



## AYUSH @ KOTTAYAM

AYUSH @ KOTTAYAM



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**Health and Family Welfare & AYUSH Department**  
**Government of Kerala**

**KERALA.HEALTH**

# **AYUSH @ KOTTAYAM**

**Health and Family Welfare & AYUSH Department  
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**KERALA.HEALTH**





## MESSAGE



GOVERNMENT OF KERALA

**Pinarayi Vijayan**

CHIEF MINISTER

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## MESSAGE

The health and well-being of the people of Kerala have always been at the centre of the Government's development agenda. Alongside the achievements of modern medicine, Kerala's strong tradition of Indian Systems of Medicine and Homoeopathy continues to play a vital role in promoting preventive, promotive, and holistic healthcare. Strengthening AYUSH services is therefore integral to our vision of inclusive, people-centred, and sustainable health systems.

The District AYUSH documentation is an important initiative that informs the status and performance of AYUSH services at the district level. By systematically presenting information on institutions, human resources, service delivery, and programme implementation, this document provides a clear understanding of how AYUSH systems contribute to improving population health, particularly in primary care, lifestyle disease management, geriatric care, and community wellness.

Kerala's public health experience demonstrates that strong outcomes are achieved through a balanced approach that combines curative care with prevention, health promotion, and community participation. AYUSH institutions, especially at the grassroots level, have been instrumental in expanding access to affordable healthcare and strengthening wellness-oriented interventions. The collective efforts of the Departments of Indian Systems of Medicine, Homoeopathy, National AYUSH Mission, and local self-governments are clearly reflected in this profile.

I am sure that this District AYUSH documentation will serve as a valuable reference for policymakers, administrators, and health professionals.

I extend my appreciation to all those who contributed to this effort and wish every success to the continued strengthening of AYUSH healthcare in Kerala.

**Pinarayi Vijayan**

**Dr. Rajan Khobragade IAS**  
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## **Smt. Veena George**

Minister for Health &  
Family Welfare  
and Woman & Child Welfare  
Development  
Government of Kerala

## **Message**

The Government of Kerala remains committed to strengthening public health systems that are equitable, responsive, and people centred. Within this framework, AYUSH systems play a unique and complementary role by emphasising prevention, lifestyle modification, and long-term management of health conditions. The District AYUSH documentation represents an important step towards systematically documenting and strengthening these contributions.

This document provides a comprehensive overview of AYUSH services in the district, covering infrastructure, human resources, beneficiary utilisation, and key programmes implemented under the National AYUSH Mission. By consolidating reliable data and analytical insights, the profile supports informed planning, efficient resource allocation, and continuous improvement in service delivery.

AYUSH institutions have significantly expanded access to primary healthcare, particularly in rural and underserved areas. Interventions focusing on non-communicable diseases, geriatric care, women's and child health, school health, and wellness promotion have enhanced community engagement and reduced pressure on secondary and tertiary facilities. The integration of AYUSH services with broader health initiatives further strengthens continuity of care.

I appreciate the dedicated efforts of the state officers, district officials, programme managers, medical officers, and frontline staff of the Indian Systems of Medicine, Homoeopathy, and National AYUSH Mission in preparing this document. I urge health administrators and professionals to actively use this document for analysis, planning, and action. I am confident that this initiative will contribute meaningfully to improving the reach, quality, and impact of AYUSH services and to advancing Kerala's goal of comprehensive healthcare for all.

  
**Veena George**





## Preface

The Department of Health and Family Welfare, including AYUSH, and various organizations have been taking sustained efforts to strengthen health systems through evidence-based planning, decentralised governance, and intersectoral collaboration.

In order to assess various schemes and programs implementation, their outputs and outcomes a comprehensive document series is being undertaken by the Department. This document offers a structured and comprehensive account of AYUSH services in the district, encompassing institutional infrastructure, human resources, service utilisation, and programme implementation. It highlights the role of AYUSH in preventive and promotive healthcare, management of chronic conditions, and delivery of community-based wellness interventions. By presenting standardised data and district-specific insights, the document enables comparative assessment, gap identification, and priority setting. It gives information for doing integrative medicine practice especially for NCD management, palliative care and geriatric care.

The preparation of this document required coordinated efforts from district officials, programme teams, and healthcare providers across Indian Systems of Medicine, Homoeopathy, and the National AYUSH Mission. The process itself has strengthened data validation, improved documentation practices, and reinforced the importance of using evidence for decision-making.

I am confident that the District AYUSH documentation will serve as a useful resource for administrators, planners, researchers, and practitioners. It will support informed policy dialogue, guide programme strengthening, and encourage greater integration of AYUSH within the broader public health system.

I commend the state and district teams for their commitment and hope that this initiative will contribute to further improving the quality, accessibility, and effectiveness of AYUSH services across Kerala. I also urge all to institutionalize this mechanism and annually publish District documents so as to maintain focus on achieving the priorities as per the VISION 2031 plans.

### **Dr Rajan Khobragade IAS**

Additional Chief Secretary  
Health & Family Welfare and  
AYUSH Department  
Govt of Kerala.



## MESSAGE



The preparation of the District AYUSH Profile marks a significant step towards strengthening evidence-based planning and systematic documentation within the Govt. AYUSH sector. This comprehensive record reflects the collective efforts of the Departments of Indian Systems of Medicine and Homoeopathy, National AYUSH Mission, and the Educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

The document provides a detailed overview of district-level AYUSH activities, infrastructure, human resources, and the programmes implemented under various components of the National AYUSH Mission (NAM). It also highlights the growing role of AYUSH in preventive, promotive, and curative healthcare, as well as its contribution to education and community well-being.

I commend the sincere efforts of all officials and district teams involved in compiling this profile. I am confident that the information contained herein will serve as a valuable tool for planning, monitoring, and strengthening AYUSH services at the grassroots level, thereby furthering Kerala's commitment to accessible, quality, and holistic healthcare for all.

**Dr. D. Sajith Babu IAS**

State Mission Director

National AYUSH Mission, Kerala



## MESSAGE



Kerala's public health system is widely recognised for its people-centred approach, emphasis on equity, and sustained focus on preventive and promotive healthcare. The State's effective integration of community participation with institutional governance has enabled the delivery of quality health services and established Kerala as a leader in public health administration.

The Department of Indian Systems of Medicine (ISM), Government of Kerala, forms a vital component of this framework. Through its extensive institutional network, the Department upholds the classical foundations of Indian Systems of Medicine while addressing evolving health needs, ensuring accessible, affordable, and culturally appropriate healthcare services across the State.

In this backdrop, the District Profile Handbook has been developed as a comprehensive reference document reflecting the status and performance of ISM services at the district level. It provides a structured overview of institutional capacity, human resources, infrastructure, service delivery, and programme implementation, thereby supporting evidence-based planning and informed administrative decision-making.

The district profiles were prepared through systematic data generation, analysis, and consolidation using the Department's digital information systems, ensuring accuracy, uniformity, and transparency, and reinforcing a data-driven approach to governance and service improvement.

I place on record my sincere appreciation to the Joint Director and coordination team of ISM, including administrative staff, and the entire team of the National AYUSH Mission (NAM) for their dedicated efforts in drafting, reviewing, analysing, and consolidating the district profiles. Their coordinated engagement and technical competence were instrumental in ensuring the quality, reliability, and timely completion of this handbook.

It is hoped that this handbook will serve as a valuable planning and management resource for administrators, programme managers, and stakeholders, and contribute meaningfully to the continued strengthening of Indian Systems of Medicine in Kerala.

**Dr. K S Preeya**

Director

Department of Indian Systems of Medicine,  
Government of Kerala.



## MESSAGE



The Kerala model of healthcare delivery has earned global recognition for its people-centred, inclusive, and equity-driven approach to public health. Rooted in the belief that healthcare is a fundamental right of every citizen, the State has consistently demonstrated how thoughtful public action, community participation, and strong institutions can together achieve health outcomes comparable with those of many developed nations.

The Department of Homoeopathy, Government of Kerala, is proud to be an integral part of this collective journey. Through a wide network of government homoeopathic hospitals and dispensaries, the Department continues to extend accessible, affordable, and quality-assured healthcare services to diverse sections of society, while upholding the values of compassion, accountability, and professional excellence.

In this backdrop, the District Profile Handbook has been conceived as more than a compilation of statistics, it is a reflection of the people, institutions, and systems that sustain homoeopathic healthcare at the grassroot level. By presenting a structured and comprehensive overview of institutional capacity, human resources, service delivery, infrastructure, and ongoing programmes, this handbook seeks to support evidence-based planning, informed decision-making, and responsive governance.

The preparation of these district profiles has been made possible through the effective use of the department software- Ayush Homoeopathy Information Management System (AHiMS), enabling reliable, standardised, and centrally compiled data at the Directorate level. This digital integration marks an important step towards transparency, efficiency, and continuous system improvement.

I express my sincere appreciation to the District Medical Officers and the district medical office team for the timely review of the document and their valuable additions. I also extend my sincere thanks to the District Medical Officers, the medical and paramedical team, and all other district officials, including the AHiMS District Trainers, whose dedication and diligence in the timely updation of data in AHiMS helped in the prompt compilation of the District Profile document. Their collective efforts reinforce our shared commitment in strengthening healthcare in Kerala.

It is my earnest hope that this handbook will serve as a valuable planning and management resource, inspire constructive dialogue among stakeholders, and contribute meaningfully to shape a healthier and more resilient Kerala in the years to come.

**Dr. M. P. Beena**

Director  
Department of Homoeopathy,  
Government of Kerala.



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2. Details of the Department of Homoeopathy
3. NAM Details



## INTRODUCTION

The District AYUSH Profile has been developed to provide a comprehensive overview of the AYUSH sector within the district, covering all aspects related to the Department of Indian Systems of Medicine (ISM), Department of Homoeopathy, National AYUSH Mission (NAM) initiatives, and AYUSH educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

This document serves as an authentic reference source reflecting the overall status of AYUSH healthcare and education in the district. It consolidates detailed information on infrastructure, human resources, healthcare facilities, educational institutions, and various programmes and schemes implemented through the ISM and Department of Homoeopathy, including activities undertaken under different components of NAM.

Structured in a systematic format, the District AYUSH Profile compiles data and analytical insights through tables, charts, and concise narratives for clarity and ease of understanding. It is intended to support evidence-based planning, programme evaluation, and strategic strengthening of AYUSH healthcare and educational systems at the district level, while identifying existing gaps and priorities for future interventions.

The preparation of this document reflects a commitment to systematic documentation and the continuous strengthening of AYUSH health and educational systems. It is envisaged that this District AYUSH Profile will serve as a valuable resource for administrators, planners, academicians, and stakeholders engaged in the promotion, integration, and advancement of AYUSH systems in the district.



## Chapter 1

### KOTTAYAM DISTRICT - AN OVERVIEW

#### 1.1 Introduction

Kottayam District, situated slightly south of central Kerala, covers a total area of 2208 sq. km. square kilometers. It is bordered by Ernakulam District to the north, Idukki District to the east, and Alappuzha and Pathanamthitta Districts to the south. To the west, the district is bounded by the vast Vembanad Lake—largest lake in Kerala.

Geographically, Kottayam is divided into three distinct natural regions: the highland, midland, and lowland zones. The midland region constitutes the majority of the district's landscape. The Meenachil and Kanjirappally Taluks include both highland and midland terrains, while the Kottayam, Changanassery, and Vaikom Taluks primarily comprise midland and lowland areas. Elevation varies significantly, from approximately 5 meters below sea level in the upper Kuttanad region to 890 meters above sea level at Melukavu Hill.

The district lies between latitudes 9°15' and 10°21' North and longitudes 76°22' and 77°25' East. Administratively, Kottayam comprises 71 Grama Panchayats, 6 Municipalities, and 11 Block Panchayats. The district headquarters is located in Kottayam town, a key administrative and commercial hub.

Politically, the district is represented by nine Assembly constituencies. Kottayam is widely recognized for its outstanding achievements in education and literacy and has historically played a pivotal role in Kerala's social and cultural evolution.



### 1.1 District Map

Kottayam's hilly terrain, clean environment, and literate population contribute positively to community health and wellness. The district continues to advance toward comprehensive and inclusive health coverage, integrating modern medicine with traditional practices to meet the diverse healthcare needs of its residents.

**Table 1.1: Demographic Details**

District Headquarters	Kottayam
Area	2208km <sup>2</sup>
Revenue Blocks	11
Health Blocks	16
Municipality	6
Panchayat	71
Village	100
Wards	1533

Source: Census Handbook

## 1.2 The People and Population

Kottayam district, covering an area of 2,208 square kilometres, has a total population of 1,974,551, representing around 5.91% of Kerala's total population. The district shows a balanced demographic profile with 966,000 males and 1,008,551 females, resulting in a sex ratio of 1,044 females per 1,000 males, slightly above the state average. The child population (0–6 years) constitutes about 8.9% of the total, with a child sex ratio of 960, reflecting steady gender balance among younger age groups.

Kottayam maintains one of the highest literacy rates in Kerala at 97.21%, with male literacy at 98.31% and female literacy at 96.18%, underscoring the district's strong educational foundation. Scheduled Castes form about 8.6% of the population, while Scheduled Tribes constitute around 0.3%. The district's population density stands at 895 persons per square kilometre, reflecting moderate settlement patterns influenced by its hilly terrain and urban concentration.

Kottayam is widely recognised as a centre of education and publishing, earning the title "Land of Letters". Its population profile is marked by high literacy, a favourable sex ratio, and social progress, reflecting the district's balanced blend of urban and rural characteristics and its overall commitment to human development.

**Table 1.1 The People and Population**

<b>POPULATION</b>	<b>1974551</b>
<b>Population Density</b>	885per Sq Km
<b>Sex Ratio (Female :Male)</b>	1040:1000
<b>Literacy Rate</b>	97.21%
<b>Sc Population</b>	7.79%
<b>St Population</b>	1.11%
<b>Rural Urban Split</b>	71:29

*Source: Census Handbook*

### **1.3 Kottayam- Health Overview**

Kottayam district has developed a strong and balanced healthcare system with an effective blend of preventive, promotive, and curative services delivered through public, private, and AYUSH sectors. The district is widely recognised for its high health indicators, literacy rate, and people-oriented healthcare delivery model. Health services are primarily managed through a well-structured network of Government Medical Colleges, District Hospitals, Taluk Hospitals, Community Health Centres (CHCs), Family Health Centres (FHCs), Primary Health Centres (PHCs), and Sub-Centres, ensuring comprehensive coverage across urban and rural areas.

The district places significant emphasis on primary healthcare strengthening, maternal and child health services, control of communicable and non-communicable diseases, and geriatric care. Programmes under the National Health Mission (NHM), including lifestyle disease clinics, mental health services, and palliative care, are effectively implemented. Kottayam has also made notable progress in digital health initiatives, public health surveillance, and community participation through local self-governments.

In addition to modern medicine, the district has a strong presence of AYUSH systems, including Ayurveda, Homoeopathy, and other traditional healthcare services, which play a vital role in preventive care and chronic disease managements. The integration of AYUSH with mainstream healthcare, along with active participation of private institutions and voluntary organisations, has contributed to improved health outcomes and equitable access to healthcare services in the district.

### **1.4 AYUSH- Role in Enhancing Public Health Outcomes**

The AYUSH system plays a vital complementary role in strengthening district-level healthcare delivery. The Indian Systems of Medicine (ISM) Department provides preventive and curative services through Ayurveda, Siddha, and Unani institutions, with a strong focus on lifestyle diseases, geriatric care, maternal and child health, and promotive healthcare. These services are deeply rooted in community traditions and emphasize holistic well-being.

The Department of Homoeopathy contributes significantly to district health services by offering accessible, affordable, and patient-friendly care, particularly for chronic and non-

communicable diseases. Homoeopathy institutions at the taluk and primary levels cater to large patient loads and play an important role in reducing the burden on allopathic facilities, especially in rural and semi-urban areas.

Under the National AYUSH Mission (NAM), Kerala, various initiatives have been implemented in Kottayam to strengthen AYUSH infrastructure, ensure the availability of essential medicines, deploy trained human resources, and promote integrative healthcare. NAM-supported activities such as speciality clinics, wellness and lifestyle disorder clinics, school health programmes, geriatric care services, and public awareness campaigns have enhanced the reach, quality, and acceptance of AYUSH services. Through coordinated efforts with the mainstream health system, AYUSH institutions contribute effectively to disease prevention, health promotion, and improved health outcomes in the district.

In essence, Kottayam stands as a symbol of Kerala's socio-economic advancement and cultural depth—a district where natural beauty harmoniously blends with intellectual vitality and a strong, inclusive healthcare system supported by both modern medicine and traditional AYUSH practices.

### **1.5 Key Achievements in AYUSH Healthcare Development**

The Government of Kerala has undertaken significant measures to strengthen Indian System of Medicine as part of its recent achievements. As part of this initiative, 82 Medical Officer posts and 162 paramedical staff positions, including 8 temporary posts, have been sanctioned to enhance service delivery and human resource capacity across ISM institutions. Further reinforcing secondary-level care, two Government Ayurveda Dispensaries have been upgraded to 10-bedded hospitals, namely Government Ayurveda Hospital, Moozhur in Kottayam district and Government Ayurveda Hospital, Pinarayi in Kannur district. These interventions reflect the State Government's commitment to improving infrastructure, expanding access to quality traditional healthcare, and ensuring better patient care through strengthened manpower and upgraded facilities.

Under the Homoeopathy Department, the Government of Kerala has achieved significant milestones in expanding access to public homoeopathic healthcare and strengthening institutional capacity. A total of 50 new homoeopathy facilities have been established across

the State, ensuring that all Panchayats in Kerala are now covered with homoeopathy services, thereby achieving universal grassroots-level access. To support service expansion and improve care delivery, 50 new Medical Officer posts have been sanctioned. In line with the Government's vision to promote scientific validation and academic advancement in homoeopathy, the Department has also initiated structured research activities through Project HEART (Homoeopathy Evidence-based Advanced Research and Training). Further reinforcing research governance and ethical standards, a Scientific Advisory Board (SAB) and an Institutional Ethics Committee have been constituted under the Department. These initiatives collectively highlight the State's commitment to evidence-based practice, capacity building, and comprehensive healthcare delivery through homoeopathy.

National AYUSH Mission is the Centrally Sponsored Scheme under Ministry of AYUSH. The Government of India has launched National AYUSH Mission (NAM) during 12<sup>th</sup> plan in 2014. In Kerala, the Mission has been operational since 2015. The primary objective of the National AYUSH Mission is to promote and mainstream traditional systems of medicine—Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy—within the public health delivery system. In Kerala, the Mission's activities are implemented through the State AYUSH Health Society at the State level and District AYUSH Health Societies at the district level. The Mission focuses on infrastructure development, human resource strengthening, ensuring adequate staffing in AYUSH hospitals, implementing projects in tribal areas, and establishing Ayushman Bharat AYUSH Health and Wellness Centres (Ayushman Arogya Mandirs - AYUSH). Out of the total budget, 75% is earmarked for the AYUSH Services, AYUSH Educational institutions and Ayush Health & Wellness Centre components, and 25% for the Flexipool component.

### **AYUSH Services Component**

#### **a) Infrastructure Development:**

Under the Upgradation of AYUSH Hospitals and Dispensaries scheme, NAM is facilitating the renovation and upgradation of AYUSH educational institutions, hospitals, and dispensaries under the Department of AYUSH.

**b) Construction of Integrated AYUSH Hospitals:**

Under this component, new integrated hospitals are being established. So far, approval has been granted for the construction of five 50-bedded, four 30-bedded, and one 10-bedded Integrated AYUSH Hospitals.

**c)** Provision of additional human resources to AYUSH institutions.

**d)** Supply of hospital equipment to AYUSH healthcare facilities.

**e)** Supply of essential AYUSH medicines to healthcare institutions.

**f)** Allocation of contingency funds to address urgent institutional needs.

**g)** Implementation of seven AYUSH Public Health Programmes across the State. 238 units of programmes has been approved and being implemented.

**AYUSH Health and Wellness Centres (Ayushman Arogyamandirs - AYUSH)**

These centres aim to deliver comprehensive primary healthcare through AYUSH systems, emphasizing disease prevention, health promotion, and Yoga-based lifestyle interventions. Each AYUSH HWC functions with an AYUSH Community Health Officer, Yoga Instructor, GNM-qualified Multi-Purpose Health Worker, and five ASHA workers. At present, 700 AYUSH dispensaries (420 ISM and 280 Homoeopathy) across Kerala have been upgraded to AYUSH Health and Wellness Centres.

**Flexipool Component**

Under the Flexipool component, **36 AYUSH public health programmes** are being implemented across the State to strengthen community-level AYUSH health promotion and wellness initiatives.

**Quality improvement of AYUSH Institutions**

To improve the service quality and infrastructure of AYUSH hospitals and Ayush Health & Wellness Centres, NAM is implementing NABH accreditation, Kayakalp and quality assurance programmes.

- In the first two phases, 250 AYUSH HWCs have received NABH accreditation. An additional 250 centres have been selected for the third phase, and the process is progressing.

- Implemented AYUSH KAYAKALP award for Ayush institutions.132 institutions got AYUSH Kayakalp award.

### **Training and Capacity Building**

Continuous capacity building and skill enhancement of AYUSH personnel form a key component of the Mission. Training is provided on clinical and technical subjects through both offline and online modes.

A Learning Management System (LMS) has been developed to facilitate online training, with eight AYUSH-based courses already available, covering Ayurveda, Homoeopathy, Yoga, and Naturopathy.

The establishment of the National Institute of Training in AYUSH (NITIA) is underway to provide National and International -level training and capacity-building programmes for AYUSH professionals.

### **AYUSH Gram Programme**

The AYUSH Gram initiative, implemented at the Block level, aims to combat lifestyle and non-communicable diseases through Yoga sessions and health awareness activities led by trained Yoga instructors and AYUSH medical officers.The programme is currently being implemented in 16 blocks across the State.

### **IT Projects initiated**

With the support of Kerala Start up Mission & KELTRON, following softwares were developed for Ayush Sector in the State -

- a) AYUSH Procurement software
- b) Learning Management Software
- c) ERP software for real time monitoring civil works
- d) Payroll and Attendance Management system for NAM
- e) AYUSH payment management software

### **E-Sanjeevani - Telemedicine**

Telemedicine services have been introduced in the AYUSH sector through the E-Sanjeevani platform. Two consultation hubs—one for Ayurveda and another for Homoeopathy—have already become operational. The State Telemedicine Hub is nearing completion.

### **AYUSH Yoga Clubs**

Established 10,000 Ayush Yoga Clubs under the aegis of Ayush HWC to prevent and manage the NCDs and for the well-being of the people. AYUSH Yoga Club locator app has also been developed to monitor and locate the yoga clubs

## Chapter 2

### OVERVIEW OF AYUSH SERVICES

#### 2.1 Overview of AYUSH Services in Kottayam District

The AYUSH system of healthcare in Kottayam district forms an integral part of the public health delivery network, providing accessible and holistic medical care to the community through Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy streams. The district has a well-structured service delivery framework that includes hospitals, dispensaries, specialty centres, wellness facilities, educational institutions, and outreach health programmes. AYUSH services complement the mainstream healthcare system by focusing on preventive, promotive, curative, rehabilitative and palliative care with an emphasis on wellness and lifestyle modification.

#### 2.2 History and Evolution of AYUSH Services in the District

Kottayam has historically been a centre of traditional healthcare in Kerala. Ayurveda and Homoeopathy services became formally organised under the State Government over the decades, gradually expanding into a structured district-level health system. Over time, AYUSH institutions in the district have evolved from standalone treatment units into a comprehensive service delivery network offering inpatient care, specialty clinics, public health initiatives, school and elderly health programmes, pain and lifestyle disorder clinics, and palliative care support. The evolution reflects a steady strengthening of infrastructure, manpower, training, and integration with National AYUSH and public health missions.

#### 2.3 Administration and Governance Structure

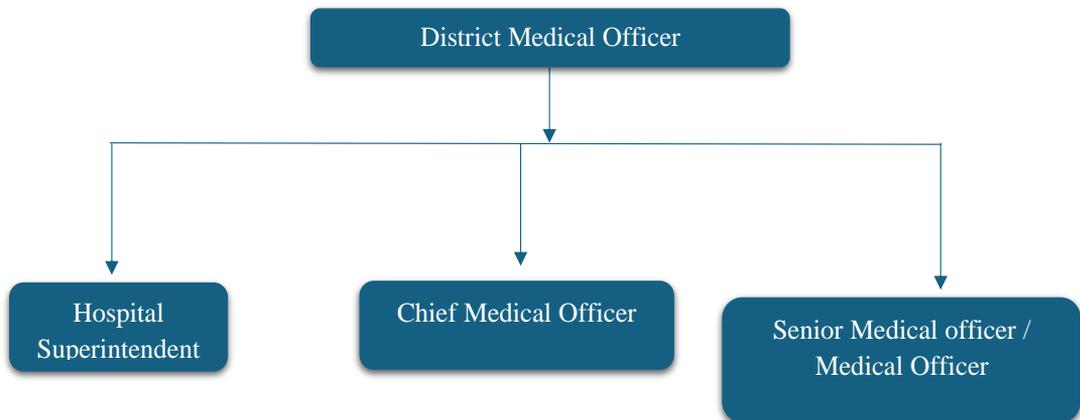
The AYUSH services in Kottayam district are governed under the Department of AYUSH, Government of Kerala, functioning in coordination with the Directorate of Ayurveda Medical Education, Directorate of Indian Systems of Medicine, Directorate of Homoeopathy and Central AYUSH authorities wherever applicable. Administrative leadership is provided through district-level officers responsible for planning, service delivery, monitoring, staff deployment, programme implementation and financial management.

Key functions of the district administration include:

- Coordinating AYUSH hospitals, dispensaries and wellness centres
- Essential staff, infrastructure and medicine supply
- Implementing National AYUSH Mission programmes
- Overseeing public health and outreach activities
- Monitoring financial utilisation and performance

#### 2.4 Organogram – District Level Administrative Structure

At the district level, the administrative structure typically consists of:



#### 2.5 Infrastructure Profile of the District

Kottayam district has a well-established AYUSH healthcare infrastructure with a total of 163 health institutions, comprising 80 ISM and 83 Homoeopathy facilities. The district is served by two district hospitals and twelve government hospitals, ensuring access to secondary-level care under both systems. A strong network of government dispensaries, Ayushman Arogya Mandirs, and Ayush Primary Health Centres supports primary healthcare delivery, particularly at the community level. The presence of a Homoeo Medical College further strengthens the Homoeopathy sector by contributing to medical education, training, and advanced patient care.



**Figure 2.5: Details of Facilities**

## 2.6 Health Facilities in Urban and Rural Areas

In Kottayam district, AYUSH healthcare facilities are predominantly concentrated in rural areas, reflecting a strong focus on extending traditional healthcare services to community levels. Out of a total of 163 facilities, 145 are located in rural areas, while only 18 are in urban centers. Both district hospitals are urban based, whereas the majority of government dispensaries, Ayushman Arogya Mandirs, and Ayush Primary Health Centres serve rural populations. ISM facilities (80 in total) have 71 rural units and 9 urban units, while Homoeopathy facilities (83 in total) have 74 rural units and 9 urban units. The presence of a Medical College in Homoeopathy enhances specialized care and education in the district.



**Figure 2.6: Total AYUSH facilities in Urban and Rural Areas**

## 2.7 Hospital Details based on Bed Strength

### 2.7.1 Bed Strength in Hospitals under ISM & Department of Homoeopathy

In Kottayam district, hospitals under the ISM and Department of Homoeopathy collectively have 14 hospitals with a total bed strength of 395 beds. The ISM sector comprises 11 hospitals with 220 beds, ranging from 10-bedded to 50-bedded facilities, with the majority in the 10–30 bed category, providing accessible inpatient care across the district. The Homoeopathy sector includes 3 hospitals with 175 beds, notably featuring a 125-bedded hospital that strengthens tertiary-level care.

Hospital name	Hospital	Total Bed strength
Govt. Hospital (10 Bedded)	3	30
Govt. Hospital (10 Bedded)	3	30
Govt. Hospital (25 Bedded)	2	50
Govt. Hospital (30 Bedded)	2	60
Govt. Hospital (50 Bedded)	1	50
Govt. Hospital (125 Bedded)	1	125
<b>Total (ISM)</b>	<b>14</b>	<b>395</b>

Figure 2.7.1 Bed Strength in Hospitals under ISM & Department of Homoeopathy

### 2.7.2 Bed strength in Medical College Hospital

In Kottayam district, the Homoeopathy Medical College Hospital has a total bed strength of 30 beds.

Table 2.7.2: Bed strength in Medical College Hospital

Sl no	Stream	Number of Collegiate Hospital	Number of Beds
1	Homoeopathy	1	30

Source: District Data

## 2.8 Human resource Profile

### 2.8.1 HR under ISM & DH

#### 2.8.1.1 Availability of Medical Professionals

In Kottayam district, the ISM and Department of Homoeopathy have a total of 235 medical professionals, reflecting a well-staffed healthcare system. Under regular sanctioned posts, there are 152 positions—86 in ISM and 66 in Homoeopathy—including Medical Officers, administrative positions such as District Medical Officers and Hospital Superintendents, and supervisory roles like Chief Medical Officers. Additionally, 83 Medical Officers serve under NHM and NAM schemes, with 32 in ISM and 51 in Homoeopathy, strengthening service delivery at both institutional and community levels.

235	
MEDICAL OFFICERS IN KOTTAYAM	
Category	Number
Commissionary (District Medical Officer)	2
Principal Superintendant	8
Chief Medical Officer	8
Medical Officer	135
Special Medical Officer	5
Sanctioned Medical Officer	8
<b>Regular</b>	<b>152</b>
Medical Officer (NHM)	51
Medical Officer (NAM)	32
<b>Grand Total</b>	<b>235</b>

**Table 2.8.1.1: Medical Professionals under ISM & DH**

#### 2.8.1.2 Availability of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

In Kottayam district, the ISM and Homoeopathy Directorates are supported by a total of 490 sanctioned posts across paramedical, administrative, ministerial, and other support categories. The ISM sector has 297 posts, with a strong base of 199 paramedical staff complemented by administrative, ministerial, and other support roles, ensuring smooth functioning of healthcare services. The Homoeopathy sector has 193 posts, including 128 paramedical staff and adequate administrative and supporting personnel.



