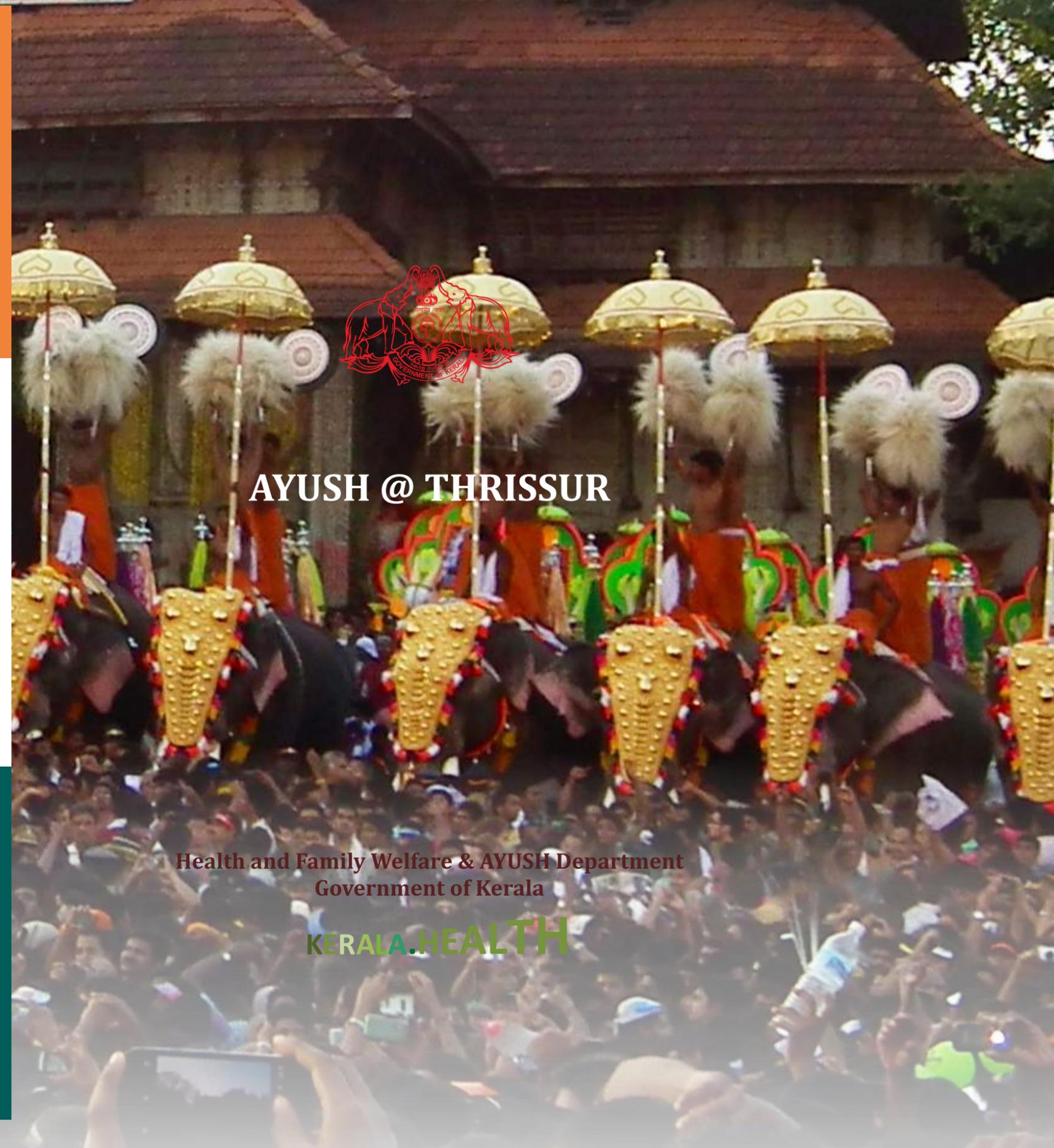




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January 2026

AYUSH @ THRISSUR



AYUSH @ THRISSUR

Health and Family Welfare & AYUSH Department  
Government of Kerala

KERALA.HEALTH

# **AYUSH @ THRISSUR**

**Health and Family Welfare & AYUSH Department  
Government of Kerala**

**KERALA.HEALTH**





## MESSAGE



GOVERNMENT OF KERALA

**Pinarayi Vijayan**

CHIEF MINISTER

No. 250/Press/CMO/26

26 February, 2026

## MESSAGE

The health and well-being of the people of Kerala have always been at the centre of the Government's development agenda. Alongside the achievements of modern medicine, Kerala's strong tradition of Indian Systems of Medicine and Homoeopathy continues to play a vital role in promoting preventive, promotive, and holistic healthcare. Strengthening AYUSH services is therefore integral to our vision of inclusive, people-centred, and sustainable health systems.

The District AYUSH documentation is an important initiative that informs the status and performance of AYUSH services at the district level. By systematically presenting information on institutions, human resources, service delivery, and programme implementation, this document provides a clear understanding of how AYUSH systems contribute to improving population health, particularly in primary care, lifestyle disease management, geriatric care, and community wellness.

Kerala's public health experience demonstrates that strong outcomes are achieved through a balanced approach that combines curative care with prevention, health promotion, and community participation. AYUSH institutions, especially at the grassroots level, have been instrumental in expanding access to affordable healthcare and strengthening wellness-oriented interventions. The collective efforts of the Departments of Indian Systems of Medicine, Homoeopathy, National AYUSH Mission, and local self-governments are clearly reflected in this profile.

I am sure that this District AYUSH documentation will serve as a valuable reference for policymakers, administrators, and health professionals.

I extend my appreciation to all those who contributed to this effort and wish every success to the continued strengthening of AYUSH healthcare in Kerala.

**Pinarayi Vijayan**

**Dr. Rajan Khobragade IAS**  
Addl Chief Secretary  
E-mail : [acskeralahealth1@gmail.com](mailto:acskeralahealth1@gmail.com)





## **Smt. Veena George**

Minister for Health &  
Family Welfare  
and Woman & Child Welfare  
Development  
Government of Kerala

## **Message**

The Government of Kerala remains committed to strengthening public health systems that are equitable, responsive, and people centred. Within this framework, AYUSH systems play a unique and complementary role by emphasising prevention, lifestyle modification, and long-term management of health conditions. The District AYUSH documentation represents an important step towards systematically documenting and strengthening these contributions.

This document provides a comprehensive overview of AYUSH services in the district, covering infrastructure, human resources, beneficiary utilisation, and key programmes implemented under the National AYUSH Mission. By consolidating reliable data and analytical insights, the profile supports informed planning, efficient resource allocation, and continuous improvement in service delivery.

AYUSH institutions have significantly expanded access to primary healthcare, particularly in rural and underserved areas. Interventions focusing on non-communicable diseases, geriatric care, women's and child health, school health, and wellness promotion have enhanced community engagement and reduced pressure on secondary and tertiary facilities. The integration of AYUSH services with broader health initiatives further strengthens continuity of care.

I appreciate the dedicated efforts of the state officers, district officials, programme managers, medical officers, and frontline staff of the Indian Systems of Medicine, Homoeopathy, and National AYUSH Mission in preparing this document. I urge health administrators and professionals to actively use this document for analysis, planning, and action. I am confident that this initiative will contribute meaningfully to improving the reach, quality, and impact of AYUSH services and to advancing Kerala's goal of comprehensive healthcare for all.

  
**Veena George**





## Preface

The Department of Health and Family Welfare, including AYUSH, and various organizations have been taking sustained efforts to strengthen health systems through evidence-based planning, decentralised governance, and intersectoral collaboration.

In order to assess various schemes and programs implementation, their outputs and outcomes a comprehensive document series is being undertaken by the Department. This document offers a structured and comprehensive account of AYUSH services in the district, encompassing institutional infrastructure, human resources, service utilisation, and programme implementation. It highlights the role of AYUSH in preventive and promotive healthcare, management of chronic conditions, and delivery of community-based wellness interventions. By presenting standardised data and district-specific insights, the document enables comparative assessment, gap identification, and priority setting. It gives information for doing integrative medicine practice especially for NCD management, palliative care and geriatric care.

The preparation of this document required coordinated efforts from district officials, programme teams, and healthcare providers across Indian Systems of Medicine, Homoeopathy, and the National AYUSH Mission. The process itself has strengthened data validation, improved documentation practices, and reinforced the importance of using evidence for decision-making.

I am confident that the District AYUSH documentation will serve as a useful resource for administrators, planners, researchers, and practitioners. It will support informed policy dialogue, guide programme strengthening, and encourage greater integration of AYUSH within the broader public health system.

I commend the state and district teams for their commitment and hope that this initiative will contribute to further improving the quality, accessibility, and effectiveness of AYUSH services across Kerala. I also urge all to institutionalize this mechanism and annually publish District documents so as to maintain focus on achieving the priorities as per the VISION 2031 plans.

**Dr Rajan Khobragade IAS**

Additional Chief Secretary  
Health & Family Welfare and  
AYUSH Department  
Govt of Kerala.



## MESSAGE



The preparation of the District AYUSH Profile marks a significant step towards strengthening evidence-based planning and systematic documentation within the Govt. AYUSH sector. This comprehensive record reflects the collective efforts of the Departments of Indian Systems of Medicine and Homoeopathy, National AYUSH Mission, and the Educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

The document provides a detailed overview of district-level AYUSH activities, infrastructure, human resources, and the programmes implemented under various components of the National AYUSH Mission (NAM). It also highlights the growing role of AYUSH in preventive, promotive, and curative healthcare, as well as its contribution to education and community well-being.

I commend the sincere efforts of all officials and district teams involved in compiling this profile. I am confident that the information contained herein will serve as a valuable tool for planning, monitoring, and strengthening AYUSH services at the grassroots level, thereby furthering Kerala's commitment to accessible, quality, and holistic healthcare for all.

**Dr. D. Sajith Babu IAS**

State Mission Director

National AYUSH Mission, Kerala



## MESSAGE



Kerala's public health system is widely recognised for its people-centred approach, emphasis on equity, and sustained focus on preventive and promotive healthcare. The State's effective integration of community participation with institutional governance has enabled the delivery of quality health services and established Kerala as a leader in public health administration.

The Department of Indian Systems of Medicine (ISM), Government of Kerala, forms a vital component of this framework. Through its extensive institutional network, the Department upholds the classical foundations of Indian Systems of Medicine while addressing evolving health needs, ensuring accessible, affordable, and culturally appropriate healthcare services across the State.

In this backdrop, the District Profile Handbook has been developed as a comprehensive reference document reflecting the status and performance of ISM services at the district level. It provides a structured overview of institutional capacity, human resources, infrastructure, service delivery, and programme implementation, thereby supporting evidence-based planning and informed administrative decision-making.

The district profiles were prepared through systematic data generation, analysis, and consolidation using the Department's digital information systems, ensuring accuracy, uniformity, and transparency, and reinforcing a data-driven approach to governance and service improvement.

I place on record my sincere appreciation to the Joint Director and coordination team of ISM, including administrative staff, and the entire team of the National AYUSH Mission (NAM) for their dedicated efforts in drafting, reviewing, analysing, and consolidating the district profiles. Their coordinated engagement and technical competence were instrumental in ensuring the quality, reliability, and timely completion of this handbook.

It is hoped that this handbook will serve as a valuable planning and management resource for administrators, programme managers, and stakeholders, and contribute meaningfully to the continued strengthening of Indian Systems of Medicine in Kerala.

**Dr. K S Preeya**

Director

Department of Indian Systems of Medicine,  
Government of Kerala.



## MESSAGE



The Kerala model of healthcare delivery has earned global recognition for its people-centred, inclusive, and equity-driven approach to public health. Rooted in the belief that healthcare is a fundamental right of every citizen, the State has consistently demonstrated how thoughtful public action, community participation, and strong institutions can together achieve health outcomes comparable with those of many developed nations.

The Department of Homoeopathy, Government of Kerala, is proud to be an integral part of this collective journey. Through a wide network of government homoeopathic hospitals and dispensaries, the Department continues to extend accessible, affordable, and quality-assured healthcare services to diverse sections of society, while upholding the values of compassion, accountability, and professional excellence.

In this backdrop, the District Profile Handbook has been conceived as more than a compilation of statistics, it is a reflection of the people, institutions, and systems that sustain homoeopathic healthcare at the grassroot level. By presenting a structured and comprehensive overview of institutional capacity, human resources, service delivery, infrastructure, and ongoing programmes, this handbook seeks to support evidence-based planning, informed decision-making, and responsive governance.

The preparation of these district profiles has been made possible through the effective use of the department software- Ayush Homoeopathy Information Management System (AHiMS), enabling reliable, standardised, and centrally compiled data at the Directorate level. This digital integration marks an important step towards transparency, efficiency, and continuous system improvement.

I express my sincere appreciation to the District Medical Officers and the district medical office team for the timely review of the document and their valuable additions. I also extend my sincere thanks to the District Medical Officers, the medical and paramedical team, and all other district officials, including the AHiMS District Trainers, whose dedication and diligence in the timely updation of data in AHiMS helped in the prompt compilation of the District Profile document. Their collective efforts reinforce our shared commitment in strengthening healthcare in Kerala.

It is my earnest hope that this handbook will serve as a valuable planning and management resource, inspire constructive dialogue among stakeholders, and contribute meaningfully to shape a healthier and more resilient Kerala in the years to come.

**Dr. M. P. Beena**

Director  
Department of Homoeopathy,  
Government of Kerala.



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## INTRODUCTION

The District AYUSH Profile has been developed to provide a comprehensive overview of the AYUSH sector within the district, covering all aspects related to the Department of Indian Systems of Medicine (ISM), Department of Homoeopathy, National AYUSH Mission (NAM) initiatives, and AYUSH educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

This document serves as an authentic reference source reflecting the overall status of AYUSH healthcare and education in the district. It consolidates detailed information on infrastructure, human resources, healthcare facilities, educational institutions, and various programmes and schemes implemented through the ISM and Department of Homoeopathy, including activities undertaken under different components of NAM.

Structured in a systematic format, the District AYUSH Profile compiles data and analytical insights through tables, charts, and concise narratives for clarity and ease of understanding. It is intended to support evidence-based planning, programme evaluation, and strategic strengthening of AYUSH healthcare and educational systems at the district level, while identifying existing gaps and priorities for future interventions.

The preparation of this document reflects a commitment to systematic documentation and the continuous strengthening of AYUSH health and educational systems. It is envisaged that this District AYUSH Profile will serve as a valuable resource for administrators, planners, academicians, and stakeholders engaged in the promotion, integration, and advancement of AYUSH systems in the district.



## Chapter 1

### THRISSUR DISTRICT - AN OVERVIEW

#### 1.1 Introduction

Thrissur is known as the cultural capital of Kerala and the land of Poorams. Thrissur is a revenue district of Kerala situated in the central part of that state, spanning an area of about 3,032 km<sup>2</sup>. Thrissur district is home to over 10% of Kerala's population. Thrissur district is bordered by the districts of Palakkad and Malappuram to the north, and the districts of Ernakulam and Idukki to the south. The Arabian Sea lies to the west, and the Western Ghats stretch towards the east. It is situated in southwestern India (10.52°N 76.21°E) and is in the central part of Kerala. As per the 2011 Census, Thrissur has a population of 31,21,200 individuals, of which 14,80,763 are males and 16,40,437 are females. The district records a sex ratio of 1107 females per 1000 males, higher than the state average, reflecting relatively favourable gender distribution. The population density stands at 1031 persons per km<sup>2</sup>, indicating a high concentration of people compared to many other districts. The district demonstrates remarkable achievements in human development indicators. The literacy rate is 95.08%, with male literacy at 96.78% and female literacy at 93.56%, showcasing minimal gender disparity in education. In terms of settlement distribution, 20,96,406 individuals reside in urban areas, while 10,24,794 live in rural regions, making Thrissur one of the more urbanized districts of Kerala



Figure :1.1 DISTRICT MAP

**Table 1.1 Demographic details**

<b>Demographic Indicators</b>	
Thrissur District – Area	3027 km2
Taluks	7
Panchayaths	86
Number of city corporations	1
Number of Municipalities	7
No: of Parliament constituencies	2
Population (2011)	31,21,200
Male	14,80,763
Female	16,40,437
Sex Ratio: Females/1000	1107
Density of Population	1031
Per Capita Income (in Rs)	21362/-
Literacy Rate	95.08%
Males	96.78%
Females	93.56%
Urban Population	2096406
Rural Population	1024794

*Source : Census Handbook*

## **1.2 The People and Population**

Thrissur, often hailed as the cultural capital of Kerala, is a vibrant district that blends tradition with progress. As per the latest census data, the district has a population exceeding

3 million, making it one of the more densely populated regions in the state. The population is characterized by a relatively high literacy rate, reflecting Kerala's broader emphasis on education and social development.

The people of Thrissur represent a harmonious blend of urban and rural communities. The district includes a mix of major towns such as Thrissur city, Irinjalakuda, Kunnankulam, and Chavakkad, along with a significant rural hinterland. This diversity influences the socio-economic fabric of the district and presents both opportunities and challenges in healthcare delivery.

The demographic profile of Thrissur includes a balanced age distribution, with a growing elderly population due to increased life expectancy and improved healthcare access. The sex ratio is favorable, with women slightly outnumbering men, consistent with broader trends in Kerala. A strong presence of Scheduled Castes and minority communities adds to the cultural richness and necessitates inclusive health strategies.

Thrissur district, , covers an area of 3,032 square kilometres and, as per the 2011 Census, has a total population of 3,121,200, accounting for about 9.35% of Kerala's total population. The population comprises 1,476,918 males and 1,644,282 females, resulting in a sex ratio of 1,113 females per 1,000 males, which is above the state average. The child population (0–6 years) forms around 9.3% of the total, with a child sex ratio of 957, indicating a balanced demographic pattern among children.

Thrissur has a literacy rate of 95.32%, with male literacy at 97.02% and female literacy at 93.79%, reflecting the district's emphasis on education and social progress. The district's population density is 1,030 persons per square kilometre, and Scheduled Castes (SCs) constitute about 10.5%, while Scheduled Tribes (STs) make up around 0.3% of the total population.

With a strong educational base, favourable sex ratio, and balanced rural–urban distribution, Thrissur demonstrates steady human development indicators. The district's diverse population, known for its cultural vibrancy and social awareness, contributes significantly to Kerala's demographic and socio-economic advancement.

### 1.3 Thrissur – Health Overview

Thrissur district has a well-organised and extensive healthcare network that serves both its urban and rural populations effectively. The district’s health infrastructure includes government medical institutions—such as the District Hospital, taluk and community health centres, and numerous primary health centres—alongside a robust private healthcare sector that provides advanced diagnostic and speciality care. Thrissur is also home to major referral institutions, including the Government Medical College, Thrissur, which functions as a key tertiary care and teaching hospital catering to the central region of Kerala.

Allopathic medicine forms the foundation of healthcare in Thrissur, delivering preventive, curative, and emergency services across a wide range of medical disciplines. In parallel, traditional systems under AYUSH—particularly Ayurveda, Homoeopathy, and Yoga & Naturopathy—play a significant role in promoting holistic health and preventive medicine. The district hosts several renowned Ayurveda institutions, including government and private hospitals, research centres, and wellness resorts that attract both local and international clients seeking traditional therapies.

Public health programmes in Thrissur focus on immunisation, maternal and child health, sanitation, and disease prevention, supported by active participation from local self-governments and community organisations. The district’s strong educational foundation and social awareness contribute to effective health promotion and preventive care.

Overall, Thrissur represents a balanced and integrated healthcare system, combining modern medical facilities with traditional healing practices, ensuring accessible, quality, and community-oriented health services for its diverse population.

### 1.4 AYUSH- Role in enhancing public health outcomes

Thrissur also has a significant presence of **traditional systems of medicine**, which function alongside modern healthcare services. The **Indian Systems of Medicine (ISM) Department**, particularly **Ayurveda**, has deep historical roots in the district, with several government Ayurveda hospitals, dispensaries, and educational institutions providing promotive, preventive, and curative services. Ayurveda in Thrissur plays an important role

in the management of lifestyle diseases, musculoskeletal disorders, geriatric care, women's health, and wellness-oriented therapies.

The **Department of Homoeopathy** contributes to district healthcare by offering affordable and accessible treatment for chronic and psychosomatic conditions, allergies, skin diseases, respiratory disorders, and non-communicable diseases. Homoeopathic institutions serve as an important component of outpatient care, especially for long-term ailments.

The implementation of the **National AYUSH Mission (NAM)** has further strengthened AYUSH services in Thrissur through improved infrastructure, availability of essential medicines, deployment of trained personnel, and the establishment of speciality clinics and wellness programmes. NAM-supported initiatives promote preventive healthcare, lifestyle modification, yoga, and community awareness, complementing the district's public health objectives.

In essence, Thrissur represents a unique confluence of **cultural excellence, historical depth, social harmony, and robust healthcare systems**. The harmonious integration of modern medicine with AYUSH traditions reinforces the district's commitment to holistic health and human development, making Thrissur not only the cultural heart of Kerala but also a district of enduring social and health resilience.

### **1.5 Key Achievements in AYUSH Healthcare Development**

The Government of Kerala has undertaken significant measures to strengthen Indian System of Medicine as part of its recent achievements. As part of this initiative, 82 Medical Officer posts and 162 paramedical staff positions, including 8 temporary posts, have been sanctioned to enhance service delivery and human resource capacity across ISM institutions. Further reinforcing secondary-level care, two Government Ayurveda Dispensaries have been upgraded to 10-bedded hospitals, namely Government Ayurveda Hospital, Moozhur in Kottayam district and Government Ayurveda Hospital, Pinarayi in Kannur district. These interventions reflect the State Government's commitment to improving infrastructure, expanding access to quality traditional healthcare, and ensuring better patient care through strengthened manpower and upgraded facilities.

Under the Homoeopathy Department, the Government of Kerala has achieved significant milestones in expanding access to public homoeopathic healthcare and strengthening institutional capacity. A total of 50 new homoeopathy facilities have been established across the State, ensuring that all Panchayats in Kerala are now covered with homoeopathy services, thereby achieving universal grassroots-level access. To support service expansion and improve care delivery, 50 new Medical Officer posts have been sanctioned. In line with the Government's vision to promote scientific validation and academic advancement in homoeopathy, the Department has also initiated structured research activities through Project HEART (Homoeopathy Evidence-based Advanced Research and Training). Further reinforcing research governance and ethical standards, a Scientific Advisory Board (SAB) and an Institutional Ethics Committee have been constituted under the Department. These initiatives collectively highlight the State's commitment to evidence-based practice, capacity building, and comprehensive healthcare delivery through homoeopathy.

National AYUSH Mission is the Centrally Sponsored Scheme under the Ministry of AYUSH. Government of India has launched the National AYUSH Mission (NAM) during 12<sup>th</sup> plan in 2014. In Kerala, the Mission has been operational since 2015. The primary objective of the National AYUSH Mission is to promote and mainstream traditional systems of medicine—Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy—within the public health delivery system. In Kerala, the Mission's activities are implemented through the State AYUSH Health Society at the State level and District AYUSH Health Societies at the district level. The Mission focuses on infrastructure development, human resource strengthening, ensuring adequate staffing in AYUSH hospitals, implementing projects in tribal areas, and establishing Ayushman Bharat AYUSH Health and Wellness Centres (Ayushman Arogya Mandirs - AYUSH). Out of the total budget, 75% is earmarked for the AYUSH Services, AYUSH Educational institutions and Ayush Health & Wellness Centre components, and 25% for the Flexipool component.

### **AYUSH Services Component**

#### **a) Infrastructure Development:**

Under the Upgradation of AYUSH Hospitals and Dispensaries scheme, NAM is

facilitating the renovation and upgradation of AYUSH educational institutions, hospitals, and dispensaries under the Department of AYUSH.

**b) Construction of Integrated AYUSH Hospitals:**

Under this component, new integrated hospitals are being established. So far, approval has been granted for the construction of five 50-bedded, four 30-bedded, and one 10-bedded Integrated AYUSH Hospitals.

c) Provision of additional human resources to AYUSH institutions.

d) Supply of hospital equipment to AYUSH healthcare facilities.

e) Supply of essential AYUSH medicines to healthcare institutions.

f) Allocation of contingency funds to address urgent institutional needs.

**g) Implementation of seven AYUSH Public Health Programmes across the State.** 238 units of programmes has been approved and being implemented.

**AYUSH Health and Wellness Centres (Ayushman Arogya Mandirs - AYUSH)**

These centres aim to deliver comprehensive primary healthcare through AYUSH systems, emphasizing disease prevention, health promotion, and Yoga-based lifestyle interventions. Each AYUSH HWC functions with an AYUSH Community Health Officer, Yoga Instructor, GNM-qualified Multi-Purpose Health Worker, and five ASHA workers. At present, 700 AYUSH dispensaries (420 ISM and 280 Homoeopathy) across Kerala have been upgraded to AYUSH Health and Wellness Centres.

**Flexipool Component**

Under the Flexipool component, **36 AYUSH public health programmes** are being implemented across the State to strengthen community-level AYUSH health promotion and wellness initiatives.

**Quality improvement of AYUSH Institutions**

To improve the service quality and infrastructure of AYUSH hospitals and Ayush Health & Wellness Centres, NAM is implementing NABH accreditation, Kayakalp and quality assurance programmes.

- In the first two phases, 250 AYUSH HWCs have already received NABH accreditation. An additional 250 centres have been selected for the third phase, and the process is

progressing.

- Implemented AYUSH KAYAKALP award for Ayush institutions.132 institutions got AYUSH Kayakalp award.

### **Training and Capacity Building**

Continuous capacity building and skill enhancement of AYUSH personnel form a key component of the Mission. Training is provided on clinical and technical subjects through both offline and online modes.

A Learning Management System (LMS) has been developed to facilitate online training, with eight AYUSH-based courses already available, covering Ayurveda, Homoeopathy, Yoga, and Naturopathy.

The establishment of the National Institute of Training in AYUSH (NITIA) is underway to provide National and International -level training and capacity-building programmes for AYUSH professionals.

### **AYUSH Gram Programme**

The AYUSH Gram initiative, implemented at the Block level, aims to combat lifestyle and non-communicable diseases through Yoga sessions and health awareness activities led by trained Yoga instructors and AYUSH medical officers.The programme is currently being implemented in 16 blocks across the State.

### **IT Projects initiated**

With the support of Kerala Start up Mission & KELTRON, following softwares were developed for Ayush Sector in the State -

- a) AYUSH Procurement software
- b) Learning Management Software
- c) ERP software for real time monitoring civil works
- d) Payroll and Attendance Management system for NAM
- e) AYUSH payment management software

### **E-Sanjeevani - Telemedicine**

Telemedicine services have been introduced in the AYUSH sector through the E-Sanjeevani platform. Two consultation hubs—one for Ayurveda and another for Homoeopathy—have already become operational. The State Telemedicine Hub is nearing completion.

### **AYUSH Yoga Clubs**

Established 10,000 Ayush Yoga Clubs under the aegis of Ayush HWC to prevent and manage the NCDs and for the well-being of the people. AYUSH Yoga Club locator app has also been developed to monitor and locate the yoga clubs.

## Chapter 2

### OVERVIEW OF AYUSH SERVICES

#### 2.1 Overview of AYUSH Services

The AYUSH system of healthcare in Thrissur District constitutes an integral component of the public health delivery network, ensuring the availability of accessible, comprehensive, and holistic medical care through the streams of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy. The district is supported by a well-organized service delivery framework comprising hospitals, dispensaries, specialty institutions, wellness centres, educational establishments, and extensive outreach health programmes. AYUSH services in the district effectively complement the conventional healthcare system by emphasizing preventive, promotive, curative, rehabilitative, and palliative care, with a strong focus on wellness promotion and sustainable lifestyle modification.

#### 2.2 History and Evolution of AYUSH Services in the District

Thrissur District has long been recognized as one of the major centres of traditional healthcare in Kerala, with a rich heritage of Ayurveda and other indigenous systems of medicine. Over the decades, Ayurveda and Homoeopathy services in the district were systematically brought under formal State Government administration and gradually expanded into a structured district-level healthcare system. With consistent institutional development, AYUSH services in Thrissur have evolved from isolated treatment facilities into a comprehensive and integrated service delivery network encompassing inpatient and outpatient care, specialty clinics, public health programmes, school and geriatric health services, pain management and lifestyle disorder clinics, and palliative care support. This progressive evolution reflects continuous strengthening of physical infrastructure, human resources, professional training, and effective integration with the National AYUSH Mission and broader public health initiatives.

#### 2.3 Administration and Governance Structure

The AYUSH services in Thrissur district are governed under the Department of AYUSH, Government of Kerala, functioning in coordination with the Directorate of Ayurveda Medical

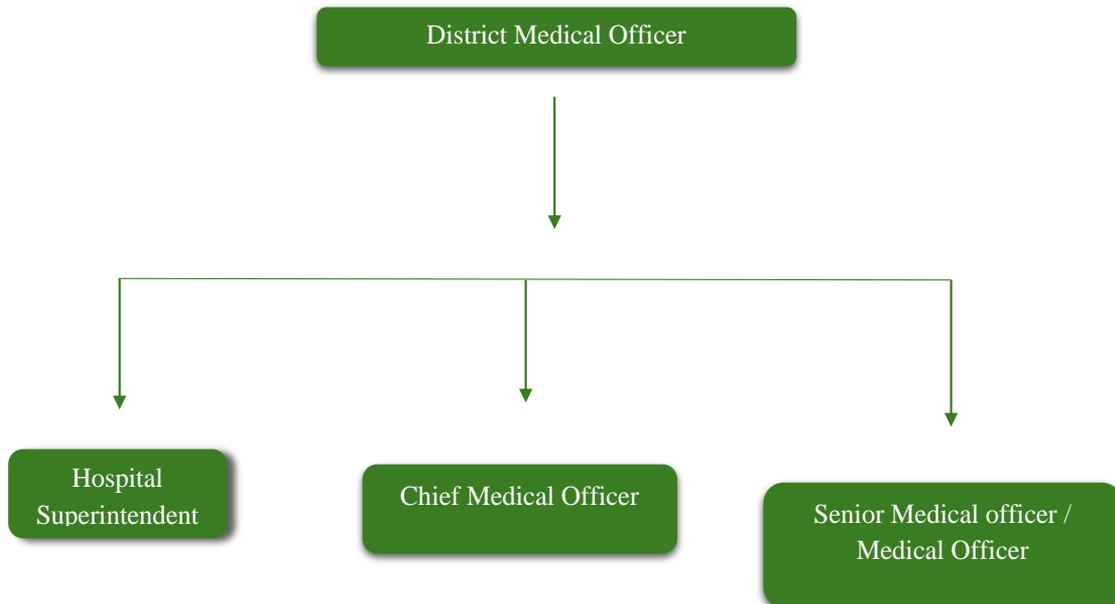
Education, Directorate of Indian Systems of Medicine, Directorate of Homoeopathy and Central AYUSH authorities wherever applicable. Administrative leadership is provided through district-level officers responsible for planning, service delivery, monitoring, staff deployment, programme implementation and financial management.

Key functions of the district administration include:

- Coordinating AYUSH hospitals, dispensaries and wellness centres
- Ensuring staffing, infrastructure and medicine supply
- Implementing National AYUSH Mission programmes
- Overseeing public health and outreach activities
- Monitoring financial utilisation and performance

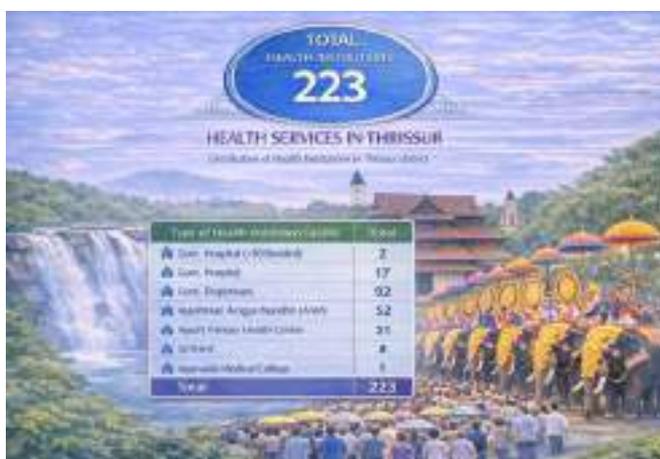
#### 2.4 Organogram - District Level Administrative Structure

At the district level, the administrative structure typically consists of:



## 2.5 Infrastructure Profile of the District

Thrissur district has a comprehensive AYUSH institutional network with a total of 223 facilities, comprising 117 ISM and 106 Homoeopathy units. The infrastructure includes 2 District Hospital units, 17 Government Hospitals under ISM, 92 Government Dispensaries, 52 Ayushman Arogya Mandirs, and 51 Ayush Primary Health Centres, ensuring strong primary and secondary care coverage. The presence of 8 SCPHHCs and one Ayurveda Medical College further strengthens specialized and academic support. The wide distribution and near-equal representation of ISM and Homoeopathy institutions highlight the district's robust capacity to deliver accessible, integrated and quality AYUSH healthcare services across urban and rural areas.

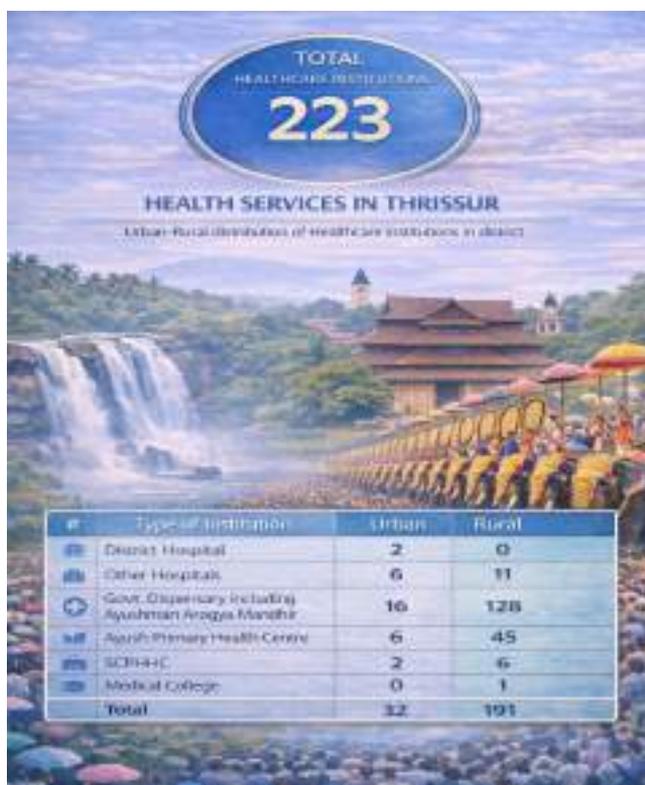


**Figure 2.5: Details of Facilities**

## 2.6 Health Facilities in Urban and Rural Areas

Thrissur district has a predominantly rural-oriented AYUSH infrastructure with a total of 223 institutions, of which 191 are located in rural areas and 32 in urban areas. The district has 117 ISM and 106 Homoeopathy facilities, including 2 District Hospital units, 17 other hospitals, 128 Government Dispensaries and Ayushman Arogya Mandirs, 45 Ayush Primary Health Centres, 8 SCPHHCs and one Ayurveda Medical College. The strong rural presence, especially of dispensaries and PHCs, reflects effective outreach and accessibility of AYUSH

services to the community, ensuring comprehensive primary and secondary care coverage across Thrissur district.



**Figure 2.6: Total AYUSH facilities in Urban and Rural Areas**

## 2.7 Hospital Details based on Bed Strength

Thrissur district has a total of 19 AYUSH Government hospitals with an overall bed strength of 378, indicating a well-developed inpatient care infrastructure. ISM accounts for 18 hospitals with 353 beds across a range of capacities from below 10 to 50 beds, ensuring graded secondary care services. Homoeopathy is represented by one 25-bedded hospital. The presence of hospitals with varied bed strengths reflects adequate and scalable inpatient facilities to meet the district's AYUSH healthcare needs.

Hospital based on bed strength	Number of Hospital	Total Bed strength
Govt. Hospital (10 Bedded)	2	8
Govt. Hospital (10 Bedded)	7	70
Govt. Hospital (20 Bedded)	3	60
Govt. Hospital (25 Bedded)	2	50
Govt. Hospital (30 Bedded)	3	90
Govt. Hospital (50 Bedded)	2	100
<b>Grand Total</b>	<b>19</b>	<b>378</b>

**Figure 2.7.1 Bed Strength in Hospitals under ISM & Department of Homoeopathy**

### 2.7.1 Bed strength in Medical College Hospital

Thrissur district has one Ayurveda Collegiate Hospital with a bed strength of 100, providing tertiary-level clinical services along with teaching and referral support, thereby strengthening advanced AYUSH healthcare and medical education in the district.

**Table 2.7.2: Bed Strength in Hospitals under ISM & Department of Homoeopathy**

Sl no	Stream	Number of Collegiate Hospital	Number of Beds
1	Ayurveda	1	100

## 2.8 Human resource Profile

### 2.8.1 HR under ISM & DH

#### 2.8.1.1 Availability of Medical Professionals

Thrissur district has a strong AYUSH human resource base with a total of 300 sanctioned medical posts under ISM and Homoeopathy. Of these, 200 are regular positions, including District Medical Officers, Hospital Superintendents, Chief Medical Officers, Medical Officers and Resident Medical Officers, ensuring effective clinical leadership and service delivery. An

additional 100 Medical Officer posts are supported under NHM and NAM, further strengthening primary and secondary care services. Overall, ISM accounts for 187 posts and Homoeopathy for 113 posts, reflecting a well-balanced and adequately staffed system to support comprehensive AYUSH healthcare across the district.



**Figure 2.8.1.1: Medical Professionals under ISM & DH**

### **2.8.1.2 Availability of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH**

Thrissur district has a robust AYUSH support workforce with a total of 582 sanctioned posts under ISM and Homoeopathy. This includes 389 paramedical staff, 27 administrative and ministerial personnel, and 166 other supporting staff, ensuring strong clinical, managerial, and operational support. The larger share under ISM (443 posts) and substantial Homoeopathy staffing (139 posts) together reflect adequate institutional capacity for efficient and quality AYUSH service delivery across the district.



**Figure 2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH**

## 2.8.2 HR under DAME

The human resource profile under the Directorate of Ayurveda Medical Education (DAME) in the district demonstrates a well-balanced and adequately staffed institutional framework. The workforce comprises 24 Medical Officers, 55 teaching faculty members, and 45 supporting personnel, amounting to a total strength of 124 employees. This composition reflects the district's strong academic and clinical capacity to deliver quality medical education, patient care, and institutional administration, thereby strengthening the overall performance and service delivery of the AYUSH healthcare system.

