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January 2026

AYUSH @ KOLLAM



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Health and Family Welfare & AYUSH Department
Government of Kerala

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**Health and Family Welfare & AYUSH Department
Government of Kerala**

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MESSAGE



GOVERNMENT OF KERALA

Pinarayi Vijayan

CHIEF MINISTER

No. 250/Press/CMO/26

26 February, 2026

MESSAGE

The health and well-being of the people of Kerala have always been at the centre of the Government's development agenda. Alongside the achievements of modern medicine, Kerala's strong tradition of Indian Systems of Medicine and Homoeopathy continues to play a vital role in promoting preventive, promotive, and holistic healthcare. Strengthening AYUSH services is therefore integral to our vision of inclusive, people-centred, and sustainable health systems.

The District AYUSH documentation is an important initiative that informs the status and performance of AYUSH services at the district level. By systematically presenting information on institutions, human resources, service delivery, and programme implementation, this document provides a clear understanding of how AYUSH systems contribute to improving population health, particularly in primary care, lifestyle disease management, geriatric care, and community wellness.

Kerala's public health experience demonstrates that strong outcomes are achieved through a balanced approach that combines curative care with prevention, health promotion, and community participation. AYUSH institutions, especially at the grassroots level, have been instrumental in expanding access to affordable healthcare and strengthening wellness-oriented interventions. The collective efforts of the Departments of Indian Systems of Medicine, Homoeopathy, National AYUSH Mission, and local self-governments are clearly reflected in this profile.

I am sure that this District AYUSH documentation will serve as a valuable reference for policymakers, administrators, and health professionals.

I extend my appreciation to all those who contributed to this effort and wish every success to the continued strengthening of AYUSH healthcare in Kerala.

Pinarayi Vijayan

Dr. Rajan Khobragade IAS
Addl Chief Secretary
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Smt. Veena George

Minister for Health &
Family Welfare
and Woman & Child Welfare
Development
Government of Kerala

Message

The Government of Kerala remains committed to strengthening public health systems that are equitable, responsive, and people centred. Within this framework, AYUSH systems play a unique and complementary role by emphasising prevention, lifestyle modification, and long-term management of health conditions. The District AYUSH documentation represents an important step towards systematically documenting and strengthening these contributions.

This document provides a comprehensive overview of AYUSH services in the district, covering infrastructure, human resources, beneficiary utilisation, and key programmes implemented under the National AYUSH Mission. By consolidating reliable data and analytical insights, the profile supports informed planning, efficient resource allocation, and continuous improvement in service delivery.

AYUSH institutions have significantly expanded access to primary healthcare, particularly in rural and underserved areas. Interventions focusing on non-communicable diseases, geriatric care, women's and child health, school health, and wellness promotion have enhanced community engagement and reduced pressure on secondary and tertiary facilities. The integration of AYUSH services with broader health initiatives further strengthens continuity of care.

I appreciate the dedicated efforts of the state officers, district officials, programme managers, medical officers, and frontline staff of the Indian Systems of Medicine, Homoeopathy, and National AYUSH Mission in preparing this document. I urge health administrators and professionals to actively use this document for analysis, planning, and action. I am confident that this initiative will contribute meaningfully to improving the reach, quality, and impact of AYUSH services and to advancing Kerala's goal of comprehensive healthcare for all.


Veena George



Preface

The Department of Health and Family Welfare, including AYUSH, and various organizations have been taking sustained efforts to strengthen health systems through evidence-based planning, decentralised governance, and intersectoral collaboration.

In order to assess various schemes and programs implementation, their outputs and outcomes a comprehensive document series is being undertaken by the Department. This document offers a structured and comprehensive account of AYUSH services in the district, encompassing institutional infrastructure, human resources, service utilisation, and programme implementation. It highlights the role of AYUSH in preventive and promotive healthcare, management of chronic conditions, and delivery of community-based wellness interventions. By presenting standardised data and district-specific insights, the document enables comparative assessment, gap identification, and priority setting. It gives information for doing integrative medicine practice especially for NCD management, palliative care and geriatric care.

The preparation of this document required coordinated efforts from district officials, programme teams, and healthcare providers across Indian Systems of Medicine, Homoeopathy, and the National AYUSH Mission. The process itself has strengthened data validation, improved documentation practices, and reinforced the importance of using evidence for decision-making.

I am confident that the District AYUSH documentation will serve as a useful resource for administrators, planners, researchers, and practitioners. It will support informed policy dialogue, guide programme strengthening, and encourage greater integration of AYUSH within the broader public health system.

I commend the state and district teams for their commitment and hope that this initiative will contribute to further improving the quality, accessibility, and effectiveness of AYUSH services across Kerala. I also urge all to institutionalize this mechanism and annually publish District documents so as to maintain focus on achieving the priorities as per the VISION 2031 plans.

Dr Rajan Khobragade IAS

Additional Chief Secretary
Health & Family Welfare and
AYUSH Department
Govt of Kerala.

MESSAGE



The preparation of the District AYUSH Profile marks a significant step towards strengthening evidence-based planning and systematic documentation within the Govt. AYUSH sector. This comprehensive record reflects the collective efforts of the Departments of Indian Systems of Medicine and Homoeopathy, National AYUSH Mission, and the Educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

The document provides a detailed overview of district-level AYUSH activities, infrastructure, human resources, and the programmes implemented under various components of the National AYUSH Mission (NAM). It also highlights the growing role of AYUSH in preventive, promotive, and curative healthcare, as well as its contribution to education and community well-being.

I commend the sincere efforts of all officials and district teams involved in compiling this profile. I am confident that the information contained herein will serve as a valuable tool for planning, monitoring, and strengthening AYUSH services at the grassroots level, thereby furthering Kerala's commitment to accessible, quality, and holistic healthcare for all.

Dr. D. Sajith Babu IAS

State Mission Director

National AYUSH Mission, Kerala

MESSAGE



Kerala's public health system is widely recognised for its people-centred approach, emphasis on equity, and sustained focus on preventive and promotive healthcare. The State's effective integration of community participation with institutional governance has enabled the delivery of quality health services and established Kerala as a leader in public health administration.

The Department of Indian Systems of Medicine (ISM), Government of Kerala, forms a vital component of this framework. Through its extensive institutional network, the Department upholds the classical foundations of Indian Systems of Medicine while addressing evolving health needs, ensuring accessible, affordable, and culturally appropriate healthcare services across the State.

In this backdrop, the District Profile Handbook has been developed as a comprehensive reference document reflecting the status and performance of ISM services at the district level. It provides a structured overview of institutional capacity, human resources, infrastructure, service delivery, and programme implementation, thereby supporting evidence-based planning and informed administrative decision-making.

The district profiles were prepared through systematic data generation, analysis, and consolidation using the Department's digital information systems, ensuring accuracy, uniformity, and transparency, and reinforcing a data-driven approach to governance and service improvement.

I place on record my sincere appreciation to the Joint Director and coordination team of ISM, including administrative staff, and the entire team of the National AYUSH Mission (NAM) for their dedicated efforts in drafting, reviewing, analysing, and consolidating the district profiles. Their coordinated engagement and technical competence were instrumental in ensuring the quality, reliability, and timely completion of this handbook.

It is hoped that this handbook will serve as a valuable planning and management resource for administrators, programme managers, and stakeholders, and contribute meaningfully to the continued strengthening of Indian Systems of Medicine in Kerala.

Dr. K S Preeya

Director

Department of Indian Systems of Medicine,
Government of Kerala.

MESSAGE



The Kerala model of healthcare delivery has earned global recognition for its people-centred, inclusive, and equity-driven approach to public health. Rooted in the belief that healthcare is a fundamental right of every citizen, the State has consistently demonstrated how thoughtful public action, community participation, and strong institutions can together achieve health outcomes comparable with those of many developed nations.

The Department of Homoeopathy, Government of Kerala, is proud to be an integral part of this collective journey. Through a wide network of government homoeopathic hospitals and dispensaries, the Department continues to extend accessible, affordable, and quality-assured healthcare services to diverse sections of society, while upholding the values of compassion, accountability, and professional excellence.

In this backdrop, the District Profile Handbook has been conceived as more than a compilation of statistics, it is a reflection of the people, institutions, and systems that sustain homoeopathic healthcare at the grassroot level. By presenting a structured and comprehensive overview of institutional capacity, human resources, service delivery, infrastructure, and ongoing programmes, this handbook seeks to support evidence-based planning, informed decision-making, and responsive governance.

The preparation of these district profiles has been made possible through the effective use of the department software- Ayush Homoeopathy Information Management System (AHiMS), enabling reliable, standardised, and centrally compiled data at the Directorate level. This digital integration marks an important step towards transparency, efficiency, and continuous system improvement.

I express my sincere appreciation to the District Medical Officers and the district medical office team for the timely review of the document and their valuable additions. I also extend my sincere thanks to the District Medical Officers, the medical and paramedical team, and all other district officials, including the AHiMS District Trainers, whose dedication and diligence in the timely updation of data in AHiMS helped in the prompt compilation of the District Profile document. Their collective efforts reinforce our shared commitment in strengthening healthcare in Kerala.

It is my earnest hope that this handbook will serve as a valuable planning and management resource, inspire constructive dialogue among stakeholders, and contribute meaningfully to shape a healthier and more resilient Kerala in the years to come.

Dr. M. P. Beena

Director
Department of Homoeopathy,
Government of Kerala.

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INTRODUCTION

The District AYUSH Profile has been developed to provide a comprehensive overview of the AYUSH sector within the district, covering all aspects related to the Department of Indian Systems of Medicine (ISM), Department of Homoeopathy, National AYUSH Mission (NAM) initiatives, and AYUSH educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

This document serves as an authentic reference source reflecting the overall status of AYUSH healthcare and education in the district. It consolidates detailed information on infrastructure, human resources, healthcare facilities, educational institutions, and various programmes and schemes implemented through the ISM and Homoeopathy departments, including activities undertaken under different components of NAM.

Structured in a systematic format, the District AYUSH Profile compiles data and analytical insights through tables, charts, and concise narratives for clarity and ease of understanding. It is intended to support evidence-based planning, programme evaluation, and strategic strengthening of AYUSH healthcare and educational systems at the district level, while identifying existing gaps and priorities for future interventions.

The preparation of this document reflects a commitment to systematic documentation and the continuous strengthening of AYUSH health and educational systems. It is envisaged that this District AYUSH Profile will serve as a valuable resource for administrators, planners, academicians, and stakeholders engaged in the promotion, integration, and advancement of AYUSH systems in the district.

Chapter 1

KOLLAM DISTRICT -AN OVERVIEW

1.1 Introduction

Kollam, formerly known as Deshinganadu and later as Quilon, is a historically significant and economically vibrant district located in the southern part of Kerala, India. With a unique blend of coastal charm, industrial legacy, and cultural richness, Kollam continues to be one of Kerala's most prominent districts in terms of development, heritage, and strategic importance. The district headquarters, Kollam city, is positioned approximately 64 to 71 kilometres north of Thiruvananthapuram, the capital city of Kerala.



District Map

Kollam is geographically bordered by the Arabian Sea to the west, Tamil Nadu to the east, Alappuzha and Pathanamthitta districts to the north, and Kollam district to the south.

Historically, it encompassed several areas that now belong to Pathanamthitta district, including Adoor, Konni, Ranni, and Kozhencherry. These regions were separated following the formation of Pathanamthitta district in 1982, reshaping the administrative boundaries of southern Kerala. Covering an area of about 2,483 square kilometres, Kollam presents a diverse natural landscape comprising coastal plains, inland lakes, rivers, hills, and verdant plantations. The district is home to Ashtamudi Lake, Kerala's second-largest lake, which plays a vital role in tourism, fisheries, and inland navigation. Its unique ecosystem attracts numerous visitors for houseboat cruises, while also supporting local fishing and trade. Another prominent feature is Sasthamcotta Lake, Kerala's largest freshwater lake, situated in the eastern part of the district. Spanning approximately 3.4 square kilometres, Sasthamcotta serves as a crucial drinking water source for much of southern Kerala and is surrounded by serene hills and lush greenery, making it a favoured destination for nature lovers.

Table 1.1: Demographic details

Total Population	
Men	1,246,968
Women	1,388,407
Population Growth	1.94%
Area Sq. Km	2,483
Density/km ²	1,061
Proportion to Kerala Population	7.89%
Sex Ratio (Per 1000)	1113
Child Sex Ratio (0-6 Age)	973
Total Child Population (0-6 Age)	254,260
SC Population	328263

ST Population	10761
Literacy Rate Male	96.09
Literacy Rate Female	92.31

Source : Census Handbook

1.2 The People and Population

Kollam district presents a progressive and balanced demographic profile, with a slightly higher urban population. About 54.95% of residents live in urban areas and 45.05% in rural regions, making Kollam one of Kerala's more urbanised districts. The urban sex ratio stands at 1,128 females per 1,000 males, higher than the rural ratio of 1,096, while the child sex ratio remains nearly identical in both areas, indicating demographic stability.

Literacy is a major strength of the district, with consistently high levels in both urban and rural areas. Urban literacy is 94.10% and rural literacy 94.06%, with minimal gender disparity. These indicators highlight Kollam as a socially advanced district, marked by strong educational attainment, favourable gender balance, and harmonious urban-rural development.

Table1.2 Population category-wise

Category	Population
Male	12,46,968
Female	13,88,407
Under 5 Children	2,05,000
Population above 30 years	17,40,000
Elderly Population - 60+	4,60,000
Total Population	26,35,375

Source : Census Handbook

1.3 Kollam- Health Overview

Kollam district has established a well-structured and inclusive healthcare system that caters to the needs of its diverse population across urban, semi-urban, and rural areas. The district's health infrastructure comprises government medical colleges and hospitals, taluk and community health centres, primary health centres, and an extensive network of private hospitals and clinics, ensuring comprehensive coverage for preventive, curative, and emergency healthcare services. Allopathic medicine serves as the backbone of clinical care, addressing maternal and child health, communicable and non-communicable diseases, trauma care, surgical services, and emergency medical interventions. In parallel, traditional healthcare systems under AYUSH—including Ayurveda, Homoeopathy, Siddha, Unani, and Yoga & Naturopathy—play a significant role in promoting holistic health, preventive care, and management of chronic lifestyle-related conditions. The district places strong emphasis on public health programmes such as immunisation, disease surveillance, maternal and child health services, and community-based health outreach initiatives, ensuring improved health indicators and equitable access to care. With its unique coastal ecosystem, backwaters, and rich tradition of Ayurveda and wellness practices, Kollam also contributes to health and wellness tourism, reinforcing its position as an important hub for integrated healthcare services in Kerala.

1.4 AYUSH- Role in Enhancing Public Health Outcomes

The AYUSH system plays an important complementary role in strengthening district-level healthcare delivery. The Indian Systems of Medicine (ISM) Department provides preventive, promotive, and curative healthcare through Ayurveda, Siddha, and Unani institutions, with a focus on lifestyle disorders, musculoskeletal conditions, geriatric care, women's health, and seasonal diseases. The holistic approach of ISM services aligns well with the district's emphasis on preventive healthcare and traditional wellness practices.

The Department of Homoeopathy contributes significantly to district health services by offering accessible, affordable, and patient-friendly care for acute & chronic diseases, skin disorders, respiratory ailments, allergies, and psychosomatic conditions. Homoeopathy institutions at the primary and secondary levels help reduce patient load on allopathic

hospitals and ensure continuity of care for long-term conditions, especially among economically vulnerable populations.

Under the National AYUSH Mission (NAM), Kerala, multiple initiatives have been implemented in Kollam to strengthen AYUSH infrastructure, ensure the availability of essential medicines, deploy trained human resources, and promote integrative healthcare. NAM-supported programmes such as speciality clinics, lifestyle disease management clinics, geriatric care services, school health initiatives, wellness centres, and public awareness campaigns have enhanced the accessibility, quality, and effectiveness of AYUSH services. Through convergence with the mainstream health system, AYUSH institutions play a vital role in disease prevention, health promotion, and improving overall health outcomes in the district.

In conclusion, Kollam District stands as a region where historical legacy, natural endowments, and modern development coexist harmoniously. Supported by an inclusive healthcare system that integrates modern medicine with AYUSH traditions, the district continues to advance towards holistic health, social well-being, and sustainable development.

1.5 Key Achievements in AYUSH Healthcare Development

The Government of Kerala has undertaken significant measures to strengthen Indian System of Medicine as part of its recent achievements. As part of this initiative, 82 Medical Officer posts and 162 paramedical staff positions, including 8 temporary posts, have been sanctioned to enhance service delivery and human resource capacity across ISM institutions. Further reinforcing secondary-level care, two Government Ayurveda Dispensaries have been upgraded to 10-bedded hospitals, namely Government Ayurveda Hospital, Moozhur in Kottayam district and Government Ayurveda Hospital, Pinarayi in Kannur district. These interventions reflect the State Government's commitment to improving infrastructure, expanding access to quality traditional healthcare, and ensuring better patient care through strengthened manpower and upgraded facilities.

Under the Homoeopathy Department, the Government of Kerala has achieved significant milestones in expanding access to public homoeopathic healthcare and strengthening

institutional capacity. A total of 50 new homoeopathy facilities have been established across the State, ensuring that all Panchayats in Kerala are now covered with homoeopathy services, thereby achieving universal grassroots-level access. To support service expansion and improve care delivery, 50 new Medical Officer posts have been sanctioned. In line with the Government's vision to promote scientific validation and academic advancement in homoeopathy, the Department has also initiated structured research activities through Project HEART (Homoeopathy Evidence-based Advanced Research and Training). Further reinforcing research governance and ethical standards, a Scientific Advisory Board (SAB) and an Institutional Ethics Committee have been constituted under the Department. These initiatives collectively highlight the State's commitment to evidence-based practice, capacity building, and comprehensive healthcare delivery through homoeopathy.

National AYUSH Mission is the Centrally Sponsored Scheme under Ministry of AYUSH. Government of India has launched National AYUSH Mission (NAM) during 12th plan in 2014. In Kerala, the Mission has been operational since 2015. The primary objective of the National AYUSH Mission is to promote and mainstream traditional systems of medicine—Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy—within the public health delivery system. In Kerala, the Mission's activities are implemented through the State AYUSH Health Society at the State level and District AYUSH Health Societies at the district level. The Mission focuses on infrastructure development, human resource strengthening, ensuring adequate staffing in AYUSH hospitals, implementing projects in tribal areas, and establishing Ayushman Bharat AYUSH Health and Wellness Centres (Ayushman Arogya Mandirs - AYUSH). Out of the total budget, 75% is earmarked for the AYUSH Services, AYUSH Educational institutions and Ayush Health & Wellness Centre components, and 25% for the Flexipool component.

AYUSH Services Component

a) Infrastructure Development:

Under the Upgradation of AYUSH Hospitals and Dispensaries scheme, NAM is facilitating the renovation and upgradation of AYUSH educational institutions, hospitals, and dispensaries under the Department of AYUSH.

b) Construction of Integrated AYUSH Hospitals:

Under this component, new integrated hospitals are being established. So far, approval has been granted for the construction of five 50-bedded, four 30-bedded, and one 10-bedded Integrated AYUSH Hospitals.

c) Provision of additional human resources to AYUSH institutions.

d) Supply of hospital equipment to AYUSH healthcare facilities.

e) Supply of essential AYUSH medicines to healthcare institutions.

f) Allocation of contingency funds to address urgent institutional needs.

g) Implementation of seven AYUSH Public Health Programmes across the State. 238 units of programmes has been approved and being implemented.

AYUSH Health and Wellness Centres (Ayushman Arogyamandirs - AYUSH)

These centres aim to deliver comprehensive primary healthcare through AYUSH systems, emphasizing disease prevention, health promotion, and Yoga-based lifestyle interventions. Each AYUSH HWC functions with an AYUSH Community Health Officer, Yoga Instructor, GNM-qualified Multi-Purpose Health Worker, and five ASHA workers. At present, 700 AYUSH dispensaries (420 ISM and 280 Homoeopathy) across Kerala have been upgraded to AYUSH Health and Wellness Centres.

Flexipool Component

Under the Flexipool component, **36 AYUSH public health programmes** are being implemented across the State to strengthen community-level AYUSH health promotion and wellness initiatives.

Quality improvement of AYUSH Institutions

To improve the service quality and infrastructure of AYUSH hospitals and Ayush Health & Wellness Centres, NAM is implementing NABH accreditation, Kayakalp and quality assurance programmes.

- In the first two phases, 250 AYUSH HWCs have already received NABH accreditation. An additional 250 centres have been selected for the third phase, and the process is progressing.

- Implemented AYUSH KAYAKALP award for Ayush institutions.132 institutions got AYUSH Kayakalp award.

Training and Capacity Building

Continuous capacity building and skill enhancement of AYUSH personnel form a key component of the Mission. Training is provided on clinical and technical subjects through both offline and online modes.

A Learning Management System (LMS) has been developed to facilitate online training, with eight AYUSH-based courses already available, covering Ayurveda, Homoeopathy, Yoga, and Naturopathy.

The establishment of the National Institute of Training in AYUSH (NITIA) is underway to provide National and International -level training and capacity-building programmes for AYUSH professionals.

AYUSH Gram Programme

The AYUSH Gram initiative, implemented at the Block level, aims to combat lifestyle and non-communicable diseases through Yoga sessions and health awareness activities led by trained Yoga instructors and AYUSH medical officers.The programme is currently being implemented in 16 blocks across the State.

IT Projects initiated

With the support of Kerala Start up Mission & KELTRON, following softwares were developed for Ayush Sector in the State -

- a) AYUSH Procurement software
- b) Learning Management Software
- c) ERP software for real time monitoring civil works
- d) Payroll and Attendance Management system for NAM
- e) AYUSH payment management software

E-Sanjeevani - Telemedicine

Telemedicine services have been introduced in the AYUSH sector through the E-Sanjeevani platform. Two consultation hubs—one for Ayurveda and another for Homoeopathy—have already become operational. The State Telemedicine Hub is nearing completion.

AYUSH Yoga Clubs

Established 10,000 Ayush Yoga Clubs under the aegis of Ayush HWC to prevent and manage the NCDs and for the well-being of the people. AYUSH Yoga Club locator app has also been developed to monitor and locate the yoga clubs

Chapter 2

OVERVIEW OF AYUSH SERVICES

2.1 Overview of AYUSH Services in Kollam District

The AYUSH system of healthcare in **Kollam district** constitutes an integral part of the public health delivery framework, providing accessible and holistic healthcare through **Ayurveda, Yoga & Naturopathy, Siddha, Unani, and Homoeopathy**. The district has a well-developed service delivery structure comprising government hospitals, dispensaries, specialty institutions, wellness centres, and outreach programmes, ensuring healthcare access across urban, rural, coastal, and inland areas. AYUSH services complement the allopathic healthcare system by focusing on **preventive, promotive, curative, rehabilitative, and palliative care**, with a strong emphasis on wellness and lifestyle modification.

2.2 History and Evolution of AYUSH Services in the District

Kollam district has a long and distinguished history in traditional systems of medicine, particularly **Ayurveda**, supported by Kerala's rich heritage of classical treatment practices and indigenous healing knowledge. Over the decades, AYUSH services in the district have evolved from basic dispensary-level care into a **comprehensive, government-supported healthcare network**. With sustained support from the State Government and the National AYUSH Mission, AYUSH institutions have expanded to offer **inpatient services, specialty clinics, lifestyle disease management, geriatric and maternal care, school health initiatives, palliative care, and community outreach programmes**. This evolution reflects progressive strengthening of infrastructure, human resources, service quality, and integration with public health initiatives.

2.3 Administration and Governance Structure

AYUSH services in **Kollam district** function under the **Department of AYUSH, Government of Kerala**, in coordination with the **Directorate of Indian Systems of Medicine, Directorate of Ayurveda Medical Education, Directorate of Homoeopathy**, and relevant Central AYUSH authorities. District-level governance is carried out by designated officers

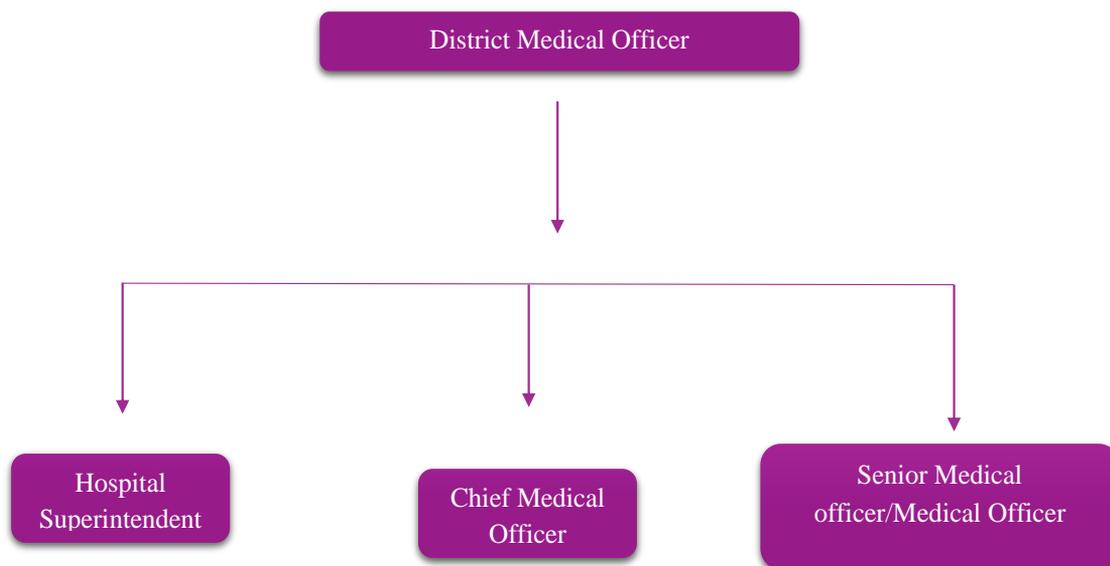
responsible for planning, implementation, monitoring, staff deployment, programme execution, and financial management of AYUSH services.

Key functions of district administration include:

- Supervision and coordination of AYUSH hospitals, dispensaries, and wellness centres
- Ensuring adequate staffing, infrastructure, and uninterrupted medicine supply
- Implementation and monitoring of National AYUSH Mission (NAM) programmes
- Conduct of public health, school health, geriatric, and outreach activities
- Monitoring service delivery outcomes and financial utilisation

2.4 Organogram – District Level Administrative Structure

At the district level, the administrative structure typically consists of:



2.5 Infrastructure Profile of the District

The AYUSH healthcare system in Kollam district is supported by an extensive institutional network functioning under ISM and Homoeopathy streams. A total of **178 AYUSH institutions** are operational in the district, ensuring wide coverage of promotive,

preventive, curative, and wellness-oriented healthcare services. This includes **2 District Hospitals, 10 Government Hospitals, 56 Government Dispensaries, 52 Ayushman Arogya Mandirs, 54 Ayush Primary Health Centres, 7 Tribal/SCP dispensaries, and 1 Integrated AYUSH Medical Unit (IAMU)**. ISM accounts for **91 institutions** and Homoeopathy for **87 institutions**, reflecting a balanced and decentralised AYUSH infrastructure with strong emphasis on primary-level healthcare delivery across Kollam district.



Figure 2.5: Details of Facilities

*Integrated AYUSH Medical Unit (IAMU), *SCPHHC – Special Component Plan Homoeopathy Health Centre*

2.6 Health Facilities in Urban and Rural Areas

The urban–rural distribution of AYUSH health institutions reflects a strong commitment to equitable and community-oriented healthcare delivery, with a total of 178 institutions, of which a significant majority—152—are located in rural areas, highlighting a clear focus on strengthening services at the grassroots level. Urban areas are supported by 26 institutions, including two District Hospitals and four other hospitals, ensuring availability of secondary and tertiary care services in urban settings. Rural healthcare infrastructure is particularly robust, with extensive coverage through Government Dispensaries including Ayushman

Arogya Mandirs (91), Ayush Primary Health Centres (50), and additional facilities such as GATD/SCPHHCs and an Integrated AYUSH Medical Unit (IAMU), which together enhance accessibility, preventive care, and continuity of treatment in underserved and remote regions. This distribution underscores a decentralized and inclusive approach, prioritizing rural and vulnerable populations while maintaining adequate urban institutional support, thereby strengthening public AYUSH healthcare delivery and contributing meaningfully to universal health coverage objectives.



Figure 2.6: Total AYUSH facilities in Urban and Rural Areas

2.7 Hospital Details based on Bed Strength

The AYUSH hospital infrastructure in Kollam district comprises **12 Government hospitals** under ISM and Homoeopathy, with a **total bed strength of 265 beds**, supporting inpatient healthcare services. ISM operates **9 hospitals with 190 beds**, including 10-bedded, 30-bedded, and 50-bedded hospitals, reflecting a mix of small and medium-capacity facilities. Homoeopathy manages **3 hospitals with 75 beds**, primarily consisting of 25-bedded institutions. Overall, the distribution of bed strength indicates a comparatively stronger inpatient care capacity in Kollam district, with ISM contributing the major share and Homoeopathy providing focused inpatient support.

**HOSPITALS BASED
ON BED STRENGTH IN KOLLAM**

Hospital number	Hospital	Total Bed strength
Govt. Hospital (10 Bedded)	5	50
Govt. Hospital (25 Bedded)	3	75
Govt. Hospital (30 Bedded)	3	90
Govt. Hospital (50 Bedded)	1	50
Grand Total	12	265
	12	265

Figure 2.7.1 Bed Strength in Hospitals under ISM & Homoeopathy Department

2.8 Human resource Profile

2.8.1 HR under ISM & DH

2.8.1.1 Availability of Medical Professionals

The sanctioned staffing structure across ISM and Homoeopathy reflects a strong and well-balanced human resource framework, with a total of 250 sanctioned posts supporting effective AYUSH healthcare delivery. Of these, 142 posts are under the regular cadre, comprising key administrative positions, senior clinical leadership, and medical officers, while 108 posts are provided under NHM and NAM programmes, strengthening service outreach and implementation. ISM accounts for 135 sanctioned posts and Homoeopathy for 115 posts, indicating equitable representation and functional balance between the two streams. The substantial allocation of Medical Officers ensures continuity of patient care at institutional and community levels, while dedicated leadership positions such as District Medical Officers, Chief Medical Officers, and Hospital Superintendents enhance governance, supervision, and quality of services. Overall, the staffing pattern demonstrates a positive commitment to strengthening AYUSH healthcare services through adequate manpower, administrative efficiency, and programme-based support.



