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January 2026

AYUSH @ PALAKKAD



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Health and Family Welfare & AYUSH Department
Government of Kerala

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**Health and Family Welfare & AYUSH Department
Government of Kerala**

KERALA.HEALTH



MESSAGE



GOVERNMENT OF KERALA

Pinarayi Vijayan

CHIEF MINISTER

No. 250/Press/CMO/26

26 February, 2026

MESSAGE

The health and well-being of the people of Kerala have always been at the centre of the Government's development agenda. Alongside the achievements of modern medicine, Kerala's strong tradition of Indian Systems of Medicine and Homoeopathy continues to play a vital role in promoting preventive, promotive, and holistic healthcare. Strengthening AYUSH services is therefore integral to our vision of inclusive, people-centred, and sustainable health systems.

The District AYUSH documentation is an important initiative that informs the status and performance of AYUSH services at the district level. By systematically presenting information on institutions, human resources, service delivery, and programme implementation, this document provides a clear understanding of how AYUSH systems contribute to improving population health, particularly in primary care, lifestyle disease management, geriatric care, and community wellness.

Kerala's public health experience demonstrates that strong outcomes are achieved through a balanced approach that combines curative care with prevention, health promotion, and community participation. AYUSH institutions, especially at the grassroots level, have been instrumental in expanding access to affordable healthcare and strengthening wellness-oriented interventions. The collective efforts of the Departments of Indian Systems of Medicine, Homoeopathy, National AYUSH Mission, and local self-governments are clearly reflected in this profile.

I am sure that this District AYUSH documentation will serve as a valuable reference for policymakers, administrators, and health professionals.

I extend my appreciation to all those who contributed to this effort and wish every success to the continued strengthening of AYUSH healthcare in Kerala.

Pinarayi Vijayan

Dr. Rajan Khobragade IAS
Addl Chief Secretary
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Smt. Veena George

Minister for Health &
Family Welfare
and Woman & Child Welfare
Development
Government of Kerala

Message

The Government of Kerala remains committed to strengthening public health systems that are equitable, responsive, and people centred. Within this framework, AYUSH systems play a unique and complementary role by emphasising prevention, lifestyle modification, and long-term management of health conditions. The District AYUSH documentation represents an important step towards systematically documenting and strengthening these contributions.

This document provides a comprehensive overview of AYUSH services in the district, covering infrastructure, human resources, beneficiary utilisation, and key programmes implemented under the National AYUSH Mission. By consolidating reliable data and analytical insights, the profile supports informed planning, efficient resource allocation, and continuous improvement in service delivery.

AYUSH institutions have significantly expanded access to primary healthcare, particularly in rural and underserved areas. Interventions focusing on non-communicable diseases, geriatric care, women's and child health, school health, and wellness promotion have enhanced community engagement and reduced pressure on secondary and tertiary facilities. The integration of AYUSH services with broader health initiatives further strengthens continuity of care.

I appreciate the dedicated efforts of the state officers, district officials, programme managers, medical officers, and frontline staff of the Indian Systems of Medicine, Homoeopathy, and National AYUSH Mission in preparing this document. I urge health administrators and professionals to actively use this document for analysis, planning, and action. I am confident that this initiative will contribute meaningfully to improving the reach, quality, and impact of AYUSH services and to advancing Kerala's goal of comprehensive healthcare for all.


Veena George



Preface

The Department of Health and Family Welfare, including AYUSH, and various organizations have been taking sustained efforts to strengthen health systems through evidence-based planning, decentralised governance, and intersectoral collaboration.

In order to assess various schemes and programs implementation, their outputs and outcomes a comprehensive document series is being undertaken by the Department. This document offers a structured and comprehensive account of AYUSH services in the district, encompassing institutional infrastructure, human resources, service utilisation, and programme implementation. It highlights the role of AYUSH in preventive and promotive healthcare, management of chronic conditions, and delivery of community-based wellness interventions. By presenting standardised data and district-specific insights, the document enables comparative assessment, gap identification, and priority setting. It gives information for doing integrative medicine practice especially for NCD management, palliative care and geriatric care.

The preparation of this document required coordinated efforts from district officials, programme teams, and healthcare providers across Indian Systems of Medicine, Homoeopathy, and the National AYUSH Mission. The process itself has strengthened data validation, improved documentation practices, and reinforced the importance of using evidence for decision-making.

I am confident that the District AYUSH documentation will serve as a useful resource for administrators, planners, researchers, and practitioners. It will support informed policy dialogue, guide programme strengthening, and encourage greater integration of AYUSH within the broader public health system.

I commend the state and district teams for their commitment and hope that this initiative will contribute to further improving the quality, accessibility, and effectiveness of AYUSH services across Kerala. I also urge all to institutionalize this mechanism and annually publish District documents so as to maintain focus on achieving the priorities as per the VISION 2031 plans.

Dr Rajan Khobragade IAS

Additional Chief Secretary
Health & Family Welfare and
AYUSH Department
Govt of Kerala.

MESSAGE



The preparation of the District AYUSH Profile marks a significant step towards strengthening evidence-based planning and systematic documentation within the Govt. AYUSH sector. This comprehensive record reflects the collective efforts of the Departments of Indian Systems of Medicine and Homoeopathy, National AYUSH Mission, and the Educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

The document provides a detailed overview of district-level AYUSH activities, infrastructure, human resources, and the programmes implemented under various components of the National AYUSH Mission (NAM). It also highlights the growing role of AYUSH in preventive, promotive, and curative healthcare, as well as its contribution to education and community well-being.

I commend the sincere efforts of all officials and district teams involved in compiling this profile. I am confident that the information contained herein will serve as a valuable tool for planning, monitoring, and strengthening AYUSH services at the grassroots level, thereby furthering Kerala's commitment to accessible, quality, and holistic healthcare for all.

Dr. D. Sajith Babu IAS

State Mission Director

National AYUSH Mission, Kerala

MESSAGE



Kerala's public health system is widely recognised for its people-centred approach, emphasis on equity, and sustained focus on preventive and promotive healthcare. The State's effective integration of community participation with institutional governance has enabled the delivery of quality health services and established Kerala as a leader in public health administration.

The Department of Indian Systems of Medicine (ISM), Government of Kerala, forms a vital component of this framework. Through its extensive institutional network, the Department upholds the classical foundations of Indian Systems of Medicine while addressing evolving health needs, ensuring accessible, affordable, and culturally appropriate healthcare services across the State.

In this backdrop, the District Profile Handbook has been developed as a comprehensive reference document reflecting the status and performance of ISM services at the district level. It provides a structured overview of institutional capacity, human resources, infrastructure, service delivery, and programme implementation, thereby supporting evidence-based planning and informed administrative decision-making.

The district profiles were prepared through systematic data generation, analysis, and consolidation using the Department's digital information systems, ensuring accuracy, uniformity, and transparency, and reinforcing a data-driven approach to governance and service improvement.

I place on record my sincere appreciation to the Joint Director and coordination team of ISM, including administrative staff, and the entire team of the National AYUSH Mission (NAM) for their dedicated efforts in drafting, reviewing, analysing, and consolidating the district profiles. Their coordinated engagement and technical competence were instrumental in ensuring the quality, reliability, and timely completion of this handbook.

It is hoped that this handbook will serve as a valuable planning and management resource for administrators, programme managers, and stakeholders, and contribute meaningfully to the continued strengthening of Indian Systems of Medicine in Kerala.

Dr. K S Preeya

Director

Department of Indian Systems of Medicine,
Government of Kerala.

MESSAGE



The Kerala model of healthcare delivery has earned global recognition for its people-centred, inclusive, and equity-driven approach to public health. Rooted in the belief that healthcare is a fundamental right of every citizen, the State has consistently demonstrated how thoughtful public action, community participation, and strong institutions can together achieve health outcomes comparable with those of many developed nations.

The Department of Homoeopathy, Government of Kerala, is proud to be an integral part of this collective journey. Through a wide network of government homoeopathic hospitals and dispensaries, the Department continues to extend accessible, affordable, and quality-assured healthcare services to diverse sections of society, while upholding the values of compassion, accountability, and professional excellence.

In this backdrop, the District Profile Handbook has been conceived as more than a compilation of statistics, it is a reflection of the people, institutions, and systems that sustain homoeopathic healthcare at the grassroot level. By presenting a structured and comprehensive overview of institutional capacity, human resources, service delivery, infrastructure, and ongoing programmes, this handbook seeks to support evidence-based planning, informed decision-making, and responsive governance.

The preparation of these district profiles has been made possible through the effective use of the department software- Ayush Homoeopathy Information Management System (AHiMS), enabling reliable, standardised, and centrally compiled data at the Directorate level. This digital integration marks an important step towards transparency, efficiency, and continuous system improvement.

I express my sincere appreciation to the District Medical Officers and the district medical office team for the timely review of the document and their valuable additions. I also extend my sincere thanks to the District Medical Officers, the medical and paramedical team, and all other district officials, including the AHiMS District Trainers, whose dedication and diligence in the timely updation of data in AHiMS helped in the prompt compilation of the District Profile document. Their collective efforts reinforce our shared commitment in strengthening healthcare in Kerala.

It is my earnest hope that this handbook will serve as a valuable planning and management resource, inspire constructive dialogue among stakeholders, and contribute meaningfully to shape a healthier and more resilient Kerala in the years to come.

Dr. M. P. Beena

Director
Department of Homoeopathy,
Government of Kerala.

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2. Details of the Department of Homoeopathy
3. NAM Details

INTRODUCTION

The District AYUSH Profile has been developed to provide a comprehensive overview of the AYUSH sector within the district, covering all aspects related to the Department of Indian Systems of Medicine (ISM), Department of Homoeopathy, National AYUSH Mission (NAM) initiatives, and AYUSH educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

This document serves as an authentic reference source reflecting the overall status of AYUSH healthcare and education in the district. It consolidates detailed information on infrastructure, human resources, healthcare facilities, educational institutions, and various programmes and schemes implemented through the ISM and Department of homoeopathy, including activities undertaken under different components of NAM.

Structured in a systematic format, the District AYUSH Profile compiles data and analytical insights through tables, charts, and concise narratives for clarity and ease of understanding. It is intended to support evidence-based planning, programme evaluation, and strategic strengthening of AYUSH healthcare and educational systems at the district level, while identifying existing gaps and priorities for future interventions.

The preparation of this document reflects a commitment to systematic documentation and the continuous strengthening of AYUSH health and educational systems. It is envisaged that this District AYUSH Profile will serve as a valuable resource for administrators, planners, academicians, and stakeholders engaged in the promotion, integration, and advancement of AYUSH systems in the district.

Chapter 1

PALAKKAD DISTRICT - AN OVERVIEW

1.1 Introduction

The District Palakkad is located right at the central part of Kerala state, is the second largest in 14 districts. The city of Palakkad is the district headquarters. The district is bordered on the northwest by the Malappuram District, on the southwest by the Thrissur District, on the northeast by Nilgiris district and on the east by Coimbatore district of Tamil Nadu.

Palakkad is the gateway to Kerala due to the presence of the Palakkad Gap, in the Western Ghats. The total area of the district is 4,480 km² (1,730 sq mi) which is 11.5% of the state's area which makes it the largest district of Kerala. The sex-ratio is 1067. The district has 5 Taluks, 4 Statutory Towns, 17 Census Towns, 13 Community Development Blocks and 88 Panchayats. Palakkad is one of the least literate districts (89.3 per cent). Scheduled Caste population is 14.4 percent, 1.7 percent are Scheduled tribes. There are 3 forest divisions in the district viz. Palakkad, Mannarkkad and Nemmara and is the abode of the tribal population share to the total population of the district is 11 percent and is one of the three tribal dominated districts in the State. Palakkad is the 'Rice Bowl of Kerala' and so agriculture is the main occupation.



Figure :1 DISTRICT MAP

1.2 The People and Population

The total population is 28,09,934, comprising 13,59,478 males and 14,50,456 females. This indicates that females slightly outnumber males in the overall population.

Out of the total population, 21,33,124 people reside in rural areas. Among them, 10,31,466 are males and 11,01,658 are females. The rural population is therefore significantly higher than the urban population, and here too, females are more numerous than males.

The urban population is 6,76,810, with 3,28,012 males and 3,48,798 females. While smaller in comparison to the rural population, urban areas also show a higher number of females than males.

Between the years 2001 and 2011, the total population increased by 1,92,452 individuals. Of this growth, 92,493 were males and 99,959 were females, suggesting that the female population grew at a slightly faster rate during the decade.

Important Statistics					
		State		District	
		Number	Percentage	Number	Percentage
Literates	Persons	28,135,824	94	2,239,492	89.31
	Males	13,704,903	96.11	1,122,600	93.10
	Females	14,430,921	92.07	1,116,892	85.79
Scheduled Castes	Persons	3,039,573	9.1	403,833	14.37
	Males	1,477,808	9.22	197,451	14.52
	Females	1,561,765	8.99	206,382	14.23
Scheduled Tribes	Persons	484,839	1.45	48,972	1.74
	Males	238,203	1.49	24,314	1.79
	Females	246,636	1.42	24,658	1.70
Workers and Non-Workers					
Total Workers (Main and Marginal)	Persons	11,619,063	34.78	1,042,340	37.09
	Males	8,451,569	52.73	746,121	54.88
	Females	3,167,494	18.23	296,219	20.42
(i) Main Workers	Persons	9,329,747	27.93	875,540	31.16
	Males	7,179,828	44.8	653,482	48.07
	Females	2,149,919	12.37	222,058	15.31
(ii) Marginal Workers	Persons	2,289,316	6.85	166,800	5.94
	Males	1,271,741	7.93	92,639	6.81
	Females	1,017,575	5.86	74,161	5.11
Non-Workers	Persons	21,786,998	65.22	1,767,594	62.91
	Males	7,575,843	47.27	613,357	45.12
	Females	14,211,155	81.77	1,154,237	79.58
Category of Workers (Main & Marginal)					
(i) Cultivators	Persons	670,253	5.77	67,805	6.51
	Males	546,906	6.47	52,809	7.08
	Females	123,347	3.89	14,996	5.06
(ii) Agricultural Labourers	Persons	1,322,850	11.39	249,949	23.98
	Males	857,995	10.15	129,351	17.34
	Females	464,855	14.68	120,598	40.71
(iii) Workers in household industry	Persons	273,022	2.35	25,035	2.40
	Males	164,615	1.95	17,655	2.37
	Females	108,407	3.42	7,380	2.49
(iv) Other Workers	Persons	9,352,938	80.5	699,551	67.11
	Males	6,882,053	81.43	546,306	73.22
	Females	2,470,885	78.01	153,245	51.73

Picture 1.1 Demographic data of Palakkad (Source: Census Handbook)

1.2.1 Demographic details

- Among the Districts, Palakkad District ranks the 1st in area (4482 Sq.km)
- The district recorded 13th position in the literacy rate (89.31 per cent).
- In Density, the District occupies the 11th position (627).
- The district has 5 Taluks, 4 Statutory Towns, 17 Census Towns, 13 Community Development Blocks and 91 Panchayats.
- In the percentage of Scheduled Caste Population to total population (14.37 per cent), the district ranks 1st in the State.
- In child sex ratio (0-6 age group) the district has recorded the 5th position in the State.
- The urban Density of Palakkad (4692 sq.km) is lower than that of State urban Density (4900). Palakkad occupies the 3rd position among the districts in the percentage of agricultural laborers.
- The district recorded the 7th rank in total, 5th female work participation rate (20.42 per cent) and 54.88 per cent in male work participation rate which denotes 4th position.
- In Urban and Rural work participation rate (34.79 per cent and 37.83 per cent), the district occupies the 7th place in rural, and 5th place in urban.
- The district holds the 11th rank in work participation rate of marginal workers (16.00 per cent).
- Palakkad stands at the 4th position in the percentage of main workers (83.99 per cent).
- In sex-ratio, the district has the 10th position (1067).
- Palakkad District is called the 'rice bowl' of Kerala on account of its net sown area under paddy cultivation.
- Silent Valley National Park in the District is a unique preserve of tropical rain forest

with an almost unbroken ecological history

1.3 Palakkad – Health Overview

Palakkad district, known as the “Gateway of Kerala” due to its strategic location adjoining Tamil Nadu, has a well-organised healthcare system that caters to a mix of urban and predominantly rural populations. The district’s health infrastructure includes government hospitals, taluk and community health centres, primary health centres, and an extensive network of private hospitals and clinics, ensuring access to preventive, curative, and emergency care. The district also hosts specialised referral institutions that support treatment of complex medical cases, maternal and child health, and non-communicable diseases.

Allopathic medicine forms the foundation of healthcare services, addressing a wide range of medical needs including general medicine, surgery, obstetrics and gynaecology, and chronic disease management. Complementing this, traditional systems under AYUSH—particularly Ayurveda, Homoeopathy, and Yoga & Naturopathy—play a significant role in holistic and preventive care. Several Ayurveda hospitals and wellness centres operate in Palakkad, utilising locally available medicinal plants and promoting traditional healing practices.

Public health initiatives in the district focus on immunisation, maternal and child health, nutrition, sanitation, and the control of communicable diseases. The active participation of local self-governments, NGOs, and community organisations ensures effective implementation of these programmes, particularly in rural and highland areas.

Overall, Palakkad’s healthcare ecosystem represents a balanced integration of modern and traditional medical systems, providing accessible, quality, and community-oriented healthcare services to its diverse population.

1.4 AYUSH- Role in enhancing public health outcomes

The AYUSH system plays a crucial complementary role in strengthening district health services. The Indian Systems of Medicine (ISM) Department provides preventive, promotive, and curative services through Ayurveda, Siddha, and Unani institutions, with particular emphasis on lifestyle disorders, musculoskeletal conditions, geriatric care, and seasonal

illnesses. ISM services are especially relevant in rural and tribal areas, where traditional health practices are widely accepted.

The Department of Homoeopathy contributes significantly to district health by offering affordable and accessible care for chronic ailments, allergies, respiratory disorders, skin diseases, and other long-term conditions. Homoeopathy institutions at the taluk and primary levels help reduce the burden on allopathic facilities, particularly in remote and underserved regions of the district.

Under the National AYUSH Mission (NAM), Kerala, several initiatives have been implemented in Palakkad to strengthen AYUSH infrastructure, ensure the availability of medicines, deploy trained human resources, and promote integrative healthcare. NAM-supported programmes such as speciality clinics, lifestyle disease management clinics, geriatric care services, school health programmes, and health awareness campaigns have enhanced the reach and effectiveness of AYUSH services. Through convergence with the mainstream health system, AYUSH institutions contribute meaningfully to disease prevention, health promotion, and improved health outcomes in Palakkad district.

In summary, Palakkad District presents a unique blend of geographical diversity, agricultural significance, and socio-cultural richness. Despite climatic challenges and public health vulnerabilities, the district's inclusive healthcare system—supported by both modern medicine and AYUSH traditions—plays a vital role in ensuring holistic and equitable health care for its population.

1.5 Key Achievements in AYUSH Healthcare Development

The Government of Kerala has undertaken significant measures to strengthen Indian System of Medicine as part of its recent achievements. As part of this initiative, 82 Medical Officer posts and 162 paramedical staff positions, including 8 temporary posts, have been sanctioned to enhance service delivery and human resource capacity across ISM institutions. Further reinforcing secondary-level care, two Government Ayurveda Dispensaries have been upgraded to 10-bedded hospitals, namely Government Ayurveda Hospital, Moozhur in Kottayam district and Government Ayurveda Hospital, Pinarayi in Kannur district. These interventions reflect the State Government's commitment to improving infrastructure,

expanding access to quality traditional healthcare, and ensuring better patient care through strengthened manpower and upgraded facilities.

Under the Homoeopathy Department, the Government of Kerala has achieved significant milestones in expanding access to public homoeopathic healthcare and strengthening institutional capacity. A total of 50 new homoeopathy facilities have been established across the State, ensuring that all Panchayats in Kerala are now covered with homoeopathy services, thereby achieving universal grassroots-level access. To support service expansion and improve care delivery, 50 new Medical Officer posts have been sanctioned. In line with the Government's vision to promote scientific validation and academic advancement in homoeopathy, the Department has also initiated structured research activities through Project HEART (Homoeopathy Evidence-based Advanced Research and Training). Further reinforcing research governance and ethical standards, a Scientific Advisory Board (SAB) and an Institutional Ethics Committee have been constituted under the Department. These initiatives collectively highlight the State's commitment to evidence-based practice, capacity building, and comprehensive healthcare delivery through homoeopathy.

National AYUSH Mission is the Centrally Sponsored Scheme under Ministry of AYUSH. Government of India has launched National AYUSH Mission (NAM) during 12th plan in 2014. In Kerala, the Mission has been operational since 2015. The primary objective of the National AYUSH Mission is to promote and mainstream traditional systems of medicine—Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy—within the public health delivery system. In Kerala, the Mission's activities are implemented through the State AYUSH Health Society at the State level and District AYUSH Health Societies at the district level. The Mission focuses on infrastructure development, human resource strengthening, ensuring adequate staffing in AYUSH hospitals, implementing projects in tribal areas, and establishing Ayushman Bharat AYUSH Health and Wellness Centres (Ayushman Arogya Mandirs - AYUSH). Out of the total budget, 75% is earmarked for the AYUSH Services, AYUSH Educational institutions and Ayush Health & Wellness Centre components, and 25% for the Flexipool component

AYUSH Services Component

a) Infrastructure Development:

Under the Upgradation of AYUSH Hospitals and Dispensaries scheme, NAM is facilitating the renovation and upgradation of AYUSH educational institutions, hospitals, and dispensaries under the Department of AYUSH.

b) Construction of Integrated AYUSH Hospitals:

Under this component, new integrated hospitals are being established. So far, approval has been granted for the construction of five 50-bedded, four 30-bedded, and one 10-bedded Integrated AYUSH Hospitals.

c) Provision of additional human resources to AYUSH institutions.

d) Supply of hospital equipment to AYUSH healthcare facilities.

e) Supply of essential AYUSH medicines to healthcare institutions.

f) Allocation of contingency funds to address urgent institutional needs.

g) Implementation of seven AYUSH Public Health Programmes across the State. 238 units of programmes has been approved and being implemented.

AYUSH Health and Wellness Centres (Ayushman Arogyamandirs - AYUSH)

These centres aim to deliver comprehensive primary healthcare through AYUSH systems, emphasizing disease prevention, health promotion, and Yoga-based lifestyle interventions. Each AYUSH HWC functions with an AYUSH Community Health Officer, Yoga Instructor, GNM-qualified Multi-Purpose Health Worker, and five ASHA workers. At present, 700 AYUSH dispensaries (420 ISM and 280 Homoeopathy) across Kerala have been upgraded to AYUSH Health and Wellness Centres.

Flexipool Component

Under the Flexipool component, **36 AYUSH public health programmes** are being implemented across the State to strengthen community-level AYUSH health promotion and wellness initiatives.

Quality improvement of AYUSH Institutions

To improve the service quality and infrastructure of AYUSH hospitals and Ayush Health & Wellness Centres, NAM is implementing NABH accreditation, Kayakalp and quality assurance programmes.

- In the first two phases, 250 AYUSH HWCs have already received NABH accreditation. An additional 250 centres have been selected for the third phase, and the process is progressing.
- Implemented AYUSH KAYAKALP award for Ayush institutions. 132 institutions got AYUSH Kayakalp award.

Training and Capacity Building

Continuous capacity building and skill enhancement of AYUSH personnel form a key component of the Mission. Training is provided on clinical and technical subjects through both offline and online modes.

A Learning Management System (LMS) has been developed to facilitate online training, with eight AYUSH-based courses already available, covering Ayurveda, Homoeopathy, Yoga, and Naturopathy.

The establishment of the National Institute of Training in AYUSH (NITIA) is underway to provide National and International -level training and capacity-building programmes for AYUSH professionals.

AYUSH Gram Programme

The AYUSH Gram initiative, implemented at the Block level, aims to combat lifestyle and non-communicable diseases through Yoga sessions and health awareness activities led by trained Yoga instructors and AYUSH medical officers. The programme is currently being implemented in 16 blocks across the State.

IT Projects initiated

With the support of Kerala Start up Mission & KELTRON, following softwares were developed for Ayush Sector in the State -

- a) AYUSH Procurement software

- b) Learning Management Software
- c) ERP software for real time monitoring civil works
- d) Payroll and Attendance Management system for NAM
- e) AYUSH payment management software

E-Sanjeevani - Telemedicine

Telemedicine services have been introduced in the AYUSH sector through the E-Sanjeevani platform. Two consultation hubs—one for Ayurveda and another for Homoeopathy—have already become operational. The State Telemedicine Hub is nearing completion.

AYUSH Yoga Clubs

Established 10,000 Ayush Yoga Clubs under the aegis of Ayush HWC to prevent and manage the NCDs and for the well-being of the people. AYUSH Yoga Club locator app has also been developed to monitor and locate the yoga clubs.

Chapter 2

OVERVIEW OF AYUSH SERVICES

2.1 Overview of AYUSH Services in Palakkad District

The AYUSH system of healthcare in Palakkad district forms an integral part of the public health delivery network, providing accessible and holistic medical care to the community through Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy streams. The district has a well-structured service delivery framework that includes hospitals, dispensaries, speciality centres, wellness facilities, educational institutions, and outreach health programmes. AYUSH services complement the mainstream healthcare system by focusing on preventive, promotive, curative, rehabilitative and palliative care with an emphasis on wellness and lifestyle modification.

2.2 History and Evolution of AYUSH Services in the District

Palakkad has historically been a centre of traditional healthcare in Kerala. Ayurveda and Homoeopathy services became formally organised under the State Government over the decades, gradually expanding into a structured district-level health system. Over time, AYUSH institutions in the district have evolved from standalone treatment units into a comprehensive service delivery network offering inpatient care, specialty clinics, public health initiatives, school and elderly health programmes, pain and lifestyle disorder clinics, and palliative care support. The evolution reflects a steady strengthening of infrastructure, manpower, training, and integration with National AYUSH and public health missions.

2.3 Administration and Governance Structure

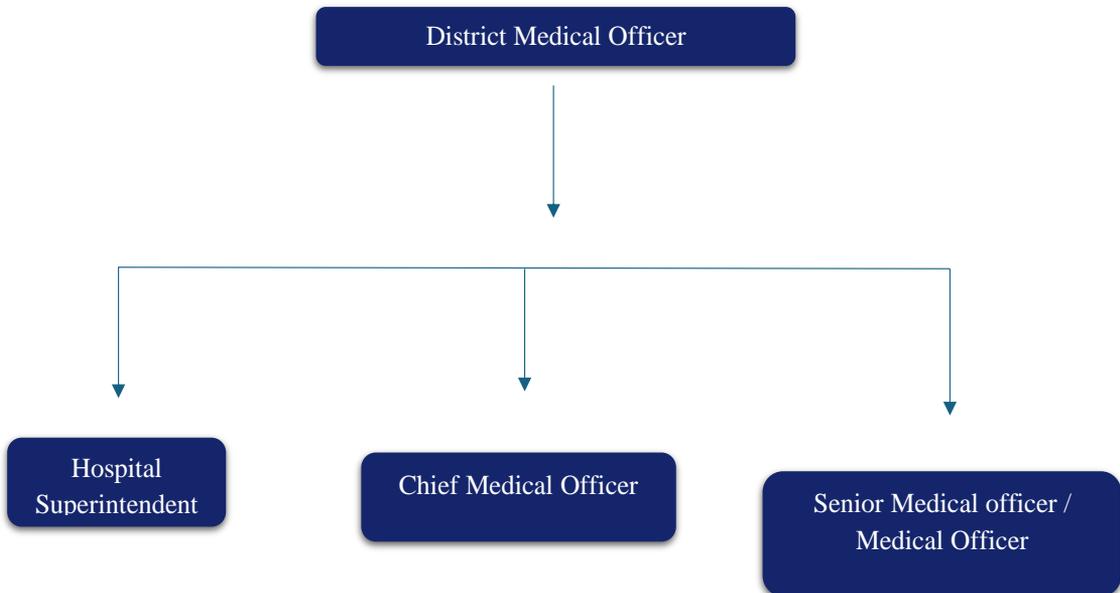
The AYUSH services in Palakkad district are governed under the Department of AYUSH, Government of Kerala, functioning in coordination with the Directorate of Ayurveda Medical Education, Directorate of Indian Systems of Medicine, Directorate of Homoeopathy and Central AYUSH authorities wherever applicable. Administrative leadership is provided through district-level officers responsible for planning, service delivery, monitoring, staff deployment, programme implementation and financial management.

Key functions of the district administration include:

- Coordinating AYUSH hospitals, dispensaries and wellness centres
- Ensuring staffing, infrastructure and medicine supply
- Implementing National AYUSH Mission programmes
- Overseeing public health and outreach activities
- Monitoring financial utilisation and performance

2.4 Organogram - District Level Administrative Structure

At the district level, the administrative structure typically consists of:



2.5 Infrastructure Profile of the District

A total of 202 health institutions function under ISM and Homoeopathy streams together, comprising 103 ISM and 99 Homoeopathy facilities. These include 2 District Hospitals, 6 Government Hospitals, and a substantial network of 96 Government Dispensaries, which form the largest share. Primary-level services are strengthened through 54 Ayushman Arogya Mandirs and 40 Ayush Primary Health Centres, while specialized and supportive care

is provided through 3 SCPHHCs and 1 GATD. Overall, the distribution reflects a strong emphasis on decentralized and primary healthcare delivery under AYUSH systems.



Figure 2.5: Details of Facilities

2.6 Health Facilities in Urban and Rural Areas

A total of 202 AYUSH institutions are functioning under the Indian Systems of Medicine, comprising 103 ISM and 99 Homoeopathy institutions. The service network is predominantly rural, with 189 institutions located in rural areas and only 13 in urban areas, highlighting a strong focus on rural healthcare delivery. Government Dispensaries, including Ayushman Arogya Mandirs, form the largest segment with 150 institutions, followed by 40 Ayush Primary Health Centres, ensuring wide primary care coverage. Hospital-level services are limited, with only 8 hospitals overall, indicating that AYUSH services are largely community- and primary care-oriented.



Figure 2.6: Total AYUSH facilities in Urban and Rural Areas

2.7 Hospital Details based on Bed Strength

There are 8 government AYUSH hospitals with a combined bed strength of 205 beds. ISM accounts for 7 hospitals with 180 beds, indicating its dominant role in inpatient care, while Homoeopathy has 1 hospital with 25 beds.

Hospital number	Hospital	Total Bed strength
Govt. Hospital (10 Bedded)	1	10
Govt. Hospital (20 Bedded)	3	60
Govt. Hospital (25 Bedded)	1	25
Govt. Hospital (30 Bedded)	2	60
Govt. Hospital (50 Bedded)	1	50
Grand Total	8	205

Figure 2.7.1 Bed Strength in Hospitals under ISM & Department of homoeopathy

2.8 Human Resource Profile

2.8.1 HR under ISM & DH

2.8.1.1 Availability of Medical Professionals

A total of 262 sanctioned medical posts are available under ISM and Homoeopathy, comprising 151 ISM posts and 111 Homoeopathy posts. Of these, 182 are regular posts, with Medical Officers forming the largest category (164 posts), underscoring the clinical focus of the department. An additional 80 posts are supported under NHM and NAM, equally distributed between ISM and Homoeopathy, highlighting the significant role of mission-mode programmes in strengthening AYUSH service delivery.



Figure 2.8.1.1: Medical Professionals under ISM & DH

2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

A total of 502 sanctioned posts are available across ISM and Homoeopathy under Directorate, Paramedical, Administrative & Ministerial, and other categories. ISM accounts for the majority with 368 posts, while Homoeopathy has 134 posts. Paramedical positions form the largest share (337 posts), indicating a strong emphasis on service delivery and patient care, followed by 137 Administrative & Ministerial posts, which support institutional functioning. Overall, the staffing pattern reflects a workforce structure primarily oriented towards clinical and allied health services.



Figure 2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

2.9 Beneficiary Details

2.9.1 Beneficiary details under ISM & DH

The beneficiary profile under ISM and Homoeopathy reflects consistent service utilisation, with a combined average monthly OPD attendance of 2621 patients and 40 IPD admissions. Homoeopathy records an average monthly OPD attendance of 3,360 patients, while ISM reports 2,515 OPD visits. Inpatient services show an average of 44 monthly admissions in ISM and 15 in Homoeopathy. These figures indicate sustained utilisation of both systems and underscore their collective contribution to strengthening AYUSH healthcare service delivery.

