



AYUSH @ PATHANAMTHITTA

Health and Family Welfare & AYUSH Department
Government of Kerala



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**Health and Family Welfare & AYUSH Department
Government of Kerala**

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MESSAGE



GOVERNMENT OF KERALA

Pinarayi Vijayan

CHIEF MINISTER

No. 250/Press/CMO/26

26 February, 2026

MESSAGE

The health and well-being of the people of Kerala have always been at the centre of the Government's development agenda. Alongside the achievements of modern medicine, Kerala's strong tradition of Indian Systems of Medicine and Homoeopathy continues to play a vital role in promoting preventive, promotive, and holistic healthcare. Strengthening AYUSH services is therefore integral to our vision of inclusive, people-centred, and sustainable health systems.

The District AYUSH documentation is an important initiative that informs the status and performance of AYUSH services at the district level. By systematically presenting information on institutions, human resources, service delivery, and programme implementation, this document provides a clear understanding of how AYUSH systems contribute to improving population health, particularly in primary care, lifestyle disease management, geriatric care, and community wellness.

Kerala's public health experience demonstrates that strong outcomes are achieved through a balanced approach that combines curative care with prevention, health promotion, and community participation. AYUSH institutions, especially at the grassroots level, have been instrumental in expanding access to affordable healthcare and strengthening wellness-oriented interventions. The collective efforts of the Departments of Indian Systems of Medicine, Homoeopathy, National AYUSH Mission, and local self-governments are clearly reflected in this profile.

I am sure that this District AYUSH documentation will serve as a valuable reference for policymakers, administrators, and health professionals.

I extend my appreciation to all those who contributed to this effort and wish every success to the continued strengthening of AYUSH healthcare in Kerala.

Pinarayi Vijayan

Dr. Rajan Khobragade IAS
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Smt. Veena George

Minister for Health &
Family Welfare
and Woman & Child Welfare
Development
Government of Kerala

Message

The Government of Kerala remains committed to strengthening public health systems that are equitable, responsive, and people centred. Within this framework, AYUSH systems play a unique and complementary role by emphasising prevention, lifestyle modification, and long-term management of health conditions. The District AYUSH documentation represents an important step towards systematically documenting and strengthening these contributions.

This document provides a comprehensive overview of AYUSH services in the district, covering infrastructure, human resources, beneficiary utilisation, and key programmes implemented under the National AYUSH Mission. By consolidating reliable data and analytical insights, the profile supports informed planning, efficient resource allocation, and continuous improvement in service delivery.

AYUSH institutions have significantly expanded access to primary healthcare, particularly in rural and underserved areas. Interventions focusing on non-communicable diseases, geriatric care, women's and child health, school health, and wellness promotion have enhanced community engagement and reduced pressure on secondary and tertiary facilities. The integration of AYUSH services with broader health initiatives further strengthens continuity of care.

I appreciate the dedicated efforts of the state officers, district officials, programme managers, medical officers, and frontline staff of the Indian Systems of Medicine, Homoeopathy, and National AYUSH Mission in preparing this document. I urge health administrators and professionals to actively use this document for analysis, planning, and action. I am confident that this initiative will contribute meaningfully to improving the reach, quality, and impact of AYUSH services and to advancing Kerala's goal of comprehensive healthcare for all.


Veena George



Preface

The Department of Health and Family Welfare, including AYUSH, and various organizations have been taking sustained efforts to strengthen health systems through evidence-based planning, decentralised governance, and intersectoral collaboration.

In order to assess various schemes and programs implementation, their outputs and outcomes a comprehensive document series is being undertaken by the Department. This document offers a structured and comprehensive account of AYUSH services in the district, encompassing institutional infrastructure, human resources, service utilisation, and programme implementation. It highlights the role of AYUSH in preventive and promotive healthcare, management of chronic conditions, and delivery of community-based wellness interventions. By presenting standardised data and district-specific insights, the document enables comparative assessment, gap identification, and priority setting. It gives information for doing integrative medicine practice especially for NCD management, palliative care and geriatric care.

The preparation of this document required coordinated efforts from district officials, programme teams, and healthcare providers across Indian Systems of Medicine, Homoeopathy, and the National AYUSH Mission. The process itself has strengthened data validation, improved documentation practices, and reinforced the importance of using evidence for decision-making.

I am confident that the District AYUSH documentation will serve as a useful resource for administrators, planners, researchers, and practitioners. It will support informed policy dialogue, guide programme strengthening, and encourage greater integration of AYUSH within the broader public health system.

I commend the state and district teams for their commitment and hope that this initiative will contribute to further improving the quality, accessibility, and effectiveness of AYUSH services across Kerala. I also urge all to institutionalize this mechanism and annually publish District documents so as to maintain focus on achieving the priorities as per the VISION 2031 plans.

Dr Rajan Khobragade IAS

Additional Chief Secretary
Health & Family Welfare and
AYUSH Department
Govt of Kerala.

MESSAGE



The preparation of the District AYUSH Profile marks a significant step towards strengthening evidence-based planning and systematic documentation within the Govt. AYUSH sector. This comprehensive record reflects the collective efforts of the Departments of Indian Systems of Medicine and Homoeopathy, National AYUSH Mission, and the Educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

The document provides a detailed overview of district-level AYUSH activities, infrastructure, human resources, and the programmes implemented under various components of the National AYUSH Mission (NAM). It also highlights the growing role of AYUSH in preventive, promotive, and curative healthcare, as well as its contribution to education and community well-being.

I commend the sincere efforts of all officials and district teams involved in compiling this profile. I am confident that the information contained herein will serve as a valuable tool for planning, monitoring, and strengthening AYUSH services at the grassroots level, thereby furthering Kerala's commitment to accessible, quality, and holistic healthcare for all.

Dr. D. Sajith Babu IAS

State Mission Director

National AYUSH Mission, Kerala

MESSAGE



Kerala's public health system is widely recognised for its people-centred approach, emphasis on equity, and sustained focus on preventive and promotive healthcare. The State's effective integration of community participation with institutional governance has enabled the delivery of quality health services and established Kerala as a leader in public health administration.

The Department of Indian Systems of Medicine (ISM), Government of Kerala, forms a vital component of this framework. Through its extensive institutional network, the Department upholds the classical foundations of Indian Systems of Medicine while addressing evolving health needs, ensuring accessible, affordable, and culturally appropriate healthcare services across the State.

In this backdrop, the District Profile Handbook has been developed as a comprehensive reference document reflecting the status and performance of ISM services at the district level. It provides a structured overview of institutional capacity, human resources, infrastructure, service delivery, and programme implementation, thereby supporting evidence-based planning and informed administrative decision-making.

The district profiles were prepared through systematic data generation, analysis, and consolidation using the Department's digital information systems, ensuring accuracy, uniformity, and transparency, and reinforcing a data-driven approach to governance and service improvement.

I place on record my sincere appreciation to the Joint Director and coordination team of ISM, including administrative staff, and the entire team of the National AYUSH Mission (NAM) for their dedicated efforts in drafting, reviewing, analysing, and consolidating the district profiles. Their coordinated engagement and technical competence were instrumental in ensuring the quality, reliability, and timely completion of this handbook.

It is hoped that this handbook will serve as a valuable planning and management resource for administrators, programme managers, and stakeholders, and contribute meaningfully to the continued strengthening of Indian Systems of Medicine in Kerala.

Dr. K S Preeya

Director

Department of Indian Systems of Medicine,
Government of Kerala.

MESSAGE



The Kerala model of healthcare delivery has earned global recognition for its people-centred, inclusive, and equity-driven approach to public health. Rooted in the belief that healthcare is a fundamental right of every citizen, the State has consistently demonstrated how thoughtful public action, community participation, and strong institutions can together achieve health outcomes comparable with those of many developed nations.

The Department of Homoeopathy, Government of Kerala, is proud to be an integral part of this collective journey. Through a wide network of government homoeopathic hospitals and dispensaries, the Department continues to extend accessible, affordable, and quality-assured healthcare services to diverse sections of society, while upholding the values of compassion, accountability, and professional excellence.

In this backdrop, the District Profile Handbook has been conceived as more than a compilation of statistics, it is a reflection of the people, institutions, and systems that sustain homoeopathic healthcare at the grassroot level. By presenting a structured and comprehensive overview of institutional capacity, human resources, service delivery, infrastructure, and ongoing programmes, this handbook seeks to support evidence-based planning, informed decision-making, and responsive governance.

The preparation of these district profiles has been made possible through the effective use of the department software- Ayush Homoeopathy Information Management System (AHiMS), enabling reliable, standardised, and centrally compiled data at the Directorate level. This digital integration marks an important step towards transparency, efficiency, and continuous system improvement.

I express my sincere appreciation to the District Medical Officers and the district medical office team for the timely review of the document and their valuable additions. I also extend my sincere thanks to the District Medical Officers, the medical and paramedical team, and all other district officials, including the AHiMS District Trainers, whose dedication and diligence in the timely updation of data in AHiMS helped in the prompt compilation of the District Profile document. Their collective efforts reinforce our shared commitment in strengthening healthcare in Kerala.

It is my earnest hope that this handbook will serve as a valuable planning and management resource, inspire constructive dialogue among stakeholders, and contribute meaningfully to shape a healthier and more resilient Kerala in the years to come.

Dr. M. P. Beena

Director
Department of Homoeopathy,
Government of Kerala.

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INTRODUCTION

The District AYUSH Profile has been developed to provide a comprehensive overview of the AYUSH sector within the district, covering all aspects related to the Department of Indian Systems of Medicine (ISM), Department of Homoeopathy, National AYUSH Mission (NAM) initiatives, and AYUSH educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

This document serves as an authentic reference source reflecting the overall status of AYUSH healthcare and education in the district. It consolidates detailed information on infrastructure, human resources, healthcare facilities, educational institutions, and various programmes and schemes implemented through the ISM and Homoeopathy departments, including activities undertaken under different components of NAM.

Structured in a systematic format, the District AYUSH Profile compiles data and analytical insights through tables, charts, and concise narratives for clarity and ease of understanding. It is intended to support evidence-based planning, programme evaluation, and strategic strengthening of AYUSH healthcare and educational systems at the district level, while identifying existing gaps and priorities for future interventions.

The preparation of this document reflects a commitment to systematic documentation and the continuous strengthening of AYUSH health and educational systems. It is envisaged that this District AYUSH Profile will serve as a valuable resource for administrators, planners, academicians, and stakeholders engaged in the promotion, integration, and advancement of AYUSH systems in the district.

Chapter 1

PATHANAMTHITTA DISTRICT - AN OVERVIEW

1.1 Introduction

Pathanamthitta is the youngest and the smallest district of Kerala State. It was formed with effect from 1st November, 1982. Pathanamthitta is a predominantly hilly district in south-central Kerala, blessed with rivers, forests, and rich biodiversity. The District consists of three natural divisions viz the Lowland the Midland and the Highland Western Ghats and descends to midland in the centre, down to the lowland and coconut gardens on the western borders of Alappuzha district.

The topography is covered with thick forests on the east along the mountains down to the valleys and small hills to the flat and in the west. The District has a reserve forest (Ranni Reserve and Konni Reserve) area of 1385.27 Sq.(534.86mi). This is approximately 50% of the total district area. The forest area can broadly be classified as evergreen, semi evergreen and moist deciduous.



Figure :1 District map

Often called the pilgrimage capital of Kerala, it is best known as the gateway to Sabarimala, one of the world's largest pilgrim centers. The Pilgrim centres such as Sabarimala, Maramon, Cherukolpuzha, Parumala, Pandalam etc give special importance to the district. The forest is the main source of raw materials for wood based industrial units. A large number of people from this district have migrated to foreign countries for employment and inward remittances by the section of population that play an important role in the economy of the district.

This geographical abundance has directly influenced the development and practice of **AYUSH healthcare** in the region, particularly Ayurveda, which utilises locally sourced herbs for Panchakarma therapies, rejuvenation treatments, and disease management. Homoeopathy and Siddha also benefit from the district's serene and natural settings, providing environments conducive to holistic treatment approaches. Several government and private AYUSH institutions operate in Pathanamthitta, offering a wide range of services, from preventive care and wellness therapies to chronic disease management, leveraging the district's natural resources and tranquil landscapes. The integration of these traditional systems with modern healthcare facilities ensures that residents have access to comprehensive and holistic health services, while also promoting wellness tourism in the region.

1.2 The People and Population

Pathanamthitta district, located in the southern part of Kerala, covers an area of 2,637 square kilometers and has a total population of 1,197,412. The district exhibits a balanced gender distribution, with 561,716 males and 635,696 females, resulting in a sex ratio of 1,132 females per 1,000 males—the second highest in the state. The child sex ratio (0–6 years) is 976 females per 1,000 males, indicating a favorable gender balance among children.

The child population (0–6 years) constitutes 7.65% of the total district population, reflecting a slight decline from 10.29% in the 2001 Census. Scheduled Castes (SCs) make up 13.7% of the population, while Scheduled Tribes (STs) account for 0.7%.

Pathanamthitta district boasts a high literacy rate of 96.93%, ranking first in Kerala. The male literacy rate is 97.70%, and the female literacy rate is 96.26%, highlighting a strong

emphasis on education across genders. The district's population density stands at 452 persons per square kilometer, with approximately 3.58% of Kerala's total population residing in Pathanamthitta.

Table 1.2: The People and Population

SL No	Item	Details
1	Total Population	12,31,412 Male : 561716 Female : 635696
2	Gender Ration	1129 females/ 1000 males
3	Literacy rate	96.93%.
4	SC /ST Population	SC – 164,465 ST – 8,108
5	Major Language	Malayalam
6	Major Occupations	Agriculture Government services Small businesses and trade
7	Major Religions	Hinduism, Christianity, Islam

1.3 Pathanamthitta- Health Overview

Pathanamthitta district has developed a comprehensive and integrated healthcare system, providing accessible medical services across both urban and rural areas. The district's health infrastructure includes government hospitals, taluk and community health centres, primary health centres, and a network of private hospitals and clinics, ensuring broad coverage for preventive, curative, and emergency care. Allopathic medicine forms the foundation of clinical services, addressing maternal and child health, infectious and non-communicable

diseases, surgical care, and emergency interventions. Complementing modern medicine, traditional healthcare systems under AYUSH — including Ayurveda, Homoeopathy, Siddha, Unani, and Yoga & Naturopathy — offer holistic and preventive treatments, focusing on wellness, lifestyle management, and chronic disease care. The district emphasises public health initiatives, including immunisation programmes, maternal and child health monitoring, and community outreach activities, which ensure effective disease prevention and health promotion. Pathanamthitta's natural landscape, with its forests, rivers, and serene environments, supports wellness tourism and the practice of traditional therapies, making the district a notable centre for integrated healthcare services in Kerala.

1.4 AYUSH- Role in Enhancing Public Health Outcomes

The **AYUSH system plays a vital and complementary role** in the district's healthcare delivery. The **Indian Systems of Medicine (ISM) Department**, particularly **Ayurveda**, has a strong presence through government Ayurveda hospitals and dispensaries. Ayurveda services are widely utilized for the management of **lifestyle disorders, musculoskeletal conditions, stress-related illnesses, gastrointestinal disorders, and geriatric care**, and are especially relevant in a district with an ageing population and plantation-based livelihoods. Traditional Ayurvedic practices also align well with the district's forest-based resources and climatic conditions.

The **Department of Homoeopathy** contributes significantly to district health by offering accessible and patient-friendly care for **chronic illnesses, allergic conditions, respiratory disorders, skin diseases, paediatric ailments**. Geriatric care, Infertility treatment and Life style disease treatment Homoeopathic services are particularly valued for long-term treatment and follow-up care in both rural, Urban and semi-urban areas.

The **National AYUSH Mission (NAM)** has further strengthened AYUSH services in Pathanamthitta by enhancing infrastructure, ensuring the availability of essential medicines, and supporting human resources in government AYUSH institutions. NAM initiatives support **preventive and promotive healthcare**, including **yoga and wellness programmes, lifestyle disease management, school health activities**, and health services during large pilgrimage events, thereby contributing to holistic and sustainable

health outcomes.

In conclusion, Pathanamthitta District presents a unique blend of **ecological richness, spiritual significance, and socio-economic diversity**. The integrated functioning of **ISM (Ayurveda), Homoeopathy, and NAM-supported AYUSH initiatives**, alongside modern medical services, plays a crucial role in ensuring **comprehensive, accessible, and culturally appropriate healthcare**, reinforcing the district's commitment to holistic public health and well-being.

1.5 Key Achievements in AYUSH Healthcare Development

The Government of Kerala has undertaken significant measures to strengthen Indian System of Medicine as part of its recent achievements. As part of this initiative, 82 Medical Officer posts and 162 paramedical staff positions, including 8 temporary posts, have been sanctioned to enhance service delivery and human resource capacity across ISM institutions. Further reinforcing secondary-level care, two Government Ayurveda Dispensaries have been upgraded to 10-bedded hospitals, namely Government Ayurveda Hospital, Moozhur in Kottayam district and Government Ayurveda Hospital, Pinarayi in Kannur district. These interventions reflect the State Government's commitment to improving infrastructure, expanding access to quality traditional healthcare, and ensuring better patient care through strengthened manpower and upgraded facilities.

Under the Homoeopathy Department, the Government of Kerala has achieved significant milestones in expanding access to public homoeopathic healthcare and strengthening institutional capacity. A total of 50 new homoeopathy facilities have been established across the State, ensuring that all Panchayats in Kerala are now covered with homoeopathy services, thereby achieving universal grassroots-level access. To support service expansion and improve care delivery, 50 new Medical Officer posts have been sanctioned. In line with the Government's vision to promote scientific validation and academic advancement in homoeopathy, the Department has also initiated structured research activities through Project HEART (Homoeopathy Evidence-based Advanced Research and Training). Further reinforcing research governance and ethical standards, a Scientific Advisory Board (SAB) and an Institutional Ethics Committee have been constituted under the Department. These

initiatives collectively highlight the State's commitment to evidence-based practice, capacity building, and comprehensive healthcare delivery through homoeopathy.

National AYUSH Mission is the Centrally Sponsored Scheme under Ministry of AYUSH. Government of India has launched National AYUSH Mission (NAM) during 12th plan in 2014. In Kerala, the Mission has been operational since 2015. The primary objective of the National AYUSH Mission is to promote and mainstream traditional systems of medicine—Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy—within the public health delivery system. In Kerala, the Mission's activities are implemented through the State AYUSH Health Society at the State level and District AYUSH Health Societies at the district level. The Mission focuses on infrastructure development, human resource strengthening, ensuring adequate staffing in AYUSH hospitals, implementing projects in tribal areas, and establishing Ayushman Bharat AYUSH Health and Wellness Centres (Ayushman Arogya Mandirs - AYUSH). Out of the total budget, 75% is earmarked for the AYUSH Services, AYUSH Educational institutions and Ayush Health & Wellness Centre components, and 25% for the Flexipool component.

AYUSH Services Component

a) Infrastructure Development:

Under the Upgradation of AYUSH Hospitals and Dispensaries scheme, NAM is facilitating the renovation and upgradation of AYUSH educational institutions, hospitals, and dispensaries under the Department of AYUSH.

b) Construction of Integrated AYUSH Hospitals:

Under this component, new integrated hospitals are being established. So far, approval has been granted for the construction of five 50-bedded, four 30-bedded, and one 10-bedded Integrated AYUSH Hospitals.

c) Provision of additional human resources to AYUSH institutions.

d) Supply of hospital equipment to AYUSH healthcare facilities.

e) Supply of essential AYUSH medicines to healthcare institutions.

f) Allocation of contingency funds to address urgent institutional needs.

- g)** Implementation of seven AYUSH Public Health Programmes across the State. 238 units of programmes has been approved and being implemented.

AYUSH Health and Wellness Centres (Ayushman Arogyamandirs - AYUSH)

These centres aim to deliver comprehensive primary healthcare through AYUSH systems, emphasizing disease prevention, health promotion, and Yoga-based lifestyle interventions. Each AYUSH HWC functions with an AYUSH Community Health Officer, Yoga Instructor, GNM-qualified Multi-Purpose Health Worker, and five ASHA workers. At present, 700 AYUSH dispensaries (420 ISM and 280 Homoeopathy) across Kerala have been upgraded to AYUSH Health and Wellness Centres.

Flexipool Component

Under the Flexipool component, **36 AYUSH public health programmes** are being implemented across the State to strengthen community-level AYUSH health promotion and wellness initiatives.

Quality improvement of AYUSH Institutions

To improve the service quality and infrastructure of AYUSH hospitals and Ayush Health & Wellness Centres, NAM is implementing NABH accreditation, Kayakalp and quality assurance programmes.

- In the first two phases, 250 AYUSH HWCs have already received NABH accreditation. An additional 250 centres have been selected for the third phase, and the process is progressing.
- Implemented AYUSH KAYAKALP award for Ayush institutions. 132 institutions got AYUSH Kayakalp award.

Training and Capacity Building

Continuous capacity building and skill enhancement of AYUSH personnel form a key component of the Mission. Training is provided on clinical and technical subjects through both offline and online modes.

A Learning Management System (LMS) has been developed to facilitate online training, with eight AYUSH-based courses already available, covering Ayurveda, Homoeopathy, Yoga, and Naturopathy.

The establishment of the National Institute of Training in AYUSH (NITIA) is underway to provide National and International -level training and capacity-building programmes for AYUSH professionals.

AYUSH Gram Programme

The AYUSH Gram initiative, implemented at the Block level, aims to combat lifestyle and non-communicable diseases through Yoga sessions and health awareness activities led by trained Yoga instructors and AYUSH medical officers. The programme is currently being implemented in 16 blocks across the State.

IT Projects initiated

With the support of Kerala Start up Mission & KELTRON, following softwares were developed for Ayush Sector in the State -

- a) AYUSH Procurement software
- b) Learning Management Software
- c) ERP software for real time monitoring civil works
- d) Payroll and Attendance Management system for NAM
- e) AYUSH payment management software

E-Sanjeevani – Telemedicine

Telemedicine services have been introduced in the AYUSH sector through the E-Sanjeevani platform. Two consultation hubs—one for Ayurveda and another for Homoeopathy—have already become operational. The State Telemedicine Hub is nearing completion.

AYUSH Yoga Clubs

Established 10,000 Ayush Yoga Clubs under the aegis of Ayush HWC to prevent and manage the NCDs and for the well-being of the people. AYUSH Yoga Club locator app has also been developed to monitor and locate the yoga clubs

Chapter 2

OVERVIEW OF AYUSH SERVICES

2.1 Overview of AYUSH Services in Pathanamthitta District

The AYUSH system of healthcare in Pathanamthitta district forms an integral part of the public health delivery network, providing accessible and holistic medical care to the community through Ayurveda, Yoga & Naturopathy, Siddha, and Homoeopathy streams. The district has a well-structured service delivery framework that includes hospitals, dispensaries, specialty centres, wellness facilities, educational institutions, and outreach health programmes. AYUSH services complement the mainstream healthcare system by focusing on preventive, promotive, curative, rehabilitative and palliative care with an emphasis on wellness and lifestyle modification.

2.2 History and Evolution of AYUSH Services in the District

Pathanamthitta has historically been a centre of traditional healthcare in Kerala. Ayurveda and Homoeopathy services became formally organised under the State Government over the decades, gradually expanding into a structured district-level health system. Over time, AYUSH institutions in the district have evolved from standalone treatment units into a comprehensive service delivery network offering inpatient care, specialty clinics, public health initiatives, school and elderly health programmes, pain and lifestyle disorder clinics, and palliative care support. The evolution reflects a steady strengthening of infrastructure, manpower, training, and integration with National AYUSH and public health missions.

2.3 Administration and Governance Structure

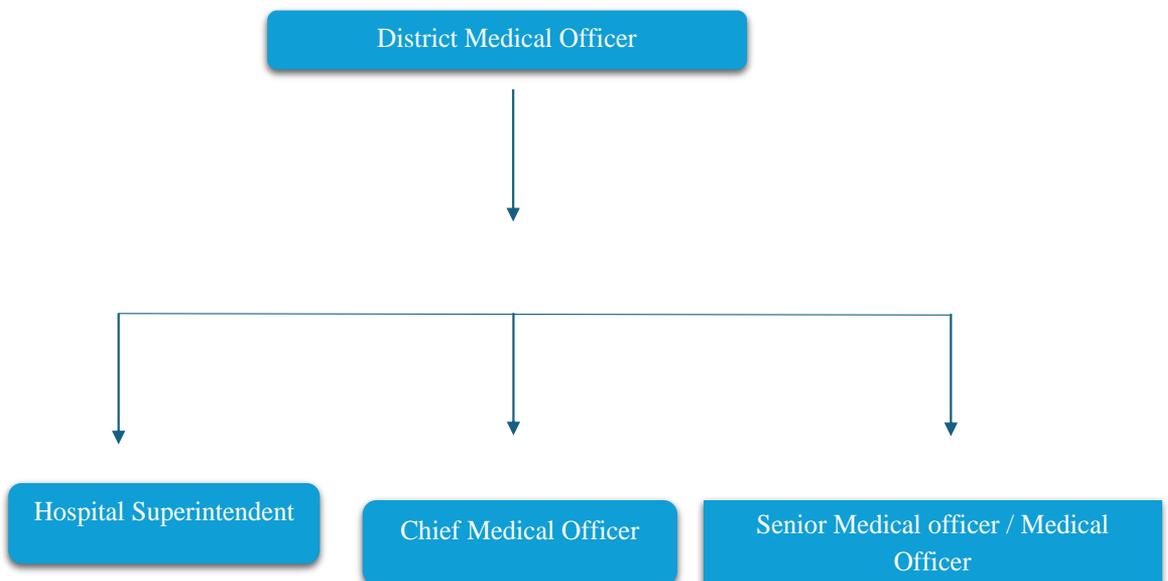
The AYUSH services in Pathanamthitta district are governed under the Department of AYUSH, Government of Kerala, functioning in coordination with the Directorate of Ayurveda Medical Education, Directorate of Indian Systems of Medicine, Directorate of Homoeopathy and Central AYUSH authorities wherever applicable. Administrative leadership is provided through district-level officers responsible for planning, service delivery, monitoring, staff deployment, programme implementation and financial management.

Key functions of the district administration include:

- Coordinating AYUSH hospitals, dispensaries and wellness centres
- Ensuring staffing, infrastructure and medicine supply
- Implementing National AYUSH Mission programmes
- Overseeing public health and outreach activities
- Monitoring financial utilisation and performance

2.4 Organogram - District Level Administrative Structure

At the district level, the administrative structure typically consists of:



2.5 Infrastructure Profile of the District

The AYUSH healthcare infrastructure in Pathanamthitta district is supported by a comprehensive network of institutions functioning under ISM and Homoeopathy streams. The district has a balanced distribution of secondary-level hospitals and primary-level facilities, including Government Hospitals, Government Dispensaries, Ayushman Arogya Mandirs, and Ayush Primary Health Centres. This institutional spread ensures effective

service delivery across both urban and rural areas, with particular focus on primary healthcare, preventive services, and wellness-oriented interventions.



Figure 2.5: Details of Facilities

2.6 Health Facilities in Urban and Rural Areas

The distribution of AYUSH institutions in Pathanamthitta district reflects a predominantly rural orientation, highlighting the decentralised and community-focused nature of AYUSH healthcare delivery. A significant proportion of primary-level facilities such as dispensaries, Ayushman Arogya Mandirs, and APHCs are located in rural areas, ensuring accessibility for geographically dispersed populations. Secondary-level care through District Hospitals and Government Hospitals further strengthens healthcare coverage, supporting both urban and rural communities in the district.