Figure 2.8.1.1 Details of Medical Professionals Sanctioned in ISM & DH

2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

The staffing pattern across ISM and Homoeopathy demonstrates a strong and well-structured workforce, with a total of **483 sanctioned posts** supporting the effective functioning of AYUSH services. Paramedical staff form the largest component with **323 posts**, highlighting a clear focus on patient care, clinical support, and service delivery at the institutional level. Administrative and ministerial positions account for **32 posts**, ensuring smooth governance, coordination, and operational efficiency, while **128 other posts** provide essential technical and support services. ISM contributes **325 posts** and Homoeopathy **158 posts**, reflecting balanced growth and adequate human resource deployment across both directorates. Overall, the distribution indicates a positive and sustainable staffing framework that strengthens healthcare delivery, administrative efficiency, and institutional performance within the AYUSH system.



Figure 2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

2.9 Beneficiary Details

2.9.1 Beneficiary details under hospitals in ISM & DH

ISM accounts for **2,943 OPD patients and 593 IPD admissions**, Homoeopathy records an outpatient attendance of **3,810 OPD patients**, with **28 IPD admissions** per month. Together, these figures highlight significant utilisation of AYUSH services, indicating a substantial contribution to out patient and inpatient services



Figure 2.9.1 Hospital beneficiary details

2.9.2 Beneficiary details under Dispensaries

ISM dispensaries account for an average of **1,551 OPD patients per month**, while Homoeopathy dispensaries record an average of **985 OPD patients**. These figures

indicate substantial utilisation of dispensary-level AYUSH services, highlighting their critical role in delivering accessible primary healthcare and outpatient services across the district.



Figure 2.9.2 Dispensary beneficiary details

2.9.3 Beneficiary details under APHC

ISM APHCs contribute an average of **1,468 OPD patients**, while **Homoeopathy APHCs record an average of 1,219 OPD patients per month**. Together, these figures demonstrate the significant contribution of APHCs to primary-level AYUSH healthcare delivery, strengthening community-based services and improving access to preventive and curative care in the district.

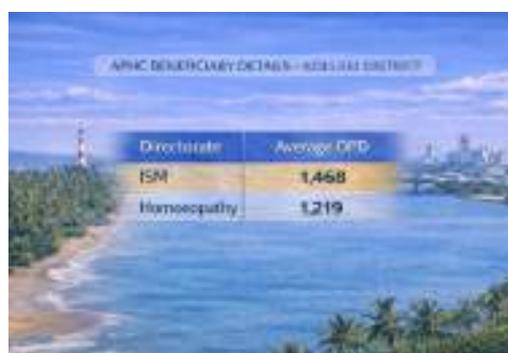


Figure 2.9.3 APHC beneficiary details

2.10 Public Health Programmes

Kollam district implements a wide range of public health programmes under ISM, Homoeopathy, and the National AYUSH Mission. These include diabetes care, geriatric

services, paediatric care, gynaecology and obstetric care, de-addiction services, infertility management, mental health clinics, endocrine disorder clinics, palliative care, lifestyle disease management, school health programmes, mobile medical units, women's health initiatives, sports medicine, anaemia eradication, yoga wellness centres, and AYUSH Gram initiatives. These programmes strengthen preventive and promotive healthcare while addressing chronic and lifestyle-related health conditions

2.10.1: Projects in Indian System of Medicine Department

- **Jeevani** – An Ayurvedic diabetes-care programme focusing on holistic management through medicine, yoga, diet, and counselling.
- **Research Cell for Indian Systems of Sports Ayurveda** – Applies Ayurveda in sports medicine for injury prevention, treatment, and performance enhancement.
- **Snehadhara** – A statewide Ayurvedic palliative care programme offering home-based support for bedridden and terminally ill patients.
- **Geriatric Care Project** – Delivers comprehensive Ayurvedic care to improve the physical and emotional well-being of elderly patients.
- **Koumarabhrithya** – Offers Ayurvedic paediatric care for infections, nutritional issues, developmental problems, and post-COVID complications.
- **Prasoothithanthra** – Provides Ayurvedic gynaecology and obstetric services supporting women's reproductive and maternal health.
- **Manasikam** - a mental health care project that focuses on the management of common mental health disorders through Ayurveda.
- **Panchakarma** - a specialized Ayurvedic therapeutic programme that focuses on detoxification, rejuvenation, and restoration of bodily balance.
- **Ayur Paliyum** - a community-based initiative that integrates Ayurveda with palliative care to provide holistic support for bedridden and chronically ill patients.

- **Drishti – Eye Care Programme** - Focuses on early detection and non-surgical management of eye diseases while preventing visual disorders through screening and affordable treatment.

2.10.2: Projects in Homoeopathy Department

- **Seethalayam** – A women-focused homeopathy project providing treatment and counselling, especially for domestic-violence-affected and emotionally distressed women.
- **Punarjani** – A de-addiction project offering homeopathic treatment and counselling for alcohol, drug, and tobacco dependence.
- **Janani** – An infertility care project providing holistic homeopathic management for male and female infertility with supportive diagnostics.
- **Sadgamaya** – A child and adolescent wellness project addressing behavioural, emotional, learning, and developmental challenges.
- **Ayushmanbhava** – A lifestyle-disease programme providing homeopathy-based care, counselling, and yoga support for NCD management.
- **Rapid Action Epidemic Control Cell Homoeopathy (RAECH)**- Implementing preventive measures, strengthening early detection and treatment, training doctors, and supporting public health responses to communicable diseases across the state.
- **Geriatric Care** – A specialised homeopathy service aimed at improving the health and quality of life of elderly patients.
- **Palliative Care** – A comprehensive home-based and institutional palliative service for bedridden, terminally ill, and chronic-disease patients.

2.10.3: Projects in National Ayush Mission

- **National Programme for Prevention & Management of Osteoarthritis & Musculoskeletal Disorders** - AYUSH-based screening, treatment, lifestyle modification and rehabilitation services for osteoarthritis and other MSDs through HWCs and AYUSH institutions.

- **VAYO MITRA – AYUSH Geriatric Healthcare Services** - Promotes healthy ageing and provides preventive, promotive and therapeutic AYUSH care for senior citizens through community and clinic-based services.
- **AYURVIDYA – Healthy Lifestyle Promotion for School Children** - Creates awareness among school children on hygiene, nutrition, yoga, medicinal plants and AYUSH-based healthy living practices.
- **KARUNYA – AYUSH Palliative Services** - Delivers compassionate, holistic palliative and supportive care for patients with chronic and life-limiting illnesses through AYUSH interventions and home-based care.
- **Allergy & Asthma Special Clinic (Homoeopathy)** - Provides comprehensive Homoeopathic care for allergy, asthma and chronic respiratory diseases through OP/IP services and community outreach.
- **Ayurkarma** - Integrates Panchakarma therapies into rural Government Ayurveda Dispensaries to ensure affordable access to specialised Ayurvedic procedures.
- **Mental Health Specialty Clinics in AYUSH** - Offers Ayurveda and Homoeopathy-based mental health care for depression, anxiety, behavioural problems and women- and child-specific psychological needs.
- **AYUSH Infertility Clinics** - Provides holistic infertility management for men and women using Ayurveda, along with counselling and lifestyle guidance.
- **Drishti – AYUSH Eye Care Programme** - Focuses on early detection and non-surgical management of eye diseases while preventing visual disorders through screening and affordable treatment.
- **Integrated AYUSH Medical Unit (IAMU)** - Delivers coordinated multi-system AYUSH healthcare services under one roof to manage chronic and lifestyle disorders.
- **Magalir Jyothi – Siddha Women’s Health Programme** - Strengthens women’s health and awareness using Siddha-based preventive, promotive and therapeutic interventions at community level.

- **Physiotherapy Units in Government AYUSH Hospitals** - Establishes physiotherapy services in AYUSH hospitals to support rehabilitation and chronic disease care.
- **Sports Ayurveda Project** - Provides Ayurveda-based injury prevention, treatment and performance enhancement support for athletes.
- **MPHW Support for Ayushman Arogya Mandirs** - Deploys trained Multi-Purpose Health Workers to strengthen AYUSH primary care, outreach, NCD care and public health services.
- **Homoeopathy Thyroid Special Clinic** - Provides community-based screening and holistic Homoeopathic management of thyroid disorders with special focus on women.
- **Yoga Wellness Centres** - Promotes Yoga and Naturopathy-based lifestyle modification and NCD prevention through dedicated wellness centres.
- **NCD Management through AYUSH** - Provides integrated AYUSH-based prevention, screening and management of major non-communicable diseases across the State.
- **IEC Activities & Public Awareness Initiatives** - Strengthens public awareness on AYUSH facilities, programmes and achievements through newsletters, campaigns and participation in events.
- **AYUSH Gram** - Promotes AYUSH-based lifestyle, herbal awareness, yoga and preventive healthcare practices at the village level through community-based initiatives.

2.11 Standardisation of Institutions

Quality assurance initiatives in Kollam district indicate **22 NABH Entry-Level Certified facilities** and **52 Ayushman Arogya Mandir–AAM-A accredited institutions** across ISM and Homoeopathy. ISM accounts for **13 NABH ELC** and **30 AAM-A facilities**, while Homoeopathy accounts for **9 NABH ELC** and **22 AAM-A facilities**, reflecting systematic adoption of quality standards.

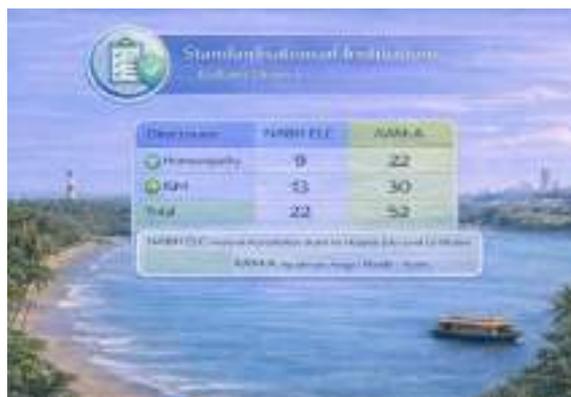


Figure 2.11: Standardisation of Institution

*AAM-A Ayushman Arogya Mandir (AAM)- AYUSH

2.12 Digital Health

Digital health initiatives have been strengthened through the implementation of **ISM-eHospital** in **15 AYUSH institutions** and **AHiMS** in **51 institutions** under Homoeopathy. These systems support electronic health records, patient management, and improved service efficiency.



Figure 2.12: Digital Health

2.13 Laboratory & Diagnostic Facilities

Kollam district has a total of **12 laboratory facilities**, with **9 laboratories under ISM** and **3 under Homoeopathy**, ensuring access to essential diagnostic and investigative services across AYUSH institutions



Figure 2.13: Details of Laboratory facilities

2.14 Financial Expenditure

Under ISM, ₹158.41 lakh was allocated during 2023–24, with ₹93.66 lakh released and fully utilised. In 2024–25, ₹140.06 lakh was allocated, ₹86.19 lakh released, and ₹78.68 lakh expended. Under Homoeopathy, ₹80.02 lakh was allocated and released in 2023–24, with ₹75.85 lakh utilised, while in 2024–25, ₹63.36 lakh was allocated, fully released, and fully utilised. Overall, the financial pattern reflects timely fund release and satisfactory utilisation supporting uninterrupted AYUSH service delivery in Kollam district

Directorate	Year	Allocated Amount in Lakh	Released Amount in Lakh	Expenditure Amount in Lakh
ISM	2023-24	158.41	93.66	93.66
	2024-25	140.06	86.19	78.68
Homoeopathy	2023-24	80.02	80.02	75.85
	2024-25	63.36	63.36	75.85

Figure 2.14: Financial Expenditure

Chapter 3

DEPARTMENT OF INDIAN SYSTEMS OF MEDICINE FACILITIES & SERVICES

3.1 Introduction

The Indian Systems of Medicine (ISM) in Kollam District is rooted in ancient indigenous knowledge systems, particularly Ayurveda, which has been practised and widely accepted for centuries as part of the region's health-seeking culture. Formal government involvement began in the mid-20th century with the establishment of state-run dispensaries and hospitals, marking the institutionalisation of Indian Systems of Medicine within the public health framework. The formation of the Department of Indian Systems of Medicine in the late 1970s provided coordinated governance, administrative structure, and service standardisation, while the state and national AYUSH policy framework introduced since 2015 has further mainstreamed and strengthened ISM services through focused funding, infrastructure development, and programme-based interventions. The district's diverse geographical landscape—comprising an extensive coastline, inland water bodies and wetlands, fertile midland regions, and hilly eastern areas—gives rise to varied environmental, occupational, and lifestyle-related health challenges, including musculoskeletal disorders, chronic respiratory illnesses, skin diseases, lifestyle-related conditions, geriatric health problems, and region-specific communicable diseases. Indian Systems of Medicine, with their holistic, promotive, and preventive orientation, are particularly well suited to address these complex health needs through personalised care, seasonal and preventive regimens, and long-term disease management. In Kollam District, the Department of Indian Systems of Medicine continues to strengthen its network of government hospitals and dispensaries, align service delivery with local morbidity patterns, and implement community-oriented programmes, thereby making a significant contribution to comprehensive, sustainable, and culturally rooted public healthcare delivery. The district is also witnessing significant socio-economic transformation due to the development of the Vizhinjam International Seaport, which is expected to bring changes in livelihood patterns, population dynamics, lifestyle practices, and health-seeking behaviour. Recognising the

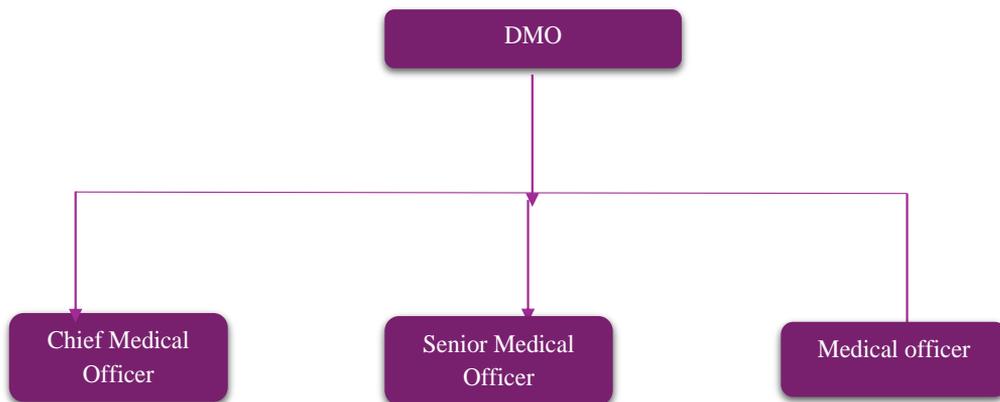
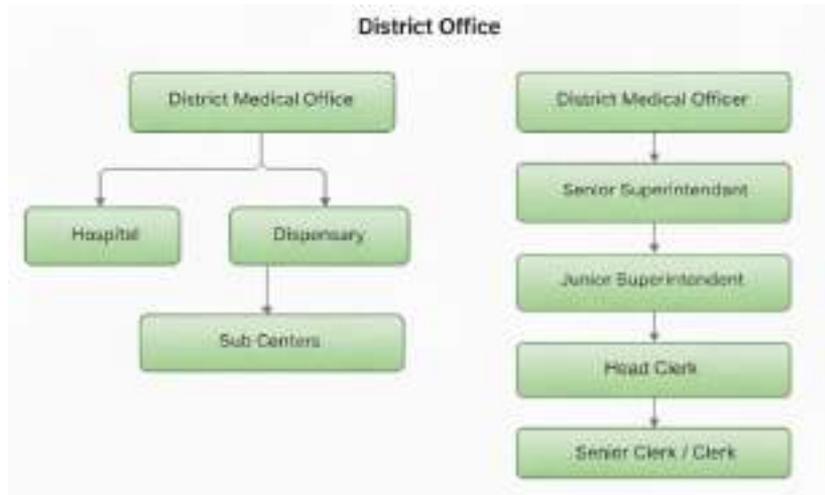
potential impact of these changes on community health, the Department of ISM is proactively strengthening its institutional preparedness to address emerging and future health challenges. Through preventive care, surveillance-oriented programmes, and system readiness with digitalization, the Department remains committed to safeguard public health.

The Government District Ayurveda Hospital, Kollam, functioning under the Department of Indian Systems of Medicine, serves as the apex Ayurveda referral facility in the district. Located at Asramam in Kollam city, the hospital is easily accessible and strategically positioned to cater to both urban and surrounding rural populations. Established as part of the state's initiative to institutionalise and strengthen Ayurveda services within the public sector, the hospital has evolved over the years into a major centre for traditional healthcare delivery. It provides comprehensive outpatient and inpatient services, including classical Ayurvedic treatments, Panchakarma procedures, and management of chronic and lifestyle-related diseases. The hospital also plays a vital role in preventive and promotive healthcare through seasonal regimens, specialised clinics, and participation in various government health programmes, thereby contributing significantly to accessible, affordable, and culturally rooted public healthcare in Kollam District.

3.2 Administration

The ISM (Indian Systems of Medicine) Department Administration in Kollam is responsible for supervising and coordinating the delivery of Ayurveda, Siddha, and Naturopathy services across the district. It oversees the functioning of ISM hospitals, dispensaries, and wellness centres, ensuring quality healthcare based on traditional systems. The administration manages staffing, infrastructure, government health programmes, community outreach, and implementation of AYUSH initiatives. It works to strengthen preventive, promotive, and therapeutic care, making traditional medicine accessible and effective for the people of Kollam.

3.2.1 District Administration of the Department



3.2.2 District Medical Office Profile

Table No: 3.2.2: contains the official designation, office address, contact numbers, and email ID of the District Medical Officer (Indian Systems of Medicine), Kollam.

Table 3.2.2: District Medical office Profile

Post	Office Address	Office Number	Mail id
District Medical officer	Office of the District Medical Officer, Indian Systems of Medicine, Asramam, Kollam, 691002	0474 - 2763044, 9495995671	dmoismklm@yahoo.com ismklma1clouds@gmail.com

Source : District Data

3.2.3 Structure of DMO office

Table No: 3.2.3: This table presents the sanctioned staff strength of the office, detailing various posts and the corresponding number of personnel assigned to each position.

Table No: 3.2.3: Structure of DMO office

Sl no	Post	Number
1	District Medical Officer	1
2	Senior Superintendent	1
3	Junior Superintendent	1
4	Upper Division Clerk	4
5	Lower Division Clerk	3
6	Typist	1
7	Office Attendant	2
8	Part Time Sweeper	1

Source : District Data

3.3 Infrastructure Profile of the District

Kollam District has an extensive Indian Systems of Medicine (ISM) service network consisting of 9 hospitals with the total bed strength of 190 beds , 59 dispensaries, and 21

NHM-supported institutions (18 Ayurveda and 3 Siddha).

Kollam District has made substantial progress in strengthening quality standards in Indian Systems of Medicine through NABH accreditation of government institutions. Thirteen Government Ayurveda Dispensaries have achieved accreditation and eight Government Ayurveda Dispensaries along with one Government Siddha Dispensary are currently undergoing the 3rd Phase accreditation process. This phased advancement reflects the district's sustained commitment to quality assurance, standardised service delivery, and patient-centred care under the National AYUSH Mission and National Health Mission frameworks.

Government Indian Systems of Medicine institutions in Kollam District have achieved notable recognition under the Kayakalpa Award Scheme, reflecting excellence in sanitation, hygiene, infection control, and overall quality of care. The District Ayurveda Hospital, Kollam, secured the 2nd Prize with a score of 94.61%, receiving ₹5 lakhs and , among dispensaries Govt. Ayurveda Dispensary Kareepra secured the 1st prize with a score of 97.08% receiving 1 lakh.

3.3.1 Details of Facilities

Kollam District has a well-established Indian Systems of Medicine (ISM) infrastructure comprising 9 hospitals, 59 dispensaries, and 21 NHM-supported institutions (18 Ayurveda and 3 Siddha). In addition, 30 AYUSH institutions in the district have been upgraded as Ayushman Arogya Mandirs (AAMs), including 28 Ayurveda dispensaries and one each of Siddha and Yoga & Naturopathy, strengthening comprehensive primary-level AYUSH service delivery across the district.

Table No: 3.3.1: Details of ISM health facilities

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Government Ayurveda Hospital	8

3	Government Ayurveda Dispensary	29
4	Ayushman Arogya Mandir (AYUSH)	30
5	Ayush Primary Health Centre Ayurveda	18
6	Ayush Primary Health Centre Sidha	3
7	Government Ayurveda Tribal Dispensary	1
	Total	90

Source : District Data

Details of ISM Facilities are attached as Annexure 3.3.1

3.3.2 Hospital Details based on Bed Strength

The ISM hospitals together have a total bed strength of 190 beds, distributed across one 50-bedded hospital, three 30-bedded hospitals, and five 10-bedded hospitals, all in Ayurveda Stream.

Table No: 3.3.2: Hospital Details based on Bed Strength

Sl no	Hospitals based on bed strength	Hospital number	Bed strength
1	Govt. Hospital (10 Bedded)	5	50
2	Govt. Hospital (30 Bedded)	3	90
3	Govt. Hospital (50 Bedded)	1	50
	Total No. Of Beds/ Hospitals	9	190

Source : District Data

3.3.3 Health Facilities in Urban and Rural Areas

Kollam District has a total of 90 Indian Systems of Medicine (ISM) health institutions, demonstrating strong infrastructure support for traditional healthcare delivery. Of these, 15

facilities are located in urban areas, while the majority, 75 institutions, serve rural regions, ensuring wide geographic coverage and accessibility.

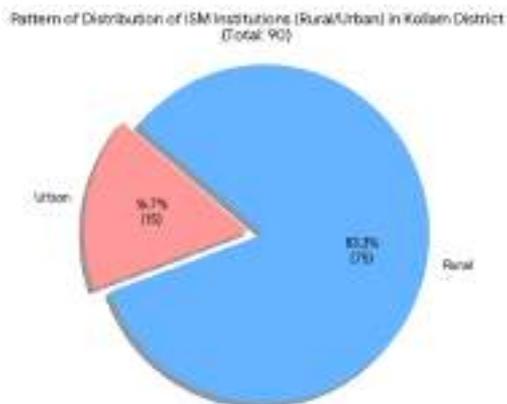
The district is supported by one District Hospital located in the urban area, eight Government Ayurveda Hospitals (two urban and six rural), 59 Government Ayurveda Dispensaries including Ayushman Arogya Mandirs (8 urban and 51 rural), 21 Ayush Primary Health Centres (2 urban and 19 rural), and one Government Ayurveda Tribal Dispensary catering specifically to tribal and remote populations in rural areas.

This distribution reflects the district's strategic focus on strengthening grassroots-level healthcare and promoting equitable access to ISM services across diverse population groups, particularly in rural and underserved communities.

Table No: 3.3.3: Health Facilities in Urban and Rural Areas

Sl no	Type of Health Institution Facility	Total no: in the district	urban	rural
1	District Hospital	1	1	
2	Government Ayurveda Hospital	8	2	6
3	Government Ayurveda Dispensary including Ayushman Arogya Mandir	59	8	51
4	Ayush Primary Health Centre	21	2	19
5	Government Ayurveda Tribal Dispensary	1		1
	Total	90	13	77

Source : District Data



Graph 3.3.3: Pattern of distribution of ISM insitutions in Rural/Urban areas

3.4 Human Resource Profile of the District

The Indian Systems of Medicine services in the district are supported by a structured workforce comprising medical, paramedical, administrative, and support staff.

The medical cadre includes positions such as District Medical Officer, Chief Medical Officers, Senior Medical officers and Medical Officers in specialities like Ayurveda (General), Visha, Netra, Marma, Mansikam, Prasoothi, Panchakarma, Siddha, Nature Cure, and Koumarabhrityam. Paramedical staff consist of nurses, pharmacists, lab technicians, therapists, nursing assistants, and attendants

In addition, the system is supported by administrative personnel such as senior and junior superintendents, clerks, and typist. Essential support staff, including office attendants (peons), cooks, sanitation workers, and part-time sweepers, also form an integral part of the workforce, ensuring the smooth functioning of healthcare institutions under the Indian Systems of Medicine sector.

3.4.1 Availability of Medical Professionals

A total of 135 medical officers are in Kollam District across ISM and NAM/NHM categories. This includes 84 posts under ISM (District Medical Officer, Chief Medical Officers, and Medical Officers – Ayurveda General) and 51 posts under NAM/NHM (Medical Officers under NHM and NAM).

Table No: 3.4.1: Details of Medical Professionals under the ISM /NAM/NHM in the District

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the ISM				
1	District Medical Officer	1	1	0
2	Chief Medical Officers	6	6	0
3	Senior Medical Officers	18	18	0
4	Medical Officers	59	59	0
	Total	84	84	0
Medical Professionals Under NAM/ NHM				
1	Medical officer (NHM)	21	21	0
2	Medical officer (NAM)	30	30	0
	Total	51	51	0
	Grand Total	135	135	0

Source : District Data

3.4.2 Number and Distribution of Health Care Professionals

The district demonstrates strong manpower coverage across core service areas, though strategic recruitment is required in nursing, pharmacy and certain support roles to further strengthen service delivery and operational efficiency. The paramedical and nursing category consists of 31 Nurses, 22 Nursing Assistants, 70 Pharmacists, 1 Lab Technician, 5 Therapists, 88 Attenders, and 1 Siddha Attender. The administrative staff includes 1 Senior Superintendent, 1 Junior Superintendent, 11 Clerks, 1 Typist. The support service category

comprises 3 Office Attendants (Peons), 9 Cooks, 9 Sanitation Workers, and 59 Part-time Sweepers and 1 Full time sweeper.

Table 3.4.2.1- Details of Paramedical posts Sanctioned under the ISM in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Nurse	31	31	0
2	Pharmacist	70	70	0
3	Lab Technician	1	1	0
4	Therapist	5	5	0
5	Attender	89	89	0
6	Nursing assistant	22	21	1
7	Lab Assistant	1	1	0

Source : District Data

Table 3.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the ISM in the District

Sl. No	Designation	No. of posts
1	District Medical Officer	1
2	Senior Superintendent	1
3	Junior Superintendent	1
4	Upper Division Clerk	4
5	Lower Division Clerk	7
6	Typist	1
7	Office Attendant	3
8	Part Time Sweeper	1

Source : District Data

Table 3.4.2.3- Details of Other posts Sanctioned under the ISM in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Office Attendant (Peon)	3	3	0
2	Cook	9	9	0
3	Sanitation Worker	9	7	2
4	Full time sweeper	1	0	1
Other Supporting Staff				
1	Part-Time Sweeper	59	54	5

Source : District Data

3.5 Beneficiary Details

The following tables present the beneficiary coverage of ISM health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

3.5.1 ISM Hospitals

The district has 9 Ayurveda hospitals with a combined average monthly OPD of 26,494 patients and average monthly IPD of 334 patients, supported by a total bed strength of 190 beds. Among these, DAH Kollam records the highest patient load, followed by GAH Thalavoor and GAH Ayoor, while the remaining General Ayurveda Hospitals contribute steadily with smaller bed capacities.

Detailed beneficiary details in the Hospitals are attached as annexure 3.5.1

3.5.2 ISM Dispensaries

There are 59 ISM institutions/dispensaries providing outpatient services, with average monthly OPD ranging from 2130 to 3063 patients per institution. The highest OPD attendance is recorded at Kannanalloor, followed by Karunagappally, Thodiyoor, and Thrikkadavoor, indicating higher service demand in these areas. Most other institutions report moderate and consistent OPD attendance, reflecting wide and equitable coverage of ISM services across the district, including three specialized Siddha unit and one NCD-focused unit.

Detailed beneficiary details in the Dispensaries are attached as annexure 3.5.2

3.5.3 APHC dispensaries

The list covers 21 NHM-supported institutions, including Ayurveda and Siddha units, providing outpatient services across the district. The average monthly OP attendance ranges from about 1650 to 2122 patients per institution, indicating moderate to high utilization. Several centres such as Vilakkudy, Pooyappally, and Vettikkavala report relatively higher OP loads, while Siddha units show steady but comparatively lower attendance, contributing to diversified system-wise service delivery under NHM.

Detailed beneficiary details in APHC are attached as annexure 3.5.3

3.6 Department Plan Projects

The Department of ISM conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The National AYUSH Mission also provides support for these projects.

A total of 9 Plan Projects are implemented across district and general Ayurveda hospitals, covering services such as Drishti, Jeevani, Geriatric care, Manasikam, Prasoothi, Kaumaram, Panchakarma, Snehadhara, and Sports medicine. These programmes are supported by medical officers, therapists, optometrists, nurses, caretakers, and attenders, with most positions filled.

Table 3.6: Details of the Department Plan Projects

Sl. No	Programme Name	Facility	Post assigned
1	Drishti	GAH Ayur	Medical officer- 1 Optometrist-1 Attender- 1
2	Jeevani	DAH Kollam	Medical officer- 1
3	Geriatric	DAH Kollam	Female therapist-1 Male therapist – 1 Care taker-1

4	Manasikam	GAH Thalavoor	Medical officer-1 (NAM) Attender-1
5	Prasoothi	GAH Nedumpana	Medical officer-1 Attender- 1
6	Kaumaram	GAH Parvoor	Medical officer-1 (NAM) Attender -1 (NAM)
7	Panchakarma	DAH Kollam	Male therapist-1 Female therapist-1
		GAH Paravoor	Female therapist-1 Male therapist- Vacant
		GAH Ayur	Female therapist- 1 Male therapist-1
		GAH Thalavoor	Female therapist- 1 Male therapist- Vacant
8	Snehadhara	Govt. Ayurveda Dispensary Thrikkadavoor	Nurse- 1 Attender- 1
9	Sports	DAH Kollam	Medical officer-1 (NAM) Therapist- 1 (NAM)

Source : District Data

3.6.1 Jeevani

The diabetes management programme is implemented at **District Ayurveda Hospital, Kollam**, with one Medical Officer providing holistic Ayurvedic care supported by yoga, dietetics, and counselling. The programme focuses on improving glycaemic control,

preventing complications, and promoting lifestyle modification among Type-2 diabetes patients.

Table 3.6.1: Jeevani Annual Report (2022-2025)

Sl	Year	Expenditure	No. of patients
1	2022-23	9.16 L	906
2	2023-24	4.31 L	1844
3	2024-25	4.13 L	1043

Source : District Data

3.6.2 Drishti

The **School Health Programme (Drishti)** is functioning at **GAH Ayoor**, supported by a Medical Officer, Optometrist, and Attender. The programme addresses refractive errors among school children through screening, awareness, and Ayurvedic ophthalmic care, contributing to preventive eye health and improved visual outcomes.

