



AYUSH @ THIRUVANANTHAPURAM



AYUSH @ THIRUVANANTHAPURAM

Health and Family Welfare & AYUSH Department
Government of Kerala

KERALA.HEALTH



National AYUSH Mission Kerala,
Bliss Haven, 1st Floor T.C - 82/1827 (3),
Convent Road, Vanchiyoor,
Trivandrum - 35
Ph: 04712474550
Email: namkerala@gmail.com

January 2026

AYUSH @ THIRUVANANTHAPURAM

**Health and Family Welfare & AYUSH Department
Government of Kerala**

KERALA.HEALTH



MESSAGE



GOVERNMENT OF KERALA

Pinarayi Vijayan

CHIEF MINISTER

No. 250/Press/CMO/26

26 February, 2026

MESSAGE

The health and well-being of the people of Kerala have always been at the centre of the Government's development agenda. Alongside the achievements of modern medicine, Kerala's strong tradition of Indian Systems of Medicine and Homoeopathy continues to play a vital role in promoting preventive, promotive, and holistic healthcare. Strengthening AYUSH services is therefore integral to our vision of inclusive, people-centred, and sustainable health systems.

The District AYUSH documentation is an important initiative that informs the status and performance of AYUSH services at the district level. By systematically presenting information on institutions, human resources, service delivery, and programme implementation, this document provides a clear understanding of how AYUSH systems contribute to improving population health, particularly in primary care, lifestyle disease management, geriatric care, and community wellness.

Kerala's public health experience demonstrates that strong outcomes are achieved through a balanced approach that combines curative care with prevention, health promotion, and community participation. AYUSH institutions, especially at the grassroots level, have been instrumental in expanding access to affordable healthcare and strengthening wellness-oriented interventions. The collective efforts of the Departments of Indian Systems of Medicine, Homoeopathy, National AYUSH Mission, and local self-governments are clearly reflected in this profile.

I am sure that this District AYUSH documentation will serve as a valuable reference for policymakers, administrators, and health professionals.

I extend my appreciation to all those who contributed to this effort and wish every success to the continued strengthening of AYUSH healthcare in Kerala.

Pinarayi Vijayan

Dr. Rajan Khobragade IAS
Addl Chief Secretary
E-mail : acskeralahealth1@gmail.com



Smt. Veena George

Minister for Health &
Family Welfare
and Woman & Child Welfare
Development
Government of Kerala

Message

The Government of Kerala remains committed to strengthening public health systems that are equitable, responsive, and people centred. Within this framework, AYUSH systems play a unique and complementary role by emphasising prevention, lifestyle modification, and long-term management of health conditions. The District AYUSH documentation represents an important step towards systematically documenting and strengthening these contributions.

This document provides a comprehensive overview of AYUSH services in the district, covering infrastructure, human resources, beneficiary utilisation, and key programmes implemented under the National AYUSH Mission. By consolidating reliable data and analytical insights, the profile supports informed planning, efficient resource allocation, and continuous improvement in service delivery.

AYUSH institutions have significantly expanded access to primary healthcare, particularly in rural and underserved areas. Interventions focusing on non-communicable diseases, geriatric care, women's and child health, school health, and wellness promotion have enhanced community engagement and reduced pressure on secondary and tertiary facilities. The integration of AYUSH services with broader health initiatives further strengthens continuity of care.

I appreciate the dedicated efforts of the state officers, district officials, programme managers, medical officers, and frontline staff of the Indian Systems of Medicine, Homoeopathy, and National AYUSH Mission in preparing this document. I urge health administrators and professionals to actively use this document for analysis, planning, and action. I am confident that this initiative will contribute meaningfully to improving the reach, quality, and impact of AYUSH services and to advancing Kerala's goal of comprehensive healthcare for all.


Veena George



Preface

The Department of Health and Family Welfare, including AYUSH, and various organizations have been taking sustained efforts to strengthen health systems through evidence-based planning, decentralised governance, and intersectoral collaboration.

In order to assess various schemes and programs implementation, their outputs and outcomes a comprehensive document series is being undertaken by the Department. This document offers a structured and comprehensive account of AYUSH services in the district, encompassing institutional infrastructure, human resources, service utilisation, and programme implementation. It highlights the role of AYUSH in preventive and promotive healthcare, management of chronic conditions, and delivery of community-based wellness interventions. By presenting standardised data and district-specific insights, the document enables comparative assessment, gap identification, and priority setting. It gives information for doing integrative medicine practice especially for NCD management, palliative care and geriatric care.

The preparation of this document required coordinated efforts from district officials, programme teams, and healthcare providers across Indian Systems of Medicine, Homoeopathy, and the National AYUSH Mission. The process itself has strengthened data validation, improved documentation practices, and reinforced the importance of using evidence for decision-making.

I am confident that the District AYUSH documentation will serve as a useful resource for administrators, planners, researchers, and practitioners. It will support informed policy dialogue, guide programme strengthening, and encourage greater integration of AYUSH within the broader public health system.

I commend the state and district teams for their commitment and hope that this initiative will contribute to further improving the quality, accessibility, and effectiveness of AYUSH services across Kerala. I also urge all to institutionalize this mechanism and annually publish District documents so as to maintain focus on achieving the priorities as per the VISION 2031 plans.

Dr Rajan Khobragade IAS

Additional Chief Secretary
Health & Family Welfare and
AYUSH Department
Govt of Kerala.

MESSAGE



The preparation of the District AYUSH Profile marks a significant step towards strengthening evidence-based planning and systematic documentation within the Govt. AYUSH sector. This comprehensive record reflects the collective efforts of the Departments of Indian Systems of Medicine and Homoeopathy, National AYUSH Mission, and the Educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

The document provides a detailed overview of district-level AYUSH activities, infrastructure, human resources, and the programmes implemented under various components of the National AYUSH Mission (NAM). It also highlights the growing role of AYUSH in preventive, promotive, and curative healthcare, as well as its contribution to education and community well-being.

I commend the sincere efforts of all officials and district teams involved in compiling this profile. I am confident that the information contained herein will serve as a valuable tool for planning, monitoring, and strengthening AYUSH services at the grassroots level, thereby furthering Kerala's commitment to accessible, quality, and holistic healthcare for all.

Dr. D. Sajith Babu IAS

State Mission Director

National AYUSH Mission, Kerala

MESSAGE



Kerala's public health system is widely recognised for its people-centred approach, emphasis on equity, and sustained focus on preventive and promotive healthcare. The State's effective integration of community participation with institutional governance has enabled the delivery of quality health services and established Kerala as a leader in public health administration.

The Department of Indian Systems of Medicine (ISM), Government of Kerala, forms a vital component of this framework. Through its extensive institutional network, the Department upholds the classical foundations of Indian Systems of Medicine while addressing evolving health needs, ensuring accessible, affordable, and culturally appropriate healthcare services across the State.

In this backdrop, the District Profile Handbook has been developed as a comprehensive reference document reflecting the status and performance of ISM services at the district level. It provides a structured overview of institutional capacity, human resources, infrastructure, service delivery, and programme implementation, thereby supporting evidence-based planning and informed administrative decision-making.

The district profiles were prepared through systematic data generation, analysis, and consolidation using the Department's digital information systems, ensuring accuracy, uniformity, and transparency, and reinforcing a data-driven approach to governance and service improvement.

I place on record my sincere appreciation to the Joint Director and coordination team of ISM, including administrative staff, and the entire team of the National AYUSH Mission (NAM) for their dedicated efforts in drafting, reviewing, analysing, and consolidating the district profiles. Their coordinated engagement and technical competence were instrumental in ensuring the quality, reliability, and timely completion of this handbook.

It is hoped that this handbook will serve as a valuable planning and management resource for administrators, programme managers, and stakeholders, and contribute meaningfully to the continued strengthening of Indian Systems of Medicine in Kerala.

Dr. K S Preeya

Director

Department of Indian Systems of Medicine,
Government of Kerala.

MESSAGE



The Kerala model of healthcare delivery has earned global recognition for its people-centred, inclusive, and equity-driven approach to public health. Rooted in the belief that healthcare is a fundamental right of every citizen, the State has consistently demonstrated how thoughtful public action, community participation, and strong institutions can together achieve health outcomes comparable with those of many developed nations.

The Department of Homoeopathy, Government of Kerala, is proud to be an integral part of this collective journey. Through a wide network of government homoeopathic hospitals and dispensaries, the Department continues to extend accessible, affordable, and quality-assured healthcare services to diverse sections of society, while upholding the values of compassion, accountability, and professional excellence.

In this backdrop, the District Profile Handbook has been conceived as more than a compilation of statistics, it is a reflection of the people, institutions, and systems that sustain homoeopathic healthcare at the grassroot level. By presenting a structured and comprehensive overview of institutional capacity, human resources, service delivery, infrastructure, and ongoing programmes, this handbook seeks to support evidence-based planning, informed decision-making, and responsive governance.

The preparation of these district profiles has been made possible through the effective use of the department software- Ayush Homoeopathy Information Management System (AHiMS), enabling reliable, standardised, and centrally compiled data at the Directorate level. This digital integration marks an important step towards transparency, efficiency, and continuous system improvement.

I express my sincere appreciation to the District Medical Officers and the district medical office team for the timely review of the document and their valuable additions. I also extend my sincere thanks to the District Medical Officers, the medical and paramedical team, and all other district officials, including the AHiMS District Trainers, whose dedication and diligence in the timely updation of data in AHiMS helped in the prompt compilation of the District Profile document. Their collective efforts reinforce our shared commitment in strengthening healthcare in Kerala.

It is my earnest hope that this handbook will serve as a valuable planning and management resource, inspire constructive dialogue among stakeholders, and contribute meaningfully to shape a healthier and more resilient Kerala in the years to come.

Dr. M. P. Beena

Director
Department of Homoeopathy,
Government of Kerala.

Index

Introduction	19
CHAPTER 1 Thiruvananthapuram district - an Overview	21
1.1 Introduction	22
1.2 The People and Population	25
1.3 Thiruvananthapuram - Health Overview	25
1.4 AYUSH- Role in Enhancing Public Health Outcomes	26
1.5 Key Achievements in AYUSH Healthcare Development	27
CHAPTER 2 Overview of AYUSH Services	31
2.1 Overview of AYUSH Services in Thiruvananthapuram District	32
2.2 History and Evolution of AYUSH Services in the District	32
2.3 Administration and Governance Structure	32
2.4 Organogram – District Level Administrative Structure	33
2.5 Infrastructure Profile of the District	33
2.6 Health Facilities in Urban and Rural Areas	34
2.7 Hospital Details based on Bed Strength	35
2.8 Human Resource Profile	36
2.9 Beneficiary Details	39
2.10 Public Health Programmes	41
2.11 Standardisation of Institutions	46
2.12 Digital Health	47
2.13 Laboratory & Diagnostic Facilities	47
2.14 Financial Expenditure	48
CHAPTER 3 Department of Indian Systems of Medicine Facilities and Services	49
3.1 Introduction	50
3.2 Administration	51
3.3 Infrastructure Profile of the District	53
3.4 Human Resource Profile of the District	57
3.5 Beneficiary Details	62
3.6 Department Plan Projects	63

3.7	Standardisation of Institutions	69
3.8	Ayushman Arogya Mandir-Ayush	71
3.9	Digital Health	72
3.10	Health Infrastructure Development	73
3.11	Laboratory & Diagnostic facilities	75
3.12	Financial Expenditure	76
3.13	Special Institutions under ISM in the District	77
3.14	Other Activities	87
3.15	Conclusion	91
CHAPTER 4: Department of Homoeopathy facilities and Services		93
4.1	Introduction	94
4.2	Administration	94
4.3	Infrastructure Profile of the District	96
4.4	Human Resource Profile of the District	99
4.5	Beneficiary Details	102
4.6	Public Health Programmes	103
4.7	Standardisation of Institutions	114
4.8	Ayushman Arogya Mandir (AYUSH)	117
4.9	Temporary Homoeo Dispensaries	118
4.10	Digital Health	118
4.11	Medicine Availability & Logistics	120
4.12	Laboratory & Diagnostic Facilities	120
4.13	Financial Expenditure	121
4.14	IEC Activities	122
CHAPTER 5 National Ayush Mission Supports and Services		127
5.1	Introduction	127
5.2	Administration	134
5.3	Human Resources Profile	136
5.4	Ayush Services- Supply of Essential Drugs	138
5.5	Ayush Services- Health Infrastructure Development	139

5.6	Ayush Services- Programmes & Projects	
	Ayush Public Health Programmes	140
5.7	Ayush Services- Programmes & Projects- Flexipool Projects	151
5.8	Ayush Services- Ayush Gram	178
5.9	Quality-Related Activities	180
5.10	Ayushman Arogya Mandir -Ayush	183
5.11	IT Initiatives	183
CHAPTER 6	Directorate of Ayurvedic Medical Education	
	Government Ayurveda College Thiruvananthapuram	191
6.1	Overview	192
6.2	Academics overview	195
6.3	Health facilities	197
6.4	Human Resource Profile	202
6.5	Health Infrastructure Development and fund utilization	203
6.6	Hospital Development Committee Details	205
6.7	Research Initiatives and Achievements	205
6.8	Photo Gallery	213
CHAPTER 7	Homoeopathy Medical Education	214
7.1	Government Homoeopathic Medical College, Thiruvananthapuram	216
7.2	Shree Vidhadhiraja Homoeopathic Medical College, Nemom	230
	ANNEXURES	
1.	Details of the Department of Indian Systems of Medicine	
2.	Details of the Department of Homoeopathy	
3.	NAM Details	
4.	Government Ayurveda College, Thiruvananthapuram	
5.	Photo Gallery	

INTRODUCTION

The District AYUSH Profile has been developed to provide a comprehensive overview of the AYUSH sector within the district, covering all aspects related to the Department of Indian Systems of Medicine (ISM), Department of Homoeopathy, National AYUSH Mission (NAM) initiatives, and AYUSH educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

This document serves as an authentic reference source reflecting the overall status of AYUSH healthcare and education in the district. It consolidates detailed information on infrastructure, human resources, healthcare facilities, educational institutions, and various programmes and schemes implemented through the ISM and Department of Homoeopathy, including activities undertaken under different components of NAM.

Structured in a systematic format, the District AYUSH Profile compiles data and analytical insights through tables, charts, and concise narratives for clarity and ease of understanding. It is intended to support evidence-based planning, programme evaluation, and strategic strengthening of AYUSH healthcare and educational systems at the district level, while identifying existing gaps and priorities for future interventions.

The preparation of this document reflects a commitment to systematic documentation and the continuous strengthening of AYUSH health and educational systems. It is envisaged that this District AYUSH Profile will serve as a valuable resource for administrators, planners, academicians, and stakeholders engaged in the promotion, integration, and advancement of AYUSH systems in the district.

CHAPTER 1
THIRUVANANTHAPURAM DISTRICT - AN OVERVIEW

1.1 Introduction

Thiruvananthapuram, formerly known as Trivandrum, is the vibrant capital of Kerala, nestled at India's southwestern tip. Bordered by the Arabian Sea to the west and Tamil Nadu to the east, this cosmopolitan city is Kerala's largest and most populous. Historically the capital of the princely state of Travancore under Marthanda Varma, Thiruvananthapuram emerged as a hub of intellectual and artistic excellence. Mahatma Gandhi famously called it the "Evergreen City of India" for its lush, low-lying coastal hills and bustling commercial corridors. Spanning 250 square kilometres, with an average elevation of 16 feet above sea level, the city is cradled by the Karamana and Killi rivers. Beyond its role as Kerala's political and administrative nerve centre, hosting numerous government offices, private enterprises, and prestigious institutions like Kerala University, Thiruvananthapuram is a beacon of social progress.



Map 1.1: District Map

The city's health landscape is a cornerstone of its social development, reflecting a commitment to equitable access to healthcare, particularly for underprivileged communities. Thiruvananthapuram's robust health status is driven by widespread access to medical facilities, high literacy rates, a well-functioning public distribution system, and strong worker protections fostered by active labour organizations. These factors, combined with the city's embrace of both modern medicine and traditional practices like Ayurveda, Siddha, Homoeopathy etc have positioned Thiruvananthapuram as a model for comprehensive healthcare, ensuring the well-being of its diverse population.

Thiruvananthapuram district is a major centre for AYUSH healthcare in Kerala, supported by a wide network of Ayurveda, Homoeopathy, Yoga and Naturopathy institutions. The Government Ayurveda College, Thiruvananthapuram, one of the oldest and most reputed Ayurveda colleges in the country, serves as a major referral centre offering both clinical and academic excellence. The Government Homoeopathy Medical College provides specialised homoeopathic treatment and contributes to education and research in the field.

The district also houses premier institutions such as the Regional Ayurveda Research Institute and National Research Institute for Panchakarma, which offer specialised and evidence-based AYUSH healthcare services to patients from across Kerala and neighbouring states.

In addition, the District Ayurveda Hospital, Thiruvananthapuram delivers multi-specialty Ayurveda care, including Panchakarma, Prasuti Tantra and Shalya Tantra. At the district and taluk levels, Ayurveda Dispensaries and Homoeopathy Hospitals provide essential primary and preventive healthcare, focusing on community wellness, lifestyle management, and disease prevention through traditional systems of medicine.

Together, these institutions make Thiruvananthapuram a leading hub for AYUSH healthcare, offering a full spectrum of services—from preventive and promotive care to specialised and therapeutic treatments—benefiting not only the people of Kerala but also patients from neighbouring regions.

Table 1.1: Health Indicators

Health Indicators (2011 Census)	
Population	33.01 Lakhs
Actual Population	33,01,427
Male	15,81,678
Female	17,19,749
Population Growth	2.07%
Area Sq. Km	2,189
Density/km ²	1,508
Proportion to Kerala Population	9.88%
Sex Ratio (Per 1000)	1087
Child Sex Ratio (0-6 Age)	964
Average Literacy	93.02
Male Literacy	95.06
Female Literacy	91.17
Urban & Rural Population	1,771,596 – Urban
	1,529,831- Rural

Source: Census data

1.2 The People and Population

According to the 2011 census Thiruvananthapuram district has a population of 3,301,427. This gives it a ranking of 103rd in India out of a total of 640 districts. The district has a population density of 1,509 inhabitants per square kilometers (3,910/sq mi). population growth rate over the decade 2001–2011 was 2.25%. Thiruvananthapuram has a sex ratio of 1088 females for every 1000 males, and a literacy rate of 92.66%. 53.66% of the population lives in urban areas. Scheduled Castes and Scheduled Tribes make up 11.30% and 0.81% of the population, respectively.

Table 1.2 Population category wise

Category	Population
Male	15,81,678
Female	17,19,749
Under 5 Children	262118
Population above 30	18,09,262
Elderly Population	429431

Source: Census data

1.3 Thiruvananthapuram - Health Overview

Thiruvananthapuram district has a highly developed and comprehensive healthcare system, serving as a major medical and public health hub in Kerala. The district's health infrastructure includes government medical colleges and tertiary care hospitals, district and taluk hospitals, community health centres, primary health centres, and a wide network of private hospitals and specialised healthcare institutions, ensuring extensive coverage across urban and rural areas. Allopathic medicine forms the core of clinical services, providing advanced care in maternal and child health, communicable and non-communicable diseases, trauma care, specialised surgeries, and emergency medical services. Complementing

modern medical practices, Traditional healthcare systems under AYUSH—including Ayurveda, Homoeopathy, Siddha, Unani, and Yoga & Naturopathy—play a significant role in promoting holistic health, preventive care, and long-term management of chronic diseases. The district places strong emphasis on public health initiatives such as universal immunisation, disease surveillance, maternal and child health programmes, and community outreach activities, contributing to consistently high health indicators. As the state capital with a strong ecosystem of medical education, research institutions, and wellness centres, Thiruvananthapuram stands out as a leading centre for integrated and advanced healthcare services in Kerala.

1.4 AYUSH- Role in enhancing public health outcomes

The AYUSH sector plays a significant and expanding role in Thiruvananthapuram’s district health framework. The Indian Systems of Medicine (ISM) Department, particularly Ayurveda, has a strong institutional presence in the district through hospitals, dispensaries, and speciality clinics. These institutions focus on promotive and preventive healthcare, management of lifestyle diseases, musculoskeletal disorders, geriatric care, women’s health, and postnatal care. The long-standing cultural acceptance of Ayurveda in the district enhances community participation in wellness-oriented interventions.

The Department of Homoeopathy contributes meaningfully to the public healthcare system by providing cost-effective, patient-centred care for a wide range of health conditions. It plays a significant role in the management of Acute And Chronic illnesses such as respiratory disorders, allergies, skin diseases, psychosomatic illnesses ensuring individualized treatment and follow-up. The Department actively contributes to preventive healthcare and control of communicable and Non communicable diseases through early intervention, prophylactic measures during outbreaks, immune-supportive therapies, and public health initiatives implemented in coordination with national and state health programmes.

The implementation of the National AYUSH Mission (NAM) has further strengthened AYUSH services in Thiruvananthapuram through infrastructure development, availability of essential medicines, deployment of trained human resources, and the introduction of speciality clinics and wellness programmes. NAM-supported initiatives, including lifestyle

disease clinics, geriatric care services, school health programmes, yoga and wellness activities, and community awareness campaigns, promote integrative healthcare and preventive health practices in alignment with national and state health priorities.

In summary, Thiruvananthapuram stands out as a district where advanced medical care, strong public health systems, and traditional healthcare practices coexist in a complementary and integrative manner. The combined contributions of modern medicine and the AYUSH system reinforce the district's commitment to holistic health, social equity, and sustainable human development, making it a leading healthcare destination in Kerala and beyond.

1.5 Key Achievements in AYUSH Healthcare Development

The Government of Kerala has undertaken significant measures to strengthen The Indian Systems of Medicine as part of its recent achievements. As part of this initiative, 82 Medical Officer posts and 162 paramedical staff positions, including 8 temporary posts have been sanctioned to enhance service delivery and human resource capacity across ISM institutions. Further reinforcing secondary-level care, two Government Ayurveda Dispensaries have been upgraded to 10-bedded hospitals, namely Government Ayurveda Hospital, Moozhur in Kottayam district and Government Ayurveda Hospital, Pinarayi in Kannur district. These interventions reflect the State Government's commitment to improving infrastructure, expanding access to quality traditional healthcare, and ensuring better patient care through strengthened manpower and upgraded facilities.

Under the Homoeopathy Department, the Government of Kerala has achieved significant milestones in expanding access to public homoeopathic healthcare and strengthening institutional capacity. A total of 50 new homoeopathy facilities have been established across the State, ensuring that all Panchayats in Kerala are now covered with homoeopathy services, thereby achieving universal grassroots-level access. To support service expansion and improve care delivery, 50 new Medical Officer posts have been sanctioned. In line with the Government's vision to promote scientific validation and academic advancement in homoeopathy, the Department has also initiated structured research activities through Project HEART (Homoeopathy Evidence-based Advanced Research and Training). Further

reinforcing research governance and ethical standards, a Scientific Advisory Board (SAB) and an Institutional Ethics Committee have been constituted under the Department. These initiatives collectively highlight the State's commitment to evidence-based practice, capacity building, and comprehensive healthcare delivery through homoeopathy.

National AYUSH Mission is the Centrally Sponsored Scheme under The Ministry of AYUSH. Government of India has launched National AYUSH Mission (NAM) during 12th Plan in 2014. In Kerala, the Mission has been operational since 2015. The primary objective of the National AYUSH Mission is to promote and mainstream traditional systems of medicine—Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy—within the public health delivery system. In Kerala, the Mission's activities are implemented through the State AYUSH Health Society at the State level and District AYUSH Health Societies at the district level. The Mission focuses on infrastructure development, human resource strengthening, ensuring adequate staffing in AYUSH hospitals, implementing projects in tribal areas, and establishing Ayushman Bharat AYUSH Health and Wellness Centres (Ayushman Arogya Mandirs - AYUSH). Out of the total budget, 75% is earmarked for the AYUSH Services, AYUSH Educational institutions and AYUSH Health & Wellness Centre components, and 25% for the Flexipool component.

AYUSH Services Component

a) Infrastructure Development:

Under the Upgradation of AYUSH Hospitals and Dispensaries scheme, NAM is facilitating the renovation and upgradation of AYUSH educational institutions, hospitals, and dispensaries under the Department of AYUSH.

b) Construction of Integrated AYUSH Hospitals:

Under this component, new integrated hospitals are being established. So far, approval has been granted for the construction of five 50-bedded, four 30-bedded, and one 10-bedded Integrated AYUSH Hospitals.

c) Provision of additional human resources to AYUSH institutions.

d) Supply of hospital equipment to AYUSH healthcare facilities.

e) Supply of essential AYUSH medicines to healthcare institutions.

f) Allocation of contingency funds to address urgent institutional needs.

g) Implementation of seven AYUSH Public Health Programmes across the State. 238 units of programmes have been approved and are being implemented.

AYUSH Health and Wellness Centres (Ayushman Arogyamandirs - AYUSH)

These centres aim to deliver comprehensive primary healthcare through AYUSH systems, emphasizing disease prevention, health promotion, and Yoga-based lifestyle interventions. Each AYUSH HWC functions with an AYUSH Community Health Officer, Yoga Instructor, GNM-qualified Multi-Purpose Health Worker, and five ASHA workers. At present, 700 AYUSH dispensaries (420 ISM and 280 Homoeopathy) across Kerala have been upgraded to AYUSH Health and Wellness Centres.

Flexipool Component

Under the Flexipool component, **36 AYUSH public health programmes** are being implemented across the State to strengthen community-level AYUSH health promotion and wellness initiatives.

Quality improvement of AYUSH Institutions

To improve the service quality and infrastructure of AYUSH hospitals and AYUSH Health & Wellness Centres, NAM is implementing NABH accreditation, Kayakalp and quality assurance programmes.

- In the first two phases, 250 AYUSH HWCs have already received NABH accreditation. An additional 250 centres have been selected for the third phase, and the process is progressing.
- Implemented AYUSH KAYAKALP award for AYUSH institutions. 132 institutions received AYUSH Kayakalp award.

Training and Capacity Building

Continuous capacity building and skill enhancement of AYUSH personnel form a key component of the Mission. Training is provided on clinical and technical subjects through both offline and online modes.

A Learning Management System (LMS) has been developed to facilitate online training, with eight AYUSH-based courses already available, covering Ayurveda, Homoeopathy, Yoga, and Naturopathy.

The establishment of the National Institute of Training in AYUSH (NITIA) is underway to provide national and international level training and capacity-building programmes for AYUSH professionals.

AYUSH Gram Programme

The AYUSH Gram initiative, implemented at the Block level, aims to combat lifestyle and non-communicable diseases through Yoga sessions and health awareness activities led by trained Yoga instructors and AYUSH medical officers. The programme is currently being implemented in 16 blocks across the State.

IT Projects initiated

With the support of Kerala Startup Mission & KELTRON, following software applications were developed for AYUSH Sector in the State -

- a) AYUSH Procurement software
- b) Learning Management Software
- c) ERP software for real time monitoring civil works
- d) Payroll and Attendance Management system for NAM
- e) AYUSH payment management software

E-Sanjeevani – Telemedicine

Telemedicine services have been introduced in the AYUSH sector through the E-Sanjeevani platform. Two consultation hubs—one for Ayurveda and another for Homoeopathy—have already become operational. The State Telemedicine Hub is nearing completion.

AYUSH Yoga Clubs

10,000 Ayush Yoga Clubs have been established under the aegis of Ayushman Arogya Mandhir- AYUSH. AYUSH Yoga Club locator app has also been developed to monitor and locate the yoga clubs.

CHAPTER 2

OVERVIEW OF AYUSH SERVICES

2.1 Overview of AYUSH Services in Thiruvananthapuram District

The AYUSH system of healthcare in Thiruvananthapuram district forms an integral part of the public health delivery network, providing accessible and holistic medical care to the community through Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy streams. The district has a well-structured service delivery framework that includes hospitals, dispensaries, specialty centres, wellness facilities, educational institutions, and outreach health programmes. AYUSH services complement the mainstream healthcare system by focusing on preventive, promotive, curative, rehabilitative and palliative care with an emphasis on wellness and lifestyle modification.

2.2 History and Evolution of AYUSH Services in the District

Thiruvananthapuram has historically been a centre of traditional healthcare in Kerala. Ayurveda and Homoeopathy services became formally organised under the State Government over the decades, gradually expanding into a structured district-level health system. Over time, AYUSH institutions in the district have evolved from standalone treatment units into a comprehensive service delivery network offering inpatient care, specialty clinics, public health initiatives, school and elderly health programmes, pain and lifestyle disorder clinics, and palliative care support. The evolution reflects a steady strengthening of infrastructure, manpower, training, and integration with National AYUSH and public health missions.

2.3 Administration and Governance Structure

The AYUSH services in Thiruvananthapuram district are governed under the Department of AYUSH, Government of Kerala, functioning in coordination with the Directorate of Ayurveda Medical Education, Directorate of Indian Systems of Medicine, Directorate of Homoeopathy and Central AYUSH authorities wherever applicable. Administrative leadership is provided through district-level officers responsible for planning, service delivery, monitoring, staff deployment, programme implementation and financial management.

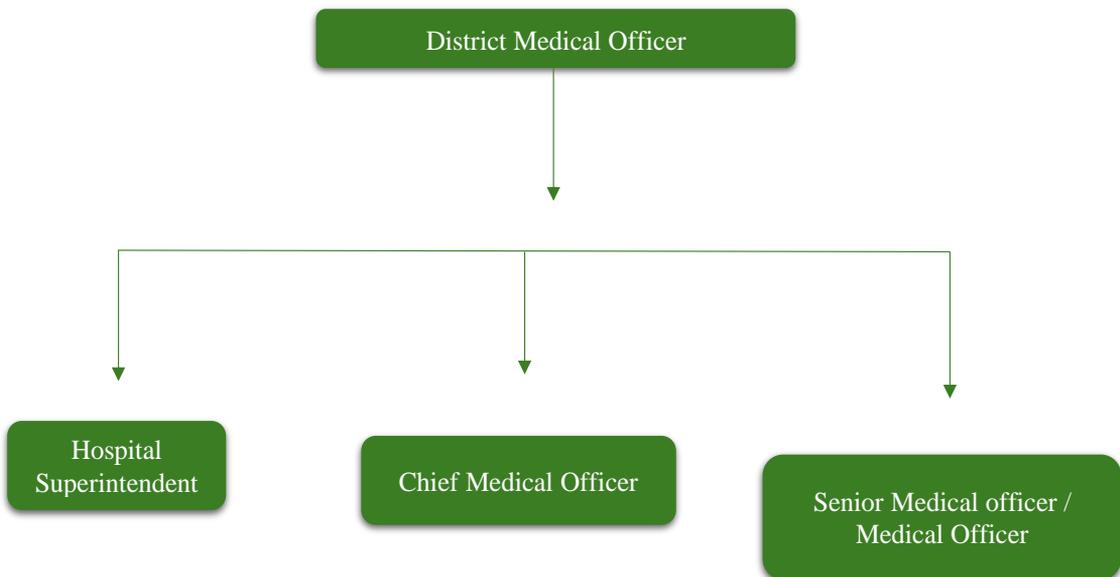
Key functions of the district administration include:

- Coordinating AYUSH hospitals, dispensaries and wellness centres

- Ensuring staffing, infrastructure and medicine supply
- Implementing National AYUSH Mission programmes
- Overseeing public health and outreach activities
- Monitoring financial utilisation and performance

2.4 Organogram - District Level Administrative Structure

At the district level, the administrative structure typically consists of:



2.5 Infrastructure Profile of the District

Thiruvananthapuram (Trivandrum) district has a comprehensive AYUSH healthcare network with a total of 214 institutions, comprising 114 ISM and 100 Homoeopathy units. The infrastructure includes 2 District Hospital units, 17 Government Hospitals, 77 Government Dispensaries, 56 Ayushman Arogya Mandirs, and 56 Ayush Primary Health Centres, ensuring strong primary and secondary care coverage. The presence of IAMU and GATD institutions, along with two Homoeopathy Medical Colleges and one Ayurveda Medical College, further strengthens tertiary care, academic, and specialized services. This extensive

and balanced institutional distribution highlights the district's capacity to deliver accessible and integrated AYUSH healthcare services across urban and rural areas.



Figure 2.5: Details of Facilities

2.6 Health Facilities in Urban and Rural Areas

Thiruvananthapuram district has a total of 214 AYUSH institutions, with 168 located in rural areas and 46 in urban areas, indicating a strong rural outreach. The network comprises 114 ISM and 100 Homoeopathy facilities, including District Hospitals, other Government Hospitals, 106 Government Dispensaries and Ayushman Arogya Mandirs, 49 Ayush Primary Health Centres, IAMU, GATDs, and three Medical Colleges. The predominance of dispensaries and PHCs in rural areas highlights the district's emphasis on accessible primary and secondary AYUSH healthcare services across urban and rural populations.

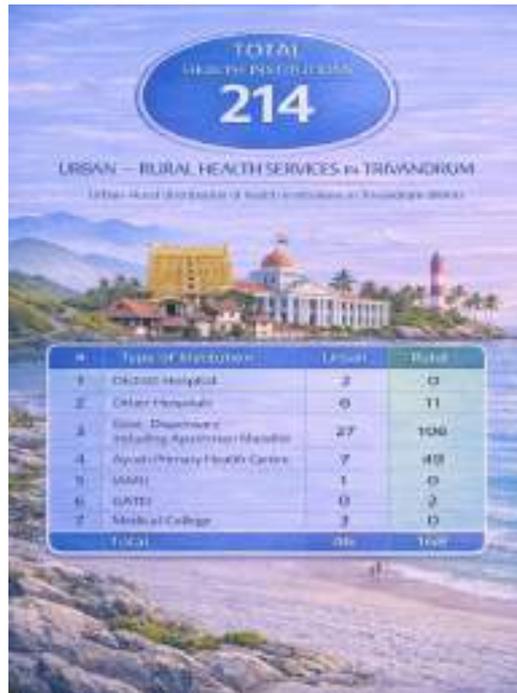


Figure 2.6: Total AYUSH facilities in Urban and Rural Areas

2.7 Hospital Details based on Bed Strength

Thiruvananthapuram district has a total of 19 AYUSH Government hospitals with an overall bed strength of 500, comprising 15 ISM hospitals with 315 beds and 4 Homoeopathy hospitals with 185 beds. The infrastructure includes hospitals ranging from 10 to 100 bed strength, with major capacities in 10, 20, 25, 30, 35, 50 and 100 bedded categories, ensuring adequate secondary-level inpatient care under both systems. The availability of graded bed strength reflects a well-developed and diversified inpatient care network to support comprehensive AYUSH healthcare services in the district.



Figure 2.7: Bed Strength in Hospitals under ISM & Department of Homoeopathy

2.7.2 Bed strength in Medical College Hospital

Thiruvananthapuram district has a strong tertiary care infrastructure under AYUSH with three collegiate hospitals, comprising one Ayurveda Collegiate Hospital with 600 beds and two Homoeopathy Collegiate Hospitals with a total of 137 beds, providing advanced clinical services, teaching, and referral support.

Table 2.7.2: Bed Strength in Hospitals under DAME & HME

Sl no	Stream	Number of Collegiate Hospital	Number of Beds
1	Ayurveda	1	600
2	Homoeopathy	2	137

2.8 Human resource Profile

2.8.1 HR under ISM & DH

Thiruvananthapuram district has a strong AYUSH medical workforce with a total of 325 sanctioned posts under ISM and Homoeopathy. This includes 201 regular posts and 124

posts under NHM and NAM, covering administrative leadership, hospital superintendents, chief medical officers, medical officers, specialists, and resident medical officers. ISM accounts for 185 posts and Homoeopathy for 140 posts, ensuring adequate clinical, specialist and managerial capacity to support comprehensive AYUSH service delivery across primary, secondary and tertiary care levels.

2.8.1.1 Availability of Medical Professionals

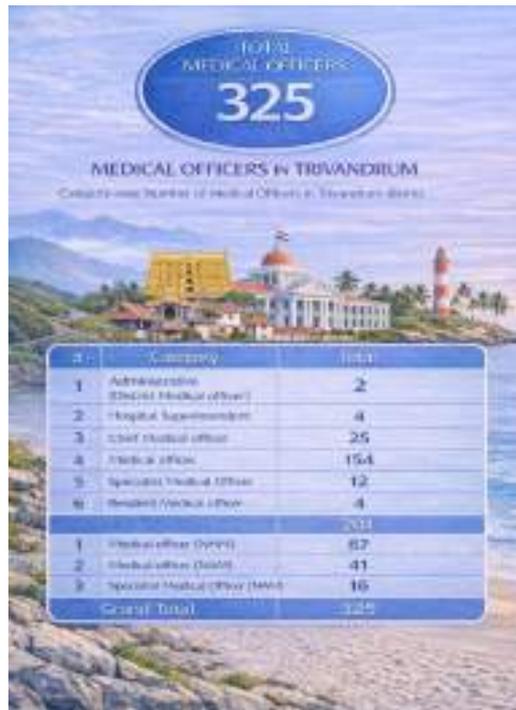


Figure 2.8.1.1: Medical Professionals under ISM & DH

2.8.1.2 Availability of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

Thiruvananthapuram district has a strong support workforce under ISM and Homoeopathy with a total of 644 sanctioned posts, comprising 431 paramedical, 44 administrative and ministerial, and 169 other supporting staff. This well-balanced staffing pattern ensures effective clinical support, efficient administration, and smooth functioning of AYUSH institutions across the district.

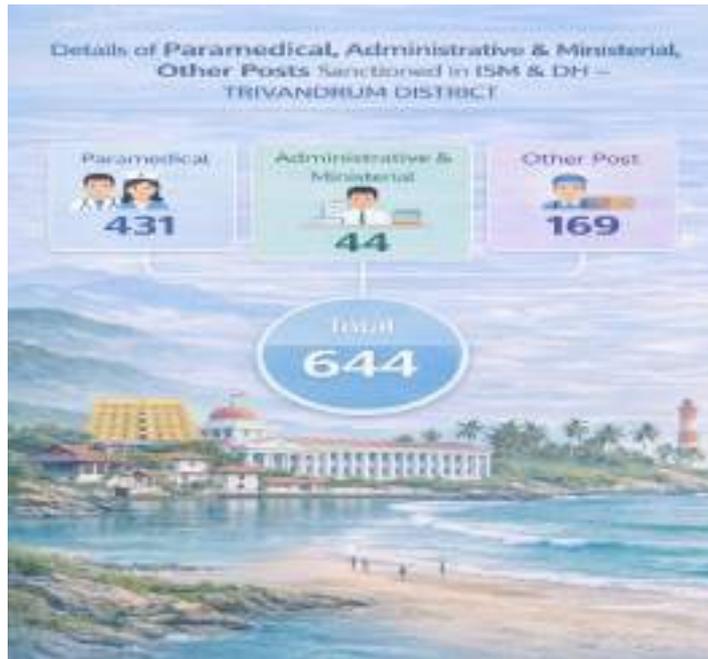


Figure 2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

2.8.2 HR under DAME & DHME

Thiruvananthapuram district has a total of 273 personnel engaged in AYUSH medical education institutions, comprising 18 Medical Officers, 164 Teaching Staff, and 91 Other Staff under ISM and Homoeopathy. This workforce supports clinical services, academic training, and institutional functioning, strengthening tertiary-level AYUSH healthcare and education in the district.



Figure 2.8.2: Human Resource under DAME & HME

2.9 Beneficiary Details

2.9.1 Beneficiary details under hospitals in ISM & DH

In Thiruvananthapuram district, hospital-level AYUSH services record average monthly OPD of 2,806 and 55 inpatients under ISM, and 5,448 outpatients and 57 inpatients under Homoeopathy, reflecting substantial use of both outpatient and inpatient services.



Table 2.9.1.1 Hospital beneficiary details

2.9.2 Beneficiary details under Dispensaries

In Thiruvananthapuram district, dispensary-level AYUSH facilities record an average monthly OPD of 1,253 in ISM and 747 in Homoeopathy, indicating steady utilisation of outpatient services at the primary care level.



Figure 2.9.2 Dispensary beneficiary details

2.9.3 APHC beneficiary details

In Thiruvananthapuram district, AYUSH Primary Health Centres record an average monthly OPD of 1,628 in ISM and 1,001 in Homoeopathy, reflecting steady utilisation of primary-level AYUSH outpatient services.



Figure 2.9.3 APHC beneficiary details

2.9.4 Beneficiary details under DAME & HME

In Thiruvananthapuram district, the tertiary care institutions under DAME and DHME record a combined average monthly utilisation of 28,536 outpatients and 1,430 inpatients, indicating substantial service delivery through advanced AYUSH and Homoeopathy medical education hospitals.

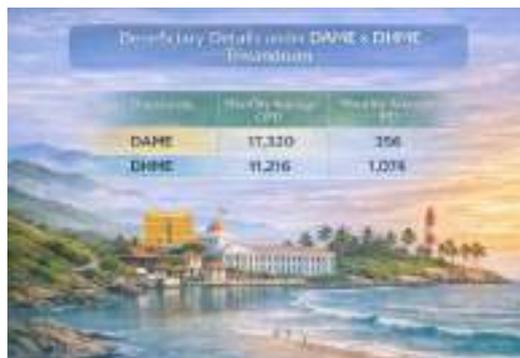


Figure 2.9.4 Beneficiary details under DAME & DHME

2.10 Public Health Programmes

2.10.1: Projects in Indian System of Medicine Department

- **Jeevani** – An Ayurvedic diabetes-care programme focusing on holistic management through medicine, yoga, diet, and counselling.

- **Punarnava** – Provides Ayurvedic rehabilitation for post-stroke patients to improve recovery and quality of life.
- **Research Cell for Indian Systems of Sports Ayurveda** – Applies Ayurveda in sports medicine for injury prevention, treatment, and performance enhancement.
- **Snehadhara** – A statewide Ayurvedic palliative care programme offering home-based support for bedridden and terminally ill patients.
- **Geriatric Care Project** – Delivers comprehensive Ayurvedic care to improve the physical and emotional well-being of elderly patients.
- **Koumarabhrithya** – Offers Ayurvedic paediatric care for infections, nutritional issues, developmental problems, and post-COVID complications.
- **Prasoothithanthra** – Provides Ayurvedic gynaecology and obstetric services supporting women’s reproductive and maternal health.
- **Ksharasutra** – Specialised Ayurvedic treatment programme for piles, fissures, and fistulas with high success and low recurrence.
- **Nature Cure Hospital & Yoga Units** – Promotes drug-free lifestyle modification using yoga, naturopathy, diet, and holistic therapies.
- **Snehadhara-Disrict Panchayath Project for Autism Spectrum Disorder care.**

2.10.2: Projects in the Department of Homoeopathy

- **Seethalayam** – A women-focused homeopathy project providing treatment and counselling, especially for domestic-violence-affected and emotionally distressed women.
- **Punarjani** – A de-addiction project offering homeopathic treatment and counselling for alcohol, drug, and tobacco dependence.
- **Janani** – An infertility care project providing holistic homeopathic management for male and female infertility with supportive diagnostics.

- **Sadgamaya** – A child and adolescent wellness project addressing behavioural, emotional, learning, and developmental challenges.
- **Ayushmanbhava** – A lifestyle-disease programme providing homeopathy-based care, counselling, and yoga support for NCD management.
- **Rapid Action Epidemic Control Cell Homoeopathy (RAECH)**- Implementing preventive measures, strengthening early detection and treatment, training doctors, and supporting public health responses to communicable diseases across the state.
- **Geriatric Care** – A specialised homeopathy service aimed at improving the health and quality of life of elderly patients.
- **Palliative Care** – A comprehensive home-based and institutional palliative service for bedridden, terminally ill, and chronic-disease patients.
- **Endocrine Disorder Clinic (District-Specific Initiative)** – A focused thyroid disorder management clinic operating weekly at the district hospital.
- **Local Body-Supported Health Projects** – Additional community-based health initiatives funded by LSGIs, targeting thyroid care, elderly care, adolescent health, disability care, stroke care, women’s yoga, and anganwadi child-health services.
- **Peripheral OPs** of GHD Chirayinkeezhu & GHH Karakulam.

2.10.3: Projects in National Ayush Mission

- **National Programme for Prevention & Management of Osteoarthritis & Musculoskeletal Disorders** - AYUSH-based screening, treatment, lifestyle modification and rehabilitation services for osteoarthritis and other MSDs through HWCs and AYUSH institutions.
- **VAYO MITRA – AYUSH Geriatric Healthcare Services** - Promotes healthy ageing and provides preventive, promotive and therapeutic AYUSH care for senior citizens through community and clinic-based services.

- **AYURVIDYA - Healthy Lifestyle Promotion for School Children** - Creates awareness among school children on hygiene, nutrition, yoga, medicinal plants and AYUSH-based healthy living practices.
- **AYUSH Mobile Medical Unit (AMMU)** - Provides doorstep AYUSH healthcare, screening and IEC services to underserved and tribal populations in remote and inaccessible areas.
- **KARUNYA - AYUSH Palliative Services** - Delivers compassionate, holistic palliative and supportive care for patients with chronic and life-limiting illnesses through AYUSH interventions and home-based care.
- **SUPRAJA - AYUSH Maternal & Neonatal Healthcare** - Ensures holistic antenatal and postnatal care using AYUSH regimens, yoga, nutrition counselling and neonatal support to improve maternal-child outcomes.
- **Allergy & Asthma Special Clinic (Homoeopathy)** - Provides comprehensive Homoeopathic care for allergy, asthma and chronic respiratory diseases through OP/IP services and community outreach.
- **Ayurkarma** - Integrates Panchakarma therapies into rural Government Ayurveda Dispensaries to ensure affordable access to specialised Ayurvedic procedures.
- **Mental Health Specialty Clinics in AYUSH** - Offers Ayurveda and Homoeopathy-based mental health care for depression, anxiety, behavioural problems and women- and child-specific psychological needs.
- **AYUSH Infertility Clinics** - Provides holistic infertility management for men and women using Ayurveda, along with counselling and lifestyle guidance.
- **Drishti - AYUSH Eye Care Programme** - Focuses on early detection and non-surgical management of eye diseases while preventing visual disorders through screening and affordable treatment.
- **Integrated AYUSH Medical Unit (IAMU)** - Delivers coordinated multi-system AYUSH healthcare services under one roof to manage chronic and lifestyle disorders.