Figure 2.6: Total AYUSH facilities in Urban and Rural Areas

2.7 Hospital Details based on Bed Strength

2.7.1 Bed Strength in Hospitals under ISM & Homoeopathy Department

AYUSH hospital infrastructure in Pathanamthitta district comprises Government hospitals of varying bed capacities under ISM and Homoeopathy departments. The distribution of bed strength indicates the presence of small, medium, and higher-capacity hospitals, enabling provision of inpatient services for acute, chronic, and rehabilitative care. This bed-strength profile supports effective inpatient management and enhances the district's capacity to deliver comprehensive AYUSH healthcare services.

Hospital number	Hospital	Total Bed strength
4	Govt. Hospital (10 Beds)	40
1	Govt. Hospital (20 Beds)	20
1	Govt. Hospital (100 Beds)	100
6	Grand Total	160

Figure 2.7.1 Bed Strength in Hospitals under ISM & Homoeopathy Department

2.8 Human resource Profile

The AYUSH human-resource profile in Pathanamthitta district includes sanctioned posts across administrative, medical, paramedical, and supporting categories under ISM and Homoeopathy. The availability of medical officers, specialists, and programme-based staff under NHM and NAM ensures adequate clinical coverage, administrative oversight, and implementation of public health initiatives. The staffing pattern reflects a service-oriented structure aligned with institutional needs and programme requirements of the district.

2.8.1 HR under ISM & DH

2.8.1.1 Availability of Medical Professionals

The sanctioned strength of medical officers in the district totals **189 posts**, reflecting a balanced integration of **Indian Systems of Medicine (ISM)** and **Homoeopathy** streams. Of

these, **109 posts** are under the regular cadre, comprising **2 Administrative (District Medical Officers)**, **13 Chief Medical Officers**, **88 Medical Officers**, **5 Specialist Medical Officers**, and **1 Resident Medical Officer**. Within the regular cadre, **ISM accounts for 69 posts** while **Homoeopathy contributes 40 posts**, indicating a stronger ISM presence at the operational level. In addition, **80 medical officers** are engaged under programme-based appointments, including **36 under the National Health Mission (NHM)** and **44 under the National AYUSH Mission (NAM)**, with **46 ISM** and **34 Homoeopathy** posts. Overall, the grand total of **115 ISM** and **74 Homoeopathy** medical officers underscores a comprehensive and complementary workforce structure, ensuring effective administrative oversight and clinical service delivery across the district.

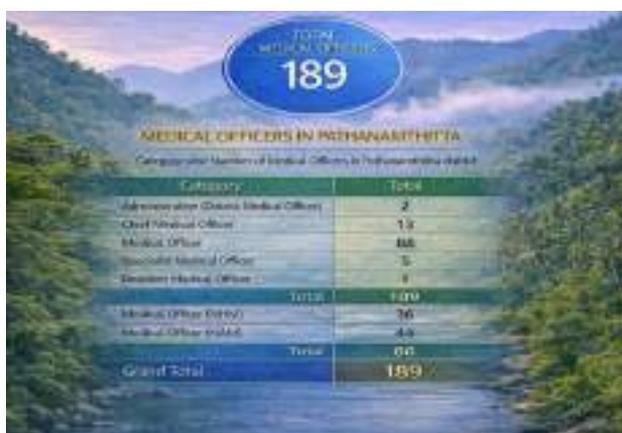


Figure 2.8.1.1: Medical Professionals under ISM & DH

2.8.1.2 Availability of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

Pathanamthitta district has a total of 324 sanctioned posts under the Indian Systems of Medicine (ISM) and the Department of Homoeopathy (DH) in the categories of Paramedical, Administrative & Ministerial, and Other posts. Of these, ISM accounts for 217 posts, comprising 144 Paramedical, 12 Administrative & Ministerial, and 61 Other posts, while Homoeopathy has 108 posts, including 72 Paramedical, 5 Administrative & Ministerial, and 31 Other posts. Overall, the district has 216 Paramedical posts, 17 Administrative &

Ministerial posts, and 92 Other posts, indicating a strong supporting workforce for AYUSH healthcare services in Pathanamthitta district.



Figure 2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

2.9 Beneficiary Details

The beneficiary data highlights substantial utilisation of AYUSH services in Pathanamthitta district. Average monthly outpatient attendance across hospitals, dispensaries, and APHCs indicates strong public reliance on AYUSH systems for primary and secondary healthcare. Inpatient admissions further demonstrate the role of AYUSH hospitals in managing chronic conditions, lifestyle diseases, and rehabilitative care. Overall, the beneficiary trends reflect the growing acceptance and relevance of AYUSH services in the district's healthcare landscape.

2.9.1 Beneficiary details under hospital in ISM & DH

In **Pathanamthitta district**, the performance of AYUSH healthcare services reflects a **balanced and complementary utilisation pattern** across ISM and Homoeopathy streams. On a monthly average, ISM hospitals recorded **2,887 outpatient visits** while Homoeopathy hospitals served a comparable **2,670 outpatients**, indicating strong public acceptance and sustained demand for both systems in primary and curative care. Together, these trends

underscore the **synergistic functioning of AYUSH systems in the district**, ensuring comprehensive healthcare coverage, optimal use of institutional strengths, and enhanced patient choice, thereby contributing positively to the district's overall health service delivery framework.



Figure 2.9.1 Hospital beneficiary details

2.9.2 Beneficiary details under Dispensaries

The dispensary-level AYUSH services in Pathanamthitta district record a combined average monthly OPD of 841 patients, with 859 attending ISM dispensaries and 814 availing Homoeopathy services. This indicates strong utilization of primary-level AYUSH facilities, underscoring their important role in providing accessible outpatient care to the community.



Figure 2.9.2 Dispensary beneficiary details

2.9.3 Beneficiary details under APHC

The Ayush Primary Health Centres (APHCs) in Pathanamthitta district record a combined average monthly OPD of 1042 patients, with 1477 under ISM and 999 under Homoeopathy. This reflects high utilisation of primary-level AYUSH services, highlighting their key role in delivering accessible outpatient care at the community level.



APHC BENEFICIARY DETAILS - Pathanamthitta	
Directorate	Average OPD
ISM	1,477
Homoeopathy	999

Figure 2.9.3 APHC beneficiary details

2.10 Public Health Programmes

Pathanamthitta district implements a wide range of public health programmes under ISM, Homoeopathy, and the National AYUSH Mission. These initiatives address preventive, promotive, curative, rehabilitative, and palliative healthcare needs, with special focus on diabetes care, geriatric services, maternal and child health, mental health, lifestyle disease management, palliative care, and community wellness. The effective implementation of these programmes strengthens AYUSH integration with public health systems and enhances healthcare outreach across the district.

2.10.1 Projects in Indian System of Medicine Department

- **Jeevani** – An Ayurvedic diabetes-care programme focusing on holistic management through medicine, yoga, diet, and counselling.
- **Punarnava** – Provides Ayurvedic rehabilitation for post-stroke patients to improve recovery and quality of life.

- **Research Cell for Indian Systems of Sports Ayurveda** – Applies Ayurveda in sports medicine for injury prevention, treatment, and performance enhancement.
- **Snehadhara** – A statewide Ayurvedic palliative care programme offering home-based support for bedridden and terminally ill patients.
- **Koumarabhrithya** – Offers Ayurvedic paediatric care for infections, nutritional issues, developmental problems, and post-COVID complications.
- **Prasoothithanthra** – Provides Ayurvedic gynaecology and obstetric services supporting women’s reproductive and maternal health.
- **Ksharasutra** – Specialised Ayurvedic treatment programme for piles, fissures, and fistulas with high success and low recurrence.
- **Nature Cure & Yoga Units** – Promotes drug-free lifestyle modification using yoga, naturopathy, diet, and holistic therapies.

2.10.2 Projects in Homoeopathy Department

- **Seethalayam** – A women-focused homeopathy project providing treatment and counselling, especially for domestic-violence-affected and emotionally distressed women.
- **Punarjani** – A de-addiction project offering homeopathic treatment and counselling for alcohol, drug, and tobacco dependence.
- **Janani** – An infertility care project providing holistic homeopathic management for male and female infertility with supportive diagnostics.
- **Sadgamaya** – A child and adolescent wellness project addressing behavioural, emotional, learning, and developmental challenges.
- **Ayushmanbhava** – A lifestyle-disease programme providing homeopathy-based care, counselling, and yoga support for NCD management.
- **Palliative Care** – A comprehensive home-based and institutional palliative service for bedridden, terminally ill, and chronic-disease patients.

- **Life Style Disease Special OP-** A special OP is working in district providing Homoeopathic curative and preventive care in Life style diseases

2.10.3 Projects in National Ayush Mission

- **National Programme for Prevention & Management of Osteoarthritis & Musculoskeletal Disorders** - AYUSH-based screening, treatment, lifestyle modification and rehabilitation services for osteoarthritis and other MSDs through HWCs and AYUSH institutions.
- **VAYO MITRA – AYUSH Geriatric Healthcare Services** - Promotes healthy ageing and provides preventive, promotive and therapeutic AYUSH care for senior citizens through community and clinic-based services.
- **AYURVIDYA – Healthy Lifestyle Promotion for School Children** - Creates awareness among school children on hygiene, nutrition, yoga, medicinal plants and AYUSH-based healthy living practices.
- **AYUSH Mobile Medical Unit (AMMU)** - Provides doorstep AYUSH healthcare, screening and IEC services to underserved and tribal populations in remote and inaccessible areas.
- **KARUNYA – AYUSH Palliative Services** - Delivers compassionate, holistic palliative and supportive care for patients with chronic and life-limiting illnesses through AYUSH interventions and home-based care.
- **Allergy & Asthma Special Clinic (Homoeopathy)** - Provides comprehensive Homoeopathic care for allergy, asthma and chronic respiratory diseases through OP/IP services and community outreach.
- **Ayurkarma** - Integrates Panchakarma therapies into rural Government Ayurveda Dispensaries to ensure affordable access to specialised Ayurvedic procedures.
- **Mental Health Specialty Clinics in AYUSH** - Offers Ayurveda and Homoeopathy-based mental health care for depression, anxiety, behavioural problems and women- and child-specific psychological needs.

- **AYUSH Infertility Clinics** - Provides holistic infertility management for men and women using Ayurveda along with counselling and lifestyle guidance.
- **Physiotherapy Units in Government AYUSH Hospitals** - Establishes physiotherapy services in AYUSH hospitals to support rehabilitation and chronic disease care.
- **Sports Ayurveda Project** - Provides Ayurveda-based injury prevention, treatment and performance enhancement support for athletes.
- **MPHW Support for Ayushman Arogya Mandirs** - Deploys trained Multi-Purpose Health Workers to strengthen AYUSH primary care, outreach, NCD care and public health services.
- **Arunima – Anaemia Eradication through Ayurveda** - Implements Ayurvedic screening, counselling and treatment programmes to reduce nutritional anaemia, especially among vulnerable populations.
- **Homoeopathy Thyroid Special Clinic** - Provides community-based screening and holistic Homoeopathic management of thyroid disorders with special focus on women.
- **Training & Capacity Building for AYUSH HR** -Enhances skills and service quality of AYUSH professionals through structured clinical, administrative and digital health training.
- **Yoga Wellness Centres** - Promotes Yoga and Naturopathy-based lifestyle modification and NCD prevention through dedicated wellness centres.
- **NCD Management through AYUSH** - Provides integrated AYUSH-based prevention, screening and management of major non-communicable diseases across the State.
- **National Institute of Training in AYUSH (NITIA)** - Establishes a premier AYUSH training and capacity-building institute to strengthen professional competency and research.

- **Siddha Therapy Units** -Provides specialised Siddha Varma and external therapies for neuromuscular and musculoskeletal conditions within the public health system.
- **IEC Activities & Public Awareness Initiatives** - Strengthens public awareness on AYUSH facilities, programmes and achievements through newsletters, campaigns and participation in events.
- **AYUSH Gram** - Promotes AYUSH-based lifestyle, herbal awareness, yoga and preventive healthcare practices at the village level through community-based initiatives.

2.11 Standardisation of Institutions

Quality assurance initiatives in Pathanamthitta district demonstrate systematic adoption of national standards through NABH Entry-Level Certification, ISO Certificate and Ayushman Arogya Mandir–AAM-A accreditation across ISM and Homoeopathy institutions. These standardisation efforts contribute to improved service quality, patient safety, and institutional performance, strengthening public confidence in AYUSH healthcare services.



Directorate	NABH/ILC	AAM-A
Homoeopathy	12	23
ISM	11	30
Total	23	53

Figure 2.11: Standardisation of Institution

*AAM-A- Ayushman Arogya Mandir

2.12 Digital Health

- **ISM-eHospital** – A digital hospital management system currently implemented in 13 AYUSH institutions for streamlining patient care, records, and hospital services.

- AHiMS (Ayush Hospital Information Management System) – A comprehensive AYUSH health-data and service-delivery platform implemented in 38 institutions to support digital health transformation.



Figure 2.12: Digital health

2.13 Laboratory & Diagnostic Facilities

Pathanamthitta district is supported by laboratory facilities under both ISM and Homoeopathy departments, enabling essential diagnostic and investigative services within AYUSH institutions. The availability of laboratory services strengthens clinical decision-making and enhances the quality of patient care delivered through AYUSH facilities.

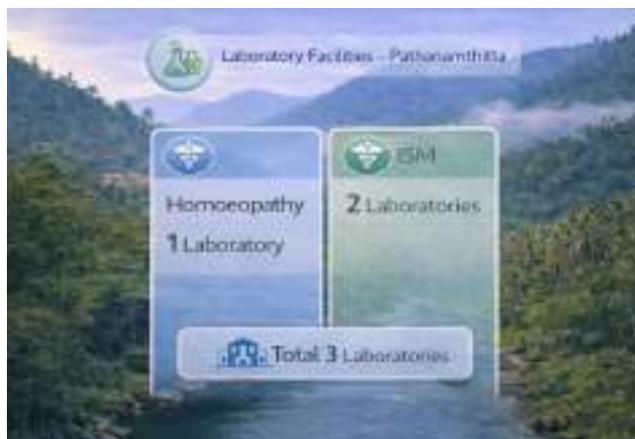


Figure 2.13: Details of Laboratory facilities

2.14 Financial Expenditure

Financial expenditure patterns in Pathanamthitta district reflect systematic allocation, release, and utilisation of funds under ISM and Homoeopathy departments. Timely fund release and satisfactory expenditure levels support uninterrupted service delivery, infrastructure maintenance, staff support, and implementation of AYUSH programmes, contributing to the overall sustainability of AYUSH healthcare services in the district.

Directorate	Year	Allocated	Released	Expenditure
ISM	2023-24	280,187	184,081	172,842
	2024-25	221,576	128,852	128,854
Homoeopathy	2023-24	95,16	05,06	92,60
	2024-25	53,02	53,02	53,02
Total		650,943	481,111	447,316

Figure 2.14: Financial Expenditure

Chapter 3

DEPARTMENT OF INDIAN SYSTEMS OF MEDICINE

FACILITIES & SERVICES

3.1 Introduction

Pathanamthitta District, located in southern Kerala with its administrative headquarters at Pathanamthitta town, is characterized by lush tropical biodiversity, extensive forest cover, fertile plains, and the undulating foothills of the Western Ghats. The district's population is predominantly rural, with health needs shaped by both communicable and non-communicable diseases. Vector-borne illnesses such as chikungunya, dengue, and other arboviral infections occur seasonally, facilitated by local ecological conditions including rubber plantations that provide breeding habitats for mosquitoes. Respiratory conditions, skin infections, and musculoskeletal complaints are common, particularly in areas affected by floods or post-monsoon environmental changes. The integration of traditional systems of medicine, particularly Ayurveda, Siddha, and Homeopathy, into the district's public health framework provides a critical complement to modern healthcare, supporting preventive care, rehabilitation, and community-based health promotion.

The district's geographic and climatic profile makes it vulnerable to seasonal natural disasters. Heavy monsoon rains contribute to flooding, disrupting settlements, agriculture, and health services. Periodic droughts in upland areas affect water security and sanitation, influencing the spread of water-borne diseases. Disaster preparedness and response in Pathanamthitta prioritize integration of ISM preventive measures, community resilience programs, and health promotion strategies to mitigate these risks effectively.

A distinctive aspect of Pathanamthitta's health landscape is the annual Sabarimala pilgrimage, which attracts millions of devotees between November and January. The pilgrimage places considerable demand on the district's healthcare system due to the risks associated with large gatherings, including heat stress, dehydration, injuries, respiratory infections, and vector-borne illnesses. Temporary health camps, mobile ISM units, and Ayurvedic first-aid centers are deployed strategically along pilgrimage routes, hill paths, and

at resting points, providing preventive care, herbal remedies, and wellness interventions. The synergy of ISM and modern medical support during this period plays a crucial role in safeguarding pilgrim health and mitigating seasonal public health challenges.

Pathanamthitta's rich biodiversity, including a wide variety of medicinal plants, supports the cultivation, research, and application of traditional medicine for both local populations and pilgrims. Indigenous knowledge systems, preserved among tribal communities such as the Malappandaram, provide valuable insights into therapeutic uses of local flora. These resources offer opportunities for sustainable cultivation, medicinal plant conservation, value-added herbal products, and therapeutic tourism. Strengthening ISM services across disaster-prone and pilgrimage-intensive areas ensures holistic, community-centered healthcare that aligns with Kerala's vision of integrating traditional medicine into public health and sustainable development.

3.2 Administration

The ISM Department delivers comprehensive Ayurveda services as part of the public healthcare system in Pathanamthitta district, focusing on preventive, promotive, and curative care. Services are provided through a network of government-run ISM hospitals, dispensaries, and wellness centres across the district. The District Medical Officer (DMO) of Pathanamthitta is responsible for the administration and oversight of all ISM-related health services, including Ayurveda, Yoga, and Siddha (AYUSH) facilities. The DMO ensures the effective functioning of hospitals, dispensaries, and wellness centres, maintaining high standards of healthcare delivery based on authentic traditional systems of medicine.

In Pathanamthitta district, the ISM Department administers multiple government ISM hospitals and dispensaries, providing both out-patient (OP) and in-patient (IP) services for a wide range of health conditions. These facilities offer general consultations, management of chronic illnesses, and treatment based on classical Ayurvedic principles.

3.2.1 District Administration of the Department



3.2.2 District Medical Office Profile

Table No: 3.2.2: District Medical office Profile

Post	Office Address	Office Number	Mail id
District Medical officer	The District Medical Office, Indian Systems of Medicine, Pathanamthitta, Orikkumbilbuildings, Melevettipuram Pathanamthitta - 689 645	0468 - 2324337	dmoismpta37@gmail.com

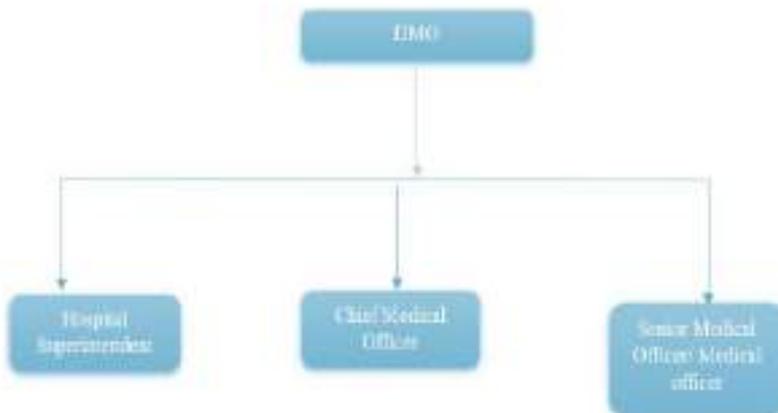
* Source - district data

3.2.3 Structure of DMO office

Table No: 3.2.3: Structure of DMO office

Sl no	Designation	No. of Officers
1	District Medical Officer	1
2	Senior Superintendent	1
3	Head Clerk	1
4	Senior Clerk	3
5	Clerk	2
6	UD Typist	1
7	Office Attendant	1
8	Part Time Sweeper	1
	Total	11

* Source - district data



3.3 Infrastructure Profile of the District

The district has a wide network of AYUSH Facilities, comprising 5 Hospitals, 49 Dispensaries, 9 NHM Dispensaries and 1 Tribal dispensary. It provide quality treatment to patients. It comprises of one District Ayurveda Hospital, 4 Government Ayurveda Hospitals, 49 Government Ayurveda dispensaries, 9 AYUSH Primary Health Centres- Ayurveda and 1 Government Ayurveda Tribal Dispensary. There is a siddha unit in district attached to Government District Ayurveda Hospital and other 2 subcenters. In addition, 11 institutions are NABH-accredited, 30 function as Ayushman Arogya Mandir including 5 institutions from the district bagged the KAYAKALP award in various categories.

3.3.1 Details of Facilities

The district has a well-established network of 64 health institutions providing comprehensive Ayurvedic services. This includes 1 District Hospital and 4 Government Ayurveda Hospitals, ensuring specialized care for patients across the district.

Primary healthcare is supported through 19 Government Ayurveda Dispensaries and 30 Ayushman Arogya Mandirs which provide accessible outpatient services to the local population. Additionally, 9 Ayurveda Primary Health Centres For tribal populations, 1 Government Ayurveda Tribal Dispensaries ensure culturally sensitive healthcare access.

This robust infrastructure reflects the district's commitment to integrating traditional systems of medicine with mainstream healthcare, making quality AYUSH services widely available to the community.

Table No: 3.3.1: Details of ISM health facilities

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Government Ayurveda Hospital	4
5	Government Ayurveda Dispensary	19

6	Ayushman Arogya Mandhir	30
7	Ayush Primary Health Centre Ayurveda	9
9	Government Ayurveda Tribal Dispensary	1
	Total	64

* Source - district data

Details of ISM Facilities are attached as Annexure 3.3.1

3.3.2 Hospital Details based on Bed Strength

Pathanamthitta district has a total of five government-run ISM hospitals with an aggregate bed strength of 150. This includes three 10-bedded hospitals providing primary inpatient care, one 20-bedded hospital offering secondary-level services, and one 100-bedded hospital functioning as a tertiary-level facility. The distribution of beds across small, medium, and large hospitals ensures that both routine and specialized inpatient care can be delivered effectively to the district's population, supporting preventive, promotive, and curative services under the traditional systems of medicine.

Table No: 3.3.2: Hospital Details based on Bed Strength

Sl no	Hospitals based on bed strength	Hospital number	Bed strength
1	GOVT. HOSPITAL (10 BEDDED)	3	30
2	GOVT. HOSPITAL (20 BEDDED)	1	20
3	GOVT. HOSPITAL (100 BEDDED)	1	100
	Total No. Of Beds/ Hospitals	5	150

* Source - district data

3.3.3 Health Facilities in Urban and Rural Areas

Pathanamthitta district has a total of 64 Indian Systems of Medicine (ISM) health facilities functioning across urban and rural areas, providing preventive, promotive, and curative care through Ayurveda, Yoga, and Siddha systems. The district has one District Hospital, located in the rural area. There are four Government Ayurveda Hospitals, ensuring accessibility of authentic Ayurvedic treatment to communities outside urban centres. The district also has 49 Government Ayurveda Dispensaries, including Ayushman Arogya Mandirs, of which one is located in an urban area and 38 in rural areas. Additionally, nine AYUSH Primary Health Centres operate in the district, with one in an urban location and eight in rural settings, functioning as the first point of contact for community-based healthcare. To serve indigenous populations, one Government Ayurveda Tribal Dispensary operates exclusively in a rural area Naranamoozhi.

Overall, ISM facilities are in urban areas, while the majority—51 facilities—are situated in rural areas. This distribution highlights the government’s emphasis on extending traditional healthcare services to rural and underserved populations, ensuring equitable access to preventive, promotive, and curative care based on the traditional systems of medicine throughout the district.

Table No: 3.3.3: Health Facilities in Urban and Rural Areas

Sl no	Type of Health Institution Facility	Total no: in the district	Urban	Rural
1	District Hospital	1	0	1
2	Government Ayurveda Hospital	4	1	3
3	Government Ayurveda Dispensary including Ayushman Arogya Mandir	49	2	47

4	Ayush Primary Health Centre	9	1	8
5	Government Ayurveda Tribal	1		1
	Total	64	4	60

* Source - district data

3.4 Human Resource Profile of the District

The Indian Systems of Medicine services in the district are supported by a structured workforce comprising medical, paramedical, administrative, and support staff.

The medical cadre includes positions such as District Medical Officer, Chief Medical Officers, and Medical Officers in specialties like Ayurveda (General), Visha, Netra, Marma, Panchakarma, Siddha, Nature Cure, and Koumarabhrityam. Paramedical staff consist of nurses, pharmacists, lab technicians, therapists, nursing assistants, and attendants, including Siddha attendants.

In addition, the system is supported by administrative personnel such as senior and junior superintendents, head clerk, clerks, clerk-cum-typist, typist, and driver. Essential support staff including office attendants (peons), cooks, sanitation workers, and part-time sweepers also form an integral part of the workforce, ensuring smooth functioning of healthcare institutions under the Indian Systems of Medicine sector.

3.4.1 Availability of Medical Professionals

The district has a total of 114 sanctioned medical professional positions under ISM and NAM/NHM programs, of which 112 positions are currently filled, leaving only two vacancies. Under the ISM department, 68 positions are sanctioned, including key clinical roles such as District Medical Officer, Chief Medical Officers, and Medical Officers in Visha, Netra, Marma, Ayur-General, Panchakarma, and Siddha specialties. Of these, two Ayur-General Medical Officer positions remain vacant. Under NAM and NHM programs, all 46 sanctioned positions—comprising 14 NHM Medical Officers and 32 NAM Medical Officers—are fully

filled. The high level of staffing ensures effective delivery of preventive, promotive, and curative services across the district through traditional and integrative healthcare systems.

Table No: 3.4.1: Details of Medical Professionals under the ISM /NAM/NHM in the District

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the ISM				
1	District Medical Officer	1	1	0
2	Chief Medical Officer	3	3	0
3	Medical Officer(Visha)	2	2	0
4	Medical Officer(Netra)	1	1	0
5	Medical Officer((Marma)	1	1	0
6	Medical Officer (Ayur-General)	59	58	1
7	Medical Officer (Panchakarma)	1	1	0
8	Medical Officer (Siddha)	1	1	0
	Total	69	68	1
Medical Officers Under NAM/ NHM				
1	Medical officer (NHM)	14	14	0
2	Medical officer (NAM)	32	32	0
	Total	46	46	0
	Grand Total	115	114	1

* Source - district data

3.4.2 Number and Distribution of Health Care Professionals

The district employs a total of 143 sanctioned Nursing and paramedical staff positions within the ISM department, of which 142 are currently filled, with only one vacancy. The cadre includes 16 Nurses, 55 Pharmacists, 1 Lab Technician, 6 Therapists (with one vacancy), 5 Pharmacy Attenders, 1 Marma Attender, 49 general Attenders, and 11 Nursing Assistants. The near-complete staffing ensures smooth operational support for clinical and administrative functions, thereby facilitating effective delivery of traditional healthcare services throughout the district.

Table 3.4.2.1- Details of Paramedical posts Sanctioned under the ISM department in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Nurse	16	16	0
2	Pharmacist	55	55	0
3	Lab Technician	1	1	0
4	Therapist	6	6	0
5	Pharmacy Attender	5	5	0
6	Marma Attender	1	1	0
7	Attender	49	49	0
8	Nursing assistant	11	11	0

** Source - district data*

The administrative workforce in the district health system consists of a total of 20 sanctioned positions, of which 19 are currently filled and 1 remains vacant. The team comprises 1 District Medical Officer, 1 Senior Superintendent, 1 Junior Superintendent, 1 Head Clerk, 14 clerks (13 filled, 1 vacant), 1 clerk-cum-typist, and 1 typist, all filled. This well-structured

administrative team plays a vital role in ensuring the efficient management, coordination, and smooth functioning of healthcare facilities across the district, supporting both medical and support staff in delivering consistent and effective healthcare services.