Table 3.6.2: Drishti Annual Report (2022-2025)

SL no	Year	Estimated Expenditure (INR L)	Estimated No. of Patients
1	2023-24	3.46	1,433
2	2024-25	6.82	1,884

Source : District Data

3.6.3: Geriatric Care Programme

The **Geriatric Care Programme** is implemented at **DAH Kollam**, where elderly patients receive Ayurvedic therapies aimed at improving mobility, reducing morbidity, and enhancing overall quality of life. The unit is supported by male and female therapists and a caretaker, ensuring continuous personal and therapeutic care.

Table 3.6.3: Geriatric Care Project Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	10.52L	2590
2	2023-24	7.89 L	1740
3	2024-25	7.14 L	2233

Source : District Data

3.6.4: Prasoothithantha Programme

The **Prasoothithantha Programme**, providing specialized Ayurvedic gynaecology and obstetric services, is implemented at **GAH Nedumpana** with one Medical Officer and one Attender. The programme caters to antenatal, postnatal, menstrual, menopausal, and reproductive health needs of women.

Table 3.6.4: Prasoothithantha Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	10.83 L	3808
2	2023-24	7.93 L	3218
3	2024-25	8.90 L	3023

Source : District Data

3.6.5. Kaumarabhrithya Programme

The **Kaumarabhrithya Programme**, offering comprehensive Ayurvedic paediatric care, is implemented at **GAH Paravoor** with one NAM Medical Officer and an attender. The programme addresses childhood illnesses, nutritional deficiencies, and developmental disorders.

Table 3.6.5: Kaumarabhrithya Annual Report (2022–2025)

Sl	Year	Expenditure	No. of patients
1	2022-23	11.76 L	4024
2	2023-24	6.45 L	3165
3	2024-25	2.25 L	2765

Source : District Data

3.6.6: Snehadhara Palliative Care Programme

The **Snehadhara Palliative Care Programme** is implemented at **Govt. Ayurveda Dispensary Thrikkadavoor**, providing home-based Ayurvedic nursing and supportive care for bedridden and terminally ill patients. The programme currently functions with a nurse and an attender.

Table 3.6.6: Snehadhara Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	5.16 L	810
2	2023-24	6.83 L	1253
3	2024-25	6.38 L	1468

Source : District Data

3.6.7 Sports Ayurveda Programme

The **Sports Ayurveda Programme** is operational at **DAH Kollam** under NAM, supported by one Medical Officer and one Therapist. The unit provides injury management, rehabilitation, and performance enhancement services for sports persons.

Table 3.6.7: Research Cell For Indian Systems of Sports Ayurveda Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	8.63L	3645
2	2023-24	7.14L	3512
3	2024-25	4.04L	2203

Source : District Data

3.6.8 Manasika Annual Report (2022-2025)

Table 3.6.8: Manasika Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	9.0 L	960
2	2023-24	5.8 L	1353
3	2024-25	4.4 L	1560

Source : District Data

3.6.9 Panchakarma Annual Report (2022-2025)

Table 3.6.9: Panchakarma Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	18.5 L	870
2	2023-24	10.9 L	1470
3	2024-25	7.8 L	1568

Source : District Data

3.7 District Panchayath Projects

3.7.1 Ayur Paliyum

The **Ayur Paliyam initiative in Kollam District** is a community-based healthcare model that integrates **Ayurvedic treatment with palliative care** for bedridden and chronically ill patients. Implemented through **Gram Panchayats** with support from the **District Panchayat and ISM Department**, the programme delivers Panchakarma and other Ayurvedic therapies through government dispensaries, along with home-based palliative and nursing care. By leveraging local governance and public health infrastructure, Ayur Paliyam ensures accessible, holistic, and affordable care, significantly improving the quality of life of patients with long-term and debilitating conditions. Palliative care project by District Panchayath. Provides palliative care in all panchayaths in Kollam Districts.

Table 3.7.1: Ayur Paliyum Annual Report (2022-2025)

Year	Expenditure	Beneficiaries
2022-23	4200000	6782
2023-24	8215175	8865
2024-25	1860843	13457
2025-26	12990566	10210 upto september

Source : District Data

3.8 Special Projects

In Kollam District, major special Ayurvedic projects implemented through Government and NHM institutions include Geriatric Care, Soothika Paricharanam (postnatal mother and child care), and NCD Prevention. Among these, NCD Prevention shows a consistent expansion with increasing expenditure, reflecting strengthened district-level focus on lifestyle and non-communicable disease management through Ayurveda. Geriatric Care remains the largest intervention, with sustained and rising financial support across multiple years, highlighting priority attention to elderly health. Soothika Paricharanam complements these efforts by addressing maternal and child health, demonstrating gradual scale-up and wider institutional coverage across the district.

3.9 Standardisation of Institutions

3.9.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. NABH standards are being adopted in ISM institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

In Kollam District, 13 Government Ayurveda institutions have successfully completed NABH accreditation, demonstrating compliance with national quality and patient safety standards.

Table 3.9.1 : List of Institutions which have received the NABH Accreditation

Sl. No	Facility Name	NABH Level	Status
1	Govt. Ayurveda Dispensary Thodiyoor	1st Phase	Achieved
2	Govt. Ayurveda Dispensary Thrikkadavoor	1st Phase	Achieved
3	Govt. Ayurveda Dispensary Yeroor	1st Phase	Achieved
4	Govt. Ayurveda Dispensary Eravipuram	1st Phase	Achieved
5	Govt. Ayurveda Dispensary Veliyam	1st Phase	Achieved
6	Govt. Ayurveda Dispensary Kummil	1st Phase	Achieved
7	Govt. Ayurveda Dispensary Kuzhikkalidavaka	1st Phase	Achieved
8	Govt. Ayurveda Dispensary Chavara	2nd Phase	Achieved
9	Govt. Ayurveda Dispensary Kannanalloor	2nd Phase	Achieved

10	Govt. Ayurveda Dispensary Kareepra	2nd Phase	Achieved
11	Govt. Ayurveda Dispensary Karunagappally	2nd Phase	Achieved
12	Govt. Ayurveda Dispensary Panayam	2nd Phase	Achieved
13	Govt. Ayurveda Dispensary Perinad	2nd Phase	Achieved

Source : District Data

3.9.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

In Kollam District, several Ayurvedic facilities have received recognition for excellence: DAH Kollam scored 94.61% and won 2nd prize (₹5 lakh), GAH Thalavoor scored 94.39% earning a commendation (₹1 lakh), while among dispensaries, Govt. Ayurveda Dispensary Kareepra achieved 97.08% and 1st prize (₹1 lakh). Govt. Ayurveda Dispensary Kuzhikkalidavaka (85.83%), Govt. Ayurveda Dispensary Kannanloor (82.5%), and Govt. Ayurveda Dispensary Chavara (80.42%) received commendations, highlighting high-quality performance across hospitals and dispensaries in the district.

Table 3.9.2 : List of Institutions which have received the Kayakalp award.

Sl. No	Facility Name	Category	Prize
1	District Ayurveda Hospital Kollam	Hospital	2nd - 5 Lakhs
2	Govt. Ayurveda Hospital Thalavoor	Hospital	Commendation- 1 Lakhs
3	Govt. Ayurveda Dispensary Kareepra	Dispensary	1st - 1 Lakhs
4	Govt. Ayurveda Dispensary Kuzhikkalidavaka	Dispensary	Commendation- Rs 30000
5	Govt. Ayurveda Dispensary Kannanalloor	Dispensary	Commendation- Rs 30000
6	Govt. Ayurveda Dispensary Chavara	Dispensary	Commendation- Rs 30001

Source : District Data

3.10 Ayushman Arogya Mandir-Ayush

Ayushman Arogya Mandir - Ayush (AAM-A) have been established to strengthen comprehensive primary healthcare delivery through the AYUSH systems of medicine, in alignment with national health priorities. With the assistance of the National AYUSH Mission (NAM), Kerala, existing Government Dispensaries institutions are being upgraded as AAM-A to provide promotive, preventive, and curative healthcare services. The district has 30 AAM-A. These centres focus on wellness-based interventions, lifestyle modification and Yoga adoption into the public health system. The initiative aims to enhance accessibility, quality, and continuity of AYUSH healthcare services at the community level, while ensuring standardised service delivery across the State.

List of Institutions upgraded as Ayushman Arogya Mandir - Ayush (AAM-A) are attached as Annexure 3.10.

3.11 Digital Health

3.11.1 NextGen e-Hospital – and ABDM activities

NextGen e-Hospital system is implemented by the Department of Indian Systems of Medicine (ISM), Government of Kerala, as part of the state’s digital governance and healthcare reform initiatives. Introduced to address long-standing challenges such as overcrowding, manual workflows, and patient waiting time in government AYUSH institutions, the system represents an upgraded, cloud-based Hospital Management Information System fully compliant with the Ayushman Bharat Digital Mission (ABDM).

The NextGen e-Hospital integrates key digital modules including OPD/IPD management, ABHA-based registration, Scan & Share self-registration, e-prescriptions, billing, laboratory and pharmacy services, inventory management, and real-time data capture. Its implementation has significantly improved service efficiency, transparency, coordination among departments, and accuracy of patient records, while reducing registration time from 40–50 minutes to approximately 5 minutes. As of the study period, 240 ISM institutions were operational on the platform, with others in advanced stages of onboarding, and several institutions recognised nationally as ABDM model facilities. The NextGen e-Hospital system has been implemented across multiple districts with varying degrees of coverage. Kollam has 68 institutions, with 15 functioning as e-Hospitals.



Figure 3.11.1: NextGen e-Hospital – and ABDM activities

3.12 Health Infrastructure Development

Health infrastructure development under the ISM Department, Kollam focuses on strengthening Ayurveda, Siddha, and Naturopathy institutions through building upgrades, improved OP/IP facilities, modernised treatment rooms, and enhanced patient amenities. These developments are supported by multiple funding sources, including NAM, LSGD, and MLA/MP LAD funds, enabling better-equipped centres and improved traditional healthcare delivery across the district.

3.12.1 Completed

During 2022–23 and 2023–24, Kollam District implemented key infrastructure development projects in Ayurvedic institutions using Panchayat, MLA, NAM, and LSGD funds. Major works included hospital renovation and yoga hall construction at Govt. Ayurveda Dispensary Chadayamangalam, a biogas plant at GAH Poruvazhy, pay ward construction at GAH Paravur, and a new OP block at Govt. Ayurveda Dispensary Oachira. All projects have been successfully completed and inaugurated, strengthening patient care facilities, sustainability initiatives, and service capacity across district Ayurveda hospitals and dispensaries.

Table 3.12.1 Completed constructions

Sl. No	Name of Facility	Type of work	Financial year	Name of project	Approved amount	Status
1	Govt. Ayurveda Dispensary Chadayamangalam	Hospital renovation Yoga hall construction	2022-23	Panchayath project- NAM fund	7,00,000	Inaugurated on 3/4/2025
2	GAH Poruvazhy	Biogas plant	2022-23	Panchayath project	532400	Inaugurated on 16/6/2025
3	GAH Paravur	Pay ward construction	2022-23	MLA fund	5085000	Inaugurated on 28/10/2025

4	Govt. Ayurveda Dispensary Oachira	OP block construction	2023-24	MLA fund, NAM fund, LSGD fund	5600000, 500000, 400000 = 6500000	Inaugurated on 31/5/2025
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Source : District Data

3.12.2 Ongoing

In Kollam District, new construction projects have been sanctioned at Govt. Ayurveda Dispensary Thamarakudi and Govt. Ayurveda Dispensary Vadakkevila to strengthen Ayurvedic service delivery. At Govt. Ayurveda Dispensary Thamarakudi, a new building has been approved during 2022-23 under the PLAN fund with an allocation of ₹1.50 crore, where foundation work is in progress. Meanwhile, a new construction project at Govt. Ayurveda Dispensary Vadakkevila, sanctioned in 2023-24 under the MLA fund with an approved amount of ₹1.31 crore, is yet to be started. These projects reflect continued investment in expanding and upgrading Ayurveda infrastructure in the district.

Table 3.12.2 Ongoing constructions

Sl. No	Name of facility	Type of work	Financial year	Name of Project (NAM/ LSGD/MLA/MP LAD etc)	Approved amount	Expenditure	Status
1	Govt. Ayurveda Dispensary Thamarakudi	New construction	2022-23	PLAN fund	15000000	-	Foundation work
2	Govt. Ayurveda Dispensary Vadakkevila	New construction	2023-24	MLA fund	13084000	-	Not started

Source : District Data

In **Kollam District**, key special projects under the ISM Department show steady growth and wide institutional coverage:

- **Geriatric Care** operates across multiple institutions (e.g., Govt. Ayurveda Dispensary Ittiva, Govt. Ayurveda Dispensary Kannanalloor, NHM Kulasekharapuram, GAH Ayoor, NHM Pooyappally, Govt. Ayurveda Dispensary Chavara) with expenditure increasing from **₹31.1 lakh in 2020-21** to **₹65.5 lakh in 2024-25**, highlighting the district's focus on elderly health.
- **Soothika Paricharanam (Postnatal Care)** for mothers and children is implemented in numerous dispensaries and hospitals (e.g., Govt. Ayurveda Dispensary Poothakkulam, DAH Kollam, GAH Thalavoor, Govt. Ayurveda Dispensary West Kallada), with expenditure rising from **₹5.8 lakh in 2020-21** to **₹22.15 lakh in 2024-25**, reflecting increased investment in maternal and child health.
- **NCD Prevention** covers several institutions (e.g., Govt. Ayurveda Dispensary Ittiva, Govt. Ayurveda Dispensary Kareepra, Govt. Ayurveda Dispensary Chavara, NHM Poothakkulam) with spending growing from **₹8 lakh in 2020-21** to a peak of **₹27.5 lakh in 2023-24**, showing a strong commitment to lifestyle and chronic disease management through Ayurveda.

3.12.3 LSGD Project

In Kollam District, the total annual expenditure for medicine procurement across ISM institutions has shown an overall increasing trend from ₹1.93 crore in 2020-21 to ₹2.52 crore in 2024-25, reflecting growing demand and expanding services. This steady investment ensures continuity of Ayurvedic treatment across geriatric care, postnatal care, NCD prevention, and other special projects in the district.

Table 3.12.3 Expenditure details of LSGD projects

Financial Year	Expenditure (Total Fund for Medicine Purchase in INR)
2020-2021	₹19,269,789
2021-2022	₹19,058,495
2022-2023	₹21,833,005

2023-2024	₹23,830,780
2024-2025	₹25,188,255
2025-2026	₹5,160,000

Source : District Data

3.13 Financial Expenditure

The financial performance of the ISM Department over the last two financial years reflects prudent fund management and effective utilisation of released resources. During **2023-24**, an allocation of **₹158.41 lakh** was provided, against which **₹93.66 lakh** was released and **fully utilised**, demonstrating optimal absorption of available funds and strong implementation capacity. In **2024-25**, the department received an allocation of **₹140.06 lakh**, with **₹86.19 lakh** released and **₹78.68 lakh** expended. While the release was substantial, a minor portion of funds remained unutilised, indicating scope for further acceleration of programme execution. Overall, the trend shows consistent financial commitment and responsible expenditure management, supporting the continued strengthening of ISM healthcare services and infrastructure development across the district.

Table 3.13 Expenditure details of plan projects

Year	Allocated amount (in Lakhs)	Released Amount (in Lakhs)	Expenditure
23-24	158.41034	93.65535	93.65535
24-25	140.05666	86.18598	78.68412

Source : Plan Space 2.0

3.14 Other Activities

3.14.1. Ayurveda Day

In connection with Ayurveda Day 2025 observed under the theme “Ayurveda for People & Planet”, a series of activities were organized across Ayurveda institutions in Kollam District starting from 21th September 2025 TO 14th October 2025. A total of 43 camps were

conducted under the initiative, benefiting 3556 individuals. The institutions that took part included Government Ayurveda Hospitals (GAH), Government Ayurveda Dispensaries (Govt. Ayurveda Dispensary), and NHM APHCs, among others. In addition to camps, training sessions were organized for field-level health workers such as MLSPs, ASHAs, and ICDS functionaries.

The total participation in these training programmes was as follows:

- MLSP participants: 185
- ASHA participants: 655
- ICDS participants: 433
- Other beneficiaries: 6899

Apart from camps and training programmes, several other activities were conducted across institutions as part of the Ayurveda Day celebration. These included:

- Awareness classes for school and college students
- Distribution of herbal plants to promote home herbal gardens
- Debate and seminar sessions on Ayurveda and wellness themes in educational institutions
- Drawing competitions for students
- Food festivals highlighting Ayurvedic dietary principles
- Yoga training sessions
- Ayurveda quiz competitions



Figure.3.14.1: Ayurveda day celebrations.

3.14.2.Pakarchavyadhi Camp

Pakarchavyadhi camps are conducted on a monthly basis in all ISM institutions to ensure regular screening, awareness, and preventive health services for the public. Annually, a total of 380 camps are conducting in the district with 30000 beneficiaries.

3.14.3.Bharanabhasha Varacharana

In connection with the *Bharanabhasha Varacharanam*, a series of activities and competitions were conducted starting from November 1, including *Padyaparayanam*, short story writing, and other literary events. As part of the programme, renowned story writer and screenwriter Unni A. was invited as the chief guest on November 13. In the valedictory function, prizes for the various competitions were distributed, marking the successful conclusion of the event.



Figure 3.14.3: Bharanabhasha Varacharana activities

3.14.4 Oachira – Medical Camp

12 days free Medical and health awareness camp was organised by ISM department as an integral part of the annual *Pandrandu Vilakk Mahotsavam* at Oachira Parabrahma Temple Premises from 17th November to 28th November 2025. The camp met a highly participatory of 2474 beneficiaries.



Figure 3.14.5: Oachira Medical Camp

3.14.5 Kaloltsavam – Medical Camp

ISM department organised 4 days medical camp as part of Sub-district School Kaloltsavam held at different schools in Kollam District in the month of November 2024.



Figure 3.14.5: Kaloltsavam – Medical Camp

3.15 Conclusion

The district profile of the Department of Indian Systems of Medicine (ISM), Kollam, presents a comprehensive, resilient, and community-oriented public healthcare system deeply rooted in Kerala's traditional medical heritage. With a wide network of **9 hospitals, 59 dispensaries, 21 NHM-supported institutions, and 30 Ayushman Arogya Mandirs**, the district has ensured extensive coverage of Ayurvedic, Siddha, and Naturopathy services across both urban and rural areas, thereby strengthening access to affordable and culturally acceptable healthcare for all sections of society.

The district's **robust administrative and human resource framework**, comprising dedicated medical officers, paramedical professionals, administrative personnel, and essential support staff, enables effective implementation of preventive, promotive, and curative services. High staffing levels and minimal vacancies demonstrate efficient workforce management, supporting the smooth functioning of healthcare institutions and specialised programmes.

Beneficiary data from hospitals, dispensaries, and APHCs reflect **consistently high utilisation of ISM services**, confirming growing public trust in traditional medicine for the management of chronic diseases, lifestyle disorders, geriatric conditions, maternal and child health, palliative care, and rehabilitation. The successful execution of major district and national-level programmes such as **Jeevani, Drishti, Geriatric Care, Prasoothithantha,**

Koumarabhrithyam, Snehadhara, Sports Ayurveda, and district-led initiatives like **Ayur Paliyam**, underscores the district's commitment to comprehensive, patient-centred healthcare delivery.

Quality assurance and institutional excellence are strongly reinforced through **NABH accreditation, Kayakalp awards**, and the systematic upgrading of facilities into **Ayushman Arogya Mandirs**, significantly enhancing service standards, patient safety, hygiene, and institutional governance. The district's leadership in these initiatives reflects a culture of continuous improvement and accountability within the ISM sector.

Strategic investments in **health infrastructure development**, supported by NAM, LSGD, PLAN, and MLA funds, have strengthened physical facilities, treatment capacity, and patient amenities, while ongoing projects indicate sustained commitment to future readiness. The steady increase in medicine procurement expenditure further ensures uninterrupted availability of essential Ayurvedic medicines, reinforcing service reliability and public confidence.

The integration of **NextGen e-Hospital and ABDM digital platforms** marks a major transformation in service delivery, improving operational efficiency, reducing patient waiting time, and strengthening health information systems, positioning Kollam as a forward-looking district in digital AYUSH healthcare governance.

Overall, the ISM framework in Kollam District stands as a **model of integrated traditional healthcare delivery**, effectively combining ancient medical wisdom with modern governance, quality assurance, digital innovation, and community participation. The district's approach offers a replicable and sustainable pathway for strengthening public health systems while preserving Kerala's rich heritage of Indian Systems of Medicine.

Chapter 4

DEPARTMENT OF HOMOEOPATHY FACILITIES & SERVICES

DEPARTMENT OF HOMOEOPATHY FACILITIES & SERVICES

4.1 Introduction

Kollam District has a long-standing and well-established health-seeking culture, reflected in the early development of public healthcare institutions, which began functioning during the reign of Maharaja Sreemoolam Thirunal. This legacy has fostered sustained public acceptance of diverse systems of medicine, including Homoeopathy, as an integral component of healthcare delivery in the district.

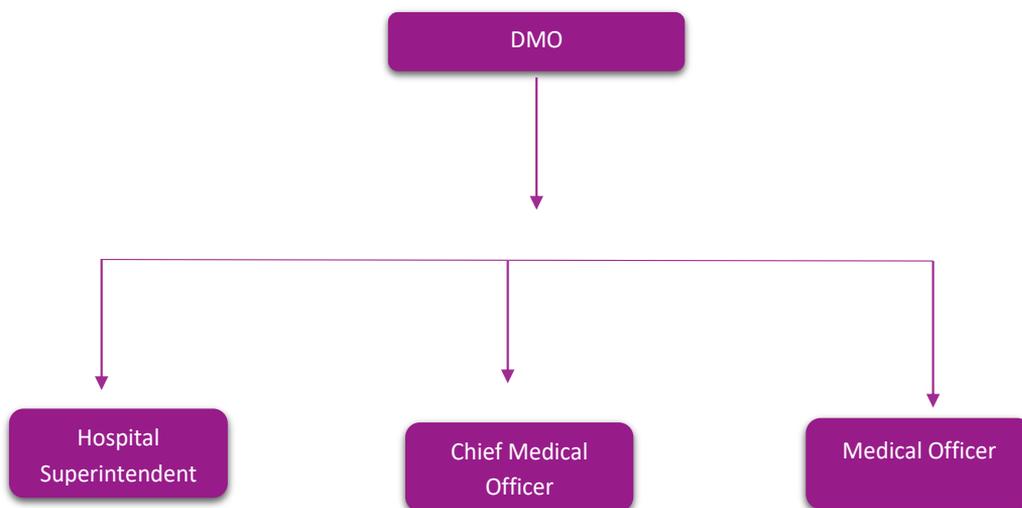
The district's unique geographical features—comprising a long coastal belt, extensive inland water bodies, and hilly regions—contribute to varied environmental and occupational health exposures. These geographical and climatic conditions increase the prevalence of diverse health issues such as respiratory ailments, skin disorders, allergic conditions, lifestyle diseases, and region-specific communicable health problems. Homoeopathy, with its holistic and preventive approach, plays a significant role in addressing these diverse health needs through individualised treatment, disease prevention, and community-oriented health programmes. The Homoeopathy Department in Kollam District continues to strengthen service delivery by aligning clinical care with the district's unique health profile, thereby contributing effectively to comprehensive and sustainable public health care

4.2 Administration

The administration of the Homoeopathy Department in Kollam District is entrusted with the overall management and smooth functioning of all homoeopathic institutions under the department, including hospitals, dispensaries, and specialised centres. The administrative system emphasises coordinated healthcare delivery, supervision of medical and non-medical personnel, timely procurement and distribution of essential medicines, and upkeep of infrastructure and equipment. Continuous oversight of service performance, execution of government policies and programmes, and compliance with prescribed quality and safety

norms are integral to district administration. Regular inspections, performance reviews, and corrective interventions are undertaken to strengthen patient care, improve institutional efficiency, and enhance public access. Through these sustained administrative measures, the department seeks to improve homoeopathic healthcare services across Kollam District.

4.2.1 District Administration of the Department



4.2.2 District Medical Office Profile

Table No: 4.2.2: District Medical office Profile

Post	Office Address	Office Number	Mail id
District Medical officer	District Medical Office (Homoeo) 1st Floor Dist. Homoeo Hospital Thevally. P.O Kollam Pin - 691009	0474-2797220 Mob: 9072615302	dmohomoeoklm@kerala.gov.in

Source : District Data

4.2.3 Structure of DMO office

Table No: 4.2.3: Structure of DMO office

Sl no	Post	Number
1	District Medical officer	1
2	Senior Superintendent	1
3	Clerk	2
4	Typist	1
5	Office Attendant	1
6	Part Time Sweeper	1

Source : District Data

4.3 Infrastructure Profile of the District

In Kollam District, the Department of Homoeopathy operates a total of 87 government health institutions, forming a strong and accessible homoeopathic healthcare network. The district has 3 Government Homoeopathy Hospitals with sanctioned bed strength of 75, providing inpatient and outpatient services. Additionally, 26 Government Homoeopathy Dispensaries offer primary homoeopathic care across various urban and rural areas. The service delivery is further strengthened by 22 Ayushman Arogya Mandirs, 33 Ayush primary health Care Centres and 3 SCP Dispensaries, which focus on improving healthcare access for underserved and vulnerable populations.

SCPHCH – Special Component Plan Health Centres (Homoeopathy) are formulated to provide accessible and affordable healthcare services to marginalized communities residing in Scheduled Caste colonies. These centres function through Homoeopathy dispensaries established specifically to address the healthcare needs of vulnerable population groups. The programme is implemented with financial support from the Scheduled Caste Development Department, ensuring sustained service delivery, improved healthcare access, and targeted

interventions for the socio-economically disadvantaged sections of society. At present, three SCPHC Homoeopathy dispensaries are functioning in the district, contributing significantly to improve healthcare outreach among Scheduled Caste communities. This distribution highlights the department's focus on ensuring accessible homoeopathic healthcare services, particularly in rural regions.

Through this extensive institutional network, the Homoeopathy Department ensures comprehensive, equitable, and community-oriented healthcare services throughout Kollam District.

Out of these, 8 institutions are NABH-accredited and 14 have been upgraded to Government Model Homoeopathy Dispensaries. Digital transformation has been achieved in 51 institutions through AHiMS 2.0.

4.3.1 Details of Facilities

The district has a total of 87 homoeopathic health facilities functioning under the department. This includes one District Homoeopathic Hospital and two other Homoeopathic Hospitals, which provide secondary and referral services. Primary healthcare is delivered through 26 Government Homoeo Dispensaries, 22 Ayushman Arogya Mandirs, 33 AYUSH Primary Health Centres, and 3 SCP Dispensaries, ensuring wide coverage and easy accessibility of homoeopathic services across the district.

Table No: 4.3.1: Details of Homoeopathic health facilities

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Govt. Homoeopathy Hospital	2
3	Govt. Homoeo Dispensary	26
4	Ayushman Arogya Mandir (AYUSH)	22
5	Ayush Primary Health Centre	33

6	SCP	3
	Total	87

Source : District Data

Details of Homoeopathic facilities are attached as Annexure 4.3.1

4.3.2 Health Facilities in Urban and Rural Areas

Out of the 87 homoeopathic health facilities functioning in the district, 11 are located in urban areas and 76 in rural areas, indicating strong rural outreach. The District Homoeopathic Hospital and other 2 Hospitals are situated in urban areas. Among primary-level institutions (Government Homoeo Dispensaries and Ayushman Arogya Mandirs) 8 are situated in urban areas, 73 are situated in rural areas. 32 of the 33 AYUSH Primary Health Centres are located in rural areas.

Table No: 4.3.2: Health Facilities in Urban and Rural Areas

Sl no	Type of Health Institution /Facility	Total no: in the district	Urban	Rural
1	District Hospital	1	1	
2	Other Hospitals	2	2	
3	Govt. Homoeo Dispensary including Ayushman Arogya Mandir	48	7	41
4	Ayush Primary Health Centre	33	1	32
5	Special Component Plan - Dispensary	3	0	3
	Total	87	11	76

Source : District Data

4.3.3 Hospital Details based on Bed Strength

A total of government hospitals with an overall bed strength of 75 beds. This includes three 25-bedded hospitals.

Table No: 4.3.3: Hospital Details based on Bed Strength

Sl no	Hospitals based on bed strength	Hospital number	Bed strength
1	Govt. Hospital (25 Bedded)	3	75
	Total No. Of Beds/ Hospitals	3	75

Source : District Data

4.4 Human Resource Profile of the District

The Department of Homoeopathy in Kollam District is supported by a well-structured human resource framework comprising medical, paramedical, administrative, and Class IV staff across Government Homoeopathy institutions, ensuring effective delivery of healthcare services. The majority of sanctioned medical and paramedical posts in Government institutions, including Hospital Superintendents, Chief Medical Officers, Medical Officers and supporting staff, are fully maintained, enabling uninterrupted clinical services. Additional human resources with support from the National AYUSH Mission (NAM) through contractual appointments and programme-based staffing support are being utilized for effective health care service delivery through the hospitals. Though key operational posts such as pharmacists, nursing staff, and support personnel are largely in position, a limited number of vacancies persist in selected categories, particularly in nursing and Class IV cadres. Overall, the existing human resource availability are optimally utilized to provide a strong foundation for service delivery, with continued efforts underway to address remaining gaps and strengthen institutional efficiency and patient care.

AYUSH Primary Health Centres (APHCs) function with a single Medical Officer deployed by the National Health Mission (NHM) on a contract basis, with supporting staff provided by the respective Local Self Government Institutions (LSGIs).

4.4.1 Availability of Medical Professionals

A total of 58 medical professional posts has been sanctioned in the district, and 57 posts are filled, resulting in zero vacancies. This includes administrative, supervisory, and clinical positions such as District Medical Officer, Hospital Superintendents, Chief Medical Officers, Medical Officers, and Resident Medical Officers.

Service of Medical Officers under NHM and NAM are also being utilized for the health care delivery in the district.