**Figure 2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH**

## 2.8.2 HR under DAME & DHME

In Kottayam district, under the Directorate of AYUSH Medical Education (DAME) and Directorate of Homoeopathy Medical Education (DHME), the human resource strength in the Homoeopathy stream comprises a total of 52 staff members. This includes 2 Medical Officers, 44 teaching staff, and 6 other supporting staff, reflecting a strong emphasis on medical education and training alongside administrative and operational support.

**Table 2.8.2: Human Resource under DAME & DHME**

SI No	Medical officer	Teaching staff	Other staff	Total
Homoeopathy	2	44	6	52

Source: District Data

## 2.9 Beneficiary Details

### 2.9.1 Beneficiary details under hospitals in ISM & DH

In Kottayam district, ISM hospitals cater to a monthly average of 2,564 patients, and Homoeopathy hospitals to monthly average of 4,570 patients. In terms of inpatient care, the hospitals have a monthly average of 32 patients under ISM and 115 under Homoeopathy.



**Table 2.9.1.1 Hospital beneficiary details**

### 2.9.2 Beneficiary details under Dispensaries

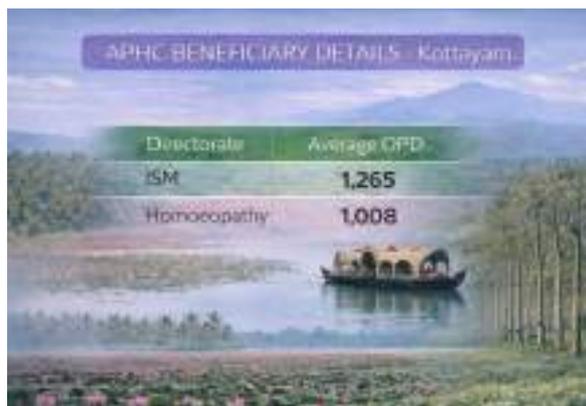
In Kottayam district, AYUSH dispensaries handle a steady flow of outpatients, where ISM dispensaries serve a monthly average of 1,056 patients, while Homoeopathy dispensaries attend to 684 patients.



**Table 2.9.1.2 Dispensary beneficiary details**

### 2.9.3 Beneficiary details under APHC

In Kottayam district, Ayush Primary Health Centres (APHCs) cater to a significant number of outpatients at the community level. ISM centres serve a monthly average of 1,265 patients and Homoeopathy centres attend to 1,008 patients.



**Figure 2.9.3 APHC beneficiary details**

#### **2.9.4 Beneficiary details under DHME**

Under the Directorate of Homoeopathy Medical Education (DHME) in Kottayam district, the Homoeopathy facilities cater to a substantial number of patients each month. On average, 3,162 outpatients (OPD) visit the institutions, while 122 inpatients (IPD) receive care monthly.

**Table 2.9.4 Beneficiary details under DHME**

Directorate	Monthly Average OPD	Monthly Average IPD
Homoeopathy	3162	122

*Source: District Data*

#### **2.10 Public Health Programmes**

Kottayam district implements a wide range of public health programmes under ISM, Homoeopathy, and the National AYUSH Mission. These initiatives address preventive, promotive, curative, rehabilitative, and palliative healthcare needs, with special focus on diabetes care, geriatric services, maternal and child health, mental health, lifestyle disease management, palliative care, and community wellness. The effective implementation of these programmes strengthens AYUSH integration with public health systems and enhances healthcare outreach across the district.

### 2.10.1: Projects in Indian System of Medicine Department

- **Punarnava** – Provides Ayurvedic rehabilitation for post-stroke patients to improve recovery and quality of life.
- **Snehadhara** – A statewide Ayurvedic palliative care programme offering home-based support for bedridden and terminally ill patients.
- **Geriatric Care Project** – Delivers comprehensive Ayurvedic care to improve the physical and emotional well-being of elderly patients.
- **Koumarabhrithya** – Offers Ayurvedic paediatric care for infections, nutritional issues, developmental problems, and post-COVID complications.
- **Prasoothithanthra** – Provides Ayurvedic gynaecology and obstetric services supporting women's reproductive and maternal health.
- **Nature Cure & Yoga Units** – Promotes drug-free lifestyle modification using yoga, naturopathy, diet, and holistic therapies.

### 2.10.2: Projects in Department of Homoeopathy

- **Seethalayam** – A women-focused homoeopathy project providing treatment and counselling, especially for domestic-violence-affected and emotionally distressed women.
- **Punarjani** – A de-addiction project offering homoeopathic treatment and counselling for alcohol, drug, and tobacco dependence.
- **Janani** – An infertility care project providing holistic homoeopathic management for male and female infertility with supportive diagnostics.
- **Sadgamaya** – A child and adolescent wellness project addressing behavioural, emotional, learning, and developmental challenges.
- **Ayushmanbhava** – A lifestyle-disease programme providing homoeopathy-based care, counselling, and yoga support for NCD management.

- **Rapid Action Epidemic Control Cell Homoeopathy (RAECH)**- Implementing preventive measures, strengthening early detection and treatment, training doctors, and supporting public health responses to communicable diseases across the state.
- **Geriatric Care** – A specialised homoeopathy service aimed at improving the health and quality of life of elderly patients.
- **Palliative Care** – A comprehensive home-based and institutional palliative service for bedridden, terminally ill, and chronic-disease patients.

### 2.10.3: Projects in National Ayush Mission

- **National Programme for Prevention & Management of Osteoarthritis & Musculoskeletal Disorders** - AYUSH-based screening, treatment, lifestyle modification and rehabilitation services for osteoarthritis and other MSDs through HWCs and AYUSH institutions.
- **Vayo Mitra – AYUSH Geriatric Healthcare Services** - Promotes healthy ageing and provides preventive, promotive and therapeutic AYUSH care for senior citizens through community and clinic-based services.
- **Ayurvediya – Healthy Lifestyle Promotion for School Children** - Creates awareness among school children on hygiene, nutrition, yoga, medicinal plants and AYUSH-based healthy living practices.
- **Karunya – AYUSH Palliative Services** - Delivers compassionate, holistic palliative and supportive care for patients with chronic and life-limiting illnesses through AYUSH interventions and home-based care.
- **Allergy & Asthma Special Clinic (Homoeopathy)** - Provides comprehensive Homoeopathic care for allergy, asthma and chronic respiratory diseases through OP/IP services and community outreach.
- **Ayurkarma** - Integrates Panchakarma therapies into rural Government Ayurveda Dispensaries to ensure affordable access to specialised Ayurvedic procedures.

- **Mental Health Specialty Clinics in AYUSH** - Offers Ayurveda and Homoeopathy-based mental health care for depression, anxiety, behavioural problems and women- and child-specific psychological needs.
- **AYUSH Infertility Clinics** - Provides holistic infertility management for men and women using Ayurveda along with counselling and lifestyle guidance.
- **Drishti – AYUSH Eye Care Programme** - Focuses on early detection and non-surgical management of eye diseases while preventing visual disorders through screening and affordable treatment.
- **Physiotherapy Units in Government AYUSH Hospitals** - Establishes physiotherapy services in AYUSH hospitals to support rehabilitation and chronic disease care.
- **Sports Ayurveda Project** - Provides Ayurveda-based injury prevention, treatment and performance enhancement support for athletes.
- **MPHW Support for Ayushman Arogya Mandirs** - Deploys trained Multi-Purpose Health Workers to strengthen AYUSH primary care, outreach, NCD care and public health services.
- **Arunima – Anaemia Eradication through Ayurveda** - Implements Ayurvedic screening, counselling and treatment programmes to reduce nutritional anaemia, especially among vulnerable populations.
- **Homoeopathy Thyroid Special Clinic** - Provides community-based screening and holistic Homoeopathic management of thyroid disorders with special focus on women.
- **Training & Capacity Building for AYUSH HR** -Enhances skills and service quality of AYUSH professionals through structured clinical, administrative and digital health training.
- **Yoga Wellness Centres** - Promotes Yoga and Naturopathy-based lifestyle modification and NCD prevention through dedicated wellness centres.

- **NCD Management through AYUSH** - Provides integrated AYUSH-based prevention, screening and management of major non-communicable diseases across the State.
- **IEC Activities & Public Awareness Initiatives** - Strengthens public awareness on AYUSH facilities, programmes and achievements through newsletters, campaigns and participation in events.
- **AYUSH Gram** - Promotes AYUSH-based lifestyle, herbal awareness, yoga and preventive healthcare practices at the village level through community-based initiatives.

### 2.11 Standardisation of Institutions

A total of 21 institutions have obtained NABH Entry Level Certification (ELC), and 49 facilities are functioning as Ayushman Arogya Mandir-A (AAM-A). Of these, Homoeopathy accounts for 14 NABH ELC institutions and 19 AAM-A facilities, while ISM has 7 NABH ELC institutions and 30 AAM-A facilities. This reflects steady institutional strengthening across both systems and highlights their collective role in enhancing quality-assured AYUSH services and accessible primary healthcare in the district

Discipline	NABH ELC	AAM-A
Homoeopathy	14	19
ISM	7	30
Total	21	49

**Figure 2.11: Standardisation of Institution**

### 2.12 Digital Health

- **ISM-eHospital** – A digital hospital management system currently implemented in 10 AYUSH institutions for streamlining patient care, records, and hospital services.

- AHiMS (Ayush Hospital Information Management System) – A comprehensive AYUSH health-data and service-delivery platform implemented in 60 institutions to support digital health transformation.



**Figure 2.12: Digital Health**

### 2.13 Laboratory & Diagnostic Facilities

AYUSH laboratory facilities in Kottayam district support diagnostic services and enhance the quality of patient care across institutions. A total of 14 laboratories are functioning under the AYUSH system in the district. Of these, 3 laboratories are attached to Homoeopathy institutions and 11 laboratories function under ISM institutions. These laboratory facilities contribute to improved diagnostic support, effective clinical decision-making, and strengthened service delivery within AYUSH healthcare institutions across the district.



**Figure 2.13: Details of Laboratory facilities**

## 2.14 Financial Expenditure

In Kottayam district, financial allocation and utilisation under ISM and Homoeopathy during the years 2023–24 and 2024–25 reflect effective budget management and consistent expenditure towards AYUSH healthcare services. For the year 2023–24, ISM was allocated ₹162.93 lakh, of which ₹106.90 lakh was released and ₹106.87 lakh was utilised. During 2024–25, ISM received an allocation of ₹149.22 lakh, with ₹98.88 lakh released and ₹93.34 lakh expended. Under Homoeopathy, an allocation of ₹111.13 lakh was provided during 2023–24, with an equivalent amount released and ₹109.39 lakh utilised. In 2024–25, ₹53.12 lakh was allocated and fully released and utilised. Overall, the expenditure pattern demonstrates timely fund utilisation and sustained financial support for strengthening AYUSH institutions and service delivery in Kottayam district

Directorate	Year	Allocated (in lakh rupees)	Released (in lakh rupees)	Expenditure (in lakh rupees)
ISM	2023-24	162.9322	106.8856	106.8690
	2024-25	149.2162	98.8827	93.3423
Homoeopathy	2023-24	111.11259	111.11259	109.3869
	2024-25	53.1166	53.1166	53.1166

**Table 2.14: Financial Expenditure**

## Chapter 3

### DEPARTMENT OF INDIAN SYSTEMS OF MEDICINE

#### FACILITIES & SERVICES

##### 3.1 Introduction

Kottayam District, situated in the south-central region of Kerala, is characterized by a distinct geographical continuum ranging from the low-lying backwater belts adjoining Vembanad Lake to the midland and eastern highland areas along the Western Ghats. The district records high literacy levels, a growing elderly population, and a predominantly rural–semi-urban settlement pattern, all of which significantly influence its health profile. There is a notable prevalence of non-communicable diseases such as diabetes, hypertension, cardiovascular disorders, musculoskeletal ailments, and age-related conditions, along with psychosomatic and stress-related disorders arising from lifestyle changes and demographic transition. In this context, the Indian Systems of Medicine (ISM), comprising Ayurveda, Yoga, Naturopathy, Siddha, and Unani, play a vital role due to their emphasis on disease prevention, health promotion, chronic disease management, geriatric care, mental well-being, and rehabilitative services. The district’s humid tropical climate, agrarian activities, and seasonal variations also contribute to communicable diseases, skin conditions, and occupational health issues, where ISM interventions have long-standing community acceptance. Kottayam is vulnerable to disaster risks such as floods, prolonged waterlogging, and landslides in highland regions, as well as climate change–related health challenges affecting low-lying areas. The district’s strong heritage of Ayurveda, availability of medicinal plant resources, and institutional capacity within ISM systems provide a robust foundation for their integration into public health services, disaster preparedness, and post-disaster recovery, in alignment with Government health policies and sustainable development goals

##### 3.2 Administration

The ISM Department delivers comprehensive Ayurveda services as part of the public healthcare system, focusing on preventive, promotive and curative care through a network of government hospitals and dispensaries throughout Kerala, including Kottayam district.

The District Medical Officer (DMO) of Kottayam is responsible for administering ISM -related health services (Ayurveda, Yoga, and Siddha (AYUSH) facilities) in the district. It oversees the functioning of ISM hospitals, dispensaries and wellness centres, ensuring the delivery of quality healthcare based on traditional system of medicine. The ISM Department administers multiple Government ISM Hospitals and Dispensaries in Kottayam district. These facilities provide general consultations, chronic disease management, and traditional medicine treatments. The services include both out-patient (OP) and in-patient (IP) treatments for various health conditions using authentic Ayurvedic principles.

### 3.2.1 District Administration of the Department



### 3.2.2 District Medical Office Profile

**Table No: 3.2.2: District Medical office Profile**

Post	Office Address	Office Number	Mail id
District Medical officer	The District Medical Office, Indian Systems of Medicine, Kottayam, Vayaskkarakunnu, Kottayam - 686 001	0481 2568118	dmoismkottayam@gmail.com

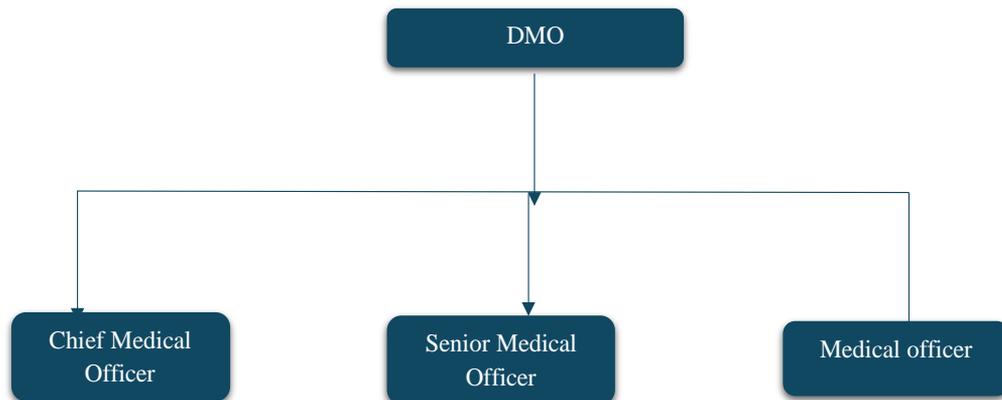
Source: District Data

### 3.2.3 Structure of DMO office

**Table No: 3.2.3: Structure of DMO office**

Sl No.	Designation	No. of Officers
1	DMO	1
2	Senior Superintendent	1
3	Junior Superintendent	1
4	Senior Clerk	4
5	Clerk	2
6	Selection Grade Typist	1
7	Office Attendant	2
8	Part Time Sweeper	1

Source: District Data



### 3.3 Infrastructure Profile of the District

The district has a wide network of AYUSH Facilities, comprising 11 Hospitals, 52 Dispensaries and 17 NHM Dispensaries. It provides quality treatment to patients. It comprises of one District Ayurveda Hospital at Kottayam, 10 Government Ayurveda Hospitals ,52 Government Ayurveda dispensaries, and 17 AYUSH Primary Health Centres (Ayurveda). There is a Siddha unit in district attached to Government Ayurveda Hospital Kottayam. In addition, 7 institutions are NABH-accredited, 30 functions as Ayushman Arogya Mandir and 5 institutions from the district bagged KAYAKALP award in various categories.

#### 3.3.1 Details of Facilities

Kottayam district has a total of 80 Indian Systems of Medicine (ISM) health institutions, ensuring comprehensive coverage of traditional healthcare services across the district. This includes one District Government Ayurveda Hospital, Kottayam, providing secondary-level care, along with 10 Government Ayurveda Hospitals that offer both inpatient and outpatient services based on classical Ayurvedic principles.

Primary and community-level healthcare services are delivered through a network of 22 Government Ayurveda Dispensaries and 30 Ayushman Arogya Mandirs, which focus on preventive, promotive, and outpatient care. In addition, 17 Ayush Primary Health Centres (Ayurveda) function as first-contact health facilities, strengthening access to traditional healthcare at the grassroots level. The distribution of ISM institutions in Kottayam district

reflects the government's commitment to expanding equitable access to authentic Ayurveda-based healthcare services and promoting holistic health across both urban and rural areas.

**Table No: 3.3.1: Details of ISM health facilities**

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Ayurveda Hospital	1
2	Government Ayurveda Hospital, Kottayam	10
3	Government Ayurveda Dispensary	22
4	Ayushman Arogya Mandir	30
5	Ayush Primary Health Centre Ayurveda	17
	<b>Total</b>	<b>80</b>

*Source: District Data*

### Details of ISM Facilities are attached as Annexure 3.3.1

#### 3.3.2 Hospital Details based on Bed Strength

Kottayam district has a total of 11 government-run ISM hospitals with an aggregate bed strength of 220, providing both inpatient and outpatient care services. The district's hospital network includes five 10-bedded hospitals with a total of 50 beds, three 20-bedded hospitals with 60 beds, two 30-bedded hospitals with 60 beds, and one 50-bedded hospital with 100 beds.

The distribution of beds across small, medium, and large hospitals ensures that both routine and specialized inpatient care can be delivered effectively to the district population. This tiered capacity supports the provision of comprehensive Ayurveda-based treatment, preventive care, and wellness services, strengthening the accessibility and quality of traditional healthcare in Kottayam district.

**Table No: 3.3.2: Hospital Details based on Bed Strength**

Sl no	Hospitals based on bed strength	No of Hospitals	Bed strength
1	GOVT. HOSPITAL (10 BEDDED)	5	50
2	GOVT. HOSPITAL (20 BEDDED)	3	60
3	GOVT. HOSPITAL (30 BEDDED)	2	60
4	GOVT. HOSPITAL (50 BEDDED)	1	50
	<b>Total No. Of Beds/ Hospitals</b>	<b>11</b>	<b>220</b>

*Source: District Data*

### 3.3.3 Health Facilities in Urban and Rural Areas

Kottayam district has a total of 80 Indian Systems of Medicine (ISM) health facilities, distributed across urban and rural areas to ensure accessible traditional healthcare services. Among these, one District Hospital is located in an urban area, providing secondary-level care. The district also has 10 Government Ayurveda Hospitals, with four situated in urban areas and six in rural locations, offering both inpatient and outpatient services.

Primary-level care is delivered through 52 Government Ayurveda Dispensaries, including Ayushman Arogya Mandirs, with three in urban areas and 49 in rural areas, ensuring extensive community reach. Additionally, 17 Ayush Primary Health Centres (Ayurveda) provide grassroots-level services, with one in an urban area and 16 in rural locations. Overall, nine facilities are located in urban areas, while the majority, 71 facilities, serve rural populations, reflecting the government's emphasis on expanding equitable access to traditional medicine services across the district.

**Table No: 3.3.3: Health Facilities in Urban and Rural Areas**

Sl no	Type of Health Institution Facility	Total no: in	Urban	Rural
1	District Hospital	1	1	
2	Government Ayurveda Hosnital	10	4	6
3	Government Ayurveda Dispensary including Ayushman Arogya Mandir	52	3	49
4	Ayush Primary Health	17	1	16
	<b>Total</b>	<b>80</b>	<b>9</b>	<b>71</b>

Source: District Data

### 3.4 Human Resource Profile of the District

The Indian Systems of Medicine services in the district are supported by a structured workforce comprising medical, paramedical, administrative, and support staff.

The medical cadre includes positions such as District Medical Officer, Chief Medical Officers, and Medical Officers in specialties like Ayurveda (General), Visha, Netra, Marma, Panchakarma, Siddha. Paramedical staff consist of nurses, pharmacists, lab technicians, therapists, nursing assistants, and attendants, including Siddha attendants.

In addition, the system is supported by administrative personnel such as senior and junior superintendents, head clerk, clerks, clerk-cum-typist, typist, and driver. Essential support staff including office attendants (peons), cooks, sanitation workers, and part-time sweepers also form an integral part of the workforce, ensuring smooth functioning of healthcare institutions under the Indian Systems of Medicine sector.

The paramedical and nursing category consists of Nurses, Nursing Assistants, Pharmacists Lab Technicians, Therapists and Attenders. The administrative staff includes Senior Superintendent, Junior Superintendent, Clerks, Typist, and Driver in 3 hospitals. The support

service category comprises Office Attendants (Peons), Cooks, Sanitation Workers, and Part-time Sweepers.

### 3.4.1 Availability of Medical Professionals

Kottayam district has a total of 116 medical professional positions under ISM and NAM/NHM programs, of which 115 positions are currently filled, leaving only one vacancy. Under the ISM department, there are 86 sanctioned positions, including the District Medical Officer and Medical Officers, with 85 positions filled and a single Medical Officer post vacant. Under NAM and NHM programs, all 30 sanctioned positions (19 NHM Medical Officers and 11 NAM Medical Officers) are fully occupied.

**Table No: 3.4.1: Details of Medical Professionals under the ISM /NAM/NHM in the District**

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the ISM				
1	District Medical Officer	1	1	0
2	Medical Officers	85	84	1
	<b>Total</b>	<b>86</b>	<b>85</b>	<b>1</b>
Medical Professionals Under NAM/ NHM				
1	Medical officer (NHM)	19	19	0
2	Medical officer (NAM)	11	11	0
	<b>Total</b>	<b>30</b>	<b>30</b>	<b>0</b>
	<b>Grand Total</b>	<b>116</b>	<b>115</b>	<b>1</b>

Source: District Data

### 3.4.2 Number and Distribution of Health Care Professionals

The ISM department in Kottayam district has a total of 199 sanctioned nursing and paramedical positions, of which 193 are currently filled, leaving six vacancies. Out of this core clinical and supportive positions, including nurses (33), therapists (5), attendants (67), and nursing assistants (27), are fully staffed, ensuring smooth day-to-day operations and patient care. Minor vacancies exist in specialized roles, with two Pharmacist positions (out of 66 sanctioned) and one Lab Technician post (out of 1 sanctioned) remaining unfilled.

**Table 3.4.2.1- Details of Paramedical posts Sanctioned under the ISM department in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1	Nurse	33	33	
2	Pharmacist	66	64	2
3	Lab Technician	1	0	1
4	Therapist	5	5	
5	Attender	67	67	
6	Nursing Assistant	27	27	

*\* Source - District Data*

#### 3.4.2.1 Details of Administrative & Ministerial posts Sanctioned under the ISM in the District

The administrative workforce in the district health system consists of a total of 20 sanctioned positions, of which 19 are currently filled and 1 remains vacant. The team comprises 1 District Medical Officer, 1 Senior Superintendent, 1 Junior Superintendent, 1 Head Clerk, 14 Clerks (13 filled, 1 vacant), 1 Clerk-cum-typist, and 1 Typist, all filled. This well-structured administrative team plays a vital role in ensuring the efficient management, coordination,

and smooth functioning of healthcare facilities across the district, supporting both medical and support staff in delivering consistent and effective healthcare services.

**Table 3.4.2.2 Details of Administrative & Ministerial posts Sanctioned under the DH in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1	District Medical Officer	1	1	0
2	Senior Superintendent	1	1	0
3	Junior Superintendent	1	1	0
4	Head clerk	1	1	0
5	Clerk	14	13	1
6	Clerk-cum typist	1	1	0
7	Typist	1	1	0

*\* Source - District Data*

### 3.4.2.2- Details of other staff, Sanctioned under the ISM in the District

Kottayam district has a total of 78 sanctioned positions for other supporting staff in ISM institutions, of which 74 are currently filled, leaving four vacancies. Out of this core support, roles include cooks (10), sanitation workers (11), and full-time sweepers (1) are fully staffed, ensuring smooth day-to-day operations in hospitals and dispensaries. Among other supporting positions, 52 of 56 Part-Time Sweepers (PTS) are currently employed, with four vacancies remaining.

**Table 3.4.2.3- Details of Other posts Sanctioned under the ISM in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1	Cook	10	10	
2	Sanitation Worker	11	11	

3	Full Time Sweeper	1	1	
Other Supporting Staff				
1	Part Time Sweeper	56	52	4

*\* Source - District Data*

### 3.5 Beneficiary Details

The following tables present the beneficiary coverage of ISM health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

#### 3.5.1 ISM Hospitals

Kottayam district has a total of 11 ISM hospitals with a combined sanctioned bed strength of 220, catering to a large number of inpatients and outpatients every month. The District Ayurveda Hospital (DAH), Kottayam, with 50 beds, records an average of 56 inpatients and 9,622 outpatients per month, reflecting its role as a major referral and treatment centre in the district.

Among the Government Ayurveda Hospitals (GAH), bed strengths range from 10 to 30, with average inpatient occupancy between 0 and 32 and outpatient visits ranging from 754 to 4,134 per month. Notably, GAH Changanacherry, with 10 beds, handles 4,134 OP **visits** monthly, highlighting significant outpatient demand even in smaller facilities. Overall, the 11 hospitals collectively serve an average of 204 inpatients and 28,205 outpatients per month, demonstrating the vital role of ISM institutions in providing both curative and preventive healthcare services to the residents of Kottayam district.

**Detailed beneficiary details in the Hospitals are attached as annexure 3.5.1**

#### 3.5.2 ISM Dispensaries

Kottayam District has a strong AYUSH service network comprising 52 Government Ayurveda Dispensaries with consistently high average monthly outpatient attendance (approximately 650–1,600 per institution). High OP loads in centres such as TV Puram, Mundakkayam, Kuttickal, Velloor, Kumaranalloor, Parathodu, Thiruvarpur and Velloor reflect widespread

community dependence on Ayurveda for chronic, lifestyle-related, musculoskeletal, geriatric and seasonal health conditions. The uniform utilisation across coastal, midland and highland regions indicates good accessibility and acceptance of Indian Systems of Medicine, highlighting the district's strategic importance for effective implementation of State and National AYUSH Mission programmes.

**Detailed beneficiary details in the Dispensaries are attached as annexure 3.5.2**

### **3.5.3 APHC dispensaries**

The district has 17 AYUSH Primary Health Centres (Ayurveda) with a consistently high average monthly outpatient attendance, ranging from approximately 830 to over 2,100 patients per centre. Very high utilisation is observed in APHCs at Athirampuzha, Koottickal, Kanjirappally and Udayanapuram, each catering to more than 1,500 beneficiaries per month, indicating their role as major AYUSH service delivery points. The uniformly strong OP load across all APHCs reflects good accessibility, community acceptance and sustained demand for Ayurveda-based promotive, preventive and curative services, particularly for chronic, lifestyle-related, musculoskeletal and geriatric conditions. This utilisation pattern highlights the importance of APHCs in strengthening primary-level AYUSH healthcare under the State and National AYUSH Mission.

**Detailed beneficiary details in APHC are attached as annexure 3.5.3**

### **3.6 ISM Department Plan Projects**

The Department of ISM conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

**Table 3.6: Plan projects**

Sl no	Project Name	Facility	Post assigned
1	Control Of Communicable Disease	All Institutions	
2	Temporary Dispensary	Kadappattoor, Ettumanoor	
3	Geriatric	GAH Meenadom	Therapist-2 Care Taker-1
4	Panchakarma	DAH Kottayam GAH Meenadom, GAH Nattakom, GAH Vaikom, GAH Veliyannoor	Therapist-10
5	Koumarabharityam	GAH Pala	Medical officer-1 Attender-1
6	Prasoothy Tantra	GAH Changanacherry	Medical officer-1 Attender-1
7	Yoga	DAH Kottayam	Medical officer-1
8	Drishti	DAH Kottayam	Specialist Medical officer - 1, Attender - 1, Optometrist - 1
9	Punnarnava	DAH Kottayam	Medical officer - 1
10	Snehadhara	GAH Kidangoor	Attender - 1

\* Source - District Data

### 3.6.1 Geriatric Care Center

Geriatric Care Project at GAH Meenadom focuses on improving health and quality of life (QOL) for low-income elderly patients (above 60 years) in inpatient and long-term care settings. This project addresses health issues of the elderly through Ayurvedic management, physiotherapy, yoga, counselling, and supportive care. It aims to reduce morbidity, improve mobility, manage comorbidities, and enhance physical, mental, and emotional well-being.

**Table 3.6.1: Geriatric Care Project Annual Report (2022–2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	8.49L	1457
2	2023-24	7.10 L	1985
3	2024-25	6.09L	1376

\* Source - District Data

### 3.6.2 Koumarabhrithya

Koumarabhrithyam project at DAH pala provides comprehensive Ayurvedic paediatric care, including management of infections, nutritional deficiencies, developmental disorders, and post-COVID conditions. The project has shown high treatment adherence and significant improvement in children's health and quality of life.

**Table 3.6.2: Koumarabhrithya Annual Report (2022–2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	7.31 L	3146
2	2023-24	6.12 L	2317
3	2024-25	4.94 L	3427

\* Source - District Data

### 3.6.3 Prasoothithantha

This project at GAH Changanacherry offers specialized Ayurvedic gynaecology and obstetric services, including antenatal, postnatal, menstrual, menopausal, and reproductive health care. It has demonstrated effective outcomes in women's health, postnatal recovery, menstrual disorders, and menopausal symptoms.

