



## AYUSH @ ERNAKULAM

Health and Family Welfare & AYUSH Department  
Government of Kerala

**KERALA.HEALTH**

AYUSH @ ERNAKULAM

January 2026



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**Health and Family Welfare & AYUSH Department  
Government of Kerala**

**KERALA.HEALTH**





## MESSAGE



GOVERNMENT OF KERALA

**Pinarayi Vijayan**

CHIEF MINISTER

No. 250/Press/CMO/26

26 February, 2026

## MESSAGE

The health and well-being of the people of Kerala have always been at the centre of the Government's development agenda. Alongside the achievements of modern medicine, Kerala's strong tradition of Indian Systems of Medicine and Homoeopathy continues to play a vital role in promoting preventive, promotive, and holistic healthcare. Strengthening AYUSH services is therefore integral to our vision of inclusive, people-centred, and sustainable health systems.

The District AYUSH documentation is an important initiative that informs the status and performance of AYUSH services at the district level. By systematically presenting information on institutions, human resources, service delivery, and programme implementation, this document provides a clear understanding of how AYUSH systems contribute to improving population health, particularly in primary care, lifestyle disease management, geriatric care, and community wellness.

Kerala's public health experience demonstrates that strong outcomes are achieved through a balanced approach that combines curative care with prevention, health promotion, and community participation. AYUSH institutions, especially at the grassroots level, have been instrumental in expanding access to affordable healthcare and strengthening wellness-oriented interventions. The collective efforts of the Departments of Indian Systems of Medicine, Homoeopathy, National AYUSH Mission, and local self-governments are clearly reflected in this profile.

I am sure that this District AYUSH documentation will serve as a valuable reference for policymakers, administrators, and health professionals.

I extend my appreciation to all those who contributed to this effort and wish every success to the continued strengthening of AYUSH healthcare in Kerala.

**Pinarayi Vijayan**

**Dr. Rajan Khobragade IAS**  
Addl Chief Secretary  
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## **Smt. Veena George**

Minister for Health &  
Family Welfare  
and Woman & Child Welfare  
Development  
Government of Kerala

## **Message**

The Government of Kerala remains committed to strengthening public health systems that are equitable, responsive, and people centred. Within this framework, AYUSH systems play a unique and complementary role by emphasising prevention, lifestyle modification, and long-term management of health conditions. The District AYUSH documentation represents an important step towards systematically documenting and strengthening these contributions.

This document provides a comprehensive overview of AYUSH services in the district, covering infrastructure, human resources, beneficiary utilisation, and key programmes implemented under the National AYUSH Mission. By consolidating reliable data and analytical insights, the profile supports informed planning, efficient resource allocation, and continuous improvement in service delivery.

AYUSH institutions have significantly expanded access to primary healthcare, particularly in rural and underserved areas. Interventions focusing on non-communicable diseases, geriatric care, women's and child health, school health, and wellness promotion have enhanced community engagement and reduced pressure on secondary and tertiary facilities. The integration of AYUSH services with broader health initiatives further strengthens continuity of care.

I appreciate the dedicated efforts of the state officers, district officials, programme managers, medical officers, and frontline staff of the Indian Systems of Medicine, Homoeopathy, and National AYUSH Mission in preparing this document. I urge health administrators and professionals to actively use this document for analysis, planning, and action. I am confident that this initiative will contribute meaningfully to improving the reach, quality, and impact of AYUSH services and to advancing Kerala's goal of comprehensive healthcare for all.

  
**Veena George**





## Preface

The Department of Health and Family Welfare, including AYUSH, and various organizations have been taking sustained efforts to strengthen health systems through evidence-based planning, decentralised governance, and intersectoral collaboration.

In order to assess various schemes and programs implementation, their outputs and outcomes a comprehensive document series is being undertaken by the Department. This document offers a structured and comprehensive account of AYUSH services in the district, encompassing institutional infrastructure, human resources, service utilisation, and programme implementation. It highlights the role of AYUSH in preventive and promotive healthcare, management of chronic conditions, and delivery of community-based wellness interventions. By presenting standardised data and district-specific insights, the document enables comparative assessment, gap identification, and priority setting. It gives information for doing integrative medicine practice especially for NCD management, palliative care and geriatric care.

The preparation of this document required coordinated efforts from district officials, programme teams, and healthcare providers across Indian Systems of Medicine, Homoeopathy, and the National AYUSH Mission. The process itself has strengthened data validation, improved documentation practices, and reinforced the importance of using evidence for decision-making.

I am confident that the District AYUSH documentation will serve as a useful resource for administrators, planners, researchers, and practitioners. It will support informed policy dialogue, guide programme strengthening, and encourage greater integration of AYUSH within the broader public health system.

I commend the state and district teams for their commitment and hope that this initiative will contribute to further improving the quality, accessibility, and effectiveness of AYUSH services across Kerala. I also urge all to institutionalize this mechanism and annually publish District documents so as to maintain focus on achieving the priorities as per the VISION 2031 plans.

**Dr Rajan Khobragade IAS**

Additional Chief Secretary  
Health & Family Welfare and  
AYUSH Department  
Govt of Kerala.



## MESSAGE



The preparation of the District AYUSH Profile marks a significant step towards strengthening evidence-based planning and systematic documentation within the Govt. AYUSH sector. This comprehensive record reflects the collective efforts of the Departments of Indian Systems of Medicine and Homoeopathy, National AYUSH Mission, and the Educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

The document provides a detailed overview of district-level AYUSH activities, infrastructure, human resources, and the programmes implemented under various components of the National AYUSH Mission (NAM). It also highlights the growing role of AYUSH in preventive, promotive, and curative healthcare, as well as its contribution to education and community well-being.

I commend the sincere efforts of all officials and district teams involved in compiling this profile. I am confident that the information contained herein will serve as a valuable tool for planning, monitoring, and strengthening AYUSH services at the grassroots level, thereby furthering Kerala's commitment to accessible, quality, and holistic healthcare for all.

**Dr. D. Sajith Babu IAS**

State Mission Director

National AYUSH Mission, Kerala



## MESSAGE



Kerala's public health system is widely recognised for its people-centred approach, emphasis on equity, and sustained focus on preventive and promotive healthcare. The State's effective integration of community participation with institutional governance has enabled the delivery of quality health services and established Kerala as a leader in public health administration.

The Department of Indian Systems of Medicine (ISM), Government of Kerala, forms a vital component of this framework. Through its extensive institutional network, the Department upholds the classical foundations of Indian Systems of Medicine while addressing evolving health needs, ensuring accessible, affordable, and culturally appropriate healthcare services across the State.

In this backdrop, the District Profile Handbook has been developed as a comprehensive reference document reflecting the status and performance of ISM services at the district level. It provides a structured overview of institutional capacity, human resources, infrastructure, service delivery, and programme implementation, thereby supporting evidence-based planning and informed administrative decision-making.

The district profiles were prepared through systematic data generation, analysis, and consolidation using the Department's digital information systems, ensuring accuracy, uniformity, and transparency, and reinforcing a data-driven approach to governance and service improvement.

I place on record my sincere appreciation to the Joint Director and coordination team of ISM, including administrative staff, and the entire team of the National AYUSH Mission (NAM) for their dedicated efforts in drafting, reviewing, analysing, and consolidating the district profiles. Their coordinated engagement and technical competence were instrumental in ensuring the quality, reliability, and timely completion of this handbook.

It is hoped that this handbook will serve as a valuable planning and management resource for administrators, programme managers, and stakeholders, and contribute meaningfully to the continued strengthening of Indian Systems of Medicine in Kerala.

**Dr. K S Preeya**

Director

Department of Indian Systems of Medicine,  
Government of Kerala.



## MESSAGE



The Kerala model of healthcare delivery has earned global recognition for its people-centred, inclusive, and equity-driven approach to public health. Rooted in the belief that healthcare is a fundamental right of every citizen, the State has consistently demonstrated how thoughtful public action, community participation, and strong institutions can together achieve health outcomes comparable with those of many developed nations.

The Department of Homoeopathy, Government of Kerala, is proud to be an integral part of this collective journey. Through a wide network of government homoeopathic hospitals and dispensaries, the Department continues to extend accessible, affordable, and quality-assured healthcare services to diverse sections of society, while upholding the values of compassion, accountability, and professional excellence.

In this backdrop, the District Profile Handbook has been conceived as more than a compilation of statistics, it is a reflection of the people, institutions, and systems that sustain homoeopathic healthcare at the grassroot level. By presenting a structured and comprehensive overview of institutional capacity, human resources, service delivery, infrastructure, and ongoing programmes, this handbook seeks to support evidence-based planning, informed decision-making, and responsive governance.

The preparation of these district profiles has been made possible through the effective use of the department software- Ayush Homoeopathy Information Management System (AHiMS), enabling reliable, standardised, and centrally compiled data at the Directorate level. This digital integration marks an important step towards transparency, efficiency, and continuous system improvement.

I express my sincere appreciation to the District Medical Officers and the district medical office team for the timely review of the document and their valuable additions. I also extend my sincere thanks to the District Medical Officers, the medical and paramedical team, and all other district officials, including the AHiMS District Trainers, whose dedication and diligence in the timely updation of data in AHiMS helped in the prompt compilation of the District Profile document. Their collective efforts reinforce our shared commitment in strengthening healthcare in Kerala.

It is my earnest hope that this handbook will serve as a valuable planning and management resource, inspire constructive dialogue among stakeholders, and contribute meaningfully to shape a healthier and more resilient Kerala in the years to come.

**Dr. M. P. Beena**

Director  
Department of Homoeopathy,  
Government of Kerala.



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## INTRODUCTION

The District AYUSH Profile has been developed to provide a comprehensive overview of the AYUSH sector within the district, covering all aspects related to the Department of Indian Systems of Medicine (ISM), Department of Homoeopathy, National AYUSH Mission (NAM) initiatives, and AYUSH educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

This document serves as an authentic reference source reflecting the overall status of AYUSH healthcare and education in the district. It consolidates detailed information on infrastructure, human resources, healthcare facilities, educational institutions, and various programmes and schemes implemented through the ISM and Department of Homoeopathy, including activities undertaken under different components of NAM.

Structured in a systematic format, the District AYUSH Profile compiles data and analytical insights through tables, charts, and concise narratives for clarity and ease of understanding. It is intended to support evidence-based planning, programme evaluation, and strategic strengthening of AYUSH healthcare and educational systems at the district level, while identifying existing gaps and priorities for future interventions.

The preparation of this document reflects a commitment to systematic documentation and the continuous strengthening of AYUSH health and educational systems. It is envisaged that this District AYUSH Profile will serve as a valuable resource for administrators, planners, academicians, and stakeholders engaged in the promotion, integration, and advancement of AYUSH systems in the district.



## Chapter 1

### ERNAKULAM DISTRICT - AN OVERVIEW

#### 1.1 Introduction

Ernakulam District is situated almost in the middle of Kerala State on the coast of the Arabian Sea. It was formed on the 1st April 1958. The district most known of Kochi, which is a palm green commercial city endowed with one of the finest natural harbours in the world. The harbour is the nucleus around which Kochi and surrounding regions have grown and has become the Queen of the Arabian Sea. Kochi is the commercial capital and the most cosmopolitan city of Kerala. The district shares the borders Thrissur in the North, Idukki in the East, Alappuzha and Kottayam in the South and Lakshadweep Sea in the west. A small part of the area is shared with the Tamil Nadu border in the North-East. The district ranks fourth in the state in area and may well be called the hub of industrialization in Kerala. Total area of the district is 3068 sq. KM. It is 7.89% of Kerala state. The Periyar River, which is Kerala's second longest, flows through all the taluks except Muvattupuzha. The Muvattupuzha River and a branch of Chalakkudy River also flow through the district. The district has an optimum climate, and mostly lies within the Malabar Coast moist forests ecoregion, while the highlands are part of the Southwestern Ghats moist deciduous forests ecoregion.



**Figure 1.1: District Map**

## 1.2 The People and Population

Ernakulam district, one of Kerala's most urbanised and economically advanced regions, covers an area of 3,063 square kilometres and has a total population of 3,282,388, as per the 2011 Census. The population is fairly balanced between genders, with 1,617,602 males and 1,664,786 females, resulting in a sex ratio of 1,029 females per 1,000 males. The child population (0–6 years) constitutes about 9.3% of the total, with a child sex ratio of 958, indicating a stable demographic trend among younger age groups.

The district's literacy rate stands at 95.89%, with male literacy at 97.45% and female literacy at 94.42%, reflecting Ernakulam's strong educational standards and social development. Scheduled Castes (SCs) constitute about 8.6%, while Scheduled Tribes (STs) form around 0.4% of the total population. The population density is 1,072 persons per square kilometre, indicating a high concentration of people in urban centres such as Kochi, which serves as Kerala's commercial and industrial hub.

Ernakulam's demographic profile is characterised by high literacy, strong gender balance, and extensive urbanisation. The district attracts a large number of migrants for employment and education, contributing to its diverse cultural and social fabric. Overall, Ernakulam stands as a model of balanced human development, combining educational excellence, economic vitality, and demographic stability.

**Table 1.2: Demographic details**

Item	Number
Latitude	9.98164 N
Longitude	76.29988 E
Total Population	32,82,388
Male Population	16,19,557
Female Population	16,62,831
Children Age (0-6 Years )	3,04,242

Scheduled Caste	2,68,411
Scheduled Tribe	16,559
Urban Rural Population Ratio	2.13:1
Bpl Population	10,23,216 members in 3,21,012 families
Extremely Poor Population	8628 members in 5650 families
Child Sex Ratio	961
Sex Ratio	1024
Density Of Population	2770/sq m
Rate Of Growth Of -Population	5.69
Per Capita Income	Rs.94392
Literacy Rate	94
Literacy Rate Male	96.11
Literacy Rate	92.07
No.Of Revenue Blocks	14
No. Of Corporation	1 (Cochin )
No. Of Municipalities	13
No. Of Taluks	7
No. Of Parliament Constituencies	4
No. Of Assembly Constituencies	14
No. Of Revenue Villages	127
No. Of Block Panchayath	14

No. Of Grama Panchayath	82
Source: Census Handbook	

### 1.3 Ernakulam Health Overview

Ernakulam district has one of the most advanced and diversified healthcare systems in Kerala, supported by a robust network of government, private, and cooperative institutions. The district is home to several major hospitals, including the Government Medical College, Ernakulam General Hospital, and numerous taluk and community health centres that ensure access to quality healthcare for all sections of the population. Urban health centres and well-functioning primary health centres cater effectively to the densely populated city areas as well as rural communities. The district's healthcare infrastructure is further strengthened by private super-speciality hospitals and medical colleges that provide advanced treatment and specialised care.

Public health programmes focusing on maternal and child health, disease prevention, and lifestyle disease control are actively implemented through coordinated efforts of the health department and local self-governments. Ernakulam records high immunisation coverage, improved institutional delivery rates, and significant achievements in reducing infant and maternal mortality. The district also promotes preventive health through awareness campaigns, sanitation drives, and community participation. Alongside modern medical services, traditional and holistic healthcare systems are available, enhancing the district's comprehensive health coverage. With its strong institutional framework, efficient service delivery, and emphasis on both curative and preventive care, Ernakulam continues to maintain its position as a leading district in the health sector of Kerala.

### 1.4 AYUSH- Role in enhancing public health outcomes

The **AYUSH system plays a significant and complementary role** in strengthening the district's healthcare delivery, particularly in preventive, promotive, and chronic care. The **Indian Systems of Medicine (ISM) Department**, with a strong emphasis on **Ayurveda**, operates government Ayurveda hospitals and dispensaries across the district. These institutions provide effective management of lifestyle diseases, musculoskeletal disorders, gastrointestinal ailments, women's health issues, geriatric care, and post-COVID conditions, which are increasingly prevalent in

urbanized and industrial regions like Ernakulam. Ayurveda services also contribute to preventive healthcare through seasonal regimens, diet counselling, and wellness promotion.

The **Department of Homoeopathy** has an extensive presence in Ernakulam, catering to a large urban and peri-urban population. Homoeopathic institutions play an important role in the management of **chronic diseases, allergies, respiratory disorders, skin conditions, mental stress-related illnesses, and paediatric ailments**, offering patient-friendly, cost-effective, and long-term care options.

The **National AYUSH Mission (NAM)** has further strengthened AYUSH service delivery in the district by improving infrastructure, ensuring uninterrupted supply of essential medicines, supporting human resource deployment, and integrating AYUSH services into the public health system. NAM-supported initiatives in Ernakulam focus on **lifestyle disease management, yoga and wellness promotion, school health programmes, and community-based preventive health interventions**, particularly in urban settings where non-communicable diseases are a growing concern.

In summary, Ernakulam District's health system reflects a **well-integrated model** where **modern medicine and AYUSH systems function synergistically**. The active role of the **ISM Department, Department of Homoeopathy, and the National AYUSH Mission** significantly enhances the district's capacity to provide **holistic, accessible, and patient-centred healthcare**, reinforcing Ernakulam's position as a leader in health sector development in Kerala.

### **1.5 Key Achievements in AYUSH Healthcare Development**

The Government of Kerala has undertaken significant measures to strengthen Indian System of Medicine as part of its recent achievements. As part of this initiative, 82 Medical Officer posts and 162 paramedical staff positions, including 8 temporary posts, have been sanctioned to enhance service delivery and human resource capacity across ISM institutions. Further reinforcing secondary-level care, two Government Ayurveda Dispensaries have been upgraded to 10-bedded hospitals, namely Government Ayurveda Hospital, Moozhur in Kottayam district and Government Ayurveda Hospital, Pinarayi in Kannur district. These interventions reflect the State Government's commitment to improving infrastructure, expanding access to quality traditional healthcare, and ensuring better patient care through strengthened manpower and upgraded facilities.

Under the Homoeopathy Department, the Government of Kerala has achieved significant milestones in expanding access to public homoeopathic healthcare and strengthening institutional capacity. A total of 50 new homoeopathy facilities have been established across the State, ensuring that all Panchayats in Kerala are now covered with homoeopathy services, thereby achieving universal grassroots-level access. To support service expansion and improve care delivery, 50 new Medical Officer posts have been sanctioned. In line with the Government's vision to promote scientific validation and academic advancement in homoeopathy, the Department has also initiated structured research activities through Project HEART (Homoeopathy Evidence-based Advanced Research and Training). Further reinforcing research governance and ethical standards, a Scientific Advisory Board (SAB) and an Institutional Ethics Committee have been constituted under the Department. These initiatives collectively highlight the State's commitment to evidence-based practice, capacity building, and comprehensive healthcare delivery through homoeopathy.

National AYUSH Mission is the Centrally Sponsored Scheme under Ministry of AYUSH. Government of India has launched National AYUSH Mission (NAM) during 12<sup>th</sup> plan in 2014. In Kerala, the Mission has been operational since 2015. The primary objective of the National AYUSH Mission is to promote and mainstream traditional systems of medicine—Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy—within the public health delivery system. In Kerala, the Mission's activities are implemented through the State AYUSH Health Society at the State level and District AYUSH Health Societies at the district level. The Mission focuses on infrastructure development, human resource strengthening, ensuring adequate staffing in AYUSH hospitals, implementing projects in tribal areas, and establishing Ayushman Bharat AYUSH Health and Wellness Centres (Ayushman Arogya Mandirs - AYUSH). Out of the total budget, 75% is earmarked for the AYUSH Services, AYUSH Educational institutions and Ayush Health & Wellness Centre components, and 25% for the Flexipool component.

### **AYUSH Services Component**

#### **a) Infrastructure Development:**

Under the Upgradation of AYUSH Hospitals and Dispensaries scheme, NAM is facilitating the renovation and upgradation of AYUSH educational institutions, hospitals, and dispensaries under the Department of AYUSH.

### **b) Construction of Integrated AYUSH Hospitals:**

Under this component, new integrated hospitals are being established. So far, approval has been granted for the construction of five 50-bedded, four 30-bedded, and one 10-bedded Integrated AYUSH Hospitals.

- c)** Provision of additional human resources to AYUSH institutions.
- d)** Supply of hospital equipment to AYUSH healthcare facilities.
- e)** Supply of essential AYUSH medicines to healthcare institutions.
- f)** Allocation of contingency funds to address urgent institutional needs.
- g)** Implementation of seven AYUSH Public Health Programmes across the State. 238 units of programmes has been approved and being implemented.

### **AYUSH Health and Wellness Centres (Ayushman Arogyamandirs - AYUSH)**

These centres aim to deliver comprehensive primary healthcare through AYUSH systems, emphasizing disease prevention, health promotion, and Yoga-based lifestyle interventions. Each AYUSH HWC functions with an AYUSH Community Health Officer, Yoga Instructor, GNM-qualified Multi-Purpose Health Worker, and five ASHA workers. At present, 700 AYUSH dispensaries (420 ISM and 280 Homoeopathy) across Kerala have been upgraded to AYUSH Health and Wellness Centres.

### **Flexipool Component**

Under the Flexipool component, **36 AYUSH public health programmes** are being implemented across the State to strengthen community-level AYUSH health promotion and wellness initiatives.

### **Quality improvement of AYUSH Institutions**

To improve the service quality and infrastructure of AYUSH hospitals and Ayush Health & Wellness Centres, NAM is implementing NABH accreditation, Kayakalp and quality assurance programmes.

- In the first two phases, 250 AYUSH HWCs have already received NABH accreditation. An additional 250 centres have been selected for the third phase, and the process is progressing.

- Implemented AYUSH KAYAKALP award for Ayush institutions.132 institutions got AYUSH Kayakalp award.

### **Training and Capacity Building**

Continuous capacity building and skill enhancement of AYUSH personnel form a key component of the Mission. Training is provided on clinical and technical subjects through both offline and online modes.

A Learning Management System (LMS) has been developed to facilitate online training, with eight AYUSH-based courses already available, covering Ayurveda, Homoeopathy, Yoga, and Naturopathy.

The establishment of the National Institute of Training in AYUSH (NITIA) is underway to provide National and International -level training and capacity-building programmes for AYUSH professionals.

### **AYUSH Gram Programme**

The AYUSH Gram initiative, implemented at the Block level, aims to combat lifestyle and non-communicable diseases through Yoga sessions and health awareness activities led by trained Yoga instructors and AYUSH medical officers. The programme is currently being implemented in 16 blocks across the State.

### **IT Projects initiated**

With the support of Kerala Start up Mission & KELTRON, following softwares were developed for Ayush Sector in the State -

- a) AYUSH Procurement software
- b) Learning Management Software
- c) ERP software for real time monitoring civil works
- d) Payroll and Attendance Management system for NAM
- e) AYUSH payment management software

### **E-Sanjeevani - Telemedicine**

Telemedicine services have been introduced in the AYUSH sector through the E-Sanjeevani platform. Two consultation hubs—one for Ayurveda and another for Homoeopathy—have already become operational. The State Telemedicine Hub is nearing completion.

### **AYUSH Yoga Clubs**

Established 10,000 Ayush Yoga Clubs under the aegis of Ayush HWC to prevent and manage the NCDs and for the well-being of the people. AYUSH Yoga Club locator app has also been developed to monitor and locate the yoga clubs

## Chapter 2

### OVERVIEW OF AYUSH SERVICES

#### 2.1 Overview of AYUSH Services in Ernakulam District

The AYUSH system of healthcare in Ernakulam district forms an integral part of the public health delivery network, providing accessible and holistic medical care to the community through Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy streams. The district has a well-structured service delivery framework that includes hospitals, dispensaries, specialty centres, wellness facilities, educational institutions, and outreach health programmes. AYUSH services complement the mainstream healthcare system by focusing on preventive, promotive, curative, rehabilitative and palliative care with an emphasis on wellness and lifestyle modification.

#### 2.2 History and Evolution of AYUSH Services in the District

Ernakulam has historically been a centre of traditional healthcare in Kerala. Ayurveda and Homoeopathy services became formally organised under the State Government over the decades, gradually expanding into a structured district-level health system. Over time, AYUSH institutions in the district have evolved from standalone treatment units into a comprehensive service delivery network offering inpatient care, specialty clinics, public health initiatives, school and elderly health programmes, pain and lifestyle disorder clinics, and palliative care support. The evolution reflects a steady strengthening of infrastructure, manpower, training, and integration with National AYUSH and public health missions.

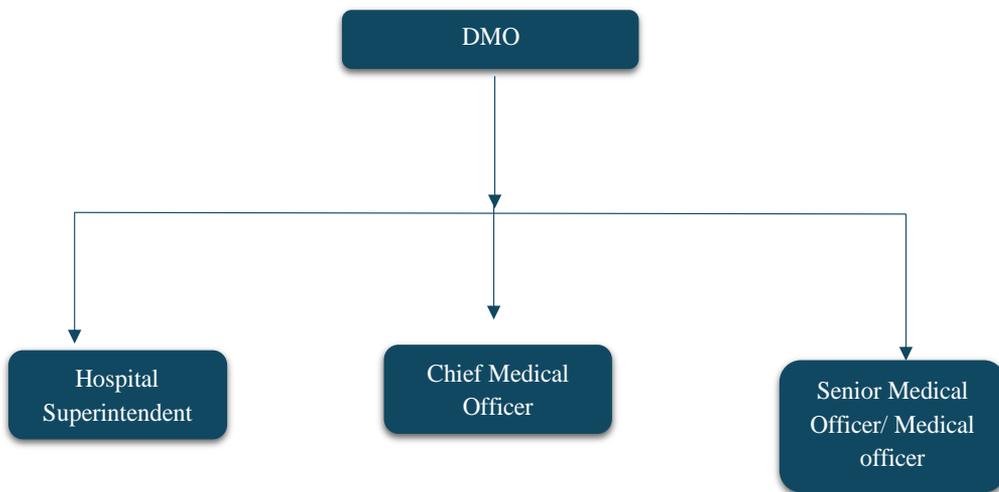
#### 2.3 Administration and Governance Structure

The AYUSH services in Ernakulam district are governed under the Department of AYUSH, Government of Kerala, functioning in coordination with the Directorate of Ayurveda Medical Education, Directorate of Indian Systems of Medicine, Directorate of Homoeopathy and Central AYUSH authorities wherever applicable. Administrative leadership is provided through district-level officers responsible for planning, service delivery, monitoring, staff deployment, programme implementation and financial management.

Key functions of the district administration include:

- Coordinating AYUSH hospitals, dispensaries and wellness centres
- Ensuring staffing, infrastructure and medicine supply
- Implementing National AYUSH Mission programmes
- Overseeing public health and outreach activities
- Monitoring financial utilisation and performance

#### 2.4 Organogram – District Level Administrative Structure



#### 2.5 Infrastructure Profile of the District

The AYUSH infrastructure in Ernakulam district consists of a wide network of institutions under ISM and Department of Homoeopathy. These include District Hospitals, Government Hospitals, Government Dispensaries, Ayushman Arogya Mandirs, Ayush Primary Health Centres, specialty centres, and educational institutions. The institutional profile reflects a robust healthcare framework capable of delivering both primary and secondary AYUSH services across the district.



**Figure 2.5: Details of Facilities**

## 2.6 Health Facilities in Urban and Rural Areas

The distribution of AYUSH institutions in Ernakulam district demonstrates a balanced presence in both urban and rural areas. While urban centres accommodate secondary-level hospitals and educational institutions, rural regions are supported by dispensaries, Ayushman Arogya Mandirs, and APHCs. This distribution ensures equitable access to AYUSH healthcare services across diverse population groups within the district.



**Figure 2.6: Total AYUSH facilities in Urban and Rural Areas**

## 2.7 Hospital Details based on Bed Strength

### 2.7.1 Bed Strength in Hospitals under ISM & Department of Homoeopathy

AYUSH hospitals in Ernakulam district operate with varying bed capacities under ISM and Homoeopathy streams. The presence of hospitals with different bed strengths enables effective inpatient management for acute, chronic, and rehabilitative care. In addition, medical college hospitals under Ayurveda and Homoeopathy further strengthen tertiary-level AYUSH healthcare services in the district.

Hospital Type	Number of Hospitals	Total bed strength
Govt. Hospital (20 Bedded)	6	60
Govt. Hospital (20 Bedded)	3	60
Govt. Hospital (25 Bedded)	2	50
Govt. Hospital (30 Bedded)	3	90
Govt. Hospital (35 Bedded)	1	35
Govt. Hospital (60 Bedded)	2	100
<b>Grand Total</b>	<b>17</b>	<b>395</b>

**Figure 2.7.1: Bed Strength in Hospitals under ISM & Department of Homoeopathy**

### 2.7.2 Bed strength in Medical College Hospital

The district has two collegiate hospitals, one under Ayurveda and one under Homoeopathy. The Ayurveda collegiate hospital has a capacity of 489 beds, while the Homoeopathy collegiate hospital is equipped with 20 beds.

**Table 2.7.2 Bed strength in Medical College Hospital**

Sl no	Stream	Number of Collegiate Hospital	Number of Beds
1	Ayurveda	1	489
2	Homoeopathy	1	20

## 2.8 Human resource Profile

AYUSH hospitals in Ernakulam district operate with varying bed capacities under ISM and Homoeopathy streams. The presence of hospitals with different bed strengths enables effective inpatient management for acute, chronic, and rehabilitative care. In addition, medical college hospitals under Ayurveda and Homoeopathy further strengthen tertiary-level AYUSH healthcare services in the district.

### 2.8.1 HR under ISM & DH

#### 2.8.1.1 Availability of Medical Professionals

Ernakulam District has a total of 287 sanctioned medical professional posts under the Department of Indian Systems of Medicine (ISM) and Homoeopathy. Of these, 187 posts belong to the regular establishment, comprising 112 ISM and 75 Homoeopathy personnel, including District Medical Officers, Hospital Superintendents, Chief Medical Officers, Medical Officers, and Resident Medical Officers. Additionally, 100 Medical Officer posts are sanctioned under national health schemes, with 67 posts under NHM and 33 posts under NAM, accounting for 36 ISM and 64 Homoeopathy professionals. Overall, ISM has 148 sanctioned posts and Homoeopathy 139 posts, reflecting a well-distributed workforce aimed at strengthening healthcare service delivery across the district.

The infographic features a blue circular graphic at the top with the text 'ISM MEDICAL OFFICERS' and the number '287'. Below this, the title 'MEDICAL OFFICERS IN ERNAKULAM' is displayed. A table with a blue header and white body provides the following data:

Category	Total
District Medical officer (Administrative)	2
Hospital Superintendent	3
Chief Medical officer	26
SMO/Medical officer	144
Resident Medical officer	3
Special MO/PHO	8
<b>Total</b>	<b>187</b>
Medical officer (NHM)	67
Medical officer (NAM)	33
<b>Grand Total</b>	<b>287</b>

**Table 2.8.1.1: Medical Professionals under ISM & DH**

### 2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

Ernakulam District has a total of 581 sanctioned posts under the Directorate of Indian Systems of Medicine and Homoeopathy, encompassing paramedical, administrative & ministerial, and other categories. Of these, 387 posts are paramedical, 27 posts fall under administrative and ministerial services, and 167 posts are classified as other posts. The ISM sector accounts for 381 sanctioned posts (257 paramedical, 20 administrative & ministerial, and 104 other posts), while Homoeopathy contributes 200 posts (130 paramedical, 7 administrative & ministerial, and 63 other posts), reflecting a substantial and balanced workforce structure supporting healthcare services in Ernakulam District.



**Figure: 2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH**

### 2.8.2 HR under DAME & HME

Under the departments of DAME and HME, a total of 172 personnel are employed across Ayurveda and Homoeopathy systems. The Ayurveda department constitutes with 123 staff, including 4 medical officers, 64 teaching staff, and 55 other staff members. The Department of Homoeopathy comprises 49 personnel, consisting of 1 medical officer, 43 teaching staff, and 5 other staff members. Overall, the combined workforce consists of 5 medical officers, 107 teaching staff, and 60 other staff, reflecting the human resource distribution supporting both specialties.

**Table: 2.8.2 HR under DAME & HME**

Sl No	Medical officer	Teaching staff	Other staff	Total
<b>Ayurveda</b>	4	64	55	123
<b>Homoeopathy</b>	1	43	5	49
<b>Total</b>	5	107	60	172

## 2.9 Beneficiary Details

### 2.9.1 Beneficiary details under ISM & DH

#### 2.9.1.1 Hospital beneficiary details

ISM accounts for average 2,928 OPD patients and 566 IPD admissions, Homoeopathy records an average outpatient attendance of 4840 OPD patients, with 33 IPD admissions per month. Together, these figures highlight significant utilisation of AYUSH services, indicating a substantial contribution to out patient and inpatient services



**Figure: 2.9.1.1 Hospital beneficiary details**

#### 2.9.1.2 Dispensary beneficiary details

Dispensary beneficiary details indicate that, on average, 958 patients avail OPD services under the ISM dispensaries, while 935 patients are served by Homoeopathy dispensaries each month



**Figure: 2.9.1.2 Dispensary beneficiary details**

### 2.9.1.3 APHC beneficiary details

ISM APHCs contribute an average of 1,277 OPD patients, while Homoeopathy APHCs record an average of 1,102 OPD patients per month. Together, these figures demonstrate the significant contribution of APHCs to primary-level AYUSH healthcare delivery, strengthening community-based services and improving access to preventive and curative care in the district



**Figure :2.9.1.3 APHC beneficiary details**

### 2.9.2 Beneficiary details under DAME & HME

Under the Directorates of Ayurveda Medical Education (DAME) and Homoeopathy Medical Education (HME) in Ernakulam District, Ayurveda institutions account for a monthly average OPD of 7,195 and IPD of 168, while Homoeopathy institutions record a monthly average OPD of 5,193 and IPD of 17, reflecting significant outpatient utilization of both systems.

Directorate	Monthly Average OPD	Monthly Average IPD
DAME	7195	168
DHME	5193	17

**Figure: 2.9.2 Beneficiary details under DAME & HME**

### 2.10 Public Health Programmes

Ernakulam district actively implements a wide range of AYUSH public health programmes under ISM, Homoeopathy, and National AYUSH Mission. These programmes address lifestyle diseases, geriatric care, maternal and child health, mental health, rehabilitation, palliative care, de-addiction, school health, and wellness promotion. Community-based initiatives and local body-supported projects further enhance the outreach and impact of AYUSH services.

#### 2.10.1: Projects in Indian System of Medicine Department

- Jeevani – An Ayurvedic diabetes-care programme focusing on holistic management through medicine, yoga, diet, and counselling.
- Punarnava – Provides Ayurvedic rehabilitation for post-stroke patients to improve recovery and quality of life.
- Research Cell for Indian Systems of Sports Ayurveda – Applies Ayurveda in sports medicine for injury prevention, treatment, and performance enhancement.

- Snehadhara – A statewide Ayurvedic palliative care programme offering home-based support for bedridden and terminally ill patients.
- Geriatric Care Project – Delivers comprehensive Ayurvedic care to improve the physical and emotional well-being of elderly patients.
- Koumarabhrytha – Offers Ayurvedic paediatric care for infections, nutritional issues, developmental problems, and post-COVID complications.
- Prasoothithanthra – Provides Ayurvedic gynaecology and obstetric services supporting women’s reproductive and maternal health.
- Ksharasutra – Specialised Ayurvedic treatment programme for piles, fissures, and fistulas with high success and low recurrence.
- Nature Cure & Yoga Units – Promotes drug-free lifestyle modification using yoga, naturopathy, diet, and holistic therapies.

#### **2.10.2: Projects in Department of Homoeopathy**

- Seethalayam – A women-focused homeopathy project providing treatment and counselling, especially for domestic-violence-affected and emotionally distressed women.
- Punarjani – A de-addiction project offering homeopathic treatment and counselling for alcohol, drug, and tobacco dependence.
- Janani – An infertility care project providing holistic homeopathic management for male and female infertility with supportive diagnostics.
- Rapid Action Epidemic Control Cell Homoeopathy (RAECH)- Implementing preventive measures, strengthening early detection and treatment, training doctors, and supporting public health responses to communicable diseases across the state.
- Sadgamaya – A child and adolescent wellness project addressing behavioural, emotional, learning, and developmental challenges.
- Ayushmanbhava – A lifestyle-disease programme providing homeopathy-based care, counselling, and yoga support for NCD management.

- Palliative Care – A comprehensive home-based and institutional palliative service for bedridden, terminally ill, and chronic-disease patients.

### 2.10.3: Projects in National Ayush Mission

- National Programme for Prevention & Management of Osteoarthritis & Musculoskeletal Disorders - AYUSH-based screening, treatment, lifestyle modification and rehabilitation services for osteoarthritis and other MSDs through HWCs and AYUSH institutions.
- VAYO MITRA – AYUSH Geriatric Healthcare Services - Promotes healthy ageing and provides preventive, promotive and therapeutic AYUSH care for senior citizens through community and clinic-based services.
- AYURVIDYA – Healthy Lifestyle Promotion for School Children - Creates awareness among school children on hygiene, nutrition, yoga, medicinal plants and AYUSH-based healthy living practices.
- AYUSH Mobile Medical Unit (AMMU) - Provides doorstep AYUSH healthcare, screening and IEC services to underserved and tribal populations in remote and inaccessible areas.
- KARUNYA – AYUSH Palliative Services - Delivers compassionate, holistic palliative and supportive care for patients with chronic and life-limiting illnesses through AYUSH interventions and home-based care.
- SUPRAJA – AYUSH Maternal & Neonatal Healthcare - Ensures holistic antenatal and postnatal care using AYUSH regimens, yoga, nutrition counselling and neonatal support to improve maternal-child outcomes.
- Allergy & Asthma Special Clinic (Homoeopathy) - Provides comprehensive Homoeopathic care for allergy, asthma and chronic respiratory diseases through OP/IP services and community outreach.
- Ayurkarma - Integrates Panchakarma therapies into rural Government Ayurveda Dispensaries to ensure affordable access to specialised Ayurvedic procedures.