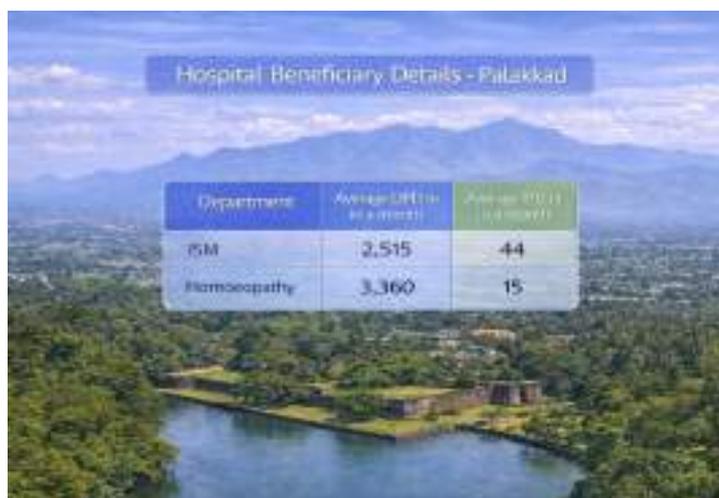


Figure 2.9.1 Hospital beneficiary details

2.9.2 Dispensary beneficiary details

The average outpatient attendance at AYUSH dispensaries in Palakkad district reflects a combined monthly OPD load of 889 patients per institution. These figures indicate strong utilisation of dispensary-level AYUSH services, underscoring their critical role in delivering accessible primary healthcare and outpatient services, especially in rural areas.



Figure 2.9.2 Dispensary beneficiary details

2.9.3 APHC beneficiary details

The Ayush Primary Health Centres (APHCs) in Palakkad district record a combined average monthly OPD of 1182 patients, with 1,118 under ISM and 1,168 under Homoeopathy. This reflects high utilisation of primary-level AYUSH services, highlighting their key role in delivering accessible outpatient care at the community level.

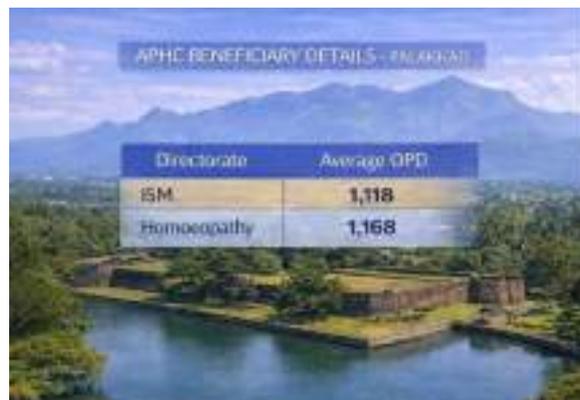


Figure2.9.3 APHC beneficiary details

2.10 Public Health Programmes

2.10.1: Projects in Indian System of Medicine Department

- **Research Cell for Indian Systems of Sports Ayurveda** – Applies Ayurveda in sports medicine for injury prevention, treatment, and performance enhancement.

- **Snehadhara** – A statewide Ayurvedic palliative care programme offering home-based support for bedridden and terminally ill patients.
- **Geriatric Care Project** – Delivers comprehensive Ayurvedic care to improve the physical and emotional well-being of elderly patients.
- **Koumarabhrithya** – Offers Ayurvedic paediatric care for infections, nutritional issues, developmental problems, and post-COVID complications.
- **Prasoothithanthra** – Provides Ayurvedic gynaecology and obstetric services supporting women’s reproductive and maternal health.
- **Nature Cure & Yoga Units** – Promotes drug-free lifestyle modification using yoga, naturopathy, diet, and holistic therapies.
- **Manasikam Project**- Offers the mental well being of the needy people in all age groups to manage the stress, depressive illness, drug addiction, incompetence, etc.
- **Panchakarma Project**- Offers the physical well-being.
- **Vayo Amrutham** – A project implemented by the ISM department in association with the the department of Social Justice for the inmates of the Govt. Old age Home, Koduvayur

2.10.2: Projects in Department of homoeopathy

- **Seethalayam** – A women-focused homeopathy project providing treatment and counselling, especially for domestic-violence-affected and emotionally distressed women.
- **Punarjani** – A de-addiction project offering homoeopathic treatment and counselling for alcohol, drug, and tobacco dependence.
- **Janani** – An infertility care project providing holistic homoeopathic management for male and female infertility with supportive diagnostics.
- **Sadgamaya** – A child and adolescent wellness project addressing behavioural, emotional, learning, and developmental challenges.

- **Ayushmanbhava** – A lifestyle-disease programme providing homoeopathy-based care, counselling, and yoga support for NCD management.
- **Palliative Care** – A comprehensive home-based and institutional palliative service for bedridden, terminally ill, and chronic-disease patients.
- **Rapid Action Epidemic Control Cell Homoeopathy (RAECH)**- Implementing preventive measures, strengthening early detection and treatment, training doctors, and supporting public health responses to communicable diseases across the state.

2.10.3: Projects in National Ayush Mission

- **National Programme for Prevention & Management of Osteoarthritis & Musculoskeletal Disorders** - AYUSH-based screening, treatment, lifestyle modification and rehabilitation services for osteoarthritis and other MSDs through HWCs and AYUSH institutions.
- **VAYO MITRA – AYUSH Geriatric Healthcare Services** - Promotes healthy ageing and provides preventive, promotive and therapeutic AYUSH care for senior citizens through community and clinic-based services.
- **AYURVIDYA – Healthy Lifestyle Promotion for School Children** - Creates awareness among school children on hygiene, nutrition, yoga, medicinal plants and AYUSH-based healthy living practices.
- **AYUSH Mobile Medical Unit (AMMU)** - Provides doorstep AYUSH healthcare, screening and IEC services to underserved and tribal populations in remote and inaccessible areas.
- **KARUNYA – AYUSH Palliative Services** - Delivers compassionate, holistic palliative and supportive care for patients with chronic and life-limiting illnesses through AYUSH interventions and home-based care.
- **Allergy & Asthma Special Clinic (Homoeopathy)** - Provides comprehensive Homoeopathic care for allergy, asthma and chronic respiratory diseases through OP/IP services and community outreach.

- **Ayurkarma** - Integrates Panchakarma therapies into rural Government Ayurveda Dispensaries to ensure affordable access to specialised Ayurvedic procedures.
- **Mental Health Specialty Clinics in AYUSH** - Offers Ayurveda and Homoeopathy-based mental health care for depression, anxiety, behavioural problems and women- and child-specific psychological needs.
- **AYUSH Infertility Clinics** - Provides holistic infertility management for men and women using Ayurveda along with counselling and lifestyle guidance.
- **Drishti – AYUSH Eye Care Programme** - Focuses on early detection and non-surgical management of eye diseases while preventing visual disorders through screening and affordable treatment.
- **Integrated AYUSH Medical Unit (IAMU)** - Delivers coordinated multi-system AYUSH healthcare services under one roof to manage chronic and lifestyle disorders.
- **Magalir Jyothi – Siddha Women’s Health Programme** - Strengthens women’s health and awareness using Siddha-based preventive, promotive and therapeutic interventions at community level.
- **Physiotherapy Units in Government AYUSH Hospitals** - Establishes physiotherapy services in AYUSH hospitals to support rehabilitation and chronic disease care.
- **Sports Ayurveda Project** - Provides Ayurveda-based injury prevention, treatment and performance enhancement support for athletes.
- **MPHW Support for Ayushman Arogya Mandirs** - Deploys trained Multi-Purpose Health Workers to strengthen AYUSH primary care, outreach, NCD care and public health services.
- **Arunima – Anaemia Eradication through Ayurveda** - Implements Ayurvedic screening, counselling and treatment programmes to reduce nutritional anaemia, especially among vulnerable populations.

- **Homoeopathy Thyroid Special Clinic** - Provides community-based screening and holistic Homoeopathic management of thyroid disorders with special focus on women.
- **Training & Capacity Building for AYUSH HR** -Enhances skills and service quality of AYUSH professionals through structured clinical, administrative and digital health training.
- **Yoga Wellness Centres** - Promotes Yoga and Naturopathy-based lifestyle modification and NCD prevention through dedicated wellness centres.
- **NCD Management through AYUSH** - Provides integrated AYUSH-based prevention, screening and management of major non-communicable diseases across the State.
- **Siddha Therapy Units** -Provides specialised Siddha Varma and external therapies for neuromuscular and musculoskeletal conditions within the public health system.
- **IEC Activities & Public Awareness Initiatives** - Strengthens public awareness on AYUSH facilities, programmes and achievements through newsletters, campaigns and participation in events.
- **AYUSH Gram** - Promotes AYUSH-based lifestyle, herbal awareness, yoga and preventive healthcare practices at the village level through community-based initiatives.

2.11 Standardisation of Institutions

Among AYUSH institutions in District, a total of 13 NABH Entry Level Certification (ELC) institutions and 54 Ayushman Arogya Mandir–A (AAM-A) facilities are functioning across ISM and Homoeopathy. ISM accounts for 7 NABH ELC and 34 AAM-A institutions, while Homoeopathy has 6 NABH ELC and 20 AAM-A facilities.



Standardisation of Institutions - Palakkad

Directorate	NARHEIC	AMIA
Homoeopathy	6	20
ISM	7	34
Total	13	54

Figure 2.11: Standardisation of Institution

2.12 Digital Health

- ISM-eHospital – A digital hospital management system currently implemented in 15 AYUSH institutions for streamlining patient care, records, and hospital services.
- AHIMS (Ayush Hospital Information Management System) – A comprehensive AYUSH health-data and service-delivery platform implemented in 60 institutions to support digital health transformation.



Digital Health Initiatives - Palakkad

 <p>ISM - eHospital 15 Institutions Implemented in 15 ISM Institutions</p>	 <p>AHIMS 60 Institutions Implemented in - 15 Homoeopathy Institutions</p>
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Figure 2.12: Digital Health

2.13 Laboratory & Diagnostic Facilities

Under the Departments, a total of 3 laboratories are functioning, of which 2 are under ISM and 1 under Homoeopathy.



Figure 2.13: Details of Laboratory facilities

2.14 Financial Expenditure

Under the Directorate, ISM recorded almost identical allocations in 2023–24 (₹133.20 lakhs) and 2024–25 (₹133.50 lakhs); however, both the released amount and expenditure declined in 2024–25, with expenditure reducing from ₹88.98 lakhs to ₹64.03 lakhs. In contrast, Homoeopathy experienced a reduction in allocation from ₹70.86 lakhs in 2023–24 to ₹49.33 lakhs in 2024–25, though releases closely matched allocations in both years. Expenditure under Homoeopathy remained high and proportionate to releases, indicating better utilisation efficiency compared to ISM during the period.



Figure 2.14: Financial Expenditure

Chapter 3

DEPARTMENT OF INDIAN SYSTEMS OF MEDICINE

FACILITIES & SERVICES

3.1 Introduction

Palakkad District, located in the eastern part of Kerala and forming a major physiographic gateway to the state through the Palakkad Gap of the Western Ghats, possesses distinct climatic, ecological and socio-cultural characteristics that significantly influence health patterns and the practice of Indian Systems of Medicine. The district is marked by wide agro-ecological diversity, encompassing extensive plains, river basins of the Bharathapuzha and its tributaries, forested highland regions, and semi-dry zones, contributing to variations in disease prevalence and therapeutic requirements. Palakkad experiences relatively higher temperatures, lower humidity and pronounced seasonal variability compared to other districts of Kerala, resulting in increased incidence of heat-related conditions, respiratory ailments, musculoskeletal disorders, digestive disturbances, and lifestyle-related non-communicable diseases, where Ayurveda and other Indian systems offer substantial preventive and promotive interventions. The district also has a significant agrarian and tribal population, with occupational health concerns, nutritional challenges, and maternal and child health needs that are effectively addressed through community-based ISM services. Palakkad is vulnerable to climate-related disasters such as drought-like conditions, heat waves, forest fires, and episodic flooding in riverine and low-lying areas during the monsoon season, as well as landslides in forest fringe regions, necessitating disaster-responsive Indian System of Medicine strategies including seasonal regimens, immunity-enhancing measures, post-disaster rehabilitation and psychosocial care. In this context, Palakkad District holds strategic importance for strengthening the public health integration, outreach and resilience of Indian Systems of Medicine within the district health system.

3.2 Administration

The ISM Department delivers comprehensive Ayurveda services as part of the public healthcare system, focusing on preventive, promotive and curative care through a network

of government hospitals and dispensaries throughout Kerala, including Palakkad district. The District Medical Officer (DMO) of Palakkad is responsible for administering ISM -related health services (Ayurveda, Yoga, and Siddha (AYUSH) facilities) in the district. It oversees the functioning of ISM hospitals, dispensaries and wellness centres, ensuring the delivery of quality healthcare based on traditional system of medicine. The ISM Department administers multiple Government ISM Hospitals and Dispensaries in Palakkad district. These facilities provide general consultations, chronic disease management, and traditional medicine treatments. The services include both out-patient (OP) and in-patient (IP) treatments for various health conditions using authentic Ayurvedic principles.

3.2.1 District Administration of the Department

The Department of Indian Systems of Medicine is headed by the Director of Indian Systems of Medicine. The district level administration is delegated to the District Medical Officer supported by Senior Superintendent and Junior Superintendent. All the Ayurveda Hospitals and dispensaries are administered by the Charge Medical Officers who function under the respective District Medical Officers.

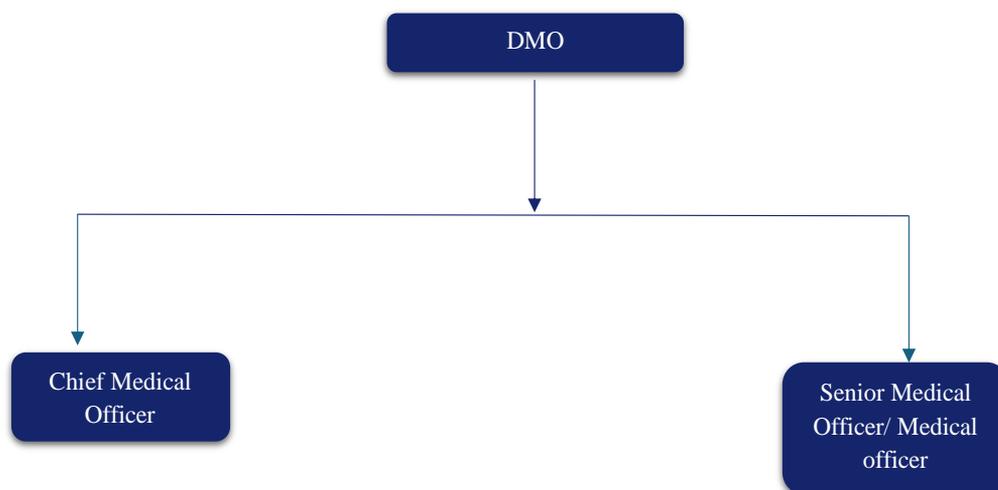


Figure No: 3.2.1: District Administration

3.2.2 District Medical Office Profile

Table No: 3.2.2: District Medical office Profile

Post	Office Address	Office Number	Mail id
District Medical officer	The District Medical Office, Indian Systems of Medicine, Palakkad, Sulthanpetta, Palakkad-678 001	0491 2544296	dmoismpkd@gmail.com

Source - district data

3.2.3 Structure of DMO office

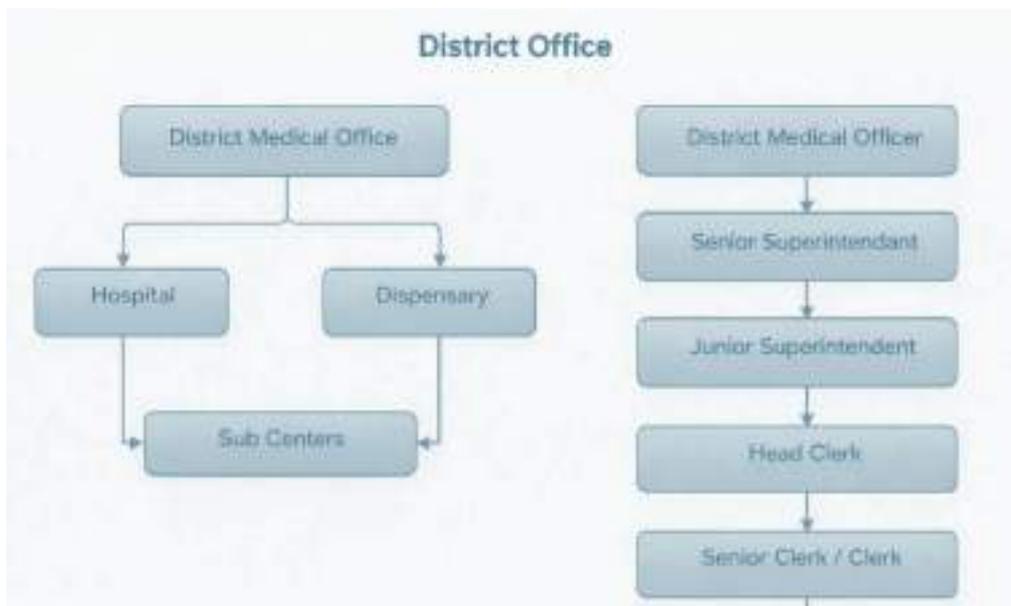


Figure No: 3.2.2: District Office flow chart

Table No: 3.2.3: Structure of DMO office

Sl no	Post	Number
1	District Medical Officer	1
2	Senior Superintendent	1
3	Junior Superintendent	1
4	Senior Clerk/Clerk	9
5	Clerk Cum Typist	1
6	Office Attendant	2
7	Part Time Sweeper	1

Source - district data

3.3 Infrastructure Profile of the District

The district has a total of 102 health institutions functioning under the ISM system and 1 Tribal Dispensary under Tribal development department .

3.3.1 Details of Facilities

This includes 1 District Hospital, 6 Government Ayurveda Hospitals, 82 Government Ayurveda Dispensaries, 1 Government Siddha Dispensary, and 1 Government Ayurveda Tribal Dispensary. In addition, there are 11 AYUSH Primary Health Centres (Ayurveda) and 1 AYUSH Primary Health Centre (Unani) providing primary-level AYUSH services. Out of the 83 Government Ayurveda/Sidha Dispensaries, 34 are functioning as Ayushman Arogya Mandir (AYUSH). The district also has 6 Sub-centres and 1 District Ayurveda Store, ensuring a wide and comprehensive network of AYUSH healthcare delivery across the district.

The Unani facility in the district is at Nallepilly in Chittur Taluk.

Table No: 3.3.1: Details of ISM health facilities

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Ayurveda Hospital	1
2	Government Ayurveda Hospital	6
3	Government Ayurveda Dispensary (including Ayushman Arogya Mandir)	83
4	Ayushman Arogya Mandir (Ayurveda)	33
5	Ayushman Arogya Mandir (Sidha)	1
6	Government Ayurveda Tribal Dispensary	1
7	Ayush Primary Health Centre Ayurveda	11
8	Ayush Primary Health Centre Unani	1
	Total	103

Source - district data

Details of ISM Facilities are attached as Annexure 3.3.

3.3.2 Hospital Details based on Bed Strength

The Ayurveda hospital network in the district is strategically distributed across key locations to ensure accessible inpatient care. The District Ayurveda Hospital at Palakkad serves as the main referral centre with a bed strength of 50. Government Ayurveda Hospitals at Thenkara and Tarur each have a bed strength of 30, catering to patients in their respective regions. Hospitals at Thathamangalam, Vadakkenchery, and Ottapalam function with 20 beds each, providing inpatient services to surrounding localities. The Government Ayurveda Hospital at Chalavara, with a bed strength of 10, supports healthcare needs at the local level. Overall, the location-wise distribution of hospitals with varying bed strengths ensures balanced coverage of Ayurveda inpatient services across the district, addressing both referral-level and community-level healthcare needs.

Table No: 3.3.2: Hospital Details based on Bed Strength

Sl no	Hospitals based on bed strength	No of Hospitals	Bed strength
1	Govt. Hospital (10 Bedded)	1	10
2	Govt. Hospital (20 Bedded)	3	60
3	Govt. Hospital (30 Bedded)	2	60
4	Govt. Hospital (50 Bedded)	1	50
	Total No. Of Hospitals & Beds	7	180

Source - district data

3.3.3 Health Facilities in Urban and Rural Areas

The District Ayurveda Hospital, Palakkad, Government Ayurveda Hospital Thathamangalam, and Government Ayurveda Hospital Ottappalam are located in urban areas under municipal or corporation jurisdictions, serving densely populated regions with higher patient load. The Government Ayurveda Hospitals at Thenkara, Vadakkenchery, Chalavara, and Tarur are located in rural areas under respective Grama Panchayaths, catering primarily to rural and semi-rural populations.

Based on the rural-urban classification, out of the total 83 Govt. Ayurveda Dispensaries functioning across the district, 80 dispensaries are located in rural areas under Grama Panchayats, ensuring wide coverage of Ayurveda services in rural and semi - rural regions and 3 Dispensaries namely GAD Cherpulassery, GAD Nedungottur (Shornur) and GAD Mannarkkad are situated in urban areas under Municipalities.”

Based on the rural–urban classification of these NHM AYUSH institutions, a total of 12 institutions are functioning across the district. Out of these, 11 institutions are located in rural areas under various Grama Panchayaths, indicating a strong rural orientation of AYUSH service delivery. These rural institutions are spread across blocks such as Kuzhalmannam, Mannarkkad, Alathur, Palakkad, Chittur, and Attapady, ensuring accessibility of Ayurveda

and Unani services to the rural population. Only one institution, Pattambi, is situated in an urban area under a municipal local self-government.

Table No: 3.3.3: Health Facilities in Urban and Rural Areas

Sl no	Type of Health Institution	Total no: in the district	urban	rural
1	District Hospital	1	1	0
2	Government Ayurveda Hospital	6	2	4
5	Government Ayurveda Dispensary including Avushman Arogya	83	3	80
7	Ayush Primary Health Centre	12	1	11
9	Government Ayurveda Tribal	1	0	1
	Total	103	7	96

Source - district data

3.4 Human Resource Profile of the District

The Indian Systems of Medicine services in the district are supported by a structured workforce comprising medical, paramedical, administrative, and support staff.

The institution has a comprehensive team of medical, administrative, and support staff to ensure smooth functioning. The medical staff includes 1 District Medical Officer (DMO), 6 Chief Medical Officers, 11 Senior Medical Officers, 93 Medical Officers, 28 Nurses, 7 Therapists, and 1 LAB Technician, providing a wide range of patient care and clinical services. In the pharmacy and laboratory division, there are 93 Pharmacists, 7 Pharmacy

Attenders, and 1 LAB Attender managing medicines, diagnostics, and laboratory support. The administrative and clerical staff comprises 1 Senior Superintendent, 1 Junior Superintendent, 1 Store Superintendent, 6 Senior Clerks, 6 Clerks, 1 Storekeeper cum Clerk, and 88 PTS personnel, handling office administration, record keeping, and inventory management. The support staff includes 21 nursing assistants, 2 Office Attendants, 79 Attenders, 1 Marma Attender, 1 Sidha Attender, 8 Sanitation Workers, 7 Cooks, and 1 Gardener, ensuring patient assistance, hospital hygiene, food services, and maintenance of the premises. Collectively, these 513 sanctioned positions form a structured workforce covering all essential medical, administrative, and support functions of the institution.

3.4.1 Availability of Medical Professionals

Table No: 3.4.1: Details of Medical Professionals under the ISM /NAM/NHM in the District

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the ISM				
1	District Medical Officer	1	1	0
2	Chief Medical Officers	6	6	0
3	Senior Medical Officer	11	11	0
4	Medical Officer	93	87	6
	Total	111	105	6
Medical Officers Under NAM/ NHM				
1	Medical officer (NHM)	13	13	0
2	Medical officer (NAM)	27	27	0
	Total	40	40	0
	Grand Total	151	145	6

Source - district data

3.4.2 Number and Distribution of Health Care Professionals

The institution has a well-structured healthcare support team comprising various specialized and auxiliary roles. The nursing staff includes 28 Nurses and 21 Nursing Assistants who provide patient care, monitor health status, and assist doctors in clinical procedures. The pharmacy and laboratory services are managed by 93 Pharmacists and 1 Lab Technician, ensuring proper dispensing of medicines and conducting diagnostic tests. Therapists, numbering 7, deliver specialized therapeutic treatments to support patient recovery. Additionally, 82 Attenders provide essential assistance in patient movement, logistics, and general support across the facility. Altogether, these 232 sanctioned positions form the core clinical and supportive workforce, ensuring smooth operation of healthcare services.

Table 3.4.2.1- Details of Paramedical posts Sanctioned under the ISM department in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Nurse	28	26	2
2	Pharmacist	93	89	4
3	Lab Technician	1	0	1
4	Therapist	7	3	4
5	Attender	82	73	9
6	Nursing assistant	21	13	8
	Total	232	204	28

Source - district data

The administrative and support establishment of the institution consists of a total of 22 sanctioned posts, ensuring effective management and smooth day-to-day operations. The leadership and administrative framework includes 1 District Medical Officer, supported by

1 Senior Superintendent and 1 Junior Superintendent for overall supervision and office administration. Store and logistics management is handled by 1 Store Superintendent along with Storekeeper cum Clerk and 1 Store Attendant. Clerical functions are carried out by 6 Senior Clerks, 6 Clerks, and 1 LD Typist, ensuring proper documentation, record maintenance, and correspondence. 2 Office Attendants (Peons) assist in routine office and institutional activities. Together, these posts form a structured administrative and support system essential for the efficient functioning of the institution.

Table 3.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the ISM in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	District Medical Officer	1	1	0
2	Senior Superintendent	1	1	0
3	Junior Superintendent	1	1	0
4	Store Superintendent	1	1	0
5	Senior clerk	6	6	0
6	Clerk/Storekeeper cum Clerk	7	7	0
7	LD Typist	1	1	0
8	Store Attendant	1	0	1
	Total	19	18	1

Source - district data

The district health system has a total of 108 sanctioned positions for ancillary and supporting staffs. This workforce comprises 1 Gardner, 2 office attendants (peons), 1 Store Attendant, 7 cooks and 8 sanitation workers along with 88 part-time sweepers. These staff members play a vital role in maintaining the smooth functioning of healthcare facilities, ensuring proper hygiene, food services, sanitation, and operational support. Their contribution is essential for the effective delivery of medical care and overall facility

management, creating a safe and efficient environment for both patients and healthcare personnel.

The institution is supported by a range of essential non-clinical and auxiliary staff who contribute to its daily functioning and maintenance. Routine office and institutional assistance is provided by 2 Office Attendants (Peons). Dietary services are handled by 7 Cooks responsible for food preparation and related activities. Cleanliness and hygiene of the premises are maintained by 8 Sanitation Workers, while landscaping and upkeep of green areas are supported by 1 Gardener. In addition to these regular staff, 88 Part-Time Sweepers form a significant part of the supporting workforce, assisting in maintaining cleanliness across facilities. Together, these supporting staff play a vital role in ensuring a safe, hygienic, and well-maintained institutional environment.

Table 3.4.2.3- Details of Other posts Sanctioned under the ISM in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Office Attendant (Peon)	2	1	1
2	Cook	7	1	6
3	Sanitation Worker	8	1	7
4	Gardner	1	0	1
Other Supporting Staff				
1	Part-Time Sweeper	88	68	20

Source - district data

3.5 Beneficiary Details

The following tables present the beneficiary coverage of ISM health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

3.5.1 ISM Hospitals

The district has a network of Ayurveda hospitals providing both outpatient and inpatient services across multiple locations. DAH Palakkad, the largest facility, records an average monthly OPD of 4,623 patients and an IPD of 74 patients, supported by a bed strength of 50. GAH Thenkara caters to an average of 2,287 outpatients and 53 inpatients per month with 30 beds, while GAH Tarur manages around 1,324 OPD and 37 IPD patients monthly, also with a bed capacity of 30. GAH Thathamangalam reports an average monthly OPD of 2,091 and IPD of 50 patients with 20 beds. Similarly, GAH Vadakkenchery serves approximately 2,005 OPD and 34 IPD patients per month with 20 beds. GAH Ottapalam handles a comparatively high outpatient load of 3,754 per month along with 48 inpatients, operating with 20 beds. GAH Chalavara, a smaller facility, records an average monthly OPD of 1,524 patients and IPD of 10 patients, supported by 10 beds. Collectively, these institutions play a significant role in delivering Ayurveda healthcare services through substantial outpatient attendance and essential inpatient care supported by available bed strength.

The district's Ayurveda hospitals collectively handle a substantial patient load through both outpatient and inpatient services. On average, these institutions record a monthly OPD attendance of 2,515 patients and an average monthly IPD of 44 patients, reflecting steady utilization of hospital-based Ayurveda care. DAH Palakkad stands out as the major tertiary facility with the highest outpatient load of 4,623 per month, an IPD of 74 patients, and a bed strength of 50.

Detailed beneficiary details in the Hospitals are attached as annexure 3.5.1

3.5.2 ISM Dispensaries

A total of 84 institutions provide regular OPD services, with an overall average monthly OPD attendance of 1,067 patients per institution, reflecting consistent community utilisation of Ayurveda healthcare services.

Detailed beneficiary details in the Dispensaries are attached as annexure 3.5.2

3.5.3 APHC dispensaries

Ayurveda APHC dispensaries institutions account for the major share of patient attendance, with monthly OPD figures generally ranging from around 900 to over 1,500, reflecting consistent demand across centres. In addition, Unani services also show notable utilization, contributing significantly to the overall beneficiary coverage at the APHC level.

Detailed beneficiary details in APHC are attached as annexure 3.5.3

3.6 ISM Department Plan Projects

The Department of ISM conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

Specialized AYUSH programmes are implemented across selected Ayurveda hospitals in the district with dedicated staff support. District Ayurveda Hospital, Palakkad functions as the major centre, hosting Koumarabhryta, Manasikarogya, Panchakarma, Prasoothitantra, Sports Ayurveda, and Yoga & Naturopathy programmes with Medical Officers, Therapists, and Attenders assigned accordingly. Government Ayurveda Hospitals at Thenkara, Ottappalam, and Thathamangalam support Panchakarma, Snehadhara, and Geriatric Care services with Nurses, Therapists, Attenders, and Caretakers to ensure comprehensive patient care.

Table 3.6 ISM Department Plan Projects summary

Sl No	Project Name	Facility	Post Assigned
1.	Koumarabhryta	District Ayurveda Hospital Palakkad	Medical Officer-1 Attender-1
2	Manasikarogya	District Ayurveda Hospital Palakkad	Medical Officer-1 Attender-1
3	Panchakarma	District Ayurveda Hospital Palakkad	Therapist-2

		Government Ayurveda Hospital Thenkara	Therapist-2
		Government Ayurveda Hospital Ottappalam	Therapist-2
		Government Ayurveda Hospital Thathamangalam	Therapist-2
4	Prasoothitana	District Ayurveda Hospital Palakkad	Medical Officer-1 Attender-1
5.	Snehadhara	Government Ayurveda Hospital Thenkara	Nurse-1 Attender-1
6.	Sports Ayurveda	District Ayurveda Hospital Palakkad	Medical Officer-1 Therapist-1
7.	Geriatric care	Government Ayurveda Hospital Thenkara	Therapist-2 Caretaker-1
8.	Yoga & Naturopathy	District Ayurveda Hospital Palakkad	Medical Officer-1

Source - district data

3.6.1 Research Cell For Indian Systems of Sports Ayurveda

This project applies Ayurvedic principles in sports medicine, focusing on injury prevention, management, rehabilitation, and performance enhancement. Implemented through Sports Ayurveda Research Cell (SARC) units and KISAR, it supports state and national-level sports persons and improves endurance, strength, and recovery.

**Table 3.6.1: Research Cell For Indian Systems Of Sports Ayurveda Annual Report
(2022-2025)**

SI No	Year	Expenditure	No. of patients
1	2022-23	8.63L	3636
2	2023-24	7.14L	3487
3	2024-25	4.04L	2013

Source - district data

3.6.2 Snehadhara

Snehadhara is a palliative care programme implemented across all districts, providing home-based Ayurvedic nursing care for bedridden and terminally ill patients. The project significantly improves physical comfort, psychological health, and overall quality of life while reducing financial burden on families.

Table 3.6.2: Snehadhara Annual Report (2022-2025)

SI No	Year	Expenditure	No. of patients
1	2022-23	5.16 L	811
2	2023-24	6.83 L	1236
3	2024-25	6.38 L	1571

Source - district data

3.6.3 Geriatric Care Center

This project addresses health issues of the elderly population (60+) through Ayurvedic management, physiotherapy, yoga, counselling, and supportive care. It aims to reduce

morbidity, improve mobility, manage comorbidities, and enhance physical, mental, and emotional well-being.