**Table 3.6.3: Prasootithantha Annual Report (2022-2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	9.24 L	2456
2	2023-24	7.56 L	3231
3	2024-25	7.16 L	2673

*\* Source - District Data*

### 3.6.4 NATURE CURE and YOGA Units

These units promote drug-free lifestyle management through yoga, naturopathy, diet regulation, and lifestyle modification. Implemented statewide, the project has shown significant improvement in non-communicable diseases, musculoskeletal disorders, metabolic conditions, and mental health.

**Table 3.6.4 Nature Cure Hospital and Yoga Units Annual Report (2022-2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	3.67L	4971
2	2023-24	2.92L	4613
3	2024-25	2.99L	4867

*\* Source - District Data*

### 3.7 Standardization of Institutions

#### 3.7.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Kottayam District, NABH standards are being adopted in ISM institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care. Out of 30 Ayush Health & Wellness Centers, 11 centers have received NABH Entry-Level Certification.

**Table 3.7.1: Table of NABH entry-level accredited institutions**

Sl no	Name of Institution	NABH level
1	GAD PUTHUPALLY	PHASE1
2	GAD NJEEZHOOOR	PHASE1
3	GAD MARANGATTUPALLY	PHASE1
4	GAD NEENDOOR	PHASE1
5	GAD KUTTICKAL	PHASE-2(STAGE 1
6	GAD MADAPALY	PHASE-2(STAGE 1
7	GAD KUMARANELLOOR	PHASE-2(STAGE 1

*\* Source - District Data*

#### 3.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

**Table 3.7.2: List of Institutions which have received the Kayakalp award**

Sl.No	Facility Name	Category	Status of Prize
1	DAH KOTTAYAM	HOSPITAL	Commendation
2	GAD MARAGATTUPPILLY	AHWC	District First
3	GAD PUTHUPPALLY	AHWC	Commendation
4	GAD VAZHAPPALLY	AHWC	Commendation
5	GAD KUMARANALLOR	AHWC	Commendation

*\* Source - District Data*

### **3.8 Ayushman Arogya Mandir - Ayush**

Ayushman Arogya Mandir (AAMA) have been established to strengthen comprehensive primary healthcare delivery through the AYUSH systems of medicine, in alignment with national health priorities. With the assistance of the National AYUSH Mission (NAM), Kerala, existing Government Dispensaries institutions are being upgraded as AAMA to provide promotive, preventive, curative healthcare services. These centres focus on wellness-based interventions, lifestyle modification and Yoga adoption into the public health system. The initiative aims to enhance accessibility, quality, and continuity of AYUSH healthcare services at the community level, while ensuring standardized service delivery across the State.

**List of Institutions upgraded as Ayushman Arogya Mandir (AAM-A) are attached as Annexure 3.8.**

## 3.9 Digital Health

### 3.9.1 NextGen e-Hospital and ABDM activities

NextGen e-Hospital system is implemented by the Department of Indian Systems of Medicine (ISM), Government of Kerala, as part of the state's digital governance and healthcare reform initiatives. Introduced to address long-standing challenges such as overcrowding, manual workflows, and patient waiting time in government AYUSH institutions, the system represents an upgraded, cloud-based Hospital Management Information System fully compliant with the Ayushman Bharat Digital Mission (ABDM).

The NextGen e-Hospital integrates key digital modules including OPD/IPD management, ABHA-based registration, Scan & Share self-registration, e-prescriptions, billing, laboratory and pharmacy services, inventory management, and real-time data capture. Its implementation has significantly improved service efficiency, transparency, coordination among departments, and accuracy of patient records, while reducing registration time from 40–50 minutes to approximately 5 minutes. As of the study period, 240 ISM institutions were operational on the platform, with others in advanced stages of onboarding, and several institutions recognised nationally as ABDM model facilities. The NextGen e-Hospital system has been implemented across multiple districts with varying degrees of coverage. Kottayam has 63 institutions registered in NextGen e-Hospital system, with 10 functioning as e-Hospitals.



**Figure 3.9.1 NextGen e-Hospital and ABDM activities**

### 3.10 Health Infrastructure Development

Health infrastructure development under the ISM Department in Kottayam focuses on strengthening Ayurveda, Siddha, and Naturopathy institutions through building upgrades, improved OP and IP facilities, modernised treatment rooms, and enhanced patient amenities. These initiatives are supported by multiple funding sources, including NAM, LSGD, and MLA/MP LAD funds, enabling better-equipped centres and improved delivery of traditional healthcare services across the district.

#### Fund-wise Utilisation of Completed Projects

- **LSGD Funds** (Plan, Maintenance, Development/CFC, NABH & allied funds):  
₹1,21,17,853

Utilised for the maximum number of projects, including new building construction, dispensary renovations, NABH-related works, compound walls, truss works, flooring, painting, waste management units, and routine maintenance across Ayurveda institutions.
- **District Panchayat Funds:**  
₹1,11,80,993

Mainly utilised for major infrastructure upgrades at District Ayurveda Hospital (DAH), Kottayam, such as lift construction, Panchakarma theatre renovation, ward renovation, X-ray digitalisation, septic tanks, overhead water tank, and essential maintenance works.
- **National AYUSH Mission (NAM) Funds:**  
₹33,00,000

Used for construction of Yoga Centres, infrastructure development, dispensary renovation, and maintenance of yoga halls, strengthening promotive and preventive AYUSH services.
- **Municipality Funds:**  
₹45,50,000

Utilised for maintenance works, compound walls, verandas, ground walls, and renovation of Ayurveda hospitals within municipal limits.

- **Grama Panchayat Funds:**

₹8,56,376

Spent on borewells, solar water heaters, hospital equipment purchase, toilets, ramps, and minor maintenance works addressing local facility needs.

- **Special Scheme Funds:**

- URBAN Fund: ₹50,00,000 – Establishment of AYUSH Wellness Centre/Hospital at Puthuppally
- LSGD – World Bank Fund: ₹45,39,325 – New building construction at GAD Kozhuvanal

A total investment of ₹4,15,44,547 was made for completed health infrastructure projects under the ISM Department, Kottayam. The convergence of LSGD, District Panchayat, NAM, Municipal, Grama Panchayat, and Special Scheme funds enabled comprehensive development of Ayurveda institutions, ranging from major hospital infrastructure and new buildings to essential patient amenities and maintenance works. This fund-wise support has significantly strengthened institutional capacity, improved service quality, and enhanced access to traditional healthcare services across the district.

### 3.11 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in ISM institutions. In Kottayam District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

Out of the total ISM institutions in Kottayam, 11 hospitals are equipped with in-house laboratory facilities, enabling timely diagnostic services and improving the quality of patient care. While a limited number of institutions maintain in-house Laboratory facilities, the majority of institutions are supported through functional laboratory linkages, enabling access to essential diagnostic investigations. Regular ISM demonstrate comparatively higher laboratory availability, whereas APHC-level institutions primarily rely on associated laboratory services. This arrangement ensures that patients receive necessary diagnostic

support despite infrastructural limitations, thereby strengthening service delivery at the institutional level.

### 3.12 Financial Expenditure

During the financial year 2024–25, an amount of ₹7.68 crore was utilised under LSGD Special Projects, Purchase of Equipment, Medicines, Contingencies, and NHM-supported activities across Government Ayurveda Hospitals and Dispensaries in Kottayam district. The expenditure primarily supported medicine procurement, operational contingencies, equipment and furniture purchase, and implementation of special healthcare programmes, ensuring uninterrupted and improved AYUSH service delivery.

The financial performance of the ISM Department over the two financial years demonstrates effective fund utilisation and sound fiscal management. During **2023–24**, an allocation of **₹162.16 lakh** was provided, with **₹99.69 lakh** released and **fully utilised**, reflecting efficient financial execution and strong programme implementation. In **2024–25**, the allocation amounted to **₹147.66 lakh**, of which **₹93.16 lakh** was released. The department incurred an expenditure of **₹89.64 lakh**, achieving a utilisation rate of approximately **96.2%** of the released funds, indicating continued financial discipline with only a marginal unspent balance.

Overall, the expenditure trend highlights consistent commitment to strengthening ISM services and infrastructure development through responsible and effective financial management.

**Table 3.12: Financial Expenditure**

Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure
23-24	162.15803	99.68538	99.68538
24-25	147.65761	93.16275	89.63791

\* Source - Plan space 2.0

### 3.13 Other Activities

#### 3.13.1 Ayurveda Day -Awareness classes and medical camps

In connection with Ayurveda Day 2025 observed under the theme “Ayurveda for People & Planet”, a series of activities including A flash mob and institution level activities were organized across all institutions in Kottayam District . District level inauguration was held on 25/09/2025 at Kottayam and was inaugurated by Hon. Devasom and Co.operative minister Sri V.N. Vasavan and Ayurveda rally by all the employees was flagged of by hon District collector Sri Chethan Kumar Meena.



**Figure 3.13.1 Ayurveda Day celebration**

#### 3.13.2 Yoga Day Celebrations 2025

In connection with Yoga Day 2025 observed under the theme “Yoga for one health and one Earth”, a series of activities including Yoga dance and Quiz programmes and Yoga club level activities were organized in Kottayam District .In Kottayam district, Yoga activities were

actively promoted across multiple Health & Wellness Centers (HWCs). A total of 12 HWCs registered Yoga clubs, with the number of clubs per HWC ranging from 2 to 10. Mass yoga sessions were conducted in most centers, while schools, old age homes, and Buds schools participated in multiple targeted sessions.



**Figure 3.13.2 Yoga day celebrations**

### **3.14 Conclusion**

The comprehensive assessment of the Department of Indian Systems of Medicine (ISM) in Kottayam District reflects a well-structured, efficiently functioning and people-centric healthcare system deeply integrated into the public health framework of Kerala. The district demonstrates a robust institutional network consisting of 80 ISM facilities, including hospitals, dispensaries, Ayush Primary Health Centres and Ayushman Arogya Mandirs, ensuring extensive coverage across urban and rural areas and enabling equitable access to traditional healthcare services.

The strong human resource base, with high levels of staff occupancy across medical, paramedical, administrative and support categories, ensures uninterrupted and quality service delivery. The substantial beneficiary load handled monthly by ISM hospitals, dispensaries and APHCs highlights the continued public trust in Ayurveda and allied systems for both curative and preventive healthcare. Speciality projects such as Punarnava, Snehadhara, Geriatric Care, Koumarabhrithyam, Prasoothithanthra, Yoga, Nature Cure and Drishti have significantly enhanced health outcomes among vulnerable groups including the elderly, women, children, post-stroke patients and those with chronic lifestyle diseases.

Quality assurance initiatives such as NABH accreditation, Kayakalp awards and the systematic expansion of Ayushman Arogya Mandirs have further strengthened service standards, patient safety and institutional performance. The successful implementation of the NextGen e-Hospital system and ABDM-compliant digital services marks a major milestone in modernising ISM healthcare delivery, improving operational efficiency, transparency and patient experience.

The district has also demonstrated exemplary progress in infrastructure development through effective convergence of funds from LSGD, NAM, District Panchayat, Local Bodies and special schemes, resulting in upgraded hospital buildings, improved treatment facilities, enhanced patient amenities and strengthened institutional capacity. Financial investment, laboratory support systems and continuous public health outreach activities, including Ayurveda Day and Yoga Day programmes, further consolidate the district's commitment to holistic, preventive and sustainable healthcare.

Overall, the ISM sector in Kottayam District stands as a model of integrated, community-responsive and future-ready healthcare delivery. With sustained policy support, continued digital transformation, and expansion of preventive and wellness-based programmes, the district is well positioned to contribute significantly to Kerala's vision of comprehensive, inclusive and resilient public health through Indian Systems of Medicine

## Chapter 4

### DEPARTMENT OF HOMOEOPATHY FACILITIES & SERVICES

#### 4.1 Introduction

Kottayam District, located in the central region of Kerala, is distinguished by its unique geographical, cultural, and socio-economic characteristics. Bordered by the lofty Western Ghats to the east and the Vembanad Lake along with the paddy fields of Kuttanad to the west, the district encompasses a diverse landscape of panoramic backwaters, fertile plains, highlands, hills, and hillocks. Extensive rubber plantations, rich literary and cultural heritage, and a fully literate population have earned Kottayam the celebrated title of “the land of letters, legends, latex, and lakes.”

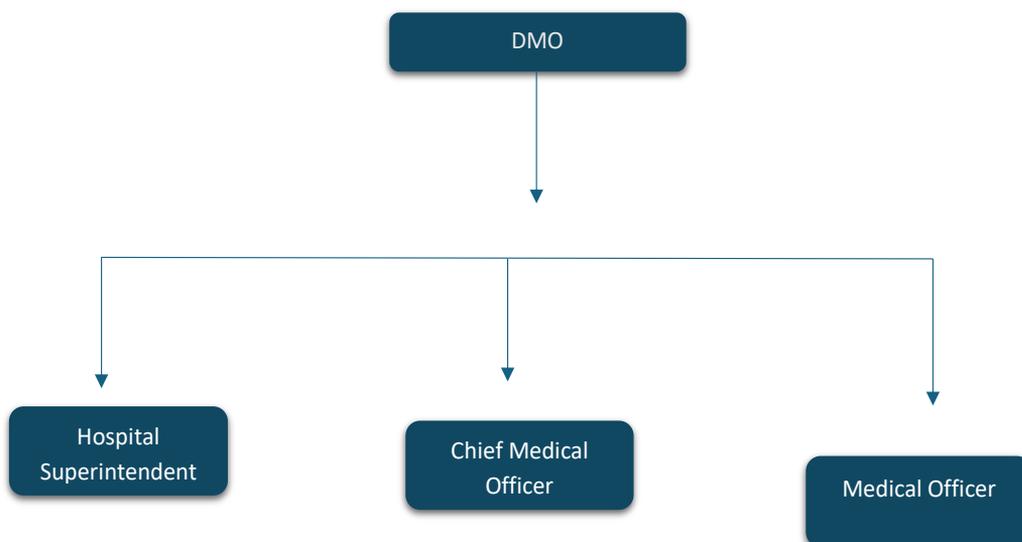
The district’s varied topography and occupational patterns give rise to a broad spectrum of health concerns, including lifestyle disorders, musculoskeletal conditions, stress-related illnesses, and environment-related health issues. In this context, the Department of Homoeopathy in Kottayam District plays an important role in addressing the diverse healthcare needs of the population through holistic, preventive, and patient-centred approaches. By integrating clinical care with community-based programmes and disease prevention strategies, Homoeopathy contributes significantly to strengthening public health services in a district marked by educational advancement, agricultural activity, and ecological diversity.

#### 4.2 Administration

The administration of the Department of Homoeopathy in Kottayam District is responsible for ensuring the efficient functioning of all homoeopathic institutions, including dispensaries, hospitals, and specialised centres operating under the department. The administrative framework focuses on effective coordination of healthcare services, supervision of medical and administrative staff, timely supply of essential medicines, and maintenance of necessary equipment and infrastructure. Continuous monitoring of service delivery, implementation of government policies and programmes, and adherence to quality and safety standards form key components of the district-level administration. The department also undertakes periodic inspections, reviews performance indicators, and

initiates appropriate corrective measures to improve patient care, institutional efficiency, and public accessibility. Through these sustained administrative efforts, the Department of Homoeopathy aims to enhance the overall health services provided to the community in Kottayam District.

#### 4.2.1 District Administration of the Department



#### 4.2.2 District Medical Office Profile

**Table No: 4.2.2: District Medical office Profile**

Post	Office Address	Office Number	Mail id
District Medical officer	District Medical Office (Homoeo) District Homoeo Hospital Building, SH Mount P.O, Kottayam, Pin - 686006	0481-2583516 Mob : 7306433258	dmohomoeoktm@kerala.gov.in

\* Source - District Data

### 4.2.3 Structure of DMO office

**Table No: 4.2.3: Structure of DMO office**

Sl no	Post	Number
1	District Medical officer	1
2	Senior Superintendent	1
3	Clerk	3
4	Office Attendant	1
5	Typist	1

*\* Source - District Data*

### 4.3 Infrastructure Profile of the District

In Kottayam District, the Department of Homoeopathy operates a total of 82 government health institutions, forming a strong and accessible homoeopathic healthcare network. The district has 3 Government Homoeopathy Hospitals with a sanctioned bed strength of 175, providing inpatient and outpatient services. Additionally, 35 Government Homoeopathy Dispensaries offer primary homoeopathic care across various urban and rural areas. The service delivery is further strengthened by 19 Ayushman Arogya Mandirs, 25 Ayush primary health Care Centres which focus on improving healthcare access for underserved and vulnerable populations. Through this extensive institutional network, the Department of Homoeopathy ensures comprehensive, equitable, and community-oriented healthcare services throughout Kottayam District.

Out of these, 8 institutions are NABH-accredited and 14 have been upgraded to Government Model Homoeopathy Dispensaries. Digital transformation has been achieved in 60 institutions through AHiMS 2.0.

#### 4.3.1 Details of Facilities

The district has a total of 82 homoeopathic health facilities functioning under the department. This includes one District Homoeopathic Hospital and two other Homoeopathic

Hospitals, which provide secondary and referral services. Primary healthcare is delivered through 35 Government Homoeo Dispensaries, 19 Ayushman Arogya Mandirs, 25 Ayush Primary Health Centres, ensuring wide coverage and easy accessibility of homoeopathic services across the district.

**Table No: 4.3.1: Details of Homoeopathic health facilities**

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Govt. Homoeopathy Hospital	2
2	Govt. Homoeo Dispensary	35
3	Ayushman Arogya Mandir	19
4	Ayush Primary Health Centre	25
	<b>Total</b>	<b>82</b>

*\* Source - District Data*

**Details of Homoeopathic facilities are attached as Annexure 4.3.1**

#### **4.3.2 Health Facilities in Urban and Rural Areas**

Out of the 82 homoeopathic health facilities functioning in the district, 8 are located in urban areas and 74 in rural areas, indicating strong rural outreach. The District Homoeopathic Hospital and other one hospitals are situated in urban areas, while one Govt. Homoeopathy Hospital situated in Rural area. Among primary-level institutions (Government Homoeo Dispensaries and Ayushman Arogya Mandirs) 4 are situated in urban areas, 50 are situated in rural areas. 23 of the 25 AYUSH Primary Health Centres are located in rural areas. This distribution highlights the department's focus on ensuring accessible homoeopathic healthcare services, particularly in rural regions.

**Table No: 4.3.2: Health Facilities in Urban and Rural Areas**

Sl no	Type of Health Institution /Facility	Total no: in the district	Urban	Rural
1.	District Hospital	1	1	0
2.	Govt. Homoeopathy Hospital	2	1	1
3.	Govt. Homoeo Dispensary including Ayushman Arogya Mandir (AYUSH)	54	4	50
4.	Ayush Primary Health Centre	25	2	23
	<b>Total</b>	<b>82</b>	<b>8</b>	<b>74</b>

\* Source - District Data

#### 4.3.3 Hospital Details based on Bed Strength

Kottayam District has a total of three government hospitals with an overall bed strength of 175 beds. This includes one 125-bedded hospital and two 25 bedded hospital distributed across the district. While each hospital functions with moderate capacity, together they play a significant role in ensuring the availability of inpatient homoeopathic care. These hospitals collectively support the delivery of essential healthcare services, improving access to treatment and strengthening the district's public homoeopathic healthcare system.

**Table No: 4.3.3: Hospital Details based on Bed Strength**

Sl no	Hospitals based on bed strength	Hospital number	Bed strength
1	Govt. Hospital (125 Bedded)	1	125
2	Govt. Hospital (25 Bedded)	2	50
	<b>Total No. of Beds/ Hospitals</b>	<b>3</b>	<b>175</b>

\* Source - District Data

#### **4.4 Human Resource Profile of the District**

The Department of Homoeopathy in Kottayam District is supported by a well-structured human resource framework comprising medical, paramedical, administrative, and Class IV staff across Government Homoeopathy institutions, ensuring effective delivery of healthcare services. The majority of sanctioned medical and paramedical posts in Government institutions, including Hospital Superintendents, Chief Medical Officers, Medical Officers and supporting staff, are fully maintained, enabling uninterrupted clinical services. Additional human resources with support from the National AYUSH Mission (NAM) through contractual appointments and programme-based staffing support are being utilized for effective health care service delivery through the hospitals. Though key operational posts such as pharmacists, nursing staff, and support personnel are largely in position, a limited number of vacancies persist in selected categories, particularly in nursing and Class IV cadres. Overall, the existing human resource availability are optimally utilized to provide a strong foundation for service delivery, with continued efforts underway to address remaining gaps and strengthen institutional efficiency and patient care.

AYUSH Primary Health Centres (APHCs) function with a single Medical Officer deployed by the National Health Mission (NHM) on a contract basis, with supporting staff provided by the respective Local Self Government Institutions (LSGIs).

##### **4.4.1 Availability of Medical Professionals**

A total of 66 medical professional posts have been sanctioned in the district, and 61 posts are filled. This includes administrative, supervisory, and clinical positions such as District Medical Officer, Hospital Superintendents, Chief Medical Officers, Medical Officers, and Resident Medical Officers.

Service of Medical Officers under NHM and NAM are also being utilized for the health care delivery in the district.

**Table No: 4.4.1: Details of Medical Professionals under the DH /NAM/NHM in the District**

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the DH				
1	Administrative (District Medical officer)	1	1	0
2	Hospital Superintendent	3	3	0
2	Chief Medical officer	9	9	0
3	Medical officer	50	47	3
4	Resident Medical officer	3	2	1
	<b>Total</b>	<b>66</b>	<b>62</b>	<b>4</b>
Medical Officers Under NAM/ NHM				
1	Medical officer (NHM)	32	32	0
2	Medical officer (NAM)	21	21	0
	<b>Total</b>	<b>53</b>	<b>53</b>	<b>0</b>
	<b>Grand Total</b>	<b>119</b>	<b>115</b>	<b>4</b>

\* Source - District Data

#### 4.4.2 Number and Distribution of Health Care Professionals

The district demonstrates **strong manpower coverage across core service areas**, though **strategic recruitment is required in nursing, pharmacy and certain support roles** to further strengthen service delivery and operational efficiency.

**Table 4.4.2.1- Details of Paramedical posts Sanctioned under the DH in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Nursing Superintendent	1	1	0
2.	Nurse	16	16	0
3.	Nursing Assistant	15	14	1
4.	Pharmacist	47	44	3
5.	Dispenser	10	10	0
6.	Attender	39	39	0
7.	Lab Attender	1	1	0
8.	Laboratory technician	1	1	0

*\* Source - District Data*

**Table 4.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the Department of Homoeopathy in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1.	District Medical Officer	1	1	0
2.	Senior Superintendent	1	1	0
3.	Lay Secretary	1	1	0
4.	Clerk	7	7	0
5.	Clerk Typist	1	1	0
6.	Typist	1	1	0

*\* Source - District Data*

**Table 4.4.2.3- Details of other posts Sanctioned under the DH in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1	Office Attendant	7	7	0
2	Class IV Attender	1	0	1
3	Cleaner	5	4	1
4	Cook	4	4	0
5	Night watcher	1	1	0
6	Sweeper Cum Peon	9	4	5
7	Watcher cum sweeper	1	1	0
8	Sanitation Worker	1	1	0
Other Supporting Staff				
1	Part Time Sweeper	24	24	0

\* Source - District Data

#### 4.5 Beneficiary Details

The following tables present the beneficiary coverage of Homoeopathy health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

##### 4.5.1 Hospital

Kottayam District Homoeo Hospital reports an average monthly OPD of 5130 and an IPD of 53 with a total bed strength of 25, while. Pala Government Homoeo Hospital has records an average OPD 3630 and an IPD of 115 also supported by 25 beds. Kurichy Government Homoeo Hospital has the highest OPD of 4950 and IPD of 177 with 125 beds.

**Details of Beneficiary details in Hospitals are attached as Annexure 4.5.1**

##### 4.5.2 Dispensaries

Kottayam District has 54 Government Homoeopathy Dispensaries with average monthly OP ranging from about 250 to over 1,400 per unit, indicating widespread utilisation of Homoeopathy services. High attendance at centres such as Chirakkadavu, Erattupetta, Mundakayam, Thalayolapparambu, Poonjar-Thekkekkara and Kumarakam reflects strong community dependence for management of chronic, allergic, respiratory, skin and paediatric conditions. The uniform OP load across the district demonstrates good accessibility and acceptance of Homoeopathy under the State and National AYUSH Mission.

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**Details of Beneficiary in Govt Homoeo Dispensaries are attached as annexure 4.5.2**

### **4.5.3 AYUSH PRIMARY HEALTH CENTRE dispensaries & SCP dispensaries**

Kottayam District has 25 AYUSH Primary Health Centres and SCP dispensaries with average monthly outpatient attendance ranging from about 525 to over 1,500 per centre. Very high utilisation is observed in Vaikom, Arpookkara, Chempu, Kottikkal and Thidanad APHCs, each serving more than 1,300 beneficiaries per month, indicating their role as major primary-level AYUSH service units. Most centres record OP loads between 800 and 1,200, reflecting consistent community dependence on AYUSH services for preventive, promotive and curative care. The overall utilisation pattern demonstrates good accessibility and acceptance of AYUSH services across the district under the State and National AYUSH Mission.

**Details of Beneficiary in Ayush Primary Health Centre dispensaries & SCP dispensaries are attached as annexure 4.5.3**

### **4.6 Public Health Programmes**

The Department of Homoeopathy conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

#### **4.6.1 Gender Based Projects- Women - Seethalayam**

**Seethalayam** is the first gender-based project of the Department of Homeopathy. The project aims to ensure the mental, physical, and emotional health of women especially domestic violence victims and suggest solutions for the difficulties they face. A unique feature of this project is that all staff members are women. It provides homeopathic treatment along with individual and family counseling.

Since its inception, Seethalayam has gained immense popularity through its unique operational style, awareness classes, and medical camps. It offers treatment for women facing marital issues, workplace problems, domestic violence, sexual exploitation, anxiety, suicidal tendencies, and depression. Services are also extended to other family members. The project collaborates with the Social Justice Department, Women's Cell, Women's Commission. Monthly visits are conducted to women's prisons and destitute

homes.

**Objectives:**

- To ensure the mental, physical, and emotional health of women.
- To provide knowledge regarding women’s rights and laws.
- To facilitate rehabilitation for the destitute and the neglected.

**Table 4.6.1: Beneficiary details of Seethalayam project**

Year	Op			Counselling		
	New	Old	Total	New	Old	Total
2023-24	482	2287	2769	61	172	233
2024-25	224	1884	2108	273	189	462

*\* Source - District Data*

#### 4.6.2 Punarjani

Punarjani is a de-addiction treatment clinic that has been functioning since 2012 as a sub-clinic of the Seethalayam project. It was established after observing that many women seeking help at Seethalayam were suffering from domestic violence and mental stress caused by substance abuse (alcohol and drugs) among the men in their families. The project provides homoeopathic treatment and counselling for patients addicted to alcohol, drugs and smoking.

**Objectives:**

- To treat patients with addiction.
- To conduct awareness classes for adolescents and youth regarding health issues and social crises caused by substance abuse.
- To utilize a treatment method that minimizes withdrawal symptoms

- To extend counseling to other family members of patient

**Table 4.6.2: Beneficiary details of Punarjani project**

Year	New Cases	Old cases	Total cases
2023-24	87	179	266
2024-25	80	155	235

*\* Source - District Data*

### 4.6.3 Janani

The **Janani** project by the Department of Homeopathy offers hope in the field of infertility treatment with simple, side-effect-free medicines. The project effectively treats both male and female infertility, including conditions like PCOD, menstrual disorders, Fallopian tube blocks, hypothyroidism, uterine fibroids, and low sperm count/motility. Diagnostic tools like ultrasound and follicular studies are also being utilised.

**Table 4.6.3: Beneficiary details of Janani project**

	New Case	Old Case	Cumulative Pregnancy	Cumulative Child Birth
2023-24	301	2174	418	276
2024-25	290	1841	455	299

*\* Source - District Data*

### 4.6.4 Sadgamaya

Sadgamaya is the child and adolescent-centric project of the Department of Homoeopathy. It aims at attaining overall wellness encompassing physical, mental, emotional, and social

aspects, with specific attention to issues related to behavioural, cognitive, or educational challenges.

### Objectives

- Identify behavioural, scholastic, psychological and physical problems of children and adolescents.
- Impart awareness for parents, children, teachers and the general public on learning disabilities and behavioural problems.
- Provide homoeopathy treatment for behavioural and learning disabilities.
- Service of special education teachers is available in each unit, who train the patients in special learning methodologies.
- Provide behavioural management, treatment and counselling for children and adolescents.

### Beneficiaries

- Neurodevelopmental & Behavioural Disorders
  - Autism Spectrum Disorders
  - Attention Deficit Hyperactivity Disorder (ADHD)
  - Learning Problems and Learning Disabilities (e.g., dyslexia, slow learning)
  - Developmental Delays
  - Behavioral disorders (e.g., oppositional, conduct issues)
  - Impulsive and conduct-related behaviours
- Cognitive, Emotional & Psychiatric Issues
  - Depressive disorders / Persistent Depressive Disorder
  - Anxiety, fears and emotional dysregulation
  - Obsessive-Compulsive Disorder (OCD)
  - Speech and language disorders
  - Scholastic backwardness / difficulties in reading, writing, calculation
- Other Challenges Addressed
  - Social withdrawal and lack of concentration
  - Substance abuse and addictive behaviours (including gadget addiction)

- Sexual abuse and related emotional trauma
- Behavioural issues like kleptomania
- Mental stress and maladaptive coping behaviours
- Mild to moderate intellectual challenges
- Social media addiction and game addictions

**Table 4.6.4: Beneficiary details of Sadgamaya project**

Year	New	Old	Total
2023-24	277	2410	2687
2024-25	328	2650	2978

*\* Source - District Data*

#### 4.6.5 Ayushmanbhava

The Ayushman Bhava project was launched in 2012.. Non-communicable diseases (NCDs)/ lifestyle diseases are becoming a major health concern in society, and the World Health Organization has issued warnings to all nations regarding this issue. In response, various committees established by the government have decided to utilize the potential of all medical systems to address the social breakdown caused by NCDs, across the country and particularly in Kerala.