- Mental Health Specialty Clinics in AYUSH - Offers Ayurveda and Homoeopathy-based mental health care for depression, anxiety, behavioural problems and women- and child-specific psychological needs.
- AYUSH Infertility Clinics - Provides holistic infertility management for men and women using Ayurveda, along with counselling and lifestyle guidance.
- Drishti – AYUSH Eye Care Programme - Focuses on early detection and non-surgical management of eye diseases while preventing visual disorders through screening and affordable treatment.
- Integrated AYUSH Medical Unit (IAMU) - Delivers coordinated multi-system AYUSH healthcare services under one roof to manage chronic and lifestyle disorders.
- Physiotherapy Units in Government AYUSH Hospitals - Establishes physiotherapy services in AYUSH hospitals to support rehabilitation and chronic disease care.
- Sports Ayurveda Project - Provides Ayurveda-based injury prevention, treatment and performance enhancement support for athletes.
- MPHW Support for Ayushman Arogya Mandirs - Deploys trained Multi-Purpose Health Workers to strengthen AYUSH primary care, outreach, NCD care and public health services.
- Arunima – Anaemia Eradication through Ayurveda - Implements Ayurvedic screening, counselling and treatment programmes to reduce nutritional anaemia, especially among vulnerable populations.
- Homoeopathy Thyroid Special Clinic - Provides community-based screening and holistic Homoeopathic management of thyroid disorders with special focus on women.
- Training & Capacity Building for AYUSH HR -Enhances skills and service quality of AYUSH professionals through structured clinical, administrative and digital health training.

- Yoga Wellness Centres - Promotes Yoga and Naturopathy-based lifestyle modification and NCD prevention through dedicated wellness centres.
- NCD Management through AYUSH - Provides integrated AYUSH-based prevention, screening and management of major non-communicable diseases across the State.
- IEC Activities & Public Awareness Initiatives - Strengthens public awareness on AYUSH facilities, programmes and achievements through newsletters, campaigns and participation in events.
- AYUSH Gram - Promotes AYUSH-based lifestyle, herbal awareness, yoga and preventive healthcare practices at the village level through community-based initiatives.

### 2.11 Standardisation of Institutions

Standardisation initiatives in Ernakulam district demonstrate systematic adoption of quality benchmarks through NABH Entry-Level Certification and Ayushman Arogya Mandir–AAM-A accreditation across ISM and Homoeopathy institutions. These efforts contribute to improved service quality, patient safety, and institutional efficiency.



**Figure 2.11: Standardisation of Institution**

### 2.12 Digital Health

- ISM-eHospital – A digital hospital management system currently implemented in 82 AYUSH institutions for streamlining patient care, records, and hospital services.

- AHIMS (Ayush Hospital Information Management System) – A comprehensive AYUSH health-data and service-delivery platform implemented in 71 institutions to support digital health transformation.



**Figure 2.12: Digital Health**

### 2.13 Laboratory & Diagnostic Facilities

Laboratory facilities under ISM and Department of Homoeopathy in Ernakulam district support essential diagnostic services within AYUSH institutions. Availability of laboratory services enhances clinical decision-making and strengthens the overall quality of patient care.



**Figure 2.13: Details of Laboratory facilities**

## 2.14 Financial Expenditure

Financial expenditure data for Ernakulam district indicate systematic allocation, release, and utilisation of funds under ISM and Department of Homoeopathy. Effective financial management supports uninterrupted service delivery, infrastructure maintenance, staff support, and implementation of AYUSH programmes.

Department	Year	Allocated (Amount in Lakhs)	Released (Amount in Lakhs)	Expenditure (Amount in Lakhs)
ISM	2014-21	174,6847	80,3040	80,13040
	2014-20	86,4424	87,1614	87,1654
Homoeopathy	2014-21	66,0291	66,0291	62,0630
	2014-20	48,3227	48,3227	48,3227
<b>Total</b>	<b>2014-21</b>	<b>86,3020</b>	<b>48,3227</b>	<b>48,3227</b>

**Figure 2.14: Financial Expenditure**

## Chapter 3

### DEPARTMENT OF INDIAN SYSTEMS OF MEDICINE

#### FACILITIES & SERVICES

##### 3.1 Introduction

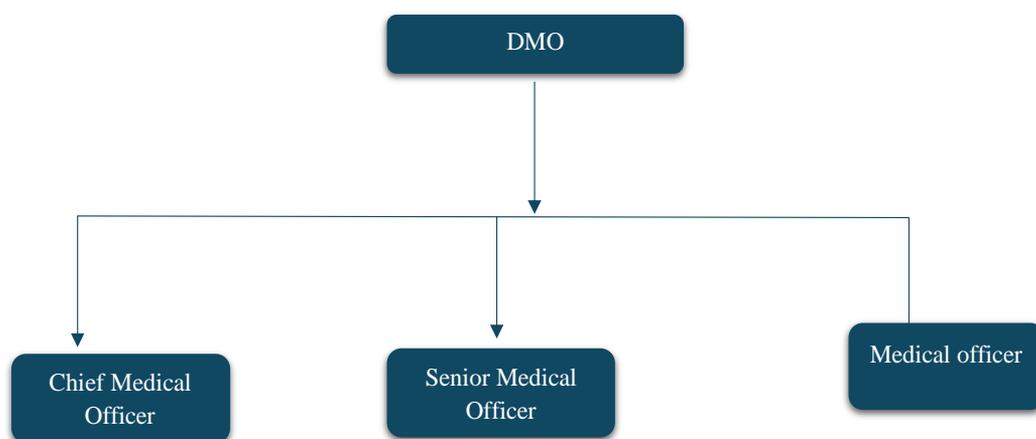
Ernakulam District, located in the central coastal region of Kerala and encompassing the Kochi metropolitan area, is a major administrative, commercial, and industrial hub of the State, marked by rapid urbanization, dense population, coastal plains, backwaters, and a humid tropical climate. The district exhibits a mixed urban–rural health profile, with a rising burden of lifestyle and non-communicable diseases such as diabetes, hypertension, obesity, musculoskeletal disorders, and stress-related conditions, alongside persistent public health concerns including respiratory ailments, skin diseases, vector-borne and water-borne infections linked to high rainfall, waterlogging, and environmental pollution. The Indian Systems of Medicine (ISM)—including Ayurveda, Yoga, Naturopathy, Unani, Siddha, and Homoeopathy—have strong relevance in Ernakulam due to their emphasis on preventive care, lifestyle modification, geriatric care, mental well-being, and management of chronic diseases, particularly within urban and peri-urban populations. The district is vulnerable to multiple disaster risks such as seasonal flooding, urban inundation, coastal erosion, cyclonic impacts, industrial and chemical hazards, and public health emergencies, which necessitate integrative, community-oriented, and resilient healthcare responses. The presence of traditional healthcare practices, medicinal plant resources in pockets of rural and coastal areas, and widespread public acceptance of ISM systems provide a strong foundation for their systematic integration into public health services, disaster preparedness, and post-disaster rehabilitation efforts, in alignment with Government health policies and sustainable urban and coastal health management strategies.

##### 3.2 Administration

The ISM Department delivers comprehensive Ayurveda services as part of the public healthcare system, focusing on preventive, promotive and curative care through a network of government hospitals and dispensaries throughout Kerala, including Ernakulam district. The District Medical Officer (DMO) of Ernakulam is responsible for administering ISM -related health services

(Ayurveda, Yoga, and Siddha (AYUSH) facilities) in the district. It oversees the functioning of ISM hospitals, dispensaries and wellness centres, ensuring the delivery of quality healthcare based on traditional system of medicine. The ISM Department administers multiple Government ISM Hospitals and Dispensaries in Ernakulam district. These facilities provide general consultations, chronic disease management, and traditional medicine treatments. The services include both out-patient (OP) and in-patient (IP) treatments for various health conditions using authentic Ayurvedic principles.

### 3.2.1 District Administration of the Department



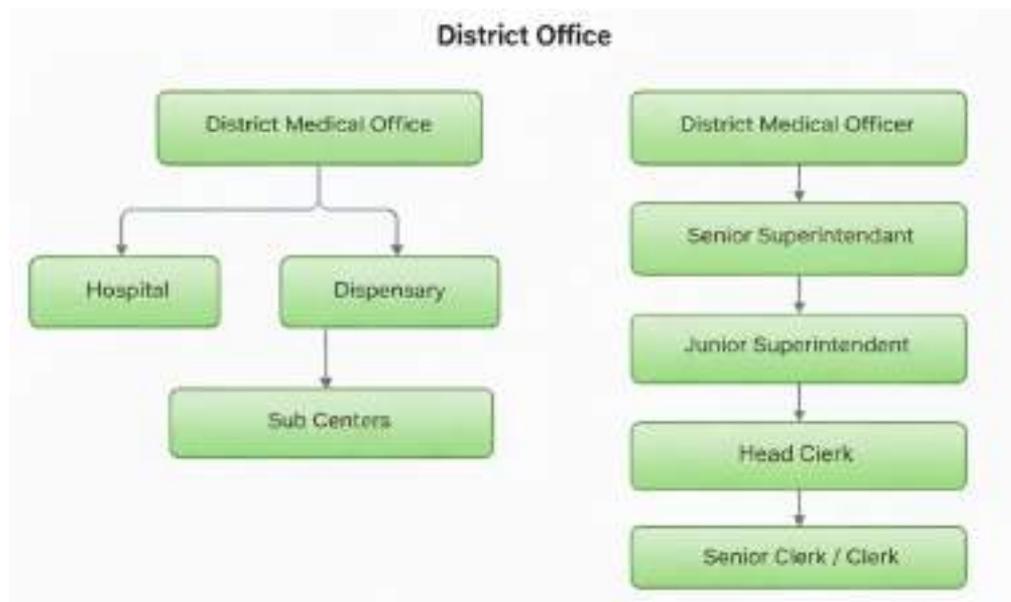
### 3.2.2 District Medical Office Profile

**Table No: 3.2.2: District Medical office Profile**

Post	Office Address	Office Number	Mail id
<b>District Medical officer</b>	District Medical Office(ISM),5th floor District Ayurveda Hospital Building,Kacherippady,Ernakulam North PO,Ernakulam,PIN-682018	0484 2335592	dmoismekm@gmail.com

Source - district data

### 3.2.3 Structure of DMO office



**Table No: 3.2.3: Structure of DMO office**

Sl.No	Designation	No. of officers
1.	District Medical Officer	1
2.	Senior Superintendent	1
3.	Junior Superintendent	1
4.	Head Clerk	1
5.	Senior Clerk	5
6.	Clerk	4
7.	Office Attendant	2
8.	Typist	1

9.	Driver	1
10.	Part-time Sweeper	1

Source - district data

### 3.3 Infrastructure Profile of the District

The district has a wide network of AYUSH Facilities, comprising 14 Hospitals, 68 Dispensaries 22 NHM Dispensaries and 1 Tribal dispensary. It provides quality treatment to patients. It comprises of one District Ayurveda Hospital at Kacheripady, Ernakulam, and 13 Government Ayurveda Hospitals. 38 Government Ayurveda dispensaries, 22 AYUSH Primary Health Centres (1 – Siddha, 21 Ayurveda) and 1 Government Ayurveda Tribal Dispensary. There is a siddha unit in district attached to the District Ayurveda Hospital Ernakulam. In addition, 15 institutions are NABH-accredited, 30 function as Ayushman Arogya Mandir, including 5 institutions from the district that bagged the KAYAKALP award in various categories.

#### 3.3.1 Details of Facilities

The district has a total of 105 ISM health facilities, comprising one District Hospital, thirteen Government Ayurveda Hospitals, and thirty-eight Government Ayurveda Dispensaries. In addition, there are thirty Ayushman Arogya Mandirs, twenty-one Ayush Primary Health Centres (Ayurveda), one Ayush Primary Health Centre (Siddha), and one Government Ayurveda Tribal Dispensary.

**Table No: 3.3.1: Details of ISM health facilities**

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Government Ayurveda Hospital	13
3	Government Ayurveda Dispensary	38
4	Ayushman Arogya Mandir	30

5	Ayush Primary Health Centre Ayurveda	21
6	Ayush Primary Health Centre Sidha	1
7	Government Ayurveda Tribal Dispensary	1
	<b>Total</b>	<b>105</b>

*Source - district data*

### Details of ISM Facilities are attached as Annexure 3.3.1

#### 3.3.2 Hospital Details based on Bed Strength

The district has a total of 14 Government hospitals with an overall bed strength of 310 beds. Among these, six hospitals are 10-bedded, contributing 60 beds, while three hospitals are 20-bedded, also accounting for 60 beds. Additionally, three hospitals are 30-bedded, providing 90 beds, and two hospitals are 50-bedded, contributing the highest number with 100 beds.

**Table No: 3.3.2: Hospital Details based on Bed Strength**

Sl no	Hospitals based on bed strength	No of Hospitals	Bed strength
1	Govt. Hospital (10 Bedded)	6	60
2	Govt. Hospital (20 Bedded)	3	60
3	Govt. Hospital (30 Bedded)	3	90
4	Govt. Hospital (50 Bedded)	2	100
	<b>Total No. Of Beds/ Hospitals</b>	<b>14</b>	<b>310</b>

*Source - district data*

### 3.3.3 Health Facilities in Urban and Rural Areas

The district has a total of **105 Government Ayurveda institutions**, reflecting a strong rural orientation in service delivery. These include **1 District Hospital, 13 Government Ayurveda Hospitals, 68 Government Ayurveda Dispensaries including Ayushman Arogya Mandirs, 22 Ayush Primary Health Centres, and 1 Government Ayurveda Tribal Dispensary**. Of the total institutions, **21 are located in urban areas**, while a substantial **84 function in rural regions**, underscoring the emphasis on extending Ayurveda-based healthcare to rural and underserved populations. This distribution highlights the role of the AYUSH system in strengthening primary healthcare access and ensuring equitable service coverage across the district.

**Table No: 3.3.3: Health Facilities in Urban and Rural Areas**

Sl no	Type of Health Institution Facility	Total no: in the district	urban	rural
1	District Hospital	1	1	
2	Government Ayurveda Hospital	13	8	5
3	Government Ayurveda Dispensary including Ayushman Arogya	68	8	60
4	Ayush Primary Health Centre	22	4	18
5	Government Ayurveda Tribal Dispensary	1		1
	<b>Total</b>	<b>105</b>	<b>21</b>	<b>84</b>

*Source - district data*

### 3.4 Human Resource Profile of the District

The Indian Systems of Medicine services in the district are supported by a structured workforce comprising medical, paramedical, administrative, and support staff.

### 3.4.1 Availability of Medical Professionals

The district has a total of 148 medical professional positions under ISM, NAM, and NHM, of which 146 positions are currently filled, leaving 2 vacancies.

Under the ISM cadre, there are 112 sanctioned positions, with 110 filled. Key positions such as the District Medical Officer (DMO), Chief Medical Officers (CMOs), Senior Medical Officers (SMOs), and specialized officers in Marma, Netra, Visha, Panchakarma, and Siddha are fully staffed. The vacancies are limited to MO(Kaumarabhritya) and one general MO, indicating a minor shortfall in the ISM workforce.

All 36 positions under NAM and NHM are fully filled, including 26 Medical Officers under NHM and 10 under NAM.

**Table No: 3.4.1: Details of Medical Professionals under the ISM /NAM/NHM in the District**

Sl no	Category	Sanctioned	Filled	Vacant
<b>Medical Professionals under the ISM</b>				
1	DMO	1	1	0
2	CMOs	10	10	0
3	SMO	21	21	0
4	SMO(Marma)	1	1	0
5	MO(Marma)	1	1	0
6	MO(Netra)	2	2	0
7	MO(Visha)	3	3	0
8	MO(Panchakarma)	1	1	0

9	MO(Kaumarabhritya)	1	0	1
10	MO(Siddha)	1	1	0
11	MO	70	69	1
	<b>Total</b>	<b>112</b>	<b>110</b>	<b>2</b>
<b>Medical Officers Under NAM/ NHM</b>				
1	Medical officer (NHM)	26	26	0
2	Medical officer (NAM)	10	10	0
	<b>Total</b>	<b>36</b>	<b>36</b>	
	<b>Grand Total</b>	<b>148</b>	<b>146</b>	<b>2</b>

Source - district data

### 3.4.2 Number and Distribution of Health Care Professionals

The ISM department in the district has a total of 257 sanctioned nursing and paramedical positions, of which 255 are currently filled, leaving only 2 vacancies. Key posts such as Nurses, Pharmacists, Attenders, Pharmacy Attenders, Marma Attender, and Nursing Assistants are fully staffed, ensuring smooth operational support. The vacancies exist in the Therapist and Lab Technician positions.

**Table 3.4.2.1- Details of Paramedical posts Sanctioned under the ISM department in the district**

Sl no	Designation	Sanctioned	Filled	Vacant
1	Nurse	46	46	0
2	Therapist	11	10	1
3	Pharmacist	86	86	0
4	Lab technician	1	0	1

5	Attender	68	68	0
6	Pharmacy attender	13	13	0
7	Marma attender	1	1	0
8	Nursing assistant	31	31	0

*Source - district data*

The administrative workforce in the district health system consists of a total of 20 sanctioned positions, of which all are currently filled. The team comprises 1 District Medical Officer, 1 Senior Superintendent, 1 Junior Superintendent, 1 Head Clerk, 14 clerks, 1 clerk-cum-typist, and 1 typist, all filled. This well-structured administrative team plays a vital role in ensuring the efficient management, coordination, and smooth functioning of healthcare facilities across the district, supporting both medical and support staff in delivering consistent and effective healthcare services.

**Table 3.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the DMO in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1	District Medical Officer	1	1	0
2	Senior Superintendent	1	1	0
3	Junior Superintendent	1	1	0
4	Head clerk	1	1	0
5	clerk	14	14	0
6	UD Typist	1	1	0
7	Typist	1	1	0

*Source - district data*

Under the ISM department in the district, 30 posts have been sanctioned for ancillary and supporting staff, of which 29 are filled, leaving one vacancy in the Cook category. All Sanitation Worker posts are fully staffed.

In addition, among the 74 sanctioned Part-Time Sweeper posts, 72 are filled, resulting in 2 vacancies

**Table 3.4.2.3- Details of other posts Sanctioned under the ISM in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1	Cook	14	13	1
2	Sanitation worker	16	16	0
<b>Other Supporting Staff</b>				
1	Part Time Sweeper	74	72	2

*Source - district data*

### 3.5 Beneficiary Details

The following tables present the beneficiary coverage of ISM health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

#### 3.5.1 ISM Hospitals

Among the institutions, GAH Aluva records the highest average OPD attendance (10,772 patients per month), followed by DAH Ernakulam with 8,030 OPD cases. In terms of inpatient services, DAH Ernakulam also reports the highest average IPD (1,491 patients per month).

The total bed strength across hospitals ranges from 10 to 50 beds, with larger facilities such as DAH Ernakulam, GAH Piravom, and GAH North Paravoor supporting higher IPD loads.

**Detailed beneficiary details in the Hospitals are attached as annexure 3.5.1**

#### 3.5.2 ISM Dispensaries

The average monthly OPD across dispensaries generally ranges between 700–1,000, indicating steady and consistent service utilization. ELOOR GAD records the highest OPD (1,970), followed by Vavakkad (1,585) and Palluruthy (1,565), reflecting very high patient load in these areas. On the lower end, Ayyampuzha (512), Mamalakandam (585), and Kalloor (586) report comparatively low OPD. Notably, 22 dispensaries register OPD above 1,000 per

month, highlighting significant demand in several locations, while the majority function within a moderate and manageable OPD range.

### **Detailed beneficiary details in the Dispensaries are attached as annexure 3.5.2**

#### **3.5.3 APHC dispensaries**

The NHM Ayurveda dispensaries show a consistently high patient load, with most institutions recording an average monthly OPD between 1,200 and 1,500. Pazhoor (1,567) reports the highest OPD, closely followed by Kumbalangi (1,543) and Chottanikkara (1,525), indicating very strong service utilization. Keerampara (521) is a clear outlier with comparatively low OPD, while Cherayi (999) remains just below the 1,000 mark. Overall, 19 out of 22 dispensaries exceed 1,000 OPD per month, reflecting robust demand and effective outreach under the NHM programme

### **Detailed beneficiary details in APHC are attached as annexure 3.5.3**

#### **3.6 ISM Department Plan Projects**

The Department of ISM conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

**3.6: Table of ISM Department Plan Projects**

SI No	Project	Institution	HR
1	Jeevani	DAH Ernakulam	Medical Officer-1
2	Yoga	DAH Ernakulam	Medical Officer-1
3	Dristi	DAH Ernakulam	Optometrist-1 Attender-1
4	Sports Ayurveda	DAH Ernakulam	Medical Officer-1 (NAM) Therapist -1(NAM)

5	Geriatric care	GAH Piravom	Care taker-1 Ayurveda Therapist-2
6	Manasikam	GAH N. Paravur	Medical Officer -1(NAM) Attender-1
7	Kaumarabhrytyam	GAH Nayarambalam	Medical Officer -NAM Attender-NAM
8	Prasoothitantram	Pallippuram	Medical Officer-1 Attender-1
9	Snehadhara	1.GAD Edakkatuwayal 2.GAD Ezhakkaranadu	Nurse-1 Attender-1
10	Panchakarma HR Only	1. DAH Ernakulam 2.GAH Piravom 3.GAH N.Paravur 4.GAH Aluva 5.TAH Perumbavoor	Ayurveda Therapist-10

*Source - district data*

### 3.6.1 Jeevani

Jeevani project is aimed at the prevention and control of the escalating lifestyle disorder-Diabetes. The project is also tailored with Yoga and awareness programs, structuring a holistic approach to lifestyle disorders. The Indian Systems of Medicine initiated this project in June, 2013 owing to the need of the public. It is presently implemented in District Ayurveda Hospital at Ernakulam. A total of 100-150 patients are selected by screening the patients who visit each centre. They are provided with medicines and assessment will be carried out in every year in the month of March. Blood investigations (FBS, PPBS, HbA1C)

are done periodically and Serum Creatinine and Urea are done prior to the commencement of the project.

The principal aim of the project is to elicit the specific causes that are bringing in an epidemiological transition to lifestyle disorders in the population. Ayurveda based case sheets were framed to elicit etiological specificities, site where disease transformation commences and the nature of pathological manifestation of Diabetes.

**Table 3.6.1: Jeevani Annual Report (2022–2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	5.79 L	100
2	2023-24	5.25 L	115
3	2024-25	4.19 L	121

*Source - district data*



**Figure 3.6.1: Camp**

### 3.6.2 Research Cell for Indian Systems of Sports Ayurveda

This project applies Ayurvedic principles in sports medicine, focusing on injury prevention, management, rehabilitation, and performance enhancement. Implemented through Sports Ayurveda Research Cell (SARC) units and KISAR, it supports state and national-level sports persons and improves endurance, strength, and recovery.

The department of Indian Systems of Medicine established Sports Ayurveda Research Cells (SARC) in 2009 to extend the benevolence of Sports Ayurveda to various sports personnel. SARC units are functioning along with Sports Authority of India (SAI), State Sports Council, District Sports Councils and sports schools. Presently sports Ayurveda unit is working in DAH Ernakulam and GAH Cheruvattoor in District.

**Table 3.6.2: Research Cell For Indian Systems Of Sports Ayurveda Annual Report (2022-2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	8.63L	2819
2	2023-24	7.14L	2722
3	2024-25	4.04L	1107

*Source - district data*



**Figure 3.6.2: Sports ayurveda activities**

#### 3.6.4 Snehadhara

Comprehensive Ayurvedic palliative care programme- implemented by Indian Systems of Medicine department.

Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of sufferings by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.

The present scenario of Kerala is confined to the nuclear family system, which eventually lead to negligence in proper care of bedridden patients by the family. Govt. of Kerala is focusing their utmost attention on this social problem and taking necessary steps to give proper care to palliative group patients. This project is designed and managed by the direction of Niyamasabha Subject committee 12 (H&FWD) dated 24-04-2013.

#### Aims

- Provides relief from pain and other distressing symptoms
- Affirms life and regards dying as a normal process
- Integrates the psychological and spiritual aspects of patient care
- Offers a support system to help patients live as actively as possible until death
- Offers a support system to help the family cope during the patient illness and in their bereavement
- Uses a team approach to address the needs of patients and their families, including bereavement counselling, if needed

**Table 3.6.4: Snehadhara Annual Report (2022–2025)**

SI No	Year	Expenditure	No. of patients
1	2022-23	5.16 L	1280
2	2023-24	6.83 L	1417
3	2024-25	6.38 L	1597

*Source - district data*



**Figure 3.6.4 Snehadhara camp**

### 3.6.5 Geriatric Care Center

This project addresses health issues of the elderly population (60+) through Ayurvedic management, physiotherapy, yoga, counselling, and supportive care. It aims to reduce morbidity, improve mobility, manage comorbidities, and enhance physical, mental, and emotional well-being. Geriatric care project launched by the Indian Systems of Medicine Department aims to increase the quality of life of the elderly population and to reduce the effects of morbidity in old age. Through the project, treatment facility and care are provided for diseases of the elderly, aged 60 yrs or more. Eligible patients will receive 28 days free



**Figure 3.6.5: Geriatric care camp**

inpatient treatment including medicines and therapy and also three months of follow up treatment. Project is currently running in GAH Piravom in Ernakulam district.

### The project offers

- Free IP treatment up to 28 days followed by three months follow up medicines
- Free OP medicines
- Awareness programs
- Screening camps

**Table 3.6.5: Geriatric Care Project Annual Report (2022–2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	8.49L	4083
2	2023-24	7.10 L	2796
3	2024-25	6.09L	2212

**Source - district data**

### 3.6.6 Koumarabhrithya

Koumarabhrithyam provides comprehensive Ayurvedic paediatric care, including management of infections, nutritional deficiencies, developmental disorders, and post-

COVID conditions. The project has shown high treatment adherence and significant improvement in children's health and quality of life.

To improve the health status of children under 16 years of age

- To reduce the incidence of child mortality and morbidity by proper management & regular follow ups
- To improve the nutritional & health standard of mother & children through regular checkups & creating awareness through leaflets
- To conduct nutritional screening camps in selected Anganwadis& schools
- To provide treatment of diseases causing malnutrition
- To manage malnutrition in infants & children by providing effective Ayurvedic drugs
- For early detection and management of Developmental delay cases such as Cerebral palsy, Behavioural disorders (ASD, ADHD etc.)
- To provide good health in Adolescent girls
- To provide awareness regarding pre-conceptual care, antenatal checkups and post-natal care
- To make the public aware of the benefit of Ayurvedic treatment modalities
- To educate the public about proper & balanced diet

**Table 3.6.6: Koumarabhrithya Annual Report (2022–2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	7.31 L	5786
2	2023-24	6.12 L	4257
3	2024-25	4.94 L	6875

*Source - district data*



**Figure 3.6.6 Koumarabhrithya camp**

### 3.6.7 Prasoothithantra

This project offers specialized Ayurvedic gynaecology and obstetric services, including antenatal, postnatal, menstrual, menopausal, and reproductive health care. It has demonstrated effective outcomes in women's health, postnatal recovery, menstrual disorders, and menopausal symptoms.

**Table 3.6.7: Prasootithantra Annual Report (2022–2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	9.24 L	3749
2	2023-24	7.56 L	3124
3	2024-25	7.16 L	3139

*Source - district data*



**Figure 3.6.7: Prasootithantha camp**

### 3.6.8 Drishti Project

Drishti is a project designed to manage refractive errors of school going children through Ayurveda. No medication is available to preserve the eyesight of a patient with refractive error in modern medicine and no surgical measures can be considered totally safe and without side effects. The aim of the project is to cure visual defects in school children and to raise public awareness of preventive eye care in children. Through the project, it will be ensured that the students receive a regular eye examination from an optometrist, free of cost IP and OP treatment with regular follow ups.

**Table 3.6.8: Prasootithantha Annual Report (2022–2025)**

Year	Estimated Expenditure (INR L)	Estimated No. of Patients
2023-24	6.43	1263
2024-25	5.90	1686

Source - district data



**Figure 3.6.8 Drishti Camp report**

### 3.6.9 Nature Cure And Yoga Units

These units promote drug-free lifestyle management through yoga, naturopathy, diet regulation, and lifestyle modification. Implemented statewide, the project has shown significant improvement in non-communicable diseases, musculoskeletal disorders, metabolic conditions, and mental health.

**Table 3.6.9 Nature Cure and Yoga Units Annual Report (2022–2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	3.67L	7572
2	2023-24	2.92L	6807
3	2024-25	2.99L	9008

*Source - district data*



**Figure 3.6.9: Yoga**

### 3.6.10 Manasikarogyam Project

Psychiatric outpatient department is made in one selected hospital in each district. Treatment and counselling for psychiatric issues with OP service, continuous monitoring and systematic documentation of the progress of the disease is kept. Medical camps and awareness classes are conducted for selected groups under LSGDs, old age homes, rehabilitation centres and schools.

**Table No: 3.6.10 Manasikarogyam Project Annual Report (2022-2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	3.67L	2330
2	2023-24	2.92L	1948
3	2024-25	2.99L	2845

*Source - district data*



**Figure 3.6.10: Manasikarogyam Camp**

### 3.7 Standardization of Institutions

#### 3.7.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Ernakulam District, NABH standards are being adopted in ISM institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

**Table 3.7.1: Table of NABH entry-level accredited institutions**

Sl no	Name of Institution	NABH level
1.	Govt. Ayurveda Dispensary Elamkunnappuzha	PHASE 1
2.	Govt. Ayurveda Dispensary Edavanakkadu	PHASE 1
3.	Govt. Ayurveda Dispensary Thrikkakkara	PHASE 1
4.	Govt. Ayurveda Dispensary Thuruthikkara	PHASE 1
5.	Govt. Ayurveda Dispensary	PHASE 1

	Vallarpadam	
6.	Govt. Ayurveda Dispensary Keezhmadu	PHASE 1
7.	Govt. Ayurveda Dispensary Paipra	PHASE 1
8.	Govt. Ayurveda Dispensary Malayattoor	PHASE 1
9.	Govt. Ayurveda Dispensary Ezhakkaranadu	PHASE 2
10.	Govt. Ayurveda Dispensary Poothrikka	PHASE 2
11.	Govt. Ayurveda Dispensary Pallarimangalam	PHASE 2
12.	Govt. Ayurveda Dispensary Paingottor	PHASE 2
13.	Govt. Ayurveda Dispensary Thaikkattukara	PHASE 2
14.	Govt. Ayurveda Dispensary Chengamanad	PHASE 2
15.	Govt. Ayurveda Dispensary Vengola	PHASE 2

*Source - district data*

### 3.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the

objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

**Table 3.7.2: List of Institutions which have received the Kayakalp award**

Sl.No	Facility Name	Category	Status
1.	District Ayurveda Hospital Ernakulam	Hospital	Ist Prize
2	Govt. Ayurveda Dispensary Ezhakkaranad	Dispensary	1 <sup>st</sup> prize
3	Govt.Ayurveda Dispensary Thaikkattukara	Dispensary	Commendation
4	Govt.Ayurveda Dispensary Malayattoor	Dispensary	Commendation
5	Govt.Ayurveda Dispensary Chengamanad	Dispensary	Commendation

*Source - district data*

### 3.8 Ayushman Arogya Mandir - Ayush

Ayushman Arogya Mandir (AAMA) have been established to strengthen comprehensive primary healthcare delivery through the AYUSH systems of medicine, in alignment with national health priorities. With the assistance of the National AYUSH Mission (NAM), Kerala, existing Government Dispensaries institutions are being upgraded as AAMA to provide promotive, preventive, curative healthcare services. These centres focus on wellness-based interventions, lifestyle modification and Yoga adoption into the public health system. The initiative aims to enhance accessibility, quality, and continuity of AYUSH healthcare services at the community level, while ensuring standardized service delivery across the State.

**List of Institutions upgraded as Ayushman Arogya Mandir (AAM-A) are attached as Annexure 3.8.**

### 3.9 Digital Health

#### 3.9.1 NextGen e-Hospital and ABDM activities

NextGen e-Hospital system is implemented by the Department of Indian Systems of Medicine (ISM), Government of Kerala, as part of the state's digital governance and healthcare reform initiatives. Introduced to address long-standing challenges such as overcrowding, manual workflows, and patient waiting time in government AYUSH institutions, the system represents an upgraded, cloud-based Hospital Management Information System fully compliant with the Ayushman Bharat Digital Mission (ABDM).

The NextGen e-Hospital integrates key digital modules including OPD/IPD management, ABHA-based registration, Scan & Share self-registration, e-prescriptions, billing, laboratory and pharmacy services, inventory management, and real-time data capture. Its implementation has significantly improved service efficiency, transparency, coordination among departments, and accuracy of patient records, while reducing registration time from 40–50 minutes to approximately 5 minutes. As of the study period, 240 ISM institutions were operational on the platform, with others in advanced stages of onboarding, and several institutions recognised nationally as ABDM model facilities. The NextGen e-Hospital system has been implemented across multiple districts with varying degrees of coverage. Ernakulam district has 82 fully digitized institutions, all functioning as e-Hospitals.



**Figure 3.9.1 NextGen e-Hospital and ABDM activities**

### **3.10 Health Infrastructure Development**

The ISM department undertakes comprehensive health infrastructure development activities that include the purchase of medicines, furniture and essential equipment and the execution of various civil works required for facility improvement. These initiatives are supported through multiple funding sources such as National Ayush Mission (NAM), Local Self Government Departments(LSGD), and also from MLA, MP funds, ensuring sustained enhancement of healthcare delivery under the traditional systems. The completed and ongoing infrastructure projects undertaken across various ISM hospitals and dispensaries in the district are with the primary funding support from NAM and local development schemes. Completed works include significant infrastructure enhancements such as new hospital buildings, OP blocks, yoga halls, and Panchakarma units at institutions including Sreemoolanagaram, North Paravur, Varappuzha, Malayattoor, and Mudakkuzha, contributing to improved service delivery.

Ongoing projects encompass the construction of new blocks, Panchakarma units, and renovation works across multiple facilities. Several of these initiatives have progressed through key stages such as foundation laying, structural completion, and plastering, indicating steady advancement toward strengthening healthcare infrastructure within the ISM sector

Renovation works are currently in progress at TAH Perumbavoor with funding support from the Local Self Government Department (LSGD) at a cost of ₹18,46,309. Similarly, GAD Kalloor is undergoing renovation with financial assistance from MP Fund and CSR contributions from Cochin Shipyard, amounting to ₹45 lakhs. Both projects are ongoing and aimed at improving infrastructure and service delivery. Other works are listed under NAM funding.

### **3.11 Laboratory & Diagnostic Facilities**

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in ISM institutions. In Ernakulam District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

Out of the total ISM institutions in Ernakulam, all hospitals are equipped with in-house

laboratory facilities, enabling timely diagnostic services and improving the quality of patient care. While a limited number of institutions maintain in-house Laboratory facilities, the majority of institutions are supported through functional laboratory linkages, enabling access to essential diagnostic investigations. Regular ISM demonstrates comparatively higher laboratory availability, whereas APHC-level institutions primarily rely on associated laboratory services. This arrangement ensures that patients receive necessary diagnostic support despite infrastructural limitations, thereby strengthening service delivery at the institutional level.

### 3.12 Financial Expenditure

The financial performance of the ISM Department in **Ernakulam District** over the last two financial years reflects effective fund utilisation and strong programme execution. In **2023-24**, an allocation of **₹174.68 lakh** was provided, with **₹104.30 lakh** released and **fully utilised**, demonstrating efficient financial planning and implementation. For **2024-25**, the allocation stood at **₹165.64 lakh**, of which **₹101.16 lakh** was released. The expenditure amounted to **₹104.31 lakh**, indicating utilisation beyond the released amount through adjustment of available balances to ensure uninterrupted service delivery and timely completion of planned activities.

Overall, the district exhibits robust financial discipline, optimal resource utilisation, and sustained commitment towards strengthening Indian Systems of Medicine services and infrastructure development.

**Table 3.12: Financial Expenditure**

Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure
23-24	174.68172	104.30493	104.30493
24-25	165.64244	101.16147	104.31345

Source - Plan space 2.0

### 3.13 Other Activities

#### 1) AMR Campaign

Ayurveda dispensaries under the ISM Department in Ernakulam district implemented a coordinated Antimicrobial Resistance (AMR) awareness campaign aimed at patients, caregivers, dispensary staff, and the local community. The campaign focused on rational use of antimicrobial herbs and modern antibiotics, infection prevention, responsible self-medication avoidance, and referral pathways for suspected resistant infections. Activities included patient counselling at dispensaries, wall-posters and leaflets, short community talks, staff training sessions, and monitoring of antibiotic-related queries.