- **Magalir Jyothi – Siddha Women’s Health Programme** - Strengthens women’s health and awareness using Siddha-based preventive, promotive and therapeutic interventions at community level.
- **Physiotherapy Units in Government AYUSH Hospitals** - Establishes physiotherapy services in AYUSH hospitals to support rehabilitation and chronic disease care.
- **Sports Ayurveda Project** - Provides Ayurveda-based injury prevention, treatment and performance enhancement support for athletes.
- **MPHW Support for Ayushman Arogya Mandirs** - Deploys trained Multi-Purpose Health Workers to strengthen AYUSH primary care, outreach, NCD care and public health services.
- **Arunima – Anaemia Eradication through Ayurveda** - Implements Ayurvedic screening, counselling and treatment programmes to reduce nutritional anaemia, especially among vulnerable populations.
- **AYUSH Telemedicine – Strengthening & Expansion** - Expands AYUSH teleconsultation services through the e-Sanjeevani platform with State-level telemedicine hubs.
- **Homoeopathy Thyroid Special Clinic** - Provides community-based screening and holistic Homoeopathic management of thyroid disorders with special focus on women.
- **Training & Capacity Building for AYUSH HR** -Enhances skills and service quality of AYUSH professionals through structured clinical, administrative and digital health training.
- **Yoga Wellness Centres** - Promotes Yoga and Naturopathy-based lifestyle modification and NCD prevention through dedicated wellness centres.
- **NCD Management through AYUSH** - Provides integrated AYUSH-based prevention, screening and management of major non-communicable diseases across the State.

- **National Institute of Training in AYUSH (NITIA)** - Establishes a premier AYUSH training and capacity-building institute to strengthen professional competency and research.
- **Siddha Therapy Units** - Provides specialised Siddha Varma and external therapies for neuromuscular and musculoskeletal conditions within the public health system.
- **IEC Activities & Public Awareness Initiatives** - Strengthens public awareness on AYUSH facilities, programmes and achievements through newsletters, campaigns and participation in events.
- **AYUSH Gram** - Promotes AYUSH-based lifestyle, herbal awareness, yoga and preventive healthcare practices at the village level through community-based initiatives.

2.11 Standardisation of Institutions

In Thiruvananthapuram district, 20 AYUSH institutions have obtained NABH Entry Level Certification, comprising 13 under ISM and 7 under Homoeopathy, and 56 facilities are functioning as Ayushman Arogya Mandirs-A, reflecting progress in standardisation and quality assurance of AYUSH healthcare services.



Figure 2.11: Standardisation of Institution

2.12 Digital Health

- ISM-eHospital – A digital hospital management system currently implemented in 21 AYUSH institutions for streamlining patient care, records, and hospital services.
- AHIMS (Ayush Hospital Information Management System) – A comprehensive AYUSH health-data and service-delivery platform implemented in 75 institutions to support digital health transformation.



Figure 2.12: Digital health

2.13 Laboratory & Diagnostic Facilities

Thiruvananthapuram district has 19 AYUSH laboratory facilities, with 15 under ISM and 4 under Homoeopathy, supporting diagnostic services and strengthening the quality of clinical care.



Figure 2.13: Details of Laboratory facilities

2.14 Financial Expenditure

The financial performance of AYUSH programmes in Thiruvananthapuram district during 2023–24 and 2024–25 reflects efficient fund utilisation under both ISM and Homoeopathy. ISM recorded near-complete utilisation in both years, with expenditures of ₹134.63 lakhs and ₹56.20 lakhs against full releases. Homoeopathy also demonstrated effective financial management, with expenditures closely matching released amounts in both years. Overall, the high level of utilisation indicates timely implementation of programmes and sound financial discipline in strengthening AYUSH services in the district.



Figure 2.14: Financial Expenditure

CHAPTER 3
DEPARTMENT OF INDIAN SYSTEMS OF MEDICINE
FACILITIES & SERVICES

3.1 Introduction

Thiruvananthapuram, the southernmost district of Kerala, serves as the state capital and is a vital administrative, cultural, and economic hub. Covering an area of approximately 2,192 square kilometres, the district is home to a diverse population with a mix of urban, semi-urban, and rural settlements, reflecting varied healthcare needs. The district exhibits unique health characteristics, including a rising prevalence of lifestyle-related diseases such as diabetes, hypertension, and cardiovascular disorders, alongside a substantial elderly population requiring geriatric care. Traditional and integrative healthcare practices, including Ayurveda, Siddha, and Yoga, play a significant role in preventive and curative health management within the district. Thiruvananthapuram's topography, which includes coastal regions, midlands, and forested highlands, exposes it to potential natural disaster risks such as flooding, coastal erosion, and landslides during monsoon periods, necessitating preparedness in both conventional and traditional healthcare delivery. The district is well-equipped with a network of government and AYUSH health institutions, enabling the Indian Systems of Medicine (ISM) Department to implement specialized health programs, preventive initiatives, and community outreach effectively. This profile underscores the strategic importance of Thiruvananthapuram in supporting Kerala's vision of integrated and resilient healthcare through the promotion of Indian Systems of Medicine.

In Thiruvananthapuram district, the ISM Department administers and manages these systems within the public sector. The services are delivered through government Ayurveda and Siddha dispensaries and hospitals, as well as through Yoga & Naturopathy units, all aimed at offering holistic healthcare based on traditional principles.

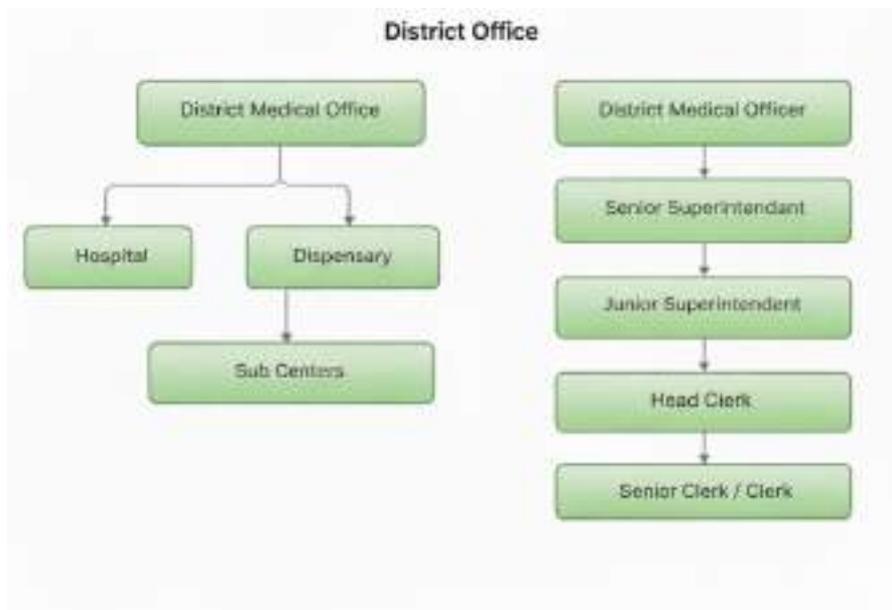
Directorate of Indian Systems of Medicine in Thiruvananthapuram is the state-level headquarters of the Department of Indian Systems of Medicine under Kerala's AYUSH (Ayurveda, Yoga & Naturopathy, Unani, Siddha) system. This department functions as part of the Kerala AYUSH Department, which is responsible for promoting, administering and coordinating traditional health systems—including Ayurveda—within public healthcare in the state. The Directorate in Thiruvananthapuram coordinates administration, policy implementation, and service delivery for Ayurveda along with other Indian systems of medicine, aiming to provide comprehensive and cost-effective public health care rooted in

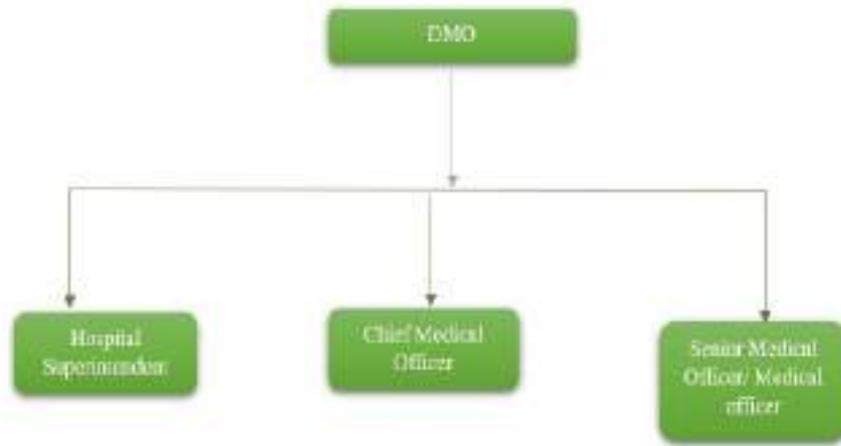
traditional practices.

3.2 Administration

The ISM Department delivers comprehensive Ayurveda services as part of the public healthcare system, focusing on preventive, promotive and curative care through a network of government hospitals and dispensaries throughout Kerala, including Thiruvananthapuram district. The District Medical Officer (DMO) of Thiruvananthapuram is responsible for administering ISM -related health services (Ayurveda, Yoga, and Siddha (AYUSH) facilities) in the district. It oversees the functioning of ISM hospitals, dispensaries and wellness centres, ensuring the delivery of quality healthcare based on traditional system of medicine. The ISM Department administers multiple Government ISM Hospitals and Dispensaries in Thiruvananthapuram district. These facilities provide general consultations, chronic disease management, and traditional medicine treatments. The services include both out-patient (OP) and in-patient (IP) treatments for various health conditions using authentic Ayurvedic principles. Apart from Ayurveda Hospitals the district also houses a dedicated Siddha hospital and a Yoga and Naturopathy hospital.

3.2.1 District Administration of the Department





3.2.2 District Medical Office Profile

Table No: 3.2.2: District Medical office Profile

Post	Office Address	Office Number	Mail id
District Medical officer	District Medical Office Indian System of Medicine Arogya Bhavan Building 3rd Floor MG Road, Thiruvananthapuram Pin- 695001	0471 2320988	dmoismtvm@gmail.com

Source: District data

3.2.3 Structure of DMO office

Table No: 3.2.3: Structure of DMO office

Sl no	Post	Number
1	District Medical Officer	1
2	Senior Superintendent	1
3	Junior Superintendent	1
4	Head Clerk	1
5	Senior Clerk/Clerk	9
6	UD Typist	1
7	Clerk Cum Typist	1
8	Office Attendant	2
9	Driver	1
10	Part Time Sweeper	1

Source: District data

3.3 Infrastructure Profile of the District

The district has a wide network of AYUSH Facilities, comprising 15 Hospitals, 66 Dispensaries 29 NHM Dispensaries and 2 Tribal dispensaries. It provide quality treatment to patients.It comprosies of one District Ayurveda Hospital at Varkala, 12 Government Ayurveda Hospitals , 1 Government Siddha Hospital at Vallakkadavu, 1 Government Yoga and Nature Cure Hospital at Varkala, 34 Government Ayurveda dispensaries, and 29 AYUSH Primary Health Centres(11 – siddha, 18 Ayurveda) and 2 Government Ayurveda Tribal Dispensary. There is a siddha unit in district attached to Government Ayurveda Hospital Neyyattinkara. In addition, 13 institutions are NABH-accredited, 32 function as Ayushman Arogya Mandir including one in siddha. 5 institutions from the district bagged KAYAKALP award in various categories.

3.3.1 Details of Facilities

The district has a well-established network of 112 health institutions providing comprehensive Ayurvedic, Siddha, and nature cure services. This includes 1 District Hospital and 12 Government Ayurveda Hospitals, ensuring specialized care for patients across the district. For traditional medicine, there is 1 Government Siddha Hospital and 1 Government Nature Cure Hospital.

Primary healthcare is supported through 34 Government Ayurveda Dispensaries and 32 Ayushman Arogya Mandir, which provide accessible outpatient services to the local population. Additionally, 18 Ayurveda Primary Health Centres and 11 Siddha Primary Health Centres serve as frontline facilities for preventive and curative care. For tribal populations, 2 Government Ayurveda Tribal Dispensaries ensure culturally sensitive healthcare access.

This robust infrastructure reflects the district's commitment to integrating traditional systems of medicine with mainstream healthcare, making quality AYUSH services widely available to the community.

Table No: 3.3.1: Details of ISM health facilities

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Government Ayurveda Hospital	12
3	Government Siddha Hospital	1
4	Government Nature cure Hospital	1
5	Government Ayurveda Dispensary	34
6	Ayushman Arogya Mandir	32
7	Ayush Primary Health Centre Ayurveda	18
8	Ayush Primary Health Centre Siddha	11

9	Government Ayurveda Tribal Dispensary	2
	Total	112

Source: District data

Details of ISM Facilities are attached as Annexure 3.3.1

3.3.2 Hospital Details based on Bed Strength

The district operates a total of **fifteen government hospitals** with a collective capacity of **315 beds**. The infrastructure is diverse in scale, comprising seven 10-bedded hospitals, three 20-bedded hospitals, one 25-bedded hospital, and two each of 30-bedded and 50-bedded facilities.

Specialized care is distributed across different traditional medicine systems: **Naturopathy** is served by one 50-bedded hospital, while **Siddha** medicine is provided through one 20-bedded facility. The remaining thirteen hospitals are dedicated to **Ayurveda**, covering the majority of the regional bed strength.

Table No: 3.3.2: Hospital Details based on Bed Strength

Sl no	Hospitals based on bed strength	No of Hospitals	Bed strength
1	Govt. Hospital (10 Bedded)	7	70
2	Govt. Hospital (20 Bedded)	3	60
3	Govt. Hospital (25 Bedded)	1	25
4	Govt. Hospital (30 Bedded)	2	60
5	Govt. Hospital (50 Bedded)	2	100
	Total No. Of Beds/ Hospitals	15	315

Source: District data

3.3.3 Health Facilities in Urban and Rural Areas

In Thiruvananthapuram district, a total of 112 Indian Systems of Medicine health facilities function across urban and rural areas. This includes one District Hospital, which is located in an urban area Varkala. There are 12 Government Ayurveda Hospitals, of which two are in urban areas and ten in rural areas. The district also has one Government Siddha Hospital at Vallakadavu and one Government Nature Cure Hospital at Varkala, both situated in urban locations. In addition, 66 Government Ayurveda Dispensaries, including Ayushman Arogya Mandirs, operate in the district, with 14 in urban areas and 52 in rural areas. The public healthcare network further includes 29 AYUSH Primary Health Centres, comprising four urban and 25 rural centres. To serve indigenous communities, two Government Ayurveda Tribal Dispensaries function exclusively in rural areas at Chettiampara and Edinjar. Overall, 23 facilities are located in urban areas, while the majority, 89 facilities, are situated in rural areas, highlighting the government's emphasis on extending traditional healthcare services to rural populations.

Table No: 3.3.3: Health Facilities in Urban and Rural Areas

Sl no	Type of Health Institution Facility	Total no: in the district	urban	rural
1	District Hospital	1	1	
2	Government Ayurveda Hospital	12	2	10
3	Government Siddha Hospital	1	1	
4	Government Nature cure Hospital	1	1	
5	Government Ayurveda Dispensary including Ayushman Arogya Mandir	66	14	52
7	Ayush Primary Health Centre	29	4	25

9	Government Ayurveda Tribal Dispensary	2		2
	Total	112	23	89

Source: District data

3.4 Human Resource Profile of the District

The Indian Systems of Medicine services in the district are supported by a structured workforce comprising medical, paramedical, administrative, and support staff.

The medical cadre includes positions such as District Medical Officer, Chief Medical Officers, and Medical Officers in specialties like Ayurveda (General), Visha, Netra, Marma, Panchakarma, Siddha, Nature Cure, and Koumarabhritiyam. Paramedical staff consist of nurses, pharmacists, lab technicians, therapists, nursing assistants, and attendants, including Siddha attendants.

In addition, the system is supported by administrative personnel such as senior and junior superintendents, head clerk, clerks, clerk-cum-typist, typist, and driver. Essential support staff including office attendants (peons), cooks, sanitation workers, and part-time sweepers also form an integral part of the workforce, ensuring smooth functioning of healthcare institutions under the Indian Systems of Medicine sector.

The paramedical and nursing category consists of 53 Nurses, 35 Nursing Assistants, 85 Pharmacists, 2 Lab Technicians, 15 Therapists, 84 Attenders, and 4 Siddha Attenders.

The administrative staff includes 1 Senior Superintendent, 1 Junior Superintendent, 1 Head Clerk, 14 Clerks, 1 Clerk-cum-Typist, 1 Typist, and 1 Driver.

The support service category comprises 2 Office Attendants (Peons), 15 Cooks, 19 Sanitation Workers, and 70 Part-time Sweepers.

3.4.1 Availability of Medical Professionals

The district health system comprises a total of 186 medical professional positions. Under the District Hospital, there are 120 sanctioned positions, with 118 filled, including key roles such as District Medical Officer, Chief Medical Officers, Ayurveda-General Medical Officers, Visha,

Netra, Marma, Panchakarma, Siddha, Nature Cure, and Koumarabhrytham. Only the posts of one Marma Medical Officer and one Koumarabhrytham Medical Officer remain vacant. Under NAM and NHM programs, all 66 sanctioned positions are filled, comprising 35 NHM Medical Officers and 31 NAM Medical Officers. The strong staffing coverage ensures that essential healthcare services, including specialty, preventive, and traditional medicine care, are consistently delivered to the community. The minimal vacancies demonstrate effective recruitment and retention, supporting the smooth functioning of the district health system.

Table No: 3.4.1: Details of Medical Professionals under the ISM /NAM/NHM in the District

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the ISM				
1	District Medical Officer	1	1	0
2	Chief Medical Officers	9	9	0
3	Medical Officer (Ayurveda-General)	86	86	0
4	Medical Officer (Visha)	5	5	0
5	Medical Officer (Netra)	2	2	0
6	Medical Officer (Marma)	3	2	1
7	Medical Officer (Panchakarma)	1	1	0
8	Medical Officer (Siddha)	5	5	0
9	Medical Officer (Nature Cure)	6	6	0

10	Medical Officer (Koumarabhrityam)	1	0	1
	Total	119	118	2
Medical Professionals Under NAM/ NHM				
1	Medical officer (NHM)	35	35	0
2	Medical officer (NAM)	31	31	0
	Total	66	66	0
	Grand Total	185	184	2

Source: District data

3.4.2 Number and Distribution of Health Care Professionals

The district health system has a total of 278 sanctioned Nursing and paramedical staff positions, of which 269 are currently filled, leaving 9 vacancies. This workforce includes 53 nurses (50 filled, 3 vacant), 85 pharmacists (81 filled, 4 vacant), 2 lab technicians (1 filled, 1 vacant), 15 therapists (all filled), 84 attenders (all filled), 4 Siddha attenders (all filled), and 35 nursing assistants (34 filled, 1 vacant). The high staffing levels across various support roles ensure the smooth functioning of healthcare services, providing essential assistance in patient care, medication management, diagnostics, therapy, and overall hospital operations. The minimal vacancies reflect effective workforce management and contribute to maintaining consistent healthcare delivery throughout the district.

Table 3.4.2.1 - Details of Paramedical posts Sanctioned under the ISM department in the district

Sl no	Designation	Sanctioned	Filled	Vacant
1	Nurse	53	50	3
2	Pharmacist	85	81	4
3	Lab Technician	2	1	1
4	Therapist	15	15	0
5	Attender	84	84	0
6	Siddha Attender	4	4	0
7	Nursing assistant	35	34	1

Source: District data

The administrative workforce in the district health system consists of a total of 20 sanctioned positions, of which 19 are currently filled and 1 remains vacant. The team comprises 1 District Medical Officer, 1 Senior Superintendent, 1 Junior Superintendent, 1 Head Clerk, 14 clerks (13 filled, 1 vacant), 1 clerk-cum-typist, and 1 typist, all filled. This well-structured administrative team plays a vital role in ensuring the efficient management, coordination, and smooth functioning of healthcare facilities across the district, supporting both medical and support staff in delivering consistent and effective healthcare services.

Table 3.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	District Medical Officer	1	1	0
2	Senior Superintendent	1	1	0
3	Junior Superintendent	1	1	0

4	Head clerk	1	1	0
5	clerk	14	13	1
6	clerk-cum typist	1	1	0
7	Typist	1	1	0

Source: District data

The district health system has a total of 108 sanctioned positions for ancillary and supporting staff, with 95 currently filled and 13 vacancies. This workforce comprises 1 driver, 2 office attendants (peons), 15 cooks, and 19 sanitation workers (18 filled, 1 vacant), along with 70 part-time sweepers, of whom 61 are filled and 9 are vacant. These staff members play a vital role in maintaining the smooth functioning of healthcare facilities, ensuring proper hygiene, food services, sanitation, and operational support. Their contribution is essential for the effective delivery of medical care and overall facility management, creating a safe and efficient environment for both patients and healthcare personnel.

Table 3.4.2.3- Details of Other posts Sanctioned under the ISM in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Driver	1	1	0
2	Office Attendant (Peon)	2	2	0
3	Cook	15	15	0
4	Sanitation Worker	19	18	1
Other Supporting Staff				
1	Part Time Sweeper	70	61	9

Source: District data

3.5 Beneficiary Details

The following tables present the beneficiary coverage of ISM health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

3.5.1 Hospital

The 15 major government Indian Systems of Medicine hospitals in Thiruvananthapuram district together manage a substantial patient load, with average monthly OPD attendance ranging from 1,582 to 4,695 patients per institution. The Government Ayurveda Hospital, Venganoor (4,695) and the District Ayurveda Hospital, Varkala (4,694) record the highest OPD figures, followed by Parassala (3,667), Nedumangad (3,625), and the Siddha Hospital, Vallakkadavu (3,599). Inpatient services show monthly IPD admissions ranging from 7 to 248, with the Government Nature Cure Hospital, Varkala, reporting the highest IPD load (248) and a bed strength of 50. Overall Bed capacity across these institutions ranges from 10 to 50 beds. Hospitals at Neyyattinkara and Parassala have a capacity of 30 beds, supporting both outpatient and inpatient care. This numerical distribution highlights the significant role of these institutions in delivering Ayurveda, Siddha, and Naturopathy services across the district.

Detailed beneficiary details in the Hospitals are attached as annexure 3.5.1

3.5.2 Dispensaries

The table on beneficiary details in Government ISM Dispensaries presents the average monthly outpatient (OPD) attendance across 68 institutions, reflecting the utilization and reach of ISM services in the district. Dispensaries in rural and coastal areas maintain steady OPD levels, generally ranging between 800 and 1,500 patients per month, indicating equitable access to services. Overall, the OPD statistics demonstrate widespread acceptance of ISM services, effective service delivery across diverse regions, and the significant role of Government ISM Dispensaries in meeting primary healthcare needs.

Detailed beneficiary details in the Dispensaries are attached as annexure 3.5.2

3.5.3 APHC dispensaries

The table on beneficiary details in APHC dispensaries highlights the average monthly outpatient (OPD) attendance across 29 Ayurveda and Siddha institutions, reflecting the service utilization under the AYUSH system. Ayurveda APHCs account for the major share of beneficiaries, with high OPD attendance observed at Vilapilshala (2,536), Pallichal (2,359), Kollayil (2,263), and Kottukal (2,026), indicating strong public reliance on Ayurvedic services for primary healthcare needs. Siddha dispensaries also show consistent utilization, with Pothencode recording the highest Siddha OPD of 1,951 per month, followed by Mangalapuram (1,688) and Kanjiramkulam (1,526). Overall, the combined monthly OPD attendance across all APHC dispensaries stands at 47,216, demonstrating substantial community outreach and acceptance of Ayurveda and Siddha systems. The data reflect the effective functioning of APHC dispensaries in delivering accessible and affordable healthcare services across diverse regions.

Detailed beneficiary details in APHC are attached as annexure 3.5.3

3.6 Department Plan Projects

The Department of ISM conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

Table 3.6 ISM Plan Projects

Sl No	Programme Name	Facility	Post Assigned
1	Yoga	GAMH kanjiramkulam	Medical officer - 1
2	Jeevani	GAH Neyyattinkara	Medical officer - 1
3	Prasoothithanthra	GAH Pulimath	Medical officer - 1

4	Punarnava	GAH Venganoor	Medical Officer -1
			Therapist - 2
5	Panchakarma	GDAH Varkala ,	Panchakarma Therapist - 16
		GAH Venganoor	
		GAH Palode	
		GAH Neyyattinkara	
		GAH Kottoor	
		GAH Nedumangad	
6	Koumarabrithyam	GAH Parassla	Attender - 1
7	Snehadhara	GAH Neyyattinkara	
			Attender - 1
8	Geriatric	GDAH Varkala	Therapist - 2
			Caretaker - 1

Source: District data

3.6.1 Jeevani

Jeevani focuses on the holistic management of Type-2 Diabetes Mellitus through Ayurvedic medicines, yoga, dietetics, and counselling. The project aims at improving glycemic control, preventing complications, and enhancing quality of life. Implemented in multiple districts, it

has demonstrated cost-effective outcomes with significant improvement in patient well-being and lifestyle modification.

Table 3.6.1.1: Jeevani Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	5.79 L	917
2	2023-24	5.25 L	1944
3	2024-25	4.19 L	1093

Source: District data

3.6.2 Punarnava

Punarnava addresses post-CVA (stroke) complications using Ayurvedic treatment and rehabilitation strategies. The project aims to minimise disability, speed up recovery, and improve quality of life while also creating awareness on stroke prevention. Integration of therapies such as panchakarma, yoga, physiotherapy, and counselling has shown notable functional and psychosocial improvements.

Table 3.6.2: Punarnava Annual Report (2022-2025)

Sl No	year	Expenditure	No. of patients
1	2022-23	7.19L	981
2	2023-24	6.95L	1805
3	2024-25	7.05L	1206

Source: District data

3.6.3 Research Cell for Indian Systems of Sports Ayurveda

This project applies Ayurvedic principles in sports medicine, focusing on injury prevention, management, rehabilitation, and performance enhancement. Implemented through Sports

Ayurveda Research Cell (SARC) units and KISAR, it supports state and national-level sports persons and improves endurance, strength, and recovery.

District-wise Implementation and Sub-units

1. Thiruvananthapuram

- Govt. Marma Hospital, Kanjiramkulam
- Ayyankali Memorial Residential Sports School, Vellayani
- LNCPE, Karyavattom
- G.V. Raja Sports School, Mylom
- Central Stadium Sports Unit

Table 3.6.3: Research Cell For Indian Systems Of Sports Ayurveda Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	8.63L	3767
2	2023-24	7.14L	3542
3	2024-25	4.04L	2243

Source: District data

3.6.4 Snehadhara

Snehadhara is a palliative care programme implemented across all districts, providing home-based Ayurvedic nursing care for bedridden and terminally ill patients. The project significantly improves physical comfort, psychological health, and overall quality of life while reducing financial burden on families.

Table 3.6.4: Snehadhara Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	5.16 L	840
2	2023-24	6.83 L	1475
3	2024-25	6.38 L	1607

Source: District data

3.6.5 Geriatric Care Center

This project addresses health issues of the elderly population (60+) through Ayurvedic management, physiotherapy, yoga, counselling, and supportive care. It aims to reduce morbidity, improve mobility, manage comorbidities, and enhance physical, mental, and emotional well-being.

Table 3.6.5: Geriatric Care Project Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	8.49L	2697
2	2023-24	7.10 L	1950
3	2024-25	6.09L	2380

Source: District data

3.6.6 Koumarabhrithya

Koumarabhrithyam provides comprehensive Ayurvedic paediatric care, including management of infections, nutritional deficiencies, developmental disorders, and post-COVID conditions. The project has shown high treatment adherence and significant improvement in children's health and quality of life.

Table 3.6.6: Koumarabhrithya Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	7.31 L	4195
2	2023-24	6.12 L	3419
3	2024-25	4.94 L	3030

Source: District data

3.6.7 Prasoothithantha

This project offers specialized Ayurvedic gynaecology and obstetric services, including antenatal, postnatal, menstrual, menopausal, and reproductive health care. It has demonstrated effective outcomes in women's health, postnatal recovery, menstrual disorders, and menopausal symptoms.

Table 3.6.7: Prasootithantha Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	9.24 L	3808
2	2023-24	7.56 L	3218
3	2024-25	7.16 L	3023

Source: District data

3.6.8 Ksharasutra

Ksharasutra units provide effective Ayurvedic treatment for anorectal disorders such as piles, fissures, and fistulas. The project is known for low recurrence, minimal complications, cost-effectiveness, and high patient satisfaction, including successful management of complex and recurrent cases.

Table 3.6.8: Ksharasutra Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	1.67 L	544
2	2023-24	1.79 L	744
3	2024-25	2.13 L	1065

Source: District data

3.6.9 NATURE CURE HOSPITAL and YOGA UNITS

These units promote drug-free lifestyle management through yoga, naturopathy, diet regulation, and lifestyle modification. Implemented statewide, the project has shown significant improvement in non-communicable diseases, musculoskeletal disorders, metabolic conditions, and mental health.

3.6.9 Nature Cure Hospital and Yoga Units Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	3.67L	5089
2	2023-24	2.92L	5496
3	2024-25	2.99L	5645

Source: District data

3.7 Standardization of Institutions

3.7.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Thiruvananthapuram District, NABH standards are being adopted in ISM institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

Table 3.7.1: Table of NABH entry-level accredited institutions

Sl no	Name of Institution	NABH level
1	G.A.D Kattakkada	Phase -1
2	G.A.D Aruvippuram	Phase -1
3	G.A.D Pullampara	Phase -1
4	G.A.D Vithura	Phase -1
5	G.A.D Ottasekharamangalam	Phase -1
6	G.A.D Nemom	Phase -1
7	G.A.D Cheramanthuruth	Phase -1
8	G.A.D Chenkal	Phase -2
9	G.A.D Kulathoor	Phase -2
10	G.A.D Kunnathukal	Phase -2
11	G.A.D Kadakampally	Phase -2
12	G.A.D Thirupuram	Phase -2
13	G.S.D Avananvanchery	Phase -2

Source: District data

3.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The programme recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the

objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

Table 3.7.2: List of Institutions which have received the Kayakalp award

Sl.No	Facility Name	Category	Status
1	Govt. Siddha Dispensary Avanavancherry	Dispensary	Ist Prize
2	Govt. Ayurveda Dispensary, Balaramapuram	Dispensary	Commendation
3	Govt. Ayurveda Dispensary, Chenkhal	Dispensary	Commendation
4	Govt. Ayurveda Dispensary, Attipra	Dispensary	Commendation
5	Government Ayurveda Hospital Neyyattinkara	Sub District Hospital	Commendation

Source: District data

3.8 Ayushman Arogya Mandir

Ayushman Arogya Mandir (AAMA) have been established to strengthen comprehensive primary healthcare delivery through the AYUSH systems of medicine, in alignment with national health priorities. With the assistance of the National AYUSH Mission (NAM), Kerala, existing Government Dispensaries institutions are being upgraded as AAMA to provide promotive, preventive, curative healthcare services. These centres focus on wellness-based interventions, lifestyle modification and Yoga adoption into the public health system. The initiative aims to enhance accessibility, quality, and continuity of AYUSH healthcare services at the community level, while ensuring standardized service delivery across the State.

List of Institutions upgraded as Ayushman Arogya Mandir (AAM-A) are attached as Annexure 3.8.

3.9 Digital Health

3.9.1 NextGen e-Hospital and ABDM activities

NextGen e-Hospital system is implemented by the Department of Indian Systems of Medicine (ISM), Government of Kerala, as part of the state's digital governance and healthcare reform initiatives. Introduced to address long-standing challenges such as overcrowding, manual workflows, and patient waiting time in government AYUSH institutions, the system represents an upgraded, cloud-based Hospital Management Information System fully compliant with the Ayushman Bharat Digital Mission (ABDM).

The NextGen e-Hospital integrates key digital modules including OPD/IPD management, ABHA-based registration, Scan & Share self-registration, e-prescriptions, billing, laboratory and pharmacy services, inventory management, and real-time data capture. Its implementation has significantly improved service efficiency, transparency, coordination among departments, and accuracy of patient records, while reducing registration time from 40–50 minutes to approximately 5 minutes. As of the study period, 240 ISM institutions were operational on the platform, with others in advanced stages of onboarding, and several institutions recognised nationally as ABDM model facilities. The NextGen e-Hospital system has been implemented across multiple districts with varying degrees of coverage. Thiruvananthapuram has 82 institutions, with 21 functioning as e-Hospitals.



Figure 3.9: NextGen e-Hospital and ABDM activities

3.10 Health Infrastructure Development

The ISM department undertakes comprehensive health infrastructure development activities that include the purchase of medicines, furniture and essential equipment and the execution of various civil works required for facility improvement. These initiatives are supported through multiple funding sources such as National Ayush Mission (NAM), Local Self Government Departments(LSGD), and also from MLA, MP funds, ensuring sustained enhancement of healthcare delivery under the traditional systems.

During the financial year **2024-2025**, a total fund of **₹40.92 crore (approx.)** was utilised across various healthcare institutions for strengthening medical services, infrastructure, and community health programmes.

Category-wise Fund Utilisation

1. Medicine Purchase

An amount of **₹18.86 crore (approx.)** was utilised for the purchase of medicines under LSGD, PLAN, NAM, MLA and departmental schemes. This constituted the **largest share of expenditure**, ensuring uninterrupted availability of essential medicines across all institutions.

2. Maintenance & Infrastructure Development

A total of **₹19.20 crore (approx.)** was spent on maintenance and infrastructure-related works, including institution maintenance, building repairs, construction works, painting, store room construction, stair construction, and Ayurveda pharmacy maintenance. Major expenditure under this category reflects priority given to improving institutional facilities.

3. Equipment, Furniture & IT Assets

An amount of **₹8.11 lakh (approx.)** was utilised for purchase of hospital equipment, laptops, printers, token systems, CCTV installation, furniture, water purifiers, fire extinguishers, and cleaning items, improving administrative efficiency and patient services.

4. Public Health & Welfare Programmes

A sum of **₹7.99 lakh (approx.)** was utilised for welfare-oriented programmes such as palliative care, geriatric care, yoga programmes, wellness initiatives, medical camps, SC/ST medical camps, and special health projects.

5. Contingency & Operational Expenses

Contingency and operational expenses amounted to **₹14.50 lakh (approx.)**, supporting day-to-day functioning and emergency requirements of healthcare institutions. During the financial year 2024–2025, funds were utilised through various schemes to support medicine procurement, infrastructure development, maintenance, equipment purchase, and community health programmes across healthcare institutions. The utilisation reflects a focused approach towards strengthening primary healthcare services.

Table 3.10: Scheme-wise Fund Utilisation

Scheme-wise Fund Utilisation – Financial Year 2024–2025			
Sl. No	Name of Scheme	Amount Utilised (₹)	Remarks
1	LSGD (Local Self Government Department)	38,49,73,557	Utilised mainly for medicine purchase, maintenance, infrastructure development, equipment procurement and public health programmes
2	PLAN	9,21,384	Utilised mainly for medicine purchase and minor institutional requirements

3	NAM (National AYUSH Mission)	12,91,779	Utilised for medicine purchase, contingency expenses and medical camps including SC/ST medical camps
4	MLA Fund	5,41,412	Utilised for bore well digging, installation and institution painting works
	Total	39,77,28,132	—

Source: District data

The total fund utilisation during 2024–2025 amounted to ₹39,77,28,132. The expenditure pattern shows that LSGD funds dominated the utilisation, ensuring continuity of essential medical services and infrastructure strengthening, while PLAN, NAM, and MLA funds played a supportive role in targeted interventions and supplementary activities. Overall, the utilisation demonstrates effective financial management aligned with healthcare priorities for the year.

3.11 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in ISM institutions. In Thiruvananthapuram District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

Out of the total ISM institutions in Trivandrum, 15 hospitals are equipped with in-house laboratory facilities, enabling timely diagnostic services and improving the quality of patient care. While a limited number of institutions maintain in-house Laboratory facilities, the majority of institutions are supported through functional laboratory linkages, enabling access to essential diagnostic investigations. Regular ISM demonstrate comparatively higher laboratory availability, whereas APHC-level institutions primarily rely on associated

laboratory services. This arrangement ensures that patients receive necessary diagnostic support despite infrastructural limitations, thereby strengthening service delivery at the institutional level.

3.12 Financial Expenditure

During the financial year 2024–2025, healthcare institutions utilised funds from LSGD, PLAN, and MLA schemes to strengthen service delivery and infrastructure. A total expenditure of ₹38.64 crore was incurred, of which ₹38.50 crore was utilised under the LSGD fund, mainly for medicine purchase, institutional maintenance, infrastructure development, equipment procurement, and implementation of public health programmes. The PLAN fund accounted for an expenditure of ₹0.09 crore, primarily supporting supplementary medicine procurement and minor institutional needs, while ₹0.05 crore from the MLA fund was utilised for infrastructure-related works such as bore well digging, installation, and painting of institutions. Overall, the utilisation reflects a focused and effective deployment of funds, with predominant reliance on LSGD support to ensure uninterrupted healthcare services during the year.

The financial data for the ISM Department over the two financial years indicates sustained investment and effective utilisation of released funds. In **2023–24**, an allocation of **₹276.98 lakh** was made, of which **₹145.95 lakh** was released. The department utilised **₹145.95 lakh**, reflecting **near-complete utilization** of the released funds and strong financial discipline. For **2024–25**, the allocation stood at **₹208.70 lakh**, with **₹120.20 lakh** released. The recorded expenditure of **₹123.15 lakh** indicates proactive programme execution, including utilisation of carry-forward balances to support ongoing activities and infrastructure works. Overall, the expenditure pattern demonstrates robust financial management, efficient fund absorption, and continuous strengthening of ISM healthcare services and development initiatives in the district.

Table 3.12: details of Expenditure detail from 2023 - 2025

Year	Allocated amount (in Lakhs)	Released Amount (in Lakhs)	Expenditure
23-24	276.98412	145.9478	145.94651
24-25	208.70467	120.20401	123.15406

Source: District data

3.13 Special Institutions under ISM in the District

3.13.1 Govt. Yoga Naturopathy Hospital Varkala

3.13.1.1 Introduction

Govt. Yoga Naturopathy Hospital is the only exclusive Nature Cure and yoga hospital in Kerala under the Dept. of Indian Systems of Medicine started in the year 1984. The centre situated in the famous Papanasam Varkala beach cliff adjacent to the helipad in a serene atmosphere.

It has got O.P and I.P facilities, the hospital was started with 20 bedded hospital with limited facilities , on demand of health service from public it is currently in the state with 50 bed capacity to extend to 100 bed in future with all facilities. The head of the hospital is BNYS Superintendent and hasSr. Specialist (Nature cure) post. There are 3 M.O There are 5 BNYS NAM doctors (3 Medical Officers and 2 Yoga Demonstrator)and 1BNYS doctor under HDC working for the smooth function of hospital. Other NAM staffs are ; 1 cook, 1 nursing assistant and 1 multipurpose worker they all together work properly and promote the speciality of hospital in peak.

3.13.1.2 Services of The Hospital

The hospital serves the community through naturopathy treatment, promotion of yoga and meditation, and awareness about community health, healthy lifestyle and positive thinking to ensure good health. Our efforts to upgrade the infrastructure and the surroundings continue to receive appreciation from our inmates. We continue to introduce new treatments based on scientific research and create greater awareness on emerging diseases

related to modern lifestyle, growing globalization and stress. We also encourage stress prone people to stay at the hospital to service their body and mind, much before they turn sick.

3.13.1.3 Treatments

Hydrotherapy, Mud Therapy, Yoga Therapy, Diet therapy, Electrotherapy, Acupuncture, Massage Therapy.



Figure 3.13.1: Yoga Hospital

3.13.1.4 Present Staff Distribution

Table 3.13.1: Details of Staff pattern

Sl. No	Department	N. O of staff
1	Indian systems of medicine	19
2	National Ayush Mission	07
3	Hospital Development committee	15

Source: District data

Table 3.13.2: Details of Staff pattern: ISM DEPARTMENT

SL. no	Designation	Sanctioned	Filled	Vaccant
1	Superintendent	01	01	0
2	Senior specialist	01	01	0
3	Medical officer	04	03	01
4	Nurse (grade1)	03	03	0
5	Nurse (Grade 2)	05	04	01
6	Nursing Assistant (grade 2)	04	03	01
7	Sanitation worker (grade 2)	02	01	01
8	Lab technician	0	0	0
9	Cook (grade2)	01	01	0
10	PTS	01	01	0
11	Senior Clerk	01	01	0

Source: District data

Table 3.13.3: Details of Staff pattern: NATIONAL AYUSH MISSION

SL. N.O	Designation	No of post
1	Medical Officer	3
2	Yoga Demonstrator	2(1 in work arrangement)
3	Multipurpose worker	1
4	Cook assistant	1

Source: District data

Table 3.13.4: Details of Staff pattern: HDC STAFF

Sl. No	Designation	No of post
1	Medical Officer	1
2	Receptionist	1
3	Lab technician	1
4	DTP operator	1
5	Nursing Assistant	2
6	Therapist	3
7	Multipurpose worker	2
8	Sanitation worker	2
9	Cook assistant	1
10	Security	1

Source: District data

3.13.2 Kunju Krishnan Nadar Memorial Govt. Ayurveda Marma Hospital Kanjiramkulam, Thiruvananthapuram

3.13.2.1 Introduction

The Kunju Krishnan Nadar Memorial Government Ayurveda Marma Hospital, situated at Kanjiramkulam in Thiruvananthapuram district, is a premier institution functioning under the Indian Systems of Medicine (ISM), Government of Kerala. It is the only specialized Marma hospital in the Government sector in India, offering advanced Marma-based management for musculoskeletal, neurological, and sports-related disorders. Kanjiramkulam has emerged as a regional centre of excellence for Marma-based orthopedic and trauma care, with hundreds of patients visiting daily from Thiruvananthapuram, nearby districts, and other states. The hospital also serves as a Sports Ayurveda hub, providing specialized injury management and rehabilitation services to premier institutions such as LNCPE Karyavattom and GV Raja Sports School. Rooted in a strong traditional legacy, the institution preserves and institutionalises the region's ancient Marma knowledge system and delivers it through an organized public healthcare framework. Established on 31st March 1979 as a 10-bedded hospital, it was renamed in 1995 in memory of Kunju Krishnan Nadar, shifted to its present building in 2000, and strengthened with the inauguration of a modern OP block in 2009, evolving over the decades into a national-level referral centre for Marma therapy and Ayurvedic orthopedic management.

3.13.2.2 Specialty Services

The hospital is nationally renowned for its Marma Chikitsa and houses a prestigious Sports Ayurveda Unit supporting national and international athletes.

Key specialty areas include:

- Marma Therapy for Pain Relief
 - Sandhigata Vata (Osteoarthritis)
 - Amavata (Rheumatoid Arthritis)
 - Cervical & Lumbar Spondylosis
 - Grdhrasi (Disc Prolapse & Sciatica)

- Orthopedic managements
 - Bhagnam (fracture)
 - Sandhivishlesham(Dislocation)
- Structural Rehabilitation
 - Frozen Shoulder (Apabahuka)
 - Tennis Elbow
 - Ligament & muscle injury management
- Neuromodulation Therapy
 - Hemiplegia (Stroke)
 - Facial palsy
 - Peripheral nerve compression syndromes

3.13.2.3 Regional Importance

Kanjiramkulam has emerged as a regional centre of excellence for Marma-based orthopedic and trauma care.

- High Patient Inflow: Hundreds of patients visit daily from Thiruvananthapuram, nearby districts and other states.
- Sports Ayurveda Hub: Provides specialized injury rehabilitation services to premier sports institutions such as LNCPE Karyavattom and GV Raja Sports School.
- Traditional Legacy: Institutionalises the ancient Marma knowledge system of the region and delivers it through a public healthcare framework.

3.13.2.4 Infrastructure

Facility	Description
OPD	Daily consultations & Marma therapy (9.00 AM – 2.00 / 4.00 PM)
IPD	General wards & specialised Sports IP Pay Ward

Clinical Laboratory	Established in 2009
Yoga Centre	Established in 2015
Physiotherapy Unit	Provides modern physiotherapy support for post-injury and post-Marma rehabilitation
X-Ray Unit	Enables radiological evaluation for trauma, fractures and musculoskeletal disorders
Neethi Medical Store	Functional inside campus

Source: District data

3.13.2.5 Departments

- ISM Department
- National AYUSH Mission (NAM)
- Sports Ayurveda Project
- Yoga & Naturopathy Unit
- Panchakarma Section
- Physiotherapy Unit
- X-Ray Unit

3.13.2.6 Details of Facility

The facility offers comprehensive healthcare services through its Outpatient Department providing daily consultations and Marma therapy from 9.00 AM to 2.00/4.00 PM, and an Inpatient Department with general wards and a specialized Sports IP pay ward. Diagnostic support is ensured by a Clinical Laboratory established in 2009 and an X-Ray Unit facilitating radiological evaluation for trauma, fractures, and musculoskeletal disorders. Holistic and rehabilitative care is strengthened by a Yoga Centre established in 2015 and a well-equipped Physiotherapy Unit that provides modern physiotherapy support for post-injury and post-Marma rehabilitation. Additionally, a Neethi Medical Store functions within the campus to ensure easy access to essential medicines for patients.

3.13.2.7 Human Resource

Table 3.13.2.7.1 ISM Department – Sanctioned Posts

Sl No	Designation	Sanctione	Filled	Vacant
1	Chief Medical Officer	1	1	0
2	Medical Officer (Marma)	1	1	0
3	Pharmacist	1	1	0
4	Nurse Grade II	3	3	0
5	Ayurveda Therapist	4	4	0
6	Attender	1	1	0

Source: District data

Table 3.13.2.7.2 National Ayush Mission

SL. No	Designation	No of Post
1	Medical Officer	1
2	Medical Officer (Sports Ayurveda)	4
3	Medical Officer (Nppmomd)	1
4	Specialist Mo (Salyathanthra)	1
5	Therapist	2
6	Therapist (Sports Project)	3
7	Multi Purpose Worker	1

Source: District data

Table 3.13.2.7.3 Plan Project

SL. No	Designation	No of Post
1	Medical Officer	1

Source: District data

3.13.2.8 Major Health Issues Treated

The major health issues treated include musculoskeletal disorders such as osteoarthritis, spondylosis, disc prolapse, and sciatica; sports injuries including ligament tears, muscle strains, sprains, and stress fractures; neurological conditions like hemiplegia and facial palsy; and general conditions such as lifestyle disorders and chronic pain syndromes.

3.13.2.9 Inpatient (IP) Facility – Sports Ayurveda

The hospital has a dedicated Sports Ayurveda IP Pay ward specially designed for the comprehensive management of athletes and physically active individuals.

This unit provides:

- Post-injury rehabilitation for ligament tears, muscle strains and stress fractures
- Post-operative and conservative management of sports trauma
- Integrated care combining Marma Chikitsa, Panchakarma, Physiotherapy and Yoga therapy
- Short-term and long-term admission facilities for national-level athletes from institutions such as Sai LNCPE Karyavattom ,GV Raja Sports School ,Ayyenkali sports school Vellayani ,Central Stadium Thiruvananthapuram

The Sports IP facility ensures continuous medical supervision, focused rehabilitation protocols and quicker functional recovery.