Table 3.6.3: Geriatric Care Project Annual Report (2022–2025)

SI No	Year	Expenditure	No. of patients
1	2022-23	8.49L	2601
2	2023-24	7.10 L	1850
3	2024-25	6.09L	2215

Source - district data

3.6.4 Koumarabhrithya

Koumarabhrithyam provides comprehensive Ayurvedic paediatric care, including management of infections, nutritional deficiencies, developmental disorders, and post-COVID conditions. The project has shown high treatment adherence and significant improvement in children's health and quality of life.

Table 3.6.4: Koumarabhrithya Annual Report (2022–2025)

SI No	Year	Expenditure	No. of patients
1	2022-23	7.31 L	3913
2	2023-24	6.12 L	3371
3	2024-25	4.94 L	2917

Source - district data

3.6.5 Prasoothithantha

This project offers specialized Ayurvedic gynaecology and obstetric services, including antenatal, postnatal, menstrual, menopausal, and reproductive health care. It has

demonstrated effective outcomes in women's health, postnatal recovery, menstrual disorders, and menopausal symptoms.

Table 3.6.5: Prasootithanthra Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	9.24 L	3608
2	2023-24	7.56 L	3181
3	2024-25	7.16 L	2913

Source - district data

3.6.6 Nature Cure Hospital And Yoga Units

These units promote drug-free lifestyle management through yoga, naturopathy, diet regulation, and lifestyle modification. Implemented statewide, the project has shown significant improvement in non-communicable diseases, musculoskeletal disorders, metabolic conditions, and mental health.

Table 3.6.6 Nature Cure Hospital and Yoga Units Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	3.67L	2045
2	2023-24	2.92L	2567
3	2024-25	2.99L	3812

Source - district data

3.6.7 LSGD PROJECTS

3.6.7.1 Ammayum Kunjum

As the title designates “Ammayum Kunjum” is a mother and child health care program executed at selected Govt dispensaries of Palakkad district with the aid of corresponding local bodies. Scheme target at bringing natural healthy gestation after the conception and thus making the course of delivery normal and uncomplicated for the mother. Project also covers the care of post- partum period dealing with all physical and psychological matters of mother up to 6 months. Regular follow ups and medications are provided to the desirable cases. It also addresses the health hitches of the new-born and child for these 6 months spell.

3.6.7.2 Lifestyle Diseases clinic

As lifestyle disorders are mountaineering in prevalence from last few decades, lifestyle clinics were initiated by certain govt dispensaries of district Palakkad with the backing of local bodies to address this burning problem. Beneficiaries include cases suffering with Diabetes mellitus, hypertension, dyslipidaemia, obesity, and other lifestyle disorders. Goals of venture encompasses of time-to-time check-ups, OP based medications, advice on lifestyle changes, diet, exercise, and yoga. Medical officers attending the lifestyle disease clinic furthermore focus on other members of family who are susceptible to develop these conditions in future. Guidelines are given to avoid deskbound standard of living and to follow the right meal pattern

3.7 Standardization of Institutions

3.7.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Palakkad District, NABH standards are being adopted in ISM institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

The NABH-covered institutions include GAD Puthuppariyaram, GAD Mathur, GAD Thachampara, GAD Mundur, GAD Thrithala, GAD Kappur, and GAD Muthuthala. Implementation of NABH standards in these facilities reflects the district’s commitment to

improving quality of care, documentation practices, and patient-centric services in Ayurveda institutions. NABH accreditation activities are currently ongoing in additional Government Ayurveda Dispensaries as part of quality improvement initiatives. GAD Pirayiri, GAD Sholayur, GAD Katambazhippuram, GAD Kuttanassery, GAD Sreekrishnapuram, GAD Nedungottur, GAD Mannarkkad, GAD Peringottukurissi, GAD Peruvembu, GAD Pookkottukavu, GAD Puthucode have been taken up for NABH implementation and are presently under progress.

Table 3.7.1: Table of NABH entry-level accredited institutions

Sl no	Name of Institution	NABH level	Status (Achieved/Ongoing)
1	GAD Puthuppariyaram	Phase 1	Achieved
2	GAD Mathur	Phase 1	Achived
3	GAD Thachambara	Phase 1	Achived
4	GAD Mundur	Phase 1	Achived
5	GAD Thrithala	Phase 1	Achived
6	GAD Kappur	Phase 2	Achived
7	GAD Muthuthala	Phase 2	Achived
8	GAD Pirayiri	Phase 3	Ongoing
9	GAD Sholayur	Phase 3	Ongoing
10	GAD Katambazhippuram	Phase 3	Ongoing
11	GAD Kuttanassery	Phase 3	Ongoing
12	GAD Sreekrishnapuram	Phase 3	Ongoing

13	GAD Nedungottur	Phase 3	Ongoing
14	GAD Mannarkkad	Phase 3	Ongoing
15	GAD Peringottukurissi	Phase 3	Ongoing
16	GAD Peruvemb	Phase 3	Ongoing
17	GAD Pookkottukavu	Phase 3	Ongoing
18	GAD Puthucode	Phase 3	Ongoing

Source - district data

3.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

Table 3.7.2: List of Institutions which have received the Kayakalp award

Sl.No	Facility Name	Category	Status
1	Govt. Ayurveda Hospital Ottapalam	Hospital	98.97%
2	Govt. Ayurveda Dispensary Sreekrishnapuram	Dispensary	99.17%

3	Govt.Ayurveda Dispensary Pirayiri	Dispensary	96.25%
4	Govt.Ayurveda Dispensary Muthuthala	Dispensary	95.83%
5	Govt.Ayurveda Dispensary Sholayur	Ayush Health and Wellness Center	92.08%

Source - district data

3.8 Ayushman Arogya Mandir - AYUSH

Ayushman Arogya Mandir - AYUSH (AAMA) have been established to strengthen comprehensive primary healthcare delivery through the AYUSH systems of medicine, in alignment with national health priorities. With the assistance of the National AYUSH Mission (NAM), Kerala, existing Government Dispensaries institutions are being upgraded as AAMA to provide promotive, preventive, curative healthcare services. These centres focus on wellness-based interventions, lifestyle modification and Yoga adoption into the public health system. The initiative aims to enhance accessibility, quality, and continuity of AYUSH healthcare services at the community level, while ensuring standardized service delivery across the State.

List of Institutions upgraded as Ayushman Arogya Mandir (AAM-A) are attached as Annexure 3.8.

3.9 Digital Health

3.9.1 NextGen e-Hospital and ABDM activities

NextGen e-Hospital system is implemented by the Department of Indian Systems of Medicine (ISM), Government of Kerala, as part of the state's digital governance and healthcare reform initiatives. Introduced to address long-standing challenges such as overcrowding, manual workflows, and patient waiting time in government AYUSH institutions, the system represents an upgraded, cloud-based Hospital Management Information System fully

compliant with the Ayushman Bharat Digital Mission (ABDM).

The NextGen e-Hospital integrates key digital modules including OPD/IPD management, ABHA-based registration, Scan & Share self-registration, e-prescriptions, billing, laboratory and pharmacy services, inventory management, and real-time data capture. Its implementation has significantly improved service efficiency, transparency, coordination among departments, and accuracy of patient records, while reducing registration time from 40–50 minutes to approximately 5 minutes. As of the study period, 240 ISM institutions were operational on the platform, with others in advanced stages of onboarding, and several institutions recognised nationally as ABDM model facilities. The NextGen e-Hospital system has been implemented across multiple districts with varying degrees of coverage. Palakkad has 15 institutions functioning as e-Hospitals.



Figure 3.9.1 NextGen e-Hospital and ABDM activities

3.10 Health Infrastructure Development

Health Infrastructure development under the ISM department in the district is primarily focused on Ayurveda and Sidha Institutions through facility upgrades. This includes improving OP/IP facilities modernizing treatment rooms and enhancing patient amenities. These development projects are supported by multiple funding sources, including NAM,

LSGD and MLA/MP funds, enabling the procurement of better equipped facilities across the district.

Several infrastructure development and upgradation works have been carried out in Ayurveda institutions across the district through various funding sources. Construction of the District Ayurveda Hospital, Palakkad was proposed in NAM SAAP 2018–19 with financial support from NAM and the District Panchayat Palakkad at a total cost of ₹1 crore. New buildings were constructed for Government Ayurveda Dispensaries at Pudukkottai (₹50 lakh under MLA Fund), Mannarkkad (₹1.85 crore under LSGD), and Eruthempathy (₹35.61 lakh under LSGD), all of which have been completed.

In addition, upgradation works at Government Ayurveda Dispensaries, Vilayur and Muriyankanni were undertaken during 2023–24 with ₹30 lakh each under NAM, and the works under the purview of NAMSAP have been completed, thereby strengthening infrastructure and service delivery in these institutions.

Details of Health Infrastructure has been attached as Annexure 3.10

3.10.1. Health Infrastructure Development-Completed Purchase Medicine

During the financial year 2024–25, systematic procurement of medicines was carried out for Ayurveda and Siddha institutions across the district using both Plan and Non-Plan funds, and all activities were completed successfully. District Ayurveda Hospital, Palakkad and Government Ayurveda Hospitals at Thenkara, Tharoor, Ottappalam, Thathamangalam, Vadakkancheri, and Chalavara received medicines through Plan funds for general ISM institutions and communicable disease management, along with Non-Plan funds for supply of term medicines, ensuring uninterrupted availability of essential drugs. In addition, 82 Government Ayurveda Dispensaries were supplied medicines under Plan and Non-Plan schemes, covering general treatment, communicable diseases, and term medicines on a large scale. Medicine procurement was also completed for the Government Sidha Vaidya Dispensary, Mankara, including Sidha-specific medicines and communicable disease drugs, thereby strengthening drug availability and service delivery across all ISM institutions in the district.

See Annexure 3.10 for details

3.10.2 Plan Projects

During the financial year 2024–25, Plan-funded projects were implemented for the purchase of medicines under various specialized Ayurveda programmes, and all activities were completed successfully. Medicine procurement was carried out for Koumarabhritya (₹2.00 lakh), Manasikarogya (₹2.50 lakh), and Prasoothitantra (₹3.00 lakh) at the District Ayurveda Hospital, Palakkad, strengthening child health, mental health, and maternal care services. At Government Ayurveda Hospital, Thenkara, medicines were procured under the Snehadhara (₹3.00 lakh) and Geriatric Care (₹1.50 lakh) programmes, supporting specialized therapies and elderly care. In addition, medicine purchase amounting to ₹0.50 lakh was completed for the Kalpathy Temporary Ayurveda Dispensary under the Kalpathi project, ensuring availability of essential drugs for service delivery.

See Annexure 3.10 for details

3.10.2.1 Health Infrastructure Development-Civil ongoing

Several infrastructure development and upgradation works are in progress or planned for Ayurveda institutions in the district under various funding sources. During 2023–24, upgradation of Government Ayurveda Dispensary, Muthalamada and construction works at Government Ayurveda Hospital, Chalavara and Government Ayurveda Hospital, Ottappalam were taken up under NAM, each with an approved amount of ₹30 lakh and ₹1 crore respectively, and are currently ongoing. In 2024–25, construction of Government Ayurveda Hospital, Vadakkanchery with an outlay of ₹1 crore and upgradation of District Ayurveda Hospital, Palakkad with ₹25 lakh have been sanctioned under NAM, The works for District Ayurveda Hospital, Palakkad yet to commence. A major project for the 50-bedded Integrated AYUSH Hospital, Attappadi, with an approved cost of ₹15 crore under NAM (2022–23), is yet to be started. In addition, construction of new buildings for Government Ayurveda Dispensary, Anakkara (₹51 lakh) and Government Ayurveda Dispensary, Elavanchery (₹62.5 lakh) has been sanctioned under MLA Fund, with work initiated at Anakkara and ongoing at Elavanchery.

See Annexure 3.10 for details

3.10.2 Health Infrastructure Development-Ongoing Medicine

During the financial year 2025–26, medicine procurement for Ayurveda and Siddha institutions in the district has been initiated under both Plan and Non-Plan funds, with supplies at various stages of completion. District Ayurveda Hospital, Palakkad and Government Ayurveda Hospitals at Thenkara, Tharoor, Ottappalam, Thathamangalam, Vadakkancheri, and Chalavara have been allotted Plan funds for general ISM medicines and communicable disease medicines, along with Non-Plan funds for the supply of term medicines. In all hospitals, supply of medicines for communicable diseases has been completed, while indents have been issued and supply of general ISM medicines is about to commence; supply of term medicines is currently ongoing. For 82 Government Ayurveda Dispensaries, procurement under Plan and Non-Plan funds has also been initiated, with communicable disease medicines supplied, general medicine supply expected shortly, and term medicine supply in progress. In addition, medicine purchase activities for the Government Sidha Vaidya Dispensary, Mankara have been initiated under Plan funds, with communicable disease medicines supplied and other medicine supplies in the process of completion, ensuring continuity of drug availability across ISM institutions in the district.

See Annexure 3.10 for details

3.11 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in ISM institutions. In Palakkad District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

Out of the total ISM institutions in Palakkad, 2 hospitals are equipped with in-house laboratory facilities, enabling timely diagnostic services and improving the quality of patient care.

3.12 Financial Expenditure

During the financial years **2023–24** and **2024–25**, the allocation and utilization of funds for the implementation of Indian Systems of Medicine (ISM) programmes in **Palakkad District**

demonstrate steady financial management with a focus on service delivery and programme execution.

In **2023-24**, an amount of **₹133.20 lakhs** was allocated, of which **₹88.98 lakhs** was released and **fully utilized**, reflecting **100% utilization** of the released funds. This indicates effective financial planning and timely execution of approved activities.

In **2024-25**, against an allocation of **₹133.50 lakhs**, a sum of **₹76.03 lakhs** was released, of which **₹64.03 lakhs** has been expended so far. The remaining balance is expected to be utilized within the financial year in accordance with approved action plans.

Overall, the expenditure pattern reflects **sound fiscal discipline, efficient utilization of resources, and sustained programme implementation** in Palakkad District, supporting the continued strengthening of AYUSH healthcare services and public health outreach.

Table 3.12: List of Institutions which have received the Kayakalp award

Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure
23-24	133.19575	88.98061	88.98063
24-25	133.49888	76.03025	64.02929

Source – Plan Space 2.0

3.13 Other activities

As the part of 4th hundred-day program of government of Kerala sensitization of Ayush Yoga Clubs done.

I. Formation of Ayush Yoga Club

Active Yoga Clubs- 394 No.s

II. Conducting Ayush Geriatric Health Camp

Camp conducted through all Govt. Ayush under department of ISM & Homoeopathy, NHM Tribal and SC Dispensaries

- No. of Medical Camps- 102 No.s

III. Temporary Dispensaries/Hospitals

The Kalpathi Ratholsavam, or Chariot Festival, is an annual event celebrated at the Sree Viswanatha Swamy Temple in Kalpathi, Palakkad. This festival, which has been observed for centuries, is dedicated to Lord Viswanatha (Shiva) and his consort Visalakshi (Parvati). The temple, believed to be over 700 years old, becomes the focal point of festivities every November. The Ratholsavam is a significant cultural and religious event, attracting thousands of devotees and tourists alike. A temporary Dispensary opens every year with aim to provide OP consultation for the Public and Devotees who visits the locality in the festive season. Enough medicines are also made available in the dispensary. The OP timing will be 10.00 am to 8.00 pm.

IV. IEC (Information, Education & Communication)

IEC (Information, Education and Communication) materials are prepared by a team of doctors and other staff. Three different committees will co-ordinate different aspects of IEC viz., scientific, designing, and administrative aspects. Scientific committee is responsible for confirming the authenticity of the materials. Designing team is responsible for designing the various IEC materials like posters, banners etc. in consultation with the scientific team. Administrative team is responsible for distributing the materials in apt time through different social, print, or visual media.

V. Trainings

As a part of continuous upgradation of knowledge, skills and attitude, trainings are conducted for different cadres of employees of the department as per the State Training Policy (STP).

VI. 11 th International Yoga Day Observation

As the part of 11 th International Yoga observation ISM Palakkad District and National Ayush Mission Palakkad collaboratively observed the allied activities. A procession of employees was conducted to Navajyothi Parish Hall where the official ceremonies were taking place. The activities were based on the objective to spread the awareness of Yoga among common people. Yoga Dance, Yoga Quiz, Poster Creation and Elocution competitions were conducted.

VII. 10 th National Ayurveda Day Celebration

10th Ayurveda day 2025 was observed under the theme 'Ayurveda for People and Planet'. District level programmes in Palakkad district was commenced with 'Vilambarajatha' followed by inaugural function on 23rd September 2025. Activities done at district level were.

- Seminar sessions based on the theme 'Ayurveda for People and Planet'.
- Medical camp – NCD screening for Government employees in civil station
- Awareness classes for Schools and College students- Including a session on Mental Health at Indian Institute of Technology, Palakkad
- Annamithra Food Expo
- Ayurveda quiz competitions etc.
- Ahaliya FM-Radio Talk-ISM Department Activities in Palakkad including basic structure communicated to Public- 7 Days
- Question & Answer Session in Malayala Manorama News Paper as the part of 10th Ayurveda day 2025



Picture 3.14

VIII. 8 th Naturopathy Day Observation

- As the part of 8 th Naturopathy Day Observation Awareness Program conducted at Kerala Police KAP 2 Battalion Training Centre on 25.11.2025

3.14 Conclusion

The Indian Systems of Medicine (ISM) Department in Palakkad district demonstrates a well-organized, comprehensive, and community-oriented healthcare framework, integrating traditional Ayurveda, Siddha, Unani, and Naturopathy services into the public health system. With a wide network of 103 health institutions, including hospitals, dispensaries, AYUSH primary health centres, and specialized facilities, the department ensures accessible and quality healthcare for both urban and rural populations.

The district's ISM infrastructure is supported by a structured workforce of medical, paramedical, administrative, and support staff, enabling effective service delivery across preventive, promotive, and curative care. Specialized programs such as Koumarabhrithya, Prasoothitantra, Geriatric Care, Sports Ayurveda, and Snehadhara highlight the department's commitment to addressing diverse health needs, including maternal and child health, elderly care, lifestyle disorders, and rehabilitation. The integration of digital platforms like NextGen e-Hospital and alignment with national initiatives such as ABDM and NAM further enhance operational efficiency, data management, and patient-centric service delivery.

Ongoing and completed infrastructure development projects, along with medicine procurement and standardization initiatives like NABH and Kayakalp, reflect the district's focus on improving the quality, accessibility, and sustainability of ISM services. Community-focused schemes, such as Ayushman Arogya Mandir, Ammayum Kunjum, and Lifestyle Disease Clinics, further strengthen public health outreach and preventive care.

Overall, Palakkad district exemplifies a strategic and resilient ISM system that balances traditional healthcare principles with modern management practices, ensuring equitable, comprehensive, and high-quality healthcare for its population while contributing to the broader objectives of public health in Kerala.

Chapter 4

DEPARTMENT OF HOMOEOPATHY FACILITIES & SERVICES

4.1 Introduction

Palakkad District, situated at the eastern gateway of Kerala and sharing an extensive border with the neighbouring State of Tamil Nadu, occupies a distinctive position in the State's geographical and public health landscape. Characterized by vast plains, midlands, and hilly regions, the district is influenced by the Palakkad Gap, which significantly affects its climatic conditions. Palakkad frequently experiences high temperatures, prolonged dry spells, and seasonal water scarcity, making access to safe drinking water a persistent challenge in several areas.

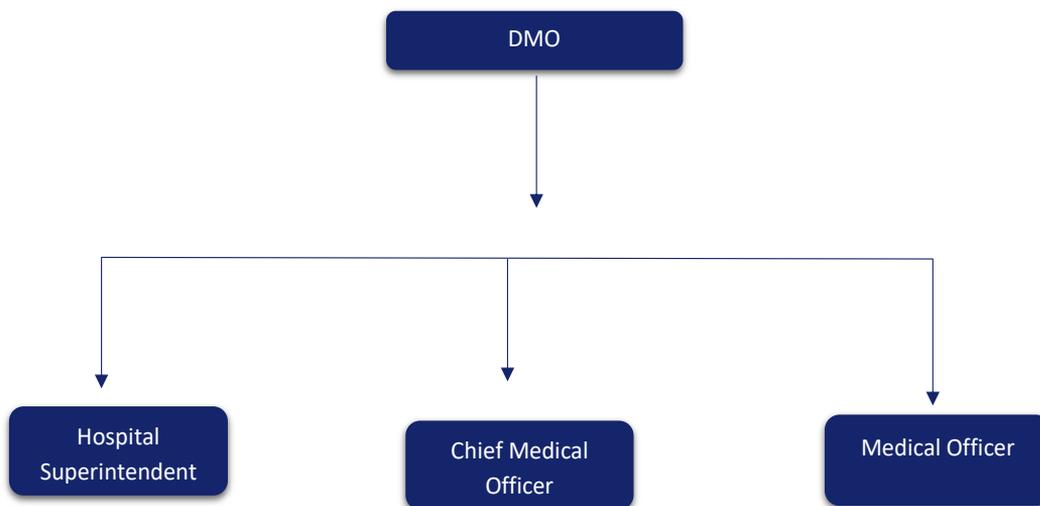
The district's inter-State connectivity and migratory movement contribute to diverse health profiles, including occupational health issues, communicable diseases, and lifestyle-related disorders. Drinking water scarcity, drought-like conditions, and heat stress during summer months pose additional public health concerns, while monsoon-related flooding in low-lying areas can lead to water-borne diseases and infrastructure disruption. In this context, the Department of homoeopathy in Palakkad District plays a vital role in addressing region-specific health challenges through holistic, preventive, and community-oriented healthcare services. By focusing on disease prevention, management of climate-sensitive health conditions, and preparedness for disaster-related health risks, Homoeopathy contributes significantly to strengthening public health resilience and ensuring accessible healthcare delivery in a district shaped by climatic variability and inter-State influences.

4.2 Administration

In Palakkad District, the administration of the Department of homoeopathy manages and supervises all homoeopathic healthcare institutions operating under its jurisdiction, including dispensaries, hospitals, Ayush primary health centres, and specialised centres. Administrative priorities include effective coordination of services, monitoring of staff performance, timely supply of medicines, and maintenance of infrastructure and equipments. Continuous monitoring of service quality, implementation of government health initiatives, and compliance with safety standards forms the essential aspects of

administration. Periodic inspections, performance reviews, and remedial actions are undertaken to improve patient care, operational efficiency, and accessibility. Through these sustained measures, the department seeks to enhance homoeopathic healthcare delivery across the district.

4.2.1 District Administration of the Department



4.2.2 District Medical Office Profile

Table No: 4.2.2: District Medical office Profile

Post	Office Address	Office Number	Mail id
District Medical officer	District Medical Office (Homoeo) Government Homoeo Hospital Building, Chathapuram, Kalapathy.P.O, Pin -678 003	0491-2576355 Mob : 7306434076	dmohomoeopkd@kerala.gov.in

Source - district data

4.2.3 Structure of DMO office

Table No: 4.2.3: Structure of DMO office

Sl no	Post	Number
1	District Medical officer	1
2	Senior Superintendent	1
3	Clerk	2
4	Office Attendant	1
5	Typist	1
6	Part Time Sweeper	1

Source - district data

4.3 Infrastructure Profile of the District

In Palakkad District, the Department of Homoeopathy operates a total of 99 government health institutions, forming a strong and accessible homoeopathic healthcare network. The district has 1 Government Homoeopathy Hospital with a sanctioned bed strength of 25 providing inpatient and outpatient services. 47 Government Homoeopathy Dispensaries offer primary homoeopathic care across various urban and rural areas. The service delivery is further strengthened by 20 Ayushman Arogya Mandirs with yoga instructing facility, 28 Ayush primary health Care Centres and 3 SCPHHC dispensaries, which focus on improving healthcare access for underserved and vulnerable populations.

SCPHHC – Special Component Plan Health Care Centres (Homoeopathy) are formulated to provide accessible and affordable healthcare services to marginalized communities residing in Scheduled Caste colonies. These centres function through Homoeopathy dispensaries established specifically to address the healthcare needs of vulnerable population groups. The programme is implemented with financial support from the Scheduled Caste Development Department, ensuring sustained service delivery, improved healthcare access, and targeted

interventions for the socio-economically disadvantaged sections of society. At present, three SCPHHC Homoeopathy health centres are functioning in the district, contributing significantly to improve healthcare outreach among Scheduled Caste communities Through this extensive institutional network, the Department of homoeopathy ensures comprehensive, equitable, and community-oriented healthcare services throughout Palakkad District.

Out of these, 6 institutions are NABH-accredited and 14 have been upgraded to Government Model Homoeopathy Dispensaries. Digital transformation has been achieved in 60 institutions through AHiMS 2.0.

4.3.1 Details of Homoeopathic health facilities

Table No: 4.3.1: Details of Homoeopathic health facilities

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Hospital	1
2	Govt. Homoeo Dispensary	47
3	Ayushman Arogya Mandir	20
4	Ayush Primary Health Centre	28
5	SCPHHC	3
	Total	99

Source - district data

4.3.2 Health Facilities in Urban and Rural Areas

Out of the 99 homoeopathic health facilities functioning in the district, 6 are located in urban areas and 93 in rural areas, indicating strong rural outreach. The District Homoeopathic Hospital is situated in urban area, among primary-level institutions (Government Homoeo Dispensaries and Ayushman Arogya Mandirs) 5 are situated in urban areas, 62 are situated in rural areas. All the 28 AYUSH Primary Health Centres are located in rural areas. All 3

SCPHHC are located in rural areas. This distribution highlights the department's focus on ensuring accessible homoeopathic healthcare services, particularly in rural regions.

Table No: 4.3.2: Health Facilities in Urban and Rural Areas

Sl no	Type of Health Institution /Facility	Total no: in the district	Urban	Rural
1.	District Hospital	1	1	0
2.	Govt. Homoeo Dispensary including Ayushman Arogya Mandir	67	5	62
3.	Ayush Primary Health Centre	28	0	28
4.	SCPHHC	3	0	3
	Total	99	6	93

Source - district data

4.3.3 Hospital Details based on Bed Strength

District has only one Govt Homoeo hospital with a bed strength of 25. This hospital supports the delivery of essential healthcare services, improving access to treatment specially for women, children , also for special treatment of respiratory illnesses and joint affections and home visits with special palliative care thereby strengthening the district's public homoeopathic healthcare system.

Table No: 4.3.3: Hospital Details based on Bed Strength

Sl no	Hospitals based on bed strength	Hospital number	Bed strength
1	Govt. Hospital (25 Bedded)	1	25
	Total No. Of Beds/ Hospitals	1	25

Source - district data

4.4 Human Resource Profile of the District

The Department of Homoeopathy in Palakkad District is supported by a well-structured human resource framework comprising medical, paramedical, administrative, and Class IV staff across Government Homoeopathy institutions, ensuring effective delivery of healthcare services. The majority of sanctioned medical and paramedical posts in Government institutions, including Hospital Superintendents, Chief Medical Officers, Medical Officers and supporting staff, are fully maintained, enabling uninterrupted clinical services. Additional human resources with support from the National AYUSH Mission (NAM) through contractual appointments and programme - based staffing support are being utilized for effective health care service delivery through the hospitals. Though key operational posts such as pharmacists, nursing staff, and support personnel are largely in position, a limited number of vacancies persist in selected categories, particularly in nursing and Class IV cadres. Overall, the existing human resource availability are optimally utilized to provide a strong foundation for service delivery, with continued efforts underway to address remaining gaps and strengthen institutional efficiency and patient care.

AYUSH Primary Health Centres (A P H Cs) function with a single Medical Officer deployed by the National Health Mission (NHM) on yearly contract basis, with supporting staff provided by the respective Local Self Government Institutions (LSGIs).

4.4.1 Availability of Medical Professionals

A total of 71 medical professional posts have been sanctioned in the district, and 59 posts are filled. This includes administrative, supervisory, and clinical positions such as District Medical Officer, Hospital Superintendents, Chief Medical Officers, Medical Officers, and Resident Medical Officers.

Service of Medical Officers under NHM and NAM are also being utilized for the health care delivery in the district.

Table No: 4.4.1: Details of Medical Professionals under the DH /NAM/NHM in the District

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the DH				
1	Administrative (District Medical officer)	1	1	0
2	Hospital Superintendent	1	1	0
3	Chief Medical officer	8	8	0
4	Medical officer	60	49	11
5	Resident Medical officer	1	0	1
	Total	71	59	12
Medical Officers Under NAM/ NHM				
1	Medical officer (NHM)	28	27	1
2	Medical officer (NAM)	12	12	0
	Total	40	39	1
	Grand Total	111	98	13

Source - district data

4.4.2 Number and Distribution of Health Care Professionals

The district demonstrates **strong manpower coverage across core service areas**, though **strategic recruitment is required in nursing, pharmacy and certain support roles** to further strengthen service delivery and operational efficiency.

Table 4.4.2.1- Details of Paramedical posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Nurse	2	1	1
2.	Nursing Assistant	3	2	1
3.	Pharmacist	41	38	3
4.	Lab attender	1	0	1
5.	Lab technician	1	1	0
6.	Dispenser	9	7	2
7.	Attender	38	36	2

Source - district data

Table 4.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the Department of Homoeopathy in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Senior Superintendent	1	1	0
2.	Clerk	3	3	0
3.	Office Attendant	4	4	0
4.	Typist	1	1	0

Source - district data

Table 4.4.2.3- Details of other posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Cook	1	0	1
2.	Sweeper Cum Peon	5	4	1
3.	Sweeper Cum Sanitation worker	1	1	0
4.	Watcher cum Sweeper	4	4	0
Other Supporting Staff				
1	Part Time Sweeper	19	16	3

Source - district data

4.5 Beneficiary Details

The following tables present the beneficiary coverage of Homoeopathy health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient care given by each institution over a month, indicating service utilisation and capacity.

4.5.1 Hospital

In Palakkad District, 1 Government Homoeopathy Hospital is providing both outpatient and inpatient services with a uniform bed strength of **25 beds**. As per the **Palakkad District Homoeopathy Hospital** records, an average monthly OPD of **3360** and an IPD of **15** is noted.

Details of Beneficiary details in Hospitals are attached as Annexure 4.5.1

4.5.2 Dispensaries

The Government Homoeo Dispensaries together account for a total average monthly outpatient attendance of around 44,000 beneficiaries, underscoring the significant contribution of the homoeopathic dispensary network in providing accessible healthcare services to the population.

Details of Beneficiary in Govt Homoeo Dispensaries are attached as annexure 4.5.2

4.5.3 AYUSH PRIMARY HEALTH CENTRE dispensaries & SCP dispensaries

The listed AYUSH Primary Health Centres together record a total average monthly outpatient attendance of 36,202 beneficiaries, highlighting the substantial role of AYUSH primary-level institutions in delivering accessible healthcare services across the area.

Details of Beneficiary in Ayush Primary Health Centre dispensaries & SCP dispensaries are attached as annexure 4.5.3

4.6 Public Health Programmes

The Department of Homoeopathy conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

4.6.1 Gender Based Projects- Women - Seethalayam

Seethalayam is the first gender-based project of the Department of Homeopathy. Launched in 2010, the project aims to ensure the mental, physical, and emotional health of women

especially domestic violence victims and suggest solutions for the difficulties they face. A unique feature of this project is that all staff members are women. It provides homeopathic treatment along with counselling for the individual and family members.

Since its inception, Seethalayam has gained immense popularity through its unique operational style, awareness classes, and medical camps. It offers treatment for women facing marital issues, workplace problems, domestic violence, sexual exploitation, anxiety, suicidal tendencies, and depression. Services are also extended to other family members. The project collaborates with the Social Justice Department, Women's Cell, Women's Commission. Monthly visits are conducted to women's prisons and destitute homes.

Objectives:

- To ensure the mental, physical, and emotional security of women.
- To provide knowledge regarding women's rights and laws.
- To facilitate rehabilitation for the destitute and the neglected.

Table 4.6.1: Beneficiary details of Seethalayam project

Year	Op			Counselling		
	New	Old	Total	New	Old	Total
2023-24	309	1866	2175	193	702	895
2024-25	383	1576	1959	289	666	955

Source - district data

4.6.2 Punarjani

Punarjani is a de-addiction treatment clinic that has been functioning since 2012 as a sub-clinic of the Seethalayam project. It was established after observing that many women seeking help at Seethalayam were suffering from domestic violence and mental stress caused by substance abuse (alcohol and drugs) among the men in their families. The project provides homeopathic treatment and counselling for patients addicted to alcohol, drugs and smoking.