Table No: 4.4.1: Details of Medical Professionals under the DH /NAM/NHM in the District

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the DH				
1	Administrative (District Medical officer)	1	1	0
2	Hospital Superintendent	3	3	0
3	Chief Medical officer	14	14	0
4	Medical officer	37	36	1
5	Resident Medical officer	3	3	0
	Total	58	57	1
Medical Officers Under NAM/ NHM				
1	Medical officer (NHM)	35	35	0
2	Medical officer (NAM)	22	22	0
	Total	57	57	0
	Grand Total	115	114	1

Source : District Data

4.4.2 Number and Distribution of Health Care Professionals

The district demonstrates **strong manpower coverage across core service areas**, though **strategic recruitment is required in nursing, pharmacy and certain support roles** to further strengthen service delivery and operational efficiency.

Table 4.4.2.1- Details of Paramedical posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Nurse	8	4	4
2.	Nursing Assistant	5	5	0
3.	Pharmacist	46	43	3
4.	Lab Attender	1	1	0
5.	Laboratory Technician	1	1	0
6.	Dispenser	5	4	1
7.	Attender	38	38	0

Source : District Data

Table 4.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Senior Superintendent	1	0	1
2	Clerk	5	5	0
3	Office Attendant	6	6	0
4	Typist	1	1	0

Source : District Data

Table 4.4.2.3- Details of other posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Cleaner	3	2	1
2	Cook	3	1	2
3	Sweeper Cum Peon	5	5	0
Other Supporting Staff				
1	Part Time Sweeper	30	19	11

Source : District Data

4.5 Beneficiary Details

The following tables present the beneficiary coverage of Homoeopathy health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

4.5.1 Hospital

Kollam District Homoeo Hospital reports an average monthly OPD of 4200 and an IPD of 27 with a total bed strength of 25, while Karunagapally Government Homoeo Hospital records an average OPD of 2580 and IPD of 26 with 25 beds. Punalur Government Homoeo Hospital has the highest OPD at 4650 and an IPD of 32 also supported by 25 beds.

Details of Beneficiary details in Hospitals are attached as Annexure 4.5.1

4.5.2 Dispensaries

The average monthly OPD data of 48 Government Homoeo Dispensaries in Kollam district reveals a strong service utilisation pattern, with most institutions recording OPD figures between 600 and 1,200 patients per month, indicating consistent community dependence on homoeopathic care. High-performing dispensaries such as Paravoor (3,471), Poothakkulam (1,559), Edamulakkal (1,363), Kunnathur (1,328), Oachira (1,310), and Mayyanad (1,267) demonstrate significantly higher patient loads, reflecting their wider catchment areas, accessibility, and service effectiveness. Overall, the data highlights a well-functioning homoeopathic institutional network that plays a crucial role in primary healthcare delivery, reduces patient burden on secondary facilities, and reinforces the relevance and acceptance of homoeopathy in Kollam district.

Details of Beneficiary in Govt Homoeo Dispensaries are attached as annexure 4.5.2**4.5.3 AYUSH PRIMARY HEALTH CENTRE dispensaries & SCP dispensaries**

The average monthly OPD performance of AYUSH Primary Health Centres and SCPHHCs in Kollam district reflects a strong and consistent utilization of AYUSH services at the primary healthcare level, with most APHCs reporting OPD figures in the range of 1,100–1,450 patients per month, indicating sustained community trust and accessibility. High-performing centres such as Anchal (1,638), Clappana (1,468), Kundara (1,458), Sooranad North (1,436), Neendakara (1,407), and Kadakkal (1,420) demonstrate particularly heavy patient loads, highlighting their importance as key service delivery points. Overall, the data signifies a well-integrated and effectively functioning AYUSH primary care network that substantially contributes to strengthening grassroots healthcare delivery and reducing pressure on higher-level institutions in the district.

Details of Beneficiary in Ayush Primary Health Centre dispensaries & SCP dispensaries are attached as annexure 4.5.3**4.6 Public Health Programmes**

The Department of Homoeopathy conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

4.6.1 Gender Based Projects- Women - Seethalayam

Seethalayam is the first gender-based project of the Department of Homeopathy. Launched in 2010, the project aims to ensure the mental, physical, and emotional health of women especially domestic violence victims and suggest solutions for the difficulties they face. A unique feature of this project is that all staff members are women. It provides homeopathic treatment along with individual and family counseling.

Since its inception, Seethalayam has gained immense popularity through its unique operational style, awareness classes, and medical camps. It offers treatment for women facing marital issues, workplace problems, domestic violence, sexual exploitation, anxiety, suicidal tendencies, and depression. Services are also extended to other family members. The project collaborates with the Social Justice Department, Women's Cell, Women's Commission. Monthly visits are conducted to women's prisons and destitute

homes.

Objectives:

- To ensure the mental, physical, and emotional security of women.
- To provide knowledge regarding women’s rights and laws.
- To facilitate rehabilitation for the destitute and the neglected.

Table 4.6.1: Beneficiary details of Seethalayam project

	Op			Counselling		
	New	Old	Total	New	Old	Total
2023-24	507	2019	2526	478	232	710
2024-25	253	1655	1908	102	89	191

Source : District Data

4.6.2 Punarjani

Punarjani is a de-addiction treatment clinic that has been functioning since 2012 as a sub-clinic of the Seethalayam project. It was established after observing that many women seeking help at Seethalayam were suffering from domestic violence and mental stress caused by substance abuse (alcohol and drugs) among the men in their families. The project provides homoeopathic treatment and counselling for patients addicted to alcohol, drugs and smoking.

Objectives:

- To treat patients with addiction.
- To conduct awareness classes for adolescents and youth regarding health issues and social crises caused by substance abuse.
- To utilize a treatment method that minimizes withdrawal symptoms
- To extend counseling to other family members of patient

Table 4.6.2: Beneficiary details of Punarjani project

Year	New	Old	Total
2023-24	116	272	388
2024-25	83	171	254

Source : District Data

4.6.3 Janani

The **Janani** project by the Department of Homoeopathy offers hope in the field of infertility treatment with simple, side-effect-free medicines. The project effectively treats both male and female infertility, including conditions like PCOD, menstrual disorders, Fallopian tube blocks, hypothyroidism, uterine fibroids, and low sperm count/motility. Diagnostic tools like ultrasound and follicular studies are also being utilised.

Table 4.6.3: Beneficiary details of Janani project

	New Case	Old Case	Cumulative Pregnancy	Cumulative Child Birth
2023-24	209	1607	392	275
2024-25	170	1217	416	293

Source : District Data

4.6.4 Sadgamaya

Sadgamaya is the child and adolescent-centric project of the Department of Homoeopathy. It aims at attaining overall wellness encompassing physical, mental, emotional, and social aspects, with specific attention to issues related to behavioural, cognitive, or educational challenges. In district hospital Kollam Sadgamaya Clinic started functioning in the year 2012.

Objectives

- Identify behavioural, scholastic, psychological and physical problems of children and adolescents.

- Impart awareness for parents, children, teachers and the general public on learning disabilities and behavioural problems.
- Provide homoeopathy treatment for behavioural and learning disabilities.
- Service of special education teachers is available in each unit, who train the patients in special learning methodologies.
- Provide behavioural management, treatment and counselling for children and adolescents.

Beneficiaries

- Neurodevelopmental & Behavioural Disorders
 - Autism Spectrum Disorders
 - Attention Deficit Hyperactivity Disorder (ADHD)
 - Learning Problems and Learning Disabilities (e.g., dyslexia, slow learning)
 - Developmental Delays
 - Behavioral disorders (e.g., oppositional, conduct issues)
 - Impulsive and conduct-related behaviours
- Cognitive, Emotional & Psychiatric Issues
 - Depressive disorders / Persistent Depressive Disorder
 - Anxiety, fears and emotional dysregulation
 - Obsessive-Compulsive Disorder (OCD)
 - Speech and language disorders
 - Scholastic backwardness / difficulties in reading, writing, calculation
- Other Challenges Addressed
 - Social withdrawal and lack of concentration
 - Substance abuse and addictive behaviours (including gadget addiction)
 - Sexual abuse and related emotional trauma
 - Behavioural issues like kleptomania
 - Mental stress and maladaptive coping behaviours
 - Mild to moderate intellectual challenges
 - Social media addiction and game addictions

Table 4.6.4: Beneficiary details of Sadgamaya project

	New	Old	Total
2023-24	123	1546	1669
2024-25	797	2697	3494

Source : District Data

4.6.5 Ayushmanbhava

The Ayushman Bhava project was launched in 2012. Non-communicable diseases (NCDs)/ lifestyle diseases are becoming a major health concern in society, and the World Health Organization has issued warnings to all nations regarding this issue. In response, various committees established by the government have decided to utilize the potential of all medical systems to address the social breakdown caused by NCDs, across the country and particularly in Kerala.

Objectives

- Providing treatment for NCDs through homoeopathy and consultation of naturopathy for healthy life style through dietary regulations along with yoga practice.
- To offer treatment for complications arising from lifestyle diseases and to empower individuals to overcome disabilities caused by these complications.
- Creating awareness among the population in preventive and promotive health care.
- Making treatment affordable and accessible to the public.

Table 4.6.5: beneficiary details of Ayushmanbhava project

Year	New Cases	Old Cases	Grand Total
2023-24	429	2976	3834
2024-25	749	4864	5613

Source : District Data

4.6.6 Geriatric Care

The Geriatric Speciality unit in the Department of Homoeopathy aims to provide holistic healthcare solutions for the elderly population. With increasing life expectancy, the demand for specialized geriatric care has grown substantially.

Homoeopathy offers a gentle, non-invasive, and effective health care system to address multifaceted health concerns of older adults, enhancing their quality of life.

Objectives

- To provide comprehensive healthcare to the elderly population through Homoeopathy.
- To promote healthy ageing by addressing chronic and age-related conditions.
- To offer preventive care and improve the overall well-being of elderly.
- To create awareness regarding lifestyle modifications for the elderly.
- To enhance Geriatric Care with Physiotherapy services.
- To provide palliative care and support for age-related degenerative diseases

Table 4.6.6: beneficiary details of Geriatric project

Year	New Cases	Old Cases	Grand Total
2023-24	88	789	877
2024-25	143	911	1054

Source : District Data

4.6.7 Palliative Care

Introduction

The global demand for palliative care is rising due to the increasing number of patients with chronic and terminal illnesses. In India, approximately 2% of patients fall within the scope of palliative care. Kerala was the first state in India to implement a 'Pain and Palliative Policy' in 2008. Following this initiative, the Kerala State Department of Homoeopathy launched the Pain & Palliative Project in 2016-2017, based on various government directives and circulars.

Need for Palliative Care

The rising burden of chronic, incurable conditions such as cancer, degenerative disorders, and geriatric illnesses underscores the need for comprehensive palliative care services. The Palliative Project of Department of Homoeopathy is designed to alleviate suffering among patients and their families by addressing physical, mental and psychosocial challenges while enhancing overall quality of life. The program emphasizes the delivery of effective, side effect free and cost - efficient health care through Homoeopathy, with a focus on relief from pain and other distressing physical symptoms associated with chronic diseases. Integrated efforts with volunteer organizations and allied departments support community awareness initiatives and coordinated geriatric - palliative care services. The project provides home visits, as well as medical and nursing care for bedridden patients.

Implementation Approach

Implementation operates at two levels:

Primary Palliative Care through home visits delivered by primary palliative care centres functioning in Dispensaries/ Ayush Primary Health Centres

Secondary Palliative Care through weekly Palliative Outpatient services , Inpatient Care and home visits delivered by secondary centres in district hospita

Table 4.6.7: Beneficiary details of Palliative care project

Year	OP- New	OP Follo w up	IP	No Of Home care visits- Primary	No Of Home care patients- Primary	No Of Home care visits- Secondary	No Of Home care patients- Secondary
2023-24	145	856	11 6	722	4986	63	1015
2024-25	290	1317	20 4	816	5541	121	1556

Source : District Data

4.6.8 Projects and Institutions

Table 4.6.8: Table of details of Plan Projects

Sl. No.	Name of the Programme	Institution Where Implemented	Days of Operation
1	Punarjani	Government Homoeopathy Hospital, Karunagappally	OPD – one day per week; IPD functioning on all Thursdays
2	Janani Clinic (OP 1 & 2)	District Homoeopathy Hospital, Kollam	Monday to Saturday
3	Seethalayam	District Homoeopathy Hospital, Kollam	Monday to Saturday
4	Ayushman Bhava Clinic	District Homoeopathy Hospital, Kollam	Monday to Saturday
5	Geriatric Clinic	District Homoeopathy Hospital, Kollam	Monday, Wednesday & Friday
6	Pain & Palliative Care	District Homoeopathy Hospital, Kollam	Thursday
7	Sadgamaya	District Homoeopathy Hospital, Kollam	Monday to Saturday
8	Punarjani	District Homoeopathy Hospital, Kollam	Friday

Source : District Data

4.6.9 District-Specific Initiatives

Table 4.6.9: District specific initiative

Sl. No.	Name of the Programme	Institution Where Implemented	Days of Operation
1	Thyroid Clinic	Government Homoeopathy Hospital, Karunagappally	OPD – one day per week; every Wednesday

Source : District Data

4.6.10 Local Body Specific Initiatives

Through the Local Self Government Institutions (LSGIs), the Department of Homoeopathy has initiated various projects to address specific local public health issues within their respective jurisdictions. Under these initiatives, Homoeopathy institutions functioning under local bodies implement targeted health programmes using LSG plan funds, in addition to their regular clinical services. These locally designed interventions focus on area-specific health needs and emerging public health concerns. Such additional services play a vital role in strengthening community-based healthcare delivery and are essential for effectively meeting the healthcare requirements of the local population.

Table 4.6.10: Table of details of LSGD projects

Sl. No.	Name of the Programme	Institution Where Implemented	Days of Operation	Funded By
1	Arike	Government Homoeopathy Hospital, Punalur	—	Punalur Municipality
2	Thyroid Disease Research Centre	District Homoeopathy Hospital, Kollam	Monday to Friday	Kollam District Panchayat

3	Pain & Palliative Care	District Homoeopathy Hospital, Kollam	Monday, Thursday	Kollam District Panchayat
4	Rheumatology Clinic	District Homoeopathy Hospital, Kollam	Tuesday, Thursday	Kollam District Panchayat
5	Navjeevanam Clinic	District Homoeopathy Hospital, Kollam	Wednesday	Kollam District Panchayat
6	Renal Disease Clinic	District Homoeopathy Hospital, Kollam	Tuesday	Kollam District Panchayat
7	Swasthyam	District Homoeopathy Hospital, Kollam	Saturday	Kollam District Panchayat

Source : District Data

4.7 Standardisation of Institutions

4.7.1 NABH - Entry-level certification

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Kollam District, NABH standards are being adopted in homoeopathy institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

Table 4.7.1: Table of NABH entry-level accredited institutions

Sl no	Name of Institution	NABH level
1	Govt Homoeo Dispensary Kalluvathukkal	Entry Level
2	Govt Homoeo Dispensary Polayathode	Entry Level
3	Govt Homoeo Dispensary Adichanalloor	Entry Level
4	Govt Homoeo Dispensary Kottarakkara	Entry Level
5	Govt Homoeo Dispensary Kunnathoor	Entry Level
6	Govt Homoeo Dispensary Sasthamkotta	Entry Level
7	Govt Homoeo Dispensary Kandalloor	Entry Level
8	Govt Homoeo Dispensary Gad Chadayamangalam	Entry Level

Source : District Data

4.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

Table 4.7.2: List of Institutions which have received the Kayakalp award

Sl.No	District	Facility Name	Department	Category	Score	Status
1	Kollam	GHD Kunnathur	Homoeopathy	AHWC	91.67%	1st Prize
2	Kollam	GHD Thrikkovilvattom	Homoeopathy	AHWC	90.83%	Commendation
3	Kollam	GHD Kottarakkara	Homoeopathy	AHWC	89.58%	Commendation
4	Kollam	GHD Polayathode	Homoeopathy	AHWC	89.58%	Commendation

Source : District Data

4.7.3 KASH

Kerala Accreditation Standards for Healthcare (AYUSH) is a state-level quality accreditation programme launched by the Government of Kerala to improve and standardise the quality of healthcare services in public health facilities, including those under the AYUSH umbrella (Ayurveda, Homoeopathy, Siddha, Unani, Yoga & Naturopathy). The standards are developed based on national benchmarks such as NABH and Indian Public Health Standards (IPHS), adjusted for the state's healthcare system.

Table 4.7.3: List of Institutions which are KASH-accredited

Sl no	Name of Institution
1	Govt Homoeo Dispensary Kalluvathikal

4.7.4 Model Dispensary

Model dispensaries serve as an effective mechanism for standardizing healthcare service delivery across homoeopathy institutions. Dispensaries with a consistently high volume of Outpatient (OP) attendance are identified and selected for upgradation as Model Dispensaries, ensuring optimal utilization of resources and maximum public benefit. The upgradation is implemented in a phased manner, focusing on improvements in infrastructure, manpower support, service delivery systems, and patient amenities. This initiative is supported through consistent financial assistance from the Plan budget, enabling sustained quality enhancement and uniform service standards across selected institutions.

Table 4.7.3: List of institutions upgraded as model dispensary

SI No	Name of Institution
1	Govt Homoeo Dispensary Pathanapuram
2	Govt Homoeo Dispensary Iravipuram
3	Govt Homoeo Dispensary Aadhichannalloor
4	Govt Homoeo Dispensary Kunnathoor
5	Govt Homoeo Dispensary Chadayamangalam
6	Govt Homoeo Dispensary Shasthamkotta
7	Govt Homoeo Dispensary Ilamaad
8	Govt Homoeo Dispensary Chathanoor
9	Govt Homoeo Dispensary Ittiva
10	Govt Homoeo Dispensary Thodiyoor
11	Govt Homoeo Dispensary Panmana
12	Govt Homoeo Dispensary Edamulakkal
13	Govt Homoeo Dispensary Kulakkada
14	Govt Homoeo Dispensary Chandanathoppe.

Source : District Data

4.7.5 ISO 9001 certification

ISO certification in healthcare involves adhering to internationally recognized standards to ensure quality, safety, and efficiency across the industry—from hospitals and clinics to

medical device manufacturers. The certificate demonstrates a commitment to best practices and continual improvement. Notably, the Kunnathur Govt Homoeo Dispensary, KOLLAM were awarded the ISO 9001 certification in 2024.

4.8 Ayushman Arogya Mandir (AYUSH)

Ayushman Arogya Mandir (AYUSH) represents a people-centred initiative aimed at strengthening accessible, affordable, and holistic primary healthcare services across the community. These centres integrate the principles and therapeutic strengths of Ayurveda, Yoga & Naturopathy, Unani, Siddha, Sowa-Rigpa, and Homoeopathy to promote wellness, disease prevention, and comprehensive care.

Functioning as the first point of contact for individuals and families, Ayushman Arogya Mandirs provide outpatient care, health promotion, lifestyle counselling, management of common ailments, and support for chronic disease management through AYUSH systems. The focus remains on preventive and promotive healthcare, encouraging healthy living practices and early intervention to reduce the burden of disease.

By combining traditional knowledge with organized public health delivery, Ayushman Arogya Mandir (AYUSH) contributes significantly to the national vision of Universal Health Coverage. These centres play a key role in extending quality AYUSH healthcare to rural and urban populations alike, ensuring continuity of care while preserving India's rich heritage of holistic healing. 22 Govt Homoeopathy Dispensaries have been upgraded as Ayushman Arogya Mandir (AYUSH).

List of Institutions upgraded as Ayushman Arogya Mandir (AYUSH) are attached as Annexure 4.8

4.9 Temporary Homoeo Dispensaries

Temporary Homoeo Dispensaries are established during major festival seasons. These units operate at Oachira Vilakku Mahotsavam at Oachira & Kattil Mekkathil Kshetram Mahotsavam at Chavara

4.10 Digital Health

4.10.1 AHiMS - AYUSH Health Information Management System

The Ayush Homoeopathy Information Management System (AHiMS) is the official Information Management System implemented by the Department of Homoeopathy to digitize and streamline the clinical, administrative, and institutional functions of Homoeopathy healthcare facilities across the State.

AHiMS Version 1 (AHiMS 2.0) was introduced in 2019 as the foundational digital platform. This version primarily focused on the collection and consolidation of numerical and institutional data related to core operations such as OP/IP statistics, asset management, medicine indenting, Plan and Non-Plan fund management, basic reporting, and institutional profile data. AHiMS 1.0 established a standardized digital workflow across Homoeopathy institutions and enabled centralized data availability for effective monitoring, reporting, and policy-level decision-making. The software received Second Prize in the eHealth – e Medicine category of the State e-Governance Awards for the years 2019–20 and 2020–21, recognizing its contribution to digital health governance.

AHiMS Version 2 (AHiMS 2.0), launched in 2023, represents a significantly enhanced and expanded phase of the system. In addition to strengthening the unique Homoeopathy Hospital Management System—the only such digital solution in the country covering more than 1,100 Homoeopathy institutions—Version 2 introduced advanced administrative and governance-oriented modules. A major addition is the comprehensive Establishment / HR module, which covers employee service details, recruitment, probation, service history, disciplinary proceedings, and document management. The upgraded version also supports improved internal governance, better data integrity, and expanded operational modules including accounts, stock management, institutional administration, and system-level controls. Overall, AHiMS 1.0 laid the digital foundation, while AHiMS 2.0 evolved the platform into a comprehensive, integrated management system, supporting both healthcare service delivery and administrative efficiency in the Homoeopathy sector.

All the Government Homoeopathy institutions in Kollam District are actively delivering digital health services through the AHiMS. Key functional areas including patient

registration, clinical documentation, and service reporting are being carried out digitally across institutions. Medicine stock management in both Government Homoeopathy institutions and AYUSH Primary Health Centres has been fully digitalised, ensuring accurate tracking of stock availability, consumption, and distribution. The medicine procurement process is now 100% online, enabling transparent monitoring of indents, purchase orders, supply status, and delivery timelines. These digital processes are supported by real-time dashboards accessible to the District Medical Officer (DMO), facilitating effective oversight, data-driven decision-making, and improved efficiency in medicine supply chain management.

4.10.2 ABDM activities

In connection with ABDM activities in Kollam District, **100% Health Facility Registry (HFR) creation has been achieved**, with all **87 health facilities successfully registered**. In addition, **51 Health Professional Registries (HPRs)** have been created out of **114 eligible health professionals (45%)**, reflecting substantial progress in onboarding healthcare providers onto the ABDM ecosystem. Continuous efforts are underway to complete the remaining HPR registrations to ensure full compliance and seamless digital health data exchange across the district.

4.11 Medicine Availability & Logistics

LSGD has allocated Rs. 9758555/-for medicine purchases specifically for homoeopathy institutions in Kollam district. This allocation falls under LSGD's health sector initiatives, enabling timely purchases of medicine.

4.12 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in homoeopathy institutions. In Kollam District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

Table 4.11: Laboratory facilities in Institutions

SL No	Name of Institution
1	Kollam Govt Homoeo Hospital
2	Government Homoeopathy Dispensary Kunnathur

Source : District Data

4.13 Financial Expenditure

In Kollam District, an amount of **₹80.02 lakhs** was allocated and fully released under the AYUSH programme during **2023-24**, of which **₹75.85 lakhs** was utilized. During **2024-25**, a total of **₹63.36 lakhs** was allocated and fully released, with **100% expenditure reported**. The figures indicate effective fund utilization across both years, with full release and near-complete or complete expenditure of the sanctioned amounts.

Table 4.13: Financial Expenditure

District	Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure
Kollam	2023-24	80.02172	80.02172	75.84656
Kollam	2024-25	63.35958	63.35958	63.35958

Source : Plan space 2.0

4.14 IEC Activities



Figure 4.14.1: Ultrasound Scanning Machine District Homoeopathy Hospital Kollam



Figure 4.14.2: Special OP block inauguration District Homoeo Hospital Kollam



Figure 4.14.3: World Diabetic day, Ayushmanbhava project - Milma diary



Figure 4.14.4: Punarjani Project - Awareness class - Prison



Figure 4.14.5: Geriatric project - Medical camp



Figure 4.14.6: Janani project - Kudumbasangamam

Chapter 5

NATIONAL AYUSH MISSION KERALA

SUPPORTS & SERVICES

5.1 Introduction

National AYUSH Mission is a Centrally Sponsored Scheme under the Ministry of AYUSH. The government of India launched National AYUSH Mission (NAM) during the 12th plan in 2014. In Kerala, NAM started activities in 2015. The aim of NAM is to mainstream AYUSH Systems into health care services, to develop evidence-based AYUSH management protocol through scientific documentation and to ensure the accessibility of quality AYUSH services. Regarding the funding pattern, 60% share is provided by the Central Government and 40% is provided by the State Government.

The vision is to provide cost-effective, equitable, and accessible AYUSH healthcare across the country by strengthening service delivery systems and improving access to quality care. It emphasizes the integration of preventive and promotive healthcare approaches within primary health services, while promoting a holistic wellness model grounded in AYUSH principles and practices. In addition, the vision seeks to enhance AYUSH educational institutions to ensure the delivery of high-quality education and the development of competent professionals to support the growth of the AYUSH sector.

The objective is to ensure the availability of AYUSH healthcare services across the country by strengthening and improving AYUSH healthcare infrastructure and service delivery. It aims to establish a holistic wellness model through AYUSH Health and Wellness Centres with a strong focus on preventive and promotive healthcare based on AYUSH principles and practices, thereby reducing disease burden and out-of-pocket expenditure. The approach also seeks to provide informed choices to the public through the co-location of AYUSH facilities at Primary Health Centres, Community Health Centres, and District Hospitals, promoting medical pluralism. Further, it emphasizes the role of AYUSH in public health in alignment with the National Health Policy (NHP) 2017.

5.1.1 National Ayush Mission – Funding Approval Analysis

This document presents a consolidated summary of the Resource Envelope, Amount Proposed, and Amount Approved under the National AYUSH Mission across financial years. The analysis highlights the financial growth pattern, approval efficiency and year-wise variations to support planning, monitoring and future programme strategy formulation.

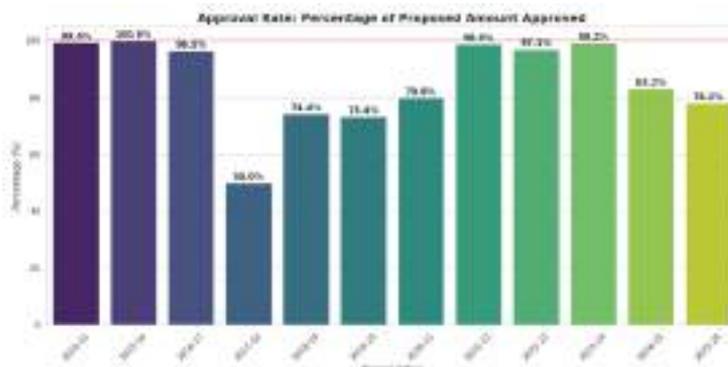


Figure 5.1.1.1 Funding Approval Analysis

Figure 5.1.1.1 illustrates the year-wise comparison of Resource Envelope, Amount Proposed and Amount Approved under the National AYUSH Mission. The chart indicates a progressive increase in financial allocations over the years, reflecting expansion of programme scope and implementation scale.



Figure 5.1.1.2 Trend Analysis of Funding Approval Analysis

Figure 5.1.1.2 depicts the approval efficiency trend, highlighting the percentage of proposed funds approved each year. The consistently high approval rate demonstrates effective planning, quality proposal preparation and strong institutional coordination with the approving authorities.

5.1.2 Approved Amount For Engineering Construction Works Under Nam

This report presents a comprehensive trend analysis of the approved financial outlay for Engineering Construction Works executed under the National AYUSH Mission (NAM) across multiple SAAP years. The analysis examines sector-wise movement, total funding behavior, priority shifts and percentage contribution patterns over time.

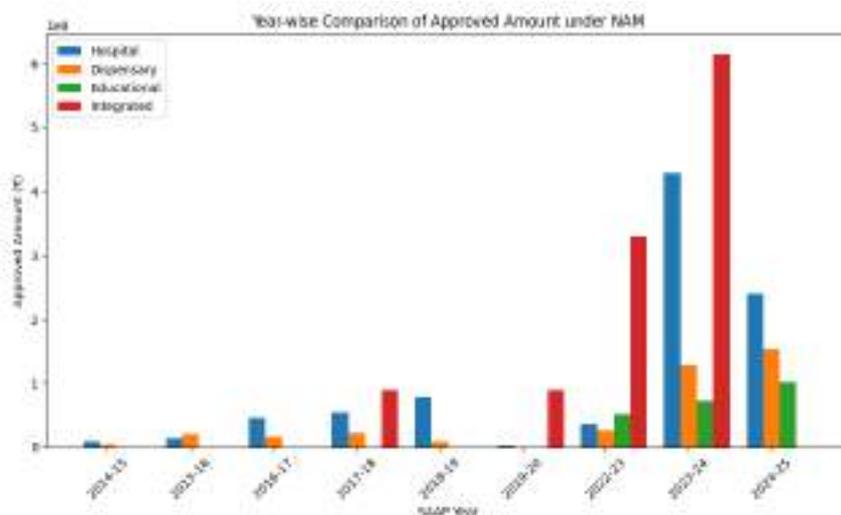


Figure 5.1.2.1 Analysis of Approved Amount For Engineering Construction Works Under Nam

Figure 5.1.2.1 presents the SAAP year-wise approved financial outlay for Engineering Construction Works under the National AYUSH Mission. The trend reflects periodic increases aligned with infrastructure strengthening priorities, including hospitals, dispensaries and academic institutions.

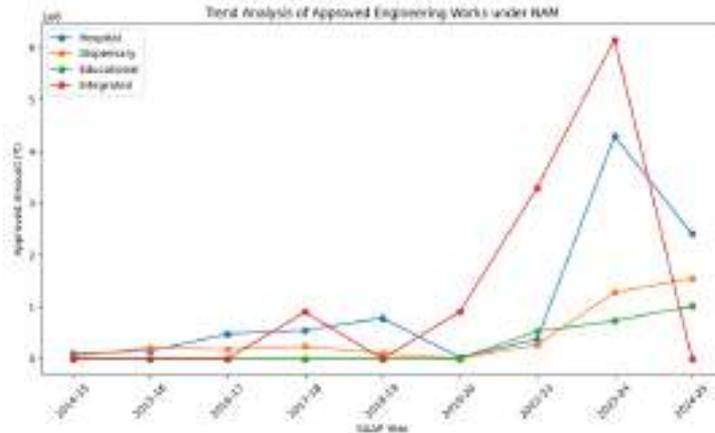


Figure 5.1.2.2 Trend Analysis of Approved Amount For Engineering Construction Works Under NAM

Figure 5.1.2.2 highlights the proportional distribution and trend movement of engineering works funding across SAAP years. Variations indicate strategic prioritisation of construction activities based on programme needs and infrastructure gaps.