**Table 2.8.2: Human Resource under DAME**

Directorate	Medical officer	Teaching staff	Other staff	Total
DAME	24	55	45	124

## 2.9 Beneficiary Details

### 2.9.1 Beneficiary details under hospitals in ISM & DH

In Thrissur district, the average monthly service utilisation under AYUSH shows 2,600 outpatient visits and 377 inpatient admissions in ISM facilities, and 4,980 outpatient visits

and 43 inpatient admissions in Homoeopathy institutions, indicating substantial use of both outpatient and inpatient services.



**Figure 2.9.1.1 Hospital beneficiary details**

### 2.9.2 Beneficiary details under Dispensaries

In Thrissur district, the average monthly outpatient attendance at AYUSH facilities is 1,454 in ISM institutions and 1,001 in Homoeopathy institutions, indicating steady utilisation of services across both systems.



**Figure 2.9.1.2 Dispensary beneficiary details**

### 2.9.3 Beneficiary details under APHC

In Thrissur district, the average monthly outpatient attendance is 1,428 in ISM institutions and 1,264 in Homoeopathy institutions, reflecting consistent utilisation of AYUSH outpatient services.



Figure 2.9.1.3 APHC beneficiary details

### 2.9.4 Beneficiary details under DAME & DHME

Under the Directorate of Ayurveda Medical Education (DAME) in Thrissur district, the average monthly service utilisation is 5,042 outpatients and 125 inpatients, indicating substantial use of tertiary-level Ayurveda healthcare services.

Table 2.9.2 Beneficiary details under DAME & DHME

Directorate	Monthly Average OPD	Monthly Average IPD
DAME	5042	125

## 2.10 Public Health Programmes

### 2.10.1: Projects in Indian System of Medicine Department

- **Research Cell for Indian Systems of Sports Ayurveda** – Applies Ayurveda in sports medicine for injury prevention, treatment, and performance enhancement.

- **Snehadhara** – A statewide Ayurvedic palliative care programme offering home-based support for bedridden and terminally ill patients.
- **Geriatric Care Project** – Delivers comprehensive Ayurvedic care to improve the physical and emotional well-being of elderly patients.
- **Koumarabhrithya** – Offers Ayurvedic paediatric care for infections, nutritional issues, developmental problems, and post-COVID complications.
- **Prasoothithanthra** – Provides Ayurvedic gynaecology and obstetric services supporting women’s reproductive and maternal health.
- **Ksharasutra** – Specialised Ayurvedic treatment programme for piles, fissures, and fistulas with high success and low recurrence.
- **Nature Cure Hospital & Yoga Units** – Promotes drug-free lifestyle modification using yoga, naturopathy, diet, and holistic therapies.

### 2.10.2: Projects in Department of Homoeopathy

- **Seethalayam** – A women-focused homeopathy project providing treatment and counselling, especially for domestic-violence-affected and emotionally distressed women.
- **Punarjani** – A de-addiction project offering homeopathic treatment and counselling for alcohol, drug, and tobacco dependence.
- **Janani** – An infertility care project providing holistic homeopathic management for male and female infertility with supportive diagnostics.
- **Sadgamaya** – A child and adolescent wellness project addressing behavioural, emotional, learning, and developmental challenges.
- **Ayushmanbhava** – A lifestyle-disease programme providing homeopathy-based care, counselling, and yoga support for NCD management.
- **Rapid Action Epidemic Control Cell Homoeopathy (RAECH)** - Implementing preventive measures, strengthening early detection and treatment, training doctors, and supporting public health responses to communicable diseases across the state.

- **Palliative Care** – A comprehensive home-based and institutional palliative service for bedridden, terminally ill, and chronic-disease patients.

### 2.10.3: Projects in National Ayush Mission

- **National Programme for Prevention & Management of Osteoarthritis & Musculoskeletal Disorders** - AYUSH-based screening, treatment, lifestyle modification and rehabilitation services for osteoarthritis and other MSDs through HWCs and AYUSH institutions.
- **VAYO MITRA – AYUSH Geriatric Healthcare Services** - Promotes healthy ageing and provides preventive, promotive and therapeutic AYUSH care for senior citizens through community and clinic-based services.
- **AYURVIDYA – Healthy Lifestyle Promotion for School Children** - Creates awareness among school children on hygiene, nutrition, yoga, medicinal plants and AYUSH-based healthy living practices.
- **KARUNYA – AYUSH Palliative Services** - Delivers compassionate, holistic palliative and supportive care for patients with chronic and life-limiting illnesses through AYUSH interventions and home-based care.
- **SUPRAJA – AYUSH Maternal & Neonatal Healthcare** - Ensures holistic antenatal and postnatal care using AYUSH regimens, yoga, nutrition counselling and neonatal support to improve maternal-child outcomes.
- **Allergy & Asthma Special Clinic (Homoeopathy)** - Provides comprehensive Homoeopathic care for allergy, asthma and chronic respiratory diseases through OP/IP services and community outreach.
- **Ayurkarma** - Integrates Panchakarma therapies into rural Government Ayurveda Dispensaries to ensure affordable access to specialised Ayurvedic procedures.
- **Mental Health Specialty Clinics in AYUSH** - Offers Ayurveda and Homoeopathy-based mental health care for depression, anxiety, behavioural problems and women- and child-specific psychological needs.

- **AYUSH Infertility Clinics** - Provides holistic infertility management for men and women using Ayurveda, along with counselling and lifestyle guidance.
- **Drishti – AYUSH Eye Care Programme** - Focuses on early detection and non-surgical management of eye diseases while preventing visual disorders through screening and affordable treatment.
- **Physiotherapy Units in Government AYUSH Hospitals** - Establishes physiotherapy services in AYUSH hospitals to support rehabilitation and chronic disease care.
- **Sports Ayurveda Project** - Provides Ayurveda-based injury prevention, treatment and performance enhancement support for athletes.
- **MPHW Support for Ayushman Arogya Mandirs** - Deploys trained Multi-Purpose Health Workers to strengthen AYUSH primary care, outreach, NCD care and public health services.
- **Arunima – Anaemia Eradication through Ayurveda** - Implements Ayurvedic screening, counselling and treatment programmes to reduce nutritional anaemia, especially among vulnerable populations.
- **Homoeopathy Thyroid Special Clinic** - Provides community-based screening and holistic Homoeopathic management of thyroid disorders with special focus on women.
- **Training & Capacity Building for AYUSH HR** -Enhances skills and service quality of AYUSH professionals through structured clinical, administrative and digital health training.
- **Yoga Wellness Centres** - Promotes Yoga and Naturopathy-based lifestyle modification and NCD prevention through dedicated wellness centres.
- **NCD Management through AYUSH** - Provides integrated AYUSH-based prevention, screening and management of major non-communicable diseases across the State.

- **Siddha Therapy Units** -Provides specialised Siddha Varma and external therapies for neuromuscular and musculoskeletal conditions within the public health system.
- **IEC Activities & Public Awareness Initiatives** - Strengthens public awareness on AYUSH facilities, programmes and achievements through newsletters, campaigns and participation in events.
- **AYUSH Gram** - Promotes AYUSH-based lifestyle, herbal awareness, yoga and preventive healthcare practices at the village level through community-based initiatives.

### 2.11 Standardisation of Institutions

Quality assurance initiatives in Thrissur district indicate systematic adoption of accreditation standards across AYUSH institutions. A total of **20 institutions** have achieved **NABH Entry-Level Certification**, while **52 institutions** are accredited as **Ayushman Arogya Mandir-AYUSH (AAM-A)**. Both ISM and Homoeopathy institutions actively participate in standardisation processes, reflecting a strong commitment to quality improvement, patient safety, and service excellence.



**Figure 2.11: Standardisation of Institution**

## 2.12 Digital Health

- ISM-eHospital – A digital hospital management system currently implemented in 8 AYUSH institutions for streamlining patient care, records, and hospital services.
- AHIMS (Ayush Hospital Information Management System) – A comprehensive AYUSH health-data and service-delivery platform implemented in 36 institutions to support digital health transformation.



**Figure 2.12: Digital Health**

## 2.13 Laboratory & Diagnostic Facilities

Thrissur district has a total of 19 AYUSH laboratory facilities, comprising 18 under ISM and 1 under Homoeopathy, supporting diagnostic services and quality care across the district.



**Figure 2.13: Details of Laboratory facilities**

## 2.14 Financial Expenditure

The financial performance of AYUSH programmes in Thrissur district during 2023–24 and 2024–25 indicates efficient fund utilisation under both ISM and Homoeopathy. In 2023–24, ISM utilised ₹135.54 lakhs out of ₹135.54 lakhs released, while Homoeopathy spent ₹65.24 lakhs against a release of ₹71.15 lakhs. In 2024–25, ISM recorded an expenditure of ₹115.96 lakhs against a release of ₹110.60 lakhs, and Homoeopathy achieved near-total utilisation with ₹48.27 lakhs spent out of ₹48.28 lakhs released. Overall, the high level of expenditure against released funds reflects sound financial management and effective implementation of AYUSH programmes in the district.



**Figure 2.14: Financial Expenditure**

## Chapter 3

### DEPARTMENT OF INDIAN SYSTEMS OF MEDICINE FACILITIES & SERVICES

#### 3.1 Introduction

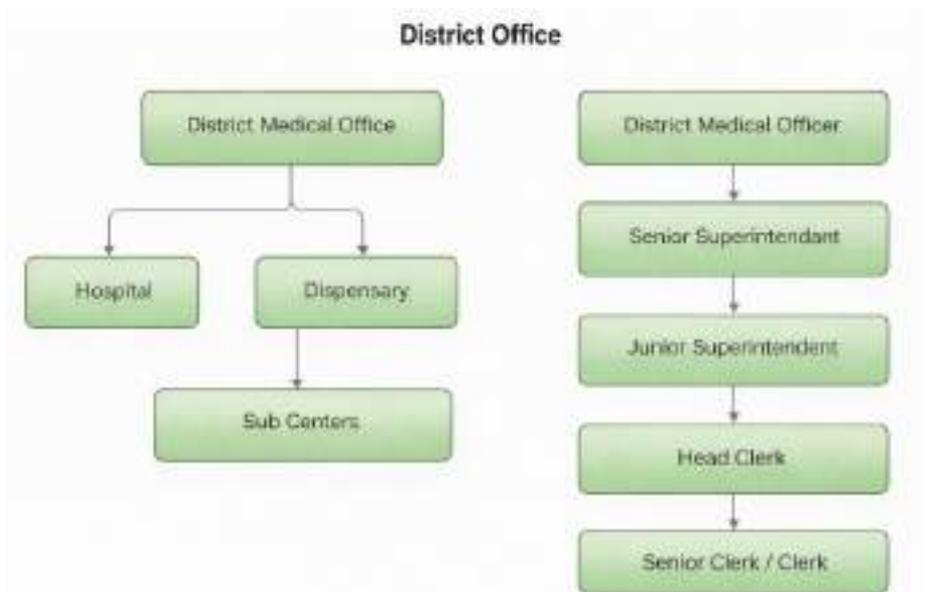
Thrissur District, centrally located in the state of Kerala, represents a region of significant cultural, ecological and health importance, with a long-standing and well-established tradition in the Indian Systems of Medicine, particularly Ayurveda. The district is characterised by a diverse geography comprising coastal belts, extensive midland paddy wetlands including the Kole lands, riverine systems such as the Chalakudy, Karuvannur and Bharathapuzha, and the eastern highland regions adjoining the Western Ghats, all of which influence local health determinants and disease patterns. Thrissur's population demonstrates high health awareness, literacy and utilisation of traditional medicine, alongside a rising burden of lifestyle-related non-communicable diseases, geriatric health concerns, musculoskeletal disorders, and stress-related conditions, where ISM interventions play a significant preventive, promotive and curative role. Seasonal communicable diseases, vector-borne illnesses and water-borne conditions are observed, particularly in flood-prone wetland and river basin areas, underscoring the relevance of classical preventive measures and public health principles of Indian medicine. The district is vulnerable to recurrent monsoon-related floods, waterlogging, heat stress, and occasional landslides in the eastern taluks, necessitating disaster-resilient, community-oriented ISM health services, including post-disaster care, immune-promotive measures and mental health support. In this context, Thrissur District offers a robust platform for strengthening the integration, accessibility and public health application of Indian Systems of Medicine within the overall healthcare delivery framework.

#### 3.2 Administration

Thrissur district, situated in the central part of Kerala, holds a distinguished position in the field of public health, particularly through the effective integration of Ayurveda and Indian systems of medicine (ISM) into the government health network. The district has a well-

organized structure of healthcare delivery under the Department of Indian Systems of Medicine, comprising government Ayurveda hospitals, dispensaries, and specialty centres that provide preventive, promotive, and curative care to the community. Thrissur is home to reputed institutions such as KISAR(Kerala Institute for Sports Ayurveda and Research) an elite institution for sports rehabilitation in India and Ayurveda Colleges and research centres that strengthen traditional medicine practice and education. These facilities cater to a wide range of conditions, including chronic diseases, musculoskeletal disorders, and lifestyle-related ailments, reflecting the growing public preference for holistic and natural treatments. Government initiatives such as Ayushman Bharat – Ayush services, School Health Programs, and Ayurveda lifestyle promotion camps are actively implemented in the district, promoting health awareness and disease prevention. In addition to Ayurveda, other systems like Siddha, Unani, Yoga, and Naturopathy are also practiced, expanding the scope of integrative healthcare. Overall, Thrissur district exemplifies Kerala’s commitment to combining modern healthcare with traditional systems, ensuring accessible, sustainable, and culturally rooted health services for its population.

### 3.2.1 District Administration of the Department



### 3.2.2 District Medical Office Profile

**Table No: 3.2.2: District Medical office Profile**

Post	Office Address	Office Number	Mail id
<b>District Medical Officer</b>	The District Medical Office, Indian Systems of Medicine, Thrissur, PO.Thiruvambady West Palace Road, Thrissur - 680022	0487 2334313	dmoismtcr@gmail.com

\* Source - district data

### 3.2.3 Structure of DMO office

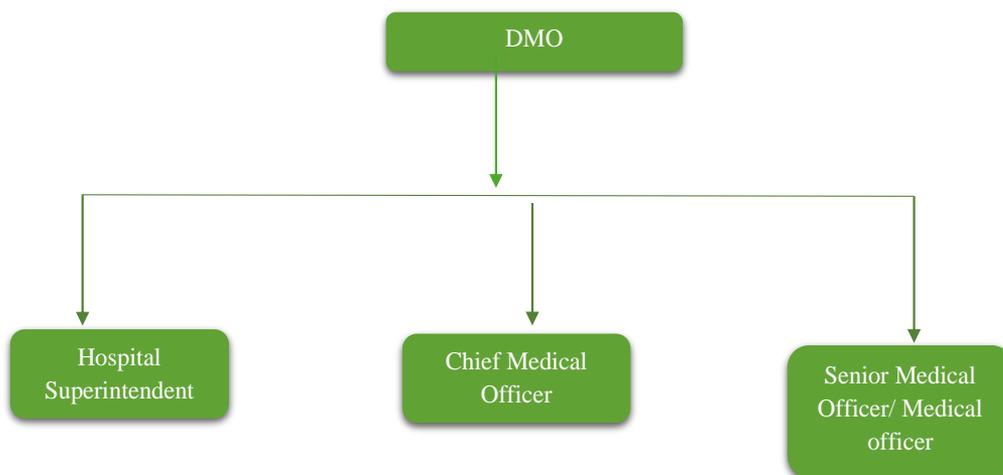
The district ISM office is staffed with 21 personnel, led by one District Medical Officer (DMO). Administrative functions are supported by one Senior Superintendent, two Junior Superintendent, seven Senior Clerks, and five Clerks. Support staff include two Typists, one Driver, two Office Attendants, and one Part-Time Sweeper, ensuring smooth and efficient office functioning.

**Table No: 3.2.3: Structure of DMO office**

Sl No.	Designation	No. of Officers
1	DMO	1
2	Senior Superintendent	1
3	Junior Superintendent	2
4	Senior Clerk	7
5	Clerk	5

6	Typist	2
7	Driver	1
8	Office Attendant	2
9	Part Time Sweeper	1

Source - district data



### 3.3 Infrastructure Profile of the District

Thrissur district has a robust network of Ayurveda and AYUSH facilities, integrating traditional medicine into public healthcare. The district is served by the District Ayurveda Hospital (RVDAH Thrissur) and several Government Ayurveda Hospitals located at key towns, including KISAR, Irinjalakuda, Guruvayur, Anthikkad, Kodakara, Valappad, Chelakkara, Puthenchira, Santhipuram, Azhikode, Annamanada, Kadangode, Villadom, Pullut, and Kuzhikkatussery. These hospitals provide both in-patient (IP) and out-patient (OP) care, offering authentic Ayurvedic treatment, chronic disease management, and wellness services.

The district also has an extensive network of Government Ayurveda Dispensaries, totaling over 50 centers across urban and rural areas, including Ashtamichira, Chalakudy, Chammanoor, Chazhoor, Choondal, Desamangalam, Edavilangu, Eravu, Erayamkudy, and

many more. These dispensaries primarily provide OP care, preventive health services, and guidance on Ayurvedic lifestyle practices.

In addition, Ayushman Arogya Mandirs (Ayurveda) and Ayush Primary Health Centres (Ayurveda) are strategically located to ensure accessibility in smaller towns and villages, including Avinisserry, Avittathur, Ayyanthole, Chengalur, Chovvannur, Kallur, Kandassamkadavu, Kodannur, Koolimuttom, Kunnamkulam, Kuzhur, Mullassery, Pariyaram, Thrithalloor, and Vellangallur. These centers focus on preventive, promotive, and primary healthcare services.

The district also hosts a few Visha Vaidya dispensaries and hospitals, which specialize in classical Ayurvedic treatments for poisoning and complex ailments.

### 3.3.1 Details of Facilities

The district has a total of 116 AYUSH health institutions, comprising 1 District Hospital, 17 Government Ayurveda Hospitals, and 51 Government Ayurveda Dispensaries forming the secondary and primary care backbone. In addition, Ayushman Arogya Mandir (Ayurveda) facilities account for 33 centres. Primary-level services are further strengthened through 14 AYUSH Primary Health Centres (Ayurveda) ensuring healthcare coverage across the district.

**Table No: 3.3.1: Details of ISM health facilities**

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Government Ayurveda Hospital	17
3	Government Ayurveda Dispensary	51
4	Ayushman Arogya Mandir (Ayurveda)	33
5	Ayush Primary Health Centre Ayurveda	14
	<b>Total</b>	<b>116</b>

*Source - district data*

### Details of ISM Facilities are attached as Annexure 3.3.1

#### 3.3.2 Hospital Details based on Bed Strength

The district has 18 Government Ayurveda hospitals with a total bed strength of 353, comprising 2 hospitals below 10 beds (8 beds), 7 ten-bedded (70 beds), 3 twenty-bedded (60 beds), 1 twenty-five-bedded (25 beds), 3 thirty-bedded (90 beds), and 2 fifty-bedded hospitals (100 beds), ensuring graded inpatient care across the district.

The distribution of beds across small, medium, and large hospitals ensures that both routine and specialised inpatient care can be delivered effectively to the district population. This tiered capacity supports the provision of comprehensive Ayurveda-based treatment, preventive care, and wellness services, strengthening the accessibility and quality of traditional healthcare in Thrissur district.

**Table No: 3.3.2: Hospital Details based on Bed Strength**

Sl no	Hospitals based on bed strength	No of Hospitals	Bed strength
	GOVT. HOSPITAL ( below 10-bedded)	2	8
<b>1</b>	GOVT. HOSPITAL (10 BEDDED)	7	70
<b>2</b>	GOVT. HOSPITAL (20 BEDDED)	3	60
	GOVT. HOSPITAL (25 BEDDED)	1	25
<b>4</b>	GOVT. HOSPITAL (30 BEDDED)	3	90
<b>5</b>	GOVT. HOSPITAL (50 BEDDED)	2	100
	<b>Total No. Of Beds/ Hospitals</b>	<b>18</b>	<b>353</b>

Source - district data

### 3.3.3 Health Facilities in Urban and Rural Areas

Thrissur district has 116 AYUSH health institutions, with 96 (82.8%) in rural areas and 20 (17.2%) in urban areas, showing a clear rural focus of AYUSH services.

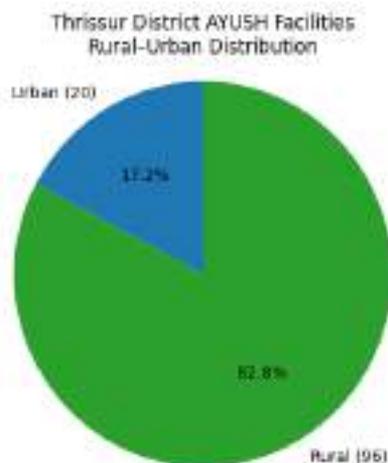
The District Hospital (1) is located in an urban area. Among Government Ayurveda Hospitals (17), 11 are rural and 6 are urban, providing both secondary care and local access. Government Ayurveda Dispensaries including Ayushman Arogya Mandirs (84) are mainly rural (73), forming the backbone of primary AYUSH care. Similarly, Ayush Primary Health Centres (14) are mostly rural (12).

Overall, AYUSH services in Thrissur are predominantly rural-oriented, supporting primary and preventive healthcare at the community level, while urban facilities function mainly as referral and specialised centres.

**Table No: 3.3.3: Institution Details based on Urban & Rural**

Sl no	Type of Health Institution	Total no: in the district	Urban	Rural
1	District Hospital	1	1	
2	Government Ayurveda Hosnital	17	6	11
5	Government Ayurveda Dispensary including Avushman Arogya	84	11	73
7	Ayush Primary Health Centre	14	2	12
	<b>Total</b>	<b>116</b>	<b>20</b>	<b>96</b>

Source - district data



**Figure 3.3.3 Health Facilities in Urban and Rural Areas**

### 3.4 Human Resource Profile of the District

The staffing pattern comprises medical, paramedical, administrative, and support posts to ensure smooth functioning of AYUSH institutions. Medical posts include the District Medical Officer, Chief Medical Officers, Medical Officers, and the Administrative Officers, who are responsible for planning, supervision, clinical care, and overall management. Paramedical and technical staff, such as Nurses, Pharmacists, Therapists, Lab Technician, and Nursing Assistants, support patient care, drug dispensing, and therapeutic procedures.

Administrative and clerical staff—including Superintendents, Clerks, Typists, and Drivers—manage office work, records, logistics, and institutional operations. Support staff, such as Attenders, Sanitation Workers, Cooks, and Sweepers (full-time, part-time, and casual), ensure cleanliness, nutrition services, and day-to-day maintenance of health facilities. Together, these posts form an integrated workforce essential for effective delivery of AYUSH healthcare services.

#### 3.4.1 Availability of Medical Professionals

Thrissur district has 187 sanctioned Medical Officer posts. All senior administrative and supervisory posts under ISM, including District Medical Officer, Hospital Superintendent, and Chief Medical Officers, are filled.

**Table No: 3.4.1: Details of Medical Professionals under the ISM /NAM/NHM in the District**

Sl no	Category	Sanctioned	Filled	Vacant
<b>Medical Officers under the ISM</b>				
1	District Medical Officer	1	1	0
2	Hospital Superintendent	1	1	0
3	Chief Medical Officers	9	9	0
4	Medical Officer	125	120	5
	<b>Total</b>	<b>136</b>	<b>131</b>	<b>5</b>
<b>Medical Officers Under NAM/ NHM</b>				
1	Medical officer (NHM)	16	16	0
2	Medical officer (NAM)	35	35	0
	<b>Total</b>	<b>51</b>	<b>51</b>	<b>0</b>
	<b>Grand Total</b>	<b>187</b>	<b>182</b>	<b>5</b>

\* Source - district data

### 3.4.2 Number and Distribution of Health Care Professionals

The staffing structure includes a range of paramedical and support staff essential for AYUSH service delivery. Nurses provide inpatient and outpatient nursing care and assist in clinical procedures. Pharmacists are responsible for the procurement, storage, and dispensing of medicines, as well as maintaining drug inventories. Lab Technicians support diagnostic services through basic laboratory investigations.

Therapists play a key role in administering Panchakarma and other Ayurvedic therapeutic procedures. Nursing Assistants support nurses in patient care, ward management, and clinical assistance. Attenders assist in patient movement, ward maintenance, and routine institutional functions. Together, these staff categories ensure effective clinical care, therapeutic services, and smooth day-to-day functioning of AYUSH health institutions.

**Table 3.4.2.1- Details of Paramedical posts Sanctioned under the ISM department in the District**

Sl No	Designation	Sanctioned	Filled	Vacant
1	Nurse	46	46	0
2	Pharmacist	91	88	3
3	Lab Technician	1	1	0
4	Therapist	15	13	2
5	Attender	104	104	0
6	Nursing assistant	38	38	0

*\* Source - district data*

### **3.4.2.1- Details of Administrative & Ministerial posts Sanctioned under the ISM in the District**

The administrative and ministerial staff manage the overall administration and day-to-day functioning of AYUSH institutions. Under DMO, Senior and Junior Superintendents oversee office administration, coordination, and supervision of ministerial work. The Administrative Officer is responsible for institutional management, financial administration, and policy implementation.

Senior Clerks, Clerks, Clerk-cum-Typist, and Senior Grade Typist handle file processing, record maintenance, correspondence, data entry, and documentation. The Driver supports

official travel and logistics, while Office Attendants (Peons) assist in routine office duties, movement of files, and general upkeep, ensuring smooth administrative operations.

**Table 3.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the ISM in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1.	DMO	1	1	0
2.	Senior Superintendent	1	1	0
3.	Junior Superintendent	2	2	0
4.	Senior Clerk	7	7	0
5.	AO	1	1	0
6.	Clerk	5	5	0
7.	Clerk cum Typist	1	1	0
8.	Senior Grade Typist	1	1	0
9.	Driver	1	1	0
10.	Office Attendant (Peon)	2	2	0

\* Source - district data

### 3.4.2.2- Details of other staff, Sanctioned under the ISM in the District

The supporting staff ensures the smooth daily functioning and hygiene of AYUSH institutions. Cooks are responsible for preparing meals for inpatients and staff. Sanitation Workers maintain cleanliness and hygiene in wards, therapy rooms, and premises. Full-time and Part-time Sweepers assist with cleaning, waste management, and upkeep of the facilities, providing essential support for a safe and healthy environment within the institution.

**Table 3.4.2.3- Details of Other posts Sanctioned under the ISM in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1	Cook	17	16	1
2	Sanitation Worker	16	16	0
3	Full Time Sweeper	2	1	1
<b>Other Supporting Staff</b>				
1	Part Time Sweeper	92	67	25

\* Source - district data

### 3.5 Beneficiary Details

Understanding beneficiaries is crucial for designing effective health policies, allocating resources efficiently, and ensuring that healthcare services reach those in need. In the district, all hospitals provide effective Outpatient (OPD) and Inpatient (IPD) services based on their respective bed strength, and the average monthly OPD and IPD figures are presented below.

#### 3.5.1 ISM Hospitals

R V D A H Thrissur has the highest OPD (7,589) and IPD (2,218), reflecting its role as the main referral and tertiary centre. KISAR has the largest bed strength (50) but relatively lower patient load, focusing on specialised care and sports Ayurveda research. Most smaller Ayurveda hospitals (10–30 beds) handle OPDs ranging from 1,400 to 3,500 per month and IPDs from 60 to 787, showing active primary and secondary care services. GVVH facilities have fewer beds (4) and lower OPD/IPD, consistent with their specialised or community-focused roles.

**Detailed beneficiary details in the Hospitals are attached as annexure 3.5.1**

#### 3.5.2 ISM Dispensaries

Average OPD ranges from 869 (GAD Porkulam) to 2,747 (GAD Pananchery), showing variation in patient load. High OPD dispensaries (>2,000) like Pananchery, Methala, Machad, Ollur, Kaipamangalam, Chalakkudy act as major primary care hubs. Most dispensaries handle 1,000–1,800 OPD patients per month, reflecting active community-level Ayurvedic

care. Very small OPD centres (<1,000) are limited, indicating most dispensaries are well-utilised and accessible.

### Detailed beneficiary details in the Dispensaries are attached as annexure 3.5.2

#### 3.5.3 APHC dispensaries

Average monthly OPD per institution ranges from 1,230 (Melloor) to 1,851 (Kadappuram). Kadappuram, Mattathur, Vadakkekka, and Velloor are among the busiest centres. Total patient load across the 14 institutions is 19,987 per month, showing a healthy community utilization of Ayurveda services. Most institutions have OPD between 1,200–1,500, indicating a well-distributed patient flow across the region.

### Detailed beneficiary details in APHC are attached as annexure 3.5.3

#### 3.6 Department Plan Projects

The Department of ISM conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The National AYUSH Mission also provides support for these projects.

**Table 3.6: Plan projects**

Sl no	Programme name	Facility	Post assigned
1	Snehadhara	GAH Anthikkad	Nurse -1 Attender -1
		GAD Irunilamkode	
		GAD Avinissery	
2	Prasoothithantha	GAH Villadom	Medical Officer - (NAM HR)
		GAH Kodakara	Attender -1

3	Koumarabhrithyam	GAH Aloor	Medical Officer -1 Attender -1
4	Geriatric	GAH Puthenchira	Therapist - 2 Caretaker -1 (include 1 Therapist Vacancy)
5	Drishti	RVDAH	Optometrist -1 Attender -1
6	Sports Ayurveda	KISAR	Medical Officer -1 (NAM HR) Therapist -1 (NAM HR)
7	Yoga	RVDAH	Medical Officer -1
8	Panchakarma	RVDAH	16-Therapist (12 vaccant)
		GAH Puthenchira	
		GAH Valappad	
		GAH Guruvayur	
		GAH Anthikkad	
		GAH Kodakara	
		GAH Azhikode	

9	Manasikam	RVDAH	Medical Officer -1 (NAM HR) Attender -1
10	Ksharasoothra	GAH Chelakkara	Attender -2

\* Source - district data

### 3.6.1 Snehadhara

To provide Ayurveda palliative care for bed bound and home bound patients. It focuses on regular monitoring of blood pressure, sugar levels, sleep micturition, bowel function, psychological status, emotional and spiritual well-being and overall quality of life. To prevent bed sores and muscle wasting, gastrointestinal disturbances, caused by low peristaltic movements and constipation due to chemotherapy.

**Table 3.6.1: Snehadhara Annual Report (2022-2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	5.16 L	767
2	2023-24	6.83 L	1339
3	2024-25	6.38 L	1556

\* Source - district data

### 3.6.2 Prasoothi tantra

Prasuti thantra project aims to improve gynecological health. It focuses on five major areas of women's health- dysmenorrhea, abnormal vaginal discharge, antenatal care survey, post natal care and management of menopausal syndrome.

**Table 3.6.3: Prasootithanthra Annual Report (2022-2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	9.24 L	3708
2	2023-24	7.56 L	3202
3	2024-25	7.16 L	2923

\* Source - district data

### 3.6.3 Koumarabhrithyam

This project aims to provide OP treatment for all kinds of child disorders. It mainly focuses on respiratory diseases, gastro intestinal diseases, skin diseases, nutritional diseases, developmental disorders, and learning disabilities, medicines for new born care, out reach activities and awareness campaigns.

**Table 3.6.3: Koumarabhrithya Annual Report (2022-2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	7.31 L	3915
2	2023-24	6.12 L	3319
3	2024-25	4.94 L	2905

\* Source - district data

### 3.6.4 Geriatric

Aim to improve health and quality of life of geriatric patients (above 60 years with low income) in IPD and long term settings. This project focuses on locomotor degenerative disorders, neurological disorders, comorbidity management, long term care and follow up medicines.

**Table 3.6.4 Geriatric Care Project Annual Report (2022–2025)**

SL No	Year	Expenditure	No. of patients
1	2022-23	8.49L	2583
2	2023-24	7.10 L	1878
3	2024-25	6.09L	2267

\* Source - district data

### 3.6.5 Drishti project

The DRISHTI project of the Department of Indian Systems of Medicine (ISM) in Thrissur, Kerala, is a comprehensive eye care initiative aimed at preventing avoidable blindness in the community through Ayurveda treatments. The project focuses on screening and treating school-going children (ages 6-16) for refractive errors, as well as identifying early signs of cataracts, diabetic retinopathy, and glaucoma in the general community.

**Table 3.6.5: Drishti Annual Report (2023–2025)**

Year	Estimated Expenditure (INR L)	Estimated No. of Patients
2023-24	5.72	1,245
2024-25	5.24	1,568

\* Source - district data

**Figure 3.6.5: Drishti project**

### 3.6.6 Yoga and naturopathy

To implement Yoga and Naturopathic intervention programme that target NCDs mainly obesity and its related comorbidities. It focuses on BMI reduction, pain management in OA, glycemic control in type-2 DM, and managing BP variations, LFT changes in fatty liver, pain management in OA and cervical spondylosis, awareness and out reach activities on preventive health practices.

### 3.6.7 Panchakarma

This project aims to provide authentic panchakarma services to patients. It provides OP based panchakarma service through qualified panchakarma therapists.

### 3.6.8 Ksharasootra

This projects aims to provide scientific and effective management of piles, fistula, fissure and other banorectal diseases through Ayurveda. It focuses on effective management, differential diagnosis and guidance in anorectal disorders. It also provides awareness of ksharasutra therapy as a conservative therapy, awareness among anorectal disease prevention.

**Table 3.6.8 : Ksharasutra Annual Report (2022–2025)**

Sl No	Year	Expenditure	No. of patients
1	2022-23	1.67 L	332
2	2023-24	1.79 L	635
3	2024-25	2.13 L	978

\* Source - district data

### 3.6.9 Manasikam Project

To manage psychiatric problems in society through Ayurveda. It focuses on insomnia , anxiety disorders, depression, organic mental disorders, psycho active substance abuse disorders, Schizophrenia, delusion, affective disorders, neurotic stress-related disorders, behavioural disorders, personality disorders, mental retardation, psychological developmental disorders.



**Figure 3.6.9: Manasikam Project**

### 3.7 Standardisation of Institutions

#### 3.7.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Thrissur District, NABH standards are being adopted in ISM institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

**Table 3.7.1: Details of NABH Entry-level Accreditation Institutions**

Sl. No	Name of Facility	NABH Level (I / II Phase)	Status (Achieved/ Ongoing)
1	GAD Chowannur	NABH ( Phase 1)	Achieved
2	GAD Avittathur	NABH ( Phase 1)	Achieved
3	GAD Mundathicode	NABH ( Phase 1)	Achieved
4	GAD Ayyanthole	NABH ( Phase 1)	Achieved

5	GAD Chengalur	NABH ( Phase 1)	Achieved
6	GAD Kodannur	NABH ( Phase 1)	Achieved
7	GAD Alagappanagar	NABH ( Phase 2)	Achieved
8	GAD Elavally	NABH ( Phase 2)	Achieved
9	GAD Kadukutty	NABH ( Phase 2)	Achieved
10	GAD Pariyaram	NABH ( Phase 2)	Achieved
11	GAD Painkulam	NABH ( Phase 2)	Achieved
12	GAD Vellangallur	NABH ( Phase 2)	Achieved

\* Source - district data

### 3.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognises hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

Out of the five facilities evaluated, one was a hospital (GAH Chelakkara) and four were AHC dispensaries (GAD Kaipamangalam, GAD Chowannur, GAD Vellangallur, and GAD Kadukutty). The highest score was achieved by GAD Kaipamangalam, an AHC dispensary, with 98.33%, earning the 1st Prize. The lowest score was 92.50%, secured by GAD Kadukutty, which received a commendation along with three other facilities—GAH Chelakkara (95.09%), GAD Chowannur (94.58%), and GAD Vellangallur (93.75%). Overall, the dispensaries performed exceptionally well, with the top score coming from a dispensary,

while the hospital also demonstrated strong performance, receiving a commendation for its high score.

**Table 3.7.2: Details of Kayakalp Institutions**

Sl. No.	Facility Name	Category (Dispensary/Hospital)	Score	Prize
1.	GAD Chelakkara	Hospital	95.09%	Commendation
2.	GAD Kaipamangalam	AHWC Dispensaries	98.33%	1st Prize
3.	GAD Chowannur	AHWC Dispensaries	94.58%	Commendation
4.	GAD Vellangallur	AHWC Dispensaries	93.75%	Commendation
	GAD Kadukutty	GAD Kadukutty	92.50%	Commendation

\* Source - district data

### 3.8 Ayushman Arogya Mandir - AYUSH

Ayushman Arogya Mandir - AYUSH (AAMA) have been established to strengthen comprehensive primary healthcare delivery through the AYUSH systems of medicine, in alignment with national health priorities. With the assistance of the National AYUSH Mission (NAM), Kerala, existing Government Dispensaries institutions are being upgraded as AAMA to provide promotive, preventive, curative healthcare services. These centres focus on wellness-based interventions, lifestyle modification and Yoga adoption into the public health system. The initiative aims to enhance accessibility, quality, and continuity of AYUSH healthcare services at the community level, while ensuring standardized service delivery across the State.

A total of 33 Ayushman Arogya Mandir AYUSH (Ayurveda) institutions are functioning across the district

**List of Institutions upgraded as Ayushman Arogya Mandir (AAM-A) are attached as Annexure 3.8.**

### 3.9 Digital Health

#### 3.9.1 NextGen e-Hospital – and ABDM activities

NextGen e-Hospital system is implemented by the Department of Indian Systems of Medicine (ISM), Government of Kerala, as part of the state’s digital governance and healthcare reform initiatives. Introduced to address long-standing challenges such as overcrowding, manual workflows, and patient waiting time in government AYUSH institutions, the system represents an upgraded, cloud-based Hospital Management Information System fully compliant with the Ayushman Bharat Digital Mission (ABDM).

The NextGen e-Hospital integrates key digital modules including OPD/IPD management, ABHA-based registration, Scan & Share self-registration, e-prescriptions, billing, laboratory and pharmacy services, inventory management, and real-time data capture. Its implementation has significantly improved service efficiency, transparency, coordination among departments, and accuracy of patient records, while reducing registration time from 40–50 minutes to approximately 5 minutes. As of the study period, 240 ISM institutions were operational on the platform, with others in advanced stages of onboarding, and several institutions recognised nationally as ABDM model facilities. The NextGen e-Hospital system has been implemented across multiple districts with varying degrees of coverage. Thrissur has 8 institutions functioning as e-Hospitals.