##### Objectives

- Providing treatment for NCDs through homoeopathy and consultation of naturopathy for healthy life style through dietary regulations along with yoga practice.
- To offer treatment for complications arising from lifestyle diseases and to empower individuals to overcome disabilities caused by these complications.
- Creating awareness among the population in preventive and promotive health care.
- Making treatment affordable and accessible to the public.

**Table 4.6.5: Beneficiary details of Ayushmanbhava project**

Year	New Cases	Old Cases	Grand Total
2023-24	238	3506	3982
2024-25	331	3521	3852

*\* Source - District Data*

#### 4.6.6 Geriatric Care

The Geriatric Speciality unit in the Department of Homoeopathy aims to provide holistic healthcare solutions for the elderly population. With increasing life expectancy, the demand for specialized geriatric care has grown substantially.

Homoeopathy offers a gentle, non-invasive, and effective health care system to address multifaceted health concerns of older adults, enhancing their quality of life.

#### Objectives

- To provide comprehensive healthcare to the elderly population through Homoeopathy.
- To promote healthy ageing by addressing chronic and age-related conditions.
- To offer preventive care and improve the overall well-being of elderly.
- To create awareness regarding lifestyle modifications for the elderly.
- To enhance Geriatric Care with Physiotherapy services.
- To provide palliative care and support for age-related degenerative diseases

**Table 4.6.6: beneficiary details of Geriatric project**

Year	New Cases	Old Cases	Grand Total
2023-24	6010	6247	12257
2024-25	6809	6444	13253

*\* Source - District Data*

## 4.6.7 Palliative Care

### Introduction

The global demand for palliative care is rising due to the increasing number of patients with chronic and terminal illnesses. In India, approximately 2% of patients fall within the scope of palliative care. Kerala was the first state in India to implement a 'Pain and Palliative Policy' in 2008. Following this initiative, the Kerala State Department of Homoeopathy launched the Pain & Palliative Project in 2016-2017, based on various government directives and circulars.

### Need for Palliative Care

The rising burden of chronic, incurable conditions such as cancer, degenerative disorders, and geriatric illnesses underscores the need for comprehensive palliative care services. The Palliative Project of Department of Homoeopathy is designed to alleviate suffering among patients and their families by addressing physical, mental and psychosocial challenges while enhancing overall quality of life. The program emphasizes the delivery of effective, side effect free and cost - efficient health care through Homoeopathy, with a focus on relief from pain and other distressing physical symptoms associated with chronic diseases. Integrated efforts with volunteer organizations and allied departments support community awareness initiatives and coordinated geriatric - palliative care services. The project provides home visits, as well as medical and nursing care for bedridden patients.

### Implementation Approach

Implementation operates at two levels:

Primary Palliative Care through home visits delivered by primary palliative care centres functioning in Dispensaries/ Ayush Primary Health Centres

Secondary Palliative Care through weekly Palliative Outpatient services , Inpatient Care and home visits delivered by secondary centres in district hospital

**Table 4.6.7: Beneficiary details of Palliative project**

Year	OP- New Cases	OP Follow up Cases	IP	No Of Home care visits- Primary	No Of Home care patients- Primary	No Of Home care visits- Secondary	No Of Home care patients- Secondary
2023- 24	392	1453	28	664	4450	45	217
2024- 25	346	1273	70	779	5497	76	300

\* Source - District Data

#### 4.6.8 Projects and Institutions.

**Table 4.6.8: Table of details of Plan Projects**

Sl. No.	Name of the Programme	Institution Where Implemented	Days of functioning
1	Ayushman Bhava	District Homoeopathy Hospital, Kottayam	Monday to Saturday
2	Sadgamaya	District Homoeopathy Hospital, Kottayam	Monday to Saturday
3	Pain & Palliative Care	District Homoeopathy Hospital, Kottayam	Wednesdays
4	Geriatric Care Unit	District Homoeopathy Hospital, Kottayam	Monday to Saturday

5	Seethalayam	Government Homoeopathy Hospital, Kurichy	Monday to Saturday
6	Janani	Government Homoeopathy Hospital, Kurichy	Monday to Saturday
7	Punarjani	Government Homoeopathy Hospital, Kurichy	Thursdays

\* Source - District Data

#### 4.6.9 Local Body Specific Initiatives

Through the Local Self Government Institutions (LSGIs), the Department of Homoeopathy has initiated various projects to address specific local public health issues within their respective jurisdictions. Under these initiatives, Homoeopathy institutions functioning under local bodies implement targeted health programmes using LSG plan funds, in addition to their regular clinical services. These locally designed interventions focus on area-specific health needs and emerging public health concerns. Such additional services play a vital role in strengthening community- based healthcare delivery and are essential for effectively meeting the healthcare requirements of the local population.

**Table 4.6.9: Table of details of LSGD projects**

Sl. No.	Name of the Programme	Institution Where Implemented	Days of functioning
1	Urinary Stone Clinic	Government Homoeopathy Hospital, Kurichy	1st & 3rd Fridays
2	Pain & Palliative Care	Government Homoeopathy Hospital, Kurichy	Fridays

3	Thyroid(Special Clinic)	Government Homoeopathy Hospital, Kurichy	Monday, Wednesday & Thursday
4	Skin OPD (Special Clinic)	Government Homoeopathy Hospital, Kurichy	Mondays
5	Diabetic OPD (Special Clinic)	Government Homoeopathy Hospital, Kurichy	Mondays
6	Pediatric OPD (Special Clinic)	Government Homoeopathy Hospital, Kurichy	Tuesday & Saturday
7	Neuro OPD (Special Clinic)	Government Homoeopathy Hospital, Kurichy	Wednesday
8	Cancer OPD (Special Clinic)	Government Homoeopathy Hospital, Kurichy	Wednesdays
9	Uterine Fibroid Clinic	Government Homoeopathy Hospital, Pala	2nd & 4th Wednesdays
10	Urinary Stone Clinic	Government Homoeopathy Hospital, Pala	1st & 3rd Wednesdays
11	Allergy & Asthma	Government	All Tuesdays

	(Special Clinic)	Homoeopathy Hospital, Pala	
12	Pediatric OPD (Special Clinic)	Government Homoeopathy Hospital, Pala	All Saturdays
13	Skin OPD (Special Clinic)	Government Homoeopathy Hospital, Pala	All Fridays
14	Varicose Vein OPD (Special Clinic)	Government Homoeopathy Hospital, Pala	All Thursdays
15	Pain & Palliative Care (Santhwanam)	Government Homoeopathy Hospital, Pala	Mondays
16	Uterine Fibroid Clinic	District Homoeopathy Hospital, Kottayam	2nd & 4th Wednesdays
17	Urinary Stone Clinic	District Homoeopathy Hospital, Kottayam	1st & 3rd Wednesdays

\* Source - District Data

## 4.7 Standardisation of Institutions

### 4.7.1 NABH - Entry-level certification

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Kottayam District, NABH standards are being adopted in homoeopathy institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

**Table 4.7.1: Table of NABH entry-level certified institutions**

Sl No	Name of Institution
1	Govt Homoeo Dispensary Moonnilavu
2	Govt Homoeo Dispensary Mannanam
3	Govt Homoeo Dispensary Madappally
4	Govt Homoeo Dispensary Udayanapuram
5	Govt Homoeo Dispensary Koottummel
6	Govt Homoeo Dispensary Kumarakom
7	Govt Homoeo Dispensary Kanakkari
8	Govt Homoeo Dispensary Neendoor

*\* Source - District Data*

#### **4.7.2 Kayakalp**

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

**Table 4.7.2: List of Institutions which have received the Kayakalp award**

Sl.No	Facility Name	Category	Status
1	GHH Kurichy	Sub District Hospital	1st Prize
2	Govt.Homoeopathy Dispensary Kanakkari	AHWC	1st Prize
3	Govt.Homoeopathy Dispensary Madappally	AHWC	Commendation
4	Govt.Homoeopathy Dispensary Manarcad	AHWC	Commendation
5	Govt.Homoeopathy Dispensary Neendoor	AHWC	Commendation

\* Source - District Data

### 4.7.3 Model Dispensary

Model dispensaries serve as an effective mechanism for standardizing healthcare service delivery across homoeopathy institutions. Dispensaries with a consistently high volume of Outpatient (OP) attendance are identified and selected for upgradation as Model Dispensaries, ensuring optimal utilization of resources and maximum public benefit. The upgradation is implemented in a phased manner, focusing on improvements in infrastructure, manpower support, service delivery systems, and patient amenities. This

initiative is supported through consistent financial assistance from the Plan budget, enabling sustained quality enhancement and uniform service standards across selected institutions.

**Table 4.7.3: List of institutions upgraded as model dispensary**

SL No.	Institution
1.	Govt Homoeopathic Dispensary Thalyolapparampu
2.	Govt Homoeopathic Dispensary Mulakkulam
3.	Govt Homoeopathic Dispensary Ayimanam
4.	Govt Homoeopathic Dispensary Pravithanam
5.	Govt Homoeopathic Dispensary Thrikkodithanam
6.	Govt Homoeopathic Dispensary Udhayanapuram
7.	Govt Homoeopathic Dispensary Manarcad
8.	Govt Homoeopathic Dispensary Punnathara
9.	Govt Homoeopathic Dispensary Meenachil
10.	Govt Homoeopathic Dispensary Mannanam
11.	Govt Homoeopathic Dispensary Neendoor
12.	Govt Homoeopathic Dispensary Kumarakam

13.	Govt Homoeopathic Dispensary Pampadi
14.	Govt Homoeopathic Dispensary Kanakary

*\* Source - District Data*

#### **4.8 Ayushman Arogya Mandir (AYUSH)**

Ayushman Arogya Mandir (AYUSH) represents a people-centred initiative aimed at strengthening accessible, affordable, and holistic primary healthcare services across the community. These centres integrate the principles and therapeutic strengths of Ayurveda, Yoga & Naturopathy, Unani, Siddha, Sowa-Rigpa, and Homoeopathy to promote wellness, disease prevention, and comprehensive care.

Functioning as the first point of contact for individuals and families, Ayushman Arogya Mandirs provide outpatient care, health promotion, lifestyle counselling, management of common ailments, and support for chronic disease management through AYUSH systems. The focus remains on preventive and promotive healthcare, encouraging healthy living practices and early intervention to reduce the burden of disease.

By combining traditional knowledge with organized public health delivery, Ayushman Arogya Mandir (AYUSH) contributes significantly to the national vision of Universal Health Coverage. These centres play a key role in extending quality AYUSH healthcare to rural and urban populations alike, ensuring continuity of care while preserving India's rich heritage of holistic healing.

**List of Institutions upgraded as Ayushman Arogya Mandir (AYUSH) are attached as Annexure 4.8**

#### **4.9 Temporary Dispensary**

Temporary Homoeo Dispensaries are established during major festival seasons. The units which operate at Kottayam district are Ettumanoor Mandalam-Makaravilakku & Pala-Kadappattoor Mahadeva Temple Mandala-Makaravilakku.

## 4.10 Digital Health

### 4.10.1 AHiMS - AYUSH Health Information Management System

The Ayush Homoeopathy Information Management System (AHiMS) is the official Information Management System implemented by the Department of Homoeopathy to digitize and streamline the clinical, administrative, and institutional functions of Homoeopathy healthcare facilities across the State.

AHiMS Version 1 (AHiMS 2.0) was introduced in 2019 as the foundational digital platform. This version primarily focused on the collection and consolidation of numerical and institutional data related to core operations such as OP/IP statistics, asset management, medicine indenting, Plan and Non-Plan fund management, basic reporting, and institutional profile data. AHiMS 1.0 established a standardized digital workflow across Homoeopathy institutions and enabled centralized data availability for effective monitoring, reporting, and policy-level decision-making. The software received Second Prize in the eHealth – e Medicine category of the State e-Governance Awards for the years 2019–20 and 2020–21, recognizing its contribution to digital health governance.

AHiMS Version 2 (AHiMS 2.0), launched in 2023, represents a significantly enhanced and expanded phase of the system. In addition to strengthening the unique Homoeopathy Hospital Management System—the only such digital solution in the country covering more than 1,100 Homoeopathy institutions—Version 2 introduced advanced administrative and governance-oriented modules. A major addition is the comprehensive Establishment / HR module, which covers employee service details, recruitment, probation, service history, disciplinary proceedings, and document management. The upgraded version also supports improved internal governance, better data integrity, and expanded operational modules including accounts, stock management, institutional administration, and system-level controls. Overall, AHiMS 1.0 laid the digital foundation, while AHiMS 2.0 evolved the platform into a comprehensive, integrated management system, supporting both healthcare service delivery and administrative efficiency in the Homoeopathy sector.

All the Government Homoeopathy institutions in Kottayam District are actively delivering digital health services through the AHiMS. Key functional areas including patient

registration, clinical documentation, and service reporting are being carried out digitally across institutions. Medicine stock management in both Government Homoeopathy institutions and AYUSH Primary Health Centres (AYUSH PRIMARY HEALTH CENTRES) has been fully digitalised, ensuring accurate tracking of stock availability, consumption, and distribution. The medicine procurement process is now 100% online, enabling transparent monitoring of indents, purchase orders, supply status, and delivery timelines. These digital processes are supported by real-time dashboards accessible to the District Medical Officer (DMO), facilitating effective oversight, data-driven decision-making, and improved efficiency in medicine supply chain management.

#### 4.10.2 ABDM activities

In connection with ABDM activities in Kottayam District, **100% Health Facility Registry (HFR) creation has been achieved**, with all **82 health facilities successfully registered**. In addition, **49 Health Professional Registries (HPRs)** have been created out of **114 eligible health professionals (43%)**, reflecting substantial progress in onboarding healthcare providers onto the ABDM ecosystem. Continuous efforts are underway to complete the remaining HPR registrations to ensure full compliance and seamless digital health data exchange across the district.

#### 4.11 Medicine Availability & Logistics

LSGD has allocated Rs. 7575215/- for medicine purchases specifically for homoeopathy institutions in Kottayam district. This allocation falls under LSGD's health sector initiatives, enabling timely purchases

#### 4.12 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in homoeopathy institutions. In Kottayam District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

**Table 4.12.1 : Laboratory facilities in Institutions**

SL No	Name of Institution
1	Govt Homoeo Hospital, Kottayam
2	Govt Homoeo Hospital, Kurichy
3	Govt Homoeo Hospital , Pala

\* Source - District Data

**Table 4.12.2 Ultra sound facilities in institutions**

SL No	Name of Institution
1	Govt Homoeo Hospital, Kurichy

\* Source - District Data

### 4.13 Financial Expenditure

In Kottayam District, an amount of ₹111.13 lakhs was allocated and fully released under the AYUSH programme during 2023–24, of which ₹109.39 lakhs was utilised. During 2024–25, a total of ₹53.12 lakhs was allocated and fully released, with expenditure amounting to ₹53.12 lakhs, indicating almost 100% utilisation.

Overall, the financial data reflect efficient fund management in Kottayam District, with full release of sanctioned amounts and consistently high levels of expenditure across both years, demonstrating effective implementation of AYUSH programme activities.

**Table 4.13: Financial Expenditure**

District	Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure
Kottayam	2023-24	111.12594	111.12594	109.38634
Kottayam	2024-25	53.11662	53.11662	53.1166

\* Source - District Data

#### 4.14 IEC Activities



**Figure 4.14.1 Janani Kudumbasangamam**



**Figure 4.14.2 AHWC Kanakkari**



**Figure 4.14.3 Model dispensary Neendoor**



Figure 4.14.4 Sadgamaya camp



Figure 4.14.5 Karunya Camp



**Figure 4.14.6 Seethalayam Camp**

## Chapter 5

### NATIONAL AYUSH MISSION KERALA

#### SERVICES

#### 5.1 Introduction

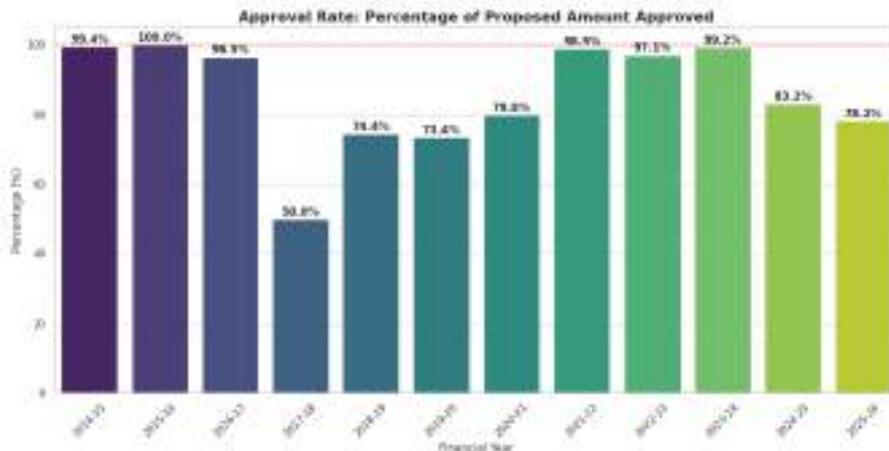
National AYUSH Mission is a Centrally Sponsored Scheme under the Ministry of AYUSH. The government of India launched National AYUSH Mission (NAM) during the 12th plan in 2014. In Kerala, NAM started activities in 2015. The aim of NAM is to mainstream AYUSH Systems into health care services, to develop evidence-based AYUSH management protocol through scientific documentation and to ensure the accessibility of quality AYUSH services. Regarding the funding pattern, 60% share is provided by the Central Government and 40% is provided by the State Government.

The vision is to provide cost-effective, equitable, and accessible AYUSH healthcare across the country by strengthening service delivery systems and improving access to quality care. It emphasizes the integration of preventive and promotive healthcare approaches within primary health services, while promoting a holistic wellness model grounded in AYUSH principles and practices. In addition, the vision seeks to enhance AYUSH educational institutions to ensure the delivery of high-quality education and the development of competent professionals to support the growth of the AYUSH sector.

The objective is to ensure the availability of AYUSH healthcare services across the country by strengthening and improving AYUSH healthcare infrastructure and service delivery. It aims to establish a holistic wellness model through AYUSH Health and Wellness Centres with a strong focus on preventive and promotive healthcare based on AYUSH principles and practices, thereby reducing disease burden and out-of-pocket expenditure. The approach also seeks to provide informed choices to the public through the co-location of AYUSH facilities at Primary Health Centres, Community Health Centres, and District Hospitals, promoting medical pluralism. Further, it emphasizes the role of AYUSH in public health in alignment with the National Health Policy (NHP) 2017.

### 5.1.1 National Ayush Mission – Funding Approval Analysis

The analysis highlights the financial growth pattern, approval efficiency and year-wise variations to support planning, monitoring and future programme strategy formulation.



**Figure 5.1.1.1 Funding Approval Analysis**

Figure 5.1.1.1 illustrates the year-wise comparison of Resource Envelope, Amount Proposed and Amount Approved under the National AYUSH Mission. The chart indicates a progressive increase in financial allocations over the years, reflecting expansion of programme scope and implementation scale.

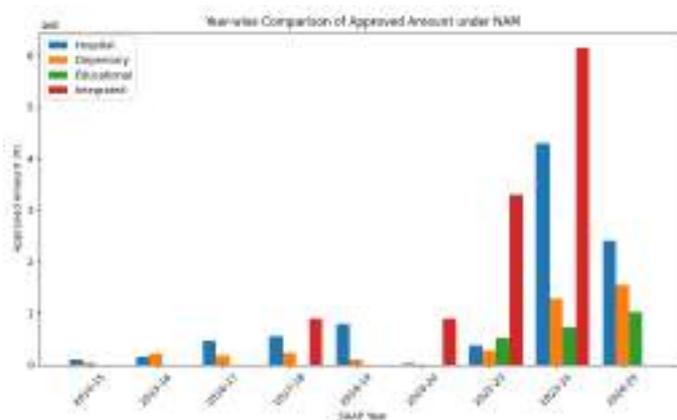


**Figure 5.1.1.2 Trend Analysis of Funding Approval Analysis**

Figure 5.1.1.2 depicts the approval efficiency trend, highlighting the percentage of proposed funds approved each year. The consistently high approval rate demonstrates effective planning, quality proposal preparation and strong institutional coordination with the approving authorities.

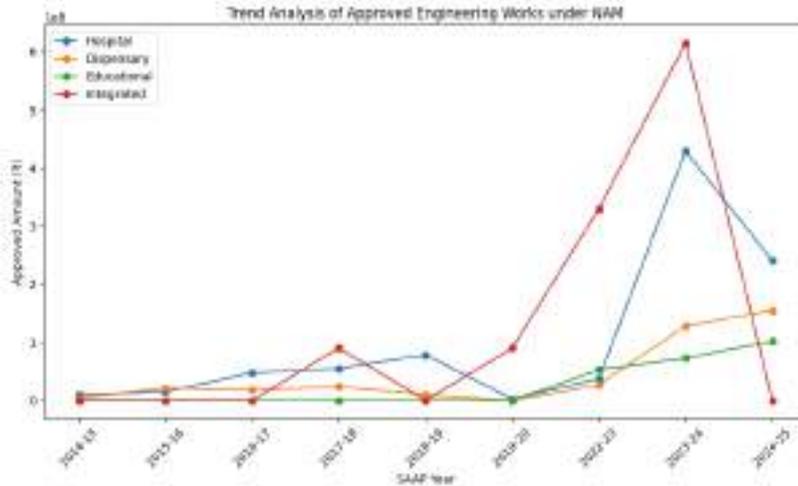
### 5.1.2 Approved Amount for Engineering Construction Works Under NAM

The following graphical representation presents a comprehensive trend analysis of the approved financial outlay for Engineering Construction Works executed under the National AYUSH Mission (NAM) across multiple SAAP years. The analysis examines sector-wise movement, total funding behaviour, priority shifts and percentage contribution patterns over time.



**Figure 5.1.2.1 Analysis of Approved Amount for Engineering Construction Works Under NAM**

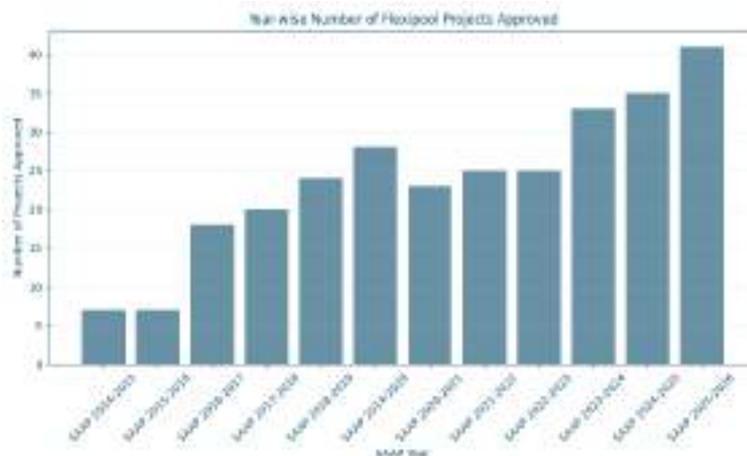
Figure 5.1.2.1 presents the SAAP year-wise approved financial outlay for Engineering Construction Works under the National AYUSH Mission. The trend reflects periodic increases aligned with infrastructure strengthening priorities, including hospitals, dispensaries and academic institutions.



**Figure 5.1.2.2 Trend Analysis of Approved Amount For Engineering Construction Works Under NAM**

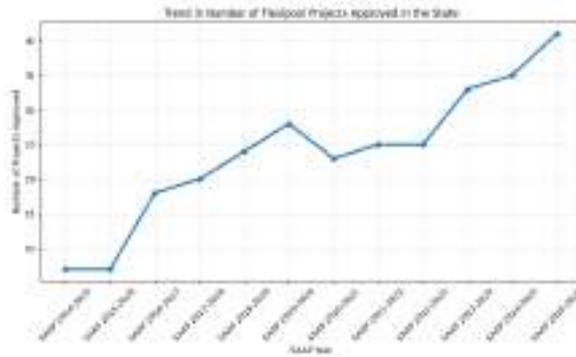
Figure 5.1.2.2 highlights the proportional distribution and trend movement of engineering works funding across SAAP years. Variations indicate strategic prioritisation of construction activities based on programme needs and infrastructure gaps.

### 5.1.3 Flexipool Projects Approved in The State – Trend Analysis Report



**Figure 5.1.3.1 Analysis of Flexipool Project Approved in the State**

Figure 5.1.3.1 illustrates the number of Flexipool projects approved under the National AYUSH Mission across SAAP years. The upward trend indicates increased utilisation of the Flexipool component to address State-specific and innovative healthcare needs.

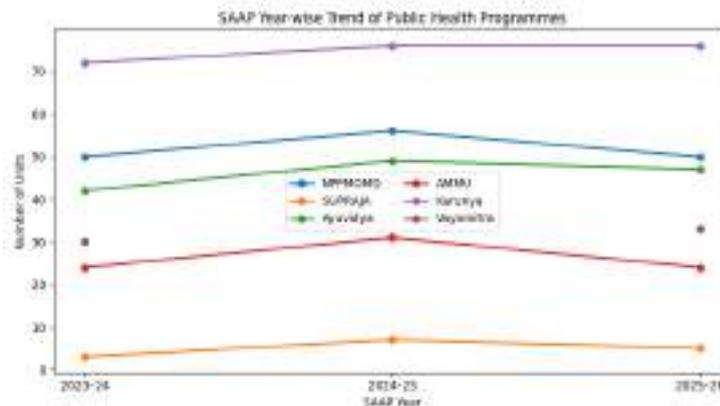


**Figure 5.1.3.2 Trend Analysis of Flexipool Project Approved in the State**

Figure 5.1.3.2 presents the comparative trend analysis, showing periods of accelerated project approvals. This reflects improved planning capacity and greater emphasis on flexible, need-based interventions.

### 5.1.4 National Ayush Mission - Public Health Programmes – Kerala – Funding Approval Analysis

The SAAP year-wise data and trend analysis of Public Health Programmes implemented in Kerala.



**Figure 5.1.4.1 Trend Analysis of Public Health Programmes established**

- National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders (NPPMOMD) shows sustained implementation across all SAAP years, reflecting continued focus on musculoskeletal disorder management.
- Karunya consistently records the highest number of units, indicating wide beneficiary coverage.
- SUPRAJA and AYUSH Mobile Medical Unit show expansion during 2024–25, highlighting emphasis on maternal health and outreach services.
- Ayuvidya demonstrates a stable trend.
- Vayomitra shows strengthening in 2025–26, reflecting enhanced geriatric care services.

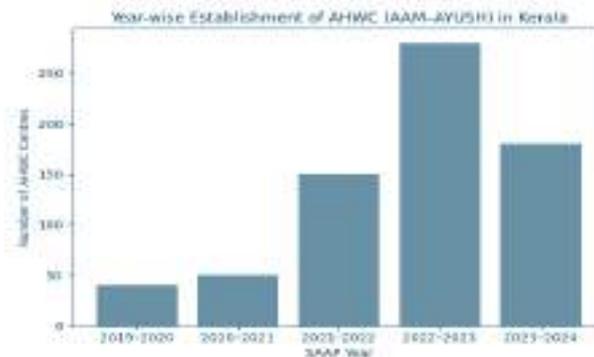
**Table No 5.1.4.1 Details of Approved Public Health Programs**

SI NO	Name of Public Health programs	Number of Units
1	NPPMOMD	50
2	SUPRAJA	3
3	Ayuvidya	42
4	AYUSH Mobile Medical Unit	24
5	Vayomitra	30
6	Karunya	72

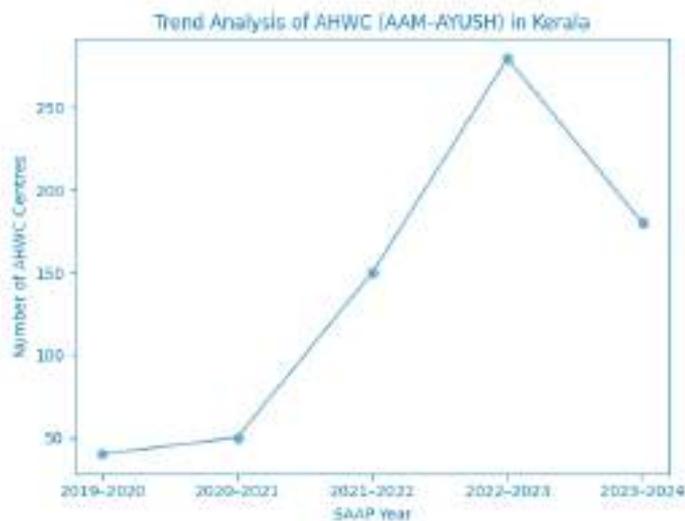
*Table Source: NAM SAAP-2025-26*

### 5.1.5 Ayushman Arogya Mandir - Ayush – Kerala

This graphical representation presents the SAAP year-wise details and trend analysis of 700 Ayushman Arogya Mandir (AAM–AYUSH) / AYUSH Health & Wellness Centres (AHWC) established in Kerala



**Figure 5.1.5.1 Graph representation of AAM AYUSH established in Kerala**



**Figure 5.1.5.2 Trend Analysis of AAM AYUSH established in Kerala**

Figure depicts the SAAP year-wise establishment of Ayushman Arogya Mandir (AAM-AYUSH) / AYUSH Health & Wellness Centres in Kerala. The chart shows a steady expansion from 2019-20 onwards, with significant scale-up during 2021-22 and 2022-23. This trend highlights Kerala's sustained commitment to strengthening AYUSH-based comprehensive primary healthcare services at the grassroots level.

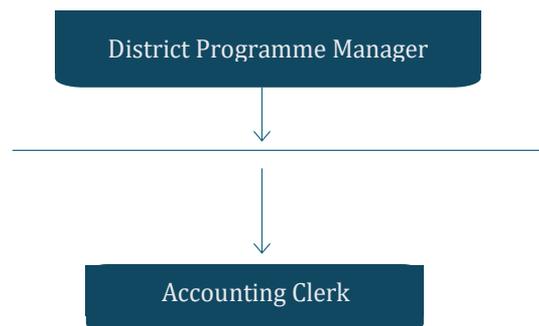
## 5.2 Administration

In the State of Kerala, the National AYUSH Mission (NAM) operates through a specialized administrative framework to manage its extensive network of healthcare services and public health initiatives. The mission is governed by a State AYUSH Mission Society, which provides the strategic and financial oversight necessary for mainstreaming traditional medicine into the state's public health infrastructure. This decentralized approach ensures that services like Ayurveda and Homoeopathy are effectively integrated from the state level down to the local communities

At the district level, the District Programme Management and Supporting Unit (DPMSU) serves as the operational hub, acting under the direct instructions and guidance of the State Mission Office (SPMSU). This unit is the primary body responsible for the localized management and implementation of AYUSH services within each district.