3.13.2.10 Yoga Unit – Holistic Rehabilitation Support

The Yoga Unit, established in 2015, functions as a vital supportive wing for Marma and Sports Ayurveda treatment.

Major services include:

- Therapeutic yoga for musculoskeletal disorders
- Breathing practices (Pranayama) for pain modulation and neuro-rehabilitation
- Postural correction programs for cervical & lumbar spondylosis
- Stress management and lifestyle disorder management

The Yoga Unit plays a significant role in enhancing treatment outcomes, preventing recurrences and promoting long-term functional wellness.

3.13.2.11 National Program for prevention and management of osteoarthritis and musculoskeletal disorders(NPPMOMD)

The hospital actively integrates with the National AYUSH Mission (NAM) to implement public health initiatives focused on Osteoarthritis (OA), a leading cause of disability among the elderly. Under this program, the hospital conducts public awareness activities emphasizing early detection of knee and joint degeneration, adoption of preventive lifestyle measures through appropriate diet (*Ahara*) and daily regimen (*Vihara*) to prevent Vata aggravation, and the practice of therapeutic Yoga modules designed to improve joint flexibility and muscle strength. As part of the national mission, the hospital also offers free for subsidized treatment modules, including specialized Panchakarma procedures such as *Janu Basti* and *Patrapotala Sweda*, along with Ayurvedic medicines for BPL patients. In alignment with the NAM mandate on Health Care of the Elderly, Osteoarthritis management is given priority to promote active ageing and improve the quality of life of senior citizens

3.13.2.11 Average OPD & IPD Patient Statistics (Last 3 Years)

Year	Average OPD per Day	Total OPD per Year	Average IPD Admissions per Month	Total IPD Admissions per Year
2022-23	84	30807	34	413
2023-24	80	29341	28	340
2024-25	55	20301	36	429

Source: District data

3.13.2.12 Conclusion

The Kunju Krishnan Nadar Memorial Govt. Ayurveda Marma Hospital is a unique national institution preserving Kerala's Marma heritage, integrating Marma therapy, Physiotherapy, Yoga and Modern diagnostic facilities including X-ray, and delivering affordable, holistic care to the public and elite athletes alike.



Figure 3.13.2 Govt. Marma Hospital Kanjiramkulam

3.14 Other Activities

3.14.1 Bharanabhasha Varacharanam

In Connection with *Bharanabhasha Varacharanam* on November 1st banner displayed at the entrance of the District Medical Office. Malayalam translation of 5 English words were displayed from 1st to 7th November and took pledge of the official language. All institutions have celebrated *Bharanabhasha Varacharanam*, took pledge, speech competition, awareness class regarding importance of Malayalam language. Literacy works in the fields of story, poetry, essay works were invited from all employees under this office. In the valedictory function prizes were given to the first and second place winners in each category and consolation prizes were given to the participants in the competition.



Figure 3.14.1 Bharanabhasha Varacharanam

3.14.2 Ayurveda Day

Ayurveda Day 2025 was observed with the theme of “Ayurveda for People and Planet”. As part of these various programmes, which were conducted across Ayurvedic institutions in trivandrum district.

- Medical camp and Awareness class
- Non-Communicable Diseases Screening
- Medicinal plants exhibition and Distribution
- Prakruthi Pareeksha analysis

- Herbal drink preparation and distribution
- Quiz competition, poster making, reel making competitions for school students
- Healthy food expo
- IEC materials distribution (Pathya Apathya)
- Healthy food fest competition for ICDS employees
- Yoga demonstration



Figure 3.14.2: Ayurveda day

3.14.3 KSRTC Expo

In connection with KSRTC Expo for public on 22, 23 & 24th of August 2025 at Kanakakkunnu Palace, we conducted medical camp. Total 126 patients attended the camp.

3.14.4 ICOP

As part of Integrated Communication and Outreach Programme conducted by Central Bureau of Communication, Ministry of Information and Broadcasting, Govt. Of India, we conducted awareness class on “Anaemia and Women health” and conducted medical camp for participants at Bharath Bhavan, Thycaud, on 23, 24 & 25th of September 2025. More than 100 people attended the camp.



Figure 3.14.4: Anaemia & women health

3.14.5 Beemapally Uroos Medical Camp 2025

Conducted Medical camp in connection with Beemapally Uroos from 29-11-2025 to 01-12-2025. Daily 40-50 people attended the camp



Figure 3.14.5: Bheemapally uroos medical camp

3.15 Conclusion

The profile of the Indian Systems of Medicine (ISM) sector in Thiruvananthapuram District clearly demonstrates a strong, well-organized and service-oriented public healthcare system rooted in traditional medical practices. With an extensive network of **112 healthcare institutions**, including hospitals, dispensaries, AYUSH Primary Health Centres, and specialized facilities, the district has ensured wide geographical coverage and equitable access to quality AYUSH services for both urban and rural populations.

The district's **robust human resource framework**, comprising medical professionals, paramedical staff, administrative personnel, and support workers, enables efficient service delivery with minimal vacancies and high operational stability. The strong patient

attendance across hospitals, dispensaries and APHCs reflects public trust in traditional systems of medicine and highlights their growing relevance in managing lifestyle diseases, chronic conditions, geriatric care, women's health, paediatrics, rehabilitation and palliative care.

The successful implementation of **flagship programmes** such as *Jeevani, Punarnava, Snehadhara, Geriatric Care, Koumarabhriyam, Prasoothithanthra, Ksharasutra* and *Nature Cure & Yoga Units*, supported by the National AYUSH Mission, has significantly enhanced community-based preventive and curative healthcare outcomes. These programmes demonstrate cost-effectiveness, improved patient well-being, and measurable health impact across diverse population groups.

Institutional quality improvement initiatives such as **NABH accreditation, Kayakalp awards**, and the large-scale upgrading of facilities into **Ayushman Arogya Mandirs** further strengthen governance, hygiene standards, patient safety and service excellence. The integration of **NextGen e-Hospital** and ABDM-compliant digital health platforms has modernized service delivery, improved efficiency, and significantly reduced patient waiting time, establishing Thiruvananthapuram as a model district in digital AYUSH healthcare transformation.

Substantial investments in **infrastructure development, medicine procurement, equipment acquisition and public health programmes**, supported primarily through LSGD, NAM, PLAN and MLA funds, have reinforced the physical and operational capacity of the ISM sector. The effective utilisation of financial resources reflects strong governance and strategic prioritisation of healthcare needs.

Overall, the ISM framework in Thiruvananthapuram District stands as a **comprehensive, resilient and future-ready healthcare system**, successfully blending traditional medical wisdom with modern governance, digital innovation and community-centric service delivery. The district serves as a benchmark for integrated AYUSH healthcare implementation in Kerala and offers a scalable model for strengthening public health systems across the state and the nation.

CHAPTER 4
DEPARTMENT OF HOMOEOPATHY FACILITIES & SERVICES

4.1 Introduction

Homoeopathy is a system of medicine that maintains unique characteristics in healthcare delivery and disease prevention. This treatment, which is cost-effective, simple, and free from adverse effects, has earned wide public trust and acceptance among the general public. The holistic approach of Homeopathy, addressing physical, mental, emotional, and intellectual dimensions of health, enables comprehensive patient-centred care.

Homoeopathic physicians determine treatment by holistically analyzing health condition of patients. Leveraging the distinctive strengths of Homoeopathy, the Department implements various Central and State-sponsored health schemes for the health care of the public. Preventive activities addressing communicable diseases and lifestyle disorders are regularly undertaken, along with awareness programmes, workshops, and public health campaigns aimed at promoting good health culture among public.

In 1958, the first Government-controlled Homeopathic institution in India was established at the historically significant East Fort in Thiruvananthapuram District. This landmark initiative was undertaken by the first Communist Ministry, with Shri E. M. S. Namboodiripad as the Hon'ble Chief Minister and Dr. A. R. Menon as the Health Minister. This historic development laid the foundation for the systematic growth and institutional strengthening of the Homeopathy Department in the State.

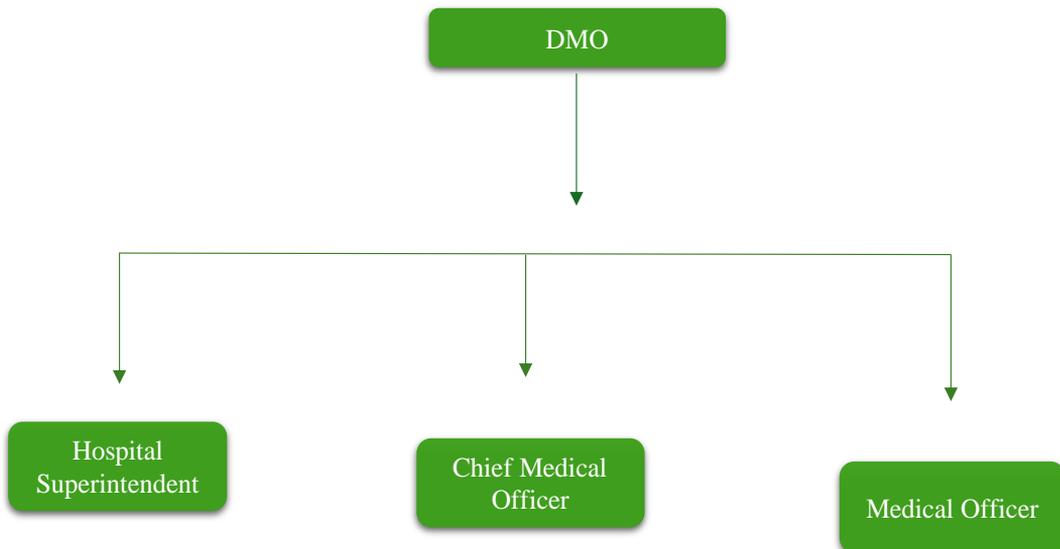
The district is also witnessing significant socio-economic transformation due to the development of the Vizhinjam International Seaport, which is expected to bring changes in livelihood patterns, population dynamics, lifestyle practices, and health-seeking behaviour. Recognising the potential impact of these changes on community health, the Department of Homoeopathy is proactively strengthening its institutional preparedness to address emerging and future health challenges. Through preventive care, surveillance-oriented programmes, and system readiness with digitalization, the Department remains committed to safeguarding public health.

4.2 Administration

The administration of the Department of Homoeopathy in Thiruvananthapuram District is responsible for ensuring the efficient functioning of all homoeopathic institutions, including

dispensaries, hospitals, and speciality clinics operating under the department. The administrative framework focuses on effective coordination of healthcare services, supervision of medical and administrative staff, timely supply of essential medicines, and maintenance of necessary equipment and infrastructure. Continuous monitoring of service delivery, implementation of government policies and programmes, and adherence to quality and safety standards form key components of the district-level administration. The department also undertakes periodic inspections, reviews performance indicators, and initiates appropriate corrective measures to improve patient care, institutional efficiency, and public accessibility. Through these sustained administrative efforts, the Department of Homoeopathy aims at enhancing the overall health services provided to the community in Thiruvananthapuram District.

4.2.1 District Administration of the Department



4.2.2 District Medical Office Profile

Table No: 4.2.2: District Medical office Profile

Post	Office Address	Office Number	Mail id
District Medical officer	District Medical Office (Homoeo) East Fort	0471-2474266 7306433248	dmohomoeotvm@kerala.gov.in

Source: District data

4.2.3 Structure of DMO office

Table No: 4.2.3: Structure of DMO office

Sl no	Post	Number
1	District Medical officer	1
2	Senior Superintendent	1
3	Clerk	2
4	Typist	1
5	Office Attendant	1
6	Part Time Sweeper	1

Source: District data

4.3 Infrastructure Profile of the District

At present, the Government sector in Thiruvananthapuram District comprises one District Homoeopathy Hospital with 100 beds, three Hospitals (Neyyattinkara – 25 beds, Karakulam – 25 beds, and Attingal – 35 beds), 67 dispensaries, and 27 AYUSH Primary Health Centres. In addition, 7 institutions are NABH-accredited, 24 functions as AYUSH Health and Wellness Centres, and 14 have been upgraded as Government Model Homoeopathy Dispensaries.

Digital transformation has been achieved in 71 institutions through AHIMS 2.0, and 2 institutions have obtained ISO certification.

4.3.1 Details of Facilities

The district has a total of 98 homoeopathic health facilities functioning under the department. This includes one District Homoeopathic Hospital and three other Homoeopathic Hospitals, which provide secondary and referral services. Primary healthcare is delivered through 43 Government Homoeo Dispensaries, 24 Ayushman Arogya Mandir - AYUSHs, and 27 AYUSH Primary Health Centres, ensuring wide coverage and easy accessibility of homoeopathic services across the district.

Table No: 4.3.1: Details of Homoeopathic health facilities

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Govt. Homoeo Hospital	3
3	Govt. Homoeo Dispensary	43
4	Ayushman Arogya Mandir - AYUSH	24
5	Ayush Primary Health Centre	27
	Total	98

Source: District data

Details of Homoeopathic facilities are attached as Annexure 4.3.1

4.3.2 Health Facilities in Urban and Rural Areas

Out of the 98 homoeopathic health facilities functioning in the district, 21 are located in urban areas and 77 in rural areas, indicating strong rural outreach. The District Homoeopathic Hospital and other 2 Hospitals are situated in urban areas. Among primary-level institutions (Government Homoeo Dispensaries and Ayushman Arogya Mandir - AYUSHs) 15 are situated in urban areas, 52 are situated in rural areas. 24 of the 27 AYUSH

Primary Health Centres are located in rural areas. This distribution highlights the department's focus on ensuring accessible homoeopathic healthcare services, particularly in rural regions.

Table No: 4.3.2: Health Facilities in Urban and Rural Areas

Sl no	Type of Health Institution /Facility	Total no: in the	Urban	Rural
1	District Hospital	1	1	0
2	Other Hospitals	3	2	1
3	Govt. Homoeo Dispensary including Ayushman Arogya Mandir - AYUSH	67	15	52
4	Ayush Primary Health Centre	27	3	24
	Total	98	21	77

Source: District data

4.3.3 Hospital Details based on Bed Strength

A total of four government hospitals with an overall bed strength of 185 beds. This includes two 25-bedded hospitals, one 35-bedded hospital, and one 100-bedded hospital. The presence of a higher-capacity hospital significantly contributes to the total bed availability, while the smaller hospitals collectively support the delivery of essential healthcare services across the region.

Table No: 4.3.3: Hospital Details based on Bed Strength

Sl no	Hospitals based on bed strength	Hospital number	Bed strength
1	Govt. Hospital (25 Bedded)	2	50
2	Govt. Hospital (35 Bedded)	1	35
3	Govt. Hospital (100 Bedded)	1	100
	Total No. Of Beds/ Hospitals	4	185

Source: District data

4.4 Human Resource Profile of the District

The Department of Homoeopathy in Thiruvananthapuram District is supported by a well-structured human resource framework comprising medical, paramedical, administrative, and Class IV staff across Government Homoeopathy institutions, ensuring effective delivery of healthcare services. The majority of sanctioned medical and paramedical posts in Government institutions, including Hospital Superintendents, Chief Medical Officers, Medical Officers and supporting staff, are fully maintained, enabling uninterrupted clinical services. Additional human resources with support from the National AYUSH Mission (NAM) through contractual appointments and programme-based staffing support are being utilized for effective health care service delivery through the hospitals. Though key operational posts such as pharmacists, nursing staff, and support personnel are largely in position, a limited number of vacancies persist in selected categories, particularly in nursing and Class IV cadres. Overall, the existing human resource availability are optimally utilized to provide a strong foundation for service delivery, with continued efforts underway to address remaining gaps and strengthen institutional efficiency and patient care.

AYUSH Primary Health Centres (AYUSH PRIMARY HEALTH CENTRES) function with a single Medical Officer deployed by the National Health Mission (NHM) on a contract basis, with supporting staff provided by the respective Local Self Government Institutions (LSGIs).

4.4.1 Availability of Medical Professionals

A total of 82 medical professional posts have been sanctioned in the district, and all posts are filled, resulting in zero vacancies. This includes administrative, supervisory, and clinical positions such as District Medical Officer, Hospital Superintendents, Chief Medical Officers, Medical Officers, and Resident Medical Officers.

Service of Medical Officers under NHM and NAM are also being utilized for the health care delivery in the district.

Table No: 4.4.1: Details of Medical Professionals under the DH /NAM/NHM in the District

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the DH				
1	Administrative (District Medical officer)	1	1	0
2	Hospital Superintendent	4	4	0
3	Chief Medical officer	16	16	0
4	Medical officer	57	57	0
5	Resident Medical officer	4	4	0
	Total	82	82	0
Medical Officers Under NAM/ NHM				
1	Medical officer (NHM)	32	32	0
2	Medical officer (NAM)	26	26	0
	Total	58	58	0
	Grand Total	140	140	0

Source: District data

4.4.2 Number and Distribution of Health Care Professionals

The district demonstrates **strong manpower coverage across core service areas**, though **strategic recruitment is required in nursing, pharmacy and certain support roles** to further strengthen service delivery and operational efficiency.

Table 4.4.2.1- Details of Paramedical posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Nursing Superintendent	1	0	1
2.	Nurse	15	11	4
3.	Nursing Assistant	14	14	0
4.	Pharmacist	66	61	5
5.	Lab Attender	2	2	0
6.	Laboratory Technician	2	2	0
7.	Dispenser	6	6	0
8.	Attender	47	47	0

Source: District data

Table 4.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Senior Superintendent	1	1	0
2	Lay Secretary	1	1	0
3	Clerk	6	6	0
4	Clerk Typist	1	1	0
5	Office Attendant	15	13	2
6	Typist	1	1	0

Source: District data

Table 4.4.2.3- Details of other posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Cleaner	7	7	0
2	Cook	5	5	0
3	Driver	1	1	0
4	Night Watcher	1	0	1
5	Sweeper Cum Peon	7	7	0

6	Sweeper Cum Sanitation Worker	1	1	0
Other Supporting Staff				
1	Part Time Sweeper	40	33	7

Source: District data

4.5 Beneficiary Details

The following tables present the beneficiary coverage of Homoeopathy health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

4.5.1 Hospital

The four Government Homoeopathy Hospitals together handle a substantial outpatient workload, District Hospital recording the highest average monthly OPD of 8,319, followed by GHH Neyyattinkara with 7,007, GHH Attingal with 4,423 and GHH Karakulam reports OPD with 2,043 per month. A similar trend is seen in inpatient services, where District Hospital with an average of 96 IPD patients per month, GHH Neyyattinkara (68), GHH Attingal (36), and GHH Karakulam (29).

Details of Beneficiary details in Hospitals are attached as Annexure 4.5.1

4.5.2 Dispensaries

The OPD attendance data of Government Homoeo Dispensaries indicates a strong and consistent utilization of homoeopathic services, reflecting growing public confidence in the system. With a wide network of 67 dispensaries distributed across urban, rural, coastal, and hilly areas, the services are reaching diverse population groups and ensuring accessibility to affordable healthcare.

A significant number of dispensaries report average monthly OPD figures exceeding 800 patients, with several high-performing institutions. Overall, the data highlights a well-functioning and balanced service network with optimal utilization across the district. The positive OPD trends underline the importance of continued support through strengthening infrastructure, ensuring adequate human resources, enhancing drug availability, and

expanding community outreach activities. With targeted interventions and capacity building, these dispensaries can further improve service utilization and contribute significantly to preventive, promotive, and curative healthcare under the homoeopathy system.

Details of Beneficiary in Govt Homoeo Dispensaries are attached as annexure 4.5.2

4.5.3 AYUSH PRIMARY HEALTH CENTRE dispensaries

The OPD statistics of AYUSH Primary Health Centre (APHC) dispensaries reflect steady and encouraging utilization of AYUSH healthcare services across the district. With 27 APHCs catering to diverse population groups, the data demonstrates the effectiveness of AYUSH systems in delivering accessible and community-oriented primary healthcare.

Most APHCs report average monthly OPD attendance ranging between 800 and 1,300 patients, indicating consistent patient inflow and strong acceptance of AYUSH treatments. Overall, the data underscores a well-distributed and efficiently functioning network of AYUSH Primary Health Centres. Continued strengthening of infrastructure, availability of medicines, deployment of adequate human resources, and enhanced community outreach activities will further improve service utilization and health outcomes, reinforcing the role of AYUSH in comprehensive primary healthcare delivery.

Details of Beneficiary in Ayush Primary Health Centre dispensaries & SCP dispensaries are attached as annexure 4.5.3

4.6 Public Health Programmes

The Department of Homoeopathy conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

4.6.1 Gender Based Projects- Women - Seethalayam

Seethalayam is the first gender-based project of the Department of Homeopathy. Launched in 2010, the project aims to ensure the mental, physical, and emotional health of women especially domestic violence victims and suggest solutions for the difficulties they face. A unique feature of this project is that all staff members are women. It provides homeopathic treatment along with individual and family counseling.

Since its inception in Thiruvananthapuram in 2010, Seethalayam has gained immense popularity through its unique operational style, awareness classes, and medical camps. It offers treatment for women facing marital issues, workplace problems, domestic violence, sexual exploitation, anxiety, suicidal tendencies, and depression. Services are also extended to other family members. The project collaborates with the Social Justice Department, Women's Cell, Women's Commission. Monthly visits are conducted to women's prisons and destitute homes.

Objectives:

- To ensure the mental, physical, and emotional security of women.
- To provide knowledge regarding women's rights and laws.
- To facilitate rehabilitation for the destitute and the neglected.

Table 4.6.1: Beneficiary details of Seethalayam project

Year	Op			Counselling		
	New	Old	Total	New	Old	Total
2023-24	661	1750	2411	368	339	707
2024-25	616	1816	2432	375	558	933

Source: District data

4.6.2 Punarjani

Punarjani is a de-addiction treatment clinic that has been functioning since 2012 as a sub-clinic of the Seethalayam project. It was established after observing that many women seeking help at Seethalayam were suffering from domestic violence and mental stress caused by substance abuse (alcohol and drugs) among the men in their families. The project provides homoeopathic treatment and counselling for patients addicted to alcohol, drugs and smoking.

Objectives:

- To treat patients with addiction.
- To conduct awareness classes for adolescents and youth regarding health issues and social crises caused by substance abuse.
- To utilize a treatment method that minimizes withdrawal symptoms
- To extend counseling to other family members of patient

Table 4.6.2: Beneficiary details of Punarjani project

Year	New	Old	Total
2023-24	209	328	537
2024-25	3628	7269	10897

Source: District data

4.6.3 Janani

The **Janani** project by the Department of Homeopathy offers hope in the field of infertility treatment with simple, side-effect-free medicines. Originally started as a weekly OP in 2012, it became a dedicated clinic due to its popularity. The project effectively treats both male and female infertility, including conditions like PCOD, menstrual disorders, Fallopian tube blocks, hypothyroidism, uterine fibroids, and low sperm count/motility. Diagnostic tools like ultrasound and follicular studies are also being utilized.

Table 4.6.3: Beneficiary details of Janani project

Year	New Case	Old Case	Cumulative Pregnancy	Cumulative Child Birth
2023-24	283	2158	533	363
2024-25	190	1854	575	398

Source: District data

4.6.4 Sadgamaya

Sadgamaya is the child and adolescent-centric project of the Department of Homoeopathy. It aims at attaining overall wellness encompassing physical, mental, emotional, and social aspects, with specific attention to issues related to behavioural, cognitive, or educational challenges. In district hospital Thiruvananthapuram Sadgamaya Clinic started functioning in the year 2012.

Objectives

- Identify behavioural, scholastic, psychological and physical problems of children and adolescents.
- Impart awareness for parents, children, teachers and the general public on learning disabilities and behavioural problems.
- Provide homoeopathy treatment for behavioural and learning disabilities.
- Service of special education teachers is available in each unit, who train the patients in special learning methodologies.
- Provide behavioural management, treatment and counselling for children and adolescents.

Beneficiaries

- Neurodevelopmental & Behavioural Disorders
 - Autism Spectrum Disorders
 - Attention Deficit Hyperactivity Disorder (ADHD)
 - Learning Problems and Learning Disabilities (e.g., dyslexia, slow learning)
 - Developmental Delays
 - Behavioral disorders (e.g., oppositional, conduct issues)
 - Impulsive and conduct-related behaviours
- Cognitive, Emotional & Psychiatric Issues
 - Depressive disorders / Persistent Depressive Disorder
 - Anxiety, fears and emotional dysregulation
 - Obsessive-Compulsive Disorder (OCD)
 - Speech and language disorders

- Scholastic backwardness / difficulties in reading, writing, calculation
- Other Challenges Addressed
 - Social withdrawal and lack of concentration
 - Substance abuse and addictive behaviours (including gadget addiction)
 - Sexual abuse and related emotional trauma
 - Behavioural issues like kleptomania
 - Mental stress and maladaptive coping behaviours
 - Mild to moderate intellectual challenges
 - Social media addiction and game addictions

Table 4.6.4: Beneficiary details of Sadgamaya project

Year	New	Old	Total
2023-24	654	1659	2313
2024-25	589	1567	2156

Source: District data

4.6.5 Ayushmanbhava

The Ayushman Bhava project was launched in 2012. Non-communicable diseases (NCDs)/ lifestyle diseases are becoming a major health concern in society, and the World Health Organization has issued warnings to all nations regarding this issue. In response, various committees established by the government have decided to utilize the potential of all medical systems to address the social breakdown caused by NCDs, across the country and particularly in Kerala.

Objectives

- Providing treatment for NCDs through homoeopathy and consultation of naturopathy for healthy life style through dietary regulations along with yoga practice.
- To offer treatment for complications arising from lifestyle diseases and to empower individuals to overcome disabilities caused by these complications.

- Creating awareness among the population in preventive and promotive health care.
- Making treatment affordable and accessible to the public.

Table 4.6.5: beneficiary details of Ayushmanbhava project

Year	New Cases	Old Cases	Grand Total
2023-24	734	5938	7406
2024-25	591	5111	5702

Source: District data

4.6.6 Geriatric Care

The Geriatric Speciality unit in the Department of Homoeopathy aims to provide holistic healthcare solutions for the elderly population. With increasing life expectancy, the demand for specialized geriatric care has grown substantially.

Homoeopathy offers a gentle, non-invasive, and effective health care system to address multifaceted health concerns of older adults, enhancing their quality of life.

Objectives

- To provide comprehensive healthcare to the elderly population through Homoeopathy.
- To promote healthy ageing by addressing chronic and age-related conditions.
- To offer preventive care and improve the overall well-being of elderly.
- To create awareness regarding lifestyle modifications for the elderly.
- To enhance Geriatric Care with Physiotherapy services.
- To provide palliative care and support for age-related degenerative diseases

Table 4.6.6: beneficiary details of Geriatric project

Year	New Cases	Old Cases	Grand Total
2023-24	2415	6183	8598
2024-25	3628	7269	10897

Source: District data

4.6.7 Palliative Care

Introduction

The global demand for palliative care is rising due to the increasing number of patients with chronic and terminal illnesses. In India, approximately 2% of patients fall within the scope of palliative care. Kerala was the first state in India to implement a 'Pain and Palliative Policy' in 2008. Following this initiative, the Kerala State Department of Homoeopathy launched the Pain & Palliative Project in 2016-2017, based on various government directives and circulars.

Need for Palliative Care

The rising burden of chronic, incurable conditions such as cancer, degenerative disorders, and geriatric illnesses underscores the need for comprehensive palliative care services. The Palliative Project of Department of Homoeopathy is designed to alleviate suffering among patients and their families by addressing physical, mental and psychosocial challenges while enhancing overall quality of life. The program emphasizes the delivery of effective, side effect free and cost - efficient health care through Homoeopathy, with a focus on relief from pain and other distressing physical symptoms associated with chronic diseases. Integrated efforts with volunteer organizations and allied departments support community awareness initiatives and coordinated geriatric - palliative care services. The project provides home visits, as well as medical and nursing care for bedridden patients.

Implementation Approach

Implementation operates at two levels:

Primary Palliative Care through home visits delivered by primary palliative care centres functioning in Dispensaries/ Ayush Primary Health Centres

Secondary Palliative Care through weekly Palliative Outpatient services , Inpatient Care and home visits delivered by secondary centres in district hospital

Table 4.6.7: Beneficiaries of Palliative care project

Year	OP- New	OP Follow up	IP	No Of Home care visits- Primary	No Of Home care patients- Primary	No Of Home care visits- Secondary	No Of Home care patients- Secondary
2023- 24	1469	1514	110	518	3697	95	486
2024- 25	129	1781	121	651	4997	118	743

Source: District data

4.6.8 Endocrine Disorder Care Centre

Endocrine Disorder Care Centres under the Department of Homoeopathy are designed to offer comprehensive and effective treatment options for patients experiencing thyroid-related issues.

Objectives

- Effective management of thyroid disorders like hyperthyroidism, hypothyroidism, and autoimmune thyroid conditions.
- Improvement in the quality of life and overall well-being of affected patients.

Table 4.6.8 Beneficiaries of the Endocrine care project

Year	New	Old	Total
2023-24	719	4249	4968
2024-25	535	5442	5977

Source: District data

4.6.9 Projects and Institutions

Table 4.6.9: Table of details of Plan Projects

Sl. No.	Name of the Programme	Institution Where Implemented	Days of Operation
1	Seethalayam	District Homoeopathy Hospital, Thiruvananthapuram	Monday to Saturday
2	Ayushman Bhava	District Homoeopathy Hospital, Thiruvananthapuram	Monday to Saturday
3	Sadgamyam	District Homoeopathy Hospital, Thiruvananthapuram	Monday to Saturday
4	Janani	District Homoeopathy Hospital, Thiruvananthapuram	Monday to Saturday
5	Punarjani	District Homoeopathy Hospital, Thiruvananthapuram	Tuesday
6	Geriatric Care	Govt. Homoeopathy Hospital, Neyyatinkara	Wednesday
7	Pain & Palliative Care	District Homoeopathy Hospital, Thiruvananthapuram	Monday to Saturday

Source: District data

4.6.10 District-Specific Initiatives

Table 4.6.10 List of District-Specific Initiatives

Sl. No.	Name of the Programme	Institution Where Implemented	Days of Operation
1	Endocrine disorder Clinic	District Homoeopathy Hospital, Thiruvananthapuram	Wednesday, Thursday, Friday

Source: District data

4.6.11 Local Body Specific Initiatives

Through the Local Self Government Institutions (LSGIs), the Department of Homoeopathy has initiated various projects to address specific local public health issues within their respective jurisdictions. Under these initiatives, Homoeopathy institutions functioning under local bodies implement targeted health programmes using LSG plan funds, in addition to their regular clinical services. These locally designed interventions focus on area-specific health needs and emerging public health concerns. Such additional services play a vital role in strengthening community-based healthcare delivery and are essential for effectively meeting the healthcare requirements of the local population.

Table 4.6.11: Table of details of LSGD projects

Sl. No.	Name of Scheme / Clinic	Institutions Covered	Days / Mode of Operation	Funding Agency
1.	Thyroid Special Clinic	Govt. Homoeopathy Dispensary, Karumkulam	Monday to Saturday	KARUMKULAM Grama Panchayath
2.	Sandhyaragam-Old age home	Govt. Homoeopathy Hospital, Karakulam	Field activities	Nedumangad Black panchayath

	visit and care for elderly			
3.	Avalkayi- Adolescent Girls health care	Govt. Homoeopathy Hospital, Karakulam	Field activities	Nedumangad Black panchayath
4.	Jyothirgamaya Balya- Anganavadi childrens helath care programme	Govt. Homoeopathy Hospital, Karakulam	Field activities	Nedumangad Black panchayath
5.	Anemeia prevention in women and children	Govt . Homeopathy Dispensary,Pallitheruv	Monday to Saturday	Thiruvvanathapuram Corporation
6.	Health care for Diffirently abled	Govt . Homeopathy Dispensary,Pallitheruv	Monday to Saturday	Thiruvvanathapuram Corporation
7.	Sradha- Stroke management through Homoeopathy	Govt . Homeopathy Dispensary,Pallitheruv	Monday to Saturday	Thiruvvanathapuram Corporation
8.	SWASTHI – Outreach Clinical Training Programme for Interns of Sree Vidhyadhiraja Homoeopathy Medical College, Nemom	Govt . Homeopathy Dispensary,Pallitheruv	Monday to Saturday	Thiruvvanathapuram Corporation
9.	Yoga training for Women	Govt . Homeopathy Dispensary,Elakamon	Monday to Saturday	Elakamon Grama Panchayath

10.	Yoga training for Women & Children	Govt . Homeopathy Dispensary,Nagaroor	Monday to Saturday	Nagaroor Grama Panchayath
11.	KOUMARAM KARUTHALODE- Adolescent care	Govt . Homeopathy Dispensary,Ayilam	One day /week	Ayilam Grama Panchayath
12.	Geriatric Care	Govt . Homeopathy Dispensary,Ayilam	One day /week	Ayilam Grama Panchayath
13.	Anganavadi childrens Health care	Govt . Homeopathy Dispensary,Ayilam	One day /week	Ayilam Grama Panchayath

Source: District data

4.7 Standardisation of Institutions

4.7.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Thiruvananthapuram District, NABH standards are being adopted in homoeopathy institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

Table 4.7.1: Table of NABH entry-level accredited institutions

Sl no	Name of Institution	NABH level
1	Govt Homoeo Dispensary Vilavoorkkal	Entry Level
2	Govt Homoeo Dispensary Anad	Entry Level
3	Govt Homoeo Dispensary Pallichal	Entry Level
4	Govt Homoeo Dispensary Attipra	Entry Level
5	Govt Homoeo Dispensary Vembayam	Entry Level

6	Govt Homoeo Dispensary Palayamkunnu	Entry Level
7	Govt Homoeo Dispensary Kazhakootam	Entry Level

Source: District data

4.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

Table 4.7.2: List of Institutions which have received the Kayakalp award

Sl.No	Facility Name	Category	Status
1	GHH Neyattinkara	Sub District Hospital	2nd Prize
2	GHD Valiyavila	AHWC	1st Prize
3	GHD Pallichal	AHWC	Commendation
4	GHD Vembayam	AHWC	Commendation
5	GHD Kazhakootam	AHWC	Commendation

Source: District data

4.7.3 KASH

Kerala Accreditation Standards for Healthcare (AYUSH) is a state-level quality accreditation programme launched by the Government of Kerala to improve and standardise the quality of healthcare services in public health facilities, including those under the AYUSH umbrella (Ayurveda, Homoeopathy, Siddha, Unani, Yoga & Naturopathy). The standards are developed based on national benchmarks such as NABH and Indian Public Health Standards (IPHS), adjusted for the state's healthcare system.

Table 4.7.3: List of Institutions which are KASH-accredited

Sl no	Name of Institution
1	Govt Homoeo Dispensary Vilavoorkkal

Source: District data

4.7.4 Model Dispensary

Model dispensaries serve as an effective mechanism for standardizing healthcare service delivery across homoeopathy institutions. Dispensaries with a consistently high volume of Outpatient (OP) attendance are identified and selected for upgradation as Model Dispensaries, ensuring optimal utilization of resources and maximum public benefit. The upgradation is implemented in a phased manner, focusing on improvements in infrastructure, manpower support, service delivery systems, and patient amenities. This initiative is supported through consistent financial assistance from the Plan budget, enabling sustained quality enhancement and uniform service standards across selected institutions.

Table 4.7.4: List of institutions upgraded as model dispensary

Sl No	Name of Institution
1	Govt Homoeo Dispensary Vizhinjam
2	Govt Homoeo Dispensary Pezhumoodu
3	Govt Homoeo Dispensary Anand
4	Govt Homoeo Dispensary Panavoor
5	Govt Homoeo Dispensary Ayilam

6	Govt Homoeo Dispensary Vilavoorkkal
7	Govt Homoeo Dispensary Nanniyodu
8	Govt Homoeo Dispensary Karichara
9	Govt Homoeo Dispensary Varkala
10	Govt Homoeo Dispensary Vembayam
11	Govt Homoeo Dispensary Kazhakoottam
12	Govt Homoeo Dispensary Pallichal
13	Govt Homoeo Dispensary Balaramapuram
14	Govt Homoeo Dispensary Chirayinkeezhu

Source: District data

4.7.5 ISO 9001 certification

ISO certification in healthcare involves adhering to internationally recognized standards to ensure quality, safety, and efficiency across the industry—from hospitals and clinics to medical device manufacturers. The certificate demonstrates a commitment to best practices and continual improvement. Notably, the **Ayilam Government Homoeo Dispensary** and **District Homoeopathic Hospital, Thiruvananthapuram** were awarded the ISO 9001 certification in 2014 and 2025 respectively.

4.8 Ayushman Arogya Mandir Ayush

Ayushman Arogya Mandir (AYUSH) represents a people-centred initiative aimed at strengthening accessible, affordable, and holistic primary healthcare services across the community. These centres integrate the principles and therapeutic strengths of Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy to promote wellness, disease prevention, and comprehensive care.

Functioning as the first point of contact for individuals and families, Ayushman Arogya Mandirs provide outpatient care, health promotion, lifestyle counselling, management of common ailments, and support for chronic disease management through AYUSH systems. The focus remains on preventive and promotive healthcare, encouraging healthy living practices and early intervention to reduce the burden of disease.

By combining traditional knowledge with organized public health delivery, Ayushman

Arogya Mandir (AYUSH) contributes significantly to the national vision of Universal Health Coverage. These centres play a key role in extending quality AYUSH healthcare to rural and urban populations alike, ensuring continuity of care while preserving India's rich heritage of holistic healing. 24 Govt Homoeopathy Dispensaries have been upgraded as Ayushman Arogya Mandir (AYUSH).

List of Institutions upgraded as Ayushman Arogya Mandir (AYUSH) are attached as Annexure 4.8

4.9 Temporary Homoeo Dispensaries

Temporary Homoeo Dispensaries are established during major festival seasons. These units operate at Vellarada-Kurishumala during the Good Friday and Easter season, at the Attukal Bhagavathy Temple during the Attukal Pongala festival, and at both the Varkala Sivagiri Mutt and the Aruvippuram Siva Temple in Neyyattinkara Taluk during the Varkala-Sivagiri Pilgrimage.

4.10 Digital Health

4.10.1 AHIMS - AYUSH Health Information Management System

The Ayush Homoeopathy Information Management System (AHIMS) is the official Information Management System implemented by the Department of Homoeopathy to digitize and streamline the clinical, administrative, and institutional functions of Homoeopathy healthcare facilities across the State.

AHiMS Version 1 (AHiMS 2.0) was introduced in 2019 as the foundational digital platform. This version primarily focused on the collection and consolidation of numerical and institutional data related to core operations such as OP/IP statistics, asset management, medicine indenting, Plan and Non-Plan fund management, basic reporting, and institutional profile data. AHiMS 1.0 established a standardized digital workflow across Homoeopathy institutions and enabled centralized data availability for effective monitoring, reporting, and policy-level decision-making. The software received Second Prize in the eHealth – e Medicine category of the State e-Governance Awards for the years 2019–20 and 2020–21, recognizing its contribution to digital health governance.

AHiMS Version 2 (AHiMS 2.0), launched in 2023, represents a significantly enhanced and

expanded phase of the system. In addition to strengthening the unique Homoeopathy Hospital Management System—the only such digital solution in the country covering more than 1,100 Homoeopathy institutions—Version 2 introduced advanced administrative and governance-oriented modules. A major addition is the comprehensive Establishment / HR module, which covers employee service details, recruitment, probation, service history, disciplinary proceedings, and document management. The upgraded version also supports improved internal governance, better data integrity, and expanded operational modules including accounts, stock management, institutional administration, and system-level controls. Overall, AHiMS 1.0 laid the digital foundation, while AHiMS 2.0 evolved the platform into a comprehensive, integrated management system, supporting both healthcare service delivery and administrative efficiency in the Homoeopathy sector.

All the Government Homoeopathy institutions in Thiruvananthapuram District are actively delivering digital health services through the AHiMS. Key functional areas including patient registration, clinical documentation, and service reporting are being carried out digitally across institutions. Medicine stock management in both Government Homoeopathy institutions and AYUSH Primary Health Centres (APHC) has been fully digitalised, ensuring accurate tracking of stock availability, consumption, and distribution. The medicine procurement process is now 100% online, enabling transparent monitoring of indents, purchase orders, supply status, and delivery timelines. These digital processes are supported by real-time dashboards accessible to the District Medical Officer (DMO), facilitating effective oversight, data-driven decision-making, and improved efficiency in medicine supply chain management.

4.10.2 ABDM activities

In connection with ABDM activities in Thiruvananthapuram District, **100% Health Facility Registry (HFR) creation has been achieved**, with all **98 health facilities successfully registered**. In addition, **74 Health Professional Registries (HPRs)** have been created out of **140 eligible health professionals (53%)**, reflecting substantial progress in onboarding healthcare providers onto the ABDM ecosystem. Continuous efforts are underway to complete the remaining HPR registrations to ensure full compliance and seamless digital health data exchange across the district.

4.11 Medicine Availability & Logistics

LSGD has allocated Rs. 10936213/-for medicine purchases specifically for homoeopathy institutions in Trivandrum district. This allocation falls under LSGD's health sector initiatives, enabling timely purchases

4.12 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in homoeopathy institutions. In Trivandrum District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

Table 4.12.1: Laboratory facilities in Institutions

SL No	Name of Institution
1	Attingal Govt Homoeo Hospital
2	East Fort Govt Homoeo Hospital
3	Karakulam Govt Homoeo Hospital
4	Govt Homoeo Dispensary Marukil
5	Neyyattinkara govt homoeo hospital

Source: District data

While a limited number of institutions maintain in-house Laboratory facilities, the majority of institutions are supported through functional laboratory linkages, enabling access to essential diagnostic investigations. Regular homoeopathy institutions demonstrate comparatively higher laboratory availability, whereas AYUSH PRIMARY HEALTH CENTRE-level institutions primarily rely on associated laboratory services. This arrangement ensures that patients receive necessary diagnostic support despite infrastructural limitations, thereby strengthening service delivery at the institutional level.

Table 4.12.2 : Ultra sound facilities in Institutions

SL No	Name of Institution
1	East Fort Govt Homoeo Hospital

Source: District data

4.13 Financial Expenditure

During 2023–24, an amount of ₹137.99571 lakh was allocated and fully released, against which an expenditure of ₹134.62583 lakh was incurred, achieving a utilization rate of 97.56%. In the financial year 2024–25, ₹56.19738 lakh was allocated and fully released, and an expenditure of ₹56.19529 lakh was recorded, resulting in almost 100% utilization. Though the allocation during 2024–25 was comparatively lower, the district exhibited improved expenditure efficiency and timely utilization of funds. The overall fund management indicates effective planning, prompt release, and optimum utilization of financial resources in Trivandrum district.

Table 4.13: Financial Expenditure

District	Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure Amount(in Lakhs)
Trivandrum	2023-24	137.99571	137.99571	134.62583
Trivandrum	2024-25	56.19738	56.19738	56.19529

Source: Plan space 2.0

4.14: IEC Activities



Figure 4.14.1: Awareness class for SPC cadets



Figure 4.14.2: Sadgamaya Camp



Figure 4.14.3: ICDS - Awareness camp



Figure 4.14.4: Swasthi camp



Figure 4.14.5: Janani Kudumbasangamam



Figure 4.13.6: Ayushman bhava camp



Figure 4.14.7: Screening camp



Figure 4.14.8: Yoga training

CHAPTER 5
NATIONAL AYUSH MISSION KERALA SERVICES

5.1 Introduction

National AYUSH Mission is a Centrally Sponsored Scheme under the Ministry of AYUSH. The government of India launched National AYUSH Mission (NAM) during the 12th plan in 2014. In Kerala, NAM started activities in 2015. The aim of NAM is to mainstream AYUSH Systems into health care services, to develop evidence-based AYUSH management protocol through scientific documentation and to ensure the accessibility of quality AYUSH services. Regarding the funding pattern, 60% share is provided by the Central Government and 40% is provided by the State Government.

The vision is to provide cost-effective, equitable, and accessible AYUSH healthcare across the country by strengthening service delivery systems and improving access to quality care. It emphasizes the integration of preventive and promotive healthcare approaches within primary health services, while promoting a holistic wellness model grounded in AYUSH principles and practices. In addition, the vision seeks to enhance AYUSH educational institutions to ensure the delivery of high-quality education and the development of competent professionals to support the growth of the AYUSH sector.

The objective is to ensure the availability of AYUSH healthcare services across the country by strengthening and improving AYUSH healthcare infrastructure and service delivery. It aims to establish a holistic wellness model through AYUSH Health and Wellness Centres with a strong focus on preventive and promotive healthcare based on AYUSH principles and practices, thereby reducing disease burden and out-of-pocket expenditure. The approach also seeks to provide informed choices to the public through the co-location of AYUSH facilities at Primary Health Centres, Community Health Centres, and District Hospitals, promoting medical pluralism. Further, it emphasizes the role of AYUSH in public health in alignment with the National Health Policy (NHP) 2017.

5.1.1 National Ayush Mission – Funding Approval Analysis

The analysis highlights the financial growth pattern, approval efficiency and year-wise variations to support planning, monitoring and future programme strategy formulation.

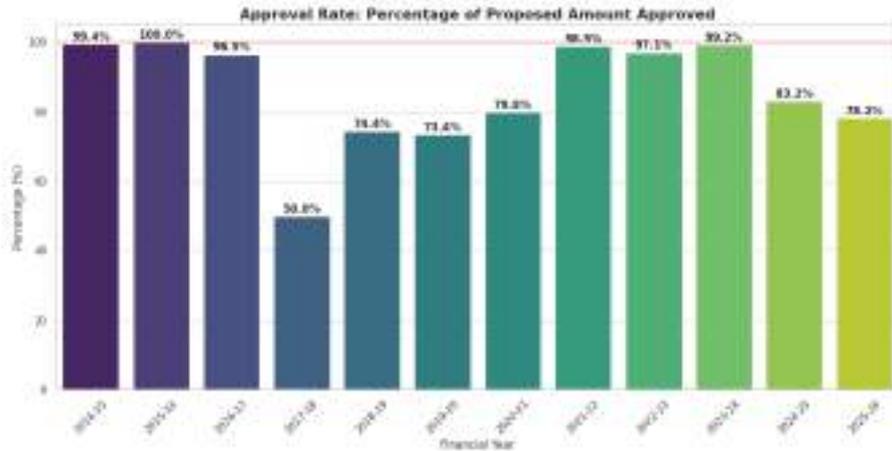


Figure 5.1.1.1 Funding Approval Analysis

Figure 5.1.1.1 illustrates the year-wise comparison of Resource Envelope, Amount Proposed and Amount Approved under the National AYUSH Mission. The chart indicates a progressive increase in financial allocations over the years, reflecting expansion of programme scope and implementation scale.