Table 3.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	District Medical Officer	1	1	0
2	Senior Superintendent	1	1	0
3	Head clerk	1	1	0
4	clerk	7	7	0
5	Typist	1	1	0
6	Office Attendant	1	1	0

* Source - district data

3.4.2.3- Details of other staff, Sanctioned under the ISM in the District

The district's ISM department has a total of 61 sanctioned positions for ancillary and supporting staff, including 5 Cooks, 6 Sanitation Workers, and 1 Full-time Sweeper, all of which are currently filled. Additionally, there are 49 sanctioned positions for Part-time Sweepers, of which 38 are filled and 11 remain vacant. This staffing supports the maintenance of hygiene, sanitation, and overall operational efficiency across ISM health facilities in the district.

Table 3.4.2.3- Details of Other posts Sanctioned under the ISM in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Cook	5	5	0
2	Sanitation worker	6	6	0
3	Full time Sweeper	1	1	0

Other Supporting Staff				
1	Part time Sweeper	49	38	11#

11 Part-time sweeper post filled by casual sweeper

* Source - district data

3.5 Beneficiary Details

The following tables present the beneficiary coverage of ISM health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

3.5.1 ISM Hospitals

The patient load data reveals significant utilization of services across the selected Government Ayurveda Hospitals. District Ayurveda Hospital, Ayiroor records the highest outpatient and inpatient attendance and functions as a major referral centre, supported by a higher bed strength. Government Ayurveda Hospital, Kadampanad manages a considerable OPD and IPD load despite limited bed capacity, indicating effective utilization of available infrastructure. Government Ayurveda Hospital, Thiruvalla, Government Ayurveda Hospital, Omalloor, and Government Ayurveda Hospital, Angadickal report high outpatient attendance with comparatively lower inpatient admissions, largely due to limited bed strength. Overall, the data reflects strong community dependence on Ayurveda services and highlights the scope for strengthening inpatient facilities in high-demand institutions.

Detailed beneficiary details in the Hospitals are attached as annexure 3.5.1

3.5.2 ISM Dispensaries

The outpatient attendance data of Government Ayurveda Dispensaries indicates steady and widespread utilisation of primary Ayurveda services across the district. Higher average monthly OPD attendance is observed at **Government Ayurveda Dispensary Ezhamkulam, Pathanamthitta, Kaviyoor, Vallamkulam, Keezhvaipur, Puramattom, Enadimangalam, and Elanthoor**, reflecting their role as high-demand service points catering to larger or more accessible population clusters.

Dispensaries such as **Kallooppara, Kallely, Ranni South, Pallickal, Kunnamthanam, Niranam, Koipuram, and Ranni Pazhavangadi** also demonstrate consistently good OPD attendance, indicating stable community dependence on Ayurveda-based outpatient care. Moderate OPD levels are noted in dispensaries including **Adoor, Aranmula, Cherukole, Kadapra, Konni, Kottanad, Mallappuzhassery, Mylapra, and Naranganam**, reflecting regular service utilisation.

Lower OPD attendance is observed in dispensaries such as **Ranni, Thottappuzhassery, Chittar, Kozhancherry, Kudamuruty, and Neervilakam**, which may be influenced by factors such as population density, accessibility, or availability of alternative healthcare facilities. Overall, the data highlights the crucial role of Government Ayurveda Dispensaries in delivering primary healthcare services and underscores the need for area-specific strengthening based on patient load and service demand.

Detailed beneficiary details in the Dispensaries are attached as annexure 3.5.2

3.5.3 APHC dispensaries

The average monthly outpatient attendance at Ayurveda Primary Health Centres (APHCs) indicates a consistently high level of service utilisation across the institutions. **APHC Adoor, APHC Enadimangalam, and APHC Mylapra** record the highest OP attendance, each serving more than 1,350 patients per month, reflecting their role as major primary Ayurveda care centres. **APHC Kozhencherry, APHC Peringara, APHC Thannithodu, and APHC Nedumpram** also demonstrate substantial outpatient attendance, indicating steady community dependence on services.

Moderate OP attendance is observed at **APHC Cherukole and APHC Anicadu**, which continue to provide regular outpatient care to their respective catchment areas. Overall, the data reflects effective utilisation of APHC services and highlights the importance of strengthening manpower and facilities in high-load centres to sustain quality service delivery.

Detailed beneficiary details in APHC are attached as annexure 3.5.3

3.6 Department Plan Projects

The Department of ISM conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

Table 3.6 ISM Department Plan Projects

SL No	Programmes Name	Facility	Post Assigned
1	Drishty	GAH Thiruvalla	Medical Officer -1 (NAM) Optometrist -1 Attender - 1
2	Punarnnava	DAH Ayiroor	Medical Officer -1 Therapist - 1
3	Geriatric	DAH Ayiroor	Care Taker - 1
4	Manasikam	GAH Kadampanad	Medical Officer -1 Attender - 1
5	Prasuthithantra	GAH Omalloor	Medical Officer -1 Attender - 1
6	Panchakarma	GAH Thiruvalla DAH Ayiroor	Therapist - 3
7	Ksharasuthra	DAH Ayiroor	Attender - 2
8	Snehadhara	GAH Angadickal North	Attender - 1
9	Sports	GAH Angadickal North	Medical Officer -1 (NAM) Therapist - 2 (NAM)
10	Jeevani	GAH Kadampanad	Medical Officer -1
11	Kaumarabrithyam	GAH Angadickal North	Medical Officer -1 (NAM)

* Source - district data

3.6.1 Jeevani

Jeevani focuses on the holistic management of Type-2 Diabetes Mellitus through Ayurvedic medicines, yoga, dietetics, and counselling. The project aims at improving glycaemic control, preventing complications, and enhancing quality of life. Implemented in multiple districts, it has demonstrated cost-effective outcomes with significant improvement in patient well-being and lifestyle modification.

Table 3.6.1: Jeevani Annual Report(2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	5.79 L	806
2	2023-24	5.25 L	1079
3	2024-25	4.19 L	987

* Source - district data

3.6.2 Punarnava

Punarnava addresses post-CVA (stroke) complications using Ayurvedic treatment and rehabilitation strategies. The project aims to minimize disability, speed up recovery, and improve quality of life while also creating awareness on stroke prevention. Integration of therapies such as Panchakarma, yoga, physiotherapy, and counselling has shown notable functional and psychosocial improvements.

Table 3.6.2: Punarnava Annual Report (2022–2025)

Sl No	year	Expenditure	No. of patients
1	2022-23	7.19L	816
2	2023-24	6.95L	1016
3	2024-25	7.05L	956

* Source - district data

3.6.3 Research Cell For Indian Systems of Sports Ayurveda

This project applies Ayurvedic principles in sports medicine, focusing on injury prevention, management, rehabilitation, and performance enhancement. Implemented through Sports Ayurveda Research Cell (SARC) units and KISAR, it supports state and national-level sports persons and improves endurance, strength, and recovery.

District-wise Implementation and Sub-units

1. Pathanamthitta - GAD Angadikkal North

Table 3.6.3: Research Cell for Indian Systems Of Sports Ayurveda Annual Report (2022–2025)

SI No	Year	Expenditure	No. of patients
1	2022-23	8.63L	1097
2	2023-24	7.14L	1806
3	2024-25	4.04L	1648

* Source - district data

3.6.4 Snehadhara

Snehadhara is a palliative care programme implemented across all districts, providing home-based Ayurvedic nursing care for bedridden and terminally ill patients. The project significantly improves physical comfort, psychological health, and overall quality of life while reducing financial burden on families.

Table 3.6.4: Snehadhara Annual Report (2022–2025)

SI No	Year	Expenditure	No. of patients
1	2022-23	5.16 L	760
2	2023-24	6.83 L	890
3	2024-25	6.38 L	1003

* Source - district data

3.6.5 Geriatric Care Center

This project addresses health issues of the elderly population (60+) through Ayurvedic management, physiotherapy, yoga, counselling, and supportive care. It aims to reduce morbidity, improve mobility, manage comorbidities, and enhance physical, mental, and emotional well-being.

Table 3.6.5: Geriatric Care Project Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	8.49L	1067
2	2023-24	7.10 L	899
3	2024-25	6.09L	1765

* Source - district data

3.6.6 : Koumarabhrithya

Koumarabhrithyam provides comprehensive Ayurvedic paediatric care, including management of infections, nutritional deficiencies, developmental disorders, and post-COVID conditions. The project has shown high treatment adherence and significant improvement in children's health and quality of life.

Table 3.6.6: Koumarabhrithya Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	7.31 L	2014
2	2023-24	6.12 L	2809
3	2024-25	4.94 L	2375

* Source - district data

3.6.7 Prasoothithantha

This project offers specialized Ayurvedic gynaecology and obstetric services, including antenatal, postnatal, menstrual, menopausal, and reproductive health care. It has demonstrated effective outcomes in women's health, postnatal recovery, menstrual disorders, and menopausal symptoms.

Table 3.6.7: Prasootithantha Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	9.24 L	2145
2	2023-24	7.56 L	2875
3	2024-25	7.16 L	2098

* Source - district data

3.6.8 Ksharasutra

Ksharasutra unit at DAH Ayiroor provide effective Ayurvedic treatment for anorectal disorders such as piles, fissures, and fistulas. The project is known for low recurrence, minimal complications, cost-effectiveness, and high patient satisfaction, including successful management of complex and recurrent cases.

Table 3.6.8: Ksharasutra Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	1.67 L	544
2	2023-24	1.79 L	744
3	2024-25	2.13 L	873

* Source - district data

3.6.9 NATURE CURE and YOGA Units

These units promote drug-free lifestyle management through yoga, naturopathy, diet regulation, and lifestyle modification. Implemented statewide, the project has shown

significant improvement in non-communicable diseases, musculoskeletal disorders, metabolic conditions, and mental health.

Table 3.6.9 Nature Cure Hospital and Yoga Units Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	3.67L	3765
2	2023-24	2.92L	4763
3	2024-25	2.99L	3482

** Source - district data*

3.6.10 Drishti

The School Health Programme (Drishti) is functioning at GAH Thiruvalla, supported by a Medical Officer, Optometrist, and Attender. The programme addresses refractive errors among school children through screening, awareness, and Ayurvedic ophthalmic care, contributing to preventive eye health and improved visual outcomes.

Table 3.6.10: Drishti Annual Report (2022–2025)

Year	Estimated Expenditure (INR L)	Estimated No. of Patients
2023-24	6.43	1287
2024-25	5.90	1056

** Source - district data*

3.7 Standardisation of Institutions

3.7.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Pathanamthitta District, NABH standards are being adopted in ISM

institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

List of NABH entry-level accredited institutions are attached as annexure 3.7.1

3.7.2: Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the National AYUSH Mission Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

Table 3.7.2: List of Institutions which have received the Kayakalp award

SI NO	Facility Name	Category (Dispensary/Hospital)	Prize
1	District Ayurveda Hospital, Ayiroor	Hospital	Fourth
2	Government Ayurveda Dispensary, Kallely	Dispensary	First
3	Government Ayurveda Dispensary, Thumpamon	Dispensary	second
4	Government Ayurveda Dispensary, Kunnamthanam	Dispensary	Third
5	Government Ayurveda Dispensary, Kaviyoor	Dispensary	Fourth

** Source - district data*

3.8 Ayushman Arogya Mandir - Ayush

Ayushman Arogya Mandir (AAMA) have been established to strengthen comprehensive primary healthcare delivery through the AYUSH systems of medicine, in alignment with national health priorities. With the assistance of the National AYUSH Mission (NAM), Kerala, existing Government Dispensaries institutions are being upgraded as AAMA to provide promotive, preventive, curative healthcare services. These centres focus on wellness-based interventions, lifestyle modification and Yoga adoption into the public health system. The initiative aims to enhance accessibility, quality, and continuity of AYUSH healthcare services at the community level, while ensuring standardized service delivery across the State.

List of Institutions upgraded as Ayushman Arogya Mandir (AAM-A) are attached as Annexure 3.8.

3.9 Digital Health

3.9.1 NextGen e-Hospital-and ABDM activities

NextGen e-Hospital system is implemented by the Department of Indian Systems of Medicine (ISM), Government of Kerala, as part of the state's digital governance and healthcare reform initiatives. Introduced to address long-standing challenges such as overcrowding, manual workflows, and patient waiting time in government AYUSH institutions, the system represents an upgraded, cloud-based Hospital Management Information System fully compliant with the Ayushman Bharat Digital Mission (ABDM).

The NextGen e-Hospital integrates key digital modules including OPD/IPD management, ABHA-based registration, Scan & Share self-registration, e-prescriptions, billing, laboratory and pharmacy services, inventory management, and real-time data capture. Its implementation has significantly improved service efficiency, transparency, coordination among departments, and accuracy of patient records, while reducing registration time from 40–50 minutes to approximately 5 minutes. As of the study period, 240 ISM institutions were operational on the platform, with others in advanced stages of onboarding, and several institutions recognised nationally as ABDM model facilities. The NextGen e-Hospital system has been implemented across multiple districts with varying degrees of coverage. Pathanamthitta has 54 institutions, with 13 functioning as e-Hospitals.



Figure 3.9.1 NextGen e-Hospital and ABDM activities

3.10 Health Infrastructure Development

The Department of Indian Systems of Medicine in Pathanamthitta district has arranged extensive facilities in the healthcare sector. Patient-friendly hospitals/treatment centers are implementing excellent schemes by utilizing funds made available through the National AYUSH Mission, Local Self-Government Institutions, and MLA/MP.

Several infrastructure development and sustainability-oriented projects have been implemented in ISM institutions across the district with financial support from MLA funds and Plan schemes. New building construction works were completed for the Government Ayurveda Dispensary, Adoor during 2023–2024 with an approved and initially released fund of ₹55 lakh, and for the Government Ayurveda Dispensary, Puramattom during 2020–2021 with an approved and initially released fund of ₹38 lakh, both under MLA projects. These initiatives have significantly strengthened institutional infrastructure and improved service delivery at the primary healthcare level.

In addition, renewable energy and eco-friendly initiatives have been successfully implemented in Government Ayurveda hospitals and dispensaries. Solar panel installations were completed at the Government Ayurveda Hospital, Kadampanad (2021–2022) with an initial fund of ₹3,69,000 and at the Government Ayurveda Dispensary, Kallely (2024–2025) with an initial fund of ₹4,12,500 under Plan schemes. Biogas plants were also established at

the Government Ayurveda Hospital, Kadampanad (2021–2022) with an initial fund of ₹4,70,000 and at the Government Ayurveda Hospital, Angadickal (2024–2025) with an initial fund of ₹5,00,000, promoting sustainable waste management and energy efficiency.

The total approved amount as well as the total fund initially released and spent for all the above projects is **₹1,10,51,500 (Rupees One Crore Ten Lakh Fifty-One Thousand Five Hundred only)**. All projects have been completed successfully, indicating effective utilization of funds and the department's commitment to strengthening healthcare infrastructure and adopting environmentally sustainable practices in ISM institutions across the district.

The major ongoing project is the construction of a Pay Ward at the District Ayurveda Hospital, Ayiroor, approved during the financial year 2020–2021 with an estimated cost of ₹6.00 crore. This project is currently under progress and is expected to enhance inpatient facilities and patient amenities.

In addition, new building construction for the Government Ayurveda Hospital, Thiruvalla has been approved during 2020–2021 with an estimated outlay of ₹1,58,15,000; however, the work has not yet commenced. Construction of a store room at the Government Ayurveda Hospital, Angadickal North, approved during 2022–2023 with an allocation of ₹40 lakh, is also pending initiation. Further, renewable energy initiatives including solar panel installations have been approved for the Government Ayurveda Hospital, Angadickal North (₹7,99,700) during 2024–2025 and for the District Ayurveda Hospital, Ayiroor (₹14,96,000) during 2025–2026, both of which are yet to be started.

The total approved financial outlay for the above proposed and ongoing works amounts to **₹8,21,10,700 (Rupees Eight Crore Twenty-One Lakh Ten Thousand Seven Hundred only)**. These projects, once implemented, are expected to significantly improve infrastructure capacity, energy efficiency, and quality of care in ISM institutions across the district.

Table 3.10: Health Infrastructure Development

Sl. No	Category of Works	Status of Projects	Number of Projects	Approved Amount (₹)	Fund Released / Expenditure (₹)
1	Infrastructure & Sustainability Projects	Completed	6	1,10,51,500	1,10,51,500
2	Infrastructure Development & Renewable Energy Projects	Proposed / Ongoing	5	8,21,10,700	—
Total			11	9,31,62,200	1,10,51,500

* Source - district data

3.11 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in ISM institutions. In Pathanamthitta District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

Out of the total ISM institutions in Pathanamthitta, 2 hospitals are equipped with in-house laboratory facilities, enabling timely diagnostic services and improving the quality of patient care. While a limited number of institutions maintain in-house Laboratory facilities, the majority of institutions are supported through functional laboratory linkages, enabling access to essential diagnostic investigations. Regular ISM demonstrate comparatively higher laboratory availability, whereas APHC-level institutions primarily rely on associated laboratory services. This arrangement ensures that patients receive necessary diagnostic support despite infrastructural limitations, thereby strengthening service delivery at the institutional level.

3.12 Financial Expenditure

During the year under review, the ISM sector in the district recorded a total financial expenditure of ₹1,10,51,500, corresponding to completed infrastructure and sustainability projects. The entire sanctioned amount for these six projects was released and fully utilized within the financial year, reflecting efficient fund management and timely execution of approved works.

No expenditure was incurred during the year for the five proposed and ongoing infrastructure development and renewable energy projects, which together have an approved financial outlay of ₹8,21,10,700. These projects are scheduled for implementation in subsequent financial years, with fund release and expenditure to be carried out in a phased manner. The year's expenditure thus demonstrates prudent financial planning, with a focus on completing approved projects while preparing for large-scale infrastructure enhancements in the coming years.

The financial performance of the ISM Department over the two financial years reflects steady investment and efficient utilisation of resources. In **2023-24**, an allocation of **₹280.19 lakh** was provided, of which **₹184.98 lakh** was released. The department recorded an expenditure of **₹172.84 lakh**, achieving a utilisation rate of approximately **93.4%** of the released funds, indicating strong financial absorption and effective programme implementation. For **2024-25**, the allocation was **₹221.58 lakh**, with **₹128.85 lakh** released. The expenditure of **₹128.85 lakh** demonstrates **almost complete utilisation** of the released amount, reflecting improved execution efficiency and timely implementation of planned activities. Overall, the financial trends show responsible fiscal management, optimal fund utilisation, and sustained commitment to strengthening Indian Systems of Medicine services across the district.

Table 3.12: Detailing of Expenditure

Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure
23-24	280.18738	184.98164	172.84229
24-25	221.57675	128.85255	128.85366

Source: District Data

3.13 Other Activities

3.13.1 Sabarimala Pilgrimage

During the Sabarimala pilgrimage season, the Department of Indian Systems of Medicine plays a vital role in providing healthcare services to pilgrims. The department offers traditional Ayurvedic treatments and health guidelines to devotees undertaking the long and strenuous pilgrimage.

Main Activities:

- Distribution of **pain-relief oils, herbal decoctions (kashayams), and medicated drinking water** to pilgrims.
- Treatment for common ailments such as **fatigue, joint pain, muscle strain and skin infections**.
- **Health awareness and preventive care programs** to promote hygiene and physical fitness.

3.13.1 Beneficiary Details

Institutions	Total Patients	Year
GAD Sannidhanam	82330	2022-23
GAD Pampa	31940	
GAD Sannidhanam	67371	2023-24

GAD Pampa	18154	
GAD Sannidhanam	67498	2024-25
GAD Pampa	18191	

Source: District Data



Figure 3.13.1 Government Ayurveda Hospital at sannidhanam



Figure 3.13.2 Government Ayurveda Dispensary at sannidhanam



Figure 3.13.3 Ayurveda Mobile Medical Unit



Figure 3.13.4 Govt Ayurveda Temporary Dispensary

3.13.2 Ism Department – Activities At Cherukolpuzha And Maramon Conventions

During the major religious and social gatherings in Pathanamthitta district — the **Cherukolpuzha Hindu Religious Convention** and the **Maramon Christian Convention** — the **ISM Department** plays an active role in providing **healthcare and emergency medical support** to devotees and visitors.

3.13.3 Control Of Communicable Disease

In areas of the district where communicable diseases are reported, medical camps, distribution of medicines, and awareness classes are conducted under the supervision of the District Medical Officer. In addition, camps are organized through various Ayurvedic institutions. In the district, 290 camps and 320 awareness classes were conducted during the last financial year.

A task force has been constituted by appointing conveners for five zones in the district. Under their supervision, visits are conducted to areas affected by communicable diseases to carry out preventive activities.



Figure 3.13.5 Medical camp for healthcare and emergency medical support

3.14 Conclusion

The district profiles presented in this document highlight the diverse geographical, environmental, socio-economic, and health-related characteristics across the districts, underscoring the complex and evolving public health challenges faced by the State. The analysis clearly demonstrates that each district possesses distinct health needs influenced by variations in terrain, climate, population structure, occupational patterns, disease burden, and vulnerability to natural and climate-induced disasters. In this context, the Indian Systems of Medicine — encompassing Ayurveda, Unani, Siddha, and other AYUSH streams — emerge as an indispensable component of Kerala’s public health framework, offering comprehensive solutions in preventive care, chronic disease management, rehabilitation, mental health support, disaster preparedness, and community-based health promotion.

The integration of Indian Systems of Medicine within the district health system strengthens service delivery by extending accessible, culturally accepted, and cost-effective healthcare to diverse populations, including tribal communities, coastal populations, migrant workers, the elderly, and residents of geographically challenging regions. The district-wise assessment further reinforces the need for decentralised planning, infrastructure strengthening, human resource optimisation, and evidence-based programme implementation to enhance the reach, quality, and impact of ISM services. Continued policy support, inter-sectoral coordination, and sustained investment will be essential to fully realise the potential of Indian Systems of Medicine in advancing health security, resilience, and sustainable development across the State.

Chapter 4

DEPARTMENT OF HOMOEOPATHY FACILITIES & SERVICES

4.1 Introduction

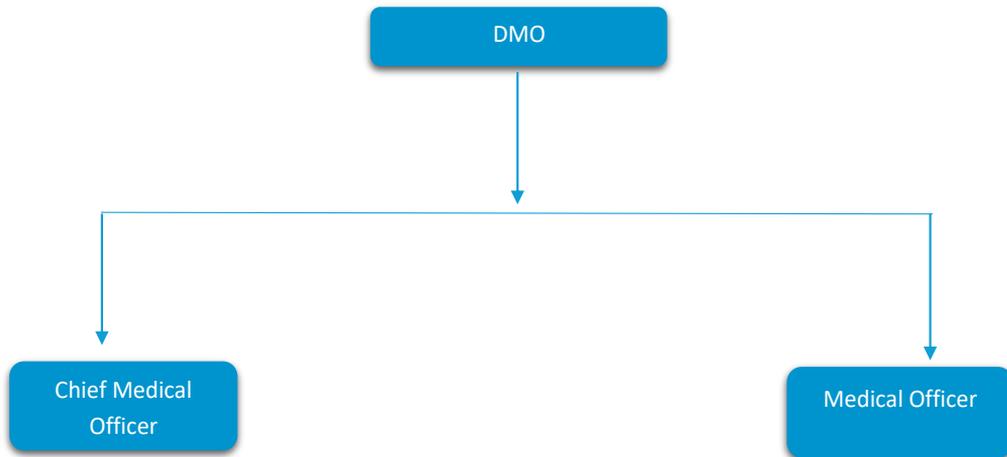
Pathanamthitta is a distinctive district in the southern Indian state of Kerala, known for its lush landscape, cultural heritage, and significant religious tourism. Formed on 1 November 1982, it covers an area of approximately 2,637 – 2,652 sq km and had a population of around 1.19 million as per the latest census data. The district is characterized by a high literacy rate (96.9 %) and a favorable sex ratio, reflecting Kerala’s strong social indicators.

Geographically, Pathanamthitta is a land-locked district bordered by the districts of Kottayam, Alappuzha, Idukki, and Kollam, as well as the state of Tamil Nadu to the east. The terrain includes highlands, midlands, and lowlands, enriched by three major rivers — Pamba, Achankovil, and Manimala— which are essential for agriculture, ecology, and the rural economy. Around 50 % of the district’s area is under forest cover, contributing richly to biodiversity and ecological balance.

Pathanamthitta is widely known as the “Headquarters of Pilgrimage Tourism” in Kerala. It hosts several highly revered religious sites that draw visitors from across India and abroad. The most prominent among these is the Sabarimala Ayyappa Temple, one of the world’s largest annual religious gatherings, attracting 3–4 million pilgrims during the peak *Mandala-Makaravilakku* season. Other significant centres include the Aranmula Parthasarathy Temple, Maramon Convention site, Parumala Church, and various temples, churches, and mosques that reflect the district’s cultural pluralism.

This massive seasonal influx, combined with the district’s hilly terrain and forested pilgrimage routes, creates unique public health challenges related to emergency care, communicable disease prevention, lifestyle disorders, and stress-related conditions. At the same time, Pathanamthitta’s strong primary healthcare network and acceptance of traditional systems of medicine provide a favourable setting for integrative health services. In this context, the Kerala Government Homoeopathy Department plays an important role in delivering accessible, preventive and promotive healthcare to residents as well as pilgrims, contributing significantly to the district’s overall health scenario.

4.2.1 District Administration of the Department



4.2.2 District Medical Office Profile

Table No: 4.2.2: District Medical office Profile

Post	Office Address	Office Number	Mail id
District Medical officer	District Medical Office (Homoeo),2nd Floor Revenue Tower,Adoor P.O Pathanamthitta,Pin - 691523	04734-226063 Mob:9072615303	dmohomoeopta@kerala.gov.in

* Source - district data

4.2.3 Structure of DMO office

Table No: 4.2.3: Structure of DMO office

Sl no	Post	Number
1	District Medical officer	1
2	Senior Superintendent	1
3	Clerk	2
4	Typist	1
5	Office Attendant	1
6	Part Time Sweeper	1

* Source - district data

4.3 Infrastructure Profile of the District

In Pathanamthitta District, the Department of Homoeopathy, Government of Kerala, administers a total of 59 Government homoeopathic health institutions, constituting a well-distributed and accessible public homoeopathy service network. The district has **one** Government Homoeopathy Hospital with a sanctioned bed strength of **10**, providing both inpatient and outpatient care. Of the total institutions, 36 function as Government Homoeo Dispensaries, while 22 are AYUSH Primary Health Centres operating under the National Health Mission (NHM) framework, in addition to the hospital.

Among the 36 Government Homoeopathy institutions, 13 have achieved NABH Entry-Level Certification, one achieved ISO Certificate reflecting adherence to quality standards in service delivery. Further, 14 dispensaries have been upgraded as Government Model Homoeopathy Dispensaries, strengthening infrastructure and patient care facilities. A total of 23 institutions have been upgraded as Ayushman Arogya Mandir (AYUSH) to deliver comprehensive primary healthcare services in line with national AYUSH policies. Digitalisation has been fully implemented in all 37 Homoeopathy institutions through the

AYUSH Health Information Management System (AHIMS) 2.0, ensuring systematic record-keeping, improved patient management, and data-driven service monitoring.