The administrative setup within the DPMSU includes one District Programme Manager (DPM) and one Accounting Clerk. This team is responsible for coordinating, monitoring, and implementing various programmes and activities under the District AYUSH society, ensuring effective execution and timely reporting of all project components to the state level. This structure allows for the smooth management of local health needs, including the operationalization of AYUSH Health and Wellness Centres and the execution of specialty-focused public health projects.

### 5.2.1 Structure of District Programme Management and Supporting Unit Office



### 5.2.2 District Programme Management and Supporting Unit Profile

Table No5.2.2 presents the contact and office details of the District Programme Management and Supporting Unit (DPMSU), including the District Programme Manager responsible for coordinating and implementing NAM activities at the district level.

**Table No: 5.2.2: District Programme Management and Supporting Unit Profile**

Post	Office Address	Office Number	Mail id
District Programme Manager	National AYUSH Mission, District Programme Management Unit, District Medical Office (ISM) Building,Palace Road, Vayaskara, Kottayam-686001	8848002960	dpmnamklm@gmail.com namkottayam@gmail.com

*Source: District Data*

### 5.3 Human Resources Profile

The National AYUSH Mission provides human resources to both the Indian Systems of Medicine (ISM) and Department of Homoeopathy in Kerala through its major functional components, namely AYUSH Services (Medical Officers and supporting staff), Public Health Programmes, Flexipool Projects, and Ayushman Arogya Mandir (AYUSH). In addition, the Mission deploys personnel for programme management and administrative support to enable effective planning, implementation, monitoring, and financial management of AYUSH activities. This integrated human resource framework ensures efficient healthcare delivery and sustained institutional support across the State.

**Ayush Services (HR)** under NAM refers to the provision of Medical Officers and supporting

staff to both ISM and Department of Homoeopathy, ensuring the availability of skilled manpower for effective healthcare service delivery.

**Flexipool Projects** enable the State to implement innovative and state-specific projects and programmes, providing flexibility to address local health priorities and emerging needs.

**Ayushman Arogya Mandir (AAM-AYUSH)** functions as the primary AYUSH healthcare delivery point, ensuring accessible, affordable and quality services while supporting preventive, promotive, curative and rehabilitative care with strong community outreach.

**AYUSH Public Health Programmes** are national initiatives aimed at addressing priority health conditions through disease prevention, health promotion, awareness generation and strengthened healthcare delivery, contributing to holistic community wellness and improved public health outcomes.

**District Programme and Management Unit (DPMSU)** provides governance, coordination, monitoring, financial management and reporting support through the deployment of two staff members

Table No 5.3.1 shows the distribution of Medical Officers and Supporting Staff across ISM, Homoeopathy, and DPMSU under the National AYUSH Mission in the district

**Table No 5.3.1 Department-wise Component HR Strength under NAM**

Department	Component	Medical Officers	Supporting staffs	Total
ISM	Ayush Services HR	11	29	108
	Flexipool Projects	6	13	
	Ayushman Arogya Mandir(hwc)	0	45	

	Public Health Programme	3	1	
HOMOEOPATHY	Ayush Services HR	8	13	77
	Flexipool Projects	4	5	
	Ayushman Arogya Mandir	0	30	
	Public Health Programme	8	9	
DPMSU	Administration	1	1	2
<b>Total HR</b>				187

Source: District Data

The details of medical and paramedical posts sanctioned in the district in Department-wise Component HR Strength under NAM which includes the category of posts, number of positions approved across various health institutions, are attached as annexure 5.3.1

#### 5.4 Ayush Services- Supply of Essential Drugs

Supply of Essential Drugs to Government AYUSH Hospitals and Dispensaries

- ₹4.00 lakhs per annum for essential drugs for AYUSH Hospitals
- ₹2.00 lakhs per annum for essential drugs for AYUSH Dispensaries

Table No 5.4 presents the number of institutions sanctioned under the National AYUSH Mission along with the amount approved for each institution. The financial support ensures uniform strengthening of AYUSH facilities and improved service delivery across all approved centres.

**Table No 5.4 Number of institutions sanctioned under the supply of essential drugs**

Sl. No.	Institution	No. of sanctioned institution	Amount Sanctioned for each institution Amount
1	Hospital	11	₹4.00 lakhs
2	Dispensaries	41	₹2.00 lakhs

Source: District Data

## 5.5 Ayush Services- Health Infrastructure Development

### 5.5.1 Upgradation of Exclusive / Standalone Government AYUSH Hospitals/ AYUSH Dispensaries

During the SAAP period from 2015-16 to 2023-24 in Kottayam district, several construction and upgradation works of Ayurveda and Homoeopathy institutions were successfully completed. Key works included the completion of Government Ayurveda Dispensaries at Njeezhoor (₹28.50 lakh) and Vazhoor (₹30.00 lakh), and Homoeopathy Dispensaries at Kanakkari (₹20.87 lakh), Naranganam (₹30.00 lakh) and Chirakkadavu (₹30.00 lakh).

In the hospital sector, District Homoeopathy Hospital, Kottayam (₹75.00 lakh) and Government Homoeopathy Hospital, Kurichy (₹110.00 lakh) were completed, reflecting a significant enhancement of AYUSH healthcare infrastructure in the district.

During the SAAP 2023-24 and 2024-25 period, multiple construction and upgradation projects are in progress across Ayurveda and Homoeopathy institutions in Kottayam district. Major ongoing works include:

- Government Homoeopathy Hospital, Pala – ₹100.00 lakh (65% completed)
- Government Ayurveda Hospital, Veliyannur – ₹100.00 lakh (70% completed)
- Upgradation of Government Ayurveda Hospital, Kothala – ₹100.00 lakh (35% completed)

Additional projects include the construction of an OP Block at Government Ayurveda Hospital, Vaikom, new hospital blocks at Nattakom and Pala, upgradation of District Homoeopathy Hospital, Kottayam, and construction and upgradation of dispensaries at Cherppunkal, Muzhoor and Kudukkachira.

These works, currently at various stages of completion, are expected to substantially strengthen AYUSH healthcare infrastructure across Kottayam district by late 2026.

The details of completed & ongoing infrastructure development works under the National AYUSH Mission (NAM) for Ayurveda and Homoeopathy institutions in the district across various financial years are attached as Annexure 5.5.1.

## **5.6 Ayush Services- Programmes & Projects- Ayush Public Health Programmes**

The AYUSH Public Health Programmes aim to strengthen India's public health system through preventive, promotive, curative, and rehabilitative healthcare using traditional systems of medicine. In the context of increasing chronic diseases, ageing population, and lifestyle-related disorders, AYUSH systems offer safe, cost-effective, and evidence-based healthcare options. Under the National AYUSH Mission (NAM), structured programmes have been launched focusing on musculoskeletal disorders (especially osteoarthritis), non-communicable diseases, maternal and neonatal care, mobile medical services, geriatric and palliative care, and school health promotion. These are implemented through existing NAM frameworks at state and district levels with emphasis on evidence-based interventions, capacity building, and IT-enabled monitoring.

### **5.6.1 National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders in brief**

Musculoskeletal disorders (MSDs), including osteoarthritis, are a major cause of disability and reduced productivity globally and in India, affecting around 20% of the population.

**Need for AYUSH Intervention:** There is no dedicated programme in India for MSDs. AYUSH therapies, including herbal medicines, yoga, diet, and lifestyle modifications, offer effective and safe management options. Integrating these interventions supports the goals of the National Health Policy (2017) and Sustainable Development Goal 3.

**Objectives:**

- a. Management of osteoarthritis and other MSDs through AYUSH-based integrative approaches.
- b. Promote self-care and awareness through Information, Education and Communication (IEC) activities.

**Implementation Strategy:**

Populations are categorised by risk levels for targeted intervention. Activities are implemented through AYUSH Health and Wellness Centres, dispensaries, and affiliated institutions. Major components include screening, preventive awareness, yoga, diet and lifestyle advice, clinical consultations, rejuvenation therapies (Rasayana), cleansing (Shodhana), Varma therapy, medicated oil applications, and follow-up care.

**The following institutions are providing services under this project**

1. Govt. Homoeopathy Hospital, Pala, Kottayam
2. Govt. Homoeopathy Hospital, Kurichi, Kottayam
3. District Homoeopathy Hospital, Kottayam
4. Govt. Ayurveda Hospital, Pala, Kottayam

Table No 5.6.1 shows the Beneficiary details of NPPMOMD programme in Ayurveda and Homoeopathy

**Table No 5.6.1 Beneficiary Details of NPPMOMD**

Sl. No.	Department	Old	New	Total
1	Ayurveda	942	878	1820
2	Homoeopathy	3774	7031	10805

*Source: District Data*



**Figure 5.6.1 Awareness Camp**

### **5.6.2 VAYO MITRA: AYUSH Geriatric Healthcare Services – in brief**

With India's ageing population rising and the old-age dependency ratio increasing, ensuring the health, dignity, and wellbeing of senior citizens has become vital. The *Vayo Mitra* initiative under the National AYUSH Mission focuses on promoting healthy ageing through preventive, **promotive, and therapeutic AYUSH approaches**. **Traditional practices like Swasthavritha** (maintenance of health), *Rasayana* (rejuvenation), *Panchakarma*, and *Tadbir-i-Shaykhukhat* (Unani geriatric care) form the basis of AYUSH geriatric healthcare.

#### **Objectives:**

- Create awareness about healthy ageing and ways to reduce morbidity in old age.
- Provide specialised AYUSH healthcare for the elderly through the existing AYUSH network.
- Promote community recognition of the value and potential of healthy elderly individuals.

#### **Implementation Strategies:**

- **Preventive & Promotive Care:**

Encourages healthy routines (*Dinacharya*, *Ritucharya*), yoga, stress management, balanced diet, and proper lifestyle habits. Trained health workers conduct domiciliary visits, health assessments, and weekly AYUSH clinics for the elderly.

- **Information, Education & Communication (IEC):**

Health education through mass and folk media promotes physical fitness, stress reduction, and awareness on AYUSH geriatric care. Elderly clubs and health camps will be organised, and IEC materials and media campaigns will spread messages on healthy ageing and available AYUSH services.

**The following institutions are providing services under this project**

1. Government Ayurveda Hospital, Pala, Kottayam
2. Government Homoeopathy Hospital, Kottayam.
3. Government Homoeopathy Hospital, Kurichy.
4. Government Homoeopathy Hospital, Pala.

Table No 5.6.2 provides gender-wise and total beneficiary coverage under the Vayo Mitra geriatric care project.

**Table No 5.6.2 beneficiary details**

UNITS	OLD	NEW	TOTAL	MALE	FEMALE
Kottayam	496	587	1083	308	512

*Source: District Data*



**Figure 5.6.2 Treatment in Vayo Mitra**

### **5.6.3 AYURVIDYA: Promotion of Healthy Lifestyle through AYUSH for School Children – in brief**

The AYURVIDYA programme aims to promote healthy lifestyles and awareness about AYUSH principles among school children, focusing on hygiene, diet, yoga, and the use of medicinal plants and home remedies. The initiative targets schools in regions with poor health indicators, especially aspirational districts, to instill lifelong healthy habits from an early age.

#### **Objectives:**

- To encourage school children to adopt healthy lifestyles and diets based on AYUSH principles.
- To create awareness about the importance of medicinal plants and simple home remedies.
- To educate children about yoga for fitness, wellbeing, and stress management.

#### **Implementation Strategy:**

- The programme will cover up to 300 schools per year, with an AYUSH doctor and multipurpose worker catering to up to 25 schools monthly.
- Block-level teams including AYUSH professionals, headmasters, and NGOs will conduct AYUSH and nutrition education sessions.
- Teaching methods will use interactive tools such as videos, quizzes, posters, slogans, and street plays for effective learning.
- Activities include health and hygiene campaigns, yoga camps, medicinal herb plantations, and early health screening for common conditions.
- Teachers will be trained to identify medicinal plants and teach home remedies.
- Referral linkages with AYUSH hospitals and colleges will ensure follow-up care, and IEC materials will be distributed for awareness.

#### **The following blocks and institutions are covered under this programme**

1. Kottayam Municipality, Kottayam district AHWC Changanassery
2. Government Ayurveda Hospital, Kothala, Kottayam Block Kottayam

Table No 5.6.3 presents the number of awareness sessions conducted and beneficiaries reached under AYURVIDYA

**Table No5.6.3 showing the beneficiary details under the project**

No of Awareness Session	No of Beneficiaries
46	3206

Source: District Data



**Figure 5.6.3 Ayurvedya Training to kids**

#### **5.6.4 KARUNYA: AYUSH Palliative Services – in brief**

The KARUNYA initiative aims to provide compassionate, holistic palliative care through AYUSH systems of medicine, focusing on improving the quality of life of patients with life-limiting illnesses and supporting their families. Palliative care addresses physical, emotional, social, and spiritual needs, particularly for patients with conditions such as cancer, neurological disorders, organ failure, autoimmune diseases, HIV/AIDS, and age-related illnesses.

The programme emphasises home-based care, considering it cost-effective and comforting, and integrates supportive care into AYUSH dispensaries, Health & Wellness Centres, and hospitals. Early initiation of palliative care, from the time of diagnosis, helps ensure better symptom management and family preparedness.

**Objectives:**

To provide quality, integrated supportive care for patients suffering from chronic, lifestyle-related, geriatric, and psychiatric conditions.

**Implementation Strategy:**

- Home visits by AYUSH medical officers and trained health workers for patient assessment and basic care.
- Relief from pain and other symptoms through AYUSH treatments, along with psychosocial counselling.
- Use of AYUSH HWCs for community mobilisation and awareness.
- Conducting training and sensitisation programmes for healthcare professionals.
- Regular monitoring and evaluation of services.

**The following blocks and institutions are covered under this programme**

1. District Homoeo Hospital, Kottayam
2. Government Homoeopathy Hospital, Pala.
3. Pampady Block Kottayam

**Table No 5.6.4. Beneficiary details of KARUNYA**

Department	New Cases	Old Cases	Grand Total
Homoeopathy	1063	3620	4683
Ayurveda	130	280	410

*Source: District Data*



**Figure 5.6.4 Karunya Treatment**

## **5.7 Ayush Services- Programmes & Projects- Flexipool Projects**

The Flexipool project is a component that allows States to utilise up to 25% of the actual SAAP (State Annual Action Plan) amount to implement innovative or state-specific projects and programmes. It provides flexibility for the State to design and execute activities based on local health priorities and emerging needs that may not be covered under mandatory components of NAM guidelines.

### **5.7.1 Allergy & Asthma Special Clinic (Homoeopathy)**

The project is a statewide Homoeopathy initiative aimed at addressing allergy, asthma, and chronic respiratory diseases (CRDs) such as chronic obstructive pulmonary disease (COPD) and chronic bronchitis through outpatient and inpatient services in all District Homoeopathy Hospitals in Kerala. The initiative seeks to provide comprehensive Homoeopathic treatment, reduce morbidity and mortality, and lessen the financial, physical, and emotional burden on patients and their families.

The programme includes outpatient and inpatient care, community outreach activities, medical camps, and health education programmes, supported by a structured monitoring

and evaluation system using baseline data, patient registries, electronic medical records (EMRs), review meetings, and impact assessments. Special clinics are established in district hospitals with patient-friendly facilities and appointment systems, supported by patient mobilisation through referrals, awareness sessions, information, education and communication (IEC) activities, and medical camps, with inpatient care provided wherever clinically indicated.

Table No 5.7.1 provides year-wise gender-wise and total beneficiaries treated under the Homoeopathy Allergy & Asthma Special Clinics

**Table No 5.7.1 Number of Beneficiaries**

	New Cases			Old Cases			Grand Total
	Male	Female	Total	Male	Female	Total	
2024-2025	453	603	1056	1633	2718	4351	5407
2025- April to Nov 2025	221	304	525	979	1649	2628	3153

Source: District Data



**Figure 5.7.1 Awareness class Conducted**

### 5.7.2 Ayurkarma

Ayurkarma is an initiative that integrates Panchakarma therapies into Government Ayurveda Dispensaries in rural Kerala to ensure equitable access to holistic Ayurvedic healthcare. The programme enables economically weaker sections of the population to receive essential kriyā kramas such as Vamana, Virechana, Nasyam, Vasthi, and Raktamoksha through OP-based units established in selected dispensaries.

The project aims to bridge service delivery gaps by incorporating Panchakarma therapies into mainstream government healthcare. Patients are identified from the general OPD and evaluated by the Project Medical Officer, who prescribes appropriate therapies following necessary clinical examinations and informed consent procedures. Treatments are administered by trained therapists under medical supervision, with systematic documentation, monitoring of vital parameters, and post-procedure guidance to ensure safety and quality of care.

Along with the existing treatment protocols at dispensaries, Panchakarma techniques significantly enhance the quality of life of the population, particularly for a large number of patients from rural areas who depend on these dispensaries and are unable to access hospital-based inpatient services for such therapies. Moreover, the initiative contributes to enhancing the social relevance and community value of these institutions.

**The following Government Ayurveda Dispensary is the fully operational centre in the district.**

1. Puthuppalli
2. Nedumkunnam

Along with the existing treatment protocol at dispensaries. the panchakarma techniques offer a remarkable enrichment in the quality of life of the population. especially a large number of patients from rural areas who depend on the dispensaries. who are unable to access hospitals as IP for the same. Moreover. the social relevance of the institutions could also be increased.

This Table No 5.7.2 presents the total Panchakarma procedures performed under Ayurkarma in the district.

**Table No 5.7.2 AYURKARMA Kriyakrama Sessions**

SL NO	District	Total Pancha Karma Procedures	Beneficiaries
1	Kottayam	1057	226

*Source: District Data*



**Figure 5.7.2 Ayurkarma Treatment**

### **5.7.3 Mental Health Specialty Clinics in AYUSH**

The AYUSH systems—Ayurveda, Homoeopathy, and Yoga—offer time-tested, person-centric approaches to mental well-being, with a strong emphasis on the mind–body–spirit connection. Recent initiatives have demonstrated the potential of these systems in addressing the psychological, emotional, and behavioural dimensions of health. Ayurveda-Based Mental Health Projects

### **Ayurveda-Based Mental Health Projects**

*Harsham: Anti-Depression Ayurveda Clinics:* Focus on natural therapeutic interventions to manage clinical depression stress-related disorders and lifestyle-induced emotional conditions.

*Pratheeksha: Improvement of IQ in MR Children:* Offers cognitive enhancement therapies and Ayurvedic interventions for children with intellectual disabilities.

*Medha: Correction of Scholastic Backwardness:* Supports children facing academic and attention-related challenges through Ayurvedic formulations counseling and dietary guidance.

### **Homoeopathy-Based Mental Health Projects**

*Seethalayam Clinics:* These are gender-responsive clinics providing Homoeopathic management for mental, physical, and social health issues of women, including anxiety, depression, postnatal stress, psychosomatic disorders, and trauma resulting from abuse.

*Sadgamaya Clinics:* Targeted at adolescents, these clinics offer mental health support, behavioural correction, and prevention of substance abuse through Homoeopathic interventions, counselling, and outreach activities.

Homoeopathy, with its individualised remedy selection and focus on the psycho-social environment of the patient, has demonstrated effective outcomes in the management of psychosomatic disorders, mood disturbances, behavioural issues, and substance use tendencies, particularly among vulnerable population groups.

### **The List of Dispensaries/ Hospitals Under the Coverage of Harsham**

1. Government Ayurveda Dispensary Marangattupally
2. Government Ayurveda Dispensary Puthuppally
3. Government Ayurveda Dispensary, Nedumkunnam
4. Government Ayurveda Dispensary, PoonjarThekkekkara
5. Government Ayurveda Dispensary, Thalayazham
6. District Ayurveda Hospital, Kottayam

7. Government Ayurveda Dispensary Panachikkad
8. Government Ayurveda Dispensary Ramapuram
9. Government Ayurveda Hospital, Changanasserry
10. Government Ayurveda Dispensary Ettumanoor

Table No 5.7.3 reflects a marked increase in both new and follow-up cases in the second reporting period, indicating expanding service coverage and improved continuity of care. The rising beneficiary numbers suggest growing acceptance and utilisation of the Harsham mental health clinics in the district.

**Table No 5.7.3 -Beneficiary Details of Harsham**

	<b>New Cases</b>	<b>Old Cases</b>	<b>Grand Total</b>
Financial Year 1: April 2024 - March 2025	1008	839	1847
Financial Year 2: April 2025 - November 2025	1512	1259	2771

*Source: District Data*



**Figure 5.7.3 Harsham Awareness Camp**

#### **5.7.4 IEC Activities- Newsletter, Day Observances, Participation in Various Events, Outreach Activities etc.**

Kerala has emerged as a leading State in the AYUSH sector with nearly 2300 functioning institutions ranging from medical colleges and speciality hospitals to district and peripheral health facilities. A considerable proportion of the population relies on AYUSH systems for healthcare, and many successful treatment outcomes and health initiatives have reinforced public confidence in these systems. To further strengthen awareness regarding the facilities, programmes, activities, and achievements in AYUSH, structured IEC activities such as newsletters, day observances, participation in national and international events, exhibitions, and outreach initiatives are proposed. These initiatives will enable systematic dissemination of information to the public, policymakers, planners, healthcare professionals, and stakeholders, thereby enhancing visibility and acceptance of AYUSH systems.

During the previous year, NAM Kerala successfully implemented several IEC initiatives, including the regular publication of newsletters highlighting AYUSH activities, research achievements, and success stories, along with active observance of important AYUSH and health-related days. Participation in prestigious platforms such as the G20 further contributed to showcasing Kerala's AYUSH capabilities at global level. In the coming year, it is proposed to continue and expand these efforts through enhanced newsletters, thematic day observances, participation in national and international forums, exhibitions, Arogyamelas, and focused outreach programmes. These activities will support mainstreaming of AYUSH, promote public engagement, improve accessibility of information, and reinforce Kerala's position as a prominent centre of AYUSH excellence.



**Figure 5.7.4.1 Branding through public transportation**



**Figure 5.7.4.2 Newsletter**

### **5.7.5 Setting Up of Physiotherapy Unit in Government AYUSH Hospitals**

In Kerala, under the State Annual Action Plans (SAAP) for 2023–24 and 2024–25, a total of 27 physiotherapy units—including 26 units in Homoeopathy Hospitals and one unit in an ISM Hospital—have been approved and operationalised, addressing a long-pending need for physiotherapy services in AYUSH hospitals.

Given the encouraging public response, the tangible health benefits observed, and the increasing burden of lifestyle-related and degenerative diseases, the expansion of physiotherapy services under AYUSH has become increasingly relevant.

Table No 5.7.5.1 showing The beneficiary count of last year reflects strong utilisation of physiotherapy services at the AYUSH hospital, indicating high demand for rehabilitative care and the relevance of physiotherapy in supporting AYUSH treatment outcomes.

**Table No 5.7.5.1 Beneficiary Details – Physiotherapy Unit**

Sl. No.	Unit	Total No. of Beneficiaries
1	Government Homoeopathy Hospital Kottayam	1493
2	Government Homoeopathy Hospital Kurichy	2342

*Source: District Data*



**Figure 5.7.5.1 Physiotherapy Unit**

### 5.7.6 Sports Ayurveda Project

Sports Ayurveda is an established Ayurveda super-speciality in **Kerala** that integrates traditional Ayurvedic wisdom with modern sports medicine to enhance athletic

performance, endurance, and overall well-being. It adopts a holistic approach through personalised diet and nutrition, condition-specific medicines, specialised therapeutic massages, Panchakarma therapies, and targeted rehabilitation strategies aimed at injury prevention, management of sports-related conditions, and optimisation of performance.

With a long tradition of supporting arts and sports personnel through indigenous medical systems, Kerala has demonstrated the untapped potential of Ayurveda in the field of sports medicine. The scope of Sports Ayurveda includes event-specific therapeutic interventions, pre-event conditioning, post-event recovery, off-season conditioning, energy enhancement, prevention and management of repetitive strain and other sports injuries, and specialised care for sportswomen.

Proven to be safe and effective, Sports Ayurveda addresses preventive, curative, and rehabilitative needs without post-traumatic complications. Several injuries previously recommended for surgical intervention have been successfully managed through Ayurvedic treatment, resulting in rapid recovery. The established Sports Ayurveda units have benefited numerous national and international athletes, many of whom have achieved podium finishes, and continue to attract sports professionals from across India due to their reliable, holistic, and performance-enhancing outcomes.

This Table No 5.7.6.1 shows the availability of specialty, general and mobile Sports Ayurveda units in the district.

**Table No 5.7.6.1 District-wise Distribution of Sports Ayurveda Units in Kerala**

District	Specialty Unit	General Unit	Mobile Support
Kottayam	No	Yes	No

*Source: District Data*

This Table No 5.7.6.2 indicates a substantial expansion of Sports Ayurveda activities in the second reporting period, with a sharp increase in OP services, on-field support days, and beneficiary coverage. This reflects strengthened integration of AYUSH sports medicine into

athletic events and growing reliance on Sports Ayurveda for performance support, injury management, and awareness generation.

**Table No 5.7.6.2 District -Wise Beneficiaries**

APRIL 2025 TO SEPTEMBER 2025						
Sl. No	Total Beneficiaries -OP	Total Beneficiaries -IP	Number of Days of On field Duties	Onfield Beneficiaries	Number of Awareness Class Taken	Number of Awareness Class Beneficiaries
1	1874	130	34	2037	8	686

Source: District Data



**Figure 5.7.6 Sports Ayurveda Treatment**

### 5.7.7 MPHWS for 700 Functional Ayushman Arogya Mandirs (AYUSH)

Multi-Purpose Health Workers (MPHWs) are qualified healthcare professionals trained in General Nursing and Midwifery (GNM) or higher nursing qualifications. They play a vital role

in delivering comprehensive primary healthcare services and in promoting AYUSH systems through preventive, promotive, curative, and rehabilitative interventions.

In Ayushman Arogya Mandirs, MPHWs support clinical services, public health programmes, geriatric and palliative care, emergency response, and digital health activities, while also assisting with administrative functions. They serve as a crucial link between community-based health services and institutional care, ensuring comprehensive service delivery, continuity of care, and effective programme implementation.

### **5.7.8 Arunima- Anaemia Eradication Programme through Ayurveda**

The **Arunima – Anaemia Eradication Programme through Ayurveda** is a focused public health initiative aimed at addressing the high burden of nutritional anaemia through safe, affordable, and culturally acceptable Ayurvedic interventions. Building on its successful implementation across Integrated Child Development Services (ICDS) units and nearly **6,000 schools**, the programme has strengthened awareness generation, screening, treatment support, and community participation.

To further consolidate these gains, the programme seeks to expand its reach to vulnerable populations such as tribal communities, coastal areas, urban slums, and other high-prevalence pockets.

### **5.7.9 Telemedicine- Strengthening and Expansion**

The AYUSH Telemedicine initiative in Kerala, implemented through the National e-Sanjeevani platform, has established a State-level Telemedicine Hub with dedicated consultation consoles for Ayurveda and Homoeopathy. The initiative enables both Patient-to-Doctor and Doctor-to-Doctor teleconsultations across the State. Training has been provided to AYUSH doctors in all 14 districts, ensuring operational readiness and facilitating the phased expansion of telemedicine services to remaining facilities

### **5.7.10 Thyroid Special Clinic (Homoeopathy)**

This project is a comprehensive, community-based **Homoeopathy Thyroid Care Initiative** aimed at early detection, effective management, and reduction of thyroid-related morbidity across Kerala, with special focus on women of reproductive age and high-burden districts.

The project strengthens district-level thyroid specialty clinics by providing dedicated human resource support, diagnostic facilities, medicines, technological tools, and structured follow-up mechanisms.

Through systematic screening, outpatient and inpatient treatment, laboratory monitoring, community outreach activities, medical camps, and integration with maternal health services such as Janani, the programme seeks to reduce complications including infertility, miscarriage, associated comorbidities, and long-term health risks. This initiative aims to ensure affordable care, reduce out-of-pocket expenditure, and significantly improve the quality of life of thyroid patients, thereby establishing a robust public health response to the growing burden of thyroid disorders in the State

This Table No 5.7.10.1 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme

**Table No 5.7.10.1 Beneficiaries Reported at Various Centres during 2024-25**

	<b>New Male</b>	<b>New Femal e</b>	<b>New Total</b>	<b>Old Male</b>	<b>Old Female</b>	<b>Old Total</b>
2024-2025	33	302	335	183	2249	2432
2025- including Nov 25	30	231	261	196	2042	2238

*Source: District Data*

This Table No 5.7.10.2 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme.

**Table No 5.7.10.2 Beneficiaries during 2024-25 (New Case)**

Sl. No	District	Total No. of activities conducted	Total IEC Beneficiary count
1	Kottayam	8	338

Source: District Data



**Figure 5.7.10 Awareness Class Thyroid Special Clinic (Homoeopathy)**

### **5.7.11 Training to AYUSH HR**

The State proposes a comprehensive Training and Capacity Building Programme for AYUSH Human Resources. The initiative aims to enhance the knowledge, skills, and professional competence of AYUSH Medical Officers, teaching faculty, administrative personnel, and paramedical staff across Kerala. Through structured training modules covering clinical care, hospital administration, digital health systems, public health programming, research methodology, medico-legal aspects, and patient communication, the programme seeks to strengthen service delivery, improve programme implementation efficiency, and ensure preparedness for emerging health challenges.

Training will be delivered through a blended approach comprising offline residential sessions and online platforms, ensuring equitable participation from all districts. By

training approximately 5,000 personnel, the initiative is expected to significantly contribute to improving the quality and effectiveness of AYUSH services statewide.