Figure 5.1.1.2 Trend Analysis of Funding Approval Analysis

Figure 5.1.1.2 depicts the approval efficiency trend, highlighting the percentage of proposed funds approved each year. The consistently high approval rate demonstrates effective planning, quality proposal preparation and strong institutional coordination with the

approving authorities.

5.1.2 Approved Amount for Engineering Construction Works Under NAM

The following graphical representation presents a comprehensive trend analysis of the approved financial outlay for Engineering Construction Works executed under the National AYUSH Mission (NAM) across multiple SAAP years. The analysis examines sector-wise movement, total funding behaviour, priority shifts and percentage contribution patterns over time.

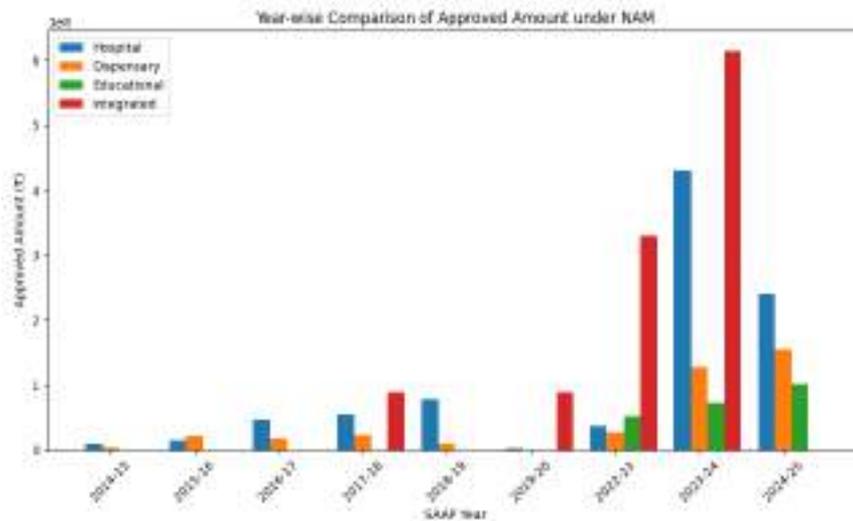


Figure 5.1.2.1 Analysis of Approved Amount for Engineering Construction Works Under NAM

Figure 5.1.2.1 presents the SAAP year-wise approved financial outlay for Engineering Construction Works under the National AYUSH Mission. The trend reflects periodic increases aligned with infrastructure strengthening priorities, including hospitals, dispensaries and academic institutions.

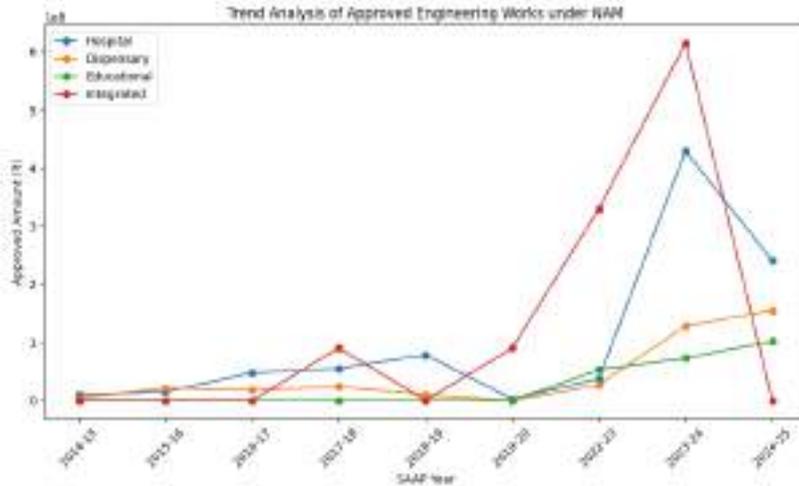


Figure 5.1.2.2 Trend Analysis of Approved Amount For Engineering Construction Works Under NAM

Figure 5.1.2.2 highlights the proportional distribution and trend movement of engineering works funding across SAAP years. Variations indicate strategic prioritisation of construction activities based on programme needs and infrastructure gaps.

5.1.3 Flexipool Projects Approved in The State - Trend Analysis Report

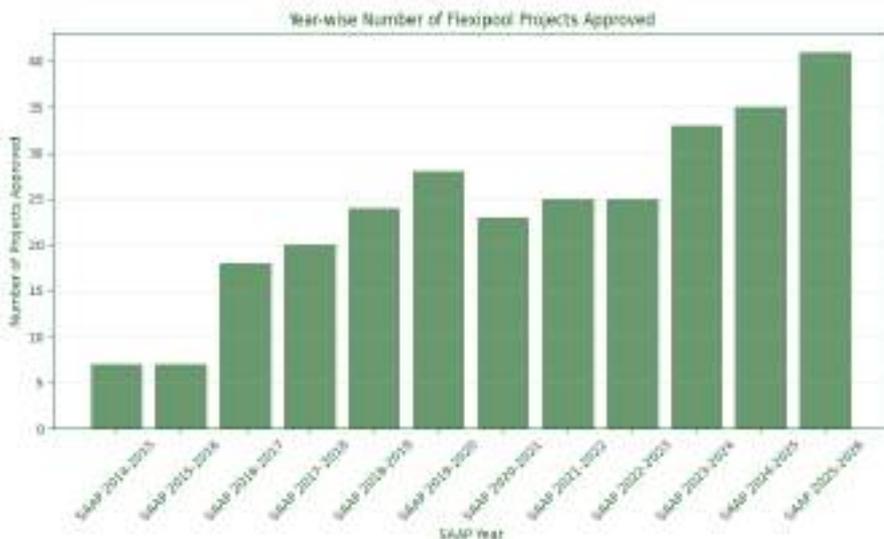


Figure 5.1.3.1 Analysis of Flexipool Project Approved in the State

Figure 5.1.3.1 illustrates the number of Flexipool projects approved under the National AYUSH Mission across SAAP years. The upward trend indicates increased utilisation of the Flexipool component to address State-specific and innovative healthcare needs.

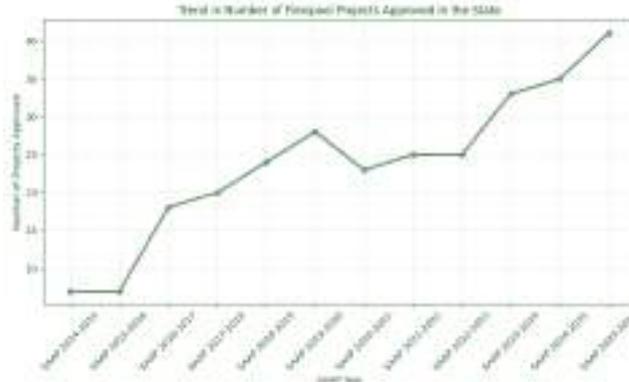


Figure 5.1.3.2 Trend Analysis of Flexipool Project Approved in the State

Figure 5.1.3.2 presents the comparative trend analysis, showing periods of accelerated project approvals. This reflects improved planning capacity and greater emphasis on flexible, need-based interventions.

5.1.4 National Ayush Mission - Public Health Programmes – Kerala – Funding Approval Analysis

The SAAP year-wise data and trend analysis of Public Health Programmes implemented in Kerala.

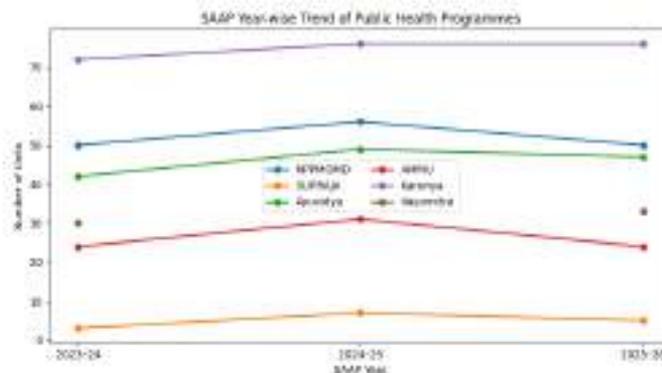


Figure 5.1.4.1 Trend Analysis of Public Health Programmes established

- National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders (NPPMOMD) shows sustained implementation across all SAAP years, reflecting continued focus on musculoskeletal disorder management.
- Karunya consistently records the highest number of units, indicating wide beneficiary coverage.
- SUPRAJA and AYUSH Mobile Medical Unit show expansion during 2024–25, highlighting emphasis on maternal health and outreach services.
- Ayuvidya demonstrates a stable trend.
- Vayomitra shows strengthening in 2025–26, reflecting enhanced geriatric care services.

Table No 5.1.4.1 Details of Approved Public Health Programs

SI NO	Name of Public Health programs	Number of Units
1	NPPMOMD	50
2	SUPRAJA	3
3	Ayuvidya	42
4	AYUSH Mobile Medical Unit	24
5	Vayomitra	30
6	Karunya	72

Table Source: NAM SAAP-2025-26

5.1.5 Ayushman Arogya Mandir (Aam–Ayush) – Kerala

This graphical representation presents the SAAP year-wise details and trend analysis of 700 Ayushman Arogya Mandir (AAM–AYUSH)

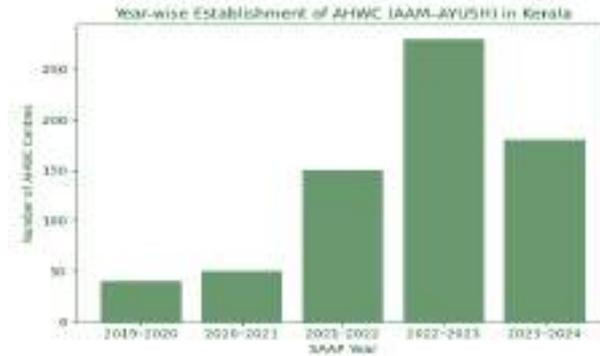


Figure 5.1.5.1 Graph representation of AAM AYUSH established in Kerala

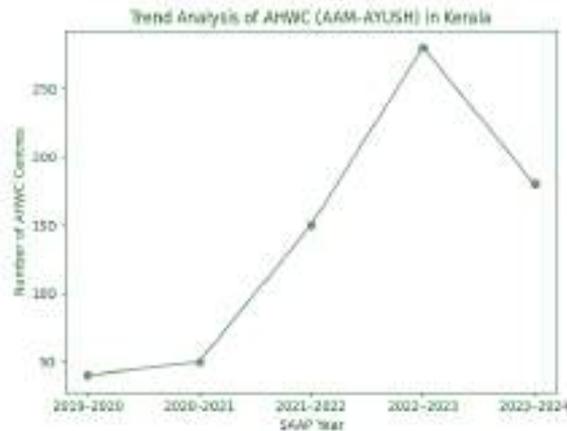


Figure 5.1.5.2 Trend Analysis of AAM AYUSH established in Kerala

Figures depict the SAAP year-wise establishment of Ayushman Arogya Mandir (AAM-AYUSH) in Kerala. The chart shows a steady expansion from 2019–20 onwards, with significant scale-up during 2021–22 and 2022–23. This trend highlights Kerala’s sustained commitment to strengthening AYUSH-based comprehensive primary healthcare services at the grassroots level.

5.2 Administration

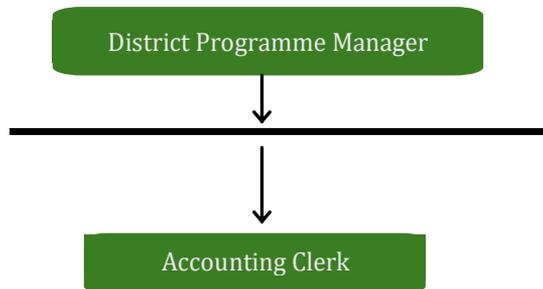
In the State of Kerala, the National AYUSH Mission (NAM) operates through a specialized administrative framework to manage its extensive network of healthcare services and public health initiatives. The mission is governed by a State AYUSH Mission Society, which provides

the strategic and financial oversight necessary for mainstreaming traditional medicine into the state's public health infrastructure. This decentralized approach ensures that services like Ayurveda and Homoeopathy are effectively integrated from the state level down to the local communities

At the district level, the District Programme Management and Supporting Unit (DPMSU) serves as the operational hub, acting under the direct instructions and guidance of the State Mission Office (SPMSU). This unit is the primary body responsible for the localized management and implementation of AYUSH services within each district.

The administrative setup within the DPMSU includes one District Programme Manager (DPM) and one Accounting Clerk. This team is responsible for coordinating, monitoring, and implementing various programmes and activities under the District AYUSH society, ensuring effective execution and timely reporting of all project components to the state level. This structure allows for the smooth management of local health needs, including the operationalization of AYUSH Health and Wellness Centres and the execution of specialty-focused public health projects.

5.2.1 Structure of District Programme Management and Supporting Unit Office



5.2.2 District Programme Management and Supporting Unit Profile

Table No 5.2.2 presents the contact and office details of the District Programme Management and Supporting Unit (DPMSU), including the District Programme Manager responsible for coordinating and implementing NAM activities at the district level.

Table No: 5.2.2: District Programme Management and Supporting Unit Profile

Post	Office Address	Office Number	Mail id
District Programme Manager	DPMSU, National AYUSH Mission, 5 th Floor, Arogya Bhavan, Thiruvananthapuram - 01	7306433267	dpmnamtvp@gmail.com

Source: District Data

5.3 Human Resources Profile

The National AYUSH Mission provides human resources to both the Indian Systems of Medicine (ISM) and Department of Homoeopathy in Kerala through its major functional components, namely AYUSH Services (Medical Officers and supporting staff), Public Health Programmes, Flexipool Projects, and Ayushman Arogya Mandir (AYUSH). In addition, the Mission deploys personnel for programme management and administrative support to enable effective planning, implementation, monitoring, and financial management of AYUSH activities. This integrated human resource framework ensures efficient healthcare delivery and sustained institutional support across the State.

Ayush Service (HR) under NAM refers to the provision of Medical Officers and supporting staff to both ISM and Department of Homoeopathy, ensuring the availability of skilled manpower for effective healthcare service delivery.

Flexipool Projects enable the State to implement innovative and state-specific projects and programmes, providing flexibility to address local health priorities and emerging needs.

Ayushman Arogya Mandir - Ayush (AAM-AYUSH) functions as the primary AYUSH healthcare delivery point, ensuring accessible, affordable and quality services while supporting preventive, promotive, curative and rehabilitative care with strong community outreach.

AYUSH Public Health Programmes are national initiatives aimed at addressing priority health conditions through disease prevention, health promotion, awareness generation and strengthened healthcare delivery, contributing to holistic community wellness and improved public health outcomes.

District Programme and Management Unit (DPMSU) provide governance, coordination, monitoring, financial management and reporting support through the deployment of two staff members

Table No5.3.1 shows the distribution of Medical Officers and Supporting Staff across ISM, Homoeopathy, and DPMSU under the National AYUSH Mission in the district

Table No 5.3.1 Department-wise Component HR Strength under NAM

Department	Component	Medical Officers	Supporting staffs	Total
ISM	Ayush Services HR	29	79	260
	Flexipool Projects	16	59	
	Ayushman Arogya Mandir(hwc)	0	64	
	Public Health Programme	7	6	
HOMOEOPATHY	Ayush Services HR	10	15	106
	Flexipool Projects	4	5	

	Ayushman Arogya Mandir	0	48	
	Public Health Programme	12	12	
DPMSU	Admin	1	1	2
Total HR				368

Source: District Data

The details of medical and paramedical posts sanctioned in the district in Department-wise Component HR Strength under NAM which includes the category of posts, number of positions approved across various health institutions, are attached as annexure 5.3.2

5.4 Ayush Services- Supply of Essential Drugs

Supply of Essential Drugs to Government AYUSH Hospitals and Dispensaries

- ₹4.00 lakhs per annum for essential drugs for AYUSH Hospitals
- ₹2.00 lakhs per annum for essential drugs for AYUSH Dispensaries

Table No5.4 presents the number of institutions sanctioned under the National AYUSH Mission along with the amount approved for each institution. The financial support ensures uniform strengthening of AYUSH facilities and improved service delivery across all approved centres.

Table No 5.4 Number of institutions sanctioned under the supply of essential drugs

Sl. No.	Institution	No. of sanctioned institution	Amount Sanctioned for each institution Amount
1	Hospital	15	₹4.00 lakhs
2	Dispensaries	52	₹2.00 lakhs

Source: District Data

5.5 Ayush Services- Health Infrastructure Development

5.5.1 Upgradation of Exclusive / Standalone Government AYUSH Hospitals/ AYUSH Dispensaries

In Thiruvananthapuram district, the National AYUSH Mission has undertaken extensive infrastructure development to strengthen Ayurveda, Homoeopathy, and Siddha healthcare services. Over the years, several Ayurveda and Homoeopathy dispensaries and hospitals, including major institutions such as Neyyattinkara, Parassala, Varkala, District Homoeopathy Hospital Thiruvananthapuram, and Government Homoeopathy College Iranimuttom, have been completed with substantial financial support.

At present, major projects are in progress, including the upgradation of Government Homoeopathy College Iranimuttom and District Homoeopathy Hospital Thiruvananthapuram, construction of 50-bedded Integrated AYUSH Hospitals at Varkala and Kappukad, and development of multiple Ayurveda hospitals at Kottoor, Nedumangad, Kanjiramkulam, Venganoor, Nemom, and Ayoor. In addition, several dispensaries and Siddha facilities are being upgraded, along with improvements to teaching infrastructure at Government Ayurveda College Poojappura and Sree Vidyadhiraja Homoeopathy College Nemom. These works demonstrate a focused effort to expand capacity, modernise facilities, and improve access to quality AYUSH healthcare across the district.

The details of completed & ongoing infrastructure development works under the National AYUSH Mission (NAM) for Ayurveda and Homoeopathy institutions in the district across various financial years are attached as Annexure 5.5.1.

5.5.2 Setting up of up to 10/30/50 bedded integrated AYUSH Hospital

This table presents the details of Integrated AYUSH Hospital projects sanctioned under the National AYUSH Mission (NAM) in Kerala, including the State Annual Action Plan (SAAP) year, district, name of the project, and the amount approved as per the scheme.

Table No 5.5.2 Integrated AYUSH Hospital Projects under NAM Kerala

Integrated AYUSH Hospital Projects under NAM Kerala				
SL No.	SAAP Yr	District	Name of Work	Amount Approved as per scheme
1	2023-24	Thiruvananthapuram	Construction of 50 Bedded Integrated AYUSH Hospital Varkala	150000000
2	2023-24	Thiruvananthapuram	Construction of 50 Bedded Integrated AYUSH Hospital Kappukad	150000000

Source: District Data

5.6 Ayush Services- Programmes & Projects- Ayush Public Health Programmes

The AYUSH Public Health Programmes aim to strengthen India's public health system through preventive, promotive, curative, and rehabilitative healthcare using traditional systems of medicine. In the context of increasing chronic diseases, ageing population, and lifestyle-related disorders, AYUSH systems offer safe, cost-effective, and evidence-based healthcare options. Under the National AYUSH Mission (NAM), structured programmes have been launched focusing on musculoskeletal disorders (especially osteoarthritis), non-communicable diseases, maternal and neonatal care, mobile medical services, geriatric and palliative care, and school health promotion. These are implemented through existing NAM frameworks at state and district levels with emphasis on evidence-based interventions, capacity building, and IT-enabled monitoring.

5.6.1 National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders in brief

Musculoskeletal disorders (MSDs), including osteoarthritis, are a major cause of disability and reduced productivity globally and in India, affecting around 20% of the population.

Need for AYUSH Intervention: There is no dedicated programme in India for MSDs. AYUSH therapies, including herbal medicines, yoga, diet, and lifestyle modifications, offer effective and safe management options. Integrating these interventions supports the goals of the National Health Policy (2017) and Sustainable Development Goal 3.

Objectives:

- a. Manage osteoarthritis and other MSDs through AYUSH-based integrative approaches.
- b. Promote self-care and awareness through Information, Education and Communication (IEC) activities.

Implementation Strategy:

Populations are categorised by risk levels for targeted intervention. Activities are implemented through AYUSH Health and Wellness Centres, dispensaries, and affiliated institutions. Major components include screening, preventive awareness, yoga, diet and lifestyle advice, clinical consultations, rejuvenation therapies (Rasayana), cleansing (Shodhana), Varma therapy, medicated oil applications, and follow-up care.

The following institutions are providing services under this project

1. Government. Homoeopathy Hospital. Neyyattinkara. Thiruvananthapuram
2. District Homoeo Hospital Thiruvananthapuram
3. Government. Homoeo Hospital. Attingal. Thiruvananthapuram
4. Government. Homoeo Hospital Karakulam. Trivandrum

Table No 5.6.1 shows the Beneficiary details of NPPMOMD programme in Ayurveda and Homoeopathy

Table No 5.6.1 Beneficiary Details of NPPMOMD

Sl. No.	Department	Old	New	Total
1	Ayurveda	659	1294	1953
2	Homoeopathy	5161	11191	16360

Source: District Data



Figure 5.6.1 Medical Camp conducted

VAYO MITRA: AYUSH Geriatric Healthcare Services – in brief

With India's ageing population rising and the old-age dependency ratio increasing, ensuring the health, dignity, and wellbeing of senior citizens has become vital. The *Vayo Mitra* initiative under the National AYUSH Mission focuses on promoting healthy ageing through preventive, promotive, and therapeutic AYUSH approaches. Traditional practices like *Swasthavritha* (maintenance of health), *Rasayana* (rejuvenation), *Panchakarma*, and *Tadbiri-Shaykhukhat* (Unani geriatric care) form the basis of AYUSH geriatric healthcare.

Objectives:

- Create awareness about healthy ageing and ways to reduce morbidity in old age.
- Provide specialised AYUSH healthcare for the elderly through the existing AYUSH network.

- Promote community recognition of the value and potential of healthy elderly individuals.

Implementation Strategies:

- **Preventive & Promotive Care:**

Encourages healthy routines (*Dinacharya, Ritucharya*), yoga, stress management, balanced diet, and proper lifestyle habits. Trained health workers conduct domiciliary visits, health assessments, and weekly AYUSH clinics for the elderly.

- **Information, Education & Communication (IEC):**

Health education through mass and folk media promotes physical fitness, stress reduction, and awareness on AYUSH geriatric care. Elderly clubs and health camps will be organised, and IEC materials and media campaigns will spread messages on healthy ageing and available AYUSH services.

The following institutions are providing services under this project

1. Government. Homoeo Hospital Attingal
2. Government Ayurveda Hospital Parasala. Thiruvananthapuram.

Table No 5.6.2. provides gender-wise and total beneficiary coverage under the Vayo Mitra geriatric care project.

Table No 5.6.2 beneficiary details

Units	Old	New	Total	Male	Female
Thiruvananthapuram	374	584	958	396	359

Source: District Data



Figure 5.6.2 Treatment in Vayo Mitra

5.6.3 AYURVIDYA: Promotion of Healthy Lifestyle through AYUSH for School Children - in brief

The AYURVIDYA programme aims to promote healthy lifestyles and awareness about AYUSH principles among school children, focusing on hygiene, diet, yoga, and the use of medicinal plants and home remedies. The initiative targets schools in regions with poor health indicators, especially aspirational districts, to instill lifelong healthy habits from an early age.

Objectives:

- To encourage school children to adopt healthy lifestyles and diets based on AYUSH principles.
- To create awareness about the importance of medicinal plants and simple home remedies.
- To educate children about yoga for fitness, wellbeing, and stress management.

Implementation Strategy:

- The programme will cover UPTO 300 schools per year, with an AYUSH doctor and multipurpose worker catering to UPTO 25 schools monthly.
- Block-level teams including AYUSH professionals, headmasters, and NGOs will conduct AYUSH and nutrition education sessions.
- Teaching methods will use interactive tools such as videos, quizzes, posters, slogans, and street plays for effective learning.
- Activities include health and hygiene campaigns, yoga camps, medicinal herb plantations, and early health screening for common conditions.
- Teachers will be trained to identify medicinal plants and teach home remedies.
- Referral linkages with AYUSH hospitals and colleges will ensure follow-up care, and IEC materials will be distributed for awareness.

The following blocks and institutions are covered under this programme

1. AHWC Valiyavila, Thiruvananthapuram corporation. Thiruvananthapuram district

Table No5.6.3 presents the number of awareness sessions conducted and beneficiaries reached under AYUVIDYA.

Table No5.6.3 showing the beneficiary details under the project

No of Awareness Session	No of Beneficiaries
4	209



Figure 5.6.3 Ayurveda Training to kids

5.6.4 AYUSH Mobile Medical Unit – in brief

AYUSH Mobile Medical Units (AMMUs) aim to deliver healthcare to unserved and underserved, particularly tribal, populations facing a triple disease burden—malnutrition and communicable diseases, rising non-communicable diseases, and mental health issues. These mobile units bring preventive, promotive, and curative AYUSH healthcare to remote regions, improving accessibility and continuity of care.

Objectives:

- Provide doorstep AYUSH healthcare services in remote and tribal areas through outreach activities.
- Screen and manage common communicable and non-communicable diseases, provide basic OPD care, and ensure referral linkages to higher AYUSH facilities.

Implementation Strategy:

The programme will operate across unserved tribal regions. Each mobile unit—staffed by a medical officer and multipurpose worker. Villages will be mapped to identify inaccessible

clusters and referral sites. Activities include community mobilisation, disease screening, follow-up visits, medicine distribution, and proper record maintenance. The AMMUs will also conduct IEC/BCC activities to promote awareness on AYUSH interventions for malnutrition, de-addiction, and yoga, along with capacity-building programmes to improve health-seeking behavior among tribal populations.

The following block/Sub division/district/ of the proposed public health programme

1. Ponmudi. Vamanapuram Block. Thiruvananthapuram
2. Vellanad Block. Thiruvananthapuram

Table No 5.6.4 indicates a strong upward trend in service utilisation, with a sharp increase in both new and follow-up cases in 2025 compared to the previous year. This reflects improved outreach, better continuity of care, and growing community acceptance of AYUSH Mobile Medical Unit services in remote and tribal areas.

Table No 5.6.4 showing the details of Beneficiary

	New Cases				Grand Total	IEC-Awareness Classes	Beneficiary Count
	Male	Female	Children	Total			
ayur							
2025 April to December	7	25	1	33	33	8	106

Source: District Data



Figure 5.6.4 Mobile Medical Unit

5.6.5 KARUNYA: AYUSH Palliative Services – in brief

The KARUNYA initiative aims to provide compassionate, holistic palliative care through AYUSH systems of medicine, focusing on improving the quality of life of patients with life-limiting illnesses and supporting their families. Palliative care addresses physical, emotional, social, and spiritual needs, particularly for patients with conditions such as cancer, neurological disorders, organ failure, autoimmune diseases, HIV/AIDS, and age-related illnesses.

The programme emphasises home-based care, considering it cost-effective and comforting, and integrates supportive care into AYUSH dispensaries, Health & Wellness Centres, and hospitals. Early initiation of palliative care, from the time of diagnosis, helps ensure better symptom management and family preparedness.

Objectives:

To provide quality, integrated supportive care for patients suffering from chronic, lifestyle-related, geriatric, and psychiatric conditions.

Implementation Strategy:

- Home visits by AYUSH medical officers and trained health workers for patient assessment and basic care.
- Relief from pain and other symptoms through AYUSH treatments, along with psychosocial counselling.

- Use of AYUSH HWCs for community mobilisation and awareness.
- Conducting training and sensitisation programmes for healthcare professionals.
- Regular monitoring and evaluation of services.

The following blocks and institutions are covered under this programme

1. Municipal Corporation. Trivandrum
2. District Homoeo Hospital. Trivandrum
3. Thiruvananthapuram Corporation
4. Athiyannur Block Thiruvananthapuram
5. Thiruvananthapuram Government Homoeopathy College
6. Venganoor Block. Thiruvananthapuram

Table No 5.6.5. Beneficiary details of KARUNYA

DEPARTMENT	NEW CASES	OLD CASES	GRAND TOTAL
Homoeopathy	1371	2900	4271
Ayurveda	435	945	1380

Source: District Data



Figure 5.6.5.1 Karunya Treatment

5.6.6 SUPRAJA: AYUSH Maternal & Neo-natal Intervention – in brief

SUPRAJA under the National AYUSH Mission focuses on holistic maternal and child healthcare through AYUSH-based antenatal and postnatal care. It aims to reduce maternal and neonatal morbidity and mortality, ensure proper foetal development, promote normal delivery, and improve overall wellbeing of mothers and infants through AYUSH regimens, diet counselling, and yoga. The programme supports management of common pregnancy-related issues, promotes maternal strength, and addresses neonatal and childhood ailments through safe AYUSH interventions. Care includes regular antenatal check-ups, nutrition counselling, yoga, herbal support, postnatal care, breastfeeding promotion, and maternal health monitoring.

Objectives

- To reduce maternal and neonatal morbidity and mortality through AYUSH-supported care.
- To ensure proper foetal growth with continuous medical monitoring and prophylaxis.
- To prevent pregnancy-related complications and promote normal delivery.
- To improve overall health and wellbeing of mothers and infants through AYUSH regimens, diet counselling, and yoga.

Implementation Strategy

- Establish SUPRAJA units in AYUSH teaching institutions and selected State AYUSH hospitals.
- Provide regular antenatal and postnatal check-ups along with routine medical care and AYUSH support.
- Supply AYUSH postnatal care kits to beneficiaries.
- Conduct training and capacity building programmes for AYUSH healthcare providers.

- Implement IEC activities to enhance awareness, participation, and community outreach.

The following Institution has proposed the Supraja (AYUSH Maternal & Neo-natal Intervention)

1. Government Ayurveda college Hospital. Women and Child Hospital
Thiruvananthapuram

Table 5.6.6.1 showing the beneficiary details of SUPRAJA Project in the Govt: Ayurveda College Hospital for Women and Children, Poojappura

Month	ANC	PNC
April 2024	30	4
May 2024	17	13
June 2024	13	7
July 2024	2	10
August 2024	21	23
Sep 2024	20	21
Oct 2024	28	24
Nov 2024	17	11
Dec 2024	14	14
Jan 2025	19	19
Feb 2025	18	24
Mar 2025	18	24
Total	217	194

Source: District Data

5.7 Ayush Services- Programmes & Projects- Flexipool Projects

The Flexipool project is a component that allows States to utilise up to 25% of the actual SAAP (State Annual Action Plan) amount to implement innovative or state-specific

projects and programmes. It provides flexibility for the State to design and execute activities based on local health priorities and emerging needs that may not be covered under mandatory components of NAM guidelines.

5.7.1 Allergy & Asthma Special Clinic (Homoeopathy)

The project is a statewide Homoeopathy initiative aimed at addressing allergy, asthma, and chronic respiratory diseases (CRDs) such as chronic obstructive pulmonary disease (COPD) and chronic bronchitis through outpatient and inpatient services in all District Homoeopathy Hospitals in Kerala. The initiative seeks to provide comprehensive Homoeopathic treatment, reduce morbidity and mortality, and lessen the financial, physical, and emotional burden on patients and their families.

The programme includes outpatient and inpatient care, community outreach activities, medical camps, and health education programmes, supported by a structured monitoring and evaluation system using baseline data, patient registries, electronic medical records (EMRs), review meetings, and impact assessments. Special clinics are established in district hospitals with patient-friendly facilities and appointment systems, supported by patient mobilisation through referrals, awareness sessions, information, education and communication (IEC) activities, and medical camps, with inpatient care provided wherever clinically indicated.

Table No 5.7.1 provides year-wise gender-wise and total beneficiaries treated under the Homoeopathy Allergy & Asthma Special Clinics

Table No 5.7.1 Number of Beneficiaries

	New Cases			Old Cases			Grand Total
	Male	Female	Total	Male	Female	Total	
2024-2025	153	204	357	468	1034	1502	1859

Source: District Data



Figure 5.7.1 Awareness class

5.7.2 Ayurkarma

Ayurkarma is an initiative that integrates Panchakarma therapies into Government Ayurveda Dispensaries in rural Kerala to ensure equitable access to holistic Ayurvedic healthcare. The programme enables economically weaker sections of the population to receive essential kriyā kramas such as Vamana, Virechana, Nasyam, Vasthi, and Raktamoksha through OP-based units established in selected dispensaries.

The project aims to bridge service delivery gaps by incorporating Panchakarma therapies into mainstream government healthcare. Patients are identified from the general OPD and evaluated by the Project Medical Officer, who prescribes appropriate therapies following necessary clinical examinations and informed consent procedures. Treatments are administered by trained therapists under medical supervision, with systematic documentation, monitoring of vital parameters, and post-procedure guidance to ensure safety and quality of care.

The following Government Ayurveda Dispensary is the fully operational center in the district.

1. Nemom
2. Aruvippuram

Along with the existing treatment protocols at dispensaries, Panchakarma techniques significantly enhance the quality of life of the population, particularly for a large number of patients from rural areas who depend on these dispensaries and are unable to access hospital-based inpatient services for such therapies. Moreover, the initiative contributes to enhancing the social relevance and community value of these institutions.

Table No 5.7.2.2 Ayurkarma Kriyakrama Sessions

SL NO	District	Total Pancha Karma Procedures	Beneficiaries
1	Thiruvananthapuram	2045	152

Source: District Data



Figure 5.7.2 Awareness Camp

5.7.3 Mental Health Specialty Clinics in AYUSH

The AYUSH systems—Ayurveda, Homoeopathy, and Yoga—offer time-tested, person-centric approaches to mental well-being, with a strong emphasis on the mind–body–spirit connection. Recent initiatives have demonstrated the potential of these systems in addressing the psychological, emotional, and behavioural dimensions of health. Ayurveda-Based Mental Health Projects

Harsham: Anti-Depression Ayurveda Clinics

These clinics focus on natural therapeutic interventions for the management of clinical depression, stress-related disorders, and lifestyle-induced emotional conditions.

Pratheeksha: Improvement of IQ in Children with Intellectual Disabilities

This programme provides cognitive enhancement therapies and Ayurvedic interventions for children with intellectual disabilities.

Medha: Correction of Scholastic Backwardness

The initiative supports children facing academic and attention-related challenges through Ayurvedic formulations, counselling, and dietary guidance.

Homoeopathy-Based Mental Health Projects

Seethalayam Clinics

These are gender-responsive clinics providing Homoeopathic management for mental, physical, and social health issues of women, including anxiety, depression, postnatal stress, psychosomatic disorders, and trauma resulting from abuse.

Sadgamaya Clinics

Targeted at adolescents, these clinics offer mental health support, behavioural correction, and prevention of substance abuse through Homoeopathic interventions, counselling, and outreach activities.

Homoeopathy, with its individualised remedy selection and focus on the psycho-social environment of the patient, has demonstrated effective outcomes in the management of psychosomatic disorders, mood disturbances, behavioural issues, and substance use tendencies, particularly among vulnerable population groups.

The List of Dispensaries/ Hospitals Under the Coverage of Harsham

1. Government Ayurveda Dispensary Kattakkada
2. Government Ayurveda Dispensary Aruvippuram
3. Government Ayurveda Dispensary Nemom
4. Government Ayurveda Dispensary Cheramanthuruth

5. Government Ayurveda Dispensary Pullambara
6. Government Ayurveda Dispensary Thirupuram
7. Government Ayurveda Dispensary. Vithura
8. Government Ayurveda Dispensary. Navaikkulam
9. Government Ayurveda Dispensary. Chenkal
10. Government Ayurveda Dispensary. Kazhakkootam
11. Government Ayurveda Dispensary Attipra

Table No 5.7.3 reflects a marked increase in both new and follow-up cases in the second reporting period, indicating expanding service coverage and improved continuity of care. The rising beneficiary numbers suggest growing acceptance and utilisation of the Harsham mental health clinics in the district.

Table No 5.7.3 -Beneficiary Details of Harsham

	New Cases	Old Cases	Grand Total
Financial Year 1: April 2024 - March 2025	470	620	1090
Financial Year 2: April 2025 - November 2025	313	413	726

Source: District Data



Figure 5.7.3 Harsham Awareness Camp

5.7.4 AYUSH Infertility Clinics

AYUSH Infertility Clinics aim to provide holistic and evidence-based reproductive healthcare through Ayurveda. These clinics address both male and female infertility factors by integrating traditional treatment protocols with modern diagnostic support. By focusing on conditions such as **PCOS, endometriosis, ovulatory dysfunction, and male-factor infertility**, the clinics offer safe, natural, and patient-centred therapies that minimise side effects and promote overall reproductive health.

Along with medical management, **lifestyle modification, counselling, and continuous follow-up** are emphasised to ensure better treatment outcomes. The initiative enhances accessibility to specialised infertility care and supports couples in achieving natural conception while improving their physical and emotional well-being.

Table No 5.7.4.1 presents unit-wise performance of AYUSH infertility clinics, showing the number of infertility cases registered, successful pregnancies, deliveries, secondary infertility cases, IVF referrals, and gynaecological cases treated. It reflects the effectiveness of AYUSH-based reproductive health services and their contribution to improving maternal and reproductive health outcomes.

Table No 5.7.4.1 Details of Centers with No. of Beneficiaries During 2024-2025

Sl. No	Name of Unit	Infertility Cases	Positive Cases	Delivery	Secondary Infertility Cases	IVF	Gynaec. Cases
1	Government Ayurveda Dispensary Attipra. Thiruvananthapuram	23	3	0	1	0	467

Source: District Data

5.7.5 Setting Up of Physiotherapy Unit in Government AYUSH Hospitals

In Kerala, under the State Annual Action Plans (SAAP) for 2023–24 and 2024–25, a total of 27 physiotherapy units—including 26 units in Homoeopathy Hospitals and one unit in an

ISM Hospital—have been approved and operationalised, addressing a long-pending need for physiotherapy services in AYUSH hospitals.

Given the encouraging public response, the tangible health benefits observed, and the increasing burden of lifestyle-related and degenerative diseases, the expansion of physiotherapy services under AYUSH has become increasingly relevant.

Table No 5.7.5.1 showing The beneficiary count of last year reflects strong utilisation of physiotherapy services at the AYUSH hospital, indicating high demand for rehabilitative care and the relevance of physiotherapy in supporting AYUSH treatment outcomes.

5.7.5.1 Beneficiary Details - Physiotherapy Unit

Sl. No.	Unit	Total No. of Beneficiaries
1	Government Homoeopathy Hospital Attingal	1782
2	Government Homoeopathy Hospital East Fort	2415
3	Government Homoeopathy Hospital Karakulam	2037
4	Government Ayurveda Hospital Nedumangad	2114

Source: District Data



Figure 5.7.5.1 Physiotherapy Unit

5.7.6 Sports Ayurveda Project

Sports Ayurveda is an established Ayurveda super-speciality in **Kerala** that integrates traditional Ayurvedic wisdom with modern sports medicine to enhance athletic performance, endurance, and overall well-being. It adopts a holistic approach through personalised diet and nutrition, condition-specific medicines, specialised therapeutic massages, Panchakarma therapies, and targeted rehabilitation strategies aimed at injury prevention, management of sports-related conditions, and optimisation of performance.

With a long tradition of supporting arts and sports personnel through indigenous medical systems, Kerala has demonstrated the untapped potential of Ayurveda in the field of sports medicine. The scope of Sports Ayurveda includes event-specific therapeutic interventions, pre-event conditioning, post-event recovery, off-season conditioning, energy enhancement, prevention and management of repetitive strain and other sports injuries, and specialised care for sportswomen.

Proven to be safe and effective, Sports Ayurveda addresses preventive, curative, and rehabilitative needs without post-traumatic complications. Several injuries previously recommended for surgical intervention have been successfully managed through Ayurvedic treatment, resulting in rapid recovery. The established Sports Ayurveda units have benefited numerous national and international athletes, many of whom have achieved podium finishes, and continue to attract sports professionals from across India due to their reliable, holistic, and performance-enhancing outcomes.

This Table No 5.7.6.1 shows the availability of specialty, general and mobile Sports Ayurveda units in the district.

Table No 5.7.6.1 District-wise Distribution of Sports Ayurveda Units in Kerala

District	Specialty Unit	General Unit	Mobile Support
Thiruvananthapuram	No	Yes	Yes
District	No. of Events	No. of Days	Total Beneficiaries
Thiruvananthapuram	1	5	256

Source: District Data

This Table No 5.7.6.2 indicates a substantial expansion of Sports Ayurveda activities in the second reporting period, with a sharp increase in OP services, on-field support days, and beneficiary coverage. This reflects strengthened integration of AYUSH sports medicine into athletic events and growing reliance on Sports Ayurveda for performance support, injury management, and awareness generation.

Table No 5.7.6.2 District -Wise Beneficiaries

DATA APRIL 2024 TO MARCH 2025						
Sl. No.	Op Beneficiaries	Referred To Kisar	Pre-Event & Post-Event Conditioning	On field Beneficiaries	Total Beneficiaries	Days of On field Events Attended
1	95	0	25	35	155	3
APRIL 2025 TO SEPTEMBER 2025						
Sl. No.	Total Beneficiaries - OP	Total Beneficiaries -IP	Number of Days of On field Duties	Onfield Beneficiaries	Number of Awareness Class Taken	Number of Awareness Class Beneficiaries
1	2284	0	4	114	5	330

Source: District Data



Figure 5.7.6 Sports Ayurveda Treatment

5.7.7 MPHWS for 700 Functional Ayushman Arogya Mandirs (AYUSH)

Multi-Purpose Health Workers (MPHWs) are qualified healthcare professionals trained in General Nursing and Midwifery (GNM) or higher nursing qualifications. They play a vital role in delivering comprehensive primary healthcare services and in promoting AYUSH systems through preventive, promotive, curative, and rehabilitative interventions.

In Ayushman Arogya Mandirs, MPHWS support clinical services, public health programmes, geriatric and palliative care, emergency response, and digital health activities, while also assisting with administrative functions. They serve as a crucial link between community-based health services and institutional care, ensuring comprehensive service delivery, continuity of care, and effective programme implementation.

5.7.8 Arunima- Anemia Eradication Programme through Ayurveda

The **Arunima – Anaemia Eradication Programme through Ayurveda** is a focused public health initiative aimed at addressing the high burden of nutritional anaemia through safe, affordable, and culturally acceptable Ayurvedic interventions. Building on its successful implementation across Integrated Child Development Services (ICDS) units and nearly **6,000 schools**, the programme has strengthened awareness generation, screening, treatment support, and community participation.

To further consolidate these gains, the programme seeks to expand its reach to vulnerable populations such as tribal communities, coastal areas, urban slums, and other high-prevalence pockets.

5.7.9 Telemedicine- Strengthening and Expansion

The AYUSH Telemedicine initiative in Kerala, implemented through the National e-Sanjeevani platform, has established a State-level Telemedicine Hub with dedicated consultation consoles for Ayurveda and Homoeopathy. The initiative enables both Patient-to-Doctor and Doctor-to-Doctor teleconsultations across the State. Training has been provided to AYUSH doctors in all 14 districts, ensuring operational readiness and facilitating the phased expansion of telemedicine services to remaining facilities

5.7.10 Thyroid Special Clinic (Homoeopathy)

This project is a comprehensive, community-based **Homoeopathy Thyroid Care Initiative** aimed at early detection, effective management, and reduction of thyroid-related morbidity across Kerala, with special focus on women of reproductive age and high-burden districts. The project strengthens district-level thyroid specialty clinics by providing dedicated human resource support, diagnostic facilities, medicines, technological tools, and structured follow-up mechanisms.

Through systematic screening, outpatient and inpatient treatment, laboratory monitoring, community outreach activities, medical camps, and integration with maternal health services such as Janani, the programme seeks to reduce complications including infertility, miscarriage, associated comorbidities, and long-term health risks. This initiative aims to ensure affordable care, reduce out-of-pocket expenditure, and significantly improve the quality of life of thyroid patients, thereby establishing a robust public health response to the growing burden of thyroid disorders in the State.

This Table No 5.7.10.1 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme

Table No 5.7.10.1 Beneficiaries Reported at Various Centres during 2024-25

	New Male	New Female	New Total	Old Male	Old Female	Old Total
2024-2025	24	120	144	141	1012	1153
2025- including Nov 25	97	4	101	14	0	14

Source: District Data

This Table No 5.7.10.2 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme.

Table No 5.7.10.2 Beneficiaries during 2024-25 (New Case)

Sl. No	District	Total No. of activities conducted	Total IEC Beneficiary count
1	Thiruvananthapuram	2	67

Source: District Data



Figure 5.7.10 Awareness Class Medical Camp Thyroid Special Clinic (Homoeopathy)

5.7.11 Training to AYUSH HR

The State proposes a comprehensive Training and Capacity Building Programme for AYUSH Human Resources. The initiative aims to enhance the knowledge, skills, and professional competence of AYUSH Medical Officers, teaching faculty, administrative personnel, and paramedical staff across Kerala. Through structured training modules covering clinical care, hospital administration, digital health systems, public health programming, research methodology, medico-legal aspects, and patient communication, the programme seeks to strengthen service delivery, improve programme implementation efficiency, and ensure preparedness for emerging health challenges.

Training will be delivered through a blended approach comprising offline residential sessions and online platforms, ensuring equitable participation from all districts. By training

approximately 5,000 personnel, the initiative is expected to significantly contribute to improving the quality and effectiveness of AYUSH services statewide.



Figure 5.7.11 HR Training

5.7.12 Yoga Wellness Centers

Yoga Wellness Centres are facilities that provide Yoga and Naturopathy services to promote physical, mental, and social well-being, with a focus on the prevention and management of lifestyle-related diseases. The programme aims to raise public awareness, encourage lifestyle modification, and promote Yoga and Naturopathy as effective tools for managing non-communicable diseases.

Implementation includes the deployment of Medical Officers and Yoga Instructors at AYUSH Arogya Mandirs, with Local Self Government Institutions (LSGIs) identifying outreach areas. Medical Officers oversee therapeutic management and coordinate Yoga and Naturopathy outreach activities to ensure effective service delivery.