**Figure 3.9: NextGen e-Hospital – and ABDM activities**

### 3.10 Health Infrastructure Development

Health Infrastructure development under the ISM department in the Thrissur district is primarily focused on Ayurveda and Sidha Institutions through facility upgrades. This includes improving OP/IP facilities modernizing treatment rooms and enhancing patient amenities. These development projects are supported by multiple funding sources, including NAM, LSGD and MLA/MP funds, enabling the procurement of better equipped facilities across the district

#### 3.10.1 Completed Civil Works

During the financial years 2024–25 and 2025–26, extensive infrastructure development, renovation, and maintenance works were carried out across 28 AYUSH facilities, including Government Ayurveda Hospitals (GAH), Government Ayurveda Dispensaries (GAD). The works covered a wide range of activities such as liquid and solid waste management, construction and maintenance of buildings, pharmacy renovation, compound wall repair, painting and branding, electrification, toilet and kitchen renovation, yoga hall construction, disabled ramps, front office construction, and upgrading dispensaries to Ayushman Arogya Mandir (AHWC) standards. Funding support was mobilized from multiple sources including LSGD Funds, GP Funds, NAM/AHWC Funds, Municipal and Corporation Funds, reflecting strong local body participation. The majority of projects have been successfully completed, with only one work at GAD Thiruvilwamala partially completed and carried forward as a spill-over project. Overall, these interventions have significantly strengthened infrastructure, accessibility, and service delivery in AYUSH institutions across the district.

**List of Institutions Where Civil Works Have Been Completed are attached as Annexure**

#### 3.10.1

#### 3.10.2 Ongoing Civil Works

During the financial years 2024–25 and 2025–26, a large number of infrastructure development, renovation, and maintenance projects were proposed and initiated across 45 AYUSH institutions, including Government Ayurveda Hospitals (GAH), Government Ayurveda Dispensaries (GAD) and the District Ayurveda Hospital. The works encompass new constructions (kitchens, toilets, boundary walls, yoga halls, Panchakarma blocks, AHWC buildings), renovations and maintenance (pharmacies, offices, conference halls, compound

walls, ramps, electrification, painting, storage areas), and support facilities such as biogas plants, STP units, incinerators, and parking areas. Funding support has been drawn from multiple sources including LSGD Funds, GP Funds, NAM/NAM-AHWC Funds, Suchithwa Mission, Corporation, Block Panchayat, MP Fund, and District Panchayat Funds, indicating strong inter-sectoral and local body participation. While several works are ongoing or have been initiated, a substantial number are yet to start or are at preliminary stages such as tendering or foundation stone laying, with a few projects marked for re-tendering. Overall, these projects reflect a comprehensive effort to strengthen infrastructure, accessibility, hygiene, and service delivery in AYUSH institutions, with continued progress expected as works advance toward completion.

### **List of Institutions with Ongoing Civil Works are attached as Annexure 3.10.2**

#### **3.11 Laboratory & Diagnostic Facilities**

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in ISM institutions. In Thrissur District, laboratory facilities are made available through a combination of institution-owned laboratories and linked external laboratories, ensuring continuity and effectiveness of clinical services.

Out of the total ISM institutions in Thrissur District, 18 hospitals are equipped with in-house laboratory facilities, enabling timely diagnostic services and contributing to improved quality of patient care. While only a limited number of institutions maintain fully functional in-house laboratories, the majority are supported through established laboratory linkages, providing access to essential diagnostic investigations. Regular ISM hospitals demonstrate comparatively higher laboratory availability, whereas APHC-level institutions primarily depend on associated laboratory services. This arrangement ensures that patients receive necessary diagnostic support despite infrastructural constraints, thereby strengthening overall service delivery at the institutional level.

#### **3.12 Financial Expenditure**

During 2023–24, an amount of ₹192.02 lakhs was allocated under TSR, out of which ₹135.54 lakhs was released, and ₹135.54 lakhs was effectively utilized, indicating almost full utilization of the released funds. In 2024–25, the allocation stood at ₹183.34 lakhs, with

₹110.60 lakhs released, while the expenditure amounted to ₹115.96 lakhs, reflecting utilization beyond the released amount, likely adjusted through previous balances or additional provisions. Overall, the data shows efficient fund utilization across both years, with expenditures closely aligned to releases, supporting sustained programme implementation.

**Table 3.12: Financial Expenditure**

Year	Allocated amount (in Lakhs)	Released Amount (in Lakhs)	Expenditure
23-24	192.02061	135.54447	135.54337
24-25	183.33812	110.60175	115.96119

\* Source - Plan space 2.0

### 3.13 Specialty Institutions

#### Kerala Institute of Sports Ayurveda And Research, Thrissur

##### 3.13.1 Introduction

Kerala Institute of Sports Ayurveda and Research (KISAR) is the first ayurvedic super specialty sports hospital in Asia functioning under the Department of Indian Systems of Medicine (AYUSH Dept.), Govt. of Kerala located at Thrissur near North bus stand. This hospital is built to support sports through Ayurveda and treatment here is exclusively for Sports personnels. This hospital stands as the one and only referral & tertiary level center of Sports Ayurveda specialty clinics in Kerala.

Sports medicine is a specialized branch of medical science designed to meet the health needs of athletes. Examining the history of treating sports injuries reveals that ancient India utilized martial arts and recreational activities to maintain physical fitness. Injuries sustained in these activities were treated using the medical practices available at that time. Building on this foundation, Sports Ayurveda was established to provide athletes with the benefits of Ayurveda. This initiative could potentially benefit athletes and sports enthusiasts by providing holistic approaches to injury prevention, recovery and performance enhancement in order to improve the efficiency and performance of sport personnel.

The primary objectives of Sports Ayurveda are to treat sports-related injuries, prevent recurring injuries, and enhance the physical endurance of athletes. In addition to addressing physical health issues, Sports Ayurveda also offers solutions for mental health concerns such as stress and performance anxiety, which often arise before competitions.



**Figure 3.13.1 Kerala Institute of Sports Ayurveda And Research, Thrissur**

### 3.13.2 Facilities

KISAR was inaugurated in 2019. The extensive infrastructure and amenities of this institution encompass the following facilities:

- Area – 31,000 sq feet
- OP Department - 5 specialty OPDs including
  - Dept of Marma chikitsa - Sports injury management, rehabilitation and prevention of recurrence – 3 doctors – (1 Marma Specialist MO ISM, 2 Marma Specialist MO NAM)
  - Dept of Swasthavritta - Personalised sports nutrition and Therapeutic yoga for preventing injuries and enhancing strength and endurance
  - Dept of Kayachikitsa - General medicine and rejuvenation therapy
  - Dept of Panchakarma - For improving muscle strength and overall immunity to enable optimal performance of the sports personnels – 1 Doctor (Spcl M0-ISM)

- Dept of Manasikam –(Psychiatry) - To reduce performance anxiety and cope with stress, improve focus, self-confidence and motivation



**Figure 3.13.2.1: Treatment in KISAR**

- IP Department
  - A 15 bedded female general ward
  - Two 15 bedded male general wards (total 30 beds)
  - 5 air- conditioned suite rooms with necessary amenities including separate treatment room.



**Figure 3.13.2.2.: IP department in KISAR**

- Well-equipped physiotherapy unit (2 physiotherapists NAM)



**Figure 3.13.2.3: Physiotherapy unit in KISAR**

- Multi-functional gymnasium



**Figure 3.13.2.4: Gymnasium in KISAR**

- Versatile and extensive yoga hall



**Figure 3.13.2.5: Yoga Hall in KISAR**

- Exercise pool

### 3.13.3 Mission & Vision of The Institute

Mission: To advance the integration of Ayurveda into sports science, promoting holistic health and performance optimization for athletes through research, education and innovative practices.

Vision: To be a leading global institute, pioneering the synergy between Ayurveda and Sports, advancing research, education and clinical practices to optimize athletic potential and contribute to the overall health and longevity of individuals in the sports community.

### 3.13.4 Services Provided By The Competent Kisar Team

- **Sports injury management** – Treatments available for acute and repeated stress injuries including conditions like ACL and meniscal tear, supraspinatus tendinitis, rotator cuff injuries, shoulder dislocation, tennis elbow, ligament tears, pre patellar bursitis, patellar tendinitis, OSD, Achilles tendinitis, paraspinal muscle injuries, wrist avulsion injury, hamstring injury, quadriceps strain, calf strain, groin strain, ankle injury, recurrent ankle sprain, adductor muscle injury, IVDP, sciatica neuralgia, sacroiliitis, biceps tendinitis, triceps tendinitis, gluteal muscle injury etc. A holistic treatment line is followed including panchakarma therapy, rasayana therapy, yoga and physiotherapy to rejuvenate and revive the athlete full physical and mental strength and help him resume his athletic career at the earliest.
- **Pre event conditioning** - Offers positive benefits for overall health and fitness of the athletes to enable optimal performance and prevention of on field injuries
- **Post event management** – Aims for the speedy restoration of function, tissue repair, resolution of muscle soreness and psychological recovery through various therapies.
- **Outfield activities** – Provision of medical assistance for various district, state and national level sports championships. Kisar team well- Coordinated the Sports Ayurveda medical team in Olympic model Kerala State School sports meet in last 2 years and the Sports Ayurveda highly appreciated and noticed by all major medias.
- **Conducting seminars, awareness class and medical camps** for professionals and

sports persons – As part of Prevention of Sports Injuries

- **Special sports diet** – Customized sports diet for sports persons catering to their individual needs based on their prakriti to enhance their fitness level.
- **Yoga** - Advice on therapeutic yoga including postures, mudras and meditation techniques to enhance the physical and mental health of the athletes.
- Use of **Special medicines** developed under sports ayurveda research.



Figure 3.13.4: KISAR team

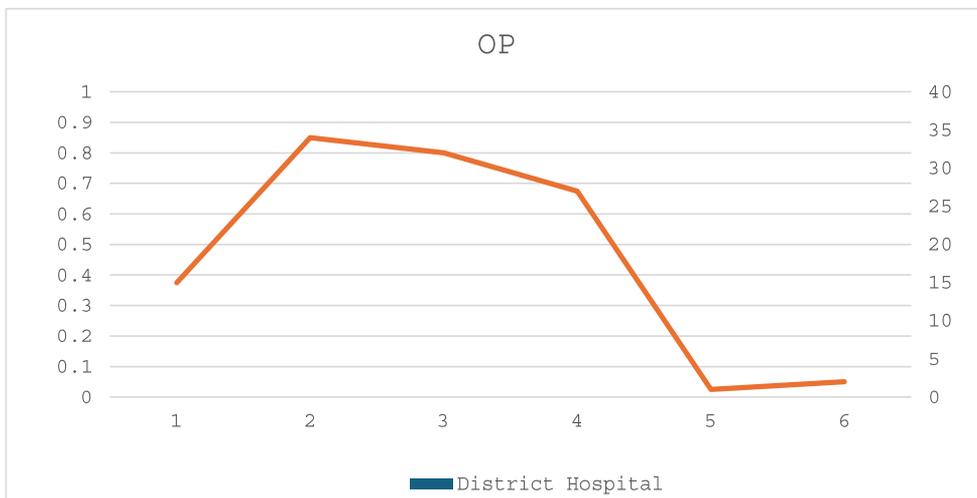
### 3.13.5 Out Patient Annual Data

Table 3.13.5 Out Patient Annual Data

YEAR	OP NO
2019	3802
2020	1313
2021	2135
2022	2998

<b>2023</b>	<b>4415</b>
<b>2024</b>	<b>4130</b>

\* Source - district data



**Graph 3.13.5**

### 3.13.6 IP DATA

**Table 3.13.6 IP data**

Year	No of IP patients	Bed Occupancy
2022-23	451	5316
2023-24	694	6554
2024-25	846	6880

\* Source - district data

### 3.13.7 Details of on-field medical aid from KISAR staff for events

**Table 3.13.7.1 Details of on-field medical aid from KISAR staff for events**

	2021-22	2022-23	2023-24	2024-25
<b>National meets</b>	-	2	2	7
<b>State meets</b>	6	8	6	8
<b>District meets</b>	16	13	20	25
<b>Sub districts</b>	-	2	3	7
<b>University/ inter university</b>			1	1
<b>Total events</b>	<b>22</b>	<b>25</b>	<b>32</b>	<b>48</b>

\* Source - district data

**Table 3.13.7.2. On field Beneficiaries**

Year	Onfield Beneficiaries
<b>2021-22</b>	664
<b>2022-23</b>	1545
<b>2023-24</b>	1690
<b>2024-25</b>	1961

\* Source - district data

### 3.13.8 HR Strength of Institution

**Table 3.13.8 HR Strength of Institution**

Sl. No	Designation	ISM	NAM	Plan Project
		No of Posts	No of Posts	No of Posts
1	Hospital Superintendent	1	0	0
2	Medical Officer- Marma	1	1	0
3	Medical Officer-Panchakarma	1	0	0
4	Medical Officer- Kayachikitsa	0	0	1
5	Medical Officer-Swasthavritta	0	0	1
6	Medical Officer- Manasika	0	1	0
7	Medical Officer	2	0	0
8	Project Coordinator	0	1	0
9	Accounts officer	1	0	0
10	Clerk / DEO	1	1	0
11	Pharmacist	1	0	0
12	Physiotherapist	0	2	0
13	Pharmacy attender	1	0	0
14	Nurse grade 2	2	0	0
15	Nurse Grade 1	2	2	0
16	Panchakarma Therapist male	2	2	0
17	Panchakarma Therapist female	2	2	0
18	Full time sweeper	0	1	0
19	Multi purpose worker	0	1	0

20	Cook	0	1	2
21	Full time sweeper	0	0	4
22	Sanitation worker	0	0	4
23	Office Attendant	0	0	2
24	Watchman & Night Watcher	0	0	2
	<b>Total</b>	<b>17</b>	<b>15</b>	<b>16</b>

\* Source - district data

### 3.13.9 Important events

#### 1. State School Sports Meet Kochi 2024, State Sports meet 2025 at Trivandrum



**Figure 3.13.9.1 State School Sports Meet Kochi 2024, State Sports meet 2025 at Trivandrum**

The team from KISAR actively participated in State Sports meet from 2024. The team ensured athletes were well-prepared for their events through pre-event taping and sports massage.

Beyond delivering immediate on-field treatment to numerous competitors, the team also provided precise post-event treatment recommendations, ensuring athletes

received comprehensive medical support. The most frequently treated conditions included pain affecting the bones, joints, and muscles, along with sprains. Within these time the Sports Ayurveda team has become an inevitable part in State ,National atheletic meets, District meets etc.

## 2. Major Academic events



**Figure 3.13.9.2 Olympic Day 2025**

As part of the Olympic Day 2025 celebrations, a seminar for coaches was gracefully conducted on 23 June in association with the Sports Council, fostering knowledge exchange and strengthening collaborative efforts in the field of sports development. The academic sessions was included with expert classes by Dr. N. V. Sreevaths, Dr. Preetha P. R., Dr. K. Shabu, and Dr. Arun Rajendran, covering various aspects of Sports science, sports Ayurveda, and athlete care. The day was well-coordinated, receiving excellent participation and positive feedback. A total of 250 beneficiaries attended the event, making it a successful and impactful observance of Olympic Day.



Figure 3.13.9.2 Olympic Day 2025



Figure 3.13.9.2 Olympic Day 2025

As part of the National Sports Day celebrations, an awareness session was organized on Friday, 29 August 2025, at the Kerala Institute of Sports Ayurveda and Research (KISAR), Thrissur, under the leadership of the Department of Indian Systems of Medicine and the National AYUSH Mission, in association with the District Sports Council, Thrissur, and the District Olympic Association. Awareness seminar session was conducted for Sports

personnels , on various topics: Dr. Muhammed Safeeq E.K. on “Sports Injury Prevention”, Dr. Namitha P.J. on “Sports Nutrition”, and Dr. Sneha Ann Titus on “Sports Psychology”. More than 130 participants attended the Sports Day celebrations.

### 3.13.10 Conclusion

KISAR, functioning as a tertiary care centre, has evolved into an integral part of the lives of athletes in Thrissur and the surrounding regions. With its dedicated approach to Sports Ayurveda, it has not only addressed injury management and performance enhancement but has also nurtured confidence, continuity, and holistic well-being among sportspersons. By extending its services to other regions through Sports Ayurveda Units, and by working hand in hand with State Sports Meets, KISAR has widened its reach and impact. Its active participation at the national level through National Sports Meets further reflects its growing role in shaping the future of sports healthcare in India. Thus, KISAR stands as a living bridge between traditional wisdom and modern sporting needs—strengthening athletes locally, supporting them regionally, and representing them nationally.

### 3.14. Other Activities

#### 3.14. 1 Ayurveda day

In connection with Ayurveda day 2025 observed under the theme ‘**Ayurveda for people and planet**’, a series of activities were conducted across Ayurveda Institutions of Thrissur District. A total of 28 medical camp and 43 NCD screening and camp were conducted. Apart from several other activities organized across institution.

Awareness classes, drawing competition for students, essay competition for Ayurveda students and Engineering students, Ayurveda recipe competition, Ayurveda quiz competition, yoga training sessions etc.. were conducted in connection with 10<sup>th</sup> Ayurveda day.





**Figure 3.14.1 Ayurveda Day celebrations**

### **3.14.2 Bharanabhasha Varacharanam**

In connection with Bharanabhasha varacharanam on November 3<sup>rd</sup> inauguration were organized at the District Medical Office Thrissur. Novelist and recipient of the Kerala Sahithya Award, N Rajan was the chief guest of the event.



**Figure 3.14.2 Ayurveda Day celebrations**

### 3.14.3 Awareness programme and Medical camp

Various Awareness programme and Medical camps are conducted on the regular intervals as required.



Figure 3.14.3 Outreach camps and awareness programmes

### 3.14.4 International Yoga Day

State level inauguration of International Yoga day 2025 at Chacko Memorial Hall Thrissur.



Figure 3.14.4 Yoga Day celebrations

## Chapter 4

### DEPARTMENT OF HOMOEOPATHY FACILITIES & SERVICES

#### 4.1 Introduction

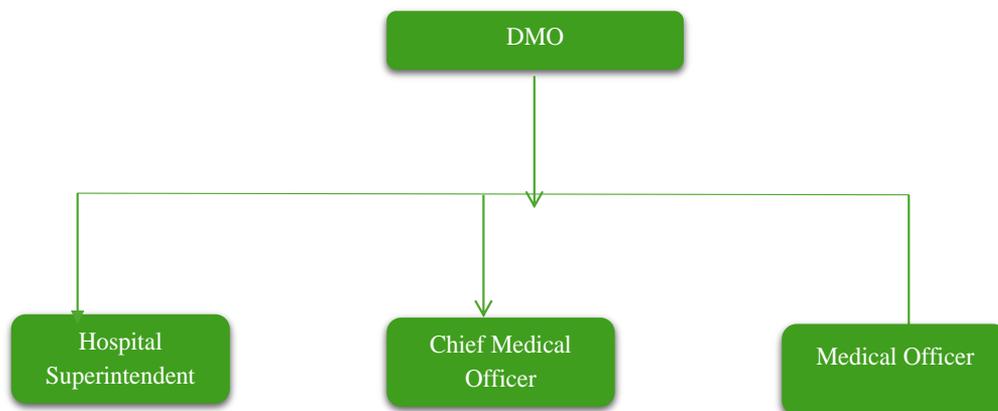
Thrissur District, often referred to as the cultural capital of Kerala, occupies a central position in the State with a diverse geographical profile extending from coastal plains to midlands and eastern highlands. The district is characterized by a balanced mix of urban and rural populations, vibrant cultural activities, and a strong tradition of public participation in social and health initiatives. Thrissur's demographic composition, coupled with its active socio-cultural life, contributes to a dynamic health profile with increasing lifestyle-related disorders, stress-associated conditions, and age-related health issues.

Department of Homoeopathy in Thrissur District plays a significant role in addressing the district's varied health needs through holistic, preventive, and patient-centred care. By integrating individualized treatment with community outreach programmes, disease prevention initiatives, and preparedness for disaster-related health risks, Homoeopathy contributes effectively to strengthening public health resilience and ensuring accessible healthcare services across the district.

#### 4.2 Administration

The Department of Homoeopathy administration in Thrissur District is responsible for overseeing the systematic functioning of all homoeopathic institutions functioning under the department. The administrative structure focuses on coordinated delivery of healthcare services, supervision of medical and administrative staff, timely availability of essential medicines, and upkeep of infrastructure and equipment. Continuous evaluation of service delivery, implementation of government programmes, and adherence to quality and safety standards are key administrative responsibilities. Regular inspections and performance assessments are carried out, followed by appropriate corrective measures to enhance patient care and institutional effectiveness. Through these sustained administrative efforts, the department aims to strengthen homoeopathic healthcare services in Thrissur District.

### 4.2.1 District Administration of the Department



### 4.2.2 District Medical Office Profile

**Table No: 4.2.2: District Medical office Profile**

Post	Office Address	Office Number	Mail id
<b>District Medical officer</b>	District Medical Office (Homoeo) Civil Station, Ground Floor, Room No. 34, Thrissur, Pin – 680003	0487-2366643 Mob 7306433281	dmohomoeotsr@kerala.gov.in

\* Source - district data

### 4.2.3 Structure of DMO office

**Table No: 4.2.3: Structure of DMO office**

Sl no	Post	Number
1	District Medical officer	1
2	Senior Superintendent	1
3	Clerk	2
4	Typist	1
5	Office Attendant	1

*\* Source - district data*

### 4.3 Infrastructure Profile of the District

In Thrissur District, the Department of Homoeopathy operates a total of 106 government health institutions, forming a strong and accessible homoeopathic healthcare network. The district has one Government Homoeopathy Hospitals with a sanctioned bed strength of 25 providing inpatient and outpatient services. Additionally, 41 Government Homoeopathy Dispensaries offer primary homoeopathic care across various urban and rural areas. The service delivery is further strengthened by 19 Ayushman Arogya Mandir, 37 Ayush primary health Care Centres and 8 SCPHHC, which focus on improving healthcare access for underserved and vulnerable populations.

SCPHCC – Special Component Plan Health Care Centres (Homoeopathy) are formulated to provide accessible and affordable healthcare services to marginalized communities residing in Scheduled Caste colonies. These centres function through Homoeopathy dispensaries established specifically to address the healthcare needs of vulnerable population groups. The programme is implemented with financial support from the Scheduled Caste Development Department, ensuring sustained service delivery, improved healthcare access, and targeted interventions for the socio-economically disadvantaged sections of society. At present, three

SCPHCC Homoeopathy dispensaries are functioning in the district, contributing significantly to improve healthcare outreach among Scheduled Caste communities. Through this extensive institutional network, the Department of Homoeopathy ensures comprehensive, equitable, and community-oriented healthcare services throughout the District.

Through this extensive institutional network, the Department of Homoeopathy ensures comprehensive, equitable, and community-oriented healthcare services throughout Thrissur District.

Out of the total Institutions in District, 8 institutions are NABH-accredited and 14 have been upgraded to Government Model Homoeopathy Dispensaries. Digital transformation has been achieved in 36 institutions through AHIMS 2.0.

#### 4.3.1 Details of Facilities

**Table No: 4.3.1: Details of Homoeopathic health facilities**

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Govt. Homoeo Dispensary	41
3	Ayushman Arogya Mandir	19
4	Ayush Primary Health Centre	37
5	SCPHHC	8
	<b>Total</b>	<b>106</b>

*\* Source - district data*

**Details of Homoeopathic facilities are attached as Annexure 4.3.1**

#### 4.3.2 Health Facilities in Urban and Rural Areas

Out of the 106 homoeopathic health facilities functioning in the district, 12 are located in urban areas and 94 in rural areas, indicating strong rural outreach. The District Homoeopathic Hospital is situated in urban areas, among primary-level institutions

(Government Homoeo Dispensaries and Ayushman Arogya Mandir (AYUSH)) 5 are situated in urban areas, 55 are situated in rural areas. 33 of the 37AYUSH Primary Health Centres are located in rural areas. Out of 8 SCPHHC, 6 are located in rural area. This distribution highlights the department's focus on ensuring accessible homoeopathic healthcare services, particularly in rural regions.

**Table No: 4.3.2: Health Facilities in Urban and Rural Areas**

Sl no	Type of Health Institution /Facility	Total no: in the district	Urban	Rural
1.	District Hospital	1	1	0
2.	Govt. Homoeo Dispensary including Ayushman Arogya Mandir (AYUSH)	60	5	55
3.	Ayush Primary Health Centre	37	4	33
4.	SCPHHC	8	2	6
	<b>Total</b>	<b>106</b>	<b>12</b>	<b>94</b>

\* Source - district data

### 4.3.3 Hospital Details based on Bed Strength

District has a district Homoeopathy hospital with bed strength of 25 beds. This hospital support the delivery of essential healthcare services, improving access to treatment and strengthening the district's public homoeopathic healthcare system.

**Table No: 4.3.3: Hospital Details based on Bed Strength**

Sl no	Hospitals based on bed strength	Hospital number	Bed strength
1	Govt. Hospital (25 Bedded)	1	25
	<b>Total No. Of Beds/ Hospitals</b>	<b>1</b>	<b>25</b>

\* Source - district data

#### 4.4 Human Resource Profile of the District

The Department of Homoeopathy in Thrissur District is supported by a well-structured human resource framework comprising medical, paramedical, administrative, and Class IV staff across Government Homoeopathy institutions, ensuring effective delivery of healthcare services. The majority of sanctioned medical and paramedical posts in Government institutions, including Hospital Superintendents, Chief Medical Officers, Medical Officers and supporting staff, are fully maintained, enabling uninterrupted clinical services. Additional human resources with support from the National AYUSH Mission (NAM) through contractual appointments and programme-based staffing support are being utilized for effective health care service delivery through the hospitals. Though key operational posts such as pharmacists, nursing staff, and support personnel are largely in position, a limited number of vacancies persist in selected categories, particularly in nursing and Class IV cadres. Overall, the existing human resource availability are optimally utilized to provide a strong foundation for service delivery, with continued efforts underway to address remaining gaps and strengthen institutional efficiency and patient care.

AYUSH Primary Health Centers (APHCs) function with a single Medical Officer deployed by the National Health Mission (NHM) on a contract basis, with supporting staff provided by the respective Local Self Government Institutions (LSGIs).

##### 4.4.1 Availability of Medical Professionals

A total of 64 medical professional posts have been sanctioned in the district, and 60 posts are filled. This includes administrative, supervisory, and clinical positions such as District

Medical Officer, Hospital Superintendents, Chief Medical Officers, Medical Officers, and Resident Medical Officers.

Service of Medical Officers under NHM and NAM are also being utilized for the health care delivery in the district.

**Table No: 4.4.1: Details of Medical Professionals under the DH /NAM/NHM in the District**

Sl no	Category	Sanctioned	Filled	Vacant
<b>Medical Professionals under the DH</b>				
1	Administrative (District Medical officer)	1	1	0
2	Hospital Superintendent	1	1	0
3	Chief Medical officer	14	14	0
4	Medical officer	47	43	4
5	Resident Medical officer	1	1	0
	<b>Total</b>	<b>64</b>	<b>60</b>	<b>4</b>
<b>Medical Officers Under NAM/ NHM</b>				
1	Medical officer (NHM)	38	38	0
2	Medical officer (NAM)	12	12	0
	<b>Total</b>	<b>50</b>	<b>50</b>	<b>0</b>
	<b>Grand Total</b>	<b>114</b>	<b>110</b>	<b>4</b>

\* Source - district data

#### 4.4.2 Number and Distribution of Health Care Professionals

The district demonstrates **strong manpower coverage across core service areas**, though **strategic recruitment is required in nursing, pharmacy and certain support roles** to further strengthen service delivery and operational efficiency.

**Table 4.4.2.1- Details of Paramedical posts Sanctioned under the DH in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1	Nurse	3	2	1
2	Nursing Assistant	3	3	0
3	Pharmacist	45	42	3
4	Dispenser	5	5	0
5	Attender	38	38	0

*\* Source - district data*

**Table 4.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the Department of Homoeopathy in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1.	District Medical Officer	1	1	0
2.	Senior Superintendent	1	1	0
3.	Clerk	3	3	0
4.	Typist	1	1	0

*\* Source - district data*

**Table 4.4.2.3- Details of Class IV posts Sanctioned under the DH in the District**

Sl no	Designation	Sanctioned	Filled	Vacant
1	Office Attendant	8	8	0
2	Cleaner	1	1	0
3	Cook	1	1	0
4	Driver	1	1	0

5	Sweeper Cum Peon	3	3	0
6	Sweeper Cum Sanitation worker	1	1	0
7	Watcher cum Sweeper	1	1	0
<b>Other Supporting Staff</b>				
1	Part Time Sweeper	23	21	2

\* Source - district data

#### 4.5 Beneficiary Details

The following tables present the beneficiary coverage of Homoeopathy health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

##### 4.5.1 Hospital

**Thrissur District**, the Government Homoeopathy healthcare infrastructure is represented by the **Thrissur District Homoeo Hospital**, which caters to a steady outpatient and inpatient load. The hospital records an **average monthly OPD of 4,980**, indicating significant utilisation of outpatient services by the public. In terms of inpatient care, the institution manages an **average of 43 IPD patients per month**, supported by a **total bed strength of 25 beds**. The patient load in relation to the available beds reflects effective bed utilisation and the hospital's role in providing essential homoeopathic inpatient services within the district

**Details of Beneficiary details in Hospitals are attached as Annexure 4.5.1**

##### 4.5.2 Dispensaries

**Details of Beneficiary in Govt Homoeo Dispensaries are attached as annexure 4.5.2**

##### 4.5.3 APHC dispensaries

**Details of Beneficiary in Ayush Primary Health Centre dispensaries & SCP dispensaries are attached as annexure 4.5.3**

## 4.6 Public Health Programmes

The Department of Homoeopathy conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

### 4.6.1 Gender Based Projects- Women - Seethalayam

**Seethalayam** is the first gender-based project of the Department of Homeopathy. The project aims to ensure the mental, physical, and emotional health of women especially domestic violence victims and suggest solutions for the difficulties they face. A unique feature of this project is that all staff members are women. It provides homeopathic treatment along with individual and family counseling.

Since its inception, Seethalayam has gained immense popularity through its unique operational style, awareness classes, and medical camps. It offers treatment for women facing marital issues, workplace problems, domestic violence, sexual exploitation, anxiety, suicidal tendencies, and depression. Services are also extended to other family members. The project collaborates with the Social Justice Department, Women's Cell, Women's Commission. Monthly visits are conducted to women's prisons and destitute homes.

#### Objectives:

- To ensure the mental, physical, and emotional security of women.
- To provide knowledge regarding women's rights and laws.
- To facilitate rehabilitation for the destitute and the neglected.

**Table 4.6.1: Seethalayam Annual Report**

Year	Op			Counselling		
	New	Old	Total	New	Old	Total
2023-24	315	2142	2457	363	919	1282
2024-25	309	1517	1826	162	249	411

*Source: District Data*

### 4.6.2 Punarjani

Punarjani is a de-addiction treatment clinic that has been functioning since 2012 as a sub-clinic of the Seethalayam project. It was established after observing that many women seeking help at Seethalayam were suffering from domestic violence and mental stress caused by substance abuse (alcohol and drugs) among the men in their families. The project provides homoeopathic treatment and counseling for patients addicted to alcohol, drugs and smoking.

#### Objectives:

- To treat patients with addiction.
- To conduct awareness classes for adolescents and youth regarding health issues and social crises caused by substance abuse.
- To utilize a treatment method that minimizes withdrawal symptoms
- To extend counseling to other family members of patient

**Table 4.6.2: Punarjani Annual Report**

Year	New	Old	Total
2023-24	174	321	495
2024-25	180	355	535

*Source: District Data*

### 4.6.3 Janani

The **Janani** project by the Department of Homeopathy offers hope in the field of infertility treatment with simple, side-effect-free medicines. The project effectively treats both male and female infertility, including conditions like PCOD, menstrual disorders, Fallopian tube blocks, hypothyroidism, uterine fibroids, and low sperm count/motility. Diagnostic tools like ultrasound and follicular studies are also being utilized.

**Table 4.6.3: Janani Annual Report**

	New Case	Old Case	Cumulative Pregnancy	Cumulative Child Birth
<b>2023-24</b>	271	2429	212	151
<b>2024-25</b>	237	2050	240	168

Source: District Data

#### 4.6.4 Sadgamaya

Sadgamaya is the child and adolescent-centric project of the Department of Homoeopathy. It aims at attaining overall wellness encompassing physical, mental, emotional, and social aspects, with specific attention to issues related to behavioural, cognitive, or educational challenges. In district hospital Thrissur Sadgamaya Clinic started functioning in the year 2012.

##### Objectives

- Identify behavioural, scholastic, psychological and physical problems of children and adolescents.
- Impart awareness for parents, children, teachers and the general public on learning disabilities and behavioural problems.
- Provide homoeopathy treatment for behavioural and learning disabilities.
- Service of special education teachers is available in each unit, who train the patients in special learning methodologies.
- Provide behavioural management, treatment and counselling for children and adolescents.

##### Beneficiaries

- Neuro developmental & Behavioural Disorders
  - Autism Spectrum Disorders
  - Attention Deficit Hyperactivity Disorder (ADHD)

- Learning Problems and Learning Disabilities (e.g., dyslexia, slow learning)
- Developmental Delays
- Behavioral disorders (e.g., oppositional, conduct issues)
- Impulsive and conduct-related behaviours
- Cognitive, Emotional & Psychiatric Issues
  - Depressive disorders / Persistent Depressive Disorder
  - Anxiety, fears and emotional dysregulation
  - Obsessive-Compulsive Disorder (OCD)
  - Speech and language disorders
  - Scholastic backwardness / difficulties in reading, writing, calculation
- Other Challenges Addressed
  - Social withdrawal and lack of concentration
  - Substance abuse and addictive behaviours (including gadget addiction)
  - Sexual abuse and related emotional trauma
  - Behavioural issues like kleptomania
  - Mental stress and maladaptive coping behaviours
  - Mild to moderate intellectual challenges
  - Social media addiction and game addictions

**Table 4.6.4: Sadgamaya Annual Report**

	New	Old	Total
2023-24	685	2320	3005
2024-25	657	2648	3305

*Source: District Data*

#### **4.6.5 Ayushmanbhava**

Non-communicable diseases (NCDs)/ lifestyle diseases are becoming a major health concern in society, and the World Health Organization has issued warnings to all nations regarding this issue. In response, various committees established by the government have decided to

utilize the potential of all medical systems to address the social breakdown caused by NCDs, across the country and particularly in Kerala.

### Objectives

- Providing treatment for NCDs through homoeopathy and consultation of naturopathy for healthy life style through dietary regulations along with yoga practice.
- To offer treatment for complications arising from lifestyle diseases and to empower individuals to overcome disabilities caused by these complications.
- Creating awareness among the population in preventive and promotive health care.
- Making treatment affordable and accessible to the public.

**Table 4.6.5: Ayushman Bhava Annual Report (2021–2024)**

Year	New Cases	Old Cases	Grand Total
2023-24	886	3458	5230
2024-25	900	5771	6671

*Source: District Data*

### 4.6.7 Palliative Care

#### Introduction

The global demand for palliative care is rising due to the increasing number of patients with chronic and terminal illnesses. In India, approximately 2% of patients fall within the scope of palliative care. Kerala was the first state in India to implement a 'Pain and Palliative Policy' in 2008. Following this initiative, the Kerala State Department of Homoeopathy launched the Pain & Palliative Project in 2016-2017, based on various government directives and circulars.

#### Need for Palliative Care

The increasing prevalence of chronic, incurable diseases such as cancer, de-generative conditions, and age-related illnesses has highlighted the necessity of comprehensive

palliative care services. The project aims to reduce the suffering of patients and their families, addressing physical, mental, and social challenges effectively.

- Provide effective, side-effect-free, and cost-efficient health care through homoeopathy.
- Offer relief from pain and other physical discomforts for patients with chronic diseases.
- Enhance and maintain the quality of life for patients and their families.
- Integrate efforts with volunteer organizations and other departments to conduct awareness programs.
- Coordinate geriatric and palliative care services.
- Facilitate home visits and medical care for bedridden patients.

### Implementation Approach

The palliative care program operates through two levels:

- Primary Palliative Care:
  - Home visits are conducted through Primary Palliative Care Centres operating in Dispensary /APHC.
- Secondary Palliative Care:
  - OP (one day in a week), inpatient treatment (IP) and home visits services are provided in secondary centers operating in district hospitals.

**Table 4.6.7: Palliative Care Annual Report**

	OP- New	OP Follow up	IP	No Of Home care visits- Primary	No Of Home care patients- Primary	No Of Home care visits- Secondary	No Of Home care patients- Secondary
<b>2023- 24</b>	121	854	8	850	5436	23	429

<b>2024-25</b>	133	1298	2	562	562	63	164
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Source: District Data

#### 4.6.8 Projects and Institutions

**Table 4.6.10: Table of details of Plan Projects**

Programme	Focus Area	Working days	District-Level Coverage
<b>Seethalayam</b>	District Homoeopathy Hospital, Thrissur	Monday to Saturday	Seethalayam
<b>Ayushman Bhava -Ayush Holistic Center</b>	District Homoeopathy Hospital, Thrissur	Monday to Saturday	Ayushman Bhava - Ayush Holistic Center
<b>Sadgamaya</b>	District Homoeopathy Hospital, Thrissur	Monday to Saturday	Sadgamaya
<b>Janani</b>	District Homoeopathy Hospital, Thrissur	Monday to Saturday	Janani
<b>Pain &amp; Palliative Care</b>	District Homoeopathy Hospital, Thrissur	Tuesday	Pain & Palliative Care

Source: District Data

## 4.6.9 District-Specific Initiatives

**Table 4.6.10: District-specific initiative**

Sl. No.	Name of the Programme	Institution Where Implemented	Days of functioning
1	<b>Renal Op</b>	District Homoeopathy Hospital, Thrissur	Monday
2	<b>Autism Spectrum Disorder OP</b>	District Homoeopathy Hospital, Thrissur	Saturday

*Source: District Data*

## 4.7 Standardisation of Institutions

### 4.7.1 NABH - Entry-level certification

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Thrissur District, NABH standards are being adopted in homoeopathy institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

**Table 4.7.1: Table of NABH entry-level certified institutions**

Sl no	Name of Institution
1	Govt. Homoeo Dispensary Pazhayannur
2	Govt. Homoeo Dispensary Kaipparambu
3	Govt. Homoeo Dispensary Kondazhy
4	Govt. Homoeo Dispensary Ayyanthole
5	Govt. Homoeo Dispensary Aloor
6	Govt. Homoeo Dispensary Anthikkad
7	Govt. Homoeo Dispensary Kolazhy
8	Govt. Homoeo Dispensary Puthur

*Source: District Data*

#### **4.7.2 Kayakalp**

The Kerala AYUSH Kayakalp Award is a state-level initiative under the National Ayush Mission Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

**Table 4.7.2: List of Institutions which have received the Kayakalp award**

Sl.No	District	Facility Name	Department	Category	Score	Status
1	Thrissur	DHH Thrissur	Homoeopathy	District Hospital	99.17%	1st Prize
2	Thrissur	Govt. Homoeo Dispensary Ayyanthole	Homoeopathy	AHWC	99.58%	1st Prize
3	Thrissur	Govt. Homoeo Dispensary Puthur	Homoeopathy	AHWC	97.92%	Commendation
4	Thrissur	Govt. Homoeo Dispensary Kaiparambu	Homoeopathy	AHWC	97.50%	Commendation
5	Thrissur	Govt. Homoeo Dispensary Kolazhy	Homoeopathy	AHWC	91.67%	Commendation

Source: District Data

### 4.7.3 Model Dispensary

Model dispensaries serve as an effective mechanism for standardizing health care service delivery across homoeopathy institutions. Dispensaries with a consistently high volume of Outpatient (OP) attendance are identified and selected for upgradation as Model Dispensaries, ensuring optimal utilization of resources and maximum public benefit. The upgradation is implemented in a phased manner, focusing on improvements in infrastructure, manpower support, service delivery systems, and patient amenities. This initiative is supported through consistent financial assistance from the Plan budget, enabling sustained quality enhancement and uniform service standards across selected institutions.

