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AYUSH @ MALAPPURAM



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**Health and Family Welfare & AYUSH Department
Government of Kerala**

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KERALA.HEALTH



MESSAGE



GOVERNMENT OF KERALA

Pinarayi Vijayan

CHIEF MINISTER

No. 250/Press/CMO/26

26 February, 2026

MESSAGE

The health and well-being of the people of Kerala have always been at the centre of the Government's development agenda. Alongside the achievements of modern medicine, Kerala's strong tradition of Indian Systems of Medicine and Homoeopathy continues to play a vital role in promoting preventive, promotive, and holistic healthcare. Strengthening AYUSH services is therefore integral to our vision of inclusive, people-centred, and sustainable health systems.

The District AYUSH documentation is an important initiative that informs the status and performance of AYUSH services at the district level. By systematically presenting information on institutions, human resources, service delivery, and programme implementation, this document provides a clear understanding of how AYUSH systems contribute to improving population health, particularly in primary care, lifestyle disease management, geriatric care, and community wellness.

Kerala's public health experience demonstrates that strong outcomes are achieved through a balanced approach that combines curative care with prevention, health promotion, and community participation. AYUSH institutions, especially at the grassroots level, have been instrumental in expanding access to affordable healthcare and strengthening wellness-oriented interventions. The collective efforts of the Departments of Indian Systems of Medicine, Homoeopathy, National AYUSH Mission, and local self-governments are clearly reflected in this profile.

I am sure that this District AYUSH documentation will serve as a valuable reference for policymakers, administrators, and health professionals.

I extend my appreciation to all those who contributed to this effort and wish every success to the continued strengthening of AYUSH healthcare in Kerala.

Pinarayi Vijayan

Dr. Rajan Khobragade IAS
Addl Chief Secretary
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Smt. Veena George

Minister for Health &
Family Welfare
and Woman & Child Welfare
Development
Government of Kerala

Message

The Government of Kerala remains committed to strengthening public health systems that are equitable, responsive, and people centred. Within this framework, AYUSH systems play a unique and complementary role by emphasising prevention, lifestyle modification, and long-term management of health conditions. The District AYUSH documentation represents an important step towards systematically documenting and strengthening these contributions.

This document provides a comprehensive overview of AYUSH services in the district, covering infrastructure, human resources, beneficiary utilisation, and key programmes implemented under the National AYUSH Mission. By consolidating reliable data and analytical insights, the profile supports informed planning, efficient resource allocation, and continuous improvement in service delivery.

AYUSH institutions have significantly expanded access to primary healthcare, particularly in rural and underserved areas. Interventions focusing on non-communicable diseases, geriatric care, women's and child health, school health, and wellness promotion have enhanced community engagement and reduced pressure on secondary and tertiary facilities. The integration of AYUSH services with broader health initiatives further strengthens continuity of care.

I appreciate the dedicated efforts of the state officers, district officials, programme managers, medical officers, and frontline staff of the Indian Systems of Medicine, Homoeopathy, and National AYUSH Mission in preparing this document. I urge health administrators and professionals to actively use this document for analysis, planning, and action. I am confident that this initiative will contribute meaningfully to improving the reach, quality, and impact of AYUSH services and to advancing Kerala's goal of comprehensive healthcare for all.


Veena George



Preface

The Department of Health and Family Welfare, including AYUSH, and various organizations have been taking sustained efforts to strengthen health systems through evidence-based planning, decentralised governance, and intersectoral collaboration.

In order to assess various schemes and programs implementation, their outputs and outcomes a comprehensive document series is being undertaken by the Department. This document offers a structured and comprehensive account of AYUSH services in the district, encompassing institutional infrastructure, human resources, service utilisation, and programme implementation. It highlights the role of AYUSH in preventive and promotive healthcare, management of chronic conditions, and delivery of community-based wellness interventions. By presenting standardised data and district-specific insights, the document enables comparative assessment, gap identification, and priority setting. It gives information for doing integrative medicine practice especially for NCD management, palliative care and geriatric care.