This Table No5.7.12.1 provides gender-wise, outreach and total beneficiaries served through Yoga Wellness Centres

Table No 5.7.12.1 Details of Centres with Number of Beneficiaries during 2024-25

Sl. No.	District	Name of the Center	Male	Female	Children	Outreach	Total
1	Thiruvananthapuram	Government Ayurveda Hospital Neyyattinkara	2087	6398	116	880	9481
2	Thiruvananthapuram	Government Ayurveda Hospital Venganur	1801	10586	738	4265	17390
3	Thiruvananthapuram	FHC Mangalapuram	3072	10120	1160	2352	16704
4	Thiruvananthapuram	Neduman Government Ayurveda Dispensary Municipality (IAMU)	2849	3000	252	12103	18204
5	Thiruvananthapuram	Government Ayurveda Dispensary Andoorkonam	837	1530		267	2634
6	Thiruvananthapuram	Saigram	2805	4395	3140		10340
7	Thiruvananthapuram	Government Ayurveda Hospital Kulamuttam	3093	5735		2356	11184
8	Thiruvananthapuram	Government Ayurveda Hospital Parassala	2107	6867	858	2485	12317

Source: District Data

5.7.13 Non-Communicable Disease (NCD) Management through AYUSH

The Integrated NCD Care Programme is a multidisciplinary initiative that provides holistic prevention, early diagnosis, and advanced management of non-communicable diseases such as diabetes, hypertension, dyslipidaemia, thyroid disorders, stroke, and cancer through dedicated Ayurveda, Siddha, Unani, and Homoeopathy units supported by Yoga-based lifestyle interventions. With **14 Ayurveda units, 14 Homoeopathy units, two Siddha units, and two Unani units** functioning across the State, the programme aims to reduce the prevalence and morbidity of non-communicable diseases, strengthen complication care, promote lifestyle and behavioural modification, and reduce out-of-pocket expenditure by offering accessible and standardised traditional medicine services.

Implementation includes health promotion activities, high-risk screening, early diagnosis, and comprehensive clinical management of major non-communicable diseases and their complications through integrative treatment protocols at district-level advanced care centres.

Table No 5.7.13.1 summarises new registrations, follow-ups, yoga sessions and IEC activities under the NCD management programme

Table No 5.7.13.1 Detailed Review of the Year 2024-25 Patient Services

Sl. No	Unit	New NCD Patients Registered	Follow-up Visits	Yoga Sessions Conducted	Health Education/IEC Sessions
1	Trivandrum (Ay)	4823	6831	1423	36
2	Trivandrum (Unani)	1307	2945	623	15

Source: District Data

•

Table No 5.7.13.2 presents disease-wise distribution of new NCD patients registered.

Table No5.7.13.2 Disease-wise Details (New Cases Registered)

Sl. No	Unit	Diabetes Mellitus	Hypertension	Dyslipidemia	Thyroid Disorders	Others
1	Trivandrum (Ay)	1058	947	1106	980	732
2	Trivandrum (Unani)	276	325	247	261	198

Source: District Data

Table No5.7. 13.3 Disease-Wise Breakup of Beneficiaries Who Availled NCD Management Clinical Services During 2024-2025

Table No 5.7.13.3 Disease Wise Break Up of Beneficiaries

District	Diabetes Mellitus	Hypertension	Dyslipidemia	Obesity	Cardio Vascular Disorders	Cancer	Renal Disorders	COPD	Other Diseases
Thiruvananthapuram	2300	579	738	87	20	0	84	19	1882

Source: District Data

5.7.14 IEC Activities- Newsletter, Day Observances, Participation in Various Events, Outreach Activities etc.

Kerala has emerged as a leading State in the AYUSH sector with nearly 2300 functioning institutions ranging from medical colleges and speciality hospitals to district and peripheral health facilities. A considerable proportion of the population relies on AYUSH systems for healthcare, and many successful treatment outcomes and health initiatives have reinforced public confidence in these systems.

To further strengthen awareness regarding the facilities, programmes, activities, and achievements in AYUSH, structured IEC activities such as newsletters, day observances, participation in national and international events, exhibitions, and outreach initiatives are proposed. These initiatives will enable systematic dissemination of information to the public, policymakers, planners, healthcare professionals, and stakeholders, thereby enhancing visibility and acceptance of AYUSH systems.

During the previous year, NAM Kerala successfully implemented several IEC initiatives, including the regular publication of newsletters highlighting AYUSH activities, research achievements, and success stories, along with active observance of important AYUSH and health-related days. Participation in prestigious platforms such as the G20 further contributed to showcasing Kerala's AYUSH capabilities at global level. In the coming year, it is proposed to continue and expand these efforts through enhanced newsletters, thematic day observances, participation in national and international forums, exhibitions, Arogyamelas, and focused outreach programmes. These activities will support mainstreaming of AYUSH, promote public engagement, improve accessibility of information, and reinforce Kerala's position as a prominent centre of AYUSH excellence.

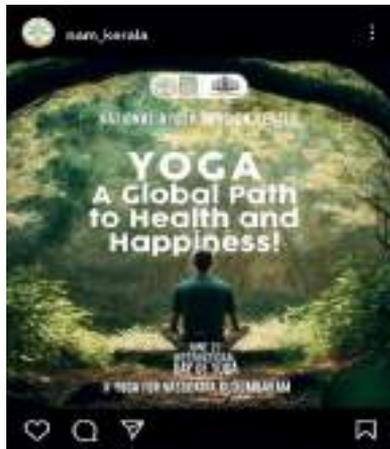


Figure 5.7.14.1 Newsletter



Figure 5.7.14.2 e-poster



Figure 5.7.14.3. Branding through public transportation



Figure 5.7.14.4 . Branding through public transportation

5.7.15 Siddha Therapy Units

Siddha Therapy Units are specialised centres established to deliver Siddha Varma therapy and other Siddha external treatment procedures within the public health system, focusing on holistic healing through manipulation of vital energy points and traditional therapeutic techniques. These units provide drugless Varma therapy—effective for neuromuscular, musculoskeletal and sports-related conditions—along with external treatments such as Nasyam, fomentation, anointing and leech therapy. The initiative aims to make Siddha therapies accessible and affordable, improve mobility and pain management for chronic and bedridden patients, raise public awareness and support research and development in the Siddha system. Implementation includes community awareness, OP-based service delivery and continuous training for Siddha medical officers, with expansion planned through additional therapy units to strengthen integration of Siddha care in the public health sector.

Table 5.7.15 presents the list of Siddha Therapy Units established under the National AYUSH Mission

Table 5.7.15 List of Institutions with Corresponding Districts

Sl. No.	Name of Institution
1	Govt Siddha Dispensary Avanavancheri
2	Govt Siddha Dispensary Manickal

Source: District Data



Figure 5.7.15: Siddha Therapy awareness Camp

5.7.16 Drishti

The **Drishti Project** is a comprehensive initiative aimed at promoting eye health through early detection, effective management, and accessible treatment. The project focuses on identifying ocular diseases such as diabetic retinopathy and glaucoma at an early stage to prevent future complications. For elderly individuals and patients with conditions such as heart disease who may not be suitable candidates for cataract surgery, the project provides non-surgical management options.

Drishti also emphasises the prevention of refractive errors through regular screening programmes in schools and workplaces, helping students and employees maintain optimal vision. With cost-effective treatment protocols, the initiative ensures affordable eye care compared to other systems of medicine. Most importantly, the project provides inclusive eye care services for all age groups by utilising modern diagnostic tools and offering treatment through both outpatient and inpatient services.

Table 5.7.16.1 Details of Centers with No. of camp Beneficiaries During 2024-2025

District/Unit	Total Camps	Total Camp Beneficiaries	Total IP	Total OP	Males	Females	Child
Government Ayurveda Hospital. Neyyatinkara	14	1068	23	3234	1264	1558	412

Source: District Data

Table 5.7.16.2 Details of No. of Beneficiaries During 2024-2025

	Unit	Old Cases	New Cases	Grand Total
Financial Year: April 2025 - November 2025	Government Ayurveda Hospital Neyyatinkara	1328	2367	3695
Financial Year: April 2024 - March 2025	Government Ayurveda Hospital Neyyatinkara	40	4374	4414

Source: District Data

**Figure 5.7.16 : Drishti Treatment**

5.7.17 Integrated AYUSH Medical Unit (IAMU)

The Integrated AYUSH Medical Unit (IAMU) is a National AYUSH Mission initiative that provides comprehensive healthcare services by bringing Ayurveda, Siddha, Homoeopathy

and Unani systems under one platform. These centres ensure accessible multi-system treatment. strengthen management of lifestyle and chronic diseases. offer continuous outpatient care with free medicines and counselling. and promote holistic wellbeing through coordinated clinical services. IAMUs also enhance public trust in AYUSH by providing safe. effective. and patient-friendly healthcare with strong community outreach and regular follow-up support.

System Wise Patient Distribution

The system-wise patient distribution highlighted the diversity of medical systems utilized and the increased reach of the IAMU program:

Table 5.7.17.1 Availability of AYUSH Institutions Across Districts

Sl. No.	District	Institution	Ayurveda	Siddha	Homo eo	Unani	Total
1	Trivandrum	Neduman Government Ayurveda Dispensary	11,415	9,162	10,251	-	30,828

Source: District Data

In addition to increased beneficiary numbers. the scope of activities conducted under the IAMU program also expanded. These activities included medical camps. awareness classes. palliative duties. and various competitions aimed at raising health awareness and improving community engagement.

Table 5.7.17.2 Centre-wise Distribution of Activities

Centre	Activities	Number of Activities
Trivandrum	Awareness class	24
	Medical camp	12

Source: District Data

Integrated AYUSH Medical Units (IAMU) have been highly effective in previous years. These Integrated AYUSH Medical Units will provide comprehensive healthcare to the inhabitants of the project areas.

5.7.18 Magalirjyothi- Women Care through Siddha Traditional Practices

Magalirjyothi project has made remarkable progress in improving women's health in Kerala. It promotes awareness, integrating traditional medicine, reducing healthcare costs, and empowering communities. The project supports the health of women physically and mentally. Awareness sessions are conducted at community level through anganwadis, covering vital topics such as adolescent health issues, importance of breastfeeding in young mothers, Antenatal care, Pregnancy nutrition plan, Importance of yoga in lifestyle disorders and the prevention of anaemia. All significant health related and national days are celebrated through awareness campaigns and quiz competitions, fostering greater community engagement and knowledge.

Table 5.7.18 Details of Centers with No. of Beneficiaries During 2024-2025

Sl. No.	Name of District	Total No. of Beneficiaries (OP)	Cookery Workshop	Awareness Class	Medical Camp
1	Thiruvananthapuram	13023	16	32	11

Source: District Data



Figure 5.7.20.1 Training Class

5.7.19 Strengthening of Women and Child Hospital in Poojappura under Government Ayurveda College Hospital, Thiruvananthapuram

This project aims to strengthen the Women and Child Hospital at Poojappura under the Government Ayurveda College Hospital, Thiruvananthapuram, transforming it into a state-of-the-art integrated maternal and child healthcare centre that combines the strengths of Ayurveda and modern medicine. The initiative focuses on enhancing service delivery, ensuring uninterrupted specialist manpower, improving academic training and research support, and strengthening comprehensive antenatal, intranatal, postnatal, and pediatric care. As Kerala's only fully functional integrative Women and Child hospital delivering both Ayurveda-based therapeutic care and modern obstetric and pediatric support under one roof, this project safeguards its unique healthcare model, ensures continuity of quality

services. improves clinical outcomes. and reinforces the institution as a premier training and research hub in integrative maternal and child health.

Table 5.7.19.1 Review of The Year 2024-25 with No. of Beneficiaries

Total Number of Labour and Other Procedures

Month	Total Number of Delivery	Total Number of Vaginal Deliveries	Total Number of Cesarean Sections
Apr- 24	10	4	6
May- 24	8	5	3
June- 24	3	1	2
July- 24	10	4	6
Aug- 24	6	2	4
Sept- 24	6	3	3
Oct- 24	2	0	2
Nov- 24	1	1	0
Dec- 24	2	1	1
Jan- 25	5	3	2
Feb- 25	6	1	5
Mar- 25	10	7	3
Grand Total	69	32	37

Source: District Data

Ayurveda Ante Natal Care. Ante Natal Yoga and Ayurveda Post Natal care were given to the ladies attending the OPD in the hospital which reduced the Caesarean Section Rates than previous section.

Table 5.7.19.2 Clinical Performance and Patient Care Statistics

LSCS	FTND	Major Surgeries	Minor Surgeries	IP	OP			
					PT&SR	KB	Gynec	Pediatrics
37	32	36	80	812	14679	7370	24132	11765

Source: District Data

Table 5.7.19.3 Major and Minor Surgeries- Month-wise Data

Month	Major Surgeries	Minor Surgeries
Apr- 24	8	5
May- 24	6	8
June- 24	3	5
July- 24	6	6
Aug- 24	1	11
Sept- 24	1	5
Oct- 24	2	5
Nov- 24	1	10
Dec- 24	0	4
Jan- 25	3	10
Feb- 25	5	7
Mar- 25	0	4
Grand Total	36	80

Source: District Data

Table 5.7.19.4 OP. IP Patients- Month-wise Data

Month	OP		IP	
	PT&SR	Kaumara	PT&SR	Kaumara
Apr- 24	1312	821	27	51
May- 24	1179	656	20	34
June- 24	1100	603	15	27
July- 24	1452	618	25	35
Aug- 24	1291	679	15	32
Sept- 24	986	628	9	32
Oct- 24	1252	577	22	27

Source: District Data

Table 5.7.19 .5 Monthly Patient Attendance in Gynecology and Pediatrics (OP & IP)

Month	OP		IP	
	Gynec	Pediatrics	Gynec	Pediatrics
June- 24	1910	793	12	10
July- 24	2245	1135	17	3
Aug- 24	2064	1240	17	7
Sept- 24	1945	1022	12	3
Oct- 24	2221	1080	8	7
Nov- 24	2166	1070	11	0
Dec- 24	2092	989	6	5

Jan- 25	2298	1108	17	16
Feb- 25	2087	1003	14	27
Mar- 25	1521	832	16	36
Grand Total	24132	11765	162	138

Source: District Data

As of now, a total of 30 staff members has been appointed under the project. In order to sustain and further enhance the quality of services and ensure smooth functioning of the labor room and operation theater, the State proposes a recurring grant of Rs. 45.78 lakhs under SAAP 2025-26 for the continued strengthening of the Women and Child Hospital, Poojappura, under the Government Ayurveda College, Thiruvananthapuram.

5.7.20 National Institute of Training in AYUSH (NITIA)

The National Institute of Training in AYUSH (NITIA), aims to establish a dedicated, autonomous centre of excellence in Kerala, a state globally recognised for its authentic AYUSH healthcare delivery and robust public health and medical education systems. With frequent national and international interest in Kerala's integrated AYUSH models, NITIA is envisioned to address the growing need for structured capacity building, skill enhancement and knowledge exchange by providing state-of-the-art, multi-tiered training programmes for AYUSH professionals. The Institute seeks to evolve as a premier hub for continuous professional development, promoting holistic healthcare through quality training, research and awareness initiatives, while functioning as a self-sustainable institution and positioning Kerala as a leading national and international centre for AYUSH training and research.

5.8 Ayush Services- Ayush Gram

AyushGram is a concept wherein villages will be selected for adoption of principles and practice of AYUSH way of life and interventions of health care in villages and providing the services at grass root level. AYUSH based lifestyles are promoted through behavioural change communication, training of village health workers towards identification and use of local medicinal herbs and provision of AYUSH health services. It also include promotion of

cultivation of endemic medicinal herbs and conservation of those already present in those areas. The elected village representatives are sensitized towards the concept so that there is also active participation from the community. It is a wholesome concept wherein convergence of AYUSH systems and other Govt. departments for the welfare of public is the ultimate aim.

Yoga sessions will be provided free of cost for the public at their convenient place and time with the motive of making it a part of their routine activity with constant practice.

Objectives

- To spread awareness within the community for practice of dietary habits and life styles as described in AYUSH Systems of Medicine which help in preventing disease and promoting health.
- To advice people about common ailments and its cure through use of herbs found in their localities.
- To raise campaign against communicable diseases like Malaria, Tuberculosis, Diarrhoea etc and measures for their prevention and treatment.
- Promotion of preservation and cultivation of medicinal plants.
- Prevention of Lifestyle Diseases
- Promotion of Yoga



Figure 5.8.1 Awareness Classes

The Table No 5.8.1 presents month-wise activities and beneficiaries under the AYUSH Gram initiatives

Table No 5.8.1 Ayush Gram activities

Sl. No.	Block	Number of Yoga Sessions Conducted								Total
		Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	
1	Perumkadavila	24	23	24	9	6	5	8	4	103
Number of medical camps conducted										
1	Perumkadavila	2	1	0	0	2	0	1	3	9
Number of medical camp beneficiaries										
1	Perumkadavila	90	95	0	0	196	0	27	53	461
Number of medicinal plant distributed										
1	Perumkadavila			150			124	25		
Ncd clinic beneficiaries										
1	Perumkadavila	264	249	306	408	349	349	291	286	2502

Source: District Data

5.9 Quality-Related Activities

5.9.1 NABH (National Accreditation Board for Hospitals)

The State Quality Assurance Wing under the **National AYUSH Mission, Kerala**, has been consistently committed to promoting a structured and sustainable Quality Assurance Programme across AYUSH healthcare institutions. The overarching objective is to ensure

that services delivered under the AYUSH system provide genuine satisfaction and positive patient experience, thereby contributing significantly to overall well-being.

In the context of the growing global emphasis on healthcare quality, it has become imperative to align AYUSH services with nationally recognised quality standards, particularly through accreditation frameworks such as **National Accreditation Board for Hospitals and Healthcare Providers (NABH)** and the **National Quality Assurance Standards (NQAS)**.

Progress So Far

Kerala has emerged as a pioneer in quality healthcare delivery, with significant progress made in the accreditation of AYUSH Health and Wellness Centres (AHWCs). Out of 700 operational AHWCs in the State, 250 centres have already achieved NABH Entry-Level Certification. This initiative has not only strengthened the operational systems of AHWCs but has also enhanced public confidence and satisfaction in AYUSH services.

Impact of NABH Certification in AHWCs

The NABH Entry-Level Certification of 250 AHWCs in Kerala has significantly elevated the standard of AYUSH services across the state. It has led to:

- Uniform implementation of quality protocols.
- Enhanced infection control and patient safety.
- Improved staff competence through continuous training.
- Streamlined biomedical waste management.
- Improved documentation, defined SOPs, and enhanced accountability.
- Increased patient satisfaction and public trust.
- Enhanced prospects for insurance coverage under recognized schemes.

These outcomes underline the importance of extending the quality certification programme to the hospital sector to ensure consistent delivery of high-quality AYUSH care across all tiers.

The certification process will follow a structured approach, including internal and external assessments, quality-specific training, preparation of documentation, and submission of applications to **National Accreditation Board for Hospitals and Healthcare Providers (NABH)**. Gap-closure activities related to infrastructure, equipment, and process improvements will be partially supported through additional sources such as Local Self Government Institution (LSGI) funds, Corporate Social Responsibility (CSR) contributions, MLA/MP funds, and upgradation components under the **National AYUSH Mission (NAM)**, as per institutional eligibility.

Implementation Strategy

To effectively implement and monitor the certification process, the following strategic mechanisms and committees have been established:

- State-Level Steering Committee, Assessment Management Committee, and Documentation Committee for oversight.
- District Quality Teams and Quality Committees in all districts.
- District Nodal Officers and Facilitators to coordinate implementation activities.
- State-Level Orientation and Training Programs for institution heads, LSG representatives, and quality teams.
- Self-assessments by institution heads using NABH checklists to identify institutional gaps.
- Development of the AHCW NABH-ELC Implementation Handbook.
- District-Level Internal Assessments and State-Level External Assessments through a trained pool of assessors.
- Procurement of essential biomedical equipment and furniture where required.

5.9.2 Kayakalp

The **Kerala AYUSH Kayakalp Award** is a State-level initiative under the **Department of AYUSH, Government of Kerala**, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The programme recognises hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

The initiative encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the **Swachh Bharat Mission** and enhances the overall image and service quality of AYUSH institutions across **Kerala**.

5.10 Ayushman Arogya Mandir AYUSH

Ayushman Arogya Mandir (AAM-Ayush) are established to provide comprehensive, people-centred primary healthcare through AYUSH systems.

In Ayushman Arogya Mandir (AAM-Ayush), National Ayush Mission AYUSH provides service delivery by providing one full time Yoga Instructor and one GNM qualified Multi-Purpose Health Worker, with an expenditure of ₹4.57 lakhs incurred for implementation.

They aim to transform existing AYUSH dispensaries and sub-centres into holistic wellness centres delivering preventive, promotive, curative, rehabilitative and palliative care. AAM-Ayush emphasise wellness promotion, lifestyle counselling, Yoga-based interventions, management of common and chronic illnesses, maternal and child health services, elderly care and referral support. Implementation is supported through the National AYUSH Mission with defined financial norms for infrastructure development, human resource support, training, IT systems and essential AYUSH medicines. Institutional mechanisms at national, state and district levels ensure planning, capacity building, convergence with NHM programmes, monitoring and evaluation to improve accessibility and quality of AYUSH-based primary healthcare.

5.11 IT Initiatives

5.11.1 AYUSH Yoga Club Locator Mobile App

The AYUSH Yoga Club Locator Mobile App is designed to help citizens easily discover and connect with government-approved AYUSH Yoga Clubs across Kerala. Using GPS-based real-time location services, the app enables users to identify nearby yoga centres, view available facilities, session timings, trainers. It promotes accessibility by ensuring that authentic and verified centres are brought within reach of every citizen, eliminating confusion regarding credibility. The platform also enhances transparency in public health service delivery by publishing verified information, performance records, and contact details of registered

clubs. By simplifying access to yoga resources, the app encourages community participation, supports preventive healthcare, improves wellness awareness, and strengthens the reach of the National AYUSH Mission's health promotion initiatives.

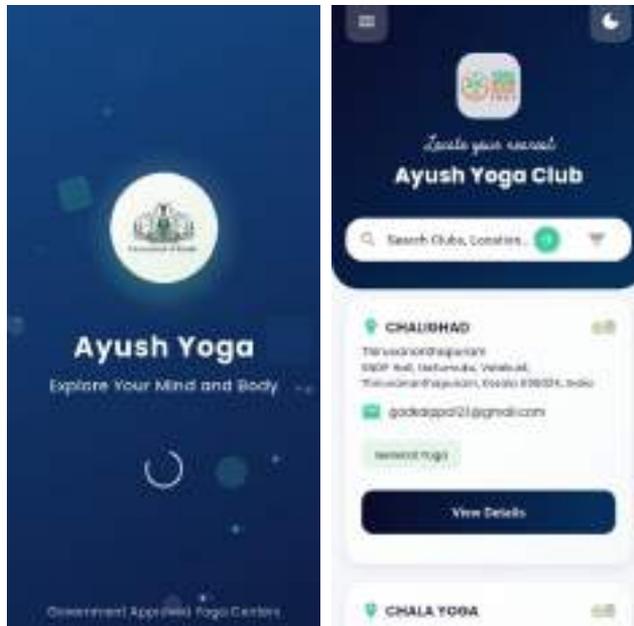


Figure 5.11.1 Screenshots of Mobile App

5.11.2 Civil ERP Software

Civil works constitute a major component under the National AYUSH Mission, and ensuring timely completion, transparency, and accountability is critical in the execution of Government infrastructure projects. Traditional monitoring and coordination methods often resulted in delays, inefficiencies, and lack of structured documentation, which necessitated the development of a dedicated Civil ERP Software to digitally integrate and streamline all aspects of civil work management from planning to completion. The platform functions as a comprehensive, centralised system accessible to administrators and technical teams, facilitating real-time supervision and effective governance. It enables systematic project planning and approval through online submissions and structured workflows, supports continuous execution monitoring through stage-wise milestone tracking, and allows

uploading of photographic evidence with GPS coordinates to authenticate site progress. Additionally, it incorporates robust financial tracking features, including budget allocation, utilisation monitoring, payment milestone integration, and complete visibility of fund flow, thereby ensuring financial discipline, transparency, and accountability across all civil infrastructure activities under the Mission.



Figure 5.11.2.1 Screenshot of ERP Software Home Screen



Figure 5.11.2.2 Screenshot of ERP Software dashboard

5.11.3 AYUSH Medicine Procurement Software

The AYUSH Medicine Procurement Software was developed to meet the growing need of the National AYUSH Mission, Kerala, for a modern and reliable digital system to streamline medicine procurement operations across hospitals and dispensaries, replacing earlier manual processes that caused delays, duplication, lack of real-time stock visibility, and data inaccuracies. This comprehensive end-to-end digital platform enables institutions to generate and submit indents online, while District Medical Officers, District Programme Managers, and higher authorities can review, approve, or revise requests through a structured workflow. Integrated master data ensures consistency, while timely alerts support pending approvals, stock shortages, and delivery tracking. Detailed dashboards and analytics provide meaningful insights into procurement trends and utilisation patterns, supporting informed decision-making. Secure role-based login ensures data safety and clarity of responsibilities, while automated processes help maintain essential stock levels, eliminate manual errors, and ensure transparency. The system strengthens coordination between hospitals, district authorities, and Oushadhi, supports real-time monitoring, facilitates timely replenishment, and ensures compliance with government norms, ultimately creating a transparent, efficient, and audit-ready digital ecosystem for AYUSH medicine management in Kerala.

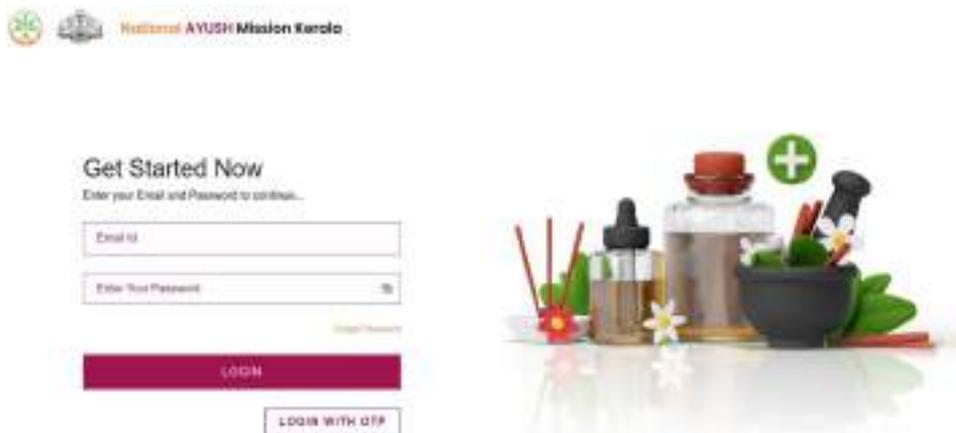


Figure 5.11.3.1 Screenshot of Login Page in AYUSH Medicine Procurement Software



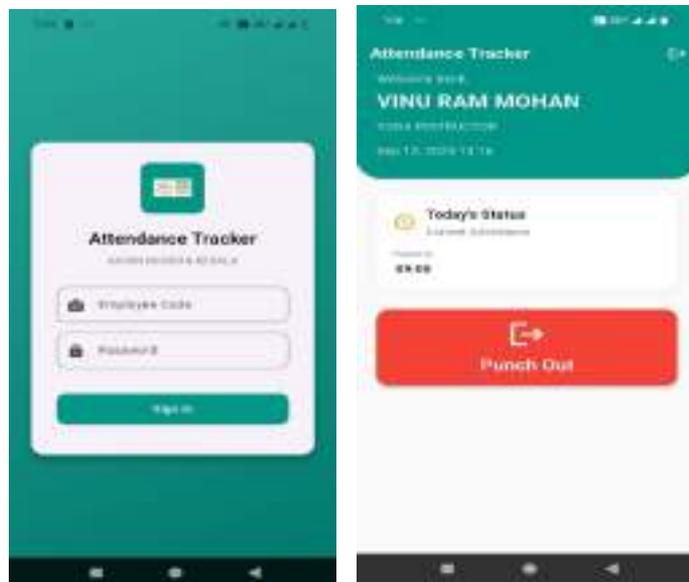
Figure 5.11.3.2 Screenshot of Home Page in AYUSH Medicine Procurement Software

5.11.4 NAM HR & Payroll Software

The National AYUSH Mission, Kerala, recognised the need for a robust and reliable system to efficiently manage attendance and payroll processes across its centres, as conventional methods were largely manual, time-consuming, prone to errors, and lacked real-time verification and transparency. To overcome these challenges and ensure accuracy, accountability, and operational efficiency, the NAM HR & Payroll Software was developed as a comprehensive digital solution. The system facilitates real-time attendance tracking with accurate time records, supported by geo-tagged attendance to ensure location-based verification and prevent proxy entries. It allows flexible shift assignment, offers an integrated online leave management workflow, and enables fully automated payroll processing with single-click salary generation based on verified attendance and leave data, supported by multi-level verification for compliance and financial discipline. By simplifying attendance management, ensuring digitally documented records, reducing administrative workload, and enhancing transparency in salary processing, the software significantly strengthens efficiency, governance, and accountability across all AYUSH centres.



Figure 5.11.4.1 1 Screenshot of Home Page in AYUSH Payroll software



5.11.4.2 Figure: NAM HR & Payroll Software in mobile app

5.11.5 AYUSH Payment Monitoring System

The AYUSH Payment Monitoring System is a comprehensive web-based financial governance platform under the National AYUSH Mission (NAM), designed to enhance transparency, accountability, and efficiency across all payment-related processes. It manages the complete

financial workflow, including fund allocation, expenditure tracking, bill submission, verification, approval, and final disbursement, while also supporting vendor management, automatic TDS processing, configurable dashboards, and detailed financial reporting for smooth and error-free transactions. The system maintains precise district-wise financial records, ensures component-wise fund control, and effectively monitors project-wise unspent balances, providing a complete end-to-end digital trail that strengthens audit readiness and governance compliance. It tracks real-time balances, flags idle or unutilised funds, enforces automated financial controls to prevent overspending, and supports multi-level user access, workflow automation, scalable architecture, and clear segregation of agency-wise and component-wise expenditures. Leveraging AI capabilities, the platform enables real-time validation checks to prevent errors and fraud, predictive analysis of fund utilisation trends, and intelligent alerts with actionable recommendations, thereby ensuring a unified, transparent, and reliable financial monitoring ecosystem for AYUSH across multiple implementing agencies.

5.11.6 Learning Management System

The AYUSH sector faces several training-related challenges, including difficulty in reaching rural and remote regions, lack of standardised and trackable certification processes, high expenditure on physical training workshops, and the absence of a unified system for maintaining centralised training and certification records. To address these gaps, a dedicated Moodle-based Learning Management System (LMS) has been developed exclusively for AYUSH, serving as a centralised online platform where students, practitioners, and professionals can enrol in Government-recognised certification courses, access structured digital learning materials, interact with trainers and peers, and receive verifiable digital certificates upon completion. Deployed on a secure cloud environment, the LMS ensures reliability, scalability, and continuous availability, supported by trained administrators, user manuals, ongoing technical assistance, and provisions for future enhancements such as AI-driven recommendations and analytics dashboards. Highly scalable and accessible, the software enables thousands of learners, including rural practitioners, to benefit from uniform, standardised training while significantly reducing the costs associated with physical training programmes. It ensures transparency through automated, verifiable

certification, enhances convenience through a user-friendly mobile-compatible design, and guarantees data security through secure hosting and role-based access controls, thereby strengthening capacity building, governance, and the digital transformation of AYUSH training in alignment with the Digital India vision.



Figure 5.11.6.1 Screenshot of Home Page

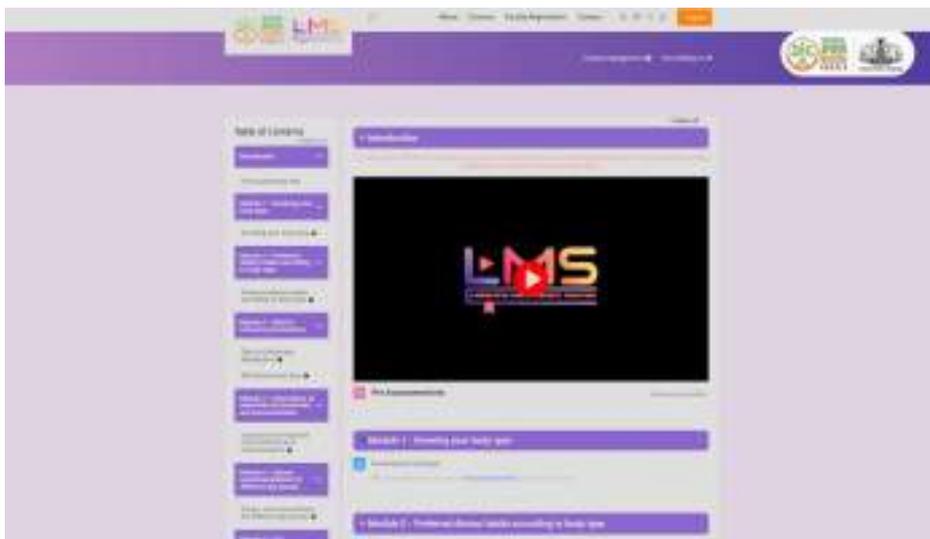


Figure 5.11.6.2 Screenshot of Course details explained

CHAPTER 6
DIRECTORATE OF AYURVEDA MEDICAL EDUCATION

GOVERNMENT AYURVEDA COLLEGE THIRUVANANTHAPURAM

6.1 overview

Government Ayurveda College (GAVC), Thiruvananthapuram, was established in 1889 as an Ayurvedic *Patasala* during the reign of Sree Moolam Thirunal Maharaja of Travancore at East Fort, Thiruvananthapuram. Initially admitting 15 students, the institution gradually evolved into a premier centre for Ayurvedic education. In 1910, a five-year regular course was introduced, awarding the Lower Medical Certificate (LMC) after four years and the Higher Medical Certificate after five years. The degree course titled *Vaidyakalanidhi* was introduced in 1917, followed by the research degree *Ayurvedacharya* in 1929. Postgraduate education commenced in 1971–72 after restructuring of degree and diploma programmes.

At present, the college is affiliated with the Kerala University of Health Sciences (KUHS) and offers undergraduate, postgraduate, doctoral, and selected certificate courses. The institution has 14 academic departments, of which 12 offer postgraduate programmes. Separate hostels for men and women are available. The college is recognized by the Central Council of Indian Medicine (CCIM) and the Ministry of AYUSH, Government of India. Faculty members actively contribute to national and international academic forums, curriculum development, and professional training, fostering strong academic and research exposure for students and scholars from India and abroad.

6.1.1 Vision and Mission

The institution is committed to nurturing students with a strong foundation in the principles of Ayurveda through quality education and innovative research. With the expanding scope and growing demand for Ayurveda, the college emphasizes time-bound, feasible clinical research to explore and validate its therapeutic potential. Upholding the purity and classical values of Ayurveda as a comprehensive healthcare system remains a core priority, with the aim of developing ethically grounded and academically competent professionals to carry this legacy forward.

Mission

1. To ensure an eco-friendly campus environment.

2. To provide high-quality academic training in Ayurveda.
3. To deliver accessible and affordable Ayurvedic healthcare in alignment with national health programs.
4. To promote research engagement among young professionals for societal and scientific advancement.
5. To uphold ethical standards in academics, healthcare, and research.

Vision

1. To nurture the inherent potential of students through interactive education.
2. To empower professionals to meet global challenges through effective Ayurveda education.
3. To enhance professional competence and soft skills in clinical practice and research.
4. To develop the institution into a centre of excellence of international standards.

6.1.2 Government Ayurveda College Hospital, Thiruvananthapuram

The Ayurveda Hospital attached to the college was established in 1917 to support clinical training. The foundation stone of the present hospital complex was laid in 1952 by His Highness Sree Chithira Thirunal Balarama Varma and inaugurated in 1957 by Dr. Rajendra Prasad, the then President of India. The institution presently functions across three campuses, with the main campus spread over approximately six acres in the heart of Thiruvananthapuram.

The main hospital has a bed strength of 464 with full occupancy, including general wards and paying wards. The Outpatient Department provides specialty care to more than 1,000 patients daily. A fully digital e-hospital management system has been operational since 2014–15, covering OPD services, laboratory investigations, and pharmacy operations.

Specialty services are provided through major departments including Kayachikitsa, Salyatantra, Salakyantra, Nidana, and Research OPD. Various specialty clinics such as neurology, cardiology, diabetes, oncology, psychiatry, hepatology, sports medicine, and ENT

allergy clinics are also functional. The hospital is supported by a modern casualty unit, dental unit, advanced biochemistry laboratory, radiology services, and COVID-19 testing and vaccination facilities.

6.1.3 Government Ayurveda College Pharmacy, Thiruvananthapuram

The Government Ayurveda College Pharmacy functions as a major academic, research, and drug manufacturing centre, primarily supporting the disciplines of Rasashastra and Bhaishajya Kalpana. It is one of the largest postgraduate training centres in Ayurveda in the country, catering to undergraduate, postgraduate, doctoral, and paramedical students.

The pharmacy manufactures medicines required for the three attached hospitals and ensures quality control through a well-equipped Drug Testing Laboratory. Facilities include analytical instruments, raw material and finished goods stores, a reference library of standard drugs, and trained scientific personnel. The department undertakes quality testing, formulation development, and standardization of classical and investigational medicines, with research outcomes published in reputed journals.

6.1.4 Drug Standardization Unit (DSU)

The Drug Standardization Unit, an associated research facility of the Ayurveda Research Institute, functions within the main campus. It is a multidisciplinary unit integrating Ayurveda, botany, chemistry, microbiology, and pharmacology to ensure quality, safety, and efficacy of Ayurvedic drugs. The Unit has published several drug monographs and provides academic support to MD and PhD scholars. Advanced analytical, microbiological, and pharmacological facilities enable scientific validation of Ayurvedic formulations.

6.1.5 Pharmacognosy Unit

The Pharmacognosy Unit conducts research on the identification, authentication, and standardization of medicinal plants used in Ayurveda. It maintains a well-equipped laboratory, herbarium, museum, and a Model Demonstration Garden spread over five acres, housing around 400 species of medicinal plants. The unit supports academic training, dissertation work, extension activities, and public awareness programmes, contributing significantly to conservation and promotion of medicinal plant knowledge.

6.1.6 Government Ayurveda College Hospital for Women and Children, Poojappura

This hospital functions as a subordinate institution under GAVC and houses the postgraduate departments of Prasuti Tantra & Streeroga and Kaumarabhritya. With a total bed strength of 106, the hospital provides integrated Ayurveda and Allopathy services for women and children. Facilities include labour room, operation theatre, inpatient and outpatient services, and paying Panchakarma units under the Hospital Development Society.

6.1.7 Government Ayurveda College Panchakarma Hospital, Poojappura

Established in 1987, the Panchakarma Hospital has 104 beds and is recognized nationally for specialized Panchakarma therapies. Departments of Panchakarma, Agadatantra, and Swasthavritta function here. The hospital provides comprehensive OPD and IPD services, geriatric care, lifestyle clinics, research OPDs, and community outreach programmes. Free treatment and medicines are provided to senior citizens and BPL beneficiaries. Academic training is supported by faculty, postgraduate scholars, and house surgeons, ensuring continuous clinical services and research integration.

6.2 Academics Overview

Government Ayurveda College (GAVC), Thiruvananthapuram, is affiliated with the Kerala University of Health Sciences (KUHS) and offers undergraduate, postgraduate, doctoral, and certificate programmes in Ayurveda in accordance with national regulatory norms.

Eligibility for Admission

Admission to postgraduate courses is based on the rank obtained in the NEET-PG examination and allotment by the Commissioner for Entrance Examinations, Government of Kerala. Candidates must possess a BAMS/Ayurvedacharya degree from institutions recognized by the Central Council of Indian Medicine (CCIM) with a minimum of 50% marks separately in theory and practical examinations. Admissions to undergraduate and certificate courses are governed by government orders issued from time to time.

6.2.1 Undergraduate Programme

Bachelor of Ayurvedic Medicine and Surgery (BAMS / Ayurvedacharya)

- University: KUHS

- Intake: 88 seats
- Eligibility: Plus Two (as per Government norms)
- Duration: 5½ years including one-year compulsory internship

Seats are allotted through state merit, SEBC, SC/ST, and other approved quotas including sports, ex-servicemen, defence personnel, and international nominees.

6.2.2 Postgraduate Programmes

MD (Ayurveda) / MS (Ayurveda)

- Total Intake: 95 seats
- Duration: 36 months with stipend

Postgraduate programmes are offered in 12 specialties including Kayachikitsa, Panchakarma, Dravyaguna, Rasashastra & Bhaishajya Kalpana, Swasthavritta, Prasuti & Streeroga, Kaumarabhritya, Agadatantra, Salya Tantra, Salakya Tantra, and Ayurveda Siddhanta & Darshana.

6.2.3 Doctor of Philosophy (PhD)

GAVC is a recognized research centre for PhD programmes under KUHS. Admissions are conducted annually by KUHS in accordance with university regulations.

6.2.4 Certificate Courses

The college conducts certificate courses under the Directorate of Ayurvedic Medical Education, Thiruvananthapuram, based on government notifications.

<ul style="list-style-type: none"> • Pharmacist Training Course Duration: 1 year Eligibility: SSLC
<ul style="list-style-type: none"> • Ayurveda Nursing Course Duration: 2 years Eligibility: Plus Two
<ul style="list-style-type: none"> • Ayurveda Therapist Course Duration: 1 year Eligibility: SSLC

6.2.5 Student Strength (2024–2025)

The institution maintains a balanced student strength across undergraduate, postgraduate, and diploma programmes, with a total enrollment exceeding 800 students. Female students constitute a significant majority, reflecting strong participation and inclusivity.

6.2.6 Academic Performance

The college consistently records high pass percentages in both undergraduate and postgraduate examinations, with several programmes achieving pass rates above 80%, reflecting strong academic standards and effective teaching-learning processes.

6.2.7 Scholarships and Financial Support

Students benefit from various government-funded scholarship schemes. The E-Grantz Post-Matric Scholarship remains the major support scheme, benefiting more than 200 undergraduate students and several postgraduate students during the academic year 2024–2025. Additional scholarships include the C.H. Mohammed Koya Scholarship, Snehapoorvam, Merit-cum-Means, and the Prime Minister’s Scholarship.

6.2.8 College Union and Co-curricular Activities

All students are members of the College Union, which functioned actively during 2024–2025. Students participated in KUHS zonal and inter-zonal sports and cultural events, securing several prizes in badminton, chess, volleyball, table tennis, yoga, football, and carroms. The Union also organized academic discussions and awareness programmes aimed at strengthening professional commitment to Ayurveda.

6.3 Health Facilities

Government Ayurveda College, Thiruvananthapuram functions as an apex Ayurvedic tertiary care centre with a total bed strength of 674. The institution comprises 15 academic departments, of which 12 departments offer postgraduate programmes, providing integrated clinical care, education, and research services.

Department-wise Services and Scope is provided below.

6.3.1 Agadatantra Department

The Department of Agadatantra (Vyavahara Ayurveda and Vidhi Vaidyaka) integrates Ayurvedic toxicology with modern toxicology, dermatology, and forensic medicine. It provides undergraduate and postgraduate teaching, clinical training, and research guidance. The department maintains an Animal House and Serpentarium to support postgraduate research and public awareness programmes.

Facilities and Service

The department functions as a single clinical unit with daily OP services from Monday to Saturday, managing over 15,000 outpatients and more than 400 inpatients annually. Facilities include a CPCSEA-recognised Animal House and Serpentarium supplying venom and experimental animals for inter-institutional research, a medicinal plant garden with toxic and anti-toxic species, a Forensic Museum with medico-legal teaching specimens, and a departmental library with over 700 reference books and a dedicated PG reading hall.

Scope of the Department

The department focuses on clinical and experimental toxicology research, management of poisoning, envenomation, allergic and dermatological conditions, and training students in medico-legal responsibilities, ethics, and legal aspects of medical practice.

6.3.2 Dravyagunavigyana Department

The Department of Dravyagunavigyana is dedicated to Ayurvedic pharmacology, covering the properties, actions, and therapeutic applications of medicinal plants and raw drugs described in classical texts, with integration of contemporary pharmacological perspectives.

Facilities

Facilities include a Raw Drug Museum, Herbal Garden with over 150 medicinal species, Pharmacognosy and Tissue Culture laboratories, a CPCSEA-registered Animal House, seminar hall with AV aids, and a departmental library with more than 800 books.

Research and Academic Output

The department undertakes eight PG dissertations annually, has completed multiple funded research projects, and has published over 50 peer-reviewed articles. More than 150 PG dissertations have been completed.

Website: <https://dravyagunatvpm.wordpress.com>

6.3.3 Kaumarabhritya Department

The Kaumarabhritya Department functions at the Government Ayurveda College Hospital for Women and Children, Poojappura, offering integrated Ayurvedic and allopathic pediatric services. It addresses physical, psychological, behavioral, and developmental disorders, including cerebral palsy, autism, ADHD, and learning disabilities.

Facilities and Services

Facilities include OPD, IPD, paying Panchakarma services, speech therapy, physiotherapy, psychotherapy, and the Snehadhara Project for children with disabilities. A Well Baby Clinic functions every Wednesday for developmental screening and early intervention.

6.3.4 Kayachikitsa Department

Established in the early 1950s, the Kayachikitsa Department is a major clinical and academic unit dealing with General Medicine, Geriatrics, and Male Infertility. Postgraduate studies were introduced in 1971.

Facilities and Services

The department conducts six general and six specialty OPs weekly, provides IP care for approximately 40% of hospital beds, and manages over 20,000 OP and 2,000 IP cases annually. Facilities include Panchakarma theatre, neuro-physiotherapy unit, procedure hall, departmental library with 800+ books, and four clinical units for OP and IP management.

6.3.5 Kriya Sharira Department

The Kriya Sharira Department focuses on Ayurvedic physiology, explaining normal bodily functions and disease mechanisms through classical and modern perspectives. It emphasizes experimental learning and research orientation among students.

Facilities and Services

The department has a fully equipped physiology laboratory, seminar hall, departmental library, and infrastructure for hematology, urine analysis, and human experiments. It also provides prakriti assessment and lifestyle modification services through OPD and outreach programmes.

6.3.6 Panchakarma Department

Established as an independent department in 2008, the Panchakarma Department functions from the Poojappura campus, offering comprehensive Panchakarma therapies with OP and IP facilities.

Facilities and Services

Facilities include fully equipped Panchakarma theatres, minor OT, physiotherapy unit, museum, herbal garden, library with over 1,000 books, general and pay wards, and geriatric wards. All major Panchakarma procedures, parasurgical therapies, and geriatric care services are provided.

6.3.7 Prasuti Tantra and Stree Roga Department

The department specializes in Ayurvedic obstetrics and gynecology, functioning at the Women and Children Hospital, Poojappura. It provides integrated Ayurvedic and allopathic care for antenatal, postnatal, infertility, menstrual, menopausal, and gynecological disorders.