**Figure 5.7.11 HR Training**

### **5.7.12 Yoga Wellness Centers**

Yoga Wellness Centres are facilities that provide Yoga and Naturopathy services to promote physical, mental, and social well-being, with a focus on the prevention and management of lifestyle-related diseases. The programme aims to raise public awareness, encourage lifestyle modification, and promote Yoga and Naturopathy as effective tools for managing non-communicable diseases.

Implementation includes the deployment of Medical Officers and Yoga Instructors at AYUSH Arogya Mandirs, with Local Self Government Institutions (LSGIs) identifying outreach areas. Medical Officers oversee therapeutic management and coordinate Yoga and Naturopathy outreach activities to ensure effective service delivery.

This Table No 5.7.12.1 provides gender-wise, outreach and total beneficiaries served through Yoga Wellness Centres

**Table No 5.7.12.1 Details of Centres with Number of Beneficiaries during 2024-25**

Sl. No.	District	Name of the Center	Male	Female
1	Kottayam	GAH Kuruvilangad- 1	1069	4937
2	Kottayam	GAH Kuruvilangad- 2	1212	4818

*Source: District Data*

### 5.7.13 Non-Communicable Disease (NCD) Management through AYUSH

The Integrated NCD Care Programme is a multidisciplinary initiative that provides holistic prevention, early diagnosis, and advanced management of non-communicable diseases such as diabetes, hypertension, dyslipidaemia, thyroid disorders, stroke, and cancer through dedicated Ayurveda, Siddha, Unani, and Homoeopathy units supported by Yoga-based lifestyle interventions. With **14 Ayurveda units, 14 Homoeopathy units, two Siddha units, and two Unani units** functioning across the State, the programme aims to reduce the prevalence and morbidity of non-communicable diseases, strengthen complication care, promote lifestyle and behavioural modification, and reduce out-of-pocket expenditure by offering accessible and standardised traditional medicine services.

Implementation includes health promotion activities, high-risk screening, early diagnosis, and comprehensive clinical management of major non-communicable diseases and their complications through integrative treatment protocols at district-level advanced care centres.

Table No5.7.13.1 summarises new registrations, follow-ups, yoga sessions and IEC activities under the NCD management programme

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**Table No 5.7.13.1 Detailed Review of the Year 2024-25 Patient Services**

Sl. No	Unit	New NCD Patients Registered	Follow-up Visits	Yoga Sessions Conducted
1	Kottayam (Ay)	5248	6072	1748

Source: District Data

Table No 5.7.13.2 presents disease-wise distribution of new NCD patients registered.

**Table No 5.7.13.2 Disease-wise Details (New Cases Registered)**

Sl. No	Unit	Diabetes Mellitus	Hypertension	Dyslipidemia	Thyroid Disorders	Others
1	Kottayam (Ay)	1023	1110	1265	1003	847

Source: District Data

Table No 5.7. 13.3 Disease Wise Break Up of Beneficiaries Who Aailed NCD Management Clinical Services During 2024-2025

**Table No 5.7.13.3 Disease Wise Break Up of Beneficiaries**

District	Diabetes Mellitus	Hypertension	Dyslipidemia	Obesity	Cardiovascular	Cancer	Renal Disorders	COPD	Other Diseases
Kottayam	1997	1104	633	148	3	1	1	3	65

Source: District Data

## 5.8 Ayush Services- Ayush Gram

Ayush Gram is a concept wherein villages will be selected for adoption of principles and practice of AYUSH way of life and interventions of health care in villages and providing the services at grass root level. AYUSH based lifestyles are promoted through behavioural change communication, training of village health workers towards identification and use of local medicinal herbs and provision of AYUSH health services. It also include promotion of cultivation of endemic medicinal herbs and conservation of those already present in those areas. The elected village representatives are sensitized towards the concept so that there is also active participation from the community. It is a wholesome concept wherein convergence of AYUSH systems and other Govt. departments for the welfare of public is the ultimate aim.

Yoga sessions will be provided free of cost for the public at their convenient place and time with the motive of making it a part of their routine activity with constant practice.

### Objectives

- To spread awareness within the community for practice of dietary habits and life styles as described in AYUSH Systems of Medicine which help in preventing disease and promoting health.
- To advice people about common ailments and its cure through use of herbs found in their localities.
- To raise campaign against communicable diseases like Malaria, Tuberculosis, Diarrhoea etc and measures for their prevention and treatment.
- Promotion of preservation and cultivation of medicinal plants.
- Prevention of Lifestyle Diseases
- Promotion of Yoga



**Figure 5.8.1 Awareness Classes**

The Table No 5.8.1 presents month-wise activities and beneficiaries under the AYUSH Gram initiatives

**Table No 5.8.1 Ayush Gram activities**

Sl. No.	BLOCK	NUMBER OF YOGA SESSIONS CONDUCTED								TOTAL
		Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	
1	PALLOM	22	23	29	29	23	22	22	24	194
<b>NUMBER OF MEDICAL CAMPS CONDUCTED</b>										
1	PALLOM			1		1	1	1		4

1	PALLOM			56		76	40	98		270
<b>NCD CLINIC BENEFICIARIES</b>										
1	PALLOM	51	62	56	52	42	25	55	40	383

Source: District Data

## 5.9 Quality-Related Activities

### 5.9.1 NABH (National Accreditation Board for Hospitals)

The State Quality Assurance Wing under the **National AYUSH Mission, Kerala**, has been consistently committed to promoting a structured and sustainable Quality Assurance Programme across AYUSH healthcare institutions. The overarching objective is to ensure that services delivered under the AYUSH system provide genuine satisfaction and positive patient experience, thereby contributing significantly to overall well-being.

In the context of the growing global emphasis on healthcare quality, it has become imperative to align AYUSH services with nationally recognised quality standards, particularly through accreditation frameworks such as **National Accreditation Board for Hospitals and Healthcare Providers (NABH)** and the **National Quality Assurance Standards (NQAS)**.

#### Progress So Far

Kerala has emerged as a pioneer in quality healthcare delivery, with significant progress made in the accreditation of AYUSH Health and Wellness Centres (AHWCs). Out of 700 operational AHWCs in the State, 250 centres have already achieved NABH Entry-Level Certification. This initiative has not only strengthened the operational systems of AHWCs but has also enhanced public confidence and satisfaction in AYUSH services.

#### Impact of NABH Certification in AHWCs

The NABH Entry-Level Certification of 250 AHWCs in Kerala has significantly elevated the standard of AYUSH services across the state. It has led to:

- Uniform implementation of quality protocols.

- Enhanced infection control and patient safety.
- Improved staff competence through continuous training.
- Streamlined biomedical waste management.
- Improved documentation. defined SOPs. and enhanced accountability.
- Increased patient satisfaction and public trust.
- Enhanced prospects for insurance coverage under recognized schemes.

These outcomes underline the importance of extending the quality certification programme to the hospital sector to ensure consistent delivery of high-quality AYUSH care across all tiers.

The certification process will follow a structured approach, including internal and external assessments, quality-specific training, preparation of documentation, and submission of applications to **National Accreditation Board for Hospitals and Healthcare Providers (NABH)**. Gap-closure activities related to infrastructure, equipment, and process improvements will be partially supported through additional sources such as Local Self Government Institution (LSGI) funds, Corporate Social Responsibility (CSR) contributions, MLA/MP funds, and upgradation components under the **National AYUSH Mission (NAM)**, as per institutional eligibility.

### Implementation Strategy

To effectively implement and monitor the certification process. the following strategic mechanisms and committees have been established:

- State-Level Steering Committee. Assessment Management Committee. and Documentation Committee for oversight.
- District Quality Teams and Quality Committees in all districts.
- District Nodal Officers and Facilitators to coordinate implementation activities.
- State-Level Orientation and Training Programs for institution heads. LSG representatives. and quality teams.
- Self-assessments by institution heads using NABH checklists to identify institutional gaps.
- Development of the AHWC NABH-ELC Implementation Handbook.

- District-Level Internal Assessments and State-Level External Assessments through a trained pool of assessors.
- Procurement of essential biomedical equipment and furniture where required.

### 5.9.2 Kayakalp

The **Kerala AYUSH Kayakalp Award** is a State-level initiative under the **Department of AYUSH, Government of Kerala**, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The programme recognises hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

The initiative encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the **Swachh Bharat Mission** and enhances the overall image and service quality of AYUSH institutions across **Kerala**.

### 5.10 Ayushman Arogya Mandir (AAM-Ayush)

Ayushman Arogya Mandir (AAM-Ayush) are established to provide comprehensive, people-centred primary healthcare through AYUSH systems.

In Ayushman Arogya Mandir (AAM-Ayush), National Ayush Mission AYUSH provides service delivery by providing one full time Yoga Instructor and one GNM qualified Multi-Purpose Health Worker, with an expenditure of ₹4.57 lakhs incurred for implementation.

They aim to transform existing AYUSH dispensaries and sub-centres into holistic wellness centres delivering preventive, promotive, curative, rehabilitative and palliative care. AAM-Ayush emphasise wellness promotion, lifestyle counselling, Yoga-based interventions, management of common and chronic illnesses, maternal and child health services, elderly care and referral support. Implementation is supported through the National AYUSH Mission with defined financial norms for infrastructure development, human resource support, training, IT systems and essential AYUSH medicines. Institutional mechanisms at national, state and district levels ensure planning, capacity building, convergence with NHM

programmes, monitoring and evaluation to improve accessibility and quality of AYUSH-based primary healthcare.

## 5.11 IT Initiatives

### 5.11.1 AYUSH Yoga Club Locator Mobile App

The AYUSH Yoga Club Locator Mobile App is designed to help citizens easily discover and connect with government-approved AYUSH Yoga Clubs across Kerala. Using GPS-based real-time location services, the app enables users to identify nearby yoga centres, view available facilities, session timings, trainers. It promotes accessibility by ensuring that authentic and verified centres are brought within reach of every citizen, eliminating confusion regarding credibility. The platform also enhances transparency in public health service delivery by publishing verified information, performance records, and contact details of registered clubs. By simplifying access to yoga resources, the app encourages community participation, supports preventive healthcare, improves wellness awareness, and strengthens the reach of the National AYUSH Mission's health promotion initiatives.

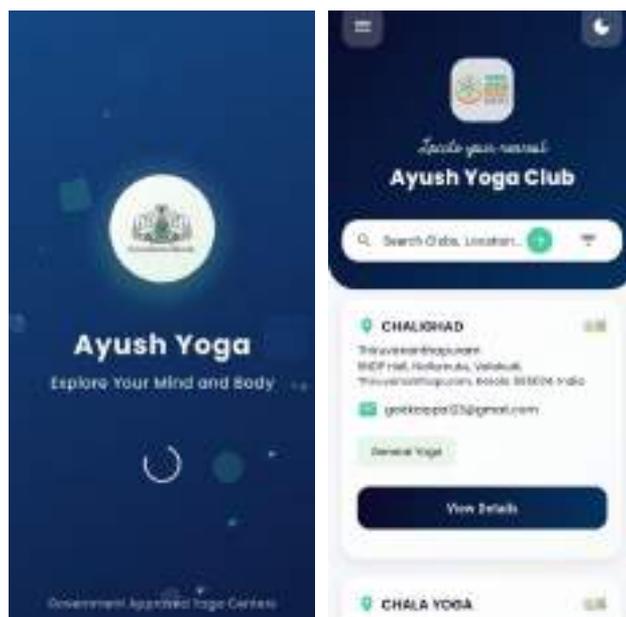


Figure 5.11.1 Screenshots of Mobile App

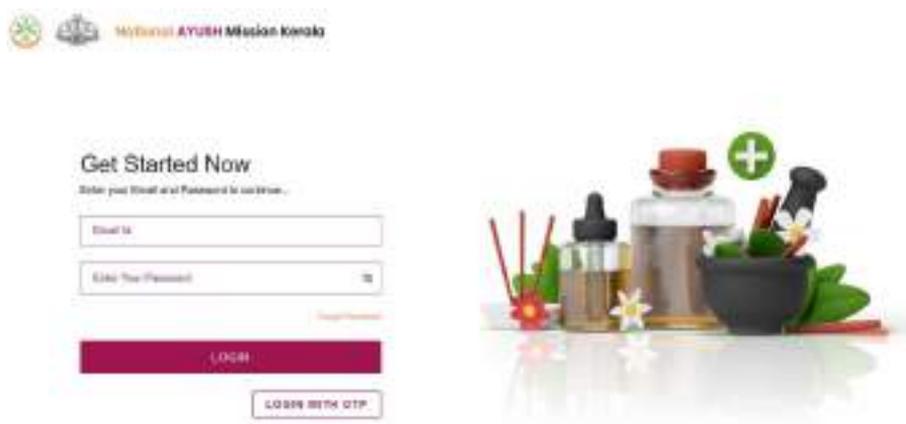




**Figure 5.11.2.2 Screenshot of ERP Software dashboard**

### 5.11.3 AYUSH Medicine Procurement Software

The AYUSH Medicine Procurement Software was developed to meet the growing need of the National AYUSH Mission, Kerala, for a modern and reliable digital system to streamline medicine procurement operations across hospitals and dispensaries, replacing earlier manual processes that caused delays, duplication, lack of real-time stock visibility, and data inaccuracies. This comprehensive end-to-end digital platform enables institutions to generate and submit indents online, while District Medical Officers, District Programme Managers, and higher authorities can review, approve, or revise requests through a structured workflow. Integrated master data ensures consistency, while timely alerts support pending approvals, stock shortages, and delivery tracking. Detailed dashboards and analytics provide meaningful insights into procurement trends and utilisation patterns, supporting informed decision-making. Secure role-based login ensures data safety and clarity of responsibilities, while automated processes help maintain essential stock levels, eliminate manual errors, and ensure transparency. The system strengthens coordination between hospitals, district authorities, and Oushadhi, supports real-time monitoring, facilitates timely replenishment, and ensures compliance with government norms, ultimately creating a transparent, efficient, and audit-ready digital ecosystem for AYUSH medicine management in Kerala.



**Figure 5.11.3.1 Screenshot of Login Page in AYUSH Medicine Procurement Software**

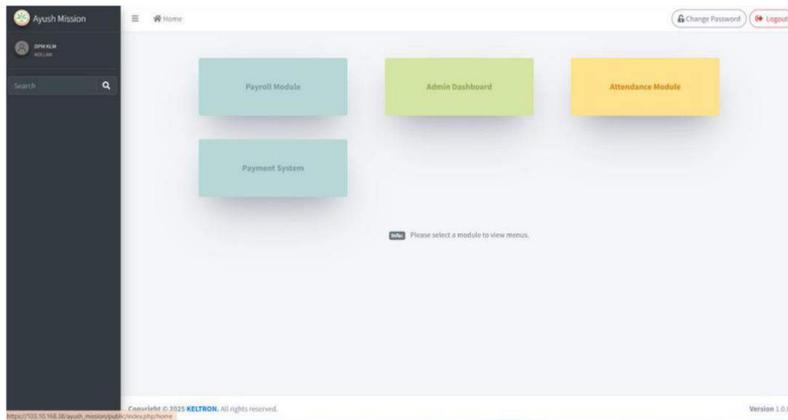


**Figure 5.11.3.2 Screenshot of Home Page in AYUSH Medicine Procurement Software**

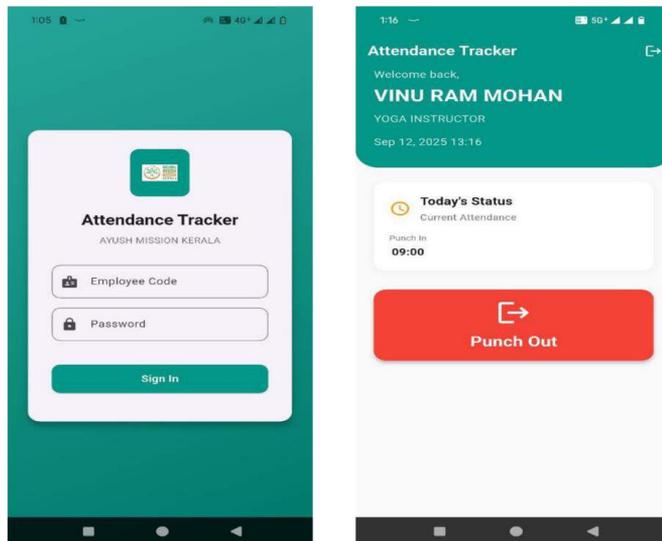
#### **5.11.4 NAM HR & Payroll Software**

The National AYUSH Mission, Kerala, recognised the need for a robust and reliable system to efficiently manage attendance and payroll processes across its centres, as conventional methods were largely manual, time-consuming, prone to errors, and lacked real-time verification and transparency. To overcome these challenges and ensure accuracy, accountability, and operational efficiency, the NAM HR & Payroll Software was developed as a comprehensive digital solution. The system facilitates real-time attendance tracking with accurate time records, supported by geo-tagged attendance to ensure location-based verification and prevent proxy entries. It allows flexible shift assignment, offers an

integrated online leave management workflow, and enables fully automated payroll processing with single-click salary generation based on verified attendance and leave data, supported by multi-level verification for compliance and financial discipline. By simplifying attendance management, ensuring digitally documented records, reducing administrative workload, and enhancing transparency in salary processing, the software significantly strengthens efficiency, governance, and accountability across all AYUSH centres.



**Figure 5.11.4.1 Screenshot of Home Page in AYUSH Payroll software**



**5.11.4.2 Figure: NAM HR & Payroll Software in mobile app**

### **5.11.5 AYUSH Payment Monitoring System**

The AYUSH Payment Monitoring System is a comprehensive web-based financial governance platform under the National AYUSH Mission (NAM), designed to enhance transparency, accountability, and efficiency across all payment-related processes. It manages the complete financial workflow, including fund allocation, expenditure tracking, bill submission, verification, approval, and final disbursement, while also supporting vendor management, automatic TDS processing, configurable dashboards, and detailed financial reporting for smooth and error-free transactions. The system maintains precise district-wise financial records, ensures component-wise fund control, and effectively monitors project-wise unspent balances, providing a complete end-to-end digital trail that strengthens audit readiness and governance compliance. It tracks real-time balances, flags idle or unutilised funds, enforces automated financial controls to prevent overspending, and supports multi-level user access, workflow automation, scalable architecture, and clear segregation of agency-wise and component-wise expenditures. Leveraging AI capabilities, the platform enables real-time validation checks to prevent errors and fraud, predictive analysis of fund utilisation trends, and intelligent alerts with actionable recommendations, thereby ensuring a unified, transparent, and reliable financial monitoring ecosystem for AYUSH across multiple implementing agencies.

### **5.11.6 Learning Management System**

The AYUSH sector faces several training-related challenges, including difficulty in reaching rural and remote regions, lack of standardised and trackable certification processes, high expenditure on physical training workshops, and the absence of a unified system for maintaining centralised training and certification records. To address these gaps, a dedicated Moodle-based Learning Management System (LMS) has been developed exclusively for AYUSH, serving as a centralised online platform where students, practitioners, and professionals can enrol in Government-recognised certification courses, access structured digital learning materials, interact with trainers and peers, and receive verifiable digital certificates upon completion. Deployed on a secure cloud environment, the LMS ensures reliability, scalability, and continuous availability, supported by trained administrators, user manuals, ongoing technical assistance, and provisions for future enhancements such as AI-

driven recommendations and analytics dashboards. Highly scalable and accessible, the software enables thousands of learners, including rural practitioners, to benefit from uniform, standardised training while significantly reducing the costs associated with physical training programmes. It ensures transparency through automated, verifiable certification, enhances convenience through a user-friendly mobile-compatible design, and guarantees data security through secure hosting and role-based access controls, thereby strengthening capacity building, governance, and the digital transformation of AYUSH training in alignment with the Digital India vision.



**Figure 5.11.6.1 Screenshot of Home Page**



**Figure 5.11.6.2 Screenshot of Course details explained**

**Chapter 6**  
**HOMOEOPATHY MEDICAL EDUCATION**  
**ATHURASRAMAM NSS HOMOEOPATHIC MEDICAL COLLEGE,**  
**KOTTAYAM**



**6.1 History and Overview of Athurasramam NSS Homoeopathic Medical College**

Athurasramam NSS Homoeo Medical College, Kottayam, is a distinguished institution committed to the advancement of homoeopathic medical education, patient care, and community health services. Established under the patronage of the Nair Service Society (NSS), the institution embodies the principles of service, academic excellence, and holistic healing.

Situated in Kottayam District, Kerala, a region renowned for its educational and healthcare standards, the college provides a conducive environment for professional learning and compassionate clinical practice. The institution integrates classical homoeopathic philosophy with contemporary medical knowledge, preparing students to meet modern healthcare challenges.

The ANSS HMC has established a tradition rarely to be noticed in any other similar institution in India. It is a monument to the cherished objects of its selfless and devoted founder H.H. Swamy Athuradasji who felt the need of an ideal and efficient institution for the teaching of Homoeopathy free from commercialism and narrow minded outlook.

The foundation stone of the college building was laid on 16th May 1955 by H.H.Raj Pramukh of Travancore – Cochin State. The college was inaugurated by Dr.K.G.Saxena, Homoeopathic Physician to the Hon. President of India on 14th July 1958. It was an event which ushered in a new era for the further development of Homoeopathic Medical Education in India, particularly in Kerala State. Subsequently in the year 1978 the management and ownership of the Institution along with assets were transferred to the Nair Service Society, one of the foremost educational agency in India which manages several Arts & Science Colleges, Training Colleges, Schools, Engineering College, Polytechnic College and Multi Speciality Hospitals, Working Women's Hostel etc.

Our college conducts UG Course (BHMS) in Homoeopathy since 1983 after the abolition of Diploma Course (DHMS) by the State Government. The college is situated at Sachivothamapuram, 10 km south to Kottayam. It has 610 cents of land with 45000 sq.ft. building there in. The State and Central Government has established a Homoeopathic Medical Collegiate Hospital and NHRIMH respectively very close to the college for imparting clinical training to the students of our college. The college is furnished with fullfledged departments, Lecture halls, Museums, Dissection hall, Laboratories, Auditorium, Seminar Hall, Audio Visual Hall, Girls Hostel etc. We have established a Drug Proving Research Programme under the guide lines of NHRIMH

As a part of Community Service the College conducts three Out-Patient Units with In-Patient Wards in the Collegiate Hospital, 5 Peripheral Clinics at adjacent rural areas and four OP units in the Collegiate Hospital. During the times of epidemics, special medical and awareness camps are conducted at various centres.

### **Vision**

To be a global center for suffering humanity with compassion and respect and to be recognized as a premier institution in Homoeopathic Medical Education.

## Mission

- To be a center of excellence in Homoeopathic Medical Education and build an atmosphere of quality learning.
- To be progressive in providing holistic health care services in Public Health Management through Homoeopathy.
- To inculcate moral values in the students and to guide them in the service of suffering humanity.
- To train and produce competent and energetic Homoeopathic Doctors in accordance with highest professional standards.
- To inculcate research awareness among the students and an attitude of continuous learning.

## 6.2 Major Activities of the College

- Conducted DHMS from 1958 till 1983. From 1983 onwards conducting BHMS Professional Degree Course by admitting 50 students in each batch from the merit list of Entrance Examination conducted by the State Government.
- Conducting Peripheral OP Departments in addition to OPDs and IPDs in attached Homoeopathic Medical College Government Hospital and Collegiate Hospital.
- Conducting **Medical & Preventive Camps** during the times of Epidemics.
- Conducting **Awareness Classes** periodically in Grama Panchayat wards at grass route level where ever is necessary.
- Providing clinical facilities for students and interneers NHRIMH Kurichy & NSS Medical Mission Hospital, Pandalam & NSS Medical Mission Hospital, Perunnai.
- Conducting **Seminars** for interneers & students periodically.
- Conducting **Crash Programmes** prior to University Examinations.
- Conducting **CME Programmes** for faculty.
- Conducting **Academic Study Tours** for the subject of Pharmacy, Community Medicine & Forensic Medicine.
- National Service Scheme
- **Drug Proving** unit is establish under the guidance of the NHRIMH, Kurichy.

- Cultural activities
- Regularly conducting Anti Ragging Awareness classes every year.
- School Health Programmes.
- With an action of human resources development college is conducting Personality Development classes, seminars etc.
- A Women's Forum functioning in the college exclusively for the purpose of addressing unique problem faced by the women in profession, society, family etc.
- Decided to conduct Swasthya Rakshan Programme by adopting 5 Villages.
- Academic Research Programmes – Diseases of Thyroid Gland etc.
- Specialty Clinics – Diseases of Thyroid, Geriatric Clinic, Cancer Palliation, Mother & Child Health Care Clinic, Autism & ADHD and Behavior & Learning Disorders.

### 6.3 Major Achievements

- Achieved a commendable result in University Examinations: 2025 Overall silver medal, KUHS 2<sup>ND</sup> rank Mahesh K M (2021 batch), KUHS 1<sup>st</sup> and 2<sup>nd</sup> rank -Sumariya James and SuryaGayathri (2023 batch), KUHS 2<sup>nd</sup> rank- Anjana (2024 batch)
- KUHS Best teacher award 2025- Dr Ramjyothis AB (Professor and HOD, Department of Pharmacy)
- Smart Classrooms
- Proper Guidance & Coaching to Internees by way of Lecturers, Seminars, Group Discussions & Off Campus Programmes etc.
- Controlled spread of epidemics like COVID.
- Own Hospital
- Improved infrastructure facilities.
- Improved Academic Programmes.
- The students are abundantly benefited from active participation in drug Proving activity of NHRIMH, Kurichy. The students get new insight into various aspect of Drug Proving – knowledge of drug, method of drug proving, drug action etc.

- Conducted awareness classes in the grass root level about personal and community hygiene and prevention of diseases. This helped in controlling the spread of the epidemics.
- The college is the agency for Mother and Health Care Project of the central government with aid from AYUSH. The project ongoing with full involvement of the college.
- A new awareness has been created among the public with respect to the efficiency of Homoeopathy in controlling and curing various diseases especially acute and chronic and epidemic. This new enlightenment about Homoeopathy attracts many patients towards Homoeopathy whereby they have gains by way of economic as well as permanent cure from various ailments.
- School Health Programmes.
- Specialty Clinics.
- Secured prizes in District and state level in KUHS Arts & Sports
- National Service Scheme, Red Ribbon Club units are actively functioning in our college.
- Fully functional Statutory committee – College council, IQAC, Anti-ragging, Academic Monitoring cell/ Curriculum Committee, SSGP, Students Redressal & Grievance Committee, FDP, ICC, IEC, and Pharmacovigilance.

#### **6.4 Academic Departments**

The institution houses fully functional academic departments, including:

- Anatomy
- Physiology & Biochemistry
- Homoeopathic Pharmacy
- Pathology & Microbiology
- Forensic Medicine & Toxicology
- Organon of Medicine & Homoeopathic Philosophy
- Homoeopathic Materia Medica

- Homoeopathic Repertory & Casetaking
- Practice of Medicine
- Surgery
- Obstetrics & Gynaecology
- Community Medicine

Each department is equipped with qualified faculty, teaching models, charts, instruments, and departmental libraries to support effective learning.

### 6.5 Human resource profile

**Table 6.5 teaching staff**

Sr No	DEPARTMENT	Number of Teachers for UG			Available		
		Prof.	Asso. Prof	Asst. Prof	Prof.	Asso. Prof	Asst. Prof
		FT	FT	FT	FT	FT	FT
1.	Human Anatomy	1	1	2	0	0	1 1(Guest)
2.	Human Physiology and Biochemistry	1	1	2	1	0	1 1(Guest)
3.	Organon of Medicine and Homoeopathic Philosophy and Fundamental of Psychology	1	1	2	1 (Principal)	1	1

4.	Homoeopathic Pharmacy	1 or 1		1	1		1
5.	Homoeopathic Materia Medica	1	1	2	0	2	2
6.	Pathology & Microbiology	1	1	1	0	1	1
7.	Forensic Medicine	1 or 1		1	1	0	1
8.	Practice of Medicines with essentials of pharmacology	1	1	2	0	2	1
9.	Surgery	1	1	1	1	1	1
10.	Gynecology & Obstetrics	1	1	1	0	1	1
11.	Community Medicine, Research Methodology and Biostatics	1	1	1	1	0	1 GUEST
12.	Homoeopathic Repertory and case taking	1	1	2	0	1	1
	<b>TOTAL</b>	<b>40</b>			<b>30</b>		

**Table 6.5.2 Details of Non-Teaching Staff/ Supportive Staff**

<b>Sr. No</b>	<b>Department</b>	<b>Staff (Technical &amp; Non-Technical)</b>	<b>No. Required</b>	<b>Available</b>
1.	Anatomy	Laboratory attendant	01	<b>1</b>
		Cadaver assistant	01	<b>0</b>
2.	Physiology including biochemistry	Laboratory technician	01	<b>1</b>
		laboratory attendant	01	<b>1</b>
3.	Homoeopathic Pharmacy	Laboratory attendant	01	<b>1</b>
4.	Pathology and microbiology	Laboratory technician	01	<b>1</b>
		Lab attendant	01	<b>1</b>
5.	Library	Librarian	01	<b>1</b>
		Library assistant	01	<b>2</b>
6.	Administrative staff	Office superintendent	01	<b>1</b>
		Accountant	01	<b>1</b>
		Upper Division Clerk	01	<b>1</b>

		Lower Division Clerk	01	<b>3</b>
		Data entry operator	01	<b>0</b>
		Multi- Tasking Staff in admin section	02	<b>0</b>
7.	Multi -tasking staff	In all the departments	13	<b>3</b>

Table 6.5.3 Details of Hospital Staffs

Sr. No	Name of the Post	Required			Available		
		For 30 Beds	For 31 to 50 Beds	For 51 to 100 Beds	For 30 Beds	For 31 to 50 Beds	For 51 to 100 Beds
1.	Medical superintendent	1	1	1	1		
2.	Deputy medical superintendent*	1	1	1	1		
3.	General Physician	1	1	1	1		

	** (Emergency medicine and critical care)						
4.	Surgeon (general surgery) **	1	1	1	1		
5.	Obstetrician and Gynecologist**	1	1	1	1		
6.	Radiologist	On call	On call	On call	1		
7.	Pathologist or biochemist**	1	1	1	1		
8.	Medical officer	2	3	4	2		
9.	Resident medical officer	1	2	2	2		
10.	Anesthetist	On call	On call	On call	1		
11.	House physician(resident) ***	2	5	8	2		
12.	Public relation Officer or multipurpose social officer-- worker	1	1	1	0		

13.	Pharmacist	2	3	3	2		
14.	Laboratory technician	1	1	2	1		
15.	X-ray technician or radiographer	On call	1	1	1		
16.	Dresser	1	1	2	1		
17.	X-ray attendant	On call	1	1	1		
18.	Nursing staff in-charge	1	1	1	1		
19.	Nursing staff ****	5	6-8	9-16	8		
20.	Operation theatre nurse	1	1	1	0		
21.	Operation theatre assistant	1	1	1	0		
22.	Ward boys or Ayas	4	7	9	1		
23.	Storekeeper	1	1	1	1		

24.	Registration clerk or receptionist	1	2	2	1		
25.	Yoga instructor or physician	1	1	1	1		
26.	Physiotherapist	On call	1	1	1		
27.	Dietician	01	01	01	1		

## 6.6 Department-Wise Infrastructure & Equipments

### 6.6.1 Department of Human Anatomy

#### Infrastructure & Legal Compliance

- Anatomy Act, 1949 license is available and valid.
- Mandatory display of Anatomy Act is done.
- Cadaver registers and documentation are properly maintained and attested.
- Provision for waste disposal, incineration, and crematorium permission exists.
- Dissection hall is well ventilated, with wash basins and cadaver storage.