The preparation of this document required coordinated efforts from district officials, programme teams, and healthcare providers across Indian Systems of Medicine, Homoeopathy, and the National AYUSH Mission. The process itself has strengthened data validation, improved documentation practices, and reinforced the importance of using evidence for decision-making.

I am confident that the District AYUSH documentation will serve as a useful resource for administrators, planners, researchers, and practitioners. It will support informed policy dialogue, guide programme strengthening, and encourage greater integration of AYUSH within the broader public health system.

I commend the state and district teams for their commitment and hope that this initiative will contribute to further improving the quality, accessibility, and effectiveness of AYUSH services across Kerala. I also urge all to institutionalize this mechanism and annually publish District documents so as to maintain focus on achieving the priorities as per the VISION 2031 plans.

Dr Rajan Khobragade IAS

Additional Chief Secretary
Health & Family Welfare and
AYUSH Department
Govt of Kerala.

MESSAGE



The preparation of the District AYUSH Profile marks a significant step towards strengthening evidence-based planning and systematic documentation within the Govt. AYUSH sector. This comprehensive record reflects the collective efforts of the Departments of Indian Systems of Medicine and Homoeopathy, National AYUSH Mission, and the Educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

The document provides a detailed overview of district-level AYUSH activities, infrastructure, human resources, and the programmes implemented under various components of the National AYUSH Mission (NAM). It also highlights the growing role of AYUSH in preventive, promotive, and curative healthcare, as well as its contribution to education and community well-being.

I commend the sincere efforts of all officials and district teams involved in compiling this profile. I am confident that the information contained herein will serve as a valuable tool for planning, monitoring, and strengthening AYUSH services at the grassroots level, thereby furthering Kerala's commitment to accessible, quality, and holistic healthcare for all.

Dr. D. Sajith Babu IAS

State Mission Director

National AYUSH Mission, Kerala

MESSAGE



Kerala's public health system is widely recognised for its people-centred approach, emphasis on equity, and sustained focus on preventive and promotive healthcare. The State's effective integration of community participation with institutional governance has enabled the delivery of quality health services and established Kerala as a leader in public health administration.

The Department of Indian Systems of Medicine (ISM), Government of Kerala, forms a vital component of this framework. Through its extensive institutional network, the Department upholds the classical foundations of Indian Systems of Medicine while addressing evolving health needs, ensuring accessible, affordable, and culturally appropriate healthcare services across the State.

In this backdrop, the District Profile Handbook has been developed as a comprehensive reference document reflecting the status and performance of ISM services at the district level. It provides a structured overview of institutional capacity, human resources, infrastructure, service delivery, and programme implementation, thereby supporting evidence-based planning and informed administrative decision-making.

The district profiles were prepared through systematic data generation, analysis, and consolidation using the Department's digital information systems, ensuring accuracy, uniformity, and transparency, and reinforcing a data-driven approach to governance and service improvement.

I place on record my sincere appreciation to the Joint Director and coordination team of ISM, including administrative staff, and the entire team of the National AYUSH Mission (NAM) for their dedicated efforts in drafting, reviewing, analysing, and consolidating the district profiles. Their coordinated engagement and technical competence were instrumental in ensuring the quality, reliability, and timely completion of this handbook.

It is hoped that this handbook will serve as a valuable planning and management resource for administrators, programme managers, and stakeholders, and contribute meaningfully to the continued strengthening of Indian Systems of Medicine in Kerala.

Dr. K S Preeya

Director

Department of Indian Systems of Medicine,
Government of Kerala.

MESSAGE



The Kerala model of healthcare delivery has earned global recognition for its people-centred, inclusive, and equity-driven approach to public health. Rooted in the belief that healthcare is a fundamental right of every citizen, the State has consistently demonstrated how thoughtful public action, community participation, and strong institutions can together achieve health outcomes comparable with those of many developed nations.

The Department of Homoeopathy, Government of Kerala, is proud to be an integral part of this collective journey. Through a wide network of government homoeopathic hospitals and dispensaries, the Department continues to extend accessible, affordable, and quality-assured healthcare services to diverse sections of society, while upholding the values of compassion, accountability, and professional excellence.