Objectives:

- To treat patients with addiction.
- To conduct awareness classes for adolescents and youth regarding health issues and social crises caused by substance abuse.
- To utilize a treatment method that minimizes withdrawal symptoms
- To extend counselling to other family members of patient

Table 4.6.2: Beneficiary details of Punarjani project

Year	New	Old	Total
2023-24	75	252	327
2024-25	97	268	365

Source - district data

4.6.3 Janani

The **Janani** project by the Department of Homeopathy offers hope in the field of infertility treatment with simple, side-effect-free medicines. Originally started as a weekly OP in 2012, it became a dedicated clinic due to its popularity and effectiveness. The project effectively treats infertility both in male and female patients, including conditions like PCOD, menstrual disorders, Fallopian tube blocks, hypothyroidism, uterine fibroids, and low sperm count/defective motility. Diagnostic tools like ultrasound and follicular studies are also been utilized .

Table 4.6.3: Beneficiary details of Janani project

Year	New Case	Old Case	Cumulative Pregnancy	Cumulative Child Birth
2023-24	206	2129	204	105
2024-25	227	1907	231	125

Source - district data

4.6.3 Sadgamaya

Sadgamaya is the child and adolescent-centric project of the Department of Homoeopathy. It aims at attaining overall wellness encompassing physical, mental, emotional, and social aspects, with specific attention to issues related to behavioural, cognitive, or educational challenges in children. In district hospital Palakkad Sadgamaya project OP started functioning in the year 2012.

Objectives

- Identify behavioural, scholastic, psychological and physical problems of children and adolescents.
- Impart awareness for parents, children, teachers and the general public on learning disabilities and behavioural problems of children .
- Provide homoeopathy treatment for behavioural and learning disabilities.
- Service of special education teacher is available in this unit , who train and give support to the patients in obtaining special learning methodologies.
- Provide behavioural management, treatment and counselling for children and adolescents.

Beneficiaries

- Neurodevelopmental & Behavioural Disorders
 - Autism Spectrum Disorders
 - Attention Deficit Hyperactivity Disorder (ADHD)
 - Learning Problems and other Learning Disabilities (e.g., dyslexia, slow learning)
 - Developmental Delays
 - Behavioral disorders (e.g., oppositional, conduct issues)
 - Impulsive and conduct-related behaviours
- Cognitive, Emotional & Psychiatric Issues
 - Depressive disorders / Persistent Depressive Disorder
 - Anxiety, fears and emotional dysregulation
 - Obsessive-Compulsive Disorder (OCD)
 - Speech and language disorders

- Scholastic backwardness / difficulties in reading, writing, calculation
- Other Challenges Addressed
 - Social withdrawal and lack of concentration
 - Substance abuse and addictive behaviours (including gadget addiction)
 - Sexual abuse and related emotional trauma
 - Behavioural issues like kleptomania
 - Mental stress and maladaptive coping behaviours
 - Mild to moderate intellectual challenges
 - Social media addiction and game addictions

Table 4.6.4: Beneficiary details of Sadgamaya project

Year	New	Old	Total
2023-24	453	1631	2084
2024-25	387	1842	2229

Source - district data

4.6.5 Ayushmanbhava

The Ayushmanbhava project was launched in 2012. Non-communicable diseases (NCDs)/ lifestyle diseases are becoming a major health concern in society, and the World Health Organization has issued warnings to all nations regarding this issue. In response, various committees established by the government have decided to utilize the potential of all medical systems to address the social breakdown caused by NCDs, across the country and particularly in Kerala.

Objectives

- Providing treatment for NCDs through homoeopathy and consultation of naturopathy for healthy life style through dietary regulations along with yoga practice.
- To offer treatment for complications arising from lifestyle diseases and to empower individuals to overcome disabilities caused by these complications.
- Creating awareness among the population in prevention and promotion of health care.

- Making treatment affordable and accessible to the public.

Table 4.6.5: beneficiary details of Ayushmanbhava project

Year	New Cases	Old Cases	Grand Total
2023-24	455	2039	2949
2024-25	410	2163	2573

Source - district data

4.6.6 Palliative Care

Introduction

The global demand for palliative care is rising due to the increasing number of patients with chronic and incurable illnesses. In India, approximately 2% of patients fall within the scope of palliative care. Kerala was the first state in India to implement a 'Pain and Palliative Policy' in 2008. Following this initiative, the Kerala State Department of Homoeopathy launched the Pain & Palliative Project in 2016-2017, based on various government directives and circulars.

Need for Palliative Care

The rising burden of chronic, incurable conditions such as cancer, degenerative disorders, and geriatric illnesses underscores the need for comprehensive palliative care services. The Palliative Project of Department of Homoeopathy is designed to alleviate suffering among patients and their families by addressing physical, mental and psychosocial challenges while enhancing overall quality of life. The program emphasizes the delivery of effective, side effect free and cost – effective health care through Homoeopathy, with a focus on relief from pain and other distressing physical symptoms associated with chronic diseases. Integrated efforts with volunteer organizations and allied departments support community awareness initiatives and coordinated geriatric - palliative care services. The project provides home visits, as well as medical and nursing care for bedridden patients.

Implementation Approach

Implementation operates at two levels:

Primary Palliative Care through home visits delivered by primary palliative care centres functioning in Dispensaries/ Ayush Primary Health Centres

Secondary Palliative Care through weekly Palliative Outpatient services , Inpatient Care and home visits delivered by secondary centres in district hospital

Table 4.6.6: Beneficiary details of palliative project

Year	OP- New	OP Follow up	IP	No Of Home care visits- Primary	No Of Home care patients- Primary	No Of Home care visits- Secondary	No Of Home care patients- Secondary
2023-24	69	886	18	393	2523	85	483
2024-25	37	434	49	527	3803	41	205

Source - district data

4.6.7 Projects and Institutions

Table 4.6.7: Table of details of Plan Projects

Sl. No.	Programme Name	Implementing Institution	Days of Operation
1	Seethalayam	Govt. Homoeopathy Hospital, Palakkad	All working days except Sundays
2	Ayushman Bhava	Govt. Homoeopathy Hospital, Palakkad	All working days except Sundays
3	Sadhgamy	Govt. Homoeopathy Hospital, Palakkad	All working days except Sundays
4	Janani	Govt. Homoeopathy Hospital, Palakkad	All working days except Sundays
5	Pain & Palliative Care	Govt. Homoeopathy Hospital, Palakkad	OPD on Thursdays;

Source - district data

4.6.8 Local Body Specific Initiatives

Through the Local Self Government Institutions (LSGIs), the Department of Homoeopathy has initiated various projects to address specific local public health issues within their

respective jurisdictions under these initiatives.

Table 4.6.8: Table of details of Local Body Specific Initiatives

Sl. No.	Name of the Programme	Institution Where Implemented	Days of Operation
1	Musculo Skelton OP	GHG Kinavallur	Monday to Friday
2	Thyroid OP	GHH Palakkad	Monday, Wednesday, Friday
3	Karunya Project	GHH Palakkad	Wednesday , Thursday
4	Allergy - Asthma	GHH Palakkad	Tuesday, Thursday, Saturday

Source - district data

Homoeopathy institutions functioning under local bodies implement targeted health programmes using LSG plan funds, in addition to the other clinical services. These locally designed interventions focus on area-specific health needs and emerging public health concerns. Such additional services play a vital role in strengthening community- based health care delivery and are essential for effectively meeting the health care requirements of the local population.

4.7 Standardisation of Institutions

4.7.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Palakkad District, NABH standards are being adopted in homoeopathy institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

Table 4.7.1: Table of NABH entry-level accredited institutions

Sl. No	Name of Institution	NABH level
1	Govt Homoeo Dispensary Kinavallur	Entry Level
2	Govt Homoeo Dispensary Puthukode	Entry Level
3	Govt Homoeo Dispensary Thiruvegappuram	Entry Level
4	Govt Homoeo Dispensary Vadakkencherry	Entry Level
5	Govt Homoeo Dispensary Kongad	Entry Level

Source - district data

4.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

Table 4.7.2: List of Institutions which have received the Kayakalp award

Sl.No	District	Facility Name	Department	Category
1	Palakkad	Govt Homoeo Dispensary Kizhakkenchery	Homoeopathy	AHWC
2	Palakkad	Govt Homoeo Dispensary Marutharod	Homoeopathy	AHWC
3	Palakkad	Govt Homoeo Dispensary Kongad	Homoeopathy	AHWC
4	Palakkad	Govt Homoeo Dispensary Polpulli	Homoeopathy	AHWC

Source - district data

4.7.3 Model Dispensary

Model dispensaries serve as an effective mechanism for standardizing health care service delivery across homoeopathy institutions. Dispensaries with a consistently high volume of Outpatient (OP) attendance are identified and selected for upgradation as Model Dispensaries, ensuring optimal utilization of resources and maximum public benefit. The upgradation is implemented in a phased manner, focusing on improvements in infrastructure, manpower support, service delivery systems, and patient amenities. This initiative is supported through consistent financial assistance from the Plan budget, enabling sustained quality enhancement and uniform service standards across selected institutions.

Table 4.7.3: List of institutions upgraded as model dispensary

SI No	Name of Institution
1	Govt Homoeo Dispensary Pattithara
2	Govt Homoeo Dispensary Kongode
3	Govt Homoeo Dispensary Marutharoad
4	Govt Homoeo Dispensary Kinavallor
5	Govt Homoeo Dispensary Lakkidiperoor
6	Govt Homoeo Dispensary Kannadi
7	Govt Homoeo Dispensary Puthupariyaram
8	Govt Homoeo Dispensary ChittoorThathamangalam
9	Govt Homoeo Dispensary Chalissery
10	Govt Homoeo Dispensary Kottapadam
11	NGH KuzhalMannam
12	Govt Homoeo Dispensary Vadakkumchery
13	Govt Homoeo Dispensary Pirayiri
14	Govt Homoeo Dispensary Kizhakkamchery

Source - district data

4.7.4 ISO 9001 certification

ISO certification in healthcare involves adhering to internationally recognized standards to ensure quality, safety, and efficiency across the industry—from hospitals and clinics to medical device manufacturers. The certificate demonstrates a commitment to best practices and continual improvement. Mathur Govt Homoeo Dispensary, Palakkad was awarded the ISO 9001 certification.

4.8 Ayushman Arogya Mandir (AYUSH)

Ayushman Arogya Mandir (AYUSH) represents a people-centred initiative aimed at strengthening accessible, affordable, and holistic primary healthcare services across the community. These centres integrate the principles and therapeutic strengths of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy to promote wellness, disease prevention, and comprehensive care.

Functioning as the first point of contact for individuals and families, Ayushman Arogya Mandirs provide outpatient care, health promotion, lifestyle counselling, management of common ailments, and support for chronic disease management through AYUSH systems. The focus remains on preventive and promotive healthcare, encouraging healthy living practices and early intervention to reduce the burden of disease.

By combining traditional knowledge with organized public health delivery, Ayushman Arogya Mandir (AYUSH) contributes significantly to the national vision of Universal Health Coverage. These centres play a key role in extending quality AYUSH healthcare to rural and urban populations alike, ensuring continuity of care while preserving India's rich heritage of holistic healing.

List of Institutions upgraded as Ayushman Arogya Mandir (AYUSH) are attached as Annexure 4.8

4.9 Temporary Homoeo Dispensaries

Temporary Homoeo Dispensaries are established during major festival seasons. The units which operate in Palakkad district is in association Chemmannoor Malleeswaram Temple.

4.10 Digital Health

4.10.1 AHiMS - AYUSH Health Information Management System

The Ayush Homoeopathy Information Management System (AHiMS) is the official Information Management System implemented by the Department of Homoeopathy to digitize and streamline the clinical, administrative, and institutional functions of Homoeopathy healthcare facilities across the State.

AHiMS Version 1 (AHiMS 1.0) was introduced in 2019 as the foundational digital platform. This version primarily focused on the collection and consolidation of numerical and institutional data related to core operations such as OP/IP statistics, asset management, medicine indenting, Plan and Non-Plan fund management, basic reporting, and institutional profile data. AHiMS 1.0 established a standardized digital workflow across Homoeopathy institutions and enabled centralized data availability for effective monitoring, reporting, and policy-level decision-making. The software received Second Prize in the eHealth – e Medicine category of the State e-Governance Awards for the years 2019–20 and 2020–21, recognizing

its contribution to digital health governance.

AHiMS Version 2 (AHiMS 2.0), launched in 2023, represents a significantly enhanced and expanded phase of the system. In addition to strengthening the unique Homoeopathy Hospital Management System—the only such digital solution in the country covering more than 1,100 Homoeopathy institutions—Version 2 introduced advanced administrative and governance-oriented modules. A major addition is the comprehensive Establishment / HR module, which covers employee service details, recruitment, probation, service history, disciplinary proceedings, and document management. The upgraded version also supports improved internal governance, better data integrity, and expanded operational modules including accounts, stock management, institutional administration, and system-level controls. Overall, AHiMS 1.0 laid the digital foundation, while AHiMS 2.0 evolved the platform into a comprehensive, integrated management system, supporting both healthcare service delivery and administrative efficiency in the Homoeopathy sector.

87% of Government Homoeopathy institutions in Palakkad District are actively delivering digital health services through the AHiMS. Key functional areas including patient registration, clinical documentation, and service reporting are being carried out digitally across institutions. Medicine stock management in both Government Homoeopathy institutions and AYUSH Primary Health Centres (AYUSH PRIMARY HEALTH CENTRES) has been fully digitalised, ensuring accurate tracking of stock availability, consumption, and distribution. The medicine procurement process is now 100% online, enabling transparent monitoring of indents, purchase orders, supply status, and delivery timelines. These digital processes are supported by real-time dashboards accessible to the District Medical Officer (DMO), facilitating effective oversight, data-driven decision-making, and improved efficiency in medicine supply chain management.

4.10.2 ABDM activities

In connection with ABDM activities in Palakkad District, **98% Health Facility Registry (HFR) creation has been achieved**, with all **99 health facilities successfully registered**. In addition, **108 Health Professional Registries (HPRs)** have been created out of **110 eligible health professionals (40%)**, reflecting substantial progress in onboarding

healthcare providers onto the ABDM ecosystem. Continuous efforts are underway to complete the remaining HPR registrations to ensure full compliance and seamless digital health data exchange across the district.

4.11 Medicine Availability & Logistics

LSGD has allocated Rs.17661000/- for medicine purchases specifically for homoeopathy institutions in Palakkad district. This allocation falls under LSGD's health sector initiatives, enabling timely purchases.

4.12 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in homoeopathy institutions. In Palakkad District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

Table 4.12.1: Laboratory facilities available Institutions

SL No	Name of Institution
1	Palakkad Gov Homoeo Hospital
2	Govt Homoeo Dispensary Pattithara
3	Govt Homoeo Dispensary Kizhakkanchery
4	Govt Homoeo Dispensary Kongad
5	Govt Homoeo Dispensary Kinavallur
6	Govt Homoeo Dispensary Marutharoad

Source - district data

Table 4.12.2 Ultra sound facilities in institutions

SL No	Name of Institution
1	Palakkad Govt Homoeo Hospital

Source - district data

4.13 Medicine Availability & Logistics

LSGD has allocated Rs. 17661000/- for medicine purchases specifically for homoeopathy institutions in Palakkad district. This allocation falls under LSGD's health sector initiatives, enabling timely purchases.

4.14 Financial Expenditure

In Palakkad district, an amount of **₹70.86 lakhs** was allocated and fully released during 2023-24, out of which **₹67.53 lakhs** was utilised, indicating effective fund management. In 2024-25, the allocation and release amounted to **₹49.33 lakhs**, with an expenditure of **₹49.18 lakhs**, reflecting **almost complete utilisation of the available funds**. Overall, Palakkad has demonstrated consistently high financial utilisation across both financial years.

Table 4.14:Financial Expenditure

District	Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure
Palakkad	2023-24	70.86189	70.86189	67.52923
Palakkad	2024-25	49.33126	49.33126	49.18171

Source - Plan space 2.0

4.15 Conclusion

The Department of homoeopathy in Palakkad District plays a crucial role in strengthening the public health system by delivering accessible, affordable, and people-centred healthcare services across diverse geographical and climatic conditions. With an extensive institutional network comprising hospitals, dispensaries, AYUSH Primary Health Centres, Ayushman Arogya Mandirs, and SCPHHCs, the department ensures wide coverage, particularly in rural

and underserved areas. High levels of service utilisation across facilities reflect public trust and the relevance of homoeopathic care in addressing both acute and chronic health needs.

The department's strong administrative framework, supported by a well-structured human resource base and enhanced through digital platforms such as AHiMS and ABDM, has improved efficiency, transparency, and service delivery. Implementation of national and state-level public health programmes, specialty clinics, and locally designed initiatives has enabled targeted interventions for women, children, adolescents, persons with chronic illnesses, and marginalized communities. Quality assurance measures including NABH accreditation, Kayakalp awards, model dispensary upgrades, and ISO certification further underscore the department's commitment to standardized and patient-centric care.

Overall, the Department of homoeopathy in Palakkad District demonstrates effective integration of clinical services, public health programmes, digital health governance, and financial management. Continued strengthening of manpower, infrastructure, and diagnostic facilities, along with sustained community engagement, will further enhance the department's capacity to respond to evolving health challenges and contribute meaningfully to the district's public health resilience.

Chapter 5

NATIONAL AYUSH MISSION KERALA SERVICES

5.1 Introduction

National AYUSH Mission is a Centrally Sponsored Scheme under the Ministry of AYUSH. The government of India launched National AYUSH Mission (NAM) during the 12th plan in 2014. In Kerala, NAM started activities in 2015. The aim of NAM is to mainstream AYUSH Systems into health care services, to develop evidence-based AYUSH management protocol through scientific documentation and to ensure the accessibility of quality AYUSH services. Regarding the funding pattern, 60% share is provided by the Central Government and 40% is provided by the State Government.

The vision is to provide cost-effective, equitable, and accessible AYUSH healthcare across the country by strengthening service delivery systems and improving access to quality care. It emphasizes the integration of preventive and promotive healthcare approaches within primary health services, while promoting a holistic wellness model grounded in AYUSH principles and practices. In addition, the vision seeks to enhance AYUSH educational institutions to ensure the delivery of high-quality education and the development of competent professionals to support the growth of the AYUSH sector.

The objective is to ensure the availability of AYUSH healthcare services across the country by strengthening and improving AYUSH healthcare infrastructure and service delivery. It aims to establish a holistic wellness model through AYUSH Health and Wellness Centres with a strong focus on preventive and promotive healthcare based on AYUSH principles and practices, thereby reducing disease burden and out-of-pocket expenditure. The approach also seeks to provide informed choices to the public through the co-location of AYUSH facilities at Primary Health Centres, Community Health Centres, and District Hospitals, promoting medical pluralism. Further, it emphasizes the role of AYUSH in public health in alignment with the National Health Policy (NHP) 2017.

5.1.1 National Ayush Mission – Funding Approval Analysis

This document presents a consolidated summary of the Resource Envelope, Amount Proposed, and Amount Approved under the National AYUSH Mission across financial years. The analysis highlights the financial growth pattern, approval efficiency and year-wise variations to support planning, monitoring and future programme strategy formulation.

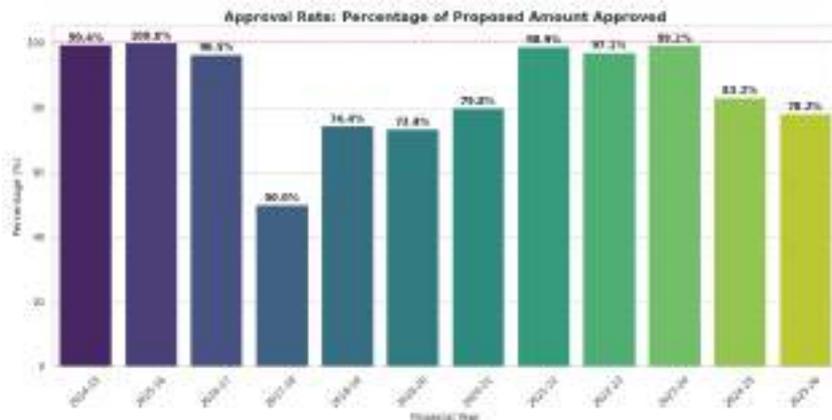


Figure 5.1.1.1 Funding Approval Analysis

Figure 5.1.1.1 illustrates the year-wise comparison of Resource Envelope, Amount Proposed and Amount Approved under the National AYUSH Mission. The chart indicates a progressive increase in financial allocations over the years, reflecting expansion of programme scope and implementation scale.

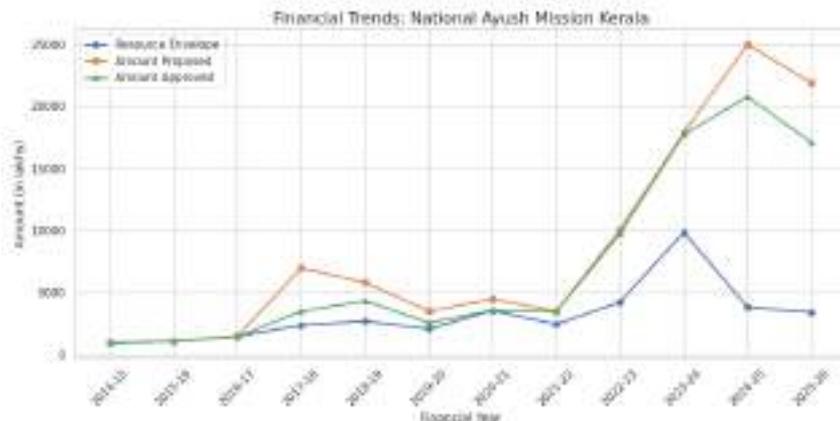


Figure 5.1.1.2 Trend Analysis of Funding Approval Analysis

Figure 5.1.1.2 depicts the approval efficiency trend, highlighting the percentage of proposed funds approved each year. The consistently high approval rate demonstrates effective planning, quality proposal preparation and strong institutional coordination with the approving authorities.

5.1.2 Approved Amount For Engineering Construction Works Under Nam

This report presents a comprehensive trend analysis of the approved financial outlay for Engineering Construction Works executed under the National AYUSH Mission (NAM) across multiple SAAP years. The analysis examines sector-wise movement, total funding behaviour, priority shifts and percentage contribution patterns over time.

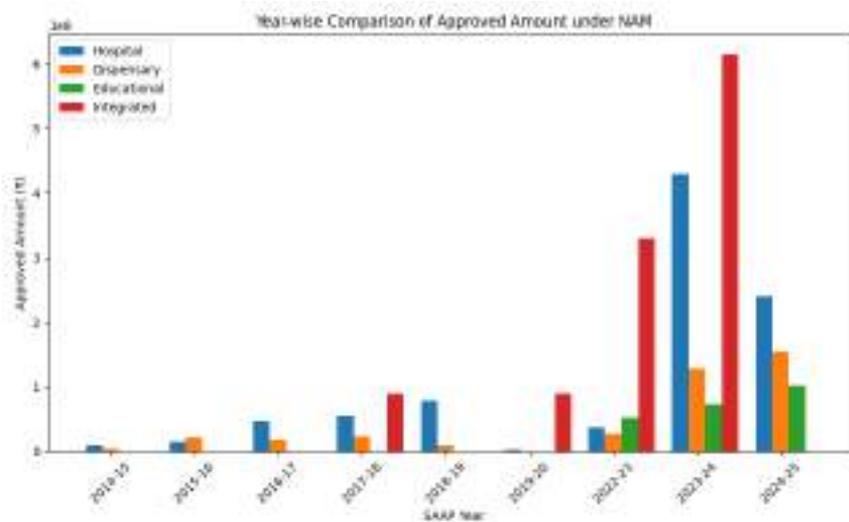


Figure 5.1.2.1 Analysis of Approved Amount For Engineering Construction Works Under Nam

Figure 5.1.2.1 presents the SAAP year-wise approved financial outlay for Engineering Construction Works under the National AYUSH Mission. The trend reflects periodic increases aligned with infrastructure strengthening priorities, including hospitals, dispensaries and academic institutions.

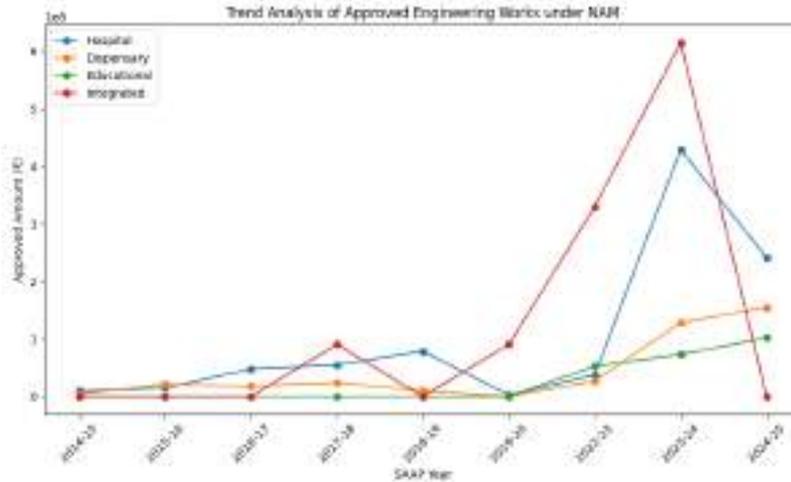


Figure 5.1.2.2 Trend Analysis of Approved Amount For Engineering Construction Works Under Nam

Figure 5.1.2.2 highlights the proportional distribution and trend movement of engineering works funding across SAAP years. Variations indicate strategic prioritisation of construction activities based on programme needs and infrastructure gaps.

5.1.3 Flexipool Projects Approved In The State – Trend Analysis Report

This document presents the number of Flexipool projects approved for the State under the National AYUSH Mission across different SAAP years. The charts illustrate the trend in approvals, highlighting the growth pattern and expansion of Flexipool initiatives over time.

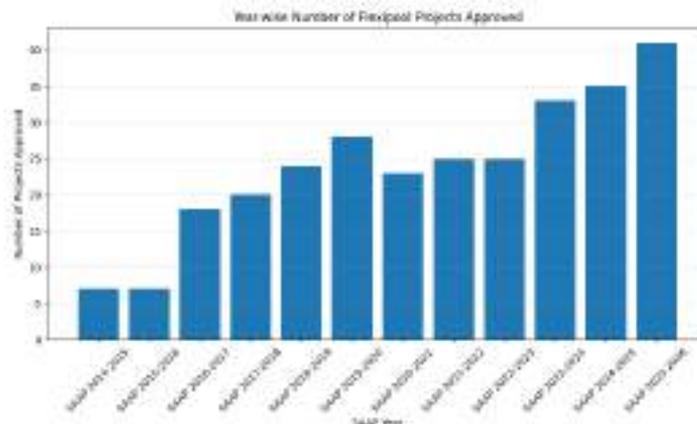


Figure 5.1.3.1 Analysis of Flexipool Project Approved in the State

Figure 5.1.3.1 illustrates the number of Flexipool projects approved under the National AYUSH Mission across SAAP years. The upward trend indicates increased utilisation of the Flexipool component to address State-specific and innovative healthcare needs.

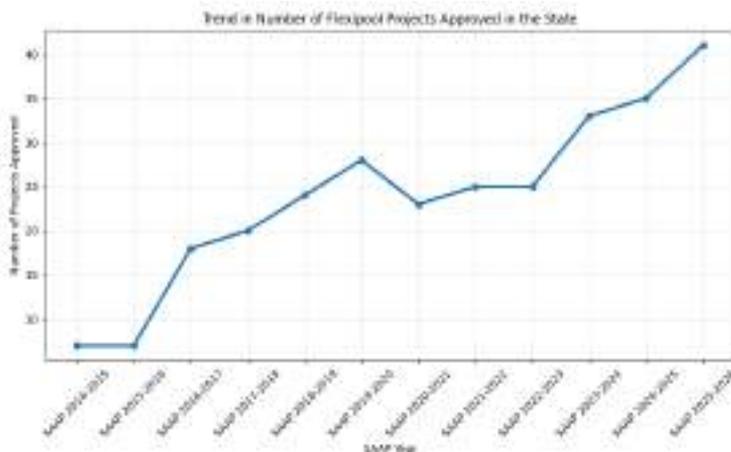


Figure 5.1.3.2 Trend Analysis of Flexipool Project Approved in the State

Figure 5.1.3.2 presents the comparative trend analysis, showing periods of accelerated project approvals. This reflects improved planning capacity and greater emphasis on flexible, need-based interventions.

5.1.4 National Ayush Mission - Public Health Programmes – Kerala – Funding Approval Analysis

The SAAP year-wise data and trend analysis of Public Health Programmes implemented in Kerala.

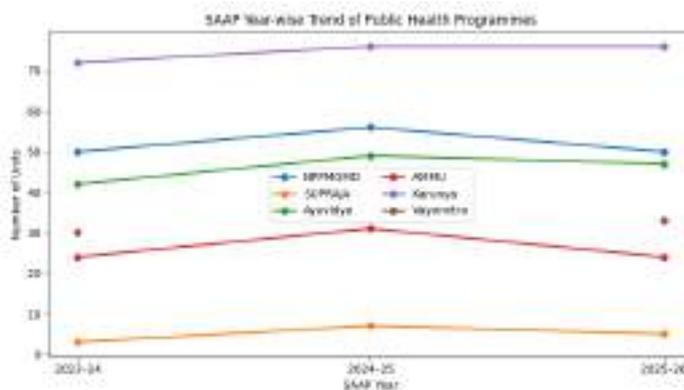


Figure 5.1.4.1 Trend Analysis of Public Health Programmes established

- National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders (NPPMOMD) shows sustained implementation across all SAAP years, reflecting continued focus on musculoskeletal disorder management.
- Karunya consistently records the highest number of units, indicating wide beneficiary coverage.
- SUPRAJA and AYUSH Mobile Medical Unit show expansion during 2024–25, highlighting emphasis on maternal health and outreach services.
- Ayuvidya demonstrates a stable trend.
- Vayomitra shows strengthening in 2025–26, reflecting enhanced geriatric care services.

Table No 5.1.4.1 Details of Approved Public Health Programs

SI NO	Name of Public Health programs	Number of Units
1	NPPMOMD	50
2	SUPRAJA	3
3	Ayuvidya	42
4	AYUSH Mobile Medical Unit	24
5	Vayomitra	30
6	Karunya	72

Table Source: NAM SAAP-2025-26

5.1.5 Ayushman Arogya Mandir - AYUSH

This document presents the SAAP year-wise details and trend analysis of Ayushman Arogya Mandir (AAM–AYUSH) / AYUSH Health & Wellness Centres (AHWC) established in Kerala

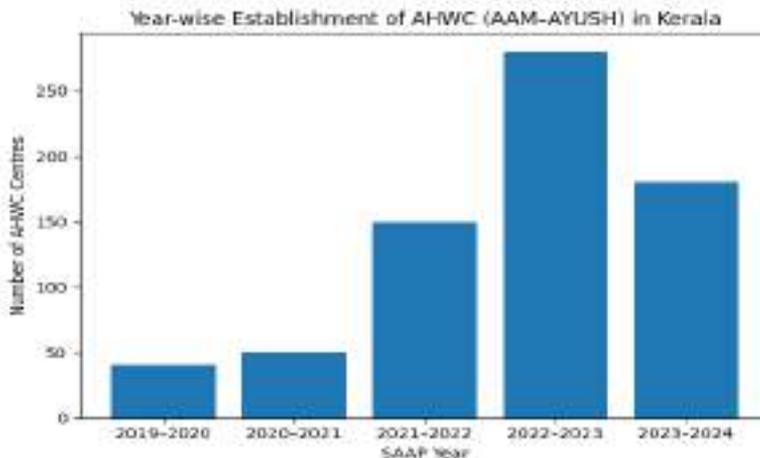


Figure 5.1.5.1 Graph representation of AAY AYUSH established in Kerala

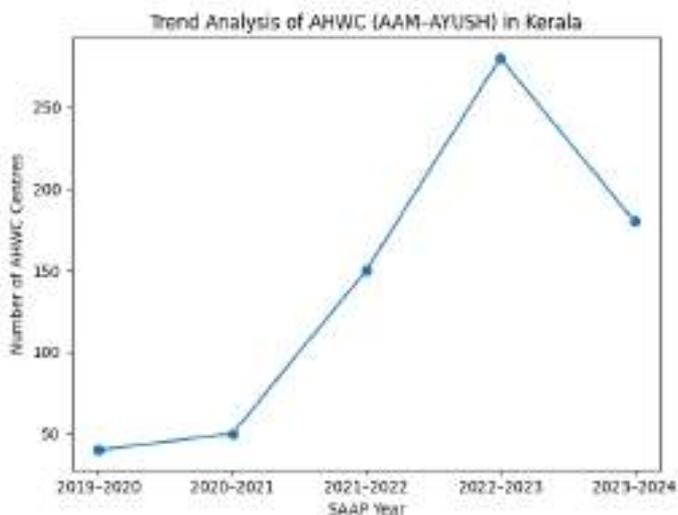


Figure 5.1.5.2 Trend Analysis of AAY AYUSH established in Kerala

Figure 5.1.5 depicts the SAAP year-wise establishment of Ayushman Arogya Mandir (AAM-AYUSH) / AYUSH Health & Wellness Centres in Kerala. The chart shows a steady expansion from 2019-20 onwards, with significant scale-up during 2021-22 and 2022-23. This trend highlights Kerala's sustained commitment to strengthening AYUSH-based comprehensive primary healthcare services at the grassroots level.