#### Museum & Teaching Aids

- Models, charts, specimens, histology slides, bones, skeletons, imaging samples are available well beyond minimum requirements.
- Histology and gross anatomy journals are maintained.
- Student-prepared charts are maintained with records.

### Laboratory Equipment

- Majority of equipment including dissection tables, cadaver tanks, embalming materials, stools, X-ray view boxes are adequate.
- Microscopes: 30 available against 35 required
- Cadaver Availability
- 02 cadavers available, compliant with norms.

## **6.6.2 Department of Human Physiology & Biochemistry**

### Physiology

- Equipment for human experiments largely adequate or surplus.
- ECG, spirometer, tonometer, ergometer, microscopes available.

### Biochemistry

- Most instruments available in excess.

## **6.6.3 Department of Pathology & Microbiology**

### Laboratory & Equipment

- Majority of equipment, reagents, microscopes, incubators, and specimens are adequately available.

### Museum

- Pathological specimens and slides exceed requirements.
- Models: 4 available vs 20 required

## **6.6.4 Department of Forensic Medicine & Toxicology**

### Equipment & Museum

- Most measuring instruments, catalogues, charts, specimens, weapons, and toxicological samples are adequately available.
- Acts, regulations, and legal records are fully maintained.

### Educational Activities

- Records of court visits and postmortem exposure are maintained.

#### **6.6.5 Department of Surgery**

- Surgical instruments, diagnostic tools, and consumables are adequate and often surplus.
- Museum charts are fully available.
- Specimens: Corn and TURP prostate not available.

#### **6.6.6 Department of Community Medicine**

##### Equipment & Models

- Most field and lab instruments available.
- Minor shortages: refrigerator, hydrometers, Horrock's apparatus.
- Museum models and charts mostly available.

#### **6.6.7 Department of Obstetrics & Gynaecology**

- Instruments, specimens, and models are adequate or surplus.

#### **6.6.8 Department of Practice of Medicine with Essentials of Pharmacology**

- Museum instruments, charts, X-rays, CT scans largely available.

#### **6.6.9 Department of Homoeopathic Pharmacy**

- Equipment, drugs, chemicals, herbarium, and garden are well developed.
- German Homoeopathic Pharmacopoeia not available.
- Potentiser, triturator, and globule-making models not available.
- Electronic balances: 2 vs 10 required.

#### **6.6.10 Department of Materia Medica**

- Charts, specimens, and displays are well above required numbers.

### 6.6.11 Department of Organon of Medicine & Psychology

- Museum, charts, e-materials, case catalogues are extensive and compliant.

### 6.6.12 Department of Repertory & Case Taking

- Charts, founder photographs, and repertory content fully available.

### 6.6.13. Department of Yoga for Health Promotion

- Most equipment available.
- Yoga exercise ball and belly twister available.

## 6.7 Courses

Course	Number of seats	Course duration
Bachelor of Homoeopathic Medicine and Surgery (BHMS)	63 (including 13 EWS seats)	5 ½ years including one year compulsory internship

## 6.8 Quality-Related Activities

Sl	Facility name	Accreditation body	Level	Status	Remarks
1	ANSSHMC	NABET, QCI		A+ (2024)	

## 6.9 Homoeo Medical College Hospital – Overview

- Fully functional daily OPS-4 under Gynaecology, Surgery, General Medicine and Paediatrics
- 30 bedded IP facility with diet, medicines, Physiotherapy
- Physiotherapy unit with latest equipment

- Dietician and Yoga Instructors
- X-ray, USG, ECG, Lab facilities available
- Speciality Ops for Cavner and Palliative care , Thyroid disorders, Musculo skeleton, Infertility, Geriatrics, Life style disorders etc.
- Medicines are provided free of cost

**Table 6.9.1 Statistics of Patients Attending the OPD Of ANSS Hospital**

Year	General Medicine	Surgery	OBG	Paediatrics	Grantd Total
2024-2025	27444	4054	1424	5026	37948

### 6.10 CME Programmes & NSS Activities Conducted In Our College



**Figure 6.10 CME Programme**

# **Annexures**



Annexure 3.3.1: Details of ISM Facilities - Hospital

Sl No	Name of Institution	Bed strength	Address	Village	Name of LSGD	Type of LSGD	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban /Rural
1	DAH Kottayam	50	Chief Medical Officer, District Ayurveda Hospital, Kottayam, Vayaskarakk unnu P.O, Kottayam Pin - 686 001	Kottayam	Kottayam Municipality	Municipality	Kottayam	Kottayam	Kottayam	Kottayam	Urban
2	GAH Changanassery	10	Chief Medical Officer, Govt: Ayurveda	Changanassery	Changanassery Municipality	Municipality	Changanacherry	Changanassery	Changanassery	Mavelikkara	Urban



5	GAH Meenadom	20	Kothala P.O, Kottayam Pin - 686 502	Meenadom	Meenadom	Meenadom GP	Grama Panchayath	Kottayam	Pampady	Puthuppally	Kottayam	Rural
6	GAH Nattakam	10	Charge Medical Officer, Govt: Ayurveda Hospital, Nattakam, Pallam P.O, Kottayam	Nattakam	Nattakam	Kottayam Municipality	Municipality	Kottayam	Kottayam	Kottayam	Kottayam	Urban

7	GAH Pala	20	Pin - 686 007	Pala Municipality	Meenachil	Pala	Pala	Kottayam	Urban
8	GAH Teekoy	10	Charge Medical Officer, Govt: Ayurveda Hospital, Pala, Karoor P.O, Kottayam-686 574	Teekoy GP	Erattuettayath	Erattupetta	Pathanamthitta	Poonjar	Rural

9	GAH Vaikom	20	Chief Medical Officer, Govt: Ayurveda Hospital, Vaikom, Vaikom P.O, Kottayam 686141	Vaikom	Vaikom Municip ality	Munici pality	Vaikom	Vaikom	Vaikom	Vaikom	Kottaya m	Urban
10	GAH Veliyan noor	30	Chief Medical officer, Govt: Ayurveda ospital, Veliyannoor P.O, Kottayam Dist., Pin- 686 634	Veliyan noor	Veliyan noor GP	Gram Panch ayath	Meenach il	Uzhavo or	Uzhavoo r	Kaduth uruthy	Rural	

1	GAH	10	Charge	Akalaku	Akalaku	Gramma	Akalaku	Pampad	Puthupp	Kottaya	Rural
1	Muzhoo r		Medical officer, Govt: Ayurveda Hospital, Moozhooor, Moozhooor P.O, Kottayam Dist, Pin- 686 503	nnam GP	nnam ayath	nnam	y	ally	m		

Annexure 3.3.1: Details of ISM Facilities - Dispensary

S I N O	Name of Institution	Str ea m	Address	Village	Name of LSGD	Type of LSGD	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban/Rural
1	GAD AYARKUN NAM	ISM	Charge Medical Officer, Govt: Ayurveda Dispensary, Ayarkunnam, Ayarkunnam P.O, Kottayam Dist, Pin-686564	Ayarkunnam	Ayarkunnam GP	GP	Ayarkunnam	Kottayam	Puthuppally	Kottayam	Rural
2	GAD BHARANA NGANAM	ISM	Charge Medical Officer, Govt: Ayurveda Dispensary, Bharananganam, Choondachery P.O,	Bharananganam	Bharananganam GP	GP	Bharananganam	Meenachil	Pala	Kottayam	Rural



5	GAD ELAMPALLY	ISM	Charge Medical Officer, Govt: Ayurveda Dispensary, Elampally, Elampally P.O, Kottayam Dist., Pin 686 503	Pallikkat hode	Pallikkat hode GP	GP	Anicadu	Kottay am	Kaduth uruthy	Kottaya m	Rural
6	GAD ELIKULAM	ISM	Charge Medical Officer, Govt: Ayurveda Dispensary, Elikulam, Koorali P.O, Kottayam Dist., Pin-686 522	Elikulam	Elikulam GP	GP	Elikulam	Kanjira ppally	Kanjira ppally	Pathan amthitt a	Rural
7	GAD ERUMELI	ISM	Charge Medical Officer, Govt: Ayurveda Dispensary, Erumeli, Erumeli	Erumeli	Erumeli GP	GP	Erumely (S)	Kanjira ppally	Poonja r	Pathan amthitt a	Rural

8	GAD ETTUMAN OOR	ISM	Charge Medical Officer, Govt: Ayurveda Dispensary, Ettumanoor, Peroor P.O, Kottayam Dist., Pin-686 637	Ettuman oor	Ettuman oor Municip ality	Munic ipalit y	Peroor	Kottay am	Kottay am	Yes	Urba n
9	GAD KADAPLA MATTAM	ISM	Charge Medical Officer, Govt: Ayurv eda Dispensary, Kadapl amattom, Vayala P. O, Kottayam Dist., Pin-686587	Kadapla mattom	Kadapla mattom GP	GP	Kadaplama ttom	Meena chil	Kaduth uruthy	Kottaya m	Rural

1	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Kaduthuruthy, Muttuchira P.O, Kottayam Dist., Pin-686 613	Kaduthuruthy	Kaduthuruthy GP	GP	Kaduthuruthy	Vaikom	Kaduthuruthy	Kottayam	Rural
0	KADUTHURUTHY										
1	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Kanakkary, Kadappur, Vattukulam P.O, Vayala (via), Kottayam Dist., Pin-686 587	Kanakkary	Kanakkary GP	GP	Kanakkary	Meenachil	Kaduthuruthy	Kottayam	Rural
1	KANAKKARY										

1	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Kangazha, Kangirappara P.O, Kottayam Dist., Pin- 686 555	Kangazha	Kangazha	GP	Kangazha	Kangazha	Changannassy	Kanjirappally	Pathanamthitta	Rural
2	KANGAZHA											
1	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Karoor, Vallichira P.O, Pala, Kottayam Dist., Pin-686 572	Karoor	Karoor	GP	Karoor	Karoor	Meenachil	Pala	Kottayam	Rural
3	KARoor											
1	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary,	Koruthodu	Koruthodu	GP	Koruthodu	Koruthode	Kanjirappally	Poonjar	Pathanamthitta	Rural
4	KOSADY											



1	GAD KUMARAN ALLOOR	ISM	Kottayam Dist., Pin-686 563	Charge Medical officer, Govt: Ayurveda Dispensary, Kumaranalloor, Kumaranalloor P.O, Kottayam Dist, Pin -	Kottayam Municipality	Municipality	Periumpadu	Kottayam	Kottayam	Kottayam	Yes	Urban
1	GAD KURAVILA NGADU	ISM	Kottayam Dist., Pin-686 633	Charge Medical officer, Govt: Ayurveda Dispensary, Kuravilangadu, Kuravilangadu P.O, Kottayam Dist., Pin-686 633	Kuravilangad GP	Kuravilangad GP	Kuravilangadu	Meenachil	Kaduthuruthy	Kottayam	Kottayam	Rural

1	GAD 9 KUTTICKA L	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Kuttickal, South Pampady P.O, Kottayam Dist., Pin-686 521	Pampady	Charge Medical officer, Govt: Ayurveda Dispensary, Mamunda, Santhipuram P.O, Kottayam Dist., Pin-686 545	Pampady	GP	Pampady	GP	Pampady	GP	Pampady	Kottayam	Puthupally	Kottayam	Rural
2	GAD 0 MAMUNDA	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Mamunda, Santhipuram P.O, Kottayam Dist., Pin-686 545	Karukachal	Charge Medical officer, Govt: Ayurveda Dispensary, Mamunda, Santhipuram P.O, Kottayam Dist., Pin-686 545	Karukachal	GP	Karukachal	GP	Karukachal	GP	Karukachal	Changanasseriy	Kanjirappally	Pathanamthitta	Rural
2	GAD 1 MANJOOR	ISM	Charge Medical officer, Govt: Ayurveda Dispensary,	Manarca	Charge Medical officer, Govt: Ayurveda Dispensary,	Manarca	GP	Manarca	GP	Manarca	GP	Manarca	Kottayam	Puthupally	Kottayam	Rural



2	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Madappally, Kurumbanadom P.O, Pailikkavaka, Kottayam Dist., Pin - 686 536	Madappally	Madappally GP	GP	Madappally	Changannassy	Changannassy	Mavelikkara	Rural
4	MADAPPALY										
2	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Manarcadu, Manarcadu PO Kottayam Dist., Pin-686 019	Maravanthuruthu	Maravanthuruthu GP	GP	Kulasekhar amangalam	Vaikom	Vaikom	Kottayam	Rural
5	MANARCA DU										
2	GAD	ISM	Charge Medical officer, Govt: Ayurveda	Mundakayam	Mundakayam GP	GP	Erumely (N)	Kanjirappally	Poonjar	Pathanamthitta	Rural
6	MUNDAKKAYAM										

2	GAD	ISM	Dispensary, Mundakkayam, Karinilam P.O, Amaravathy, Kottayam Dist., Pin - 686 513	Meenach il	Meenach il GP	GP	Poovarany	Meena chil	Pala	Kottaya m	Rural
7	MARAVAN THURUTH U		Charge Medical officer, Govt: Ayurveda Dispensary, Maravanthuruthu, Near Maravanthuruthu Grama Panchayath, Maravanthuruthu P.O, Kottayam Dist, Pin - 686 608								

2	GAD NEDUMKU NNAM	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Nedumkunnam, Nedumkunnam P.O, Kottayam Dist., Pin-686 542	Nedumk unnam GP	GP	Nedumkun nam	Changa nasser y	Kanjira ppally	Pathan amthitt a	Rural
2	GAD NEENDOO R	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Neendoor, Neendoor P.O, Kottayam Dist., Pin-686 601	Neendoo r GP	GP	Onamthur uthu	Kottay am	Ettuma noor	Kottaya m	Rural
3	GAD NJEZHOO R	ISM	Charge Medical officer, Govt: Ayurveda Dispensary,	Kaduthu ruthy GP	GP	Njeezhoor	Vaiko m	Kaduth uruthy	Kottaya m	Rural





3	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Poonjar Thekkekkara, Kottayam Dist., Pin - 686 582	Poonjar Thekkek ara	Poonjar Thekkek ara GP	GP	Poonjar Nadubhaga m	Meena chil	Poonja r	Pathan amthitt a	Rural
5	POONJAAR THEKKEK ARA										
3	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Puthuppally, Pariyaram P.O, Kottayam Dist., Pin-686 021	Puthupp ally	Puthupp ally GP	GP	Puthuppall y	Kottay am	Kottay am	Kottaya m	Rural
6	PUTHUPAL LY										
3	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary,	Ramapu ram	Ramapu ram GP	GP	Ramapura m	Meena chil	Pala	Kottaya m	Rural
7	RAMAPUR AM										



4	GAD	ISM	Thalayazham, Thalayazham P.O Vaikom, Kottayam 686 607	Thidana	Thidana	GP	Kondoor	Meena chil	Poonja r	Pathan amthitt a	Rural
1	THIDANAD U		Charge Medical officer, Govt: Ayurveda Dispensary, Thidanadu, Thidanadu P.O, Kottayam Dist., Pin-686 123	Thidana d	Thidana d GP	GP					
4	GAD	ISM	Charge Medical officer, Govt: Ayurv eda Dispensary, Thiruv arpu, Kummanam P.O pin 686005	Thiruvar ppu	Thiruvar ppu GP	GP	Chengalam	Kottay am	Ettuma noor	Kottaya m	Rural
2	THIRUVAR PU										

4	GAD TV PURAM	ISM	Charge Medical officer, Govt:Ayurveda Dispensary,TV Puram kottayam - 686140	TV Puram	TV Puram GP	GP	TV Puram	Vaiko m	Vaiko m	Kottaya m	Rural
4	GAD UZHAVOO R	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Uzhavoor, Uzhavoor East P.O, Kottayam 686 634	Uzhavoo r	Uzhavoo r GP	GP	Uzhavoor	Meena chil	Kaduth uruthy	Kottaya m	Rural
4	GAD	ISM	Charge Medical Officer, Govt. Ayurveda Dispensary, Vakathanam,Vakat hanam.P.O, Kottayam 686538	Vakatha nam	Vakatha nam GP	GP	Vakathana m	Changa nasser y	Puthup pally	Kottaya m	Rural
5	VAKATHA NNAM										

4	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Vazhappally, Kurisummoodu P.O, Kottayam -686 104	Vazhappally	Vazhappally GP	GP	Chethipuzha	Changannassy	Changannassy	Mavelikkara	Rural
6	VAZHAPPA LLY										
4	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Vazhoor, Chamampathal P.O, Kottayam Dist., Pin-686 517	Vazhoor	Vazhoor GP	GP	Vazhoor	Kangazhaddivision	Kanjirappally	Pathanamthitta	Rural
7	VAZHOOR										
4	GAD	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Velloor	Velloor	Velloor GP	GP	Velloor	Changannassy	Kanjirappally	Pathanamthitta	Rural
8	VELLOOR										

4	GAD VELLAVOO R	ISM	Velloor, Velloor Vadakara P.O, Kottayam - 686605	Velloor	Velloor	Vellavoo r GP	GP	Velloor	Vaiko m	Vaiko m	Kottaya m	Rural
5	GAD VELOOR	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Vellooor, Kadayanickad P.O, Kottayam 686541	Velloor	Velloor	Kottaya m Municip ality	Municip ality	Velloor	Kottay am	Kottay am	Kottaya m	Urba n

5	GAD 1 VIJAYAPUA RAM	ISM	Charge Medical officer, Govt: Ayurveda Dispensary, Vijayapuram, Manganam P.O, Kottayam Dist., Pin - 686 018	Vijayapu ram	Vijayapu ram	GP	Vijayapura m	Kottay am	Kottay am	Kottaya m	Rural
5	GAD 2 MEENACHI L	ISM	Charge Medical officer GAD, Meenachil, Edamattam p.o, Kottayam Dist, Pin- 686578	Meenach il	Meenach il GP	GP	Meenachil	Meena chil	Pala	Kottaya m	Rural

Annexure 3.3.1: Details of ISM Facilities -NHM dispensaries

S I N O	Name of Institution	Stram	Address	Village	Name of LSGD	Type of LSGD	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban/Rural
1	Ayush Prima Health Centre NHM	NH M	Arpookara PO,Kottayam	Arpookara	Arpookara	GP	Arpookara	Kottayam	Ettumoor	Kottayam	Rural
2	Ayush Prima Health Centre NHM	NH M	APHC Athirampuzha, Kottackupuram, Athirampuzh	Athirampuzha	Athirampuzha	GP	Athirampuzha	Kottayam	Ettumoor	Kottayam	Rural

3	Ayush Prima ry Health Centre NHM	NH M	a P. O, Kottayam	APHC ayamanam , Cheepunkal P.O, Kareemadom , Kottayam 686563	Aymanam	Aymanam	GP	Aymana m	Kottaya m	Ettuman oor	Kottaya m	Rural
4	NHM Ayush Prima ry Health Centre	NH M		APH Centre Erattupetta 686121,Kott ayam	Erattupetta	Erattupetta	Munc ipal	Erattupet ta	Meenach il	Pathana mthitta	No	urban

5	NHM Ay Ayush Prima ry Health Centre	NH M	APHC Kallar, Perumthurut h PO, kallara , Kottayam 686611	Kallara	Kallara	GP	Kallara	Thalayaz ham	Vaikom	Kottaya m	Rural
6	NHM Ay Ayush Prima ry Health Centre	NH M	APHC Kanji rappally , Vizhikkithod u P.O Kanji rappally , Kottayam 686518	Kanji rappally	Kanji rappally	GP	Koovapp ally	Mundak ayam	Kanji rappally	Pathana mthitta	Rural
7	NHM Ay Ayush Prima	NH M	APHC KOOTTICKA L, Yendayar P. O,	Koottickal	Koottickal	GP	Kootticka l	Mundak ayam	Poonjar	Pathana mthitta	Rural









### Annexure 3.3.1: Details of ISM Facilities - Hospital

Sl. No	Name of institution	Sanctioned bed strength	Average IP	Average OP
1	DAH Kottayam	50	56	9622
2	GAH Kothala	30	22	1956
3	GAH Veliyanoor	30	4	1351
4	GAH Vaikom	20	32	1836
5	GAH Meenadom	20	20	1261
6	GAH Pala	20	19	2445
7	GAH Changanacherry	10	24	4134
8	GAH Kidangoor	10	9	1661
9	GAH Nattakom	10	12	1966
10	GAH Teekoy	10	6	1219
11	GAH Muzhoor	10	0	754
	Total	220	204	28205

**Annexure 3.5.2: Table of Beneficiary details in Government ISM Dispensaries**

Sl No	Institution	Average monthly OP
1	GAD Ayarkunnam	914
2	GAD Bharananganam	918
3	GAD Brahmamangalam	1129
4	GAD Chirakkadavu	793
5	GAD Elampally	927
6	GAD Elikkulam	1229
7	GAD Erumely	883
8	GAD Ettumanoor	845
9	GAD Kadaplamattom	989
10	GAD Kaduthuruthy	1014
11	GAD Kanakkari	1220
12	GAD Kangazha	986
13	GAD Karoor	896
14	GAD Kosady	1223
15	GAD Kozhuvanal	848
16	GAD Kumarakom	1066
17	GAD Kumaranalloor	1417

18	GAD KuravilanGAD	1208
19	GAD Kuttickal	1513
20	GAD Madapally	1193
21	GAD Mamunda	679
22	GAD Manarcadu	1186
23	GAD Manjoor	1141
24	GAD Marangattupally	992
25	GAD Maravanthuruthu	1127
26	GAD Mattathippara	940
27	GAD Meenachil	729
28	GAD Mundakkayam	1631
29	GAD Nedumkunnam	949
30	GAD Neendoor	760
31	GAD Njeezhoor	992
32	GAD Panachikkadu	1110
33	GAD Parathodu	1364
34	GAD Payippadu	838
35	GAD Poonjar	991
36	GAD Poonjar Thekkekkara	1059

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37	GAD Puthuppally	910
38	GAD Ramapuram	1032
39	GAD Thalanadu	887
40	GAD Thalappalam	668
41	GAD Thalayazham	1102
42	GAD Thidanadu	898
43	GAD Thiruvarpu	1286
44	GAD TV Puram	1639
45	GAD Uzhavoor	690
46	GAD Vakathanam	1069
47	GAD Vazhapally	1090
48	GAD Vazhoor	1297
49	GAD Vellavoor	936
50	GAD Velloor	1328
51	GAD Velloor	1509
52	GAD Vijayapuram	874

**Annexure 3.5.3: Table of Beneficiary details in APHC dispensaries**

Sl No	Name of APHC	Average Monthly Op
1	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Arpookkara	1098
2	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Athirampuzha	2109
3	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Aymanam	890
4	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Erattupetta	1009
5	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Kallara	1178
6	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Kanjirappally	1870
7	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Koottickal	2108
8	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Kurichi	1187
9	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Manimala	876

10	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Melukavu	1051
11	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Moonilavu	1243
12	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Mulakkulam	1234
13	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Mutholy	834
14	AYUSH PRIMARY HEALTH CENTRE AYURVEDA thalayolapar ambu	976
15	AYUSH PRIMARY HEALTH CENTRE AYURVEDA thrikkodithan am	1157
16	AYUSH PRIMARY HEALTH CENTRE AYURVEDA Udayanapuram	1564
17	AYUSH PRIMARY HEALTH CENTRE AYURVEDA vechoor	1127

**Annexure 3.8: List of Institutions upgraded Ayushman Arogya Mandir (AAM-Ayush)**

<b>Sl no</b>	<b>Name of Institution</b>
1	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Bharananganam
2	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Elampally 686544
3	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Kadaplamattam 686571
4	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Karoor 686574
5	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Kozhuvanal 686573
6	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Kumarakom 686563
7	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Kuttikal 686513
8	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Marangattupally
9	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Mundakkayam 686513
10	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Neendoor 686603
11	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Njezhoor 686611
12	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Poonjar 686581
13	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Puthuppally 686011
14	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) T V Puram 686605
15	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Vazhapally 686103
16	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Vellavoor 686501
17	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Brahmamangalam
18	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Ettumanoor 686631
19	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kaduthuruthy 686604
20	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kanakkari 686632
21	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kumaranalloor 686016
22	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Madappally 686546
23	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Maravanthuruthu
24	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Nedumkunnam 686542
25	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Panachikkad 686014
26	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) PoonjarThekkekkara
27	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Ramapuram 686576

28	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thalayazham 686607
29	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Vazhoor 686504
30	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Velloor 686501

## Annexure 4.3.1: Details of Homoeopathy Facilities - Hospital

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/Municipality/Panchayat	Type Of Lsgd	Block Name	District Panchayat Division	Lok Sabha Constituency	Assembly Constituency	Urban/Rural
1	KOTTAYA M DISTRICT HOMOEOPATHY HOSPITAL	Homoeopathy	Kottaya	SH MOUNT PO NAGAMPADOM KOTTAYAM 686006			Panchayat		Kottayam	Kottayam	Kottayam	Rural

05H0 1	KURI CHY GOVT HOM OEO HOSP ITAL : 05H0 2	Homo eopath y	Kott aya m	GOVT.HOMOEO HOSPITAL KURICHY,SACHI VOTHAMAPURA M P.O,KOTTAYAM	KURICHY	Panch ayath	Pal lo m	Kotta yam	Kotta yam				Rural
2													
3	PALA GOVT HOM OEO HOSP ITAL :	Homo eopath y	Kott aya m	PALA PALA P O KOTTAYAM 686575	La la m	Palai Municipality	Muni cipali ty						Urban

05H0													
3													

**Annexure 4.3.2: Details of Homoeopathy Dispensary**

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/Municipality/Panchayath	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban/Rural
1	AIMANA M GOVT HOMEO DISPENS ARY : 05D01	Homoeopathy	Kottayam	MARIYATHURU TH PO ,KUDAYAMPAD Y ,KOTTAYAM 686017	Aymana m	AYMANAM	Panchayath	Ettumannor	Kottayam	Kottayam	Ettumannoor	Rural

2	ARPOOK KARA APHC : 05N01	Homeopathy	Kottayam	AYUSH PHC (NHM) HOMOEOPATH Y, ARPOOKKARA GRAMAPANICH AYAT, VILLOONNI P O, KOTTAYAM	Arpookara	ARPOOKKARA	Panchayath	Ettumannor	Kottayam				Ettumannor	Rural
3	CHANGA NASSERI GOVT HOMOEOP DISPENS ARY : 05D02	Homeopathy	Kottayam	CHANGANASSE RRY MANNAM CULTURAL CENTRE LADIES & CHILDREN LIBRARY BUILDING PERUNNA P O CHANGANASSE RRY	Changanacherry	Changanacherry Municipality	Municipality						Changanasery	Urban

4	CHEMPU APHC : 05N02	Hom oeop athy	Kot tay am	KOTTAYAM 686102	MURINJAPUZH A,CHEMPU P.O. VAIKOM.KOTTA YAM .686608	Chempu	CHEMPU	Panc haya th	Vaika m	Kott aya m	Kotta yam	Vaiko m	Rural
5	CHERPU NKAL GOVT HOMOE DISPENS ARY : 05D03	Hom oeop athy	Kot tay am	CHERPUNKAL CHERPUNKAL P.O PALA KOTTAYAM 686584	Puliyann oor	KOZHUVANAL	Panc haya th	Lala m	Kott aya m	Kotta yam	Pala	Rural	
6	CHIRAKK ADAVU GOVT HOMOE DISPENS	Hom oeop athy	Kot tay am	CHIRAKKADAV U PONKUNNAM P.O KANJIRAPALLI KOTTAYAM 686506	Chirakad avu	CHIRAKKADAVU	Panc haya th	Vazh oor	Kott aya m	Patha namt hitta	Kanjir appall y	Rural	

ARY : 05D04	Hom oeop athy	Kot tay am	ELACADU MANNACKANA DU P.O KURAVILANGA DU KOTTAYAM 686633	Kurichit hanam	MARANGATTUP ALLY	Panc haya th	Uzha voor	Kott aya m	Kotta yam	Kadut hurut hy	Rural
7	ELACADU GOVT HOMEO DISPENS ARY : 05D05										
ARY : 05D06	Hom oeop athy	Kot tay am	ELIKULAM ELAMGULAM KOORALI P.O KOTTAYAM 686522	Elamkul am	ELIKKULAM	Panc haya th	Pamb adi	Kott aya m	Kotta yam	Pala	Rural
8	ELIKULA M GOVT HOMEO DISPENS ARY : 05D06										
ARY : 05D06	Hom oeop athy	Kot tay am	ERATTUPETTA H MARKET ROAD ERATTUPETTA H P.O	Erattupe tta	Erattupetta Municipality	Mun icipa lity			Patha namt hitta	Poonj ar	Urba n
9	ERATTUP ETTAH GOVT HOMEO DISPENS										