**Table 4.7.4: List of institutions upgraded as model dispensary**

Sl No	Name of Institution
1	Govt. Homoeo Dispensary Sreenarayanpuram
2	Govt. Homoeo Dispensary Aloor
3	Govt. Homoeo Dispensary Puthenchira
4	Govt. Homoeo Dispensary Kaipamangalam
5	Govt. Homoeo Dispensary Mala
6	Govt. Homoeo Dispensary Kandanassery
7	Govt. Homoeo Dispensary Muriyad
8	Govt. Homoeo Dispensary Pazhayannur
9	Govt. Homoeo Dispensary Chazhur
10	Govt. Homoeo Dispensary Kondazhy
11	Govt. Homoeo Dispensary Kunnamkulam
12	Govt. Homoeo Dispensary Irinjalakkuda
13	Govt. Homoeo Dispensary Puthur
14	Govt. Homoeo Dispensary Kodakara

*Source: District Data*

#### **4.8 Ayushman Arogya Mandir - AYUSH**

Ayushman Arogya Mandir (AYUSH) represents a people-centred initiative aimed at strengthening accessible, affordable, and holistic primary healthcare services across the community. These centres integrate the principles and therapeutic strengths of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy to promote wellness, disease prevention, and comprehensive care.

Functioning as the first point of contact for individuals and families, Ayushman Arogya Mandirs provide outpatient care, health promotion, lifestyle counselling, management of common ailments, and support for chronic disease management through AYUSH systems. The focus remains on preventive and promotive healthcare, encouraging healthy living practices and early intervention to reduce the burden of disease.

By combining traditional knowledge with organized public health delivery, Ayushman

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Arogya Mandir (AYUSH) contributes significantly to the national vision of Universal Health Coverage. These centres play a key role in extending quality AYUSH healthcare to rural and urban populations alike, ensuring continuity of care while preserving India's rich heritage of holistic healing. 19 institutions have been upgraded as 4.8 Ayushman Arogya Mandir - AYUSH

**Details of Institutions upgraded as Ayushman Arogya Mandir - AYUSH are attached as annexure 4.8**

#### **4.9 Temporary Homoeo Dispensaries**

Temporary Homoeo Dispensaries are established during major festival seasons. The unit that operates in Thrissur is Guruvayoor Temporary Dispensary

#### **4.10 Digital Health**

##### **4.10.1 AHIMS - AYUSH Health Information Management System**

The Ayush Homoeopathy Information Management System (AHIMS) is the official Information Management System implemented by the Department of Homoeopathy to digitize and streamline the clinical, administrative, and institutional functions of Homoeopathy healthcare facilities across the State.

AHIMS Version 1 (AHIMS 2.0) was introduced in 2019 as the foundational digital platform. This version primarily focused on the collection and consolidation of numerical and institutional data related to core operations such as OP/IP statistics, asset management, medicine indenting, Plan and Non-Plan fund management, basic reporting, and institutional profile data. AHIMS 1.0 established a standardized digital workflow across Homoeopathy institutions and enabled centralized data availability for effective monitoring, reporting, and policy-level decision-making. The software received Second Prize in the eHealth – e Medicine category of the State e-Governance Awards for the years 2019–20 and 2020–21, recognizing its contribution to digital health governance.

AHIMS Version 2 (AHIMS 2.0), launched in 2023, represents a significantly enhanced and expanded phase of the system. In addition to strengthening the unique Homoeopathy Hospital Management System—the only such digital solution in the country covering more than 1,100 Homoeopathy institutions—Version 2 introduced advanced administrative and

governance-oriented modules. A major addition is the comprehensive Establishment / HR module, which covers employee service details, recruitment, probation, service history, disciplinary proceedings, and document management. The upgraded version also supports improved internal governance, better data integrity, and expanded operational modules including accounts, stock management, institutional administration, and system-level controls. Overall, AHiMS 1.0 laid the digital foundation, while AHiMS 2.0 evolved the platform into a comprehensive, integrated management system, supporting both healthcare service delivery and administrative efficiency in the Homoeopathy sector.

57% Government Homoeopathy institutions in Thrissur District are actively delivering digital health services through the AHiMS. Key functional areas including patient registration, clinical documentation, and service reporting are being carried out digitally across institutions. Medicine stock management in both Government Homoeopathy institutions and AYUSH Primary Health Centres (APHCs) has been fully digitalised, ensuring accurate tracking of stock availability, consumption, and distribution. The medicine procurement process is now 100% online, enabling transparent monitoring of indents, purchase orders, supply status, and delivery timelines. These digital processes are supported by real-time dashboards accessible to the District Medical Officer (DMO), facilitating effective oversight, data-driven decision-making, and improved efficiency in medicine supply chain management.

#### 4.10.2 ABDM activities

In connection with ABDM activities in Thrissur District, **99% Health Facility Registry (HFR) creation has been achieved**, with all **106 health facilities successfully registered**. In addition, **54 Health Professional Registries (HPRs)** have been created out of **113 eligible health professionals (48%)**, reflecting substantial progress in on boarding healthcare providers onto the ABDM ecosystem. Continuous efforts are underway to complete the remaining HPR registrations to ensure full compliance and seamless digital health data exchange across the district.

#### 4.11 Medicine Availability & Logistics

LSGD has allocated Rs. 1,20,00,000/- for medicine purchases specifically for homoeopathy institutions in Thrissur district. This allocation falls under LSGD's health sector initiatives, enabling timely purchases

#### 4.12 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in homoeopathy institutions. In Thrissur District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

**Table 4.12.1: Laboratory facilities in Institutions**

SL No	Name of Institution
1	THRISSUR GOVT HOMOEOPATHY HOSPITAL

Source: District Data

**Table 4.12.2: Ultrasound facilities in Institutions**

SL No	Name of Institution
1	THRISSUR GOVT HOMOEOPATHY HOSPITAL

Source: District Data

#### 4.13 Financial Expenditure

During 2023–24, Thrissur District received an allocation of ₹71.15 lakhs under the AYUSH programme, which was fully released. Out of this, an expenditure of ₹65.24 lakhs was incurred, resulting in utilisation rate of approximately 91.68%, reflecting effective absorption of the sanctioned funds. In the financial year 2024–25, an amount of ₹48.28 lakhs was allocated and fully released, with an expenditure of ₹48.27 lakhs, indicating almost 100% utilisation. Although the allocation during 2024–25 was comparatively lower than the previous year, the district demonstrated enhanced expenditure efficiency and timely

utilisation of funds. Overall, the financial performance of Thrissur District highlights sound financial planning, complete release of allocated funds, and efficient utilization, supporting the smooth and effective implementation of AYUSH programme activities across the district

**Table 4.13:Financial Expenditure**

Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure Amount(in Lakhs)
2023-24	71.15422	71.15422	65.23844
2024-25	48.28061	48.28061	48.2693

Source: Plan space 2.0

#### 4.14 IEC Activities

##### 4.13.1 Thrissur pooram





Figure 4.13.1: Thrissur pooram

#### 4.13.2 Guruvayoor Temporary Dispensary



Figure 4.13.2: Guruvayoor Temporary Dispensary

#### 4.13.2 Itfok



Figure 4.13.2 Itfok Camp

## Chapter 5

### NATIONAL AYUSH MISSION KERALA SERVICES

#### 5.1 Introduction

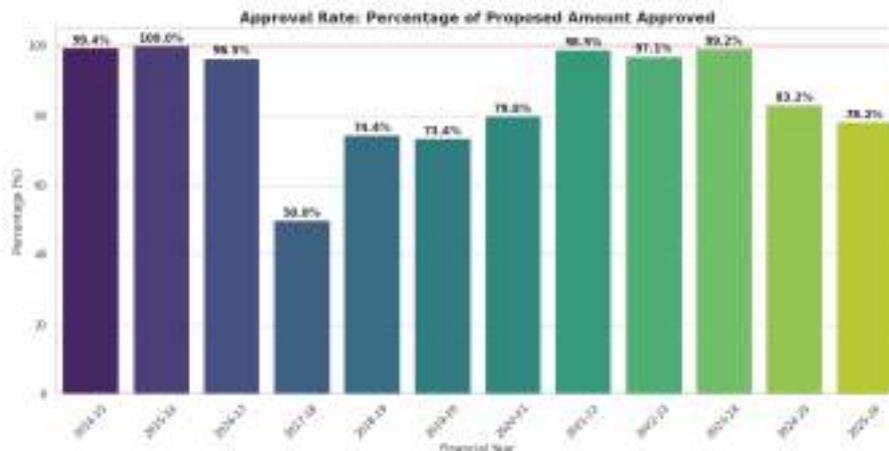
National AYUSH Mission is a Centrally Sponsored Scheme under the Ministry of AYUSH. The government of India launched National AYUSH Mission (NAM) during the 12th plan in 2014. In Kerala, NAM started activities in 2015. The aim of NAM is to mainstream AYUSH Systems into health care services, to develop evidence-based AYUSH management protocol through scientific documentation and to ensure the accessibility of quality AYUSH services. Regarding the funding pattern, 60% share is provided by the Central Government and 40% is provided by the State Government.

The vision is to provide cost-effective, equitable, and accessible AYUSH healthcare across the country by strengthening service delivery systems and improving access to quality care. It emphasizes the integration of preventive and promotive healthcare approaches within primary health services, while promoting a holistic wellness model grounded in AYUSH principles and practices. In addition, the vision seeks to enhance AYUSH educational institutions to ensure the delivery of high-quality education and the development of competent professionals to support the growth of the AYUSH sector.

The objective is to ensure the availability of AYUSH healthcare services across the country by strengthening and improving AYUSH healthcare infrastructure and service delivery. It aims to establish a holistic wellness model through AYUSH Health and Wellness Centres with a strong focus on preventive and promotive healthcare based on AYUSH principles and practices, thereby reducing disease burden and out-of-pocket expenditure. The approach also seeks to provide informed choices to the public through the co-location of AYUSH facilities at Primary Health Centres, Community Health Centres, and District Hospitals, promoting medical pluralism. Further, it emphasizes the role of AYUSH in public health in alignment with the National Health Policy (NHP) 2017.

### 5.1.1 National Ayush Mission – Funding Approval Analysis

The analysis highlights the financial growth pattern, approval efficiency and year-wise variations to support planning, monitoring and future programme strategy formulation.



**Figure 5.1.1.1 Funding Approval Analysis**

Figure 5.1.1.1 illustrates the year-wise comparison of Resource Envelope, Amount Proposed and Amount Approved under the National AYUSH Mission. The chart indicates a progressive increase in financial allocations over the years, reflecting expansion of programme scope and implementation scale.

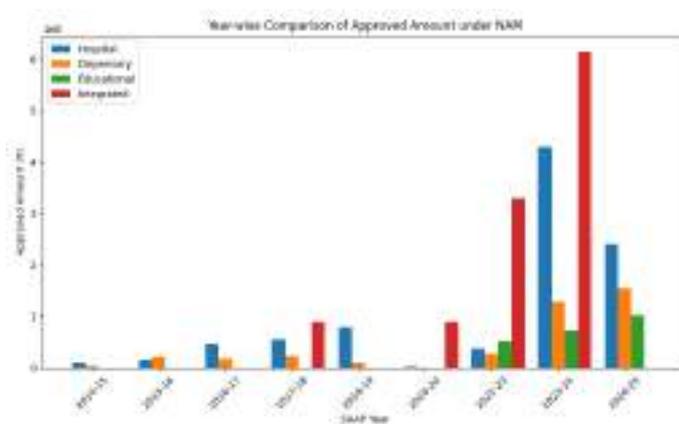


**Figure 5.1.1.2 Trend Analysis of Funding Approval Analysis**

Figure 5.1.1.2 depicts the approval efficiency trend, highlighting the percentage of proposed funds approved each year. The consistently high approval rate demonstrates effective planning, quality proposal preparation and strong institutional coordination with the approving authorities.

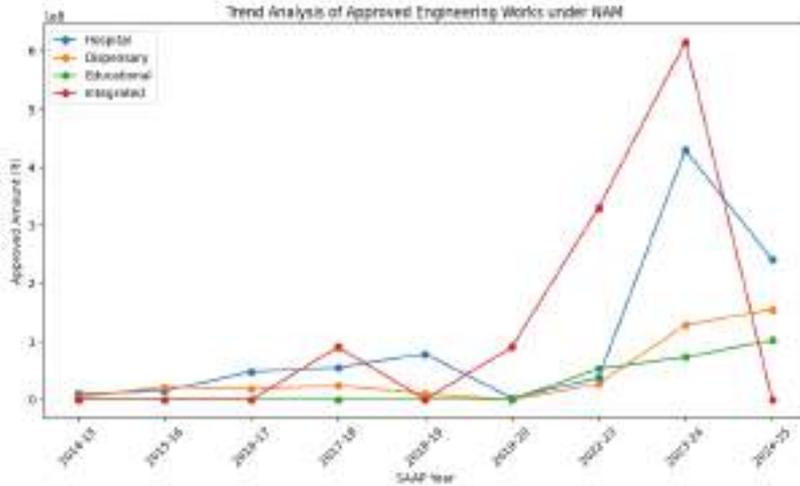
### 5.1.2 Approved Amount for Engineering Construction Works Under NAM

The following graphical representation presents a comprehensive trend analysis of the approved financial outlay for Engineering Construction Works executed under the National AYUSH Mission (NAM) across multiple SAAP years. The analysis examines sector-wise movement, total funding behaviour, priority shifts and percentage contribution patterns over time.



**Figure 5.1.2.1 Analysis of Approved Amount for Engineering Construction Works Under NAM**

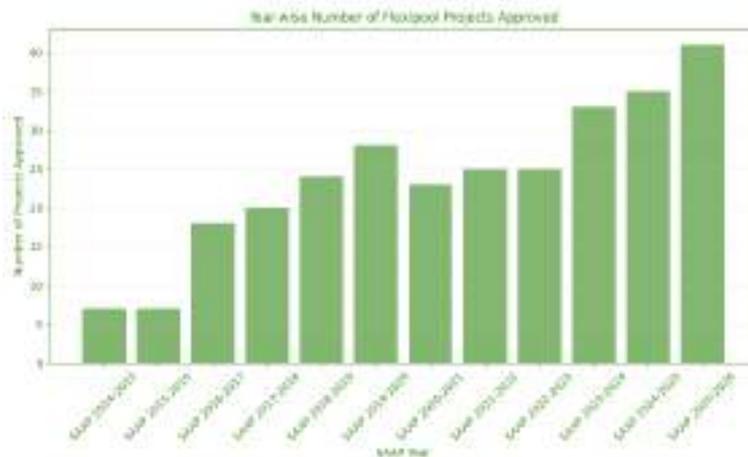
Figure 5.1.2.1 presents the SAAP year-wise approved financial outlay for Engineering Construction Works under the National AYUSH Mission. The trend reflects periodic increases aligned with infrastructure strengthening priorities, including hospitals, dispensaries and academic institutions.



**Figure 5.1.2.2 Trend Analysis of Approved Amount for Engineering Construction Works Under NAM**

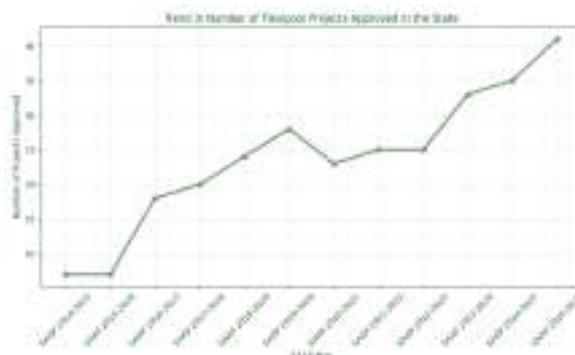
Figure 5.1.2.2 highlights the proportional distribution and trend movement of engineering works funding across SAAP years. Variations indicate strategic prioritisation of construction activities based on programme needs and infrastructure gaps.

**5.1.3 Flexipool Projects Approved in The State – Trend Analysis Report**



**Figure 5.1.3.1 Analysis of Flexipool Project Approved in the State**

Figure 5.1.3.1 illustrates the number of Flexipool projects approved under the National AYUSH Mission across SAAP years. The upward trend indicates increased utilisation of the Flexipool component to address State-specific and innovative healthcare needs.

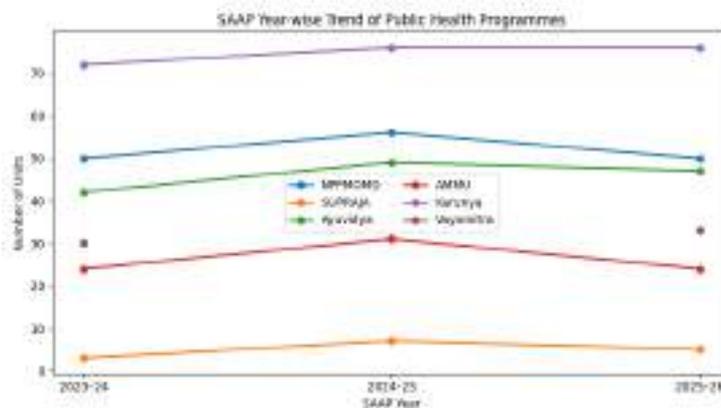


**Figure 5.1.3.2 Trend Analysis of Flexipool Project Approved in the State**

Figure 5.1.3.2 presents the comparative trend analysis, showing periods of accelerated project approvals. This reflects improved planning capacity and greater emphasis on flexible, need-based interventions.

#### 5.1.4 National Ayush Mission - Public Health Programmes – Kerala – Funding Approval Analysis

The SAAP year-wise data and trend analysis of Public Health Programmes implemented in Kerala.



**Figure 5.1.4.1 Trend Analysis of Public Health Programmes established**

- National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders (NPPMOMD) shows sustained implementation across all SAAP years, reflecting continued focus on musculoskeletal disorder management.
- Karunya consistently records the highest number of units, indicating wide beneficiary coverage.
- SUPRAJA and AYUSH Mobile Medical Unit show expansion during 2024–25, highlighting emphasis on maternal health and outreach services.
- Ayurvedya demonstrates a stable trend.
- Vayomitra shows strengthening in 2025–26, reflecting enhanced geriatric care services.

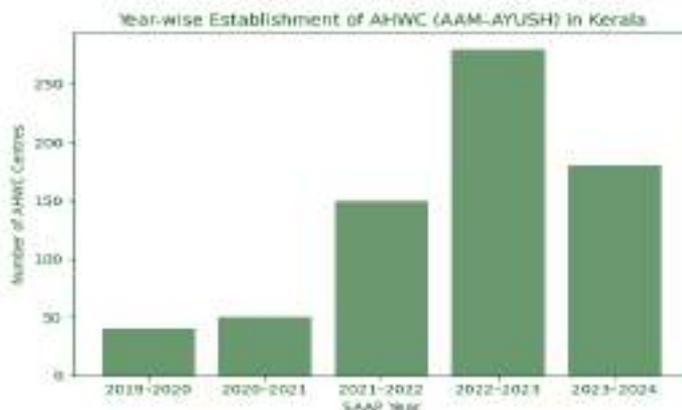
**Table No 5.1.4.1 Details of Approved Public Health Programs**

SI NO	Name of Public Health programs	Number of Units
1	NPPMOMD	50
2	SUPRAJA	3
3	Ayurvedya	42
4	AYUSH Mobile Medical Unit	24
5	Vayomitra	30
6	Karunya	72

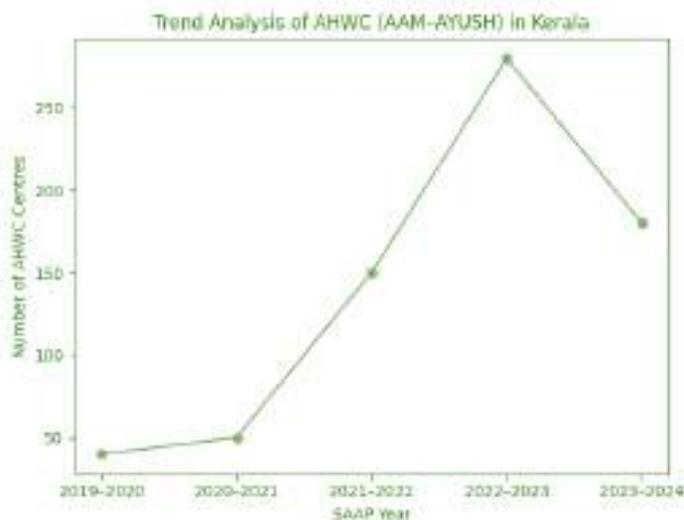
*Table Source: NAM SAAP-2025-26*

### 5.1.5 Ayushman Arogya Mandir (Aam-Ayush) – Kerala

This graphical representation presents the SAAP year-wise details and trend analysis of 700 Ayushman Arogya Mandir (AAM-AYUSH) / AYUSH Health & Wellness Centres (AHWC) established in Kerala



**Figure 5.1.5.1 Graph representation of AAM AYUSH established in Kerala**



**Figure 5.1.5.2 Trend Analysis of AAM AYUSH established in Kerala**

Figures depicts the SAAP year-wise establishment of Ayushman Arogya Mandir (AAM-AYUSH) / AYUSH Health & Wellness Centres in Kerala. The chart shows a steady expansion from 2019–20 onwards, with significant scale-up during 2021–22 and 2022–23. This trend highlights Kerala’s sustained commitment to strengthening AYUSH-based comprehensive primary healthcare services at the grassroots level.

## 5.2 Administration

In the State of Kerala, the National AYUSH Mission (NAM) operates through a specialized administrative framework to manage its extensive network of healthcare services and public health initiatives. The mission is governed by a State AYUSH Mission Society, which provides the strategic and financial oversight necessary for mainstreaming traditional medicine into the state's public health infrastructure. This decentralized approach ensures that services like Ayurveda and Homoeopathy are effectively integrated from the state level down to the local communities

At the district level, the District Programme Management and Supporting Unit (DPMSU) serves as the operational hub, acting under the direct instructions and guidance of the State Mission Office (SPMSU). This unit is the primary body responsible for the localized management and implementation of AYUSH services within each district.

The administrative setup within the DPMSU includes one District Programme Manager (DPM) and one Accounting Clerk. This team is responsible for coordinating, monitoring, and implementing various programmes and activities under the District AYUSH society, ensuring effective execution and timely reporting of all project components to the state level. This structure allows for the smooth management of local health needs, including the operationalization of AYUSH Health and Wellness Centers and the execution of specialty-focused public health projects.

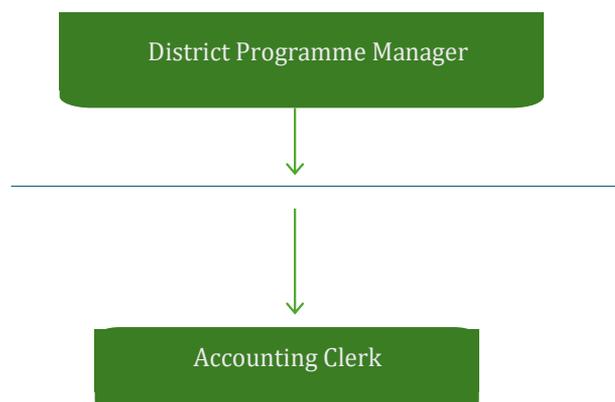


Table No 5.2.2 presents the contact and office details of the District Programme Management and Supporting Unit (DPMSU), including the District Programme Manager responsible for coordinating and implementing NAM activities at the district level.

**Table No: 5.2.2: District Programme Management and Supporting Unit Profile**

Post	Office Address	Office Number	Mail id
District Programme Manager	DPMSU, NATIONAL AYUSH MISSION, RamaVarma District Ayurveda Hospital Campus, Palace Road, Patturaikkal, Thrissur-680022	8848002946, 0487 2939190	dpmnamtsr@gmail.com

*Source: District data*

### 5.3 Human Resources Profile

The National AYUSH Mission provides human resources to both the Indian Systems of Medicine (ISM) and Department of Homoeopathy in Kerala through its major functional components, namely AYUSH Services (Medical Officers and supporting staff), Public Health Programmes, Flexipool Projects, and Ayushman Arogya Mandir (AYUSH). In addition, the Mission deploys personnel for programme management and administrative support to enable effective planning, implementation, monitoring, and financial management of AYUSH activities. This integrated human resource framework ensures efficient healthcare delivery and sustained institutional support across the State.

**AYUSH Services (HR)** under NAM refers to the provision of Medical Officers and supporting staff to both ISM and Department of Homoeopathy, ensuring the availability of skilled manpower for effective healthcare service delivery.

**Flexipool Projects** enable the State to implement innovative and state-specific projects and programmes, providing flexibility to address local health priorities and emerging needs.

**Ayushman Arogya Mandir (AAM-AYUSH)** functions as the primary AYUSH healthcare delivery point, ensuring accessible, affordable and quality services while supporting preventive, promotive, curative and rehabilitative care with strong community outreach.

**AYUSH Public Health Programmes** are national initiatives aimed at addressing priority health conditions through disease prevention, health promotion, awareness generation and strengthened healthcare delivery, contributing to holistic community wellness and improved public health outcomes.

**District Programme and Management Unit (DPMSU)** provide governance, coordination, monitoring, financial management and reporting support through the deployment of two staff members

Table No 5.3.1 shows the distribution of Medical Officers and Supporting Staff across ISM, Homoeopathy, and DPMSU under the National AYUSH Mission in the district

**Table No 5.3.1 Department-wise Component HR Strength under NAM**

Department	Component	Medical Officers	Supporting staffs	Total
ISM	Ayush Services HR	22	48	176
	Flexipool Projects	8	21	
	Ayushman Arogya Mandir(hwc)	0	66	
	Public Health Programme	5	6	
HOMOEOPATHY	Ayush Services HR	4	6	68
	Flexipool Projects	4	4	

	Ayushman Arogya Mandir	0	37	
	Public Health Programme	4	9	
DPMSU	Admin	1	1	2
<b>Total HR</b>		246		

Source: District data

The details of medical and paramedical posts sanctioned in the district in Department-wise Component HR Strength under NAM which includes the category of posts, number of positions approved across various health institutions, are attached as annexure 5.3.1

#### 5.4 Ayush Services- Supply of Essential Drugs

Supply of Essential Drugs to Government AYUSH Hospitals and Dispensaries

- ₹4.00 lakhs per annum for essential drugs for AYUSH Hospitals
- ₹2.00 lakhs per annum for essential drugs for AYUSH Dispensaries

Table No 5.4 presents the number of institutions sanctioned under the National AYUSH Mission along with the amount approved for each institution. The financial support ensures uniform strengthening of AYUSH facilities and improved service delivery across all approved centers.

**Table No 5.4 Number of institutions sanctioned under the supply of essential drugs**

Sl. No.	Institution	No. of sanctioned institution	Amount Sanctioned for each institution Amount
1	Hospital	18	₹4.00 lakhs
2	Dispensaries	64	₹2.00 lakhs

Source: District data

## 5.5 Ayush Services- Health Infrastructure Development

### 5.5.1 Upgradation of Exclusive / Standalone Government AYUSH Hospitals/ AYUSH Dispensaries

During the SAAP period from 2015–16 to 2018–19 in Thrissur district, administrative sanction was accorded for development of Homoeopathy and ISM institutions, including hospitals, dispensaries and an integrated AYUSH facility. Sanction of ₹75.00 lakh was provided in 2017–18 for the District Homoeopathy Hospital, Thrissur. Under ISM, funds were sanctioned for Govt. Ayurveda Dispensary, Mundathikkode (₹15.00 lakh) in 2015–16 and Govt. Ayurveda Dispensary, Thykkad (₹20.00 lakh) in 2017–18. A major sanction of ₹900.00 lakh was accorded during 2017–18 for Phase-I construction of a 50-bedded Integrated AYUSH Hospital at Chalakkudy. Further, in 2018–19, sanctions were provided for District Ayurveda Hospital, Thrissur (₹35.00 lakh) and Govt. Sports Ayurveda Hospital, Thrissur (₹50.00 lakh), reflecting significant strengthening of AYUSH healthcare infrastructure in the district and during the SAAP period 2023–24 and 2024–25, various construction and upgradation works of Ayurveda and Homoeopathy institutions in Thrissur district were taken up through implementing agencies including M/s SILK and M/s KHRWS.

Major works include upgradation of Govt. Visha Vaidya Hospital, Wadakkanchery and District Homoeopathy Hospital, Thrissur, construction of new Govt. Ayurveda Hospitals at Annammanada, Kodakara and Anthikkad, and construction of an academic block at Vaidyarathnam Ayurveda College, Ollur. Several new Ayurveda dispensaries at Mullassery, Kunnamkulam, Kondazhy, Vellangallur and Pullu Island, along with upgradation of existing dispensaries at Karalam and Killannur, are under progress with physical achievements ranging from initial stages to about 50%, while one work is hindered due to land clearance issues. All remaining works are ongoing with completion schedules extending up to March 2027, indicating phased development of AYUSH infrastructure in the district.

**The details of completed & ongoing infrastructure development works under the National AYUSH Mission (NAM) for Ayurveda and Homoeopathy institutions in the district across various financial years are attached as Annexure 5.5.1**

### 5.5.2 Setting up of up to 10/30/50 bedded integrated AYUSH Hospital

This table presents the details of Integrated AYUSH Hospital projects sanctioned under the National AYUSH Mission (NAM) in Kerala, including the State Annual Action Plan (SAAP) year, district, name of the project, and the amount approved as per the scheme.

**Table No 5.5.2 Integrated AYUSH Hospital Projects under NAM Kerala**

Integrated AYUSH Hospital Projects under NAM Kerala				
SL No.	SAAP Yr	District	Name of Work	Amount Approved as per scheme
1	2023-24	Thrissur	Construction of 50 Bedded Integrated AYUSH Hospital Chalakkudi - Phase II	₹ 47.500.000,00
2	2017-18	Thrissur	Construction of 50 Bedded Integrated AYUSH Hospital Chalakkudi - Phase I	₹ 90.000.000,00

Source: District Data

### 5.6 Ayush Services- Programmes & Projects- Ayush Public Health Programmes

The AYUSH Public Health Programmes aim to strengthen India's public health system through preventive, promotive, curative, and rehabilitative healthcare using traditional systems of medicine. In the context of increasing chronic diseases, ageing population, and lifestyle-related disorders, AYUSH systems offer safe, cost-effective, and evidence-based healthcare options. Under the National AYUSH Mission (NAM), structured programmes have been launched focusing on musculoskeletal disorders (especially osteoarthritis), non-communicable diseases, maternal and neonatal care, mobile medical services, geriatric and palliative care, and school health promotion. These are implemented through existing NAM frameworks at state and district levels with emphasis on evidence-based interventions, capacity building, and IT-enabled monitoring.

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### **5.6.1 National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders- in brief**

Musculoskeletal disorders (MSDs), including osteoarthritis, are a major cause of disability and reduced productivity globally and in India, affecting around 20% of the population.

**Need for AYUSH Intervention:** There is no dedicated programme in India for MSDs. AYUSH therapies, including herbal medicines, yoga, diet, and lifestyle modifications, offer effective and safe management options. Integrating these interventions supports the goals of the National Health Policy (2017) and Sustainable Development Goal 3.

#### **Objectives:**

- a. Manage osteoarthritis and other MSDs through AYUSH-based integrative approaches.
- b. Promote self-care and awareness through Information, Education and Communication (IEC) activities.

#### **Implementation Strategy:**

Populations are categorised by risk levels for targeted intervention. Activities are implemented through AYUSH Health and Wellness Centers, dispensaries, and affiliated institutions. Major components include screening, preventive awareness, yoga, diet and lifestyle advice, clinical consultations, rejuvenation therapies (Rasayana), cleansing (Shodhana), Varma therapy, medicated oil applications, and follow-up care.

#### **The following institutions are providing service under this project**

1. District Homoeo Hospital, Thrissur
2. Govt.Ayurveda Hospital, Valappadu, Thrissur

Table No 5.6.1 shows the Beneficiary details of NPPMOMD programme in Ayurveda and Homoeopathy

**Table No 5.6.1 Beneficiary Details of NPPMOMD**

Sl. No.	Department	Old	New	Total
1	Ayurveda	4374	1692	6066
2	Homoeopathy	2189	1174	3363

Source: District data

**Figure 5.6.1 NPPMOMD Treatment**

### 5.6.2 VAYO MITRA: AYUSH Geriatric Healthcare Services – in brief

With India's ageing population rising and the old-age dependency ratio increasing, ensuring the health, dignity, and wellbeing of senior citizens has become vital. The *Vayo Mitra* initiative under the National AYUSH Mission focuses on promoting healthy ageing through preventive, promotive, and therapeutic AYUSH approaches. Traditional practices like *Swasthavritha* (maintenance of health), *Rasayana* (rejuvenation), *Panchakarma*, and *Tadbir-i-Shaykhukhat* (Unani geriatric care) form the basis of AYUSH geriatric healthcare.

#### Objectives:

- Create awareness about healthy ageing and ways to reduce morbidity in old age.
- Provide specialised AYUSH healthcare for the elderly through the existing AYUSH network.

- Promote community recognition of the value and potential of healthy elderly individuals.

### Implementation Strategies:

- **Preventive & Promotive Care:**

Encourages healthy routines (*Dinacharya, Ritucharya*), yoga, stress management, balanced diet, and proper lifestyle habits. Trained health workers conduct domiciliary visits, health assessments, and weekly AYUSH clinics for the elderly.

- **Information, Education & Communication (IEC):**

Health education through mass and folk media promotes physical fitness, stress reduction, and awareness on AYUSH geriatric care. Elderly clubs and health camps will be organised, and IEC materials and media campaigns will spread messages on healthy ageing and available AYUSH services.

### The following institution is providing service under this project

1. Govt Ayurvedaa Hospital, Kodakara, Thrissur

Table No 5.6.2. provides gender-wise and total beneficiary coverage under the Vayo Mitram geriatric care project.

**Table No 5.6.2. beneficiary details**

Units	Old	New	Total	Male	Female
TSR	1623	1256	2879	1057	1826

Source: District data



**Figure 5.6.2 Vayo Mitra Treatment**

### **5.6.3 AYURVIDYA: Promotion of Healthy Lifestyle through AYUSH for School Children - in brief**

The AYURVIDYA programme aims to promote healthy lifestyles and awareness about AYUSH principles among school children, focusing on hygiene, diet, yoga, and the use of medicinal plants and home remedies. The initiative targets schools in regions with poor health indicators, especially aspirational districts, to instill lifelong healthy habits from an early age.

#### **Objectives:**

- To encourage school children to adopt healthy lifestyles and diets based on AYUSH principles.
- To create awareness about the importance of medicinal plants and simple home remedies.
- To educate children about yoga for fitness, wellbeing, and stress management.

#### **Implementation Strategy:**

- The programme will cover UPTO 300 schools per year, with an AYUSH doctor and multipurpose worker catering to UPTO 25 schools monthly.
- Block-level teams including AYUSH professionals, headmasters, and NGOs will conduct AYUSH and nutrition education sessions.

- Teaching methods will use interactive tools such as videos, quizzes, posters, slogans, and street plays for effective learning.
- Activities include health and hygiene campaigns, yoga camps, medicinal herb plantations, and early health screening for common conditions.
- Teachers will be trained to identify medicinal plants and teach home remedies.
- Referral linkages with AYUSH hospitals and colleges will ensure follow-up care, and IEC materials will be distributed for awareness.

**The following block/Sub division/district/ of the proposed public health programme**

1. Thrissur Corporation Thrissur district AHWC Pazhayannur
2. Vadanapally Panachayath, Thalikulam Block, Thrissur
3. Cherpu Panachayath, Cherpu Block, Thrissur
4. Choondal Panachayath, Chawannur Block. Thrissur
5. Deshamanagalam Panchayath, Vadakanchery Block, Thrissur
6. Vaidyarathanam Kottakal Ayurveda College , Ollur Block , Thrissur
7. Vaidyarathanam Ayurveda College, Thrissur

Table No 5.6.3 presents the number of awareness sessions conducted and beneficiaries reached under AYURVIDYA.

**Table No 5.6.3 showing the beneficiary details under the project**

No Of Awareness Session	No Of Beneficiaries
9	604

*Source: District data*



**Figure 5.6.3 Awareness Camp**

#### **5.6.4 KARUNYA: AYUSH Palliative Services – in brief**

The KARUNYA initiative aims to provide compassionate, holistic palliative care through AYUSH systems of medicine, focusing on improving the quality of life of patients with life-limiting illnesses and supporting their families. Palliative care addresses physical, emotional, social, and spiritual needs, particularly for patients with conditions such as cancer, neurological disorders, organ failure, autoimmune diseases, HIV/AIDS, and age-related illnesses.

The programme emphasises home-based care, considering it cost-effective and comforting, and integrates supportive care into AYUSH dispensaries, Health & Wellness Centres, and hospitals. Early initiation of palliative care, from the time of diagnosis, helps ensure better symptom management and family preparedness.

##### **Objectives:**

To provide quality, integrated supportive care for patients suffering from chronic, lifestyle-related, geriatric, and psychiatric conditions.

##### **Implementation Strategy:**

- Home visits by AYUSH medical officers and trained health workers for patient assessment and basic care.

- Relief from pain and other symptoms through AYUSH treatments, along with psychosocial counselling.
- Use of AYUSH HWCs for community mobilisation and awareness.
- Conducting training and sensitisation programmes for healthcare professionals.
- Regular monitoring and evaluation of services.