5.1.3 Flexipool Projects Approved In The State - Trend Analysis Report

This document presents the number of Flexipool projects approved for the State under the National AYUSH Mission across different SAAP years. The charts illustrate the trend in approvals, highlighting the growth pattern and expansion of Flexipool initiatives over time.

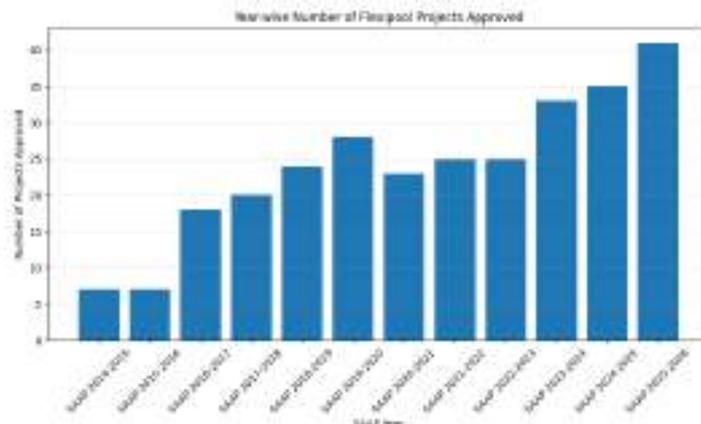


Figure 5.1.3.1 Analysis of Flexipool Project Approved in the State

Figure 5.1.3.1 illustrates the number of Flexipool projects approved under the National AYUSH Mission across SAAP years. The upward trend indicates increased utilisation of the Flexipool component to address State-specific and innovative healthcare needs.



Figure 5.1.3.2 Trend Analysis of Flexipool Project Approved in the State

Figure 5.1.3.2 presents the comparative trend analysis, showing periods of accelerated project approvals. This reflects improved planning capacity and greater emphasis on flexible, need-based interventions.

5.1.4 National Ayush Mission - Public Health Programmes – Kerala – Funding Approval Analysis

The SAAP year-wise data and trend analysis of Public Health Programmes implemented in Kerala.

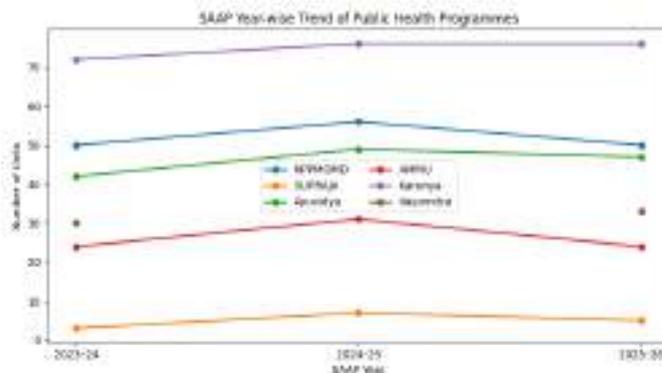


Figure 5.1.4.1 Trend Analysis of Public Health Programmes established

- National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders (NPPMOMD) shows sustained implementation across all SAAP years, reflecting continued focus on musculoskeletal disorder management.
- Karunya consistently records the highest number of units, indicating wide beneficiary coverage.
- SUPRAJA and AYUSH Mobile Medical Unit show expansion during 2024–25, highlighting emphasis on maternal health and outreach services.
- Ayurveda demonstrates a stable trend.
- Vayomitra shows strengthening in 2025–26, reflecting enhanced geriatric care services.

Table No 5.1.4.1 Details of Approved Public Health Programs

SI NO	Name of Public Health programs	Number of Units
1	NPPMOMD	50
2	SUPRAJA	3
3	Ayurveda	42
4	AYUSH Mobile Medical Unit	24
5	Vayomitra	30
6	Karunya	72

Source : NAM SAAP 205-26

5.1.5 Ayushman Arogya Mandir (AAAM–Ayush) – Kerala

The SAAP Year-wise distribution of 700 Ayushman Arogya Mandir (AAM–AYUSH) / AYUSH Health & Wellness Centres in Kerala.

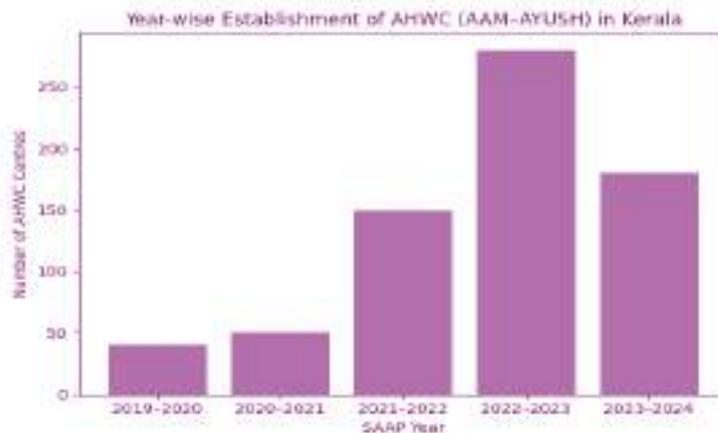


Figure 5.1.5.1 Graph representation of AAY AYUSH established in Kerala

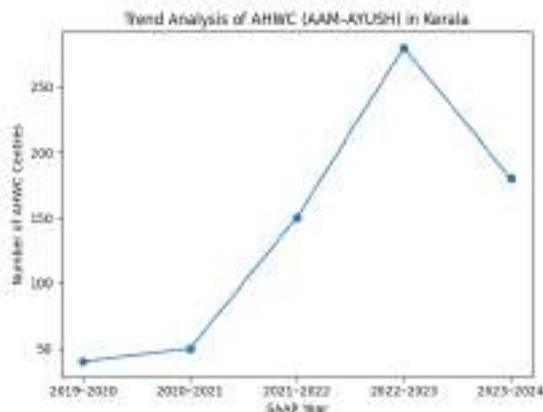


Figure 5.1.5.2 Trend Analysis of AAY AYUSH established in Kerala

Figure 5.1.5 depicts the SAAP year-wise establishment of Ayushman Arogya Mandir (AAM-AYUSH) / AYUSH Health & Wellness Centres in Kerala. The chart shows a steady expansion from 2019-20 onwards, with significant scale-up during 2021-22 and 2022-23. This trend highlights Kerala's sustained commitment to strengthening AYUSH-based comprehensive primary healthcare services at the grassroots level.

5.2 Administration

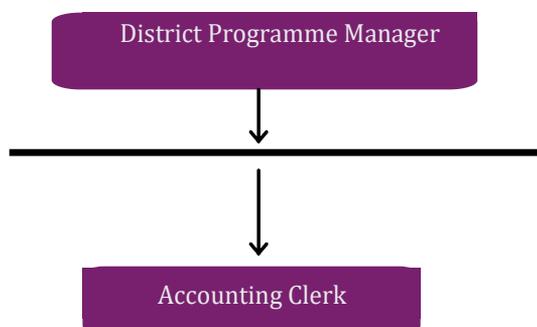
In the State of Kerala, the National AYUSH Mission (NAM) operates through a specialized administrative framework to manage its extensive network of healthcare services and public

health initiatives. The mission is governed by a State AYUSH Mission Society, which provides the strategic and financial oversight necessary for mainstreaming traditional medicine into the state's public health infrastructure. This decentralized approach ensures that services like Ayurveda and Homoeopathy are effectively integrated from the state level down to the local communities

At the district level, the District Programme Management and Supporting Unit (DPMSU) serves as the operational hub, acting under the direct instructions and guidance of the State Mission Office (SPMSU). This unit is the primary body responsible for the localized management and implementation of AYUSH services within each district.

The administrative setup within the DPMSU includes one District Programme Manager (DPM) and one Accounting Clerk. This team is responsible for coordinating, monitoring, and implementing various programmes and activities under the District AYUSH society, ensuring effective execution and timely reporting of all project components to the state level. This structure allows for the smooth management of local health needs, including the operationalization of AYUSH Health and Wellness Centres and the execution of specialty-focused public health projects.

5.2.1 Structure of District Programme Management and Supporting Unit Office



5.2.2 District Programme Management and Supporting Unit Profile

Table No 5.2.2 presents the contact and office details of the District Programme Management and Supporting Unit (DPMSU), including the District Programme Manager responsible for coordinating and implementing NAM activities at the district level.

Table No: 5.2.2: District Programme Management and Supporting Unit Profile

Post	Office Address	Office Number	Mail id
District Programme Manager	DPMSU, National AYUSH Mission, District Homoeopathy Hospital Building, Thevally, Kollam - 691 009	8848002961	dpmnamklm@gmail.com

Source : District Data

5.3 Human Resources Profile

The National AYUSH Mission provides human resources to both the Indian Systems of Medicine (ISM) and Homoeopathy departments in Kerala through its major functional components, namely AYUSH Services (Medical Officers and supporting staff), Public Health Programmes, Flexipool Projects, and Ayushman Arogya Mandir (AYUSH). In addition, the Mission deploys personnel for programme management and administrative support to enable effective planning, implementation, monitoring, and financial management of AYUSH activities. This integrated human resource framework ensures efficient healthcare delivery and sustained institutional support across the State.

Ayush Service (HR) under NAM refers to the provision of Medical Officers and supporting staff to both ISM and Homoeopathy departments, ensuring the availability of skilled manpower for effective healthcare service delivery.

Flexipool Projects enable the State to implement innovative and state-specific projects and programmes, providing flexibility to address local health priorities and emerging needs.

Ayushman Arogya Mandir (AAM-AYUSH) functions as the primary AYUSH healthcare delivery point, ensuring accessible, affordable and quality services while supporting preventive, promotive, curative and rehabilitative care with strong community outreach.

AYUSH Public Health Programmes are national initiatives aimed at addressing priority

health conditions through disease prevention, health promotion, awareness generation and strengthened healthcare delivery, contributing to holistic community wellness and improved public health outcomes.

District Programme and Management Unit(DPMSU) provides governance, coordination, monitoring, financial management and reporting support through the deployment of two staff members

Table No 5.3.1 shows the distribution of Medical Officers and Supporting Staff across ISM, Homoeopathy, and DPMSU under the National AYUSH Mission in the district

Table No 5.3.1 Department-wise Component HR Strength under NAM

Department	Component	Medical Officers	Supporting staffs	Total
ISM	Ayush Services HR	16	43	154
	Flexipool Projects	11	19	
	Ayushman Arogya Mandir		59	
	Public Health Programme	4	2	
HOMOEOPATHY	Flexipool Projects	5	3	91
	Ayush Services HR	9	17	
	Public Health Programme	8	7	
	Ayushman Arogya Mandir		42	
DPMSU	Admin	1	1	2
Total Hr		247		

Source: District Data

The details of medical and paramedical posts sanctioned in the district in Department-wise Component HR Strength under NAM which includes the category of posts, number of positions approved across various health institutions, are attached as annexure 5.3.2

5.4 Ayush Services- Supply Of Essential Drugs

Supply of Essential Drugs to Government AYUSH Hospitals and Dispensaries

- ₹4.00 lakhs per annum for essential drugs for AYUSH Hospitals
- ₹2.00 lakhs per annum for essential drugs for AYUSH Dispensaries

Table No 5.4 presents the number of institutions sanctioned under the National AYUSH Mission along with the amount approved for each institution. The financial support ensures uniform strengthening of AYUSH facilities and improved service delivery across all approved centres.

Table No 5.4 Number of institutions sanctioned under the supply of essential drugs

Sl. No.	Institution	No. of sanctioned institution	Amount Sanctioned for each institution Amount
1	Hospital	9	₹4.00 lakhs
2	Dispensaries	45	₹2.00 lakhs

Source : NAM SAAP 2025-26

5.5 Ayush Services- Health Infrastructure Development

5.5.1 Upgradation of Exclusive / Standalone Government AYUSH Hospitals/ AYUSH Dispensaries

During the SAAP period from 2016–17 to 2024–25, Kollam district has undertaken extensive construction and upgradation of Ayurveda and Homoeopathy institutions under the National AYUSH Mission. Key works include the upgradation of Government Ayurveda Hospitals at Poruvazhy and Karunagappally, improvement of the Government Ayurveda

Dispensary at Yeroor, and upgradation of Homoeopathy Dispensaries at Mullumala and Kummil, along with the construction of the Ayurveda Dispensary at Perayam.

Further works are in progress under SAAP 2023–24 through M/s KESNIK, including construction of the Government Homoeopathy Dispensary at Sooranad North, upgradation of the Homoeopathy Dispensary at West Kallada, and construction of the OP Block at District Ayurveda Hospital, Kollam. These initiatives reflect the continued strengthening of AYUSH healthcare infrastructure in the district.

The details of completed & ongoing infrastructure development works under the National AYUSH Mission (NAM) for Ayurveda and Homoeopathy institutions in the district across various financial years are attached as Annexure 5.5.1.

5.5.2 Setting up of upto 10/30/50 bedded integrated AYUSH Hospital

This table presents the details of Integrated AYUSH Hospital projects sanctioned under the National AYUSH Mission (NAM) in Kerala, including the State Annual Action Plan (SAAP) year, district, name of the project, and the amount approved as per the scheme.

Table No 5.5.2 Integrated AYUSH Hospital Projects under NAM Kerala

Integrated AYUSH Hospital Projects under NAM Kerala				
SL No.	SAAP Yr	District	Name of Work	Amount Approved as per scheme
1	2022-23	Kollam	Construction of 30 Bedded Integrated AYUSH Hospital Kottarakkara	105000000

Source : NAM SAAP 2025-26

5.6 Ayush Services- Programmes & Projects- Ayush Public Health Programmes

The AYUSH Public Health Programmes aim to strengthen India's public health system through preventive, promotive, curative, and rehabilitative healthcare using traditional

systems of medicine. In the context of increasing chronic diseases, ageing population, and lifestyle-related disorders, AYUSH systems offer safe, cost-effective, and evidence-based healthcare options. Under the National AYUSH Mission (NAM), structured programmes have been launched focusing on musculoskeletal disorders (especially osteoarthritis), non-communicable diseases, maternal and neonatal care, mobile medical services, geriatric and palliative care, and school health promotion. These are implemented through existing NAM frameworks at state and district levels with emphasis on evidence-based interventions, capacity building, and IT-enabled monitoring.

5.6.1 National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders in brief

Musculoskeletal disorders (MSDs), including osteoarthritis, are a major cause of disability and reduced productivity globally and in India, affecting around 20% of the population.

Need for AYUSH Intervention: There is no dedicated programme in India for MSDs. AYUSH therapies, including herbal medicines, yoga, diet, and lifestyle modifications, offer effective and safe management options. Integrating these interventions supports the goals of the National Health Policy (2017) and Sustainable Development Goal 3.

Objectives:

Manage osteoarthritis and other MSDs through AYUSH-based integrative approaches.

Promote self-care and awareness through Information, Education and Communication (IEC) activities.

Implementation Strategy:

Populations are categorised by risk levels for targeted intervention. Activities are implemented through AYUSH Health and Wellness Centres, dispensaries, and affiliated institutions. Major components include screening, preventive awareness, yoga, diet and lifestyle advice, clinical consultations, rejuvenation therapies (Rasayana), cleansing (Shodhana), Varma therapy, medicated oil applications, and follow-up care.

The following institutions are providing services under this project

1. District Homoeo Hospital, Kollam
2. Govt. Homoeopathy Hospital, Karunagappally, Kollam
3. Govt. Homoeopathy Hospital, Punalur, Kollam
4. Govt. Ayurveda Hospital, Kottarakkara, Kollam

Table No 5.6.1 shows the Beneficiary details of NPPMOMD programme in Ayurveda and Homoeopathy

Table No 5.6.1 Beneficiary Details of NPPMOMD

Sl. No.	Department	Old	New	Total
1	Ayurveda	659	1294	1953
2	Homoeopathy	3552	9740	13292

Source: District Data



Figure 5.6.1 Medical Camp

5.6.2 Vayo Mitra: Ayush Geriatric Healthcare Services – In Brief

With India's ageing population rising and the old-age dependency ratio increasing, ensuring the health, dignity, and wellbeing of senior citizens has become vital. The *Vayo Mitra*

initiative under the National AYUSH Mission focuses on promoting healthy ageing through preventive, promotive, and therapeutic AYUSH approaches. Traditional practices like *Swasthavritha* (maintenance of health), *Rasayana* (rejuvenation), *Panchakarma*, and *Tadbir-i-Shaykhukhat* (Unani geriatric care) form the basis of AYUSH geriatric healthcare.

Objectives:

- Create awareness about healthy ageing and ways to reduce morbidity in old age.
- Provide specialised AYUSH healthcare for the elderly through the existing AYUSH network.
- Promote community recognition of the value and potential of healthy elderly individuals.

Implementation Strategies:

- **Preventive & Promotive Care:**

Encourages healthy routines (*Dinacharya*, *Ritucharya*), yoga, stress management, balanced diet, and proper lifestyle habits. Trained health workers conduct domiciliary visits, health assessments, and weekly AYUSH clinics for the elderly.

- **Information, Education & Communication (IEC):**

Health education through mass and folk media promotes physical fitness, stress reduction, and awareness on AYUSH geriatric care. Elderly clubs and health camps will be organised, and IEC materials and media campaigns will spread messages on healthy ageing and available AYUSH services.

The following institutions are providing services under this project

1. District Homoeo Hospital, Kollam
2. Govt. Homoeopathy Hospital, Karunagappally, Kollam
3. Govt. Homoeopathy Hospital, Punalur, Kollam
4. Govt. Ayurveda Hospital, Kottarakkara, Kollam

Table No 5.6.2 provides gender-wise and total beneficiary coverage under the Vayo Mitra geriatric care project.

Table No 5.6.2 beneficiary details

UNITS	OLD	NEW	TOTAL	MALE	FEMALE
Kollam	531	417	948	472	569

Source: District Data



Figure 5.6.2 Treatment in Vayo Mitra

5.6.3 AYURVIDYA: Promotion of Healthy Lifestyle through AYUSH for School Children - in brief

The AYURVIDYA programme aims to promote healthy lifestyles and awareness about AYUSH principles among school children, focusing on hygiene, diet, yoga, and the use of medicinal plants and home remedies. The initiative targets schools in regions with poor health indicators, especially aspirational districts, to instill lifelong healthy habits from an early age.

Objectives:

- To encourage school children to adopt healthy lifestyles and diets based on AYUSH principles.

- To create awareness about the importance of medicinal plants and simple home remedies.
- To educate children about yoga for fitness, wellbeing, and stress management.

Implementation Strategy:

- The programme will cover UPTO 300 schools per year, with an AYUSH doctor and multipurpose worker catering to UPTO 25 schools monthly.
- Block-level teams including AYUSH professionals, headmasters, and NGOs will conduct AYUSH and nutrition education sessions.
- Teaching methods will use interactive tools such as videos, quizzes, posters, slogans, and street plays for effective learning.
- Activities include health and hygiene campaigns, yoga camps, medicinal herb plantations, and early health screening for common conditions.
- Teachers will be trained to identify medicinal plants and teach home remedies.
- Referral linkages with AYUSH hospitals and colleges will ensure follow-up care, and IEC materials will be distributed for awareness.

The following blocks and institutions are covered under this programme

1. Government Ayurveda Hospital Kottarakkara, Kollam.

Table No 5.6.3 presents the number of awareness sessions conducted and beneficiaries reached under AYUVIDYA.

Table No 5.6.3 showing the beneficiary details under the project

No of Awareness Session	No of Beneficiaries
3	118

Source: District Data



Figure 5.6.3 Ayurvediya Training to kids

5.6.4 KARUNYA: AYUSH Palliative Services – in brief

The KARUNYA initiative aims to provide compassionate, holistic palliative care through AYUSH systems of medicine, focusing on improving the quality of life of patients with life-limiting illnesses and supporting their families. Palliative care addresses physical, emotional, social, and spiritual needs, particularly for patients with conditions such as cancer, neurological disorders, organ failure, autoimmune diseases, HIV/AIDS, and age-related illnesses.

The programme emphasises home-based care, considering it cost-effective and comforting, and integrates supportive care into AYUSH dispensaries, Health & Wellness Centres, and hospitals. Early initiation of palliative care, from the time of diagnosis, helps ensure better symptom management and family preparedness.

Objectives:

To provide quality, integrated supportive care for patients suffering from chronic, lifestyle-related, geriatric, and psychiatric conditions.

Implementation Strategy:

- Home visits by AYUSH medical officers and trained health workers for patient assessment and basic care.

- Relief from pain and other symptoms through AYUSH treatments, along with psychosocial counselling.
- Use of AYUSH HWCs for community mobilisation and awareness.
- Conducting training and sensitisation programmes for healthcare professionals.
- Regular monitoring and evaluation of services.

The following blocks and institutions are covered under this programme

1. District Homoeo Hospital, Kollam
2. Mukhathala Block Kollam

Table No 5.6.5. Beneficiary details of KARUNYA

DEPARTMENT	NEW CASES	OLD CASES	GRAND TOTAL
Homoeopathy	415	1530	1945
Ayurveda	150	325	475

Source: District Data



Figure 5.6.5.1 Karunya Treatment

5.7 Ayush Services- Programmes & Projects- Flexipool Projects

The Flexipool project is a component that allows States to utilise up to 25% of the actual SAAP (State Annual Action Plan) amount to implement innovative or state-specific projects and programmes. It provides flexibility for the State to design and execute activities based on local health priorities and emerging needs that may not be covered under mandatory components of NAM guidelines.

5.7.1 Allergy & Asthma Special Clinic (Homoeopathy)

The project is a statewide Homoeopathy initiative aimed at addressing allergy, asthma, and chronic respiratory diseases (CRDs) such as chronic obstructive pulmonary disease (COPD) and chronic bronchitis through outpatient and inpatient services in all District Homoeopathy Hospitals in Kerala. The initiative seeks to provide comprehensive Homoeopathic treatment, reduce morbidity and mortality, and lessen the financial, physical, and emotional burden on patients and their families.

The programme includes outpatient and inpatient care, community outreach activities, medical camps, and health education programmes, supported by a structured monitoring and evaluation system using baseline data, patient registries, electronic medical records (EMRs), review meetings, and impact assessments. Special clinics are established in district hospitals with patient-friendly facilities and appointment systems, supported by patient mobilisation through referrals, awareness sessions, information, education and communication (IEC) activities, and medical camps, with inpatient care provided wherever clinically indicated.

Table No 5.7.1 provides year-wise gender-wise and total beneficiaries treated under the Homoeopathy Allergy & Asthma Special Clinics

Table No 5.7.1 Number of Beneficiaries

	New Cases			Old Cases			Grand Total
	Male	Female	Total	Male	Female	Total	
2024-2025	112	186	298	1672	2483	4155	4453
2025- April to Nov 2025	82	155	237	949	1888	2837	3074

Source: District Data

5.7.2 Ayurkarma

Ayurkarma is an initiative that integrates Panchakarma therapies into Government Ayurveda Dispensaries in rural Kerala to ensure equitable access to holistic Ayurvedic healthcare. The programme enables economically weaker sections of the population to receive essential kriyā kramas such as Vamana, Virechana, Nasyam, Vasthi, and Raktamoksha through OP-based units established in selected dispensaries.

The project aims to bridge service delivery gaps by incorporating Panchakarma therapies into mainstream government healthcare. Patients are identified from the general OPD and evaluated by the Project Medical Officer, who prescribes appropriate therapies following necessary clinical examinations and informed consent procedures. Treatments are administered by trained therapists under medical supervision, with systematic documentation, monitoring of vital parameters, and post-procedure guidance to ensure safety and quality of care.

The following Government Ayurveda Dispensary is a fully operational centre in the district.

1. Chavara
2. Kannanallor
3. Perinad
4. Kareepra

Along with the existing treatment protocols at dispensaries, Panchakarma techniques significantly enhance the quality of life of the population, particularly for a large number of patients from rural areas who depend on these dispensaries and are unable to access hospital-based inpatient services for such therapies. Moreover, the initiative contributes to enhancing the social relevance and community value of these institutions.

This Table No5.7.2.2 presents the total Panchakarma procedures performed under Ayurkarma in the district.

Table No5.7.2.2 AYURKARMA Kriyakrama Sessions

SL NO	District	Total Pancha Karma Procedures	Beneficiaries
1	Kollam	2825	326

Source: District Data

5.7.3 Mental Health Specialty Clinics in AYUSH

The AYUSH systems—Ayurveda, Homoeopathy, and Yoga—offer time-tested, person-centric approaches to mental well-being, with a strong emphasis on the mind–body–spirit connection. Recent initiatives have demonstrated the potential of these systems in addressing the psychological, emotional, and behavioural dimensions of health. Ayurveda-Based Mental Health Projects

Ayurveda-Based Mental Health Projects

Harsham: Anti-Depression Ayurveda Clinics: Focus on natural therapeutic interventions to manage clinical depression stress-related disorders and lifestyle-induced emotional conditions.

Pratheeksha: Improvement of IQ in MR Children: Offers cognitive enhancement therapies and Ayurvedic interventions for children with intellectual disabilities.

Medha: Correction of Scholastic Backwardness: Supports children facing academic and attention-related challenges through Ayurvedic formulations counseling and dietary guidance.

Homoeopathy-Based Mental Health Projects

Seethalayam Clinics: These are gender-responsive clinics providing Homoeopathic management for mental, physical, and social health issues of women, including anxiety, depression, postnatal stress, psychosomatic disorders, and trauma resulting from abuse.

Sadgamaya Clinics: Targeted at adolescents, these clinics offer mental health support, behavioural correction, and prevention of substance abuse through Homoeopathic interventions, counselling, and outreach activities.

Homoeopathy, with its individualised remedy selection and focus on the psycho-social environment of the patient, has demonstrated effective outcomes in the management of psychosomatic disorders, mood disturbances, behavioural issues, and substance use tendencies, particularly among vulnerable population groups.

The List of Dispensaries/ Hospitals Under the Coverage of Harsham

1. District Ayurveda Hospital Asramam
2. Government Ayurveda Hospital Poruvazhi
3. Government Ayurveda Hospital Paravur
4. Government Ayurveda Hospital Kottarakkara
5. GAD Srayikkad
6. Government Ayurveda Hospital Nedumpana
7. Gad Thenmala
8. Government Ayurveda Hospital Ayur
9. Government Ayurveda Hospital Karunagappally
10. Government Ayurveda Hospital Iverkala

Table No5.7.3 reflects a marked increase in both new and follow-up cases in the second reporting period, indicating expanding service coverage and improved continuity of care. The rising beneficiary numbers suggest growing acceptance and utilisation of the Harsham mental health clinics in the district.

Table No 5.7.3 -Beneficiary Details of Harsham

	New Cases	Old Cases	Grand Total
Financial Year 1: April 2024 - March 2025	100	166	266
Financial Year 2: April 2025 - November 2025	150	250	400

Source: District data



Figure 5.7.3 Harsham Awareness Camp

5.7.4 Magalirjyothi- Women Care through Siddha Traditional Practices

The **Magalirjyothi Project** has made remarkable progress in improving women's health in Kerala. It promotes awareness by integrating traditional medicine, reducing healthcare costs, and empowering communities. The project supports women's health both physically and mentally.

Awareness sessions are conducted at the community level through **anganwadis**, covering vital topics such as adolescent health issues, the importance of breastfeeding among young mothers, antenatal care, pregnancy nutrition plans, the role of yoga in lifestyle disorders, and the prevention of anaemia. In addition, all significant health-related and national days are observed through awareness campaigns and quiz competitions, fostering greater community engagement and knowledge.

Table 5.7.4 Details of Centers with No. of Beneficiaries During 2024-2025

Sl. No.	Name of District	Total No. of Beneficiaries (OP)	Cookery Workshop	Awareness Class	Medical Camp
1	Kollam	2680	0	45	4



Figure 5.7.4 Training Class

5.7.5 Setting Up of Physiotherapy Unit in Government AYUSH Hospitals

In Kerala, under the State Annual Action Plans (SAAP) for 2023–24 and 2024–25, a total of 27 physiotherapy units—including 26 units in Homoeopathy Hospitals and one unit in an ISM Hospital—have been approved and operationalised, addressing a long-pending need for physiotherapy services in AYUSH hospitals.

Given the encouraging public response, the tangible health benefits observed, and the increasing burden of lifestyle-related and degenerative diseases, the expansion of physiotherapy services under AYUSH has become increasingly relevant.

5.7.5.1 Beneficiary Details – Physiotherapy Unit

Sl. No.	Unit	Total No. of Beneficiaries
1	Government Homoeopathy Hospital Karunagapally	1579
2	Government Homoeopathy Hospital Punalur	2653

Source: District Data

Newly Proposed Physiotherapy Units

- 1 GAH Thalavoor
- 2 GAH Karunagappally



Figure 5.7.5.1 Physiotherapy Unit

5.7.6 Sports Ayurveda Project

Sports Ayurveda is an established Ayurveda super-speciality in **Kerala** that integrates traditional Ayurvedic wisdom with modern sports medicine to enhance athletic performance, endurance, and overall well-being. It adopts a holistic approach through

personalised diet and nutrition, condition-specific medicines, specialised therapeutic massages, Panchakarma therapies, and targeted rehabilitation strategies aimed at injury prevention, management of sports-related conditions, and optimisation of performance.

With a long tradition of supporting arts and sports personnel through indigenous medical systems, Kerala has demonstrated the untapped potential of Ayurveda in the field of sports medicine. The scope of Sports Ayurveda includes event-specific therapeutic interventions, pre-event conditioning, post-event recovery, off-season conditioning, energy enhancement, prevention and management of repetitive strain and other sports injuries, and specialised care for sportswomen.

Proven to be safe and effective, Sports Ayurveda addresses preventive, curative, and rehabilitative needs without post-traumatic complications. Several injuries previously recommended for surgical intervention have been successfully managed through Ayurvedic treatment, resulting in rapid recovery. The established Sports Ayurveda units have benefited numerous national and international athletes, many of whom have achieved podium finishes, and continue to attract sports professionals from across India due to their reliable, holistic, and performance-enhancing outcomes.

This Table No 5.7.6.1 shows the availability of specialty, general and mobile Sports Ayurveda units in the district.