Through this structured institutional framework, the Homoeopathy Department plays a vital role in delivering accessible, quality-assured, and community-oriented healthcare **services** to the population of Pathanamthitta District.

4.3.1 Details of Homoeopathic health facilities

Table No: 4.3.1: Details of Homoeopathic health facilities

SI No	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Govt. Homoeo Dispensary	13
3	AyushmanArogyaMandir (AYUSH)	23
4	Ayush Primary Health Centre	22
	Total	59

** Source - district data*

4.3.2 Health Facilities in Urban and Rural Areas

Out of the 59 homoeopathic health facilities functioning in the district, 4 are located in urban areas and 55 in rural areas, indicating strong rural outreach. 34 primary-level institutions (Government Homoeo Dispensaries and AyushmanArogyaMandir (AYUSH)) are situated in urban areas. 20 of the 22 AYUSH Primary Health Centres are located in rural areas. This distribution highlights the department's focus on ensuring accessible homoeopathic healthcare services, particularly in rural regions.

Table No: 4.3.2: Health Facilities in Urban and Rural Areas

Sl no	Type of Health Institution /Facility	Total no: in the district	Urban	Rural
1.	District Hospital	1	0	1
2.	Govt. Homoeo Dispensary including AyushmanArogyaMandir (AYUSH)	36	2	34
3.	Ayush Primary Health Centre	22	2	20
	Total	59	4	55

* Source - district data

4.3.3 Hospital Details based on Bed Strength

Pathanamthitta District has a modest but functional government homoeopathic inpatient care facility with a total bed strength of 10 beds, provided through a single government homoeopathic hospital. Though limited in capacity, the hospital plays an important role in delivering essential inpatient services to the local population.

Table No: 4.3.3: Hospital Details based on Bed Strength

Sl no	Hospitals based on bed strength	Hospital number	Bed strength
1	Govt. Hospital (10 Bedded)	1	10
	Total No. of Beds/ Hospitals	1	10

* Source - district data

4.4 Human Resource Profile of the District

The Department of Homoeopathy in Pathanamthitta District is supported by a well-structured human resource framework comprising medical, paramedical, administrative, and Class IV staff across Government Homoeopathy institutions, ensuring effective delivery of healthcare services. All the sanctioned posts of medical professional in Government institutions, including Chief Medical Officers and Medical Officers/Resident Medical Officer

are fully maintained, enabling uninterrupted clinical services. Additional human resources with support from the National AYUSH Mission (NAM) through contractual appointments and programme-based staffing support are being utilized for effective health care service delivery through the hospitals. Though key operational posts such as pharmacists, nursing staff, and support personnel are largely in position, a limited number of vacancies persist in selected categories, particularly in nursing and Class IV cadres. Overall, the existing human resource availability are optimally utilized to provide a strong foundation for service delivery, with continued efforts underway to address remaining gaps and strengthen institutional efficiency and patient care.

AYUSH Primary Health Centres (APHC) function with a single Medical Officer deployed by the National Health Mission (NHM) on contract basis, with supporting staff provided by the respective Local Self Government Institutions (LSGIs).Lacks of enough qualified staff in these institutions are a major gap to be addressed.

4.4.1 Availability of Medical Professionals

A total of 40 medical professional posts have been sanctioned in the district, and all posts are filled, resulting in zero vacant posts. This includes administrative, supervisory, and clinical positions such as District Medical Officer, Chief Medical Officers, Medical Officers, and Resident Medical Officers.

Service of Medical Officers under NHM and NAM are also being utilized for the health care delivery in the district.

Table No: 4.4.1 : Details of Medical Professionals under the DH /NAM/NHM in the District

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the DH				
1	District Medical officer (Administrative)	1	1	0
2	Chief Medical officer	10	10	0

3	Medical officer	28	28	0
4	Resident Medical officer	1	1	0
	Total	40	40	0
Medical Officers Under NAM/ NHM				
1	Medical officer (NHM)	22	22	0
2	Medical officer (NAM)	12	12	0
	Total	34	34	0
	Grand Total	74	74	0

* Source - district data

4.4.2 Number and Distribution of Health Care Professionals

The district demonstrates **strong manpower coverage across core service areas**, though **strategic recruitment is required in nursing, pharmacy and certain support roles** to further strengthen service delivery and operational efficiency.

Table 4.4.2.1- Details of Paramedical posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Nurse	3	2	1
2.	Nursing Assistant	3	3	0
3.	Pharmacist	33	30	3
4.	Dispenser	4	4	0
5.	Attender	29	29	0

* Source - district data

Table 4.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the Department of Homoeopathy in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Senior Superintendent	1	0	1
2	Clerk	3	3	0
3	Typist	1	1	0

** Source - district data*

Table 4.4.2.3- Details of Class IV posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Office Attendant	4	3	1
2	Class IV Attender	0	0	0
3	Cleaner	1	0	1
4	Cook	1	1	0
5	Sweeper Cum Peon	4	4	0
Other Supporting Staff				
1	Part Time Sweeper	21	21	0

** Source - district data*

4.5 Beneficiary Details

The following tables present the beneficiary coverage of Homoeopathy health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

4.5.1 Hospital

Pathanamthitta District Homoeo Hospital reports an average monthly OPD of 2670 and an IPD of 29 with a total bed strength of 10.

4.5.1: Table of Beneficiary details in Hospitals

SlNo	Institution Name	AverageOPDina Month	AverageIPDina Month	TotalBedStrength
1	Pathanamthitta District Homoeo Hospital Kottanad	2670	29	10

* Source - district data

4.5.2 Dispensaries

The beneficiary data of Government Homoeo Dispensaries indicates steady and widespread utilisation of Homoeopathic services across the district. Higher average monthly OPD attendance is recorded at Pandalam, Ezhamkulam, and Aranmula Government Homoeo Dispensaries, reflecting their role as major service delivery points catering to larger population catchments. Dispensaries such as Elanthur, Kalanjoor, Puthusserimala, and Nilakkal also report consistently good OPD attendance, indicating sustained community dependence on Homoeopathic care.

Overall, the data highlights the important role of Government Homoeo Dispensaries in delivering primary Homoeopathic healthcare and underscores the need for area-specific strengthening based on patient load.

Details of Beneficiary in Govt Homoeo Dispensaries are attached as annexure 4.5.2

4.5.3 Ayush Primary Health Centre dispensaries& SCP dispensaries

The average monthly outpatient attendance at AYUSH Primary Health Centres indicates a high level of utilisation of AYUSH services across the district. Higher OP attendance is observed at Vallicode, Adoor, Pandalam Thekkekara, Malayalapuzha, Thumpamon, Erathu, Niranam, Konni, Kodumon, Kaviyoor, and Ezhumattur AYUSH Primary Health Centres, each recording more than 1,000 outpatients per month, reflecting their role as major primary-level service delivery institutions.

Overall, the data highlights the significant contribution of AYUSH Primary Health Centres in providing accessible primary healthcare services and the need for area-specific planning based on patient load.

Details of Beneficiary in Ayush Primary Health Centre dispensaries & SCP dispensaries are attached as annexure 4.5.3

4.6 Public Health Programmes

The Department of Homoeopathy conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

4.6.1 Gender Based Projects- Women - Seethalayam

Seethalayam is the first gender-based project of the Department of Homeopathy. Launched in 2010, the project aims to ensure the mental, physical, and emotional health of women especially domestic violence victims and suggest solutions for the difficulties they face. A unique feature of this project is that all staff members are women. It provides homeopathic treatment along with individual and family counseling.

Since its inception, Seethalayam has gained immense popularity through its unique operational style, awareness classes, and medical camps. It offers treatment for women facing marital issues, workplace problems, domestic violence, sexual exploitation, anxiety, suicidal tendencies, and depression. Services are also extended to other family members. The project collaborates with the Social Justice Department, Women's Cell, Women's Commission. Monthly visits are conducted to women's prisons and destitute homes.

Objectives:

- To ensure the mental, physical, and emotional security of women.
- To provide knowledge regarding women's rights and laws.
- To facilitate rehabilitation for the destitute and the neglected

Table 4.6.1: Beneficiary details of Seethalayam project

	Op			Counselling		
	New	Old	Total	New	Old	Total
2023-24	220	1363	1583	89	447	536
2024-25	196	1248	1444	70	168	238

* Source - district data

**Figure: 4.6.1 Seethalayam Project**

4.6.2 Punarjani

Punarjani is a de-addiction treatment clinic that has been functioning since 2012 as a sub-clinic of the Seethalayam project. It was established after observing that many women seeking help at Seethalayam were suffering from domestic violence and mental stress caused by substance abuse (alcohol and drugs) among the men in their families. The project provides homoeopathic treatment and counselling for patients addicted to alcohol, drugs and smoking.

Objectives:

- To treat patients with addiction.

- To conduct awareness classes for adolescents and youth regarding health issues and social crises caused by substance abuse.
- To utilize a treatment method that minimizes withdrawal symptoms
- To extend counseling to other family members of patient

Table 4.6.2: Beneficiary details of Punarjani project

	New	Old	Total
2024-25	43	168	211

* Source - district data

4.6.3 Janani

The **Janani** project by the Department of Homeopathy offers hope in the field of infertility treatment with simple, side-effect-free medicines. Originally started as a weekly OP in 2012, it became a dedicated clinic due to its popularity. The project effectively treats both male and female infertility, including conditions like PCOD, menstrual disorders, Fallopian tube blocks, hypothyroidism, uterine fibroids, and low sperm count/motility. Diagnostic tools like ultrasound and follicular studies are also being utilised.

Table 4.6.3: Beneficiary details of Janani project

	New Case	Old Case	Cumulative Pregnancy	Cumulative Child Birth
2023-24	60	681	59	42
2024-25	40	616	64	49

* Source - district data



Figure: 4.6.3 Janani Project

4.6.4 Sadgamaya

Sadgamaya is the child and adolescent-centric project of the Department of Homoeopathy. It aims at attaining overall wellness encompassing physical, mental, emotional, and social aspects, with specific attention to issues related to behavioural, cognitive, or educational challenges.

Objectives

- Identify behavioural, scholastic, psychological and physical problems of children and adolescents.
- Impart awareness for parents, children, teachers and the general public on learning disabilities and behavioural problems.
- Provide homoeopathy treatment for behavioural and learning disabilities.
- Service of special education teachers is available in each unit, who train the patients in special learning methodologies.
- Provide behavioural management, treatment and counselling for children and adolescents.

Beneficiary

- Neurodevelopmental & Behavioural Disorders
 - Autism Spectrum Disorders
 - Attention Deficit Hyperactivity Disorder (ADHD)

- Learning Problems and Learning Disabilities (e.g., dyslexia, slow learning)
- Developmental Delays
- Behavioral disorders (e.g., oppositional, conduct issues)
- Impulsive and conduct-related behaviours
- Cognitive, Emotional & Psychiatric Issues
 - Depressive disorders / Persistent Depressive Disorder
 - Anxiety, fears and emotional dysregulation
 - Obsessive-Compulsive Disorder (OCD)
 - Speech and language disorders
 - Scholastic backwardness / difficulties in reading, writing, calculation
- Other Challenges Addressed
 - Social withdrawal and lack of concentration
 - Substance abuse and addictive behaviours (including gadget addiction)
 - Sexual abuse and related emotional trauma
 - Behavioural issues like kleptomania
 - Mental stress and maladaptive coping behaviours
 - Mild to moderate intellectual challenges
 - Social media addiction and game addictions

Table 4.6.4: Beneficiary details of Sadgamaya project

	New	Old	Total
2023-24	77	2674	2751
2024-25	74	2168	2242

* Source - district data



Figure: 4.6.4: Sadgamaya Project

4.6.5 Ayushmanbhava

Non-communicable diseases (NCDs)/ lifestyle diseases are becoming a major health concern in society, and the World Health Organization has issued warnings to all nations regarding this issue. In response, various committees established by the government have decided to utilize the potential of all medical systems to address the social breakdown caused by NCDs, across the country and particularly in Kerala.

Objectives

- Providing treatment for NCDs through homoeopathy and consultation of naturopathy for healthy life style through dietary regulations along with yoga practice.
- To offer treatment for complications arising from lifestyle diseases and to empower individuals to overcome disabilities caused by these complications.
- Creating awareness among the population in preventive and promotive health care.
- Making treatment affordable and accessible to the public.

Table 4.6.5: beneficiary details of Ayushmanbhava project

Year	New Cases	Old Cases	Grand Total
2023-24	321	3964	4606
2024-25	331	3991	4322

* Source - district data

**Figure: 4.6.5 Ayushmanbhava Project**

4.6.6 Palliative Care

Introduction

The global demand for palliative care is rising due to the increasing number of patients with chronic and terminal illnesses. In India, approximately 2% of patients fall within the scope of palliative care. Kerala was the first state in India to implement a 'Pain and Palliative Policy' in 2008. Following this initiative, the Kerala State Department of Homoeopathy launched the Pain & Palliative Project in 2016-2017, based on various government directives and circulars.

Need for Palliative Care

The rising burden of chronic, incurable conditions such as cancer, degenerative disorders, and geriatric illnesses underscores the need for comprehensive palliative care services. The Palliative Project of Department of Homoeopathy is designed to alleviate suffering among

patients and their families by addressing physical, mental and psychosocial challenges while enhancing overall quality of life. The program emphasizes the delivery of effective, side effect free and cost - efficient health care through Homoeopathy, with a focus on relief from pain and other distressing physical symptoms associated with chronic diseases. Integrated efforts with volunteer organizations and allied departments support community awareness initiatives and coordinated geriatric - palliative care services. The project provides home visits, as well as medical and nursing care for bedridden patients.



Figure: 4.6.6 Palliative Care awareness Camp

Implementation Approach

Implementation operates at two levels:

Primary Palliative Care through home visits delivered by primary palliative care centres functioning in Dispensaries/ Ayush Primary Health Centres

Secondary Palliative Care through weekly Palliative Outpatient services , Inpatient Care and home visits delivered by secondary centres in district hospital

Table 4.6.6: beneficiary details of Palliative Care project

	OP- New	OP Follow up	IP	No Of Home care visits- Primary	No Of Home care patients- Primary	No Of Home care visits- Secondary	No Of Home care patients- Secondary
2023-24	120	1167	24	280	1572	2122	2122
2024-25	186	1071	112	430	4125	108	892

* Source - district data

4.6.7 Projects and Institutions

Table 4.6.7: Table of details of Plan Projects

Sl. No.	Name of the Programme	Institution Were Implemented	Days of functioning
1	Seethalayam	Govt. Homoeopathy Dispensary, Pandalam	Monday to Saturday
2	AyushmanBhava	Govt. Homoeopathy Dispensary, Kuttappuzha	Monday to Saturday
3	Sadgamaya	Govt. Homoeopathy Dispensary, Kodumon	Monday to Saturday
4	JANANI	Govt. Homoeopathy Dispensary, Pandalam	Monday to Saturday
5	Pain & Palliative Care	Govt. Homoeopathy Hospital, Kottanad	Monday to Saturday
6	Lifestyle Disease OP	Govt Homoeopathy Dispensary Kuttappuzha	Wednesday

* Source - district data

4.6.8 Special OP'S working in association with NAM Support

Table 4.6.8: Table of details of Special OP'S working in association with NAM Support

SL No	Name of Special OP	Details about the Project	Institution were Implemented	Days Of Functioning
1	Karunya	Paliative Home Visit Project	GHD Puthuserimala	Monday to Saturday
2	Musculo Skeletal Disease Special OP	Special OP for Musculo Skeletal Diseases	GHD Ezhamkulam	Monday to Saturday
3	Asthma Special OP	Special OP for Asthma	GHD Kulanada	Tuesday, Thursday, Saturday
4	Thyroid Special OP	Special Op for Thyroid	GHD Kuttappuzha	Monday, Wednesday, Friday
5	AYUSH Mobile Medical Unit	Mobile Medical Unit for Tribal Peoples at Ranni Block	GHD Vadaserikkara	Monday to Saturday
6	AyurVidya Project	School Health Project	GHD Pallicakal	Monday to Saturday

** Source - district data*

4.7 Standardisation of Institutions

4.7.1 NABH - Entry-level Certified Institutions

The National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardised quality framework aimed at enhancing patient safety and service excellence in

healthcare institutions. In Pathanamthitta District, NABH standards are being adopted in Homoeopathy institutions to strengthen clinical governance, improve documentation practices, and promote patient-centred service delivery, thereby contributing to an overall improvement in the quality of care.

Table 4.7.1: Table of NABH entry-level certified institutions

SI No	Name of Institution
1	Govt Homoeo Dispensary Puthusserimala
2	Govt Homoeo Dispensary Kozhencherry
3	Govt Homoeo Dispensary Elanthoor
4	Govt Homoeo Dispensary Naranganam
5	Govt Homoeo Dispensary Kuttapuzha
6	Govt Homoeo Dispensary Aranmula
7	Govt Homoeo Dispensary Kulanada
8	Govt Homoeo Dispensary Kuttoor
9	Govt Homoeo Dispensary Pramadam
10	Govt Homoeo Dispensary vadasserikkara
11	Govt Homoeo Dispensary Pallickal
12	Govt Homoeo Dispensary chungappara.
13	Govt Homoeo Dispensary Pandalam.

** Source - district data*

4.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

Table 4.7.2: List of Institutions which have received the Kayakalp award

Sl.No	Facility Name	Category	Status
1	GHD Aruvappulam	AHWC	1st Prize
2	GHD Puthuserimala	AHWC	Commendation
3	GHD Chungappara	AHWC	Commendation
4	GhdPallickal	AHWC	Commendation

** Source - district data*

4.7.3 Model Dispensary

Model dispensaries serve as an effective mechanism for standardizing healthcare service delivery across homoeopathy institutions. Dispensaries with a consistently high volume of Outpatient (OP) attendance are identified and selected for upgradation as Model Dispensaries, ensuring optimal utilization of resources and maximum public benefit. The upgradation is implemented in a phased manner, focusing on improvements in infrastructure, manpower support, service delivery systems, and patient amenities. This initiative is supported through consistent financial assistance from the Plan budget, enabling sustained quality enhancement and uniform service standards across selected institutions.

Table 4.7.3: List of institutions upgraded as model dispensary

SI No	Name of Institution
1	GHD Pandalam
2	GHD Ezhamkulam
3	GHD kuttoor
4	GHD Koyipram
5	GHD Pallikkal
6	GHD Aranmula
7	GHD Kulanada
8	GHD Kozhenchery
9	GHD Kuttappuzha
10	GHD Seethathodu
11	GHD Naranganam
12	GHD Puthusserimala
13	GHD Vadasserikkara
14	GHD Anikkad

** Source - district data*

4.7.4 ISO 9001 certification

ISO certification in healthcare involves adhering to internationally recognized standards to ensure quality, safety, and efficiency across the industry—from hospitals and clinics to medical device manufacturers. The certificate demonstrates a commitment to best practices and continual improvement. **Kadapra Government Homoeo Dispensary** was awarded the ISO 9001 certification.

4.7.5 Clinical Establishment Registration

At Pathanamthitta District All the Government Institutions and APHC's are done Clinical Establishment registration.

4.8 Ayushman Arogya Mandir -AYUSH

Ayushman Arogya Mandir (AYUSH) represents a people-centred initiative aimed at

strengthening accessible, affordable, and holistic primary healthcare services across the community. These centres integrate the principles and therapeutic strengths of Ayurveda, Yoga & Naturopathy, Unani, Siddha, Sowa-Rigpa, and Homoeopathy to promote wellness, disease prevention, and comprehensive care.

Functioning as the first point of contact for individuals and families, Ayushman Arogya Mandir (AYUSH) provide outpatient care, health promotion, lifestyle counselling, management of common ailments, and support for chronic disease management through AYUSH systems. The focus remains on preventive and promotive healthcare, encouraging healthy living practices and early intervention to reduce the burden of disease.

By combining traditional knowledge with organized public health delivery, AyushmanArogyaMandir (AYUSH) contributes significantly to the national vision of Universal Health Coverage. These centres play a key role in extending quality AYUSH healthcare to rural and urban populations alike, ensuring continuity of care while preserving India's rich heritage of holistic healing. 23 Institutions are upgraded as Ayushman Arogya Mandir - AYUSH.

List of Institutions upgraded as Ayushman Arogya Mandir - AYUSH are attached as Annexure 4.8

4.9 Temporary Homoeo Dispensaries

Temporary Homoeo Dispensaries are established during major festival seasons to cater to the increased healthcare needs of pilgrims and the general public. In Pathanamthitta District, these dispensaries operate in association with **Sannidhanam (Mandala-Makaravilakku), Pamba (Mandala-Makaravilakku), Maramon Convention, Pandalam Idathavalam, and Pathanamthitta Idathavalam**, ensuring timely and accessible Homoeopathic services during peak pilgrimage and festival periods.

4.10 Digital Health

4.10.1 AHIMS - AYUSH Health Information Management System

The Ayush Homoeopathy Information Management System (AHIMS) is the official Information Management System implemented by the Department of Homoeopathy to

digitize and streamline the clinical, administrative, and institutional functions of Homoeopathy healthcare facilities across the State.

AHiMS Version 1 (AHiMS 2.0) was introduced in 2019 as the foundational digital platform. This version primarily focused on the collection and consolidation of numerical and institutional data related to core operations such as OP/IP statistics, asset management, medicine indenting, Plan and Non-Plan fund management, basic reporting, and institutional profile data. AHiMS 1.0 established a standardized digital workflow across Homoeopathy institutions and enabled centralized data availability for effective monitoring, reporting, and policy-level decision-making. The software received Second Prize in the eHealth - e Medicine category of the State e-Governance Awards for the years 2019–20 and 2020–21, recognizing its contribution to digital health governance.

AHiMS Version 2 (AHiMS 2.0), launched in 2023, represents a significantly enhanced and expanded phase of the system. In addition to strengthening the unique Homoeopathy Hospital Management System—the only such digital solution in the country covering more than 1,100 Homoeopathy institutions—Version 2 introduced advanced administrative and governance-oriented modules. A major addition is the comprehensive Establishment/HR module, which covers employee service details, recruitment, probation, service history, disciplinary proceedings, and document management. The upgraded version also supports improved internal governance, better data integrity, and expanded operational modules including accounts, stock management, institutional administration, and system-level controls. Overall, AHiMS 1.0 laid the digital foundation, while AHiMS 2.0 evolved the platform into a comprehensive, integrated management system, supporting both healthcare service delivery and administrative efficiency in the Homoeopathy sector.

All the Government Homoeopathy institutions in Pathanamthitta District are actively delivering digital health services through the AHiMS. Key functional areas including patient registration, clinical documentation, and service reporting are being carried out digitally across institutions. Medicine stock management in both Government Homoeopathy institutions and AYUSH Primary Health Centres (AYUSH PRIMARY HEALTH CENTRES) has been fully digitalised, ensuring accurate tracking of stock availability, consumption, and distribution. The medicine procurement process is now 100% online, enabling transparent

monitoring of indents, purchase orders, supply status, and delivery timelines. These digital processes are supported by real-time dashboards accessible to the District Medical Officer (DMO), facilitating effective oversight, data-driven decision-making, and improved efficiency in medicine supply chain management.

4.10.2 ABDMactivities

In connection with ABDMactivitiesin Pathanamthitta District, **100% Health Facility Registry (HFR) creation has been achieved**, with all **59 health facilities successfully registered**. In addition, **31 Health Professional Registries (HPRs)** have been created out of **71 eligible health professionals (44%)**, reflecting substantial progress in onboarding healthcare providers onto the ABDM ecosystem. Continuous efforts are underway to complete the remaining HPR registrations to ensure full compliance and seamless digital health data exchange across the district.

4.11 Medicine Availability & Logistics

LSGD has allocated Rs. 3850000/-for medicine purchases specifically for homoeopathy institutions in Pathanamthitta district. This allocation falls under LSGD's health sector initiatives, enabling timely purchases

4.12 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis.

Table 4.12: Laboratory facilities in Institutions

SL No	Name of Institution
1	Pathanamthitta District Hospital

** Source - district data*

Pathanamthitta lab facilities is working with plan project of Pathanamthitta district Panchayath.

4.13 Research and Development (R&D) Activities

RCT STUDY - Immunological Response of Arsenicum Album 30 C to Combat COVID- 19, A Double Blind, Randomized, Placebo – Controlled Clinical Trial in the Pathanamthitta District of Kerala.

An RCT Study by Central Council for Research in Homoeopathy (CCRH) , Ministry of AYUSH, Government of India in collaboration with Department of Homoeopathy Kerala has been done at Pathanamthitta District with a budget 1,60,000,00. The study is completed and now on the process of Peer Review Publication.

4.14 Financial Expenditure

In **Pathanamthitta District**, a total of **₹95.16 lakhs** was allocated during **2023-24**, of which **₹95.06 lakhs** was released and **₹92.60 lakhs** was utilized. In **2024-25**, an amount of **₹53.02 lakhs** was both allocated and fully released, with **100% expenditure reported**. The figures reflect consistently high levels of fund utilisation across both financial years.

Table 4.11: Financial Expenditure

District	Year	Allocated amount (in Lakhs)	Released Amount (in Lakhs)	Expenditure	Percentage
Pathanamthitta	2023-24	95.15826	95.06183	92.59947	97.4%
Pathanamthitta	2024-25	53.02469	53.02469	53.02469	100 %

* Source - Plan space 2.0

Chapter 5

NATIONAL AYUSH MISSION KERALA

SUPPORTS & SERVICES

5.1 Introduction

National AYUSH Mission is a Centrally Sponsored Scheme under the Ministry of AYUSH. The government of India launched National AYUSH Mission (NAM) during the 12th plan in 2014. In Kerala, NAM started activities in 2015. The aim of NAM is to mainstream AYUSH Systems into health care services, to develop evidence-based AYUSH management protocol through scientific documentation and to ensure the accessibility of quality AYUSH services. Regarding the funding pattern, 60% share is provided by the Central Government and 40% is provided by the State Government.

The vision is to provide cost-effective, equitable, and accessible AYUSH healthcare across the country by strengthening service delivery systems and improving access to quality care. It emphasizes the integration of preventive and promotive healthcare approaches within primary health services, while promoting a holistic wellness model grounded in AYUSH principles and practices. In addition, the vision seeks to enhance AYUSH educational institutions to ensure the delivery of high-quality education and the development of competent professionals to support the growth of the AYUSH sector.

The objective is to ensure the availability of AYUSH healthcare services across the country by strengthening and improving AYUSH healthcare infrastructure and service delivery. It aims to establish a holistic wellness model through AYUSH Health and Wellness Centres with a strong focus on preventive and promotive healthcare based on AYUSH principles and practices, thereby reducing disease burden and out-of-pocket expenditure. The approach also seeks to provide informed choices to the public through the co-location of AYUSH facilities at Primary Health Centres, Community Health Centres, and District Hospitals, promoting medical pluralism. Further, it emphasizes the role of AYUSH in public health in alignment with the National Health Policy (NHP) 2017.

5.1.1 National Ayush Mission – Funding Approval Analysis

The analysis highlights the financial growth pattern, approval efficiency and year-wise variations to support planning, monitoring and future programme strategy formulation.