Figure 3.13.1 AMR campaigns

## 2) Bharana Bhaasha Vaaracharanam

To achieve the declared goal of making Malayalam the administrative language of Kerala, the Department of Indian Systems of Medicine (ISM), under the leadership of the District Medical Office, Ernakulam, organized various programmes on the occasion of the 69th Kerala Piravianniversary. On November 1, Kerala Piravi Day, all employees took the Administrative Language Pledge. Various programmes were also conducted in all institutions under the department across the district.

In addition to this, on November 5, a special function was organized at the District Medical Office with the participation of staff from various institutions in the district. Writer, speaker, and retired Malayalam teacher Smt. Ambika Viswanathan was honored with a traditional shawl and a gift during the ceremony.



**Figure 3.13.2 Bharanabhasha varam**

## 3) Ente Keralam Exhibition

As part of the 4th anniversary celebrations of the State Government, the ISM department along with National AYUSH Mission (NAM) along with other departments of government successfully organized an impactful and public-centric exhibition under the banner "Ente Keralam" at Marine Drive, Ernakulam from May 17 to May 23, 2025. The event was a comprehensive display of traditional health systems, featuring interactive stalls, memory testing games, awareness campaigns, seminars, and public

services that reflected the department's commitment to holistic and preventive healthcare.



**Figure 3.13.3 Ente Keralam Exhibition**

#### **4) Yoga Day Celebration**

ISM department and National Ayush Mission organized a grand celebration on International Yoga Day on 21st June 2025 at the scenic Changampuzha Park in Edapally, Ernakulam. With this year's theme, "*Yoga for One Earth, One Health,*" the event aimed to highlight yoga's vital role in promoting individual well-being, environmental harmony, and collective health. As part of the promotional activities, a reels-making competition titled "Yoga Nadanam" was launched. A live yoga demonstration session-Yoga sangamevent was conducted according to International Yoga Day Protocol.300 persons participated in the event. Yoga Quiz Competition, Yoga game competition, Yoga dance competition was conducted in association with the event.All dispensaries and hospitals celebrated yoga day with various public activities in their respective areas.





**Figure 3.13.4 Yoga Day Celebrations**

### 5) Ayurveda Day Celebration

The Ayurveda Day celebrations in the district were conducted successfully under the ISM Department and National Ayush Mission Ernakulam. The various programmes organized as part of the observance — including awareness classes, medical camps, healthy food exhibition and institutional activities — were implemented in a well-coordinated manner with active participation from both officials and the public



**Figure 3.13.5 Ayurveda Day celebrations**

### 6) Geriatric Camps

Department of Indian Systems of Medicine along with National AYUSH Mission Ernakulam successfully conducted Elderly Medical Camps in Ernakulam district, local self-government institutions.

Institutions Involved: All ISM institutions (105nos) in the district actively participated and conducted camps.

Beneficiaries: A total of 7767 elderly individuals benefited from the camps, comprising: 3324 males, 4443 females

## 7) Preventive Medical Camps For Communicable Disease

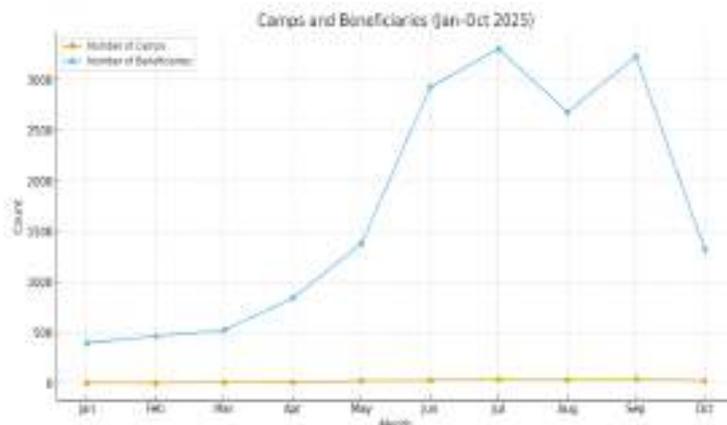
ISM Department, Ernakulam is conducting series of communicable disease prevention medical camps across the district every month. These camps aimed to strengthen early detection, prevention, and community awareness regarding communicable diseases, particularly during high-risk monsoon months. The initiative supported vulnerable populations, improved accessibility to Ayurveda-based preventive care, and enhanced community resilience.

Each camp typically included: Basic clinical examination by ISM Medical Officers, Distribution of preventive medicines (e.g., Ayurveda prophylactic formulations), Health education sessions on vector control, waterborne disease prevention, waste disposal, and personal hygiene, Demonstrations on household mosquito control measures, Referral of symptomatic individuals to higher centres when required.

Jan–Oct 2025:

Total camps conducted: 221

Total beneficiaries: 19,081



**Graph 3.13.7 Preventive Medical Camp Beneficiaries**

## 8) Sports Ayurveda Activity

Sports Ayurveda unit in District is actively participating and providing leading medical support to various sports meets and other major events such as sub district kalolsavam,districtkalolsavam etc.



**Figure 3.13.8 Sports Ayurveda Camps**

## 9) Training of MPHWS in Ayush Health and wellness centre

Date: 28.10.2025

Venue: Government Guest House, Ernakulam

The training was highly interactive and productive, providing MPHWS with essential knowledge on their duties, NABH standards, waste management, and community engagement—thereby strengthening the functional efficiency of AHWCs.



**Figure 3.13.9 MPHWS training at Guest House Ernakulam**

## 10) Global Ayurveda Summit 2025

In Global Ayurveda summit conducted at Angamaly Adlux convention centre Sports Ayurveda teams successfully organized an impactful and public-centric exhibition stall on 30 th and 31 st of October 2025.



**Figure 13.13.10 Global Ayurveda Summit at Adlux Convention Centre, Angamaly**

### 3.14 Conclusion

The district profile of the Department of Indian Systems of Medicine (ISM), Ernakulam, presents a comprehensive picture of a dynamic, well-structured, and people-oriented healthcare system that effectively integrates traditional medical systems within a rapidly urbanising and environmentally sensitive district. With a robust network of **105 ISM institutions**, including hospitals, dispensaries, Ayushman Arogya Mandirs, primary health centres, and tribal dispensaries, Ernakulam ensures extensive access to Ayurveda, Siddha, Yoga, Naturopathy, and allied services across both urban and rural communities.

The district demonstrates strong institutional capacity, supported by a well-balanced and highly staffed human resource base comprising medical, paramedical, administrative, and support personnel. High beneficiary attendance at hospitals, dispensaries, and APHCs reflects sustained public confidence in ISM services, particularly for lifestyle disorders, chronic diseases, maternal and child health, geriatric care, mental health, and preventive healthcare.

Significant progress in quality assurance through **NABH accreditation**, outstanding performance under the **Kayakalp programme**, and large-scale upgradation of institutions

into **Ayushman Arogya Mandirs** has further strengthened patient safety, service standards, and institutional governance. The district's successful digital transformation through the **NextGen e-Hospital system**, with full digital coverage of 82 institutions, represents a major milestone in enhancing transparency, efficiency, and patient experience.

Strategic investments through **NAM, LSGD, MP, and MLA funds** have resulted in continuous infrastructure development, including new hospital buildings, OP blocks, Panchakarma units, yoga halls, and comprehensive renovation works, significantly enhancing service capacity and healthcare delivery. Financial performance over the last two years reflects disciplined fiscal management and optimal utilisation of available resources.

The wide range of public health programmes and special projects—covering diabetes management, sports medicine, palliative care, geriatric care, paediatric services, women's health, mental health, school eye health, yoga, lifestyle modification, and communicable disease prevention—highlights the district's holistic and preventive approach to healthcare. Strong community engagement through campaigns, awareness programmes, medical camps, training initiatives, and major public events further reinforces the integration of ISM into the broader public health framework.

Overall, Ernakulam stands as a model district in the effective convergence of traditional medical systems with modern governance, digital innovation, quality standards, and community-based healthcare delivery, fully aligned with the Government of Kerala's vision for resilient, inclusive, and sustainable public health development

## Chapter 4

### DEPARTMENT OF HOMOEOPATHY FACILITIES & SERVICES

#### 4.1 Introduction

Ernakulam District, bordered by Thrissur to the north, Idukki to the east, Alappuzha and Kottayam to the south, and the Lakshadweep Sea to the west, represents a unique amalgamation of rich historical heritage and rapid industrial and commercial growth. Internationally recognized as part of Kochi—historically celebrated as the “Queen of the Arabian Sea”—the district has evolved into a major urban and economic hub of Kerala. Ernakulam is one of the most densely populated districts in the State and exemplifies Kerala’s achievements in literacy, industry, trade, and commerce.

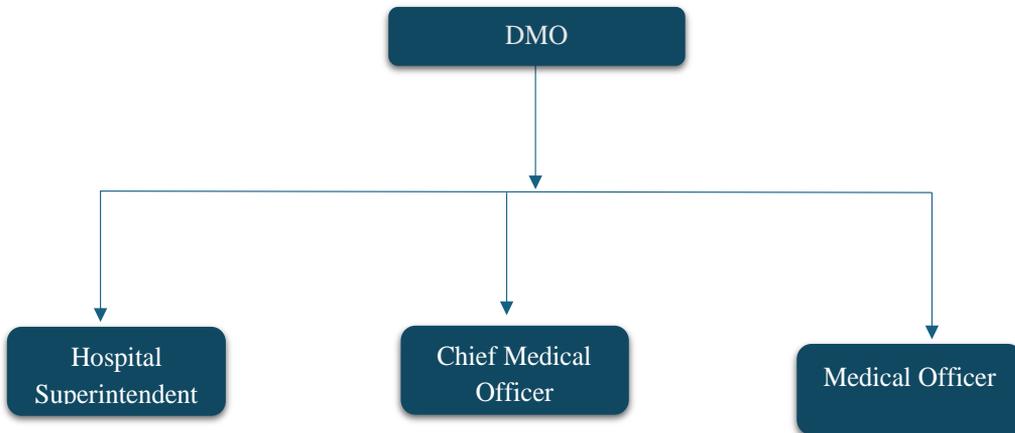
The district’s highly urbanized environment, inclusive social culture, relatively high per capita income, and dynamic lifestyle contribute to changing health profiles, with an increasing prevalence of lifestyle disorders, stress-related illnesses, occupational health issues, and environment-linked health conditions. In this context, the Department of Homoeopathy in Ernakulam District plays a vital role in addressing the evolving healthcare needs of the population through holistic, preventive, and patient-centred care. By integrating clinical services with community-based health programmes and disease prevention strategies, Homoeopathy contributes significantly to strengthening public healthcare delivery in a district that represents the advanced modern phase of Kerala society.

#### 4.2 Administration

The administration of the Department of Homoeopathy in Ernakulam District ensures the efficient functioning of all homoeopathic healthcare institutions operating under the department, including hospitals, dispensaries, and specialised centres. Administrative activities focus on effective coordination of healthcare services, supervision of staff, timely supply of medicines, and maintenance of infrastructure and equipment. Continuous monitoring of service standards, implementation of government policies and health programmes, and adherence to quality and safety norms form essential components of administration. Periodic inspections, performance reviews, and corrective interventions are undertaken to strengthen patient care and institutional efficiency. Through these sustained

efforts, the department works to improve homoeopathic healthcare accessibility within the district

#### 4.2.1 District Administration of the Department



#### 4.2.2 District Medical Office Profile

**Table No: 4.2.2 District Medical Office Profile**

Post	Office Address	Office Number	Mail id
<b>District Medical officer</b>	District Medical Office (Homoeo) Kusumagiri. P.O, IMG Junction, Kakkanad, Ernakulam, Pin - 682 030	0484-2955687 Mob :9072615307	dmohomoeoekm@kerala.gov.in

Source - district data

### 4.2.3 Structure of DMO office

**Table No: 4.2.3: Structure of DMO office**

Sl no	Post	Number
1.	District Medical officer	1
2.	Senior Superintendent	1
3.	Clerk	2
4.	Office Attendant	1
5.	Part Time Sweeper	1
6.	Typist	1
7.	Clerk (supernumerary)	1

*Source - district data*

### 4.3 Infrastructure Profile of the District

In Ernakulam District, the Department of Homoeopathy operates a total of 110 government health institutions, forming a strong and accessible homoeopathic healthcare network. The district has 3 Government Homoeopathy Hospitals with a sanctioned bed strength of 85, providing inpatient and outpatient services. Additionally, 46 Government Homoeopathy Dispensaries offer primary homoeopathic care across various urban and rural areas. The service delivery is further strengthened by 19 Ayushman Arogya Mandirs, 38 Ayush primary health Care Centres, 3 SCPHHC and 1 National Ayush Mission APHC (Aluva), which focus on improving healthcare access for underserved and vulnerable populations.

SCPHCH – Special Component Plan Health Care Centres (Homoeopathy) are formulated to provide accessible and affordable healthcare services to marginalised communities residing in Scheduled Caste colonies. These centres function through Homoeopathy dispensaries established specifically to address the healthcare needs of vulnerable population groups. The programme is implemented with financial support from the Scheduled Caste Development Department, ensuring sustained service delivery, improved healthcare access, and targeted

interventions for the socio-economically disadvantaged sections of society. At present, three SCPHCH Homoeopathy dispensaries are functioning in the district, contributing significantly to improve healthcare outreach among the Scheduled Caste communities. Through this extensive institutional network, the Department of Homoeopathy ensures comprehensive, equitable, and community-oriented healthcare services throughout Ernakulam District.

Out of these, 6 institutions are NABH-accredited and 14 have been upgraded to Government Model Homoeopathy Dispensaries. Digital transformation has been achieved in 71 institutions through AHiMS 2.0.

### 4.3.1 Details of Facilities

**Table No: 4.3.1: Details of Homoeopathic health facilities**

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Govt. Homoeopathy Hospital	2
3	Govt. Homoeo Dispensary	46
4	Ayushman Arogya Mandir (AYUSH)	19
5	Ayush Primary Health Centre	38
6	SCPHHC	3
7	National Ayush Mission APHC (Aluva)	1
	<b>Total</b>	<b>110</b>

*Source - district data*

**Details of Homoeopathic facilities are attached as Annexure 4.3.1**

### 4.3.2: Health Facilities in Urban and Rural Areas

The district has a total of **109 Government Homoeopathy institutions**, demonstrating a clear rural predominance in healthcare availability. The network comprises **1 District**

**Hospital, 2 Government Homoeopathy Hospitals, 65 Government Homoeo Dispensaries including Ayushman Arogya Mandirs (AYUSH), 38 Ayush Primary Health Centres, and 3 SCPHHCs.** Of these institutions, **17 are situated in urban areas**, while a substantial **92 are located in rural regions**, highlighting the strategic focus of the Homoeopathy sector on strengthening primary and community-level healthcare services in rural and underserved areas of the district.

**Table No: 4.3.2: Health Facilities in Urban and Rural Areas**

Sl no	Type of Health Institution /Facility	Total no: in the district	Urban	Rural
1.	District Hospital	1	1	0
2.	Govt. Homoeopathy Hospital	2	2	0
3.	Govt. Homoeo Dispensary including Ayushman Arogya Mandir(AYUSH)	65	8	57
4.	Ayush Primary Health Centre	38	5	33
5.	SCPHHC	3	1	2
6.	National Ayush Mission APHC (Aluva)	1	1	0
	<b>Total</b>	<b>110</b>	<b>18</b>	<b>92</b>

Source - district data

#### 4.3.3 Hospital Details based on Bed Strength

District has three government hospitals with an overall bed strength of 85 beds. This includes two 25 bedded and one 35 bedded hospital distributed across the district. While each hospital functions with moderate capacity, together they play a significant role in ensuring the availability of inpatient homoeopathic care. These hospitals collectively

support the delivery of essential healthcare services, improving access to treatment and strengthening the district's public homoeopathic healthcare system.

**Table No: 4.3.3: Health Facilities in Urban and Rural Areas**

Sl no	Hospitals based on bed strength	Hospital number	Bed strength
1	Govt. Hospital (25 Bedded)	2	50
2	Govt. Hospital (35 Bedded)	1	35
	<b>Total No. Of Beds/ Hospitals</b>	<b>3</b>	<b>85</b>

*Source - district data*

#### 4.4 Human Resource Profile of the District

The Department of Homoeopathy in Ernakulam District is supported by a well-structured human resource framework comprising medical, paramedical, administrative, and Class IV staff across Government Homoeopathy institutions, ensuring effective delivery of healthcare services. The majority of sanctioned medical and paramedical posts in Government institutions, including Hospital Superintendents, Chief Medical Officers, Medical Officers and supporting staff, are fully maintained, enabling uninterrupted clinical services. Additional human resources with support from the National AYUSH Mission (NAM) through contractual appointments and programme-based staffing support are being utilized for effective health care service delivery through the hospitals. Though key operational posts such as pharmacists, nursing staff, and support personnel are largely in position, a limited number of vacancies persist in selected categories, particularly in nursing and Class IV cadres. Overall, the existing human resource availability are optimally utilized to provide a strong foundation for service delivery, with continued efforts underway to address remaining gaps and strengthen institutional efficiency and patient care.

AYUSH Primary Health Centres (APHCs) function with a single Medical Officer deployed by the National Health Mission (NHM) on a contract basis, with supporting staff provided by the respective Local Self Government Institutions (LSGIs).

#### 4.4.1 Availability of Medical Professionals

A total of 75 government medical professional posts have been sanctioned in the district, and 75 posts are filled. This includes administrative, supervisory, and clinical positions such as District Medical Officer, Hospital Superintendents, Chief Medical Officers, Medical Officers, and Resident Medical Officers.

Service of Medical Officers under NHM and NAM are also being utilised for the health care delivery in the district.

**Table No: 4.4.1: Details of Medical Professionals under the DH /NAM/NHM in the District**

Sl no	Category	Sanctioned	Filled	Vacant
<b>Medical Professionals under the DH</b>				
1	District Medical officer (Administrative )	1	1	0
2	Hospital Superintendent	3	3	0
3	Chief Medical officer	16	16	0
4	Medical officer	52	52	0
5	Resident Medical officer	3	3	0
	<b>Total</b>	<b>75</b>	<b>75</b>	<b>0</b>
<b>Medical Officers Under NAM/ NHM</b>				
1	Medical officer (NHM)	41	40	1
2	Medical officer (NAM)	23	23	0

	<b>Total</b>	<b>64</b>	<b>63</b>	<b>1</b>
	<b>Grand Total</b>	<b>139</b>	<b>138</b>	<b>1</b>

Source - district data

#### 4.4.2 Number and Distribution of Health Care Professionals

The district demonstrates **strong manpower coverage across core service areas**, though **strategic recruitment is required in nursing, pharmacy and certain support roles** to further strengthen service delivery and operational efficiency.

**Table 4.4.2.1- Details of Paramedical posts Sanctioned under the DH in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Nurse	9	9	0
2.	Nursing Assistant	8	8	0
3.	Pharmacist	58	53	5
4.	Dispenser	8	8	0
5.	Attender	43	43	0
6.	Lab Attender	2	1	1
7.	Laboratory technician	2	2	0

Source - district data

**Table 4.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the Department of Homoeopathy in the District**

Sl. No	Designation	Sanctioned	Filled	Vacant
1.	Senior Superintendent	1	1	0
2.	Clerk	5	5	0
3.	Typist	1	1	0

Source - district data

**Table 4.4.2.3- Details of other posts Sanctioned under the DH in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1	Office Attendant	14	14	0
2	Cleaner	3	2	1
3	Cook	3	3	0
4	Sweeper Cum Peon	8	7	1
5	Sweeper Cum Sanitation worker	1	1	0
<b>Other Supporting Staff</b>				
1	Part Time Sweeper	34	28	6

*Source - district data*

#### **4.5 Beneficiary Details**

The following tables present the beneficiary coverage of Homoeopathy health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

##### **4.5.1 Hospital**

**Ernakulam District Homoeo Hospital** reports an average monthly OPD of **4,350** and an IPD of **32**, supported by a total bed strength of **25**. **Muvattupuzha Government Homoeo Hospital** records an average OPD of **4,770** and an IPD of **11**, with **35 beds** available for inpatient care. **North Paravur Government Homoeo Hospital** has the highest patient load in the district, with an average monthly OPD of **5,400** and an IPD of **56**, also supported by a bed strength of **25**.

**Details of the Beneficiary details in Hospitals are attached as Annexure 4.5.1**

### 4.5.2 Dispensaries

The district's Government Homoeopathy dispensary network demonstrates a high and consistent outpatient service load, reflecting strong public utilization of Homoeopathy services. Across 59 Government Homoeo Dispensaries, average monthly OP figures generally range between 500 and 1,500 patients, with several high-performing institutions. Even dispensaries in rural and semi-urban areas maintain steady OP levels, underscoring the widespread acceptance and accessibility of Homoeopathy care. Overall, the data highlights the critical role of Government Homoeo Dispensaries in delivering primary healthcare, reducing patient load on higher facilities, and ensuring equitable healthcare access across the district.

**Details of Beneficiary in Govt Homoeo Dispensaries are attached as annexure 4.5.2**

### 4.5.3 APHC dispensaries & SCP dispensaries

The Ayush Primary Health Centres (APHCs) and SCPHHCs in the district together demonstrate a strong and sustained outpatient service delivery capacity, indicating widespread community reliance on AYUSH-based primary care. Across 41 centres, average monthly OP attendance is largely robust, with most facilities recording over 800 patients. The overall pattern highlights the critical role of APHCs and SCPHHCs in delivering accessible, decentralized healthcare, strengthening preventive and promotive services, and reducing pressure on higher-level health institutions across the district.

**Details of Beneficiary in Ayush Primary Health Centre dispensaries & SCP dispensaries are attached as annexure 4.5.3**

### 4.6 Public Health Programmes

The Department of Homoeopathy conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

#### 4.6.1 Gender Based Projects- Women - Seethalayam

**Seethalayam** is the first gender-based project of the Department of Homeopathy. Launched in 2010, the project aims to ensure the mental, physical, and emotional health of women especially domestic violence victims and suggest solutions for the difficulties they face. A

unique feature of this project is that all staff members are women. It provides homeopathic treatment along with individual and family counseling.

Since its inception, Seethalayam has gained immense popularity through its unique operational style, awareness classes, and medical camps. It offers treatment for women facing marital issues, workplace problems, domestic violence, sexual exploitation, anxiety, suicidal tendencies, and depression. Services are also extended to other family members. The project collaborates with the Social Justice Department, Women's Cell, Women's Commission. Monthly visits are conducted to women's prisons and destitute homes.

#### Objectives:

- To ensure the mental, physical, and emotional security of women.
- To provide knowledge regarding women's rights and laws.
- To facilitate rehabilitation for the destitute and the neglected.

**Table 4.6.1: Beneficiary details of Seethalayam project**

Year	Op			Counselling		
	New	Old	Total	New	Old	Total
<b>2023-24</b>	257	958	1215	143	203	346
<b>2024-25</b>	250	1035	1285	154	231	385

*Source - district data*

#### 4.6.2 Punarjani

Punarjani is a de-addiction treatment clinic that has been functioning since 2012 as a sub-clinic of the Seethalayam project. It was established after observing that many women seeking help at Seethalayam were suffering from domestic violence and mental stress caused by substance abuse (alcohol and drugs) among the men in their families. The project provides homoeopathic treatment and counselling for patients addicted to alcohol, drugs and smoking.

**Objectives:**

- To treat patients with addiction.
- To conduct awareness classes for adolescents and youth regarding health issues and social crises caused by substance abuse.
- To utilize a treatment method that minimizes withdrawal symptoms
- To extend counseling to other family members of patient.

**Table 4.6.2: Beneficiary details of Punarjani project**

Year	New Cases	Old cases	Total cases
2023-24	81	187	268
2024-25	83	215	298

*Source - district data*

**4.6.3 Janani**

The **Janani** project by the Department of Homeopathy offers hope in the field of infertility treatment with simple, side-effect-free medicines. The project effectively treats both male and female infertility, including conditions like PCOD, menstrual disorders, Fallopian tube blocks, hypothyroidism, uterine fibroids, and low sperm count/motility. Diagnostic tools like ultrasound and follicular studies are also being utilised.

**Table 4.6.3: Beneficiary details of Janani project**

	New Case	Old Case	Cumulative Pregnancy	Cumulative Child Birth
<b>2023-24</b>	309	3072	192	129
<b>2024-25</b>	265	2592	238	158

*Source - district data*

#### 4.6.4 Sadgamaya

Sadgamaya is the child and adolescent-centric project of the Department of Homoeopathy. It aims at attaining overall wellness encompassing physical, mental, emotional, and social aspects, with specific attention to issues related to behavioural, cognitive, or educational challenges. In district hospital Ernakulam Sadgamaya Clinic started functioning in the year 2012.

##### Objectives

- Identify behavioural, scholastic, psychological and physical problems of children and adolescents.
- Impart awareness for parents, children, teachers and the general public on learning disabilities and behavioural problems.
- Provide homoeopathy treatment for behavioural and learning disabilities.
- Service of special education teachers is available in each unit, who train the patients in special learning methodologies.
- Provide behavioural management, treatment and counselling for children and adolescents.

##### Beneficiaries

- Neurodevelopmental & Behavioural Disorders
  - Autism Spectrum Disorders
  - Attention Deficit Hyperactivity Disorder (ADHD)
  - Learning Problems and Learning Disabilities (e.g., dyslexia, slow learning)
  - Developmental Delays
  - Behavioral disorders (e.g., oppositional, conduct issues)
  - Impulsive and conduct-related behaviours
- Cognitive, Emotional & Psychiatric Issues
  - Depressive disorders / Persistent Depressive Disorder
  - Anxiety, fears and emotional dysregulation
  - Obsessive-Compulsive Disorder (OCD)
  - Speech and language disorders

- Scholastic backwardness / difficulties in reading, writing, calculation
- Other Challenges Addressed
  - Social withdrawal and lack of concentration
  - Substance abuse and addictive behaviours (including gadget addiction)
  - Sexual abuse and related emotional trauma
  - Behavioural issues like kleptomania
  - Mental stress and maladaptive coping behaviours
  - Mild to moderate intellectual challenges
  - Social media addiction and game addictions

**Table 4.6.4 Beneficiary details of Sadgamaya project**

Year	New	Old	Total
2023-24	582	2301	2883
2024-25	597	2965	3562

Source - district data

#### 4.6.5 Ayushmanbhava

The Ayushman Bhava project was launched in 2012. Non-communicable diseases (NCDs)/ lifestyle diseases are becoming a major health concern in society, and the World Health Organization has issued warnings to all nations regarding this issue. In response, various committees established by the government have decided to utilize the potential of all medical systems to address the social breakdown caused by NCDs, across the country and particularly in Kerala.

#### Objectives

- Providing treatment for NCDs through homoeopathy and consultation of naturopathy for healthy life style through dietary regulations along with yoga practice.
- To offer treatment for complications arising from lifestyle diseases and to empower individuals to overcome disabilities caused by these complications.
- Creating awareness among the population in preventive and promotive health care.

- Making treatment affordable and accessible to the public.

**Table 4.6.5: beneficiary details of Ayushmanbhava project**

Year	New Cases	Old Cases	Grand Total
2023-24	633	5214	6480
2024-25	246	3234	3480

*Source - district data*

#### 4.6.6 Palliative Care

##### Introduction

The global demand for palliative care is rising due to the increasing number of patients with chronic and terminal illnesses. In India, approximately 2% of patients fall within the scope of palliative care. Kerala was the first state in India to implement a 'Pain and Palliative Policy' in 2008. Following this initiative, the Kerala State Department of Homoeopathy launched the Pain & Palliative Project in 2016-2017, based on various government directives and circulars.

##### Need for Palliative Care

The rising burden of chronic, incurable conditions such as cancer, degenerative disorders, and geriatric illnesses underscores the need for comprehensive palliative care services. The Palliative Project of Department of Homoeopathy is designed to alleviate suffering among patients and their families by addressing physical, mental and psychosocial challenges while enhancing overall quality of life. The program emphasizes the delivery of effective, side effect free and cost - efficient health care through Homoeopathy, with a focus on relief from pain and other distressing physical symptoms associated with chronic diseases. Integrated efforts with volunteer organizations and allied departments support community awareness initiatives and coordinated geriatric - palliative care services. The project provides home visits, as well as medical and nursing care for bedridden patients. Implementation operates at two levels: Primary Palliative Care through home visits delivered by primary palliative care centres functioning in Dispensaries/ APHCs and Secondary Palliative Care through

weekly Palliative Outpatient services , Inpatient Care and home visits delivered by secondary centres in district hospitals

### Implementation Approach

The palliative care program operates through two levels:

- Primary Palliative Care:

Home visits are conducted through Primary Palliative Care Centres operating in Dispensary /APHC.

- Secondary Palliative Care:

OP (one day in a week), inpatient treatment (IP) and home visits services are provided in secondary centres operating in district hospitals.

**Table 4.6.6: beneficiary details of Ayushmanbhava project**

Year	OP- New Cases	OP Follow up Cases	IP	No Of Home care visits- Primary	No Of Home care patients- Primary	No Of Home care visits- Secondary	No Of Home care patients- Secondary
2023-24	161	1156	15	892	5134	148	1586
2024-25	160	1038	11	887	4740	98	756

Source - district data

#### 4.6.7: Projects and Institutions.

**Table 4.6.7: Table of details of Plan Projects**

Sl. No.	Name of the Programme	Institution Where Implemented	Days of functioning
1	Seethalayam	District Homoeopathy Hospital, Moovattupuzha	Monday, Tuesday, Thursday, Saturday
2	Sadgamaya	District Homoeopathy Hospital, Kakkanad	Wednesday, Friday
3	Ayushman Bhava	District Homoeopathy Hospital, Pulleppadi	Monday to Saturday
4	Sadhgama	District Homoeopathy Hospital, Moovattupuzha	Tuesday
5	Seethalayam	District Homoeopathy Hospital, Pulleppadi	Monday, Wednesday, Thursday, Friday, Saturday
6	Janani	District Homoeopathy Hospital, Kakkanad	Monday to Saturday
7	Nisarga	District Homoeopathy Hospital, Kakkanad	Friday

*Source - district data*

#### 4.6.8 Local Body Specific Initiatives

Through the Local Self Government Institutions (LSGIs), the Department of Homoeopathy has initiated various projects to address specific local public health issues within their respective jurisdictions. Under these initiatives, Homoeopathy institutions functioning under local bodies implement targeted health programmes using LSG plan funds, in addition to their regular clinical services. These locally designed interventions focus on area-specific health needs and emerging public health concerns. Such additional services play a vital role in strengthening community-based healthcare delivery and are essential for effectively meeting the healthcare requirements of the local population.

**Table 4.6.8: Table of details of LSGD projects**

Sl. No.	Name of the Programme	Institution Implemented	Where	Days of functioning
1	Thejomaya- Autism Managment Clinic	Government Homoeopathy Dispensary, Kizhakkambalam		Tuesday

Source - district data

## 4.7 Standardisation of Institutions

### 4.7.1 NABH - Entry-level certification

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Ernakulam District, NABH standards are being adopted in homoeopathy institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

**Table 4.7.1: Table of NABH entry-level certified institutions**

Sl no	Name of Institution
1	Govt. Homoeo Dispensary Vadavucode
2	Govt. Homoeo Dispensary Kumbalangi
3	Govt. Homoeo Dispensary Maradu
4	Govt. Homoeo Dispensary Monappally
5	Govt. Homoeo Dispensary Chottanikkara
6	Govt. Homoeo Dispensary Mazhuvannoor

Source - district data

### 4.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the National Ayush Mission Kereala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that

maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

**Table 4.7.2: List of Institutions which have received the Kayakalp award**

Sl.No	Facility Name	Category	Prize	Status
1	District Homoeopathy Hospital Ernakulam	District Hospital	2nd Prize	District Homoeopathy Hospital Ernakulam
2	Govt.Homoeopathy Dispensary Monipilly	AHWC	1st Prize	Govt.Homoeopathy Dispensary Monipilly
3	Govt.Homoeopathy Dispensary Maradu	AHWC	Commendation	Govt.Homoeopathy Dispensary Maradu
4	Govt.Homoeopathy Dispensary Chottanikkara	AHWC	Commendation	Govt.Homoeopathy Dispensary Chottanikkara
5	Govt.Homoeopathy Dispensary Kumblangi	AHWC	Commendation	Govt.Homoeopathy Dispensary Kumblangi

*Source - district data*

### 4.7.3 Model Dispensary

Model dispensaries serve as an effective mechanism for standardizing healthcare service delivery across homoeopathy institutions. Dispensaries with a consistently high volume of Outpatient (OP) attendance are identified and selected for upgradation as Model Dispensaries, ensuring optimal utilization of resources and maximum public benefit. The upgradation is implemented in a phased manner, focusing on improvements in

infrastructure, manpower support, service delivery systems, and patient amenities. This initiative is supported through consistent financial assistance from the Plan budget, enabling sustained quality enhancement and uniform service standards across selected institutions.

**Table 4.7.3: List of institutions upgraded as model dispensary**

SL No.	Institution
1.	Govt. Homoeo Dispensary Cheranalloor
2.	Govt. Homoeo Dispensary Idakochi
3.	Govt. Homoeo Dispensary Kothamangalam
4.	Govt. Homoeo Dispensary Mulanthuruthi
5.	Govt. Homoeo Dispensary Keezhmaadu
6.	Govt. Homoeo Dispensary Kandakadavu
7.	Govt. Homoeo Dispensary Maradu
8.	Govt. Homoeo Dispensary Thripponithura
9.	Govt. Homoeo Dispensary Vadavukodu
10.	Govt. Homoeo Dispensary Monipilli
11.	Govt. Homoeo Dispensary Chottanikkara
12.	Govt. Homoeo Dispensary Kumbalangi
13.	Govt. Homoeo Dispensary Kottuvally
14.	Govt. Homoeo Dispensary Keezhillam

*Source - district data*

#### 4.7.4 ISO 9001 certification

ISO certification in healthcare involves adhering to internationally recognized standards to ensure quality, safety, and efficiency across the industry—from hospitals and clinics to medical device manufacturers. The certificate demonstrates a commitment to best practices and continual improvement. Notably Chottanikkara Govt Homoeo Dispensary, ERNAKULAM was awarded the ISO 9001 certification.

#### 4.8 Ayushman Arogya Mandir (AYUSH)

Ayushman Arogya Mandir (AYUSH) represents a people-centred initiative aimed at strengthening accessible, affordable, and holistic primary healthcare services across the community. These centres integrate the principles and therapeutic strengths of Ayurveda, Yoga & Naturopathy, Unani, Siddha, Sowa-Rigpa, and Homoeopathy to promote wellness, disease prevention, and comprehensive care.

Functioning as the first point of contact for individuals and families, Ayushman Arogya Mandirs provide outpatient care, health promotion, lifestyle counselling, management of common ailments, and support for chronic disease management through AYUSH systems. The focus remains on preventive and promotive healthcare, encouraging healthy living practices and early intervention to reduce the burden of disease.

By combining traditional knowledge with organized public health delivery, Ayushman Arogya Mandir (AYUSH) contributes significantly to the national vision of Universal Health Coverage. These centres play a key role in extending quality AYUSH healthcare to rural and urban populations alike, ensuring continuity of care while preserving India's rich heritage of holistic healing. 19 Govt Homoeopathy Dispensaries have been upgraded as Ayushman Arogya Mandir (AYUSH).

**List of Institutions upgraded as Ayushman Arogya Mandir (AYUSH) are attached as Annexure 4.8**

## 4.9 Temporary Homoeo Dispensaries

Temporary Homoeo Dispensaries are established during major festival seasons. The units which operate at Ernakulam district are Sivaratri Temporary Dispensary & Hajj Temporary Dispensary

## 4.10 Digital Health

### 4.10.1 AHIMS - AYUSH Health Information Management System

The Ayush Homoeopathy Information Management System (AHIMS) is the official Information Management System implemented by the Department of Homoeopathy to digitize and streamline the clinical, administrative, and institutional functions of Homoeopathy healthcare facilities across the State.

AHIMS Version 1 (AHIMS 2.0) was introduced in 2019 as the foundational digital platform. This version primarily focused on the collection and consolidation of numerical and institutional data related to core operations such as OP/IP statistics, asset management, medicine indenting, Plan and Non-Plan fund management, basic reporting, and institutional profile data. AHIMS 1.0 established a standardized digital workflow across Homoeopathy institutions and enabled centralized data availability for effective monitoring, reporting, and policy-level decision-making. The software received Second Prize in the eHealth - e Medicine category of the State e-Governance Awards for the years 2019–20 and 2020–21, recognizing its contribution to digital health governance.

AHIMS Version 2 (AHIMS 2.0), launched in 2023, represents a significantly enhanced and expanded phase of the system. In addition to strengthening the unique Homoeopathy Hospital Management System—the only such digital solution in the country covering more than 1,100 Homoeopathy institutions—Version 2 introduced advanced administrative and governance-oriented modules. A major addition is the comprehensive Establishment / HR module, which covers employee service details, recruitment, probation, service history, disciplinary proceedings, and document management. The upgraded version also supports improved internal governance, better data integrity, and expanded operational modules including accounts, stock management, institutional administration, and system-level controls. Overall, AHIMS 1.0 laid the digital foundation, while AHIMS 2.0 evolved the

platform into a comprehensive, integrated management system, supporting both healthcare service delivery and administrative efficiency in the Homoeopathy sector.