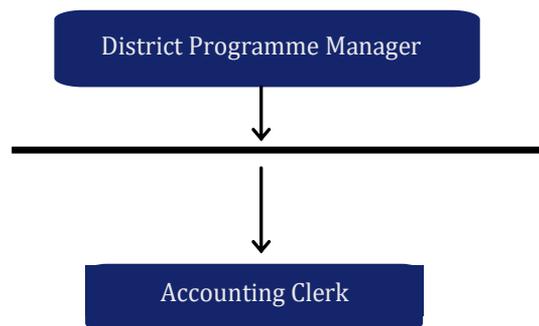
5.2 Administration

In the State of Kerala, the National AYUSH Mission (NAM) operates through a specialized administrative framework to manage its extensive network of healthcare services and public health initiatives. The mission is governed by a State AYUSH Mission Society, which provides the strategic and financial oversight necessary for mainstreaming traditional medicine into the state's public health infrastructure. This decentralized approach ensures that services like Ayurveda and Homoeopathy are effectively integrated from the state level down to the local communities

At the district level, the District Programme Management and Supporting Unit (DPMSU) serves as the operational hub, acting under the direct instructions and guidance of the State Mission Office (SPMSU). This unit is the primary body responsible for the localized management and implementation of AYUSH services within each district.

The administrative setup within the DPMSU includes one District Programme Manager (DPM) and one Accounting Clerk. This team is responsible for coordinating, monitoring, and implementing various programmes and activities under the District AYUSH society, ensuring effective execution and timely reporting of all project components to the state level. This structure allows for the smooth management of local health needs, including the operationalization of AYUSH Health and Wellness Centres and the execution of specialty-focused public health projects.

5.2.1 Structure of District Programme Management and Supporting Unit Office



5.2.2 District Programme Management and Supporting Unit Profile

Table No5.2.2 presents the contact and office details of the District Programme Management and Supporting Unit (DPMSU), including the District Programme Manager responsible for coordinating and implementing NAM activities at the district level.

Table No: 5.2.2: District Programme Management and Supporting Unit Profile

Post	Office Address	Office Number	Mail id
District Programme Manager	DPMSU, NATIONAL AYUSH MISSION, District Homoeo Hospital building, Chathapuram, Kalpathy, Palakkad-678003	7306433273	nampkd1@gmail.com

Source - district data

5.3 Human Resources Profile

The National AYUSH Mission provides human resources to both the Indian Systems of Medicine (ISM) and Department of homoeopathy in Kerala through its major functional components, namely AYUSH Services (Medical Officers and supporting staff), Public Health Programmes, Flexipool Projects, and Ayushman Arogya Mandir (AYUSH). In addition, the Mission deploys personnel for programme management and administrative support to enable effective planning, implementation, monitoring, and financial management of AYUSH activities. This integrated human resource framework ensures efficient healthcare delivery and sustained institutional support across the State.

Ayush Service (HR) under NAM refers to the provision of Medical Officers and supporting staff to both ISM and Department of homoeopathy, ensuring the availability of skilled manpower for effective healthcare service delivery.

Flexipool Projects enable the State to implement innovative and state-specific projects and programmes, providing flexibility to address local health priorities and emerging needs.

Ayushman Arogya Mandir (AAM-AYUSH) functions as the primary AYUSH healthcare delivery point, ensuring accessible, affordable and quality services while supporting preventive, promotive, curative and rehabilitative care with strong community outreach.

AYUSH Public Health Programmes are national initiatives aimed at addressing priority health conditions through disease prevention, health promotion, awareness generation and strengthened healthcare delivery, contributing to holistic community wellness and improved public health outcomes.

District Programme and Management Unit(DPMSU) provides governance, coordination, monitoring, financial management and reporting support through the deployment of two staff members

Table No5.3.1 shows the distribution of Medical Officers and Supporting Staff across ISM, Homoeopathy, and DPMSU under the National AYUSH Mission in the district

Table No 5.3.1 Department-wise Component HR Strength under NAM

Department	Component	Medical Officers	Supporting staffs	Total
ISM	Ayush Services HR	13	27	118
	Flexipool Projects	8	8	
	Ayushman Arogya Mandir(hwc)	0	52	
	Public Health Programme	6	4	
HOMOEOPATHY	Ayush Services HR	3	5	67
	Flexipool Projects	4	4	

	Ayushman Arogya Mandir	0	32	
	Public Health Programme	5	14	
DPMSU	Admin	1	1	2
Total HR				187

Source - district data

The details of medical and paramedical posts sanctioned in the district in Department-wise Component HR Strength under NAM which includes the category of posts, number of positions approved across various health institutions, are attached as annexure 5.3.2

5.4 Ayush Services- Supply of Essential Drugs

Supply of Essential Drugs to Government AYUSH Hospitals and Dispensaries

- ₹4.00 lakhs per annum for essential drugs for AYUSH Hospitals
- ₹2.00 lakhs per annum for essential drugs for AYUSH Dispensaries

Table No5.4 presents the number of institutions sanctioned under the National AYUSH Mission along with the amount approved for each institution. The financial support ensures uniform strengthening of AYUSH facilities and improved service delivery across all approved centres.

Table No 5.4 Number of institutions sanctioned under the supply of essential drugs

Sl. No.	Institution	No. of sanctioned institution	Amount Sanctioned for each institution Amount
1	Hospital	15	₹4.00 lakhs
2	Dispensaries	52	₹2.00 lakhs

Source - district data

5.5 Ayush Services- Health Infrastructure Development

5.5.1 Upgradation of Exclusive / Standalone Government AYUSH Hospitals/ AYUSH Dispensaries

During the financial year 2018–19, major investments were made in Ayurveda hospitals, including Govt. Ayurveda Hospital, Thathamangalam (₹30.00 lakh), District Ayurveda Hospital, Palakkad (₹75.00 lakh) and Govt. Ayurveda Hospital, Tharoor (₹56.50 lakh). These substantial allocations demonstrate a strategic focus on upgrading hospital-level infrastructure to enhance treatment capacity and patient care.

In 2023–24, the focus expanded to primary-level institutions, with Govt. Ayurveda Dispensary, Muriyanganni and Govt. Ayurveda Dispensary, Vilayur each receiving ₹30.00 lakh. These investments strengthen grassroots AYUSH services and improve accessibility for rural and semi-urban populations.

The Homoeopathy sector was also supported through infrastructure development. Govt. Homoeopathy Dispensary, Parali received ₹17.27 lakh in 2016–17, while Govt. Homoeopathy Dispensary, Kannadi was provided ₹2.30 lakh in 2017–18, contributing to improved facilities and service quality at the dispensary level.

Overall, these allocations indicate a balanced and phased approach to infrastructure strengthening under NAM in Palakkad district, covering both Ayurveda and Homoeopathy systems and addressing the needs of hospital as well as community-level healthcare institutions.

The details of completed & ongoing infrastructure development works under the National AYUSH Mission (NAM) for Ayurveda and Homoeopathy institutions in Palakkad district across various financial years are attached as Annexure 5.5.1

5.5.2 Setting up of upto 10/30/50 bedded integrated AYUSH Hospital

This project represents the establishment of a 50-bedded Integrated AYUSH Hospital at Attappadi, Palakkad, sanctioned during 2022–23 under the State Annual Action Plan (SAAP) of the National AYUSH Mission. The project, with an approved outlay of ₹15.00 crore, aims to strengthen integrated AYUSH healthcare delivery by providing comprehensive services

under one roof and improving access to quality AYUSH treatment in a tribal and geographically challenging region.

Table No 5.5.2 Integrated AYUSH Hospital Projects under NAM Kerala

Integrated AYUSH Hospital Projects under NAM Kerala				
SL No.	SAAP Yr	District	Name of Work	Amount Approved as per scheme
1	2022-23	Palakkad	Construction of 50 Bedded Integrated AYUSH Hospital Attappadi	150000000

Source - district data

5.6 Ayush Services- Programmes & Projects- Ayush Public Health Programmes

The AYUSH Public Health Programmes aim to strengthen India's public health system through preventive, promotive, curative, and rehabilitative healthcare using traditional systems of medicine. In the context of increasing chronic diseases, ageing population, and lifestyle-related disorders, AYUSH systems offer safe, cost-effective, and evidence-based healthcare options. Under the National AYUSH Mission (NAM), structured programmes have been launched focusing on musculoskeletal disorders (especially osteoarthritis), non-communicable diseases, maternal and neonatal care, mobile medical services, geriatric and palliative care, and school health promotion. These are implemented through existing NAM frameworks at state and district levels with emphasis on evidence-based interventions, capacity building, and IT-enabled monitoring.

5.6.1 National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders in brief

Musculoskeletal disorders (MSDs), including osteoarthritis, are a major cause of disability and reduced productivity globally and in India, affecting around 20% of the population.

Need for AYUSH Intervention: There is no dedicated programme in India for MSDs. AYUSH therapies, including herbal medicines, yoga, diet, and lifestyle modifications, offer effective

and safe management options. Integrating these interventions supports the goals of the National Health Policy (2017) and Sustainable Development Goal 3.

Objectives:

- a. Manage osteoarthritis and other MSDs through AYUSH-based integrative approaches.
- b. Promote self-care and awareness through Information, Education and Communication (IEC) activities.

Implementation Strategy:

Populations are categorised by risk levels for targeted intervention. Activities are implemented through AYUSH Health and Wellness Centres, dispensaries, and affiliated institutions. Major components include screening, preventive awareness, yoga, diet and lifestyle advice, clinical consultations, rejuvenation therapies (Rasayana), cleansing (Shodhana), Varma therapy, medicated oil applications, and follow-up care.

The following institutions are providing service under this project

1. District Homoeopathy Hospital, Palakkad
2. Govt. Ayurveda Hospital Ottapalam, Palakkad

Table No5.6.1 shows the Beneficiary details of NPPMOMD programme in Ayurveda and Homoeopathy

Table No 5.6.1 Beneficiary Details of NPPMOMD

Sl. No.	Department	Old	New	Total
1	Ayurveda	2948	2509	5457
2	Homoeopathy	626	2110	2736

Source - district data



Figure 5.6.1 Medical Camp

5.6.2 VAYO MITRA: AYUSH Geriatric Healthcare Services – in brief

With India's ageing population rising and the old-age dependency ratio increasing, ensuring the health, dignity, and wellbeing of senior citizens has become vital. The *Vayo Mitra* initiative under the National AYUSH Mission focuses on promoting healthy ageing through preventive, promotive, and therapeutic AYUSH approaches. Traditional practices like *Swasthavritha* (maintenance of health), *Rasayana* (rejuvenation), *Panchakarma*, and *Tadbir-i-Shaykhukhat* (Unani geriatric care) form the basis of AYUSH geriatric healthcare.

Objectives:

- Create awareness about healthy ageing and ways to reduce morbidity in old age.
- Provide specialised AYUSH healthcare for the elderly through the existing AYUSH network.
- Promote community recognition of the value and potential of healthy elderly individuals.

Implementation Strategies:

- **Preventive & Promotive Care:**

Encourages healthy routines (*Dinacharya*, *Ritucharya*), yoga, stress management, balanced diet, and proper lifestyle habits. Trained health workers conduct domiciliary visits, health assessments, and weekly AYUSH clinics for the elderly.

- **Information, Education & Communication (IEC):**

Health education through mass and folk media promotes physical fitness, stress reduction, and awareness on AYUSH geriatric care. Elderly clubs and health camps will be organised, and IEC materials and media campaigns will spread messages on healthy ageing and available AYUSH services.

The following institution is providing service under this project

1. Govt. Ayurveda Hospital, Ottapalam

Table No 5.6.2. provides gender-wise and total beneficiary coverage under the Vayo Mitram geriatric care project.

Table No 5.6.2.2 Beneficiary details

Units	Old	New	Total	Male	Female
Palakkad	1345	1483	2828	1268	1560

Source - district data



Figure 5.6.2 Vayo mitra Treatment

**5.6.3 AYURVIDYA: Promotion of Healthy Lifestyle through AYUSH for School Children
- in brief**

The AYURVIDYA programme aims to promote healthy lifestyles and awareness about AYUSH principles among school children, focusing on hygiene, diet, yoga, and the use of medicinal

plants and home remedies. The initiative targets schools in regions with poor health indicators, especially aspirational districts, to instill lifelong healthy habits from an early age.

Objectives:

- To encourage school children to adopt healthy lifestyles and diets based on AYUSH principles.
- To create awareness about the importance of medicinal plants and simple home remedies.
- To educate children about yoga for fitness, wellbeing, and stress management.

Implementation Strategy:

- The programme will cover UPTO 300 schools per year, with an AYUSH doctor and multipurpose worker catering to UPTO 25 schools monthly.
- Block-level teams including AYUSH professionals, headmasters, and NGOs will conduct AYUSH and nutrition education sessions.
- Teaching methods will use interactive tools such as videos, quizzes, posters, slogans, and street plays for effective learning.
- Activities include health and hygiene campaigns, yoga camps, medicinal herb plantations, and early health screening for common conditions.
- Teachers will be trained to identify medicinal plants and teach home remedies.
- Referral linkages with AYUSH hospitals and colleges will ensure follow-up care, and IEC materials will be distributed for awareness.

The following block/Sub division/district/ of the proposed public health programme

- 1. Akathethara Panchayath, Malampuzha Block, Palakkad**
- 2. Vadakarapathy Panachayath, Chittur Block, Palakkad**
- 3. Perumatty Panachayath, Chittur Block, Palakkad**
- 4. Vellinazhi Panchayath , Sreekrishnapuram Block , Palakkad**

Table No5.6.3 presents the number of awareness sessions conducted and beneficiaries reached under AYUVIDYA.

Table No5.6.3 showing the beneficiary details under the project

NO OF AWARENESS SESSION	NO OF BENEFICIARIES
9	604

**Figure 5.6.3 Awareness Camp**

5.6.4 AYUSH Mobile Medical Unit - in brief

AYUSH Mobile Medical Units (AMMUs) aim to deliver healthcare to unserved and underserved, particularly tribal, populations facing a triple disease burden—malnutrition and communicable diseases, rising non-communicable diseases, and mental health issues. These mobile units bring preventive, promotive, and curative AYUSH healthcare to remote regions, improving accessibility and continuity of care.

Objectives:

- Provide doorstep AYUSH healthcare services in remote and tribal areas through outreach activities.
- Screen and manage common communicable and non-communicable diseases, provide basic OPD care, and ensure referral linkages to higher AYUSH facilities.

Implementation Strategy:

The programme will operate in across unserved tribal regions. Each mobile unit—staffed by a medical officer and multipurpose worker. Villages will be mapped to identify inaccessible clusters and referral sites. Activities include community mobilisation, disease screening, follow-up visits, medicine distribution, and proper

record maintenance. The AMMUs will also conduct IEC/BCC activities to promote awareness on AYUSH interventions for malnutrition, de-addiction, and yoga, along with capacity-building programmes to improve health-seeking behavior among tribal populations.

The following block/Sub division/district/ of the proposed public health programme

1. **Malampuzha Block, Palakkad**
2. **Parambikulam, Palakkad**
3. **Attappadi Block, Palakkad**
4. **Mannarkadu Block, Palakkad**
5. **Attappadi Block, Palakkad**

Table No5.6.4 indicates a strong upward trend in service utilisation, with a sharp increase in both new and follow-up cases in 2025 compared to the previous year. This reflects improved outreach, better continuity of care, and growing community acceptance of AYUSH Mobile Medical Unit services in remote and tribal areas.

Table No5.6.4 showing the details of Beneficiary

	New Cases				Old Cases				Grand Total
	Male	Female	Children	Total	Male	Female	Children	Total	
2024-2025	82	48	63	193	35	464	106	605	798
2025- including dec 25	987	1270	480	2737	446	587	375	1408	4145

Source - district data



Figure 5.6.4 Mobile Medical Unit Camp

5.6.5 KARUNYA: AYUSH Palliative Services – in brief

The KARUNYA initiative aims to provide compassionate, holistic palliative care through AYUSH systems of medicine, focusing on improving the quality of life of patients with life-limiting illnesses and supporting their families. Palliative care addresses physical, emotional, social, and spiritual needs, particularly for patients with conditions such as cancer, neurological disorders, organ failure, autoimmune diseases, HIV/AIDS, and age-related illnesses.

The programme emphasises home-based care, considering it cost-effective and comforting, and integrates supportive care into AYUSH dispensaries, Health & Wellness Centres, and hospitals. Early initiation of palliative care, from the time of diagnosis, helps ensure better symptom management and family preparedness.

Objectives:

To provide quality, integrated supportive care for patients suffering from chronic, lifestyle-related, geriatric, and psychiatric conditions.

Implementation Strategy:

- Home visits by AYUSH medical officers and trained health workers for patient assessment and basic care.
- Relief from pain and other symptoms through AYUSH treatments, along with psychosocial counselling.
- Use of AYUSH HWCs for community mobilisation and awareness.

- Conducting training and sensitisation programmes for healthcare professionals.
- Regular monitoring and evaluation of services.

The following block/Sub division/district/ of the proposed public health programme

1. Akathethara Panchayath, malampuzha Block, Palakkad
2. Perumatty Panchayath, Chittur Block, Palakkad
3. Kappur Panchayath, Thirthala Block, Palakkad
4. Mannarkadu Municipality, Palakkadu
5. Shornur Municipality, Palakkad
6. Nellaya Panchayath, Ottapalam Block, Palakkad
7. Vadavanoor Panchayath, Kollengode Block, Palakkad
8. Kodumba Panchayath, Palakadu Block, Palakkad
9. Pookottukavu Panchayath, Sreekrishnapuram Block, Palakkad
10. Vellinazhi Panchayath, Sreekrishnapuram Block, Palakkad
11. Veliyur Panchayath, Pattambi Block, Palakkad

Table No 5.6.5. Beneficiary details of KARUNYA

Department	New Cases	Old Cases	Grand Total
Homoeopathy	487	761	1252
Ayurveda	565	1,015	1580

Source - district data



Figure 5.6.5.1 Medical Camp



Figure 5.6.5.2 Medical Camp

5.7 Ayush Services- Programmes & Projects- Flexipool Projects

The Flexipool project is a component that allows States to utilise up to 25% of the actual SAAP (State Annual Action Plan) amount to implement innovative or state-specific projects and programmes. It provides flexibility for the State to design and execute activities based on local health priorities and emerging needs that may not be covered under mandatory components of NAM guidelines.

5.7.1 Allergy & Asthma Special Clinic (Homoeopathy)

The project is a statewide Homoeopathy initiative to address allergy, asthma, and chronic respiratory diseases (CRDs) such as COPD and chronic bronchitis through OP and IP services in all District Homoeopathy Hospitals in Kerala. It aims to provide comprehensive Homoeopathic treatment, reduce morbidity and mortality, and lessen the financial, physical, and emotional burden on patients and families. The programme includes outpatient and inpatient care, community outreach, medical camps, and health education activities, supported by a structured monitoring and evaluation system using baseline data, patient registries, EMRs, review meetings, and impact assessments. Special clinics are established in district hospitals with patient-friendly facilities, appointment systems, and mobilisation through referrals, awareness sessions, IEC activities, and camps, with IP care provided as needed.

Table No 5.7.1 provides year-wise gender-wise and total beneficiaries treated under the Homoeopathy Allergy & Asthma Special Clinics

Table No 5.7.1 Number of Beneficiaries

	New Cases			Old Cases			Grand Total
	Male	Female	Total	Male	Female	Total	
2024-2025	36	317	353	504	4225	4729	5082
2025- April To Nov 2025	26	154	180	357	2907	3264	3444

Source - district data



Figure 5.7.1 Medical camp

5.7.2 Ayurkarma

Ayurkarma is an initiative that integrates Panchakarma therapies into Government Ayurveda Dispensaries in rural Kerala to ensure equitable access to holistic Ayurvedic healthcare. It enables economically weaker communities to receive essential kriya kramas such as Vamana, Virechana, Nasyam, Vasthi and Rakthamoksha through OP-based units established in selected dispensaries. The project aims to bridge service delivery gaps by making Panchakarma a part of mainstream government healthcare. Patients are selected from the General OPD and evaluated by the Project Medical Officer, who prescribes appropriate therapies after necessary examinations and consent procedures. Treatments are carried out by trained therapists under supervision, with proper documentation, vitals monitoring and post-procedure guidance to ensure safety, quality.

The following Government Ayurveda Dispensaries are fully operational centres in the district.

1. Sreekrishanapuram
2. Kadambazhipuram

Along with the existing treatment protocol at dispensaries, the panchakarma techniques offer a remarkable enrichment in the quality of life of the population, especially a large number of patients from rural areas who depend on the dispensaries, who are unable to access hospitals as IP for the same. Moreover, the social relevance of the institutions could also be increased.

This Table No5.7.2.2 presents the total Panchakarma procedures performed under Ayurkarma in the district.

Table No5.7.2.2 AYURKARMA Kriyakrama Sessions

SL NO	District	Total Pancha Karma Procedures
1	Palakkad	96

Source - district data



Figure 5.7.2 Awareness Camp

5.7.3 Mental Health Specialty Clinics in AYUSH

The AYUSH systems- Ayurveda, Homoeopathy, and Yoga- offer time-tested, person-centric approaches to mental well-being, with special emphasis on the mind-body-spirit connection.

Recent initiatives have demonstrated the potential of these systems in addressing the psychological, emotional, and behavioral dimensions of health.

Ayurveda-Based Mental Health Projects

Harsham: Anti-Depression Ayurveda Clinics: Focus on natural therapeutic interventions to manage clinical depression, stress-related disorders, and lifestyle-induced emotional conditions.

Pratheeksha: Improvement of IQ in MR Children: Offers cognitive enhancement therapies and Ayurvedic interventions for children with intellectual disabilities.

Medha: Correction of Scholastic Backwardness: Supports children facing academic and attention-related challenges through Ayurvedic formulations, counseling, and dietary guidance.

Homoeopathy-Based Mental Health Projects

Seethalayam Clinics: Gender-responsive clinics that provide homoeopathic management for mental, physical, and social health issues of women, including anxiety, depression, postnatal stress, psychosomatic disorders, and trauma from abuse.

Sadgamaya Clinics: Targeted at adolescents, these clinics offer mental health support, behavioral correction, and substance abuse prevention using homoeopathic interventions, counseling, and outreach activities.

Homoeopathy, with its individualized remedy selection and focus on the psycho-social environment of the patient, has shown effective outcomes in managing psychosomatic disorders, mood swings, behavioral disorders, and substance use tendencies, especially among vulnerable populations.

The List of Dispensaries/ Hospitals Under the Coverage of Harsham

1. Government Ayurveda Hospital Thathamangalam
2. Government Ayurveda Dispensary Koppam
3. Government Ayurveda Hospital Vadakkanchery
4. Government Ayurveda Dispensary Vaniyamkulam

5. Government Ayurveda Hospital Thenkara
6. Government Ayurveda Hospital Tharur
7. Government Ayurveda Dispensary Koduvayoor
8. Government Ayurveda Hospital Ottappalam
9. Government Ayurveda Dispensary Sreekrishnapuram
10. Government Ayurveda Hospital Chalavara
11. District Ayurveda Hospital Palakkad

Table No 5.7.3 reflects a marked increase in both new and follow-up cases in the second reporting period, indicating expanding service coverage and improved continuity of care. The rising beneficiary numbers suggest growing acceptance and utilisation of the Harsham mental health clinics in the district.

Table No 5.7.3 -Beneficiary Details of Harsham

S.No	District	New Cases	Old Cases	Grand Total
Financial Year 1: April 2024 - March 2025				
1	Palakkad	848	1112	1960
Financial Year 2: April 2025 - November 2025				
1	Palakkad	1272	1668	2940

Source - district data



Figure 5.7.3 Harsham Awareness Camp

5.7.4 Magalirjyothi- Women Care through Siddha Traditional Practices

Magalir Jyothi project has made remarkable progress in improving women's health in Kerala. It promotes awareness. integrating traditional medicine. reducing healthcare costs. and empowering communities. The project supports the health of women physically and mentally. Awareness sessions are conducted at community level through anganwadis. covering vital topics such as adolescent health issues. importance of breastfeeding in young mothers. Antenatal care. Pregnancy nutrition plan. Importance of yoga in lifestyle disorders and the prevention of anaemia . All significant health related and national days are celebrated through awareness campaigns and quiz competitions. fostering greater community engagement and knowledge.

Table No5.7.4.1 presents OP beneficiaries and outreach activities conducted under the Magalir Jyothi women's health programme.

Table No5.7.4.1 Details of Centers with No. of Beneficiaries During 2024-2025

Sl. No.	Name of District	Total No. of Beneficiaries (OP)	Cookery Workshop	Awareness Class	Medical Camp
1	Palakkad	5630	37	139	14

Source - district data

5.7.5 Setting Up of Physiotherapy Unit in Government AYUSH Hospitals

In Kerala. under the State Annual Action Plan SAAP 2023-24 and 2024-25. a total of 27 physiotherapy units (26 in Homoeopathy Hospitals and 1 in ISM Hospital) have been approved and operationalized. addressing the long-pending need for such services in AYUSH hospitals.

Given the encouraging public response. the tangible health benefits observed. and the increasing burden of lifestyle and degenerative diseases

Table No5.7.5.1 showing The beneficiary count of last year reflects strong utilisation of physiotherapy services at the AYUSH hospital, indicating high demand for rehabilitative care and the relevance of physiotherapy in supporting AYUSH treatment outcomes.

5.7.5.1 Beneficiary Details – Physiotherapy Unit

Sl. No.	Unit	Total No. of Beneficiaries
1	GHH Palakkad	2083

Source - district data



Figure 5.7.5.1 Physiotherapy Unit

5.7.6 Sports Ayurveda Project

Sports Ayurveda is an established Ayurveda super specialty in Kerala that blends traditional Ayurvedic wisdom with modern sports medicine to enhance the performance, endurance, and overall well-being of athletes. It adopts a holistic approach through personalised diet and nutrition, condition-specific medicines, specialised massages, Panchakarma therapies, and targeted rehabilitation strategies to prevent injuries, manage sports-related conditions, and optimise athletic performance. With a long tradition of supporting arts and sports personnel through native medical systems, Kerala has demonstrated the untapped potential of Ayurveda in sports medicine. The scope of Sports Ayurveda includes event-specific therapeutic applications, pre-event conditioning, post-event recovery, off-season conditioning, energy enhancement, prevention and management of repetitive strain and other sports injuries, and specialised care for sportswomen. Proven to be safe and effective, Sports Ayurveda addresses preventive, curative, and rehabilitative needs without post-traumatic complications, with many injuries earlier recommended for surgery being successfully treated and showing rapid recovery. The established Sports Ayurveda units have already benefited numerous national and international athletes, many of whom have

achieved podium finishes. and continue to attract sports professionals from across India for its reliable. holistic. and performance-enhancing outcomes.

This Table No5.7.6.1 shows the availability of specialty, general and mobile Sports Ayurveda units in the district.

Table No5.7.6.1 District-wise Distribution of Sports Ayurveda Units in Kerala

District	Specialty Unit	General Unit	Mobile Support
Palakkad	No	Yes	No

Source - district data

This Table No5.7.6.2 presents the number of sports events covered, days of service and total beneficiaries supported on-field

Table No5.7.6.2 District -Wise Beneficiaries of On-field Medical Support Provided

District	No. of Events	No. of Days	Total Beneficiaries
Palakkad	6	14	389

Source - district data

This Table No5.7.6.3 indicates a substantial expansion of Sports Ayurveda activities in the second reporting period, with a sharp increase in OP services, on-field support days, and beneficiary coverage. This reflects strengthened integration of AYUSH sports medicine into athletic events and growing reliance on Sports Ayurveda for performance support, injury management, and awareness generation.

Table No5.7.6.3 District -Wise Beneficiaries

	Op Beneficiaries	Referred To Kisar	Pre-Event & Post-Event Conditioning	On field Beneficiaries		Total Beneficiaries	Days of On field Events Attended
DATA APRIL 2024 TO MARCH 2025	92	0	25	389		506	14
	Total Beneficiaries -OP	Total Beneficiaries -IP	Number of Days of Onfield Duties	Onfield Beneficiaries	Number of Awareness Class Taken	Number of Awareness Class Beneficiaries	
APRIL 2025 TO SEPTEMBER 2025	1931	12	52	883	9	461	

Source - district data



Figure 5.7.6 Sports Ayurveda Treatment

5.7.7 MPHW for 700 Functional Ayushman Arogya Mandirs (AYUSH)

MPHWs are qualified healthcare professionals trained in GNM or higher nursing qualifications. They are instrumental in delivering comprehensive primary health care and promoting AYUSH systems through preventive, promotive, curative, and rehabilitative services.

Multi-Purpose Health Workers (MPHWs) play a crucial role in Ayushman Arogya Mandirs by supporting clinical services, public health programmes, geriatric and palliative care, emergency response, and digital health activities, while also assisting in administrative functions. They act as a vital link between community health services and institutional care, ensuring comprehensive service delivery, continuity of care, and effective programme implementation.

5.7.8 Arunima- Anemia Eradication Programme through Ayurveda

The Arunima – Anemia Eradication Programme through Ayurveda is a focused public health initiative aimed at addressing the high burden of nutritional anemia through safe, affordable, and culturally acceptable Ayurvedic interventions. Building on the successful implementation across ICDS units and nearly 6,000 schools, the programme has strengthened awareness, screening, treatment support, and community participation. To further consolidate these gains and reach vulnerable populations such as tribal communities, coastal areas, urban slums, and high-prevalence pockets.

5.7.9 Telemedicine- Strengthening and Expansion

The AYUSH Telemedicine initiative in Kerala, implemented through the National e-Sanjeevani platform, has established a State-level Telemedicine Hub with dedicated consoles for Ayurveda and Homoeopathy, enabling both Patient-to-Doctor and Doctor-to-Doctor teleconsultations across the State, with training provided to AYUSH doctors across all 14 districts, ensuring readiness for phased expansion to remaining districts.

5.7.10 Thyroid Special Clinic (Homoeopathy)

This project is a comprehensive, community-based Homoeopathy Thyroid Care Initiative aimed at early detection, effective management, and reduction of thyroid-related morbidity

across Kerala. with special focus on women of reproductive age and high-burden districts. The project strengthens district-level thyroid specialty clinics by providing dedicated HR support. diagnostic facilities. medicines. technological tools. and structured follow-up mechanisms. Through systematic screening. OP and IP treatment. laboratory monitoring. community outreach. medical camps. and integration with maternal health services such as Janani. the programme seeks to reduce complications such as infertility. miscarriage. comorbid conditions. and long-term health risks. This initiative aims to ensure affordable care. reduce out-of-pocket expenditure. and significantly improve the quality of life of thyroid patients. establishing a robust public health response to Kerala's growing thyroid disease burden.

This Table No5.7.10.1 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme

Table No5.7.10.1 Beneficiaries Reported at Various Centres during 2024-25

	New Male	New Female	New Total	Old Male	Old Female	Old Total	Grand Total
2024-2025	36	317	353	504	4225	4729	5082
2025- including Nov 25	26	154	180	357	2907	3264	3444

Source - district data

This Table No5.7.10.2 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme.

Table No5.7. 10.2 Beneficiaries during 2024-25 (New Case)

Sl.No	District	Total No.of activities conducted	Total IEC Beneficiary count
1	Palakkad	6	172

Source - district data



Figure 5.7.10 Awareness Class

5.7.11 Training to AYUSH HR

The State proposes a comprehensive Training and Capacity Building Programme for AYUSH Human Resources. The initiative aims to enhance the knowledge, skills, and professional competence of AYUSH Medical Officers, teaching faculty, administrative personnel, and paramedical staff across Kerala. Through structured training modules covering clinical care, hospital administration, digital health systems, public health programming, research methodology, medico-legal aspects, and patient communication, the programme seeks to strengthen service delivery, improve programme implementation efficiency, and ensure readiness for emerging health challenges. Training will be delivered through both offline residential sessions and online platforms, ensuring equitable participation from all districts. By training around 5,000 personnel, this initiative will significantly contribute to improving the quality of AYUSH services statewide.