**The following block/Sub division/district/ of the proposed public health programme**

1. District Homoeo Hospital, Thrissur
2. Kattoor Panchayath, Irinjalakkuda Block, Thrissur
3. Vallachira Panchayath, Cherpu Block, Thrissur
4. Orumanayoor Pachayath, Chavakadu Block, Thrissur
5. Vadanapally Panchayath, Thalikulam Block, Thrissur
6. Cherpu Panchayath, Cherpu Block, Thrissur
7. Choondal Panchayath, Chawannur Block, Thrissur
8. Deshamangalam Panchayath, Vadakanchery Block, Thrissur
9. Vaidyaratnam Ayurveda College Ollur Thrissur
10. Pazhayannur Block, Thrissur

**Table No 5.6.4.1. Beneficiary details of KARUNYA**

Department	New Cases	Old Cases	Grand Total
Homoeopathy	222	774	996
Ayurveda	150	330	480

*Source: District data*



**Figure 5.6.4 Palliative care**

### **5.6.5 SUPRAJA: AYUSH Maternal & Neo-natal Intervention – in brief**

SUPRAJA under the National AYUSH Mission focuses on holistic maternal and child healthcare through AYUSH-based antenatal and postnatal care. It aims to reduce maternal and neonatal morbidity and mortality, ensure proper foetal development, promote normal delivery, and improve overall wellbeing of mothers and infants through AYUSH regimens, diet counselling, and yoga. The programme supports management of common pregnancy-related issues, promotes maternal strength, and addresses neonatal and childhood ailments through safe AYUSH interventions. Care includes regular antenatal check-ups, nutrition counselling, yoga, herbal support, postnatal care, breastfeeding promotion, and maternal health monitoring.

#### **Objectives**

- To reduce maternal and neonatal morbidity and mortality through AYUSH-supported care.
- To ensure proper foetal growth with continuous medical monitoring and prophylaxis.
- To prevent pregnancy-related complications and promote normal delivery.
- To improve overall health and wellbeing of mothers and infants through AYUSH regimens, diet counselling, and yoga.

## Implementation Strategy

- Establish SUPRAJA units in AYUSH teaching institutions and selected State AYUSH hospitals.
- Provide regular antenatal and postnatal check-ups along with routine medical care and AYUSH support.
- Supply AYUSH postnatal care kits to beneficiaries.
- Conduct training and capacity building programmes for AYUSH healthcare providers.
- Implement IEC activities to enhance awareness, participation, and community outreach.

**Table No 5.6.5.1 Institution under proposed Public Health Program**

SUPRAJA: AYUSH Maternal & Neo-natal Intervention	
Name of the Block/Sub-division/ District/ of the proposed Public Health Program	
1	Vaidyaratnam Ayurveda College, Ollur, Thrissur

Source: District data

## 5.7 Ayush Services- Programmes & Projects- Flexipool Projects

The Flexipool project is a component that allows States to utilise up to 25% of the actual SAAP (State Annual Action Plan) amount to implement innovative or state-specific projects and programmes. It provides flexibility for the State to design and execute activities based on local health priorities and emerging needs that may not be covered under mandatory components of NAM guidelines.

### 5.7.1 Allergy & Asthma Special Clinic (Homoeopathy)

The project is a statewide Homoeopathy initiative aimed at addressing allergy, asthma, and chronic respiratory diseases (CRDs) such as chronic obstructive pulmonary disease (COPD) and chronic bronchitis through outpatient and inpatient services in all District Homoeopathy Hospitals in Kerala. The initiative seeks to provide comprehensive Homoeopathic treatment, reduce morbidity and mortality, and lessen the financial, physical, and emotional burden on patients and their families.

The programme includes outpatient and inpatient care, community outreach activities, medical camps, and health education programmes, supported by a structured monitoring and evaluation system using baseline data, patient registries, electronic medical records (EMRs), review meetings, and impact assessments. Special clinics are established in district hospitals with patient-friendly facilities and appointment systems, supported by patient mobilisation through referrals, awareness sessions, information, education and communication (IEC) activities, and medical camps, with inpatient care provided wherever clinically indicated.

Table No 5.7.1 provides year-wise gender-wise and total beneficiaries treated under the Homoeopathy Allergy & Asthma Special Clinics

**Table No 5.7.1 Number of Beneficiaries**

	New Cases			Old Cases			Grand Total
	Male	Female	Total	Male	Female	Total	
2024-2025	473	638	1111	4404	5697	10101	11212
2025- April To Nov 2025	320	454	774	2753	3541	6294	7068

Source: District data



**Figure 5.7.1 Awareness Class Conducted**

### 5.7.2 Ayurkarma

Ayurkarma is an initiative that integrates Panchakarma therapies into Government Ayurveda Dispensaries in rural Kerala to ensure equitable access to holistic Ayurvedic healthcare. The programme enables economically weaker sections of the population to receive essential kriyā kramas such as Vamana, Virechana, Nasyam, Vasthi, and Raktamoksha through OP-based units established in selected dispensaries.

The project aims to bridge service delivery gaps by incorporating Panchakarma therapies into mainstream government healthcare. Patients are identified from the general OPD and evaluated by the Project Medical Officer, who prescribes appropriate therapies following necessary clinical examinations and informed consent procedures. Treatments are administered by trained therapists under medical supervision, with systematic documentation, monitoring of vital parameters, and post-procedure guidance to ensure safety and quality of care.

#### **The following are the fully operational centers in the district.**

1. Govt Ayurveda Dispensary      Kadukutty
2. Govt Ayurveda Dispensary      Kalloor
3. Govt Ayurveda Dispensary      Kuzhoor

Along with the existing treatment protocols at dispensaries, Panchakarma techniques significantly enhance the quality of life of the population, particularly for a large number of patients from rural areas who depend on these dispensaries and are unable to access hospital-based inpatient services for such therapies. Moreover, the initiative contributes to enhancing the social relevance and community value of these institutions.

Table No 5.7.2. presents the total Panchakarma procedures performed under Ayurkarma in the district.

**Table No 5.7.2 AYURKARMA Kriyakrama Sessions**

Sl No	Total Pancha Karma Procedures	Total Pancha Karma Procedures
1	2473	330

*Source: District data*

**Figure 5.7.2 Ayurkarma procedure**

### 5.7.3 Mental Health Specialty Clinics in AYUSH

The AYUSH systems—Ayurveda, Homoeopathy, and Yoga—offer time-tested, person-centric approaches to mental well-being, with a strong emphasis on the mind–body–spirit connection. Recent initiatives have demonstrated the potential of these systems in addressing the psychological, emotional, and behavioural dimensions of health. Ayurveda-Based Mental Health Projects

#### **Ayurveda-Based Mental Health Projects**

*Harsham:* Anti-Depression Ayurveda Clinics: Focus on natural therapeutic interventions to manage clinical depression, stress-related disorders and lifestyle-induced emotional conditions.

*Pratheeksha*: Improvement of IQ in MR Children: Offers cognitive enhancement therapies and Ayurvedic interventions for children with intellectual disabilities.

*Medha*: Correction of Scholastic Backwardness: Supports children facing academic and attention-related challenges through Ayurvedic formulations counseling and dietary guidance.

### **Homoeopathy-Based Mental Health Projects**

*Seethalayam Clinics* :

These are gender-responsive clinics providing Homoeopathic management for mental, physical, and social health issues of women, including anxiety, depression, postnatal stress, psychosomatic disorders, and trauma resulting from abuse.

*Sadgamaya Clinics* :

Targeted at adolescents, these clinics offer mental health support, behavioural correction, and prevention of substance abuse through Homoeopathic interventions, counselling, and outreach activities.

Homoeopathy, with its individualised remedy selection and focus on the psycho-social environment of the patient, has demonstrated effective outcomes in the management of psychosomatic disorders, mood disturbances, behavioural issues, and substance use tendencies, particularly among vulnerable population groups.

### **The List of Dispensaries/ Hospitals Under the Coverage of Harsham**

1. Govt Ayurveda Hospital Villadam
2. Govt Ayurveda Hospital Aaloor
3. Govt Ayurveda Hospital Kodakara
4. Govt Ayurveda Hospital Valappad
5. Govt Ayurveda Hospital Kadangod
6. Govt Ayurveda Hospital Guruvayoor
7. Govt Ayurveda Hospital Chelakkara

8. Govt Ayurveda Hospital Anthikkad
9. Govt Airveda Dispensary Ayyanthole
10. Rama Varma District Ayurveda Hospital, Thrissur

Table No 5.7.3 reflects a marked increase in both new and follow-up cases in the second reporting period, indicating expanding service coverage and improved continuity of care. The rising beneficiary numbers suggest growing acceptance and utilisation of the Harsham mental health clinics in the district.

**Table No 5.7.3 -Beneficiary Details of Harsham**

SL. No	District	New Cases	Old Cases	Grand Total
<b>Financial Year 1: April 2024 - March 2025</b>				
1	Thrissur	707	2111	2818
<b>Financial Year 2: April 2025 - November 2025</b>				
1	Thrissur	1061	3167	4228

*Source: District data*



**Figure 5.7.3 Harsham Awareness Camp**

### 5.7.4 Drishti

The **Drishti Project** is a comprehensive initiative aimed at promoting eye health through early detection, effective management, and accessible treatment. The project focuses on identifying ocular diseases such as diabetic retinopathy and glaucoma at an early stage to prevent future complications. For elderly individuals and patients with conditions such as heart disease who may not be suitable candidates for cataract surgery, the project provides non-surgical management options.

Drishti also emphasises the prevention of refractive errors through regular screening programmes in schools and workplaces, helping students and employees maintain optimal vision. With cost-effective treatment protocols, the initiative ensures affordable eye care compared to other systems of medicine. Most importantly, the project provides inclusive eye care services for all age groups by utilising modern diagnostic tools and offering treatment through both outpatient and inpatient services.

**Table 5.7.4. Details of Centers with No. of camp Beneficiaries During 2024-2025**

District/Unit	Total Camps	Total Camp Beneficiaries	Total IP	Total OP	Males	Females	Child
Rama Varma District Ayurveda Hospital, Thrissur	5	295	149	2592	989	1302	301

*Source: District data*

**Table 5.7.4.1 Details of No. of Beneficiaries During 2024-2025**

	Unit	Old Cases	New Cases	Grand Total
Financial Year: April 2025 - November 2025	Rama Varma District Ayurveda Hospital, THRISSUR	199	5307	5506
Financial Year: April 2024 - March 2025	Rama Varma District Ayurveda Hospital, THRISSUR	1590	2350	3940

*Source: District data*



**Figure 5.7.4 Drishti Camp**

### **5.7.5 Setting Up of Physiotherapy Unit in Government AYUSH Hospitals**

In Kerala, under the State Annual Action Plans (SAAP) for 2023–24 and 2024–25, a total of 27 physiotherapy units—including 26 units in Homoeopathy Hospitals and one unit in an ISM Hospital—have been approved and operationalised, addressing a long-pending need for physiotherapy services in AYUSH hospitals.

Given the encouraging public response, the tangible health benefits observed, and the increasing burden of lifestyle-related and degenerative diseases, the expansion of physiotherapy services under AYUSH has become increasingly relevant.

Table No 5.7.5.1 showing The physiotherapy unit and it reflects strong utilisation of physiotherapy services at the AYUSH hospital, indicating high demand for rehabilitative care and the relevance of physiotherapy in supporting AYUSH treatment outcomes.

**Table No 5.7.5.1 Detailed Review of the Beneficiaries Year 2024-25**

Sl. No.	Unit	Total No. of Beneficiaries
1	Govt Homoeopathy Hospital Thrissur	1805

*Source: District data*



**Figure 5.7.5 Setting up of Physiotherapy unit**

### 5.7.6 Sports Ayurveda Project

Sports Ayurveda is an established Ayurveda super-speciality in **Kerala** that integrates traditional Ayurvedic wisdom with modern sports medicine to enhance athletic performance, endurance, and overall well-being. It adopts a holistic approach through personalised diet and nutrition, condition-specific medicines, specialised therapeutic massages, Panchakarma therapies, and targeted rehabilitation strategies aimed at injury prevention, management of sports-related conditions, and optimisation of performance.

With a long tradition of supporting arts and sports personnel through indigenous medical systems, Kerala has demonstrated the untapped potential of Ayurveda in the field of sports medicine. The scope of Sports Ayurveda includes event-specific therapeutic interventions, pre-event conditioning, post-event recovery, off-season conditioning, energy enhancement,

prevention and management of repetitive strain and other sports injuries, and specialised care for sportswomen.

Proven to be safe and effective, Sports Ayurveda addresses preventive, curative, and rehabilitative needs without post-traumatic complications. Several injuries previously recommended for surgical intervention have been successfully managed through Ayurvedic treatment, resulting in rapid recovery. The established Sports Ayurveda units have benefited numerous national and international athletes, many of whom have achieved podium finishes, and continue to attract sports professionals from across India due to their reliable, holistic, and performance-enhancing outcomes.

This Table No 5.7.6.1 shows the availability of specialty, general and mobile Sports Ayurveda units in the district.

**Table No 5.7.6.1 District-wise Distribution of Sports Ayurveda Units in Kerala**

District	Specialty Unit	General Unit	Mobile Support
Thrissur	Yes (KISAR)	No	Yes

*Source: District data*

**Table No 5.7.6.2 District -Wise Beneficiaries of On-field Medical Support Provided**

District	No. of Events	No. of Days	Total Beneficiaries
Thrissur	44	75	1961

*Source: District data*

Table No 5.7.6.3 indicates a substantial expansion of Sports Ayurveda activities in the second reporting period, with a sharp increase in OP services, on-field support days, and beneficiary coverage. This reflects strengthened integration of AYUSH sports medicine into athletic events and growing reliance on Sports Ayurveda for performance support, injury management, and awareness generation.

**Table No 5.7.6.3 District -Wise Beneficiaries**

Data April 2024 to March 2025						
Slno	Op Beneficiaries	Referred To Kisar	Pre-Event & Post-Event Conditioning	On Field Beneficiaries	Total Beneficiaries	Days of on Field Events Attended
1	1013	0	1423	1961	4397	75
April 2025 To September 2025						
Sl no	Total Beneficiaries - Op	Total Beneficiaries -Ip	Number Of Days of On Field Duties	On field Beneficiaries	Number Of Awareness Class Taken	Number Of Awareness Class Beneficiaries
1	2664	413	54	1130	10	418

Source: District data



**Figure 5.7.6 Sports Ayurveda**

### 5.7.7 MPHW for 700 Functional Ayushman Arogya Mandirs (AYUSH)

Multi-Purpose Health Workers (MPHWs) are qualified healthcare professionals trained in General Nursing and Midwifery (GNM) or higher nursing qualifications. They play a vital role

in delivering comprehensive primary healthcare services and in promoting AYUSH systems through preventive, promotive, curative, and rehabilitative interventions.

In Ayushman Arogya Mandirs, MPHWs support clinical services, public health programmes, geriatric and palliative care, emergency response, and digital health activities, while also assisting with administrative functions. They serve as a crucial link between community-based health services and institutional care, ensuring comprehensive service delivery, continuity of care, and effective programme implementation.

### 5.7.8 Arunima- Anemia Eradication Programme through Ayurveda

The **Arunima – Anaemia Eradication Programme through Ayurveda** is a focused public health initiative aimed at addressing the high burden of nutritional anaemia through safe, affordable, and culturally acceptable Ayurvedic interventions. Building on its successful implementation across Integrated Child Development Services (ICDS) units and nearly **6,000 schools**, the programme has strengthened awareness generation, screening, treatment support, and community participation.

To further consolidate these gains, the programme seeks to expand its reach to vulnerable populations such as tribal communities, coastal areas, urban slums, and other high-prevalence pockets.

### 5.7.9 Telemedicine- Strengthening and Expansion

The AYUSH Telemedicine initiative in Kerala, implemented through the National e-Sanjeevani platform, has established a State-level Telemedicine Hub with dedicated consultation consoles for Ayurveda and Homoeopathy. The initiative enables both Patient-to-Doctor and Doctor-to-Doctor teleconsultations across the State. Training has been provided to AYUSH doctors in all 14 districts, ensuring operational readiness and facilitating the phased expansion of telemedicine services to remaining facilities

### 5.7.10 Thyroid Special Clinic (Homoeopathy)

This project is a comprehensive, community-based **Homoeopathy Thyroid Care Initiative** aimed at early detection, effective management, and reduction of thyroid-related morbidity across Kerala, with special focus on women of reproductive age and high-burden districts.

The project strengthens district-level thyroid specialty clinics by providing dedicated human resource support, diagnostic facilities, medicines, technological tools, and structured follow-up mechanisms.

Through systematic screening, outpatient and inpatient treatment, laboratory monitoring, community outreach activities, medical camps, and integration with maternal health services such as Janani, the programme seeks to reduce complications including infertility, miscarriage, associated comorbidities, and long-term health risks. This initiative aims to ensure affordable care, reduce out-of-pocket expenditure, and significantly improve the quality of life of thyroid patients, thereby establishing a robust public health response to the growing burden of thyroid disorders in the State.

Table No 5.7.9.1 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme

**Table No 5.7.9.1 Beneficiaries Reported at Various Centres during 2024-25**

	New Male	New Female	New Total	Old Male	Old Female	Old Total	Grand Total
2024-2025	92	628	720	1209	7047	8256	8976
2025- including Nov 25	55	317	372	702	4520	5222	5594

*Source: District data*

Table No 5.7.9.2 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme.

**Table No5.7.9.2 Beneficiaries during 2024-25 (New Case)**

Sl. No	District	Total No. of activities conducted	Total IEC Beneficiary count
1	Thrissur	4	121

*Source: District data*



**Figure 5.7.9 Awareness Class**

### **5.7.11 Training to AYUSH HR**

The State proposes a comprehensive Training and Capacity Building Programme for AYUSH Human Resources. The initiative aims to enhance the knowledge, skills, and professional competence of AYUSH Medical Officers, teaching faculty, administrative personnel, and paramedical staff across Kerala. Through structured training modules covering clinical care, hospital administration, digital health systems, public health programming, research methodology, medico-legal aspects, and patient communication, the programme seeks to strengthen service delivery, improve programme implementation efficiency, and ensure preparedness for emerging health challenges.

Training will be delivered through a blended approach comprising offline residential sessions and online platforms, ensuring equitable participation from all districts. By training approximately 5,000 personnel, the initiative is expected to significantly contribute to improving the quality and effectiveness of AYUSH services statewide.



**Figure 5.7.11 Training to AYUSH HR**

### **5.7.12 Yoga Wellness Centers**

Yoga Wellness Centres are facilities that provide Yoga and Naturopathy services to promote physical, mental, and social well-being, with a focus on the prevention and management of lifestyle-related diseases. The programme aims to raise public awareness, encourage lifestyle modification, and promote Yoga and Naturopathy as effective tools for managing non-communicable diseases.

Implementation includes the deployment of Medical Officers and Yoga Instructors at AYUSH Arogya Mandirs, with Local Self Government Institutions (LSGIs) identifying outreach areas. Medical Officers oversee therapeutic management and coordinate Yoga and Naturopathy outreach activities to ensure effective service delivery.

Table No 5.7.12 provides gender-wise, outreach and total beneficiaries served through Yoga Wellness Centres

**Table No 5.7.12 Details of Centres with Number of Beneficiaries during 2024-25**

Sl. No	District	Name of the Center	Male	Female	Children	Outreach	Total
1	Thrissur	Govt Ayurveda Hospital Shanthipuram	1604	6518	620	4525	13267

Source: District data

### 5.7.13 Non-Communicable Disease (NCD) Management through AYUSH

Table No5.7.13.1 summarises new registrations, follow-ups, yoga sessions and IEC activities under the NCD management programme

The Integrated NCD Care Programme is a multidisciplinary initiative that provides holistic prevention, early diagnosis, and advanced management of non-communicable diseases such as diabetes, hypertension, dyslipidaemia, thyroid disorders, stroke, and cancer through dedicated Ayurveda, Siddha, Unani, and Homoeopathy units supported by Yoga-based lifestyle interventions. With **14 Ayurveda units, 14 Homoeopathy units, two Siddha units, and two Unani units** functioning across the State, the programme aims to reduce the prevalence and morbidity of non-communicable diseases, strengthen complication care, promote lifestyle and behavioural modification, and reduce out-of-pocket expenditure by offering accessible and standardised traditional medicine services.

Implementation includes health promotion activities, high-risk screening, early diagnosis, and comprehensive clinical management of major non-communicable diseases and their complications through integrative treatment protocols at district-level advanced care centres.

•

**Table No 5.7.13.1 Detailed Review of the Year 2024-25 Patient Services**

Sl. No	Unit	New NCD Patients Registered	Follow-up Visits	Yoga Sessions Conducted	Health Education/IEC Sessions
1	Thrissur (Ay)	7396	9994	1190	22
2	Thrissur (Siddha)	1589	2478	387	12

Source: District data

Table No5.7.13.2 presents disease-wise distribution of new NCD patients registered.

**Table No 5.7.13.2 Disease-wise Details (New Cases Registered)**

Sl. No	Unit	Diabetes Mellitus	Hypertension	Dyslipidemia	Thyroid Disorders	Others
1	Thrissur (Ay)	1203	1456	1897	1853	987
2	Thrissur (Siddha)	378	456	287	324	144

Source: District data

Table No5.7.13.3 Disease Wise Break Up of Beneficiaries Who Availed NCD Management Clinical Services During 2024-2025

**Table No 5.7.13.3 Disease Wise Break Up of Beneficiaries**

District	Diabetes Mellitus	Hypertension	Dyslipidemia	Obesity	Cardio Vascular Disorders	Cancer	Renal Disorders	COPD	Other Diseases
Thrissur	2447	735	525	105	0	0	0	0	48

Source: District data

#### **5.7.14 IEC Activities- Newsletter, Day Observances, Participation in Various Events, Outreach Activities etc.**

Kerala has emerged as a leading State in the AYUSH sector with nearly 2300 functioning institutions ranging from medical colleges and speciality hospitals to district and peripheral health facilities. A considerable proportion of the population relies on AYUSH systems for healthcare, and many successful treatment outcomes and health initiatives have reinforced public confidence in these systems. To further strengthen awareness regarding the facilities, programmes, activities, and achievements in AYUSH, structured IEC activities such as newsletters, day observances, participation in national and international events, exhibitions, and outreach initiatives are proposed. These initiatives will enable systematic dissemination of information to the public, policymakers, planners, healthcare professionals, and stakeholders, thereby enhancing visibility and acceptance of AYUSH systems.

During the previous year, NAM Kerala successfully implemented several IEC initiatives, including the regular publication of newsletters highlighting AYUSH activities, research achievements, and success stories, along with active observance of important AYUSH and health-related days. Participation in prestigious platforms such as the G20 further contributed to showcasing Kerala's AYUSH capabilities at global level. In the coming year, it is proposed to continue and expand these efforts through enhanced newsletters, thematic day observances, participation in national and international forums, exhibitions, Arogyamelas, and focused outreach programmes. These activities will support mainstreaming of AYUSH, promote public engagement, improve accessibility of information, and reinforce Kerala's position as a prominent centre of AYUSH excellence.



Figure 5.7.14.1 IEC Publications



Figure 5.7.14.2 Branding in Public Transportation

### 5.7.15 Ilaj Bit Tadabeer (Regimental Therapy) Unit

The Ilaj Bit Tadabeer (Regimental Therapy) Unit focuses on managing the increasing burden of physical immobility, pain, and locomotor disability arising from conditions such as trauma, cerebrovascular accidents (CVA), age-related falls, and musculoskeletal disorders. By utilising authentic Unani regimental therapies—such as cupping (Hijama), Dalak, Nutool, lifestyle modification, and supportive psychiatric care—the unit aims to improve mobility, reduce pain, and enhance quality of life with minimal side effects.

Functioning at the Government Unani Dispensary, Mogral since 1990, the unit follows a structured approach that includes systematic screening, detailed clinical assessment, appropriate Unani medication, and therapy-based interventions, along with patient education based on Asbab-e-Sitta Zarooriya. Continuous follow-up and evidence-based

management contribute to improved functional outcomes and overall patient well-being.

**Table 5.7.15.1 Existing Units of Ilaj Bit Tadabeer**

Sl. No.	Name of Institution		District
1	Unani Medical Unit	Punnayurkulam	Thrissur

Source: District data



**Figure 5.7.15 Ilaj Bit Tadabeer Treatment**

**Table 5.7.15.2 Number of Beneficiaries during 2024-25**

Month	No. of Beneficiaries
April 2024	23
May 2024	23
June 2024	20
July 2024	16
August 2024	21
September 2024	16
October 2024	22

November 2024	30
December 2024	32
January 2025	25
February 2025	23
March 2025	23
Total	274

*Source: District data*

### 5.8 AYUSH Services- AYUSH Gram

AYUSH Gram is a concept wherein villages will be selected for adoption of principles and practice of AYUSH way of life and interventions of health care in villages and providing the services at grass root level. AYUSH based lifestyles are promoted through behavioural change communication, training of village health workers towards identification and use of local medicinal herbs and provision of AYUSH health services. It also include promotion of cultivation of endemic medicinal herbs and conservation of those already present in those areas. The elected village representatives are sensitized towards the concept so that there is also active participation from the community. It is a wholesome concept wherein convergence of AYUSH systems and other Govt. departments for the welfare of public is the ultimate aim.

Yoga sessions will be provided free of cost for the public at their convenient place and time with the motive of making it a part of their routine activity with constant practice.

#### Objectives

- To spread awareness within the community for practice of dietary habits and life styles as described in AYUSH Systems of Medicine which help in preventing disease and promoting health.
- To advice people about common ailments and its cure through use of herbs found in their localities.
- To raise campaign against communicable diseases like Malaria, Tuberculosis, Diarrhoea etc and measures for their prevention and treatment.

- Promotion of preservation and cultivation of medicinal plants.
- Prevention of Lifestyle Diseases
- Promotion of Yoga



**Figure 5.9.1 Tree Plantation under AYUSH Gram**

Table No 5.9.1 presents month-wise activities and beneficiaries under the AYUSH Gram initiatives

**Table No 5.9.1 Ayush Gram activities**

Sl. No.	BLOCK	NUMBER OF YOGA SESSIONS CONDUCTED								TOTAL
		Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	
1	CHAVAKKAD	18	30	22	28	32	33	28	26	217
2	IRINJALAKKUDA	20	22	24	26	21	18	21	27	179
<b>YOGA BENEFICIARIES</b>										

1	CHAVAKKAD	294	413	667	524	702	770	799	728	4897
2	IRINJALAKKUDA	140	236	258	294	238	210	220	326	1922
<b>NCD CLINIC BENEFICIARIES</b>										
1	CHAVAKKAD	198	232	248	286	257	285	210	291	2007
2	IRINJALAKKUDA2	0	0	101	70	92	71	59	69	462

## 5.9 Quality-Related Activities

### 5.9.1 NABH (National Accreditation Board for Hospitals)

The State Quality Assurance Wing under the **National AYUSH Mission, Kerala**, has been consistently committed to promoting a structured and sustainable Quality Assurance Programme across AYUSH healthcare institutions. The overarching objective is to ensure that services delivered under the AYUSH system provide genuine satisfaction and positive patient experience, thereby contributing significantly to overall well-being.

In the context of the growing global emphasis on healthcare quality, it has become imperative to align AYUSH services with nationally recognised quality standards, particularly through accreditation frameworks such as **National Accreditation Board for Hospitals and Healthcare Providers (NABH)** and the **National Quality Assurance Standards (NQAS)**.

#### Progress So Far

Kerala has emerged as a pioneer in quality healthcare delivery, with significant progress made in the accreditation of AYUSH Health and Wellness Centres (AHWCs). Out of 700 operational AHWCs in the State, 250 centres have already achieved NABH Entry-Level Certification. This initiative has not only strengthened the operational systems of AHWCs but has also enhanced public confidence and satisfaction in AYUSH services.

#### Impact of NABH Certification in AHWCs

The NABH Entry-Level Certification of 250 AHWCs in Kerala has significantly elevated the standard of AYUSH services across the state. It has led to:

- 
- Uniform implementation of quality protocols.
  - Enhanced infection control and patient safety.
  - Improved staff competence through continuous training.
  - Streamlined biomedical waste management.
  - Improved documentation, defined SOPs, and enhanced accountability.
  - Increased patient satisfaction and public trust.
  - Enhanced prospects for insurance coverage under recognized schemes.

These outcomes underline the importance of extending the quality certification programme to the hospital sector to ensure consistent delivery of high-quality AYUSH care across all tiers.

The certification process will follow a structured approach, including internal and external assessments, quality-specific training, preparation of documentation, and submission of applications to **National Accreditation Board for Hospitals and Healthcare Providers (NABH)**. Gap-closure activities related to infrastructure, equipment, and process improvements will be partially supported through additional sources such as Local Self Government Institution (LSGI) funds, Corporate Social Responsibility (CSR) contributions, MLA/MP funds, and upgradation components under the **National AYUSH Mission (NAM)**, as per institutional eligibility.

### Implementation Strategy

To effectively implement and monitor the certification process, the following strategic mechanisms and committees have been established:

- State-Level Steering Committee, Assessment Management Committee, and Documentation Committee for oversight.
- District Quality Teams and Quality Committees in all districts.
- District Nodal Officers and Facilitators to coordinate implementation activities.
- State-Level Orientation and Training Programs for institution heads, LSG representatives, and quality teams.
- Self-assessments by institution heads using NABH checklists to identify institutional gaps.

- Development of the AHCW NABH-ELC Implementation Handbook.
- District-Level Internal Assessments and State-Level External Assessments through a trained pool of assessors.
- Procurement of essential biomedical equipment and furniture where required.

### 5.9.2 Kayakalp

The **Kerala AYUSH Kayakalp Award** is a State-level initiative under the **Department of AYUSH, Government of Kerala**, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The programme recognises hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

The initiative encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the **Swachh Bharat Mission** and enhances the overall image and service quality of AYUSH institutions across **Kerala**.

### 5.10 Ayushman Arogya Mandir (AAM-AYUSH)

Ayushman Arogya Mandir (AAM-AYUSH) are established to provide comprehensive, people-centred primary healthcare through AYUSH systems.

In Ayushman Arogya Mandir (AAM-Ayush), National Ayush Mission AYUSH provides service delivery by providing one full time Yoga Instructor and one GNM qualified Multi-Purpose Health Worker, with an expenditure of ₹4.57 lakhs incurred for implementation.

They aim to transform existing AYUSH dispensaries and sub-centres into holistic wellness centres delivering preventive, promotive, curative, rehabilitative and palliative care. AAM-Ayush emphasise wellness promotion, lifestyle counselling, Yoga-based interventions, management of common and chronic illnesses, maternal and child health services, elderly care and referral support. Implementation is supported through the National AYUSH Mission with defined financial norms for infrastructure development, human resource support, training, IT systems and essential AYUSH medicines. Institutional mechanisms at national, state and district levels ensure planning, capacity building, convergence with NHM

programmes, monitoring and evaluation to improve accessibility and quality of AYUSH-based primary healthcare.

## 5.11 IT Initiatives

### 5.11.1 AYUSH Yoga Club Locator Mobile App

The AYUSH Yoga Club Locator Mobile App is designed to help citizens easily discover and connect with government-approved AYUSH Yoga Clubs across Kerala. Using GPS-based real-time location services, the app enables users to identify nearby yoga centres, view available facilities, session timings, trainers. It promotes accessibility by ensuring that authentic and verified centres are brought within reach of every citizen, eliminating confusion regarding credibility. The platform also enhances transparency in public health service delivery by publishing verified information, performance records, and contact details of registered clubs. By simplifying access to yoga resources, the app encourages community participation, supports preventive healthcare, improves wellness awareness, and strengthens the reach of the National AYUSH Mission's health promotion initiatives.

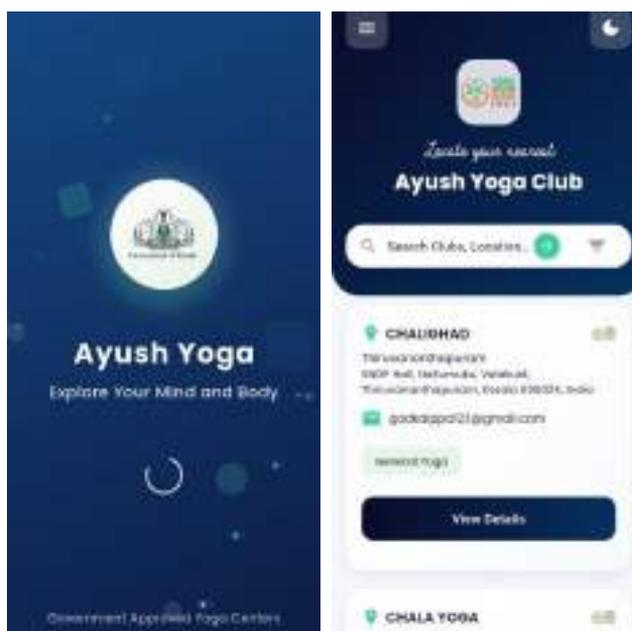


Figure 5.11.1 Screenshots of Mobile App

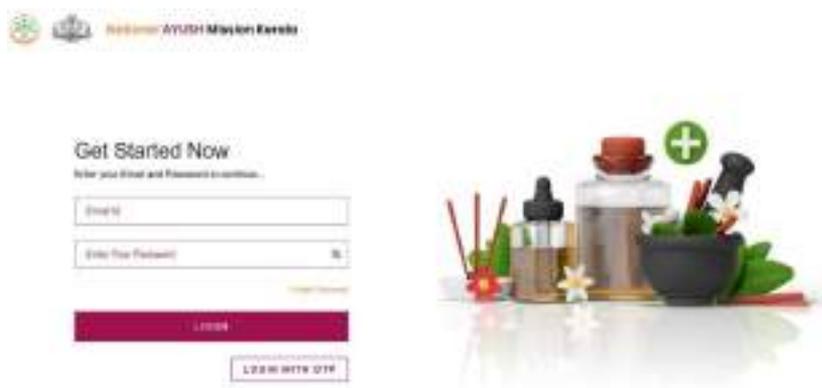




**Figure 5.11.2.2 Screenshot of ERP Software dashboard**

### 5.11.3 AYUSH Medicine Procurement Software

The AYUSH Medicine Procurement Software was developed to meet the growing need of the National AYUSH Mission, Kerala, for a modern and reliable digital system to streamline medicine procurement operations across hospitals and dispensaries, replacing earlier manual processes that caused delays, duplication, lack of real-time stock visibility, and data inaccuracies. This comprehensive end-to-end digital platform enables institutions to generate and submit indents online, while District Medical Officers, District Programme Managers, and higher authorities can review, approve, or revise requests through a structured workflow. Integrated master data ensures consistency, while timely alerts support pending approvals, stock shortages, and delivery tracking. Detailed dashboards and analytics provide meaningful insights into procurement trends and utilisation patterns, supporting informed decision-making. Secure role-based login ensures data safety and clarity of responsibilities, while automated processes help maintain essential stock levels, eliminate manual errors, and ensure transparency. The system strengthens coordination between hospitals, district authorities, and Oushadhi, supports real-time monitoring, facilitates timely replenishment, and ensures compliance with government norms, ultimately creating a transparent, efficient, and audit-ready digital ecosystem for AYUSH medicine management in Kerala.



**Figure 5.11.3.1 Screenshot of Login Page in AYUSH Medicine Procurement Software**

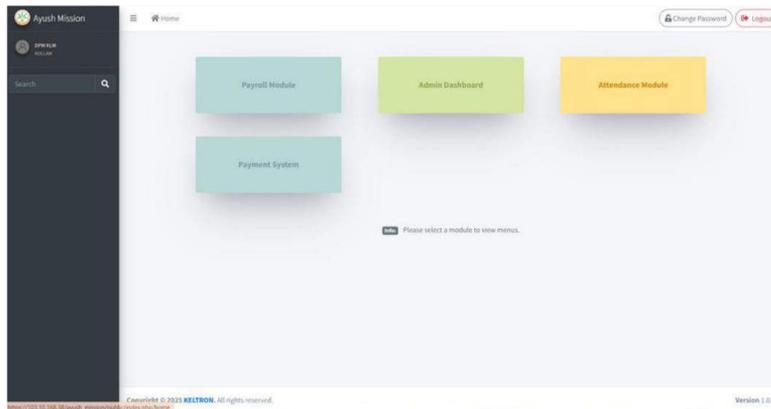


**Figure 5.11.3.2 Screenshot of Home Page in AYUSH Medicine Procurement Software**

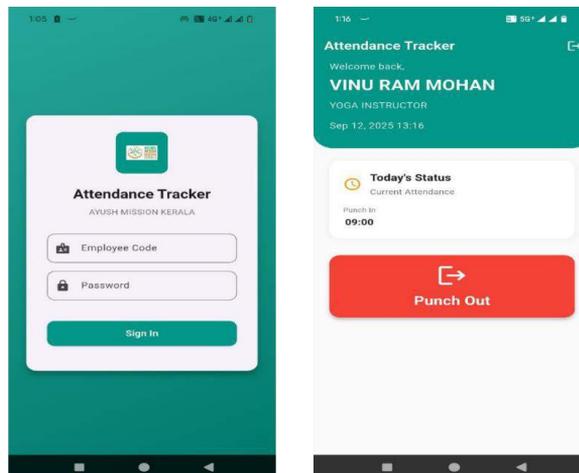
#### 5.11.4 NAM HR & Payroll Software

The National AYUSH Mission, Kerala, recognised the need for a robust and reliable system to efficiently manage attendance and payroll processes across its centres, as conventional methods were largely manual, time-consuming, prone to errors, and lacked real-time verification and transparency. To overcome these challenges and ensure accuracy, accountability, and operational efficiency, the NAM HR & Payroll Software was developed as a comprehensive digital solution. The system facilitates real-time attendance tracking with accurate time records, supported by geo-tagged attendance to ensure location-based verification and prevent proxy entries. It allows flexible shift assignment, offers an

integrated online leave management workflow, and enables fully automated payroll processing with single-click salary generation based on verified attendance and leave data, supported by multi-level verification for compliance and financial discipline. By simplifying attendance management, ensuring digitally documented records, reducing administrative workload, and enhancing transparency in salary processing, the software significantly strengthens efficiency, governance, and accountability across all AYUSH centres.