All the Government Homoeopathy institutions in Ernakulam District are actively delivering digital health services through the AHiMS. Key functional areas including patient registration, clinical documentation, and service reporting are being carried out digitally across institutions. Medicine stock management in both Government Homoeopathy institutions and AYUSH Primary Health Centres (APHCs) has been fully digitalised, ensuring accurate tracking of stock availability, consumption, and distribution. The medicine procurement process is now 100% online, enabling transparent monitoring of indents, purchase orders, supply status, and delivery timelines. These digital processes are supported by real-time dashboards accessible to the District Medical Officer (DMO), facilitating effective oversight, data-driven decision-making, and improved efficiency in medicine supply chain management.

#### 4.10.2 ABDM activities

In connection with ABDM activities in Ernakulam District, **100% Health Facility Registry (HFR) creation has been achieved**, with all **109 health facilities successfully registered**. In addition, **64 Health Professional Registries (HPRs)** have been created out of **137 eligible health professionals (47%)**, reflecting substantial progress in onboarding healthcare providers onto the ABDM ecosystem. Continuous efforts are underway to complete the remaining HPR registrations to ensure full compliance and seamless digital health data exchange across the district.

#### 4.11 Medicine Availability & Logistics

LSGD has allocated Rs. 12000000/- for medicine purchases specifically for homoeopathy institutions in Ernakulam district. This allocation falls under LSGD's health sector initiatives, enabling timely purchases

#### 4.12 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in homoeopathy institutions. In Ernakulam District,

laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

**Table 4.12: Laboratory facilities in Institutions**

SI No	Name Of Institution
1	Govt Homoeo Hospital, Ernakulam
2	Govt Homoeo Hospital, Muvattupuzha
3	Govt Homoeo Hospital, North Paravoor

*Source - district data*

#### 4.13 Financial Expenditure

In **Ernakulam District**, an amount of **₹66.83 lakhs** was allocated and fully released under the **AYUSH programme** during **2023-24**, out of which **₹62.96 lakhs** was utilised, reflecting a high level of fund utilisation. During **2024-25**, a total allocation of **₹48.37 lakhs** was made and fully released, with an expenditure of **₹48.37 lakhs**, indicating **almost 100% utilisation** of the sanctioned funds. Overall, the financial performance of Ernakulam District demonstrates **sound fiscal management and effective utilisation of AYUSH programme funds**, with complete release of allocated amounts and consistently high expenditure levels across both years, supporting the efficient implementation of programme activities.

**Table 4.13: Financial Expenditure**

Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure
<b>2023-24</b>	66.82919	66.82919	62.96323
<b>2024-25</b>	48.37277	48.37277	48.37269

*Source - district data*

#### 4.14 IEC Activities



Figure 4.14.1: Hajj Medical Camp at CIAL Ernakulam



Figure 4.14.2: Sadgamaya Camp



**Figure 4.14.3 World Palliative Day Celebration**



**Figure 4.14.4 Aluva shivarthri festival Medical Camp**



Figure 4.14.5 Aluva shivarthri festival Medical Camp



Figure 4.14.6 Oppam Mega Medical Camp





**Figure 4.14.9 World Mental Health day**

**Figure 4.14.10 Yoga day**

## Chapter 5

### NATIONAL AYUSH MISSION KERALA

#### SUPPORTS & SERVICES

##### 5.1 Introduction

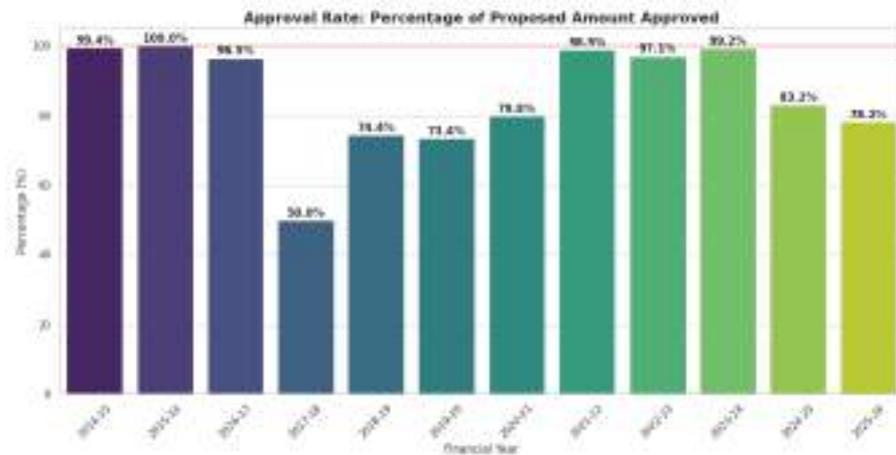
National AYUSH Mission is a Centrally Sponsored Scheme under the Ministry of AYUSH. The government of India launched National AYUSH Mission (NAM) during the 12th plan in 2014. In Kerala, NAM started activities in 2015. The aim of NAM is to mainstream AYUSH Systems into health care services, to develop evidence-based AYUSH management protocol through scientific documentation and to ensure the accessibility of quality AYUSH services. Regarding the funding pattern, 60% share is provided by the Central Government and 40% is provided by the State Government.

The vision is to provide cost-effective, equitable, and accessible AYUSH healthcare across the country by strengthening service delivery systems and improving access to quality care. It emphasizes the integration of preventive and promotive healthcare approaches within primary health services, while promoting a holistic wellness model grounded in AYUSH principles and practices. In addition, the vision seeks to enhance AYUSH educational institutions to ensure the delivery of high-quality education and the development of competent professionals to support the growth of the AYUSH sector.

The objective is to ensure the availability of AYUSH healthcare services across the country by strengthening and improving AYUSH healthcare infrastructure and service delivery. It aims to establish a holistic wellness model through AYUSH Health and Wellness Centres with a strong focus on preventive and promotive healthcare based on AYUSH principles and practices, thereby reducing disease burden and out-of-pocket expenditure. The approach also seeks to provide informed choices to the public through the co-location of AYUSH facilities at Primary Health Centres, Community Health Centres, and District Hospitals, promoting medical pluralism. Further, it emphasizes the role of AYUSH in public health in alignment with the National Health Policy (NHP) 2017.

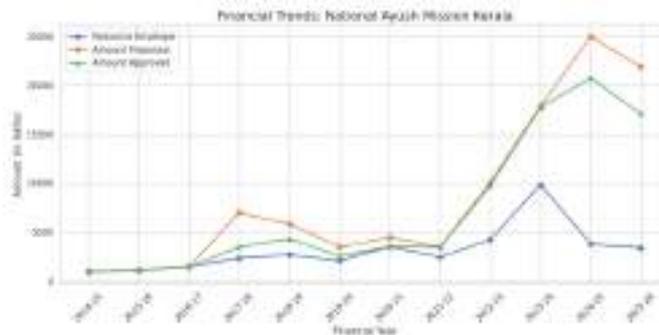
### 5.1.1 National Ayush Mission – Funding Approval Analysis

The analysis highlights the financial growth pattern, approval efficiency and year-wise variations to support planning, monitoring and future programme strategy formulation.



**Figure 5.1.1.1 Funding Approval Analysis**

Figure 5.1.1.1 illustrates the year-wise comparison of Resource Envelope, Amount Proposed and Amount Approved under the National AYUSH Mission. The chart indicates a progressive increase in financial allocations over the years, reflecting expansion of programme scope and implementation scale.



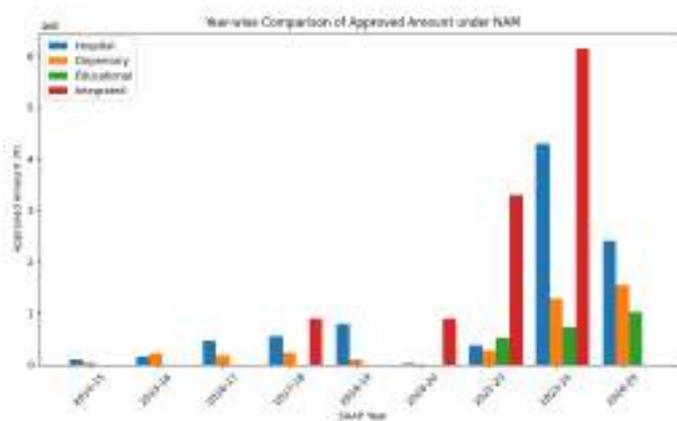
**Figure 5.1.1.2 Trend Analysis of Funding Approval Analysis**

Figure 5.1.1.2 depicts the approval efficiency trend, highlighting the percentage of proposed funds approved each year. The consistently high approval rate demonstrates

effective planning, quality proposal preparation and strong institutional coordination with the approving authorities.

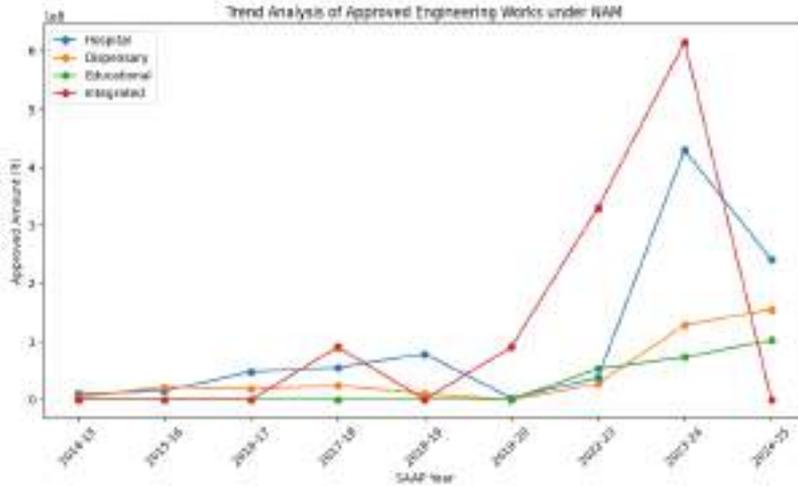
### 5.1.2 Approved Amount for Engineering Construction Works Under NAM

The following graphical representation presents a comprehensive trend analysis of the approved financial outlay for Engineering Construction Works executed under the National AYUSH Mission (NAM) across multiple SAAP years. The analysis examines sector-wise movement, total funding behaviour, priority shifts and percentage contribution patterns over time.



**Figure 5.1.2.1 Analysis of Approved Amount For Engineering Construction Works Under NAM**

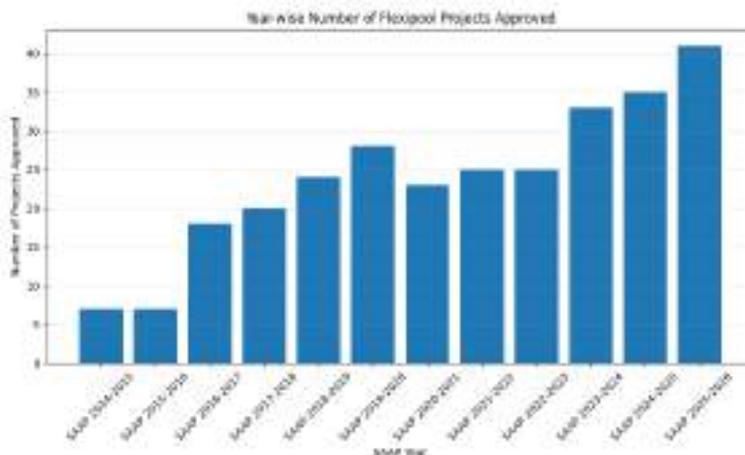
Figure 5.1.2.1 presents the SAAP year-wise approved financial outlay for Engineering Construction Works under the National AYUSH Mission. The trend reflects periodic increases aligned with infrastructure strengthening priorities, including hospitals, dispensaries and academic institutions.



**Figure 5.1.2.2 Trend Analysis of Approved Amount For Engineering Construction Works Under NAM**

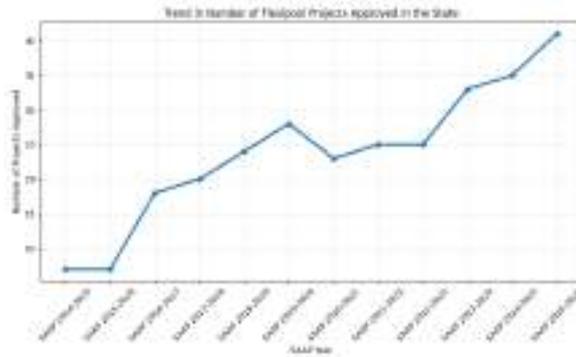
Figure 5.1.2.2 highlights the proportional distribution and trend movement of engineering works funding across SAAP years. Variations indicate strategic prioritisation of construction activities based on programme needs and infrastructure gaps.

### 5.1.3 Flexipool Projects Approved in The State – Trend Analysis Report



**Figure 5.1.3.1 Analysis of Flexipool Project Approved in the State**

Figure 5.1.3.1 illustrates the number of Flexipool projects approved under the National AYUSH Mission across SAAP years. The upward trend indicates increased utilisation of the Flexipool component to address State-specific and innovative healthcare needs.

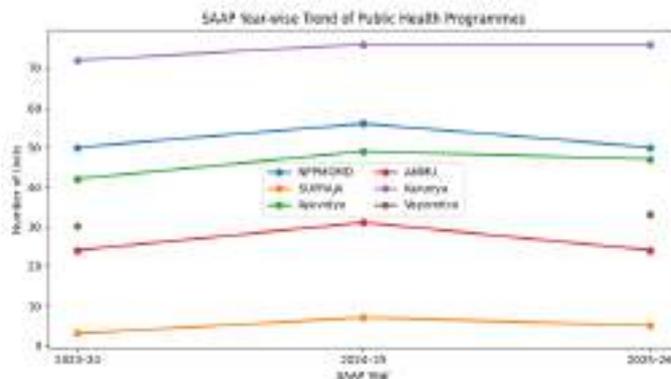


**Figure 5.1.3.2 Trend Analysis of Flexipool Project Approved in the State**

Figure 5.1.3.2 presents the comparative trend analysis, showing periods of accelerated project approvals. This reflects improved planning capacity and greater emphasis on flexible, need-based interventions.

### 5.1.4 National Ayush Mission - Public Health Programmes – Kerala – Funding Approval Analysis

The SAAP year-wise data and trend analysis of Public Health Programmes implemented in Kerala.



**Figure 5.1.4.1 Trend Analysis of Public Health Programmes established**

- National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders (NPPMOMD) shows sustained implementation across all SAAP years, reflecting continued focus on musculoskeletal disorder management.
- Karunya consistently records the highest number of units, indicating wide beneficiary coverage.
- SUPRAJA and AYUSH Mobile Medical Unit show expansion during 2024–25, highlighting emphasis on maternal health and outreach services.
- Ayuvidya demonstrates a stable trend.
- Vayomitra shows strengthening in 2025–26, reflecting enhanced geriatric care services.

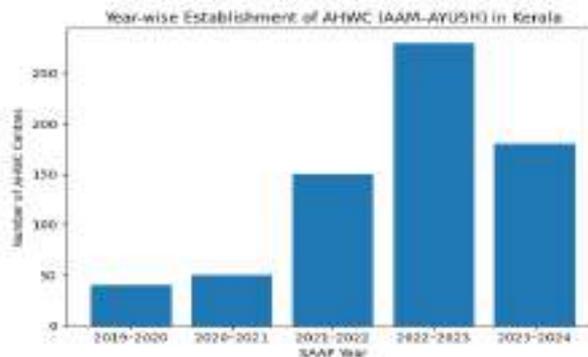
**Table No 5.1.4.1 Details of Approved Public Health Programs**

Sl NO	Name of Public Health programs	Number of Units
1	NPPMOMD	50
2	SUPRAJA	3
3	Ayuvidya	42
4	AYUSH Mobile Medical Unit	24
5	Vayomitra	30
6	Karunya	72

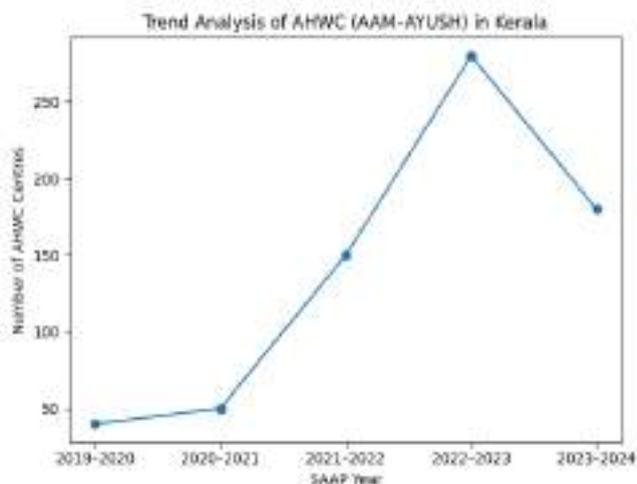
*Table Source: NAM SAAP-2025-26*

### 5.1.5 Ayushman Arogya Mandir AYUSH (AAM–AYUSH) – Kerala

This graphical representation presents the SAAP year-wise details and trend analysis of Ayushman Arogya Mandir AYUSH (AAM–AYUSH) / AYUSH Health & Wellness Centres (AHC) established in Kerala



**Figure 5.1.5.1 Graph representation of AAM AYUSH established in Kerala**



**Figure 5.1.5.2 Trend Analysis of AAM AYUSH established in Kerala**

Figure 5.1.5 depicts the SAAP year-wise establishment of Ayushman Arogya Mandir (AAM-AYUSH) / YUSH Health & Wellness Centres in Kerala. The chart shows a steady expansion from 2019–20 onwards, with significant scale-up during 2021–22 and 2022–23. This trend highlights Kerala’s sustained commitment to strengthening AYUSH-based comprehensive primary healthcare services at the grassroots level.

## 5.2 Administration

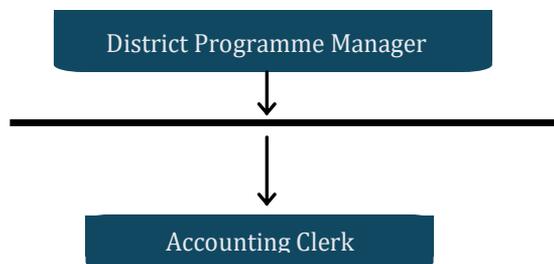
In the State of Kerala, the National AYUSH Mission (NAM) operates through a specialized administrative framework to manage its extensive network of healthcare services and public

health initiatives. The mission is governed by a State AYUSH Mission Society, which provides the strategic and financial oversight necessary for mainstreaming traditional medicine into the state's public health infrastructure. This decentralized approach ensures that services like Ayurveda and Homoeopathy are effectively integrated from the state level down to the local communities

At the district level, the District Programme Management and Supporting Unit (DPMSU) serves as the operational hub, acting under the direct instructions and guidance of the State Mission Office (SPMSU). This unit is the primary body responsible for the localized management and implementation of AYUSH services within each district.

The administrative setup within the DPMSU includes one District Programme Manager (DPM) and one Accounting Clerk. This team is responsible for coordinating, monitoring, and implementing various programmes and activities under the District AYUSH society, ensuring effective execution and timely reporting of all project components to the state level. This structure allows for the smooth management of local health needs, including the operationalization of AYUSH Health and Wellness Centers and the execution of specialty-focused public health projects.

### 5.2.1 Structure of District Programme Management and Supporting Unit Office



### 5.2.2 District Programme Management and Supporting Unit Profile

Table No 5.2.2 presents the contact and office details of the District Programme Management and Supporting Unit (DPMSU), including the District Programme Manager responsible for coordinating and implementing NAM activities at the district level.

**Table No: 5.2.2: District Programme Management and Supporting Unit Profile**

Post	Office Address	Office Number	Mail id
<b>District Programme Manager</b>	DPMSU, NATIONAL AYUSH MISSION, District Ayurveda Hospital Kacheripady, Ernakulam, PIN-682018	9249092810	dpmnamers@gmail.com

Source: District data

### 5.3 Human Resources Profile

The National AYUSH Mission provides human resources to both the Indian Systems of Medicine (ISM) and Department of Homoeopathy in Kerala through its major functional components, namely AYUSH Services (Medical Officers and supporting staff), Public Health Programmes, Flexipool Projects, and Ayushman Arogya Mandir (AYUSH). In addition, the Mission deploys personnel for programme management and administrative support to enable effective planning, implementation, monitoring, and financial management of AYUSH activities. This integrated human resource framework ensures efficient healthcare delivery and sustained institutional support across the State.

**AYUSH Services (HR)** under NAM refers to the provision of Medical Officers and supporting staff to both ISM and Department of Homoeopathy, ensuring the availability of skilled manpower for effective healthcare service delivery.

**Flexipool Projects** enable the State to implement innovative and state-specific projects and programmes, providing flexibility to address local health priorities and emerging needs.

**Ayushman Arogya Mandir (AAM-AYUSH)** functions as the primary AYUSH healthcare delivery point, ensuring accessible, affordable and quality services while supporting preventive, promotive, curative and rehabilitative care with strong community outreach.

**AYUSH Public Health Programmes** are national initiatives aimed at addressing priority

health conditions through disease prevention, health promotion, awareness generation and strengthened healthcare delivery, contributing to holistic community wellness and improved public health outcomes.

**District Programme and Management Unit(DPMSU)** provides governance, coordination, monitoring, financial management and reporting support through the deployment of two staff members

Table No5.3.1 shows the distribution of Medical Officers and Supporting Staff across ISM, Homoeopathy, and DPMSU under the National AYUSH Mission in the district

**Table No 5.3.1 Department-wise Component HR Strength under NAM**

Department	Component	Medical Officers	Supporting staffs	Total
<b>ISM</b>	Ayush Services HR	10	29	128
	Flexipool Projects	9	14	
	Ayushman Arogya Mandir(hwc)	0	57	
	Public Health Programme	5	4	
<b>HOMOEOPATHY</b>	Ayush Services HR	9	13	88
	Flexipool Projects	6	6	
	Ayushman Arogya Mandir	0	38	
	Public Health Programme	7	9	

<b>DPMSU</b>	Admin	1	1	2
<b>Total HR</b>		218		

Source: District data

The details of medical and paramedical posts sanctioned in the district in Department-wise Component HR Strength under NAM which includes the category of posts, number of positions approved across various health institutions, are attached as annexure 5.3.2

#### 5.4 Ayush Services- Supply of Essential Drugs

Supply of Essential Drugs to Government AYUSH Hospitals and Dispensaries

- ₹4.00 lakhs per annum for essential drugs for AYUSH Hospitals
- ₹2.00 lakhs per annum for essential drugs for AYUSH Dispensaries

Table No5.4 presents the number of institutions sanctioned under the National AYUSH Mission along with the amount approved for each institution. The financial support ensures uniform strengthening of AYUSH facilities and improved service delivery across all approved centers.

**Table No 5.4 Number of institutions sanctioned under the supply of essential drugs**

Sl. No.	Institution	No. of sanctioned institution	Amount Sanctioned for each institution Amount
1	Hospital	14	₹4.00 lakhs
2	Dispensaries	52	₹2.00 lakhs

Source: District data

## 5.5 Ayush Services- Health Infrastructure Development

### 5.5.1 Upgradation of Exclusive / Standalone Government AYUSH Hospitals/ AYUSH Dispensaries

During the SAAP period from 2015–16 to 2023–24 in Ernakulam district, several construction and upgradation works of ISM and Homoeopathy institutions were successfully completed. Under ISM, dispensaries were completed at Amballoor (₹15.00 lakh), Sreemoolanagaram (₹19.10 lakh), Chengamanad (₹23.06 lakh), Varapuzha, Malayattoor, and Mudakkuzha (₹30.00 lakh each), along with the completion of Govt. Ayurveda Hospital, North Paravoor (₹100.00 lakh). In the Homoeopathy sector, the AYUSH Homoeopathy Dispensary at Ayavana (₹30.00 lakh) was completed, reflecting significant strengthening of AYUSH healthcare infrastructure in the district and during the SAAP period 2022–23 to 2024–25 in Ernakulam district, several construction, upgradation, and equipment procurement works of Ayurveda and Homoeopathy institutions are underway through agencies including M/s KHRWS, M/s SILK, and M/s KPHCC. Major projects include construction of the OP Block at Govt. Ayurveda Medical College, Thrippunithura, Padiyar Memorial Homoeopathy College, and new hospitals at Piravom and Cheruvattoor; upgradation of hospitals at North Paravur, Aluva, Mattancheri, and dispensaries at Malayattoor, Varappuzha, Mudakkuzha, Thuruthikkara, Vavakkad, Chennamangalam, Onakkur, Thuruthy, and Nayarambalam; and equipment procurement at Govt. Ayurveda College, Thrippunithura. Physical progress varies from initial stages to 75% completion, with expected completion dates ranging from October 2025 to January 2027, reflecting phased strengthening of AYUSH healthcare infrastructure in the district.

**The details of completed & ongoing infrastructure development works under the National AYUSH Mission (NAM) for Ayurveda and Homoeopathy institutions in the district across various financial years are attached as Annexure 5.5.1**

### 5.6 Ayush Services- Programmes & Projects- Ayush Public Health Programmes

The AYUSH Public Health Programmes aim to strengthen India's public health system through preventive, promotive, curative, and rehabilitative healthcare using traditional systems of medicine. In the context of increasing chronic diseases, ageing population, and

lifestyle-related disorders, AYUSH systems offer safe, cost-effective, and evidence-based healthcare options. Under the National AYUSH Mission (NAM), structured programmes have been launched focusing on musculoskeletal disorders (especially osteoarthritis), non-communicable diseases, maternal and neonatal care, mobile medical services, geriatric and palliative care, and school health promotion. These are implemented through existing NAM frameworks at state and district levels with emphasis on evidence-based interventions, capacity building, and IT-enabled monitoring.

### 5.6.1 National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders in brief

Musculoskeletal disorders (MSDs), including osteoarthritis, are a major cause of disability and reduced productivity globally and in India, affecting around 20% of the population.

**Need for AYUSH Intervention:** There is no dedicated programme in India for MSDs. AYUSH therapies, including herbal medicines, yoga, diet, and lifestyle modifications, offer effective and safe management options. Integrating these interventions supports the goals of the National Health Policy (2017) and Sustainable Development Goal 3.

#### Objectives:

- a. Manage osteoarthritis and other MSDs through AYUSH-based integrative approaches.
- b. Promote self-care and awareness through Information, Education and Communication (IEC) activities.

#### Implementation Strategy:

Populations are categorised by risk levels for targeted intervention. Activities are implemented through AYUSH Health and Wellness Centers, dispensaries, and affiliated institutions. Major components include screening, preventive awareness, yoga, diet and lifestyle advice, clinical consultations, rejuvenation therapies (Rasayana), cleansing (Shodhana), Varma therapy, medicated oil applications, and follow-up care.

#### The following institutions are providing service under this project

1. District Homeopathy Hospital, Ernakulam
2. Govt. Homeopathy Hospital, Muvattupuzha, Ernakulam

3. Govt. Homoeopathy Hospital, North Paravoor, Ernakulam
4. Dept. of Shalyathantra, Govt. Ayurveda College, Thripunithura, Ernakulam,

Table No 5.6.1 shows the Beneficiary details of NPPMOMD programme in Ayurveda and Homoeopathy

**Table No 5.6.1 Beneficiary Details of NPPMOMD**

Sl. No.	Department	Old	New	Total
1	Ayurveda	535	913	1448
2	Homoeopathy	1519	7808	9327

Source: District data



**Figure 5.6.1 Medical camp Program**

### 5.6.2 VAYO MITRA: AYUSH Geriatric Healthcare Services – in brief

With India's ageing population rising and the old-age dependency ratio increasing, ensuring the health, dignity, and wellbeing of senior citizens has become vital. The *Vayo Mitra* initiative under the National AYUSH Mission focuses on promoting healthy ageing through preventive, promotive, and therapeutic AYUSH approaches. Traditional practices like *Swasthavritha* (maintenance of health), *Rasayana* (rejuvenation), *Panchakarma*, and *Tadbir-i-Shaykhukhat* (Unani geriatric care) form the basis of AYUSH geriatric healthcare.

**Objectives:**

- Create awareness about healthy ageing and ways to reduce morbidity in old age.
- Provide specialised AYUSH healthcare for the elderly through the existing AYUSH network.
- Promote community recognition of the value and potential of healthy elderly individuals.

**Implementation Strategies:**

- **Preventive & Promotive Care:**

Encourages healthy routines (*Dinacharya, Ritucharya*), yoga, stress management, balanced diet, and proper lifestyle habits. Trained health workers conduct domiciliary visits, health assessments, and weekly AYUSH clinics for the elderly.

- **Information, Education & Communication (IEC):**

Health education through mass and folk media promotes physical fitness, stress reduction, and awareness on AYUSH geriatric care. Elderly clubs and health camps will be organised, and IEC materials and media campaigns will spread messages on healthy ageing and available AYUSH services.

**The following institution is providing service under this project**

- Government Homoeopathy Hospital, North Paravur, Ernakulam
- Government Homoeopathy Hospital, Muvattupuzha, Ernakulam

Table No 5.6.2. provides gender-wise and total beneficiary coverage under the Vayo Mitram geriatric care project.

**Table No 5.6.2. beneficiary details**

Units	Old	New	Total	Male	Female
<b>Ernakulam</b>	199	346	545	231	280

Source: District data



**Figure 5.6.2 Vayomitra Treatment**

### **5.6.3 AYURVIDYA: Promotion of Healthy Lifestyle through AYUSH for School Children – in brief**

The AYURVIDYA programme aims to promote healthy lifestyles and awareness about AYUSH principles among school children, focusing on hygiene, diet, yoga, and the use of medicinal plants and home remedies. The initiative targets schools in regions with poor health indicators, especially aspirational districts, to instill lifelong healthy habits from an early age.

#### **Objectives:**

- To encourage school children to adopt healthy lifestyles and diets based on AYUSH principles.
- To create awareness about the importance of medicinal plants and simple home remedies.
- To educate children about yoga for fitness, wellbeing, and stress management.

#### **Implementation Strategy:**

- The programme will cover UPTO 300 schools per year, with an AYUSH doctor and multipurpose worker catering to UPTO 25 schools monthly.
- Block-level teams including AYUSH professionals, headmasters, and NGOs will conduct AYUSH and nutrition education sessions.
- Teaching methods will use interactive tools such as videos, quizzes, posters, slogans, and street plays for effective learning.
- Activities include health and hygiene campaigns, yoga camps, medicinal herb plantations, and early health screening for common conditions.

- Teachers will be trained to identify medicinal plants and teach home remedies.
- Referral linkages with AYUSH hospitals and colleges will ensure follow-up care, and IEC materials will be distributed for awareness.

**The following block/Sub division/district/ of the proposed public health programme**

1. Aluva Municipality, Ernakulam
2. Kalamaserry Municipality, Ernakulam
3. Govt Ayurveda Dispensary Udhyamperror, Ernakulam
4. Govt Ayurveda Dispensary Vallarpadam- AYUSH HWC- Mulavukadu Panchayath, Edappally Block, Ernakulam District

Table No 5.6.3 presents the number of awareness sessions conducted and beneficiaries reached under AYURVIDYA.

**Table No5.6.3 showing the beneficiary details under the project**

NO OF AWARENESS SESSION	NO OF BENEFICIARIES
1	40

*Source: District data*



**Figure 5.6.3 Awareness Camp**

#### **5.6.4 AYUSH Mobile Medical Unit - in brief**

AYUSH Mobile Medical Units (AMMUs) aim to deliver healthcare to unserved and underserved, particularly tribal, populations facing a triple disease burden—malnutrition

and communicable diseases, rising non-communicable diseases, and mental health issues. These mobile units bring preventive, promotive, and curative AYUSH healthcare to remote regions, improving accessibility and continuity of care.

**Objectives:**

- Provide doorstep AYUSH healthcare services in remote and tribal areas through outreach activities.
- Screen and manage common communicable and non-communicable diseases, provide basic OPD care, and ensure referral linkages to higher AYUSH facilities.

**Implementation Strategy:**

The programme will operate in across unserved tribal regions. Each mobile unit—staffed by a medical officer and multipurpose worker. Villages will be mapped to identify inaccessible clusters and referral sites. Activities include community mobilisation, disease screening, follow-up visits, medicine distribution, and proper record maintenance. The AMMUs will also conduct IEC/BCC activities to promote awareness on AYUSH interventions for malnutrition, de-addiction, and yoga, along with capacity-building programmes to improve health-seeking behaviour among tribal populations.

**The following block/Sub division/district/ of the proposed public health programme**

1. Kuttampuzha Block, Ernakulam

**Table 5.6.4.1 showing the details of Beneficiary**

	New Cases			Old Cases			Grand Total	IEC-Awareness Classes	
	Male	Female	Children	Total	Male	Female			Children
<b>2025- including dec 25</b>	491	207	198	896	340	825	134	<b>1299</b>	<b>2195</b>

Source: District data



**Figure 5.6.4 Ayush Mobile Medical Unit Awareness Classes**

### 5.6.5 KARUNYA: AYUSH Palliative Services – in brief

The KARUNYA initiative aims to provide compassionate, holistic palliative care through AYUSH systems of medicine, focusing on improving the quality of life of patients with life-limiting illnesses and supporting their families. Palliative care addresses physical, emotional, social, and spiritual needs, particularly for patients with conditions such as cancer, neurological disorders, organ failure, autoimmune diseases, HIV/AIDS, and age-related illnesses.

The programme emphasises home-based care, considering it cost-effective and comforting, and integrates supportive care into AYUSH dispensaries, Health & Wellness Centres, and

hospitals. Early initiation of palliative care, from the time of diagnosis, helps ensure better symptom management and family preparedness.

### Objectives:

To provide quality, integrated supportive care for patients suffering from chronic, lifestyle-related, geriatric, and psychiatric conditions.

### Implementation Strategy:

- Home visits by AYUSH medical officers and trained health workers for patient assessment and basic care.
- Relief from pain and other symptoms through AYUSH treatments, along with psychosocial counselling.
- Use of AYUSH HWCs for community mobilisation and awareness.
- Conducting training and sensitisation programmes for healthcare professionals.
- Regular monitoring and evaluation of services.

### The following block/Sub division/district/ of the proposed public health programme

1. Kuttampuzha Block, Ernakulam
2. Aluva Municipality, Ernakulam
3. Eloor Municipality, Ernakulam
4. Kalamaserry Municipality, Ernakulam
5. District Homoeo Hospital, Ernakulam
6. Pambadukka Block, Ernakulam

**Table No 5.6.5.1. Beneficiary details of KARUNYA**

Department	New Cases	Old Cases	Grand Total
<b>Homoeopathy</b>	267	1059	1326
<b>Ayurveda</b>	195	850	1045

*Source: District data*



**Figure 5.6.5 Palliative care**



**Figure 5.6.5.1 Karunya**

### **5.6.6 SUPRAJA: AYUSH Maternal & Neo-natal Intervention – in brief**

SUPRAJA under the National AYUSH Mission focuses on holistic maternal and child healthcare through AYUSH-based antenatal and postnatal care. It aims to reduce maternal and neonatal morbidity and mortality, ensure proper foetal development, promote normal delivery, and improve overall wellbeing of mothers and infants through AYUSH regimens, diet counselling, and yoga. The programme supports management of common pregnancy-related issues, promotes maternal strength, and addresses neonatal and childhood ailments through safe AYUSH interventions. Care includes regular antenatal check-ups, nutrition

counselling, yoga, herbal support, postnatal care, breastfeeding promotion, and maternal health monitoring.

### **Objectives**

- To reduce maternal and neonatal morbidity and mortality through AYUSH-supported care.
- To ensure proper foetal growth with continuous medical monitoring and prophylaxis.
- To prevent pregnancy-related complications and promote normal delivery.
- To improve overall health and wellbeing of mothers and infants through AYUSH regimens, diet counselling, and yoga.

### **Implementation Strategy**

- Establish SUPRAJA units in AYUSH teaching institutions and selected State AYUSH hospitals.
- Provide regular antenatal and postnatal check-ups along with routine medical care and AYUSH support.
- Supply AYUSH postnatal care kits to beneficiaries.
- Conduct training and capacity building programmes for AYUSH healthcare providers.
- Implement IEC activities to enhance awareness, participation, and community outreach.

### **The following institution is providing service under this project**

- Govt Ayurveda college Hospital, Thripunithura

**Table 5.6.6: Beneficiary details of Supraja**

Sl No.	Month	ANC	PNC	No of awareness session	beneficiaries
1	November '24	4	5	1	5
2	December '24	9	7	1	15
3	January '25	10	4	0	0
4	February '25	6	6	6	132
5	March '25	7	7	7	108
	TOTAL	36	29	15	260

Source: District data

### 5.7 Ayush Services- Programmes & Projects- Flexipool Projects

The Flexipool project is a component that allows States to utilise up to 25% of the actual SAAP (State Annual Action Plan) amount to implement innovative or state-specific projects and programmes. It provides flexibility for the State to design and execute activities based on local health priorities and emerging needs that may not be covered under mandatory components of NAM guidelines.

#### 5.7.1 Allergy & Asthma Special Clinic (Homoeopathy)

The project is a statewide Homoeopathy initiative aimed at addressing allergy, asthma, and chronic respiratory diseases (CRDs) such as chronic obstructive pulmonary disease (COPD) and chronic bronchitis through outpatient and inpatient services in all District Homoeopathy Hospitals in Kerala. The initiative seeks to provide comprehensive Homoeopathic treatment, reduce morbidity and mortality, and lessen the financial, physical, and emotional burden on patients and their families.