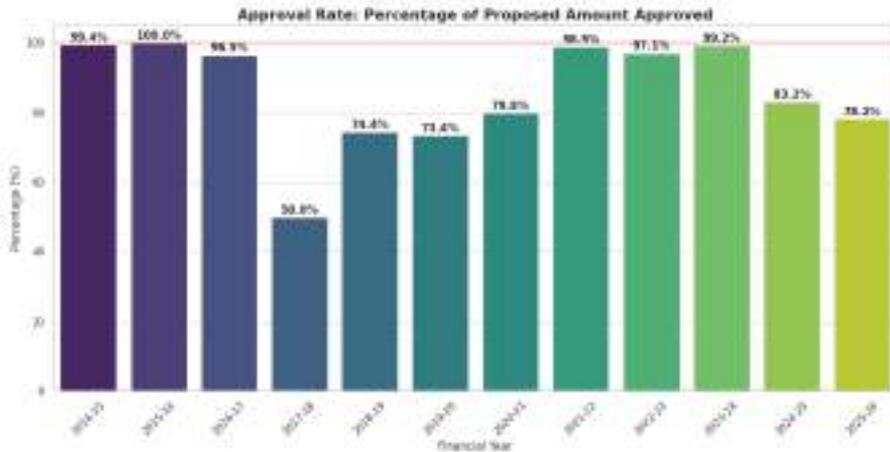


Figure 5.1.1.1 Funding Approval Analysis

Figure 5.1.1.1 illustrates the year-wise comparison of Resource Envelope, Amount Proposed and Amount Approved under the National AYUSH Mission. The chart indicates a progressive increase in financial allocations over the years, reflecting expansion of programme scope and implementation scale.



Figure 5.1.1.2 Trend Analysis of Funding Approval Analysis

Figure 5.1.1.2 depicts the approval efficiency trend, highlighting the percentage of proposed funds approved each year. The consistently high approval rate demonstrates effective planning, quality proposal preparation and strong institutional coordination with the approving authorities.

5.1.2 Approved Amount for Engineering Construction Works Under NAM

The following graphical representation presents a comprehensive trend analysis of the approved financial outlay for Engineering Construction Works executed under the National AYUSH Mission (NAM) across multiple SAAP years. The analysis examines sector-wise movement, total funding behaviour, priority shifts and percentage contribution patterns over time.

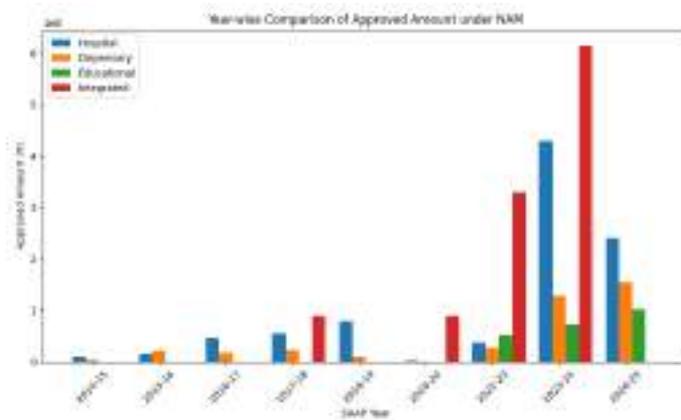


Figure 5.1.2.1 Analysis of Approved Amount for Engineering Construction Works Under NAM

Figure 5.1.2.1 presents the SAAP year-wise approved financial outlay for Engineering Construction Works under the National AYUSH Mission. The trend reflects periodic increases aligned with infrastructure strengthening priorities, including hospitals, dispensaries and academic institutions.

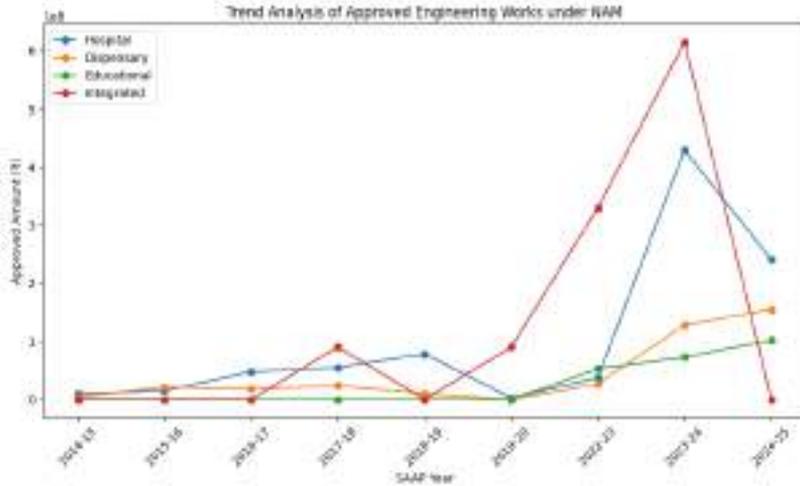


Figure 5.1.2.2 Trend Analysis of Approved Amount For Engineering Construction Works Under NAM

Figure 5.1.2.2 highlights the proportional distribution and trend movement of engineering works funding across SAAP years. Variations indicate strategic prioritisation of construction activities based on programme needs and infrastructure gaps.

5.1.3 Flexipool Projects Approved in The State – Trend Analysis Report

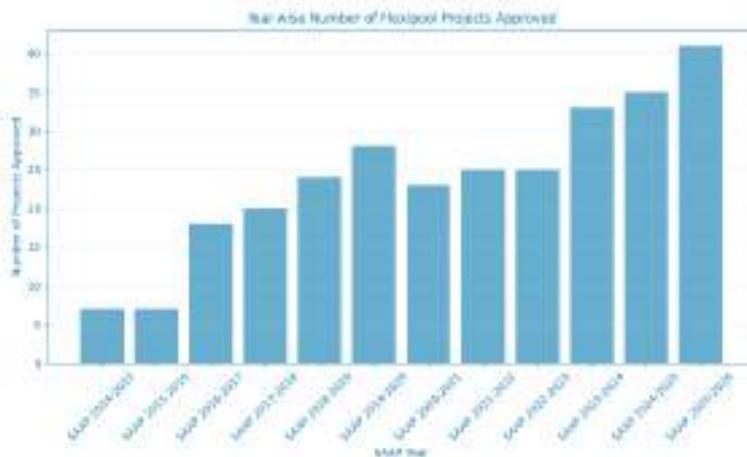


Figure 5.1.3.1 Analysis of Flexipool Project Approved in the State

- National Program for Prevention and Management of Osteoarthritis & other Musculoskeletal disorders (NPPMOMD) shows sustained implementation across all SAAP years, reflecting continued focus on musculoskeletal disorder management.
- Karunya consistently records the highest number of units, indicating wide beneficiary coverage.
- SUPRAJA and AMMU show expansion during 2024–25, highlighting emphasis on maternal health and outreach services.
- Ayurvedya demonstrates a stable trend.
- Vayomitra shows strengthening in 2025–26, reflecting enhanced geriatric care services.

5.1.5 Ayushman Arogya Mandir (Aam-Ayush) – Kerala

This graphical representation presents the SAAP year-wise details and trend analysis of 700 Ayushman Arogya Mandir (AAM-AYUSH) / AYUSH Health & Wellness Centres (AHWC) established in Kerala

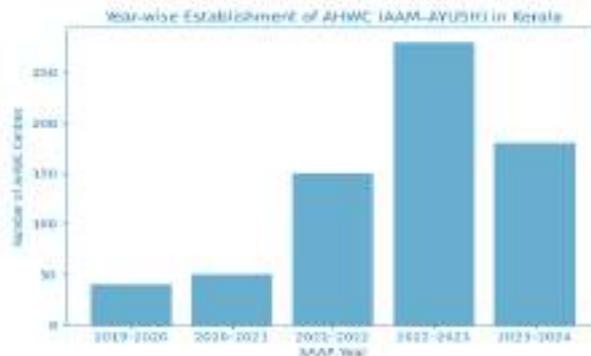


Figure 5.1.5.1 Graph representation of AAM AYUSH established in Kerala

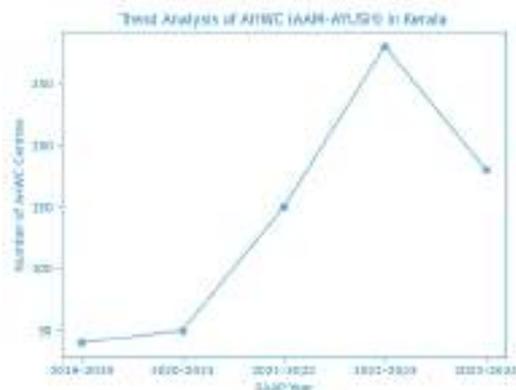


Figure 5.1.5.2 Trend Analysis of AAM AYUSH established in Kerala

Figure depicts the SAAP year-wise establishment of Ayushman Arogya Mandir (AAM-AYUSH) / AYUSH Health & Wellness Centres in Kerala. The chart shows a steady expansion from 2019-20 onwards, with significant scale-up during 2021-22 and 2022-23. This trend highlights Kerala's sustained commitment to strengthening AYUSH-based comprehensive primary healthcare services at the grassroots level.

5.2 Administration

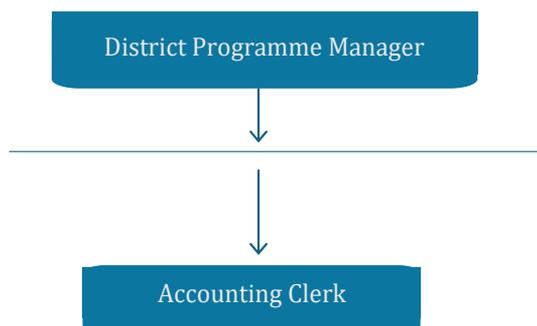
In the State of Kerala, the National AYUSH Mission (NAM) operates through a specialized administrative framework to manage its extensive network of healthcare services and public health initiatives. The mission is governed by a State AYUSH Mission Society, which provides the strategic and financial oversight necessary for mainstreaming traditional medicine into the state's public health infrastructure. This decentralized approach ensures that services like Ayurveda and Homoeopathy are effectively integrated from the state level down to the local communities

At the district level, the District Programme Management and Supporting Unit (DPMSU) serves as the operational hub, acting under the direct instructions and guidance of the State Mission Office (SPMSU). This unit is the primary body responsible for the localized management and implementation of AYUSH services within each district.

The administrative setup within the DPMSU includes one District Programme Manager (DPM) and one Accounting Clerk. This team is responsible for coordinating, monitoring, and

implementing various programmes and activities under the District AYUSH society, ensuring effective execution and timely reporting of all project components to the state level. This structure allows for the smooth management of local health needs, including the operationalization of AYUSH Health and Wellness Centres and the execution of specialty-focused public health projects.

5.2.1 Structure of District Programme Management and Supporting Unit Office



5.2.2 District Programme Management and Supporting Unit Profile

Table No5.2.2 presents the contact and office details of the District Programme Management and Supporting Unit (DPMSU), including the District Programme Manager responsible for coordinating and implementing NAM activities at the district level.

Table No: 5.2.2: District Programme Management and Supporting Unit Profile

Post	Office Address	Office Number	Mail id
District Programme Manager	DPMSU, National AYUSH Mission, Orikompil Building, 2nd floor, Melevettipuram, Pathanamthitta -689645	9074198854, 8848002952	nampta12@gmail.com

5.3 Human Resources Profile

The National AYUSH Mission provides human resources to both the Indian Systems of Medicine (ISM) and Homoeopathy departments in Kerala through its major functional components, namely AYUSH Services (Medical Officers and supporting staff), Public Health Programmes, Flexipool Projects, and Ayushman Arogya Mandir (AYUSH). In addition, the Mission deploys personnel for programme management and administrative support to enable effective planning, implementation, monitoring, and financial management of AYUSH activities. This integrated human resource framework ensures efficient healthcare delivery and sustained institutional support across the State.

Ayush Service (HR) under NAM refers to the provision of Medical Officers and supporting staff to both ISM and Homoeopathy departments, ensuring the availability of skilled manpower for effective healthcare service delivery.

Flexipool Projects enable the State to implement innovative and state-specific projects and programmes, providing flexibility to address local health priorities and emerging needs.

Ayushman Arogya Mandir (AAM-AYUSH) functions as the primary AYUSH healthcare delivery point, ensuring accessible, affordable and quality services while supporting preventive, promotive, curative and rehabilitative care with strong community outreach.

AYUSH Public Health Programmes are national initiatives aimed at addressing priority health conditions through disease prevention, health promotion, awareness generation and strengthened healthcare delivery, contributing to holistic community wellness and improved public health outcomes.

District Programme and Management Unit(DPMSU) provides governance, coordination, monitoring, financial management and reporting support through the deployment of two staff members

Table No5.3.1 shows the distribution of Medical Officers and Supporting Staff across ISM, Homoeopathy, and DPMSU under the National AYUSH Mission in the district

Table No 5.3.1 Department-wise Component HR Strength under NAM

Department	Component	Medical Officers	Supporting staffs	Total
ISM	Ayush Services HR	6	24	125
	Flexipool Projects	10	15	
	Ayushman Arogya Mandir(hwc)	0	60	
	Public Health Programme	6	4	
HOMOEOPATHY	Ayush Services HR	3	5	70
	Flexipool Projects	4	4	
	Ayushman Arogya Mandir	0	44	
	Public Health Programme	5	5	
DPMSU	Admin	1	1	2
Total HR		197		

Source: District data

The details of medical and paramedical posts sanctioned in the district in Department-wise Component HR Strength under NAM which includes the category of posts, number of positions approved across various health institutions, are attached as annexure 5.3.2

5.4 Ayush Services- Supply of Essential Drugs

Supply of Essential Drugs to Government AYUSH Hospitals and Dispensaries

- ₹4.00 lakhs per annum for essential drugs for AYUSH Hospitals
- ₹2.00 lakhs per annum for essential drugs for AYUSH Dispensaries

Table No5.4 presents the number of institutions sanctioned under the National AYUSH Mission along with the amount approved for each institution. The financial support ensures uniform strengthening of AYUSH facilities and improved service delivery across all approved centres.

Table No 5.4 Number of institutions sanctioned under the supply of essential drugs

Sl. No.	Institution	No. of sanctioned institution	Amount Sanctioned for each institution Amount
1	Hospital	5	₹4.00 lakhs
2	Dispensaries	39	₹2.00 lakhs

Source: District data

5.5 Ayush Services- Health Infrastructure Development

5.5.1 Upgradation of Exclusive / Standalone Government AYUSH Hospitals/ AYUSH Dispensaries

In Pathanamthitta district, the SAAP period 2017–18 and 2018–19 saw the successful completion of two Homoeopathy dispensary projects. The Govt. Homoeopathy Dispensary at Elanthoor (₹10.00 lakh) and the Homoeopathy Dispensary at Chungappara (₹20.00 lakh) were completed. Strengthening primary AYUSH healthcare services in the district. In Pathanamthitta district, several key AYUSH projects are currently underway to enhance healthcare infrastructure. These include the construction of Govt. Ayurveda Hospitals at Ayiroor and Angadikkal (₹1.00 crore each), the Upgradation of Govt. Homoeopathy Dispensary Ayiroor (₹30 lakh), and the construction of a Govt. Siddha Dispensary at Kadambanad (₹30 lakh). Major hospital projects in progress include the 10-bedded

Integrated AYUSH Hospital at Adoor (₹7.50 crore) and the 30-bedded Integrated AYUSH Hospital at Aranmula (₹10.50 crore). These projects are being executed by agencies such as DNK Pathanamthitta, KHRWS, WAPCOS, and HLL, with physical progress ranging from initial stages to ongoing works, targeting completion between late 2025 and 2027.

The details of completed & ongoing infrastructure development works under the National AYUSH Mission (NAM) for Ayurveda and Homoeopathy institutions in the district across various financial years are attached as Annexure 5.5.1.

5.5.2 Setting up of upto 10/30/50 bedded integrated AYUSH Hospital

This table presents the details of Integrated AYUSH Hospital projects sanctioned under the National AYUSH Mission (NAM) in Kerala, including the State Annual Action Plan (SAAP) year, district, name of the project, and the amount approved as per the scheme.

Table No 5.5.2 Integrated AYUSH Hospital Projects under NAM Kerala

Integrated AYUSH Hospital Projects under NAM Kerala				
SL No.	SAAP Yr	District	Name of Work	Amount Approved as per scheme
1	2022-23	Pathanamthitta	Construction of 10 Bedded Integrated AYUSH Hospital Adoor	75000000
2	2023-24	Pathanamthitta	Construction of 30 Bedded Integrated AYUSH Hospital Aranmula	105000000

Source: District data

5.6 Ayush Services- Programmes & Projects- Ayush Public Health Programmes

The AYUSH Public Health Programmes aim to strengthen India's public health system through preventive, promotive, curative, and rehabilitative healthcare using traditional systems of medicine. In the context of increasing chronic diseases, ageing population, and lifestyle-related disorders, AYUSH systems offer safe, cost-effective, and evidence-based

healthcare options. Under the National AYUSH Mission (NAM), structured programmes have been launched focusing on musculoskeletal disorders (especially osteoarthritis), non-communicable diseases, maternal and neonatal care, mobile medical services, geriatric and palliative care, and school health promotion. These are implemented through existing NAM frameworks at state and district levels with emphasis on evidence-based interventions, capacity building, and IT-enabled monitoring.

5.6.1 National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders- in brief

Musculoskeletal disorders (MSDs), including osteoarthritis, are a major cause of disability and reduced productivity globally and in India, affecting around 20% of the population.

Need for AYUSH Intervention: There is no dedicated programme in India for MSDs. AYUSH therapies, including herbal medicines, yoga, diet, and lifestyle modifications, offer effective and safe management options. Integrating these interventions supports the goals of the National Health Policy (2017) and Sustainable Development Goal 3.

Objectives:

- a. Manage osteoarthritis and other MSDs through AYUSH-based integrative approaches.
- b. Promote self-care and awareness through Information, Education and Communication (IEC) activities.

Implementation Strategy:

Populations are categorised by risk levels for targeted intervention. Activities are implemented through AYUSH Health and Wellness Centres, dispensaries, and affiliated institutions. Major components include screening, preventive awareness, yoga, diet and lifestyle advice, clinical consultations, rejuvenation therapies (Rasayana), cleansing (Shodhana), Varma therapy, medicated oil applications, and follow-up care.

The following institutions are providing services under this project

1. District Homoeopathy Hospital, Kottanad, Pathanamthitta
2. Govt. Ayurveda Hospital, Kadampanadu, Pathanamthitta

Table No5.6.1 shows the Beneficiary details of NPPMOMD programme in Ayurveda and Homoeopathy

Table No 5.6.1 Beneficiary Details of NPPMOMD

Sl. No.	Department	Old	New	Total
1	Ayurveda	1032	1160	2192
2	Homoeopathy	259	4217	4476

Source: District data



Figure 5.6.1 Medical Camp

5.6.2 VAYO MITRA: AYUSH Geriatric Healthcare Services – in brief

With India's ageing population rising and the old-age dependency ratio increasing, ensuring the health, dignity, and wellbeing of senior citizens has become vital. The *Vayo Mitra* initiative under the National AYUSH Mission focuses on promoting healthy ageing through preventive, promotive, and therapeutic AYUSH approaches. Traditional practices like *Swasthavritha* (maintenance of health), *Rasayana* (rejuvenation), *Panchakarma*, and *Tadbir-i-Shaykhukhat* (Unani geriatric care) form the basis of AYUSH geriatric healthcare.

Objectives:

- Create awareness about healthy ageing and ways to reduce morbidity in old age.
- Provide specialised AYUSH healthcare for the elderly through the existing AYUSH network.
- Promote community recognition of the value and potential of healthy elderly individuals.

Implementation Strategies:

- **Preventive & Promotive Care:**
Encourages healthy routines (*Dinacharya, Ritucharya*), yoga, stress management, balanced diet, and proper lifestyle habits. Trained health workers conduct domiciliary visits, health assessments, and weekly AYUSH clinics for the elderly.
- **Information, Education & Communication (IEC):**
Health education through mass and folk media promotes physical fitness, stress reduction, and awareness on AYUSH geriatric care. Elderly clubs and health camps will be organised, and IEC materials and media campaigns will spread messages on healthy ageing and available AYUSH services.

The following institutions are providing services under this project

1. GAH Kadampanadu, Pathanamthitta

Table No 5.6.2. provides gender-wise and total beneficiary coverage under the Vayo Mitram geriatric care project.

Table No 5.6.2 beneficiary details

UNITS	OLD	NEW	TOTAL	MALE	FEMALE
PTA	633	527	1160	429	717

Source: District data



Figure 5.6.2 Treatment in Vayo Mitra

5.6.3 AYURVIDYA: Promotion of Healthy Lifestyle through AYUSH for School Children - in brief

The AYURVIDYA programme aims to promote healthy lifestyles and awareness about AYUSH principles among school children, focusing on hygiene, diet, yoga, and the use of medicinal plants and home remedies. The initiative targets schools in regions with poor health indicators, especially aspirational districts, to instill lifelong healthy habits from an early age.

Objectives:

- To encourage school children to adopt healthy lifestyles and diets based on AYUSH principles.
- To create awareness about the importance of medicinal plants and simple home remedies.
- To educate children about yoga for fitness, wellbeing, and stress management

Implementation Strategy:

- The programme will cover UPTO 300 schools per year, with an AYUSH doctor and multipurpose worker catering to UPTO 25 schools monthly.
- Block-level teams including AYUSH professionals, headmasters, and NGOs will conduct AYUSH and nutrition education sessions.
- Teaching methods will use interactive tools such as videos, quizzes, posters, slogans, and street plays for effective learning.

- Activities include health and hygiene campaigns, yoga camps, medicinal herb plantations, and early health screening for common conditions.
- Teachers will be trained to identify medicinal plants and teach home remedies.
- Referral linkages with AYUSH hospitals and colleges will ensure follow-up care, and IEC materials will be distributed for awareness.

The following blocks and institutions are covered under this programme

1. Ranni Block Pathanamthitta district, AHCW Pandalam
2. Government Ayurveda Hospital Thiruvalla, Thiruvalla Block, Pathanamthitta

Table No 5.6.3 presents the number of awareness sessions conducted and beneficiaries reached under AYUVIDYA.

Table No5.6.3 showing the beneficiary details under the project

No of Awareness Session	No of Beneficiaries
4	209

Source: District data



Figure 5.6.3 Ayurvedidhya Training to kid

5.6.4 AYUSH Mobile Medical Unit – in brief

AYUSH Mobile Medical Units (AMMUs) aim to deliver healthcare to unserved and underserved, particularly tribal, populations facing a triple disease burden—malnutrition and communicable diseases, rising non-communicable diseases, and mental health issues. These mobile units bring preventive, promotive, and curative AYUSH healthcare to remote regions, improving accessibility and continuity of care.

Objectives:

- Provide doorstep AYUSH healthcare services in remote and tribal areas through outreach activities.
- Screen and manage common communicable and non-communicable diseases, provide basic OPD care, and ensure referral linkages to higher AYUSH facilities.

Implementation Strategy:

The programme will operate in across unserved tribal regions. Each mobile unit—staffed by a medical officer and multipurpose worker. Villages will be mapped to identify inaccessible clusters and referral sites. Activities include community mobilisation, disease screening, follow-up visits, medicine distribution, and proper record maintenance. The AMMUs will also conduct IEC/BCC activities to promote awareness on AYUSH interventions for malnutrition, de-addiction, and yoga, along with capacity-building programmes to improve health-seeking behavior among tribal populations.

The following block/Sub division/district/ of the proposed public health programme

- Ranni, Pathanamthitta

Table No 5.6.4 indicates a strong upward trend in service utilisation, with a sharp increase in both new and follow-up cases in 2025 compared to the previous year. This reflects improved outreach, better continuity of care, and growing community acceptance of AYUSH Mobile Medical Unit services in remote and tribal areas.

Table No 5.6.4 showing the details of Beneficiary

	New Cases				Old Cases				Grand Total
	Male	Female	Children	Total	Male	Female	Children	Total	
2024-2025	60	50	80	190	25	290	105	420	610
2025- including dec 25	230	300	150	680	120	160	80	360	1040

Source: District data



Figure 5.6.4 Mobile Medical Unit

5.6.5 KARUNYA: AYUSH Palliative Services – in brief

The KARUNYA initiative aims to provide compassionate, holistic palliative care through AYUSH systems of medicine, focusing on improving the quality of life of patients with life-limiting illnesses and supporting their families. Palliative care addresses physical, emotional, social, and spiritual needs, particularly for patients with conditions such as cancer, neurological disorders, organ failure, autoimmune diseases, HIV/AIDS, and age-related illnesses.

The programme emphasises home-based care, considering it cost-effective and comforting, and integrates supportive care into AYUSH dispensaries, Health & Wellness Centres, and

hospitals. Early initiation of palliative care, from the time of diagnosis, helps ensure better symptom management and family preparedness.

Objectives:

To provide quality, integrated supportive care for patients suffering from chronic, lifestyle-related, geriatric, and psychiatric conditions.

Implementation Strategy:

- Home visits by AYUSH medical officers and trained health workers for patient assessment and basic care.
- Relief from pain and other symptoms through AYUSH treatments, along with psychosocial counselling.
- Use of AYUSH HWCs for community mobilisation and awareness.
- Conducting training and sensitisation programmes for healthcare professionals.
- Regular monitoring and evaluation of services.

The following blocks and institutions are covered under this programme

1. Government Homoeo dispensary Puthusserimala, In Ranni Panchayath
2. Kadapra Block, Pathanamthitta

Table No 5.6.5. Beneficiary details of KARUNYA

DEPARTMENT	NEW CASES	OLD CASES	GRAND TOTAL
Homoeopathy	344	869	1213
Ayurveda	120	265	385

Source: District data



Figure 5.6.5. Awareness Camp

5.7 Ayush Services- Programmes & Projects- Flexipool Projects

The Flexipool project is a component that allows States to utilise up to 25% of the actual SAAP (State Annual Action Plan) amount to implement innovative or state-specific projects and programmes. It provides flexibility for the State to design and execute activities based on local health priorities and emerging needs that may not be covered under mandatory components of NAM guidelines.

5.7.1 Allergy & Asthma Special Clinic (Homoeopathy)

The project is a statewide Homoeopathy initiative aimed at addressing allergy, asthma, and chronic respiratory diseases (CRDs) such as chronic obstructive pulmonary disease (COPD) and chronic bronchitis through comprehensive outpatient and inpatient services in all District Homoeopathy Hospitals in Kerala. The initiative seeks to provide effective Homoeopathic treatment, reduce morbidity and mortality, and alleviate the financial, physical, and emotional burden on patients and their families.

The programme encompasses outpatient and inpatient care, community outreach activities, medical camps, and health education programmes. Implementation is supported by a structured monitoring and evaluation framework that includes baseline data collection, maintenance of patient registries, use of electronic medical records (EMRs), periodic review

meetings, and impact assessments. Special clinics have been established in district hospitals with patient-friendly facilities and appointment systems, supported by patient mobilisation through referrals, awareness sessions, information, education and communication (IEC) activities, and medical camps. Inpatient care is provided wherever clinically indicated.

Table No 5.7.1 provides year-wise gender-wise and total beneficiaries treated under the Homoeopathy Allergy & Asthma Special Clinics

Table No 5.7.1 Number of Beneficiaries

	New Cases			Old Cases			Grand Total
	Male	Female	Total	Male	Female	Total	
2024-2025	276	408	684	867	1067	1934	2618
2025- April To Nov 2025	38	86	124	544	898	1442	1566

Source: District data



Figure 5.7.1 Awareness class

5.7.2 Ayurkarma

Ayurkarma is an initiative that integrates Panchakarma therapies into Government Ayurveda Dispensaries in rural Kerala to ensure equitable access to holistic Ayurvedic healthcare. It enables economically weaker communities to receive essential kriya kramas such as Vamana. Virechana. Nasyam. Vasthi and Rakthamoksha through OP-based units established in selected dispensaries. The project aims to bridge service delivery gaps by making Panchakarma a part of mainstream government healthcare. Patients are selected from the General OPD and evaluated by the Project Medical Officer, who prescribes appropriate therapies after necessary examinations and consent procedures. Treatments are carried out by trained therapists under supervision, with proper documentation, vitals monitoring and post-procedure guidance to ensure safety, quality.