**Figure 5.11.4.1 Screenshot of Home Page in AYUSH Payroll software**



**Figure 5.11.4.2: NAM HR & Payroll Software in mobile app**

### **5.11.5 AYUSH Payment Monitoring System**

The AYUSH Payment Monitoring System is a comprehensive web-based financial governance platform under the National AYUSH Mission (NAM), designed to enhance transparency, accountability, and efficiency across all payment-related processes. It manages the complete financial workflow, including fund allocation, expenditure tracking, bill submission, verification, approval, and final disbursement, while also supporting vendor management, automatic TDS processing, configurable dashboards, and detailed financial reporting for smooth and error-free transactions. The system maintains precise district-wise financial records, ensures component-wise fund control, and effectively monitors project-wise unspent balances, providing a complete end-to-end digital trail that strengthens audit readiness and governance compliance. It tracks real-time balances, flags idle or unutilised funds, enforces automated financial controls to prevent overspending, and supports multi-level user access, workflow automation, scalable architecture, and clear segregation of agency-wise and component-wise expenditures. Leveraging AI capabilities, the platform enables real-time validation checks to prevent errors and fraud, predictive analysis of fund utilisation trends, and intelligent alerts with actionable recommendations, thereby ensuring a unified, transparent, and reliable financial monitoring ecosystem for AYUSH across multiple implementing agencies.

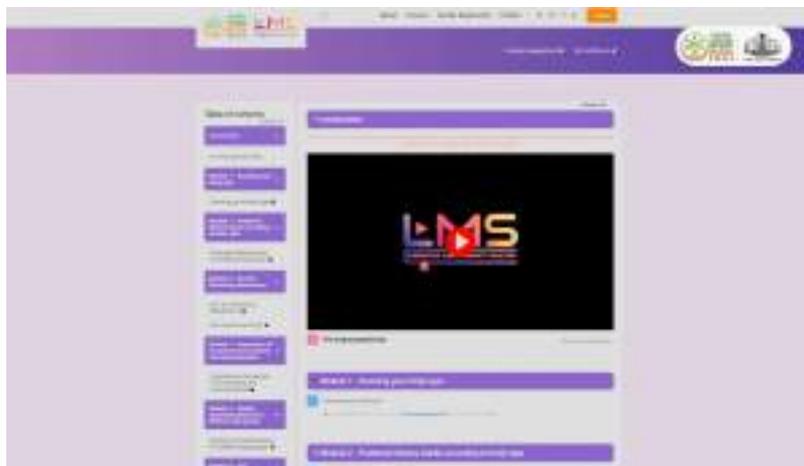
### **5.11.6 Learning Management System**

The AYUSH sector faces several training-related challenges, including difficulty in reaching rural and remote regions, lack of standardised and trackable certification processes, high expenditure on physical training workshops, and the absence of a unified system for maintaining centralised training and certification records. To address these gaps, a dedicated Moodle-based Learning Management System (LMS) has been developed exclusively for AYUSH, serving as a centralised online platform where students, practitioners, and professionals can enrol in Government-recognised certification courses, access structured digital learning materials, interact with trainers and peers, and receive verifiable digital certificates upon completion. Deployed on a secure cloud environment, the LMS ensures reliability, scalability, and continuous availability, supported by trained administrators, user manuals, ongoing technical assistance, and provisions for future enhancements such as AI-

driven recommendations and analytics dashboards. Highly scalable and accessible, the software enables thousands of learners, including rural practitioners, to benefit from uniform, standardised training while significantly reducing the costs associated with physical training programmes. It ensures transparency through automated, verifiable certification, enhances convenience through a user-friendly mobile-compatible design, and guarantees data security through secure hosting and role-based access controls, thereby strengthening capacity building, governance, and the digital transformation of AYUSH training in alignment with the Digital India vision.



**Figure 5.11.6.1 Screenshot of Home Page**



**Figure 5.11.6.2 Screenshot of Course details explained**

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## Chapter 6

### DIRECTORATE OF AYURVEDA MEDICAL EDUCATION

#### VAIDYARATNAM AYURVEDA COLLEGE

#### 6.1 History and Overview of Vaidyaratnam Ayurveda College

This section presents an introductory overview of Vaidyaratnam Ayurveda College, outlining its institutional background, historical evolution, and administrative framework. The section provides a contextual foundation for understanding the academic, clinical, and research environment of the institution, which functions as a centre of excellence in Ayurvedic education and healthcare.

##### 6.1.1 Overview

Vaidyaratnam Ayurveda College is a government-aided Ayurvedic medical institution committed to high-quality education, clinical service, and research in Ayurveda. The college offers the Bachelor of Ayurvedic Medicine and Surgery (B.A.M.S.) / Ayurveda Acharya programme, a professional degree course with a duration of 5½ years, including a compulsory internship.

The institution is affiliated to the Kerala University of Health Sciences (KUHS) and the academic programme is recognised by the National Commission for Indian System of Medicine (NCISM).

The campus is equipped with comprehensive infrastructure that includes academic and administrative blocks, teaching hospitals, an auditorium, a herbal garden, separate hostels for men and women, and facilities for sports and games. These facilities support integrated learning, clinical exposure, and holistic student development. Alongside academics, the institution actively contributes to research activities aligned with international standards, reinforcing evidence-based practice in Ayurveda.

##### 6.1.2 History and Evolution

Vaidyaratnam Ayurveda College was established on 2nd October 1976 by the late Ashtavaidyan Padmashree E.T. Neelakandan Mooss, a visionary Ayurvedic physician and educationist. The institution functions under the management of the Vaidyaratnam

Ayurvedic Educational Society, registered under the Literary, Scientific and Charitable Societies Registration Act XII/1955.

Sri. E.T. Neelakandan Mooss hailed from the renowned Eledath Thaikkattu Mooss family of Thaikkattussery, Thrissur, a lineage deeply rooted in the Ashtavaidya tradition of Ayurveda. His father, Sri. Narayanan Mooss, was a distinguished practitioner who was honoured with the title “Vaidyaratnam” by the then Viceroy of India, Lord Reading, in recognition of his exceptional contribution to the medical field.

Continuing this legacy, Sri. Neelakandan Mooss founded Vaidyaratnam Oushadhashala in 1941, followed by the establishment of the Vaidyaratnam Nursing Home, Vaidyaratnam Ayurveda College, and an Ayurvedic Research Centre. Under his sustained leadership and commitment, the Vaidyaratnam Group evolved into a celebrated institution in the history of Ayurveda. In recognition of his national contribution, he was awarded the prestigious Padma Shri by the Government of India in 1992.

Since its inception, the college has steadily evolved into an institution known for academic excellence, structured clinical training, and meaningful research output.

### **6.1.3 Administration**

Vaidyaratnam Ayurveda College operates as part of the Vaidyaratnam Group, which follows the classical Ashtavaidya tradition while adopting modern academic and administrative frameworks.

The institution’s early growth and consolidation were significantly influenced by the contributions of eminent administrators and academicians. Prof. P.V. Devassia, the first Principal of the College, played a pivotal role in shaping its academic foundations. Several distinguished personalities, including Sri. A.P. Nambiar, Sri. M.P. Antony, Sri. E. Sekhara Warriar, Sri. T.N. Seshadrinatha Iyer, Sri. P.S. Warriar, and Sri. P. Madhavan Namboothiri contributed immensely during the inception and formative years of the institution.

The administrative structure supports academic governance, clinical services, and research activities, ensuring compliance with statutory regulations and fostering an environment conducive to teaching, learning, and innovation.

## 6.2 Vaidyaratnam Ayurveda College Academic Overview

This section provides a high-level overview of Vaidyaratnam Ayurveda College, detailing its institutional foundations, physical infrastructure, and academic offerings.

### 6.2.1 VAC - Fact sheet regarding the Department and Facilities

Vaidyaratnam Ayurveda College is a Government-aided institution founded on October 2, 1976, by the late Ashtavaidyan Padmasree E.T. Neelakandan Mooss. It is managed by the Vaidyaratnam Ayurvedic Educational Society and maintains affiliation with the Kerala University of Health Sciences (KUHS), with courses recognized by the National Council for Indian System of Medicines (NCISM).

Institutional Statistics and Infrastructure:

- **Leadership:** The institution is led by Principal and Vice Principal.
- **Campus Highlights:** The campus includes administrative and academic blocks, an auditorium, a herbal garden, and separate hostels for men and women.
- **Library Resources:** The central library houses an exhaustive collection of 13,670 books and 26 journals, featuring broadband internet and ongoing digitalisation.
- **Hospital Facilities:** The college operates a NABH-accredited hospital with a 100-bed inpatient (IP) capacity and nine daily outpatient (OP) sessions.
- **Clinical Infrastructure:** Facilities include three operating theatres, a modern bio-chemic laboratory, an X-ray unit, an ECG, and an Ultrasound scan unit.
- **Specialised Units:** The hospital is equipped with two Panchakarma theatres (separate for males and females), a Yoga ward, and a physiotherapy rehabilitation unit.

### 6.2.2 UG Courses at VAC

The institution's primary undergraduate offering is the B.A.M.S. (Ayurvedacharya) degree.

- **Annual Intake:** The college has an intake capacity of 75 students per year.
- **Course Duration:** The programme spans 5½ years, which consists of three professional phases (18 months each) and a final 12-month compulsory internship.

- Admission Eligibility: Candidates must pass the Higher Secondary Examination (or equivalent) with at least 50% marks in Biology and 50% marks in Physics, Chemistry, and Biology combined. Additionally, candidates must qualify via NEET/KEAM with the required percentile rankings.

### 6.2.3 Postgraduate Courses and Specialisations

The college offers advanced medical training through its Post Graduate Programme (Ayurveda Vachaspati).

- Specialisation: The current postgraduate offering is in the department of Kayachikitsa.
- Annual Intake: There are 5 seats available for this specialisation per year.
- Course Duration: The MD (Ayurveda) programme is three years long; the first year is dedicated to a preliminary course, followed by two years of specialised study in Kayachikitsa.
- Admission Process: Selection is conducted through Common Entrance Examinations managed by the Government of Kerala.
- Degree Awarded: Successful candidates receive the Ayurveda Vachaspati (MD – Ayurveda) degree.

### 6.2.4 Conclusion

Vaidyaratnam Ayurveda College is a premier destination for Ayurvedic studies that harmonises traditional Ashtavaidya wisdom with modern institutional standards. By offering a B.A.M.S. degree with 75 annual seats and a specialised MD in Kayachikitsa, the college provides a structured academic pathway from undergraduate fundamentals to advanced postgraduate expertise. The institutional framework is supported by extensive infrastructure, including a sprawling campus with separate hostels, a 100-bed NABH-accredited hospital, and a central library housing 13,670 books. This robust foundation ensures that students receive a comprehensive education that meets NCISM and KUHS standards while remaining rooted in the vision of providing high-quality research and global

healthcare solutions. Ultimately, this dashboard reflects an institution fully equipped to nurture the next generation of high-quality practitioners and researchers.

### **6.3 Details of Health Facilities (Department-Wise)**

This section provides a detailed examination of the medical infrastructure and specialized healthcare services offered at Vaidyaratnam Ayurveda College and its affiliated hospital.

#### **6.3.1 Overview of Facilities**

Vaidyaratnam Ayurveda College features a NABH-accredited hospital complex located directly on the campus. The facility serves as a primary hub for both patient care and clinical training, operating nine daily Outpatient (OP) sessions and maintaining an Inpatient (IP) capacity of 100 beds.

Clinical and Diagnostic Infrastructure:

- **Wards:** The hospital provides separate general wards for males, females, and children, alongside various pay wards at moderate rates.
- **Surgical Units:** It is equipped with three operation theatres (both Major and Minor) designed for Ayurvedic surgical and para-surgical procedures.
- **Diagnostics:** Modern diagnostic services are available, including a bio-chemic laboratory, a computerised X-ray unit, an ECG, and an Ultrasound (USG) scan unit.
- **Specialised Therapeutic Areas:** The hospital includes dedicated male and female Panchakarma theatres, a Yoga ward, and a fully functional physiotherapy rehabilitation unit.

#### **6.3.2 Department-wise Services and Scope**

The clinical services are divided into specialized departments, each offering a distinct scope of Ayurvedic treatment:

##### **Kayachikitsa (General Medicine):**

This is the core department for internal medicine, offering specialised clinics for diabetic care, geriatric health, psychiatric disorders (such as schizophrenia and bipolar disorder),

and thyroid management. It also includes a post-COVID management unit and a neurology clinic for stroke and Parkinson's rehabilitation.

### **Panchakarma:**

Focused on detoxification and purification, this department provides all traditional Keraliya treatments. The facility features well-equipped theatres with separate cubicles for each Droni, ensuring patient privacy and specialised care.

### **Shalyathantra (Surgery & Orthopaedics):**

This department specialises in orthopaedics and ano-rectal diseases. It operates a dedicated Spine clinic for acute and chronic conditions and an Ano-rectal clinic that uses para-surgical techniques like Ksharasoothra (caustic cauterly), Agnikarma (thermal cauterly), and Leech therapy for piles and fistulas.

### **Salakyathantra (ENT & Ophthalmology):**

Dealing with diseases of the head and neck, this department provides vision testing, ophthalmoscopy, and specialised treatments like Tharpanam. It also offers eye tests for driving licenses and manages conditions like migraine and alopecia.

### **Prasutitantra & Streeroga (Obstetrics & Gynaecology):**

Provides comprehensive care for women across all life stages, including Ante-natal (ANC) and Post-natal (PNC) care, infertility management, and treatments for PCOS and endometriosis. Clinical procedures such as Uttaravasthy and Pap smears are also conducted.

### **Kaumarabhritya (Paediatrics):**

This department focuses on child wellness and early identification of developmental delays, including Autism Spectrum Disorder, ADHD, and Cerebral Palsy. It features a child-friendly environment with a play area and a breastfeeding console.

### **Agadatantra (Toxicology):**

Functioning as a clinical branch for poisoning and bite management, it also treats chronic skin conditions such as psoriasis, eczema, and fungal infections. It houses a unique Toxicology Museum containing 100 poison sets and weapon models.

### **Swasthavritha (Preventive Medicine):**

Focuses on lifestyle disease management (obesity, hypertension, diabetes) through yoga and dietary intervention. The department maintains a yoga theatre and organic food counters for demonstration.

### **Diagnostic Departments:**

Rogavijnan and Vikritivijnan handle laboratory investigations, including hematology and microbiology, while Rachana Shareera manages anatomical study through a dissection hall and a museum of rare specimens.

### **6.3.3 Conclusion**

The health facilities at Vaidyaratnam Ayurveda College represent a sophisticated integration of ancient therapeutic wisdom and modern clinical standards. By housing specialized clinics for everything from pediatric developmental issues to complex geriatric and surgical care within a NABH-accredited framework, the institution ensures that patients receive safe, standardized, and holistic treatment. The availability of advanced diagnostic tools like USG and computerized X-rays alongside traditional para-surgical units highlights the college's role as a comprehensive center for Ayurvedic medical excellence and research.

## **6.4 Human Resources Profile**

This section provides a comprehensive breakdown of the staffing strength at Vaidyaratnam Ayurveda College and Hospital, categorising personnel by their professional roles and institutional distribution to illustrate the facility's operational capacity.

### **6.4.1 HR Strength (Category-wise)**

The human resources at the institution are divided into specialized categories to ensure academic excellence and high-quality clinical care. The workforce comprises a blend of administrative leadership, teaching faculty, medical professionals, and technical support staff.

**Table 6.4.1 details of HR strength**

<b>Staff Category</b>	<b>Key Roles Included</b>	<b>Total (Approx.)</b>	<b>Personnel</b>
<b>Administrative Leadership</b>	Principal, Vice Principal, Medical Superintendent, RMO	4	
<b>Teaching Faculty</b>	Professors, Associate/Assistant Professors, Bio-Statistician	34	
<b>Medical &amp; Clinical Officers</b>	Deputy Medical Supt., EMOs, RMOs, Clinical Registrars	18	
<b>Nursing &amp; Patient Care</b>	Nursing Supt., Matrons, Staff Nurses, Midwife, Ward Boys	22	
<b>Paramedical &amp; Technical</b>	Lab Technicians, Radiologists, Pharmacists, Physiotherapists	25	
<b>Institutional Support</b>	Clerical Staff, Library Staff, Security, Gardeners, Cooks	28	

Source : DAME data

### Detailed Category Insights:

- Academic Faculty: The teaching body consists of 34 dedicated professionals across 14 departments, including specialised roles such as a Bio-Statistician and a Yoga Teacher.

- **Clinical Specialists:** The hospital maintains a diverse team of specialists, including Anesthesiologists, Pediatricians, Radiologists, and Dentists, ensuring a multidisciplinary approach to healthcare.
- **Traditional Support:** Unique to the Ayurvedic tradition, the staff includes Masseurs, Panchakarma Assistants, and a Bone Setter to deliver specialised Keraliya treatments.

#### **6.4.2 HR Strength (Institutional-wise details)**

Staffing is strategically distributed between the Academic College and the NABH-accredited Hospital to balance education with intensive patient care.

1. **College/Academic Unit:** The college administration is led by Principal and Vice Principal.
  - **Departmental Support:** Each academic department is equipped with support staff to facilitate practical learning. This includes 5 Museum Keepers (for departments like Dravyaguna and Agadatantra), 7 Lab Assistants, and 6 Lab Technicians.
  - **Library and Office:** The central library is managed by a Librarian, Assistant Librarian, and an Attendant, while the college office is run by a four-member clerical team dedicated to administrative and accounts services.
2. **Hospital/Clinical Unit:** The hospital is managed by Medical Superintendent and Resident Medical Officer.
  - **Medical Corps:** The clinical strength is bolstered by 11 Resident Medical Officers and 2 Emergency Medical Officers to provide round-the-clock care.
  - **Nursing and Ward Management:** A robust nursing department, led by a Nursing Superintendent and 2 Assistant Matrons, oversees 11 Staff Nurses and 6 Ward Boys/Ayahs.

- **Therapeutic Wing:** The Panchakarma department is a high-density staffing area, employing a specialised Panchakarma Nurse and 9 Panchakarma Assistants to manage the separate male and female treatment blocks.
- **Ancillary Services:** Operational efficiency is maintained by 4 Office Staff, 3 Security Guards, and specialised service providers like 3 Cooks and a Washerwoman.

### **6.4.3 Conclusion**

The human resources profile of Vaidyaratnam Ayurveda College and Hospital illustrates a comprehensive and highly specialised workforce dedicated to both academic rigour and advanced patient care. With a robust academic body of 34 faculty members across 14 departments, including specialists in fields like Agadatantra, Kayachikitsa, and Shalyathantra, the institution ensures a deep level of mentoring and expertise for its students. This academic strength is mirrored by a dedicated clinical team at the NABH-accredited hospital, led by the Medical Superintendent and supported by a diverse group of professionals. This includes Resident Medical Officers, Emergency Medical Officers, and a wide range of specialists such as Paediatricians and Radiologists. This integrated HR structure ensures that the institution remains a global centre for Ayurvedic excellence, effectively bridging the gap between ancient tradition and modern healthcare standards.

## **6.5 Health Infrastructure Development**

This section presents an overview of the health and academic infrastructure of Vaidyaratnam Ayurveda College, with emphasis on developments achieved, ongoing initiatives, and planned priorities. The infrastructure growth reflects the institution's commitment to quality education, comprehensive clinical care, and research aligned with national and international standards.

### **6.5.1 Developments done in the last 10 years**

Vaidyaratnam Ayurveda College has developed and consolidated a comprehensive health infrastructure that supports undergraduate and postgraduate education, patient care, and

research activities. The campus presently accommodates well-established **administrative and academic blocks**, teaching departments, and hospital facilities.

A major milestone in health infrastructure is the establishment and functioning of a **NABH-accredited hospital complex** within the campus. The hospital operates with:

- 100 inpatient beds, including separate general wards for male, female, and children, along with paid wards
- Nine outpatient (OP) sessions daily covering all major Ayurvedic specialties
- Three fully functional operation theatres for surgical and para-surgical procedures
- Dedicated Panchakarma theatres with separate male and female blocks
- Diagnostic facilities including biochemistry laboratory, X-ray unit, ECG, ultrasound scan, and clinical laboratory services

Specialised units such as yoga therapy, physiotherapy rehabilitation, antenatal and infertility clinics, a spine clinic, a psychiatric care unit, a geriatric care unit, and a post-COVID management unit have strengthened integrated patient care.

Academic support infrastructure includes:

- A central library with a collection of 13,670 books and 26 journals, including rare Ayurvedic texts
- Departmental libraries attached to individual academic departments
- Reading and reference facilities with extended working hours
- Implementation of the Book Bank Scheme for Scheduled Caste and Scheduled Tribe students

Additional infrastructure such as herbal gardens, museums, laboratories, hostels for men and women, auditorium, and sports facilities further contribute to holistic institutional development.

### 6.5.2 Ongoing Major Developments

Certain infrastructure-related initiatives are currently under implementation as part of institutional strengthening.

The central library is in the process of digitalisation to improve access to learning resources and support academic research through electronic and internet-enabled services.

The institution is also in the process of establishing and upgrading central laboratory facilities to enhance haematological, biochemical, and microbiological investigative services, thereby supporting both clinical diagnosis and research activities.

Ongoing improvements include maintenance and functional enhancement of clinical units, Panchakarma theatres, OPD facilities, and academic laboratories to meet regulatory and accreditation standards laid down by statutory bodies

### 6.5.3 Development Planned

Future infrastructure development priorities at Vaidyaratnam Ayurveda College are aligned with its vision of excellence in healthcare delivery, education, and research.

Planned initiatives include:

- Further **strengthening of digital infrastructure**, particularly in library and academic resource management
- Expansion and modernisation of **diagnostic and research laboratory services**
- Enhancement of **clinical speciality units** to cater to increasing patient load and diversified healthcare needs
- Continued improvement of **student support facilities**, including hostels, learning spaces, and recreational infrastructure
- Upgradation of hospital services to sustain and advance NABH accreditation standards

These planned developments are intended to reinforce the institution's role as a centre of excellence in Ayurvedic medical education and healthcare delivery.

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## 6.6 Hospital Development Committee-(HDC) Details

This section outlines the role, scope, and functional framework of the Hospital Development Committee (HDS) at Vaidyaratnam Ayurveda College. The HDS functions as a key institutional mechanism to support hospital administration, infrastructure development, service quality improvement, and optimal utilisation of resources in the teaching hospital.

### 6.6.1 Overview of the Hospital Development Committee (HDC)

The Hospital Development Committee (HDS) functions as an institutional support body associated with the NABH-accredited teaching hospital of Vaidyaratnam Ayurveda College. The committee facilitates coordinated decision-making related to hospital development, patient care services, infrastructure strengthening, and quality assurance.

The HDS aligns with the objectives of the medical college and hospital, ensuring that clinical services, teaching activities, and patient welfare measures are integrated with institutional development goals.

### 6.6.2 Composition of the Hospital Development Committee (HDC)

The Hospital Development Committee is constituted with representation from academic administration, hospital management, nursing services, and administrative staff to ensure multidisciplinary input and effective governance. The Hospital Development Committee (HDC) consists of the Administrator, Administrative Officer, Principal, Medical Superintendent, Nursing Superintendent, Junior Superintendent, and Clerk. The composition of the committee ensures balanced representation of administrative, academic, and clinical domains, enabling efficient decision-making and coordinated hospital development.

## 6.7 Research Initiatives and Achievements

This section outlines the research ecosystem of Vaidyaratnam Ayurveda College, highlighting the institutional mechanisms, academic research initiatives, and scholarly achievements that advance Ayurveda through systematic inquiry and evidence-based practice.

### 6.7.1 Research Ecosystem and Institutional Support

Vaidyaratnam Ayurveda College promotes research as an integral component of medical education and clinical practice. Research activities are embedded within the academic framework of both undergraduate and postgraduate programmes and are supported by departmental infrastructure, clinical material, and institutional research facilities.

The college aligns with the research regulations and academic guidelines of the Kerala University of Health Sciences, ensuring ethical conduct, methodological rigour, and academic validity across all research activities.

The presence of a well-functioning teaching hospital, speciality clinics, diagnostic facilities, Panchakarma units, and an Ayurvedic Research Centre under the Vaidyaratnam Group provides a strong foundation for clinical and applied research.

**Table 6.7.2 Thesis works done as a Part of PG Curriculum**

Academic Year	Title of the study
2020-2023	A Clinical Study On The Combined Effect Of Amritha Vrushadi Kashaya And Tankana Yuktha Triphala Kashaya Parisheka In The Management Of Vicharchika
2020-2023	A Comparative Clinical Study On The Combined Effect Of Panchatiktaka Ghrita Internally And Ketakeemooladi Taila Pichu With Ketakeemooladi Taila Pichu Alone In Knee Osteoarthritis
2020-2023	Assessment Of Neuro Quality Of Life In Diabetic Peripheral Neuropathy With Ayurvedic Treatment Modalities – An Observational Study
2020-2023	Combined Effect Of Bharangi Arka Nebulization And Internal Administration Of Vibhithaka Choornam In The Management Of Bronchial Asthma

2020-2023	Assessment Of Health-Related Quality Of Life With Ayurvedic Treatment Modalities In Rheumatoid Arthritis-An Observational Study
2021-2024	To Compare The Efficacy Of The Combination Of Takra Bilva Prayoga And Cognitive Behavioural Therapy With Cognitive Behavioural Therapy Alone In Improving The Quality Of Sleep In Primary Insomnia- A Randomized Clinical Trial
2021-2024	Rasnapanchakam Kashayam With Tilakulathadi Lepana Versus Rasnapanchakam Kashayam With Therapeutic Ultrasound In Diabetic Periarthritis Of Shoulder - A Randomised Comparative Clinical Trial
2021-2024	Effect Of Trayooshana Choorna With Madhu In The Management Of Dyslipidemia
2021-2024	Effect Of Abhaya Thaleesapatradi Vadakam In Constipation Predominant Irritable Bowel Syndrome.
2021-2024	A Clinical Trial With Dhanyanagara Toyam Followed By Aswaganda Choornam In Underweight Young Adults Using Conventional And Ayurvedic Metabolic Parameters.
2022-2025	The Efficacy Of Viddha Karma As An Add-On To Sahacharadi Kashaya In The Management Of Sciatica - A Randomized Clinical Trial
2022-2025	Effect Of Karanja Arka As Add On To Oral Hypoglycemic Drugs In Type 2 Diabetes Mellitus Using Biochemical, Subjective And Qolid Parameters
2022-2025	Effect Of Prasaranyadi Kashaya Along With Karpasasthyadi Pratimarsa Nasya In Reducing Symptoms Of Cervical Spondylosis.

2022-2025	The Efficacy Of Saraswatham Choornam As An Add-On To Cognitive Behavioural Therapy In Improving The Symptoms Of Generalized Anxiety Disorder-A Randomized Clinical Trial
2022-2025	Combined Effect Of Amrita Guggulu And Amritashadangam Kashayam In The Management Of Hyperuricemia-A Pre-Test/Post-Test Design
2022-2025	Effect Of Lavana Pinda Sweda With Panchamla Tailam In The Management Of Plantar Fasciitis
2023-2026	Assessment Of Health-Related Quality Of Life With Selected Ayurvedic Treatment Modalities In Participants With Cervical Spondylosis- An Observational Study
2023-2026	Assessment Of The Effect Of Internal Administration Of Ardraka Arka Yoga In Improving Pulmonary Functions In Bronchial Asthma By Using Spirometry And Subjective Parameters
2023-2026	A Comparative Study On The Efficacy Of Sundibaladwaya Kashaya With Nisha Amalaki Choorna And Sundibaladwaya Kashaya With Ksheerabala Taila 7 Avarthi In The Management Of Diabetic Peripheral Neuropathy-A Randomized Control Trial
2023-2026	Assessment Of Health-Related Quality Of Life With Selected Ayurvedic Treatment Modalities In Sciatica-An Observational Study
2024-2027	Assessment Of Changes In Ama Score And Disease Activity Score (Das 28) Following A 7-Day Ayurvedic Treatment Comprising Kulatha Gomayabhasma Potali Sweda Along With Amruthotharam Kashaya And Shaddharana Churna In Rheumatoid Arthritis – An Observational Analytical Study

2024-2027	Development Of A Pilot Clinical Predictive Model For Treatment Response In Knee Osteoarthritis Following External Application Of Kethakyadi Thaila As Pichu -A Prospective Observational Analytical Study
2024-2027	A Clinical Study To Evaluate The Effect Of Aragwadha Amruthadi Kashaya In The Management Of Functional Dyspepsia-A Pre-Test Post-Test Design
2024-2027	Efficacy Of Parnayavani Arkam Nasal Spray As An Add-On To Haridrakhandam In The Management Of Allergic Rhinitis- A Randomized Control Trial
2024-2027	Effect Of Punarnnavayolepa Churnam On Haematological Parameters And Measure Of Health Related Quality F Life In Iron Deficiency Anemia: A Single Arm Pre -Post Study

### 6.7.2 CCRAS-SPARK Research Projects

Vaidyaratnam Ayurveda College actively participates in the **CCRAS-SPARK scheme**, encouraging undergraduate students to undertake structured research under the guidance of experienced faculty members. These projects focus on pharmaceutical standardisation, experimental validation, clinical evaluation, and formulation-based innovation in Ayurveda.

The following **CCRAS-SPARK projects** were successfully undertaken during the reporting period:

1. **Formulation and Evaluation of Topical Gel of Erandakarkati (*Carica papaya* Linn.) Latex in Indralupta – A Pilot Study**
2. **Development and Clinical Evaluation of the Anti-Urolithiatic Effect of a Nutraceutical Drink Based on *Musa paradisiaca* Pseudostem**
3. **Quasi-Experimental Trial on Antimicrobial Efficacy of a Value-Added Ayurvedic Formulation in Dermatophytic Infections**
4. **Pilot Study on Ayurvedic Management of Cholelithiasis**

5. **Exploring the Potential of Bharangi Arka for Nebulisation by Evaluation of its Phytochemistry, In Vitro Antihistaminic and Spasmolytic Activities**
  6. **Standardisation of a New Dosage Form of Vasa Arka so as to Facilitate Maximum Effectiveness in Nebulization in Bronchial Asthma**
  7. **Effect of Chukkiliratyadi Choornam in the Management of Primary Dysmenorrhea among Young Girls Aged 12-16 Years**
- These CCRAS-SPARK projects highlight the institution's strong emphasis on student-centric research, faculty mentorship, experimental and clinical validation, and innovation in Ayurvedic formulations, contributing significantly to the advancement of evidence-based Ayurveda.

### 6.7.3 KUHS- Research Award Projects

In addition to project completion, the institution's research outputs have received formal academic recognition from the Kerala University of Health Sciences (KUHS):

1. **Title: "Development and Evaluation of Galactogenic Snack Bar"**
2. **Title: "Assessing Health Outcomes Associated with Mutravegadharana in Adult Females: A Cross-Sectional Study"**

### 6.7.4 National Medicinal Plants Board (NMPB) Funded Research Projects

Vaidyaratnam Ayurveda College actively undertakes nationally funded research projects supported by the National Medicinal Plants Board (NMPB), Ministry of AYUSH, Government of India. These projects focus on medicinal plant research, standardisation, conservation, and infrastructure development, thereby strengthening the scientific foundation and sustainability of Ayurvedic resources.

The following **NMPB-approved projects** have been undertaken by the institution:

1. **Exploring the Ayurvedic Concept of Controversial Drug (Sandigdha Dravya) through Pharmacognostical, Phytochemical, and DNA Barcoding Studies of Source Plants of the Ayurvedic Drug "Murva"**

## 2. **Establishment of Herbal Garden at Vaidyaratnam Ayurveda College Campus, Venginissery, Thrissur**

These NMPB-funded projects reflect the institution's commitment to classical drug authentication, medicinal plant conservation, research infrastructure development, and national priorities in Ayurveda, thereby enhancing both academic research and resource sustainability.

### **6.7.5 National AYUSH Mission (NAM) Projects**

Vaidyaratnam Ayurveda College is implementing projects supported under the **National AYUSH Mission (NAM)**, aimed at strengthening community-oriented and speciality-based Ayurvedic healthcare services.

- **SUPRAJA – Antenatal and Postnatal Care in Ayurveda**

**SUPRAJA – Antenatal and Postnatal Care in Ayurveda** is a National AYUSH Mission–supported initiative that provides comprehensive maternal healthcare through classical Ayurvedic principles. The project focuses on structured antenatal and postnatal care, including dietary guidance, lifestyle modification, preventive therapies, and supportive Ayurvedic interventions to promote maternal health, fetal well-being, and postnatal recovery under the Department of Prasuti tantra evam Stree roga

- **Project on Osteoporosis**

The project focuses on Ayurvedic approaches to the assessment, prevention, and management of osteoporosis, contributing to speciality-driven clinical research and patient care under the Shalyatantra Department

### **6.7.6 Swasthya Rakshana Program (Community Health Initiative)**

Swasthya Rakshana Program is a community-oriented health initiative undertaken by Vaidyaratnam Ayurveda College with the objective of promoting preventive healthcare and healthy living based on Ayurvedic principles. As part of this programme, the institution has adopted five villages to deliver sustained health awareness and preventive services.

Through this initiative, the college conducts health education, lifestyle counselling, disease prevention activities, and basic health screening, thereby strengthening community engagement and extending the benefits of Ayurveda to the grassroots level.

The villages adopted under the programme are Avinissery, Paralam, Cherpu, Edakunni, and Nenmanikkara.

## **6.8 Financial Allocation and Utilisation**

This section outlines the financial allocations received by Vaidyaratnam Ayurveda College, Ollur, from the Government during the recent financial years and highlights the utilisation of funds for academic, infrastructural, and institutional development. The details are based on sanctioned grants, released amounts, and utilisation records as documented in official government orders.

### **6.8.1 Overview of Government Financial Support**

Vaidyaratnam Ayurveda College has received regular financial assistance from the Government under the Head of Account 2210-05-101-67(P)-(35)(36) for strengthening academic infrastructure, laboratory facilities, statutory approvals, and campus development. These allocations have supported both recurring and non-recurring institutional requirements.

The sanctioned grants demonstrate the Government's continued commitment to the development of Ayurvedic education, research, and healthcare infrastructure at the institution.

### **6.8.2 Year-wise Financial Allocation and Utilisation**

#### **Financial Year 2019–2020**

During the financial year 2019–20, a sanctioned grant of ₹85,00,000 was provided for purposes including:

- Purchase of laboratory equipment
- Purchase of computer systems
- Related academic and infrastructural support

An amount of ₹50,00,000 was released and fully utilised, indicating effective financial planning and timely execution of sanctioned activities.

### **Financial Year 2020–2021**

For the financial year 2020–21, a sanctioned grant of ₹85,00,000 was allocated. The sanctioned works included:

- Herbal garden renovation
- CCIM and University approval-related expenditures
- Institutional development activities

The released amounts were disbursed in instalments, and utilisation was carried out in accordance with sanctioned norms, as reflected in the utilisation figures recorded in the financial statements.

### **Financial Year 2021–2022**

In 2021–22, a sanctioned grant of ₹90,00,000 was approved. The allocation supported:

- CCIM and University approval fees
- Purchase of laboratory equipment
- Academic infrastructure strengthening

An amount of ₹72,90,000 was released, and the majority of the funds were utilised for the intended purposes, demonstrating prudent financial management.

### **Financial Year 2022–2023**

For the financial year 2022–23, a sanctioned grant of ₹1,00,00,000 was provided, primarily for:

- Construction of a new academic block (Second Phase)
- CCIM and University approval-related works
- Major infrastructure development

Funds were released partly through treasury and e-ledger channels, and utilisation records indicate that the released amount was effectively deployed towards infrastructure expansion.

### **6.8.3 Utilisation Pattern and Financial Management**

Across the financial years, the college has demonstrated:

- High utilisation efficiency of released grants
- Compliance with sanctioned purposes and government norms
- Transparent accounting and documentation of expenditure
- Alignment of financial allocation with institutional priorities

### **6.8.4 Conclusion**

The financial allocations received by Vaidyaratnam Ayurveda College have been effectively utilised in accordance with sanctioned objectives and government norms. Systematic deployment of funds towards academic infrastructure, laboratory facilities, regulatory compliance, and campus development has strengthened the institution's teaching, research, and clinical capacities. Overall, prudent financial management and the optimal utilisation of grants have contributed significantly to the college's sustained academic growth and institutional development.

### **6.9 Conclusion**

Vaidyaratnam Ayurveda College stands as a well-established institution under the Directorate of Ayurvedic Medical Education, seamlessly integrating the classical Ashtavaidya tradition with modern academic, clinical, and research frameworks. With KUHS affiliation and NCISM recognition, the college offers structured undergraduate and postgraduate programmes supported by a NABH-accredited teaching hospital, robust infrastructure, and a competent multidisciplinary workforce.

The institution's sustained focus on quality education, comprehensive patient care, evidence-based research, and community outreach—strengthened through national programmes and prudent financial management—has reinforced its role as a centre of

excellence in Ayurvedic medical education and healthcare. Overall, Vaidyaratnam Ayurveda College continues to contribute significantly to the advancement of Ayurveda through academic rigor, clinical excellence, and social responsibility.