Table No5.7.6.1 District-wise Distribution of Sports Ayurveda Units in Kerala

District	Specialty Unit	General Unit	Mobile Support
Kollam	No	Yes	No
District	No. of Events	No. of Days	Total Beneficiaries
Kollam	10	33	574

Source: District Data

This Table No 5.7.6.2 indicates a substantial expansion of Sports Ayurveda activities in the second reporting period, with a sharp increase in OP services, on-field support days, and beneficiary coverage. This reflects strengthened integration of AYUSH sports medicine into

athletic events and growing reliance on Sports Ayurveda for performance support, injury management, and awareness generation.

Table No5.7.6.2 District -Wise Beneficiaries

DATA APRIL 2024 TO MARCH 2025						
Sl. No .	Op Beneficiaries	Referred To Kisar	Pre-Event & Post-Event Conditioning	On field Beneficiaries	Total Beneficiaries	Days of On field Events Attended
1	1916	0	196	638	2750	35
APRIL 2025 TO SEPTEMBER 2025						
Sl. No .	Total Beneficiaries -OP	Total Beneficiaries -IP	Number of Days of On field Duties	Onfield Beneficiaries	Number of Awareness Class Taken	Number of Awareness Class Beneficiaries
1	1617	5	46	786	3	130

Source: District Data



Figure 5.7.6 Sports Ayurveda Treatment

5.7.7 MPHWS for 700 Functional Ayushman Arogya Mandirs (AYUSH)

Multi-Purpose Health Workers (MPHWs) are qualified healthcare professionals trained in General Nursing and Midwifery (GNM) or higher nursing qualifications. They play a vital role in delivering comprehensive primary healthcare services and in promoting AYUSH systems through preventive, promotive, curative, and rehabilitative interventions.

In Ayushman Arogya Mandirs, MPHWS support clinical services, public health programmes, geriatric and palliative care, emergency response, and digital health activities, while also assisting with administrative functions. They serve as a crucial link between community-based health services and institutional care, ensuring comprehensive service delivery, continuity of care, and effective programme implementation.

5.7.8 Arunima- Anemia Eradication Programme through Ayurveda

The **Arunima – Anaemia Eradication Programme through Ayurveda** is a focused public health initiative aimed at addressing the high burden of nutritional anaemia through safe, affordable, and culturally acceptable Ayurvedic interventions. Building on its successful implementation across Integrated Child Development Services (ICDS) units and nearly **6,000 schools**, the programme has strengthened awareness generation, screening, treatment support, and community participation.

To further consolidate these gains, the programme seeks to expand its reach to vulnerable populations such as tribal communities, coastal areas, urban slums, and other high-prevalence pockets.

5.7.9 Telemedicine- Strengthening and Expansion

The AYUSH Telemedicine initiative in Kerala, implemented through the National e-Sanjeevani platform, has established a State-level Telemedicine Hub with dedicated consultation consoles for Ayurveda and Homoeopathy. The initiative enables both Patient-to-Doctor and Doctor-to-Doctor teleconsultations across the State. Training has been provided to AYUSH doctors in all 14 districts, ensuring operational readiness and facilitating the phased expansion of telemedicine services to remaining facilities

5.7.10 Thyroid Special Clinic (Homoeopathy)

This project is a comprehensive, community-based **Homoeopathy Thyroid Care Initiative** aimed at early detection, effective management, and reduction of thyroid-related morbidity across Kerala, with special focus on women of reproductive age and high-burden districts. The project strengthens district-level thyroid specialty clinics by providing dedicated human resource support, diagnostic facilities, medicines, technological tools, and structured follow-up mechanisms.

Through systematic screening, outpatient and inpatient treatment, laboratory monitoring, community outreach activities, medical camps, and integration with maternal health services such as Janani, the programme seeks to reduce complications including infertility, miscarriage, associated comorbidities, and long-term health risks. This initiative aims to ensure affordable care, reduce out-of-pocket expenditure, and significantly improve the quality of life of thyroid patients, thereby establishing a robust public health response to the growing burden of thyroid disorders in the State.

This Table No5.7.10.1 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme

Table No 5.7.10.1 Beneficiaries Reported at Various Centres during 2024-25

	New Male	New Female	New Total	Old Male	Old Female	Old Total
2024-2025	30	270	300	253	2461	2714
2025- including Nov 25	15	153	168	165	2022	2187

Source: District Data

This Table No 5.7.10.2 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme.

Table No 5.7.10.2 Beneficiaries during 2024-25 (New Case)

Sl. No	District	Total No. of activities conducted	Total IEC Beneficiary count
1	Kollam	4	78

Source: District Data



Figure 5.7.10 Awareness Class Medical camp Thyroid Special Clinic (Homoeopathy)

5.7.11 Training to AYUSH HR

The State proposes a comprehensive Training and Capacity Building Programme for AYUSH Human Resources. The initiative aims to enhance the knowledge, skills, and professional competence of AYUSH Medical Officers, teaching faculty, administrative personnel, and paramedical staff across Kerala. Through structured training modules covering clinical care, hospital administration, digital health systems, public health programming, research methodology, medico-legal aspects, and patient communication, the programme seeks to strengthen service delivery, improve programme implementation efficiency, and ensure preparedness for emerging health challenges.

Training will be delivered through a blended approach comprising offline residential sessions and online platforms, ensuring equitable participation from all districts. By training approximately 5,000 personnel, the initiative is expected to significantly contribute to improving the quality and effectiveness of AYUSH services statewide.



Figure 5.7.11 HR Training

5.7.12 Yoga Wellness Centers

Yoga Wellness Centres are facilities that provide Yoga and Naturopathy services to promote physical, mental, and social well-being, with a focus on the prevention and management of lifestyle-related diseases. The programme aims to raise public awareness, encourage lifestyle modification, and promote Yoga and Naturopathy as effective tools for managing non-communicable diseases.

Implementation includes the deployment of Medical Officers and Yoga Instructors at AYUSH Arogya Mandirs, with Local Self Government Institutions (LSGIs) identifying outreach areas. Medical Officers oversee therapeutic management and coordinate Yoga and Naturopathy outreach activities to ensure effective service delivery.

This Table No5.7.12.1 provides gender-wise, outreach and total beneficiaries served through Yoga Wellness Centres

Table No5.7.12.1 Details of Centres with Number of Beneficiaries during 2024-25

Sl. No	District	Name of the Center	Male	Female	Children	Outreach	Total
1	Kollam	District Panchayath - Thevally	5314	14472		1647	21433
2	Kollam	Punalur Municipality	1156	2239	11	440	3846
3	Kollam	Srayikkad	3117	4248	35	4186	11586
4	Kollam	Block Panchayat Kollam	1876	7540	962	1303	11681

Source: District Data

5.7.13 Non-Communicable Disease (NCD) Management through AYUSH

The Integrated NCD Care Programme is a multidisciplinary initiative that provides holistic prevention, early diagnosis, and advanced management of non-communicable diseases such as diabetes, hypertension, dyslipidaemia, thyroid disorders, stroke, and cancer through dedicated Ayurveda, Siddha, Unani, and Homoeopathy units supported by Yoga-based lifestyle interventions. With **14 Ayurveda units, 14 Homoeopathy units, two Siddha units, and two Unani units** functioning across the State, the programme aims to reduce the prevalence and morbidity of non-communicable diseases, strengthen complication care,

promote lifestyle and behavioural modification, and reduce out-of-pocket expenditure by offering accessible and standardised traditional medicine services.

Implementation includes health promotion activities, high-risk screening, early diagnosis, and comprehensive clinical management of major non-communicable diseases and their complications through integrative treatment protocols at district-level advanced care centres.

Table No.5.7.13.1 summarises new registrations, follow-ups, yoga sessions and IEC activities under the NCD management programme

Table No5.7.13.1 Detailed Review of the Year 2024-25 Patient Services

Sl. No	Unit	New NCD Patients Registered	Follow-up Visits	Yoga Sessions Conducted	Health Education/IEC Sessions
1	Kollam (Ay)	7632	9156	879	47

Source: District Data

Table No 5.7.13.2 presents disease-wise distribution of new NCD patients registered.

Table No5.7.13.2 Disease-wise Details (New Cases Registered)

Sl. No	Unit	Diabetes Mellitus	Hypertension	Dyslipidemia	Thyroid Disorders	Others
1	Kollam (Ay)	1245	1587	1768	2100	932

Source: District Data

Table No 5.7.13.3 Disease Wise Break Up of Beneficiaries Who Availed NCD Management Clinical Services During 2024-2025

Table No5.7.13.3 Disease Wise Break Up of Beneficiaries

District	Diabetes Mellitus	Hypertension	Dyslipidemia	Obesity	Cardio Vascular Diseases	Cancer	Renal Disorders	COPD	Other Diseases
Kollam	2228	808	571	27	0	0	0	5	65

Source: District Data

5.7.14 IEC Activities- Newsletter, Day Observances, Participation in Various Events, Outreach Activities etc.

Kerala has emerged as a leading State in the AYUSH sector with nearly 2300 functioning institutions ranging from medical colleges and speciality hospitals to district and peripheral health facilities. A considerable proportion of the population relies on AYUSH systems for healthcare, and many successful treatment outcomes and health initiatives have reinforced public confidence in these systems. To further strengthen awareness regarding the facilities, programmes, activities, and achievements in AYUSH, structured IEC activities such as newsletters, day observances, participation in national and international events, exhibitions, and outreach initiatives are proposed. These initiatives will enable systematic dissemination of information to the public, policymakers, planners, healthcare professionals, and stakeholders, thereby enhancing visibility and acceptance of AYUSH systems.

During the previous year, NAM Kerala successfully implemented several IEC initiatives, including the regular publication of newsletters highlighting AYUSH activities, research achievements, and success stories, along with active observance of important AYUSH and health-related days. Participation in prestigious platforms such as the G20 further contributed to showcasing Kerala's AYUSH capabilities at global level. In the coming year, it is proposed to continue and expand these efforts through enhanced newsletters, thematic day observances, participation in national and international forums, exhibitions, Arogyamelas, and focused outreach programmes. These activities will support

mainstreaming of AYUSH, promote public engagement, improve accessibility of information, and reinforce Kerala's position as a prominent centre of AYUSH excellence.

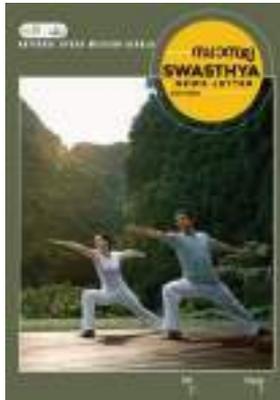


Figure 5.7.14.1 Newsletter

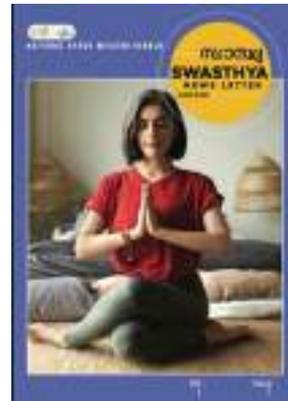


Figure 5.7.14.2 Newsletter



Figure 5.7.14.3 Branding through public transportation

5.7.15 Siddha Therapy Units

Siddha Therapy Units are specialised centres established within the public health system to deliver Siddha Varma therapy and other Siddha external treatment procedures, focusing on holistic healing through the manipulation of vital energy points and traditional therapeutic techniques. These units provide **drugless Varma therapy**, which is effective for neuromuscular, musculoskeletal, and sports-related conditions, along with external treatments such as **nasyam, fomentation, anointing, and leech therapy**.

The initiative aims to make Siddha therapies accessible and affordable, improve mobility and pain management for chronic and bedridden patients, raise public awareness, and support

research and development in the Siddha system. Implementation includes community awareness activities, OP-based service delivery, and continuous training for Siddha medical officers, with planned expansion through additional therapy units to strengthen the integration of Siddha care within the public health sector.

Table 5.7.15 presents the list of Siddha Therapy Units established under the National AYUSH Mission

Table 5.7.15 List of Institutions with Corresponding Districts

Sl. No.	Name of Institution
1	Govt Siddha Dispensary Avanavancheri
2	Govt Siddha Dispensary Manickal

Source: District Data



Figure 5.7.15: Siddha Therapy

5.7.16 Drishti

The **Drishti Project** is a comprehensive initiative aimed at promoting eye health through early detection, effective management, and accessible treatment. The project focuses on identifying ocular diseases such as diabetic retinopathy and glaucoma at an early stage to prevent future complications. For elderly individuals and patients with conditions such as

heart disease who may not be suitable candidates for cataract surgery, the project provides non-surgical management options.

Drishti also emphasises the prevention of refractive errors through regular screening programmes in schools and workplaces, helping students and employees maintain optimal vision. With cost-effective treatment protocols, the initiative ensures affordable eye care compared to other systems of medicine. Most importantly, the project provides inclusive eye care services for all age groups by utilising modern diagnostic tools and offering treatment through both outpatient and inpatient services.

Table 5.7.16.1 Details of Centers with No. of camp Beneficiaries During 2024-2025

District/Unit	Total Camps	Total Camp Beneficiaries	Total IIP	Total IOP	Males	Females	Child
Government Ayurveda Hospital. Karunagapalli	5	303	2	3288	1352	1457	479

Source: District Data

Table 5.7.16.2 Details of No. of Beneficiaries During 2024-2025

	Unit	Old Cases	New Cases	Grand Total
Financial Year: April 2025 - November 2025	Government Ayurveda Hospital Karunagapalli	68	1446	1514

Source: District Data



Figure 5.7.16 : Drishti Treatment

5.7.17 Integrated AYUSH Medical Unit (IAMU)

The **Integrated AYUSH Medical Unit (IAMU)** is a National AYUSH Mission initiative that provides comprehensive healthcare services by bringing **Ayurveda, Siddha, Homoeopathy, and Unani** systems under a single platform. These centres ensure accessible multi-system treatment, strengthen the management of lifestyle and chronic diseases, offer continuous outpatient care with free medicines and counselling, and promote holistic wellbeing through coordinated clinical services.

IAMUs also enhance public trust in AYUSH by delivering safe, effective, and patient-friendly healthcare, supported by strong community outreach and regular follow-up services.

System Wise Patient Distribution

The system-wise patient distribution highlighted the diversity of medical systems utilized and the increased reach of the IAMU program:

Table 5.7.17.1 Availability of AYUSH Institutions Across Districts

Sl. No.	District	Institution	Ayurveda	Siddha	Homoeo	Unani	Total
01	Kollam	Sasthamkotta	14,351	11,620	12,514	-	38,485

Source: District Data

In addition to increased beneficiary numbers, the scope of activities conducted under the IAMU program also expanded. These activities included medical camps, awareness classes, palliative duties, and various competitions aimed at raising health awareness and improving community engagement.



Figure 5.7.17.1 : Camp in IAMU

Integrated AYUSH Medical Units (IAMU) have been highly effective in previous years. These Integrated AYUSH Medical Units will provide comprehensive healthcare to the inhabitants of the project areas.

5.8 Ayush Services- Ayush Gram

AyushGram is a concept wherein villages will be selected for adoption of principles and practice of AYUSH way of life and interventions of health care in villages and providing the services at grass root level. AYUSH based lifestyles are promoted through behavioural change communication, training of village health workers towards identification and use of local medicinal herbs and provision of AYUSH health services. It also include promotion of

cultivation of endemic medicinal herbs and conservation of those already present in those areas. The elected village representatives are sensitized towards the concept so that there is also active participation from the community. It is a wholesome concept wherein convergence of AYUSH systems and other Govt. departments for the welfare of public is the ultimate aim.

Yoga sessions will be provided free of cost for the public at their convenient place and time with the motive of making it a part of their routine activity with constant practice.

Objectives

- To spread awareness within the community for practice of dietary habits and life styles as described in AYUSH Systems of Medicine which help in preventing disease and promoting health.
- To advice people about common ailments and its cure through use of herbs found in their localities.
- To raise campaign against communicable diseases like Malaria, Tuberculosis, Diarrhoea etc and measures for their prevention and treatment.
- Promotion of preservation and cultivation of medicinal plants.
- Prevention of Lifestyle Diseases
- Promotion of Yoga



Figure 5.8.1 Awareness Classes

The Table No5.8.1 presents month-wise activities and beneficiaries under the AYUSH Gram initiatives

Table No5.8.1 Ayush Gram activities

Sl. No.	BLOCK	NUMBER OF YOGA SESSIONS CONDUCTED								TOTAL
		Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	
1	ITHIKKARA	24	29	50	43	50	25	24	24	269
NUMBER OF MEDICAL CAMPS CONDUCTED										
1	ITHIKKARA		1	3	1	0	1		1	7
NUMBER OF MEDICAL CAMP BENEFICIARIES										
1	ITHIKKARA		38	206	75	0	58		75	452
NUMBER OF MEDICINAL PLANT DISTRIBUTED										
1	ITHIKKARA			100	100	0	100			300
NCD CLINIC BENEFICIARIES										
1	ITHIKKARA	112	89	106	85	91	79	69	66	697

Source: District Data

5.9 Quality-Related Activities

5.9.1 NABH (National Accreditation Board for Hospitals)

The State Quality Assurance Wing under the **National AYUSH Mission, Kerala**, has been consistently committed to promoting a structured and sustainable Quality Assurance Programme across AYUSH healthcare institutions. The overarching objective is to ensure

that services delivered under the AYUSH system provide genuine satisfaction and positive patient experience, thereby contributing significantly to overall well-being.

In the context of the growing global emphasis on healthcare quality, it has become imperative to align AYUSH services with nationally recognised quality standards, particularly through accreditation frameworks such as **National Accreditation Board for Hospitals and Healthcare Providers (NABH)** and the **National Quality Assurance Standards (NQAS)**.

Progress So Far

Kerala has emerged as a pioneer in quality healthcare delivery, with significant progress made in the accreditation of AYUSH Health and Wellness Centres (AHWCs). Out of 700 operational AHWCs in the State, 250 centres have already achieved NABH Entry-Level Certification. This initiative has not only strengthened the operational systems of AHWCs but has also enhanced public confidence and satisfaction in AYUSH services.

Impact of NABH Certification in AHWCs

The NABH Entry-Level Certification of 250 AHWCs in Kerala has significantly elevated the standard of AYUSH services across the state. It has led to:

- Uniform implementation of quality protocols.
- Enhanced infection control and patient safety.
- Improved staff competence through continuous training.
- Streamlined biomedical waste management.
- Improved documentation, defined SOPs, and enhanced accountability.
- Increased patient satisfaction and public trust.
- Enhanced prospects for insurance coverage under recognized schemes.

These outcomes underline the importance of extending the quality certification programme to the hospital sector to ensure consistent delivery of high-quality AYUSH care across all tiers.

The certification process will follow a structured approach, including internal and external assessments, quality-specific training, preparation of documentation, and submission of applications to **National Accreditation Board for Hospitals and Healthcare Providers (NABH)**. Gap-closure activities related to infrastructure, equipment, and process improvements will be partially supported through additional sources such as Local Self Government Institution (LSGI) funds, Corporate Social Responsibility (CSR) contributions, MLA/MP funds, and upgradation components under the **National AYUSH Mission (NAM)**, as per institutional eligibility.

Implementation Strategy

To effectively implement and monitor the certification process, the following strategic mechanisms and committees have been established:

- State-Level Steering Committee, Assessment Management Committee, and Documentation Committee for oversight.
- District Quality Teams and Quality Committees in all districts.
- District Nodal Officers and Facilitators to coordinate implementation activities.
- State-Level Orientation and Training Programs for institution heads, LSG representatives, and quality teams.
- Self-assessments by institution heads using NABH checklists to identify institutional gaps.
- Development of the AHCW NABH-ELC Implementation Handbook.
- District-Level Internal Assessments and State-Level External Assessments through a trained pool of assessors.
- Procurement of essential biomedical equipment and furniture where required.

5.9.2 Kayakalp

The **Kerala AYUSH Kayakalp Award** is a State-level initiative under the **Department of AYUSH, Government of Kerala**, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The programme recognises hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

The initiative encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the **Swachh Bharat Mission** and enhances the overall image and service quality of AYUSH institutions across **Kerala**.

5.10 Ayushman Arogya Mandir - AYUSH

Ayushman Arogya Mandir (AAM-Ayush) are established to provide comprehensive, people-centred primary healthcare through AYUSH systems.

In Ayushman Arogya Mandir (AAM-Ayush), National Ayush Mission AYUSH provides service delivery by providing one full time Yoga Instructor and one GNM qualified Multi-Purpose Health Worker, with an expenditure of ₹4.57 lakhs incurred for implementation.

They aim to transform existing AYUSH dispensaries and sub-centres into holistic wellness centres delivering preventive, promotive, curative, rehabilitative and palliative care. AAM-Ayush emphasise wellness promotion, lifestyle counselling, Yoga-based interventions, management of common and chronic illnesses, maternal and child health services, elderly care and referral support. Implementation is supported through the National AYUSH Mission with defined financial norms for infrastructure development, human resource support, training, IT systems and essential AYUSH medicines. Institutional mechanisms at national, state and district levels ensure planning, capacity building, convergence with NHM programmes, monitoring and evaluation to improve accessibility and quality of AYUSH-based primary healthcare.

5.11 IT Initiatives

5.11.1 AYUSH Yoga Club Locator Mobile App

The AYUSH Yoga Club Locator Mobile App is designed to help citizens easily discover and connect with government-approved AYUSH Yoga Clubs across Kerala. Using GPS-based real-time location services, the app enables users to identify nearby yoga centres, view available facilities, session timings, trainers. It promotes accessibility by ensuring that authentic and verified centres are brought within reach of every citizen, eliminating confusion regarding credibility. The platform also enhances transparency in public health service delivery by publishing verified information, performance records, and contact details of registered

clubs. By simplifying access to yoga resources, the app encourages community participation, supports preventive healthcare, improves wellness awareness, and strengthens the reach of the National AYUSH Mission's health promotion initiatives.

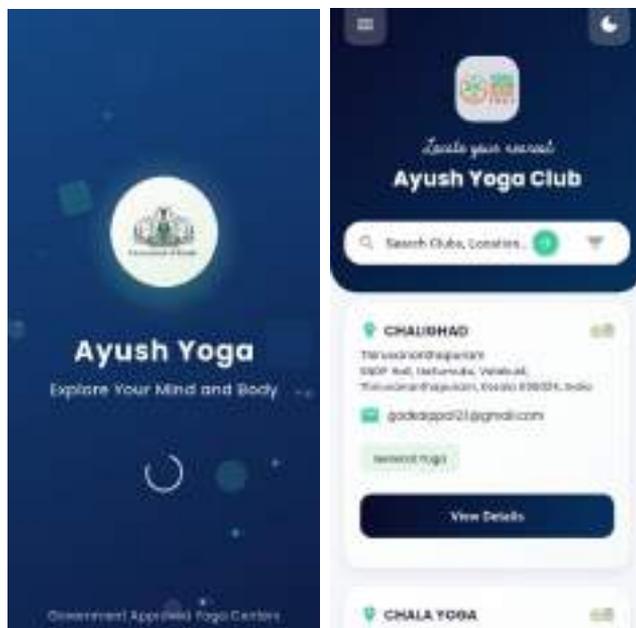


Figure 5.11.1 Screenshots of Mobile App

5.11.2 Civil ERP Software

Civil works constitute a major component under the National AYUSH Mission, and ensuring timely completion, transparency, and accountability is critical in the execution of Government infrastructure projects. Traditional monitoring and coordination methods often resulted in delays, inefficiencies, and lack of structured documentation, which necessitated the development of a dedicated Civil ERP Software to digitally integrate and streamline all aspects of civil work management from planning to completion. The platform functions as a comprehensive, centralised system accessible to administrators and technical teams, facilitating real-time supervision and effective governance. It enables systematic project planning and approval through online submissions and structured workflows, supports continuous execution monitoring through stage-wise milestone tracking, and allows

uploading of photographic evidence with GPS coordinates to authenticate site progress. Additionally, it incorporates robust financial tracking features, including budget allocation, utilisation monitoring, payment milestone integration, and complete visibility of fund flow, thereby ensuring financial discipline, transparency, and accountability across all civil infrastructure activities under the Mission.



Figure 5.11.2.1 Screenshot of ERP Software Home Screen



Figure 5.11.2.2 Screenshot of ERP Software dashboard

5.11.3 AYUSH Medicine Procurement Software

The AYUSH Medicine Procurement Software was developed to meet the growing need of the National AYUSH Mission, Kerala, for a modern and reliable digital system to streamline medicine procurement operations across hospitals and dispensaries, replacing earlier manual processes that caused delays, duplication, lack of real-time stock visibility, and data inaccuracies. This comprehensive end-to-end digital platform enables institutions to generate and submit indents online, while District Medical Officers, District Programme Managers, and higher authorities can review, approve, or revise requests through a structured workflow. Integrated master data ensures consistency, while timely alerts support pending approvals, stock shortages, and delivery tracking. Detailed dashboards and analytics provide meaningful insights into procurement trends and utilisation patterns, supporting informed decision-making. Secure role-based login ensures data safety and clarity of responsibilities, while automated processes help maintain essential stock levels, eliminate manual errors, and ensure transparency. The system strengthens coordination between hospitals, district authorities, and Oushadhi, supports real-time monitoring, facilitates timely replenishment, and ensures compliance with government norms, ultimately creating a transparent, efficient, and audit-ready digital ecosystem for AYUSH medicine management in Kerala.



Get Started Now
Enter your Email and Password to continue.


Figure 5.11.3.1 Screenshot of Login Page in AYUSH Medicine Procurement Software



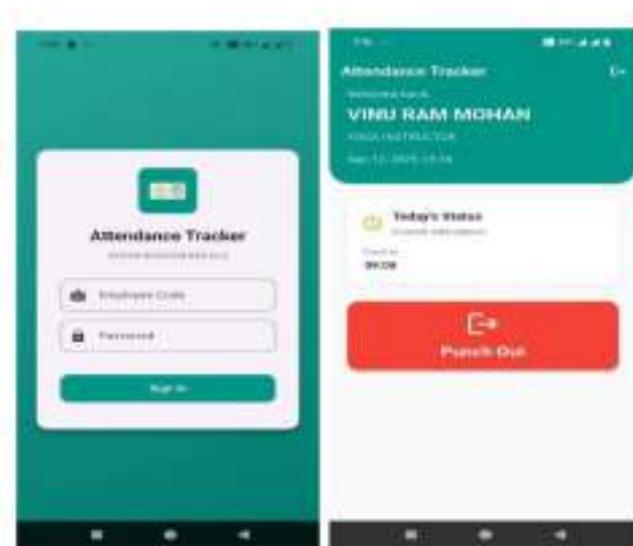
Figure 5.11.3.2 Screenshot of Home Page in AYUSH Medicine Procurement Software

5.11.4 NAM HR & Payroll Software

The National AYUSH Mission, Kerala, recognised the need for a robust and reliable system to efficiently manage attendance and payroll processes across its centres, as conventional methods were largely manual, time-consuming, prone to errors, and lacked real-time verification and transparency. To overcome these challenges and ensure accuracy, accountability, and operational efficiency, the NAM HR & Payroll Software was developed as a comprehensive digital solution. The system facilitates real-time attendance tracking with accurate time records, supported by geo-tagged attendance to ensure location-based verification and prevent proxy entries. It allows flexible shift assignment, offers an integrated online leave management workflow, and enables fully automated payroll processing with single-click salary generation based on verified attendance and leave data, supported by multi-level verification for compliance and financial discipline. By simplifying attendance management, ensuring digitally documented records, reducing administrative workload, and enhancing transparency in salary processing, the software significantly strengthens efficiency, governance, and accountability across all AYUSH centres.



Figure 5.11.4.1 1 Screenshot of Home Page in AYUSH Payroll software



5.11.4.2 Figure: NAM HR & Payroll Software in mobile app

5.11.5 AYUSH Payment Monitoring System

The AYUSH Payment Monitoring System is a comprehensive web-based financial governance platform under the National AYUSH Mission (NAM), designed to enhance transparency, accountability, and efficiency across all payment-related processes. It manages the complete financial workflow, including fund allocation, expenditure tracking, bill submission,

verification, approval, and final disbursement, while also supporting vendor management, automatic TDS processing, configurable dashboards, and detailed financial reporting for smooth and error-free transactions. The system maintains precise district-wise financial records, ensures component-wise fund control, and effectively monitors project-wise unspent balances, providing a complete end-to-end digital trail that strengthens audit readiness and governance compliance. It tracks real-time balances, flags idle or unutilised funds, enforces automated financial controls to prevent overspending, and supports multi-level user access, workflow automation, scalable architecture, and clear segregation of agency-wise and component-wise expenditures. Leveraging AI capabilities, the platform enables real-time validation checks to prevent errors and fraud, predictive analysis of fund utilisation trends, and intelligent alerts with actionable recommendations, thereby ensuring a unified, transparent, and reliable financial monitoring ecosystem for AYUSH across multiple implementing agencies.

5.11.6 Learning Management System

The AYUSH sector faces several training-related challenges, including difficulty in reaching rural and remote regions, lack of standardised and trackable certification processes, high expenditure on physical training workshops, and the absence of a unified system for maintaining centralised training and certification records. To address these gaps, a dedicated Moodle-based Learning Management System (LMS) has been developed exclusively for AYUSH, serving as a centralised online platform where students, practitioners, and professionals can enrol in Government-recognised certification courses, access structured digital learning materials, interact with trainers and peers, and receive verifiable digital certificates upon completion. Deployed on a secure cloud environment, the LMS ensures reliability, scalability, and continuous availability, supported by trained administrators, user manuals, ongoing technical assistance, and provisions for future enhancements such as AI-driven recommendations and analytics dashboards. Highly scalable and accessible, the software enables thousands of learners, including rural practitioners, to benefit from uniform, standardised training while significantly reducing the costs associated with physical training programmes. It ensures transparency through automated, verifiable certification, enhances convenience through a user-friendly mobile-compatible design, and

guarantees data security through secure hosting and role-based access controls, thereby strengthening capacity building, governance, and the digital transformation of AYUSH training in alignment with the Digital India vision.