The following Government Ayurveda Dispensary is the fully operational centre in the district.

1. Kalleli

Along with the existing treatment protocol at dispensaries, the panchakarma techniques offer a remarkable enrichment in the quality of life of the population, especially a large number of patients from rural areas who depend on the dispensaries, who are unable to access hospitals as IP for the same. Moreover, the social relevance of the institutions could also be increased.

This Table No5.7.2.2 presents the total Panchakarma procedures performed under Ayurkarma in the district.

Table No5.7.2.2 AYURKARMA Kriyakrama Sessions

SL NO	District	Total Pancha Karma Procedures	Beneficiaries
1	Pathanamthitta	305	42

Source: District data



Figure 5.7.2 Awareness Camp

5.7.3 Mental Health Specialty Clinics in AYUSH

The AYUSH systems- Ayurveda, Homoeopathy, and Yoga- offer time-tested, person-centric approaches to mental well-being, with special emphasis on the mind-body-spirit connection. Recent initiatives have demonstrated the potential of these systems in addressing the psychological, emotional, and behavioral dimensions of health.

Ayurveda-Based Mental Health Projects

Harsham: Anti-Depression Ayurveda Clinics: Focus on natural therapeutic interventions to manage clinical depression, stress-related disorders, and lifestyle-induced emotional conditions.

Pratheeksha: Improvement of IQ in MR Children: Offers cognitive enhancement therapies and Ayurvedic interventions for children with intellectual disabilities.

Medha: Correction of Scholastic Backwardness: Supports children facing academic and attention-related challenges through Ayurvedic formulations, counseling, and dietary guidance.

Homoeopathy-Based Mental Health Projects

Seethalayam Clinics are gender-responsive clinics that provide Homoeopathic management for the mental, physical, and social health issues of women. These clinics address conditions

such as anxiety, depression, postnatal stress, psychosomatic disorders, and trauma resulting from abuse.

Sadgamaya Clinics are targeted at adolescents and focus on mental health support, behavioural correction, and prevention of substance abuse through Homoeopathic interventions, counselling services, and outreach activities.

Homoeopathy, with its individualised remedy selection and emphasis on the psycho-social environment of the patient, has demonstrated effective outcomes in the management of psychosomatic disorders, mood disturbances, behavioural issues, and substance use tendencies, particularly among vulnerable population groups.

The List of Dispensaries/ Hospitals Under the Coverage of Harsham

1. Government Ayurveda Dispensary Kalleli
2. Government Ayurveda Dispensary Kulanada
3. Government Ayurveda Dispensary Kuttur
4. Government Ayurveda Dispensary Pazhavangadi
5. Government Ayurveda Dispensary Pandalam
6. Government Ayurveda Dispensary Pampavally
7. Government Ayurveda Dispensary Ranni
8. Government Ayurveda Dispensary Pathanamthitta
9. Government Ayurveda Dispensary Niranam
- 10. Government Ayurveda Dispensary, Elanthoor**

Table No 5.7.3 reflects a marked increase in both new and follow-up cases in the second reporting period, indicating expanding service coverage and improved continuity of care. The rising beneficiary numbers suggest growing acceptance and utilisation of the Harsham mental health clinics in the district.

Table No 5.7.3 -Beneficiary Details of Harsham

	New Cases	Old Cases	Grand Total
Financial Year 1: April 2024 - March 2025	642	557	1199
Financial Year 2: April 2025 - November 2025	963	836	1799

Source: District data

**Figure 5.7.3 Harsham Awareness Camp**

5.7.4 AYUSH Infertility Clinics

AYUSH Infertility Clinics aim to provide holistic and evidence-based reproductive healthcare through Ayurveda. These clinics address both male and female infertility factors by integrating traditional treatment protocols with modern diagnostic support. By focusing on conditions such as polycystic ovarian syndrome (PCOS), endometriosis, ovulatory dysfunction, and male factor infertility, the clinics offer safe, natural, and patient-centred therapies that minimise adverse effects and promote overall reproductive health.

In addition to medical management, the programme emphasises lifestyle modification, counselling, and continuous follow-up to ensure improved treatment outcomes. The initiative enhances access to specialised infertility care and supports couples in achieving natural conception while contributing to their physical and emotional well-being.

Table No 5.7.4.1 presents unit-wise performance of AYUSH infertility clinics, showing the number of infertility cases registered, successful pregnancies, deliveries, secondary infertility cases, IVF referrals, and gynaecological cases treated. It reflects the effectiveness of AYUSH-based reproductive health services and their contribution to improving maternal and reproductive health outcomes.

Table No 5.7.4.1 Details of Centers with No. of Beneficiaries During 2024-2025

Sl. No	Name of Unit	Infertility Cases	Positive Cases	Delivery	Secondary Infertility Cases	IVF	Gynaec. Cases
1	Government Ayurveda Dispensary Pathanamthitta	64	21	17	8	1	1477

Source: District data

5.7.5 Setting Up of Physiotherapy Unit in Government AYUSH Hospitals

In Kerala, under the State Annual Action Plans (SAAP) for **2023-24** and **2024-25**, a total of **27 physiotherapy units**—including **26 units in Homoeopathy Hospitals** and **one unit in an ISM Hospital**—have been approved and operationalised. This initiative addresses a long-standing gap in the availability of physiotherapy services within AYUSH hospitals and significantly strengthens comprehensive patient care.

Given the encouraging public response, the tangible health benefits observed, and the increasing burden of lifestyle and degenerative diseases the expansion of physiotherapy services under AYUSH has become increasingly relevant

Table No 5.7.5.1 showing The beneficiary count of last year reflects strong utilisation of physiotherapy services at the AYUSH hospital, indicating high demand for rehabilitative care and the relevance of physiotherapy in supporting AYUSH treatment outcomes.

5.7.5.1 Beneficiary Details – Physiotherapy Unit

Sl. No.	Unit	Total No. of Beneficiaries
1	Government Homoeopathy Hospital Kottanad	1854

Source: District data



Figure 5.7.5.1 Physiotherapy Unit

5.7.6 Sports Ayurveda Project

Sports Ayurveda is an established Ayurveda super-speciality in Kerala that integrates traditional Ayurvedic wisdom with modern sports medicine to enhance athletic performance, endurance, and overall well-being. It adopts a holistic approach encompassing personalised diet and nutrition plans, condition-specific medicines, specialised therapeutic massages, Panchakarma therapies, and targeted rehabilitation strategies aimed at injury prevention, management of sports-related conditions, and optimisation of performance.

Kerala has a long tradition of supporting arts and sports personnel through indigenous medical systems, demonstrating the untapped potential of Ayurveda in the field of sports medicine. The scope of Sports Ayurveda includes event-specific therapeutic interventions, pre-event conditioning, post-event recovery, off-season conditioning, energy enhancement, prevention and management of repetitive strain injuries, and specialised care for sportswomen.

Proven to be safe and effective, Sports Ayurveda addresses preventive, curative, and rehabilitative needs without post-traumatic complications. Several injuries previously recommended for surgical intervention have been successfully managed through Ayurvedic treatment, resulting in rapid recovery. The established Sports Ayurveda units have benefited numerous national and international athletes, many of whom have achieved podium finishes, and continue to attract sports professionals from across India due to their reliable, holistic, and performance-enhancing outcomes.

This Table No 5.7.6.1 shows the availability of specialty, general and mobile Sports Ayurveda units in the district.

Table No 5.7.6.1 District-wise Distribution of Sports Ayurveda Units in Kerala

District	Specialty Unit	General Unit	Mobile Support
Pathanamthitta	No	Yes	No
District	No. of Events	No. of Days	Total Beneficiaries
Pathanamthitta	1	3	35

Source: District data

This Table No 5.7.6.2 indicates a substantial expansion of Sports Ayurveda activities in the second reporting period, with a sharp increase in OP services, on-field support days, and beneficiary coverage. This reflects strengthened integration of AYUSH sports medicine into athletic events and growing reliance on Sports Ayurveda for performance support, injury management, and awareness generation.

Table No5.7.6.2 District -Wise Beneficiaries

DATA APRIL 2024 TO MARCH 2025						
Sl. No	Op Beneficiaries	Referred To Kisar	Pre-Event & Post-Event Conditioning	On field Beneficiaries	Total Beneficiaries	Days of On field Events Attended
1	95	0	25	35	155	3
APRIL 2025 TO SEPTEMBER 2025						
Sl. No	Total Beneficiaries -OP	Total Beneficiaries -IP	Number of Days of On field Duties	Onfield Beneficiaries	Number of Awareness Class Taken	Number of Awareness Class Beneficiaries
1	2284	0	4	114	5	330

Source: District data



Figure 5.7.6 Sports Ayurveda Treatment

5.7.7 MPHWS for 700 Functional Ayushman Arogya Mandirs (AYUSH)

Multi-Purpose Health Workers (MPHWs) are qualified healthcare professionals trained in General Nursing and Midwifery (GNM) or higher nursing qualifications. They play a key role in delivering comprehensive primary healthcare services and in promoting AYUSH systems through preventive, promotive, curative, and rehabilitative interventions.

In Ayushman Arogya Mandirs, MPHWS support clinical services, public health programmes, geriatric and palliative care, emergency response, and digital health activities, while also assisting in essential administrative functions. They serve as a vital link between community-based health services and institutional care, ensuring continuity of care, comprehensive service delivery, and effective implementation of health programmes.

5.7.8 Arunima- Anemia Eradication Programme through Ayurveda

The **Arunima – Anaemia Eradication Programme through Ayurveda** is a focused public health initiative aimed at addressing the high burden of nutritional anaemia through safe, affordable, and culturally acceptable Ayurvedic interventions. Building on its successful implementation across Integrated Child Development Services (ICDS) units and nearly **6,000 schools**, the programme has strengthened awareness generation, screening, treatment support, and community participation.

To further consolidate these gains, the programme seeks to expand its reach to vulnerable populations, including tribal communities, coastal areas, urban slums, and other high-prevalence pockets, thereby contributing to improved nutritional status and public health outcomes.

5.7.9 Telemedicine- Strengthening and Expansion

The AYUSH Telemedicine initiative in Kerala, implemented through the National e-Sanjeevani platform, has established a State-level Telemedicine Hub with dedicated consultation consoles for Ayurveda and Homoeopathy. The initiative enables both Patient-to-Doctor and Doctor-to-Doctor teleconsultations across the State. Training has been provided to AYUSH doctors in all 14 districts, ensuring operational readiness and facilitating the phased expansion of telemedicine services to remaining facilities.

5.7.10 Thyroid Special Clinic (Homoeopathy)

This project is a comprehensive, community-based **Homoeopathy Thyroid Care Initiative** aimed at early detection, effective management, and reduction of thyroid-related morbidity across Kerala, with a special focus on women of reproductive age and high-burden districts. The initiative strengthens district-level thyroid specialty clinics by providing dedicated human resources, diagnostic facilities, medicines, technological tools, and structured follow-up mechanisms.

Through systematic screening, outpatient and inpatient treatment, laboratory monitoring, community outreach activities, medical camps, and integration with maternal health services such as Janani, the programme aims to reduce complications including infertility, miscarriage, associated comorbidities, and long-term health risks. The initiative seeks to ensure affordable and accessible care, reduce out-of-pocket expenditure, and significantly improve the quality of life of thyroid patients, thereby establishing a robust public health response to the growing burden of thyroid disorders in the State.

This Table No5.7.10.1 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme

Table No5.7.10.1 Beneficiaries Reported at Various Centres during 2024-25

	New Male	New Female	New Total	Old Male	Old Female	Old Total	Grand Total
2024-2025	36	317	353	504	4225	4729	5082
2025- including Nov 25	26	154	180	357	2907	3264	3444

Source: District data

This Table No5.7.10.2 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme.

Table No 5.7. 10.2 Beneficiaries during 2024-25 (New Case)

Sl. No	District	Total No. of activities conducted	Total IEC Beneficiary count
1	Pathanamthitta	6	214

Source: District data



Figure 5.7.10 Awareness Class Medical Camp Thyroid Special Clinic (Homoeopathy)

5.7.11 Training to AYUSH HR

The State proposes a comprehensive **Training and Capacity Building Programme for AYUSH Human Resources** aimed at enhancing the knowledge, skills, and professional competence of AYUSH Medical Officers, teaching faculty, administrative personnel, and paramedical staff across Kerala. The initiative is designed to strengthen human resource capacity through structured training modules covering clinical care, hospital administration, digital health systems, public health programming, research methodology, medico-legal aspects, and effective patient communication.

Training will be delivered through a blended approach comprising offline residential programmes and online learning platforms, ensuring equitable participation from all districts. By training approximately **5,000 personnel**, the programme is expected to significantly strengthen service delivery, improve programme implementation efficiency, and enhance preparedness for emerging public health challenges, thereby contributing to improved quality and effectiveness of AYUSH services across the State.



Figure 5.7.11 HR Training

5.7.12 Yoga Wellness Centers

Yoga Wellness Centres are facilities that provide Yoga and Naturopathy services aimed at promoting physical, mental, and social well-being, with a focus on the prevention and management of lifestyle-related diseases. The programme seeks to enhance public awareness, encourage healthy lifestyle modification, and promote Yoga and Naturopathy as effective interventions for the management of non-communicable diseases.

Implementation involves the deployment of Medical Officers and Yoga Instructors at AYUSH Arogya Mandirs. Local Self Government Institutions (LSGIs) identify and suggest outreach areas, while Medical Officers oversee therapeutic management and coordinate Yoga and Naturopathy outreach activities to ensure effective service delivery.

Table No. 5.7.12.1 presents the gender-wise distribution of beneficiaries, including outreach and total beneficiaries served through Yoga Wellness Centres.

Table No5.7.12.1 Details of Centres with Number of Beneficiaries during 2024-25

Sl. No.	Name of the Center	Male	Female	Children	Outreach	Total
1	District Ayurveda Hospital, Ayiroor	1741	8482	970	1450	12643

Source: District data

5.7.13 Non-Communicable Disease (NCD) Management through AYUSH

The Integrated NCD Care Programme is a multidisciplinary initiative that provides holistic prevention, early diagnosis, and advanced management of non-communicable diseases such as diabetes, hypertension, dyslipidaemia, thyroid disorders, stroke, and cancer through dedicated Ayurveda, Siddha, Unani, and Homoeopathy units supported by Yoga-based lifestyle interventions. With 14 Ayurveda units, 14 Homoeopathy units, two Siddha units, and two Unani units functioning across the State, the programme aims to reduce the prevalence and morbidity of non-communicable diseases, strengthen complication care, promote lifestyle and behavioural modification, and reduce out-of-pocket expenditure by offering accessible and standardised traditional medicine services.

Implementation includes health promotion activities, high-risk screening, early diagnosis, and comprehensive clinical management of major non-communicable diseases and their complications through integrative treatment protocols at district-level advanced care centres.

Table No5.7.13.1 summarises new registrations, follow-ups, yoga sessions and IEC activities under the NCD management programme

Table No5.7.13.1 Detailed Review of the Year 2024-25 Patient Services

Sl. No	Unit	New NCD Patients Registered	Follow-up Visits	Yoga Sessions Conducted	Health Education/IEC Sessions
1	Pathanamthitta (Ay)	3210	9471	1602	24

Source: District data

Table No5.7.13.2 presents disease-wise distribution of new NCD patients registered.

Table No 5.7.13.2 Disease-wise Details (New Cases Registered)

Sl. No	Unit	Diabetes Mellitus	Hypertension	Dyslipidemia	Thyroid Disorders	Others
1	Pathanamthitta (Ay)	487	654	823	857	389

Source: District data

Table No 5.7. 13.3 Disease Wise Break Up of Beneficiaries Who Availed NCD Management Clinical Services During 2024-2025

Table No 5.7.13.3 Disease Wise Break Up of Beneficiaries

District	Diabetes Mellitus	Hypertension	Dyslipidemia	Obesity	Cardio Vascular Disorders	Cancer	Renal Disorders	COPD	Other Diseases
Pathanamthitta (Ay)	935	316	241	0	0	0	0	427	779

Source: District data

5.7.14 IEC Activities- Newsletter, Day Observances, Participation in Various Events, Outreach Activities etc.

Kerala has emerged as a leading State in the AYUSH sector with nearly 2300 functioning institutions ranging from medical colleges and speciality hospitals to district and peripheral

health facilities. A considerable proportion of the population relies on AYUSH systems for healthcare, and many successful treatment outcomes and health initiatives have reinforced public confidence in these systems. To further strengthen awareness regarding the facilities, programmes, activities, and achievements in AYUSH, structured IEC activities such as newsletters, day observances, participation in national and international events, exhibitions, and outreach initiatives are proposed. These initiatives will enable systematic dissemination of information to the public, policymakers, planners, healthcare professionals, and stakeholders, thereby enhancing visibility and acceptance of AYUSH systems.

During the previous year, NAM Kerala successfully implemented several IEC initiatives, including the regular publication of newsletters highlighting AYUSH activities, research achievements, and success stories, along with active observance of important AYUSH and health-related days. Participation in prestigious platforms such as the G20 further contributed to showcasing Kerala's AYUSH capabilities at global level. In the coming year, it is proposed to continue and expand these efforts through enhanced newsletters, thematic day observances, participation in national and international forums, exhibitions, Arogyamelas, and focused outreach programmes. These activities will support mainstreaming of AYUSH, promote public engagement, improve accessibility of information, and reinforce Kerala's position as a prominent centre of AYUSH excellence.



Figure 5.7.14.1 Newsletter



Figure 5.7.14.2. Branding through public transportation



Figure 5.7.14.3 Branding through public transportation

5.7.15 Siddha Therapy Units

Siddha Therapy Units are specialised centres established within the public health system to deliver Siddha Varma therapy and other Siddha external treatment procedures, focusing on holistic healing through the manipulation of vital energy points and traditional therapeutic techniques. These units provide drugless Varma therapy, which is effective for neuromuscular, musculoskeletal, and sports-related conditions, along with external treatments such as Nasyam, fomentation, anointing, and leech therapy.

The initiative aims to make Siddha therapies accessible and affordable, improve mobility and pain management for chronic and bedridden patients, enhance public awareness, and support research and development in the Siddha system. Implementation includes community awareness activities, OP-based service delivery, and continuous training for Siddha Medical Officers, with expansion planned through the establishment of additional therapy units to further strengthen the integration of Siddha care within the public health sector.

Table 5.7.15 List of Institutions with Corresponding Districts

Sl. No.	Name of Institution	District
1	Naranganam GP	Pathanamthitta
2	Kadambanad GP	Pathanamthitta

Source: District data



Figure 5.7.15 : Siddha Therapy

5.8 Ayush Services- Ayush Gram

AyushGram is a concept wherein villages will be selected for adoption of principles and practice of AYUSH way of life and interventions of health care in villages and providing the services at grass root level. AYUSH based lifestyles are promoted through behavioural change communication, training of village health workers towards identification and use of local medicinal herbs and provision of AYUSH health services. It also includes promotion of cultivation of endemic medicinal herbs and conservation of those already present in those areas. The elected village representatives are sensitized towards the concept so that there is also active participation from the community. It is a wholesome concept wherein convergence of AYUSH systems and other Govt. departments for the welfare of public is the ultimate aim.

Yoga sessions will be provided free of cost for the public at their convenient place and time with the motive of making it a part of their routine activity with constant practice.

Objectives

- To spread awareness within the community for practice of dietary habits and life styles as described in AYUSH Systems of Medicine which help in preventing disease and promoting health.
- To advice people about common ailments and its cure through use of herbs found in their localities.
- To raise campaign against communicable diseases like Malaria, Tuberculosis, Diarrhoea etc and measures for their prevention and treatment.
- Promotion of preservation and cultivation of medicinal plants.
- Prevention of Lifestyle Diseases
- Promotion of Yoga



Figure 5.8.1 Awareness Classes

The Table No 5.8.1 presents month-wise activities and beneficiaries under the AYUSH Gram initiatives

Table No 5.8.1 Ayush Gram activities

Sl. No.	BLOCK	NUMBER OF YOGA SESSIONS CONDUCTED								TOTAL
		Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	
1	MALLAPALLY	10	9	15	12	8	8	13	32	107
NUMBER OF MEDICAL CAMPS CONDUCTED										
1	MALLAPALLY	0	0	1	3	2	0	0	0	6
NUMBER OF MEDICAL CAMP BENEFICIARIES										
1	MALLAPALLY	0	0	67	66	79	0	0	0	212
NUMBER OF MEDICINAL PLANT DISTRIBUTED										
1	MALLAPALLY	0	0	11	130	210	10	0	0	361
NCD CLINIC BENEFICIARIES										
1	MALLAPALLY	157	179	180	227	175	332	213	182	1645

Source: District data

5.9 Quality-Related Activities

5.9.1 NABH (National Accreditation Board for Hospitals)

The State Quality Assurance Wing under the **National AYUSH Mission, Kerala**, has been consistently committed to promoting a structured and sustainable Quality Assurance Programme across AYUSH healthcare institutions. The overarching objective is to ensure that services delivered under the AYUSH system provide genuine satisfaction and positive patient experience, thereby contributing significantly to overall well-being.

In the context of the growing global emphasis on healthcare quality, it has become imperative to align AYUSH services with nationally recognised quality standards, particularly through accreditation frameworks such as **National Accreditation Board for Hospitals and Healthcare Providers (NABH)** and the **National Quality Assurance Standards (NQAS)**.

Progress So Far

Kerala has emerged as a pioneer in quality healthcare delivery, with significant progress made in the accreditation of AYUSH Health and Wellness Centres (AHWCs). Out of 700 operational AHWCs in the State, 250 centres have already achieved NABH Entry-Level Certification. This initiative has not only strengthened the operational systems of AHWCs but has also enhanced public confidence and satisfaction in AYUSH services.

Impact of NABH Certification in AHWCs

The NABH Entry-Level Certification of 250 AHWCs in Kerala has significantly elevated the standard of AYUSH services across the state. It has led to:

- Uniform implementation of quality protocols.
- Enhanced infection control and patient safety.
- Improved staff competence through continuous training.
- Streamlined biomedical waste management.
- Improved documentation, defined SOPs, and enhanced accountability.
- Increased patient satisfaction and public trust.
- Enhanced prospects for insurance coverage under recognized schemes.

These outcomes underline the importance of extending the quality certification programme to the hospital sector to ensure consistent delivery of high-quality AYUSH care across all tiers.

The certification process will follow a structured approach, including internal and external assessments, quality-specific training, preparation of documentation, and submission of applications to **National Accreditation Board for Hospitals and Healthcare Providers (NABH)**. Gap-closure activities related to infrastructure, equipment, and process

improvements will be partially supported through additional sources such as Local Self Government Institution (LSGI) funds, Corporate Social Responsibility (CSR) contributions, MLA/MP funds, and upgradation components under the **National AYUSH Mission (NAM)**, as per institutional eligibility.

Implementation Strategy

To effectively implement and monitor the certification process, the following strategic mechanisms and committees have been established:

- State-Level Steering Committee, Assessment Management Committee, and Documentation Committee for oversight.
- District Quality Teams and Quality Committees in all districts.
- District Nodal Officers and Facilitators to coordinate implementation activities.
- State-Level Orientation and Training Programs for institution heads, LSG representatives, and quality teams.
- Self-assessments by institution heads using NABH checklists to identify institutional gaps.
- Development of the AHWC NABH-ELC Implementation Handbook.
- District-Level Internal Assessments and State-Level External Assessments through a trained pool of assessors.
- Procurement of essential biomedical equipment and furniture where required.

5.9.2 Kayakalp

The **Kerala AYUSH Kayakalp Award** is a State-level initiative under the **Department of AYUSH, Government of Kerala**, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The programme recognises hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

The initiative encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the **Swachh Bharat Mission** and enhances the overall image and service quality of AYUSH institutions across **Kerala**.

5.10 Ayushman Arogya Mandir (AAM-Ayush)

Ayushman Arogya Mandir (AAM-Ayush) are established to provide comprehensive, people-centred primary healthcare through AYUSH systems.

In Ayushman Arogya Mandir (AAM-Ayush), National Ayush Mission AYUSH provides service delivery by providing one full time Yoga Instructor and one GNM qualified Multi-Purpose Health Worker, with an expenditure of ₹4.57 lakhs incurred for implementation.

They aim to transform existing AYUSH dispensaries and sub-centres into holistic wellness centres delivering preventive, promotive, curative, rehabilitative and palliative care. AAM-Ayush emphasise wellness promotion, lifestyle counselling, Yoga-based interventions, management of common and chronic illnesses, maternal and child health services, elderly care and referral support. Implementation is supported through the National AYUSH Mission with defined financial norms for infrastructure development, human resource support, training, IT systems and essential AYUSH medicines. Institutional mechanisms at national, state and district levels ensure planning, capacity building, convergence with NHM programmes, monitoring and evaluation to improve accessibility and quality of AYUSH-based primary healthcare.

5.11 IT Initiatives

5.11.1 AYUSH Yoga Club Locator Mobile App

The AYUSH Yoga Club Locator Mobile App is designed to help citizens easily discover and connect with government-approved AYUSH Yoga Clubs across Kerala. Using GPS-based real-time location services, the app enables users to identify nearby yoga centres, view available facilities, session timings, trainers. It promotes accessibility by ensuring that authentic and verified centres are brought within reach of every citizen, eliminating confusion regarding credibility. The platform also enhances transparency in public health service delivery by publishing verified information, performance records, and contact details of registered clubs. By simplifying access to yoga resources, the app encourages community participation, supports preventive healthcare, improves wellness awareness, and strengthens the reach of the National AYUSH Mission's health promotion initiatives.

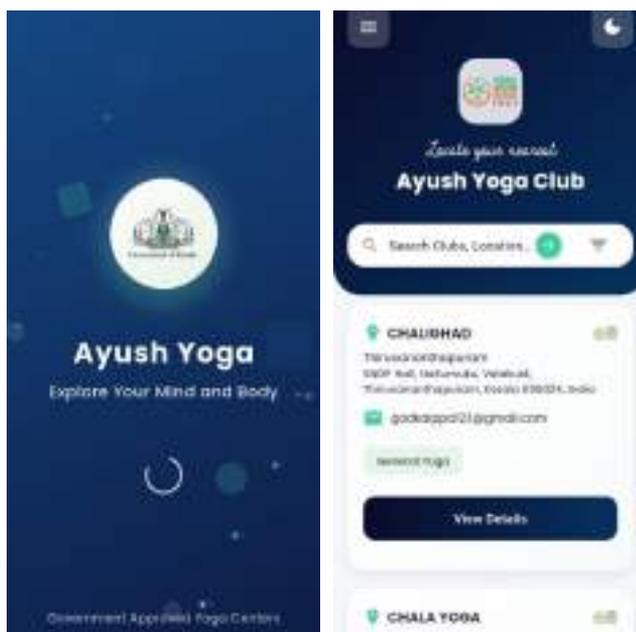


Figure 5.11.1 Screenshots of Mobile App

5.11.2 Civil ERP Software

Civil works constitute a major component under the National AYUSH Mission, and ensuring timely completion, transparency, and accountability is critical in the execution of Government infrastructure projects. Traditional monitoring and coordination methods often resulted in delays, inefficiencies, and lack of structured documentation, which necessitated the development of a dedicated Civil ERP Software to digitally integrate and streamline all aspects of civil work management from planning to completion. The platform functions as a comprehensive, centralised system accessible to administrators and technical teams, facilitating real-time supervision and effective governance. It enables systematic project planning and approval through online submissions and structured workflows, supports continuous execution monitoring through stage-wise milestone tracking, and allows uploading of photographic evidence with GPS coordinates to authenticate site progress. Additionally, it incorporates robust financial tracking features, including budget allocation, utilisation monitoring, payment milestone integration, and complete visibility of fund flow, thereby ensuring financial discipline, transparency, and accountability across all civil infrastructure activities under the Mission.