# **Annexures**



## Annexure ISM

## Annexure 3.3.1: Details of ISM Facilities - Hospital

S I N O	Name of Institution	Stream	Address	Village	Name of LSGD	Type of LSGD	Name of block panchayat	District panchayat division	LAC	Parliament	Urban/Rural
1	R V D A H Thrissur	Ayurveda	Ramavarma District Ayurveda Hospital Thiruvambadi. P.O 680001	Thrissur	Thrissur	Corporation	NA	NA	Thrissur	Thrissur	Urban
2	GAH Irinjalakuda	Ayurveda	AVM Govt.Ayurveda Hospital Irinjalakuda 680125	Irinjalakuda	Irinjalakuda Municipality	Municipality	Mukundapuram	Thrissur	Irinjalakuda	Thrissur	Urban
3	GAH Guruvayur	Ayurveda	Govt .Ayurveda Hospital,Guruvayur Ambadi	Guruvayur	guruvayur municipality	municipality	Chavakkad	Thrissur	Guruvayur	Thrissur	Urban



6	GAH Valappad	Ayur veda	V S V M Govt Ayurveda Hospital Valapad P.O Karayamuttam Thrissur Pin.680567	Valapad	Valapad Gram Pnchatyath	Pancha yath	Thalikula m	Thrissur	Nattika	Thrissur	Rur al
7	GAH Santhipu ram	Ayur veda	V K S M M Govt. Ayurveda Hospital, Santhipuram P.O,Kodungall ur, Thrissur- 680668	Pananga d	Sreenaraya napuram Gram Panchayath	Pancha yath	Mathilak am	Kaipama ngalam	Kaipama ngalam	Chalak udy	Rur al
8	GAH Azhikode	Ayur veda	Govt. Ayurveda Hospital Azhikode P.O Thrissur Pin: 680666	Azhikode	Eriyad	Pancha yath	Mathilak am	Eriyad	Kaipama ngalam	Chalak udy	Rur al
9	GAH Annama nada	Ayur veda	Govt. Ayurveda	Kallur Thekkum uri	Annamana da	Pancha yath	Mala	Mala	Kodunga ll ur	Chalak udy	Rur al





<b>17</b>	GAH Aloor	Ayurveda	Thrissur-680682	Thazhekadu	Aloor Grama Panchayath	Panchayath	Mala	Aloor	Irinjalakuda	Thrissur	Rural
<b>18</b>	KISAR	Ayurveda	Kerala Institute of Sports Ayurveda and Research, Thrissur, Thiruvambady P O, PIN-680022	Thrissur	Thrissur Corporation	Corporation	NA	NA	Thrissur	Thrissur	Urban

Annexure 3.3.1: Details of ISM Facilities - Dispensary

S l N o	Name of Instituti on	Stre am	Address	Village	Name of LSGD	Type of LSGD	Name of block pancha yat	Name of district pancha yat	LAC	parlia ment	Urban/ Rural
1	GAD Alagappa nagar	Ayur veda	Govt. Ayurveda Dispensary Alagappanaga r Varakkara P O, Thrissur Dist. Pin 680302	Amballur	Alagappan agar	Panchaya th	Kodakar a	Thrissur	Pudukka d	Thrissu r	Rur al
2	GAD Ashtamic hira	Ayur veda	GAD Ashtamichira, Guruthipala, Annallur PO, Thrissur- 680731	Vadama	Mala	Panchaya th	Mala	Thrissur	Chalaku dy	Chalak udy	Rur al
3	GAD Avanissr y	Ayur veda	GAD Avinissery, Palissery P.O Thrissur. Pin. 680027	Palissery	Avinissery ,	Panchaya th	Cherpu	Thrissur	Nattika	Thrissu r	Rur al

4	GAD Avanoor	Ayur veda	GAD Avanoor, Thangaloor	Thangaloor	Avanoor	Panchayath	Puzhakkal	Thrissur	Wadakkanchery	Alathur	Rural
5	GAD Avittathoor	Ayur veda	GAD Avittathur, Avittathur.P.O, Thrissur, Pin:680683	Kaduppassery	Velookkara	Panchayath	Mukundapuram	Thrissur	Irinjalakuda	Thrissur	Rural
6	GAD Ayyantholi	Ayur veda	GAD Ayyanthol, Pulazhi.PO Thrissur-680012	Ayyanthol	Thrissur	Corporation	Thrissur	Thrissur	Thrissur	Thrissur	Urban
7	GAD Chalakkudy	Ayur veda	GAD Chalakkudy V.R. Puram P.O Thrissur-Dist - Pin 680307	Chalakkudy	Chalakkudy	Municipality	Chalakkudy	NA	Chalakkudy	Chalakkudy	Urban

8	GAD Chammanoor	Ayur veda	GAD Chammanur, Punnayoorkulam	Punnayoor kulam	Punnayoor kulam	Panchayath	Chavakkad	Vadakkad	Guruvayoor	Thrissur	Rural
9	GAD Chazhoor	Ayur veda	GAD Chazhur, Kurumpila vu. P. O, Thrissur - 680564	Kurumpila vu	Chazhur	Panchayath	Anthikkad	Ammadam	Nattika	Thrissur	Rural
10	GAD Chengaloor	Ayur veda	GAD Chengaloor, Pudukkad-680312	Chengaloor	Pudukkad	Grama Panchayath	Kodakara	Thrissur	Kodakara	Thrissur	Rural
11	GAD Cherppu	Ayur veda	GAD Cherpu, Thaya mkulangara, P.O Cherpu - 680561	Chevoor	Cherpu	Panchayath	Cherpu	Thrissur	Nattika	Thrissur	Rural
12	GAD Choondal	Ayur veda	GAD Choondal, Kecheri. P.O 680501	Choondal	Choondal	Panchayath	Chowanur	Choondal	Manalur	Thrissur	Rural

1	GAD Chowannur	Ayur veda	GAD ChowannurPa zhunnana Chemman thatta P O Kechery Thrissur 680501	Chowannu r	Chowann ur	Panchaya t	Chowan nur	Chowan nur	Kunnam kulam	Alathur	rur al
1 4	GAD Desaman galam	Ayur veda	GAD Desamangala m Thalassery.P. O 679532	Desamanga lam	Desamang alam	Panchaya t	Wadakk anchery	Wadakk anchery	Chelakk ara	Alathur	Rur al
1 6	GAD Elavally	Ayur veda	GAD Elavally Elavally North 680511	Elavally	Elavally	Panchaya th	Mullass ery	Thrissur	Manalur	Thrissu r	Rur al
1 5	GAD Edavilan gu	Ayur veda	GAD Edavilangu, Edavilangu PO.Thrissur 680671	Edavilangu	Edavilang u	Panchaya th	Mathila kam	Kaipam angalam	Kaipama ngalam	Chalak kudy	Rur al

<b>17</b>	GAD Engandiyoor	Ayurveda	GAD Engandiyur, Kundaliyur P.O 680616	Engandiyur	Engandiyur	Engandiyur	Panchayath	Thalikulam	Thalikulam	Guruvayoor	Thrissur	Rural
<b>18</b>	GAD Eravu	Ayurveda	GAD Eravu Arimpur P O, Thrissur-680620	Parakkad	Arimpur P O,	Panchayath	Panchayath	Anthikkad	Thrissur	Manalloor	Thrissur	Rural
<b>19</b>	GAD Health University Campus	Ayurveda	P.O .Medical College,M.G Kavu, Pin 680596	Velappaya	Avanoor	Panchayath	Panchayath	Puzhakkal	Thrissur	kkanchery	Alathur	Rural
<b>20</b>	GAD Erayamkudy	Ayurveda	GAD Erayamkudy, Erayamkudy po Thrissur 680308	Kallurthekumuri	Annamada	Panchayath	Panchayath	Mala	Mala	Kodungaloor	Chalakyudiy	Rural
<b>21</b>	GAD Irunilamkode	Ayurveda	GAD Irunilamcode, Irunilamkode po,Thrissur,pin 680583	Mullurkkara	Mullurkkara	panchayath	panchayath	Wadakkanchery	Wadakkanchery	Chelakkara	Alathur	Rural

2	GAD Kadavallur	Ayur veda	G.A.D Kadavallur Korattikkara PO 680543	Kadavallur	Kadavallur	Kadavallur	Panchayath	Chowannur	Kattampal	Kunnamkulam	Alathur	Rural
3	GAD Kadappuram	Ayur veda	GAD Kadappuram Blangad P.O 680506	Kadappuram	Kadappuram	Kadappuram	panchayath	Chavakkad	Kadappuram	Guruvayur	Thrissur	Rural
4	GAD Kadukuttay	Ayur veda	GAD Kadukutti Kadukutti.P.O , 680315	Kallurvada kummuril	Kadukutti	Kadukutti	panchayath	Chalady	Thrissur	Chalady	Chalady	Rural
5	GAD Kaipamangalam	Ayur veda	GAD Kaipamangalam, chalingad P.O 680681	Kaipamangalam	Kaipamanalam	Kaipamanalam	Gramapanchayath	Mathilakam	Kaipamangalam	Kaipamangalam	Thrissur	Rural
6	GAD Kalloor	Ayur veda	GAD Kallur Muttithadi Pin -680317	Thrikkur	Thrikkur	Thrikkur	Panchayath	Kodakara	Thrissur	Pudukkud	Thrissur	Rural
7	GAD Kandanassery	Ayur veda	GAD Kandanassery	Kandanassery	Kandanassery	Kandanassery	Panchayath	Chovannur	Thrissur	Manalur	Thrissur	Rural



3	GAD Kattoor	Ayur veda	GAD kattoor, Kattoor.P.0680702	kattoor	Kattoor	panchayath	irinjalakuda	Thrissur	Irinjalakuda	Thrissur	Rural
3	GAD Killannur	Ayur veda	GAD Killannur, MG Kavu P.O Thrissur, 680581.	Killannur	Mulagunnathukavu	panchayath	Puzhakkal	Thrissur	Vadakkanchery	Alathur	Rural
3	GAD Kodannur	Ayur veda	GAD Kodannur, Kodannur PO, 680563	Kodannur	Paralam	panchayath	Chepu	Thrissur	Nattika	Thrissur	Rural
3	GAD Kodassery	Ayur veda	GAD Kodassery /Kuttichira.P.O 680724	Kuttichira	Kodassery	panchayath	chalakudy	Thrissur	chalakudy	chalakudy	Rural
3	GAD Kolazhy	Ayur veda	GAD Kolazhy, Kuttoor PO, 680013	Kuttoor	Kolazhy	Gramapanchayat	Puzhakkal	Thrissur Avanoor	Wadakkanchery	Alathur	Rural
3	GAD Kondazhy	Ayur veda	GAD Kondazhy, Kondazhy P.	kondazhy	kondazhy	Grama Panchayath	Pazhayanur	Thrissur	Chelakkara	Alathur	Rural



4 1	GAD Mundathi code	Ayur veda	Aryampadam P.O, Thrissur 680601	Mundathic ode	Wadakkan chery	Municipal ity	Wadaka nchery	Thrissur	Wadakk anchery	Alathur	Urban
4 2	GAD Mullasser y	Ayur veda	GAD Mullassery, Mullassery.P. O Thrissur 680509	Mullassery	Mullasser y	Gramapa nchayath	Mullass ery	Mullass ery	Manalur	Thrissu r	Rur al
4 3	GAD Machad	Ayur veda	GAD Machad karumathra p o 680589 thrissur	karumathr a	Thekkum kara	Gramapa nchayath	Wadaka nchery	Thrissur	Wadaka nchery	Alathur	Rur al
4 4	GAD Methala	Ayur veda	GAD Methala, Anappuzha PO, Kodun gallur, 680667	Methala	Kodungall ur Municipali ty	Municipa lity	NA	NA	Kodunga lloor	Chalak udy	Urban

4	GAD Mundoor	Ayur veda	GAD Mundoor Mundur po 680541	Anjur	Kaiparam bu	Gramapanchayat	puzhakkal	thrissur	Wadakkanchery	Alathur	Rural
4	GAD Muriyad	Ayur veda	GAD Muriyad, Anandapuram po	Muriyad	Muriyad	Gramapanchayat	irinjalakuda	thrissur	Irinjalakuda	thrissur	rural
4	GAD Nadathara	Ayur veda	Gad Nadathara, Eravimangalam PO, Thrissur 680751.	Nadathara	Nadathara	Gramapanjyath	Ollukka	Thrissur	Ollur	Thrissur	Rural
4	GAD Nattika	Ayur veda	GAD Nattika, Nattika Beach PO, Thrissur 680566	Nattika	Nattika	Gramapanjyath	Thalikulam	Thrissur	Nattika	Thrissur	Rural
4	GAD Ollukkara	Ayur veda	Govt Ayurveda Dispensary,	Ollukkara	Thrissur corporation	Corporation	Ollukkara	Thrissur	Thrissur	Thrissur	Urban







6	GAD	Ayurveda	Karuvannur PO-680711	Porkulam	Porkulam	Grama Panchayath	chowwa nnur	Thrissur	Thrissur	Kunnam kulam	Alathur	Rural
4	Porkulam	veda	GAD porkulam, kunnankula m , porkulam P O, 680542	Porkulam	Porkulam	Panchaya t	Mala	Thrissur	Thrissur	Poyya	Chalaku kudi	Rural
6	GAD	Ayurveda	Govt Ayurveda Dispensary Poyya, Madathumpa di P O, Madathumpa di -680733	Madathum padi	Madathum padi	Panchaya t	Mala	Thrissur	Thrissur	Poyya	Chalaku kudi	Rural
5	Poyya	veda										
6	GAD	Ayurveda	Gad Island Pullu p.o Thrissur 680641	Pullu	Pullu	Grama panchaya t	Anthikk ad	Thrissur	Thrissur	Nattika	Thrissu r	Rural
6	Pullu Island	veda										
6	GAD	Ayurveda	GAD Punnayur, Edakkazh iyur P. O. 680515	Edakkazhiy ur	Edakkazhiy ur	Gramapa nchayath	Chavakk ad	Vadakke kkad	Vadakke kkad	Guruway oor	Thrissu r	Rural
7	Punnayur	veda										

68	GAD Puthur	Ayurveda	GAD Puthur, Puthur PO-680014	Puthur	Puthur Gramapanchayath	Ollukka	Puthur	Ollur	Thrissur	Rural
69	GAD Puzhakkal	Ayurveda	GAD Puzhakkal, PO Adat, Pin-680551	Adat	Adat Gramapanchayath	Puzhakkal	Thrissur	Wadakkanchery	Alathur	Rural
70	GAD Thaikkad	Ayurveda	GAD Thaikkad, Chakkamkandam PO. Pin 680522	Thaikkad	Guruvayur	NA	NA	Manalur	Thrissur	Urban
71	GAD Thalikulam	Ayurveda	GAD Thalikulam, Thalikulam PO, Pin 680569	Thalikulam	Thalikulam	halikulam	Thrissur	Nattika	Thrissur	Rural
72	GAD Thanniam	Ayurveda	GAD Thanniam, Peringottukara P.O., PIN-680565	Thanniam	Thanniam	Anthikkad	Thrissur	Nattika	Thrissur	Rural

7 3	GAD Thiruvilwamala	Ayurveda	GAD Thiruvilwamala, Municipal Station, Temple road 680588	Thiruvilwamala	Thiruvilwamala	Gramapanchayath	Pazhannur	Thrissur	Chelakkara	Alathur	Rural
7 4	GAD Tholur	Ayurveda	G.A.D Tholur , Parappur P O 680552	Tholur	Tholur Gramapanchayath	Gramapanchayath	Puzhakkal	Thrissur	Wadakkanchery	Alathur	Rural
7 5	GAD Thrithalur	Ayurveda	GAD Thrithalur, Thirithallur, west PO, 680619	Vadanappally	Vadanappally	Gramapanchayath	Thalikulam	Thrissur	Manalur	Thrissur	Rural
7 6	GAD Vallachira	Ayurveda	GAD Vallachira, Chathakkudam, Vallachira p.o. 680562	Vallachira	Vallachira	Panchayat	Cherepu	Thrissur	Puthukkad	Thrissur	rural
7 7	GAD Vallatholnagar	Ayurveda	GAD Vallatholnagar Cheruthuruth	Cheruthuruthy	Vallatholnagar G P	Gramapanchayath	Pazayanur	Vallatholnagar Division	Chelakkara	Alathur	Rural

7	GAD Vallivattam	Ayurveda	y P O Thrissur 679531	Vallivattom	Vellangallur	Gramapanchayath	Vellangallur	Thrissur	Kodungallur	Chalakyudy	Rural
8	GAD Vallivattam	Ayurveda	GAD VallivattomVallivattom, (PO) Thrissur PIN. 680123	Vallivattom	Vellangallur	Gramapanchayath	Vellangallur	Thrissur	Kodungallur	Chalakyudy	Rural
7	GAD Varantheppilly	Ayurveda	GAD Varandharappilly, Nandhipulam. PO, 680312	Nandhipulam	Varandharappilly	Grampanchayat	Kodakara	Kodakara	Pudukkottai	Thrissur	Rural
8	GAD Varavoor	Ayurveda	GAD Varavoor, Pilakkad po, 680585 Thrissur	Varavoor	Varavoor	Gramapanchayath	Wadakkanchery	Erumappetty	Chelakkara	Alathur	Rural
8	GAD Vellangallur	Ayurveda	GAD Vellangallur, Vellangallur P.O 680662	Vadakkumkara	Vellangallur	Grampanchayath	Vellangallur	Thrissur	Kodungallur	Chalakyudy	Rural

<b>8</b>	<b>2</b>	GAD Venkitangu	Ayurveda	GAD VenkitanguVennkitangu P O, Thrissur 680510	Venkitangu	Venkitangu	Gramapanchayath	Mullassery	Thrissur	Manalur	Thrissur	Rural
<b>8</b>	<b>3</b>	GAD Vettilappara	Ayurveda	GAD Vettilappara, Vettilappara, P. O 680721	Athirappilly	Athirappilly	Gramapanchayath	Chalaky	Thrissur	Chalaky	Chalaky	Rural
<b>8</b>	<b>4</b>	GAD Wadakkanchery	ayurveda	GAD Wadakkanchery, Wadakkanchery RS Road, 680623	Wadakkanchery	Wadakkanchery	Municipality	wadakkanchery	Thrissur	Wadakkanchery	Alathur	urban

**Annexure 3.3.1: Details of ISM Facilities - Hospital**

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	R V D A H Thrissur	7589	2218	50
2	GAH Irinjalakkuda	3528	787	30
3	GAH Guruvayur	4018	244	30
4	GAH Anthikkad	2459	278	30
5	GAH Kodakara	3240	411	25
6	GAH Valappad	2386	425	20
7	GAH Santhipuram	1763	239	10
8	GAH Azhikode	2380	179	10
9	GAH Annamanada	2446	301	10
10	GAH Chelakkara	2372	65	20
11	GAH Kadangode	2601	307	10
12	GAH Villadom	2377	219	10
12	GAH Pulloot	1424	284	10

<b>14</b>	GVVH Madakkathra	1983	125	4
<b>15</b>	GVVH Wadakkanchery	1617	119	4
<b>16</b>	GAH Puthenchira	1730	283	20
<b>17</b>	GAH Aloor	1743	247	10
<b>18</b>	KISAR	1146	63	50

### Annexure 3.5.2: Table of Beneficiary details in Government ISM Dispensaries

Sl No	Institution Name	Average OPD in a Month
	GAD Alagappanagar	1535
	GAD Ashtamichira	1048
	GAD Avannisry	1457
	GAD Avanoor	1013
	GAD Avittathoor	1127
	GAD Ayyanthol	953
	GAD Chalakkudy	2063
	GAD Chammanoor	1955
	GAD Chazhoor	1080
	GAD Chengaloor	1584
	GAD Cherppu	1752
	GAD Choondal	1759

	GAD Chowannur	1339
	GAD Desamangalam	1060
	GAD Elavally	1627
	GAD Edavilangu	1480
	GAD Engandiyoor	1439
	GAD Eravu	1726
	GAD Health University Campus	1239
	GAD Erayamkudy	969
	GAD Irunilamkode	1063
	GAD Kadavallur	1115
	GAD Kadappuram	1034
	GAD Kadukutty	1489
	GAD Kaipamangalam	2107
	GAD Kalloor	1225
	GAD Kandanassery	1446
	GAD Kandassamkadavu	1270
	GAD Karalam	1351
	GAD Kariyannur	1215
	GAD Kattoor	972
	GAD Killannur	1640
	GAD Kodannur	1015
	GAD Kodassery	1234

	GAD Kolazhy	1293
	GAD Kondazhy	1272
	GAD Koolimuttom	1162
	GAD Koorkanchery	1387
	GAD Kunnamkulam	1416
	GAD Kuzhoor	1667
	GAD Machad	2219
	GAD Methala	2360
	GAD Mullassery	1427
	GAD Mundathikode	1282
	GAD Mundoor	1644
	GAD Muriyad	1412
	GAD Nadathara	1912
	GAD Nattika	1317
	GAD Ollukkara	1468
	GAD Ollur	2379
	GAD Orumanayoor	1626
	GAD Padiyoor	1183
	GAD Painkulam	1792
	GAD Pananchery	2747
	GAD Panangad	1488
	GAD Parappukkara	1380

	GAD Pariyaram	1437
	GAD Pavaratty	1238
	GAD Pazhayannur	1350
	GAD Perinjanam	1488
	GAD Pookode	1545
	GAD Poomangalam	1503
	GAD Porathussery	1582
	GAD Porkulam	869
	GAD Poyya	1495
	GAD Pullu Island	1127
	GAD Punnayur	1127
	GAD Puthur	1775
	GAD Puzhakkal	1635
	GAD Thaikkad	1456
	GAD Thalikulam	1546
	GAD Thanniam	1352
	GAD Thiruvilwamala	1338
	GAD Tholur	1315
	GAD Thrithallur	1375
	GAD Vallachira	1654
	GAD VAllatholnagar	1157
	GAD Vallivattam	1726

	GAD Varantharappilly	1583
	GAD Varavoor	1473
	GAD Vellangallur	1826
	GAD Venkitangu	1291
	GAD Vettilappara	1170
	GAD Wadakkenchery	1473

**Annexure 3.5.3: Table of Beneficiary details in APHC dispensaries**

SL No	AYURVEDA/SIDHA/UNANI/NATUROPATHY ETC.	NAME OF INSTITUTION	Average OPD Per Month
1	AYURVEDA	ALLOOR	1287
2	AYURVEDA	CHAVAKKAD	1366
3	AYURVEDA	EDATHIRUTHY	1478
4	AYURVEDA	KADAPPURAM	1851
5	AYURVEDA	KADUKKUTTY	1403
6	AYURVEDA	KATTAKAMBAL	1278
7	AYURVEDA	KODUNGALLUR	1304
8	AYURVEDA	KORATTY	1500
9	AYURVEDA	KORATTY(NALUKETT)	1351
10	AYURVEDA	MATTATHUR	1716
11	AYURVEDA	MELOOR	1230
12	AYURVEDA	NENMANIKKARA	1249
13	AYURVEDA	VADAKKEKKAD	1492

14	AYURVEDA	VELOOR	1483
	<b>Total</b>		<b>19987</b>

**Annexure 3.8: List of Institutions upgraded as Ayushman Arogya Mandir Ayush (AAM-A)**

Sl no	Name of Institution
1	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Avinisserry 680313
2	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Avittathur 680683
3	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Ayyanthole 680003
4	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Chengalur 680312
5	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Chovvannur 680508
6	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Kallur 680317
7	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Kandassamkadavu
8	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Kariyannur 680604
9	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Kodannur 680563
10	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Koolimuttom
11	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Kunnamkulam
12	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Kuzhur 680734
13	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Mundathikkode
14	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Painkulam 680589
15	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Pookode 680751
16	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Poyya 680733
17	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Thalikkulam 680569
18	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Thiruvilwamala
19	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Varantharappilly
20	AYUSHMAN AROGYA MANDIR AYUSH ( AYURVEDA) Vettilapara 680721
21	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Alagappanagar
22	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Avanoor 680541
23	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Cherppu 680561

24	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Elavally 680511
25	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Engandiyoor 680615
26	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Irunilamkode
27	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kadavallur 680543
28	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kadukkutty 680309
29	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kaippamangalam
30	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Mullassery 680509
31	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pariyaram 680721
32	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thrithalloor 680619
33	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Vellangallur 680662

### Annexure 3.10.1: List of Institutions Where Civil Works Have Been Completed

SL NO	Name Of Facility	Type Of Work	Financial Year	Name of Project(NAM/LSGD/MLA/MP etc)	Approved Amount	Status
1	GAH Kodakara	Liquid waste management and cockpit construction	2024-25	LSGD Fund	1,00,000	Completed
		Construction And Maintenance			25,00,000	Completed
2	GAD Wadakkanchery	Painting, toilet,kitchen renovation	2024-25	Municipality own fund	70000	Completed
3	GAD Cherpu	Pharmacy Renovation, Patient Waiting Area	2024-25	LSGD Fund	450000	Completed

4	GAH Kadangod	Maintenance work	2024-25	LSGD Fund	500000	Completed
5	GAD Puthur	Maintenance dispensary	2024-25	LSGD Fund	300000	Completed
6	GAD Kodassery	GAD Maintenance	2024-25	LSGD Fund	155565	Completed
7	GAD Mullassery	Compound wall maintenance	2024-25	LSGD Fund	500000	Completed
8	GAD Thalikulam	staircase, toilet ramp, BMW, OP Counter	2024-25	NAM AHWC Fund	500000	Completed
9	GAD Kadukutty	Compound Wall, Pharmacy Maintenance	2024-25	GP Fund	570000	Completed
10	GAD Irunilamkode	Renovation	2024-25	LSGD Fund	295941	Completed
11	GAD Pariyaram	Maintenance PH Toilet, Disabled Ramp	2024-25	GP Fund	54,695	Completed
12	GAD Koolimuttam	Upgrading Ayurveda Dispensary to AHWC	2024-25	NAM	500000	Completed
				LSGD Fund	70366	Completed
		Painting		LSGD Fund	178220	Completed
13	GAD Elavalli	Exterior painting of dispensary	2024-25	LSGD -AE Fund	50000	Completed

14	GAD Ayyanthole	Building Maintenance	2024-25	Corporation Fund	10,00,000	Completed
15	GAH Kuzhikkattussery	Store Room maintenance	2024-25	GP Fund	305000	Completed
16	G A D Vallathol Nagar	Pharmacy Renovation	2024-25	LSGD- AE	75000	Completed
17	GAD Kallur	Building Maintenance	2024-25	LSGD Fund	293421	Completed
18	GAD Cherpu	Yoga Hall Electrification	2024-25	GP fund	100000	Completed
19	GAD Alagappanagar	Yoga Hall	2024-25	NAM Fund	450000	Completed, no inauguration has been held
		Ramp, Doctor's room, tile work in verandah, truss work		GP fund	300000	Completed
20	GAH Villadom	Construction of front gates with arches	2024-25	Corporation fund	1500000	Completed
21	GAD Thiruvilmala	Painting and branding	2024-25	GP fund (from NAM)	500000	Work 444000/- completed, balance 56000/ spill over project

22	AVM GAH Irinjalakuda	Front Office Construction	2025-26	LSGD fund	1,50,000	Complete d
		Clean Toilet Campaign			2,50,000	Complete d
23	GAD Mundoor Thrissur	Hospital Repair and Maintenance	2025-26	LSGD fund	285240	Complete d
24	GAD Irunilamko de	Electrification	2025-26	LSGD GP Fund	46406	Complete d
25	GAD Mundathico de	Pharmacy Renovation	2025-26	LSGD Fund & NAM Fund	160400	Complete d
26	GAD Chazhur	maintenance works	2025-26	LSGD Fund	130000	Complete d
27	GAVVD Karalam	maintenance works(Door,win dow glass work,grill work of staircase handrail)	2025-26	AE (LSGD Fund)	120000	Complete d
28	GAD Avinissery	Kitchen renovation,cons truction of main stock room,yoga hall ,cabin separation,sca	2025-26	NAM Fund	450000	Complete d

		p area,feeding room				
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### Annexure 3.10.2 : List of Institutions with Ongoing Civil Works

SI No	Name Of Facility	Type of Work .	Financial Year	Name Of Project( NAM/LSGD/MLA /MP LAD etc)	Approved Amount	Expenditure	Status
1	GAH Kodakara	New Kitchen Construction	2024 -25	LSGD	250000		Ongoing
		STP plant			100000		
2	GAD Kodannur	Boundary wall	2024 -25	GP fund	450000		Ongoing
		Yoga Hall renovation			300,000		Not started
3	GAD Kuzhur	Toilet Block Construction	2024 -25	GP fund and Suchithw amission fund	330000		Not started
		Maintenance work		LSGD Fund	800000		Not started
		Exterior Painting, Ramp, Compound Wall		NAM Fund	500000		Work on going

4	GAH Santhipuram	Biogas Plant, Incinerator	2024 -25	GP fund and Suchithw amission fund	70000 55000		Not started
5	AVM GAH Irinjalakuda	Front office construction	2024 -25	LSGD Fund	1,50,000		Not started
6	GAD Kaippamnagalam	AHWC construction 2 nd phase	2024 -25	LSGD Fund, NAM Fund	273339		Ongoing
7	GAD Puthur	Patient Toilet nirmanam	2024 -25	LSGD Fund	500000		Work not complred
		Ayurveda Dispensry first floor maintnence		LSGD Fund	440000		Work not started
8	GAD Nattika	Pharmacy Renovation, Medicine storage Area, Yoga Hall, Feeding Area, other Maintanance works, Painting	2024 -25	LSGD Fund	903945		Work not started
9	GAD Kunnamkulam	Construction approval for Panchakrma Block	2024 -25	NAM Fund	300000 0		Work not started
10	GAVVD Karalam	Maintenance work	2024 -25	AE (LSGD)	120000		Work not started

11	GAD Kondazhy	Construction OF Yoga hall and other maintainance works	2024-25	NAM Fund	300000 0		Work not started
12	GAD Kodassery	GAD Renovation	2024-25	LSGD Fund	439388		Work not started
13	GAD Poomangalam	Conferrence Hall Renovation	2024-25	LSGD Fund	450000		Not started
14	GAD Kolazhy	Compound wall and gate construction	2024-25	LSGD Fund	500000		Not started
15	GAD Mullassery	Door window maintenance	2024-25	LSGD Fund	174522		Not started
		Maintenance work		LSGD Fund	210000		Re tender
		Panchakarma block consruction		NAM SAAP Proposal	300000 0		Foundati on Stone laid
16	GAD Chazhur	Maintenance	2024-25	LSGD Fund	500000		Work started
17	GAD Kandassamkadav	Maintenance work	2024-25	LSGD Fund	130000 0		On going
18	GAD kolazhy	Office renovation	2024-25	LSGD Fund	524001		Not started
19	GAD Varantharapally	AHWC Construction	2024-25	LSGD Fund	500000		Not started
20	GAD Thanniyam	Maintenance work	2024-25	LSGD Fund	200000		Not started

21	GAD Elavally	RAMP for OP entry & disabled toilet, Pharmacy renovation, construction of consultation cabin, Registration Room, Feeding Room, Cleaning area renovation, soakpit construction	2024-25	LSGD -AE Fund	250035		
22	GAD Perinjanam	Sub centre consruction	2024-25	MP fund	1648637		Work on going
23	GAD Avinissery	Kitchen renovation, construction of main stock rooms, yoga hall cabin seperation, scrap area, feeding room	2024-25	NAM Fund	450000		Work on going
24	GAD Poyya	Yoga hall ,op counter and other maintenace	2024-25	NAM Fund, Panchayath Fund	500000 400000		Work on going
25	GAD Thrithallur	Hospital maintenace	2024-25	NAM Fund	450000		Work on going
26	Ramavarma District Ayurveda Hospital Thrissur	Parking area tile work	2024-25	Jilla Panchayath Fund	2000000		Work ongoing

27	GAD Pookode	Maintenance work	2024-25	LSGD Fund	150000		Work Started
		Construction of toilet		LSGD Fund	157000		Work Started
28	GAD Kodannur	Boundary wall	2024-25	GP fund	450000		Not completed
29	GAD koorkkenchery	Grill work and tiling of upstairs hall	2024-25	corporation fund	484380		Work started
30	GAD Thalikulam	Store Room Extension	2025-26	LSGD fund	200000		Not yet work started
		Yoga Hall Construction		Block Panchayath GP Fund	105000		
31	GAD Varandarappilly	AHWC Construction	2025-26	NAM AHWC LSGD fund	500000		Ongoing
32	GAD Kodassery	Maintenance works	2025-26	LSGD fund	191575		Not yet work started
33	GAD Elavally	Ayush Colour code interior painting, Outdoor Interlock Tiling	2025-26	LSGD AE fund	125000		Not yet started

34	GAD Nattika	Pharmacy Renovation Medicine Storage area Yoga Hall, feeding area other Maintenance works, painting	2025 -26	LSGD AE- Maintena nce fund	903945		On going
35	GAD Porkulam	Maintenance works	2025 -26	LSGD fund	150000		Not yet started
36	GAD Tholur	Maintenance works	2025 -26	LSGD fund	300000		Not yet started
37	GAD Kallur	Maintenance works	2025 -26	LSGD fund	350000		Not yet started
38	GAD Puthur	MAINTENANAC E WORKS	2025 -26	LSGD fund	300000		Not yet started
39	GAD Mullassery	Maintenance works	2025 -26	LSGD fund	210000		Not started
		Panchakarma block		NAM Fund - Sap proposal	300000 0		Work started
40	GAD Kolazhy	Office Maintenance	2025 -26	LSGD fund	600000		Not yet started
		Compounds Wall and Gate construction			500000		retendere d, not started
41	GAD Vettilappara	Maintainence works	2025 -26	LSGD fund	700000		Not yet started

42	GAD Thanniam	Maintainence works	2025-26	LSGD fund	200000		Not yet started
43	Gad Puthur	Maintenance works	2025-26	LSGD Fund	300000		Not yet started
44	GAD Cherpu	Yoga Hall Maintenance	2025-26	LSGD Fund	100000		Not yet started
45	GAD Thiruvilwamala	Hand rail for ramp, tile work	2025-26	GP fund ( from Nam)	56000/-		On going

## Annexure Homoeopathy

## Annexure 4.3.1: Details of Homoeopathy Facilities - Hospital

S I N O	Institution Name & Code	Stream	District	Postal Addresses	Village Name	Corporation/Municipality/Panchayath	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban/ Rural
1	THRIS SUR DISTR ICT HOMO EO HOSPI TAL : 08H0 1	Homoeopathy	Thrissur	POOT HOLE P O, THRIS SUR 68000 4		Thrissur Corporation	Corporation			Thrissur	Thrissur	Urban

Annexure 4.3.2: Details of Homoeopathy Dispensary

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/Municipality/Panchayath	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban/Rural
1	ADAT GOVT HOMEO DISPENSARY : 08D01	Homoeopathy	Thrissur	ADAT MARACOMPANY STOP PARAPPOOR ROAD CHITTILAPALLI P O THRISSUR 680551	Chittilappilly	ADAT	Panchayath	Puzhakkal	Thrissur	Alathur	Wadakkanchery	Rural
2	ADAT PAREEK KAD SCPHHC : 08S07	Homoeopathy	Thrissur	H.H.C PARIKKAD, P.O PURANATTUKARA		ADAT	Panchayath	Puzhakkal	Thrissur	Alathur	Wadakkanchery	Rural
3	ALAGAPANAGAR GOVT HOMEO	Homoeopathy	Thrissur	ALAGAPPANAGAR VATTANATHARA P.O THRISSUR 680302	Ambalur	ALAGAPPANAGAR	Panchayath	Kodakara	Thrissur	Thrisur	Puthukkad	Rural





1	AVANNO OR GOVT HOMOE O DISPENS ARY : 08D07	Hom oeop athy	Th ris sur	GHD AVANNOOR, MEDICAL COLLEGE P.O, THRISSUR- 680596		AVANUR	Panc haya th	Puzha kkal	Thri ssur	Alath ur	Wada kkanc hery	Rural
1	AVINISS ERY APHC : 08N03	Hom oeop athy	Th ris sur	PULLANIKKAD ROAD,NEAR AGANAWADI BUILDING,PERINCH ERY P O	Avani ssery	AVINISSERY	Panc haya th	Cherp u	Thri ssur	Thris sur	Nattik a	Rural
1	AYYANT HOLE GOVT HOMOE O DISPENS ARY : 08D08	Hom oeop athy	Th ris sur	AYYANTHOLE NEAR S.N. PARK , POOTHOLE P.O THRISSUR 680004	Arana ttukar a	Thrissur Corporation	Corp orati on			Thris sur	Thriss ur	Urba n
1	CHALAK KUDY APHC : 08N04	Hom oeop athy	Th ris sur	URUMBANKUNNU, V R PURAM POST, CHALAKKUDY.	Padija re Chala kkudy	Chalakkudy Municipality	Mun icipa lity			Chala kudy	Chala kudy	Urba n

15	CHAVAKKAD GOVT HOMOEOPATHY DISPENSARY : 08D09	Thrissur	CHAVAKKAD MUNICIPAL SHOPPING COMPLEX CHAVAKKAD .P.O THRISSUR 680506	Manahala	Chavakkad Municipality	Municipality	Anthi	Thrissur	Thrissur	Guruvayur	Urban
16	CHAZHUR GOVT HOMOEOPATHY DISPENSARY : 08D10	Thrissur	CHAZHUR PAZHUVIL P.O. THRISSUR 680564	Kurupilavu	CHAZHOOR	Panchayath	Anthi	Thrissur	Thrissur	Nattika	Rural
17	CHELAKKARA APHC : 08N05	Thrissur	APHC CHELAKKARA (HOMEO), INSIDE PANCHAYATH COMPLEX, CHELAKKARA P.O. THRISSUR 680586.	Chelakkara	CHELAKKARA	Panchayath	Pazhannur	Thrissur	Alathur	Chelakkara	Rural
18	CHERPU GOVT HOMOEOPATHY DISPENSARY : 08D09	Thrissur	CHERPU GOVERNMENT HOMOEOPATHY DISPENSARY, THAYAMKULANGAR	Cherpu	CHERPU	Panchayath	Cherpu	Thrissur	Thrissur	Nattika	Rural

ARY : 08D54	Hom oeop athy	Th ris sur	A, ANGADIKKULAM, VIA KONIKKARA, CHERPU P.O. THRISSUR	Erane llur	CHOONDAL	Panc haya th	Chow annur	Thri ssur	Thris sur	Manal ur	Rural
1 9 CHOOND AL GOVT HOMOE O DISPENS ARY : 08D55	CHOONDAL GOVERNMENT HOMOEOPATHY DISPENSARY, CHIRANELLUR P O, THRISSUR	Th ris sur									
2 0 CHOWA NNUR GOVT HOMOE O DISPENS ARY : 08D11	Hom oeop athy	Th ris sur	CHOWANNUR P O, THRISSUR 680517	Chow annur	CHOWANNUR	Panc haya th	Chow annur	Thri ssur	Alath ur	Kunn amkul am	Rural
2 1 DESAMA NGALAM GOVT HOMOE O DISPENS	Hom oeop athy	Th ris sur	GOVERNMENT HOMOE DISPENSARY DESAMANGALAM P O THRISSUR 679532	Desa mang alam	DESAMANGALA M	Panc haya th	Wada kkanc hery	Thri ssur	Alath ur	Chela kkara	Rural





29	GURUVA YUR TEMPOR ARY HOMOE O DISPENS ARY : 08T01	Hom oeop athy	Th ris sur			Guruvayoor Municipality	Mun icipa lity		Thris sur	Guruv ayur	Urba n
30	IRINJAL AKKUDA GOVT HOMOE O DISPENS ARY : 08D14	Hom oeop athy	Th ris sur	IRINJALAKKUDA BLDG. NO. VIII/156 NEAR OFFICE IRINJALAKKUDA .P.O THRISSUR 680121	Irinjal akkuda	Irinjalakuda Municipality	Mun icipa lity		Thris sur	Irinjal akuda	Urba n
31	IRINJAL AKKUDA KUZHIK KATTUK ONAM : 08S02	Hom oeop athy	Th ris sur	HOMOEOPATHIC HEALTH CENTRE KUZHIKKATTUKON AM,MADAYIKONAM PO,IRINJALAKKUDA ,PIN-680712		Irinjalakuda Municipality	Mun icipa lity		Thris sur	Irinjal akuda	Urba n