Facilities and Projects

Facilities include OP and IP services, labor room, operation theatre, ultrasound, colposcopy, laparoscopic unit, and 106 inpatient beds. Major projects include the State Apex Centre for Ayurveda Gynecology and the Supraja maternal care project under NAM.

6.3.8 Rachana Sharira Department

The Rachana Sharira Department is a foundational anatomy department providing UG teaching in dissection, histology, and osteology.

Facilities

Facilities include a digital lecture hall, dissection hall, museum, histology laboratory, microscopes, and a departmental library with over 450 books.

6.3.9 Rasashastra and Bhaishajya Kalpana Department

The department is a premier centre for Ayurvedic pharmaceuticals, housing a Teaching Pharmacy supplying medicines to three college hospitals and a Drug Testing Laboratory ensuring quality control.

Facilities and Services

Facilities include teaching pharmacy units, drug testing laboratory, departmental museum, library, and production sections for kashaya, taila, churna, arishta-asava, and gulika preparations.

6.3.10 Roganidana Department

The Roganidana Department bridges Ayurvedic pathology and diagnosis with modern clinical medicine, training students in diagnostic techniques and disease evaluation.

Facilities

Facilities include OP and IP services, clinical pathology and biochemistry labs, X-ray, ECG, and USG units supporting UG and internship training.

6.3.11 Shalakya Tantra Department

The Shalakya Tantra Department manages ophthalmology, ENT, oro-dental, head, and scalp disorders using evidence-based Ayurvedic protocols integrated with modern diagnostics.

Facilities and Academic Services

Facilities include Kriyakalpa rooms, mini OT, investigative units, seminar hall, and training programmes for UG, PG, diploma, and PhD scholars.

6.3.12 Shalyatantra Department

The Shalyatantra Department is the surgical branch of Ayurveda, managing orthopaedic, anorectal, and surgical conditions, with high OP attendance and advanced PG training.

Facilities and Services

Facilities include major and minor OTs, physiotherapy and marma units, specialty OPs, radiology support, and postgraduate and diploma training programmes.

6.3.13 Samhita Sanskrit and Siddhanta Department

The department imparts foundational knowledge of Ayurveda philosophy, Sanskrit, and classical texts for UG and PG students and manages a publication division.

Facilities

Facilities include a specialized library, museum, and postgraduate research support in manuscript and textual studies.

6.3.14 Swasthavriha Department

The Swasthavriha Department focuses on preventive and promotive healthcare through Ayurveda and Yoga, offering MD, PG Diploma, and certificate programmes.

Facilities and Public Services

Services include OP and IP care, geriatric clinics, yoga therapy, wellness programmes, naturopathy services, medical camps, and community health awareness activities.

6.3.15 Physical Education Department

The Physical Education Department promotes physical fitness, mental well-being, and social development among students. Training programmes, practice sessions, and intercollegiate sports activities are conducted under the guidance of the Assistant Professor in Physical Education.

6.4 Human Resource Profile

The institution has a total sanctioned strength of 675 posts, comprising teaching faculty (UGC), medical officers, research staff, nursing and paramedical personnel, administrative and ministerial staff, technical staff, and supporting staff required for the effective functioning of academic, hospital, research, and administrative services.

6.4.1 Structure of Ayurveda College

Principal -1

Vice principal – 1

Administrative officer – 1

Office address – Govt Ayurveda college,Puthenchantha, Thiruvananthapuram 695001

Ph – 0471-2460190

Details of Government-Approved Posts Attached to annexure 6.4.

6.5 Health Infrastructure Development and Fund utilisation

Table no: 6.5 Health Infrastructure development and fund utilisation

Name of Work	Source of Fund (Plan/MLA/MP/CSR)	Name of Implementing Agency/ Officer	Administrative Sanction Amount
Providing light arrangements in snake park and museum	Plan	PWD	2.9 Lakhs
Renovation works in Kayachikitsa Department	Plan	PWD	3.9 Lakhs
Renovation of Panchakarma teachers room vasthi, kaksha room practical class room of panchakarma department in old building.	Plan	PWD	5 Lakhs
Renovation of Herbal Garden in Car porch and car shed of AVC	Plan	PWD	3 Lakhs
Renovation works in Geriatric Op and Swasthavritta Department	Plan	PWD	3.5 Lakhs
Renovation works of acadamic section and staff room in Pharmacy	Plan	PWD	12 Lakhs

Renovation work of Salyatantra Department	Plan	PWD	2.7 Lakhs
Museum renovation in salyatantra Depatment	Plan	PWD	20 Lakhs
Installation of smart class roomin Panchakarma department	Plan	PWD	4 Lakhs
Maintanace of Internal Roads in Pkh compound Poojappura, Tvpmm	PLAN	PWD	55,00,000
Standardization of HT connection	PLAN	PWD	9,50,000
Renovation ofToilets in Govt :Ayurveda College Hospital	plan	pwd	5,000,000
Installation of exhaust Fan in in treatment room	Plan	PWD	500000
Standardization of HT connection	PLAN	PWD	3,00,000
Electrical Maintenance and AMC	Plan	PWD	700000
[PWD/BLDG/FL/2636/2025] Leak proofing terrace and other maintenance work in old building in women and childrens Hospital compound	plan	PWD	23,00,000
[PWD/BLDG/FL/4515/2025] Government Ayurveda College-Pharmacognosy Department-Renovation of existing toilet to make it disabled-friendly	plan	PWD	70,000

National AYUSH Mission Kerala conducts Discussion on SOPs of National Public Health Programmes implemented in Ayurveda Colleges in Kerala like Karunya, Supraja, NPPMOMD

and Civil works and procurement of equipments at Govt Ayurveda College, Thiruvananthapuram on 04.04.2025.

6.6 Hospital Development Committee (HDC) Details

The HDC plays a pivotal role in supporting hospital infrastructure, operations, and service delivery through efficient resource management, staff deployment, and revenue generation.

Human Resources:

HDC employs technical, administrative, and support staff, including optometrists, nurses, Panchakarma therapists, accountants, drivers, security, and sanitation personnel.

Projects & Infrastructure:

HDC funds have facilitated key projects to enhance patient care, including: paying counters, dental and optometry units, Panchakarma units, community kitchen, canteen, and various hospital renovations.

Revenue Generation:

HDC sustains its initiatives through multiple services such as medical store sales, pay wards, ambulance services, dental and Panchakarma charges, lab tests, scans, and pass fees.

Community Contribution:

Services like the community kitchen, optometry, and dental units improve patient access and welfare.

6.7 Research Initiatives and Achievements

6.7.1 Department of Kaumarabhrithya

National CME on Genetics & Embryology – “Srishti”

The Department of Kaumarabhrithya, Government Ayurveda College, Thiruvananthapuram, organized a National CME titled “Srishti” on Genetics and Embryology from 27 January to 20 February 2025. Conducted virtually over four weeks, the programme integrated Ayurvedic concepts with modern scientific advances. More than 100 postgraduate scholars, faculty members, and researchers from Ayurveda and modern medicine participated. The CME comprised 18 expert sessions, featured free online registration, interactive Q&A discussions,

and issued e-certificates to participants with over 80% attendance, fostering interdisciplinary academic collaboration.

Anganwadi Teachers Training Programme

A two-day training programme on “Childhood Development and Behavioural Problems: Early Detection and Referral” was conducted on 4–5 March 2025. The programme was inaugurated by Dr. Jai G, Principal, Government Ayurveda College, Thiruvananthapuram. A total of 130 Anganwadi teachers participated over two days. Sessions were handled by faculty members and postgraduate scholars of the department, covering developmental milestones, behavioural issues, and Ayurvedic interventions. Interactive patient sessions highlighted the effectiveness of Ayurvedic management. The programme concluded with positive feedback from participants.

Prakriti Assessment Campaign

On 13 December 2024, a Prakriti Assessment Campaign was conducted at the Vellanad ICDS Building for Anganwadi teachers. Led by faculty members along with postgraduate scholars, the programme benefited 177 participants. An awareness session on the importance of Prakriti in disease prevention preceded the assessments, enhancing understanding of individualized health care approaches.

Academic Visit of Postgraduate Scholars (IPGTRA, Jamnagar)

Postgraduate scholars from the Institute of Post Graduate and Training Centre, Jamnagar, visited the Department of Balachikitsa on 5 October 2024. The visit included exposure to clinical units such as general and paying wards, physiotherapy, speech therapy, and Snehadhara project wards. An interactive session on Ayurvedic pediatric management was conducted by the Head of the Department. The visit concluded with mutual exchange of academic publications, strengthening inter-institutional collaboration. Research Work of Dravyaguna Department

Research works for 8 post graduate dissertations are being carried out every year. Department has completed four departmental research works.

- Taxonomical, Pharmacognostical, Phytochemical, Anti-Bacterial And Ayurvedic Standardisation of selected Vranahara (Wound Healing) plants from Hortus Malabaricus.
- Lithotriptic effect of Brihatyadigana in albino rats
- Clinical evaluation of the effects of Processed Triphala Churna in treatment of Non-Alcoholic Fatty Liver Disease (NAFLD)”

6.7.2 Research Work of Agadatantra Department

- As part of PG research activities in vitro, in vivo and clinical researches in the field of Agadatantra are conducted and dissertations submitted to the university under academic supervision.
- Department also aid research activities from other Universities by providing Venom samples and experimental animals.

6.7.3 Research Work of Kayachikitsa Department

- Eight post graduate dissertations are being carried out every year. Department has completed Three departmental research works.
 1. Comparative effectiveness of Nishakathakadikashayam and kathakakhadiradikashayam in type 2 DM using biochemical QOLID parameters –a prospective observational multicentric study- Dr Ambika K & Dr Pravith N K.
 2. Ayurvedic treatment in the rehabilitation of ischaemic stroke patients in India - a randomized control trial- Dr Pravith N K & Dr Aswathy S.
 3. A project on documentation in clinical depression with conservative Ayurvedic management protocol- Dr Ambika K & Dr M.S.Suneeshmon- completed on 2018

6.7.4 Achievements of Kriyasareera Department

- The Department of Kriya Sharira, Govt. Ayurveda College, Thiruvananthapuram, hosted a one-day CME on Clinical Physiology on 5th March 2025, sponsored by the Department of AYUSH, Govt. of Kerala. The event was organized for the Kriya Sharira Department teachers from various colleges and ISM Medical Officers, as per the

order no: A4/270/2025/AVC dated 19/2/2025, issued by the Principal of Govt. Ayurveda College, Thiruvananthapuram.

- As part of the 9th National Ayurveda Day celebrations, the Department of Kriya Sharira, Government Ayurveda College, Thiruvananthapuram, conducted school health awareness classes at Govt UP School, Chettikulangara. The classes were held on 28/10/2024 from 2:00 PM to 3:15 PM, with the participation of around 60 students. Several teachers from the school also attended the session.

6.7.5 Research Project of Panchakarma Department

1. Effect of Ayurvedic management of Rheumatoid Arthritis through specific protocol
2. A Project on Parkinsons Disease – An Ayurvedic Approach with special reference to Panchakarma
3. Effect of Ayurvedic treatment Protocol in Obesity – Pre and Post Study

6.7.6 Research Project of Prasuthi tantra & Streeroga Department

The Department of Prasuti-Streeroga has an annual intake of 8 Post graduate scholars and 3 Post graduate diploma students. Yearly gives training to 86 ug students of BAMS in the subject of Prasuti Tantra. Theory classes, clinical classes, Out patient & In patient clinical training, labour room posting and operation theatre posting are provided to ug students. Expertise training is provided to post graduate students & post graduate diploma students in the areas of gynaecologic & Obstetric examinations, major & minor surgeries, sthanika cikilsa etc. Labour room posting is provided for postgraduates and post graduate diploma students , where they gain practical experience in the delivery room, performing vaginal deliveries, hands-on experience in managing labor and delivery complications, monitor fetal well being, etc. We have a well furnished library, museum & a seminar hall with LCD projector for conducting presentations. It is also a Department for PhD studies. Currently 16 post graduate dissertation works & 6 post graduate diploma research works are being carried out in the department.

6.7.7 Research activities of Rachana sareera Department

The Department had conducted “SAPS - Shareera for Ayurveda Paramedical Students” - Aiming a complete text in Shareera for paramedical students. (Both in English and Malayalam)

International level achievements

- American Association of Clinical Anatomy 2017(member) Poster Presentation
- American Association of Anatomy 2018 Poster Presentation.
- American Association of Ayurveda (NAMA) Paper and poster presentation.
- Interactive training with Anatomy Trains USA held at Colorado training with Tom Meyer and Todd on Fascial Anatomy
- International certification on Yoga E-RYT 200 Yoga Alliance USA

National level

- Paper and Poster on Hydro-Dissection model Anatomy and Ayurvedic Anatomical concepts.
- Training on Martial art of Kerala (Kalaripayattu-Marma)
- Ph.D Parul University under the Guidance of Dr, Akashdeep Meshram
- Co-investigator of the project “Paramedical Book”

6.7.8 Academic and Research Excellence of R&B Department

As a center of academic and research excellence, our department offers comprehensive programs at undergraduate, postgraduate, and doctoral levels. Students are guided by a faculty of experienced Ayurvedic professionals who impart traditional knowledge alongside modern pharmaceutical techniques. The department actively encourages postgraduate students to participate in national and international seminars, where they present their research on Ayurvedic formulations, earning accolades such as **Best Paper Presenter Awards**. We also take pride in our recognition as the **Best Department** for three consecutive years.

Research within the department focuses on traditional and modern Ayurvedic pharmaceuticals, ranging from herbal and mineral drug identification to bioavailability studies, ensuring our students gain skills that meet modern quality and therapeutic standards.

The department's commitment to excellence is reflected in its many achievements, including the **Best Department Award** for three consecutive years. Our postgraduate students consistently earn accolades for their research presentations at various conferences. Undergraduate students are encouraged to engage in research, with several projects selected for **SPARK**, a government initiative that supports innovative Ayurvedic research.

6.7.9 Research activities of Salakyatanta Department

Researches are conducted as part of postgraduate curriculum and PhD work. Till now, about 98 research works as post graduate dissertations has been completed in the Department. A research project on Ayurvedic treatment protocol on Myopic Astigmatism in school going children has been successfully completed. Various activities related to public health such as vision screening camps among school children, Glaucoma screening camps, Diabetic retinopathy screening camps, ENT camps aids in identifying the disease prevalence among population and creating awareness about Ayurvedic specialities and treatment modalities in the field of Ophthalmology and ENT in Ayurveda.

6.7.10 Salyatantra Department Projects

- 'An Observational study to evaluate the effect of Ayurvedic treatment given in primary Osteoarthritis of knee joint in Department of Salyatantra , Government Ayurveda College Thiruvananthapuram' under National Ayush Mission.
- 'Project to assess the type, stage and management of cancer by Ayurveda Practitioners in Kerala',conducted in the Department in the year 2018-2020 under National Ayush Mission.Submitted the proposal for the second phase of the Project.

6.7.11 Academic / Reasearch Activities in Swasthavritta Department

At PG level the goal is to produce a competent public health specialist and a medical teacher who can function as community and first level physicians in accordance with the national goals of Geriatric care and Youth development.

6.7.12 Achievements of Physical Education Department

The Physical Education Department functions with a single faculty member, an Assistant Professor in Physical Education, without supporting staff. Despite these limitations, the department has actively organized regular practice sessions, training programmes, and participation in all sports events conducted by the Kerala University of Health Sciences (KUHS).

Our institution strictly adheres to the academic schedule prescribed by KUHS and has consistently participated in KUHS A-Zone, Inter-Zone, and Inter-University competitions. In spite of inadequate sports infrastructure and demanding academic and examination schedules, students demonstrated commendable enthusiasm, discipline, and sportsmanship, achieving notable success across multiple events.

Badminton:

Kumari Nikitha B. M. secured first place in the Women's Championship at the KUHS A-Zone Badminton Championship held at Varkala Indoor Stadium and qualified for the KUHS Inter-Zone competition. She was selected to the KUHS Women's Badminton Team and represented the university at the South Zone Inter-University Badminton Championship in Karnataka. At the KUHS Inter-Zone level, the women's team won third place, and Kumari Nikitha B. M. emerged as the individual champion. The men's badminton team secured fifth place and is undergoing intensive training for future championships.

Chess:

The women's chess team secured third place at the KUHS A-Zone competition and qualified for the Inter-Zone level. The men's team secured fourth place in the A-Zone competition and also qualified for the Inter-Zone championship.

Football:

The men's football team delivered an excellent performance at the KUHS A-Zone competition held at Government Medical College, Thiruvananthapuram, and reached the quarterfinals.

Volleyball:

The women's volleyball team secured third place at the KUHS A-Zone competition held at

Sree Vidyadhiraja Homoeopathic Medical College, Nemom, and qualified for the Inter-Zone competition.

Cricket:

The men's cricket team reached the quarterfinals at the KUHS A-Zone competition held at Government Medical College, Thiruvananthapuram.

Table Tennis:

The men's team emerged as second runners-up in the KUHS A-Zone team championship. In the individual event, Abhiraj S. Pillai secured third place. The team qualified for the Inter-Zone competitions in both team and individual categories.

Athletics:

Students actively participated in the KUHS All-Kerala Athletic Meet held at Thiruvananthapuram.

Yoga:

Both men's and women's teams secured third place in the team championship at the KUHS Inter-Zone Yoga Competition.

Inter-Ayurveda Games

In the Inter-Ayurveda Football Tournament held at Tripunithura, the college football team secured third place. The institution won the **Overall Championship** at the Inter-Ayurveda Indoor Games held at Thiruvananthapuram, reflecting outstanding team performance.

In **Carroms**, the men's team, women's team, and mixed doubles teams emerged as championship winners. In **Table Tennis**, the college won the overall championship in both men's and women's categories. In the men's individual event, Mr. Abhiraj Pillai won the gold medal and Firoz S. Muhammed won the silver medal. In the women's individual event, Kumari Afeefa Yasmin won the championship and Kumari Jubilee Antony secured third place.

The college also emerged as champions in **Inter-Ayurveda Chess**, winning the majority of matches. By securing victories across all indoor events, the institution achieved the **Overall Championship** in the Inter-Ayurveda Indoor Games

6.8 Photo Gallery



Figure: Diagnostic Nasal Endoscopy

Achievements Gallery



CHAPTER 7
HOMOEOPATHY MEDICAL EDUCATION

7.1 GOVT. HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL THIRUVANANTHAPURAM



7.1.1 Overview

The Govt. Homoeopathic Medical College, Thiruvananthapuram started functioning during 1980. . The college is affiliates to Kerala University of Health Sciences since 2010. It was affiliated to Kerala University till 2010. The college has prominent Faculty and established Alumni. The attached hospital has provided regular O.Ps and various Special O.Ps with well-equipped clinical and research laboratories to do various investigations.

Homoeopathy is one of the most widely accepted method of treatment in Kerala. The Development of this system of medicine in Kerala made it possible for people from all walks of life irrespective of Urban or Rural to get the benefit of Homoeopathic Medical Care in a very satisfactory way that can be expected from a sophisticated and developed medical science. Homoeopathy has been able to achieve a tremendous popularity as a branch of medical science capable for rendering health care service in a cost effective way with the

least side effects ensuring all the salient features of homoeopathy viz; safe, simple, scientific, economic and effective medicine for all.

The Principal & Controlling Officer, Govt. Homoeopathic Medical College, Manacaud P.O, Thiruvananthapuram – 695009 is the Controlling Officer of this Institution and Homoeopathic Medical Education in the State.

7.1.2 Vision & Mission, Expected Outcome

- Infrastructural development of College, College Hospital, College hostels, Pharmacy College
- Enhancement of Educational standard - Provide better learning facilities for students
- Upgradation of research activities in Homoeopathy - Provide research facilities for students and Teachers interested in research activities
- Clean and Green campus
- Provide better learning facilities for students
- Provide better treatment facilities for patients

7.1.3 Academics Overview

Govt. Homoeopathic Medical College, Thiruvananthapuram offers BHMS undergraduate course, PG (Homoeo), Certificate Course in Pharmacy in this fields, UG & PG admissions conducted through NEET exams. The UG & PG academic oversight is by the Kerala University of Health Sciences, and the courses are recognized by the National Commission for Homoeopathy. Admission procedure of Certificate Course in Pharmacy(Homoeo) has conducted through LBS centre.

Govt. Homoeopathic Medical College, Thiruvananthapuram offers a wide range of postgraduate (PG) programs in Homoeopathy, providing advanced training across clinical, para-clinical, and pre-clinical disciplines. All programs are affiliated with the Kerala University of Health Sciences and recognized by the National Commission for Homoeopathy, ensuring high academic and professional standards.

Table 7.1.3 Courses offered

Name of Course	Annual Intake
BHMS	63
M.D.in Materia Medica	8
MD in Homoeopathic Philosophy	8
MD in Case taking and Repertorisation	7
MD in Practice of Medicine	7
CCP (Certificate Course in Pharmacy)	50

7.1.4 Details of Health Facilities in Govt. Homoeopathic Medical College Hospital, Thiruvananthapuram.

Govt. Homoeopathic Medical college Hospital under Govt. Homoeopathic Medical College Thiruvananthapuram has been provide 6 regular O.Ps and various special O.Ps. The Hospital has adequate Clinical lab for various test, Physiotherapy Unit, Yoga and Meditation Centre, Cancer Care Unit, IP for men and female, X-ray Unit, ECG, Ultra Sound Scanning, 24 hrs OP etc.

Table 7.1.4.1 Bed strength

Services	Availability of IPD Bed strength
General Medicine	50
Paediatrics	10
Surgery	20
Gynaecology	20
Cancer care unit	16
Total	116

Table 7.1.4.2 O. P Details

Name of Hospital	O.P details	O.P days	O.P time
Govt.Homoeopathic Medical College Hospital, Thiruvananthapuram.	6 regular O.Ps	Mon to Sat	8.00 am to 1.00 pm
	Evening OP	Mon to Sat	1.30 pm to 7.00pm
	ENT Special OP (Consultant ENT Surgeon, Consultant Audiologist)	Mon, Wed, Sat	8.00 am to 1.00 pm
	Dental Special OP	Mon, Tue, Wed	8.00 am to 1.00 pm
	Dermatology Special OP (Consultant Dermatologist)	Mon to Sat	8.00 am to 1.00 pm
	Geriatrics Special OP	Wed, Fri, Sat	8.00 am to 1.00 pm
	Autism Special OP (Autism Physician)	Mon to Sat	8.00 am to 1.00 pm
	Thyroid Disorders Special OP	Tue	8.00 am to 1.00 pm
	Orthopaedics Special OP	Mon	8.00 am to 1.00 pm

Table 7.1.4.3 Equipment and Facilities:

	Name of equipment	Availability
1.	Fully Automated Haematology Analyser	Yes
2.	ESR Analyzer	Yes
3.	Microscope	Yes
4.	Fully Automated Protein Analyzer	Yes
5.	Fully Automated Biochemistry Autoanalyzer	Yes
6.	Electrolyte Analyzer	Yes

7.	X -ray	Yes
8.	USG	Yes
9.	Distilled Water Plant (DL Water Plant)	Yes
10	Fully Automated Immunoassay Analyzer	Yes

Lab Tests available in Hospital :-

The hospital is equipped with comprehensive **laboratory diagnostic facilities** supporting effective clinical assessment and patient management. Available investigations include **haematology tests** such as CBC, blood routine, and haemoglobin estimation; **biochemistry tests** including blood sugar, total cholesterol, lipid profile, renal function tests (creatinine, blood urea, uric acid), and an extensive **liver function test panel** comprising bilirubin (total and direct), SGOT, SGPT, albumin, total protein, and alkaline phosphatase, along with **serum electrolytes**. In addition, **immunoanalytical and hormonal assays** such as TSH, TFT, LH, FSH, prolactin, and free thyroid hormones are available, ensuring accurate diagnosis, monitoring of chronic and lifestyle-related conditions, and comprehensive support for specialized clinical services

Rehabilitation and Physiotherapy Services:-

The institution provides **comprehensive rehabilitation and physiotherapy services** through a dedicated centre equipped with a wide range of modern therapeutic and exercise instruments. Facilities include **short wave diathermy, microwave diathermy (MWD), ultrasound therapy, infrared radiation (IRR), electric stimulation therapies** such as **IFT, TENS, and muscle stimulators**, along with **lumbar and cervical traction and wax bath therapy** for pain relief and musculoskeletal rehabilitation. The centre also supports active rehabilitation with equipment such as a **static cycle, elliptical bike, magnetic recumbent bike, motorised treadmill, rowing machine, multi-gym, shoulder wheel, parallel bars, pulling wall, cryo cuff, and fitting table**, enabling structured physiotherapy programmes for patients with orthopedic, neurological, post-injury, and chronic musculoskeletal conditions.

Table 7.1.4.4 Investigative Workload

Parameter	2022-23	2023-24	2024-25
Total numbers of Out-Patients	94966	97772	107567
Total numbers of In-Patients	810	829	11380
Lab facility (No. of patients availed this facility)	8190	7356	5632
X-ray facility (No. of patients availed this facility)	2145	2484	2161
ECG (No. of patients availed this facility)	489	435	422
Physiotherappy (No. of patients availed this facility)	12318	12618	10776

7.1.5 Human Resources**Table 7.1.5.1 Teaching category, Govt. Homoeopathic Medical College, Thiruvananthapuram :-**

Sl No.	Name of Posts	Sanctioned strength
1	Principal & Controlling Officer	1
2	Professor	13
3	Associate Professor	18
4	Assistant Professor	19
	Total	51

**Table 7.1.5.2 Non-Teaching category, Govt. Homoeopathic Medical College,
Thiruvananthapuram :-**

Sl No.	Name of Posts	Sanctioned strength
1	Administrative Officer	1
2	Accounts Officer	1
3	Senior Superintendent	1
4	Junior Superintendent	1
5	Head clerk	1
6	Senior clerk/ clerk	13
7	Confidential Assistant	1
8	Senior grade Typist	1
9	U.D Typist	1
10	L.D Typist	1
11	Lab Technician	3
12	Specimen collector	2
13	Lab attender	4
14	Driver	1
15	Office attendant	5
16	Watcher	3
17	Sweeper/Cleaner	2
18	Sanitation worker	3
19	Cleaner	2

20	Librarian	1
21	Library attender	1
22	Mortuary Technician	1
23	Mortuary attender	2
24	Gardner	1
25	House keeper	1
26	Electrician cum Plumber	1
	Total	55

**Table 7.1.5.3 Human Resources, Govt. Homoeopathic Medical College Hospital,
Thiruvananthapuram:-**

Sl No.	Name of Posts	Sanctioned strength
1	Senior Medical Officer	1
2	Medical Officer	4
3	Lay Secretary	1
4	Head clerk	1
5	clerk	1
6	clerk Typist	2
7	Typist	1
8	Office attendant	1
9	Nursing Superintendent	1
10	Pharmacist Store Keeper	1

11	Nurse	8
12	Lab Technician	2
13	Pharmacist	3
14	X-ray Technician	1
15	Radiographer	1
16	ECG Technician	1
17	Dark room Assistant	1
18	Nursing Assistant	6
19	Lab Attender	1
20	Attender	2
21	Sweeper/Cleaner	2
22	Sanitation Worker	2
23	Cook	3
24	Watcher	2
25	PTS	2
	Total	51

7.1.6 Health Infrastructure Development

Developments done in the last 10 years:-

1. Ladies hostel for PG (Homeo) and House Surgery students were constructed at a cost of Rs. 1155 lakhs and started functioning from February 2021.
2. Administrative sanction of Rs. 100.00 lakhs has been provided for the construction of the playground in the financial year 2022-23 and the construction work has been completed.

3. Pharmacy College building constructed at a cost of Rs. 825 lakhs and started functioning from January 2023.
4. Construction of mini conference hall completed at a cost of Rs 40 lakh
5. Rs. 170 lakhs have been allocated for the Patient Facilitation Center at the Government Homeopathic Medical College Hospital, Thiruvananthapuram in the financial year 2019-20 and the civil works for it have been completed.
6. Compound wall and a road to the herbal garden were constructed at a cost of Rs. 200 lakhs at the Pharmacy College in the financial year 2017-18.
7. Patient waiting area was constructed at the hospital with the funds received in the financial year 2020-21 of Rs. 20 lakh.
8. Solar power plant was installed at the Thiruvananthapuram Government Homeopathic Medical College at a cost of Rs. 13.2 lakhs and at the hospital at a cost of Rs. 34.1 lakhs.
9. Generator room was constructed at the Thiruvananthapuram Government Homeopathic Medical College Hospital at a cost of Rs. 20 lakh and a scanning machine was purchased at a cost of Rs. 19.9 lakh.
10. The construction of the lift at the Thiruvananthapuram Government Homeopathic Medical College Hospital has been completed and is operational.
11. The e-Office system has been fully implemented in the Department from the year 2021-22.

7.1.7 Major achievements 2024-25, 2025-26

1. **Research in Homoeopathy:-** Granted Administrative sanction for 11 research projects in Govt. Homoeopathic Medical college, Thiruvananthapuram under Research in Homoeopathy scheme.
2. **Dental & Ophthalmology new special clinics has been started at Govt. Homoeopathic Medical college, Thiruvananthapuram.**

3. Construction of Play ground in Govt. Homoeopathic Medical college, Thiruvananthapuram has completed.
4. Administrative sanction received from Government for starting Post Stroke Rehabilitation & Treatment Centre in Govt. Homoeopathic Medical college, Thiruvananthapuram.
5. Administrative sanction received from Government for the continuation of the Paediatric Special O.P Project and Cancer Care Unit in Govt. Homoeopathic Medical college Hospital, Thiruvananthapuram.
6. Granted Administrative sanction for 10 research projects in Govt. Homoeopathic Medical college, Thiruvananthapuram under Research in Homoeopathy scheme.

7.1.8 Fund Utilization At Government Homoeopathic Medical College, Hospital Thiruvananthapuram.

An amount of ₹ 550 lakhs has been allotted in 5 Schemes for regular activities and development of the college and Hospital in 2024-25 Financial year and the allotment has been prioritized as ₹198.321 lakhs. Out of this ₹168.72224 lakh had been utilized. Allotment and scheme wise expenditure details are detailed below.

Sl.No.	Schemes	Budget Allocation (in lakh)	Expenditure (in lakh)
1	2210-05-102-99-Govt. Homoeopathic Medical College, Thiruvananthapuram	180	90.81468
2	2210-02-102-98-Govt. Homoeopathic Medical College Hospital, Thiruvananthapuram	160	68.28601
3	2210-05-102-83-Research in Homoeopathy	30	9.62155

4	4210-03-102-99-Homoeopathic Medical College, College Hospital, College Hostel, Thiruvananthapuram-Land Acquisition and Buildings	120	--
5	4210-03-102-97-Strengthening of Nursing/Pharmacy College in Homoeopathy	60	--
Total		550	168.72224

1. 2210-05-102-99-Govt. Homoeopathic Medical College, Thiruvananthapuram - 180 lakhs

Sl.No.	Head of A/C	Budget Allocation (in lakh)	Expenditure (in lakh)	Remarks
1	2210-05-102-99-17 Minor Works	40	33.321	Amount utilized for the maintenance work of ladies hostel and other Other emergency repair works.
2	2210-05-102-99-19- Machineries and Equipments	60	27.28103	Amount utilized for the purchase of various lab equipment, computer, laptop, medicines and other electronics equipment.
3	2210-05-102-99-34 Other Charges-03-Other Items	80	30.21265	Amount utilized for the purchase of furniture, repairing charges, training programs, affiliation

				and inspection fees, annual maintenance etc.
Total		180	90.81468	

2. 2210-02-102-98-Govt. Homoeopathic Medical College Hospital, Thiruvananthapuram - 160 lakhs

Sl.No.	Head of A/C	Budget Allocation (in lakh)	Expenditure (in lakh)	Remarks
1	2210-02-102-98-17 Minor Works	23	--	--
2	2210-02-102-98-19- Machineries and Equipments	22	3.62036	Amount utilized for the purchase of Purchase of Token Dispenser, UPS Battery, Computer.
3	2210-02-102-98-24- Materials and Supplies	35	27.56804	Amount utilized for the purchase of medicines and chemicals.
4	2210-02-102-98-34 Other Charges-03-Other Items	80	37.09761	Amount utilized for the stationery Purchase of Dietary, cost of rat control, AMC & CMC of machines, Wages of SRAVYA ENT Project and Cancer Care, Cost of Milk, Cost of bread, Cost of Waste Management, Charges

				for Laundry, Repair charges, Fire Equipment, Wages for Psychologist, Running contract for electrical work, Purchase of furniture etc.
Total		160	68.28601	

3. 2210-05-102-83-Research in Homoeopathy – 30 lakhs

Sl.N o.	Head of A/C	Budget Allocation (in lakh)	Expenditure (in lakh)	Remarks
1	2210-05-102-83-Research in Homoeopathy	30	9.62155	Amount utilized for the expenditure of various research projects.

4. 4210-03-102-99-Homoeopathic Medical College, College Hospital, College Hostel, Thiruvananthapuram-Land Acquisition and Buildings – 120 lakhs

Sl.N o.	Head of A/C	Budget Allocation (in lakh)	Expenditure (in lakh)	Remarks
1	4210-03-102-99- Homoeopathic Medical College, College Hospital, College Hostel, Thiruvananthapuram- Land Acquisition and Buildings (Accademic Block)	120	0	Academic block Project set aside.

5. 4210-03-102-97-Strengthening of Nursing/Pharmacy College in Homoeopathy – 60 lakhs

Sl.No.	Head of A/C	Budget Allocation (in lakh)	Expenditure (in lakh)	Remarks
1	4210-03-102-97-Strengthening of Nursing/Pharmacy College in Homoeopathy (Pharmacy College)	60	---	Amount not prioritized.

7.2 SHREE VIDYADHIRAJA HOMOEOPATHIC MEDICAL COLLEGE, NEMOM, TRIVANDRUM

7.2.1 SVRHMC Overview

Shree Vidyadhiraja Homoeopathic Medical College & Hospital (SVRHMC), Nemom, is a Government-aided homoeopathic medical institution functioning under the Direct Payment System (DPS) of the Government of Kerala and managed by Shree Vidyadhiraja Vidya Samajam, a registered charitable society. The institution operates in full compliance with the regulations of the National Commission for Homoeopathy (NCH), the Ministry of AYUSH, and the Kerala University of Health Sciences (KUHS), Thrissur, ensuring academic credibility, regulatory adherence, and quality healthcare delivery.

Established in **1965**, SVRHMC is among the earliest homoeopathic medical colleges in Kerala and has evolved over nearly six decades into a well-established centre for homoeopathic education, clinical training, and community health services. The college offers the **Bachelor of Homoeopathic Medicine and Surgery (BHMS)** programme with an annual intake of 50 students and houses **13 pre-clinical, para-clinical, and clinical departments**, facilitating comprehensive undergraduate education aligned with national standards. The Government-aided status ensures stability in sanctioned teaching and non-teaching posts, supporting faculty retention, academic continuity, and institutional governance.

The attached **26-bedded teaching hospital** forms the backbone of clinical training and patient care. It provides comprehensive OPD and IPD services through general, peripheral, and specialty clinics linked to departments such as Practice of Medicine, Surgery, Obstetrics & Gynaecology, Paediatrics, and Community Medicine. The hospital is supported by essential diagnostic and supportive facilities including a clinical laboratory, pharmacy, ECG, X-ray, ultrasound, labour room, and mini operation theatre, ensuring effective clinical exposure for students and affordable, holistic care for the surrounding rural and semi-urban population.

SVRHMC plays a significant **public health and community outreach role**, actively participating in National Health Programmes and National AYUSH Mission initiatives. Preventive, promotive, and rehabilitative services are integral to hospital functioning, with focused interventions in women's health, child and adolescent care, lifestyle diseases, neurodevelopmental disorders, geriatric care, and chronic disease management. Regular medical camps, school health programmes, outreach OPDs, and awareness activities strengthen the institution's linkage with the district health system.

The administration of SVRHMC is well structured, with clear delineation of academic, clinical, and administrative responsibilities under the leadership of the Principal, supported by the Vice Principal, Deputy Medical Superintendent, and administrative officers. Transparent governance, financial accountability, and compliance with statutory norms are ensured through defined administrative sections and institutional committees.

In recognition of its quality standards, SVRHMC was awarded **A Grade accreditation by the Quality Council of India (QCI) in 2024**, affirming its commitment to excellence in education and healthcare delivery. Today, SVRHMC stands as a legacy institution that successfully integrates **academic excellence, clinical service, and community engagement**, contributing meaningfully to the development of competent homoeopathic physicians and the strengthening of AYUSH-based healthcare in Kerala.

7.2.2 Vision & Mission

Vision

To emerge as a centre of excellence in Homoeopathic education, patient care, research, and community health, rooted in ethical practice and holistic healing.

Mission

We recognize the value of every person and are guided by our commitment to excellence and leadership.

7.2.3 Academics Overview

7.2.3.1 Undergraduate Course at Shree Vidyadhiraja Homoeopathic Medical College

Shree Vidyadhiraja Homoeopathic Medical College (SVRHMC), Nemoom, offers undergraduate medical education in Homoeopathy through the Bachelor of Homoeopathic Medicine and Surgery (BHMS) programme. Admissions to the BHMS course are conducted through NEET-UG, counselling done by AACCC & CEE, Kerala in accordance with the regulations of the National Commission for Homoeopathy (NCH) and the Ministry of AYUSH.

The BHMS programme is designed to impart comprehensive knowledge of Homoeopathic philosophy, Materia Medica, clinical medicine, and allied medical sciences, along with adequate clinical exposure and practical training.

Table 7.2.3.1 Undergraduate Training Programme and Seat Allocation

Course	Duration	Number of Seats
BHMS (Bachelor of Homoeopathic Medicine and Surgery)	5½ years (including 1-year compulsory internship)	63*

* 44 seats for 2025-26 AY.

2.2 Academic Structure and Departmental Training

The BHMS programme at SVRHMC is delivered through a structured academic framework comprising pre-clinical, para-clinical, and clinical departments, in accordance with the NCH syllabus and KUHS curriculum.

The academic departments include:

1. Anatomy
2. Physiology & Biochemistry
3. Pathology

4. Homoeopathic Pharmacy
5. Forensic Medicine
6. Community Medicine
7. Organon of Medicine
8. Materia Medica
9. Repertory
10. Practice of Medicine & Pharmacology
11. Surgery
12. Obstetrics & Gynaecology
13. Yoga

These departments collectively ensure progressive academic training, early clinical exposure, and integration of theoretical knowledge with bedside learning.

7.2.4 Details of Health Facilities

Shree Vidyadhiraja Homoeopathic Medical College & Hospital (SVRHMC), Nemom, functions as a **26-bedded homoeopathic teaching hospital** and an important community healthcare centre serving Nemom and adjoining areas of Thiruvananthapuram district. The hospital integrates **undergraduate clinical training** with the delivery of **comprehensive, affordable, and holistic healthcare**, in compliance with the norms of the **National Commission for Homoeopathy (NCH)** and the **Kerala University of Health Sciences (KUHS)**. Clinical services are delivered through OPD, peripheral OPDs, and inpatient care, supported by diagnostic, therapeutic, rehabilitative, and integrative facilities, including visiting modern medicine consultants for patient safety and referral support.

Department-wise clinical services encompass **General Medicine, Surgery, Obstetrics & Gynaecology, Paediatrics, and Community Medicine**, addressing a wide spectrum of acute and chronic conditions. General Medicine manages lifestyle and psychosomatic disorders; Surgery provides homoeopathy-supported surgical care, wound management, and peri-operative support; Gynaecology offers antenatal, postnatal, infertility, and hormonal disorder services; Paediatrics focuses on childhood illnesses and developmental disorders; and Community Medicine strengthens outreach through peripheral OPDs, school health programmes, medical camps, and public health initiatives. Structured inpatient care,

follow-up services, bedside teaching, and supervised clinical discussions ensure robust academic and clinical integration.

The hospital is supported by **diagnostic and allied services** including a clinical laboratory (haematology, biochemistry, microbiology, pathology), radiology (X-ray, ultrasound), ECG, institutional pharmacy, physiotherapy, yoga therapy, and diet and nutrition counselling—facilitating comprehensive patient evaluation and integrated care.

Innovative specialty initiatives enhance service depth: the **Vidyadhiraja Neurodevelopmental Centre (VNDC)** (est. 2024) provides multidisciplinary care for children with neurodevelopmental disorders and has benefited over 170 children; **Vayojeevanam**, a geriatric wellness centre (est. 2024), integrates homoeopathy, physiotherapy, yoga, nutrition, and counselling, benefiting nearly 1,000 elderly patients and extending care through community collaborations.

Emergency and supportive care are ensured through **24-hour medical services**, on-call modern medicine consultants, ambulance support, and continuous nursing supervision. A multidisciplinary human resource framework—comprising the Medical Superintendent, Deputy Medical Superintendent, clinical faculty, resident and senior medical officers, visiting consultants, and paramedical staff—supports quality care and training.

Service statistics (2021–2025) demonstrate **steady growth in OPD/IPD utilisation**, expansion of specialty OPDs, and increasing use of diagnostic and rehabilitative services, underscoring community trust and academic adequacy. Key challenges include **space constraints, human resource gaps, and financial limitations** affecting infrastructure expansion.

Overall, SVRHMC's health facilities reflect **progressive growth, clinical diversity, and effective integration of education, patient care, and public health outreach**. With targeted infrastructure development and strategic human resource strengthening, the institution is well-positioned to evolve as a **Centre of Excellence in Homoeopathic Education, Integrative Healthcare, and Community-Based Service Delivery** in southern Kerala.

Table 7.2.4 Statistics of the OPD & IPD (2021–2025)**STATISTICS OF OPD PATIENTS IN SVRHMCH FOR THE LAST 5 YEARS**

DEPARTMENT	2021	2022	2023	2024	2025
GENERAL MEDICINE	14682	10141	34838	14074	9523
OBSTETRICS AND GYNAECOLOGY	581	1320	3159	1134	1529
SURGERY	799	1300	2273	616	1114
PEDIATRICS	1768	4107	13222	4915	3763

SPECIAL OPDS

NUMBER OF PATIENTS	2023	2024	2025
ALLERGIC OPDS		192	293
VAYOJEEVANAM GERIATRIC OPD	172	530	1377
ONCOLOGY (PALLIATIVE CARE)	18	15	21
VARICOSE VEIN			16
UROLOGY		135	67
NEURO AND NEURO-DEVELOPMENT (VNDC)		238	961
THERAPY FOR NEURO AND NEURO-DEVELOPMENT			654

ASSOCIATIVE SERVICES

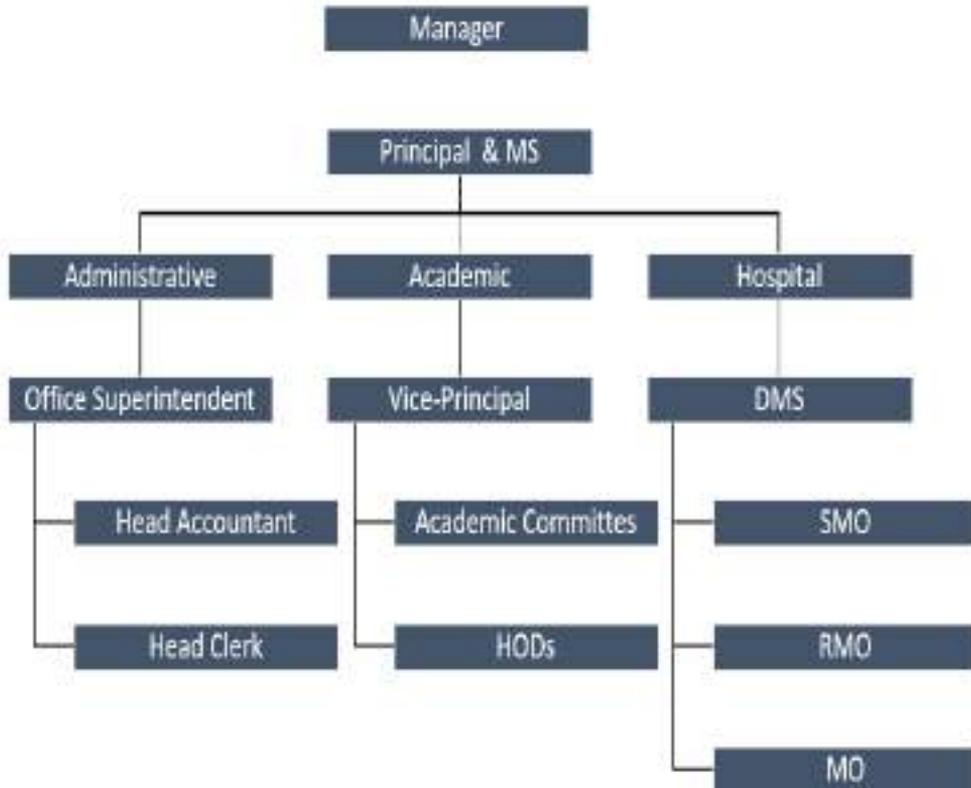
NUMBER OF PATIENTS	2021	2022	2023	2024	2025
CLINICAL LABORATORY					
• HEMATOLOGY		218	496	292	497
• BIOCHEMISTRY		395	868	653	1058
• CLINICAL PATHOLOGY		61	172	138	130
• MICROBIOLOGY AND SEROLOGY		28	170	98	273
ECG	18	38	42	16	32
X-RAY	18	63	222	13	24
ULTRA SONOGRAPHY	7	98	88	50	63
PHYSIOTHERAPY	734	1285	1724	2099	1633

NO. OF IPD (IN PATIENT DEPARTMENT) 2021 TO 2025

DEPARTMENT	2021	2022	2023	2024	2025
GENERAL	2	138	157	116	120
OG	-	17	134	9	2
PEDIATRIC	-	85	138	93	32
SURGERY	-	9	14	7	21
TOTAL	2	249	343	225	175

7.2.5 Human Resources

7.2.5.1 Administrative Hierarchy



7.2.5.2 Staff Strength

7.2.5.2.1 Teaching Faculty

Svrhmc Has A Strong And Experienced Teaching Faculty Covering All Pre-Clinical, Para-Clinical, And Clinical Departments Required For The Bhms Programme. The Faculty Strength Ensures Compliance With Nch Norms And Provides Quality Academic And Clinical Training.