Figure 5.11.2.1 Screenshot of ERP Software Home Screen



Figure 5.11.2.2 Screenshot of ERP Software dashboard

5.11.3 AYUSH Medicine Procurement Software

The AYUSH Medicine Procurement Software was developed to meet the growing need of the National AYUSH Mission, Kerala, for a modern and reliable digital system to streamline medicine procurement operations across hospitals and dispensaries, replacing earlier

manual processes that caused delays, duplication, lack of real-time stock visibility, and data inaccuracies. This comprehensive end-to-end digital platform enables institutions to generate and submit indents online, while District Medical Officers, District Programme Managers, and higher authorities can review, approve, or revise requests through a structured workflow. Integrated master data ensures consistency, while timely alerts support pending approvals, stock shortages, and delivery tracking. Detailed dashboards and analytics provide meaningful insights into procurement trends and utilisation patterns, supporting informed decision-making. Secure role-based login ensures data safety and clarity of responsibilities, while automated processes help maintain essential stock levels, eliminate manual errors, and ensure transparency. The system strengthens coordination between hospitals, district authorities, and Oushadhi, supports real-time monitoring, facilitates timely replenishment, and ensures compliance with government norms, ultimately creating a transparent, efficient, and audit-ready digital ecosystem for AYUSH medicine management in Kerala.

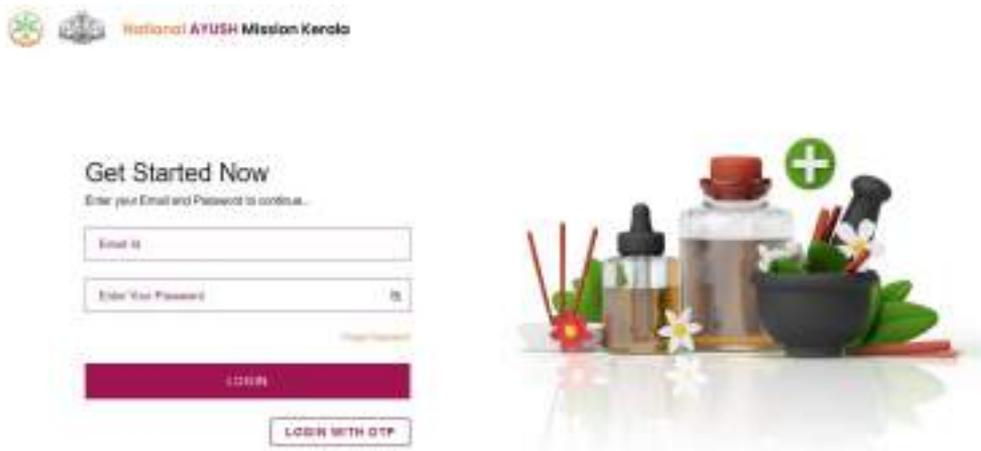


Figure 5.11.3.1 Screenshot of Login Page in AYUSH Medicine Procurement Software



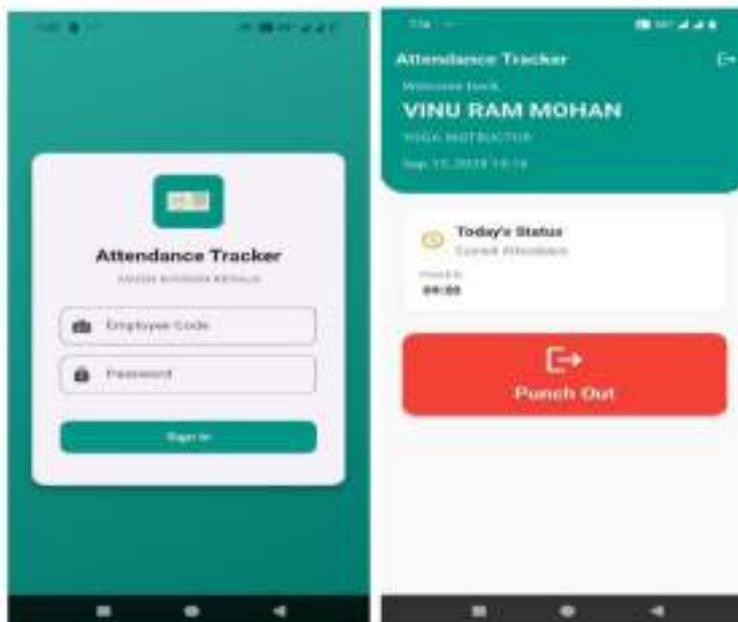
Figure 5.11.3.2 Screenshot of Home Page in AYUSH Medicine Procurement Software

5.11.4 NAM HR & Payroll Software

The National AYUSH Mission, Kerala, recognised the need for a robust and reliable system to efficiently manage attendance and payroll processes across its centres, as conventional methods were largely manual, time-consuming, prone to errors, and lacked real-time verification and transparency. To overcome these challenges and ensure accuracy, accountability, and operational efficiency, the NAM HR & Payroll Software was developed as a comprehensive digital solution. The system facilitates real-time attendance tracking with accurate time records, supported by geo-tagged attendance to ensure location-based verification and prevent proxy entries. It allows flexible shift assignment, offers an integrated online leave management workflow, and enables fully automated payroll processing with single-click salary generation based on verified attendance and leave data, supported by multi-level verification for compliance and financial discipline. By simplifying attendance management, ensuring digitally documented records, reducing administrative workload, and enhancing transparency in salary processing, the software significantly strengthens efficiency, governance, and accountability across all AYUSH centres.



Figure 5.11.4.1 1 Screenshot of Home Page in AYUSH Payroll software



5.11.4.2 Figure : NAM HR & Payroll Software in mobile app

5.11.5 AYUSH Payment Monitoring System

The AYUSH Payment Monitoring System is a comprehensive web-based financial governance platform under the National AYUSH Mission (NAM), designed to enhance transparency,

accountability, and efficiency across all payment-related processes. It manages the complete financial workflow, including fund allocation, expenditure tracking, bill submission, verification, approval, and final disbursement, while also supporting vendor management, automatic TDS processing, configurable dashboards, and detailed financial reporting for smooth and error-free transactions. The system maintains precise district-wise financial records, ensures component-wise fund control, and effectively monitors project-wise unspent balances, providing a complete end-to-end digital trail that strengthens audit readiness and governance compliance. It tracks real-time balances, flags idle or unutilised funds, enforces automated financial controls to prevent overspending, and supports multi-level user access, workflow automation, scalable architecture, and clear segregation of agency-wise and component-wise expenditures. Leveraging AI capabilities, the platform enables real-time validation checks to prevent errors and fraud, predictive analysis of fund utilisation trends, and intelligent alerts with actionable recommendations, thereby ensuring a unified, transparent, and reliable financial monitoring ecosystem for AYUSH across multiple implementing agencies.

5.11.6 Learning Management System

The AYUSH sector faces several training-related challenges, including difficulty in reaching rural and remote regions, lack of standardised and trackable certification processes, high expenditure on physical training workshops, and the absence of a unified system for maintaining centralised training and certification records. To address these gaps, a dedicated Moodle-based Learning Management System (LMS) has been developed exclusively for AYUSH, serving as a centralised online platform where students, practitioners, and professionals can enrol in Government-recognised certification courses, access structured digital learning materials, interact with trainers and peers, and receive verifiable digital certificates upon completion. Deployed on a secure cloud environment, the LMS ensures reliability, scalability, and continuous availability, supported by trained administrators, user manuals, ongoing technical assistance, and provisions for future enhancements such as AI-driven recommendations and analytics dashboards. Highly scalable and accessible, the software enables thousands of learners, including rural practitioners, to benefit from uniform, standardised training while significantly reducing the costs associated with

physical training programmes. It ensures transparency through automated, verifiable certification, enhances convenience through a user-friendly mobile-compatible design, and guarantees data security through secure hosting and role-based access controls, thereby strengthening capacity building, governance, and the digital transformation of AYUSH training in alignment with the Digital India vision.



Figure 5.11.6.1 Screenshot of Home Page



Figure 5.11.6.2 Screenshot of Course details explained

Annexures

Annexure 3.3.1: Details of ISM Facilities - Hospital

Sl. No.	Name of Institution	Streram	Address	Village	Name of LSGD	Type of LSGD	Name of Block Panchayath	District Panchayath Division	LAC	Partiamment	Urban/Rural
1	District Ayurveda Hospital Ayiroor	Ayurveda	Ayiroor South, 689611	Ayiroor	Ayiroor	Panchayath	Koipram	Kozhencheri	Ranni	Pathanamthitta	Rural
2	Govt Ayurveda Hospital Kadampadanad	Ayurveda	Thuvayoor south, 688532	Kadampadanad	Kadampadanad	Panchayath	Parakkode	Enathu	Adoor	Pathanamthitta	Rural
3	Govt Ayurveda Hospital Omallur	Ayurveda	Omallur po, 689647	Omallur	Omallur	Panchayath	Elanthur	Pramadom	Aranmula	Pathanamthitta	Rural
4	Govt Ayurveda Hospital Angadick	Ayurveda	Kaipettoor 689 648	Angadickal	Kodumon	Panchayath	Parakkodu	Kodumon	Adoor	Pathanamthitta	Rural

5	Govt Ayurveda Hospital Thiruvalla	Ayurveda	Kuttappuzha P.O, 689103	Kuttappuzha	Thiruvalla	Municipality	-	-	Thiruvalla	Pathanamthitta	Urban
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* Source - district data

Annexure 3.3.1: Details of ISM Facilities - Dispensary

S I N O	Name of Institution	Street Name	Address	Village	Name of Isgd	Type of LSGD(Corporation / Municipality / Panchayath)	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban/Rural
1	GAD Adoor	Ayu	Churakkod p.o, 691551	Erathu	Eratthu	Panchayath	Parakkodu		Adoor	Pathanamthitta	Rural
2	GAD Aranmula	Ayu	Aranmula 689533	Aranmula	Aranmula	Panchayath	Pandalam	Kulanada	Aranmula	Pathanamthitta	Rural
3	GAD	Ayu	Chittar P.O	Chitta	Chitt	Panchayath	Ranni	Chittar	Konni	Pathanamthitta	Rural

	Chittar	689 663	r	ar	ath					itta	
4	GAD Chen nerkk ara	Ayu Prakkanam P.O 689 643	Chenn erkkar a	Chen nerk kara	Panchay ath	Elanthu r	Pramado m	Aranmu la	Pathanamth itta	Rural	
5	GAD Cheru kole	Ayu Vayalathala p.o Chakapalam 689 676	Cheru kole	Cher ukole	Panchay ath	Elanthu r	Kozhenc herry	Ranni	Pathanamth itta	Rural	
6	GAD Enadi mang alam	Ayu Elamannur P.O 691523	Enadi manga lam	Enad iman gala m	Panchay ath	Parakk odu	Kalanjoo r	Konni	Pathanamth itta	Rural	
7	GAD Elant hur	Ayu Elanthur po 689543	Elanth ur	Elant hur	Panchay ath	Elanthu r	Elanthur	Aranmu la	Pathanamth itta	Rural	
8	GAD	Ayu Ezhumattor	Ezhu	Ezhu	Panchay	Koipra	Anickadu	Ranni	Pathanamth	Rural	

	Ezhu matto or		po, 689 586	mattoo r	mat oor	ath	m			itta	
9	GAD Ezha mkul am	Ayu	Parakkodu p.o, 691554	Ezha mkula m	Ezha mkul am	Panchay ath	Parakk odu	Kodumo n	Adoor	Pathanamth itta	Rural
10	GAD Kallel y	Ayu	Kallely po 689691	Aruva ppula m	Aruv appu lam	Panchay ath	Konni	Konni	Konni	Pathanamth itta	Rural
11	GAD Kalan joor	Ayu	Kalanjoor p.o, 689694	Kalanj oor	Kala njoor	Panchay ath	Parakk odu	Kalanjoo r	konni	Pathanamth itta	Rural
12	GAD Kada pra	Ayu	Mannar p.o, 689630	Kadap ra	Kada pra	Panchay ath	Puliikke zhu	Puliikke zhu	Thiruva lla	Pathanamth itta	Rural
13	GAD Kaviy	Ayu	Kaviyoor P.O	Kaviy oor	Kavi yoor	Panchay ath	Mallap pally	Koipram	Thiruva lla	Pathanamth itta	Rural

19	GAD Konni	Ayu	Athumpum kulam 689692	Konni	Konni	Panchay ath	Konni	Malayala ppuzha	Konni	Pathanamth itta	Rural
20	GAD Kozh enche rriy	Ayu	Kozhencher ry p.o, 689641	Kozhe ncherr y	Kozh ench erry	Panchay ath	Elanthu r	Elanthur	Aranmu la	Pathanamth itta	Rural
21	GAD Kuda muru tty	Ayu	Athikayam Ranni 689711	Athika yam	Nara nam uzhy	Panchay ath	Ranni	Naranam uzhy	Ranni	Pathanamth itta	Rural
22	GAD Kutto or	Ayu	Kuttoor po, Thiruvalla 689106	Kutto or	Kutt oor	Panchay ath	Pulikke zhu	Koipram	Thiruva lla	Pathanamth itta	Rural
23	GAD Kulan ada	Ayu	Kaippuzha north p.o 689503	Kulan ada	Kula nada	Panchay ath	Pandal am	Kulanada	Aranmu la	Pathanamth itta	Rural

24	GAD Kunn amth anam	Ayu	Kunnamtha nam p.o,689581	kunna mthan am	kunn amth anam	Panchay ath	Mallap pally	Koipram	Thiruva lla	Pathanamth itta	Rural
25	GAD Malay alapp uzha	Ayu	Vettoor p.o, 689653	Konni	Mala yalap puzh a	Panchay ath	Konni	Malayala ppuzha	Konni	Pathanamth itta	Rural
26	GAD Malla ppuz hasse ry	Ayu	Kuzhikkala p.o,689644	Mallap puzhas sery	Mall appu zhass ery	Panchay ath	Elanthu r	Elanthur	Aranmu la	Pathanamth itta	Rural
27	GAD Mezh uvely	Ayu	Elavumthitt a p.o, 689625	Mezhu vely	Mez huvel y	Panchay ath	Pandal am	Kulanada	Aranmu la	Pathanamth itta	Rural
28	GAD Myia pra	Ayu	Mylapra Town p.o,6896748	Mylap ra	Myla pra	Panchay ath	Konni	Malayala ppuzha	Konni	Pathanamth itta	Rural

29	GAD Nara ngana m	Ayu	Narangana m 689642	Naran ganam	Nara ngan am	Panchay ath	Elanthu r	Elanthur	Aranmu la	Pathanamth itta	Rural
30	GAD Neerv ilako m	Ayu	Neervilako m p.o, 689122	kidan gannu r	Aran mula	Panchay ath	Pandal am	Kulanada	Aranmu la	Pathanamth itta	Rural
31	GAD Niran am	Ayu	Niranam p.o, 689621	Niran am	Nira nam	Panchay ath	Pulikke zhu	Pulikkezh u	Thiruva lla	Pathanamth itta	Rural
32	GAD Patha namt hitta	Ayu	Pathanamth itta p.o,689 645	Patha namth itta	Path anam thitta	Municipa lity			Aranmu la	Pathanamth itta	Urban
33	GAD Pamp avally	Ayu	Thulappally p.o,686510	kolla mula	Ran ni peru nadu	Panchay ath	Ranni	Chittar	Ranni	Pathanamth itta	Rural

34	GAD Pand alam Thon nallur	Ayu	Pandalam p.o.,689501	Kura mpala	Pand alam	Municipa lity			Adoor	Pathanamth itta	Rural
35	GAD Pand alam Thek kekka ra	Ayu	Thatta p.o ,681525	Panda lam Thekk ekkara	Pand alam Thek kekka ara	Panchay ath	Pandal am	Kodumo n	Adoor	Pathanamth itta	Rural
36	GAD Pallic kal	Ayu	Nooranadu p.o ,690504	Pallick al	Palli ckal	Panchay ath	Parakk odu	Pallickal	Adoor	Pathanamth itta	Rural
37	GAD Perin gara	Ayu	Mepral p.o, 689591	Pering ara	Peri ngar a	Panchay ath	Pulikke zhu	Pulikkez hu	Thiruva lla	Pathanamth itta	Rural
38	GAD Pram	Ayu	Vakayar p.o, 689 698	Konni	Pra mad	Panchay ath	Konni	Pramado m	Konni	Pathanamth itta	Rural

	athodu	689667	thodu	odu	ath					itta	
44	GAD Thottappuzhasse-ry	Ayu Thadiyur p.o, 689545	Thotta ppuzh assery	Thot tapp uzha ssery	Panchayath	Koi-pram	Kozhenc-herry	Aranmu-la	Pathanamth-itta	Rural	
45	GAD Thumpamon	Ayu Keerukuzhy p.o, 689502	Thumpamon	Thumpamon	Panchayath	Pandal-am	Pallickal	Adoor	Pathanamth-itta	Rural	
46	GAD Vadaserikkara	Ayu Edakkulam p.o, 689672	Vadaserikkara	Vadaserikkara	Panchayath	Ranni	Ranni	Ranni	Pathanamth-itta	Rural	
47	GAD Vallamkulam	Ayu Vallamkulam p.o, 689541	Vallamkulam	Eraviperor	Panchayath	Koi-pram	Koi-pram	Aranmu-la	Pathanamth-itta	Rural	

48	GAD Vazhamutta m	Ayu	Vazhamutta m East p.o, 689646	Vallic ode	Valli code	Panchay ath	Konni	Pramado m	Konni	Pathanamth itta	Rural
49	GAD Vechochir a	Ayu	Vechuchira p.o, 686511	Cheth akkal	Vech oochi ra	Panchay ath	Ranni	Angadi	Ranni	Pathanamth itta	Rural
50	GAT D Nara nam mooz hy	Ayu	Adichippuz ha po 689711	Ranni pazha vanga di	Kuda muru tty	Panchay ath	Ranni	Angadi	Ranni	Pathanamth itta	Rural
51	NHM Nedu mpra m	Ayu	Podiyadi p.o, 689110	Nedu mpra m	Ned umpr am	Panchay ath	Pulikke zhu	Pulikkez hu	Thiruva lla	Pathanamth itta	Rural
52	NHM	Ayu	Chathenkar	Pering	Peri	Panchay	Pulikke	Pulikkez	Thiruva	Pathanamth	Rural

	Perin gara		yp o 689112	ara	ngar a	ath	zhu	hu	lla	itta	
53	NHM Kozh enche rty	Ayu	Kozhencher ry East 689641	Kozhe ncherr y	Kozh ench erry	Panchay ath	Elanthu r	Elanthur	Aranmu la	Pathanamth itta	Rural
54	NHM Adoo r	Ayu	Adoor 691525	Adoor	Ado or	Municipal ity			Adoor	Pathanamth itta	Rural
55	NHM Anick adu	Ayu	Nooranmav u, 689589	Anick adu	Anic kadu	Panchay ath	Mallap pally	Anickadu	Thiruva lla	Pathanamth itta	Rural
56	NHM Than nitho du	Ayu	Thannithod u	Thann ithodu	Than nitho du	Panchay ath	Konni	Malayala ppuzha	Konni	Pathanamth itta	Rural
57	NHM Cheru	Ayu	Cherukole p.o, 689650	Cheru kole	Cher ukole	Panchay ath	Elanthu r	Kozhenc herry	Ranni	Pathanamth itta	Rural

Annexure 3.3.1: Details of ISM Facilities - Hospital

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	District Ayurveda Hospital Ayiroor	3500	1300	100
2	Govt Ayurveda Hospital Kadampanad	2680	537	20
3	Govt Ayurveda Hospital Thiruvalla	3195	233	10
4	Govt Ayurveda Hospital Omalloor	1847	118	10
5	Govt Ayurveda Hospital Angadickal	3215	186	10

* Source - district data

Annexure 3.5.1 Table of Beneficiary details in Hospitals

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	District Ayurveda Hospital Ayiroor	3500	1300	100
2	Govt Ayurveda Hospital Kadampanad	2680	537	20
3	Govt Ayurveda Hospital Thiruvalla	3195	233	10
4	Govt Ayurveda Hospital Omalloor	1847	118	10
5	Govt Ayurveda Hospital Angadickal	3215	186	10

* Source - district data

Annexure 3.5.2: Table of Beneficiary details in Government ISM Dispensaries

SL No	Institution Name	Average OPD in a Month
1	Government Ayurveda Dispensary Adoor	700
2	Government Ayurveda Dispensary Aranmula	720
3	Government Ayurveda Dispensary Chennerkkara	671
4	Government Ayurveda Dispensary Cherukole	715
5	Government Ayurveda Dispensary Chittar	665
6	Government Ayurveda Dispensary Elanthoor	1012
7	Government Ayurveda Dispensary Enadimangalam	1117
8	Government Ayurveda Dispensary Ezhamkulam	1773
9	Government Ayurveda Dispensary Ezhumattoor	634
10	Government Ayurveda Dispensary Kadapra	721
11	Government Ayurveda Dispensary Kalanjoor	846
12	Government Ayurveda Dispensary Kallely	897
13	Government Ayurveda Dispensary Kallooppara	898
14	Government Ayurveda Dispensary Kaviyoor	1405
15	Government Ayurveda Dispensary Keezhvaipur	1148
16	Government Ayurveda Dispensary Koipuram	962
17	Government Ayurveda Dispensary Konni	718
18	Government Ayurveda Dispensary Kottanad	714
19	Government Ayurveda Dispensary Kottangal	1038

20	Government Ayurveda Dispensary kozhancherry	644
21	Government Ayurveda Dispensary Kudamuruty	652
22	Government Ayurveda Dispensary Kulanada	832
23	Government Ayurveda Dispensary Kunnamthanam	919
24	Government Ayurveda Dispensary Kuttoor	873
25	Government Ayurveda Dispensary Malayalappuzha	721
26	Government Ayurveda Dispensary Mallappuzhassery	722
27	Government Ayurveda Dispensary Mezhuveli	716
28	Government Ayurveda Dispensary Mylapra	721
29	Government Ayurveda Dispensary Naranganam	720
30	Government Ayurveda Dispensary Neervilakam	673
31	Government Ayurveda Dispensary Niranam	956
32	Government Ayurveda Dispensary Pallickal	910
33	Government Ayurveda Dispensary Pampavally	750
34	Government Ayurveda Dispensary PandalamThekkekkara	838
35	Government Ayurveda Dispensary PandalamThonnallor	724
36	Government Ayurveda Dispensary Pathanamthitta	1459
37	Government Ayurveda Dispensary Peringara	872
38	Government Ayurveda Dispensary Pramadam	856
39	Government Ayurveda Dispensary Puramattom	1119

40	Government Ayurveda Dispensary Ranni Pazhavangadi	986
41	Government Ayurveda Dispensary Ranni South	899
42	Government Ayurveda Dispensary Ranny	556
43	Government Ayurveda Dispensary Seethathode	719
44	Government Ayurveda Dispensary Thottappuzhassery	549
45	Government Ayurveda Dispensary Thumpamon	752
46	Government Ayurveda Dispensary Vadasserikkara	701
47	Government Ayurveda Dispensary Vallamkulam	1142
48	Government Ayurveda Dispensary Vazhamuttom	799
49	Government Ayurveda Dispensary Vechoochira	1000

* Source - district data

Annexure 3.5.3: Table of Beneficiary details in APHC dispensaries

SL No	Institution	Average Monthly OP
1	APHC Adoor	1403
2	APHC Mylapra	1355
3	APHC Enadimangalam	1390
4	APHC Kozhencherry	1158
5	APHC Thannithodu	1077
6	APHC Peringara	1126
7	APHC Nedumpram	1037

8	APHC Anicadu	876
9	APHC Cherukole	909

** Source - district data*

Annexure 3.7.1: Table of NABH entry-level accredited institutions

SL No	Name of Facility	NABH Level I/II Phase	Status (Achieved/ongoing)
1	GAD PandalamThekkekara	Phase I	Achieved
2	GAD Pathanamthitta	Phase I	Achieved
3	GAD Kottanad	Phase I	Achieved
4	GAD Kallely	Phase I	Achieved
5	GAD Vallamkulam	Phase I	Achieved
6	GAD Kaviyoor	Phase I	Achieved
7	GAD Pallickal	Phase I	Achieved
8	GAD Ranni Angadi	Phase I	Achieved
9	GAD Kunnamthanam	Phase II	Achieved
10	GAD Thumpamon	Phase II	Achieved
11	GAD Keezhvaipur	Phase II	Achieved

** Source - district data*

Annexure 3.8: List of Institutions upgraded Ayushman Arogya Mandir (AAM-Ayush)

Sl no	Name of Institution
1	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Adoor 691523
2	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kalleli 689678
3	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kulanada 689503
4	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kuttur 689501
5	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Mallappuzhasseri
6	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Mezhuveli 689507
7	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Niranam 689621
8	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pampavally 689662
9	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pandalam 689501
10	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) PandalamThonnallur
11	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pathanamthitta
12	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pazhavangadi
13	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pramadam 689652
14	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Ranni 689673
15	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thottappuzhassery
16	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thumbamon 689502
17	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Vazhamuttom
18	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Cherukole 689650
19	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Ealanthur 689643
20	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kallooppara 689583
21	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kannanthanam
22	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kaviyoor 689582
23	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Keezhvaipur 689588
24	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Koipram 689531
25	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kottanad 686512
26	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Malayalappuzha
27	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Neervilakom 689122

28	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pallickal 689691
29	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Puramatom 689543
30	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Vallamkulam 689541

** Source - district data*

Annexure 4.3.1: Details of Homoeopathy Facilities - Hospital

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation /Municipality/ Panchayat	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban/ Rural
1	PATHANAMTHITTA DISTRICT HOMEO HOSPITAL KOTTANAD : 03H01	Homoeopathy	Pathanamthitta	GOVT HOMEO HOSPITAL KOTTANAD, VELLAYIL P.O, THEODICAL VIA PATHANAMTHITTA 689613	Aala	Kottanadu Panchayath	Panchayath		Pathanamthitta	Pathanamthitta	Ranni	Rural

* Source - district data

Annexure 4.3.2: Details of Homoeopathy Dispensary

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/Municipality/Panchayath	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban /Rural
1	ADOOR APHC : 03N01	Homoeopathy	Pathanamthitta	AYUSH NHM PHC ADOOR MUNICIPALITY, KANNAMCODE, ADOOR	Adoor	Adoor Municipality	Municipality			Pathanamthitta	Adoor	Urban
2	ANIKKAD GOVT HOMOEOPATHY DISPENSARY : 03D01	Homoeopathy	Pathanamthitta	ANIKKAD PERUMPET TYMON P.O MALLAPPA LLY WEST PATHANAMTHITTA 689585	Anikka	ANIKKAD	Panchayath	Mallapally	Pathanamthitta		Thiruvalla	Rural