Figure 5.11.6.1 Screenshot of Home Page



Figure 5.11.6.2 Screenshot of Course details explained

Annexures

Annexure 3.3.1: Details of ISM Facilities - Hospital

S L N O	INSTITUTION	STREAM	ADDRESS	VILLAGE	NAME OF LSGD	TYPE OF LSGD	NAME OF BLOCK PANCHAYATH	DISTRICT PANCHAYATH DIVISION	LA COUNTRY	LOCATION - PARLIAMENT CONSTITUENCY	URBAN/RURAL
1	DAH KOLLAM	AYURVEDA	DISTRICT AYURVEDA HOSPITAL ASRAMAM KOLLAM	KOLLAM CORPORATION	DISTRICT PANCHAYAT KOLLAM	CORPORATION	KOLLAM CORPORATION	JILLA PANCHAYAT	KOLLAM	KOLLAM	URBAN
2	GAH AYOOR	AYURVEDA	GOVT AYURVEDA HOSPITAL, AYOOR, AYOOR PO, KOLLAM DT, PIN - 691533	EDAMU LAKKAL	EDAMUL AKKAL GRAMA PANCHAYATH	PANCHAYATH	ANCHAL	ANCHAL	PUNALUR	KOLLAM	RURAL
3	GAH PARAVOOR	AYURVEDA	GAH PARAVOOR, PARAVOOR	PARAVOOR	PARAVOOR	MUNICIPALITY	ITHIKKARA	KOLLAM	CHATHAN OOR	KOLLAM	URBAN

8	G.A.H. NEDUMPAN A	AYURVED A	NEDUMPAN A, KOLLAM- 691576	NEDUM PANA	NEDUMP ANA PANCH YATH	PANCHAY ATH	MUKHATH ALA	KOLLAM	KUNDARA	KOLLAM	RURAL
9	G.A.H. PORUVAZH Y	AYURVED A	GOVT.AYUR VEDA HOSPITAL, PORUVAZH Y, PIN 690520	PORUV AZHY	PORUVAZ HY	PANCHAY AT	SASTHACO TTA	KOLLAM	KUNNATH UR	MAVELIKK ARA	RURAL

Annexure 3.3.1: Details of ISM Facilities - Dispensary

SL. NO	INSTITUTION	STREAM	ADDRESS	VILLAGE	NAME OF LSGD	TYPE OF LSGD	NAME OF BLOCK PANCHAYATH	DISTRICT PANCHAYATH DIVISION	LA CONSTITUENCY	LOCATION - PARLIAMEN T CONS TITUE NCY	UR BAN/ RURAL
1	ACHEN COVIL	AYURVEDA	GOVT AYUVEDA DISPENSARY ACHANKOVI L, ACHANKOVI L PO, KOLLAM, PIN 689696	ARIENKAVU	ARIENKAVU GRAMA PANCHAYATH	PANCHAYATH	ANCHAL	KOLLAM	PUNALUR	KOLLAM	RURAL

2	ALAYA MON	AYURV EDA	MEENKULA M, CHANNAPP ETTA PO,691311	ALAYA MON	ALAYAMON	PANC HAYA TH	ANCHAL	KOLLAM	CHADAYAM ANGALAM	KOLL AM	RUR AL
3	ADHIC HANAL LOOR	AYURV EDA	691573	ADICH ANALL OOR	ADICHANA LLOOR GRAMAPAN CHAYATH	PANC HAYA TH	ITHIKKARA	KOLLAM	CHATHANO OR	KOLL AM	RUR AL
4	ANCHA L	AYURV EDA	GOVT AYURVEDA DISPENSAR Y ANCHAL, ANCHAL P. O, ANCHAL KOLLAM, PIN691306	ANCH AL	ANCHAL GP	PANC HAYÁ TH	ANCHAL	ANCHAL	PUNALUR	KOLL AM	RUR AL
5	CHADA YAMAN GALAM	AYURV EDA	GAD, CHADAYAM NGALAM,	CHAD AMAN GALA M	CHADAYAM ANGALAM GP	PANC HAYA TH	CHADAYAMNGA LAM	CHADAYAM ANGALAM	CHADAYAM ANGALAM	KOLL AM	RUR AL

8	CHATH ANNOO R	AYURV EDA	GOVT AYURVEDA DISPENSAR Y CHATHANN OOR, CHATHANN OOR, KOLLAM 691572	MEEN AD	CHATHANN OOR	PANC HAYA T	ITHIKKARA	KOLLAM	CHATHANO OR	KOLL AM	RUR AL
9	CHITHA RA	AYURV EDA	GOVT AYURVEDA DISPENSAR Y CHITHARA CHITHARA KIZHAKKU MBHAGAM CHITHARA P O KOLLAM PIN 691559	CHITH ARA	CHITHARA GRAMA PANCHAYA TH	PANC HAYA TH	CHADAYAMANG ALAM	CHITHARA	CHADAYAM ANGALAM	KOLL AM	RUR AL

10	CHERU KARAK ANI	AYURV EDA	GAD CHERUKAR AKANNI. CHANDANA KAVU. KULATHUP UZHA 691310	KULAT HUPU ZHA	KULATHUP UZHA	PANC HAYA T	ANCHAL	KOLLAM	PUNALUR	KOLL AM	RUR AL
11	CLAPPA NA	AYURV EDA	GOVERNME NT AYURVEDA DISPENSAR Y CLAPPANA CLAPPANA PO PIN 690525	CLAPP ANA	CLAPPANA GRAMA PANCHAYA TH	PANC HAYA TH	OACHIRA	CLAPPANA	KARUNAGA PPALLY	ALAPP UZHA	RUR AL
12	ERAVIP URAM	AYURV EDA	GOVTAYUR VEDA DISPENSAR Y ERAVIPURA	ERAVI PURA M	KOLLAM CORPORATI ON	CORP ORATI ON	NIL	NIL	ERAVIPURA M	KOLL AM	URB AN

15	EAST KALLA DA	AYURV EDA	EAST KALLADA (PO), KOLLAM, 691502	EAST KALLA DA	EAST KALLADA	PANC HAYA TH	CHITTUMALA	KUNDARA	KUNNATHU R	MAVE LIKKA RA	RUR AL
16	EZHUK ONE	AYURV EDA	GOVT AYURVEDA DISPENSAR Y EZHUKONE KARUVELIL P O KOLLAM 691505	EZHU KONE	EZHUKONE	PANC HAYA TH	KOTTARAKKAR A	KOLLAM	KOTTARAK KARA	MAVE LIKKA RA	RUR AL
17	KANNA NALLO OR	AYURV EDA	GOVERNME NT AYURVEDA DISPENSAR Y KANNANAL LOOR, KANNANAL	THRIK OVILV ATTO M	THRIKOVIL VATTOM GRAMA PANCHAYA TH	PANC HAYA TH	MUKTHALA	MUKTHALA	KUNDARA	KOLL AM	RUR AL

21	KILIKO LLOOR	AYURV EDA	GOVT. AYURVEDA DISPENSAR Y, ELAVANTH Y, KILIKOLLO OR. P. O, KILIKOLLO OR	KILIK OLLOO R	KOLLAM MUNICIPAL CORPORATI ON	CORP ORATI ON	KOLLAM	KOLLAM	ERAVIPURA M	KOLL AM	URB AN
22	KOTTA MKARA	AYURV EDA	CHANDHAN ATHOPE (P.O), KOTTAMKA RA 691014	KOTT AMKA RA	KOTTAMKA RA	PANC HAYA T	MUKKHATHALA	KOLLAM	KUNDARA	KOLL AM	RUR AL
23	KUNDA RA	AYURV EDA	GOVT AYURVEDA DISPENSAR Y KUNDARA, KUNDARA P.O,	MULA VANA	KUNDARA	PANC HAYA TH	CHITTUMALA	KOLLAM	KUNDARA	KOLL AM	RUR AL

29	MYNAG APPALLY	AYURVEDA	GOVT AYURVEDA DISPENSARY MYNAGAPALLY, PALLIMUKKU, KOLLAM, PINCODE 690519.	MYNAGAPALLY GRAMPANCHAYATH	GRAM APANCHAYATH	SASTHAMKOTTA	KOLLAM	KUNNATHUR	MAVELIKKARA	RURAL
30	NEENDAKARA	AYURVEDA	GOVT. AYURVEDA DISPENSARY NEENDAKARA, AT PARIMANA M, NEENDAKARA (PO) PIN- 691582-	NEENDAKARA	PANCHAYATH	CHAVARA	CHAVARA	CHAVARA	KOLLAM	RURAL

31	NEDUV ATHOOR	AYURV EDA	THEVALAPU RAM PO, KOLLAM, PIN 691507	NEDUVATH VATH OOR	NEDUVATH OOR	PANCHAYATH	KOTTARAKKAR A	NEDUVATH OOR	KOTTARAK KARA	MAVE LIKKARA	RURAL
32	OACHIRA A	AYURV EDA	GAD OACHIRA, CHELLAPPA N MEMORIAL GOVT AYURVEDA DIAPENSAR Y, MADATHIL KARAIMA, OACHIRA P.O, KOLLAM 690526	MADATHIL ARAIMA A	OACHIRA	PANCHAYATH	OACHIRA	OACHIRA	KARUNAGA PPALLY	ALAPP UZHA	RURAL
33	PERAYAM AM	AYURV EDA	PERAYAM, MULAVANA P O,	PERAYAM AM	PERAYAM	PANCHAYATH	CHITTUMALA	KOLLAM	KUNDARA	KOLLAM	RURAL

34	PANAY AM	AYURV EDA	KOLLAM 691503	PANAY AM	PANAYAM	PANC HAYA TH	CHITTUMALA	KOLLAM	KOLLAM	KOLLAM	KOLLAM	RUR AL
			GAD PANAYAM, PANAYAM P. O,691601									
35	PAVUM PA	AYURV EDA	GAD PAVUMBA 690574	PAVU MBA	THAZHAVA	PANC HAYA TH THAZ HAVA	OCHIRA	KOLLAM	KARUNAGA PPALLY	ALAPP UZHA	RUR AL	
36	PATTA ZHY	AYURV EDA	PATTAZHY(PO), THACHAKK ULAM JUNCTION, PATTAZHY, PIN 691522	PATTA ZHY	PATTAZHY	PANC HAYA TH	PATHANAPURA M	KULAKKAD A	PATHANAP URAM	MAVE LIKKA RA	RUR AL	
37	PERINA D	AYURV EDA	CHEMMAKK AD PO,691601	PERIN AD	PERINAD	PANC HAYA T	CHITTUMALA	KOLLAM	KUNDARA	KOLLAM	RUR AL	

38	PIRAVA NTHUR	AYURV EDA	689696	PIRAV ANTH OOR	PIRAVANT HOOR	PANC HAYA TH	PATHANAPURA M	PATHANAP URAM	PATHANAP URAM	MAVE LIKKA RA	RUR RAL
39	POOTH AKULA M	AYURV EDA	GOVT AYURVEDA DISPENSAR Y, AMBIKA MAKEUP JUNCTION, POOTHAKK ULAM P O, POOTHAKK ULAM, 691302	POOT HAKK ULAM	POOTHAKK ULAM	PANC HAYA TH	ITHIKKARA	KOLLAM	CHATHANO OR	KOLL AM AL	RUR RAL
40	PUNAL UR	AYURV EDA	NEAR TB JUNCTION PUNALUR 691305	VALAC ODE	PUNALUR MUNICIPAL ITY	MUNI CIPAL ITY	PATHANAPURA M	KOLLAM	PUNALUR	KOLL AM AN	URB AN
41	SAKTHI KULAN GARA	AYURV EDA	GOVT AYURVEDA DISPENSAR	SAKTH IKULA	KOLLAM CORPORATI ON	KOLL AM CORP	NIL	NIL	CHAVARA	KOLL AM AN	URB AN

43	SOORA NAD SOUTH	AYURV EDA	GOVERNME NT AYURVEDA DISPENSAR Y SOORANAD SOUTH, PIN 690522	SOORA NAD SOUTH	SOORANAD SOUTH	PANC HAYA T	SASTHAMKOTT A		KUNNATHU R	MAVE LIKKA RA	RUR AL
44	SRAYIK KAD	AYURV EDA	GOVT AYURVEDA DISPENSAR Y SRAYIKKAD, AZHEEKKAL PO KOLLAM 690547	ALAPP AD	ALAPPAD	PANC HAYA TH	OACHIRA	KOLLAM	KARUNAGA PPALLY	ALAPP UZHA	RUR AL
45	THAMA RAKKU DY	AYURV EDA	GOVT AYURVEDA DISPENSAR Y THAMARAK UDY,	MYLO M	MYLOM GRAMPANC HAYAT	GRAM PANC HAYA T	VETTIKKAVALA BLOCK	MYLOM DIVISION	KOTTARAK KARA	MAVE LIKKA RA	RUR AL

49	THODIY OOR	AYURV EDA	GOVERNME NT AYURVEDA DISPENSAR Y THODIYOOR , PIN 690523	THODI YOOR	THODIYOO R	PANC HAYA TH	OACHIRA		KARUNAGA PPALLY	ALAPP UZHA AL	RUR AL
50	THRIKK ADAVO OR	AYURV EDA	KADAVOOR, PERINAD 691601		KOLLAM CORPORATI ON	CORP ORATI ON			KOLLAM	KOLL AM AN	URB AN
51	THRIKK ARUVA	AYURV EDA	THRIKKARU VA KANJAVELY PO KOLLAM 691602	THRIK KARU VA	THRIKKAR UVA	PANC HAYA TH	CHITTUMALA	KOLKAM	KOLLAM	KOLL AM AL	RUR AL
52	UMAYA NALLO OR	AYURV EDA	UMAYANAL LOOR PO, KOLLAM, 691589	THAZ HUTH ALA	MAYYANAD	PANC HAYA TH	MUGHATHALA	MUGHATHA LA	ERAVIPURA M	KOLL AM AL	RUR AL

53	UMMA NNOOR	AYURV EDA	PINATTINM UKAL CHEPRA P O KOLLAM 691520	UMMA NNOO R	UMMANNO OR	PANC HAYA TH	VETTIKAVALA	VETTIKAVA LA	KOTTARAK KARA	MAVE LIKKA RA	RUR AL
54	VADAK KEVILA	AYURV EDA	GOVT AYURVEDA DISPENSAR Y VADAKKEVI LA, KOLLAM PIN691010	VADA KKEVI LA	KOLLAM CORPORATI ON	CORP ORATI ON	NA	NA	ERAVIPURA M	KOLL AM	URB AN
55	VELIYA M	AYURV EDA	GOVERNME NT AYURVEDA DISPENSAR Y VELIYAM, ODANAVAT TOM P.O 691512	VELIY AM	VELIYAM GRAMPANC HAYAT	PANC HAYA T	KOTTARAKARA BLOCK PANCHAYAT	KOLLAM	KOTTARAK KARA	MAVE LIKKA RA	RUR AL

56	WEST KALLA DA	AYURV EDA	GAD WEST KALLADA VALIYAPAD AM VILANTHAR A KOLLAM	WEST KALLA DA	WEST KALLADA	GRAM A PANC HAYA TH	SASTHAMKOTT A	WEST KALLADA	KUNNATHU R	MAVE LIKKA RA	RUR AL
57	VELINA LLOOR	AYURV EDA	VELINALLO OR, OYOORPO, PIN. 691510	VELIN ALLOO R	VELINALLO OR	PANC HAYA TH	CHADAYAMANG ALAM	VELINALLO OR	CHADAYAM ANGALAM	KOLL AM	RUR AL
58	YEROO R	AYURV EDA	GOVT AYURVEDA DISPENSAR Y YEROOOR, CHILLING PLANT YEROOOR PO KOLLAM 691312, YEROOOR	YERO OR	YEROOR	PANC HAYA TH	ANCHAL	KOLLAM	PUNALUR	KOLL AM	RUR AL

59	PUNALUR (NCD)	NATUROPATHY	GOVT NATURE CURE DISPENSARY, XVII/160, VALACODE, PUNALUR,6 91331	VALACODE	PUNALUR MUNICIPALITY	MUNICIPALITY	NA	NA	PUNALUR	KOLLAM	URBAN
60	NHM KALLUVATHUKKAL	AYURVEDA	AYUSH PRIMARY HEALTH CENTRE, VILAVOORK ONAM PO, KATTUPURAM, KALLUVATHUKKAL, KOLLAM DISTRICT, PIN - 691578	KALLUVATHUKKAL	KALLUVATHUKKAL GRAMA PANCHAYAT	PANCHAYAT	ITHIKKARA	KALLUVATHUKKAL	CHATHANOR	KOLLAM	RURAL

61	NHM POOYA PPALLY	AYURV EDA	AYUSH PHC, POOYAPPAL LY, KOLLAM DIST. PINCODE- 691537	POOYA PPALL Y	POOYAPPA LLY	PANC HAYA TH	KOTTARAKKAR A	VELINALLO OR	CHATHANO OR	KOLL AM AL	RUR AL
62	NHM SOORA NAD NORTH	AYURV EDA	APHC SHOORANA D NORTH, NEAR AZAKIYAKA VU TEMPLE PINCODE 690561	SHOO RANA D NORT H	SHOORANA D NORTH	PANC HAYA TH	SHASTHAMCOT TA BLOCK	SHOORANA D NORTH	KUNNATHU R	MAVE LIKKA RA	RUR AL
63	NHM VETTIK KAVAL A	AYURV EDA	AYUSH PRIMARY HEALTH CENTER(A YURVEDA), VETTIKAVA LA, 691538	VETTI KAVAL A	VETTIKAVA LA	PANC HAYA TH	VETTIKAVALA	KOLLAM	PATHANAP URAM	MAVE LIKKA RA	RUR AL

64	NHM VILAKK UDY	AYURV EDA	APHC. VILAKKUDY ELAMPEL, ELAMPEL PO. PIN 691322	VILAK KUDY	VILAKKUDY	PANC HAYA TH	PATHANAPURA M	THALAVOO R	PATHANAP URAM	MAVE LIKKA RA	RUR AL
65	NHM CHATHI NAMKU LAM	AYURV EDA	AYUSH PHC (AYURVEDA) CHATHINA MKULAM CHANDANA THOPPE PO, CHATHINA MKULAM, PIN-691014	MANG ADU	KOLLAM MUNICIPAL CORPORATI ON	CORP ORATI ON	CHITTUMALA	KOLLAM	KOLLAM	KOLL AM	URB AN
66	NHM KULASE KARAP URAM	AYURV EDA	AYUSH AYURVEDA PHC KULASEKHA RAPURAM, PUTHENTH	KULAS EKHA RAPU RAM	KULASEKH ARAPURAM	PANC HAYA THU	OACHIRA	KOLLAM	KARUNAGA PPALLY	ALAP UZHA	URB AN

72	NHM NILAM EL	AYURV EDA	NHM AYUSH AYURVEDA PHC BENGLAMK UNNU NILAMEL 691535	NILAM EL	NILAMEL	PANC HAYA T	CHADAYAMANG ALAM	KOLLAM	CHADAYAM ANGALAM	KOLL AM	RUR AL
73	NHM PATHA NAPUR AM	AYURV EDA	AYUSH AYURVEDA PRIMARY HEALTH CENTRE, KUNDAYAM, PATHANAP URAM. P. O- 689695 KOLLAM DISTRICT	PATH ANAP URAM	PATHANAP URAM	PANC HAYA T	PATHANAPURA M	KUNDAYAM DIVISION	PATHANAP URAM	MAVE LIKKA RA	RUR AL
74	NHM PATTA ZHY VADAK	AYURV EDA	AYUSH AYURVEDA PHC NHM PATTAZHYV	PATTA ZHYVA DAKK	PATTAZHY VADAKKEK KARA	PANC HAYA TH	PATHANAPURA M	KOLLAM	PATHANAP URAM	MAVE LIKKA RA	RUR AL

KEKAR A	NHM POOTH AKKUL AM	AYURV EDA	ADAKKEKK ARA, KOLLAM - 691526	EKKA RA	PHOOTHAK ULAM	PANC HAYA TH	ITHIKARA	KALLUVATH UKKAL DIVISION	CHATHANO OR	KOLL AM	RUR AL
75			AYUSH PRIMARY HEALTH CENTER, INSIDE PHOOTHAK ULAM PANCHAYA TH OFFICE BUILDING, PHOOTHAK ULAM- 691302	POOT HAKU LAM							
76	NHM ELAMA DU	AYURV EDA	APHC(AYE LAMADU, NEAR IOB BANK AMBALAM	ELAM ADU	GRAMA PANCHAYA TH, ELAMADU	PANC HAYA TH	CHADAYAMANG ALAM	KOLLAM.	CHADAYAM ANGALAM	KOLL AM	RUR AL

Annexure 3.5.1: Beneficiary details in ISM Hospitals

Sl. No	Institution	Average OPD in a month	Average IPD in a month	Total bed strength
1	DAH KOLLAM	5673	1745	50
2	GAH AYOOR	3382	715	30
3	GAH PARAVOOR	1752	610	30
4	GAH THALAVOOR	3878	1011	30
5	GAH IVERKALA	2097	362	10
6	GAH KOTTARAKKARA	2963	186	10
7	GAH KARUNAGAPPALLY	1959	277	10
8	G.A.H. NEDUMPANA	2137	201	10
9	G.A.H. PORUVAZHY	2653	227	10

Annexure 3.5.2: Table of Beneficiary details in Government ISM Dispensaries

Sl No	Institution Name	Average OPD in a Month
1.	Government Ayurveda Dispensary - Achencovil	905
2.	Government Ayurveda Dispensary - Alayamon	1746
3.	Government Ayurveda Dispensary - Adhichanalloor	2020
4.	Government Ayurveda Dispensary - Anchal	1631
5.	Government Ayurveda Dispensary - Chadayamangalam	2113
6.	Government Ayurveda Dispensary - Chavara	1428
7.	Government Ayurveda Dispensary - Chavara South	2116
8.	Government Ayurveda Dispensary - Chathannoor	1242
9.	Government Ayurveda Dispensary - Chithara	1679
10.	Government Ayurveda Dispensary - Cherukarakani	1187
11.	Government Ayurveda Dispensary - Clappana	1932
12.	Government Ayurveda Dispensary - Eravipuram	1514
13.	Government Ayurveda Dispensary - Elampalloor	1149
14.	Government Ayurveda Dispensary - Ittiva	1573

15.	Government Ayurveda Dispensary – East Kallada	1669
16.	Government Ayurveda Dispensary – Ezhukone	1275
17.	Government Ayurveda Dispensary – Kannalloor	2707
18.	Government Ayurveda Dispensary – Karavallloor	1665
19.	Government Ayurveda Dispensary – Karunagappally	2422
20.	Government Ayurveda Dispensary – Kareepra	1858
21.	Government Ayurveda Dispensary – Kilikollur	1671
22.	Government Ayurveda Dispensary – Kottamkara	1579
23.	Government Ayurveda Dispensary – Kundara	1107
24.	Government Ayurveda Dispensary – Kummil	1602
25.	Government Ayurveda Dispensary – Kulasekharapuram	1369
26.	Government Ayurveda Dispensary – Kulakkada	1000
27.	Government Ayurveda Dispensary – Kuzhikkalidavaka	1555
28.	Government Ayurveda Dispensary – Mandrothuruth	1332
29.	Government Ayurveda Dispensary – Mynagappally	1159
30.	Government Ayurveda Dispensary – Neendakara	1313

31.	Government Ayurveda Dispensary – Neduvathoor	1189
32.	Government Ayurveda Dispensary – Oachira	1707
33.	Government Ayurveda Dispensary – Perayam	1136
34.	Government Ayurveda Dispensary – Panayam	1516
35.	Government Ayurveda Dispensary – Pavumpa	1610
36.	Government Ayurveda Dispensary – Pattazhy	1539
37.	Government Ayurveda Dispensary – Perinad	1535
38.	Government Ayurveda Dispensary – Piravanthur	1560
39.	Government Ayurveda Dispensary – Poothakulam	1372
40.	Government Ayurveda Dispensary – Punalur	1462
41.	Government Ayurveda Dispensary – Sakthikulangara	1616
42.	Government Ayurveda Dispensary – Sasthamcotta	1018
43.	Government Ayurveda Dispensary – Sooranad South	1649
44.	Government Ayurveda Dispensary – Srayikkad	1312
45.	Government Ayurveda Dispensary – Thamarakkudy	1650
46.	Government Ayurveda Dispensary – Thenmala	1434

47.	Government Ayurveda Dispensary – Thevalakkara	1857
48.	Government Siddha Dispensary – Thevalakkara	1307
49.	Government Ayurveda Dispensary – Thodiyoor	2372
50.	Government Ayurveda Dispensary – Thrikkadavoor	2339
51.	Government Ayurveda Dispensary – Thrikkaruva	1342
52.	Government Ayurveda Dispensary – Umayanalloor	1643
53.	Government Ayurveda Dispensary – Ummannoor	1161
54.	Government Ayurveda Dispensary – Vadakkevila	1523
55.	Government Ayurveda Dispensary – Veliyam	1254
56.	Government Ayurveda Dispensary – West Kallada	1280
57.	Government Ayurveda Dispensary – Velinalloor	1692
58.	Government Ayurveda Dispensary – Yeroor	1352
59.	Government N& C Dispensary – Punalur	219

Annexure 3.5.3: Table of Beneficiary details in APHC dispensaries

SI No:	Name of Institution	Average Monthly OP
1	NHM KALLUVATHUKKAL	1479
2	NHM POOYAPPALLY	1729
3	NHM SOORANAD NORTH	1255
4	NHM VETTIKKAVALA	1693
5	NHM VILAKKUDY	1875
6	NHM CHATHINAMKULAM	1493
7	NHM KULASEKARAPURAM	1513
8	NHM ANCHAL	1466
9	NHM CHIRAKKARA	1473
10	NHM KADAKKAL	1563
11	NHM MELILA	1120
12	NHM NEDUVATHOOR	1566
13	NHM NILAMEL	1586
14	NHM PATHANAPURAM	1506
15	NHM PATTAZHY VADAKKEKARA	1479
16	NHM POOTHAKKULAM	1608
17	NHM ELAMADU	967

18	NHM ITTIVA	1381
19	NHM SIDHA KALLUVATHUKKAL	1196
20	NHM SIDHA KOTTARAKKARA	1008
21	NHM SIDHA CHAVARA THEKKUMBHAKAM	1168

Annexure 3.10: List of Institutions upgraded as Ayushman Arogya Mandir Ayush (AAM-A)

Sl no	Name of Institution
1	Ayushman Arogya Mandir Ayush (Ayurveda) Adichanalloor 691573
2	Ayushman Arogya Mandir Ayush (Ayurveda) Alayamon 691306
3	Ayushman Arogya Mandir Ayush (Ayurveda) Chavara 691583
4	Ayushman Arogya Mandir Ayush (Ayurveda) Chithara 691559
5	Ayushman Arogya Mandir Ayush (Ayurveda) Kannanalore 691576
6	Ayushman Arogya Mandir Ayush (Ayurveda) Kareepra 691509
7	Ayushman Arogya Mandir Ayush (Ayurveda) Kulakkada 691521
8	Ayushman Arogya Mandir Ayush (Ayurveda) Kummill 691536
9	Ayushman Arogya Mandir Ayush (Ayurveda) Panayam 691002
10	Ayushman Arogya Mandir Ayush (Ayurveda) Pattazhi 691522
11	Ayushman Arogya Mandir Ayush (Ayurveda) Perinad 691601
12	Ayushman Arogya Mandir Ayush (Ayurveda) Thamarakudi 691553
13	Ayushman Arogya Mandir Ayush (Ayurveda) Thenmala 691308

14	Ayushman Arogya Mandir Ayush (Ayurveda) Thodiyoor 690523
15	Ayushman Arogya Mandir Ayush (Ayurveda) Thrikkadavoor 691601
16	Ayushman Arogya Mandir Ayush (Ayurveda) Umayanalloor 691589
17	Ayushman Arogya Mandir Ayush (Ayurveda) Veliyam 691540
18	Ayushman Arogya Mandir Ayush (Ayurveda) Chadayamangalam 691534
19	Ayushman Arogya Mandir Ayush (Ayurveda) Eravipuram 691011
20	Ayushman Arogya Mandir Ayush (Ayurveda) Karunagappally 690518
21	Ayushman Arogya Mandir Ayush (Ayurveda) Kottamkara 691005
22	Ayushman Arogya Mandir Ayush (Ayurveda) Kuzhikkalidavaka 691602
23	Ayushman Arogya Mandir Ayush (Ayurveda) Munroethuruthu 691502
24	Ayushman Arogya Mandir Ayush (Ayurveda) Mynagappally 690519
25	Ayushman Arogya Mandir Ayush (Ayurveda) Oachira 690526
26	Ayushman Arogya Mandir Ayush (Ayurveda) Pavumba 690574
27	Ayushman Arogya Mandir Ayush (Ayurveda) Westkallada 691500
28	Ayushman Arogya Mandir Ayush (Ayurveda) Yeroor 691330
29	Ayushman Arogya Mandir Ayush (Siddha) Thevalakkara 690524
30	Ayushman Arogya Mandir Ayush (Yoga & Naturopathy) Punalur 691305

Annexure 4.3.1: Details of Homoeopathy Facilities - Hospital

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/ Municipality /Panchayath	Type Of Lsgd	Block Name	District Panchayat Division	Lok Sabha Constituency	Assembly Constituency	Urban/Rural
1	KARUNAGAPALLY GOVT HOMEO HOSPITAL : 02H02	Homoeopathy	Kollam	KARUNAGAPALLY, ALUMKADA VU P.O. KOLLAM	Karunagapally	Karunagapally Municipality	Municipality			Alappuzha	Karunagapally	Urban
2	KOLLAM DISTRICT HOMEO HOSPITAL : 02H01	Homoeopathy	Kollam	KOLLAM THEVALLY P.O KOLLAM		Kollam Corporation	Corporation			Kollam	Kollam	Urban
3	PUNALUR GOVT HOMEO HOSPITAL : 02H03	Homoeopathy	Kollam	CHEMMATHOOR PO PUNALUR	Valakode	Punalur Municipality	Municipality			Kollam	Pathanam	Urban

Annexure 4.3.1: Details of Homoeopathy Facilities - Hospital

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/Municipality/Panchayat	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban /Rural
1	ADICHAN ALLUR GOVT HOMOEOPATHY DISPENSARY : 02D01	Homoeopathy	Kollam	ADICHANALLUR ADICHANALLUR.P .O. KAITHAKUZHI KOLLAM	Adichanallur	ADICHANALLUR PANCHAYATH	Panchayath	Ithikkara	Kollam	Kollam	Chathannoor	Rural
2	ALAPPA D GOVT HOMOEOPATHY DISPENSARY : 02D02	Homoeopathy	Kollam	ALAPPAD KUZHITHURA P.O ADINAD NORTH VIA KOLLAM	Ochira	ALAPPAD	Panchayath	Oachira	Kollam	Kollam	Karunagapally	Rural