The programme includes outpatient and inpatient care, community outreach activities, medical camps, and health education programmes, supported by a structured monitoring

and evaluation system using baseline data, patient registries, electronic medical records (EMRs), review meetings, and impact assessments. Special clinics are established in district hospitals with patient-friendly facilities and appointment systems, supported by patient mobilisation through referrals, awareness sessions, information, education and communication (IEC) activities, and medical camps, with inpatient care provided wherever clinically indicated.

Table No 5.7.1 provides year-wise gender-wise and total beneficiaries treated under the Homoeopathy Allergy & Asthma Special Clinics

**Table No 5.7.1 Number of Beneficiaries**

	New Cases			Old Cases			Grand Total
	Male	Female	Total	Male	Female	Total	
<b>2024-2025</b>	309	404	713	1283	1432	2715	3428
<b>2025- April To Nov 2025</b>	152	228	380	867	1085	1952	2332



**Figure 5.7.1 Patient Consultation**

### 5.7.2 Ayurkarma

Ayurkarma is an initiative that integrates Panchakarma therapies into Government Ayurveda Dispensaries in rural Kerala to ensure equitable access to holistic Ayurvedic healthcare. The programme enables economically weaker sections of the population to receive essential kriyā kramas such as Vamana, Virechana, Nasyam, Vasthi, and Raktamoksha through OP-based units established in selected dispensaries.

The project aims to bridge service delivery gaps by incorporating Panchakarma therapies into mainstream government healthcare. Patients are identified from the general OPD and evaluated by the Project Medical Officer, who prescribes appropriate therapies following necessary clinical examinations and informed consent procedures. Treatments are administered by trained therapists under medical supervision, with systematic documentation, monitoring of vital parameters, and post-procedure guidance to ensure safety and quality of care.

**The following are the fully operational centers in the district.**

1. Govt Ayurveda Dispensary      Edavanakkad
2. Govt Ayurveda Dispensary      Ezhakkaranad
3. Govt Ayurveda Dispensary      Vallarpadam

Along with the existing treatment protocols at dispensaries, Panchakarma techniques significantly enhance the quality of life of the population, particularly for a large number of patients from rural areas who depend on these dispensaries and are unable to access hospital-based inpatient services for such therapies. Moreover, the initiative contributes to enhancing the social relevance and community value of these institutions.

This Table No 5.7.2. presents the total Panchakarma procedures performed under Ayurkarma in the district.

**Table No5.7.2.1 Ayurkarma Kriyakrama Sessions**

SL NO	District	Total Pancha Karma Procedures
1	Ernakulam	4403

**Table No5.7.2.2 showing Ayurkarma FY 2025-26**

Sl No	District	Beneficiaries
1	Ernakulam	294

*Source: District data*

**Figure 5.7.2 Ayurkarma procedure**

### 5.7.3 Mental Health Specialty Clinics in AYUSH

The AYUSH systems—Ayurveda, Homoeopathy, and Yoga—offer time-tested, person-centric approaches to mental well-being, with a strong emphasis on the mind-body-spirit connection. Recent initiatives have demonstrated the potential of these systems in addressing the psychological, emotional, and behavioural dimensions of health. Ayurveda-Based Mental Health Projects

### **Ayurveda-Based Mental Health Projects**

*Harsham: Anti-Depression Ayurveda Clinics:* Focus on natural therapeutic interventions to manage clinical depression, stress-related disorders, and lifestyle-induced emotional conditions.

*Pratheeksha: Improvement of IQ in MR Children:* Offers cognitive enhancement therapies and Ayurvedic interventions for children with intellectual disabilities.

*Medha: Correction of Scholastic Backwardness:* Supports children facing academic and attention-related challenges through Ayurvedic formulations, counseling, and dietary guidance.

### **Homoeopathy-Based Mental Health Projects**

*Seethalayam Clinics:* These are gender-responsive clinics providing Homoeopathic management for mental, physical, and social health issues of women, including anxiety, depression, postnatal stress, psychosomatic disorders, and trauma resulting from abuse.

*Sadgamaya Clinics:* Targeted at adolescents, these clinics offer mental health support, behavioural correction, and prevention of substance abuse through Homoeopathic interventions, counselling, and outreach activities.

Homoeopathy, with its individualised remedy selection and focus on the psycho-social environment of the patient, has demonstrated effective outcomes in the management of psychosomatic disorders, mood disturbances, behavioural issues, and substance use tendencies, particularly among vulnerable population groups.

### **The List of Dispensaries/ Hospitals Under the Coverage of Harsham**

1. GAD Edavanakkad
2. DAH Ernakulam
3. GAH Aluva
4. GAD Kakkanad
5. GAD Sreemoolanagaram
6. GAH Pallipuram
7. GAD Varappuzha

8. GAD Cheranallur
9. TAH Perumbavoor
10. GAD Kalady

Table No 5.7.3 reflects a marked increase in both new and follow-up cases in the second reporting period, indicating expanding service coverage and improved continuity of care. The rising beneficiary numbers suggest growing acceptance and utilisation of the Harsham mental health clinics in the district.

**Table No 5.7.3 -Beneficiary Details of Harsham**

S.No	District	New Cases	Old Cases	Grand Total
<b>Financial Year 1: April 2024 - March 2025</b>				
1	Ernakulam	1291	690	1981
<b>Financial Year 2: April 2025 - November 2025</b>				
1	Ernakulam	1937	1035	2972

*Source: District data*



**Figure 5.7.3 Harsham Awareness Camp**

### 5.7.4 Drishti

The **Drishti Project** is a comprehensive initiative aimed at promoting eye health through early detection, effective management, and accessible treatment. The project focuses on identifying ocular diseases such as diabetic retinopathy and glaucoma at an early stage to prevent future complications. For elderly individuals and patients with conditions such as heart disease who may not be suitable candidates for cataract surgery, the project provides non-surgical management options.

Drishti also emphasises the prevention of refractive errors through regular screening programmes in schools and workplaces, helping students and employees maintain optimal vision. With cost-effective treatment protocols, the initiative ensures affordable eye care compared to other systems of medicine. Most importantly, the project provides inclusive eye care services for all age groups by utilising modern diagnostic tools and offering treatment through both outpatient and inpatient services.

**Table 5.7.4 Details of Centers with No. of camp Beneficiaries During 2024-2025**

District/Unit	Total Camps	Total Camp Beneficiaries	Total IP	Total OP	Males	Females	Child
Govt Ayurveda Hospital, Ernakulam	11	1467	55	1776	681	669	426

Source: District data

**Table 5.7.4.1 Details of No. of Beneficiaries During 2024-2025**

	Unit	Old Cases	New Cases	Grand Total
Financial Year: April 2025 - November 2025	Govt Ayurveda Hospital, Ernakulam	325	8650	8975

Financial Year: April 2024 - March 2025	DAH, Ernakulam	7190	10036	2846
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Source: District data



**Figure 5.7.4 Awareness consultation**

### 5.7.5 Setting Up of Physiotherapy Unit in Government AYUSH Hospitals

In Kerala, under the State Annual Action Plans (SAAP) for 2023–24 and 2024–25, a total of 27 physiotherapy units—including 26 units in Homoeopathy Hospitals and one unit in an ISM Hospital—have been approved and operationalised, addressing a long-pending need for physiotherapy services in AYUSH hospitals.

Given the encouraging public response, the tangible health benefits observed, and the increasing burden of lifestyle-related and degenerative diseases, the expansion of physiotherapy services under AYUSH has become increasingly relevant.

**Table No 5.7.5.1 Detailed Review of the Beneficiaries Year 2024-25**

Sl. No.	Unit	Total No. of Beneficiaries
1	Govt Homoeopathy Hospital, Ernakulam	2729
2	Govt Homoeopathy Hospital, Muvattupuzha	2396

Source: District data



**Figure 5.7.5 Setting up of Physiotherapy unit**

### 5.7.6 Sports Ayurveda Project

Sports Ayurveda is an established Ayurveda super-speciality in **Kerala** that integrates traditional Ayurvedic wisdom with modern sports medicine to enhance athletic performance, endurance, and overall well-being. It adopts a holistic approach through personalised diet and nutrition, condition-specific medicines, specialised therapeutic massages, Panchakarma therapies, and targeted rehabilitation strategies aimed at injury prevention, management of sports-related conditions, and optimisation of performance.

With a long tradition of supporting arts and sports personnel through indigenous medical systems, Kerala has demonstrated the untapped potential of Ayurveda in the field of sports medicine. The scope of Sports Ayurveda includes event-specific therapeutic interventions,

pre-event conditioning, post-event recovery, off-season conditioning, energy enhancement, prevention and management of repetitive strain and other sports injuries, and specialised care for sportswomen.

Proven to be safe and effective, Sports Ayurveda addresses preventive, curative, and rehabilitative needs without post-traumatic complications. Several injuries previously recommended for surgical intervention have been successfully managed through Ayurvedic treatment, resulting in rapid recovery. The established Sports Ayurveda units have benefited numerous national and international athletes, many of whom have achieved podium finishes, and continue to attract sports professionals from across India due to their reliable, holistic, and performance-enhancing outcomes.

This Table No 5.7.6.1 shows the availability of specialty, general and mobile Sports Ayurveda units in the district.

**Table No 5.7.6.1 District-wise Distribution of Sports Ayurveda Units in Kerala**

District	Specialty Unit	General Unit	Mobile Support
Ernakulam	No	Yes	Yes

**Table 5.7.6.2 District -Wise Beneficiaries of On-field Medical Support Provided**

District	No. of Events	No. of Days	Total Beneficiaries
Ernakulam	2	7	2188

*Source: District data*

This Table No 5.7.6.3 indicates a substantial expansion of Sports Ayurveda activities in the second reporting period, with a sharp increase in OP services, on-field support days, and beneficiary coverage. This reflects strengthened integration of AYUSH sports medicine into athletic events and growing reliance on Sports Ayurveda for performance support, injury management, and awareness generation.

Table No 5.7.6.3 District -Wise Beneficiaries

APRIL 2025 TO SEPTEMBER 2025						
Sl. No	Total Beneficiaries -OP	Total Beneficiaries -IP	Number of Days of On field Duties	On field Beneficiaries	Number of Awareness Class Taken	Number of Awareness Class Beneficiaries
1	3527	10	23	810	24	1435

Source: District data



Figure 5.7.6. Sports Ayurveda

### 5.7.7 MPHW for 700 Functional Ayushman Arogya Mandirs (AYUSH)

Multi-Purpose Health Workers (MPHWs) are qualified healthcare professionals trained in General Nursing and Midwifery (GNM) or higher nursing qualifications. They play a vital role in delivering comprehensive primary healthcare services and in promoting AYUSH systems through preventive, promotive, curative, and rehabilitative interventions.

In Ayushman Arogya Mandirs, MPHWs support clinical services, public health programmes, geriatric and palliative care, emergency response, and digital health activities, while also assisting with administrative functions. They serve as a crucial link between community-based health services and institutional care, ensuring comprehensive service delivery, continuity of care, and effective programme implementation.

#### 5.7.8 Arunima- Anemia Eradication Programme through Ayurveda

The **Arunima – Anaemia Eradication Programme through Ayurveda** is a focused public health initiative aimed at addressing the high burden of nutritional anaemia through safe, affordable, and culturally acceptable Ayurvedic interventions. Building on its successful implementation across Integrated Child Development Services (ICDS) units and nearly **6,000 schools**, the programme has strengthened awareness generation, screening, treatment support, and community participation.

To further consolidate these gains, the programme seeks to expand its reach to vulnerable populations such as tribal communities, coastal areas, urban slums, and other high-prevalence pockets.

#### 5.7.9 Telemedicine- Strengthening and Expansion

The AYUSH Telemedicine initiative in Kerala, implemented through the National e-Sanjeevani platform, has established a State-level Telemedicine Hub with dedicated consultation consoles for Ayurveda and Homoeopathy. The initiative enables both Patient-to-Doctor and Doctor-to-Doctor teleconsultations across the State. Training has been provided to AYUSH doctors in all 14 districts, ensuring operational readiness and facilitating the phased expansion of telemedicine services to remaining facilities

#### 5.7.10 Thyroid Special Clinic (Homoeopathy)

This project is a comprehensive, community-based **Homoeopathy Thyroid Care Initiative** aimed at early detection, effective management, and reduction of thyroid-related morbidity across Kerala, with special focus on women of reproductive age and high-burden districts. The project strengthens district-level thyroid specialty clinics by providing dedicated human resource support, diagnostic facilities, medicines, technological tools, and structured follow-up mechanisms.

Through systematic screening, outpatient and inpatient treatment, laboratory monitoring, community outreach activities, medical camps, and integration with maternal health services such as Janani, the programme seeks to reduce complications including infertility, miscarriage, associated comorbidities, and long-term health risks. This initiative aims to ensure affordable care, reduce out-of-pocket expenditure, and significantly improve the quality of life of thyroid patients, thereby establishing a robust public health response to the growing burden of thyroid disorders in the State.

This Table No 5.7.10.1 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme

**Table No 5.7.10.1 Beneficiaries Reported at IEC activities**

District	New Male	New Female	New Total	Old Male	Old Female	Old Total	Grand Total
<b>Ernakulam</b>	39	329	368	1209	7047	8256	8976

**Table No 5.7.10.2 Beneficiaries Reported at Various Centres during 2024-25**

	New Male	New Female	New Total	Old Male	Old Female	Old Total	Grand Total
<b>2024-2025</b>	39	329	368	1209	7047	8256	8976
<b>2025- including Nov 25</b>	27	213	240	619	5429	6048	6288

*Source: District data*

This Table No 5.7.10.3 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme.

**Table No5.7.10.3 Beneficiaries during 2024-25 (New Case)**

Sl.No	District	Total No.of activities conducted	Total IEC Beneficiary count
1	Ernakulam	3	161

*Source: District data*

### 5.7.11 Training to AYUSH HR

The State proposes a comprehensive Training and Capacity Building Programme for AYUSH Human Resources. The initiative aims to enhance the knowledge, skills, and professional competence of AYUSH Medical Officers, teaching faculty, administrative personnel, and paramedical staff across Kerala. Through structured training modules covering clinical care, hospital administration, digital health systems, public health programming, research methodology, medico-legal aspects, and patient communication, the programme seeks to strengthen service delivery, improve programme implementation efficiency, and ensure preparedness for emerging health challenges.

Training will be delivered through a blended approach comprising offline residential sessions and online platforms, ensuring equitable participation from all districts. By training approximately 5,000 personnel, the initiative is expected to significantly contribute to improving the quality and effectiveness of AYUSH services statewide.



**Figure 5.7.11 Training to AYUSH HR**

### 5.7.12 Yoga Wellness Centers

Yoga Wellness Centres are facilities that provide Yoga and Naturopathy services to promote physical, mental, and social well-being, with a focus on the prevention and management of lifestyle-related diseases. The programme aims to raise public awareness, encourage lifestyle modification, and promote Yoga and Naturopathy as effective tools for managing non-communicable diseases.

Implementation includes the deployment of Medical Officers and Yoga Instructors at AYUSH Arogya Mandirs, with Local Self Government Institutions (LSGIs) identifying outreach areas. Medical Officers oversee therapeutic management and coordinate Yoga and Naturopathy outreach activities to ensure effective service delivery.

This Table No5.7.12 provides gender-wise, outreach and total beneficiaries served through Yoga Wellness Centres

**Table No 5.7.12 Details of Centers with Number of Beneficiaries during 2024-25**

Sl. No	District	Name of the Center	Male	Female	Children	Outreach	Total
1	Ernakulam	GAH Cheruvattour	1832	4652	436	4345	11265
2	Ernakulam	GHH N. Paravoor	3994	6732	372	7345	18443

*Source: District data*

### 5.7.13 Non-Communicable Disease (NCD) Management through AYUSH

The Integrated NCD Care Programme is a multidisciplinary initiative that provides holistic prevention, early diagnosis, and advanced management of non-communicable diseases such as diabetes, hypertension, dyslipidaemia, thyroid disorders, stroke, and cancer through dedicated Ayurveda, Siddha, Unani, and Homoeopathy units supported by Yoga-based

lifestyle interventions. With **14 Ayurveda units, 14 Homoeopathy units, two Siddha units, and two Unani units** functioning across the State, the programme aims to reduce the prevalence and morbidity of non-communicable diseases, strengthen complication care, promote lifestyle and behavioural modification, and reduce out-of-pocket expenditure by offering accessible and standardised traditional medicine services.

Implementation includes health promotion activities, high-risk screening, early diagnosis, and comprehensive clinical management of major non-communicable diseases and their complications through integrative treatment protocols at district-level advanced care centres.

Table No 5.7.13.1 summarises new registrations, follow-ups, yoga sessions and IEC activities under the NCD management programme

**Table No 5.7.13.1 Detailed Review of the Year 2024-25 Patient Services**

Sl. No	Unit	New NCD Patients Registered	Follow-up Visits	Yoga Sessions Conducted	Health Education/IEC Sessions
1	Ernakulam (Ay)	4682	8459	1534	40

Table No 5.7.13.2 presents disease-wise distribution of new NCD patients registered.

**Table No 5.7.13.2 Disease-wise Details (New Cases Registered)**

Sl. No	Unit	Diabetes Mellitus	Hypertension	Dyslipidemia	Thyroid Disorders	Others
1	Ernakulam (Ay)	987	1345	751	876	723

Source: District data

Table No 5.7.13.3 Disease Wise Break Up of Beneficiaries Who Availed NCD Management Clinical Services During 2024-2025

**Table No 5.7.13.3 Disease Wise Break Up of Beneficiaries**

District	Diabetes Mellitus	Hypertension	Dyslipidemia	Obesity	Cardio Vascular Disease	Cancer	Renal Disorders	COPD	Other Diseases
<b>Ernakulam (Ay)</b>	1079	787	617	216	128	49	71	62	471

Source: District data

#### 5.7.14 IEC Activities- Newsletter, Day Observances, Participation in Various Events, Outreach Activities etc.

Kerala has emerged as a leading State in the AYUSH sector with nearly 2300 functioning institutions ranging from medical colleges and speciality hospitals to district and peripheral health facilities. A considerable proportion of the population relies on AYUSH systems for healthcare, and many successful treatment outcomes and health initiatives have reinforced public confidence in these systems. To further strengthen awareness regarding the facilities, programmes, activities, and achievements in AYUSH, structured IEC activities such as newsletters, day observances, participation in national and international events, exhibitions, and outreach initiatives are proposed. These initiatives will enable systematic dissemination of information to the public, policymakers, planners, healthcare professionals, and stakeholders, thereby enhancing visibility and acceptance of AYUSH systems.

During the previous year, NAM Kerala successfully implemented several IEC initiatives, including the regular publication of newsletters highlighting AYUSH activities, research achievements, and success stories, along with active observance of important AYUSH and health-related days. Participation in prestigious platforms such as the G20 further contributed to showcasing Kerala's AYUSH capabilities at global level. In the coming year, it is proposed to continue and expand these efforts through enhanced newsletters, thematic

day observances, participation in national and international forums, exhibitions, Arogyamelas, and focused outreach programmes. These activities will support mainstreaming of AYUSH, promote public engagement, improve accessibility of information, and reinforce Kerala's position as a prominent center of AYUSH excellence.



**Figure 5.7.14 IEC Publication**

## 5.8 Ayush Services- Ayush Gram

AyushGram is a concept wherein villages will be selected for adoption of principles and practice of AYUSH way of life and interventions of health care in villages and providing the services at grass root level. AYUSH based lifestyles are promoted through behavioural change communication, training of village health workers towards identification and use of local medicinal herbs and provision of AYUSH health services. It also include promotion of cultivation of endemic medicinal herbs and conservation of those already present in those areas. The elected village representatives are sensitized towards the concept so that there is also active participation from the community. It is a wholesome concept wherein convergence of AYUSH systems and other Govt. departments for the welfare of public is the ultimate aim.

Yoga sessions will be provided free of cost for the public at their convenient place and time with the motive of making it a part of their routine activity with constant practice.

### Objectives

- To spread awareness within the community for practice of dietary habits and life styles as described in AYUSH Systems of Medicine which help in preventing disease and promoting health.
- To advice people about common ailments and its cure through use of herbs found in their localities.
- To raise campaign against communicable diseases like Malaria, Tuberculosis, Diarrhoea etc and measures for their prevention and treatment.
- Promotion of preservation and cultivation of medicinal plants.
- Prevention of Lifestyle Diseases
- Promotion of Yoga



**Figure 5.8. Tila cultivation and medicinal plant School Garden**

The Table No5.8.1 presents month-wise activities and beneficiaries under the AYUSH Gram initiatives

**Table No5.8.1 Following are the beneficiary detailing of Ayush Gram Activities**

Sl. No.	BLOCK	NUMBER OF YOGA SESSIONS CONDUCTED								TOTAL
		Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	
1	MUVATTUPUZHA	40	41	42	38	31	22	40	35	289
<b>NUMBER OF MEDICAL CAMPS CONDUCTED</b>										
1	MUVATTUPUZHA				1	2				3
<b>NUMBER OF MEDICAL CAMP BENEFICIARIES</b>										
1	MUVATTUPUZHA				102	152				254
<b>NCD CLINIC BENEFICIARIES</b>										
1	MUVATTUPUZHA	63	57	86	120	112	117	139	121	815
<b>NUMBER OF MEDICINAL GARDEN FORMED</b>										
1	MUVATTUPUZHA			1			1	2		4

Source: District data

## 5.9 Quality-Related Activities

### 5.9.1 NABH (National Accreditation Board for Hospitals)

The State Quality Assurance Wing under the **National AYUSH Mission, Kerala**, has been consistently committed to promoting a structured and sustainable Quality Assurance Programme across AYUSH healthcare institutions. The overarching objective is to ensure that services delivered under the AYUSH system provide genuine satisfaction and positive patient experience, thereby contributing significantly to overall well-being.

In the context of the growing global emphasis on healthcare quality, it has become imperative to align AYUSH services with nationally recognised quality standards, particularly through accreditation frameworks such as **National Accreditation Board for Hospitals and Healthcare Providers (NABH)** and the **National Quality Assurance Standards (NQAS)**.

### Progress So Far

Kerala has emerged as a pioneer in quality healthcare delivery, with significant progress made in the accreditation of AYUSH Health and Wellness Centres (AHWCs). Out of 700 operational AHWCs in the State, 250 centres have already achieved NABH Entry-Level Certification. This initiative has not only strengthened the operational systems of AHWCs but has also enhanced public confidence and satisfaction in AYUSH services.

### Impact of NABH Certification in AHWCs

The NABH Entry-Level Certification of 250 AHWCs in Kerala has significantly elevated the standard of AYUSH services across the state. It has led to:

- Uniform implementation of quality protocols.
- Enhanced infection control and patient safety.
- Improved staff competence through continuous training.
- Streamlined biomedical waste management.
- Improved documentation, defined SOPs, and enhanced accountability.
- Increased patient satisfaction and public trust.
- Enhanced prospects for insurance coverage under recognized schemes.

These outcomes underline the importance of extending the quality certification programme to the hospital sector to ensure consistent delivery of high-quality AYUSH care across all tiers.

The certification process will follow a structured approach, including internal and external assessments, quality-specific training, preparation of documentation, and submission of applications to **National Accreditation Board for Hospitals and Healthcare Providers (NABH)**. Gap-closure activities related to infrastructure, equipment, and process

improvements will be partially supported through additional sources such as Local Self Government Institution (LSGI) funds, Corporate Social Responsibility (CSR) contributions, MLA/MP funds, and upgradation components under the **National AYUSH Mission (NAM)**, as per institutional eligibility.

### **Implementation Strategy**

To effectively implement and monitor the certification process, the following strategic mechanisms and committees have been established:

- State-Level Steering Committee, Assessment Management Committee, and Documentation Committee for oversight.
- District Quality Teams and Quality Committees in all districts.
- District Nodal Officers and Facilitators to coordinate implementation activities.
- State-Level Orientation and Training Programs for institution heads, LSG representatives, and quality teams.
- Self-assessments by institution heads using NABH checklists to identify institutional gaps.
- Development of the AHWC NABH-ELC Implementation Handbook.
- District-Level Internal Assessments and State-Level External Assessments through a trained pool of assessors.
- Procurement of essential biomedical equipment and furniture where required.

#### **5.9.2 Kayakalp**

The **Kerala AYUSH Kayakalp Award** is a State-level initiative under the **Department of AYUSH, Government of Kerala**, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The programme recognises hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

The initiative encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the **Swachh Bharat Mission** and enhances the overall image and service quality of AYUSH institutions across **Kerala**.

## 5.10 Ayushman Arogya Mandir (AAM-Ayush)

Ayushman Arogya Mandir (AAM-Ayush) are established to provide comprehensive, people-centred primary healthcare through AYUSH systems.

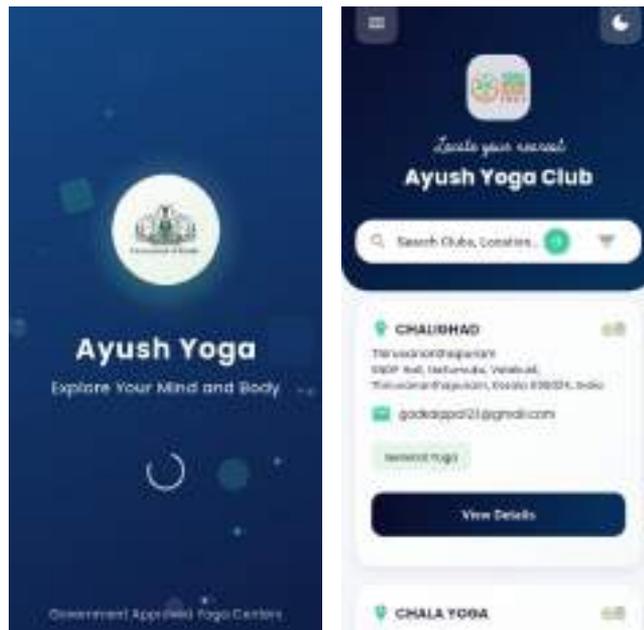
In Ayushman Arogya Mandir (AAM-Ayush), National Ayush Mission AYUSH provides service delivery by providing one full time Yoga Instructor and one GNM qualified Multi-Purpose Health Worker, with an expenditure of ₹4.57 lakhs incurred for implementation.

They aim to transform existing AYUSH dispensaries and sub-centres into holistic wellness centres delivering preventive, promotive, curative, rehabilitative and palliative care. AAM-Ayush emphasise wellness promotion, lifestyle counselling, Yoga-based interventions, management of common and chronic illnesses, maternal and child health services, elderly care and referral support. Implementation is supported through the National AYUSH Mission with defined financial norms for infrastructure development, human resource support, training, IT systems and essential AYUSH medicines. Institutional mechanisms at national, state and district levels ensure planning, capacity building, convergence with NHM programmes, monitoring and evaluation to improve accessibility and quality of AYUSH-based primary healthcare.

## 5.11 IT Initiatives

### 5.11.1 AYUSH Yoga Club Locator Mobile App

The AYUSH Yoga Club Locator Mobile App is designed to help citizens easily discover and connect with government-approved AYUSH Yoga Clubs across Kerala. Using GPS-based real-time location services, the app enables users to identify nearby yoga centres, view available facilities, session timings, trainers. It promotes accessibility by ensuring that authentic and verified centres are brought within reach of every citizen, eliminating confusion regarding credibility. The platform also enhances transparency in public health service delivery by publishing verified information, performance records, and contact details of registered clubs. By simplifying access to yoga resources, the app encourages community participation, supports preventive healthcare, improves wellness awareness, and strengthens the reach of the National AYUSH Mission's health promotion initiatives.



**Figure 5.11.1 Screenshots of Mobile App**

### 5.11.2 Civil ERP Software

Civil works constitute a major component under the National AYUSH Mission, and ensuring timely completion, transparency, and accountability is critical in the execution of Government infrastructure projects. Traditional monitoring and coordination methods often resulted in delays, inefficiencies, and lack of structured documentation, which necessitated the development of a dedicated Civil ERP Software to digitally integrate and streamline all aspects of civil work management from planning to completion. The platform functions as a comprehensive, centralised system accessible to administrators and technical teams, facilitating real-time supervision and effective governance. It enables systematic project planning and approval through online submissions and structured workflows, supports continuous execution monitoring through stage-wise milestone tracking, and allows uploading of photographic evidence with GPS coordinates to authenticate site progress. Additionally, it incorporates robust financial tracking features, including budget allocation, utilisation monitoring, payment milestone integration, and complete visibility of fund flow,

thereby ensuring financial discipline, transparency, and accountability across all civil infrastructure activities under the Mission.



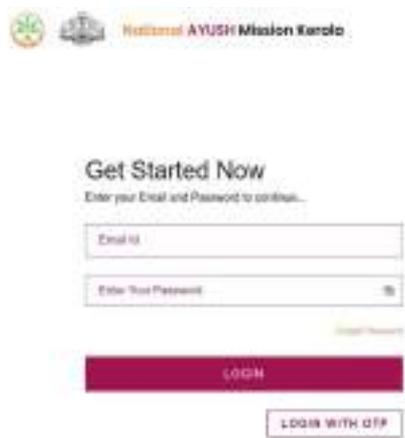
**Figure 5.11.2.1 Screenshot of ERP Software Home Screen**



**Figure 5.11.2.2 Screenshot of ERP Software dashboard**

### 5.11.3 AYUSH Medicine Procurement Software

The AYUSH Medicine Procurement Software was developed to meet the growing need of the National AYUSH Mission, Kerala, for a modern and reliable digital system to streamline medicine procurement operations across hospitals and dispensaries, replacing earlier manual processes that caused delays, duplication, lack of real-time stock visibility, and data inaccuracies. This comprehensive end-to-end digital platform enables institutions to generate and submit indents online, while District Medical Officers, District Programme Managers, and higher authorities can review, approve, or revise requests through a structured workflow. Integrated master data ensures consistency, while timely alerts support pending approvals, stock shortages, and delivery tracking. Detailed dashboards and analytics provide meaningful insights into procurement trends and utilisation patterns, supporting informed decision-making. Secure role-based login ensures data safety and clarity of responsibilities, while automated processes help maintain essential stock levels, eliminate manual errors, and ensure transparency. The system strengthens coordination between hospitals, district authorities, and Oushadhi, supports real-time monitoring, facilitates timely replenishment, and ensures compliance with government norms, ultimately creating a transparent, efficient, and audit-ready digital ecosystem for AYUSH medicine management in Kerala.



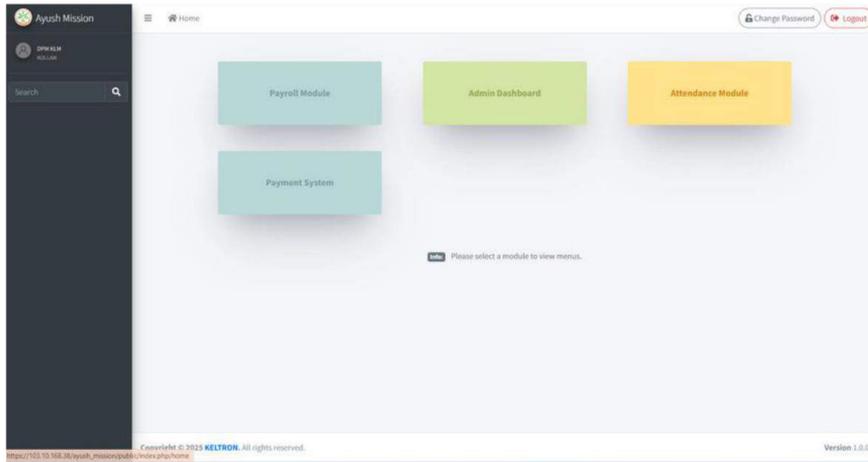
**Figure 5.11.3.1 Screenshot of Login Page in AYUSH Medicine Procurement Software**



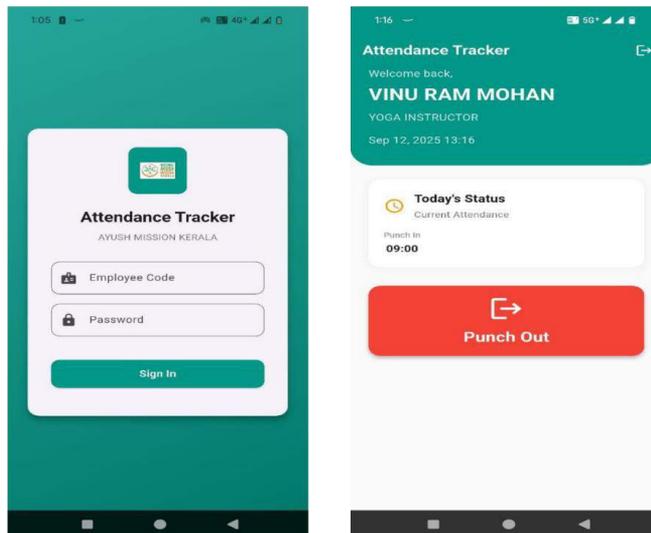
**Figure 5.11.3.2 Screenshot of Home Page in AYUSH Medicine Procurement Software**

#### 5.11.4 NAM HR & Payroll Software

The National AYUSH Mission, Kerala, recognised the need for a robust and reliable system to efficiently manage attendance and payroll processes across its centres, as conventional methods were largely manual, time-consuming, prone to errors, and lacked real-time verification and transparency. To overcome these challenges and ensure accuracy, accountability, and operational efficiency, the NAM HR & Payroll Software was developed as a comprehensive digital solution. The system facilitates real-time attendance tracking with accurate time records, supported by geo-tagged attendance to ensure location-based verification and prevent proxy entries. It allows flexible shift assignment, offers an integrated online leave management workflow, and enables fully automated payroll processing with single-click salary generation based on verified attendance and leave data, supported by multi-level verification for compliance and financial discipline. By simplifying attendance management, ensuring digitally documented records, reducing administrative workload, and enhancing transparency in salary processing, the software significantly strengthens efficiency, governance, and accountability across all AYUSH centres.



**Figure 5.11.4.1 Screenshot of Home Page in AYUSH Payroll software**



**Figure 5.11.4.2: NAM HR & Payroll Software in mobile app**

### 5.11.5 AYUSH Payment Monitoring System

The AYUSH Payment Monitoring System is a comprehensive web-based financial governance platform under the National AYUSH Mission (NAM), designed to enhance transparency, accountability, and efficiency across all payment-related processes. It manages the complete

financial workflow, including fund allocation, expenditure tracking, bill submission, verification, approval, and final disbursement, while also supporting vendor management, automatic TDS processing, configurable dashboards, and detailed financial reporting for smooth and error-free transactions. The system maintains precise district-wise financial records, ensures component-wise fund control, and effectively monitors project-wise unspent balances, providing a complete end-to-end digital trail that strengthens audit readiness and governance compliance. It tracks real-time balances, flags idle or unutilised funds, enforces automated financial controls to prevent overspending, and supports multi-level user access, workflow automation, scalable architecture, and clear segregation of agency-wise and component-wise expenditures. Leveraging AI capabilities, the platform enables real-time validation checks to prevent errors and fraud, predictive analysis of fund utilisation trends, and intelligent alerts with actionable recommendations, thereby ensuring a unified, transparent, and reliable financial monitoring ecosystem for AYUSH across multiple implementing agencies.

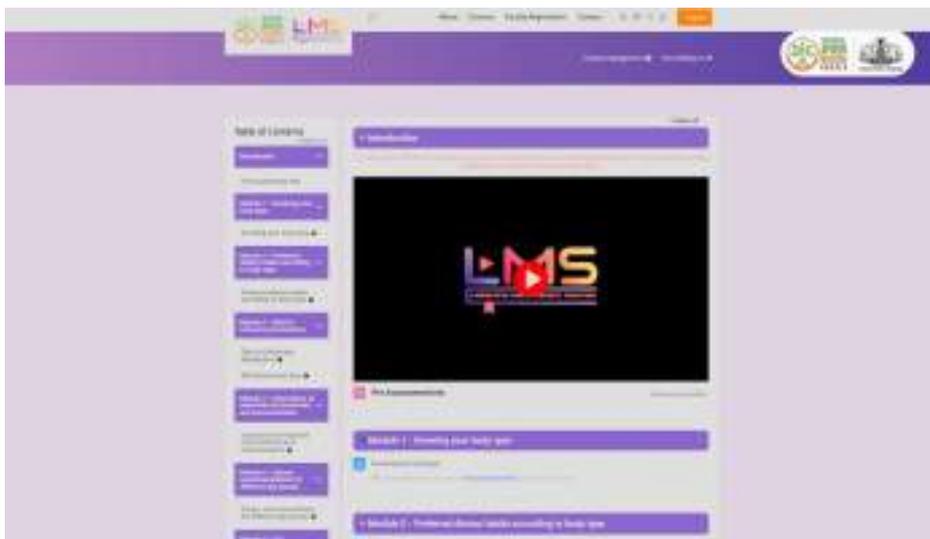
#### **5.11.6 Learning Management System**

The AYUSH sector faces several training-related challenges, including difficulty in reaching rural and remote regions, lack of standardised and trackable certification processes, high expenditure on physical training workshops, and the absence of a unified system for maintaining centralised training and certification records. To address these gaps, a dedicated Moodle-based Learning Management System (LMS) has been developed exclusively for AYUSH, serving as a centralised online platform where students, practitioners, and professionals can enrol in Government-recognised certification courses, access structured digital learning materials, interact with trainers and peers, and receive verifiable digital certificates upon completion. Deployed on a secure cloud environment, the LMS ensures reliability, scalability, and continuous availability, supported by trained administrators, user manuals, ongoing technical assistance, and provisions for future enhancements such as AI-driven recommendations and analytics dashboards. Highly scalable and accessible, the software enables thousands of learners, including rural practitioners, to benefit from uniform, standardised training while significantly reducing the costs associated with physical training programmes. It ensures transparency through automated, verifiable

certification, enhances convenience through a user-friendly mobile-compatible design, and guarantees data security through secure hosting and role-based access controls, thereby strengthening capacity building, governance, and the digital transformation of AYUSH training in alignment with the Digital India vision.