Table 7.2.5.2.1 Staff Strength (Teaching Faculty)

*As Per Go (Rt) No.473/2016/Ayush Dt. 24-09-2016 & No.6772/Ac1/Gen/A3/15/Kuhs Dt. 04-08-2018 (Approval Pending)

Sl. No.	Name Of Post	Total No. Of Sanctioned Post	Actual Strength	Vacancies
1.	Principal	--	--*	--
2.	Professor	13	4	9
3.	Associate Professor	15	13	2
4.	Assistant Professor	15	16	--
Total		43	33	11

* Only Principal I/C Available

** Vacancies Are Fulfilled By Appointment Of Guest Faculties

7.2.5.2.2 Hospital Staff

The Hospital Services Are Supported By A Dedicated Team Of Medical And Paramedical Personnel:

The Hospital Services Are Supported By A **Multidisciplinary Medical And Paramedical Team** Ensuring Comprehensive Patient Care And Effective Clinical Training. Clinical Administration Is Led By The **Medical Superintendent**, Assisted By The **Deputy Medical Superintendent**, With Clinical Oversight Provided By The **Senior Medical Officer, Resident Medical Officer, And Medical Officer**, Supported By **House Physicians And Junior Doctors**. Patient Care Is Further Strengthened Through **Visiting Consultants** From General Medicine, Surgery, Anaesthesia, Obstetrics & Gynaecology, Radiology, Pathology, And Paediatrics. Dedicated **Nursing Staff**, Along With **Physiotherapists, Yoga Expert, Dietician, And Laboratory And Radiology Personnel**, Ensure Round-The-Clock, Integrated, And Patient-Centred Healthcare Delivery.

7.2.5.2.3 Non-Teaching Staff

The Institution Is Supported By 48 Non-Teaching Staff, Including:

Table 7.2.5.2.3 Staff Strength (Non-Teaching Staff)

* As Per Go (Ms) No.2/2019/Ayush Dt. 11-01-2019 (Pending Approval)

Sl. No.	Name Of Post	Total No. Of Sanctioned Post	Actual Strength	Vacancies
1.	Senior Superintendent	1	--	1
2.	Junior Superintendent	1	--	1
3.	Head Accountant	1	1	--
4.	Head Clerk	1	--	1
5.	Senior Clerk	3	3	--
6.	Clerk	3	--	--
7.	Typist	4	4	--
8.	Peon/Office Attendant	2	2	--
9.	Watcher	2	2	--
10.	Sweeper (Pts)	3	3	--
11.	Librarian	1	--	1
12.	Library Assistant	1	1	--
13.	Lab Attender	3	3	--
14.	Specimen Collector	2	2	--
15.	Driver	1	1	--
16.	Museum Curator	1	--	1
17.	Nurse	6	3	3
18.	Nursing Assistant	2	2	--

19.	Pharmacist Cum Storekeeper	1	--	1
20.	X-Ray Technician	1	--	1
21.	Lab Technician (College & Hospital)	4	3	1
22.	Pharmacist	2	1	1
23.	X-Ray Attender	1	1	--
24.	Mortuary Attender	1	1	--
Total		48	33	12

7.2.6 Health Infrastructure Development

Over the past five years, Shree Vidyadhiraja Homoeopathic Medical College & Hospital (SVRHMC), Nemom, has undertaken **systematic and need-based development of academic and healthcare infrastructure** aimed at strengthening undergraduate homoeopathic education, enhancing patient care services, and ensuring compliance with evolving regulatory standards and community health requirements.

A major focus during this period was the **upgradation of hospital infrastructure and clinical services**. The Homoeopathic Teaching Hospital was strengthened and expanded from **20 beds to 26 beds**, with the establishment of essential facilities including a fully functional **clinical laboratory (Biochemistry, Haematology, Microbiology, and Pathology)**, institutional pharmacy, ECG, X-ray unit, ultrasound facility, labour room, and a mini operation theatre. These developments have enabled comprehensive patient evaluation, improved inpatient care, and enriched clinical training for students.

Integrated therapeutic services such as **physiotherapy, yoga therapy, dietary counselling, and rehabilitative care** were introduced and expanded, promoting holistic patient management and interdisciplinary learning. Emergency and inpatient services were streamlined through improved nursing support, duty doctor coverage, and procurement of essential equipment.

Significant improvements were also made in **academic infrastructure**, including enhancement of departmental classrooms, laboratories, museums, and demonstration

rooms across pre-clinical, para-clinical, and clinical departments. Library services were strengthened through the addition of nearly **800 new books** and upgradation to a **digital library under National AYUSH Mission (NAM) funding**, supporting academic excellence and self-directed learning.

Student welfare and campus facilities received focused attention, with development of **sports infrastructure**, including volleyball and badminton courts, later upgraded with lighting facilities through NAM support. These initiatives contributed to overall student development and extracurricular engagement.

A major milestone in quality assurance was achieved in **2024**, when SVRHMC received **A Grade accreditation from the Quality Council of India (QCI)**, reflecting sustained improvements in infrastructure, academic standards, and institutional governance.

7.2.6.1 Ongoing and Major Infrastructure Developments

In response to increasing patient load and expanding academic requirements, SVRHMC is currently implementing several **major infrastructure development projects** with support from the management, National AYUSH Mission, and external funding agencies.

A flagship ongoing project nearing completion by **March 2026** is the construction of a **new OPD-IPD block with integrated clinical teaching rooms**, covering approximately **7,000 square metres**, at an estimated cost of **₹1.75 crore (2024-26)**. Developed by the management of Shree Vidyadhiraja Vidya Samajam, this facility is expected to significantly alleviate space constraints, improve patient flow, and enhance bedside teaching and clinical training.

Under the **National AYUSH Mission**, the institution has received substantial financial support:

- **₹30 lakhs** for procurement of homoeopathic medicines (2024-25)
- **₹97 lakhs** for purchase of medical equipment and furniture (2024-25)

These funds are being utilised to modernise diagnostic services, upgrade therapeutic equipment, and strengthen patient care infrastructure.

Additionally, **CSR funding of ₹10 lakhs from Saturn Global Foundation** has supported the establishment and development of the **Vidyadhiraja Neurodevelopmental Centre (VNDC)**, a specialised centre offering integrated care for children with neurodevelopmental disorders.

Further infrastructure strengthening initiatives include:

- Expansion of facilities for the **Vayojeevanam Geriatric Wellness Specialty Centre**
- Development of therapy and rehabilitation spaces
- Community-based wellness initiatives such as the **“Grey Walk” project** in collaboration with Nemom Block Panchayath
- Preparatory facilitation for implementation of **PMKSY 2.0 – Centre for Development** in collaboration with Nemom Block Panchayath

7.2.7 Innovative Programmes

- **Vidyadhiraja Neurodevelopmental Centre (VNDC)**
 - Established in **2024**, evolved from a Neuro OPD initiated in **2018**.
 - Provides integrated care through **Homoeopathy, speech therapy, behavioural therapy, and special education**.
 - Supported by **CSR funding from Saturn Global Foundation**.
 - **Over 170 children** benefitted since inception.
 - Infrastructure includes development of a **Sensory Park** for sensory integration therapy.
 - Academic and outreach activities:
 - Monthly webinars on neurodevelopmental disorders.
 - National workshop with multidisciplinary participation.
 - Outreach clinics at special schools and early screening initiatives with local bodies.

- Research collaboration with **IUCBR**, contributing to rare neurodivergent syndrome documentation.
- **Vayojeevanam – Geriatric Wellness Project**
 - Dedicated centre promoting “**Healthy Ageing with Dignity.**”
 - Integrates **Homoeopathy, physiotherapy, yoga, nutrition, and counselling.**
 - **Over 1,000 elderly beneficiaries** through hospital services and peripheral OPDs.
 - Conducts preventive and awareness programmes on chronic and lifestyle diseases.
 - Innovative community collaboration:
 - “**Grey Walk**” project around Pallichal Pond with Nemom Block Panchayath.
 - Planned expansion under **PMKSY 2.0.**
- **Community Medicine Department Initiatives**
 - Conducted community-based research on **nutritional status and dietary intervention** among primary school children.
 - Strengthens integration of public health education, research, and outreach.
- **Peripheral OPDs and Community Outreach**
 - Regular peripheral OPDs in **old age homes, rehabilitation centres, and vulnerable communities.**
 - Services include free consultations, medicines, follow-up care, health education, yoga therapy, and rehabilitation.
 - Facilitates IPD care for cases requiring advanced and continuous management.
 - Enhances student and faculty engagement in community-based healthcare.

- **Collaborations and Institutional Support**

- MoUs and partnerships for academic, clinical, and research advancement.
- Collaboration with local self-government institutions for community wellness and early screening initiatives.

- **Digital Innovation – HomeoPulse Software**

- Fully paperless hospital and academic management system implemented since **2023**.
- Supports EMR/EHR, OPD/IPD management, laboratory integration, pharmacy, inventory, and academic records.
- Improves continuity of care, teaching effectiveness, data security, and administrative efficiency.

- **Biomedical Waste Management (BMW)**

- Scientifically managed in collaboration with **IMAGE** since **2022**.
- Ensures segregation at source, safe disposal, staff training, and statutory compliance.
- Promotes environmental safety and sustainable healthcare practices.



7.2.8 Fund utilisation

- **Overall Approach**
 - Planned, transparent, and need-based fund utilization.
 - Focus on academic development, hospital strengthening, infrastructure expansion, and community healthcare.
 - Major funding sources: **National AYUSH Mission (NAM), Management contributions, CSR support**, and internal resources.
 - Alignment with **NCH regulations**, Ministry of AYUSH objectives, and Government of Kerala priorities.
- **National AYUSH Mission (NAM) – Fund Utilization**
 - **₹30 lakhs (2024–25)** utilized for procurement of essential homoeopathic medicines, ensuring uninterrupted OPD and IPD services.
 - **₹97 lakhs (2024–25)** utilized for purchase of medical equipment, diagnostic instruments, furniture, and clinical teaching aids.
 - Outcomes:
 - Improved diagnostic capacity and patient comfort.
 - Enhanced clinical exposure and teaching facilities.
 - Strengthened institutional capacity to manage increasing patient load.
- **Management-Supported Infrastructure Development**
 - Major management-funded project: **New OPD & IPD Block with Clinical Teaching Rooms.**
 - Built-up area: ~ **7,000 sq. metres**
 - Estimated cost: **₹1.75 crore**
 - Period: **2025–26**
 - Expected benefits:

- Address space constraints.
- Improve patient flow and inpatient capacity.
- Strengthen bedside teaching and undergraduate clinical training.
- **Equipment and Technological Upgradation**
 - NAM-supported procurement of:
 - Emergency and critical care equipment (AED, ECG, resuscitation kits, monitors).
 - Diagnostic and laboratory equipment (biochemistry and haematology analysers, glucometers, haemoglobinometers).
 - Maternal, child health, and general clinical instruments.
 - Surgical and procedural instruments.
 - Public health and environmental monitoring equipment.
 - Installation, calibration, and commissioning in progress.
- **CSR and External Funding Support**
 - **₹1 lakh CSR funding** from SBL (Homoeopathic Pharma) for establishment of a **Skill Lab**.
 - **₹10 lakhs CSR funding (2024)** from CareStack through **Saturn Global Foundation** for development of the **Vidyadhiraja Neurodevelopmental Centre (VNDC)**.
 - CSR funds strengthened infrastructure and multidisciplinary services for children with neurodevelopmental disorders.
- **Future Plans for Fund Utilization**
 - **Proposed Academic Block:**
 - Skill laboratories, seminar halls, departmental libraries, and research facilities.
 - **Proposed Girls' Hostel:**

- Safe and supportive accommodation for increasing number of female students.
 - Funding proposed through a mix of **management support and government/NAM assistance.**
- **Research and Academic Investments**
 - Functional **Institutional Ethics Committee (IEC)** ensuring ethical compliance in research.
 - Academic and research collaborations:
 - **NIMS Medicity, Neyyattinkara** – STSH projects and academic exposure.
 - **IUCBR, Kottayam** – biomedical and translational research.
 - Financial support for research and academic activities through **PTA and management facilitation.**
 - Continuous upgradation of teaching spaces and seminar halls.
- **Financial Performance (Receipts vs Expenditure)**
 - Demonstrates consistent and prudent financial management from **2020-21 to 2024-25.**
 - High utilisation levels indicate effective fund deployment aligned with institutional priorities.

Table 7.2.8 Financial Performance: Budget and Expenditure

Financial Year	Receipt	Payment
2020-2021	1381994	1343829
2021-2022	1263295	1150172
2022-2023	2433175	1926962
2023-2024	2509009	2423556
2024-2025	1548379	1517965

7.2.9 Research Initiatives and Achievements.

- **Institutional Ethics Committee (IEC)**
 - Institutional Ethics Committee constituted in **2025**.
 - Functions as the apex body for ethical oversight of all research involving human participants.
 - Key responsibilities:
 - Scrutiny and approval of research protocols
 - Monitoring ongoing research for ethical compliance
 - Ensuring informed consent, confidentiality, and patient safety
 - Periodic review of research progress and outcomes
 - Establishes transparency, accountability, and ethical governance in research.
- **Ongoing IEC-Approved Research Projects**
 - **Five ongoing research projects** currently sanctioned by the IEC.
 - Conducted by faculty members, junior doctors, and undergraduate students.
 - Major focus areas:
 - Clinical evaluation of homoeopathic interventions
 - Community-based health issues
 - Lifestyle and chronic disease management
 - Women's health, geriatric care, and child health
 - Integrative and supportive therapeutic approaches
 - Contributes to evidence generation and practical application of research methodology.
- **Short Term Studentship in Homoeopathy (STSH) Projects**
 - Active encouragement of undergraduate participation in STSH projects.

- Provides hands-on exposure to:
 - Research design and methodology
 - Data collection and statistical analysis
 - Ethical principles in clinical research
 - Scientific writing, documentation, and presentation
- Strengthens critical thinking and research aptitude among students.
- **Research Collaboration with IUCBR and VNDC**
 - Formal collaboration with **Inter-University Centre for Biomedical Research (IUCBR), Kottayam.**
 - Enhances interdisciplinary and translational research capacity.
 - VNDC serves as a focal research centre for neurodevelopmental disorders.
 - Key research themes:
 - Clinical and therapeutic studies in neurodevelopmental conditions
 - Integrative homoeopathic and supportive therapies
 - Documentation and analysis of rare neurodivergent syndromes
 - Bridges clinical practice with biomedical research.
- **Geriatric Research – Vayojeevanam Project**
 - Research initiatives integrated with the **Vayojeevanam Geriatric Wellness Centre.**
 - Focus areas include:
 - Chronic disease patterns among elderly populations
 - Functional ability, mobility, and quality of life
 - Integrative management using homoeopathy, physiotherapy, yoga, and nutrition
 - Community-based geriatric care models

- Research closely linked with clinical services and outreach programmes.
- **Achievements and Academic Impact**
 - Increased student engagement in research activities.
 - **Three faculty members pursuing PhD programmes.**
 - Integration of research methodology into undergraduate curriculum.
 - Strengthened ethical research culture through IEC oversight.
 - Development of interdisciplinary and community-oriented research themes.
 - Research initiatives supported by institutional management and Parent-Teacher Association.
- **Overall Impact**
 - Establishment of a structured, ethical, and sustainable research environment.
 - Active student participation and faculty involvement in research.
 - Meaningful collaborations enhancing academic credibility.
 - SVRHMC is well-positioned to expand its research contributions and promote **evidence-informed homoeopathic practice** in alignment with NCH and KUHS objectives.

7.2.10 Skill Development, Simulation-Based Learning And Capacity Building Initiatives

- **Regular ECG Training Programmes**
 - Conducted for undergraduate students, interns, and paramedical staff.
 - Training components include:
 - Basics of ECG recording and interpretation
 - Proper electrode placement and machine handling
 - Identification of common ECG patterns and abnormalities
 - Clinical correlation and documentation

- Hands-on, supervised training using institutional ECG equipment ensures practical competency.
- **Biomedical Waste (BMW) Management Training**
 - Periodic training programmes for students, faculty, nursing staff, housekeeping, and laboratory personnel.
 - Conducted in collaboration with **IMAGE (IMA – Goes Eco-friendly)**.
 - Key focus areas:
 - Biomedical Waste Management Rules and updates
 - Source-level segregation using colour-coded bins
 - Safe handling, storage, and disposal of waste
 - Occupational safety and prevention of needle-stick injuries
 - Ensures regulatory compliance, infection control, and environmental safety.
- **Basic Life Support (BLS) Training**
 - Regular BLS training programmes for students, interns, and hospital staff.
 - Training includes:
 - Cardiopulmonary resuscitation (CPR)
 - Airway and choking management
 - Emergency response protocols
 - Simulation-based practice using mannequins
 - Supported by **Rotary Club, IIEMS, and NIMS Medicity**, ensuring quality instruction.
- **Skill Lab Training and Simulation-Based Learning**
 - Skill Lab integrated into academic and clinical training.
 - Focus areas include:
 - Clinical examination skills

- Case taking and documentation
- Emergency procedures and first aid
- Procedural skills relevant to Homoeopathic practice
- Communication skills and patient interaction
- Simulation-based learning builds confidence and reduces clinical errors.
- **Capacity Building through Institutional Collaborations**
 - Continuous collaboration with external agencies:
 - **Rotary Club** – training and community health support
 - **IMAGE** – BMW management training
 - **IIEMS** – emergency and BLS training
 - **NIMS Medicity** – clinical exposure, emergency care, and academic collaboration
 - Enhances scope, quality, and sustainability of training initiatives.

Annexures

Annexure 3.3.1: Details of ISM Facilities - Hospital

S I N O	Name Of Institution	Stream	Address	Village	Name Of Lsgd	Type Of Lsgd	Name Of Block Panchayat	District Panchayat Division	LAC	Parliament	Rural/Urban
1	Kadakkavur	Ayurveda	Govt Ayurveda Hospital, Kadakkavoor, Kadakkavoor. P.O Typpm-695308	Kadakkavur	Kadakkavur	Panchayath	Chirayinkeezhu	Chirayinkeezhu	Chirayinkeezhu	Attingali	Rural
2	Kanjirankulam	Ayurveda-Marma	Govt Ayurveda Marma Hospital, Kanjirankulam, Kanjirankulam. P.O, Typpm-695524	Kanjirankulam	Kanjirankulam	Panchayath	Athiyanoor	Kanjirankulam	Kovalam	Trivandrum	Rural

3	Kizhuvilum	Ayurveda	Govt Ayurveda Hospital, Kizhuvilam, Mudapuram.P.O, Tvpm-695304	Sarkara	Kizhuvilum	Panchayath	Chirayinkeezhu	Kizhuvilam	Chirayinkeezhu	Attingal	Rural
4	Kottoor	Ayurveda	Govt Ayurveda Hospital, Kottoor, Kottoor.P.O, Tvpm - 695574	Kottoor	Kuttichal	Panchayath	Vellanad	Kunnathukal	Aruvikkara	Attingal	Rural
5	Kulamuttom	Ayurveda	Govt. Ayurveda Hospital, Kulamuttom, Kulamuttom. P.O Tvpm-695144	Manamboor	Manambur	Panchayath	Varkala	Manamboor	Attingal	Attingal	Rural
6	Nedumangad	Ayurveda	Govt.Ayurveda Hospital Nedumangad, Anad P O, Tvpm-	Anad	Anaad	Panchayath	Nedumangad	Anad	Vamanapuram	Attingal	Rural

10	Pothenco de	Ayurve da	Govt. Ayurveda Hospital, Pothencode, Pothencode.P. O, Tvpm- 695584	Andoork onam	Pothenco de	Pancha yath	Pothenco de	Navaikul am	Neduma ngad	Attinga li	Rur al
11	Pulimath	Ayurve da	Govt Ayurveda Hospital, Pulimath, Pulimath.P.O, Tvpm- 695612	Pulimath	Pulimath	Pancha yath	Kilimano or	Kilimano or	Attingal	Attinga li	Rur al
12	Vallakad avu	Sidha	Govt.Siddha Hospital,Puth enpalam, Vallakadavu.P. O Tvpm- 695008	Pettah	Trivandr um	Corpor ation	NA	NA	Trivandr um	Trivan drum	Urb an
13	Varkala	Ayurve da	Govt.District Ayurveda Hospital, Varkala, Varkala.P.O,	Varkala	Varkala	Munici paily	NA	NA	Varkala	Attinga li	Urb an

1	Varkala	Naturo pathy	Govt Yoga Naturopathy Hospital, Helipad, Papanasam, Varkala.P.O Tvpm-695141 H	Varkala	Varkala	Municipaily	NA	NA	Varkala	Attingal	Urban
4											
1	Venganoor	Ayurveda	Govt Ayurveda Hospital Venganoor. Muttacadu. P O. Tvpm-695523	Venganoor	Venganoor	Panchayath	Athiyanoor	Venganoor	Kovalam	Trivandrum	Rural
5											

Annexure 3.3.1: Details of ISM Facilities - Dispensary

Sl No	Name Of Institution	Stream	Address	Village	Name Of Lsgd	Type Of Lsgd	Name Of Block Panchayat	District Panchayath Division	LAC	Parliament	Rural/Urban
1	Amboori	Ayurveda	Govt Ayurveda Dispensary, Amboori, Kuttamala.P.O Tvpm-695505	Amboori	Amboori	Grama Panchayath	Perumkadavila	Vellarda	Parassala	Trivandrum	Rural
2	Andoorkonam	Ayurveda	Govt Ayurveda Dispensary, Andoorkonam, Koithoorkonam. P.O, Mangalapuram Tvpm-695584	Andoorkonam	Andoorkonam	Grama Panchayath	Pothencode	Kaniyapuram	Nedumangad	Attingal	Rural
3	Aruvikara	Ayurveda	Govt Ayurveda Dispensary, Aruvikkara, Cheriyakonni.P.O , Tvpm-695013	Aruvikkar	Aruvikara	Grama Panchayath	Nedumangad	Velland	Aruvikkara	Attingal	Rural

4	Aruvipuram	Ayurveda	Govt Ayurveda Dispensary, Aruvippuram, Aruvippuram.P.O Tvpm-695126	Perumkadavila	Perumkadavilath	Grama Panchayath	Perumkadavila	Ottasekharangalam	Parassala	Trivandrum	Rural
5	Attingal	Ayurveda	Govt Ayurveda Dispensary, Attingal, Attingal.P.O, Tvpm-695101	Attingal	Attingal	Municipality	NA	NA	Attingal	Attingal	Urban
6	Attipra	Ayurveda	Govt Ayurveda Dispensary, Attipra, Attinkuzhy, Kazhakoottam.P.O Tvpm-695582	Attipra	Attipra	Corporation	NA	NA	Kazhakoottam	Trivandrum	Urban
7	Avanavanchery	Sidha	Govt Sidha Dispensary, Avanavancheri, Avanavancheri.P.O Tvpm-6955103	Attingal	Attingal	Municipality	NA	NA	Attingal	Attingal	Urban
8	Azhoor	Ayurveda	Govt Ayurveda Dispensary, Azhoor, Perunguzhi.P.O,	Azhoor	Azhoor	Grama Panchayath	Pothencode	Chirayinkeezhu	Chirayinkeezhu	Attingal	Rural

9	Balarapuram	Ayurveda	Chirayinkeezhu, Tvpm-695305	Balarapuram	Balarapuram	Gramapanchayath	Nemom	Balarapuram	Kovalam	Trivandrum	Rural
10	Changa	Ayurveda	Govt Ayurveda Dispensary, Changa, Veliyannoor.P.O. Vellanad, Tvpm-695543	Vellanad	Vellanad	Gramapanchayath	Vellanad	Velland	Aruvikkara	Attingal	Rural
11	Chavere	Ayurveda	Govt Ayurveda Dispensary, Chavarecode, Paripally.P.O, Tvpm-695146	Elakamon	Airoor	Gramapanchayath	Varkala	Navaikulam	Varkala	Attingal	Rural
12	Chemmaruthy	Ayurveda	Govt Ayurveda Dispensary, Chemmaruthy, Muttambalam.P.O, Tvpm-695145	Chemmaruthy	Chemmaruthy	Gramapanchayath	Varkala	Navaikulam	Varkala	Attingal	Rural

13	Chenkai	Ayurveda	Govt Ayurveda Dispensary, Chenkal, Mariyapuram.P.O Tvpm-695127	Mariyapuram	Chenkai	Grama Panchayath	Parassala	Parassala	Parassala	Neyyatinkara	Trivandrum	Rural
14	Cheramant huruthu	Ayurveda	Govt Ayurveda Dispensary, Cheramanthuruth, Puthukuruchi.P.O, Tvpm-695303	Kadinamkulam	Kadina mkulam	Grama Panchayath	Pothencode	Kaniyapuram	Kaniyapuram	Chirayinkezhu	Trivandrum	Rural
15	Chettyvilakom	Ayurveda	Govt Ayurveda Dispensary, Chettivilakam, Vayalikulunnu, Mukkola.P.O, Tvpm-695044	Kudappan akunnu	Trivandrum	Corporation	NA	NA	NA	Vattiyoor kavu	Trivandrum	Urban
16	Edava	Ayurveda	Govt Ayurveda Dispensary, Edava,Edava.P.O, Tvpm-695311	Edava	Edava	Grama Panchayath	Varkala	Mudakkal	Varkala	Varkala	Attingal	Rural
17	Erichellur	Ayurveda	Govt Ayurveda Dispensary, Erichelloor, Plamoottukada.P.	Karode	Karode	Grama Panchayath	Parassala	Parassala	Parassala	Neyyatinkara	Trivandrum	Rural

18	Kadakkam	Ayurveda	O, Tvpm-695120 Govt Ayurveda Dispensary, Chirayinkeezhu, Pulunthuruthi, Chirayinkeezhu. P.O Tvpm-695304	Sarkara	Chirayinkeezhu	Grama Panchayath	Chirayinkeezhu	Chirayinkeezhu	Chirayinkeezhu	Attingal	Rural
19	Kadakkampally	Ayurveda	Govt Ayurveda Dispensary, Kadakkampally, Anayara.P.O, Tvpm-695029	Kadakkampally	Trivandrum	Corporation	NA	NA	Kazhakkottam	Trivandrum	Urban
20	Kadinamkulam	Ayurveda	Govt Ayurveda Dispensary, Kadinamkulam, Puthukuruchi.P. O, Tvpm-695303	Kadinamkulam	Kadina mkulam	Grama Panchayath	Pothencode	Kaniyapuram	Chirayinkeezhu	Attingal	Rural
21	Kalady	Ayurveda	Govt Ayurveda Dispensary, Kalady, Manacadu.P.O, Tvpm-695009	Vanchiyoor	Trivandrum	Corporation	NA	NA	Nemom	Trivandrum	Urban

22	Kallara	Ayurveda	Govt Ayurveda Dispensary, Kallara, Muthuvila.P.O, Tvpm-695610	Kallara	Kallara	Gramapanchayath	Vamanapuram	Kallara	Vamanapuram	Attingal	Rural
23	Kallikadu	Ayurveda	Govt Ayurveda Dispensary, Kallikkad, Pantha.P.O, Kattakkada, Tvpm-695572	Vazhichal	Kallikadu	Gramapanchayath	Parassala	Vellara	Parassala	Trivandrum	Rural
24	Kalliyur	Ayurveda	Govt Ayurveda Dispensary, Kalliyoor, Pallichal.P.O, Tvpm-695020	Kalliyoor	Kalliyur	Gramapanchayath	Nemom	Pallichal	Kovalam	Trivandrum	Rural
25	Kanjirankulam	Ayurveda	Govt Ayurveda Dispensary, Kanjirankulam, Kanjirankulam. P.O, Tvpm-695524	Kanjirankulam	Kanjirankulam	Gramapanchayath	Athiyanoor	Kanjirankulam	Kovalam	Trivandrum	Rural
26	Karakulam	Ayurveda	Govt Ayurveda Dispensary, Karakulam,	Vattappara	Karakulam	Gramapanchayath	Nedumangad	Karakulam	Nedumangad	Attingal	Rural

27	Karavaram	Ayurveda	Vattappara.P.O, Tvpm-695028	Karavaram	Govt Ayurveda Dispensary, Karavaram, Nedumparambu. P.O, Tvpm- 695102	Karavaram	Karavaram	Karavaram	Karavaram	Karavaram	Grama Panchay ath	Kilimanoo r	Kilimanoo r	Attingal	Attingal	Attingal	Rural
28	Karimkula m	Ayurveda	Govt Ayurveda Dispensary, Karimkulam, Valiyathoppu, Puthiyathura.P.O, Tvpm-695526	Karimkulam	Govt Ayurveda Dispensary, Karimkulam, Valiyathoppu, Puthiyathura.P.O, Tvpm-695526	Karimkulam	Karimkulam	Karimkulam	Karimkulam	Karimkulam	Grama Panchay ath	Athiyanoo r	Vengan oor	Kovalam	Trivand rum	Trivand rum	Rural
29	Kattakada	Ayurveda	Govt Ayurveda Dispensary, Kattakkada, Kattakkada.P.O, Tvpm-695572	Kattakkada	Govt Ayurveda Dispensary, Kattakkada, Kattakkada.P.O, Tvpm-695572	Kattakkada	Kattakkada	Kattakkada	Kattakkada	Kattakkada	Grama Panchay ath	Vellanad	Poovac hal	Kattakada	Attingal	Attingal	Rural
30	Kazhakkutt am	Ayurveda	Govt Ayurveda Dispensary, Kazhakkuttam, Sainkaschool.P.O, Tvpm-695585	Kazhakkuttam	Govt Ayurveda Dispensary, Kazhakkuttam, Sainkaschool.P.O, Tvpm-695585	Kazhakkuttam	Kazhakkuttam	Kazhakkuttam	Kazhakkuttam	Kazhakkuttam	Corporat ion	NA	NA	Kazhakkoot am	Trivand rum	Trivand rum	Urban

31	Kilimanur	Ayurveda	Govt Ayurveda Dispensary, Kilimanur, Ponganadu.P.O, Tvpm-695601	Kilimanoor	Vizhinjam	Kilimanoor	Kilimanoor	Grama Panchayath	Kilimanoo r	Kilimanoo r	Kilimanoo r	Attingal	Attingal	Rural
32	Kovalam	Ayurveda	Govt Ayurveda Dispensary, Kovalam, Kovalam.P.O, Tvpm-695521	Trivandrum	Vizhinjam	Kilimanoor	Kilimanoor	Corporation	NA	NA	NA	Trivandrum	Trivandrum	Urban
33	Kulathur	Ayurveda	Govt Ayurveda Dispensary, Kulathur, Uchakkada.P.O, Tvpm-695506	Kulathur	Vizhinjam	Kilimanoor	Kilimanoor	Grama Panchayath	Parassala	Parassala	Parassala	Trivandrum	Trivandrum	Rural
34	Kunnathukal	Ayurveda	Govt Ayurveda Dispensary, Kunnathukal, Kunnathukal.P.O Kottukonam, Tvpm-695504	Kunnathukal	Vizhinjam	Kilimanoor	Kilimanoor	Grama Panchayath	Parassala	Parassala	Parassala	Trivandrum	Trivandrum	Rural
35	Madavoor	Ayurveda	Govt Ayurveda Dispensary, Madavoor, Thumpode,	Madavoor	Vizhinjam	Kilimanoor	Kilimanoor	Grama Panchayath	Kilimanoo r	Kilimanoo r	Kilimanoo r	Attingal	Attingal	Rural

36	Malayinke zhu	Ayurveda	Madavoor.P.O Tvpm-695602	Malayinkeezhu	Malayinkeezhu	Gramapanchayath	Nemom	Malayinkeezhu	Kattakada	Attingal	Rural
37	Mangalapuram	Ayurveda	Govt Ayurveda Dispensary, Mangalapuram, Murukkumpuzha .P.O, Tvpm-695302	Vellor	Mangalapuram	Gramapanchayath	Pothencode	Kilimanoor	Chirayinkeezhu	Attingal	Rural
38	Maranallur	Ayurveda	Govt Ayurveda Dispensary, Maranalloor, Koovalassery.P.O, Tvpm-695512	Maranalloor	Maranalloor	Gramapanchayath	Nemom	Malayinkeezhu	Kattakada	Attingal	Rural
39	Mudakkal	Ayurveda	Govt Ayurveda Dispensary, Mudakkal, Poikamukku.P.O, Tvpm-695103	Mudakkal	Mudakkal	Gramapanchayath	Chirayinkeezhu	Mudakkal	Chirayinkeezhu	Attingal	Rural

40	Nagaroor	Ayurveda	Govt Ayurveda Dispensary, Nagaroor, Poikavila, Nedumparambu. P.O, Tvpm-695102	Nagaroor	Nagaroor	Nagaroo r	Gram a Panchay ath	Kilimanoo r	Kiliman oor	Attingal	Attingal	Rur al
41	Navaikulam	Ayurveda	Govt Ayurveda Dispensary, Navaikulam, Navaikulam.P.O, Tvpm-695603	Navaikulam	Navaikulam	Navaikulam	Gram a Panchay ath	Kilimanoo r	Navaikulam	Attingal	Varkala	Rur al
42	Nedunganda	Ayurveda	Govt Ayurveda Dispensary, Nedunganda, Nedunganda.P.O, Tvpm-695307	Anchuthengun	Anjuthengun	Chirayinkeezhu	Gram a Panchay ath	Chirayinkeezhu	Chirayinkeezhu	Attingal	Chirayinkeezhu	Rur al
43	Nemom	Ayurveda	Govt Ayurveda Dispensary, Nemom, Nemom.P.O, Tvpm-695020	Nemom	Trivandrum	Na	Corporation	Na	Na	Trivandrum	Nemom	Urban
44	Ottashekar amangalam	Ayurveda	Govt Ayurveda Dispensary, Ottashekharan	Ottasekhar am	Ottashekhar am	Perumkadavila	Gram a Panchay ath	Perumkadavila	Vellarda	Trivandrum	Parassala	Rur al

45	Ottoor	Ayurveda	galam, Vazhichal.P.O, Tvpmm-695125	Ottoor	Ottoor	Gramapanchayath	Varkala	Manabor	Attingal	Attingal	Rural
46	Pallickal	Ayurveda	Govt Ayurveda Dispensary, Ottoor, Manamboor.P.O, Tvpmm-695611	Pallickal	Pallickal	Gramapanchayath	Kilimanoor	Kilimanoor	Varkala	Attingal	Rural
47	Pazhayakunnumel	Ayurveda	Govt Ayurveda Dispensary, Pazhayakunnumel, Puthiyakavu, Kilimanoor.P.O, Tvpmm-695601	Pazhayakunnumel	Pazhayakunnumel	Gramapanchayath	Kilimanoor	Kizhuvilam	Attingal	Attingal	Rural
48	Poojapura	Ayurveda	Govt Ayurveda Dispensary, Poojapura, Thrikkannapura m, Aramada.P.O,	Thirumala	Thirumala	Corporation	NA	NA	Trivandrum	Trivandrum	Urban

49	Poovachal	Ayurveda	Tvpm-695032	Govt Ayurveda Dispensary, Poovachal, Poovachal.P.O, Tvpm-695575	Perumkulam	Poovachal	Grama Panchayath	Vellanad	Poovahal	Aruvikkara	Attingal	Rural
50	Pullampara	Ayurveda		Govt Ayurveda Dispensary, Pullampara, Vellumannadi.P.O, Venjaramood, Tvpm-695607	Pullampara	Pullampara	Grama Panchayath	Vamanapuram	Venjaramood	Vamanapuram	Attingal	Rural
51	Puthuvedtthukara	Ayurveda		Govt Ayurveda Dispensary, Puthuvedtthukara, Kadayarkonam, Venpakal.P.O Tvpm-695123	Athiyannoor	Athiyannoor	Grama Panchayath	Athiyannoor	Parassala	Neyyatinkara	Trivandrum	Rural
52	Secretariat	Ayurveda		Govt Ayurveda Dispensary, Secretariate, Statue, Gpo,	Thiruvananthapuram	Trivandrum	Corporation	NA	NA	Trivandrum	Trivandrum	Urban

53	Sreekarya	Ayurveda	Tvpm-695001	Pangappa	Trivandrum	Corporation	NA	NA	Kazhakoottam	Trivandrum	Urban
54	Thazhevetur	Ayurveda	Govt Ayurveda Dispensary, Thazhevettoor, Melevettoor.P.O, Tvpm-695312	Vettoor	Vettoor	Grama Panchayath	Varkala	Manabor	Varkala	Attingal	Rural
55	Thirupura	Ayurveda	Govt Ayurveda Dispensary, Thirupuram, Mulluvila.P.O, Tvpm-695133	Thirupuram	Thirupuram	Grama Panchayath	Parassala	Parassala	Neyyatinkara	Trivandrum	Rural
56	Ullloor	Ayurveda	Govt Ayurveda Dispensary, Ullloor, Cheruvaikkal, Sreekaryam.P.O Tvpm-695017	Ullloor	Trivandrum	Corporation	NA	NA	Kazhakoottam	Trivandrum	Urban

57	Uzhamalakal	Ayurveda	Govt Ayurveda Dispensary, Uzhamalakal, Chakrapanipuram, Puthukulangara. P.O, Tvpm-695541	Uzhamalakal	Uzhamala	Uzhamalakal	Gramapanchayath	Vellanad	Aryana	Aruvikkara	Attingal	Rural
58	Vakkom	Ayurveda	Govt Ayurveda Dispensary, Vakkom, Vakkom.P.O, Tvpm-695308	Vakkom	Vakkom	Vakkom	Gramapanchayath	Chirayinkeezh	Chirayinkeezhu	Chirayinkeezhu	Attingal	Rural
59	Vamanapuram	Ayurveda	Govt Ayurveda Dispensary, Vamanapuram, Vamanapuram.P.O Tvpm-695606	Vamanapuram	Vamanapuram	Vamanapuram	Gramapanchayath	Vamanapuram	Venjaramood	Vamanapuram	Attingal	Rural
60	Vattiyooravu	Ayurveda	Govt Ayurveda Dispensary, Vattiyooravu, Nettayam.P.O, Malamukal, Tvpm-695013	Peroorkada	Peroorkada	Trivandrum	Corporation	NA	NA	Vattiyooravu	Trivandrum	Urban

61	Vellanickal	Ayurveda	Govt Ayurveda Dispensary, Vellanickal, Aliyadu.P.O, Venjaramood, Tvpm-695607	Koilyakode	Maanikkal	Grama Panchayath	Vamanapuram	Venjaramood	Nedumangad	Attingal	Rural
62	Vellarada	Ayurveda	Govt Ayurveda Dispensary, Vellarada, Ponnambi.P.O, Tvpm-695505	Vellarada	Vellarada	Grama Panchayath	Perumkadavila	Vellarada	Parassala	Trivandrum	Rural
63	Venjaramood	Ayurveda	Govt Ayurveda Dispensary, Venjaramood, Venjaramood.P.O, Tvpm-695607	Nellanad	Nellana	Grama Panchayath	Vamanapuram	Venjaramood	Vamanapuram	Attingal	Rural
64	Vettinad	Ayurveda	Govt Ayurveda Dispensary, Vettinad, Vattappara.P.O, Tvpm-695028	Vembayam	Vembayam	Grama Panchayath	Nedumangad	Venjaramood	Nedumangad	Attingal	Rural
65	Villavoorikal	Ayurveda	Govt Ayurveda Dispensary, Villavoorikal, Malayam,	Vilavoorikal	Vilavoorikal	Grama Panchayath	Nemom	Pallichal	Kattakada	Attingal	Rural

66	Vithura	Ayurveda	Malayinkeezhu.P.O, Tvpm-695571	Tholicode	Vithura	Grama Panchayath	Vellanad	Vellara da	Aruvikkara	Attingal	Rural
			Govt Ayurveda Dispensary, Vithura, Vithura.P.O, Near Kalingu Jn, Tvpm-695551								

Annexure 3.3.1: Details of ISM Facilities - Hospital

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	Government District Ayurveda Hospital Varkala	4694	83	50
2	GOVERNMENT AYURVEDA HOSPITAL. Kizhuvilam	1827	23	20
3	GOVERNMENT AYURVEDA HOSPITAL. Kottoor	1643	20	10
4	GOVERNMENT AYURVEDA HOSPITAL. Kadakkavoor	3184	8	10
5	GOVERNMENT AYURVEDA HOSPITAL. Kulamuttom	1653	7	10
6	G.A.M.H. Kanjiramkulam	2500	62	10
7	GOVERNMENT AYURVEDA HOSPITAL. Nedumangad	3625	82	25
8	GOVERNMENT AYURVEDA HOSPITAL. Neyyattinkara	3485	62	30
9	GOVERNMENT AYURVEDA HOSPITAL. Palode	1857	37	10
10	GOVERNMENT AYURVEDA HOSPITAL. Pulimath	2296	30	10
11	GOVERNMENT AYURVEDA HOSPITAL. Parassala	3667	38	30
12	Government Nature Cure Hospital Varkala	1789	248	50

13	GOVERNMENT AYURVEDA HOSPITAL Venganoor	4695	57	20
14	Government Siddha Hospital Vallakkadavu	3599	40	20
15	GOVERNMENT AYURVEDA HOSPITAL. Pothencode	1582	23	10

Annexure 3.5.2: Table of Beneficiary details in Government ISM Dispensaries

Sl No	Institution Name	Average OPD in a Month
1	Attingal	1206
2	Avanavanchery (Siddha)	838
3	Amboori	800
4	Andoorkonam	840
5	Aruvikkara	781
6	Aruvippuram	1577
7	Azhoor	807
8	Balaramapuram	1283
9	Changa	820
10	Attipra	905
11	Chavarcode	1281
12	Chemmaruthy	1003
13	Chenkai	1355
14	Chermanthuruthu	939

15	Chettivilakam	1380
16	Edava	866
17	Erichelloor	1020
18	Kadakam	693
19	Kadakampally	1685
20	Kadinamkulam	981
21	Kalady	983
22	Kallara	963
23	Kallikkadu	1185
24	Kalliyoor	922
25	Kanjiramkulam	1121
26	Karakulam	716
27	Karavaram	998
28	Karumkulam	1296
29	Kattakada	1523
30	Kazhakkoottam	1591
31	Kilimanoor	1078
32	Kovalam	1535
33	Kunnathukal	2358
34	Kulathoor	1409
35	Madavoor	1370
36	Mangalapuram	713

37	Maranalloor	1077
38	Mudakkal	945
39	Malayinkeezhu	1932
40	Nagaroor	1112
41	Navailkulam	1295
42	Nedunganda	863
43	Nemom	1940
44	Ottasekharamangalam	909
45	Ottoor	869
46	Pallickal	1411
47	Pazhayakunnummel	1489
48	Poojappura	1126
49	Poovachal	1806
50	Pullampara	982
51	Puthuveetukara	2141
52	Secretariat	1118
53	Sreekariyam	1328
54	Thazhevettoor	1289
55	Thirupuram	1061
56	Ulloor	1247
57	Uzhamalackal	1103
58	Vakkam	976

59	Vattiyoorkkavu	1221
60	Vellanickal	1067
61	Vellarada	1555
62	Venjaramoodu	1161
63	Vettinadu	1657
64	Vilavoorkkal	1092
65	Vithura	1306
66	Vamanapuram	991
67	Chettiyampara (Tribal)	904
68	Idinjar (Tribal)	373

Annexure 3.5.3: Table of Beneficiary details in APHC dispensaries

Sl No	Ayurveda/Siddha/Unani/Naturopathy	Name Of Institution	Per Month OPD
1	Ayurveda	Aryanad	1566
2	Ayurveda	Aryancode	1880
3	Ayurveda	Bharathanoor	1364
4	Ayurveda	Cherunniyur	1639
5	Ayurveda	Hostal Health Clinic	1102
6	Ayurveda	Kalliyoor	1495
7	Ayurveda	Karakulam	1899
8	Ayurveda	Kollayil	2263

9	Ayurveda	Kottukal	2026
10	Ayurveda	Malayinkeezhu	1542
11	Ayurveda	Nanniyode	1211
12	Ayurveda	Nedumangad	1907
13	Ayurveda	Pallichal	2359
14	Ayurveda	Panavoor	1459
15	Ayurveda	Poonthura	1753
16	Ayurveda	Poovar	1626
17	Ayurveda	Tholicode	1462
18	Ayurveda	Vilapilshala	2536
19	Siddha	Aruvikkara	1151
20	Siddha	Kanjiramkulam	1526
21	Siddha	Kulathoor	1524
22	Siddha	Madavoor	1408
23	Siddha	Mangalapuram	1688
24	Siddha	Nanniyode	1408
25	Siddha	Parassala	1395
26	Siddha	Peringamala	1380
27	Siddha	Poonthura	1491
28	Siddha	Pothencode	1951
29	Siddha	Vettoor	1205
	Total		47216

Annexure 3.8: List of Institutions upgraded as Ayushman Arogya Mandir Ayush (AAM-A)

Sl no	Name of Institution
1	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Andoorkonam 695584
2	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Aruvippuram 695543
3	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Chavarcode 695144
4	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Chemmaruthy 695608
5	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Cheramanthuruth
6	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Erichelloor 695564
7	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kallikkad 695572
8	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kalliyor 695042
9	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kattakkada 695572
10	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kulathoor 695583
11	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kunnathukal 695504
12	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Malayinkil 695571
13	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Nemom 695020
14	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Ottashekharamangalam
15	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pallikkal 695604
16	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pullambara 695607
17	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Sreekaryam 695017
18	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thirupuram 695526
19	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Vattiyoorkavu 695013
20	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Balaramapuram 695501
21	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Chenkal 695143
22	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kadakampally 695005
23	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kallara 695608
24	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kazhakkootam 695582
25	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Maranalloor 695542
26	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Navaikulam 695603
27	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thazhevettoor 695563

28	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Ulloor 695011
29	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Uzhamalakkal 695103
30	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Vithura 695551
31	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Attipra 695583
32	AYUSHMAN AROGYA MANDIR AYUSH (SIDDHA) Avananchery Attingal

Annexure 4.3.1: Details of Homoeopathy Facilities - Hospital

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/Municipality/Panchayath	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban/Rural
1	ATTINGAL GOVT HOMOEOPATHIC HOSPITAL : 01H02	Homoeopathy	Thiruvananthapuram	Attingal Attingal P.O Thiruvananthapuram	Keezhatti ngal	Attingal Municipality	Municipality			Attingal	Attingal	Urban
2	KARAKULAM GOVT HOMOEOPATHIC HOSPITAL : 01H04	Homoeopathy	Thiruvananthapuram	Karakulam Karakulam P.O Thiruvananthapuram	Karakulam	Karakulam	Panchayath	Nedumangad	Trivandrum	Attingal	Nedumangad	Rural

3	NEYYATTI NKARA GOVT HOMEO HOSPITAL :01H03	Homeopathy	Thiruvananthapuram	Neyyattinkara Neyyattinkara P.O Thiruvananthapuram	Athiyannamor	Neyyattinkara Municipality	Municipality	Thiruvananthapuram	Neyyattinkara	Urban
4	THIRUVANANTHAPURAM DISTRICT HOMEO HOSPITAL :01H01	Homeopathy	Thiruvananthapuram	Govt Homoeo Hospital Thiruvananthapuram, East Fort, TVM		Thiruvananthapuram Corporation	Corporation	Thiruvananthapuram	Thiruvananthapuram	Urban

Annexure 4.3.2: Details of Homoeopathy Dispensary

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/Municipality/Panchayat	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban/Rural
1	AMBOORI GOVT HOMEO DISPENSARY : 01D01	Homoeopathy	Thiruvananthapuram	Amboori, Koottappu, Amboori P.O, Thiruvananthapuram - 695505.	Amboori	Amboori	Panchayath		Trivandrum	Thiruvananthapuram	Parasalsala	Rural
2	ANAD GOVT HOMEO	Homoeopathy	Thiruvananthapuram	Anad Anad P.O Thiruvananthapuram	Anad	Anad	Panchayath	Nedumangad	Trivandrum	Attingal	Vamanapuram	Rural

0	DISPENSARY : 01D02	Homoeopathy	Thiruvananthapuram	hapuram 695544	Anjuthengu	Anchuthengu	Panchayath	Chiyrayinkeezhu	Trivandrum	Attingal	Chirayinkeezhu	Rural
3	ANCHUTHENGU GOVT HOMOEOPATHY DISPENSARY : 01D03	Homoeopathy	Thiruvananthapuram	Govt.Homoeopathy Dispensary Anchuthengu ,Kayikkara .P.O Thiruvananthapuram 695307	Anjuthengu	Anchuthengu	Panchayath	Chiyrayinkeezhu	Trivandrum	Attingal	Chirayinkeezhu	Rural
4	ARUVIKKARA GOVT HOMOEOPATHY DISPENSARY : 01D04	Homoeopathy	Thiruvananthapuram	Vattakulam ,Aruvikkara P.O, Thiruvananthapuram	Aruvikkara	Aruvikkara	Panchayath	Nedumangad	Trivandrum	Attingal	Aruvikkara	Rural

5	ARYANA D GOVT HOMOE O DISPENS ARY : 01D05	Homoeo pathy	Thiruv ananth apura m	Ghd Aryanad, Aryanad P.O Thiruvananthapuram.Pin 695542	Aryana d	Arya nadu	Panchay ath	Vellan ad	Trivand rum	Atting al	Aruvi kkara	Rural
6	ARYANK ODE GOVT HOMOE O DISPENS ARY : 01D06	Homoeo pathy	Thiruv ananth apura m	Govt Homoeo Dispensary Aryancode ,Mylachal Ottasekhara mangalam,D alumugham P O Thiruvananthapuram 695125	Keezha roor	Arya nkod e	Panchay ath	Perum kadavi la	Trivand rum	Thiru vanan thapu ram	Paras sala	Rural

7	ATHIYA NNOOR GOVT HOMOE O DISPENS ARY : 01D07	Homoeo pathy	Thiruv ananth apura m	Athiyannoor Mulluvila P.O Thiruvananthapuram 695133	Athiya nnoor	Athiy anoor	Panchay ath	Athiya noor	Trivand rum	Thiru vanan thapu ram	Neyy attin kara	Rural
8	ATTING AL GOVT HOMOE O HOSPIT AL : 01H02	Homoeo pathy	Thiruv ananth apura m	Attungal Attungal P.O Thiruvananthapuram	Keezha ttingal	Attin gal Muni cipali ty	Municip ality	Attin gal		Attin gal	Urban	
9	ATTIPR A GOVT HOMOE O DISPENS	Homoeo pathy	Thiruv ananth apura m	Attipra Karimanal P.O Pullukadu Thiruvananthapuram	Attipra	Thiru vana ntha pura m	Corpora tion	Thiru vanan thapu ram		Thiru vanan thapu ram	Kazh akko otta m	Urban

ARY : 01D08	Thiruv ananth apura m	Homoeo pathy	Ayalam Govt Homoeo Dispensary, Ayilam Po, Elamba- Mudakkal, Thiruvananthapuram 695103	Mudak kal	Corp orati on	Muda kkal	Panchay ath	Chiyra yinkee zhu	Trivand rum	Atting al	Chira yinke ezhu	Rural
1 0	ARY : 01D09	Homoeo pathy	Balar am Balar amapur am P.O Thiruvananthapuram 695501	Balara mapur am	Balar amapur uram	Panchay ath	Nema m	Thiru vanan thapu ram	Trivand rum	Thiru vanan thapu ram	Koval am	Rural
1 1	BALARA MAPUR AM GOVT HOMOE O DISPENS	Homoeo pathy	Thiruv ananth apura m	Balar amapur uram	Balar amapur uram	Panchay ath	Nema m	Thiru vanan thapu ram	Trivand rum	Thiru vanan thapu ram	Koval am	Rural

1	CHEMM	Homoeo	Thiruv	Chemmaruth	Chemm	Chem	Panchay	Varkal	Trivand	Atting	Vark	Rural
4	ARUTHI GOVT HOMOE O DISPENS ARY : 01D12	pathy	ananth apura m	i Sreenivasap uram P.O Thiruvananth apuram 695145	aruthi	maru thy	ath	a	rum	al	ala	
1	CHENKA	Homoeo	Thiruv	Chenkai	Chenka	Chen	Panchay	Parass	Trivand	Thiru	Neyy	Rural
5	L GOVT HOMOE O DISPENS ARY : 01D13	pathy	ananth apura m	Kattiluvila Maravila P.O Thiruvananth apuram 695122	i	kal	ath	ala	rum	vanan thapu ram	attin kara	
1	CHERUN	Homoeo	Thiruv	Govt	Cherun	Cher	Panchay	Varkal	Trivand	Atting	Attin	Rural
6	NIYOOR GOVT HOMOE O	pathy	ananth apura m	Homoeo Dispensary,A mbilichandh a,Cherunniyo	niyoor	unniy oor	ath	a	rum	al	gal	

2	KADAKK	Homoeo	Thiruv	Kadakkavoor	Kadakk	Kada	Panchay	Chiya	Trivand	Atting	Chira	Rural
2	AVOOR	pathy	ananth	Kadakkavoor	avoor	kkav	ath	yinke	rum	al	yinke	
	GOVT		apura	P.O		oor		ezhu				
	HOMOE		m	Thiruvananthapuram								
	O			hapuram								
	DISPENS			695306								
	ARY :											
	01D19											
2	KADINA	Homoeo	Thiruv	Ayush	Menam	Kadi	Panchay	Pothe	Trivand	Atting	Chira	Rural
3	MKULA	pathy	ananth	Primary	kulam	namk	ath	ncode	rum	al	yinke	
	MAPHC		apura	Health		ulam					ezhu	
	: 01N01		m	Center Nhm								
				Homoeo								
				Kadinamkula								
				m, Near								
				Kadinamkula								
				m								
				Panchayath								
				Office.								