Figure 5.7.11 Training Session to HR

5.7.12 Yoga Wellness Centers

Yoga Wellness Centres are facilities that provide Yoga and Naturopathy services to promote physical, mental, and social well-being, focusing on preventing and managing lifestyle diseases. The programme aims to raise public awareness, encourage lifestyle modification, and promote Yoga and Naturopathy as effective tools for managing non-communicable diseases. Implementation includes deploying medical officers and Yoga instructors at AYUSH Arogya Mandirs, with LSGIs suggesting outreach areas, while Medical Officers oversee therapeutic management and coordinate Yoga and Naturopathy outreach activities.

This Table No5.7.12.1 provides gender-wise, outreach and total beneficiaries served through Yoga Wellness Centres

Table No5.7.12.1 Details of Centres with Number of Beneficiaries during 2024-25

Sl. No	District	Name of the Center	Male	Female	Children	Outreach	Total
1	Palakkad	Govt Ayurveda Hospital Ottapalam	1716	6399	580	4827	13522

Source - district data

5.7.13 Non-Communicable Disease (NCD) Management through AYUSH

The Integrated NCD Care Programme is a multidisciplinary initiative that provides holistic prevention, early diagnosis and advanced management of non-communicable diseases—such as diabetes, hypertension, dyslipidaemia, thyroid disorders, stroke and cancer—through dedicated Ayurveda, Siddha, Unani and Homoeopathy units supported by Yoga-based lifestyle interventions. With 14 Ayurveda units, 14 Homoeopathy units, 2 Siddha units and 2 Unani units functioning across the state, the programme aims to reduce NCD prevalence and morbidity, strengthen complication care, promote lifestyle and behavioural modification and lower out-of-pocket expenditure by offering accessible and standardised traditional medicine services. Implementation includes health-promotion activities, high-risk screening, early diagnosis and comprehensive clinical management of major NCDs and

their complications through integrative treatment protocols at district-level advanced care centres.

Table No5.7.13.1 summarises new registrations, follow-ups, yoga sessions and IEC activities under the NCD management programme

Table No5.7.13.1 Detailed Review of the Year 2024-25 Patient Services

Sl. No	Unit	New NCD Patients Registered	Follow-up Visits	Yoga Sessions Conducted	Health Education/IEC Sessions
1	Palakkad (Ay)	5526	6873	1458	13

Source - district data

Table No5.7.13.2 presents disease-wise distribution of new NCD patients registered.

Table No5.7.13.2 Disease-wise Details (New Cases Registered)

Sl. No	Unit	Diabetes Mellitus	Hypertension	Dyslipidemia	Thyroid Disorders	Others
1	Palakkad (Ay)	1123	1584	937	992	890

Source - district data

Table No5.7. 13.3 Disease Wise Break Up of Beneficiaries Who Availed NCD Management Clinical Services During 2024-2025

Table No5.7.13.3 Disease Wise Break Up of Beneficiaries

District	Diabetes Mellitus	Hypertension	Dyslipidemia	Obesity	Cardio Vascular Disorders	Cancer	Renal Disorders	COPD	Other Diseases
Palakkad	2065	298	168	40	0	0	0	0	2

Source - district data

5.7.14 IEC Activities- Newsletter, Day Observances, Participation in Various Events, Outreach Activities etc.

Kerala has emerged as a leading State in the AYUSH sector with nearly 2300 functioning institutions ranging from medical colleges and speciality hospitals to district and peripheral health facilities. A considerable proportion of the population relies on AYUSH systems for healthcare, and many successful treatment outcomes and health initiatives have reinforced public confidence in these systems. To further strengthen awareness regarding the facilities, programmes, activities, and achievements in AYUSH, structured IEC activities such as newsletters, day observances, participation in national and international events, exhibitions, and outreach initiatives are proposed. These initiatives will enable systematic dissemination of information to the public, policymakers, planners, healthcare professionals, and stakeholders, thereby enhancing visibility and acceptance of AYUSH systems.

During the previous year, NAM Kerala successfully implemented several IEC initiatives, including the regular publication of newsletters highlighting AYUSH activities, research achievements, and success stories, along with active observance of important AYUSH and health-related days. Participation in prestigious platforms such as the G20 further contributed to showcasing Kerala's AYUSH capabilities at global level. In the coming year, it is proposed to continue and expand these efforts through enhanced newsletters, thematic day observances, participation in national and international forums, exhibitions, Arogyamelas, and focused outreach programmes. These activities will support mainstreaming of AYUSH, promote public engagement, improve accessibility of information, and reinforce Kerala's position as a prominent centre of AYUSH excellence.



Figure 5.7.14.1 Newsletter

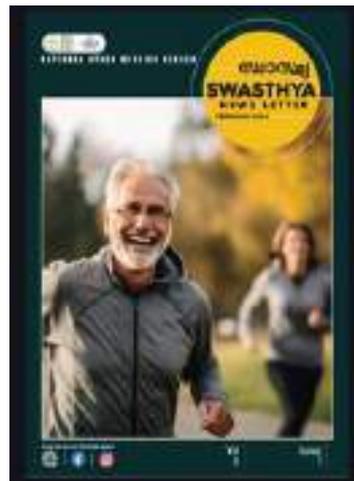


Figure 5.7.14.2 Newsletter



Figure 5.7.14.3 Branding through public transportation



Figure 5.7.14.4 Branding through public transportation

5.8 Ayush Services- Ayush Gram

AyushGram is a concept wherein villages will be selected for adoption of principles and practice of AYUSH way of life and interventions of health care in villages and providing the services at grass root level. AYUSH based lifestyles are promoted through behavioural

change communication, training of village health workers towards identification and use of local medicinal herbs and provision of AYUSH health services. It also include promotion of cultivation of endemic medicinal herbs and conservation of those already present in those areas. The elected village representatives are sensitized towards the concept so that there is also active participation from the community. It is a wholesome concept wherein convergence of AYUSH systems and other Govt. departments for the welfare of public is the ultimate aim.

Yoga sessions will be provided free of cost for the public at their convenient place and time with the motive of making it a part of their routine activity with constant practice.

Objectives

- To spread awareness within the community for practice of dietary habits and life styles as described in AYUSH Systems of Medicine which help in preventing disease and promoting health.
- To advice people about common ailments and its cure through use of herbs found in their localities.
- To raise campaign against communicable diseases like Malaria, Tuberculosis, Diarrhoea etc and measures for their prevention and treatment.
- Promotion of preservation and cultivation of medicinal plants.
- Prevention of Lifestyle Diseases



Figure 5.8.1 Awareness Classes



Figure 5.8.2 : Yoga Classes

The Table No5.8.1 presents month-wise activities and beneficiaries under the AYUSH Gram initiatives

Table No5.8.1 Ayush Gram activities

Sl. No.	BLOCK	NUMBER OF YOGA SESSIONS CONDUCTED								TOTAL
		Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	
1	OTTAPALAM	24	21	27	24	26	29	27	29	207
NCD CLINIC BENEFICIARIES										
1	OTTAPALAM	29	24	11	28	25	56	32	19	224

Source - district data

5.9 Quality-Related Activities

5.9.1 NABH (National Accreditation Board for Hospitals)

The State Quality Assurance Wing under the National AYUSH Mission, Kerala, has been consistently committed to promoting a structured and sustainable Quality Assurance Programme across AYUSH healthcare institutions. The overarching aim is to ensure that the services rendered under the AYUSH system provide genuine satisfaction and delight to

patients. contributing significantly to their well-being. With increasing global momentum toward healthcare quality, it has become imperative to align AYUSH services with national standards, particularly through accreditation systems like NABH (National Accreditation Board for Hospitals and Healthcare Providers) and NQAS.

Progress So Far

Kerala has emerged as a pioneer in quality healthcare delivery, with significant progress made in the accreditation of AYUSH Health and Wellness Centres (AHWCs). Out of 700 operational AHWCs in the state, 250 centres have already achieved NABH Entry-Level Certification. The initiative has not only strengthened the operational systems of AHWCs but has also boosted public confidence and satisfaction in AYUSH services.

Impact of NABH Certification in AHWCs

The NABH Entry-Level Certification of 250 AHWCs in Kerala has significantly elevated the standard of AYUSH services across the state. It has led to:

- Uniform implementation of quality protocols.
- Enhanced infection control and patient safety.
- Improved staff competence through continuous training.
- Streamlined biomedical waste management.
- Improved documentation, defined SOPs, and enhanced accountability.
- Increased patient satisfaction and public trust.
- Enhanced prospects for insurance coverage under recognized schemes.

These outcomes underline the importance of extending the quality certification programme to the hospital sector to ensure consistent delivery of high-quality AYUSH care across all tiers.

The certification process will follow a structured approach including internal and external assessments, quality-specific training, preparation of documentation, and submission of applications to NABH. Gap closure efforts related to infrastructure, equipment, and process improvements will be partially supported by other sources such as Local Self Government

(LSG) funds. CSR contributions. MLA/MP funds. and upgradation components under NAM as per institutional eligibility.

Implementation Strategy

To effectively implement and monitor the certification process. the following strategic mechanisms and committees have been established:

- State-Level Steering Committee. Assessment Management Committee. and Documentation Committee for oversight.
- District Quality Teams and Quality Committees in all districts.
- District Nodal Officers and Facilitators to coordinate implementation activities.
- State-Level Orientation and Training Programs for institution heads. LSG representatives. and quality teams.
- Self-assessments by institution heads using NABH checklists to identify institutional gaps.
- Development of the AHWC NABH-ELC Implementation Handbook.
- District-Level Internal Assessments and State-Level External Assessments through a trained pool of assessors.
- Procurement of essential biomedical equipment and furniture where required.

5.9.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH. Government of Kerala. designed to promote cleanliness. hygiene. and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation. waste management. infection control. and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean. safe. and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala

5.10 Ayushman Arogya Mandir (AAM-Ayush)

Ayushman Arogya Mandir (AAM-Ayush) are established to provide comprehensive, people-centred primary healthcare through AYUSH systems.

In Ayushman Arogya Mandir (AAM-Ayush), National Ayush Mission AYUSH provides service delivery by providing one full time Yoga Instructor and one GNM qualified Multi-Purpose Health Worker, with an expenditure of ₹4.57 lakhs incurred for implementation.

They aim to transform existing AYUSH dispensaries and sub-centres into holistic wellness centres delivering preventive, promotive, curative, rehabilitative and palliative care. AAM-Ayush emphasise wellness promotion, lifestyle counselling, Yoga-based interventions, management of common and chronic illnesses, maternal and child health services, elderly care and referral support. Implementation is supported through the National AYUSH Mission with defined financial norms for infrastructure development, human resource support, training, IT systems and essential AYUSH medicines. Institutional mechanisms at national, state and district levels ensure planning, capacity building, convergence with NHM programmes, monitoring and evaluation to improve accessibility and quality of AYUSH-based primary healthcare.

5.11 IT Initiatives

5.11.1 AYUSH Yoga Club Locator Mobile App

The AYUSH Yoga Club Locator Mobile App is designed to help citizens easily discover and connect with government-approved AYUSH Yoga Clubs across Kerala. Using GPS-based real-time location services, the app enables users to identify nearby yoga centres, view available facilities, session timings, trainers. It promotes accessibility by ensuring that authentic and verified centres are brought within reach of every citizen, eliminating confusion regarding credibility. The platform also enhances transparency in public health service delivery by publishing verified information, performance records, and contact details of registered clubs. By simplifying access to yoga resources, the app encourages community participation, supports preventive healthcare, improves wellness awareness, and strengthens the reach of the National AYUSH Mission's health promotion initiatives.

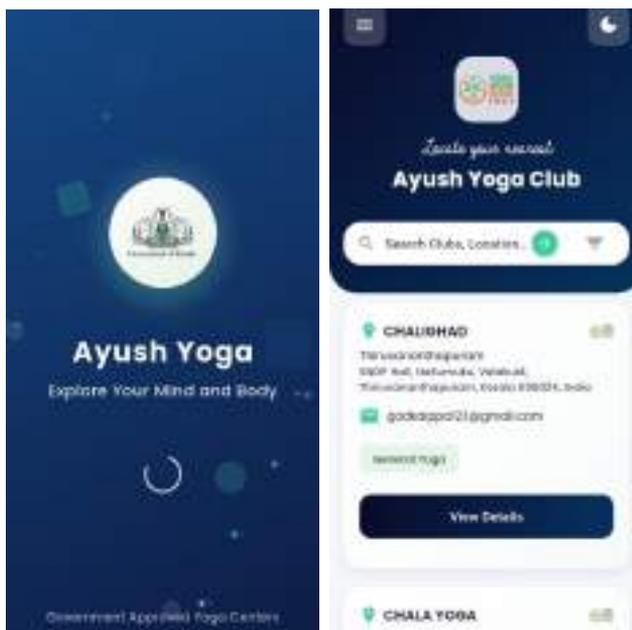


Figure 5.11.1 Screenshots of Mobile App

5.11.2 Civil ERP Software

Civil works constitute a major component under the National AYUSH Mission, and ensuring timely completion, transparency, and accountability is critical in the execution of Government infrastructure projects. Traditional monitoring and coordination methods often resulted in delays, inefficiencies, and lack of structured documentation, which necessitated the development of a dedicated Civil ERP Software to digitally integrate and streamline all aspects of civil work management from planning to completion. The platform functions as a comprehensive, centralised system accessible to administrators and technical teams, facilitating real-time supervision and effective governance. It enables systematic project planning and approval through online submissions and structured workflows, supports continuous execution monitoring through stage-wise milestone tracking, and allows uploading of photographic evidence with GPS coordinates to authenticate site progress. Additionally, it incorporates robust financial tracking features, including budget allocation, utilisation monitoring, payment milestone integration, and complete visibility of fund flow, thereby ensuring financial discipline, transparency, and accountability across all civil infrastructure activities under the Mission.



Figure 5.11.2.1 Screenshot of ERP Software Home Screen



Figure 5.11.2.2 Screenshot of ERP Software dashboard

5.11.3 AYUSH Medicine Procurement Software

The AYUSH Medicine Procurement Software was developed to meet the growing need of the National AYUSH Mission, Kerala, for a modern and reliable digital system to streamline medicine procurement operations across hospitals and dispensaries, replacing earlier manual processes that caused delays, duplication, lack of real-time stock visibility, and data inaccuracies. This comprehensive end-to-end digital platform enables institutions to

generate and submit indents online, while District Medical Officers, District Programme Managers, and higher authorities can review, approve, or revise requests through a structured workflow. Integrated master data ensures consistency, while timely alerts support pending approvals, stock shortages, and delivery tracking. Detailed dashboards and analytics provide meaningful insights into procurement trends and utilisation patterns, supporting informed decision-making. Secure role-based login ensures data safety and clarity of responsibilities, while automated processes help maintain essential stock levels, eliminate manual errors, and ensure transparency. The system strengthens coordination between hospitals, district authorities, and Oushadhi, supports real-time monitoring, facilitates timely replenishment, and ensures compliance with government norms, ultimately creating a transparent, efficient, and audit-ready digital ecosystem for AYUSH medicine management in Kerala.



Figure 5.11.3.1 Screenshot of Login Page in AYUSH Medicine Procurement Software



Figure 5.11.3.2 Screenshot of Home Page in AYUSH Medicine Procurement Software
5.11.4 NAM HR & Payroll Software

The National AYUSH Mission, Kerala, recognised the need for a robust and reliable system to efficiently manage attendance and payroll processes across its centres, as conventional methods were largely manual, time-consuming, prone to errors, and lacked real-time verification and transparency. To overcome these challenges and ensure accuracy, accountability, and operational efficiency, the NAM HR & Payroll Software was developed as a comprehensive digital solution. The system facilitates real-time attendance tracking with accurate time records, supported by geo-tagged attendance to ensure location-based verification and prevent proxy entries. It allows flexible shift assignment, offers an integrated online leave management workflow, and enables fully automated payroll processing with single-click salary generation based on verified attendance and leave data, supported by multi-level verification for compliance and financial discipline. By simplifying attendance management, ensuring digitally documented records, reducing administrative workload, and enhancing transparency in salary processing, the software significantly strengthens efficiency, governance, and accountability across all AYUSH centres.

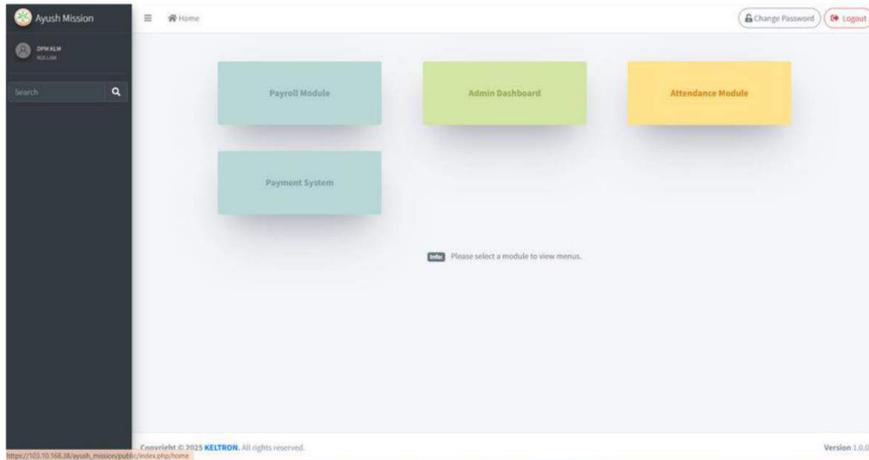
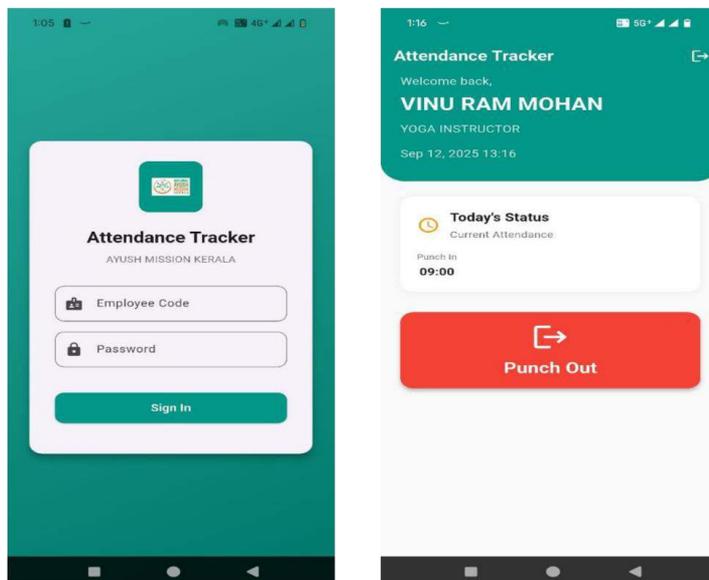


Figure 5.11.4.1 1 Screenshot of Home Page in AYUSH Payroll software



5.11.4.2 Figure : NAM HR & Payroll Software in mobile app

5.11.5 AYUSH Payment Monitoring System

The AYUSH Payment Monitoring System is a comprehensive web-based financial governance platform under the National AYUSH Mission (NAM), designed to enhance transparency, accountability, and efficiency across all payment-related processes. It manages the complete

financial workflow, including fund allocation, expenditure tracking, bill submission, verification, approval, and final disbursement, while also supporting vendor management, automatic TDS processing, configurable dashboards, and detailed financial reporting for smooth and error-free transactions. The system maintains precise district-wise financial records, ensures component-wise fund control, and effectively monitors project-wise unspent balances, providing a complete end-to-end digital trail that strengthens audit readiness and governance compliance. It tracks real-time balances, flags idle or unutilised funds, enforces automated financial controls to prevent overspending, and supports multi-level user access, workflow automation, scalable architecture, and clear segregation of agency-wise and component-wise expenditures. Leveraging AI capabilities, the platform enables real-time validation checks to prevent errors and fraud, predictive analysis of fund utilisation trends, and intelligent alerts with actionable recommendations, thereby ensuring a unified, transparent, and reliable financial monitoring ecosystem for AYUSH across multiple implementing agencies.

5.11.6 Learning Management System

The AYUSH sector faces several training-related challenges, including difficulty in reaching rural and remote regions, lack of standardised and trackable certification processes, high expenditure on physical training workshops, and the absence of a unified system for maintaining centralised training and certification records. To address these gaps, a dedicated Moodle-based Learning Management System (LMS) has been developed exclusively for AYUSH, serving as a centralised online platform where students, practitioners, and professionals can enrol in Government-recognised certification courses, access structured digital learning materials, interact with trainers and peers, and receive verifiable digital certificates upon completion. Deployed on a secure cloud environment, the LMS ensures reliability, scalability, and continuous availability, supported by trained administrators, user manuals, ongoing technical assistance, and provisions for future enhancements such as AI-driven recommendations and analytics dashboards. Highly scalable and accessible, the software enables thousands of learners, including rural practitioners, to benefit from uniform, standardised training while significantly reducing the costs associated with physical training programmes. It ensures transparency through automated, verifiable

certification, enhances convenience through a user-friendly mobile-compatible design, and guarantees data security through secure hosting and role-based access controls, thereby strengthening capacity building, governance, and the digital transformation of AYUSH training in alignment with the Digital India vision.



Figure 5.11.6.1 Screenshot of Home Page

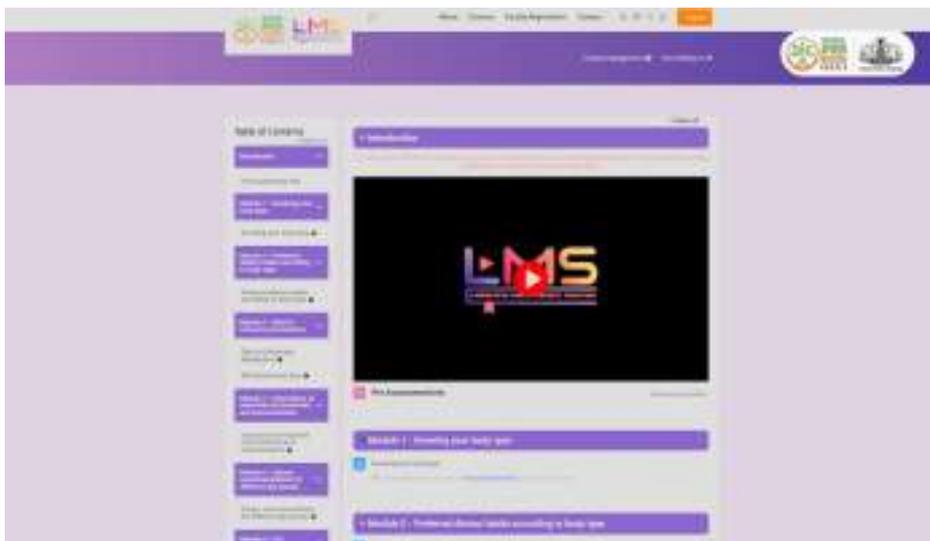


Figure 5.11.6.2 Screenshot of Course details explained

5.12 Conclusion

The National AYUSH Mission (NAM) in Kerala has emerged as a comprehensive and strategically driven framework for strengthening AYUSH healthcare delivery across the State, with a strong focus on equity, accessibility, quality, and innovation. Through sustained financial support, high approval efficiency, and diversified investments in infrastructure, human resources, medicines, and digital systems, NAM has significantly expanded the reach and effectiveness of AYUSH services, particularly in backward, tribal, and underserved regions. The steady growth in funding approvals, infrastructure development, and establishment of Ayushman Arogya Mandirs reflects Kerala's long-term commitment to mainstreaming AYUSH within the public health system.

The wide spectrum of public health programmes—covering musculoskeletal disorders, geriatric care, school health, mobile medical services, palliative care, mental health, women's health, NCD management, sports medicine, and lifestyle promotion—demonstrates the adaptability and relevance of AYUSH systems in addressing contemporary health challenges. Flexipool projects have further enabled the State to respond innovatively to local needs, while strong beneficiary trends indicate increasing public acceptance, service utilisation, and continuity of care.

Equally significant is the emphasis on governance, quality assurance, and digital transformation. Initiatives such as NABH certification, Kayakalp, ERP-based civil works monitoring, medicine procurement software, HR and payroll systems, telemedicine platforms, and payment monitoring systems have enhanced transparency, accountability, and efficiency. Capacity building of AYUSH human resources and structured IEC activities have strengthened institutional performance and community engagement.

Overall, NAM Kerala represents a robust model of integrating traditional systems of medicine into modern public health governance. By combining clinical care, preventive and promotive health strategies, infrastructure strengthening, quality assurance, and digital innovation, the Mission has substantially contributed to improving population health outcomes and advancing the goal of holistic Health and Wellness for all.

Annexures

Annexure 3.3.1: Details of ISM Facilities - Hospital

S I N O	Name of Institution	Stream	Address	Village	Name of Isgd	Type of Isgd (Corporation Municipality Panchayath)	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban Rural
1	DAH PALAKKAD	Ayurveda	Near Headpost Office Palakkad 678001	Palakkad	District Panchayath Palakkad	District panchayath	Palakkad	Palakkad	Palakkad	Palakkad	Urban
2	GAH THENKARA	Ayurveda	Govt Ayurveda Hospital Thenkara Pin 678582	Thenkara	Thenkara	Panchayath	Mannarkkad		Mannarkkad	Palakkad	Rural
3	GAH THATHAMA NGALAM	Ayurveda	Govt Ayurveda Hospital Thathamangalam	Thathamangalam	Chittur-Thathamangalam	Municipality	Chittur		Chittur	Alathur	Urban

Annexure 3.3.1: Details of ISM Facilities - Dispensary

S I N O	Name of Institution	Stream	Address	Village	Name of Isgd	Type of Isgd (Corporation Municipality Panchayath)	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban Rural
1	GAD AKATHEETHA RA	Ayurveda	Akathethara P.O. Palakkad 678008	Akathethara	Akathethara	Panchayath	Malampuzha		Malampuzha	Palakkad	Rural
2	GAD ALANALLUR	Ayurveda	Alanallur PO, Palakkad 678601	Alanallur	Alanallur	Panchayath	Mannarkkad		Mannarkkad	Palakkad	Rural
3	GAD ALATHUR	Ayurveda	Alathur P O , Pin :678541	Alathur	Alathur	Panchayath	Alathur		Alathur	Alathur	Rural
4	GAD ANAKKARA	Ayurveda	Anakkara P.O ,	Anakkara	Anakkara	Panchayath	Thrithala		Thrithala	Ponnani	Rural

5	GAD ANANGANADI	Ayurveda	PIN-679551	Anangandi	Anangandi	Panchayath	Ottappalam	Shoranur	Palakkad	Rural
6	GAD ARIYUR	Ayurveda	,Ariyoor P O, Kombam Pin 678583	Kottoppadam	Kottoppadam	Panchayath	Mannarkad	Mannarkad	Palakkad	Rural
7	GAD AYILUR	Ayurveda	Ayilur PO Ayilur Pin 678510	Ayilur	Ayilur	Panchayath	Nemmara	Nemmara	Alathur	Rural
8	GAD CHALISSERY	Ayurveda	Chalissery PO Pattambi. Palakkad	Chalissery	Chalissery	Panchayath	Thrithala	Thrithala	Ponni	Rural
9	GAD CHERPULASSERY	Ayurveda	Cherpulassery P.O. Palakkad. 679503	Cherpulassery	Cherpulassery	Municipality	Cherpulassery	Shornur	Palakkad	Urban

10	GAD ELAPPULLY	Ayur veda	Thenari PO, Palakkad. 678622	Elappully	Elappully	Elavanche ry	Pancha yath	Chittoor		Malam puzha	Palakk ad	Rur al
11	GAD ELAVANCHE RY	Ayur veda	Anangattiri PO. 678506	Elavanche ry	Elavanche ry	Elavanche ry	Pancha yath	Nemmara		Nem ara	Alathu r	Rur al
12	GAD ERIMAYUR	Ayur veda	Erimayur P.O, Palakkad	Erimayur	Erimayur	Erimayur	Pancha yath	Alathur		Alathu r	Alathu r	Rur al
13	GAD ERUTHEMPA THY	Ayur veda	Rvp Pudur PO Palakkad 678555	Eruthenpa thy	Eruthenpa thy	Eruthenpa thy	Pancha yath	Chittur		Chittur	Alathu r	Rur al
14	GAD KADAMPAZ HIPURAM	Ayur veda	Ummanazhi P.O Palakkad 678632	Kadampaz hipuram	Kadampaz hipuram	Kadampaz hipuram	Pancha yath	Sreekrish napuram		Ottapp alam	Palakk ad	Rur al
15	GAD KANJIKODE	Ayur veda	Pudussery P.O, Palakkad 678623	Pudussery	Pudussery	Pudussery	Pancha yath	Malampuz ha		Malam puzha	Palakk ad	Rur al

16	GAD KANNADI	Ayur veda	Parakkulam, Kannadi	Kannadi	Kannambra	Kannadi	Kannambra	Panchayath	Alathur	Kuzhalmannam		Palakkad	Tarur	Palakkad	Alathur	Rural
17	GAD KANNAMBRA	Ayur veda	Near PHC Building, Kannambra P.O, Palakkad 678686	Kannambra	Kannambra	Kannambra	Kannambra	Panchayath	Alathur	Kuzhalmannam		Palakkad	Tarur	Palakkad	Alathur	Rural
18	GAD KAPPUR	Ayur veda	Kozhikkara, Kumaranellur P O, Palakkad, 679950	Kappur	Kappur	Kappur	Kappur	Panchayath	Thrithala	Kuzhalmannam		Palakkad	Thrithala	Palakkad	Ponni	Rural
19	GAD KARAKURUSI	Ayur veda	Vazhamburam P.O, Palakkad-678595	Karakurusi	Karakurusi	Karakurusi	Karakurusi	Panchayath	Sreekrishnapuram	Kuzhalmannam		Palakkad	Kongad	Palakkad	Palakkad	Rural
20	GAD KIZHUR	Ayur veda	Thrikkadeeri PO, Palakkad 679502	Thrikkadeeri	Thrikkadeeri	Thrikkadeeri	Thrikkadeeri	Panchayath	Ottappalam	Kuzhalmannam		Palakkad	Shornur	Palakkad	Palakkad	Rural

2 1	GAD KODUMBU	Ayur veda	Kodumba PO Palakkad	Kodumbu	Kodumbu	Kodumbu	Kodumbu	Pancha yath	Malampuz ha	Malam puzha	Palakk ad	Rur al
2 2	GAD KODUVAYUR	Ayur veda	Koduvayur, Kakkayur PO Palakkad 678512	Koduvayur	Koduvayur	Koduvayur	Koduvayur	Pancha yath	Kollengod e	Nemm ara	Alathu r	Rur al
2 3	GAD KOLLENGOD E	Ayur veda	Sub Treasury(OI d), Chikkanamp ara, Pollachi Road, Kollengode 678506	Kollenkodie	Kollenkodie	Kollenkodie	Kollenkodie	Pancha yath	Kollengod e	Nemm ara	Alathu r	Rur al
2 4	GAD KOPPAM	Ayur veda	Pulasseri PO, Palakkad,67 9307	Koppam	Koppam	Koppam	Koppam	Pancha yath	Pattambi	Pattam bi	Palakk ad	Rur al

25	GAD KORANCHIRA	Ayur veda	Koranchira PO Koranchira, Palakkad	Kizhakkanchery	Kizhakkanchery	Panchayath	Alathur		Alathur	Alathur	Rural
26	GAD KOTHACHIRA	Ayur veda	Kothachira P.O Pin-679535	Nagalassery	Nagalassery	Panchayath	Thrithala		Thrithala	Ponni	Rural
27	GAD KOTTAYI	Ayur veda	Kottayi P.O 678572	Kottayi	Kottayi	Panchayath	Kuzhalmanam		Tarur	Alathur	Rural
28	GAD KOTTEKKAD	Ayur veda	Kottekkad PO 678732	Marutharad	Marutharad	Panchayath	Malampuzha		Malam puzha	Palakkad	Rural
29	GAD KOZHINJAMPARA	Ayur veda	Palaniyarpal ayam PO Kozhinjampara	Kozhinjampara	Kozhinjampara	Panchayath	Chittur		Chittur	Alathur	Rural
30	GAD KULUKKALLUR	Ayur veda	Kulukkallur PO Pin 679337	Kulukkallur	Kulukkallur	Panchayath	Pattambi		Pattambi	Palakkad	Rural