**Figure 5.11.6.1 Screenshot of Home Page**



**Figure 5.11.6.2 Screenshot of Course details explained**

## Chapter 6

### DIRECTORATE OF AYURVEDA MEDICAL EDUCATION

#### 6.1 GOVT AYURVEDA COLLEGE, TRIPUNITHURA- An Overview

Government Ayurveda College, Tripunithura is the second oldest ayurveda college in public sector in Kerala. It is the only ayurvedic institute of its kind in Central Kerala. Its hospital serves the health needs of Ernakulam and neighbouring districts. Since 1929, the college has produced a number of medical personnel of high caliber in different fields like research, education and clinical practice. [20:52, 17/01/2026] Unni Nair: During the academic year 1960–61, a hospital at Tripunithura under the Indigenous Medicine Department was transferred to the Ayurveda College to facilitate clinical training for students. In 1964, more than 11 acres of land were acquired at Puthiyakavu for the establishment of a permanent campus, and the foundation stone was laid in 1968 by the then Health Minister, Sri. B. Wellington. The new college building was formally inaugurated on 9th April 1973 by the former President of India, Sri. V. V. Giri, following which the college was shifted to the present campus. Subsequently, the pharmacy and men's hostel were also relocated from the Royal Guest House to the new campus.

The Degree Course in Ayurveda (B.A.M.) was introduced in 1971, replacing the earlier diploma course, and the college was affiliated with the University of Kerala. In 1979, an improved national syllabus was introduced under the name BAMS (Ayurvedacharya). Since 1983, the college has been affiliated with Mahatma Gandhi University, Kottayam.

A new two-storeyed hospital building was inaugurated in 1982 on the college campus by the then Health Minister, Sri. K. G. R. Kartha. This hospital houses wards for Prasootitantra, Koumarabhritya, Salyatantra, and Salakyatantra, along with an anorectal clinic equipped with Ksharasootra facilities. Additional wards for Kayachikitsa, Rogavijnana, and Agadatantra continue to function at the Tripunithura hospital.

In 1998, thirteen academic departments were formally established. A major milestone was achieved with the dedication of a six-storeyed, 350-bedded hospital building to the nation on 17th December 2005. Further strengthening clinical services and academics, the fourteenth department, Panchakarma, was established in 2008. Apart from BAMS Course, Certificate course of 1 year training for Nursing, Pharmacist and Masseur are also conducted, but not on a

regular basis. National Service Scheme unit (Unit No.18-M.G.university) is also functioning in the college.

## 6.2 Milestones In History

- 1926: Started as a Department in the Sanskrit College, Tripunithura, established by Rajashi RamaVarma, then King of Cochin. Course conducted was Sastrabhushanam.
- 1959: Establishment of the college as a separate institute at Royal Guest House, Hill Palace. Introduction of D.A.M. Course.
- 1960: Hospital at East Fort Gate Tripunithura Jn. was handed over to the college for clinical training of the students.
- 1971: Degree course in Ayurveda (B.A.M.) was introduced under Kerala University.
- 1973: Shifted to Puthiyakavu Campus. Introduction of B.A.M. Degree Course. Affiliation to Kerala University. Hosted national ayurveda conference, a mega event of the year.
- 1974: Establishment of Ayurveda College Pharmacy in the campus.
- 1977: BAMS course introduced.
- 1978: Ladies hostel was constructed in the campus.
- 1982: New hospital building was commissioned in the Puthiyakavu campus.
- 1983: College gets affiliated to Mahathma Gandhi University Kottayam.
- 1985: Men's hostel was shifted to the campus from Hill Palace.
- 1993: Staff Quarters were constructed in the campus.
- 1994: Ksharasutra unit started functioning in the hospital.
- 2002: X-ray unit becomes functional.
- 2005: President of India Dr. A.P.J. Adbulkalam dedicates the new hospital complex to the nation.
- 2008: Panchakarma Department was established.

### 6.3 Course Details

Undergraduate Courses	Post graduate courses
B.A.M.S. (Ayurvedacharya)	M.S. (Shalya Tantra)
	M.S. (Shalakaya Tantra)
	M.D.(Panchakarma)
	M.D.(Rasashastra & Bhaishajyakalpana)
	M.D.(Dravyaguna Vigyana)
	M.D. (Swasthavritta & Yoga)
	M.D. (Kayachikitsa)
	M.S.(Prasoothithantha & Streeroga)

Source : DAME Data

PG Diploma	Certificate courses
Kayachikitsa (Manasik Swasthya Vigyan)	Ayurvedic Nursing
Swasthavritta & Yoga	Ayurveda Therapist
Shalakya tantra (Netra Roga Vigyan)	Ayurveda Pharmacist

Source: DAME Data

### 6.4 HR Details

The human resource structure of the institution is organized into academic staff, administrative staff, and other supporting staff to ensure effective functioning of teaching, clinical services, research, and administration.

The academic staff comprises professors, associate professors, assistant professors, and NAM medical officers deployed across all Ayurveda disciplines including Samhita Siddhanta, Sanskrit, Rachana Shareera, Kriya Shareera, Dravyaguna Vijnana, Rasashastra and Bhaishajya Kalpana, Roga Nidanam, Swasthavritta, Agadatantra, Kayachikitsa, Panchakarma, Shalyatantra, Shalakyatantra, Prasuti Tantra and Stree Roga, and Kaumarabhritya. Each department is staffed as per regulatory norms, ensuring adequate faculty strength for undergraduate teaching, clinical training, and academic supervision.

The administrative staff includes positions such as Reader, Store Officer, Clerks, Office Attendants, and supervisory personnel who support institutional governance, academic administration, examination processes, and record management. The Ayurveda College Library is supported by a Senior Librarian, Librarian, Library Attender, and Watcher, enabling effective access to learning resources and research materials.

Other supporting staff include laboratory technicians and attendants, pharmacy attendants, technical assistants, mechanics, gardeners, sweepers, cooks, watchers, drivers and transport-related personnel, and part-time support staff. These personnel play a critical role in maintaining laboratories, pharmacy operations, hostels, hospital services, sanitation, security, and campus upkeep. Overall, the structured deployment of academic, administrative, and support staff ensures smooth institutional functioning and quality service delivery. The human resource profile of college is attached as Annexure 1

## **6.5 Hospital OP & IP details and Services**

The following tables present the beneficiary details, The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

### 6.5.1 Hospital OP details

**Table:6.5.1 Hospital OP Details**

SL NO	Year	Total OP
1	1/01/2020- 31/12/2020	64555
2	1/01/2021- 31/12/2021	53245
3	1/01/2022-31/12/2022	85538
4	1/01/2023-31/12/2023	91655
5	1/01/2024-31/12/2024	86341
6	1/01/2025-29/10/2025	68583

(Source: District data DAME)

- **Bed strength -489**

### 6.5.2 IP Details

**Table 6.5.2: IP details**

SL NO	Year	Total IP
1	2020	1193
2	2021	1255
3	2022	1917
4	2023	1997
5	2024	2010

(Source: District data DAME)

### 6.5.3 Bed Occupancy

**Table 6.5.3 Bed Occupancy**

SL NO	Year	Total Bed days
1	2020	54623
2	2021	52467
3	2022	75488
4	2023	85188
5	2024	81404

*(Source: District data DAME)*

### 6.5.4 Special OP Details

**Table 6.5.4 Special OP details**

SL NO	DEPARTMENT	SPECIAL OP	Day
1	Prasooti stree roga	Supraja	Monday, Wednesday
2	Kayachikitsa	Sumana,	Wednesday
	Kayachikitsa	Mehamitra	Tuesday
	Kayachikitsa	Agneya	Friday
3	Shalakyatantra	Jyothirgamaya	Wednesday, Saturday

*(Source: District data DAME)*

## 6.6 Special Treatments

- Ksharasoothra treatment for arsas and bhagandara (piles & fistula) under the Department of Shalya Tantra on all days
- Special OPD for Prameha roga chikitsa (Diabetes) under the Department of Kayachikitsa on all Tuesdays.
- “Sumana”- Manasika roga chikitsa (psychiatry)-Special OPD under the Department of Kayachikitsa on all Wednesdays
- “Agneya”- Udaragata roga chikitsa (gastroenterology)- Special OPD under the Department of Kayachikitsa on all Fridays
- “Supraja”- Special OPD for pregnant & lactating women under the Department of Prasoothithantha & Streeroga on all Mondays & Wednesdays (1.00 pm – 3.00 pm).
- Nethra roga chikitsa under the Department of Shalakya Tantra on all days

## 6.7 Health infrastructure development

Under the State Annual Action Plan (SAAP), the institution has undertaken several construction, renovation, and modernization works to strengthen academic, clinical, residential, and support infrastructure. Major completed works include the Evaluation Center, hostel renovations, parking facilities, examination hall repairs, kitchen extension, greenhouse development, OPD corridor expansion, and a bus shelter, all of which have improved functionality and service delivery. High-value projects such as the Pharmacy Block construction and renovation of the college auditorium, reception area, passages, campus roads, and establishment of smart classrooms are currently in progress. These initiatives span SAAP years from 2021 to 2026 with substantial financial investment. Overall, the SAAP-supported works reflect a sustained commitment to infrastructure enhancement, quality improvement, and creation of a conducive academic and healthcare environment.

## 6.8 Projects and programmes of various departments

### 6.8.1 Project – Swasthavritta Department:

Primary Level Prevention of Obesity Incorporating Ayurvedic Lifestyle, Selected Naturopathic Modalities and Yoga Techniques among Overweight Population  
This project evaluated the effectiveness of an integrated Ayurvedic lifestyle intervention

combined with naturopathy and yoga in overweight individuals. A cohort of 100 participants was followed for 91 days with periodic assessment of weight and anthropometric measures. The study demonstrated a consistent reduction in mean body weight and BMI across the intervention period. Improvements in circumferential measurements reflected enhanced metabolic health outcomes. The project established that structured Ayurvedic lifestyle modification can function as an effective primary prevention strategy for obesity.

### **6.8.2 Programme – Medical Camps (Swasthavritta Department)**

The Swasthavritta department organized multiple free medical camps across rural and semi-urban regions over three academic years. Preventive medicines and health awareness services were delivered to thousands of beneficiaries, with particular emphasis on elderly and underserved populations. The programme significantly enhanced access to primary healthcare in remote locations. A village adoption initiative through an MoU with Thiruvaniyoor Grama Panchayat strengthened geriatric healthcare services. This initiative represents a sustainable, community-oriented preventive healthcare model.

### **6.8.3 Programme – COVID-19 Control Measures**

During the COVID-19 pandemic, Ayur Raksha Clinics were established to support prevention and control measures. The Sukhayushyam and Swasthyam schemes provided preventive medicines and health education to different age groups. Systematic data collection and daily reporting ensured accountability and effective monitoring. A total of 38,042 beneficiaries accessed these services during the programme period. The initiative ensured free and accessible preventive healthcare during a public health emergency.

### **6.8.4 Project – CME Programme (Rachana Shareera): DAKSHA – A Dissection Workshop on Perineum**

A one-day CME programme titled DAKSHA was organized focusing on perineal dissection and applied anatomy. Expert faculty conducted theoretical and practical sessions using live dissection and video streaming techniques. The programme enabled clear visualization of complex anatomical structures. Delegate feedback indicated significant improvement in conceptual understanding and practical skills. The programme strengthened anatomy teaching and learning across Ayurveda colleges.

### **6.8.5 Project – Observational Study on Immune-related Disorders (Kriyasareera Department)**

The Kriyasareera department conducted an observational study on immune-related disorders and their treatment response under Ayurvedic management. One hundred patients were evaluated using detailed clinical assessment and laboratory parameters. The study addressed the rising prevalence of immune disorders over recent decades. Systematic documentation enabled evaluation of therapeutic outcomes. The findings were consolidated into a project report and published research articles.

### **6.8.6 Project – Development of Physico-chemical and In-vivo Pharmacological Methods for Evaluation of Veerya (Dravyagunavijnanam Department)**

The Department of Dravyagunavijnanam undertook a research project to scientifically validate the Ayurvedic concept of Veerya using physico-chemical and in-vivo experimental methods. A total of 47 Ayurvedic drugs were evaluated through calorimetric techniques and animal studies. Temperature changes served as objective indicators to differentiate Ushna and Seetha Veerya. The study successfully linked classical Ayurvedic principles with modern experimental evidence. The findings support rational drug selection based on [thermoregulatory action](#).

### **6.8.7 Programme – International Yoga Day Celebration**

The International Day of Yoga was celebrated with academic, community, and media outreach activities. Lectures, yoga demonstrations, and awareness programmes were conducted under the national theme. Faculty participation in radio talks expanded public outreach and engagement. The institution functioned as a registered Yoga Samgam Centre. The programme reinforced yoga as an effective preventive and promotive health practice.

### **6.8.8 Project – Role of an Ayurvedic Primary Preventive Protocol in Reduction of Risk for Cardiovascular Diseases (Roganidana Department)**

A randomized controlled trial conducted by the Roganidana department evaluated an Ayurvedic primary preventive protocol for reducing cardiovascular disease risk. Participants received structured lifestyle modification with or without specific Ayurvedic formulations. The trial group demonstrated statistically significant reductions in

cardiovascular risk scores, blood pressure, and cholesterol levels. Follow-up assessments confirmed sustained benefits over time. The study validated Ayurveda-based comprehensive prevention strategies for non-communicable diseases.

#### **6.8.9 Project – Screening for Thyroid Disorders (Roganidana Department)**

This project focused on screening female patients presenting with symptoms of thyroid dysfunction. Thyroid function tests were conducted and Ayurvedic interventions were administered based on clinical and laboratory findings. Regular follow-up assessments were carried out to monitor symptom changes. Most participants showed clinical improvement during the follow-up period. The project highlighted the effectiveness of Ayurvedic management at the outpatient level for endocrine disorders.

#### **6.8.10 Programme – Ayurveda Day Celebration**

Ayurveda Day was celebrated through a series of lectures, seminars, competitions, and public awareness programmes. The activities emphasized lifestyle diseases, preventive healthcare, and biodiversity. A novel radio broadcast series significantly expanded outreach beyond the institution. Students and members of the public actively participated in the celebrations. The programme enhanced awareness of Ayurveda's relevance in contemporary healthcare.

#### **6.8.11 Scheme – Special OP for Psoriasis (Department of Agadatantra)**

Under the Kerala Government plan fund, a special outpatient clinic for psoriasis was implemented by the Department of Agadatantra. Thirty selected patients received free Ayurvedic medicines and structured treatment protocols. Disease severity was assessed using standardized grading methods and PASI scores. All patients exhibited significant symptomatic improvement following treatment. The scheme demonstrated the feasibility of effective outpatient-level management for chronic skin disorders.

#### **6.8.12 Project – One Day CME DYUTI '24: Autoimmune Skin Disorders – An Agadatantra Perspective**

A one-day CME programme titled DYUTI '24 was organized focusing on autoimmune skin disorders from an Agadatantra perspective. Expert speakers addressed disease pathology,

diagnosis, management strategies, and dietary considerations. Participants included ISM doctors and teaching faculty from multiple institutions. Feedback indicated improved confidence and competence in managing autoimmune conditions. The programme promoted interdisciplinary academic collaboration and knowledge enhancement.

#### **6.8.13 Project – Effect of Ayurvedic Management in Female Urinary Incontinence (Prasuti Tantra Department)**

A clinical research project conducted by the Department of Prasuti Tantra and Stree Roga evaluated the effect of Ayurvedic management in female urinary incontinence. The study followed ethical approval and CTRI registration protocols with a large patient cohort. Outcome measures demonstrated statistically significant improvements in symptom severity and quality of life indices. The case group showed greater benefit compared to controls. The findings support evidence-based integration of Ayurveda into women’s health care.

#### **6.8.14 Programme – Medical Camps and Supraja Clinic (Prasuti Tantra Department)**

The Prasuti Tantra department conducted specialty clinics and outreach medical camps focusing on antenatal, postnatal, and women’s health services. Services included consultation, distribution of medicines, and health education. Breast and cervical cancer screening camps facilitated early detection among vulnerable populations. Regular operation of the Supraja Clinic benefited pregnant and postnatal women. The programme strengthened maternal and preventive healthcare delivery.

#### **6.8.15 Programme – “Oppum Undu Njanganal – We Are in With You” Mass Awareness Campaign**

The mass health education programme titled “Oppum Undu Njanganal – We Are in With You” focused on menstrual health and hygiene as a social responsibility. One hundred awareness classes were conducted across Panchayat wards. Pamphlets, videos, and interactive sessions reached more than 2,000 beneficiaries. Community-based delivery ensured inclusive participation of women and adolescents. The programme significantly improved public awareness of menstrual health issues.

### 6.8.16 Programme – Wellness Through Ayurveda in Workplace

As part of Ayurveda Day celebrations, a workplace wellness programme was conducted for IT professionals. Awareness sessions highlighted the role of Ayurveda in stress management and healthy lifestyle practices. Yoga demonstrations and a medical camp complemented the educational activities. Faculty members and postgraduate students actively participated in programme delivery. The initiative promoted Ayurveda as a practical and effective workplace wellness model.

### 6.9 Other activities



Figure: Human Rights Day Oath-12/10/2024



Figure: Malayala Bhasha Acharanam-01/11/2024

GOVT. AYURVEDA MEDICAL COLLEGE HOSPITAL									
TRIPUNITHURA , ERNAKULAM , KERALA - 682301, Phone : 0484 2777489 , 0484 2776043									
Web site : <a href="https://ayurvedacollege.ac.in">https://ayurvedacollege.ac.in</a> , E mail : gachipradd@gmail.com									
OUT PATIENT DEPARTMENT SCHEDULE									
	BAYA CHIKITSA	SPECIAL OP	KOSHA ABHISARA	LAGNA TANTRA	PANDYA KARMA	VELAYYA TANTRA	VAJAYITHA VEDIC & VEDIC TANTRA	PERIYATI TANTRA	KOLMARIA VEDICITA
	OP - 1	OP - 2	OP - 3	OP - 4	OP - 5	OP - 6	OP - 7	OP - 8	OP - 9
Monday	Dr. T. Mohandas	<b>Specialty &amp; All India</b> Dr. S. V. Sreekar Dr. S. Rajan Dr. T. M. Sathya Dr. Kamala Lakshmi	Dr. Rajan	Dr. G. Rajasekar	Dr. Ramya Vijayan	Dr. Anantha Varughese	Dr. S. Vithal	Dr. M.G. Sreedharan	Dr. M. Ayub
Tuesday	Dr. Suresh Babu Vijayaraj	<b>Specialty &amp; All India</b> Dr. Ramya mad Dr. Sreedharan & John Dr. K. Sreedharan	Dr. M.J. Rajan	Dr. Dinesh Kumar	Dr. S. Suresh	Dr. Sreedharan	Dr. M. Suresh	Dr. S. Sreedharan	Dr. M.A. Sreedharan
Wednesday	Dr. P.A. Sreedharan	<b>Specialty &amp; All India</b> Dr. Anantha Sreedharan Dr. M. Sreedharan Dr. M.A. Sreedharan	Dr. Vithya Suresh	Dr. Dinesh Kumar	Dr. S. Suresh	Dr. Anantha Varughese	Dr. Anantha Sreedharan	Dr. S. Sreedharan	Dr. M.A. Sreedharan
Thursday	Dr. T.M. Sreedharan	<b>Specialty &amp; All India</b> Dr. V. Sreedharan Dr. H. Sreedharan	Dr. Rajan	Dr. M.J. Rajan	Dr. Ramya Vijayan	Dr. C.M. Sreedharan	Dr. E.S. Sreedharan	Dr. Anantha Sreedharan	Dr. M. Ayub
Friday	Dr. T.S. Sreedharan	<b>Specialty &amp; All India</b> Dr. K.S. Sreedharan Dr. Ramya Raju Dr. K.V. Piyada	Dr. Vithya Suresh	Dr. Deepthi Suresh Tharachand	Dr. Poorna Prakash	Dr. K. Sreedharan	Dr. V.S. Sreedharan	Dr. Anantha Sreedharan	Dr. M.A. Sreedharan
Saturday	Dr. Anantha Sreedharan		Dr. M.J. Rajan	Dr. M.M. Abdul Shukoor	Dr. K.C. Geetha	Dr. C.M. Sreedharan	Dr. Anantha Sreedharan	Dr. Anantha Sreedharan	Dr. M. Ayub

Figure: OP Details

## Chapter 7

### HOMOEOPATHY MEDICAL EDUCATION

#### 7.1 A Brief History of the College

**DR. PADIAR MEMORIAL HOMOEOPATHIC MEDICAL COLLEGE**

**(Under the Patronage of H.H Srimad Samyamindra Thirtha Swamiji, Sri Kashi Mutt  
Samsthan, Varanasi)**

**P.B. NO:1, Dr .S.N PADIAR ROAD, CHOTTANIKKARA P.O,**

**PIN- 682 312, ERNAKULAM DISTRICT, KERALA**



**ESTD: 1920**

**A Konkani Linguistic Minority Institution**



**NABH ACCREDITED**

**Only Homoeopathic Medical College in Kerala with NABH accreditation**

**Kerla Govt Aided institution**

**M/O AYUSH approved, NCH recognised, KUHS affiliated**

**Second oldest Homoeopathic Medical college in India**

### 7.1 A Brief History of the College:

Dr. Padiar Memorial Homoeopathic Medical College is situated at Chottanikkara. The College owes its origin to the foresight and Sagacity of two eminent Homoeo Doctors -Dr. Sreenivasa Padiar and Dr. Madhava Padiar, sons of Sri. Krishna Padiar. The seeds of this citadel of learning of Homoeopathic Medical Science were sown in the year 1920 by Dr. Sreenivasa Padiar & Dr. Madhava Padiar, who established two institutions namely ROYAL COLLEGE OF HOMOEOPATHIC PHYSICIANS and THE FREE TO THE POOR DISPENSARY; at Market Road, in the heart of Kochi City, to propagate Homoeopathic system of Medicine in this part of the country.

Considering the need for spreading the knowledge of this unique system, they started a centre for imparting training to the real aspirants of the science of Homoeopathy. There were only 3 students in the first batch which was started in 1920.

Since 1976 onwards the Board of Trustees nominated by Matadhipathi of Shree Kashi Mutt Samsthan, Varanasi, the religious head of Gowda Saraswatha Brahmin Community, is managing this Institution. H. H. Shrimad Samyamindra Thirtha Swamiji, Matadhipathi of Shree Kashi Mutt Samsthan is the Paramadhikari of this Institution. The Board of Trustees are appointed by the Paramadhikari.

### 7.2 Vision & Mission

- Vision: To be a premier, professionally managed Centre of Excellence that provides an environment to nurture, holistic growth, benevolence, and service-oriented thoughts, words and deeds with core values.
- Mission: To create a student friendly learning ambience with innovative learning practices that bring out the best in each student. To have well defined and scientifically designed quality management system that empowers all the stake holders - Teachers, Students and Parents, which shall contribute to the development of the nation.

## 7.3 Courses offered

### 7.3.1 Courses conducted from 1920 to 1994 were

- LRCHP (Licentiate of Royal College of Homoeopathic Physicians) up to the year 1966. It was included in the Second Schedule Rule (13) of the Homoeopathy Central Council Act, 1973.
- DHM – Diploma in Homoeopathic Medicine – 3 year Academic & 6 months Internship – upto 1970.
- DHMS (Old Scheme) – Diploma in Homoeopathic Medicine and Surgery – four years Academic & Six months Internship – upto 1983.
- DHMS (New Scheme) – Diploma in Homoeopathic Medicine and Surgery –three years Academic & Six months Internship – upto 1990.
- BHMS (Graded) – Bachelor of Homoeopathic Medicine and Surgery – 18 months Academic and Six months Internship – up to 1995.

### 7.3.2 Course offered now

BHMS (Degree) - Bachelor of Homoeopathic Medicine & Surgery - 4½ year Academic, one year Internship, from 1994 – 1995 onwards. From the year 2019, number of seats enhanced by 25% including All India Quota and EWS totalling 63.

## 7.4 Infrastructure

- The institution has 5 Blocks - Academic, Administrative, Auditorium, Hospital and Hostel
  - Academic Block is named as Dr. M.K. Padiar Complex which accommodates - Lecture Hall with Audio Visual facility, Board Room, Co-operative Society, Labs, Museum.
  - Administrative Block, named as Matadhipathi Srimad Sudhindra Thirtha Swami Asrama Sweekara Shashtyabdapoorthi Smarak Bhavan which houses, Departments, Museum, Library with Internet facility, A/C Conference Hall, Audio Visual Hall, Administrative Office & Exam. Halls.

- Hospital Block named as Dr. S.K. Padiar Complex houses OP/IP capacity.
- Chandrakala Ladies Hostel provides accommodation to girl students in the College Campus.
- Sudhindra auditorium - Eco friendly auditorium, measuring approximately 12,000 Sq. ft., is functional in college campus itself, in fond reverence of H.H.Srimad Sudhindra Thirtha Swamiji of Shree Kashi Mutt Samsthan, Varanasi.

## 7.5 Recognitions

- National AYUSH Mission, Department of Homoeopathy, Government of Kerala honoured this Institution for dedicated service in the Medical Camp 2018.
- Kerala University of Health Science, Thrissur also honoured this institution for the generous and volunteer efforts in the relief activities during flood disaster which occurred in Kerala during August 2018.
- Kerala Govt approved GREEN INSTITUTION
- FICCI Made in Kerala 2022 Award

## 7.6 Collegiate Hospital

The institution is a NABH-accredited healthcare facility offering comprehensive outpatient and inpatient services, including evening OP and specialized clinics for Dermatology, De-addiction, Oncology, Diabetes, Infertility, Backache, and Thyroid disorders. It is supported by advanced diagnostic and support services such as USG and X-ray facilities, Dental OP, a clinical laboratory, Yoga clinic, dietitian services, physiotherapy, and ambulance services. The hospital maintains high standards of safety, accessibility, and sustainability with biomedical waste management through IMAGE, a fire safety system, disabled-friendly infrastructure, children's play area, canteen, college bus facility, playground, RO-filtered drinking water, generator backup, and a 35 kW solar power plant. Environmental initiatives including PCB-approved STP, biogas plant, incinerators, rainwater harvesting and recharging systems, medicinal plant garden, interactive classrooms, and a green campus further reflect the institution's commitment to quality healthcare, environmental responsibility, and holistic well-being.

## **7.7 Other activities**

### **7.7.1 Centenary Celebrations**

Centenary celebrations were held in the year 2020, was inaugurated by Shri.Shripad Yesso Naik, AYUSH minister chaired by Smt. Shylaja Teacher, Hon'ble Minister for Health & Family welfare

### **7.7.2 Covid 19**

Homoeo Immune Booster against Covid 19: The Institution so far distributed about 1,66,000 bottles of Homoeo Immune Booster as advised by Ministry of AYUSH, Government of India since March 2020.

### **7.7.3 Alumni**

The Alumni association was formed for the reunion of Padiarians The goal is to provide opportunities for Alumni. The Alumni association seeks to uphold the tradition of Padiar College by supporting the Academic and Non-Academic activities of the college and thereby spreading the fame of Padiar College and Homoeopathy throughout the world. We proudly congratulate our college on completing 100 Golden Years.

## **7.8 Contributions to society**

1. Sudhindra auditorium handed over to Panchayath for CFLTC during covid 19
2. 50 cents of land to panchayath for overhead water tank.
3. Land for MLA road
4. Free preventive medical camps
5. Regular medical camps
6. Peripheral OP
7. Community outreach services
8. Sunday Medical camp since 15 AUG 1997
9. Free food to deserving inpatients



# **Annexures**



Annexure 3.3.1: Details of ISM Facilities - Hospital

Sl. No	Name of institution	Stream	Address	Village	Name of LSGD	Type of LSGD	Name of Block panchayat	District panchaya th division	LAC	Parliament	Urban/Rural
1.	DAH Ernakulam	Ayurveda	District Ayurveda Hospital, Ernakulam, Kacheripady, Ernakulam, Pin - 682 018.	Ernakulam	Ernakulam Jilla Panchayath	Jilla panchayat	-	-	Ernakulam	Ernakulam	Urban
2.	GAH Mattancherry	Ayurveda	Mattanchery Govt. Ayurveda Hospital, Fort Kochi Veli, Pin- 682 001	Fortkochi	Cochin Corporation	Corporation	-	-	Kochi	Ernakulam	Urban

3.	GAH Aluva	Ayurveda	Aluva Govt. Ayurveda Hospital, Thottakkattukara.P.O., Pin - 683108	Aluva West	Aluva Municipality	Municipality	-	-	Aluva	Chalakkudy	Urban
4.	GAH Kadamakudi	Ayurveda	Kadamakkudy, Govt. Ayurveda Hospital, Pizhala.P.O., Pin - 682027	Kadamakkudy	Kadamakudi Panchayath	Panchayath	Edappally	Kadamakudi	Vypin	Ernakulam	Rural
5.	GAH Nayarambalam	Ayurveda	Nayarambalam Govt. Ayurveda Hospital, Nayarambalam P.O., Pin - 682509	Nayarambalam	Nayarambalam Panchayath	Panchayath	Vypin	Njarakkal	Vypin	Ernakulam	Rural

6.	GAH Mannatho or	Ayurve da	Mannathoor Govt. Ayurveda Hospital, Mannathoor, Pin- 686 723	Thirumara dy	Thirumar ady Panchaya th	Panchaya th	Pamba kkuda	Pambakk uda	Piravo m	Kottaya m	Rural
7.	TAH Perumbav oor	Ayurve da	Perumbavoor Taluk Ayurveda Hospital, Perumbavoor, Pin- 683 542	Perumbavo or	Perumbav oor Municipali ty	Municipal ity	-	-	Perum bavoor	Chalaku dy	Urba n
8.	GAH Cheruvatt oor	Ayurve da	Cheruvattoor Govt. Ayurveda Hospital, Iramalloor P O, Kothamangala m, Pin - 686 691	Iramalloor	Nellikuzhi Panchaya th	Panchaya th	Kotha mangal om	Kothama ngalam	Kotha mangal am	Idukki	Rural

9.	GAH North Paravoor	Ayurveda	North Paravoor Govt. Ayurveda Hospital, Pin - 683 513	Paravoor	North Paravoor Municipality	Municipality	-	-	Paravoor	Ernakulam	Urban
10.	GAH Piravom	Ayurveda	Piravom Govt. Ayurveda Hospital, Mulakkulam North. P.O, Pin-686 664	Piravom	Piravom Municipality	Municipality	-	-	Piravom	Kottayam	Urban
11.	GAH Palakkuzha	Ayurveda	Palakkuzha Govt. Ayurveda Hospital, Karimpana P.O, Pin- 686 662	Palakkuzha	Palakkuzha Panchayath	Panchayath	Pambakkuda	Avoly	Muvattupuzha	Muvattupuzha	Urban
12.	GAH Muvattupuzha	Ayurveda	Muvattupuzha Govt. Ayurveda Hospital,	Velloorkunnam	Muvattupuzha Municipality	Municipality	-	-	Muvattupuzha	Muvattupuzha	Urban



Annexure 3.3.1: Details of ISM Facilities - Dispensary

Sl. No	Name Of Institution	Stream	Address	Village	Name Of LSGD	Type Of LSGD	Name Of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban/Rural
1.	GAD Aikkarana du	Ayurveda	Aikkaranadu Govt. Ayurveda Dispensary, Pattimattom (Via), Kadayirippu.P.O, Pin - 682 311	Aikkaranad North	Aikkaranadu Panchayath	Panchayath	Vadavucode	Kolencher	Kunnathunad	Chalakkudy	Rural
2.	GAD Ayyampuzha	Ayurveda	Ayyampuzha Govt. Ayurveda Dispensary, Ayyampuzha P.O, Near	Ayyampuzha	Ayyampuzha Panchayath	Panchayath	Angamaly	Kodanad	Angamaly	Chalakkudy	Rural





<b>9.</b>	GAD Chennam angalam	Ayurve da	P.O, Ernakulam - 683 585	Chennamangal am Govt. Ayurveda Dispensary, Vadakkumpura m. P O, Pin - 683 521	Chendama ngalam	Chendam angalam Panchaya th	Panchaya th	North Paravoo r	Moothaku nnam	Paravu r	Ernakul am	Rur al
<b>10.</b>	GAD Cheranall oor (C.K)	Ayurve da	Cheranelloore( C.K) Govt. Ayurveda Dispensary, South Chittoor, Pin - 682 027	Cheranello or	Cheranall oor Panchaya th	Panchaya th	Edappall y	Kadamak kudi	Ernaku lam	Ernakul am	Rur al	
<b>11.</b>	GAD Cheranall oor (K.N.D)	Ayurve da	Cheranelloore( KND) Govt. Ayurveda Dispensary,	Koovappad y	Koovappa dy Panchaya th	Panchaya th	Koovapp ady	Kodanad	Perum bavoor	Chalakk udy	Rur al	



<b>15.</b>	GAD Elamkunn apuzha	Ayurve da	Elamkunnapuz ha Govt. Ayurveda Dispensary, Malippuram P.O, Pin - 682 511	Elamkunna puzha	Elamkunn appuzha Panchaya th	Panchaya th	Edappall y	Vyppin	Vypin	Ernakul am	Rur al
<b>16.</b>	GAD Eloor	Ayurve da	Eloor Govt. Ayurveda Dispensary, Manjummel, Municipal Shopping Complex, Near St. Joseph Hospital, Manjummal P.O, Pin - 683 501	Eloor	EloorMun cipality	Municipal ity	-	-	Kalama ssery	Ernakul am	Urb an

<b>17.</b>	GAD Ezhakkar anadu	Ayurve da	Ezhakkar anadu	Ezhakkaranadu Govt. Ayurveda Dispensary, Puthencruz(Via ) , Ezhakkaranadu South P.O, Maneed, Pin - 682 308	Maneed	Maneed Panchaya th	Panchaya th	Mulanth uruthy	Mulanthu ruthyK	Piravo m	Kottaya m	Rur al
<b>18.</b>	GAD Ezhikkara	Ayurve da	Ezhikkara Govt. Ayurveda Dispensary, Ezhikkara P.O, North Paravur Via, Pin - 683 513	Ezhikkara	Ezhikkara Panchaya th	Ezhikkara Panchaya th	Panchaya th	Paravoo r	Kadamak kudi	North Paravu r	Ernakul am	Rur al

<b>19.</b>	GAD Kadungall oor	Ayurve da	Kadungalloor Govt. Ayurveda Dispensary, East Kadungalloor, U.C.College. P.O. Aluva, Pin - 683 101	Kadungallo or	Kadungall oor Panchaya th	Panchaya th	Alangad	Kadungall oor	Kalama ssery	Ernakul am	Rur al
<b>20.</b>	GAD Kalady	Ayurve da	Kalady Govt. Ayurveda Dispensary, Manikkamanga lam, Pin- 683 574	Kalady	Kalady Panchaya th	Panchaya th	Angamal y	Angamali	Angam ali	Chalakk udi	Rur al
<b>21.</b>	GAD Kalloor	Ayurve da	Kaloor Govt. Ayurveda Dispensary, Kalloorkkadu (Via),	Kalloorkka d	Kalloorka d Panchaya th	Panchaya th	Muvattu puzha	Avoly	Muvatt upuzha	Idukki	Rur al







32.	GAD Kuttampuzha	Ayurveda	Kunnukara.P.O, Pin - 683 524	Kuttampuzha Govt. Ayurveda Dispensary, Kuttampuzha.P.O., Kothamangalam Via, Pin - 686 691	Kuttampuzha Panchayath	Panchayath	Kothamangalam	Neriyamangalam	Kothamangalam	Idukki	Rural
33.	GAVVD Maradu	Ayurveda	Maradu Govt. Ayurveda Visha Vaidya Dispensary, Maradu, Pin - 682 304	Maradu	Maradu Municipality	Municipality	-	-	Thripunithura	Ernakulam	Urban
34.	GAD Malayattoor or	Ayurveda	Malayattoor Govt. Ayurveda Dispensary, Malayattoor	Malayattoor	Malayattoor Neeleeswararam	Panchayath	Angamaly	Kodanad	Angamali	Chalakkudy	Rural