3	ARANMULA GOVT HOMEO DISPENSAR Y : 03D02	Homoeo pathy	Pathanamth itta	GOVT.HOM OEO DISPENSAR Y,ARANMU LA, ARANMULA P.O PATHANAM THITTA	Aranm ula	ARANMUL A	Panchayath	Eianth oor	Pathan amthitt a	Pathanamth itta	Aranmul a	Rural
4	ARUVAPPU LAM GOVT HOMEO DISPENSAR Y : 03D03	Homoeo pathy	Pathanamth itta	ARUVAPPU LAM KALLELY P O KONNI PATHANAM THITTA 689691	Aruva ppula m	ARUVAPP ULAM	Panchayath	Konni	Pathan amthitt a	Pathanamth itta	Konni	Rural
5	AYROOR GOVT HOMEO DISPENSAR Y : 03D04	Homoeo pathy	Pathanamth itta	NSS BUILDING ,AYROOR, EDAPPAVO OR P.O PATHANAM THITTA	Ayiroo r	AYIROOR	Panchayath	Koipur am	Pathan amthitt a	Pathanamth itta	Ranni	Rural

6	CHENEERK KARA GOVT HOMEO DISPENSAR Y : 03D05	Homoeo pathy	Pathanamth itta	CHENEERK KRA OONUKAL P.O PATHANAM THITTA	Chenn eerkar a	CHENNEE RKARA	Panchayath	Elanth oor	Pathan amthitt a	Pathanamth itta	Aranmul a	Rural
7	CHERUKOL E APHC : 03N02	Homoeo pathy	Pathanamth itta	ANHM PHC (HOMEO), KATTOOR P.O. THOTTUMK ALPADI, PATHANAM THITTA	Cheru kole	CHERUKO L	Panchayath	Elanth oor	Pathan amthitt a	Pathanamth itta	Ranni	Rural
8	CHITTAR GOVT HOMEO DISPENSAR Y : 03D06	Homoeo pathy	Pathanamth itta	GOVT.HOM OEO DISPENSAR Y CHITTAR, CHITTAR P.O ,PATHANA MTHITTA, PIN- 689663	Chittar	CHITTAR	Panchayath	Ranni	Pathan amthitt a	Pathanamth itta	Konni	Rural

9	CHUNGAPP ARA GOVT HOMEO DISPENSAR Y : 03D07	Homoeo pathy	Pathanamth itta	GOVT HOMEO DISPENSAR Y CHUNKAPP ARA, CHUNKAPP RA P.O PATHANAM THITTA	Kottan gal	KOTTANG AL	Panchayath	Mallap ally	Pathan amthitt a	Pathanamth itta	Ranni	Rural
10	ELANTHUR GOVT HOMEO DISPENSAR Y : 03D08	Homoeo pathy	Pathanamth itta	ELANTHUR ELANTHUR P.O PATHANAM THITTA	Elanth oor	ELANTHO OR	Panchayath	Elanth oor	Pathan amthitt a	Pathanamth itta	Aranmul a	Rural
11	ENADIMAN GALAM APHC : 03N03	Homoeo pathy	Pathanamth itta	AYUSH NHM PHC HOMEO, POOTHAMK ARA ELAMANNO OR ADOOR PATHANAM	Enadhi manga lam	ENADIMA NGALAM	Panchayath	Parako de	Pathan amthitt a	Pathanamth itta	Konni	Rural

12	ERATHU APHC : 03N04	Homoeo pathy	Pathanamth itta	THITTA KERALA AYUSH NHM HOMEO DISPENSAR Y, VADAKKAD ATHUKAVU P O, ERATHU PANCHAYA TH, ADOOE PATHANAM THITTA DISTRICT, PIN 691526	Erathu	ERATHU	Panchayath	Parako de	Pathan amthitt a	Pathanamth itta	Adoor	Rural
13	ERAVIPERO OR APHC : 03N05	Homoeo pathy	Pathanamth itta	NANNOOR VALLAMKU LAMP.O THIRUVALL A	Eravip eroor	ERAVIPER OOR	Panchayath	Koipur am	Pathan amthitt a	Pathanamth itta	Aranmul a	Rural

14	EZHAKKUL AM GOVT HOMEO DISPENSAR Y : 03D09	Homoeo pathy	Pathanamth itta	EZHAKKUL AM ENATH P.O PATHANAM THITTA	Ezham attur	EZHAKKUL LAM	Panchayath	Parako de	Pathan amthitt a	Pathanamth itta	Adoor	Rural
15	EZHUMATT UR APHC : 03N06	Homoeo pathy	Pathanamth itta	VALAKUZH Y PO, PATHANAM THITTA	Ezham attur	EZHUMAT TOOR	Panchayath	Koipur am	Pathan amthitt a	Pathanamth itta	Ranni	Rural
16	KADAMMA NITTA PERIPHERA L UNIT : 03D24P01	Homoeo pathy	Pathanamth itta		Naran ganam	NARANGA NAM	Panchayath	Elanth oor	Pathan amthitt a			Rural
17	KADAMPAN AD APHC : 03N07	Homoeo pathy	Pathanamth itta	AYUSH NHM PHC HOMEO KADAMPAN AD, MUDIPURA MARKET MANNADY P.O. PATHANAM	Kadam panad	KADAMBA NAD	Panchayath	Parako de	Pathan amthitt a	Pathanamth itta	Adoor	Rural

18	KADAPRA GOVT HOMEO DISPENSAR Y : 03D10	Homoeo pathy	Pathanamth itta	THITTA 691530	Kadap ra	KADAPRA	Panchayath	Pulike ezhu	Pathan amthitt a	Pathanamth itta	Thiruval la	Rural
19	KALANJOO R GOVT HOMEO DISPENSAR Y : 03D11	Homoeo pathy	Pathanamth itta	KOODAL ,KODDAL (P.O),PIN- 689693.	Koodal	KALANJO OR	Panchayath	Parako de	Pathan amthitt a	Pathanamth itta	Konni	Rural
20	KALLUPPA RA GOVT HOMEO DISPENSAR Y : 03D12	Homoeo pathy	Pathanamth itta	KALLUPPA RA THURITHIK KAD P.O PATHANAM THITTA	Kallup para	KALLOOP PARA	Panchayath	Mallap ally	Pathan amthitt a	Pathanamth itta	Thiruval la	Rural

21	KAVIYOOR APHC : 03N08	Homoeo pathy	Pathanamth itta	AYUSH NHM PHC (KAVIYOOR J SHISHU VIHAR BUILDING ELAVINAL, KOTTOOR P.O, KAVIYOOR	Kaviyo or	KAVIYOO R	Panchayath	Koipur am	Pathan amthitt a	Pathanamth itta	Thiruval la	Rural
22	KODUMON APHC : 03N09	Homoeo pathy	Pathanamth itta	AYUSH NHM PHC KODUMON, ANGADIKK AL SOUTH P.O, KODUMON, PATHANAN THITTA (DIST)	Angadi kkal	KODUMO N	Panchayath	Parako de	Pathan amthitt a	Pathanamth itta	Adoor	Rural
23	KODUMON GOVT HOMOE0	Homoeo pathy	Pathanamth itta	KODUMON P.O, PATHANAM	Kodu mon	KODUMO N	Panchayath	Parako de	Pathan amthitt a	Pathanamth itta	Adoor	Rural

26	KOZHENCH ERRY GOVT HOMEO DISPENSAR Y : 03D15	Homoeo pathy	Pathanamth itta	KOZHENCH ERRY TB JUNCTION KOZHENCH ERRY PATHANAM THITTA 689641	Kozhe ncherr y	KOZHANC HERY	Panchayath	Elanth oor	Pathan amthitt a	Pathanamth itta	Aranmul a	Rural
27	KULANADA GOVT HOMEO DISPENSAR Y : 03D16	Homoeo pathy	Pathanamth itta	KULANADA ULLANOOR P.O PATHANAM THITTA	Kulana da	KULANAD A	Panchayath	Pandal am	Pathan amthitt a	Pathanamth itta	Aranmul a	Rural
28	KUNNAMT HANAM APHC : 03N11	Homoeo pathy	Pathanamth itta	AYUSH NHM HOMEO DISPENSAR Y KUNNAMT HANAM ANJILITHA NAM P.O PATHANAM	Kunna mthan am	KUNNANT HANAM	Panchayath	Mallap ally	Pathan amthitt a	Pathanamth itta	Thiruval la	Rural

29	KUTTAPUZ HA GOVT HOMEO DISPENSAR Y : 03D17	Homoeo pathy	Pathanamth itta	THITTA DISTRICT KUTTAPUZ HA THIRUVALL A R S P.O PATHANAM THITTA 689111	Thiruv alla Municipali ty	Municipality			Pathanamth itta	Thiruval la	Urban
30	KUTTOOR GOVT HOMEO DISPENSAR Y : 03D18	Homoeo pathy	Pathanamth itta	KUTTOOR WEST OTHERA P.O ATHANAMT HITTA 689551	Kuttoo r	Panchayath	Pulike ezhu	Pathan amthitt a	Pathanamth itta	Thiruval la	Rural
31	MALAYALA PUZHA APHC : 03N12	Homoeo pathy	Pathanamth itta	THAZHAM P O ,MALAYALA PUZHA	Malaya lappuz ha	Panchayath	Konni	Pathan amthitt a	Pathanamth itta	Konni	Rural
32	MALLAPPA LLY GOVT HOMEO	Homoeo pathy	Pathanamth itta	MALLAPPA LLY KEEZHUVA	Mallap pally	Panchayath	Mallap ally	Pathan amthitt a	Pathanamth itta	Ranni	Rural

36	MEZHUVEL I GOVT HOMOE DISPENSAR Y : 03D22	Homoeo pathy	Pathanamth ittha	MEZHUVEL I MEZHUVEL I PATHANAM THITTA	Mezhu veli	MEZHUVE LY	Panchayath	Elanth oor	Pathan amthitt a	Pathanamth ittha	Aranmul a	Rural
37	MYLAPRA GOVT HOMOE DISPENSAR Y : 03D23	Homoeo pathy	Pathanamth ittha	MYLAPRA KADAMAN NIL KUMBAZHA NORTH MYLAPRA P O PATHANAM THITTA 689671	Mylapr a	MYLAPRA	Panchayath	Konni	Pathan amthitt a	Pathanamth ittha	Konni	Rural
38	NARANAM MOOZHY APHC : 03N13	Homoeo pathy	Pathanamth ittha	AYUSH NHM PHC (HOMOE), NARANAM MOOZHY P. O. RANNI, PATHANAM	Athikk ayam	NARANA MMOOZH Y	Panchayath	Ranni	Pathan amthitt a	Pathanamth ittha	Ranni	Rural

39	NARANGAN AM GOVT HOMEO DISPENSAR Y : 03D24	Homoeo pathy	Pathanamth itta	THITTA (DIST) NARANGAN AM ALUNKAL JUNCTION PATHANAM THITTA 689642	Naran ganam	NARANGA NAM	Panchayath	Elanth oor	Pathan amthitt a	Pathanamth itta	Aranmul a	Rural
40	NEDUMPRA M GOVT HOMEO DISPENSAR Y : 04D33	Homoeo pathy	Pathanamth itta	GOVT HOMEO DISPENSAR Y NEDUMPRA M PODIYADI P.O, THIRUVALL A	Nedu mpra m	NEDUMPR AM	Panchayath	Pulike ezhu	Pathan amthitt a	Pathanamth itta	Thiruval la	Rural
41	NILAKKAL GOVT HOMEO DISPENSAR Y : 03D25	Homoeo pathy	Pathanamth itta	NILAKKAL ANGAMUZH IPO PATHANAM THITTA	Seetha thodu	SEETHAT HODU	Panchayath	Konni	Pathan amthitt a	Pathanamth itta	Konni	Rural

42	NIRANAM APHC : 03N14	Homoeo pathy	Pathanamth itta	NIRANAM P O,NIRANAM , PATHANAM THITTA,PIN :689621	Nirana m	NIRANAM	Panchayath	Pulike ezhu	Pathan amthitt a	Pathanamth itta	Thiruval la	Rural
43	OMALLOOR APHC : 03N15	Homoeo pathy	Pathanamth itta	ANHMPHC, HOMOE,O MALLOR PATHANAM THITTA 689647	Omall ur	OMALLOOR	Panchayath	Elanth oor	Pathan amthitt a	Pathanamth itta	Aranmul a	Rural
44	PALLIKKAL GOVT HOMOE DISPENSAR Y : 03D26	Homoeo pathy	Pathanamth itta	THOTTUVA, PALLIKKAL, ANAYADI PO, PATHANAM THITTA	Pallick al	PALLICKA L	Panchayath	Parako de	Pathan amthitt a	Pathanamth itta	Adoor	Rural
45	PAMBA TEMPORAR Y HOMOE DISPENSAR Y : 03T02	Homoeo pathy	Pathanamth itta	PAMBA	Aala	RANNY PERUNAD U	Panchayath	Ranni	Pathan amthitt a	Pathanamth itta	Ranni	Rural

46	PANDALAM GOVT HOMEO DISPENSAR Y : 03D27	Homoeo pathy	Pathanamth itta	PANDALAM PANDALAM P.O PATHANAM THITTA	Pandal am	Pandal Municipalit y	Municipality			Pathanamth itta	Adoor	Urban
47	PANDALAM THEKKEKA RA APHC : 03N16	Homoeo pathy	Pathanamth itta	ANHM PHC HOMEO PANDALAM THEKKEKA RA, PADUKOTT UKAL, THATTAYIL P.O PATHANAM THITTA DIST.	Pandal alam- Thekk ekara	PANTHAL AM- THEKKEK KARA	Panchayath	Pandal am	Pathan amthitt a	Pathanamth itta	Adoor	Rural
49	PATHANAM THITTA DISTRICT MEDICAL OFFICE : DM3	Homoeo pathy	Pathanamth itta	2ND FLOOR REVENUE TOWER ADOOR P.O PATHANAM THITTA		Adoor Municipali ty	Municipality			Pathanamth itta	Adoor	Urban

50	PATHANAM THITTA DMS : DMS03	Homoeo pathy	Pathanamth ittha		Aala		PERINGAR A	Panchayath		Pathan amthitt a		Rural
51	PERINGARA GOVT HOMOE DISPENSAR Y : 03D28	Homoeo pathy	Pathanamth ittha	GOVT HOMOE DISPENSAR Y PERINGARA KARAKKAL P O TIRUVALLA PATHANAM THITTA 689108	Pering ara	PERINGAR A	Panchayath	Pulike ezhu	Pathan amthitt a	Pathanamth ittha	Thiruval la	Rural
52	PRAMADA M GOVT HOMOE DISPENSAR Y : 03D29	Homoeo pathy	Pathanamth ittha	PRAMADA M VELLAPPAR A P O KONNI PATHANAM THITTA 689691	Prama dom	PRAMADA M	Panchayath	Konni	Pathan amthitt a	Pathanamth ittha	Konni	Rural

53	PURAMATT AM APHC: 03N17	Homoeo pathy	Pathanamth itta	A NHM PHC(HOMO EOPATHY)		PURAMAT TAM	Panchayath	Koipur am	Pathan amthitt a	Pathanamth itta	Thiruval la	Rural
54	PUTHUSSE RIMALA GOVT HOMOE DISPENSAR Y : 03D30	Homoeo pathy	Pathanamth itta	PUTHUSSE RIMALA PUTHUSSE RIMALA P O PATHANAM THITTA	Ranni	RANNI	Panchayath	Ranni	Pathan amthitt a	Pathanamth itta	Ranni	Rural
55	RANNI ANGADI APHC : 03N18	Homoeo pathy	Pathanamth itta	AYUSH NHM PHC(HOMO EO), PANCHAYA T BUILDING, RANNI ANGADI GRAMAPAN CHAYAT, PATHANAM THITTA	Ranni- Angadi	RANNY ANGADY	Panchayath	Ranni	Pathan amthitt a	Pathanamth itta	Ranni	Rural

56	RANNI PAZHAVAN GADI GOVT HOMEO DISPENSAR Y : 03D31	Homoeo pathy	Pathanamth itta	RANNI PAZHAVAN GADI P.O PATHANAM THITTA	Ranni- Pazhav angadi	RANNI PAZHAVA NGADY	Panchayath	Ranni	Pathan amthitt a	Pathanamth itta	Ranni	Rural
57	RANNY PERUNADU APHC : 03N19	Homoeo pathy	Pathanamth itta	AYUSH NHM PRIMARY HEALTH CENTRE[H OMEO],M ARKET JUNCTION, RANNY PERUNADU P.O, PATHANAM THITTA DIST. PIN 689711	Perun ad	RANNY PERUNAD U	Panchayath	Ranni	Pathan amthitt a	Pathanamth itta	Ranni	Rural
58	SANNIDHA NAM TEMPORAR	Homoeo pathy	Pathanamth itta	SANNIDHA NAM	Aala	RANNY PERUNAD U	Panchayath	Ranni	Pathan amthitt a	Pathanamth itta	Ranni	Rural

Y HOMOEODISPENSARY : 03T01	Homoopath	Pathanamthitta	GOVT HOMOEODISPENSARY SEETHATHODE,MOONUKALLU, SEETHATHODE P.O PATHANAMTHITTA	Seethathodu	SEETHATHODU	Panchayath	Ranni	Pathanamthitta	Ranni	Rural
59 SEETHATHODE GOVTHOMOEODISPENSARY : 03D32	Homoopath	Pathanamthitta	GOVT HOMOEODISPENSARY SEETHATHODE,MOONUKALLU, SEETHATHODE P.O PATHANAMTHITTA	Seethathodu	SEETHATHODU	Panchayath	Ranni	Pathanamthitta	Ranni	Rural
60 THOTTAPUZHACHERYGOVTHOMOEODISPENSARY : 03D33	Homoopath	Pathanamthitta	THOTTAPUZHACHERYMARAMON P.O PATHANAMTHITTA	Thotta ppuzhasherry	THOTTAPUZHACHERY	Panchayath	Elanthoor	Pathanamthitta	Aranmula	Rural
61 THUMPAMON APHC : 03N20	Homoopath	Pathanamthitta	AYUSH NHM PHC (HOMOEODISPENSARY) THUMPAM	Thumapamon	THUMPA MON	Panchayath	Pandalam	Pathanamthitta	Adoor	Rural

62	VADASSERI KKARA GOVT HOMEO DISPENSAR Y : 03D34	Homoeo pathy	Pathanamth itta	VADASSERI KKARA,VAD ASSERIKA RA P O,689662	Vadas herika ra	VADASSE RIKKARA	Panchayath	Ranni	Pathan amthitt a	Pathan amth itta	Ranni	Rural
63	VALLICODE APHC : 03N21	Homoeo pathy	Pathanamth itta	VALAVOOR KAVU,VAYA LA NORTH,MA MOODU (PO),NARIY APURAM(VI A),KAIPATO OR	Vallikk odu	VALLIKKO DU	Panchayath	Konni	Pathan amthitt a	Pathan amth itta	Konni	Rural
64	VECHOOCH IRA GOVT HOMEO	Homoeo pathy	Pathanamth itta	KUNNAM,V ECHOOCHI RA P.O	Chetha kkal	VECHOO HIRA	Panchayath	Ranni	Pathan amthitt a	Pathan amth itta	Ranni	Rural

Annexure 4.5.1: Table of Beneficiary details in Hospitals

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	Pathanamthitta District Homoeo Hospital Kottanad	2670	29	10

Annexure 4.5.2: Table of Beneficiary details in Govt Homoeo Dispensaries

SINo	Institution Name	Average OPD in a Month
1	Anikkad Govt Homoeo Dispensary : 03D01	595
2	Aranmula Govt Homoeo Dispensary : 03D02	1,341
3	Aruvappulam Govt Homoeo Dispensary : 03D03	898
4	Ayroor Govt Homoeo Dispensary : 03D04	745
5	Cheneerkkara Govt Homoeo Dispensary : 03D05	765
6	Chittar Govt Homoeo Dispensary : 03D06	826
7	Chungappara Govt Homoeo Dispensary : 03D07	644
8	Elanthur Govt Homoeo Dispensary : 03D08	986
9	Ezhamkulam Govt Homoeo Dispensary : 03D09	1,502
10	Kadapra Govt Homoeo Dispensary : 03D10	766
11	Kalanjoor Govt Homoeo Dispensary : 03D11	1,090

12	KallupparaGovtHomoeo Dispensary : 03D12	743
13	KodumonGovtHomoeo Dispensary : 03D13	755
14	KoippuramGovtHomoeo Dispensary : 03D14	810
15	KozhencherryGovtHomoeo Dispensary : 03D15	620
16	KulanadaGovtHomoeo Dispensary : 03D16	366
17	KuttapuzhaGovtHomoeo Dispensary : 03D17	884
18	KuttoorGovtHomoeo Dispensary : 03D18	778
19	MallappallyGovtHomoeo Dispensary : 03D19	766
20	MallappuzhasseryGovtHomoeo Dispensary : 03D20	740
21	ManeeraGovtHomoeo Dispensary : 03D21	676
22	MezhuveliGovtHomoeo Dispensary : 03D22	649
23	MylapraGovtHomoeo Dispensary : 03D23	649
24	NaranganamGovtHomoeo Dispensary : 03D24	754
25	NilakkalGovtHomoeo Dispensary : 03D25	823
26	PallikkalGovtHomoeo Dispensary : 03D26	753
27	PandalamGovtHomoeo Dispensary : 03D27	1,516
28	PeringaraGovtHomoeo Dispensary : 03D28	736

29	PramadamGovtHomoeo Dispensary : 03D29	398
30	PuthusserimalaGovtHomoeo Dispensary : 03D30	999
31	RanniPazhavangadiGovtHomoeo Dispensary : 03D31	835
32	SeethathodeGovtHomoeo Dispensary : 03D32	722
33	ThottapuzhacheryGovtHomoeo Dispensary : 03D33	724
34	VadasserikkaraGovtHomoeo Dispensary : 03D34	803
35	VechoochiraGovtHomoeo Dispensary : 03D35	834

* Source - district data

Annexure 4.5.3: Table of Beneficiary details in AYUSH PRIMARY HEALTH CENTRE& SCP dispensaries

SlNo	Name Of Institution	Average Monthly Op
1.	AdoorAyush Primary Health Centre	1187
2.	CherukoleAyush Primary Health Centre	904
3.	EnadimangalamAyush Primary Health Centre	694
4.	ErathuAyush Primary Health Centre	1136
5.	EraviperoorAyush Primary Health Centre	951

6.	EzhumatturAyush Primary Health Centre	1054
7.	KadampanadAyush Primary Health Centre	927
8.	KaviyoorAyush Primary Health Centre	1085
9.	KodumonAyush Primary Health Centre	1068
10.	KonniAyush Primary Health Centre	1074
11.	KunnamthanamAyush Primary Health Centre	889
12.	MalayalapuzhaAyush Primary Health Centre	1143
13.	NaranammoozhyAyush Primary Health Centre	893
14.	NiranamAyush Primary Health Centre	1101
15.	OmallyoorAyush Primary Health Centre	761
16.	PandalamThekkekaraAyush Primary Health Centre	1154
17.	PuramattamAyush Primary Health Centre	778
18.	RanniAngadiAyush Primary Health Centre	941
19.	RannyPerunaduAyushPrimary Health Centre	879
20.	ThumpamonAyush Primary Health Centre	1139

21.	VallicodeAyush Primary Health Centre	1231
22.	VeetippuramAyush Primary Health Centre	984

* Source - district data

Annexure 4.8 List of Institutions upgraded as AyushmanArogyaMandir (AYUSH)

Sl no	Name of Institution
1	AyushmanArogyaMandirAyush (Homoeopathy) Anikkad 689624
2	AyushmanArogyaMandirAyush (Homoeopathy) Aranmula 689533
3	AyushmanArogyaMandirAyush (Homoeopathy) Aruvappulam 689691
4	AyushmanArogyaMandirAyush (Homoeopathy) Chenneerkkara 689503
5	AyushmanArogyaMandirAyush (Homoeopathy) Chittar 685551
6	AyushmanArogyaMandirAyush (Homoeopathy) Chungappara 686510
7	AyushmanArogyaMandirAyush (Homoeopathy) Elanthoor 689643
8	AyushmanArogyaMandirAyush (Homoeopathy) Ezhamkulam 691554
9	AyushmanArogyaMandirAyush (Homoeopathy) Kozhenchery 689641
10	AyushmanArogyaMandirAyush (Homoeopathy) Kodumon 691555
11	AyushmanArogyaMandirAyush (Homoeopathy) Kulanada 689503
12	AyushmanArogyaMandirAyush (Homoeopathy) Kuttapuzha 689103
13	AyushmanArogyaMandirAyush (Homoeopathy) Kuttoor 689106
14	AyushmanArogyaMandirAyush (Homoeopathy) Mezhuveli 689507
15	AyushmanArogyaMandirAyush (Homoeopathy) Narangnam 689642
16	AyushmanArogyaMandirAyush (Homoeopathy) Pallickal 689532
17	AyushmanArogyaMandirAyush (Homoeopathy) Pandalam 689501
18	AyushmanArogyaMandirAyush (Homoeopathy) Pramadam 689652
19	AyushmanArogyaMandirAyush (Homoeopathy) Puthuserimala 689667
20	AyushmanArogyaMandirAyush (Homoeopathy) Ranni 689673
21	AyushmanArogyaMandirAyush (Homoeopathy) Seethathode 685533
22	AyushmanArogyaMandirAyush (Homoeopathy) Vadaserikkara 689662

23	AyushmanArogyaMandirAyush (Homoeopathy) Vechoochira 686511
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* Source - district data

Annexure 5.3.1.1- Details of Medical & Paramedical posts Sanctioned in the District

Designation	No
Medical Officer	23
Specialist Medical Officer	9
PG Medical Officer	1
District Programme Manager	1
Therapist	21
Multi-Purpose Worker	19
Attender	5
Project Co-Ordinator	4
Data Entry Operator	3
Nurse	3
Accounting Clerk	2
Yoga Instructor	57
Yoga Demonstrator	2
Nursing Assistant	1
Multi-Purpose Health Worker	56
Pharmacist	1
Physiotherapist	1

* Source - district data

Annexure 5.4.1.1 - Details of construction works

Completed Work list					
SL No.	SAAP yr	Institution type	Department	Institution name	AS Amount
1	2017-18	Dispensary	Homoeopathy	Govt. Homoeopathy Dispensary Eilanthoor	₹ 1,000,000.00
2	2018-19	Dispensary	Homoeopathy	Govt. Homoeopathy Dispensary Chungappara	₹ 2,000,000.00

SL No.	Workname	SAAP Yr	Approval Amount	Agency	Expected date of Completion	Physical Progress
1	Construction of Govt. Ayurveda Hospital Ayiroor	2023-24	₹10,000,000.00	M/s DNK Pathanamthitta	30.06.2026	5% Works Completed
2	Construction of Govt. Siddha Dispensary Kadambanad	2024-25	₹ 3,000,000.00	M/s KHRWS	12.11.2025	50% Works Completed

3	Upgradation of Govt. Homoeopathy Dispensary Ayiroor	2023-24	₹ 3,000,000.00	M/s DNK Pathanamthitta	15.11.2025	15% Works Completed
4	Construction of 10 Bedded Integrated AYUSH Hospital Adoor	2022-23	₹ 75,000,000.00	M/s WAPCOS	16.04.2027	Ongoing
5	Construction of 30 Bedded Integrated AYUSH Hospital Aranmula	2023-24	₹ 105,000,000.00	M/s HLL	31.08.2027	Ongoing
6	Construction of Govt. Ayurveda Hospital Angadikkal	2023-24	₹ 10,000,000.00	M/s DNK Pathanamthitta	31.12.2026	Ongoing

* Source - district data

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National Ayush Mission Kerala

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