3 1	GAD KUMARAMP UTHUR	Ayur veda	Banglavu Padi, MES College PO, Kumaram Puthur. Pin:678583	Kumaram puthur	Kumaram puthur	Pancha yath	Mannarka nd		Manna rkad	Palakk ad	Rur al
3 2	GAD KUTTANASS ERY	Ayur veda	Kuttanasser y PO Kuttanasser y	Vellinezhi	Vellinezhi	Pancha yath	Sreekrish napuram		Shornu r	Palakk ad	Rur al
3 3	GAD KUZHALMAN NAM	Ayur veda	GP Office Building Kuzhalmann am	Kuzhalma nnam	Kuzhalma nnam	Pancha yath	Kuzhalma nnam		Alathu r	Alathu r	Rur al
3 4	GAD MALAMPUZ HA	Ayur veda	Malampuzh a, Anakkal P.O Palakkad - 678651	Malampuz ha	Malampuz ha	Pancha yath	Malampuz ha		Malam puzha	Palakk ad	Rur al

35	GAD MANKARA	Ayur veda	Mankurissi P.O Mankara, Palakkad - 678613	Mankara	Mankara	Mankara	Panchayath	Palakkad		Kongad	Palakkad	Rural
36	GAD MANNARKKAD	Ayur veda	Mannarkkad Po,678582	Mannarkkad	Mannarkkad	Mannarkkad	Municipality	Mannarkkad		Mannarkkad	Palakkad	Rural
37	GAD MANNUR	Ayur veda	Kizhakkumpuram Mannur PO, 678642	Mannur	Mannur	Mannur	Panchayath	Palakkad		Kongad	Palakkad	Rural
38	GAD MATHUR	Ayur veda	Agraharam Po Pin-678571	Mathur	Mathur	Mathur	Panchayath	Kuzhalmannam		Palakkad	Palakkad	Rural
39	GAD MELARCODE	Ayur veda	Kiliyallur, Melarcode Pin 678703	Melarkode	Melarkode	Melarkode	Panchayath	Nemmara		Alathur	Alathur	Rural
40	GAD MULANJUR	Ayur veda	Mulanjur P.O Pin-679511	Lekkidi-Perur	Lekkidi-Perur	Lekkidi-Perur	Panchayath	Ottapalam		Ottapalam	Palakkad	Rural

4 1	GAD MUNDUR	Ayur veda	Mundur Post-67859	Mundur	Mundur	Mundur	Pancha yath	Palakkad		Malam puzha	Palakk ad	Rur al
4 2	GAD MURIYANKA NNI	Ayur veda	Chethalloor PO Pin:678583	Thachanat tukara	Thachanat tukara	Thachanat tukara	Pancha yath	Mannarkk ad		Ottapp alam	Palakk ad	Rur al
4 3	GAD MURUKKUM PATTA	Ayur veda	Chunangad PO Pin 679511	Ambalapp ara	Ambalapp ara	Ambalapp ara	Pancha yath	Ottappala m		Ottapp alam	Palakk ad	Rur al
4 4	GAD MUTHALAM ADA	Ayur veda	Meenkara PO Muthalamad a, Palakkad	Muthalam ada	Muthalam ada	Muthalam ada	Pancha yath	Kollengod e		Nemm ara	Alathu r	Rur al
4 5	GAD MUTHUTHA LA	Ayur veda	Kodumunda PO Pattambi alakkad	Muthuthal a	Muthuthal a	Muthuthal a	Pancha yath	Pattambi		Pattam bi	Palakk ad	Rur al
4 6	GAD	Ayur veda	Nallepilly PO	Nallepilly	Nallepilly	Nallepilly	Pancha yath	Chittur		Chittur	Alathu r	Rur al

57	GAD PERUMATTY	Ayurveda	Perumatty Vilayodi PO, Palakkad 678103	Perumatti	Perumatti	Perumatti	Panchayath	Chittur	Chittur	Alathur	Rural
58	GAD PERUVEMBA	Ayurveda	05/101 Gramam Road, Peruvemba Pin.678531	Peruvemba	Peruvemba	Peruvemba	Panchayath	Kollengode	Chittur	Alathur	Rural
59	GAD PIRAYIRI	Ayurveda	Pirayiri, Kodunthirappully PO Pin 678004	Pirayiri	Pirayiri	Pirayiri	Panchayath	Palakkad	Palakkad	Palakkad	Rural
60	GAD POMBRA	Ayurveda	Pombra PO, Palakkad-678595	Karimpuzha	Karimpuzha	Karimpuzha	Panchayath	Sreekrishnapuram	Ottapalam	Palakkad	Rural
61	GAD PUDUSSERY	Ayurveda	Pampampallam PO Palakkad 678621	Pudusseri	Pudusseri	Pudusseri	Panchayath	Malampuzha	Malampuzha	Palakkad	Rural
62	GAD	Ayurveda	Kattukulam South PO	Pookotukavu	Pookotukavu	Pookotukavu	Panchayath	Sreekrishnapuram	Ottapalam	Palakkad	Rural

68	GAD THACHAMPARA	Ayurveda	Thachampara PO 678593	Thachampara	Thachampara	Panchayath	Mannarkkadam		Kongad	Palakkad	Rural
69	GAD THAVALAM	Ayurveda	Kavundikkal PO Agali Pin.678581	Kallamala	Agali	Panchayath	Attappady		Mannarkkad	Palakkad	Rural
70	GAD THIRUMITTACODE	Ayurveda	Nellikattiri PO Pin 697533	Thirumittakode	Thirumittakode	Panchayath	Thrithala		Thrithala	Ponnani	Rural
71	GAD THIRUVEGA PPURA	Ayurveda	Thiruvegappura PO Palakkad-679304	Thiruvegappura	Thiruvegappura	Panchayath	Pattambi		Pattambi	Palakkad	Rural
72	GAD THOLANUR	Ayurveda	Kuthannur - LI, Tholanur 678722	Kuthannur	Kuthannur	Panchayath	Kuzhalmanam		Tarur	Alathur	Rural
73	GAD THRITHALA	Ayurveda	Nhangattiri PO	Thrithala	Thrithala	Panchayath	Thrithala		Thrithala	Ponnani	Rural

7 4	GAD VADAKARAP ATHI	Ayur veda	Thrithala 70303	Kozhipara PO Velanthaval am Vadakarapa thy	Vadakarap pathy	Vadakarap pathy	Pancha yath	Chittur	Chittur	Alathu r	Rur al
7 5	GAD VADAVANNU R	Ayur veda	Phc Building .Vadavannu r	Phc Building .Vadavannu r	Vadavann ur	Vadavann ur	Pancha yath	Kollengod e	Nemm ara	Alathu r	Rur al
7 6	GAD VALLAPPUZ HA	Ayur veda	Vallapuzha P.O Vallapuzha, 679336	Vallapuzha P.O Vallapuzha, 679336	Vallapuzha	Vallapuzha	Pancha yath	Ottappala m	Pattam bi	Palakk ad	Rur al
7 7	GAD VANDAZHI	Ayur veda	Panthappar ambu Mudappallu r PO Palakkad	Panthappar ambu Mudappallu r PO Palakkad	Vandazhi	Vandazhi	Pancha yath	Nemmara	Alathu r	Alathu r	Rur al

7 8	GAD VANIYAMKU LAM	Ayur veda	Panayoor, Vaniyamkul am, 679522	Vaniyamk ulam	Vaniyamk ulam	Vaniyamk ulam	Pancha yath	Ottappala m	Shornu r	Palakk ad	Rur al
7 9	GAD VELLARAMK UNNU	Ayur veda	Pottassery PO Pin 678598	Kanjirapp uzha	Kanjirapp uzha	Kanjirapp uzha	Pancha yath	Mannarkk ad	Konga d	Palakk ad	Rur al
8 0	GAD VILAYANCHA THANUR	Ayur veda	Thenkurissi PO Pin 678671	Thenkurus si	Thenkurus si	Thenkurus si	Pancha yath	Kuzhalma nnam	Alathu r	Alathu r	Rur al
8 1	GAD VILAYUR	Ayur veda	,Vilayur PO, 679309Pin	Vilayur	Vilayur	Vilayur	Pancha yath	Pattambi	Palakk ad	Patta mbi	Rur al

Annexure 3.1.3 District Ayurveda Store

Sl No	Name of Institution	Stream	Address	Village	Name of Isgd	Type of Isgd (Corporation/Municipality/Panchayath)	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban / Rural
1	DAS PALAKKAD	Ayurveda	Near Headpost Office Palakkad 678001					District Panchayath	Palakkad	Palakkad	Urban

Annexure 3.1.4 Sidha Dispensary

Sl No	Name of Institution	Stream	Address	Village	Name of Isgd	Type of Isgd (Corporation/Municipality/Panchayath)	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban / Rural
1	GSD MANKARA	Ayurveda	R.S Road, Mankara P.O,	Mankara	Mankara	Panchayath	Palakkad		Kongad	Palakkad	Rural

Annexure 3.1.5 Visha Dispensary

Sl No	Name of Institution	Stream	Address	Village	Name of Isgd	Type of Isgd (Corporation/Municipality/Panchayat)	Name of Block Panchayat	District Panchayat Division	LAC	Parliament	Urban/Rural
1	GVVD AYILUR	Ayurveda	Thiruvazhiyad PO Nemmara	Nemmara	Nemmara	Panchayath	Nemmara		Nemmara	Alathur	Rural

Annexure 3.1.6 Tribal Dispensary

Sl No	Name of Institution	Stream	Address	Village	Name of Isgd	Type of Isgd (Corporation/Municipality/Panchayat)	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban/Rural
1	GSD KURIYARK UTTY	Ayurveda	Kuriyark utty PO 678661	Muthala mada	Muthala mada	Panchayath	Kollengode		Nemmara	Alathur	Rural

Annexure 3.1.7 NHM Dispensaries

Sl No	Name of Institution	Stream.	Address	Village	Name of Isgd	Type of Isgd (Corporation/Municipality/Panchayat)	Name of Block Panchayat	District Panchayath Division	LAC	Parliament	Urban/Rural
1	Kannadi	Ayurveda	Kannadi PO 678701	Kannadi	Kannadi	Panchayat	Kuzhalma nnam		Palakkad	Palakkad	
2	Karimba	Ayurveda	Karimba PO 678597	Karimba	Karimba	Panchayat	Mannarkk ad		Kongad	Palakkad	Rural
3	Kavassery	Ayurveda	Kavassery PO Kazhani	Kavassery	Kavassery	Panchayat	Alathur		Tarur	Alathur	Rural

7	Parali	Ayurveda	Parali PO 678612	Parali	Parali	Panchaya th	Palakkad		Kongad	Palakkad	Rural
8	Pattabi	Ayurveda	Civil Station Road Pattambi PO 679303	Pattambi	Pattambi	Municipality	Pattambi		Pattambi	Palakkad	Urban
9	Polppully	Ayurveda	Polppully PO 678552	Polppully	Polppully	Panchaya th	Chittur		Chittur	Alathur	Rural

1	Sholayur	Ayurv eda	Sholayur PO 678581	Sholayur	Sholayur	Sholayur	Panchaya th	Attapady	Mannar kkad	Palakka d	Rura l
0											
1	Thacham	Ayurv eda	Palakkaya m PO 678591	Thacham para	Thacham para	Thacham para	Panchaya th	Mannarkk ad	Kongad	Palakka d	Rura l
1	para										
1	Kuzhalma	Ayurv eda	Nochulli PO	Kuzhalma nnam	Kuzhalma nnam	Kuzhalma nnam	Panchaya th	Alathur	Alathur	Alathur	Rura l
2	nnam		Kuzhalma nnam 678702								

Annexure 3.1.8 Sub Centres

Sl No	Name of Institution	Stream	Address	Village	Name of Isgd	Type of Isgd (Corporation/Municipality/Panchayat)	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban/Rural
1	Akathethara 1	Ayurveda	Kakkani Surya Nagar Akathetha PO 678008	Akathethara	Akathethara	Panchayath	Malampuzha		Malampuzha	Palakkad	Rural
2	Akathethara 2	Ayurveda	Rail Nagar Andimadam Akathethara a PO 678008	Akathethara	Akathethara	Panchayath	Malampuzha		Malampuzha	Palakkad	Rural

3	Ottapalam	Ayurveda		Ottapalam	Lekkidi-Perur			Municipality	Ottapalam		Ottapalam	Alathur	Urban
4	Mulanju	Ayurveda	Mangalam PO 679301	Lekkidi-Perur	Lekkidi-Perur			Panchayath	Ottapalam		Ottapalam	Palakkad	Rural
5	Nellaya	Ayurveda	Narayamangalam PO Mavunvirikadavu 679335	Nellaya	Nellaya			Panchayath	Ottapalam		Shornur	Palakkad	Rural
6	Muthuthala	Ayurveda	Yuvagana Samajam Muthuthala PO	Muthuthala	Muthuthala			Panchayath	Pattambi		Pattambi	Palakkad	Rural

Annexure 3.5 Details of Beneficiaries

3.5.1: Table of Beneficiary details in Hospitals

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	DAH Palakkad	4623	74	50
2	GAH Thenkara	2287	53	30
3	GAH Tarur	1324	37	30
4	GAH Thathamangalam	2091	50	20
5	GAH Vadakkenchery	2005	34	20
6	GAH Ottapalam	3754	48	20
7	GAH Chalavara	1524	10	10
	Average	2515	44	

3.5.2: Table of Beneficiary details in Government ISM Dispensaries

Sl No	Institution Name	Average OPD in a Month
1	GAD Akathethara	1349
2	GAD Alanallur	1231
3	GAD Alathur	1141
4	GAD Anakara	1379
5	GAD Ananganadi	1081
6	GAD Ariyur	1022
7	GAD Ayilur	929
8	GVVD Ayilur	975

9	GAD Chalissery	1279
10	GAD Cherpulassery	1085
11	GAD Elappully	1100
12	GAD Elavanchery	882
13	GAD Erimayur	811
14	GAD Eruthempathy	738
15	GAD Kadampazhippuram	1102
16	GAD Kanjicode	1332
17	GAD Kannadi	941
18	GAD Kannambra	902
19	GAD Kappur	1145
20	GAD Karakurussi	1466
21	GAD Kizhur	810
22	GAD Kodumbu	1449
23	GAD Koduvayur	1140
24	GAD Kollengode	1283
25	GAD Koppam	1050
26	GAD Koranchira	686
27	GAD Kothachira	1235
28	GAD Kottayi	1414
29	GAD Kottekkad	1392
30	GAD Kozhinjampara	936
31	GAD Kulukkallur	1335
32	GAD Kumaramputhur	1302

33	GAD Kuttanassery	783
34	GAD Kuzhalmannam	753
35	GAD Malampuzha	737
36	GAD Mankara	1281
37	GSD Mankara	795
38	GAD Mannarkkad	2090
39	GAD Mannur	729
40	GAD Mathur	1256
41	GAD Melarcode	1054
42	GAD Mulanjur	1357
43	GAD Mundur	1039
44	GAD Muriyankanni	1054
45	GAD Murukkumpatta	1335
46	GAD Muthalamada	735
47	GAD Muthuthala	1096
48	GAD Nalleppilly	893
49	GAD Nedungottur	1272
50	GAD Nelloya	1028
51	GAD Nelliampathi	413
52	GAD Ongallur	1081
53	GAD Othalur	994
54	GAD Pallavoor	785
55	GAD Paloor	625
56	GAD Paruthur	732

57	GAD Pattanchery	1230
58	GAD Peringottukurussi	942
59	GAD Perumatty	834
60	GAD Peruvemba	1157
61	GAD Pirayiri	1300
62	GAD Pombra	1351
63	GAD Pudussery	1484
64	GAD Pookkottukavu	797
65	GAD Puthucode	975
66	GAD Puthunagaram	920
67	GAD Puthuppariyaram	977
68	GAD Sholayur	816
69	GAD Sreekrishnapuram	1150
70	GAD Thachampara	1277
71	GAD Thavalam	1247
72	GAD Thirumittacode	1126
73	GAD Thiruvegappura	1535
74	GAD Tholanur	867
75	GAD Thrithala	1185
76	GAD Vadakarapathi	749
77	GAD Vadavannur	1379
78	GAD Vallappuzha	970
79	GAD Vandazhi	1264
80	GAD Vaniyamkulam	1031

81	GAD Vellaramkunnu	825
82	GAD Vilayanchathanur	1055
83	GAD Vilayur	1148
84	GAD Kuriyarkutty	160
	Average opd	1067

3.5.3: Table of Beneficiary details in APHC dispensaries

Sl No	Ayurveda/Sidha/Unani/Naturopathy	Name Of Institution	Per Month OPD
1	AYURVEDA	KANNADI	1257
2	AYURVEDA	KARIMBA	1299
3	AYURVEDA	KAVASSERY	1107
4	AYURVEDA	KERALASSERY	1006
5	AYURVEDA	KONGAD	1541
6	AYURVEDA	PARALI	1063
7	AYURVEDA	PATTAMBI	1494
8	AYURVEDA	POLPPULLY	1319
9	AYURVEDA	SHOLAYUR	933
10	AYURVEDA	THACHAMPARA	1279
11	UNANI	NALLEPILLY (UNANI)	1130
12	AYURVEDA	KUZHALMANNAM	938
	Total		13236

Annexure 3.8 List of Institutions upgraded as Ayushman Arogya Mandir (AAMA)

Sl no	Name of Institution
1	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Alanallur 678601
2	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Elapully 678622
3	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kadampazhipuram
4	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kothachira 679535
5	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Mannarkad 678582
6	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Mathur 678583
7	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Mulanjur 679511
8	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Muriyankanni 678582
9	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Nedungottoor 679533
10	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Ongalur 679308
11	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Othalur 679534
12	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Perungottukurussi
13	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Peruvembu 678531
14	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pookottukavu 679513
15	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pudukode 678687
16	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Puthuppariyaram
17	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Sreekrishnapuram
18	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thachanpara 678581
19	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thavalam 678581
20	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Cherpulassery 679503
21	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kannambra 678686
22	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kappur 679552
23	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kuttanassery 679503
24	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Malampuzha 678651
25	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Mannur 678642
26	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Mundur 678592
27	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Muthumala 678508
28	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Paloor 679307

29	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pirayiri 678004
30	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pombra 678552
31	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Sholayur 678581
32	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thrithala 679534
33	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Vellaramkunnu 678583
34	AYUSHMAN AROGYA MANDIR AYUSH (SIDDHA) Mankara 678613

Annexure 3.10 List of Institutions and Projects Financial status

Annexure 3.10.1 Health Infrastructure Development-completed civil works

Sl No	Name of Facility	Type of work	Financial Year	Name of Project (NAM/LSGD/MLA/MP/LAD etc)	Approved Amount	Status
	District Ayurveda Hospital, Palakkad	Construction	2018-19	NAM & District Panchayat Palakkad	1,00,00,000/-	Completed
1.	Govt. Ayurveda Dispensary Vilayur-Palakkad District	Upgradation	2023-24	NAM	30,00,000/-	Works under the purview of NAMSAAP completed
2	Govt. Ayurveda Dispensary Muriyankanni	Upgradation	2023-24	NAM	30,00,000/-	Completed
3.	Govt. Ayurveda Dispensary, Puduppariyaram	Construction	2021-22	MLA Fund	50,00,000/-	Completed

4.	Govt. Ayurveda Dispensary, Mannarkkad	Construction	2021-22	LSGD	1,85,00,000	Completed
5.	Govt. Ayurveda Dispensary, Eruthempathy	Construction	2021-22	LSGD	35,61,000	Completed

Annexure 3.10.2: Health Infrastructure Development-Completed Purchase Medicine

Sl No	Name of Facility	Type of work	Financial Year	Name of Project (NAM/LSGD/MLA/MP/LAD etc)	Approved Amount	Status
1.	District Ayurveda Hospital-Palakkad	Medicine Purchase	2024-25	PLAN FUND-Purchase of medicines for all ISM institutions	75,000/-	Completed
				PLAN FUND-Purchase of medicines for Communicable Diseases	10,335/-	Completed
				NON-PLAN FUND-Supply of Term Medicines	2,60,000/-	Completed
2.	Govt. Ayurveda Hospital-Thenkara	Medicine Purchase	2024-25	PLAN FUND-Purchase of medicines for all ISM institutions	66,000/-	Completed
				PLAN FUND-Purchase of	10,335/-	Completed

				medicines for Communicable Diseases		
				NON-PLAN FUND-Supply of Term Medicines	2,20,000/-	Completed
3.	Govt. Ayurveda Hospital-Tharoor	Medicine Purchase	2024 -25	PLAN FUND-Purchase of medicines for all ISM institutions	66,000/-	Completed
				PLAN FUND-Purchase of medicines for Communicable Diseases	10,335/-	Completed
				NON-PLAN FUND-Supply of Term Medicines	2,20,000/-	Completed
4.	Govt. Ayurveda Hospital-Ottappalam	Medicine Purchase	2024 -25	PLAN FUND-Purchase of medicines for all ISM institutions	50,000/-	Completed
				PLAN FUND-Purchase of medicines for Communicable Diseases	10,335/-	Completed
				NON-PLAN FUND-Supply of Term Medicines	1,40,000/-	Completed
5.	Govt. Ayurveda			PLAN FUND-Purchase of	50,000/-	Completed

	Hospital- Thathama ngalam	Medicine Purchase	2024 -25	medicines for all ISM institutions		
				PLAN FUND- Purchase of medicines for Communicable Diseases	10,335/-	Completed
				NON-PLAN FUND- Supply of Term Medicines	1,40,000/ -	Completed
6.	Govt. Ayurveda Hospital- Vadakkan cheri	Medicine Purchase	2024 -25	PLAN FUND- Purchase of medicines for all ISM institutions	50,000/-	Completed
				PLAN FUND- Purchase of medicines for Communicable Diseases	10,335/-	Completed
				NON-PLAN FUND- Supply of Term Medicines	1,40,000/ -	Completed
7.	Govt. Ayurveda Hospital- Chalavara	Medicine Purchase	2024 -25	PLAN FUND- Purchase of medicines for all ISM institutions	46,000/-	Completed
				PLAN FUND- Purchase of medicines for Communicable Diseases	10,335/-	Completed

				NON-PLAN Supply of Medicines	FUND- of Term	1,00,000/ -	Completed
8.	For 82 Govt. Ayurveda Dispensar y	Medicine Purchase	2024 -25	PLAN Purchase of medicines for all ISM institutions	FUND- of	32,80,00 0/- (40,000* 82)	Completed
				PLAN Purchase of medicines for Communicable Diseases	FUND- of for	8,47,470/ - (10,335* 82)	Completed
				NON-PLAN Supply of Medicines	FUND- of Term	59,86,00 0/(73,00 0*82)	Completed
9	Govt. Sidha Vaidya Dispensar y- Mankara	Medicine Purchase	2024 -25	PLAN Purchase of medicines for all ISM institutions	FUND- of	40,000/-	Completed
				PLAN Purchase of medicines for Sidha institutions	FUND- of	2,00,000/ -	Completed
				PLAN Purchase of medicines for Communicable Diseases	FUND- of for	10,335/-	Completed
				NON-PLAN Sidha Medicines	FUND-	15,000/-	Completed

Annexure 3.10.3 Details of Plan projects

Sl No	Name of Project	Type of work	Financial Year	Name of Facility	Approved Amount	Status
1.	Koumarabhritya	Medicine Purchase	2024-25	District Ayurveda Hospital-Palakkad	2,00,000/-	Completed
2.	Manasikarogya	Medicine Purchase	2024-25	District Ayurveda Hospital-Palakkad	2,50,000/-	Completed
3.	Prasoothitana	Medicine Purchase	2024-25	District Ayurveda Hospital-Palakkad	3,00,000/-	Completed
4.	Snehadhara	Medicine Purchase	2024-25	Government Ayurveda Hospital Thenkara	3,00,000/-	Completed
5.	Geriatric care	Medicine Purchase	2024-25	Government Ayurveda Hospital Thenkara	1,50,000/-	Completed
6.	Kalpathi	Medicine Purchase	2024-25	Kalpathy Temperory Ayurveda Dispensary	50,000/-	Completed

Table 3.10.11 Ongoing Civil Works

Sl No	Name of Facility	Type of work	Financial Year	Name of Project (NAM/LSGD/MLA/MP/LAD etc)	Approved Amount	Status
1	Govt. Ayurveda Dispensary Muthalamada	Upgradation	2023-24	NAM	30,00,000/-	Ongoing
2	Govt. Ayurveda Hospital Chalavara	Construction	2023-24	NAM	1,00,00,000/-	Ongoing

3	Govt. Ayurveda Hospital Ottappalam	Construction	2023-24	NAM	1,00,00,000/-	Ongoing
4	Govt. Ayurveda Hospital Vadakkanchery - Palakkad District	Construction	2024-25	NAM	NAM-1,00,00,000/- Vadakkancherry+GP-20,00,000/-	Ongoing
5	50 Bedded Integrated Hospital Attappadi AYUSH	Construction	2022-23	NAM	15,00,00,000/-	Not Started yet
6	District Ayurveda Hospital-Palakkad District	Upgradation	2024-25	NAM	25,00,000/-	Not Started yet
7	Govt. Ayurveda Dispensary, Anakkara	Construction of new building	2020-21	MLA Fund	51,00,000/-	Work Started.
8	Govt. Ayurveda Dispensary, Elavanchery	Construction of new building	2022-23	MLA Fund	62,50,000/-	Ongoing

ANNEXURE 4

Annexure 4.3.1: Details of Homoeopathy Facilities - Hospital

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/Municipality/Panchayath	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban /Rural
1	PALAKKAD DISTRICT HOMEMEOPATHY HOSPITAL : 09H01	Homoeopathy	Palakkad	PALAKKAD CHATHAPURAM KALPATHY PALAKKAD 678003			Panchayath		Palakkad	Palakkad	Palakkad	Rural

Annexure 4.3.2: Details of Homoeopathy Dispensary

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/Municipality/Panchayath	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban/Rural
1	AGALI GOVT HOMOEOPATHY DISPENSARY : 09D01	Homoeopathy	Palakkad	AGALI MUNDANPARA PALAKKAD 678581	AGALI	AGALI	Panchayath	Attappady(IT DP)	Palakkad	Palakkad	Mannarkkad	Rural
2	AKATHETHARA GOVT HOMOEOPATHY DISPENSARY : 09D53	Homoeopathy	Palakkad	BEHIND PANCHAYATH OFFICE, AKATHETHARA, PALAKKAD	AKATHETHARA	AKATHETHARA	Panchayath	Malam puzha	Palakkad	Palakkad	Malam puzha	Rural

3	ALANALLUR RURAL APHC: 09N01	Homeopathy	Palakkad	AYUSH PRIMARY HEALTH CENTRE ALANALLUR PANCHAYATH 678601 PIN PALAKKAD DT	ALANALLUR 1	ALANALLUR	Panchayath	Mannarkkad	Palakkad	Palakkad	Mannarkkad	Rural
4	ALATHUR RURAL HOMEO DISPENSARY: 09D02	Homeopathy	Palakkad	ALATHUR PUTHYANKO M P O PALAKKAD 678545	ALATHUR	ALATHUR	Panchayath	Alathur	Palakkad	Alathur	Alathur	Rural
5	ANAKKARA RURAL HOMEO DISPENSARY: 09D03	Homeopathy	Palakkad	KUDALLUR.PO KUMBIDI(VIA) PALAKKAD 679554	ANAKARA	ANAKKARA	Panchayath	Thrithala	Palakkad	Ponnani	Thrithala	Rural
6	ANANGANADI RURAL HOMEO	Homeopathy	Palakkad	.SAMSKARIKA NILAYAM BUILDING, PANAMANNA.	ANANGANADI	ANANGANADI	Panchayath	Ottappalam	Palakkad	Palakkad	Shornur	Rural

19	KANNAD I GOVT HOMOE O DISPENS ARY : 09D13	Hom oeop athy	Pal akk ad	KANNADI KINASSERI. P.O PALAKKAD 678701	KANNADI 2	KANNADI	Panc haya th	Kuzhal manna m	Pala kkad	Palak kkad	Palak kkad	Rural
20	KANNA MBRA APHC: 09N04	Hom oeop athy	Pal akk ad	AYUSH PHC (HOMEO), KANNAMBRA, PALAKKAD 678686	KANNAM BARA 1	KANNAMBRA	Panc haya th	Alathur	Pala kkad	Alathur	Tarur	Rural
21	KAPPUR GOVT HOMOE O DISPENS ARY : 09D55	Hom oeop athy	Pal akk ad	KAPPUR PO, KANJIRATHAN I, VIA- KUMARANELL UR	KAPPUR	KAPPOOR	Panc haya th	Thritha la	Pala kkad	Ponn ani	Thrit hala	Rural
22	KARAKU RISSI APHC: 09N05	Hom oeop athy	Pal akk ad	APHC HOMOEOPAT HY KARAKURUSSI KARAKURUSSI P O	KARAKU RUSSI	KARAKURISSI	Panc haya th	Sreekri shnapu ram	Pala kkad	Palak kkad	Kong ad	Rural

2	KARANA 3 KKUNNU GOVT HOMOE 0 DISPENS ARY: 09D14	Hom oeop athy	Pal akk ad	AYYAPPANKA VU GHD KARANAKKUN NU POTTESSERY. P.O PALAKKAD 678598	POTTASS ERY 1	KANJIRAPUZHA	Panc haya th	Manna rkad	Pala kkad	Palak kad	Kong ad	Rural
2	KARIMB 4 A GOVT HOMOE 0 DISPENS ARY: 09D15	Hom oeop athy	Pal akk ad	KARIMBA KARIMBA. P.O PALAKKAD 678597	KARIMBA 1	KARIMBA	Panc haya th	Manna rkad	Pala kkad	Palak kad	Kong ad	Rural
2	KARIMP 5 UZHA APHC: 09N06	Hom oeop athy	Pal akk ad	ELAMPULASS ERY PO KARIMPUZHA പാലക്കാട് 678595	KARIMPU ZHA 2	KARIMPUZHA	Panc haya th	Sreekr shnapu ram	Pala kkad	Palak kad	Ottap alam	Rural
2	KAVASS 6 ERY	Hom oeop athy	Pal akk ad	AYUSH PRIMARY HEALTH	KAVASER Y 2	KAVASSERY	Panc haya th	Alathur	Pala kkad	Alath ur	Tarur	Rural

APHC: 09N07																			
27	KERALA SSERY APHC: 09N08	Homeopathy	Palakkad	KERALASSERY PO PALAKKAD	KERALAS SERY	KERALASSERI	Panchayath	Palakkad	Palakkad	Palakkad	Palakkad	Kongad	Rural						
28	KINAVALLUR GOVT HOMOE O DISPENS ARY: 09D16	Homeopathy	Palakkad	KINAVALLUR PARALI.P.O PALAKKAD 678612	PARLI 1	PARLI	Panchayath	Palakkad	Palakkad	Palakkad	Palakkad	Kongad	Rural						
29	KIZHAKKENCHE GOVT HOMOE O DISPENS	Homeopathy	Palakkad	GOVT.HOMOE O.DISPENSAR Y. KIZHAKKENC HERRY, CHERUKUNNA	KIZHAKKENCHE NCHERY 2	KIZHAKKANCHE RY	Panchayath	Alathur	Alathur	Alathur	Alathur	Alathur	Rural						

ARY : 09D17	Hom oeop athy	Pal akk ad	M, ELAVAMPADA M. PO ,PALAKKAD	KODUMB U	KODUMBA	Panc haya th	Malam puzha	Pala kkad	Palak kad	Mala mpuz ha	Rural
3 0 KODUM BU GOVT HOMOE O DISPENS ARY : 09D56	Hom oeop athy	Pal akk ad	KODUMBU GOVT HOMEO DISPENSARY, KATTIRAMKU NNAM, OLASSERY P O, PALAKKAD	KODUVA YOOR 1	KODUVAYUR	Panc haya th	Kolleng od	Pala kkad	Alath ur	Nen mara	Rural
3 1 KODUVA YUR APHC: 09N09	Hom oeop athy	Pal akk ad	AYUSH PRIMARY HEALTH CENTRE, KODUVAYUR GRAMA PANCHAYAT, KODUVAYUR, PALAKKAD	KOLLEN ODE 2	KOLLENGODE	Panc haya th	Kolleng od	Pala kkad	Alath ur	Nen mara	Rural
3 2 KOLLEN GODE GOVT HOMOE O	Hom oeop athy	Pal akk ad	KOLLENGODE KOLLENGODE. P.O PALAKKAD 678506								