<b>40.</b>	GAD Nedumba ssery	Ayurve da	Nedumbassery Govt. Ayurveda Dispensary, Mekkadu.P.O, Pin - 683 589	Nedumbassery	Nedumba ssery Panchaya th	Panchaya th	Parakad av	Nedumba serry	Chalakk udy	Aluva	Rur al
<b>41.</b>	GAD Nedungap ra	Ayurve da	Nedungapra Govt. Ayurveda Dispensary, Kuruppampady , Pin- 683 545	Vengoor West	Vengoor Panchaya th	Panchaya th	Kuruppa mpady	Pulluvazh i	Perum bavoor	Chalakk udy	Rur al
<b>42.</b>	GAD Onakkoor South	Ayurve da	Onakkoor South Govt. Ayurveda Dispensary, Periyapuram.P. O, Pampakkuda. Pin - 686 667	Onakkoor	Pambakk uda Panchaya th	Panchaya th	Pambak kuda	Pambakk uda	Piravo m	Kottaya m	Rur al

<b>43.</b>	GAD Okkal	Ayurveda	Okkal Govt. Ayurveda Dispensary, Okkal P.O, Ernakulam - 683 550	Chelamattom	Okkal Panchayath	Panchayath	Kuvappady	Kodanad	Perumbavoor	Chalakkudy	Rural
<b>44.</b>	GAD Paingottor or	Ayurveda	Paingottor Govt. Ayurveda Dispensary, Paingottor. P.O, Pin - 686 671	Kadavoor	Paingottor Panchayath	Panchayath	Kothamangalam	Pothanikadu	Muvattupuzha	Idukki	Rural
<b>45.</b>	GAD Paipra	Ayurveda	Paipra Govt. Ayurveda Dispensary, Pezhakkappilli. P.O. Muvattupuzha Market, Pin - 686 673	Mulavoor	Paipra Panchayath	Panchayath	Muvattupuzha	Valakam	Muvattupuzha	Muvattupuzha	Rural

<b>46.</b>	GAD Pallarima ngalam	Ayurve da	Pallarimangala m Govt. Ayurveda Dispensary, Adivadu P.O, Pothonicaud Via, Pin - 686 671	Pallariman galam	Pallarima ngalam Panchaya th	Panchaya th	Kotham angalom	Kothama ngalam	Kotha mangal am	Idukki	Rur al
<b>47.</b>	GAD Palluruth y	Ayurve da	Palluruthy Govt. Ayurveda Dispensary, Palluruthy P.O, Kacherippady, Kochi - 682 006	Kochi	Kochi Corpratio n	corporati on	-	-	Tripuni thura	Ernakul am	Urb an
<b>48.</b>	GAD Parakkad avu	Ayurve da	Parakkadavu Govt. Ayurveda Dispensary, Parakkadavu. P.O, Kurumassery	Parakkada vu	Parakkad avu Panchaya th	Panchaya th	Parakad av	Karukutty	Angam ali	Chalakk udy	Rur al

				Via, Pin - 683 579	Kunnathunadu Panchayath	Panchayath	Vadavode	Kolencher	Kunnathunadu	Chalakkudy	Rural
<b>49.</b>	GAD Peringala	Ayurveda	Peringala Govt. Ayurveda Dispensary, Kumarapuram. P.O, Pallikkara, Pin - 683 565		Kunnathunadu Panchayath	Panchayath	Vadavode	Kolencher	Kunnathunadu	Chalakkudy	Rural
<b>50.</b>	GAD Pinavoorkudy	Ayurveda Tribal	Pinavoorkudy Govt Ayurveda Tribal Dispensary, Urulanthany.P. O, Pin - 686 681		Kuttampuzha Panchayath	Panchayath	Kothamangalom	Neryamangalam	Kothamangalom	Idukki	Rural
<b>51.</b>	GAD Poothrikka	Ayurveda	Poothrikka Govt. Ayurveda Dispensary, Poothrikka.P.O. , Pin - 682 308		Poothrikka Panchayath	Panchayath	Vadavode	Puthencruz	Kunnathunadu	Chalakkudy	Rural

52.	GAD Pothanikkad	Ayurveda	Pothanikkad Govt. Ayurveda Dispensary, Pothanikkad.P.O., Muvattupuzha, Pin - 686 631	Pothanikkad	Pothanikkad Panchayath	Kothamangalam	Pothanikkadu	Muvattupuzha	Idukki	Rural
53.	GAD Pulluvazhi	Ayurveda	Pulluvazhi Govt. Ayurveda Dispensary, Pulluvazhi.P.O., Keezhillam, Pin - 683 541	Rayamangalam	Rayamangalam Panchayath	Kuvaddy	Pulluvazhi	Perumbavoor	Chalakkudy	Rural
54.	GAD Puthankuz	Ayurveda	Puthencruz Govt. Ayurveda Dispensary, Puthencruz.P.O, Pin - 682 308	Puthencruz	VadavukodPuthankuz Panchayath	Vadavukode	Puthencruz	Kunnathunadu	Chalakkudy	Rural

<b>55.</b>	GAD Ramaman galam	Ayurve da	Ramamangala m Govt. Ayurveda Dispensary, Keezhmury.P.O, Pin- 686 663	Ramamang alam	Ramaman galam Panchaya th	Panchaya th	Pambak kuda	Pambakk uda	Pirava m	Kottaya m	Rur al
<b>56.</b>	GAD Sreemool anagram	Ayurve da	Sreemoolanaga ram Govt. Ayurveda Dispensary, Sreemoolanaga ram P.O, Pin - 683 580	Thekkumb hagom	Sreemool anagram Panchaya th	Panchaya th	Parakad av	Athani	Aluva	Chalakk udy	Rur al
<b>57.</b>	GAD Thaikkatt ukara	Ayurve da	Thaikkattukara Govt. Ayurveda Dispensary, Aluva, Pin - 683 106	Choornikka ra	Choornik kara Panchaya th	Panchaya th	Vazhakk ulam	Edathala	Aluva	Chalaku dy	Rur al

<b>58.</b>	GAD Thiruvankulam	Ayurveda	Thiruvankulam Govt. Ayurveda Dispensary, Irumpanam. P.O., Pin - 682 309	Thiruvankulam	Thripunit Municipality	Municipality	-	-	Piravim	Kottayam	Urban
<b>59.</b>	GAD Thrikkakara	Ayurveda	Thrikkakara Govt. Ayurveda Dispensary, Kakkanad. P.O., VSNL Road, Kakkanad, Pin - 682 030	Kakkanadu	Thrikkakara Municipality	Municipality	-	-	Thrikkakara	Ernakulam	Urban
<b>60.</b>	GAD Thuruthikara	Ayurveda	Thuruthikakara Govt. Ayurveda Dispensary, Paingarappilly. P.O.,	Mulamthuri	Mulanthuruthy Panchayath	Panchayath	Mulanthuruthy	Mulanthuruthy	Piravim	Kottayam	Rural





				Aluva, Pin - 683 105	Karumallo	Karumalloor Panchayath	Panchayath	Alangad	Kadungalloor	Kalamassery	Ernakulam	Rural
<b>67.</b>	GAD Veliyathunad	Ayurveda	Veliyathunad Govt. Ayurveda Dispensary, Aluva, Pin - 683 511	Karumalloor Panchayath	Vengola	Vengola Panchayath	Panchayath	Vazhakkulam	Vengola	Perumbavoor	Chalakkudy	Rural
<b>68.</b>	GAD Vengola	Ayurveda	Vengola Govt. Ayurveda Dispensary, Valayanchirang ara. P.O. Thurithippally. Pin - 683 656	Vengola Panchayath	Vengola	Vengola Panchayath	Panchayath	Vazhakkulam	Vengola	Perumbavoor	Chalakkudy	Rural
<b>69.</b>	GAD Vennala	Ayurveda	Vennala Govt. Ayurveda Dispensary, Vennala. P. O, Pin - 682 028	Kochi Corporation	Edapally South	Kochi Corporation	corporation	-	-	Thrikkakara	Ernakulam	Urban

**Annexure 3.3.1: Details of ISM Facilities - Hospital**

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1.	DAH Ernakulam	8030	1491	50
2.	GAH Mattancherry	1982	410	10
3.	GAH Aluva	10772	573	20
4.	GAH Kadamakkudi	712	153	10
5.	GAH Nayarambalam	2770	619	20
6.	GAH Mannathoor	1095	209	10
7.	TAH Perumbavoor	2727	700	30
8.	GAH Cheruvattoor	1337	343	10
9.	GAH North Paravoor	2957	1157	30
10.	GAH Piravom	2013	875	50
11.	GAH Palakkuzha	1353	485	20
12.	GAH Muvattupuzha	1341	291	10
13.	GAH Pallippuram	2671	207	10
14.	GAH Koothattukulam	1236	416	30

**Annexure 3.5.2: Table of Beneficiary details in Government ISM Dispensaries**

Sl.No	Name of dispensary	Average OPD in a Month
1.	GAD Aikkaranadu	707
2.	GAD Ayyampuzha	512
3.	GAD Amballoor	667
4.	GAD Arakkuzha	594
5.	GAD Asamannoor	729
6.	GAD Ayavana	936
7.	GAD Chelakkulam	991
8.	GAD Chengamanad	959
9.	GAD Chennamangalam	991
10.	GAD Cheranalloor (C.K)	956
11.	GAD Cheranalloor (K.N.D)	648
12.	GAD Edakkattuvayal	790
13.	GAD Edavanakkad	1006
14.	GAD Edakochi	752
15.	GAD Elamkunnappuzha	1254
16.	GAD ELOOR	1970
17.	GAD Ezhakkaranadu	696

18.	GAD Ezhikkara	988
19.	GAD Kadungalloor	1068
20.	GAD Kalady	929
21.	GAD Kalloor	586
22.	GAD Kangarapady	915
23.	GAD Kanjoor	1052
24.	GAD Kattiparambu	1086
25.	GAD Kavalangad	1403
26.	GAD Kavana	712
27.	GAD Keezhmadu	1379
28.	GAD Kottapady	905
29.	GAD Kottuvally	839
30.	GAD Kumbalam	797
31.	GAD Kunnukara	1030
32.	GAD Kuttampuzha	747
33.	GAVVD Maradu	785
34.	GAD Malayattoor	1221
35.	GAD Mamalakandam	585
36.	GAD Marady	1389

37.	GAD Mazhuvannoor	737
38.	GAD Manjalloor	834
39.	GAD Mudakkuzha	891
40.	GAD Nedumbassery	1300
41.	GAD Nedungapra	853
42.	GAD Onakkoor South	973
43.	GAD Okkal	1199
44.	GAD Paingottoor	815
45.	GAD Paipra	1084
46.	GAD Pallarimangalam	1379
47.	GAD Palluruthy	1565
48.	GAD Parakkadavu	760
49.	GAD Peringala	664
50.	GAD Poothrikka	1239
51.	GAD Pothanikkad	647
52.	GAD Pulluvazhi	949
53.	GAD Puthankruz	823
54.	GAD Ramamangalam	939
55.	GAD Sreemoolanagaram	1067

56.	GAD Thaikkattukara	780
57.	GAD Thiruvankulam	890
58.	GAD Thrikkakkara	976
59.	GAD Thuruthikkara	1046
60.	GAD Udayamperur	973
61.	GAD Valakam	703
62.	GAD Vallarpadam	930
63.	GAD Varapuzha	919
64.	GAD Vavakkad	1585
65.	GAD Vazhakkulam (S)	1134
66.	GAD Veliyathunad	1040
67.	GAD Vengola	963
68.	GAD Vennala	890

**Annexure 3.5.3: Table of Beneficiary details in APHC dispensaries**

Sl.No	Name of dispensary	Average OPD in a Month
1.	NHM Alangad	1289
2.	NHM Angamali	1491
3.	NHM Cherayi	999
4.	NHM Chittatukara	1335
5.	NHM Chottanikkara	1525
6.	NHM Edathala	1249
7.	NHM Elanji	1233
8.	NHM Karukutty	1172
9.	NHM Keerampara	521
10.	NHM Kothamangalam	1259
11.	NHM Kumbalangi	1543
12.	NHM Kuzhippilly	1361
13.	NHM Manjapra	1184
14.	NHM Mookannur	1084
15.	NHM Nellikuzhi	1159
16.	NHM Njarakkal	1271

17.	NHM Pazhoor	1567
18.	NHM Pindimana	1230
19.	NHM Puthenvelikara	1465
20.	NHM Thiruvaniyoor	1311
21.	NHM Thuravoor	1359
22.	NHM Varappetty	1489

**Annexure 3.8: List of Institutions upgraded as Ayushman Arogya Mandir Ayush (AAM-A)**

Sl no	Name of Institution
1	Ayushman Arogya Mandir Ayush (Ayurveda) Maradu 682304
2	Ayushman Arogya Mandir Ayush ( Ayurveda) Amballoor682315
3	Ayushman Arogya Mandir Ayush ( Ayurveda) Edavanakad 682502
4	Ayushman Arogya Mandir Ayush ( Ayurveda) Elamkunnappuzha682503
5	Ayushman Arogya Mandir Ayush ( Ayurveda) Eloor 683501
6	Ayushman Arogya Mandir Ayush ( Ayurveda) Ezhakkaranad 682308
7	Ayushman Arogya Mandir Ayush ( Ayurveda) Kangarappady 682021
8	Ayushman Arogya Mandir Ayush ( Ayurveda) Kavalangad 686671
9	Ayushman Arogya Mandir Ayush ( Ayurveda) Keezhmad 683112
10	Ayushman Arogya Mandir Ayush ( Ayurveda) Malayattoor 683587
11	Ayushman Arogya Mandir Ayush ( Ayurveda) Okkal 683550
12	Ayushman Arogya Mandir Ayush ( Ayurveda) Palluruthy 682006
13	Ayushman Arogya Mandir Ayush ( Ayurveda) Thrikkakara 682021
14	Ayushman Arogya Mandir Ayush ( Ayurveda) Thuruthikkara 682314
15	Ayushman Arogya Mandir Ayush ( Ayurveda) Vallarpadam 682511
16	Ayushman Arogya Mandir Ayush ( Ayurveda) Vavakkad 682312

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17	Ayushman Arogya Mandir Ayush ( Ayurveda) Vengola 683556
18	Ayushman Arogya Mandir Ayush (Ayurveda) Chendamangalam683512
19	Ayushman Arogya Mandir Ayush (Ayurveda) Chengamanad 683578
20	Ayushman Arogya Mandir Ayush (Ayurveda) Kumbalam 682506
21	Ayushman Arogya Mandir Ayush (Ayurveda) Mudakkuzha 683546
22	Ayushman Arogya Mandir Ayush (Ayurveda) Onakkur South 686667
23	Ayushman Arogya Mandir Ayush (Ayurveda) Paingottoor 686671
24	Ayushman Arogya Mandir Ayush (Ayurveda) Paipra 686692
25	Ayushman Arogya Mandir Ayush (Ayurveda) Pallarimangalam 686671
26	Ayushman Arogya Mandir Ayush (Ayurveda) Parakkadavu 683579
27	Ayushman Arogya Mandir Ayush (Ayurveda) Poothrikka 682308
28	Ayushman Arogya Mandir Ayush (Ayurveda) Thaikkattukara 683106
29	Ayushman Arogya Mandir Ayush (Ayurveda) Arakkuzha 686672
30	Ayushman Arogya Mandir Ayush (Ayurveda) Thiruvankulam 682305

Annexure 4.3.1: Details of Homoeopathy Facilities - Hospital

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation /Municipality /Panchayat	Type Of Lsgd	Loksabha Constituency	Assembly Constituency	Urban/R
1	ERNAKULA M DISTRICT HOMOEOPHOSPITAL : 07H01	Homoeopathy	Ernakulam	PULLEPPADY ,KALOOR.P.O ERNAKULA M 682017		Cochin Corporation	Corporation	Ernakulam	Ernakulam	Urban
2	MUVATTUPUZHA GOVT HOMOEOPHOSPITAL	Homoeopathy	Ernakulam	GOVERNMENT TALUK HOMOEOPHOSPITAL	Vellurkunnam	Muvattupuzha	Municipality	Idukki	Muvattupuzha	Urban



Annexure 4.3.2: Details of Homoeopathy Dispensary

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation /Municipality /Panchayath	Type Of Lsgd	Block Name	District	Lok Sabha Constituency	Assembly Constituency	Urban/Rural
1	EDAKOCHI GOVT HOMOEO DISPENSARY : 07D08	Homoeopathy	Ernakulam	EDAKOCHI.P.O. ERNAKULAM PIN: 682010	Edakochi	Cochin Corporation	Corporation			Ernakulam	Thripunithura	Urban
2	KADAVANTHRA GOVT HOMOEO DISPENSARY	Homoeopathy	Ernakulam	KADAVANTHRA HARIJAN COLONY K.P.VALLON ROAD ERNAKULAM 682020	Elamkulam	Cochin Corporation	Corporation			Ernakulam	Ernakulam	Urban

RY : 07D15	Hom oeop athy	Ern akul am	MANNAPATIPARAMBU , KALOOR PO	Ernaku lam	Cochin Corporati on	Corp orati on			Erna kula m	Ernak ulam	Urba n
<b>3</b> KOCHI CORPORA TION APHC : 07N13											
<b>4</b> PEELIYAD GOVT HOMEO DISPENSA RY : 07D50	Hom oeop athy	Ern akul am	PEELIYAD AIMS P.O NO.XLI 2302 SNDP BUILDINGS PONEKKARA ERNAKULAM 682034	Edapp ally North	Cochin Corporati on	Corp orati on			Erna kula m	Ernak ulam	Urba n
<b>5</b> VENNALA GOVT HOMEO DISPENSA RY : 07D63	Hom oeop athy	Ern akul am	KOCHI MUNICIPAL CORPORATION BUILDING COMPLEX, VENNALAPARA ROAD, NEAR ALINCHUVADU, VENNALA P.O, KOCHI- 682028	Edapp ally South	Cochin Corporati on	Corp orati on			Erna kula m	Thrik kakar a	Urba n

6	ANKAMAL I APHC : 07N03	Hom oeop athy	Ern akul am	CHETHIKKODU, NAYATHODU P.O., ANGAMALY MUNICIPALITY -683572	Ankam ali	Angamal y Municipa lity	Mun icipa lity	Chala kudy	Anga maly	Urba n
7	ELOOR GOVT HOMEO DISPENSA RY : 07D64	Hom oeop athy	Ern akul am	GOVERNMENT HOMEO DISPENSARY NEAR PATHALAM GOVT HSS,ELOOR EAST UDYOGAMANDAL.P.O,P IN.683501	Elur	Eloor Municipa lity	Mun icipa lity	Erna kula m	Kalam assery	Urba n
8	ERNAKUL AM DISTRICT MEDICAL OFFICE : DM7	Hom oeop athy	Ern akul am	IMG JUNCTION KUSUMAGIRI P O NEAR THRIKKAKARA PRIMARY HEALTH CENTER KAKKANAD ERNAKULAM	Kakka nad	Thrikkak ara Municipa lity	Mun icipa lity	Erna kula m	Thrik kakar a	Urba n
9	KALAMAS SERY GOVT HOMEO	Hom oeop athy	Ern akul am	HMT COLONY PO BEHIND MUNICIPAL BUSSTAND TERMINAL	Thrikk akkara North	Kalamass ery	Mun icipa lity	Erna kula m	Kalam assery	Urba n

	DISPENSA RY : 07D65			KALAMASSERY ERNAKULAM 683503		Municipa lity							
<b>1</b>	KOOTHAT TUKULAM APHC : 07N14	Hom oeop athy	Ern akul am	TAN-CHNE 00365B, NEAR TOWN CHURCH KOOHTATTUKULAM P.O, PIN-686662	Kootha ttukula m	Koothatt ukulam Municipal ity	Mun icipa lity		Kotta yam	Piravo m	Urba n		
<b>1</b>	KOTHAM ANGALAM GOVT HOMOE DISPENSA RY : 07D25	Hom oeop athy	Ern akul am	KOTHAMANGALAM KOTHAMANGALAM P.O ERNAKULAM 686691	Kotha mangal am	Kothama ngalam Municipa lity	Mun icipa lity		Iduk ki	Kotha mang alam	Urba n		
<b>1</b>	MARADU GOVT HOMOE DISPENSA	Hom oeop athy	Ern akul am	MARADU MARADU.P.O NEAR AYINI SIVA TEMPLE, ERNAKULAM 682304	Marad u	Maradu Municipa lity	Mun icipa lity		Erna kula m	Thrip punith ura	Urba n		

RY : 07D37	Ern akul am	Hom oeop athy	PERUMBAVOOR P.O., ERNAKULAM DISTRICT	Perum bavur	Perumba voor Municipa lity	Mun icipa lity			Chala kudy	Peru mbav oor	Urba n
<b>1</b> <b>3</b> GOVT HOMOE DISPENSA RY : 07D51	Ern akul am	Hom oeop athy	AYUSH NHM PHC HOMOEOPATHY, PIRAVOM, KALAMBOOR (PO), ERNAKULAM DIST.	Piravo m	Piravam Municipal ity	Mun icipa lity			Kotta yam	Piravo m	Urba n
<b>1</b> <b>5</b> GOVT HOMOE DISPENSA	Ern akul am	Hom oeop athy	GOVT HOMOE DISPENSARY THRIKKAKARA, KAKKANAD P.O,VSNL	Kakka nad	Thrikkak ara Municipa lity	Mun icipa lity			Erna kula m	Thrik kakar a	Urba n

RY : 07D56	Hom oeop athy	Ern akul am	ROAD,ERNAKULAM 682 030	Vazhak kala	Thrikkak ara Municipa lity	Mun icipa lity			Erna kula m	Thrik kakar a	Urba n
<b>1</b> <b>6</b> THRIKKA KKARA MUNICIPA LITY GOVT HOMEO DISPENSA RY : 07D57			NGO QUARTERS JN, THRIKKAKARA PO , KAKKANAD, ERNAKULAM								
<b>1</b> <b>7</b> THRIPPU NITHURA GOVT HOMEO DISPENSA RY : 07D58	Hom oeop athy	Ern akul am	THRIPUNITHURA(PO) ERNAKULAM	Thekk umbha gam	Thripunit hura Municipa lity	Mun icipa lity			Erna kula m	Thrip punith ura	Urba n

<b>1</b>	THRIPPUNITHURA MONAPPA LLY SCPHHC : 07S01	Homeopathy	Ernamkulam	SCP HOMOEOPATHY HEALTH CENTRE, NEAR PANAKAL TEMPLE, MONIPALLY, THEKUMBAGAM P. O, THRIPUNITHURA	Thekkumbhagam	Thripunithura Municipality	Municipality			Ernakulam	Thripunithura	Urban
<b>1</b>	THRIPUNITHURA APHC : 07N29	Homeopathy	Ernamkulam	AYUSH NHM PHC(HOMOEOPATHY) NEAR MAKALIYAM TEMPLE, SEAPORT- AIRPORT ROAD, IRUMANAM P. O THRIPUNITHURA	Thiruvankulam	Thripunithura Municipality	Municipality			Kottayam	Piravom	Urban
<b>2</b>	AIKKARA NAD APHC : 07N01	Homeopathy	Ernamkulam	AYUSH PHC HOMEO AIKKARANAD GRAMA PANCHAYAT KADAYIRUPPU PO KOLENCHERY,ERNAKU LAM 682311	Iykeranadu North	AIKKARA NADU	Panchayath	Koovappady	Ernakulam	Chalakkudy	Kunthand	Rural

2	ALANGAD	Hom	Ern	ALANGAD NEERIKODE P.O ALUVA (VIA) ERNAKULAM 683511	Alanga	ALANGA	Panc	Alang	Erna	Erna	Kalam	Rural
1	GOVT HOMEO DISPENSA RY : 07D01	oeop athy	akul am		d	D	haya th	ad	kula m	kula m	assery	
2	AMBALLO	Hom	Ern	AYUSH PHC (HOMOEOPATHY) AMBALLOOR PO, ERNAKULAM 682315	Amball	AMBALL	Panc	Mulan	Erna	Kotta	Piravo	Rural
2	OR APHC : 07N02	oeop athy	akul am		ur	UR	haya th	thurut hy	kula m	yam	m	
2	ARAKUZH	Hom	Ern	ARAKUZHA ARAKUZHA.P.O MUVATTUPUZHA ERNAKULAM 686 672	Arakuz	ARAKKU	Panc	Moov	Erna	Iduk	Muvat	Rural
3	A GOVT HOMEO DISPENSA RY : 07D02	oeop athy	akul am		ha	ZHA	haya th	attupu zha	kula m	ki	tupuz ha	
2	ASAMANN	Hom	Ern	ASAMANNOOR AYUSH PHC HOMOEOPATHY,KALLI	Asham	ASAMAN	Panc	Koova	Erna	Chala	Peru	Rural
4	00R	oeop athy	akul am		annur	NUR	haya th	ppady	kula m	kudy	mbav oor	



2	CHENDA MANGALA M APHC : 07N05	Hom oeop athy	Ern akul am	AYUSH PHC NHM DISPENSARY, VADAKKUMPURAM P.O., ERNAKULAM PIN:683521	Chend amang alam	CHENDA MANGAL AM	Panc haya th	North Parav oor	Erna kula m	Erna kula m	Erna kula m	Parav ur	Rural
2	CHENGAM ANADU APHC : 07N06	Hom oeop athy	Ern akul am	NEDUMBASSERY PO,KAPPRASSERY	Cheng amana d	CHENGA MANADU	Panc haya th	Parak adavu	Erna kula m	Chala kudy	Aluva	Rural	
3	CHERANA LLOR KORUNKO TTA AMBEDKA R GRAMAM SCPHHC : 07S03	Hom oeop athy	Ern akul am	SCP HOMOEOPATHIC HEALTH CENTER, NEAR CHITTUR BUS STAND, SOUTH CHITTUR, CHERANELLORE , ERNAKULAM -682027	Cheran ellur	CHERAN ALLUR	Panc haya th	Edapa lly	Erna kula m	Erna kula m	Thrik kakar a	Rural	

3	CHERANE LLOOR GOVT HOMEO DISPENSA RY : 07D05	Hom oeop athy	Ern akul am	CHERANELLOOR VISHNUPURAM ROAD ERNAKULAM 682 034	Cheran ellur	CHERAN ALLUR	Panc haya th	Edapa lly	Erna kula m	Erna kula m	Erna kula m	Ernak ulam	Rural
3	CHITTATT UKARA APHC : 07N07	Hom oeop athy	Ern akul am	AYUSH NHM PHC (HOMEO),VALIYAPAL LAMTHURUTHU,CHITT ATTUKARA GRAMAPANCHAYATH CHENDAMANGALAM PO 683512,NORTH PARAVUR	Paravu r	CHITTAT TUKARA	Panc haya th	North Parav oor	Erna kula m	Erna kula m	Parav ur	Rural	
3	CHITTATT UKARA GOVT HOMEO DISPENSA	Hom oeop athy	Ern akul am	GOVERNMENT HOMEO DISPENSARY CHITTATTUKARA VADAKKEKKARA P.O	Vadak kekka ra	CHITTAT TUKARA	Panc haya th	North Parav oor	Erna kula m	Erna kula m	Parav ur	Rural	

RY : 07D06	Hom oeop athy	Ern akul am	NORTH PARAVUR ERNAKULAM 683522	Choor nikara	CHOORN IKKARA	Panc haya th	Vazha kulam	Erna kula m	Chala kudy	Aluva	Rural
<b>3</b> <b>4</b> CHOORNI KKARA APHC : 07N37	Hom oeop athy	Ern akul am	CHOORNIKKARA GRAMA PANCHAYATH THAKKATTUKARA P.O. COMPANYPADY ALUVA ERNAKULAM	Choor nikara	CHOORN IKKARA	Panc haya th	Vazha kulam	Erna kula m	Chala kudy	Aluva	Rural
<b>3</b> <b>5</b> CHOTTAN IKKARA GOVT HOMOE DISPENSA RY : 07D07	Hom oeop athy	Ern akul am	ERUVELY , CHOTTANIKKARA PO, ERNAKULAM 682312	Kanay annur	CHOTTA NIKARA	Panc haya th	Mulan thurut hy	Erna kula m	Kotta yam	Piravo m	Rural
<b>3</b> <b>6</b> EDAKKAT TUVAYAL GOVT HOMOE DISPENSA	Hom oeop athy	Ern akul am	EDAKKATTUVAYAL CHETHIKODE .P.O KANJIRAMATTAM (VIA) ERNAKULAM 682315	Edakk attuva yal	EDAKKA TTUVAY AL	Panc haya th	Mulan thurut hy	Erna kula m	Kotta yam	Piravo m	Rural







APHC : 07N08	Hom oeop athy	Ern akul am	KADUNGALLOOR ELOORKKARA MUPPATHADAMP OALUVA 10 ERNAKULAM	Kadun gallur	KADUNG ALLOOR	Panc haya th	Alang ad	Erna kula m	Chala kudy	Kalam assery	Rural
4 6 HOMOEODISPENSARY : 07D16	Hom oeop athy	Ern akul am	AYUSH NHM PRIMARY HEALTH CENTER(HOMOEOPAT HY), KALADY GRAMAPANCHAYATH, NEAR SREE SANKARACHARYA SANSKRIT UNIVERSITY, KALADY P.O., KALADY, ERNAKULAM	Kaladi	KALADY	Panc haya th	Anga maly	Erna kula m	Chala kudy	Aluva	Rural

<b>4</b>	KALADY GOVT HOMEO DISPENSA RY : 07D17	Hom oeop athy	Ern akul am	KALADY MANIKKAMANGALAM ERNAKULAM 683 574	Kaladi	KALADY	Panc haya th	Anga maly	Erna kula m	Chala kudy	Anga maly	Rural
<b>4</b>	KALLOOR KKAD APHC : 07N10	Hom oeop athy	Ern akul am			KALLOO RKAD	Panc haya th	Moov attupu zha	Erna kula m	Iduk ki	Muvat tupuz ha	Rural
<b>5</b>	KANDAKK ADAVU GOVT HOMEO DISPENSA RY : 07D18	Hom oeop athy	Ern akul am	KANDAKKADAVU KANNAMALY.P.O ERNAKULAM 682008	Kumba langi	CHELLA NAM	Panc haya th	Pallur uthy	Erna kula m	Erna kula m	Kochi	Rural

5	KANDANA 1 DU GOVT HOMEO DISPENSA RY : 07D19	Hom oeop athy	Ern akul am	KANDANADU KANDANADU.P.O THIRUVANKULAM (VIA) ERNAKULAM 682305	Manak kunna m	UDAYAM PEROOR	Panc haya th	Mulan thurut hy	Erna kula m	Erna kula m	Thrip punith ura	Rural
5	KANJOOR 2 APHC : 07N11	Hom oeop athy	Ern akul am	KANJOOR GRAMPANCHAYAT, PUTHEYADAM, KANJOOR PO, ALUVA	Kizhak umbha gam	KANJOO R	Panc haya th	Anga maly	Erna kula m	Chala kudy	Aluva	Rural
5	KARUKUT 3 TY APHC : 07N12	Hom oeop athy	Ern akul am	PANTHAKAL, PADUVAPURAM PO, ANKAMALY, ERNAKULAM.	Karuk utti	KARUKU TTY	Panc haya th	Anga maly	Erna kula m	Chala kudy	Anga maly	Rural
5	KARUMAL 4 OOR GOVT HOMEO DISPENSA	Hom oeop athy	Ern akul am	KADOOPADAM U.C.COLLEGE.P.O ALUVA ERNAKULAM 683 102	Aluva West	KARUMA LLOOR	Panc haya th		Erna kula m	Erna kula m	Kalam assery	Rural

RY : 07D20	Hom oeop athy	Ern akul am	NERIAMANGALAM.P.O KOTHAMANGALAM (VIA) ERNAKULAM 686693	Neria mangal am	KAVALA NGAD	Panc haya th	Kotha mang alam	Erna kula m	Iduk ki	Kotha mang alam	Rural
5 5 HOMEO DISPENSA RY : 07D21											
5 6 KAVALAN GAD PERIPHER AL UNIT : 07D21P01	Hom oeop athy	Ern akul am		Neria mangal am	KAVALA NGAD	Panc haya th	Kotha mang alam	Erna kula m			Rural
5 7 KEEZHILL AM GOVT HOMEO DISPENSA RY : 07D22	Hom oeop athy	Ern akul am	KEEZHILLAM KEEZHILLAM.P.O ERNAKULAM 683541	Rayam angala m	RAYAMA NGALAM	Panc haya th	Koova ppady	Erna kula m	Chala kudy	Peru mbav oor	Rural

5	KEEZHMA D GOVT HOMEO DISPENSA RY : 07D23	Hom oeop athy	Ern akul am	KEEZHMAD THOTTUMUGHAM.P.O ALUVA (VIA) ERNAKULAM 683 105	Keezh mad	KEEZHM ADU	Panc haya th	Vazha kulam	Erna kula m	Chala kudy	Aluva	Rural
5	KIZHAKK AMBALA M GOVT HOMEO DISPENSA RY : 07D24	Hom oeop athy	Ern akul am	KIZHAKKAMBALAM KIZHAKKAMBALAM.P. O ERNAKULAM 683 562	Kizhak kamba lam	KIZHAKK AMBALA M	Panc haya th	Vazha kulam	Erna kula m	Chala kudy	Kunna thuna d	Rural
6	KOOVAPP ADY APHC : 07N38	Hom oeop athy	Ern akul am	APHC HOMEO DISPENSARY KOOVAPPADY KOOVAPPADY P O PIN 683544 MAVELYPPADY	Kuvap padi	KOOVAP PADY	Panc haya th	Koova ppady	Erna kula m	Chala kudy	Peru mbav oor	Rural

6	KOTTAPP 1	ADY APHC : 07N15	Hom oeop athy	Ern akul am	APHC KOTTAPPADY (HOMOE), OPPOSITE MAR ELIAS COLLEGE, KOTTAPPADY P O, KOTHAMANGALAM, PIN : 686692	Kottap pady	KOTTAP ADY	Panc haya th	Kotha mang alam	Erna kula m	Iduk ki	Kotha mang alam	Rural
6	KOTTUVA 2	LLY GOVT HOMOE DISPENSA RY : 07D26	Hom oeop athy	Ern akul am	GOVT.HOMOE DISPENSARY,KOTTUVA LLY,KAITHARAM.P.O ERNAKULAM 683519	Kottuv ally	KOTTUV ALLY	Panc haya th	North Parav oor	Erna kula m	Erna kula m	Parav ur	Rural
6	KOZHIPP 3	LLY GOVT HOMOE DISPENSA RY : 07D27	Hom oeop athy	Ern akul am	KOZHIPPILLY KOOTHATTUKULAM P.O ERNAKULAM 686662	Palakk uzha	PALAKU ZHA	Panc haya th	Pamp akuda	Erna kula m	Iduk ki	Muvat tupuz ha	Rural

6	KOZHIPP 4	Hom oeop athy	Ern akul am		Palakk uzha	PALAKU ZHA	Panc haya th	Pamp akuda	Erna kula m		Rural
6	KUMBALA 5	Hom oeop athy	Ern akul am	KUMBALAM CHEPPANAM PANANGAD.P.O ERNAKULAM 682 506	Kumba lam	KUMBAL AM	Panc haya th	Pallur uthy	Erna kula m	Thrip punith ura	Rural
6	KUMBALA 6	Hom oeop athy	Ern akul am	GOVT HOMOE DISPENSARY, KUMBALANGHI P.O, ERNAKULAM 682007	Kumba langi	KUMBAL ANGHY	Panc haya th	Pallur uthy	Erna kula m	Kochi	Rural

6	KUNNATH UNADU GOVT HOMEO DISPENSA RY : 07D30	Hom oeop athy	Ern akul am	KUNNATHUNADU KUMARAPURAM P O PALLIKKARA ERNAKULAM 683565	Kunnathunad	KUNNATHUNAD	Panc haya th	Vadav uode	Erna kula m	Chala kudy	Kunna thuna d	Rural
6	KUNNUKA RA GOVT HOMEO DISPENSA RY : 07D31	Hom oeop athy	Ern akul am	KUNNUKARA KUNNUKARA.P.O CHENGAMANADU ERNAKULAM 683 578	Kunnu kara	KUNNUKARA	Panc haya th	Parak adavu	Erna kula m	Erna kula m	Kalam assery	Rural
6	KUTTAMP UZHA APHC : 07N16	Hom oeop athy	Ern akul am	MAMALAKADAM.PO KUTTAMPUZHA KOTHAMANGALAM 686681	Kutta mpuzh a	KUTTAMP PUZHA	Panc haya th	Kotha mang alam	Erna kula m	Iduk ki	Kotha mang alam	Rural

7	0	KUTTAMP UZHA GOVT HOMEO DISPENSA RY : 07D32	Hom oeop athy	Ern akul am	KUTTAMP UZHA KUTTA MPUZH A KUTTAMP UZHA VADATTUPARA.P.O KOTHAMANGALAM (VIA) ERNAKULAM 686681	Kutta mpuzh a	KUTTAM PUZHA	Panc haya th	Kotha mang alam	Erna kula m	Iduk ki	Kotha mang alam	Rural
7	1	KUZHUPP ILLY APHC : 07N17	Hom oeop athy	Ern akul am	APHC HOMOEOPATHY DISPENSARY PALLATHAMKULAGAR A BEACH ROAD AYAMPPILY P.O. KUZHUPIILLY 682501	Kuzhu ppilly	KUZHUP PILLY	Panc haya th	Vypin	Erna kula m	Erna kula m	Vypin	Rural
7	2	MALAYAT TOOR NEELISW ARAM APHC : 07N18	Hom oeop athy	Ern akul am	AYUSH PRIMARY HEALTH CENTER (HOMEO),MALAYATT OOR - NEELISWARAM GRAMA PANCHAYATH, KUNNILANGADI	Malaya ttur	MALAYA TTOOR- NEELES WARAM	Panc haya th	Anga maly	Erna kula m	Chala kudy	Anga maly	Rural



