in 127 schools • Create awareness among students, and conducted 70 IEC programmes 	
Service Delivery details	<ul style="list-style-type: none"> • 35 lakhs Fund distributed to schools for establishing School Herbal Gardens • 127 Gardens were established 	



Initiative/ Project No. 10

Name of Organization	State Medicinal Plants Board Kerala	
Scheme	In situ conservation programme- Resource Argumentation of Sacred Groves with Medicinal Plants	
Program	Resource Argumentation of Sacred Groves with Medicinal Plants	
Project	Resource Argumentation of Sacred Groves with Medicinal Plants	
Introduction	<p>SMPB supported the conservation of 73 sacred groves across the state with the objective of protecting and enriching medicinal plant diversity. The project focuses on the conservation and enrichment of medicinal plants, particularly rare, endangered, and threatened (RET) species, while also contributing to the conservation of overall biodiversity. Beyond ecological benefits, the initiative also promotes carbon sequestration, soil erosion control, and conservation of the water table, ensuring the sustainability of local ecosystems. Importantly, the programme is implemented with the active participation of local communities, who are the traditional custodians of sacred groves. This approach not only strengthens conservation outcomes but also helps preserve the cultural and spiritual significance of these landscapes while creating awareness and a sense of ownership among people.</p>	
Basic Fact Sheet	No. of Sacred groves supported	IEC Activities conducted as a part of the programme
	73	3
Special aspects of the project	<ul style="list-style-type: none"> • Resource Argumentation of Sacred Groves with Medicinal Plants • Create awareness among public general • Conservation and enrichment of medicinal plants, particularly rare, endangered, and threatened (RET) species. 	
Service Delivery details	<ul style="list-style-type: none"> • Awareness Craetion • Conservation of overall biodiversity 	

Conservation & Augmentation of Sacred Groves with MPs



Bio fencing with medicinal plants



Planting activities in Sacred Groves



Decorated Pond in Ponnakudom KV

Initiative/ Project No. 11

Name of Organization	State Medicinal Plants Board Kerala
Scheme	Introduction of QR code for medicinal plants
Program	Creating QR code for important medicinal plants of Kerala
Project	Introduction of QR code for medicinal plants
Introduction	SMPB developed a database of 400 medicinal plants and integrated it into the website. QR codes linked to this database are publicly accessible and can be downloaded for free. Many schools use these QR codes in their herbal gardens.
Basic Fact Sheet	No of QR code developed-400
Special aspects of the project	<ul style="list-style-type: none"> • QR code developed for 400 medicinal plants • No of QR code developed
Service Deliver y details	<ul style="list-style-type: none"> • Schools and public can access the QR code directly from SMPB website.





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***Alstonia scholaris* (L.) R. Br.**

Family: Apocynaceae

Vernacular names: Ezhilampala, Yekshippala, Pala, എഴിലമ്പലം, തോഴിപ്പിട, പാലം (Malayalam), Devil tree (English), Saptaparna (Sanskrit), Ezilai pillai (Tamil)

Distribution: South and South East Asia to Australia

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