36	KOTTOP PADAM GOVT HOMOE O DISPENSARY: 09D21	Homeopathy	Palakkad	KOTTOPPADA M THIRUVIZHA MKUNNU.P.O VIA ALANALLUR MANNARKKAD PALAKKAD	KOTTOPA DAM 1	KOTTOPPADAM	Panchayath	Mannarkkad	Palakkad	Palakkad	Mannarkkad	Rural
37	KOZHINJ AMPARA GOVT HOMOE O DISPENSARY: 09D22	Homeopathy	Palakkad	KOZHINJAMP ARA 8/25 NEAR BUS STAND KOZHINJAMP ARA PO PALAKKAD 678555	VALLIYA VALLAMP ATHY	KOZHINJAMPARA	Panchayath	Chittur	Palakkad	Alathur	Chittur	Rural
38	KULUKK ALLUR APHC: 09N11	Homeopathy	Palakkad	AYUSH NHM PRIMARY HEALTH CENTRE (HOMOE), KULUKKALLUR, VANDUMTHARA, MANNENGOD	KULUKKALLUR	KULUKKALLUR	Panchayath	Pattambi	Palakkad	Palakkad	Pattambi	Rural

39	KUMARA MPUTHU R GOVT HOMOE O DISPENS ARY : 09D57	Hom oeop athy	Pal akk ad	E.P.O, PATTAMBI, PALAKKAD. KUMARAMPU THUR GOVT HOMOE DISPENSARY, NEAR GOVT. LP SCHOOL, VATTAMBALA M P O, KUMARAMPU THUR, PALAKKAD	KUMARA MPUTHU R	KUMARAMPUTH UR	Panc haya th	Manna rkad	Pala kkad	Palak kkad	Mann arkka d	Rural
40	KUTHAN NUR APHC : 09N12	Hom oeop athy	Pal akk ad	APHC(HOMOE OPATHY),KUT HANUR (PO),PALAKKA D DT.	Aala	KUTHANUR	Panc haya th	Kuzhal manna m	Pala kkad	Alath ur	Tarur	Rural
41	KUZHAL MANNA M GOVT HOMOE O DISPENS	Hom oeop athy	Pal akk ad	KUZHALMAN NAM KUZHALMAN NAM PALAKKAD	COYALM ANNAM 2	KUZHALMANNA M	Panc haya th	Kuzhal manna m	Pala kkad	Alath ur	Alath ur	Rural

ARY : 09D23	Hom oeop athy	Pal akk ad	GHD LAKKIDIPERU R ,MANGALAM.P .O, PALAKKAD	MALAMP UZHA 2	LEKKIDI-PERUR	Panc haya th	Ottapp alam	Pala kkad	Palak kad	Ottap alam	Rural
4 2 GOVT HOMOE O DISPENS ARY : 09D24	Hom oeop athy	Pal akk ad	MALAMPUZH A VARANI KADUKKAMK UNNAM.P.O PALAKKAD 678005	MALAMP UZHA 2	MALAMPUZHA	Panc haya th	Malam puzha	Pala kkad	Palak kad	Mala mpuz ha	Rural
4 4 A GOVT HOMOE O DISPENS ARY : 09D26	Hom oeop athy	Pal akk ad	MANKARA MANKURRISSI .P.O PALAKKAD 678613	MANKAR A	MANKARA	Panc haya th	Palakk ad	Pala kkad	Palak kad	Kong ad	Rural

4	MANNA RKKAD GOVT HOMOE O DISPENS ARY : 09D66	Hom oeop athy	Pal akk ad	1ST MILE,PERIMB ADARI P.O,MANNARK KAD	MANNAR KIKAD 1	Mannarkad Municipality	Muni cipal ity			Palak kad	Mann arkka d	Urba n
4	MANNU R GOVT HOMOE O DISPENS ARY : 09D27	Hom oeop athy	Pal akk ad	MANNUR ,KIZHAKKUMP URAM.P.O, PALAKKAD 678642	MANNUR	MANNUR	Panc haya th	Palakk ad	Pala kkad	Palak kad	Kong ad	Rural
4	MANNU R PERIPHE RAL UNIT : 09D27P0 1	Hom oeop athy	Pal akk ad		MANNUR	MANNUR	Panc haya th	Palakk ad	Pala kkad			Rural
4	MARUTH AROAD GOVT HOMOE	Hom oeop athy	Pal akk ad	MARUTHARO AD P.O, BEHIND MALAMPUZH	MARUTH AROD	MARUTHA ROAD	Panc haya th	Malam puzha	Pala kkad	Palak kad	Mala mpuz ha	Rural

5 1	MUNDU R GOVT HOMOE O DISPENS ARY : 09D31	Hom oeop athy	Pal akk ad	MUNDUR P O, PALAKKAD 678592	MUNDUR 1	MUNDUR	Panc haya th	Palakk ad	Pala kkad	Palak kad	Mala mpuz ha	Rural
5 2	MUTHAL AMADA APHC: 09N13	Hom oeop athy	Pal akk ad	APHC HOMOE MUTHALAMA DA PO PALAKKAD - 678507	MUTHAL AMADA 2	MUTHALAMADA	Panc haya th	Kolleng od	Pala kkad	Alath ur	Nen mara	Rural
5 3	MUTHUT HALA APHC: 09N14	Hom oeop athy	Pal akk ad	PERUMUDIYO OR ,PUTHIYAGAT E	MUTHUT HALA	MUTHUTHALA	Panc haya th	Pattam bi	Pala kkad	Palak kad	Patta mbi	Rural
5 4	NAGALA SSERY APHC: 09N15	Hom oeop athy	Pal akk ad	THEKKEVAVA NNOOR PO VAVANNOOR	Aala	NAGALASSERY	Panc haya th	Thriitha la	Pala kkad	Palak kad	Thrit hala	Rural
5 5	NALLEPI LLY APHC: 09N16	Hom oeop athy	Pal akk ad	ANNANTHOD U,NALLEPILLY	NALLEPU LLY	NALLEPILLY	Panc haya th	Chittur	Pala kkad	Alath ur	Chitt ur	Rural

5	NELLAY A GOVT HOMOE O DISPENS ARY : 09D58	Hom oeop athy	Pal akk ad	NELLAYA GOVT HOMOE DISPENSARY, POTTACHIRA, NELLAYA P O, PALAKKAD	NELLAYA	NELLAYA	Panc haya th	Ottapp alam	Pala kkad	Palak kad	Shor nur	Rural
5	NELLIYA MPATHY GOVT HOMOE O DISPENS ARY : 09D32	Hom oeop athy	Pal akk ad	KAIKATTY, NELLIYAMPA THY P O, PALAKKAD 678508	NELLIYA MPATHY	NELLIYAMPATH Y	Panc haya th	Kolleng od	Pala kkad	Alath ur	Nen mara	Rural
5	NENMAR A APHC : 09N17	Hom oeop athy	Pal akk ad	APHC HOMOE NENMARA NENMARA VITHANASSER Y NENMARA 678508	NENMAR A	NENMARA	Panc haya th	Nenma ra	Pala kkad	Alath ur	Nen mara	Rural
5	ONGALL UR APHC : 09N27	Hom oeop athy	Pal akk ad	APHC ONGALLUR PANCHAYATS. KONDURKARA	ONGALLU R 2	ONGALLUR	Panc haya th	Pattam bi	Pala kkad	Palak kad	Patta mbi	Rural

SCPHHC : 09S03	Homoeopathy	Palakkad	MBU PARALI 678611	PARUTHUR PANCHAYATH, KODIKKUNNU 9/53, PALLIPPURA M P. O, PALAKKAD. KERALA.	PATTAMBI	Panc haya th		Pala kkad	Ponn ani	Thrit hala	Rural
63	PARUTHUR APHC : 09N19	Homoeopathy	Palakkad	PARUTHUR PANCHAYATH, KODIKKUNNU 9/53, PALLIPPURA M P. O, PALAKKAD. KERALA.	PARUTHUR	Panc haya th		Pala kkad	Ponn ani	Thrit hala	Rural
64	PATTAMBI GOVT HOMEO DISPENSARY : 09D34	Homoeopathy	Palakkad	NEAR VILLAGE OFFICE,PATTA MBI (P.O),PALAKK AD 679303	Pattambi Municipality	Municipality			Palakkad	Pattambi	Urban
65	PATTANCHERY GOVT HOMEO DISPENSARY	Homoeopathy	Palakkad	PATTANCHERY GOVT HOMEO DISPENSARY, PATTANCHERY P O, PALAKKAD	PATTANCHERY	Panc haya th	Chittur	Pala kkad	Alathur	Chittur	Rural

ARY : 09D59	Hom oeop athy	Pal akk ad	PATTITHARA THALAKKASS ERI. P.O THRITHALA(V IA) PALAKKAD 679538	PATTITH ARA	PATTITHARA	Panc haya th	Thritha la	Pala kkad	Ponn ani	Thrit hala	Rural
6 6 GOVT HOMOE O DISPENS ARY : 09D35	Hom oeop athy	Pal akk ad	PERINGOTTU KURISSI PARUTHIPPUL LY.P.O PALAKKAD- 678573	PERUKOT UKURUSS I 1	PERINGOTTUKU RISSI	Panc haya th	Kuzhal manna m	Pala kkad	Alath ur	Tarur	Rural
6 8 GOVT HOMOE O	Hom oeop athy	Pal akk ad	GOVERNMENT HOMOE DISPENSARY PERUMATTY ALAYAR	PERUMA TTY	PERUMATTY	Panc haya th	Chittur	Pala kkad	Alath ur	Chittur	Rural
ARY : 09D36	Hom oeop athy	Pal akk ad	PERUMATTY GOVT HOMOE O	PERUMA TTY	PERUMATTY	Panc haya th	Chittur	Pala kkad	Alath ur	Chittur	Rural

	DISPENSARY : 09D60	Homeopathy		VANDITHAVAN LAM PO CHITTUR															
69	PERUVE MBA GOVT HOMOEO DISPENSARY : 09D37	Homeopathy	Palakkad	CHUNGAM, PERUVEMBU(PO), PALAKKAD		PERUVEMBA	Panchayath	Kollengod	Palakkad	Alathur	Chittur	Rural							
70	PIRAYIRI GOVT HOMOEO DISPENSARY : 09D38	Homeopathy	Palakkad	GOVT.HOMEO DISPENSARY PIRAYIRI,HEALTH COMPLEX BUILDING, KODUNTHIRAPULLY P O, PALAKKAD 678004		PIRAYIRI	Panchayath	Palakkad	Palakkad	Palakkad	Palakkad	Rural							
71	POLPULLY GOVT HOMOEO	Homeopathy	Palakkad	POLPULLY ,POLPULLY(PO)PALAKKAD ,678552		POLPULLY	Panchayath	Chittur	Palakkad	Alathur	Chittur	Rural							

DISPENSARY : 09D39	Homoeopathy	Palakkad	MUNNURCOD EPO,VAZHOOOR	POOKOTTUKAVU	POOKKOTTUKA VU	Panchayath	Sreekrishnam	Palakkad	Ottapalam	Rural
720 DISPENSARY : 09D61	Homoeopathy	Palakkad	APHC HOMEODISPENSARY PUTHUNAGARAM GRAMA PANCHAYAT PUTHUNAGARAM PALAKKAD	Aala	PUDUNAGARAM	Panchayath	Kollod	Palakkad	Nenmara	Rural
740 DISPENSARY : 09N20	Homoeopathy	Palakkad	PUDUPARIYAR RAM . INDUSTRIAL ESTATE(PO) 678731		PUDUPARIYAR AM	Panchayath	Malampuzha	Palakkad	Malampuzha	Rural

ARY : 09D40	Hom oeop athy	Pal akk ad	PUDUR MELEUMMAT HUMPADI PUDUR.P.O AGALI (VIA) PALAKKAD 678741	PUTHUR	PUDUR	Panc haya th	Attapp ady(IT DP)	Pala kkad	Palak kad	Mann arkka d	Rural
7 5 0 DISPENS ARY : 09D41	Hom oeop athy	Pal akk ad	PUDUSSERY WALAYAR DAM CHANDRAPUR AM.P.O PALAKKAD 678524	PUDUSSE RY EAST	PUDUSSERRI	Panc haya th	Malam puzha	Pala kkad	Palak kad	Mala mpuz ha	Rural
7 7 0 DISPENS ARY : 09D43	Hom oeop athy	Pal akk ad	PULLODE ERIMAYUR.P. O PALAKKAD 678545	ERIMAYU R 2	ERIMAYOOR	Panc haya th	Alathur	Pala kkad	Alath ur	Alath ur	Rural

78	PUTHUKODE GOVT HOMOEODISPENSARY, HOMOEODISPENSARY : 09D44	Homeopathy	Palakkad	GOVT HOMOEODISPENSARY, PUTHUCODE, MANAPPADAMP O, PUTHUCODE	SHOLAYUR	SHOLAYUR PETTIKKAL SHOLAYUR.P. O PALAKKAD 678581	SHOLAYUR	SHOLAYUR	PUTHUKODE	Panchayath	Alathur	Palakkad	Palakkad	Alathur	Tarur	Rural
79	SHOLAYUR GOVT HOMOEODISPENSARY : 09D45	Homeopathy	Palakkad	SHOLAYUR PETTIKKAL SHOLAYUR.P. O PALAKKAD 678581	SHOLAYUR	SHOLAYUR PETTIKKAL SHOLAYUR.P. O PALAKKAD 678581	SHOLAYUR	SHOLAYUR	SHOLAYUR	Panchayath	Attappady(IT DP)	Palakkad	Palakkad	Attappady(IT DP)	Manarkkad	Rural
80	SHORNU R GOVT HOMOEODISPENSARY : 09D62	Homeopathy	Palakkad	SHORNU R GOVT HOMOEODISPENSARY, 1ST FLOOR, BUS STAND COMPLEX, SHORNU, PALAKKAD	SHORNU	SHORNU R GOVT HOMOEODISPENSARY, 1ST FLOOR, BUS STAND COMPLEX, SHORNU, PALAKKAD	SHORNU	SHORNU	Shornur Municipality	Municipality		Palakkad	Palakkad		Ottapalam	Urban

8 1	SREEKRI SHNAPU RAM APHC: 09N21	Hom oeop athy	Pal akk ad	AYUSH PRIMARY HEALTH CENTRE [HOMEO] SREEKRISHNA PURAM P O SREEKRISHNA PURAM PALAKKAD	SREEKRIS HNAPUR AM 1	SREEKRISHNAP URAM	Panc haya th	Sreecri shnapu ram	Pala kkad	Palak kad	Rural
8 2	TARUR APHC: 09N23	Hom oeop athy	Pal akk ad	THODUKAADU , THONIPADAM , VAVULYAPUR AM (PO)	TARUR 2	TARUR	Panc haya th	Alathur	Pala kkad	Alath ur	Rural
8 3	THACHA MPARA APHC: 09N22	Hom oeop athy	Pal akk ad	13/287; THEKUMPURA M; THACHAMPAR A	THACHA MPARA	THACHAMPARA	Panc haya th	Manna rkad	Pala kkad	Palak kad	Rural
8 4	THACHA NATTUK ARA	Hom oeop athy	Pal akk ad	AYUSH HOMEO: PHC , THACHANAT TUKARA GRAMAPANCH	THACHA NATTUK ARA 1	THACHANATTU KARA	Panc haya th	Manna rkad	Pala kkad	Palak kad	Rural

APHC : 09N28	Hom oeop athy	Pal akk ad	AYATH, NATTUKAL POST, THACHANATT UKARA	MANNAR KKAD 2	THENKARA	Panc haya th	Manna rkad	Pala kkad	Palak kad	Mann arkka d	Rural
8 5 THENKA RA APHC : 09N24			APHC HOMEO THENKARA, THENKARA POST, MANNARKKA D II, PALAKKAD								
8 6 THENKU RISSI GOVT HOMOE O DISPENS ARY : 09D46	Hom oeop athy	Pal akk ad	PERINKUNNA M P O, KUZHALMAN NAM VIA, PALAKKAD 678702	THENKU RUSSI 2	THENKURISSI	Panc haya th	Kuzhal manna m	Pala kkad	Alath ur	Alath ur	Rural
8 7 THIRUM ITTAKO DE GOVT HOMOE O	Hom oeop athy	Pal akk ad	THIRUMITTA KODE, THIRUMITTA KODE P O PATTAMBI	THIRUMI TTAKODE 1	THIRUMITTAKO DE	Panc haya th	Thritha la	Pala kkad	Ponn ani	Thrit hala	Rural

DISPENSARY : 09D47	Homoeopathy	Palakkad		PALAKKAD 679 533	THIRUVEGAPURA	THIRUVEGAPURA	THIRUVEGAPPURA	Panchayath	Pattambi	Palakkad	Pattambi	Rural
8880	THIRUVEGAPPURA GOVT HOMOEOPATHY DISPENSARY : 09D48	Homoeopathy	Palakkad	THIRUVEGAPPURA KAIPPURAMP O PALAKKAD 679308	THIRUVEGAPURA	THIRUVEGAPURA	THIRUVEGAPPURA	Panchayath	Pattambi	Palakkad	Pattambi	Rural
89	THRIKKADEERI APHC : 09N25	Homoeopathy	Palakkad	TRIKKADEERI GRAMA PANCHAYATH, THRIKKADEERI PO	THRIKKADEERI	THRIKKADEERI	THRIKKADEERI	Panchayath	Ottalam	Palakkad	Shorur	Rural
90	THRITHALA PANAMPATTA SCPHHC : 09S02	Homoeopathy	Palakkad	SCP HOMOEOPATHY CENTRE PANAMBATA THRITHALA PALAKKAD	Aala	THRITHALA	THRITHALA	Panchayath	Thrithala	Palakkad	Ponnani	Rural

9 1	VADAKA RAPPAT HI GOVT HOMOE O DISPENS ARY : 09D63	Hom oeop athy	Pal akk ad	PARISAKKAL PO.678556,PA LAKKAD	VADAKA RAPATHY	VADAKARAPAT HY	Panc haya th	Chittur	Palakkad	Alathur	Chittur	Rural
9 2	VADAKK ENCHER Y GOVT HOMOE O DISPENS ARY : 09D49	Hom oeop athy	Pal akk ad	VADAKKENCH ERY VADAKKENCH ERY P.O PALAKKAD 678683	VADAKE NCHERY 1	VADAKKENCHE RY	Panc haya th	Alathur	Palakkad	Alathur	Tarur	Rural
9 3	VADAVA NNUR GOVT HOMOE O DISPENS ARY : 09D67	Hom oeop athy	Pal akk ad	VADAVANNUR GRAMA PANCHAYATH, VADAVANNUR , PALAKKAD	VADAVA NNUR	VADAVANNUR	Panc haya th	Kolleng od	Palakkad	Alathur	Nen mara	Rural

94	VALLAPUZHA GOVT HOMOEO DISPENSARY : 09D50	Homeopathy	Palakkad	VALLAPUZHA, KURUVATTUR .P.O PALAKKAD 679336	VANDAZHI 2	VANDAZHI	VALLAPUZHA	Panchayath	Ottappalam	Palakkad	Palakkad	Pattambi	Rural
95	VANDAZHI APHC : 09N26	Homeopathy	Palakkad	MUDAPPALLU R P O, VANDAZHI	VANDAZHI 2	VANDAZHI	VALLAPUZHA	Panchayath	Nenmara	Palakkad	Alathur	Alathur	Rural
96	VANIYAMKULAM GOVT HOMOEO DISPENSARY : 09D51	Homeopathy	Palakkad	VANIYAMKULAM, VANIYAMKULAM P.O,PALAKKAD DT, PIN-679522	VANIYAMKULAM 1	VANIYAMKULAM	VANIYAMKULAM	Panchayath	Ottappalam	Palakkad	Palakkad	Shorumur	Rural
97	VEETTIKAD GOVT HOMOEO DISPENSARY	Homeopathy	Palakkad	GOVT.HOMOEO DISPENSARY VEETTIKAD THEKKUMURI. P.O,	CHERPULASSERY	CHERPULASSERY	Cherpulassery Municipality	Municipality			Palakkad	Shorumur	Urban

ARY : 09D52	Hom oeop athy	Pal akk ad	CHERPULASSE RY, PALAKKAD- 679506	VELLENE ZHI	VELLINEZHI	Panc haya th	Sreekri shnapu ram	Pala kkad	Palak kad	Shor nur	Rural
9 8	VELLINE ZHI GOVT HOMOE O DISPENS ARY : 09D64		VELLINEZHI GOVT HOMOE DISPENSARY, VELLINEZHI GRAMA PANCHAYATH, KULAKKAD P O, PALAKKAD	VILAYUR	VILAYUR	Panc haya th	Pattam bi	Pala kkad	Palak kad	Patta mbi	Rural
9 9	VILAYOO R GOVT HOMOE O DISPENS ARY : 09D65	Hom oeop athy	Pal akk ad	VILAYUR	VILAYOOR GOVT HOMOE DISPENSARY, KOORACHIPP ADI, VILAYOOR WEST P O, PALAKKAD	Panc haya th	Pattam bi	Pala kkad	Palak kad	Patta mbi	Rural

ANNEXURE 4.5 Beneficiaries**Annexure 4.5.1: Table of Beneficiary details in Hospitals**

Sl. No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	Palakkad District Homoeo Hospital	3360	15	25

Annexure 4.5.2: Table of Beneficiary details in Govt Homoeo Dispensaries

Sl No	Name of office & Code	Average OP
1	Agali Govt Homoeo Dispensary : 09D01	728
2	Alathur GovtHomoeo Dispensary : 09D02	681
3	Anakkara Govt Homoeo Dispensary : 09D03	550
4	AnanganadiGovtHomoeo Dispensary : 09D04	739
5	ChalavaraGovtHomoeo Dispensary : 09D05	724
6	ChalisseryGovtHomoeo Dispensary : 09D06	1,293
7	ChindakkiGovtHomoeo Dispensary : 09D07	389
8	ChitturThathamangalamGovtHomoeo Dispensary : 09D08	569
9	ElappullyGovtHomoeo Dispensary : 09D09	676
10	EruthempathiGovtHomoeo Dispensary : 09D10	453
11	KadamburGovtHomoeo Dispensary : 09D11	889
12	KanjikkodeGovtHomoeo Dispensary : 09D12	551
13	KannadiGovtHomoeo Dispensary : 09D13	627

14	KaranakkunnuGovtHomoeo Dispensary : 09D14	918
15	KarimbaGovtHomoeo Dispensary : 09D15	626
16	KinavallurGovtHomoeo Dispensary : 09D16	459
17	KizhakkencheryGovtHomoeo Dispensary : 09D17	743
18	KollengodeGovtHomoeo Dispensary : 09D18	737
19	KongadGovtHomoeo Dispensary : 09D19	934
20	KoppamGovtHomoeo Dispensary : 09D20	1,238
21	KottoppadamGovtHomoeo Dispensary : 09D21	759
22	KozhinjamparaGovtHomoeo Dispensary : 09D22	832
23	KuzhalmannamGovtHomoeo Dispensary : 09D23	617
24	LakkidiperurGovtHomoeo Dispensary : 09D24	915
25	MalampuzhaGovtHomoeo Dispensary : 09D25	396
26	MankaraGovtHomoeo Dispensary : 09D26	661
27	MannurGovtHomoeo Dispensary : 09D27	645
28	MarutharoadGovtHomoeo Dispensary : 09D28	925
29	MathurGovtHomoeo Dispensary : 09D29	483
30	MelarcodGovtHomoeo Dispensary : 09D30	677
31	MundurGovtHomoeo Dispensary : 09D31	815

32	NelliyampathyGovtHomoeo Dispensary : 09D32	80
33	OttapalamGovtHomoeo Dispensary : 09D33	1,188
34	PattambiGovtHomoeo Dispensary : 09D34	1,041
35	PattitharaGovtHomoeo Dispensary : 09D35	1,101
36	PeringottukurussiGovtHomoeo Dispensary : 09D36	601
37	PeruvembaGovtHomoeo Dispensary : 09D37	553
38	PirayiriGovtHomoeo Dispensary : 09D38	887
39	PolpullyGovtHomoeo Dispensary : 09D39	995
40	PuduppariyaramGovtHomoeo Dispensary : 09D40	782
41	PudurGovtHomoeo Dispensary : 09D41	384
42	PudusseryGovtHomoeo Dispensary : 09D42	552
43	PullodeGovtHomoeo Dispensary : 09D43	1,510
44	PuthukodeGovtHomoeo Dispensary : 09D44	760
45	SholayurGovtHomoeo Dispensary : 09D45	541
46	ThenkurissiGovtHomoeo Dispensary : 09D46	583
47	ThirumittakodeGovtHomoeo Dispensary : 09D47	537
48	ThiruvegappuraGovtHomoeo Dispensary : 09D48	560
49	VadakkencheryGovtHomoeo Dispensary : 09D49	1,470
50	VallapuzhaGovtHomoeo Dispensary : 09D50	598

51	VaniyankulamGovtHomoeo Dispensary : 09D51	951
52	VeettikkadGovtHomoeo Dispensary : 09D52	641
53	AkathetharaGovtHomoeo Dispensary : 09D53	-
54	AyiloorGovtHomoeo Dispensary : 09D54	210
55	KappurGovtHomoeo Dispensary : 09D55	85
56	KodumbuGovtHomoeo Dispensary : 09D56	307
57	KumaramputhurGovtHomoeo Dispensary : 09D57	797
58	NellayaGovtHomoeo Dispensary : 09D58	657
59	PattancheryGovtHomoeo Dispensary : 09D59	49
60	PerumattyGovtHomoeo Dispensary : 09D60	42
61	PookkottukavuGovtHomoeo Dispensary : 09D61	423
62	ShornurGovtHomoeo Dispensary : 09D62	332
63	VadakarappathiGovtHomoeo Dispensary : 09D63	431
64	VellinezhiGovtHomoeo Dispensary : 09D64	307
65	VilayoorGovtHomoeo Dispensary : 09D65	331
66	MannarkkadGovtHomoeo Dispensary : 09D66	369

4.5.3: Table of Beneficiary details in AYUSH PRIMARY HEALTH CENTRE & SCP dispensaries

Sl No	Name Of Institution	Average Monthly Op
1.	AlanallurAyush Primary Health Centre	1652
2.	ElevancheryAyush Primary Health Centre	1166
3.	KadambazhipuramAyush Primary Health Centre	1004
4.	KannambraAyush Primary Health Centre	981
5.	KarakurissiAyush Primary Health Centre	1141
6.	KarimpuzhaAyush Primary Health Centre	1244
7.	KavasseryAyush Primary Health Centre	1145
8.	KeralasseryAyush Primary Health Centre	1078
9.	KoduvayurAyush Primary Health Centre	1238
10.	KottayiAyush Primary Health Centre	1433
11.	KulukallurAyush Primary Health Centre	1453
12.	KuthannurAyush Primary Health Centre	855

13.	MuthalamadaAyush Primary Health Centre	1095
14.	MuthuthalaAyush Primary Health Centre	1656
15.	NagalasseryAyush Primary Health Centre	1482
16.	NallepillyAyush Primary Health Centre	1143
17.	NenmaraAyush Primary Health Centre	1690
18.	PallassanaAyush Primary Health Centre	818
19.	ParuthurAyush Primary Health Centre	1296
20.	PudunagaramAyush Primary Health Centre	1746
21.	SreekrishnapuramAyush Primary Health Centre	1038
22.	ThachamparaAyush Primary Health Centre	742
23.	TarurAyush Primary Health Centre	1099
24.	ThenkaraAyush Primary Health Centre	866
25.	ThrikkadeeriAyush Primary Health Centre	1223
26.	VandazhiAyush Primary Health Centre	928

27.	OngallurAyush Primary Health Centre	1251
28.	ThachanattukaraAyush Primary Health Centre	881
29.	ElappullyNayadiScphhc	1079
30.	ThrithalaPanampattaScphhc	939
31.	ParaliKoothuparambuScphhc	840

Annexure 4.5.3: Table of Beneficiary details in AYUSH PRIMARY HEALTH CENTRE & SCP dispensaries

Sl no	Name of Institution
1	Ayushman Arogya Mandir Ayush (Homoeopathy) Chalissery 679536
2	Ayushman Arogya Mandir Ayush (Homoeopathy) Chindakki 678582
3	Ayushman Arogya Mandir Ayush (Homoeopathy) Chittoor-
4	Ayushman Arogya Mandir Ayush (Homoeopathy) Elappulli 678622
5	Ayushman Arogya Mandir Ayush (Homoeopathy) Eruthanpathy 678555
6	Ayushman Arogya Mandir Ayush (Homoeopathy) Kannadi 678701
7	Ayushman Arogya Mandir Ayush (Homoeopathy) Kinavalloor 679308
8	Ayushman Arogya Mandir Ayush (Homoeopathy) Kizhakkencheri
9	Ayushman Arogya Mandir Ayush (Homoeopathy) Kongad 678631
10	Ayushman Arogya Mandir Ayush (Homoeopathy) Kottoppadam 678583
11	Ayushman Arogya Mandir Ayush (Homoeopathy) Malampuzha 678651
12	Ayushman Arogya Mandir Ayush (Homoeopathy) Marutharod 678007
13	Ayushman Arogya Mandir Ayush (Homoeopathy) Mathur 678583
14	Ayushman Arogya Mandir Ayush (Homoeopathy) Mundur 678592
15	Ayushman Arogya Mandir Ayush (Homoeopathy) Pattithara 679534

16	Ayushman Arogya Mandir Ayush (Homoeopathy) Polpulli 679307
17	Ayushman Arogya Mandir Ayush (Homoeopathy) Puthukkode 678687
18	Ayushman Arogya Mandir Ayush (Homoeopathy) Puthupariyaram
19	Ayushman Arogya Mandir Ayush (Homoeopathy) Thiruvegappuram
20	Ayushman Arogya Mandir Ayush (Homoeopathy) Vadakkencherry

Chapter 5 Annexures

Annexure 5.3.1.1- Details of Medical & Paramedical posts Sanctioned in the District

DESIGNATION	No
SPECIALIST MEDICAL OFFICER	10
MEDICAL OFFICER	29
YOGA INSTRUCTOR	55
MULTI PURPOSE HEALTH WORKER	40
THERAPIST	16
MULTI PURPOSE WORKER	15
PHARMACIST	12
NURSE	7
ATTENDER	6
DATA ENTRY OPERATOR	3
PROJECT CO-ORDINATOR	3
NURSING ASSISTANT	2
YOGA DEMONSTRATOR	2
ACCOUNTING CLERK	1
DISTRICT PROGRAMME MANAGER	1
DISTRICT PROJECT CO-ORDINATOR	1
PHYSIOTHERAPIST	1

Annexure 5.5.1. - Details of completed and ongoing work list

SL No.	SAAP yr	Institution type	Department	Institution name	Amount
1	2016-17	Dispensary	Homoeopathy	Govt. Homoeopathy Dispensary Parali	₹ 17,27,000.00
2	2017-18	Dispensary	Homoeopathy	Govt. Homoeopathy Dispensary Kannadi	₹ 2,30,000.00
3	2018-19	Hospital	ISM	Govt. Ayurveda Hospital Thathamangalam	₹ 30,00,000.00
4	2018-19	Hospital	ISM	District Ayurveda Hospital Palakkad	₹ 75,00,000.00
5	2018-19	Hospital	ISM	Govt. Ayurveda Hospital Tharoor	₹ 56,50,000.00
6	2023-24	Dispensary	ISM	Govt. Ayurveda Dispensary Muriyanganni	₹ 30,00,000.00
7	2023-24	Dispensary	ISM	Govt. Ayurveda Dispensary Vilayur	₹ 30,00,000.00
8	2016-17	Dispensary	Homoeopathy	Govt. Homoeopathy Dispensary Parali	₹ 17,27,000.00

Ongoing Works

SL No.	Workname	SAAP Yr	Approval Amount	Agency	Expected date of Completion	Physical Progress
1	Construction of Govt. Ayurveda Dispensary Pinangode	2024-25	₹ 3,000,000.00	M/s KSHB	27.03.2026	Ongoing

2	Upgradation of Govt. Ayurveda Hospital Aroor	2024-25	₹ 4,000,000.00	M/s KHRWS	26.04.2026	Ongoing
3	Construction of Govt. Ayurveda Dispensary Attipra	2024-25	₹ 3,000,000.00	M/s KESNIK	22.12.2025	Ongoing
4	Construction of Govt. Homoeopathy Dispensary Chittattukara	2024-25	₹ 3,000,000.00	M/s SILK	15.06.2026	Ongoing
5	Construction of Govt. Homoeopathy Dispensary Mulanthuruthy	2024-25	₹ 3,000,000.00	M/s SILK	09.06.2026	Ongoing
6	Construction of Govt. Homoeopathy Dispensary Sooranad North	2023-24	₹ 3,000,000.00	M/s KESNIK	17.06.2026	Ongoing
7	Construction of Govt. Ayurveda Dispensary Cherukavu	2024-25	₹ 4,000,000.00	M/s HLL	06.07.2026	Ongoing
8	Construction of 10 Bedded Integrated AYUSH Hospital Adoor	2022-23	₹ 75,000,000.00	M/s WAPCOS	16.04.2027	Ongoing

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