7	MANJAPETTY GOVT HOMEOO DISPENSA RY : 07D35	Hom oeop athy	Ern akul am	MANJAPETTY MARAMPILLY.P.O ALUVA (VIA) ERNAKULAM 683107	Maram billi	VAZHAK KULAM	Panc haya th	Vazha kulam	Erna kula m	Chala kudy	Kunna thuna d	Rural
7	MANJAPRA A GOVT HOMEOO DISPENSA RY : 07D36	Hom oeop athy	Ern akul am	MANJAPRA MANJAPRA.P.O KALADY (VIA) ERNAKULAM 683581	Manja pra	MANJAP RA	Panc haya th	Anga maly	Erna kula m	Chala kudy	Anga maly	Rural
7	MARADY GOVT HOMEOO DISPENSA RY : 07D38	Hom oeop athy	Ern akul am	MARADY S.MARADY.P.O MUVATTUPUZHA (VIA) ERNAKULAM 686673	Marad y	MARADY	Panc haya th	Moov attupu zha	Erna kula m	Iduk ki	Muvat tupuz ha	Rural

7	MAZHUV ANNUR GOVT HOMEO DISPENS RY : 07D39	Hom oeop athy	Ern akul am	MAZHUVANNUR NELLAD.P.O ERNAKULAM 686669	Mazhu vannur	MAZHUV ANNUR	Panc haya th	Vadav uode	Erna kula m	Chala kudy	Kunna thuna d	Rural
8	MONAPPI LLY GOVT HOMEO DISPENS RY : 07D40	Hom oeop athy	Ern akul am	MONAPPILLY PUTHENCRUZE. P.O ERNAKULAM 682308	Thiruv aniyur	THIRUVA NIYOOR	Panc haya th	Vadav uode	Erna kula m	Chala kudy	Kunna thuna d	Rural
8	MOOKKA NNUR GOVT HOMEO DISPENS RY : 07D41	Hom oeop athy	Ern akul am	MOOKKANNUR MOOKKANNUR.P.O ANGAMALY (VIA) ERNAKULAM 683577	Mookk annur	MOOKKA NOOR	Panc haya th		Erna kula m	Chala kudy	Anga maly	Rural

<b>8</b>	<b>MULANTH</b> <b>URUTHY</b> GOVT HOMOE DISPENSA RY : 07D42	Hom oeop athy	Ern akul am	MULANTHURUTHY PULICKAMALY.P.O ERNAKULAM 682314	Mulant huruth i	MULAMT HURUTH Y	Panc haya th	Mulan thurut hy	Erna kula m	Kotta yam	Piravo m	Rural
<b>8</b>	<b>NADUKAN</b> <b>I GOVT</b> HOMOE DISPENSA RY : 07D43	Hom oeop athy	Ern akul am	NADUKANI THATTEKKAD.P.O KOTHAMANGALAM (VIA) ERNAKULAM 686691	Keera mpara	KEERAM PARA	Panc haya th	Kotha mang alam	Erna kula m	Iduk ki	Kotha mang alam	Rural
<b>8</b>	<b>NAYARAM</b> <b>BALAM</b> GOVT HOMOE DISPENSA RY : 07D44	Hom oeop athy	Ern akul am	NAYARAMBALAM NEDUNGAD.P.O ERNAKULAM 682509	Nayara mbala m	NAYARA MBALAM	Panc haya th	Vypin	Erna kula m	Erna kula m	Vypin	Rural

<b>8</b>	NEDUMB ASSERI GOVT HOMOE DISPENSA RY : 07D45	Hom oeop athy	Ern akul am	NEDUMBASSERI MEKKAD P.O KARIYAD ERNAKULAM 683589	Nedum basseri	NEDUMB ASSERY	Panc haya th	Parak adavu	Erna kula m	Chala kudy	Aluva	Rural
<b>8</b>	NELLIKUZ HI APHC : 07N19	Hom oeop athy	Ern akul am	AYUSH PHC NHM HOMOE DISPENSARY, ERAMALLOOR CHIRAPPADY, NELLIKUZHY P.O. KOTHAMANGALAM PIN 686691	Eramal lur	NELLIKU ZHY	Panc haya th	Kotha mang alam	Erna kula m	Iduk ki	Kotha mang alam	Rural
<b>8</b>	NJARAKK AL GOVT HOMOE DISPENSA RY : 07D46	Hom oeop athy	Ern akul am	NJARAKKAL NJARAKKAL.P.O ERNAKULAM 682505	Njarak kal	NJARAKK AL	Panc haya th	Vypin	Erna kula m	Erna kula m	Vypin	Rural

8	OCHANATHURUTHU URUTHU GOVT HOMOEODISPENSA RY : 07D47	Homoeopathy	Ernamkulam	OCHANATHURUTHU OCHANATHURUTHU ERNAKULAM 682508	Puthuvaypu	ELAMKUNNAPUZHACHA	Panchayath	Edappilly	Ernamkulam	Ernamkulam	Vypin	Rural
8	OKKALGOVTHOMOEODISPENSA RY : 07D48	Homoeopathy	Ernamkulam	OKKALOKKAL.P.O ERNAKULAM 683 550	Chelammatta	OKKAL	Panchayath	Koovappady	Ernamkulam	Chalkudy	Kunthand	Rural
9	PAINGOTTOOR APHC : 07N20	Homoeopathy	Ernamkulam	KADAVOOR P. O., KADAVOOR, PAINGOTTOOR	Kedavoor	PAINGOTTOOR	Panchayath	Kothamangalam	Ernamkulam	Iduki	Kothamangalam	Rural

9	PAIPRA 1 APHC : 07N24	Hom oeop athy	Ern akul am	AYUSH PHC HOMOEOPATHY NHM PAIPRA GRAMA PANCHAYATH MULAVOOR P.O. MUVATTUPUZHA (VIA) PIN : 686673		PAIPRA	Panc haya th	Moov attupu zha	Erna kula m	Iduk ki	Muvat tupuz ha	Rural
9	PALLIPPU 2 RAM APHC : 07N21	Hom oeop athy	Ern akul am	AYUSH PHC(PALLIPPURAM) OLD PANCHAYATH OFFICE BUILDING, CHERAI PO, ERNAKULAM DISTRICT PIN-683514	Pallipp uram	PALLIPP URAM	Panc haya th	Vypin	Erna kula m	Erna kula m	Vypin	Rural
9	PAMBAKK 3 UDA APHC : 07N22	Hom oeop athy	Ern akul am	MEDICAL OFFICER AYUSH PHC PAMPAKUDA ERNAKULAM(DIST)	Memur y	PAMPAK UDA	Panc haya th	Pamp akuda	Erna kula m	Kotta yam	Piravo m	Rural

9	PAMPAKU 4 DA GOVT HOMEO DISPENSA RY : 07D49	Hom oeop athy	Ern akul am	ANCHELPETTY.P.O PAMPAKUDA ERNAKULAM	Onakk oor	PAMPAK UDA	Panc haya th	Pamp akuda	Erna kula m	Kotta yam	Piravo m	Rural
9	PARAKKA 5 DAVU APHC : 07N23	Hom oeop athy	Ern akul am	AYUSH PRIMARY HEALTH CENTRE HOMEO, PARAKKADAVU GRAMA PANCHAYAT, KURUMASSERY PO	Parakk adavu	PARAKK ADAVU	Panc haya th	Parak adavu	Erna kula m	Chala kudy	Anga maly	Rural
9	PATTIMA 6 TTOM PERIPHER AL UNIT : 07D30P01	Hom oeop athy	Ern akul am		Kunnat hunad	KUNNAT HUNAD	Panc haya th	Vadav ucode	Erna kula m			Rural

9	PINDIMA NA APHC : 07N25	Hom oeop athy	Ern akul am	AYUSH PRIMARY HEALTH CENTRE NHM HOMEO DISPENSARY SOCIETYPPADY MALIPPARA P O PINDIMANA GRAMAPANCHAYATH	Pindim ana	PINDIMA NA	Panc haya th	Kotha mang alam	Erna kula m	Iduk ki	Kotha mang alam	Rural
9	POOTHRI KKA APHC : 07N27	Hom oeop athy	Ern akul am	VP BUILDING, VADAYAMPADY PO, POOTHRIKKA. 682308.	Iykara nadu South	POOTHRI KA	Panc haya th	Vadav uode	Erna kula m	Chala kudy	Kunna thuna d	Rural
9	POTHANI KKAD APHC : 07N28	Hom oeop athy	Ern akul am	AYUSH NHM PHC HOMOEOPATHY, PULINTHANAM (P.O), POTHANICAD GRAMAPANCHAYATH,	Enanal loor	POTHANI KKAD	Panc haya th	Moov attupu zha	Erna kula m	Iduk ki	Muvat tupuz ha	Rural
1	PUTHENV ELIKKARA GOVT HOMEO DISPENSA	Hom oeop athy	Ern akul am	PUTHENVELIKKARA KUTHIYATHODU.P.O CHERUKADAPURAM ERNAKULAM 683594	Puthen velikka ra	PUTHEN VELIKAR A	Panc haya th	Parak adavu	Erna kula m	Erna kula m	Parav ur	Rural

RY : 07D52	Hom oeop athy	Ern akul am	GOVT HOMOEOP DISPENSARY RAMAMANGALAM, MAMALASSERIP.O ERNAKULAM 686663	Rama mangal am	RAMAMA NGALAM	Panc haya th	Pamp akuda	Erna kula m	Kotta yam	Piravo m	Rural
<b>1</b> <b>0</b> <b>1</b> HOMOEOP DISPENSA RY : 07D53	Hom oeop athy	Ern akul am	GOVT HOMOEOP DISPENSARY RAMAMANGALAM, MAMALASSERIP.O ERNAKULAM 686663	Rama mangal am	RAMAMA NGALAM	Panc haya th	Moov attupu zha	Erna kula m	Chala kudy	Aluva	Rural
<b>1</b> <b>0</b> <b>3</b> HOMOEOP	Hom oeop athy	Ern akul am	GHD SREEMOOLANAGARAM , SREEMOOLANAGARAM	Chovv ara	SREEMO OLANAG ARAM	Panc haya th	Anga maly	Erna kula m	Chala kudy	Aluva	Rural





GOVT HOMOE DISPENSA RY : 07D60				KANINADU.P.O,ERNAK ULAM 682 310															
<b>1</b> <b>1</b> <b>0</b>	VALAKOM APHC : 07N32	Hom oeop athy	Ern akul am	AYUSH NHM PHC(HOMOEOPATHY), VALAKOM AMBALAMPADY,MEKK ADAMBU(P.O.),ERNAK ULAM	Valaka m	VALAKO M	Panc haya th	Moov attupu zha	Erna kula m	Iduk ki	Muvat tupuz ha	Rural							
<b>1</b> <b>1</b> <b>1</b>	VALLARP ADAM GOVT HOMOE DISPENSA RY : 07D61	Hom oeop athy	Ern akul am	GOVT HOMOE DISPENSARY VALLARPADAM, PANAMBUKAD, VALLARPADAM PO, KOCHI-682504	Mulav ukad	MULAVU KADU	Panc haya th	Edapa lly	Erna kula m	Erna kula m	Vypin	Rural							

1	VARAPPE	Hom	Ern		Varapp	VARAPE	Panc	Erna	Iduk	Kotha	Rural
1	TTY APHC	oeop	akul		etty	TTY	haya	kula	ki	mang	
2	: 07N33	athy	am				th	m		alam	
1	VARAPPU	Hom	Ern	AYUSH NHM PHC	Varapp	VARAPU	Panc	Erna	Erna	Parav	Rural
1	ZHA APHC	oeop	akul	[HOMOEOPATHY]	uzha	ZHA	haya	kula	kula	ur	
3	: 07N34	athy	am	VARAPUZHA			th	m	m		
				GRAMAPANCHAYATH							
				BUILDING							
				VARAPUZHA-683517							
				ERNAKULAM DISTRICT							
1	VENGOLA	Hom	Ern	MH KAVALA	Vengol	VENGOL	Panc	Erna	Chala	Peru	Rural
1	GOVT	oeop	akul	PONJASSERI.P.O	a	A	haya	kula	kudy	mbav	
4	HOMOEODISPENSA	athy	am	PERUMBAVOOR			th	m		oor	
	RY :			ERNAKULAM 683547							
	07D62										
1	VENGOOR	Hom	Ern	VENGOOR APHC	Vengo	VENGOR	Panc	Erna	Chala	Peru	Rural
1	APHC :	oeop	akul	HOMOEOPATHY,	or East	R	haya	kula	kudy	mbav	
5	07N35	athy	am				th	m		oor	

ARUVAPPARA P O, ERNAKULAM.

**Annexure 4.5.1: Table of Beneficiary details in Hospitals**

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	District Homoeo Hospital, Ernakulam	4350	32	25
2	Govt Homoeo Hospital, Muvattupuzha	4770	11	35
3	Govt Homoeo Hospital, North Paravur	5400	56	25

**Annexure 4.5.2: Table of Beneficiary details in Govt Homoeo Dispensaries**

Sl No	Name of Institution	Average OP
1	Alangad Govt Homoeo Dispensary : 07D01	1207
2	Arakuzha Govt Homoeo Dispensary : 07D02	554
3	Avoly Govt Homoeo Dispensary : 07D03	557
4	Ayyampuzha Govt Homoeo Dispensary :07D04	500
5	Cheranelloor Govt Homoeo Dispensary :07D05	1153
6	Chittattukara Govt Homoeo Dispensary :07D06	1186
1.	Chottanikkara Govt Homoeo Dispensary :07D07	990
2.	Edakochi Govt Homoeo Dispensary : 07D08	1470
3.	Edakkattuvayal Govt Homoeo Dispensary :07D09	731

4.	Edathala Govt Homoeo Dispensary : 07D10	865
5.	Edavanakkad Govt Homoeo Dispensary :07D11	958
6.	Elanji Govt Homoeo Dispensary : 07D12	548
7.	Ezhikkara Govt Homoeo Dispensary : 07D13	1221
8.	Kadalikkad Govt Homoeo Dispensary :07D14	550
9.	Kadavanthra Govt Homoeo Dispensary :07D15	805
10.	Kadungalloor Govt Homoeo Dispensary :07D16	920
11.	Kalady Govt Homoeo Dispensary : 07D17	805
12.	Kandakkadavu Govt Homoeo Dispensary :07D18	1102
13.	Kandanadu Govt Homoeo Dispensary :07D19	921
14.	Karumaloor Govt Homoeo Dispensary :07D20	826
15.	Kavalangad Govt Homoeo Dispensary :07D21	977
16.	Keezhillam Govt Homoeo Dispensary :07D22	825
17.	Keezhmad Govt Homoeo Dispensary :07D23	985
18.	Kizhakkambalam Govt Homoeo Dispensary :07D24	1539
19.	Kothamangalam Govt Homoeo Dispensary :07D25	1845
20.	Kottuvally Govt Homoeo Dispensary :07D26	1213
21.	Kozhippilly Govt Homoeo Dispensary :07D27	805
22.	Kumbalam Govt Homoeo Dispensary :07D28	983
23.	Kumbalanghi Govt Homoeo Dispensary :07D29	1125
24.	Kunnathunadu Govt Homoeo Dispensary :07D30	563
25.	Kunnukara Govt Homoeo Dispensary :07D31	1015

26.	Kuttampuzha Govt Homoeo Dispensary :07D32	1108
27.	Maneed Govt Homoeo Dispensary : 07D33	610
28.	Manikkinar Govt Homoeo Dispensary :07D34	832
29.	Manjapetty Govt Homoeo Dispensary :07D35	873
30.	Manjapra Govt Homoeo Dispensary : 07D36	709
31.	Maradu Govt Homoeo Dispensary : 07D37	1309
32.	Marady Govt Homoeo Dispensary : 07D38	730
33.	Mazhuvannur Govt Homoeo Dispensary :07D39	670
34.	Monappilly Govt Homoeo Dispensary :07D40	631
35.	Mookkannur Govt Homoeo Dispensary :07D41	895
36.	Mulanthuruthy Govt Homoeo Dispensary :07D42	1225
37.	Nadukani Govt Homoeo Dispensary : 07D43	604
38.	Nayarambalam Govt Homoeo Dispensary :07D44	491
39.	Nedumbasserri Govt Homoeo Dispensary :	1003
40.	Njarakkal Govt Homoeo Dispensary : 07D46	1206
41.	Ochanthuruthu Govt Homoeo Dispensary :07D47	1151
42.	Okkal Govt Homoeo Dispensary : 07D48	545
43.	Pampakuda Govt Homoeo Dispensary :07D49	666
44.	Peeliyad Govt Homoeo Dispensary : 07D50	805
45.	Perumbavoor Govt Homoeo Dispensary :07D51	1672
46.	Puthenvelikkara Govt Homoeo Dispensary :07D52	1003
47.	Ramamangalam Govt Homoeo Dispensary :07D53	365

48.	Sreemoolanagaram Govt Homoeo Dispensary: 07D54	2059
49.	Thirumarady Govt Homoeo Dispensary :07D55	709
50.	Thrikkakara Govt Homoeo Dispensary :07D56	1196
51.	Thrikkakkara Municipality Govt HomoeoDispensary	1539
52.	Thrippunithura Govt Homoeo Dispensary :07D58	1212
53.	Thuruthy Govt Homoeo Dispensary : 07D59	620
54.	Vadavukode Puthencruze Govt Homoeo	973
55.	Vallarpadam Govt Homoeo Dispensary :07D61	571
56.	Vengola Govt Homoeo Dispensary : 07D62	1167
57.	Vennala Govt Homoeo Dispensary : 07D63	738
58.	Eloor Govt Homoeo Dispensary : 07D64	682
59.	Kalamassery Govt Homoeo Dispensary :07D65	492

**Annexure 4.5.3: Table of Beneficiary details in AYUSH PRIMARY HEALTH CENTRE & SCP dispensaries**

Sl No	Name of APHC	Average OP
1	Aikkaranad APHC	1338
2	Amballoor APHC	1252
3	Ankamali APHC	777
4	Ayavana APHC	781

5	Chendamangalam APHC	848
6	Chengamanadu APHC	955
7	Chittattukara APHC	1181
8	Kadamakkudi APHC	970
9	Kalady APHC	696
10	Kalloorkkad APHC	837
11	Kanjoor APHC	1570
12	Karukutty APHC	733
13	Kochi Corporation APHC	930
14	Koothattukulam APHC	1897
15	Kottappady APHC	1209
16	Kuttampuzha APHC	134
17	Kuzhuppilly APHC	1244
18	Malayattoor Neeliswaram APHC	1260
19	Nellikuzhi APHC	1265
20	Paingottoor APHC	865
21	Pallipuram APHC	1551
22	Pambakkuda APHC	1082
23	Parakkadavu APHC	1295

24	Paipra APHC	1060
25	Pindimana APHC	774
26	Piravom APHC	1131
27	Poothrikka APHC	1396
28	Pothanikkad APHC	767
29	Thripunithura APHC	1768
30	Thuravur APHC	1271
31	Vadakkekara APHC	1430
32	Valakom APHC	1357
33	Varappetty APHC	1212
34	Varappuzha APHC	1406
35	Vengoor APHC	1372
36	Asamannoor APHC	1028
37	Choornikkara APHC	1057
38	Koovappady APHC	890
39	Thrippunithura Monappally SCPHHC	804
40	Edathala Muthirakkattumukal SCPHHC	1010
41	Cheranallor Korunkotta Ambedkar Gramam SCPHHC	777

**Annexure 4.8: List of Institutions upgraded as Ayushman Arogya Mandir Ayush**

Sl	Name Of Institution
1	Ayushman Arogya Mandir Ayush ( Homoeopathy) Alangad 683511
2	Ayushman Arogya Mandir Ayush ( Homoeopathy) Chottanikara 682312
3	Ayushman Arogya Mandir Ayush ( Homoeopathy) Edakkattuvayal 682313
4	Ayushman Arogya Mandir Ayush ( Homoeopathy) Edakochi 682006
5	Ayushman Arogya Mandir Ayush ( Homoeopathy) Kandakkadavu 682008
6	Ayushman Arogya Mandir Ayush ( Homoeopathy) Kothamangalam 686691
7	Ayushman Arogya Mandir Ayush ( Homoeopathy) Kumbalangi 682007
8	Ayushman Arogya Mandir Ayush ( Homoeopathy) Manikkinar 686693
9	Ayushman Arogya Mandir Ayush ( Homoeopathy) Maradu 682304
10	Ayushman Arogya Mandir Ayush ( Homoeopathy) Mazhuvannur686689
11	Ayushman Arogya Mandir Ayush ( Homoeopathy) Monappally 686693
12	Ayushman Arogya Mandir Ayush ( Homoeopathy) Mulanthuruthy 682314
13	Ayushman Arogya Mandir Ayush ( Homoeopathy) Nayarambalam682509
14	Ayushman Arogya Mandir Ayush ( Homoeopathy) Perumbavoor 683542
15	Ayushman Arogya Mandir Ayush ( Homoeopathy) Ramamangalam 686663
16	Ayushman Arogya Mandir Ayush ( Homoeopathy) Sreemoolanagaram 683580
17	Ayushman Arogya Mandir Ayush ( Homoeopathy) Vadavucode 682308
18	Ayushman Arogya Mandir Ayush ( Homoeopathy)Kadalikkad 686670
19	Ayushman Arogya Mandir Ayush ( Homoeopathy) Edakkattuvayal 682313

**Annexure 5.3.1.1- Details of Medical & Paramedical posts Sanctioned in NAM in District**

Designation	No
Medical Officer	40
Specialist Medical Officer	11
Yoga Instructor	51
Multi-Purpose Health Worker	49
Therapist	23
Multi-Purpose Worker	21
Pharmacist	8
GNM Nurse	5
Attender	4
Nursing Assistant	3
Data Entry Operator	2
District Project Co-Ordinator	2
Nurse	2
Physiotherapist	2
Yoga Demonstrator	2
Accounting Clerk	1

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Ayurveda Nurse	1
District Programme Manager	1
Lab Technician	1
Optometrist	1
Pg Medical Officer	1
Project Co-Ordinator	1
X-Ray Technician	1

Annexure 5.5.1 - Details of work list

SL No.	District	Workname	SAAP Yr	Approval Amount	Agency	Expected date of Completion
1	2015-16	Ernakulam	Dispensary	ISM	Govt. Ayurveda Dispensary Amballoor	₹ 1,500,000,00
2	2016-17	Ernakulam	Dispensary	ISM	Govt. Ayurveda Dispensary Sreemoolanagaram	₹ 1,910,000,00
3	2017-18	Ernakulam	Dispensary	ISM	Govt. Ayurveda Dispensary Chengamanad	₹ 2,306,195,00
4	2023-24	Ernakulam	Dispensary	ISM	Govt. Ayurveda Dispensary Varappuzha	₹ 3,000,000,00
5	2023-24	Ernakulam	Dispensary	ISM	Govt. Ayurveda Dispensary Malayattoor	₹ 3,000,000,00
6	2023-24	Ernakulam	Dispensary	ISM	Govt. Ayurveda Dispensary Mudakkuzha	₹ 3,000,000,00

7	2023-24	Ernakulam	Hospital	ISM	Govt. Ayurveda Hospital North Paravoor	₹ 10,000,000.00
8	2023-24	Ernakulam	Dispensary	Homoeopathy	AYUSH Homoeopathy Dispensary Ayavana	₹ 3,000,000.00

SL No.	District	Workname	SAAP Yr	Approval Amount	Agency	Expected date of Completion	Physical Progress
1	Ernakulam	Construction of OP Block at Govt. Ayurveda Medical College Thrippunithura	2022-23	₹ 14,000,000.00	M/s KHRWS	18.02.2026	63% Works Completed
2	Ernakulam	Upgradation of Govt. Ayurveda	2023-24	₹ 10,000,000.00	M/s SILK	31.12.2025	75% Works Completed

		Hospital North Paravur							
<b>3</b>	Ernakulam	Construction of Govt. Ayurveda Hospital Piravom	2023-24	₹ 10,000,000,00	M/s SILK	30.04.2026	5% Works Completed		
<b>4</b>	Ernakulam	Upgradation of Govt. Ayurveda Dispensary Malayattoor	2023-24	₹ 3,000,000,00	M/s KPHCC	24.10.2025	65% Works Completed		
<b>5</b>	Ernakulam	Upgradation of Govt. Ayurveda Dispensary Varappuzha	2023-24	₹ 3,000,000,00	M/s KPHCC	13.11.2025	70% Works Completed		
<b>6</b>	Ernakulam	Upgradation of Govt. Ayurveda Dispensary Mudakkuzha	2023-24	₹ 3,000,000,00	M/s KPHCC	18.11.2025	65% Works Completed		

<b>7</b>	Ernakulam	Upgradation of Govt. Ayurveda Dispensary Thuruthikkara	2023-24	₹ 3,000,000,00	M/s KPHCC	01.12.2025	50% Works Completed
<b>8</b>	Ernakulam	Upgradation of Govt. Ayurveda Dispensary Vavakkad	2023-24	₹ 3,000,000,00	M/s KPHCC	01.03.2026	5% Works Completed
<b>9</b>	Ernakulam	Construction of Padiyar Memorial Homoeopathy College	2024-25	₹ 35,000,000,00	M/s SILK	14.01.2027	Ongoing
<b>10</b>	Ernakulam	Construction of Govt. Homoeopathy Dispensary Chittattukara	2024-25	₹ 3,000,000,00	M/s SILK	15.06.2026	Ongoing
<b>11</b>	Ernakulam	Construction of Govt.	2024-25	₹ 3,000,000,00	M/s SILK	09.06.2026	Ongoing

<b>12</b>	Ernakulam	Homoeopathy Dispensary Mulanthuruthy	2024-25	₹ 10,000,000,00	M/s KHRWS	06.01.2027	Ongoing		
<b>13</b>	Ernakulam	Construction of Govt. Ayurveda Hospital Cheruvattoor	2024-25	₹ 2,000,000,00	M/s SILK	30.06.2026	Ongoing		
<b>14</b>	Ernakulam	Upgradation of Govt. Homoeopathy Dispensary Nayarambalam	2023-24	₹ 10,000,000,00	M/s KHRWS	20.12.2026	Ongoing		
<b>15</b>	Ernakulam	Upgradation of Govt. Ayurveda Hospital Aluva	2023-24	₹ 10,000,000,00	M/s KHRWS	15.12.2026	Ongoing		

<b>16</b>	Ernakulam	Upgradation of Govt. Homoeopathy Dispensary Thuruthy	2024-25	₹ 2.000.000,00	M/s SILK	22.03.2026	Ongoing
<b>17</b>	Ernakulam	Upgradation of Govt. Ayurveda Dispensary Chennamangalam	2024-25	₹ 2.000.000,00	M/s SILK	29.07.2026	Ongoing
<b>18</b>	Ernakulam	Upgradation of Govt. Ayurveda Dispensary Onakkur	2024-25	₹ 2.000.000,00	M/s SILK	29.07.2026	Ongoing
<b>19</b>	Ernakulam	Upgradation of District Ayurveda Hospital Ernakulam	2023-24	₹ 10.000.000,00		31.12.2026	Ongoing

<b>20</b>	Ernakulam	Govt. Ayurveda College Thrippunithura - Equipment procurement	2024-25	₹ 4,000,000,00		31.12.2025	Ongoing
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**ANNEXURE - Govt Ayurveda College, Tripunithura**

**Annexure 1-HR Strength**

**Office address -**

Govt Ayurveda college

Puthiyakavu, Trippunithura

682301

Ph - 0484 2777374

**STRUCTURE OF AYURVEDA COLLEGE**

Principal -1

Vice principal - 1

Administrative officer - 1

Manager -1

Junior superintendent - 1

Store officer -1

Senior clerk - 5

Clerk - 5

Clerk typist - 1

Selection grade typist-1

Senior grade typist -1

Office attendant - 4

**HR STRENGTH**

<b>SL NO</b>	<b>Designation</b>	<b>filled</b>
<b>1</b>	Lab technician grade 1	2
<b>2</b>	Lab technician grade 2	1
<b>3</b>	Lab attender grade 2	7
<b>4</b>	Reader	1
<b>5</b>	Store officer	1
<b>6</b>	Mechanic	1
<b>7</b>	Dravya attender	1
<b>8</b>	watcher	4
<b>9</b>	Part time watcher	1
<b>10</b>	Gardener	8
<b>11</b>	sweeper	4
<b>12</b>	Part time sweeper	1
<b>13</b>	cook	1
<b>14</b>	Van cleaner cum conductor	1

**Ayurveda college library**

SL NO	DESIGNATION	FILLED
1	Senior librarian	1
2	Librarian grade 4	1
3	Library attender	1
4	watcher	1

**Ayurveda college pharmacy – Rasashastra & Baishajya Kalpana**

SL NO	Designation	filled
1	HOD/ Professor	1
2	Medical officer	1
3	Pharmacy attender grade 1	1
4	Pharmacy attender grade 2	7
7	Lab technician grade 1	1
8	Lab attender grade 2	1
9	Clerk	1
10	Technical assistant ( Ayurveda )	1
11	Office attendant grade 2	1
12	Artist grade 2	1
13	Part time sweeper cat - 2	1

**Department - HR details**

SL NO	Department	Designation	Strength
1	Samhita sidhanta	professor	1
2	Samhita sidhanta	Associate professor	1
3	Samhita sidhanta	Assistant Professor	2
4	Sanskrit	Associate professor	2
5	Rachana sareera	professor	1
6	Rachana sareera	Associate professor	1
7	Rachana sareera	Assistant Professor	2
8	Kriya sareera	Associate professor	1
9	Kriya sareera	Assistant Professor	2
10	Kriya sareera	NAM (MO)	1
11	Dravyaguna vijnana	professor	1
12	Dravyaguna vijnana	Associate professor	1
13	Dravyaguna vijnana	Assistant Professor	2
14	Rasasastra evam bhaishajya kalpana	Professor	1
15	Rasasastra evam bhaishajya kalpana	Associate professor	1

16	Rasasastra evam bhaishajya kalpana	Assistant Professor	2
17	Roga nidanam	Associate professor	1
18	Roga nidanam	Assistant Professor	3
19	Swasthavritta	Professor	1
20	Swasthavritta	Associate professor	1
21	Swasthavritta	Assistant professor	2
22	Swasthavritta	NAM (mo)	1
23	Swasthavritta	NAM(MPW)	1
24	Agatatantra	professor	1
25	Agatatantra	Associate professor	1
26	Agatatantra	Assistantprofessor	2
27	Kayachikitsa	professor	1
28	Kayachikitsa	Associate professor	2
29	Kayachikitsa	Assistant professor	2
30	Kayachikitsa	RMO	1
31	Panchakarma	professor	1
32	Panchakarma	Associate professor	1
33	Panchakarma	Assistant professor	2

34	Panchakarma	RMO	1
35	Shalyatantra	professor	1
36	Shalyatantra	Associate professor	1
37	Shalyatantra	Assistant professor	3
38	Shalakyatantra	professor	1
39	Shalakyatantra	Associate professor	1
40	Shalakyatantra	Assistant professor	2
41	Prasuti Striroga	professor	1
42	Prasuti Striroga	Associate professor	1
43	Prasuti Striroga	Assistant professor	2
44	Prasuti Striroga	NAM (MO)	1
45	Prasuti Striroga	NAM(MPW)	
46	Kaumarabhritya	Associate professor	1
47	Kaumarabhritya	Assistant professor	2

### **AYURVEDA COLLEGE HOSPITAL, THRIPPUNITHURA**

**Superintendent** – Dr M M Abdul Shukkoor

**Office address** –

Office of the Superintendent

Govt Ayurveda college, Hospital

Puthiyakavu, Trippunithura

682301

Ph – 0484 2777489

gachtpra@gmail.com

### **STRUCTURE OF AYURVEDA COLLEGE HOSPITAL**

Superintendent – 1

Lay secretary and treasurer – 1 (vacant)

Head clerk – 1

Senior clerk – 3

Typist (LD) – 1

Office attendant grade 1 - 1

Office attendant grade 2 – 2

### **HR Strength**

#### **Hospital Laboratory**

<b>SL NO</b>	<b>Designation</b>	<b>filled</b>	<b>vacant</b>
<b>1</b>	Lab technician grade 1	2	0
<b>2</b>	Lab technician grade 1	2	0
<b>3</b>	Lab Attender grade 1	1	1
<b>4</b>	Lab Attender grade 2	2	0

**Hospital staff**

SL NO	Designation	permanent	HDS	NHM	Total	Vacant NHM	Vacant (Permanent)
1	Nurse	18	10	2	30	3	0
2	Radiographer	1	1	0	2	0	0
3	JPHN	1	0	0	1	0	0
4	Therapist	7	27	1	35	4	0
5	Lift operator	1	1	0	2	0	0
6	Nursing assistant	18	0	7	25	0	0
7	Gardener	1	0	0	1	0	0
8	Hospital attender	4	0	0	4	0	0
9	Kashaya servant	4	0	0	4	0	0
10	Kitchen assistant	1	0	0	1	1	1 (Daily wage)
11	cook	4	0	0	4	0	0
12	Dhobi	2	0	0	2	0	0
13	Therapist helper	0	6	0	6	0	0
14	sweeper	3	0	0	3	0	1(Daily wage)

15	Sweeper cum scavenger	2	0	0	2	0	0
16	watcher	1	0	0	1	0	1 (Daily wage)
17	Nursing supdt	2	0	0	2	0	0
18	Plumber	0	2	0	2	0	0
19	Electrician	0	2	0	2	0	0
20	Biogas operator	0	1	0	1	0	0
21	Plant operator	0	1	0	1	0	0
22	Driver cum security	0	5	0	5	0	0
23	Physiotherapist	0	2	0	2	0	0
24	Medical store staff	0	4	0	4	0	0
25	LGS	0	31	0	31	0	0

### Hospital pharmacy

SL NO	Designation	filled
1	Store supdt	1
2	Grade 1 pharmacist	1

<b>3</b>	Grade 2 pharmacist	5
<b>4</b>	Attender	1

## Annexure 2- Public Health Programs (NAM)

### Public Health Programs (NAM)

1. National Program for prevention and management of Osteoarthritis and other Musculoskeletal disorders Under department of Shalya tantra 2025 April -2025 september

Old op	New op	Total cases	Awareness classes	beneficiaries	Medical camps	beneficiaries
769	441	1210	13	477	7	306

2. Karunya National Public Health Programme For Palliative Care under Department of Swasthavritta (April 2025- October 2025)

Sl.no	Activity	Beneficiaries
1	Palliative visits done	46
2	Palliative patients seen	268
3	Medical camps	7
4	Beneficiaries	612
5	Awareness classes	5
6	Beneficiaries	174

3. SUPRAJA- National public health programme for AYUSH maternal and neonatal intervention has been approved for implementation at Government Ayurveda college , Trippunithura under NAM state annual action plan 2024-2025. The project began functioning on 17/10/2024 under department of Prasutitantra streeroga.

ANC	PNC	Awareness classes	Beneficiaries	Medical camps	Beneficiaries
98	120	24	520	4	452

4. Consolidation of PG research works done at Govt Ayurveda College Trippunithura and rationalization of their findings using appraisal with currently available evidences – Dept of Kriya Sareera-2025

#### Annexure 3- Ongoing Works – SAAP Category-wise

SLNO	NAME OF FACILITY	TYPE OF WORK	SAAP YEAR	APPROVED AMOUNT	STATUS
1	Pharmacy block	Construction	2024june-2025 september	200lac	ongoing
2	Evaluation center	Construction	2022	40.5lac	completed
3	Compound wall and renovation of PG Hostel	construction	2024-2025	17 lac	completed
4	Men's hostel, college building, renovation of AO room &Superintendent room with ac	Painting and renovation	2024-2025	24.99lac	completed

<b>5</b>	Making parking arrangement in west side of hostel phase 1&2	construction	2024-2025	78.35lac	completed
<b>6</b>	Renovation of Examination Hall	Repair works	2024 jan - 2024 mar	24.91lac	completed
<b>7</b>	Kitchen extension work	Plastering, painting, electrification and steel works	2021-2025	20 lac	completed
<b>8</b>	Green house in Dravya Guna department	Construction and renovation	2025	5lac	completed
<b>9</b>	Corridor in hospital for increasing area of OPD	Construction	2023-2024	40lac	completed
<b>10</b>	Bus shelter near mens hostel	construction	2025 april -2025 june	10.40lac	completed
<b>11</b>	College auditorium	renovation	2025-2026	91.57lac	ongoing
<b>12</b>	College reception area	Renovation	2025-2026	10lac	ongoing
<b>13</b>	Passage	Renovation	2025-2026	11.52lac	ongoing
<b>14</b>	Road retarring within collage campus	Renovation	2025-2026	66lac	ongoing

<b>15</b>	Setting up of smart class rooms	Renovation	2025-2026	4.50lac	ongoing
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## State-Level Team for Data Compilation, Analysis, and District Profile Drafting

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