3	ALAYAM ON APHC : 02N01	Homo eopathy	Kollam	AYUSH PRIMARY HEALTH CENTRE (NHM) ALAYAMON GRAMPANCHAYA T, CHANNAPETTAH PO ,KOLLAM DISTRICT,PINCOD E 691311	Chan napet ta	ALAYA MAN	Panchay ath	Anchal	Kollam	Kolla m	Chaday amanga lam	Rural
4	ANCHAL APHC : 02N02	Homo eopathy	Kollam	APHC NHM HOMEO DISPENSARY, ANCHAL.P. O, PANAYAMCHERY, KOLLAM.	Ancha li	ANCHA L	Panchay ath	Anchal	Kollam	Kolla m	Punalur	Rural
5	ARYANK AVU APHC : 02N03	Homo eopathy	Kollam	APHC NHM HOMEO ARYANKAVU GP, KAZHUTHURUTTI PO, KOLLAM DT,	Punal ur	ARYAN KAVU	Panchay ath	Anchal	Kollam	Kolla m	Punalur	Rural

6	CHADAY AMANGA LAM GOVT HOMEO DISPENS ARY : 02D03	Homo eopathy	Kollam	CHADAYAMANGA LAM CHADAYAMANGA LAM P.O. KOLLAM	Kotta mkar a	CHADA YAMAN GALAM	Panchay ath	Chaday amang alam	Kollam	Kolla m	Chaday amanga lam	Rural
7	CHANDA NATHOP PU GOVT HOMEO DISPENS ARY : 02D04	Homo eopathy	Kollam	CHANDANATHOP PU CHANDANATHOP PU P.O KOLLAM	Kotta mkar a	KOTTA MKARA	Panchay ath	Mukhat hala	Kollam	Kolla m	Kundar a	Rural
8	CHATHA NNUR GOVT HOMEO DISPENS ARY : 02D05	Homo eopathy	Kollam	CHATHANNUR CHATHANNUR P.O. KOLLAM	Meen ad	CHATH ANNUR	Panchay ath	Ithikka ra	Kollam	Kolla m	Chatha nnoor	Rural

9	CHAVAR A APHC : 02N04	Homo eopathy	Kollam	AYUSH PRIMARY HEALTH CENTRE NHM HOMOEOPATHY, CHAVARA GRAMAPANCHAY ATH BUILDING, KOTTAMKULANG ARA,CHAVARA P.O.,KOLLAM DT.	Chava ra	CHAVA RA	Panchay ath	Chavar a	Kollam	Kolla m	Chavara	Rural
10	CHIRAKK ARA APHC : 02N05	Homo eopathy	Kollam	AYUSH PRIMARY HEALTH CENTRE NHM HOMOE DISPENSARY CHIRAKKARA	Chira kkara	CHIRA KKARA	Panchay ath	Ithikka ra	Kollam	Kolla m	Chatha nnoor	Rural
11	CHITHAR A APHC : 02N06	Homo eopathy	Kollam	NHM APHC CHITHARA GRAMA PANCHAYATH.,NE AR MATHIRA DEVI TEMPLE, MATHIRA	Mank ode	CHITH ARA	Panchay ath	Chaday amang alam	Kollam	Kolla m	Chaday amanga lam	Rural

12	CLAPPAN A APHC : 02N07	Homo eopath y	Kollam	P.O.KOLLAM DIST.PIN.691536	Kulas ekhar apura m	CLAPP ANA	Panchay ath	Oachira	Kollam	Alapp uzha	Karuna gapally	Rural
13	CLAPPAN A GOVT HOMEO DISPENS ARY : 02D12	Homo eopath y	Kollam	GHD CLAPPANA ALUMPEEDIKA PO KOLLAM 690547	Clapp ana	CLAPP ANA	Panchay ath	Oachira	Kollam	Alapp uzha	Karuna gapally	Rural
14	EAST KALLAD A APHC : 02N08	Homo eopath y	Kollam	APHC(NHM)HOM OEO DISPENSARY EASTKALLADA,CH ITTUMALA,EASTK ALLADA,KOLLAM	East Kalla da	EAST KALLA DA	Panchay ath	Chittu mala	Kollam	Mavel ikkara	Kunnat hur	Rural

15	EDAMUL AKKAL GOVT HOMEO DISPENS ARY : 02D06	Homo eopathy	Kollam	EDAMULAKKAL ANCHAL P.O. KOLLAM	Edam ulakk al	EDAMU LAKKA L	Panchay ath	Anchal	Kollam	Kolla m	Punatur	Rural
16	ELAMAD GOVT HOMEO DISPENS ARY : 02D07	Homo eopathy	Kollam	GOVT HOMEO DISPENSARY ELAMADU, P.O, KOLLAM PIN: 691533	Elama d	ELAMA DU	Panchay ath	Chaday amang alam	Kollam	Kolla m	Chaday amanga lam	Rural
17	ELAMPA LOOR APHC : 02N09	Homo eopathy	Kollam	ELAMPALLOORAP HC(02N09) PERUMPPUZHA NEAR PERUMPPUZHA PO KOLLAM PIN 691504	Elam pallur	ELAMP ALLOO R	Panchay ath	Mukhat hala	Kollam	Kolla m	Kundar a	Rural

18	ERAVIPURAM GOVT HOMEO DISPENSARY : 02D08	Homeopathy	Kollam	GHD ERAVIPURAM, VALATHUNGAL PO ,VENPALAKKARA	Eravipuram	Kollam Corporation	Chadayamangalam	Kollam	Kollam	Kollam	Chadayamangalam	Kollam	Eravipuram	Urban
19	ETTIVA GOVT HOMEO DISPENSARY : 02D09	Homeopathy	Kollam	GHD ETTIVA, KOTTUKKAL P O ,KOLLAM 691306	Ittiva	ITTIVA	Panchayath	Chadayamangalam	Kollam	Kollam	Chadayamangalam	Kollam	Kollam	Rural
20	EZHUKONE APHC : 02N10	Homeopathy	Kollam	AYUSH PRIMARY HEALTH CENTER (HOMOEOPATHY) EZHUKONE P.O KOLLAM-691505		EZHUKONE	Panchayath	Kottarakkara	Kollam	Kollam	Kottarakkara	Mavelikkara	Kottarakkara	Rural
21	KADAKKAL APHC : 02N11	Homeopathy	Kollam	AYUSH PRIMARY HEALTH CENTER HOMOEOPATHY.	Kadalakkal	KADAKKAL	Panchayath	Chadayamangalam	Kollam	Kollam	Chadayamangalam	Kollam	Kollam	Rural

24	KARUNA GAPALLY GOVT HOMOEOPATHY DISPENSARY : 02D11	Homo eopathy	Kollam	KARUNAGAPPALLY S.V.MARKET P.O. KOLLAM 690573	Karunagappally Municipality	Karunagappally Municipality	Municipality			Alappuzha	Karunagapally	Urban
26	KOLLAM DISTRICT MEDICAL OFFICE : DM2	Homo eopathy	Kollam	1ST FLOOR DIST. HOMOEOPATHIC HOSPITAL THEVALLY. P.O KOLLAM	Kollam Corporation	Kollam Corporation	Corporation			Kollam	Kollam	Urban
27	KOLLAM DMS : DMS02	Homo eopathy	Kollam		Aala		Corporation					Urban
28	KOTTARAKKARA GOVT HOMOEOPATHY DISPENSARY	Homo eopathy	Kollam	KOTTARAKKARA AMBALAPPURA E.T.C.P.O. KOLLAM 691531	Kottarakkara Municipality	Kottarakkara Municipality	Municipality			Mavelikkara	Kottarakkara	Urban

32	KUMMIL GOVT HOMEO DISPENS ARY : 02D16	Homo eopath y	Kollam	GHD KUMMIL, KUMMIL P.O. KOLLAM	Kum mil	KUMMI L	Panchay ath	Chaday amang alam	Kollam	Kolla m	Chaday amanga lam	Rural
33	KUNDAR A APHC : 02N15	Homo eopath y	Kollam	APHC NHM, KUNDARA EAST P. O KUNDARA, KUNDARA GRAMAPANCHAY ATH	Mulav ana	KUNDA RA	Panchay ath	Chittu mala	Kollam	Kolla m	Kundar a	Rural
34	KUNNAT HUR GOVT HOMEO DISPENS ARY : 02D17	Homo eopath y	Kollam	KUNNATHUR KUNNATHUR EAST P.O. KOLLAM 690540	Kunn athur	KUNNA THUR	Panchay ath	Sastha mkotta	Kollam	Mavel ikkara	Kunnat hur	Rural

35	MAYYAN AD GOVT HOMEO DISPENS ARY : 02D18	Homo eopath y	Kollam	UMAYANALLOOR P.O, MAYYANAD, KOLLAM ,PIN - 691589	Mayy anad	MAYYA NAD	Panchay ath	Mukhat hala	Kollam	Kollam	Kollam	Kollam	Eravipu ram	Rural
36	MELILA GOVT HOMEO DISPENS ARY : 02D19	Homo eopath y	Kollam	MELILA MELILA P.O. KOLLAM 691508	Melila	MELIL A	Panchay ath	Vettika vala	Kollam	Kollam	Mavel ikkara	Pathana puram	Rural	
37	MULLUM ALA GOVT HOMEO DISPENS ARY : 02D20	Homo eopath y	Kollam	MULLUMALA CHERUPPITAKA V CHEMPANARUVI P.O. KOLLAM	Pirav antho or	PIRAV ANTHU R	Panchay ath	Pathan apuram	Kollam	Kollam	Mavel ikkara	Pathana puram	Rural	

38	MUNROE THURUT H APHC : 02N16	Homo eopath y	Kollam	AYUSH PRIMARY HEALTH CENTRE[NHM] HOMEO,PATTO MTHURUTH.P.O,M UNROETHURUTH	Mand rothu ruth	MAND ROTHU RUTHU	Panchay ath	Chittu mala	Kollam	Mavel ikkara	Kunnat hur	Rural
39	MYLOM APHC : 02N17	Homo eopath y	Kollam	APHCNHM HOMEO DISPENSARY, AKKAVILA MYLOM. P. O, KOTTARAKKARA, KOLLAM, 691560	Myla m	MYLO M	Panchay ath	Vettika vala	Kollam	Mavel ikkara	Pathana puram	Rural
40	MYNAGA PPALLY APHC : 02N18	Homo eopath y	Kollam	APHC NHM HOMEO DISPENSARY, MYNAGAPALLY, MYNAGAPALLY PO	Myna gappa lly	MYNAG APPAL LY	Panchay ath	Sastha mkotta	Kollam	Mavel ikkara	Kunnat hur	Rural

41	NEDUMB ANA GOVT HOMEO DISPENS ARY : 02D21	Homo eopath y	Kollam	NEDUMPANA, PALLIMON P.O. KOLLAM	Palli mon	NEDU MPANA	Panchay ath	Mukhat hala	Kollam	Kolla m	Kundar a	Rural
42	NEDUVA THUR APHC : 02N19	Homo eopath y	Kollam	NHMAPHC (HOMEO)NEDUV ATHOOR GRAMA PANCHAYATH	Nedu vathu r	NEDUV ATHUR	Panchay ath	Kottara kkara	Kollam	Mavel ikkara	Kottara kkara	Rural
43	NEENDA KARA APHC : 02N20	Homo eopath y	Kollam	APHC NHM HOMEOPATHY, NEENDAKARA, PO KOLLAM	Aala	NEEND AKARA	Panchay ath	Chavar a	Kollam	Kolla m	Chavara	Rural
44	NILAMEL GOVT HOMEO DISPENS ARY : 02D22	Homo eopath y	Kollam	NILAMEL NILAMEL P.O KOLLAM	Nilam el	NILAM EL	Panchay ath	Chaday amang alam	Kollam	Kolla m	Chaday amanga lam	Rural

45	OACHIRA GOVT HOMEO DISPENS ARY : 02D23	Homo eopath y	Kollam	OACHIRA OACHIRA P.O. KOLLAM 690526	Ochir a	OACHI RA	Panchay ath	Oachira	Kollam	Alapp uzha	Karuna gapally	Rural
54	PADAPP AKKARA GOVT HOMEO DISPENS ARY : 02D24	Homo eopath y	Kollam	GHD PADAPPAKKARA, PADAPPAKARA PO ,PERAYAM,KOLLA M	Peray am	PERAY AM	Panchay ath	Chittu mala	Kollam	Kolla m	Kundar a	Rural
46	PANAYA M APHC : 02N21	Homo eopath y	Kollam	PANAYAM APHC NHM CHEMMAKKAD.P. O PANAYAM	Panay am	PANAY AM	Panchay ath	Chittu mala	Kollam	Kolla m	Kollam	Rural
47	PANMAN A GOVT HOMEO DISPENS	Homo eopath y	Kollam	PANMANA VADAKUMTHALA EAST P.O. KOLLAM 690536	Vadak umth ala	PANMA NA	Panchay ath	Chavar a	Kollam	Kolla m	Chavara	Rural

61	PUNALUR GOVT HOMEO DISPENSARY : 02D36	Homo eopathy	Kollam	GOVT HOMEO DISPENSARY PUNALUR, MARKET JUNCTION, MUNICIPAL SHOPPING COMPLEX, PUNALUR P.O, KOLLAM	Punalur	Punalar Municipality						Punalur	Urban
62	SASTHAMKOTTA AMBEDKAR GRAMAM SCPHHC : 02S03	Homo eopathy	Kollam	SCP HOMEOPATHIC HEALTH CENTRE, AMBEDKAR GRAMAM,MUTHU PILAKADU WEST, MUTHUPILAKADU PO PIN 690520 KOLLAM.	Punalur	Punalar Municipality	Sasthamkotta	Kollam					Rural
63	SASTHAMKOTTA GOVT	Homo eopathy	Kollam	SASTHAMKOTTA PORUVAZHY P.O. KOLLAM 690540	Punalur	Punalar Municipality	Sasthamkotta	Kollam					Rural

HOMEO DISPENS ARY : 02D37	SHAKTHI KULANG ARA GOVT HOMEO DISPENS ARY : 02D38	Homo eopathy	Kollam	SHAKTHIKULANG ARA KAVANAD P.O. KOLLAM	Soora nad North	SOORA NAD NORTH	Corporat ion	Sastha mkotta	Kollam	Mavel ikkara	Kunnat hur	Chavara	Urban
64													
HOMEO DISPENS ARY : 02D39	SOORAN AD GOVT HOMEO DISPENS ARY : 02D39	Homo eopathy	Kollam	GHD SOORANAD NORTH,SOORANA D NORTH GRAMAPANCHAY ATH	Soora nad North	SOORA NAD NORTH	Panchay ath	Sastha mkotta	Kollam	Mavel ikkara	Kunnat hur	Chavara	Urban
65													
HOMEO DISPENS ARY : 02D38	SOORAN AD GOVT HOMEO DISPENS ARY : 02D38	Homo eopathy	Kollam	APHC NHM HOMEO DISPENSARY PULIKKULAM	Soora nad North	SOORA NAD NORTH	Panchay ath	Sastha mkotta	Kollam	Mavel ikkara	Kunnat hur	Chavara	Urban
66													

	APHC : 02N23			PARAKKADAVU P O SOORANAD NORTH															
67	SOORAN AD SOUTH APHC : 02N24	Homo eopath y	Kollam	SOORANAD SOUTH PATHARAM.PO	Soora nad South	SOORA NAD SOUTH	Panchay ath	Sastha mkotta	Kollam	Mavel ikkara	Kunnat hur	Rural							
68	THALAV OOR APHC : 02N25	Homo eopath y	Kollam	APHC NHM, HOMEO DISPENSARY PHC COMPOUND, THALAVOOR PO	Thala voor	THALA VOOR	Panchay ath	Pathan apuram	Kollam	Mavel ikkara	Pathana puram	Rural							
69	THALAV OOR IHDP SCPHHC : 02S01	Homo eopath y	Kollam	GOVT.SCP HOMOEOPATHIC HEALTH CENTRE, IHDP COLONY, AMBALANIRAPPU PO, THALAVOOR.	Thala voor	THALA VOOR	Panchay ath	Pathan apuram	Kollam	Mavel ikkara	Pathana puram	Rural							

70	THAZHA VA APHC : 02N26	Homo eopath y	Kollam	APHC.HOMOE DISPENSARY THAZHA	Thazh ava	THAZH AVA	Panchay ath	Oachira	Kollam	Alapp uzha	Karuna gapally	Rural
71	THEKKU MBHAGA M GOVT HOMOE DISPENS ARY : 02D40	Homo eopath y	Kollam	THEKKUMBHAGA M THEKKUMBHAGA M P.O. CHAVARA KOLLAM	Thek kumb haga m	THEKK UMBH AGAM	Panchay ath	Chavar a	Kollam	Kolla m	Chavara	Rural
72	THENMA LA APHC : 02N27	Homo eopath y	Kollam	APHC NHM(HOMOE) DISPENSARY EDAMON 34 THENMALA	Edam on	THEN MALA	Panchay ath	Anchal	Kollam	Kolla m	Punatur	Rural
73	THEVAL AKKARA GOVT HOMOE DISPENS	Homo eopath y	Kollam	THEVALAKKARA P.O,KARUNAGAPP ALLY ,KOLLAM - 690524	Theva lakka ra	THEVA LAKKA RA	Panchay ath	Chavar a	Kollam	Kolla m	Chavara	Rural

ARY : 02D41	74	THODIYO OR GOVT HOMEO DISPENS ARY : 02D42	Homo eopath y	Kollam	THODIYOOR KALLELIBHAGAM P.O. KOLLAM	Thodi yoor	THODI YOOR	Panchay ath	Oachira	Kollam	Alapp uzha	Karuna gapally	Rural
THRIKKA RUV GOVT HOMEO DISPENS ARY : 02D43	75	THRIKKA RUV GOVT HOMEO DISPENS ARY : 02D43	Homo eopath y	Kollam	KANJAVELI.P.O,PR AKKULAM ROAD,KOLLAM	Thrik karuv a	THRIK KARUV A	Panchay ath	Chittu mala	Kollam	Kolla m	Kollam	Rural
THRIKKO VILVATT OM GOVT HOMEO DISPENS	76	THRIKKO VILVATT OM GOVT HOMEO DISPENS	Homo eopath y	Kollam	MUKHATHALA PO	Thrik kovily attom	THRIK KOVIL VATTO M	Panchay ath	Mukhat hala	Kollam	Kolla m	Kundar a	Rural

83	VETTIKA VALA APHC : 02N32	Homo eopath y	Kollam	APHC, NHM, HOMEO, VETTIKAVALA KOKKAD. PO	Chakk uvara kkal	VETTIK AVALA	Panchay ath	Vettika vala	Kollam	Mavel ikkara	Pathana puram	Rural
84	VILAKKU DY GOVT HOMEO DISPENS ARY : 02D47	Homo eopath y	Kollam	GOVT. HOMEO DISPENSARY, VILAKKUDY, LPS JUNCTION, KUNNIKODU P.O KOLLAM 691508	Vilak udy	VILAK KUDY	Panchay ath	Pathan apuram	Kollam	Mavel ikkara	Pathana puram	Rural
85	WEST KALLAD A GOVT HOMEO DISPENS ARY : 02D48	Homo eopath y	Kollam	WESTKALLADA WEST KALLADA P.O KOLLAM	West Kalla da	WEST KALLA DA	Panchay ath	Sastha mkotta	Kollam	Mavel ikkara	Kunnat hur	Rural
86	YEROOR APHC : 02N33	Homo eopath y	Kollam	APHC NHM HOMOEOPATHY VILAKKUPARA.P. O YEROOR	Ayira nelloor	YEROO R	Panchay ath	Anchal	Kollam	Kolla m	Punatur	Rural

Annexure 4.5.1: Table of Beneficiary details in Hospitals

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	Kollam District Homoeo Hospital	4200	27	25
2	Karunagapally Govt Homoeo Hospital	2580	26	25
3	Punalur Govt Homoeo Hospital	4650	32	25

Annexure 4.5.2: Table of Beneficiary details in Govt Homoeo Dispensaries

Sl No	Institution Name	Average OPD in a month
1	Adichanallur Govt Homoeo Dispensary : 02D01	844
2	Alappad Govt Homoeo Dispensary : 02D02	595
3	Chadayamangalam Govt Homoeo Dispensary : 02D03	888
4	Chandanathoppu Govt Homoeo Dispensary : 02D04	1012
5	Chathannur Govt Homoeo Dispensary : 02D05	1068

6	Edamulakkal Govt Homoeo Dispensary : 02D06	1363
7	Elamad Govt Homoeo Dispensary : 02D07	680
8	Eravipuram Govt Homoeo Dispensary : 02D08	1157
9	Ettiva Govt Homoeo Dispensary : 02D09	828
10	Kalluvathukkal Govt Homoeo Dispensary : 02D10	1022
11	Karunagapally Govt Homoeo Dispensary : 02D11	466
12	Clappana Govt Homoeo Dispensary : 02D12	920
13	Kottarakkara Govt Homoeo Dispensary : 02D13	630
14	Kulakkada Govt Homoeo Dispensary : 02D14	985
15	Kulasekharapuram Govt Homoeo Dispensary : 02D15	1193
16	Kummil Govt Homoeo Dispensary : 02D16	926

17	Kunnathur Govt Homoeo Dispensary : 02D17	1328
18	Mayyanad Govt Homoeo Dispensary : 02D18	1267
19	Melila Govt Homoeo Dispensary : 02D19	771
20	Mullumala Govt Homoeo Dispensary : 02D20	411
21	Nedumbana Govt Homoeo Dispensary : 02D21	747
22	Nilamel Govt Homoeo Dispensary : 02D22	985
23	Oachira Govt Homoeo Dispensary : 02D23	1310
24	Padappakkara Govt Homoeo Dispensary : 02D24	839
25	Panmana Govt Homoeo Dispensary : 02D25	1139
26	Paravoor Govt Homoeo Dispensary : 02D26	3471
27	Pathanapuram Govt Homoeo Dispensary : 02D27	1104

28	Pattazhi Govt Homoeo Dispensary : 02D28	1055
29	Pattazhi-Vadakkekara Govt Homoeo Dispensary : 02D29	898
30	Pavithreswaram Govt Homoeo Dispensary : 02D30	601
31	Perinad Govt Homoeo Dispensary : 02D31	886
32	Piravanthur Govt Homoeo Dispensary : 02D32	562
33	Polayathode Govt Homoeo Dispensary : 02D33	1357
34	Poothakkulam Govt Homoeo Dispensary : 02D34	1559
35	Pooyappalli Govt Homoeo Dispensary : 02D35	744
36	Punalur Govt Homoeo Dispensary : 02D36	685
37	Sasthamkotta Govt Homoeo Dispensary : 02D37	939
38	Shakthikulangara Govt Homoeo Dispensary : 02D38	782

39	Sooranad Govt Homoeo Dispensary : 02D39	1226
40	Thekkumbhagam Govt Homoeo Dispensary : 02D40	1105
41	Thevalakkara Govt Homoeo Dispensary : 02D41	1004
42	Thodiyoor Govt Homoeo Dispensary : 02D42	849
43	Thrikkaruva Govt Homoeo Dispensary : 02D43	841
44	Thrikkovilvattom Govt Homoeo Dispensary : 02D44	820
45	Uliyakkovil Govt Homoeo Dispensary : 02D45	684
46	Vadakkevila Govt Homoeo Dispensary : 02D46	1179
47	Vilakkudy Govt Homoeo Dispensary : 02D47	843
48	West Kallada Govt Homoeo Dispensary : 02D48	751

Annexure 4.5.3: Table of Beneficiary details in AYUSH PRIMARY HEALTH CENTRE & SCP dispensaries

Sl No	Name Of Institution	Average Monthly Op
1.	Alayamon Ayush Primary Health Centre	1382
2.	Anchal Ayush Primary Health Centre	1638
3.	Aryankavu Ayush Primary Health Centre	1116
4.	Chavara Ayush Primary Health Centre	1354
5.	Chirakkara Ayush Primary Health Centre	1101
6.	Chithara Ayush Primary Health Centre	1208
7.	Clappana Ayush Primary Health Centre	1468
8.	East Kallada Ayush Primary Health Centre	1363
9.	Elampaloor Ayush Primary Health Centre	1248
10.	Ezhukone Ayush Primary Health Centre	1301
11.	Kadakkal Ayush Primary Health Centre	1420
12.	Karavaloore Ayush Primary Health Centre	1129
13.	Kareepra Ayush Primary Health Centre	1261
14.	Kulathupuzha Ayush Primary Health Centre	1101
15.	Kundara Ayush Primary Health Centre	1458
16.	Munroethuruth Ayush Primary Health Centre	1348
17.	Mylom Ayush Primary Health Centre	1178
18.	Mynagappally Ayush Primary Health Centre	1325

19.	Neduvathur Ayush Primary Health Centre	1305
20.	Neendakara Ayush Primary Health Centre	1407
21.	Panayam Ayush Primary Health Centre	1288
22.	Poruvazhy Ayush Primary Health Centre	1072
23.	Sooranad North Ayush Primary Health Centre	1436
24.	Sooranad South Ayush Primary Health Centre	1326
25.	Thalavoor Ayush Primary Health Centre	1141
26.	Thazhava Ayush Primary Health Centre	960
27.	Thenmala Ayush Primary Health Centre	1177
28.	Trikkadavoor Ayush Primary Health Centre	1360
29.	Ummannoor Ayush Primary Health Centre	1258
30.	Velinalloor Ayush Primary Health Centre	1283
31.	Veliyam Ayush Primary Health Centre	1185
32.	Vettikavala Ayush Primary Health Centre	1201
33.	Yeroor Ayush Primary Health Centre	1319
34.	Thalavoor Ihdp Scphhc	711
35.	Piravanthoor Kadykkamon Scphhc	448
36.	Sasthamkotta Ambedkar Gramam Scphhc	591

Annexure 4.8: List of Institutions upgraded as AYUSH Health and Wellness Centres

Sl no	Name of Institution
1	Ayushman Arogya Mandir Ayush (Homoeopathy) Aadichanalloor 691573
2	Ayushman Arogya Mandir Ayush (Homoeopathy) Alappadu 690547
3	Ayushman Arogya Mandir Ayush (Homoeopathy) Chadayamangalam
4	Ayushman Arogya Mandir Ayush (Homoeopathy) Chathannoor 691572
5	Ayushman Arogya Mandir Ayush (Homoeopathy) Edamulakkal 691331
6	Ayushman Arogya Mandir Ayush (Homoeopathy) Elamad 691533
7	Ayushman Arogya Mandir Ayush (Homoeopathy) Eravipuram 691011
8	Ayushman Arogya Mandir Ayush (Homoeopathy) Ettiva 691530
9	Ayushman Arogya Mandir Ayush (Homoeopathy) Kalluvathukkal 691578
10	Ayushman Arogya Mandir Ayush (Homoeopathy) Kottarakara 691506
11	Ayushman Arogya Mandir Ayush (Homoeopathy) Kunnathoor 690540
12	Ayushman Arogya Mandir Ayush (Homoeopathy) Melila 691198
13	Ayushman Arogya Mandir Ayush (Homoeopathy) Nedumbana 691331
14	Ayushman Arogya Mandir Ayush (Homoeopathy) Pavithreswaram
15	Ayushman Arogya Mandir Ayush (Homoeopathy) Perinad 691601
16	Ayushman Arogya Mandir Ayush (Homoeopathy) Piravanthur 689696
17	Ayushman Arogya Mandir Ayush (Homoeopathy) Polayathode 691021
18	Ayushman Arogya Mandir Ayush (Homoeopathy) Puthukulam 691304
19	Ayushman Arogya Mandir Ayush (Homoeopathy) Sasthamkotta 690521
20	Ayushman Arogya Mandir Ayush (Homoeopathy) Thodiyoor 690523
21	Ayushman Arogya Mandir Ayush (Homoeopathy) Thrikkovilvattom
22	Ayushman Arogya Mandir Ayush (Homoeopathy) Uliyakovil 691019

Annexure 5.3.1.1- Details of Medical & Paramedical posts Sanctioned in the District

DESIGNATION	No
Medical Officer	47
Yoga Instructor	57
Multi Purpose Health Worker	53
Multi Purpose Worker	22
Male Therapist	13
Specialist Medical Officer	13
Female Therapist	11
Data Entry Operator	7
Nursing Assistant	7
Nurse	6
Therapist	6
Attender	4
Pharmacist	4
Ayurveda Nurse	3
Lab Technician	3
Physiotherapist	3
Project Co-Ordinator	3
Yoga Demonstrator	2
Accounting Clerk	1
District Programme Manager	1

Annexure 5.5.1 - Details of work list

SL No	Workname	SAAP Yr	Approval Amount	Agency	Expected date of Completion	Physical Progress
1	Construction of 30 Bedded Integrated AYUSH Hospital Kottarakkara	2022-23	₹ 105,000,000.00	M/s WAPCOS	20.08.2026	4% Works Completed
2	Upgradation of Govt. Ayurveda Hospital Poruvazhy	2023-24	₹ 10,000,000.00	M/s HLL	24.03.2026	68% Works Completed
3	Upgradation of Govt. Ayurveda Hospital Karunagappally	2024-25	₹ 10,000,000.00	M/s KHRWS	09.06.2026	35% Works Completed
4	Upgradation of Govt. Ayurveda Dispensary Yeroor	2016-17	₹ 1,500,000.00	M/s KHRWS	08.08.2025	98% Works completed
5	Upgradation of Govt. Homoeopathy Dispensary Mullumala	2023-24	₹ 3,000,000.00	M/s KHRWS	10.10.2025	80% Works completed
6	Construction of Govt. Homoeopathy Dispensary Kummil	2024-25	₹ 3,000,000.00	M/s KESNIK	04.12.2025	55% Works Completed

7	Construction of Govt. Ayurveda Dispensary Perayam	2024-25	₹ 3,000,000.00	M/s KESNIK	27.08.2025	5% Works Completed
SL No	Workname	SAAP Yr	Approval Amount	Agency	Expected date of Completion	Physical Progress
1	Construction of Govt. Homoeopathy Dispensary Sooranad North	2023-24	₹ 3,000,000.00	M/s KESNIK	17.06.2026	Ongoing
2	Construction of OP Block at District Ayurveda Hospital Kollam	2023-24	₹ 10,000,000.00	M/s KESNIK	22.10.2026	Ongoing
3	Upgradation of Govt. Homoeopathy Dispensary West Kallada	2023-24	₹ 3,000,000.00	M/s KESNIK	10.06.2026	Ongoing

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