3	KADANG ODE APHC : 08N10	Th ris sur	KADANGODE GRAMA PANCHAYATH, VELLARAKKAD(PO), THRISSUR	Konda azhy	KADANGODE	Panc haya th	Chow annur	Thri ssur	Alath ur	Kunn amkul am	Rural
3	KADAPP URAM GOVT HOMOE O DISPENS ARY : 08D15	Th ris sur	KADAPPURAM ANJANGADI KADAPPURAM P.O. THRISSUR 680514	Kadap pura m	KADAPPURAM	Panc haya th	Chava kkad	Thri ssur	Thris sur	Guruv ayur	Rural
3	KADUKU TTY APHC : 08N11	Th ris sur	AYUSH HOMOEOPATHY KADUKUTTY, PALAYAMPARAMBU .P.O, VYNTHALA, CHALAKUDY VIA, THRISSUR - 680741	Kallur vadak kumu ri	KADUKUTTY	Panc haya th	Chala kudy	Thri ssur	Chala kudy	Chala kudy	Rural
3	KAIPAM ANGALA M GOVT HOMOE O DISPENS	Th ris sur	KAIPAMANGALAM KAIPAMANGALAM P.O. THRISSUR 680681	Kaipa mang alam	KAIPAMANGALAM	Panc haya th	Mathil akam	Thri ssur	Chala kudy	Kaipa mang alam	Rural

ARY : 08D16	Hom oeop athy	Th ris sur	KAIPARAMBU KAIPARAMBU THRISSUR	Kaipa ramb u	KAIPARAMBU	Panc haya th	Puzha kkal	Thri ssur	Alath ur	Wada kkanc hery	Rural
3 6 GOVT HOMOE O DISPENS ARY : 08D17	Hom oeop athy	Th ris sur	KANDANASSERY ARIYANNUR P.O. THRISSUR 680102	Kanda nisser y	KANDANASSER Y	Panc haya th	Chow annur	Thri ssur	Thris sur	Manal ur	Rural
3 8 M GOVT HOMOE O DISPENS ARY : 08D19	Hom oeop athy	Th ris sur	VELLANI P O, IRINJALAKUDA, THRISSUR,680701	Kaara am	KARALAM	Panc haya th	Irinjal akuda	Thri ssur	Thris sur	Irinjal akuda	Rural

3	KATTAK AMBAL APHC : 08N12	Hom oeop athy	Th ris sur	AYUSH HOMEO,NEAR KATTAKAMPAL GRAMA PANCHAYATH,PAZH ANJI	Pazha nji	KATTAKAMPAL	Panc haya th	Chow annur	Thri ssur	Alath ur	Kunn amkul am	Rural
4	KATTOO R GOVT HOMOE O DISPENS ARY : 08D57	Hom oeop athy	Th ris sur	KATTOOR GOVERNMENT HOMOEOPATHY DISPENSARY, KATTOOR GRAMAPANCHAYAT H, PONJANAM, THRISSUR	Kattur	KATTOOR	Panc haya th	Irinjal akuda	Thri ssur	Thris sur	Irinjal akuda	Rural
4	KILLAN NUR GOVT HOMOE O DISPENS ARY : 08D20	Hom oeop athy	Th ris sur	KILLANNUR KURICHIKKARA P.O. THRISSUR 680028	Killan nur	MULAMKUNNA THUKAVU	Panc haya th	Puzha kkal	Thri ssur	Alath ur	Wada kkanc hery	Rural
4	KODAKA RA GOVT HOMOE O	Hom oeop athy	Th ris sur	GOVT HOMEO DISPENSARY KODAKARA, KANAKAMALA POST	Kodak ara	KODAKARA	Panc haya th	Kodak ara	Thri ssur	Chala kudy	Chala kudy	Rural

	DISPENSARY : 08D21	Homoeopathy	Thris sur	KODAKARA (VIA) THRISSUR 680689															
4	KODASSERI SCPHHC : 08S06	Homoeopathy	Thris sur	KUTTICHIRA P O CHALAKUDI VIA THRISSUR	KODASSERY	Kuttichira	Panchayath	Chalaky	Thris sur	Chalaky	Chalaky	Chalaky	Rural						
4	KODASSERY APHC : 08N13	Homoeopathy	Thris sur	AYUSH HOMEO DISPENSARY CHATTIKULAM PO	KODASSERY	Kodasery	Panchayath	Chalaky	Thris sur	Chalaky	Chalaky	Chalaky	Rural						
4	KOLAZHY GOVT HOMEO DISPENSARY : 08D22	Homoeopathy	Thris sur	KOLAZHY KOLAZHY P.O. THRISSUR 680010	KOLAZHY	Kolazhy	Panchayath	Puzhakkal	Thris sur	Alathur	Wadakkanchery	Chalaky	Rural						
4	KONDAZH GOVT HOMEO DISPENSARY : 08D23	Homoeopathy	Thris sur	MEDICAL OFFICER,GOVT.HOMEO DISPENSARY,KONDAZH, SOUTH KONDAZH P.O. THRISSUR 679106	KONDAZH	Kondaazhy	Panchayath	Pazhannur	Thris sur	Alathur	Chelakkara	Chalaky	Rural						

47	KORATTY APHC : 08N14	Homoeopathy	Thrissur	KORATTY KORATTY	PO	Murigoor Thekkumuri	KORATTY	Panchayath	Chalakyudy	Thrissur	Chalakyudy	Chalakyudy	Rural
48	KUNNA MKULAM GOVT HOMEO DISPENSARY : 08D24	Homoeopathy	Thrissur	KUNNAMKULAM KUNNAMKULAM P.O THRISSUR 680503		Kunnamkulam	Kunnamkulam Municipality	Municipality	Alathur		Alathur	Kunnamkulam	Urban
49	KUZHUR GOVT HOMEO DISPENSARY : 08D25	Homoeopathy	Thrissur	KUZHUR KUZHUR P.O. MALA (VIA) THRISSUR 680734		Kakulissery	KUZHUR	Panchayath	Mala	Thrissur	Chalakyudy	Kodungallur	Rural
50	MADAKKATHARA GOVT HOMEO DISPENSARY	Homoeopathy	Thrissur	MADAKKATHARA KURICHIKKARA P.O KALLAY THRISSUR 680028		Madaikkathara	MADAKKATHARA	Panchayath	Ollukkara	Thrissur	Thrissur	Ollur	Rural

ARY : 08D26	Hom oeop athy	Th ris sur		Mada kkath ara	MADAKKATHAR A	Panc haya th	Olluk kara	Thri ssur				Rural
5 1												
ARY : 08D26P 01	Hom oeop athy	Th ris sur	MALA MALA MAIN ROAD NEAR GOVT. GUEST HOUSE MALA P.O. THRISSUR 680732	Vada ma	MALA	Panc haya th	Mala	Thri ssur	Chala kudy	Kodu ngallu r		Rural
5 2												
ARY : 08D27	Hom oeop athy	Th ris sur	ANHM PHC HOMEO P O KANJANY MANALUR THRISSUR	Manal ur	MANALUR	Panc haya th	Anthi kkad	Thri ssur	Thris sur	Manal ur		Rural
5 3												
ARY : 08N16	Hom oeop athy	Th ris sur	AYUSH NHM PHC (HOMOEOPATHY) KAZHUVILANGU, MATHILAKAM PO. PIN-680685	Kooli mutta m	MATHILAKAM	Panc haya th	Mathil akam	Thri ssur	Chala kudy	Kaipa mang alam		Rural
5 4												



58	MULLASERY APHC : 08N19	Homeopathy	Thrissur	APHC HOMEO MULLASSERI POOVATHUR VIA PERUVALLUR P.O MULLASSERI THRISSUR	Annakara	MULLASSERY	Panchayath	Mullassery	Thrissur	Thrissur	Manalur	Rural
59	MULLURKKARA APHC : 08N20	Homeopathy	Thrissur	AYUSH PRIMARY HEALTH CENTRE (HOMOEOPATHY), PANCHAYATH COMPOUND, MULLURKKARA, THRISSUR-680583	Mullurkara	MULLURKKARA	Panchayath	Wadakkanchery	Thrissur	Alathur	Chelakkara	Rural
60	MUNDA THIKOD E APHC : 08N21	Homeopathy	Thrissur	AYUSH NHM PHC HOMOEOPATHY MUNDATHIHKODE ARYAMPADAM	Puthuruthy	Wadakkanchery Municipality	Municipality			Alathur	Wadakkanchery	Urban
61	MURIYA D GOVT HOMEO DISPENS ARY : 08D29	Homeopathy	Thrissur	MURIYAD P.O. KALLETUMKARA (VIA) THRISSUR 680683	Muriyad	MURIYAD	Panchayath	Irinjalakuda	Thrissur	Thrissur	Irinjalakuda	Rural

6	NATTIK A GOVT HOMOE O DISPENS ARY : 08D30	Th ris sur	GHD - NATTIKA THALIKKULAM P.O. THRISSUR 680569	Nattik a	NATTIKA	Panc haya th	Thalik ulam	Thri ssur	Thris sur	Nattik a	Rural
6	NENMA NIKKAR A APHC : 08N22	Th ris sur	GRAMEENAVAYANA SALA BUILDING,PAZHAY P.O.,NENMANIKKAR A,THRISSUR.680301	Nenm anikk ara	NENMANIKKAR A	Panc haya th	Kodak ara	Thri ssur	Thris sur	Puthu kkad	Rural
6	ORUMA NAYUR GOVT HOMOE O DISPENS ARY : 08D58	Th ris sur	ORUMANAYUR GOVT.HOMOEOPAT HY DISPENSARY, NEAR PHC ORUMANAYUR, ORUMANAYUR P O, THRISSUR	Orum anayo or	ORUMANAYOO R	Panc haya th	Chava kkad	Thri ssur	Thris sur	Guruv ayur	Rural
6	PADIYO OR GOVT HOMOE O DISPENS	Th ris sur	GHD PADIYOOR,PADIYO OR PO,VALAVANANGA DI,PIN 680688	Padiy ur	PADIYOOR	Panc haya th	Vellan gallur	Thri ssur	Thris sur	Irinjal akuda	Rural



69	PARAPP UKKARA GOVT HOMOE O DISPENS ARY : 08D34	Hom oeop athy	Th ris sur	THOTTIPPAL P O, THOTTIPPAL, THRISSUR 680310	Thotti ppal	PARAPPOOKKA RA	Panc haya th	Irinjal akuda	Thri ssur	Thris sur	Puthu kkad	Rural
70	PARAPP UR PERIPHE RAL UNIT : 08D46P 01	Hom oeop athy	Th ris sur		Edakk alathu r	THOLUR	Panc haya th	Puzha kkal	Thri ssur			Rural
71	PARIYAR AM APHC : 08N24	Hom oeop athy	Th ris sur	PARIYARAM HOMEO DISPENSARY, POOVATHINGAL, PARIYARAM POST,PIN 680721. CHALAKUDY. THRISSUR KERALA.	Pariya ram	PARIYARAM	Panc haya th	Chala kudy	Thri ssur	Chala kudy	Chala kudy	Rural

7	PAVARA TTY APHC : 08N25	Hom oeop athy	Th ris sur	APHC(HOMOE)PA VARATTY PAVARATTY, THRISSUR 680507	Elana d	PAVARATTY	Panc haya th	Mulla ssery	Thri ssur	Thris sur	Manal ur	Rural
7	PAZHAY ANNUR GOVT HOMOE O DISPENS ARY : 08D35	Hom oeop athy	Th ris sur	ELANAD P.O. CHELAKKARA (VIA) THRISSUR 680586		PAZHAYANNUR	Panc haya th	Pazha nnur	Thri ssur	Alath ur	Chela kkara	Rural
7	PERINJA NAM APHC : 08N26	Hom oeop athy	Th ris sur	AYUSH PHC HOMOE P.O.CHAKKARAPAD AM PERINJANAM 680686	Perinj anam	PERINJANAM	Panc haya th	Mathil akam	Thri ssur	Chala kudy	Kaipa mang alam	Rural
7	PERUMP ILAVU GOVT HOMOE O DISPENS ARY : 08D36	Hom oeop athy	Th ris sur	PERUMPILAVU KARIKKAD P.O. KUNNAMKULAM (VIA) THRISSUR 680519	Karik kad	KADAVALLLOOR	Panc haya th	Chow annur	Thri ssur	Alath ur	Kunn amkul am	Rural

7 6	POOKOD E APHC : 08N27	Hom oeop athy	Th ris sur	AYUSH NHM PHC HOMEO POOKODE GURUVAYOOR MUNICIPALITY KOTTAPADI POST THRISSUR	Pooko de	Guruvayoor Municipality	Mun icipa lity			Thri ssur	Thris sur	Guruv ayur	Urba n
7 7	POOMA NGALAM GOVT HOMOE O DISPENS ARY : 08D37	Hom oeop athy	Th ris sur	POOMANGALAM P.O. EDAKKULAM THRISSUR	Poom angal am	POOMANGALA M	Panc haya th	Vellan gallur	Thri ssur	Thris sur	Irinjal akuda	Rural	Rural
7 8	POOVAT HUSSER Y GOVT HOMOE O DISPENS ARY : 08D38	Hom oeop athy	Th ris sur	POOVATHUSSERY POOVATHUSSERY P.O. THRISSUR 680741	Kallur Thekk umuri	ANNAMANADA	Panc haya th	Mala	Thri ssur	Chala kudy	Kodu ngallu r	Rural	Rural
7 9	PORKKU LAM	Hom oeop athy	Th ris sur	NEAR GOVT VETININARY DISPENSARY,KAMBI PAALAM,AKKIKAVU	Akath iyoor	PORKULAM	Panc haya th	Chow annur	Thri ssur	Alath ur	Kunn amkul am	Rural	Rural



DISPENSARY : 08D40	Homoeopathy	Thrissur	A) THRISSUR 680682	Thora	PUDUKKAD	Panchayath	Kodakara	Thrissur	Puthukkad	Rural
84 PUTHUKAD APHC : 08N31	Homoeopathy	Thrissur	APHC (NHM HOMEO),PUDUKAD (NEAR PUDUKKAD GRAMA PANCHAYATH)680301	Thora	PUDUKKAD	Panchayath	Kodakara	Thrissur	Puthukkad	Rural
85 PUTHUR GOVT HOMEO DISPENSARY : 08D41	Homoeopathy	Thrissur	PUTHOOR KURISHUMoola P O THRISSUR 680014	Puthur	PUTHUR	Panchayath	Ollukara	Thrissur	Ollur	Rural
86 PUTHUR VISWANATHAN NAGAR SCPHHC : 08S03	Homoeopathy	Thrissur	SC HOMOEOPATHIC HEALTH CENTRE ; VISWANATHA NAGAR, MARATHAKKARA; PUTHUR; THRISSUR PIN:680306	Marathakara	PUTHUR	Panchayath	Ollukara	Thrissur	Ollur	Rural

8	S.N. PURAM GOVT HOMOE O DISPENS ARY : 08D42	Hom oeop athy	Th ris sur	S.N. PANANGAD P.O. THRISSUR 680665	Panam gad	SREE NARAYANAPUR AM	Panc haya th	Mathil akam	Thri ssur	Chala kudy	Kaipa mang alam	Rural
8	THALIK ULAM APHC : 08N32	Hom oeop athy	Th ris sur	AYUSH PRIMARY HEALTH CENTRE (HOMOEOPATHY) THALIKULAM PATHAMKALLU- KALANJI EAST TIPPU SULTHAN ROAD THALIKULAM P.O. THRISSUR	Taliku lam	THALIKULAM	Panc haya th	Thalik ulam	Thri ssur	Thris sur	Nattik a	Rural
8	THANNI YAM GOVT HOMOE O DISPENS ARY : 08D43	Hom oeop athy	Th ris sur	KARUVANKULAM, PERINGOTTUKARA P O, THRISSUR 680565	Thann iyam	THANNIAM	Panc haya th	Anthi kkad	Thri ssur	Thris sur	Nattik a	Rural

90	THEKKU MIKARA GOVT HOMOE O DISPENS ARY : 08D44	Hom oeop athy	Th ris sur	THEKKUMKARA MANALITHARA P.O. THRISSUR 680589	Manal ithara	THEKKUMKARA	Panc haya th	Wada kkanc hery	Thri ssur	Alath ur	Wada kkanc hery	Rural
91	THEKKU MIKARA PUNNA MPARA MBU SCPHHC : 08S04	Hom oeop athy	Th ris sur	SC HHC PUNNAMPARAMBU THEKKUMKARA P O THEKKUMKARA THRISSUR	Thekk umka ra	THEKKUMKARA	Panc haya th	Wada kkanc hery	Thri ssur	Alath ur	Wada kkanc hery	Rural
92	THIRUVI LWAMA LA GOVT HOMOE O DISPENS ARY : 08D45	Hom oeop athy	Th ris sur	THIRUVILWAMALA TEMPLE ROAD THIRUVILWAMALA P O THRISSUR 680588	Thiru vilwa mala	THIRUVILWAM ALA	Panc haya th	Pazha nnur	Thri ssur	Alath ur	Chela kkara	Rural

93	THOLUR GOVT HOMOEOPATHY DISPENSARY : 08D46	Thris sur	GOVERNMENT HOMOEOPATHY DISPENSARY THOLUR, EDAKKALATHUR P.O,PIN - 680552, THRISSUR.	Edakkalathur	THOLUR	Panchayath	Puzhakkal	Thrissur	Alathur	Wadakkanchery	Rural
94	THRIKKUR APHC : 08N33	Thris sur	THRIKKUR PANCHAYAT OFFICE COMPOUND, PALAKKAPARAMBU , KALLUR PO THRISSUR DT	Kallur	THRIKKUR	Panchayath	Kodakkara	Thrissur	Thrissur	Puthukkad	Rural
95	VADAKKANCHERY KUMARANELLUR SCPHHC : 08S08	Thris sur	HOMEO HEALTH CENTRE WADAKKANCHERY KUMARANELLUR, P O THRISSUR . PIN 680590	Kumaranelthur	Wadakkanchery Municipality	Municipality			Alathur	Wadakkanchery	Urban
96	VADAKKANCHERY APHC : 08N34	Thris sur	AYUSHNHM PHC HOMEO NJAMANENGAD, VYLATHUR	Vylathur	VADAKKANCHERY	Panchayath	Chavakkad	Thrissur	Thrissur	Guruvayur	Rural

97	VALAKKAVU MULAYAM P.O. THRISSUR 680751	Thris sur	VALAKKAVU MULAYAM P.O. THRISSUR 680751	Mulayam	NADATHARA	Panc haya th	Olluk kara	Thri ssur	Thris sur	Ollur	Rural
98	VALAPPAD EDAMUTTAM P.O. THRISSUR 680568	Thris sur	VALAPPAD EDAMUTTAM P.O. THRISSUR 680568	Valappad	VALAPPAD	Panc haya th	Thalikulam	Thri ssur	Thris sur	Nattika	Rural
99	VALLACHIRA GOVT. HOMEO DISPENSARY GRAMA PANCHAYATH,	Thris sur	VALLACHIRA GOVT. HOMEO DISPENSARY, VALLACHIRA GRAMA PANCHAYATH,	Vallachira	VALLACHIRA	Panc haya th	Cherpu	Thri ssur	Thris sur	Puthukkad	Rural

ARY : 08D59	Hom oeop athy	Th ris sur	VALLACHIRA P O, THRISSUR	Cheru thurut hy	VALLATHOLE NAGAR	Panc haya th	Pazha nnur	Thri ssur	Alath ur	Chela kkara	Rural
1 0 0	VALLAT HOLNAG AR APHC : 08N35		AYUSH PRIMARY HEALTH CENTRE (HOMOEOPATHY) VALLATHOLNAGAR, VALLATHOLNAGAR GRAMAPANCHAYAT H COMPOUND, CHERUTHURUTHY, THRISSUR, KERALA PIN:- 679531								
1 0 1	VARANT HARAPIL LY APHC : 08N36	Th ris sur	APHC VARANTHARAPPILL Y[HOMOEOPATHY],MUPLI YAM P O,THRISSUR 680312	Mupli yam	VARANTHARAP PILLY	Panc haya th	Kodak ara	Thri ssur	Thris sur	Puthu kkad	Rural
1 0 2	VARAVO OR GOVT HOMOE O DISPENS ARY : 08D50	Th ris sur	VARAVOOR ,THALI STOP, THALI P O, THRISSUR 680585	Arang ottuka ra	VARAVOOR	Panc haya th	Wada kkanc hery	Thri ssur	Alath ur	Chela kkara	Rural

103	VATANA PPALLY GOVT HOMOE O DISPENS ARY : 08D60	Hom oeop athy	Th ris sur	GANESHAMANGALA M EAST THRITHALLOOR P O THRISSUR 680619	Vadan appill y	VADANAPPILLY	Panc haya th	Thalik ulam	Thri ssur	Thris sur	Manal sur	Rural
104	VELLAN GALLUR GOVT HOMOE O DISPENS ARY : 08D51	Hom oeop athy	Th ris sur	VELLANGALLUR KONATHUKUNNU P.O. THRISSUR 680123	Thekk umka ra	VELLANGALUR	Panc haya th	Vellan gallur	Thri ssur	Chala kudy	Kodu ngallu r	Rural
105	VELOOK KARA GOVT HOMOE O DISPENS ARY : 08D52	Hom oeop athy	Th ris sur	KOTTENELLUR PO, IRINJALAKKUDA VIA, THRISSUR DISTRICT, PIN- 680662	Kotta nellur	VELOOKKARA	Panc haya th	Vellan gallur	Thri ssur	Thris sur	Thris sur	Rural

106	VELUR APHC : 08N37	Thris sur	VELUR GRAMAPANCHAYAT BUILDING , VELUR , THRISSUR 680601.		VELUR	Panc haya th	Chov annur	Thri ssur	Alath ur	Kunn amkul am	Rural
107	VENKIT ANGU GOVT HOMOE O DISPENS ARY : 08D53	Thris sur	INSIDE VENKITANGU PANCHAYAT OFFICE BLDG COMPLEX, VENKITANGU P.O. , VENKIDANGU, OFF KANJANI- CHAVAKKAD ROAD, THRISSUR 680510	Venki dangu	VENKITANGU	Panc haya th	Chava kkad	Thri ssur	Thris sur	Manal ur	Rural
108	WADAK KANCHE RY GOVT HOMOE O DISPENS ARY : 08D47	Thris sur	BHARATHAN ROAD; WADAKKANCHERY; WADAKKANCHERY RAILWAY STATION P.O; THRISSUR 680623	Wada kkanc hery	Wadakkanchery Municipality	Mun icipa lity			Alath ur	Wada kkanc hery	Urba n

## Annexure Homoeopathy

### Annexure 4.5.1: Table of Beneficiary details in Hospitals

Sl No	Institution Name	AverageOPDina Month	AverageIPD ina Month	TotalBedStrength
1	Thrissur District Homoeo Hospital	4980	43	25

### Annexure 4.5.2: Table of Beneficiary details in Govt Homoeo Dispensaries

Sl No	Institution Name	Average OPD in a month
1	Adat Govt Homoeo Dispensary : 08D01	759
2	Alagappanagar Govt Homoeo Dispensary : 08D02	802
3	Aloor Govt Homoeo Dispensary : 08D03	919
4	Anthikkad Govt Homoeo Dispensary : 08D04	688
5	Arimpoor Govt Homoeo Dispensary : 08D05	975
6	Arthat Govt Homoeo Dispensary : 08D06	722
7	<b>Avanoor</b> Govt Homoeo Dispensary : 08D07	757
8	Ayyanthole Govt Homoeo Dispensary : 08D08	842
9	Chavakkad Govt Homoeo Dispensary : 08D09	1024

<b>10</b>	Chazhur Govt Homoeo Dispensary : 08D10	737
<b>11</b>	Chowannur Govt Homoeo Dispensary : 08D11	758
<b>12</b>	Edavilangu Govt Homoeo Dispensary : 08D12	1904
<b>13</b>	Eriyad Govt Homoeo Dispensary : 08D13	829
<b>14</b>	Irinjalakkuda Govt Homoeo Dispensary : 08D14	936
<b>15</b>	Kadappuram Govt Homoeo Dispensary : 08D15	765
<b>16</b>	Kaipamangalam Govt Homoeo Dispensary : 08D16	1621
<b>17</b>	Kaiparambu Govt Homoeo Dispensary : 08D17	924
<b>18</b>	Kandanassery Govt Homoeo Dispensary : 08D18	797
<b>19</b>	Karalam Govt Homoeo Dispensary : 08D19	659
<b>20</b>	Killannur Govt Homoeo Dispensary : 08D20	871
<b>21</b>	Kodakara Govt Homoeo Dispensary : 08D21	1044
<b>22</b>	Kolazhy Govt Homoeo Dispensary : 08D22	742
<b>23</b>	Kondazhy Govt Homoeo Dispensary : 08D23	699
<b>24</b>	Kunnamkulam Govt Homoeo Dispensary : 08D24	1199
<b>25</b>	Kuzhur Govt Homoeo Dispensary : 08D25	1443

<b>26</b>	Madakkathara Govt Homoeo Dispensary : 08D26	658
<b>27</b>	Mala Govt Homoeo Dispensary : 08D27	1252
<b>28</b>	Methala Govt Homoeo Dispensary : 08D28	687
<b>29</b>	Muriyad Govt Homoeo Dispensary : 08D29	1013
<b>30</b>	Nattika Govt Homoeo Dispensary : 08D30	943
<b>31</b>	Padiyoor Govt Homoeo Dispensary : 08D31	959
<b>32</b>	Pananchery Govt Homoeo Dispensary : 08D32	1403
<b>33</b>	Panjal Govt Homoeo Dispensary : 08D33	655
<b>34</b>	Parappukkara Govt Homoeo Dispensary : 08D34	2025
<b>35</b>	Pazhayannur Govt Homoeo Dispensary : 08D35	1497
<b>36</b>	Perumpilavu Govt Homoeo Dispensary : 08D36	1551
<b>37</b>	Poomangalam Govt Homoeo Dispensary : 08D37	949
<b>38</b>	Poovathussery Govt Homoeo Dispensary : 08D38	985
<b>39</b>	Poyya Govt Homoeo Dispensary : 08D39	811
<b>40</b>	Puthenchira Govt Homoeo Dispensary : 08D40	1755

41	Puthur Govt Homoeo Dispensary : 08D41	1307
42	S.N. Puram Govt Homoeo Dispensary : 08D42	1387
43	Thanniyam Govt Homoeo Dispensary : 08D43	2105
44	Thekkumkara Govt Homoeo Dispensary : 08D44	921
45	Thiruvilwamala Govt Homoeo Dispensary : 08D45	742
46	Tholur Govt Homoeo Dispensary : 08D46	973
47	Wadakkanchery Govt Homoeo Dispensary : 08D47	899
48	Valakkavu Govt Homoeo Dispensary : 08D48	868
49	Valappad Govt Homoeo Dispensary : 08D49	920
50	Varavoor Govt Homoeo Dispensary : 08D50	865
51	Vellangallur Govt Homoeo Dispensary : 08D51	1258
52	Velookkara Govt Homoeo Dispensary : 08D52	1361
53	Venkitangu Govt Homoeo Dispensary : 08D53	1083
54	Cherpu Govt Homoeo Dispensary : 08D54	714
55	Choondal Govt Homoeo Dispensary : 08D55	630
56	Desamangalam Govt Homoeo Dispensary : 08D56	545

57	Kattoor Govt Homoeo Dispensary : 08D57	1019
58	Orumanayur Govt Homoeo Dispensary : 08D58	304
59	Vallachira Govt Homoeo Dispensary : 08D59	727
60	Vatanappally Govt Homoeo Dispensary : 08D60	910

**Annexure 4.5.3: Table of Beneficiary details in AYUSH PRIMARY HEALTH CENTRE & SCP dispensaries**

SI No:	Name of Institution	Average Monthly OP
1	Annamanada APHC	957
2	Athirappilli APHC	1165
3	Avinissery APHC	1127
4	Chalakkudy APHC	1445
5	Chelakkara APHC	1521
6	Edathiruthy APHC	1326
7	Elavally APHC	1120
8	Engandiyur APHC	1474
9	Guruvayoor APHC	979
10	Kadangode APHC	1418
11	Kadukutty APHC	1344

12	Kattakambal APHC	1454
13	Kodassery APHC	561
14	Koratty APHC	1504
15	Manalur APHC	1747
16	Mathilakam APHC	1542
17	Mattathur APHC	2211
18	Melur APHC	1530
19	Mullassery APHC	1460
20	Mullurkkara APHC	1092
21	Mundathikode APHC	1423
22	Nenmanikkara APHC	1312
23	Paralam APHC	1157
24	Pariyaram APHC	1204
25	Pavaratty APHC	1345
26	Perinjanam APHC	1205
27	Pookode APHC	1028
28	Porkkulam APHC	1648
29	Punnayur APHC	1082
30	Punnayoorkulam APHC	1290

<b>31</b>	Puthukkad APHC	1718
<b>32</b>	Thalikulam APHC	2093
<b>33</b>	Thrikkur APHC	1367
<b>34</b>	Vadakkekkad APHC	1343
<b>35</b>	Vallatholnagar APHC	1511
<b>36</b>	Varantharapilly APHC	1580
<b>37</b>	Velur APHC	1554
<b>39</b>	Aloor Thiruthiparampu SCPHHC	821
<b>40</b>	Irinjalakkuda Kuzhikkattukonam SCPHHC	740
<b>41</b>	Puthur Viswanatha Nagar SCPHHC	742
<b>42</b>	Thekkumkara Punnamparambu SCPHHC	875
<b>43</b>	Erumapetty Chittanda SCPHHC	592
<b>44</b>	Kodasseri Kuttichira SCPHHC	648
<b>45</b>	Adat Parikkad SCPHHC	750
<b>46</b>	Vadakkanchery Kumaranellur SCPHHC	862

**Annexure 4.8: List of Institutions upgraded as Ayushman Arogya Mandir Ayush**

Sl no	Name of Institution
1	Ayushman Arogya Mandir Ayush ( Homoeopathy) Adat 680551
2	Ayushman Arogya Mandir Ayush ( Homoeopathy) Aloor 680683
3	Ayushman Arogya Mandir Ayush ( Homoeopathy) Anthikad 680569
4	Ayushman Arogya Mandir Ayush ( Homoeopathy) Ayyanthole 680003
5	Ayushman Arogya Mandir Ayush ( Homoeopathy) Chazhoor 680571
6	Ayushman Arogya Mandir Ayush ( Homoeopathy) Eriyad 680666
7	Ayushman Arogya Mandir Ayush ( Homoeopathy) Irinjalakuda 680121
8	Ayushman Arogya Mandir Ayush ( Homoeopathy) Kaiparambu 680546
9	Ayushman Arogya Mandir Ayush ( Homoeopathy) Kandanassery 680102
10	Ayushman Arogya Mandir Ayush ( Homoeopathy) Killannur 680588
11	Ayushman Arogya Mandir Ayush ( Homoeopathy) Kolazhy 680010
12	Ayushman Arogya Mandir Ayush ( Homoeopathy) Kondazhi 679106
13	Ayushman Arogya Mandir Ayush ( Homoeopathy) Pazhayannur 680587
14	Ayushman Arogya Mandir Ayush ( Homoeopathy) Puthenchira 680682
15	Ayushman Arogya Mandir Ayush ( Homoeopathy) Puthoor 680552
16	Ayushman Arogya Mandir Ayush ( Homoeopathy) Sreenarayanapuram
17	Ayushman Arogya Mandir Ayush ( Homoeopathy) Thekkumkara 680590
18	Ayushman Arogya Mandir Ayush ( Homoeopathy) Tholur 680541
19	Ayushman Arogya Mandir Ayush ( Homoeopathy) Varavoor 680585

**Annexures- NAM****Annexure 5.3.1.1- Details of Medical & Paramedical posts Sanctioned in NAM in District**

Designation	No
Medical Officer	33
Specialist Medical Officer	15
Yoga Instructor	54
Multi-Purpose Health Worker	53
Therapist	37
Multi-Purpose Worker	22
Pharmacist	13
Physiotherapist	6
GNM Nurse	5
Attender	4
Data Entry Operator	4
Project Co-Ordinator	4
Lab Technician	2
Optometrist	2
Yoga Demonstrator	2
Accounting Clerk	1
Ayurveda Nurse	1
Cook	1
District Programme Manager	1

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Full Time Sweeper	1
Junior Consultant Engineer	1
Overseer	1

## Annexure 5.4.1.1 - Details of completed work list and ongoing work list

SL No.	SAAP yr	Institution type	Department	Institution name	Amount
1	2017-18	Hospital	Homoeopathy	District Homoeopathy Hospital Thrissur	₹ 75,00,000.00
2	2015-16	Dispensary	ISM	Govt. Ayurveda Dispensary Mundathikkode	₹ 15,00,000.00
3	2017-18	Dispensary	ISM	Govt. Ayurveda Dispensary Thykkad	₹ 20,00,000.00
4	2017-18	Integrated	ISM	Construction of 50 Bedded Integrated AYUSH Hospital Chalakkudy- Phase I	₹ 9,00,00,000.00
5	2018-19	Hospital	ISM	District Ayurveda Hospital Thrissur	₹ 35,00,000.00
6	2018-19	Hospital	ISM	Govt. Sports Ayurveda Hospital Thrissur	₹ 50,00,000.00

SL No.	Workname	SAAP Yr	Approval Amount	Agency	Expected date of Completion	Physical Progress
1	Upgradation of Govt. Visha Vaidya Hospital Wadakkanchery	2023-24	₹ 10,000,000.00	M/s SILK	13.06.2026	2% Works Completed
2	Upgradation of Govt. Homoeopathy Dispensary	2023-24	₹ 3,000,000.00	M/s SILK	05.12.2025	Hindrancd due to land clearance
3	Construction of Govt. Ayurveda Dispensary	2024-25	₹ 3,000,000.00	M/s KHRWS	30.12.2025	50% Works Completed
4	Construction of Govt. Ayurveda Dispensary	2024-25	₹ 3,000,000.00	M/s KHRWS	10.01.2026	50% Works Completed
5	Construction of Govt. Ayurveda Dispensary Kondazhy	2024-25	₹ 3,000,000.00	M/s KHRWS	03.01.2026	5% Works Completed

<b>6</b>	Construction of Govt. Ayurveda Dispensary Vellangallur	2024-25	₹ 3,000,000.00	M/s KHRWS	01.08.2025	20% Works Completed
<b>7</b>	Construction of Govt. Ayurveda Dispensary Pullu Island	2024-25	₹ 3,000,000.00	M/s KHRWS	30.07.2025	5% Works Completed
<b>8</b>	Construction of Govt. Ayurveda Hospital Annammanada	2024-25	₹ 10,000,000.00	M/s KHRWS	15.01.2027	Ongoing
<b>9</b>	Construction of Govt. Ayurveda Hospital Kodakara	2024-25	₹ 10,000,000.00	M/s KHRWS	06.11.2026	Ongoing
<b>10</b>	Construction of Block at Vaidyarathnam Ayurveda College Ollur	2024-25	₹ 28,000,000.00	M/s KHRWS	05.03.2027	Ongoing

<b>11</b>	Construction of KRCM Govt. Ayurveda Hospital Anthikkad	2024-25	₹ 10,000,000.00	M/s KHRWS	22.09.2026	Ongoing
<b>12</b>	Upgradation of Govt. Ayurveda Dispensary Killannur	2024-25	₹ 2,000,000.00	M/s KHRWS	08.04.2026	Ongoing
<b>13</b>	Upgradation of Govt. Ayurveda Hospital Vettilappara - MVT	2023-24	₹ 10,000,000.00		31.12.2026	Ongoing
<b>14</b>	Upgradation of District Homoeopathy Hospital Thrissur	2023-24	₹ 4,263,000.00		31.10.2026	Ongoing

Source: District

## ANNEXURE 6-DAME

## Table of Financial Grant for the College

VAIDYARATNAM AYURVEDA COLLEGE, OLLUR						
DETAILS OF SANCTIONED GRANT BY THE GOVERNMENT IN THE F FINANCIAL YEAR						
FINANCIAL YEAR	DETAILS	ADMINISTRATIVE SANCTION ORDER NUMBER	HEAD OF ACCOUNT	SANCTIONED AMOUNT	RELEASED AMOUNT	UTILIZED AMOUNT
2019-20	Purchase of Lab Equipment, Purchase of Computer, CCIM and Uty Approval fee B A M S Students Study Tuor FIRE AND SAFETY SYSTEM Advertisers in News PaparPurch	G.O.Rt.No.316/2019/A yush dated 28.05.2019	2210-05-101-67(P)-(35)(36)	Rs. 85000000/-	Rs. 50,00,000/-	Rs. 50,00,000/-

2020-21	Herbal Garden Renovation, CCIM and Uty Approval fee, PURCHASE OF LAB EQUIPMENT S CHEMICALS, Installation of Bio-Gas Plant Play ground Renovation Sports items, PURCHASE OF Furniture Items Laundry Unit, Water purifier, Play ground Renovation , Bio gas plant.	AS- G.O Rt. No.69/2021/Ayush) dated 30.01.2021, AS NO. 163/2021/AYUSH Dated. 26.03.2021	2210-05-101-67(P)-(35)(36)	Rs. 85000000 /-	(Rs.17,00,000/ - Rs.68,00,000 /)	Rs. 5443174 Rs. 1646874
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2021-22	CCIM and Uty Approval fee, Purchase of Lab Equipment and Chemicals, Sports items, construction of Compound Wall, New Academic Block1st phase, Advertismen t and TDS,LWF etc.	AS- G.O Rt,No.396/2021/Ayush ) dated 30.01.2021 / AS-G.O Rt. NO.496/2021/AYUSH Dated.	2210-05-101-67(P)-(35)(36)	Rs.90,000000 /-	Rs. 72900000/-	Rs.70,71,300/- Rs.2,16523/-
2022-23	New Academic Block IInd Phase CCIM and Uty Approval fee,Bio waste Disposal, Purchase of Lab	No.415//G1/2022/DA ME dated 1/10.2022AS- G.O Rt,No.113/2023 Ayush) dated 31.03.2023.	2210-05-101-67(P)-(35)(36)	Rs.10000000 0/-	3201000 3749000(eledger)	Rs.3200000/-



2025-26	<b>New academic Block IV Phase CCIM and Uty Approval fee,Purchase of Lab Chemicals.</b>	G1/402/2025/DAME dated 19/11/2025	2210-05-101-67(P)-(35)(36)	Rs.50000000 0/-	Rs.17500000	
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## State-Level Team for Data Compilation, Analysis, and District Profile Drafting

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					Review/ Coordination.				
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## National Ayush Mission Kerala

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