ARY : 05D07	KOTTAYAM 686121	ERUMELY ERUMELY P.O KOTTAYAM 686509	ERumely (South)	ERUMELY	Panc haya th	Kanji rapp ally	Kott aya m	Patha namt hitta	Poonj ar	Rural
1 0 HOMEO DISPENS ARY : 05D08	Kot tay am	Hom oeop athy	Kot tay am	ETTUMANOOR ETTUMANOOR KOTTAYAM	Ettuman oor	Ettumanoor Municipality	Mun icipa lity	Kotta yam	Ettum anoor n	Urba n
1 1 GOVT HOMEO DISPENS ARY : 05D09	Kot tay am	Hom oeop athy	Kot tay am	EZHACHERY EZHACHERY P.O ANTHINADU	Vellilapp ally	RAMAPURAM	Panc haya th	Kotta yam	Pala	Rural
1 2 RY GOVT HOMEO DISPENS	Kot tay am	Hom oeop athy	Kot tay am							

ARY : 05D10	Hom oeop athy	Kot tay am	KOTTAYAM 686651	Ramapur am	KADANADU	Panc haya th	Lala m	Kott aya m	Kotta yam	Pala	Rural
1 3 : 05N03			NHM APHC HOMOEOPATH Y KADANAD. MANATHOOR, PIZHAK PO. KOTTAYAM (DISTRICT)								
1 4 GOVT HOMOE DISPENS ARY : 05D11	Hom oeop athy	Kot tay am	KADAPLAMATT OM KADAPALMATT OM P O KIDANGOOR KOTTAYAM 686571	Kadapla mattom	KADAPLAMATT OM	Panc haya th	Uzha voor	Kott aya m	Kotta yam	Kadut hurut hy	Rural
1 5 GOVT HOMOE	Hom oeop athy	Kot tay am	POOZHIKOL.P .O. KADUTHURUT	Kaduthu ruthy	KADUTHURUTH Y	Panc haya th	Kada thuru thy	Kott aya m	Kotta yam	Kadut hurut hy	Rural

DISPENS ARY : 05D12	Hom oeop athy	Kot tay am	HY , KOTTAYAM	Panachic adu	PANACHIKADU	Panc haya th	Pallo m	Kott aya m	Kotta yam	Kotta yam	Rural
1 6 GOVT HOMEO DISPENS ARY : 05D13	Hom oeop athy	Kot tay am	GOVT. HOMEO DISPENSARY KADUVAKKULA M KOLLAD P.O KOTTAYAM 686004	Panachic adu	PANACHIKADU	Panc haya th	Pallo m	Kott aya m	Kotta yam	Kotta yam	Rural
1 7 GOVT HOMEO DISPENS ARY : 05D14	Hom oeop athy	Kot tay am	KALLARA SOUTH P.O KOTTAYAM 686611	Kallara	KALLARA	Panc haya th	Kada thuru thy	Kott aya m	Kotta yam	Vaiko m	Rural
1 8 ARI GOVT HOMEO DISPENS	Hom oeop athy	Kot tay am	KANAKKARI KANAKKARI P.O KOTTAYAM 686632	Kanakka ry	KANAKKARY	Panc haya th	Uzha voor	Kott aya m	Kotta yam	Kadut hurut hy	Rural

ARY : 05D15	Hom oeop athy	Kot tay am	AYUSHNHM PHC (HOMOE), PATHANAD , KANGAZHA P.O.	Kangazh a	KANGAZHA	Panc haya th	Vazh oor	Kott aya m	Patha namt hitta	Kanjir appall y	Rural
1 9 : 05N04	Hom oeop athy	Kot tay am	GOVT. HOMOE DISPENSARY, KANJIRAPPALL Y, 1ST FLOOR, PANCHAYAT SHOPPING COMPLEX, KURISINKAL, KANJIRAPPALLY P.O, KOTTAYAM- 686507	Kanjirap pally	KANJIRAPPALLY	Panc haya th	Kanji rapp ally	Kott aya m	Patha namt hitta	Kanjir appall y	Rural
2 0 HOMOE DISPENS ARY : 05D16	Hom oeop athy	Kot tay am									

2	KARIMPA NI GOVT HOMOE DISPENS ARY : 05D17	Hom oeop athy	Kot tay am	GOVT HOMOE DISPENSARY KARIMPANI, (VIA) AYARKKUNNN AM, KARIMPANI PO	Akalaku nnam	AKALAKKUNNA M	Panc haya th	Pamb adi	Kott aya m	Kotta yam	Puthu ppall y	Rural
2	KARUKA CHAL APHC : 05N05	Hom oeop athy	Kot tay am	AYUSH PHC HOMOE, KARUKACHAL P.O.	Karukac hal	KARUKACHAL	Panc haya th	Vazh oor	Kott aya m	Patha namt hitta	Kanjir appall y	Rural
2	KIDANGO OR GOVT HOMOE DISPENS ARY : 05D18	Hom oeop athy	Kot tay am	GHD KIDANGOOR,KI DANGOOR P O,KOTTAYAM- 686572	Kidango or	KIDANGOOR	Panc haya th	Pamb adi	Kott aya m	Kotta yam	Kadut hurut hy	Rural

2	KORUTH	Hom	Kot	AYUSH PHC(NHM) HOMEOPATHY, KORUTHODU, MADUKKA P. O., PANACKACHIR A6	Korutho du	KORUTHODE	Panc haya th	Kanji rapp ally	Kott aya m	Patha namt hitta	Poonj ar	Rural
4	OD APHC : 05N06	oeop athy	tay am									
2	KOTTAYA	Hom	Kot	APHC MUTTAMBALA M PO, KOTTAYAM	Muttamb alam	Kottayam Municipality	Mun icipa lity					Urba n
5	M APHC : 05N07	oeop athy	tay am									
2	KOTTIKK	Hom	Kot	APHC(NHM)HO MOEO,KOOTTIC KAL PANCHAYATH, ELAMKAD PO,KOTTAYAM, PIN-686514	Koottick al	KOOTTICKAL	Panc haya th	Kanji rapp ally	Kott aya m	Patha namt hitta	Poonj ar	Rural
6	AL APHC : 05N08	oeop athy	tay am									

2	KOTTUM EL GOVT HOMEO DISPENS ARY : 05D19	Hom oeop athy	Kot tay am	KOTTUMEL MARAVANTHU RUTHU KULASEKARAM ANGALAM KOTTAYAM 686608	Kulasekh aramang alam	MARAVANTHUR UTHU	Panc haya th	Vaika m	Kott aya m	Kotta yam	Vaiko m	Rural
2	KUDAKK ACHIRA GOVT HOMEO DISPENS ARY : 05D20	Hom oeop athy	Kot tay am	KUDAKKACHIR A KUDAKKACHIR A P.O MARANGATTU PALLY KOTTAYAM 686635	Vallichir a	KARoor	Panc haya th	Lala m	Kott aya m	Kotta yam	Pala	Rural
2	KUMARA KAM GOVT HOMEO DISPENS	Hom oeop athy	Kot tay am	KUMARAKAM KUMARAKAM P.O KOTTAYAM 686563	Kumarak om	KUMARAKOM	Panc haya th	Ettu mann or	Kott aya m	Kotta yam	Ettum anoor	Rural

ARY : 05D21	Hom oeop athy	Kot tay am	AYUSH(NHM)P RIMARY HEALTH CENTRE,KURAV ILANGAD, GRAMAPANCH AYATH OFFICE BUILDING, KURAVILANGA D PO, KURAVILANGA D.	Kuravila ngadu	KURAVILANGAD U	Panc haya th	Uzha voor	Kott aya m	Kotta yam	Kadut hurut hy	Rural
3 0 APHC : 05N09	Hom oeop athy	Kot tay am	AYUSH(NHM)P RIMARY HEALTH CENTRE,KURAV ILANGAD, GRAMAPANCH AYATH OFFICE BUILDING, KURAVILANGA D PO, KURAVILANGA D.	Monippa lly	MARANGATTUP ALLY	Panc haya th	Uzha voor	Kott aya m	Kotta yam	Kadut hurut hy	Rural
3 1 : 05N10	Hom oeop athy	Kot tay am	AYUSH PRIMARY HEALTH CENTRE, KURIANAD P O,								



DISPENSARY : 05D24	Hom	Kot	ORAVACKAL KOTTAYAM 686501	Manimala	Panc	Kanji	Kott	Patha	Kanjir	Rural
3 MANIMA 5 LA APHC : 05N11	oeop athy	tay am	AYUSH PHC, HOMOEOPATH Y MUKKADA PO, MANIMALA	MANIMALA	haya th	rapp ally	aya m	namt hitta	appall y	Rural
3 MANJOO 6 R GOVT HOMOE DISPENS ARY : 05D25	Hom	Kot	MANJLOOR MANJLOOR P.O KURUPPANTHA RA KOTTAYAM 686603	MANJLOOR	haya th	Uzha voor	aya m	Kotta yam	Kadut hurut hy	Rural
3 MANNAN 7 AM GOVT HOMOE DISPENS ARY : 05D26	Hom	Kot	GOVT HOMOE DISPENSARY MANNANAM, KUTTI PADI, MANNANAM P.O, KOTTAYAM 686561	ATHIRAMPUZH A	haya th	Ettu mann or	aya m	Kotta yam	Ettum anoor	Rural
	oeop athy	tay am								

3	MARANG ATTUPAL LY APHC : 05N12	Hom oeop athy	Kot tay am	APHC (NHM) MARANGATTU PILLY TOWN MARANGATTU PILLY P.O KOTTAYAM	Elakkadu	MARANGATTUP ALLY	Panc haya th	Uzha voor	Kott aya m	Kotta yam	Kadut hurut hy	Rural
3	MEENAC HIL GOVT HOMEO DISPENS ARY : 05D27	Hom oeop athy	Kot tay am	MEENACHIL MEENACHIL P.O KOTTAYAM 686577	Poovara ny	MEENACHIL	Panc haya th	Lala m	Kott aya m	Kotta yam	Pala	Rural
4	MEENAD AM GOVT HOMEO DISPENS ARY : 05D28	Hom oeop athy	Kot tay am	MEENADOM MEENADOM P.O KOTTAYAM 686516	Meenado m	MEENADOM	Panc haya th	Pamb adi	Kott aya m	Kotta yam	Puthu ppall y	Rural

4	MELUKA 1	Hom oeop athy	Kot tay am	GOVT HOMEO DISPENSARY ,CHELAKKUNN U KAVALA MELUKAVU P O KOTTAYAM 686652	Melukav u	MELUKAVU	Panc haya th	Eratt upett a	Kott aya m	Kotta yam	Pala	Rural
4	MONIPPA 2	Hom oeop athy	Kot tay am	MONIPPALLY MONIPPALLY P.O KURAVILANGA D KOTTAYAM 686636	Monippa lly	UZHAVOOR	Panc haya th	Uzha voor	Kott aya m	Kotta yam	Kadut hurut hy	Rural
4	MOONNI 3	Hom oeop athy	Kot tay am	MOONNILAVU VALIAKUMARA MANGALAM P.O PLASSANAL KOTTAYAM 686586	Moonnil avu	MOONNILAVU	Panc haya th	Eratt upett a	Kott aya m	Kotta yam	Pala	Rural



ARY : 05D34	Hom oeop athy	Kot tay am	P.O KOTTAYAM 686573	Anicadu	PALLICKATHOD U	Panc haya th	Pamb adi	Kott aya m	Kotta yam	Kanjir appall y	Rural
4 7 MYLADIK KARA GOVT HOMEO DISPENS ARY : 05D35	Hom oeop athy	Kot tay am	MYLADIKKARA ANICADU WEST P.O PALLICKATHO DE KOTTAYAM 686503	Anicadu	PALLICKATHOD U	Panc haya th	Pamb adi	Kott aya m	Kotta yam	Kanjir appall y	Rural
NEDUNK UNNAM APHC : 05N13	Hom oeop athy	Kot tay am	APHC ( HOMEO) NEDUMKUNNA M PO. KOTTAYAM	Nedumk unnam	NEDUMKUNNA M	Panc haya th	Vazh oor	Kott aya m	Patha namt hitta	Kanjir appall y	Rural
4 9 NEENDO OR GOVT HOMEO DISPENS	Hom oeop athy	Kot tay am	NEENDOOR MOOZHUKULAG ARA P.O KOTTAYAM 686601	Onamthu ruthu	NEENDOOR	Panc haya th	Ettu mann or	Kott aya m	Kotta yam	Ettum anoor	Rural



5	PAMPAD Y GOVT HOMEO DISPENS ARY : 05D38	Hom oeop athy	Kot tay am	GHD PAMPADY ,VELLOOR PO,KOTTAYAM	Pampady	PAMPADY	Panc haya th	Pamb adi	Kott aya m	Kotta yam	Puthu ppall y	Rural
5	PANACHI KAPARA PERIPHE RAL UNIT : 05D40P0 1	Hom oeop athy	Kot tay am		Poonjar Nadubha gam	POONJAR	Panc haya th	Eratt upett a	Kott aya m			Rural
5	PARATH ODE GOVT HOMEO DISPENS ARY : 05D39	Hom oeop athy	Kot tay am	PARATHODE PARATHODE P.O KANJIRAPALLI KOTTAYAM 686512	Edakkun nam	PARATHODU	Panc haya th	Kanji rapp ally	Kott aya m	Patha namt hitta	Poonj ar	Rural

5	POONJAR GOVT HOMEO DISPENS ARY : 05D40	Hom oeop athy	Kot tay am	CHENNADU P.O ERATTUPETTA KOTTAYAM 686581	Poonjar	POONJAR	Panc haya th	Eratt upett a	Kott aya m	Patha namt hitta	Poonj ar	Rural
5 7	POONJAR - THEKKE KKARA GOVT HOMEO DISPENS ARY : 05D41	Hom oeop athy	Kot tay am	POONJAR- THEKKEKKARA POONJAR- THEKKEKKARA P.O MEENACHIL KOTTAYAM 686582	Poonjar Nadubha gam	POONJAR THEKKEKKARA	Panc haya th	Eratt upett a	Kott aya m	Patha namt hitta	Poonj ar	Rural
5 8	PRAVITH ANAM GOVT HOMEO DISPENS	Hom oeop athy	Kot tay am	PRAVITHANAM PRAVITHANAM P.O ANTHINADU	Bharana nganam	BHARANANGAN AM	Panc haya th	Lala m	Kott aya m	Kotta yam	Pala	Rural

ARY : 05D42	Hom oeop athy	Kot tay am	KOTTAYAM 686651	Ayarkun nam	AYARKUNNAM	Panc haya th	Pallo m	Kott aya m	Kotta yam	Puthu ppall y	Rural
5 9 HOMOEO DISPENS ARY : 05D43	Hom oeop athy	Kot tay am	GHD PUNNATHARA PUNNATHURA EAST P.O AYARKUNNAM KOTTAYAM 686583	Ayarkun nam	AYARKUNNAM	Panc haya th	Pallo m	Kott aya m	Kotta yam	Puthu ppall y	Rural
6 0 HOMOEO DISPENS ARY : 05D44	Hom oeop athy	Kot tay am	PUTHUPALLY PAYYAPPADI P.O PUTHUPALLY KOTTAYAM 686034	Puthupp ally	PUTHUPALLY	Panc haya th	Pallo m	Kott aya m	Kotta yam	Puthu ppall y	Rural
6 1 APHC : 05N15	Hom oeop athy	Kot tay am	AYUSH [NHM] PRIMARY HEALTH CENTRE[HOMO]	TV Puram	T V PURAM	Panc haya th	Vaika m	Kott aya m	Kotta yam	Vaiko m	Rural



6	THALAYA ZHAM GOVT HOMOE0 DISPENS ARY : 05D46	Hom oeop athy	Kot tay am	THALAYAZHAM . P O , VAIKOM, KOTT AYAM	Thalayaz ham	THALAYOLAPAR AMBU	Panc haya th	Vaika m	Kott aya m	Kotta yam	Vaiko m	Rural
6	THALAYO LAPPARA MBU GOVT HOMOE0 DISPENS ARY : 05D47	Hom oeop athy	Kot tay am	THALAYOLAPP ARAMBU VADAYAR P.O THALAYOLAPP ARAMBU KOTTAYAM 686605	Vadayar	THALAYOLAPAR AMBU	Panc haya th	Kada thuru thy	Kott aya m	Kotta yam	Vaiko m	Rural
6	THIDANA D APHC : 05N18	Hom oeop athy	Kot tay am	AYUSH(NHM) PHC HOMEOPATHY THIDANAD THIDANAD P.O.	Kondoor	THIDANADU	Panc haya th	Eratt upett a	Kott aya m	Patha namt hitta	Poonj ar	Rural



HOMOEODISPENSARY : 05D50	Homoeopathy	Kottayam	M.P.O., KOTTAYAM 686143	Uzhavoor	UZHAVOOR	Panchayath	Uzhavoor	Kottayam	Kottayam	Kaduthy	Rural
71 : 05N19	UZHAVOR APHC, UZHAVOOR GRAMA PANCHAYATH, KOTTAYAM DISTRICT, KERALA, PIN(686634)	Kottayam	UZHAVOOR APHC, UZHAVOOR GRAMA PANCHAYATH, KOTTAYAM DISTRICT, KERALA, PIN(686634)	Uzhavoor	UZHAVOOR	Panchayath	Uzhavoor	Kottayam	Kottayam	Kaduthy	Rural
72	VAIKKAM GOVT HOMOEODISPENSARY : 05D51	Homoeopathy	GOVT. HOMOEODISPENSARY, VAIKKAM, CHAALAPARAMBU, EAST GATE VAIKKAM P.O, KOTTAYAM.	Naduvila	Vaikom Municipality	Municipality		Kottayam	Kottayam	Vaikom	Urban

7	VAIKOM	Homeopathy	Kottayam	NSS KARAYOGA BUILDING, THEKKENADA PO, VAIKOM	Vaikom	Vaikom Municipality	Municipality				Kottayam	Vaikom	Urban
3	APHC : 05N20												
7	VAKATHANAM	Homeopathy	Kottayam	VAKATHANAM PUTHENCHANTHA P.O	Vakathanam	VAKATHANAM	Panchayath	Madappally	Kottayam		Kottayam	Puthappally	Rural
4	ANAM GOVT HOMOEOPATHY DISPENSARY : 05D52												
7	VAZHAPALLY	Homeopathy	Kottayam	APHC VAZHAPALLY CHEERANCHIR A PO(NEAR UPS CHEERANCHIR A) 686106	Vazhappally (East)	VAZHAPPALLY	Panchayath	Madappally	Kottayam		Mavelikkara	Changanasery	Rural
5	APHC : 05N21												



7 9	VELLAVO OR APHC : 05N24	Hom oeop athy	Kot tay am	AYUSH PRIMARY HEALTH CENTRE HOMEOPATHY , VELLAVOOR , PIN -686541	Vellavoo r	VELLAVOOR	Panc haya th	Vazh oor	Kott aya m	Patha namt hitta	Kanjir appall y	Rural
8 0	VELLOOR APHC : 05N25	Hom oeop athy	Kot tay am	IRUMPAYAM P. O., VELLOOR, KOTTAYAM	Velloor	VELLOOR	Panc haya th	Kada thuru thy	Kott aya m	Kotta yam	Vaiko m	Rural
8 1	VIJAYAPU RAM GOVT HOMOE DISPENS ARY : 05D54	Hom oeop athy	Kot tay am	VIJAYAPURAM VADAVATHOOR P.O KOTTAYAM 686010	Vijayapu ram	VIJAYAPURAM	Panc haya th	Pallo m	Kott aya m	Kotta yam	Kotta yam	Rural

**Annexure 4.5.1: Table of Beneficiary details in Hospitals**

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	Kottayam District Homoeo Hospital	5130	53	25
2	Kurichy Govt Homoeo Hospital	4950	177	125
3	Pala Govt Homoeo Hospital	3630	115	25

**Annexure 4.5.2: Table of Beneficiary details in Govt Homoeo Dispensaries**

Sl No	Name of office & Code	Average OP
1	Aimanam Govt Homoeo Dispensary : 05D01	873
2	Changanasseri Govt Homoeo Dispensary :	903
3	Cherpunkal Govt Homoeo Dispensary :	535
4	Chirakkadavu Govt Homoeo Dispensary :	1426
5	Elacadu Govt Homoeo Dispensary : 05D05	397
6	Elikulam Govt Homoeo Dispensary : 05D06	640
7	Erattupettah Govt Homoeo Dispensary :	1193
8	Erumeli Govt Homoeo Dispensary : 05D08	852
9	Ettumanoor Govt Homoeo Dispensary :	977
10	Ezhachery Govt Homoeo Dispensary : 05D10	488
11	Kadaplamattom Govt Homoeo Dispensary :	531

12	Kaduthuruthy Govt Homoeo Dispensary :	455
13	Kaduvakkulam Govt Homoeo Dispensary :	969
14	Kallara Govt Homoeo Dispensary : 05D14	654
15	Kanakkari Govt Homoeo Dispensary : 05D15	941
16	Kanjirapally Govt Homoeo Dispensary :	806
17	Karimpani Govt Homoeo Dispensary :	281
18	Kidangoor Govt Homoeo Dispensary :	951
19	Kottumel Govt Homoeo Dispensary : 05D19	725
20	Kudakkachira Govt Homoeo Dispensary :	406
21	Kumarakam Govt Homoeo Dispensary :	1029
22	Lakkattoor Govt Homoeo Dispensary :	577
23	Madapally Govt Homoeo Dispensary :	595
24	Manarcad Govt Homoeo Dispensary : 05D24	765
25	Manjoor Govt Homoeo Dispensary : 05D25	690
26	Mannanam Govt Homoeo Dispensary :	772
27	Meenachil Govt Homoeo Dispensary : 05D27	395
28	Meenadam Govt Homoeo Dispensary :	703
29	Melukavu Govt Homoeo Dispensary : 05D29	300
30	Monippally Govt Homoeo Dispensary :	560
31	Moonnillavu Govt Homoeo Dispensary :	505
32	Mulakkulam Govt Homoeo Dispensary :	895
33	Mundakayam Govt Homoeo Dispensary :	1188

34	Mutholy Govt Homoeo Dispensary : 05D34	396
35	Myladikkara Govt Homoeo Dispensary :	295
36	Neendoor Govt Homoeo Dispensary : 05D36	629
37	Paipad Govt Homoeo Dispensary : 05D37	501
38	Pampady Govt Homoeo Dispensary : 05D38	639
39	Parathode Govt Homoeo Dispensary : 05D39	958
40	Poonjar Govt Homoeo Dispensary : 05D40	358
41	Poonjar-Thekkekkara Govt Homoeo	1110
42	Pravithanam Govt Homoeo Dispensary :	595
43	Punnathara Govt Homoeo Dispensary :	495
44	Puthupally Govt Homoeo Dispensary :	424
45	Teekoy Govt Homoeo Dispensary : 05D45	819
46	Thalayazham Govt Homoeo Dispensary :	453
47	Thalayolapparambu Govt Homoeo	1142
48	Thiruvarp Govt Homoeo Dispensary : 05D48	868
49	Thrikkodithanam Govt Homoeo Dispensary :	750
50	Udayanapuram Govt Homoeo Dispensary :	735
51	Vaikkam Govt Homoeo Dispensary : 05D51	579
52	Vakathanam Govt Homoeo Dispensary :	268
53	Veliyannur Govt Homoeo Dispensary :	430
54	Vijayapuram Govt Homoeo Dispensary :	536

**Annexure 4.5.3: Table of Beneficiary details in AYUSH PRIMARY HEALTH CENTRE& SCP dispensaries**

SI No	Name Of Office & Code	Average Op
1	Arpookkara Ayush Primary Health Centre	1489
2	Chempu Ayush Primary Health Centre	1331
3	Kadanadu Ayush Primary Health Centre	1140
4	Kangazha Ayush Primary Health Centre	1095
5	Karukachal Ayush Primary Health Centre	913
6	Koruthod Ayush Primary Health Centre	553
7	Kottayam Ayush Primary Health Centre	1159
8	Kottikkal Ayush Primary Health Centre	1324
9	Kuravilangadu Ayush Primary Health Centre	1083
10	Kurianadu Ayush Primary Health Centre	858
11	Manimala Ayush Primary Health Centre	896
12	Marangattupally Ayush Primary Health Centre	527

13	Nedunkunnam Ayush Primary Health Centre	856
14	Njeezhoor Ayush Primary Health Centre	851
15	T V Puram Ayush Primary Health Centre	859
16	Thalanad Ayush Primary Health Centre	1118
17	Thalappalam Ayush Primary Health Centre	778
18	Thidanad Ayush Primary Health Centre	1245
19	Uzhavoor Ayush Primary Health Centre	910
20	Vaikom Ayush Primary Health Centre	1572
21	Vazhapally Ayush Primary Health Centre	1103
22	Vazhoor Ayush Primary Health Centre	1005
23	Vechoor Ayush Primary Health Centre	1144
24	Vellavoor Ayush Primary Health Centre	583
25	Velloor Ayush Primary Health Centre	816

**Annexure 4.8 List of Institutions upgraded as AyushmanArogyaMandir (AYUSH)**

<b>Sl no</b>	<b>Name of Institution</b>
1	Ayushman Arogya Mandir Ayush ( Homoeopathy) Chirackadavu 686519
2	Ayushman Arogya Mandir Ayush ( Homoeopathy) Kanakkari 686632
3	Ayushman Arogya Mandir Ayush ( Homoeopathy) Karimpani 686652
4	Ayushman Arogya Mandir Ayush ( Homoeopathy) Koottummel 686518
5	Ayushman Arogya Mandir Ayush ( Homoeopathy) Kudackachira 686500
6	Ayushman Arogya Mandir Ayush ( Homoeopathy) Kumarakom 686563
7	Ayushman Arogya Mandir Ayush ( Homoeopathy) Lakkattoor 686501
8	Ayushman Arogya Mandir Ayush ( Homoeopathy) Madapally 686546
9	Ayushman Arogya Mandir Ayush ( Homoeopathy) Manarkadu 686019
10	Ayushman Arogya Mandir Ayush ( Homoeopathy) Manjoor 686603
11	Ayushman Arogya Mandir Ayush ( Homoeopathy) Mannanam 686561
12	Ayushman Arogya Mandir Ayush ( Homoeopathy) Moonnilavu 686585
13	Ayushman Arogya Mandir Ayush ( Homoeopathy) Mutholi 686577
14	Ayushman Arogya Mandir Ayush ( Homoeopathy) Neendoor 686603
15	Ayushman Arogya Mandir Ayush ( Homoeopathy) Thalayazham 686607
16	Ayushman Arogya Mandir Ayush ( Homoeopathy) Udayanapuram
17	Ayushman Arogya Mandir Ayush ( Homoeopathy) Vakathanam 686538

**Annexure 5.3.1 - Details of Medical & Paramedical posts Sanctioned in the District**

<b>Designation</b>	<b>No</b>
Medical Officer	33
Specialist Medical Officer	10
Accounting Clerk	1
Attender	3
Cook	1
Data Entry Operator	2
District Programme Manager	1
Junior Consultant Engineer	1
Lab Assistant	2
Lab Technician	5
Multi-Purpose Health Worker	52
Multi-Purpose Worker	23
Nursing Assistant	2
Overseer	1
Palliative Nurse	1
Pharmacist	4
Physiotherapist	4

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Project Co-Ordinator	3
Radiographer	1
Staff Nurse	5
Therapist	19
Yoga Demonstrator	2
Yoga Instructor	49

## Annexure 5.5.1 - Details of completed and ongoing construction list

Completed Work list						
SL No.	SAAP yr	Institution type	Institution name	AS Amount		
1	2015-16	Dispensary	Govt. Ayurveda Dispensary Njeezhoor	₹ 2,850,000.00		
2	2022-23	Dispensary	Govt. Ayurveda Dispensary Vazhoor	₹ 3,000,000.00		
3	2016-17	Dispensary	Govt. Homoeopathy Dispensary Kanakkari	₹ 2,087,086.00		
4	2017-18	Hospital	District Homoeopathy Hospital Kottayam	₹ 7,500,000.00		
5	2018-19	Hospital	Govt. Homoeopathy Hospital Kurichy	₹ 11,000,000.00		
6	2022-23	Dispensary	Govt. Homoeopathy Dispensary Naranganam	₹ 3,000,000.00		
7	2023-24	Dispensary	Govt. Homoeopathy Dispensary Chirakkadavu	₹ 3,000,000.00		

SL No.	Workname	SAAP Yr	Approval Amount	Agency	Expected date of Completion	Physical Progress
1	Construction of Govt. Homoeopathy Hospital Pala	2023-24	10,000,000.00	M/s KHRWS	16.01.2026	65% Works Completed
2	Construction of Govt. Ayurveda Hospital Veliyannur	2023-24	10,000,000.00	M/s KHRWS	24.01.2026	70% Works Completed
3	Upgradation of Govt. Ayurveda Hospital Kothala	2023-24	10,000,000.00	M/s KHRWS	14.02.2026	35% Works Completed
4	Construction of OP Block at Govt. Ayurveda Hospital Vaikom	2023-24	10,000,000.00	M/s KHRWS	10.06.2026	Works Commenced
5	Construction of Govt. Ayurveda Hospital Nattakom	2024-25	10,000,000.00	M/s KSCC	22.09.2026	Works Commenced

6	Construction of Govt. Homoeopathy Dispensary Cherppunkal	2024-25	3,000,000.00	M/s KSCC	25.03.2026	5% Works Completed
7	Upgradation of District Homoeopathy Hospital Kottayam	2024-25	2,500,000.00	M/s KSCC	25.01.2026	5% Works Completed
8	Upgradation of Govt. Ayurveda Hospital Muzhoor	2023-24	10,000,000.00	M/s KSCC	10.12.2026	Ongoing
9	Construction of Govt. Ayurveda Dispensary Kudukkachira	2024-25	3,000,000.00	M/s KSCC	19.05.2026	Ongoing
10	Upgradation of Govt. Ayurveda Hospital Pala	2023-24	10,000,000.00	M/s SILK	31.12.2026	Ongoing

Source: District Data

## State-Level Team for Data Compilation, Analysis, and District Profile Drafting

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**National Ayush Mission Kerala**

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