	HOMEO O DISPENS ARY : 01D21		apura m	Thiruvananthapuram 695572							thapuram		
2 7	KALLIY OOR APHC : 01N03	Homoeopathy	Thiruvananthapuram	Kakkamoola, Kalliyoor P.O	Kalliyoor	Kaliyoor	Panchayath	Nema	Trivandrum	Thiruvananthapuram	Kovalam	Rural	
2 8	KANJIRA MKULA M GOVT HOMEO O DISPENS ARY : 01D22	Homoeopathy	Thiruvananthapuram	Kazhivoor P O , Kanjiramkul am ,Thiruvananthapuram	Kanjiramkulam	Kanjiramkulam	Panchayath	Athiyanoor	Trivandrum	Thiruvananthapuram	Kovalam	Rural	
2 9	KARAKU LAM GOVT	Homoeopathy	Thiruvananthapuram	Karakulam Karakulam P.O	Karakulam	Karakulam	Panchayath	Nedumangad	Trivandrum	Attingal	Nedumangad	Rural	

ARY : 01D24	Homoeo pathy	Thiruv ananth apura m	Karode Ennavila Kakkavila P O Thiruvananthapuram 695506	Karode	Karo de	Panchay ath	Parass ala	Trivand rum	Thiru vanan thapu ram	Neyy attin kara	Rural
3 4 GOVT HOMOE O DISPENS ARY : 01D25											
3 5 KATTAK KADA AMBALA THINKA LA APHC : 01N05	Homoeo pathy	Thiruv ananth apura m	Aphc Kattakada Ambalathink ala Po, Keezharoor Road, Near Khadi Board	Kulath ummam	Katta kada	Panchay ath	Vellan ad	Trivand rum	Atting al	Katta kkad a	Rural
3 6 KAZHAK KOOTTA M GOVT HOMOE	Homoeo pathy	Thiruv ananth	Chandavila Sinika Cshool Po, Kazhakootta	Aala	Thiru vana nth apura	Corpora tion			Thiru vanan	Kazh akko	Urba n

3	KOCHUK ARIKKA KAM GOVT HOMOE O DISPENS ARY : 01D29	Homoeo pathy	Thiruv ananth apura m	Kochukarikk akam Daivappura Peringammal a P.O Thiruvananthapuram 695563	Thenno or	Perin gam mala	Panchay ath	Vama napur am	Trivand rum	Atting al	Vama napu ram	Rural
4	KOLLAY IL GOVT HOMOE O DISPENS ARY : 01D30	Homoeo pathy	Thiruv ananth apura m	Govt Homoeo Dispensary Kollayil ,Om Malayilkada, Kurisadimuk ku, Manchavilak om Po	Kollayil	Kolla yil	Panchay ath	Perum kadavi la	Trivand rum	Thiru vanan thapu ram	Paras sala	Rural
4	KOTTUK AL GOVT	Homoeo pathy	Thiruv ananth	Kottukal Payattuville	Kottuk al	Kottu kal	Panchay ath	Athiya noor	Trivand rum	Thiru vanan	Koval am	Rural

DISPENSARY : 01D33	Homoeopathy	Thiruvananthapuram	da P O Thiruvananthapuram 695122	Anavoor	Kunnathukal	Panchayath	Perumkadavila	Trivandrum	Thiruvananthapuram	Parasala	Rural
4 KUNNA THUKAL APHC : 01N06	Homoeopathy	Thiruvananthapuram	(Near Phc Sub Centre) ,Paliyode, Kottakkal.P.O, Kunnathukal Panhayathu, Trivandrum	Anavoor	Kunnathukal	Panchayath	Perumkadavila	Trivandrum	Thiruvananthapuram	Parasala	Rural
4 KUNNA THUKAL GOVT HOMEO	Homoeopathy	Thiruvananthapuram	Kunnathukal Karakkonam P O Thiruvananthapuram 695504	Kunnathukal	Kunnathukal	Panchayath	Perumkadavila	Trivandrum	Thiruvananthapuram	Parasala	Rural
5 DISPENSARY : 01D34	Homoeopathy	Thiruvananthapuram	Kunnathukal Karakkonam P O Thiruvananthapuram 695504	Kunnathukal	Kunnathukal	Panchayath	Perumkadavila	Trivandrum	Thiruvananthapuram	Parasala	Rural

5	M.L.A. 4 QUARTE RS APHC : 01N07	Homoeo pathy	Thiruv ananth apura m	Room No- 21, First Floor- Nila, Mla Hostel, Palayam, Thiruvananthapuram.	Vanchi yoor	Thiru vana nth apura m Corp orati on	Corpora tion			Thiru vanan thapu ram	Thiru vana nth apura m	Urban
4	MADAN 6 VILA GOVT HOMOE O DISPENS ARY : 01D35	Homoeo pathy	Thiruv ananth apura m	Madanvila Perumathura P.O Thiruvananthapuram 695303	Azhoor	Azho or	Panchay ath	Pothe ncode	Trivand rum	Atting al	Chira yinke ezhu	Rural
4	MADAV 7 UR APHC : 01N08	Homoeo pathy	Thiruv ananth apura m	Ayush Phc (Homoeopat hy)Nhm, Madavoor,	Madav oor	Mada voor	Panchay ath	Kilima noor	Trivand rum	Atting al	Vark ala	Rural

4	MANGA LAPURA M GOVT HOMOE O DISPENS ARY : 01D36	Homoeo pathy	Thiruv ananth apura m	Mangalapura m, Murukku mpuzha P.O, Thiruvananth apuram - 695302	Veiloor	Mang alapuram	Panchay ath	Pothe n code	Trivand rum	Atting al	Chira yinke ezhu	Rural
5	MANICK AL APHC : 01N10	Homoeo pathy	Thiruv ananth apura m	Ayush Phc(Nhm) Plakkeezhu, Manickal Panchayath	Manikk al	Mani ckal	Panchay ath	Vama napur am	Trivand rum	Atting al	Nedu mang ad	Rural
5	MANJAP PARA GOVT HOMOE O DISPENS	Homoeo pathy	Thiruv ananth apura m	Porunthamo n Pulmath P.O Thiruvananth apuram 695612	Pulima thu	Puli math	Panchay ath	Kilima noor	Trivand rum	Atting al	Attin gal	Rural

	ARY : 01D39	Homoeo pathy	Thiruv ananth apura m	Nagaroor ,Nagaroor P.O., Chemmarath umukku, Thiruvanan thapuram 695601	Nagaro or	Naga roor	Panchay ath	Kilima noor	Trivand rum	Atting al	Attin gal	Rural
5 6	NAGARO OR GOVT HOMOE O DISPENS ARY : 01D40											
5 7	NANNIY ODE GOVT HOMOE O DISPENS ARY : 01D41	Homoeo pathy	Thiruv ananth apura m	Nanniyode Pacha P.O Thiruvanan thapuram 695562	Palode	Nann iyode	Panchay ath	Vama napur am	Trivand rum	Atting al	Vama napu ram	Rural

5	NAVAYI 8	KKULA M GOVT HOMOE O DISPENS ARY : 01D42	Homoeo pathy	Thiruv ananth apura m	Navayikkula m Maruthikunn u P.O Thiruvananth apuram 695603	Navaik ulam	Nava yikul am	Panchay ath	Kilima noor	Trivand rum	Atting al	Vark ala	Rural
5	NEDUM 9	ANGAD GOVT HOMOE O DISPENS ARY : 01D43	Homoeo pathy	Thiruv ananth apura m	Mulluvenga moodu,Mann oor'konam P.O Nedumangad Thiruvananth apuram 695541	Karipo oru	Nedu mang ad Muni cipali ty	Municip ality			Atting al	Nedu mang ad	Urba n
6	NELLAN 0	AD APHC : 01N12	Homoeo pathy	Thiruv ananth apura m	Aphc Nhm (Homoeo) Nellnad, Nellnad	Nellana d	Nella nad	Panchay ath	Vama napur am	Trivand rum	Atting al	Vama napu ram	Rural

6	NEYYAT TINKAR A GOVT HOMOE O HOSPIT AL : 01H03	Homoeo pathy	Thiruv ananth apura m	Po,Keezhayik onam Neyyattinkar a Neyyattinkar a P.O Thiruvananthapuram	Athiya nnoor	Neyy attin kara Muni cipali ty	Municip ality	Thiru vanan thapu ram	Neyy attin kara	Urban		
6 2	OTTASE KHARA MANGA LAM APHC : 01N13	Homoeo pathy	Thiruv ananth apura m	Ayush Nhm Primary Health Centre (Homoeo), Ottasekhara mangalam, Kunnanadu, Mandapathin kadavu,	Ottasek harama ngalam	Ottas ekara mang alam	Panchay ath	Perum kadavi la	Trivand rum	Thiru vanan thapu ram	Paras sala	Rural

6	PALLIT HERUVU GOVT HOMOE O DISPENS ARY : 01D47	Homoeo pathy	Thiruv ananth apura m	Govt Homoeo Dispensary Pallitheruvu, Poonthura.P. O Thiruvananthapuram.69 5026	Muttat hara	Thiru vana ntha pura m Corp orati on	Corpora tion			Thiru vanan thapu ram	Thiru vana ntha pura m	Urban
6 8	PANACO DE GOVT HOMOE O DISPENS ARY : 01D48	Homoeo pathy	Thiruv ananth apura m	Pullikkonam, Panacode P.O, Thiruvananthapuram 695542	Tholikk ode	Tholi code	Panchay ath	Vellan ad	Trivand rum	Atting al	Aruvi kkara	Rural
6 9	PANAVO OR GOVT	Homoeo pathy	Thiruv ananth	Panavoor Chullimanoo r P.O	Panavo or	Pana voor	Panchay ath	Vama napur am	Trivand rum	Atting al	Vama napu ram	Rural

7	PAZHAYA KUNNU MMEL APHC: 01N16	Homoeopathy	Thiruvananthapuram	Ayupsh Primary Health Center Homoeopathy Nham, Pazhayakunnummel, Kilimanoor P O, Thiruvananthapuram (Dt)	Pazhayakunnummel	Pazhayakunnummel	Panchayath	Kilimanoor	Trivandrum	Attungal	Rural	
7 3	PERUM KADAVILA GOVT HOMEO DISPENS	Homoeopathy	Thiruvananthapuram	Govt Homoeo Dispensary Perumkadavila, Manaluvila, Marayamuttam P.O,	Perumkadavila	Perumkadavila	Panchayath	Perumkadavila	Trivandrum	Thiruvananthapuram	Parasala	Rural

ARY : 01D51	Homoeo pathy	Thiruv ananth apura m	Thiruvananthapuram 695124	Mannor orkara	Kutti chal	Panchay ath	Vellan ad	Trivand rum	Atting al	Aruvi kkara	Rural	
7 4	PEZHUM MOODU GOVT HOMOE O DISPENS ARY : 01D52		Pezhummo du Kuttichal P.O Thiruvananthapuram 695574									
7 5	POONTH URA APHC : 01N17	Homoeo pathy	Thiruv ananth apura m	Muttat hara	Thiru vana ntha pura m Corp orati on	Corpora tion			Thiru vanan thapu ram	Thiru vana ntha pura m	Urba n	
			Ayush Holistic Centre,Poonthura, Poonthura P.O ,Tvpmm- 695026									

7	POOVAC	Homoeo pathy	Thiruv ananth apura m	Undappara, Poovachal, Poovachal P.O, Thiruvananthapuram	Perum kulam	Poov achal	Panchay ath	Vellan ad	Trivand rum	Atting al	Aruvi kkara	Rural
6	HAL GOVT HOMOE O DISPENS ARY : 01D53											
7	POOVAR	Homoeo pathy	Thiruv ananth apura m	Poovar Poovar P.O Thiruvananthapuram 695525		Poov ar	Panchay ath	Parass ala	Trivand rum	Thiru vanan thapu ram	Koval am	Rural
7	GOVT HOMOE O DISPENS ARY : 01D54											
7	POTHEN	Homoeo pathy	Thiruv ananth apura m	Aphc Nhm Kalloor Manjamala Po Pothencode	Meltho nnakka l	Pothe ncod e	Panchay ath	Pothe ncode	Trivand rum	Atting al	Nedu mang ad	Rural
8	CODE APHC : 01N18											

7	POTHEN CODE GOVT HOMOE O DISPENS ARY : 01D55	Homoeo pathy	Thiruv ananth apura m	Pothencode P O Thiruvananthapuram 695584	Keezht honakk al	Pothe ncod e	Panchay ath	Pothe ncode	Trivand rum	Atting al	Attin gal	Rural
8	PULLAM PARA APHC : 01N19	Homoeo pathy	Thiruv ananth apura m	Ayushprimar y Health Centre (Nhm) Homoeo .Pullampara Chullalam. Koonenenve na Po.	Pullam para	Pulla mpar a	Panchay ath	Vama napur am	Trivand rum	Atting al	Vama napu ram	Rural
8	SECRET ARIATE GOVT	Homoeo pathy	Thiruv ananth	Govt Homoeo Dispensary,S	Vanchi yoor	Thiru vana ntha	Corpora tion		Thiru vanan	Thiru vanan	Thiru vana ntha	Urban

	HOMOE O DISPENS ARY : 01D56		apura m	ecretariat,Sta tue,Thiruvan anthapuram		apura m Corp orati on					thapu ram	apura m	
8 2	SREEKA RYAM APHC : 01N20	Homoeo pathy	Thiruv ananth apura m	Aruvikkarak onam Panthalakod e Po . Sreekaryam. Thiruvananthapuram	Uliyazh thura	Thiru vana ntha pura m Corp orati on	Corpora tion				Thiru vanan thapu ram	Kazh akko otta m	Urba n
8 3	TEST DMS : DMS TEST	Homoeo pathy	Thiruv ananth apura m		Pattom	Thiru vana ntha pura m Corp	Corpora tion				Thiru vanan thapu ram	Thiru vana ntha pura m	Urba n

8	TEST HOMEO DISPENS ARY : TEST	Homoeo pathy	Thiruv ananth apura m	Test	Azhoor	Thiru vana ntha pura m Corp orati on	Corpora tion				Thiru vanan thapu ram	Thiru vana ntha pura m	Urba n
8	TEST PERIPH ERAL UNIT : P01	Homoeo pathy	Thiruv ananth apura m	Test Peripheral Unit		Thiru vana ntha pura m Corp orati on	Corpora tion				Thiru vanan thapu ram	Thiru vana ntha pura m	Urba n

8	THIRUPURAM APHC : 01N21	Homoeopathy	Thiruvananthapuram	Thiruvananthapuram	Aala	Thiruvananthapuram Corporation	Thiruvananthapuram Corporation	Parassala	Trivandrum	Thiruvananthapuram	Neyyattinkara	Rural
8	THIRUVALLAM GOVT HOMEO DISPENSARY : 01D57	Homoeopathy	Thiruvananthapuram	Govt Homoeo Dispensary Thiruvallam Thiruvallam P.O Karinkadungal Thiruvananthapuram 695027	Thiruvallam	Thiruvananthapuram Corporation	Thiruvananthapuram Corporation			Thiruvananthapuram	Nemom	Urban
8	THIRUVANANTHAPURAM DISTRICT	Homoeopathy	Thiruvananthapuram	Govt Homoeo Hospital Thiruvananthapuram, hapuram,		Thiruvananthapuram	Thiruvananthapuram			Thiruvananthapuram	Thiruvananthapuram	Urban

9	VAKKO M GOVT HOMOE O DISPENS ARY : 01D58	Homoeo pathy	Thiruv ananth apura m	Vakkom Vakkom P.O Thiruvananthapuram 695308	Vakkom	Vakkom	Panchay ath	Chiyra yinkee zhu	Trivand rum	Atting al	Attin gal	Rural
9	VALIYA VILA GOVT HOMOE O DISPENS ARY : 01D59	Homoeo pathy	Thiruv ananth apura m	Valiyavila Thirumala P.O Thiruvananthapuram 695006	Thirum ala	Thiruv ananta pura m Corp orati on	Corpora tion			Thiru vanan thapu ram	Vatti yoor kavu	Urba n
9	VAMAN APURA	Homoeo pathy	Thiruv ananth	Near Vamanaputr am	Vaman	Vaman apuram	Panchay ath	Vama napur am	Trivand rum	Atting al	Vama napu ram	Rural

1	VETTUK AD GOVT HOMOE O DISPENS ARY : 01D62	Homoeo pathy	Thiruv ananth apura m	Thiruv Veetukad Church Community Hall Karikkakom P O Thiruvananthapuram 695021	Kadaka mpally	Thiru vana ntha pura m Corp orati on	Corpora tion				Thiru vanan thapu ram	Thiru vana ntha pura m	Urban	Rural
1	VILAPPI LSALA	Homoeo pathy	Thiruv ananth	Kshethranad a Vilappil(Po)	Vilappi l	Vilap pil	Panchay ath	Nema m	Trivand rum	Atting al	Katta kkad a			
2														

HOMOE O DISPENS ARY : 01D66		apura m	hapuram 695521		apura m Corp orati on			thapu ram		
---	--	------------	-------------------	--	-----------------------------------	--	--	--------------	--	--

Annexure 4.5.1: Table of Beneficiary details in Hospitals

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	Govt Homoeo Hospital East Fort	8,319	96	100
2	Govt Homoeo Hospital Attingal	4,423	36	35
3	Govt Homoeo Hospital Karakulam	2,043	29	25
4	Govt Homoeo Hospital Neyyattinkara	7,007	68	25

Annexure 4.5.2: Table of Beneficiary details in Govt Homoeo Dispensaries

Sl No	Institution Name	Average OPD in a month
1	Amboori Govt Homoeo Dispensary : 01D01	637
2	Anad Govt Homoeo Dispensary : 01D02	1,067
3	Anchuthengu Govt Homoeo Dispensary : 01D03	270
4	Aruvikkara Govt Homoeo Dispensary : 01D04	698
5	Aryanad Govt Homoeo Dispensary : 01D05	908
6	Aryankode Govt Homoeo Dispensary : 01D06	423
7	Athiyannoor Govt Homoeo Dispensary : 01D07	651
8	Attipra Govt Homoeo Dispensary : 01D08	622
9	Ayalam Govt Homoeo Dispensary : 01D09	407

10	Balaramapuram Govt Homoeo Dispensary : 01D10	750
11	Bheemapally Govt Homoeo Dispensary : 01D11	768
12	Chemmaruthi Govt Homoeo Dispensary : 01D12	762
13	Chenkall Govt Homoeo Dispensary : 01D13	560
14	Cherunniyoor Govt Homoeo Dispensary : 01D14	1,157
15	Chirayinkeezhu Govt Homoeo Dispensary : 01D15	452
16	Edava Govt Homoeo Dispensary : 01D16	724
17	Elakamon Govt Homoeo Dispensary : 01D17	575
18	Kadakampally Govt Homoeo Dispensary : 01D18	359
19	Kadakkavoor Govt Homoeo Dispensary : 01D19	801
20	Kallar Govt Homoeo Dispensary : 01D20	357
21	Kallikkadu Govt Homoeo Dispensary : 01D21	1,307
22	Kanjiramkulam Govt Homoeo Dispensary : 01D22	508
23	Karichara Govt Homoeo Dispensary : 01D23	439
24	Karinkulam Govt Homoeo Dispensary : 01D24	922
25	Karode Govt Homoeo Dispensary : 01D25	674
26	Kazhakkootam Govt Homoeo Dispensary : 01D26	865

27	Kilimanur Govt Homoeo Dispensary : 01D27	859
28	Kizhuvilam Govt Homoeo Dispensary : 01D28	986
29	Kochukarikkakam Govt Homoeo Dispensary : 01D29	643
30	Kollayil Govt Homoeo Dispensary : 01D30	871
31	Kottukal Govt Homoeo Dispensary : 01D31	528
32	Kudappanakkunnu Govt Homoeo Dispensary : 01D32	543
33	Kulathoor Govt Homoeo Dispensary : 01D33	813
34	Kunnathukal Govt Homoeo Dispensary : 01D34	1,061
35	Madanvila Govt Homoeo Dispensary : 01D35	671
36	Mangalapuram Govt Homoeo Dispensary : 01D36	637
37	Manjappara Govt Homoeo Dispensary : 01D37	1,048
38	Marukil Govt Homoeo Dispensary : 01D38	717
39	Muttathara Govt Homoeo Dispensary : 01D39	1,116
40	Nagaroor Govt Homoeo Dispensary : 01D40	821
41	Nanniyode Govt Homoeo Dispensary : 01D41	1,289
42	Navayikkulam Govt Homoeo Dispensary : 01D42	446
43	Nedumangad Govt Homoeo Dispensary : 01D43	254

44	Ottoor Govt Homoeo Dispensary : 01D44	389
45	Palayamkundu Govt Homoeo Dispensary : 01D45	683
46	Pallichal Govt Homoeo Dispensary : 01D46	707
47	Pallitheruvu Govt Homoeo Dispensary : 01D47	915
48	Panacode Govt Homoeo Dispensary : 01D48	645
49	Panavoor Govt Homoeo Dispensary : 01D49	413
50	Pangode Govt Homoeo Dispensary : 01D50	730
51	Perumkadavila Govt Homoeo Dispensary : 01D51	679
52	Pezhummoodu Govt Homoeo Dispensary : 01D52	1,039
53	Poovachal Govt Homoeo Dispensary : 01D53	647
54	Poovar Govt Homoeo Dispensary : 01D54	733
55	Pothencode Govt Homoeo Dispensary : 01D55	1,024
56	Secretariate Govt Homoeo Dispensary : 01D56	979
57	Thiruvallam Govt Homoeo Dispensary : 01D57	791
58	Vakkom Govt Homoeo Dispensary : 01D58	567
59	Valiyavila Govt Homoeo Dispensary : 01D59	1,532
60	Varkala Govt Homoeo Dispensary : 01D60	851

61	Vattiyoorkav Govt Homoeo Dispensary : 01D61	983
62	Vembayam Govt Homoeo Dispensary : 01D63	797
63	Venganoor Govt Homoeo Dispensary : 01D64	797
64	Vettukad Govt Homoeo Dispensary : 01D62	622
65	Vilavoorkal Govt Homoeo Dispensary : 01D67	800
66	Vithura Govt Homoeo Dispensary : 01D65	773
67	Vizhinjam Govt Homoeo Dispensary : 01D66	1,048

Annexure 4.5.3: Table of Beneficiary details in AYUSH PRIMARY HEALTH CENTRE & SCP dispensaries

Sl No:	Name Of Institution	Average Monthly Op
1	Kadinamkulam Ayush Primary Health Centre	970
2	Kallara Ayush Primary Health Centre	1081
3	Kalliyoor Ayush Primary Health Centre	581
4	Karavaram Ayush Primary Health Centre	1246
5	Kattakkada Ambalathinkala Ayush Primary Health Centre	821
6	Kunnathukal Ayush Primary Health Centre	1096

7	M.L.A. Quarters Ayush Primary Health Centre	758
8	Madavur Ayush Primary Health Centre	1169
9	Manamboor Ayush Primary Health Centre	1025
10	Manickal Ayush Primary Health Centre	1316
11	Maranalloor Ayush Primary Health Centre	998
12	Nellanad Ayush Primary Health Centre	1102
13	Ottasekharamangalam Ayush Primary Health Centre	1023
14	Pallikkal Ayush Primary Health Centre	1197
15	Parassala Ayush Primary Health Centre	822
16	Pazhyakunnummel Ayush Primary Health Centre	1404
17	Poonthura Ayush Primary Health Centre	909
18	Pothencode Ayush Primary Health Centre	1025
19	Pullampara Ayush Primary Health Centre	1348
20	Sreekaryam Ayush Primary Health Centre	700

21	Thirupuram Ayush Primary Health Centre	579
22	Uzhamalakkal Ayush Primary Health Centre	781
23	Vamanapuram Ayush Primary Health Centre	1486
24	Vellanad Ayush Primary Health Centre	899
25	Vellarada Ayush Primary Health Centre	868
26	Vettoor Ayush Primary Health Centre	661
27	Vilappilsala Ayush Primary Health Centre	1178

Annexure 4.8: List of Institutions upgraded as Ayushman Arogya Mandir Ayush

Sl no	Name of Institution
1	Ayushman Arogya Mandir Ayush (Homoeopathy) Anad 695544
2	Ayushman Arogya Mandir Ayush (Homoeopathy) Aryanad 695542
3	Ayushman Arogya Mandir Ayush (Homoeopathy) Attipra 695583
4	Ayushman Arogya Mandir Ayush (Homoeopathy) Ayilam 695602
5	Ayushman Arogya Mandir Ayush (Homoeopathy) Balaramapuram 695501
6	Ayushman Arogya Mandir Ayush (Homoeopathy) Kadakampally 695005
7	Ayushman Arogya Mandir Ayush (Homoeopathy) Kanjiramkulam 695524
8	Ayushman Arogya Mandir Ayush (Homoeopathy) Kazhakkootam 695582
9	Ayushman Arogya Mandir Ayush (Homoeopathy) Kochukarikkakam
10	Ayushman Arogya Mandir Ayush (Homoeopathy) Kudapanakkunnu
11	Ayushman Arogya Mandir Ayush (Homoeopathy) Kulathoor 695583
12	Ayushman Arogya Mandir Ayush (Homoeopathy) Marukil 695574

13	Ayushman Arogya Mandir Ayush (Homoeopathy) Navaikulam 695603
14	Ayushman Arogya Mandir Ayush (Homoeopathy) Nedumangadu 695541
15	Ayushman Arogya Mandir Ayush (Homoeopathy) Ottoor 695312
16	Ayushman Arogya Mandir Ayush (Homoeopathy) Palayamkunnu 695146
17	Ayushman Arogya Mandir Ayush (Homoeopathy) Pallichal 695042
18	Ayushman Arogya Mandir Ayush (Homoeopathy) Panacode 695028
19	Ayushman Arogya Mandir Ayush (Homoeopathy) Thiruvallam 695027
20	Ayushman Arogya Mandir Ayush (Homoeopathy) Valiyavila 695016
21	Ayushman Arogya Mandir Ayush (Homoeopathy) Vembayam 695615
22	Ayushman Arogya Mandir Ayush (Homoeopathy) Venganoor 695523
23	Ayushman Arogya Mandir Ayush (Homoeopathy) Vilavoorkkal 695571
24	Ayushman Arogya Mandir Ayush (Homoeopathy) Vizhinjam 695521

Annexure 5.3.1.1- Details of Medical & Paramedical posts Sanctioned in NAM in District

DESIGNATION	No
Medical Officer	59
Yoga Instructor	57
Multi-Purpose Health Worker	56
Ayurveda Therapist	49
Multi-Purpose Worker	24
Specialist Medical Officer	23
Data Entry Operator	12
District Project Co-Ordinator	11
Staff Nurse	10

Physiotherapist	8
Nurse	7
Nursing Assistant	6
Sanitation Worker	6
Yoga Demonstrator	6
Attender	5
Pharmacist	5
Lab Technician	4
Ward Helper	3
Gnm Nurse	2
Medical Officer Sports Ayurveda	2
PG Medical Officer	2
Remedial Instructor	2
Accounting Clerk	1
Anaesthesiologist	1
Ayurveda Pharmacist	1
Cook Assistant	1
CSR Technician	1
District Programme Manager	1
Helper	1
Optometrist	1
Ot Technician	1

Part-Time Sweeper	1
Speech Therapist	1

Annexure 5.5.1 - Details of work list

Table 5.4.1.1 - Details of completed work list				
Completed Work list				
SL No.	SAAP yr	Institution type	Institution name	AS Amount (₹)
1	2014-15	Dispensary	Government. Ayurveda Dispensary Chettivilakom	1,000,000.00
2	2014-15	Hospital	Government.Siddha Hospital Vallakkadavu	5,500,000.00
3	2015-16	Hospital	Government. Ayurveda Hospital Neyyattinkara	11,398,904.00
4	2015-16	Dispensary	Government. Ayurveda Dispensary Kattakkada	2,000,000.00
5	2016-17	Hospital	Government. Ayurveda Hospital Parassala	7,500,000.00
6	2016-17	Dispensary	Government. Ayurveda Dispensary Sreekaryam	1,350,000.00
7	2017-18	Hospital	Government. Nature care Hospital Varkala	7,805,000.00
8	2017-18	Dispensary	Government. Ayurveda Dispensary Kunnathukal	1,675,938.00
9	2017-18	Dispensary	Government. Ayurveda Dispensary Ottashekaramangalam	1,883,131.00
10	2018-19	Hospital	Government. Ayurveda Hospital Kizhuvillam	7,500,000.00

11	2022-23	Dispensary	Government. Ayurveda Dispensary Aruvippuram	3,000,000.00
12	2023-24	Dispensary	Government. Ayurveda Dispensary Kadakampally	3,000,000.00
13	2024-25	Dispensary	Government. Ayurveda Dispensary Chenkal	3,000,000.00
14	2014-15	Dispensary	Government. Homoeopathy Dispensary Ayilam	1,400,000.00
15	2016-17	Hospital	Government. Homoeopathy Hospital Neyyattinkara	9,298,915.00
16	2016-17	Hospital	District Homoeopathy Hospital Thiruvananthapuram	430,000.00
17	2018-19	Dispensary	Government. Homoeopathy Dispensary Kilimanoor	1,600,000.00
18	2022-23	Dispensary	Government. Homoeopathy Dispensary Pangode	3,000,000.00
19	2022-23	College	Government. Homoeopathy College Iranimuttam	8,500,000.00
20	2023-24	Dispensary	Government. Homoeopathy Dispensary Valiyavila	3,000,000.00
21	2023-24	Dispensary	Government. Homoeopathy Dispensary Thiruvallam	3,000,000.00
22	2024-25	Dispensary	Government. Homoeopathy Dispensary Kulathur	3,000,000.00

1	Upgradation of Government. Homoeopathy College Iramuttom	2023-24	20,000,000.00	M/s KESNIK	28.11.2025	75% Works Completed
2	Construction of Pediatric Unit and General Emergency unit at Government. Homoeopathy Medical College	2022-23	8,500,000.00	M/s KESNIK	15.09.2025	98% Works Completed
3	Upgradation of District Homoeopathy Hospital Thiruvananthapuram	2023-24	9,570,000.00	M/s KHRWS	30.10.2025	75% Works Completed
4	Upgradation of Government. Nature Care Hospital Varkala	2023-24	6,647,870.00	M/s ULCCS	30.12.2025	Work commenced
5	Upgradation of Government. Ayurveda Hospital Kottoor	2023-24	10,000,000.00	M/s KHRWS	06.01.2026	80% Works Completed
6	Upgradation of Government. Ayurveda	2024-25	10,000,000.00	M/s KHRWS	20.05.2026	70% Works Completed

	Hospital Nedumangad Government Ayurveda Dispensary							
7	Upgradation of Government. Siddha Hospital Vallakkadavu	2024-25	7,500,000.00	M/s KSIE	06.06.2026	40% Works Completed		
8	Upgradation of Government. Ayurveda Hospital Kanjiramkulam	2024-25	10,000,000.00	M/s KHRWs	20.08.2026	Works Commenced		
9	Extension of Payward Block at Government. Ayurveda Hospital Ayoor	2016-17	8,145,223.00	M/s HLL	26.08.2026	Works Commenced		
10	Construction of Government. Homoeopathy Dispensary Kulathur	2023-24	3,000,000.00	M/s KESNIK	27.08.2025	98% Works Completed		
11	Construction of Government. Ayurveda Dispensary Chenkal	2023-24	3,000,000.00	M/s KESNIK	30.09.2025	98% Works Completed		
12	Construction of Government. Ayurveda Dispensary Cheramanthuruth	2024-25	3,000,000.00	M/s KESNIK	07.01.2026	75% Works completed		

13	Construction of Government. Homoeopathy Dispensary Nanniyod	2024-25	3,000,000.00	M/s KESNIK	16.08.2025	10% Works Completed
14	Construction of 50 Bedded Integrated AYUSH Hospital Varakala	2023-24	150,000,000.00	M/s ULCCS	28.02.2027	Ongoing
15	Construction of Government. Ayurveda Dispensary Attipra	2024-25	3,000,000.00	M/s KESNIK	22.12.2025	Ongoing
16	Construction of 50 Bedded Integrated AYUSH Hospital Kappukad	2023-24	150,000,000.00	M/s WAPCOS	08.04.2027	Ongoing
17	Setting up of Smart Class Room at Government. Ayurveda College Thiruvananthapuram	2023-24	3,044,000.00	M/s KHRWS	19.11.2026	Ongoing
18	Upgradation of Government. Ayurveda College Poojappura	2024-25	10,000,000.00	M/s KHRWS	29.11.2026	Ongoing
19	Upgradation of Government. Siddha	2023-24	2,000,000.00	M/s KESNIK	03.04.2026	Ongoing

	Dispensary Avanavanchery								
20	Upgradation of Government. Ayurveda Dispensary Uzhamalakkal	2023-24	3,000,000.00	M/s KHRWS	26.06.2026	Ongoing			
21	Construction of Government. Ayurveda Hospital Venganoor	2024-25	10,000,000.00	M/s KHRWS	31.12.2026	Ongoing			
22	Construction of Government. Ayurveda Hospital Nemom	2024-25	10,000,000.00	M/s KHRWS	31.12.2026	Ongoing			
23	Sree Vidyadhiraja Homoeopathy College Nemom - Equipment Purchase	2024-25	9,700,000.00		31.12.2025	Ongoing			
24	Upgradation of AYUSH Siddha Dispensary Manikkal	2023-24	2,000,000.00	M/s KHRWS	30.10.2026	Ongoing			

PHOTO GALLERY





PCOD - Avalakayi - awareness class



Yoga day celebration



Ayurveda day celebrations

State-Level Team for Data Compilation, Analysis, and District Profile Drafting

Sl No	Name	Designation	Office	Role in Preparation	Mobile No	Email ID
1	Dr Saji P R	State Programme Manager (ISM)	SPMSU, National Ayush Mission Kerala	Coordination	9447219750	spmayushkeralam@gmail.com
2	Dr R Jayanarayanan	State Programme Manager, Homoeopathy	SPMSU, National Ayush Mission Kerala	Coordination	9388333099	spmhom@gmail.com
3	Mr. Solshi S Nair	HMS Manager, NAM	SPMSU, National Ayush Mission Kerala	Data Compilation/Analysis/ Drafting/ Review/ Coordination.	9947807711	hmisnam@gmail.com
4	Dr Justin K Jose	Medical Officer (NAM)	Directorate of Homoeopathy	Data Compilation/Analysis/ Drafting/ Review/ Coordination.	9744887574	justin.kjose7@gmail.com

5	Dr Anand AJ	Specialist Medical officer	National Ayush Mission Kerala	Data Compilation/Analysis/ Drafting/ Review/ Coordination.	9496370496	aayurananda@gmail.com
6	Dr Nibin T N	Medical Officer (NAM)	National Ayush Mission Kerala	Data Compilation/Analysis/ Drafting/ Review/ Coordination.	8281563351	drnibintn@gmail.com
7	Dr Rahul R	Medical Officer (NAM)	National Ayush Mission Kerala	Data Compilation/Analysis/ Drafting/ Review/ Coordination.	9961446722	dr.rrahul.ekm@gmail.com
8	Dr Neethu Lekshmi	Project Coordinator - Homoeopathy	Directorate of Homoeopathy	Data Compilation/Analysis/ Drafting/ Review/ Coordination.	8129898529	projectcoordinatorvtm@gmail.com
9	Mrs Sayana S R	Data Programmer - NAM	SPMSU, National Ayush Mission Kerala	Data Compilation/Analysis/ Drafting/ Review/ Coordination.	8848068207	dataprogrammerna@gmail.com

Department of Indian System of Medicine

SI No	Name	Designation	Office	Role in Preparation	Mobile No	Email ID
1	Dr K S Preeya	Director Indian Systems of Medicine	ISM Directorate	Cordination	8547102577	directorism@yahoo.com
2	Dr Sheeja V P	Joint Director ISM	ISM Directorate	Cordination	9446433531	directorism@yahoo.com
3	Dr. Mini S Pai	District Medical Officer	ISM Thiruvananthapuram	Review coordination	9847865563	minirajish2005@gmail.com
4	Rajkumar M	Accounts Officer	ISM Directorate	Cordination	9496287946	rajkumarmadathil@gmail.com
5	N. Padmakumar	Administrative Assistant	ISM Directorate	Analysis and Drafting	9895065416	dismbudgetplanning@gmail.com
6	Dr Manesh Kumar E	State Nodal Officer IT	ISM Directorate	Analysis, Review and Cordination	9447091388	drmanesh.351512@kerala.gov.in
7	Dr Praveen R	State Nodal Officer IEC	ISM Directorate	Analysis, Review and Cordination	9447283345	drdrpraveen198@gmail.com
8	Bijuijoy	Junior Supdt.	ISM Directorate	Analysis and Drafting	9544650745	dismbudgetplanning@gmail.com

9	Shafeer. S	Senior clerk	ISM Directorate	Analysis and Drafting	9400540878	dismbudgetplannin g@gmail.com
10	Shanuraj. R	Senior clerk	ISM Directorate	Analysis and Drafting	9645812764	dismbudgetplannin g@gmail.com
11	Sujakumari. V S	Senior clerk	ISM Directorate	Analysis and Drafting	9446065416	dismbudgetplannin g@gmail.com
12	Chandralek ha B	Data Entry	ISM Directorate	Analysis and Drafting	8547361194	dismbudgetplannin g@gmail.com
13	Dr Greeshma G S	State Project Coordinator (NAM)	ISM Directorate	Analysis, Review and Coordination	8281559629	drgsdpcnamtvp m@gmail.com
14	Dr. Bindhu KR	Chief medical officer	Govt. Ayurveda Hospital Venganoor	data compilation and analysis review	9446519750	drbindutvm@yahoo .com
15	Dr. Jacquiline S L	senior medical officer	Govt. Ayurveda Dispesary Secreteriate	data compilation and analysis review	9400523425	drjacquilin@gmail.c om
16	Dr. Anand K G	Medical Officer -HG-I	Govt. Ayurveda Dispesary Chettivilakom	data compilation and analysis review	9495546234	anandadithya015@ gmail.com

17	Dr. Shefeena P	project coordinator	ISM Thiruvananthapuram	data compilation and analysis	8078836080	shefeenap8@gmail.com
18	Shiju S	UD typist	DMO office	data compilation	994631485	orgnet.shiju@gmail.com

Department of Homoeopathy

Sl No	Name	Designation	Office	Role in Preparation	Mobile No	Email ID
1	Dr Beena M.P	Director Of Homoeopathy	Directorate Of Homoeopathy	Coordination	9447170342	directorhomoeo@keralagov.in
2	Dr. Princy Sebastian	District Medical Officer	Dmo (Homoeo), Thiruvananthapuram	Review	9497012739	dmohomoeotvm@keralagov.in
3	Sri.Santhosh Kumar R	Senior Superintendent	Dmo (Homoeo), Thiruvananthapuram	Review	9497008741	dmohomoeotvm@keralagov.in
4	Dr Anil Sk	Ahims Nodal Officer	Directorate Of Homoeopathy	Drafting, Data Compilation	9061950580	ahims.homeo@kerala.gov.in
5	Dr Justin K Jose	Medical Officer (Nam)	Directorate Of Homoeopathy	Drafting, Data Compilation	9744887574	justin.k.jose7@gmail.com
6	Dr Neethu Lekshmi	Project Coordinator	Directorate Of Homoeopathy	Data Compilation	8129898529	projectcoordinatorvtvm@gmail.com
7	Sri. Bijuraj C	Head Clerk	Directorate Of Homoeopathy	Data Compilation	9895989986	cbijuraj@gmail.com

8	Sri Noorudeen	Sr Clerk	Directorate Of Homoeopathy	Data Compilation	9746766266	aknooruofficial@gmail.com
9	Sri.Eric Alan L	Senior Clerk	Dmo (Homoeo), Thiruvananthapuram	Review	9400806593	dmohomoeotvm@keralagov.in

National Ayush Mission Kerala

SI No	Name	Designation	Office	Role in Preparation	Mobile No	Email ID
1	Dr. Gayathri R S	District Programme Manager, Thiruvananthapuram	DPMSU	Review	9496065329	dpmnamtvp@gmail.com