In this backdrop, the District Profile Handbook has been conceived as more than a compilation of statistics, it is a reflection of the people, institutions, and systems that sustain homoeopathic healthcare at the grassroot level. By presenting a structured and comprehensive overview of institutional capacity, human resources, service delivery, infrastructure, and ongoing programmes, this handbook seeks to support evidence-based planning, informed decision-making, and responsive governance.

The preparation of these district profiles has been made possible through the effective use of the department software- Ayush Homoeopathy Information Management System (AHiMS), enabling reliable, standardised, and centrally compiled data at the Directorate level. This digital integration marks an important step towards transparency, efficiency, and continuous system improvement.

I express my sincere appreciation to the District Medical Officers and the district medical office team for the timely review of the document and their valuable additions. I also extend my sincere thanks to the District Medical Officers, the medical and paramedical team, and all other district officials, including the AHiMS District Trainers, whose dedication and diligence in the timely updation of data in AHiMS helped in the prompt compilation of the District Profile document. Their collective efforts reinforce our shared commitment in strengthening healthcare in Kerala.

It is my earnest hope that this handbook will serve as a valuable planning and management resource, inspire constructive dialogue among stakeholders, and contribute meaningfully to shape a healthier and more resilient Kerala in the years to come.

Dr. M. P. Beena

Director
Department of Homoeopathy,
Government of Kerala.

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2. Details of the Department of Homoeopathy
3. NAM Details
4. Details of Ayurveda College

INTRODUCTION

The District AYUSH Profile has been developed to provide a comprehensive overview of the AYUSH sector within the district, covering all aspects related to the Department of Indian Systems of Medicine (ISM), Department of Homoeopathy, National AYUSH Mission (NAM) initiatives, and AYUSH educational institutions functioning under the Ayurveda Medical Education & Homoeopathy Medical Education.

This document serves as an authentic reference source reflecting the overall status of AYUSH healthcare and education in the district. It consolidates detailed information on infrastructure, human resources, healthcare facilities, educational institutions, and various programmes and schemes implemented through the ISM and Department of Homoeopathy, including activities undertaken under different components of NAM.

Structured in a systematic format, the District AYUSH Profile compiles data and analytical insights through tables, charts, and concise narratives for clarity and ease of understanding. It is intended to support evidence-based planning, programme evaluation, and strategic strengthening of AYUSH healthcare and educational systems at the district level, while identifying existing gaps and priorities for future interventions.

The preparation of this document reflects a commitment to systematic documentation and the continuous strengthening of AYUSH health and educational systems. It is envisaged that this District AYUSH Profile will serve as a valuable resource for administrators, planners, academicians, and stakeholders engaged in the promotion, integration, and advancement of AYUSH systems in the district.

Chapter 1

MALAPPURAM DISTRICT - AN OVERVIEW

1.1 Introduction

Bounded by the Nilgiris hills on the East and the Arabian Sea on the west, the district of Malappuram literally the land atop the hills, is remarkable for its unique natural beauty. Perched among the undulating hills and the meandering rivers that flow to reach the coconut-fringed seacoast, the land conceals a unique and eventful history. The hill country also contributed much to the cultural artistic traditions of the state. The mosques and temples of the land are known for their spectacular festivals. The land of great poets and writers, political and religious leaders, the district has carved a unique place of its own in the history of Kerala Home of the Khilafath movement and the Mappila revolts, which questioned the British authority in India, Malappuram was the military headquarters of the zamorins of Kozhikode since ancient times. Malappuram District was formed on 16th of June 1969 with the Nilgiris of Tamil Nadu in the east, Arabian sea in the west, Kozhikode and Wayanad Districts in the north and Palakkad and Thrissur District in the south. The district has a geographical area of 3550 sq. kms, which is 9.13% of total area of the state and ranks 3rd in the state.

The location of Malappuram District is 75 to 77 East longitude and 10 Degree to 12-degree North Latitude, in the geographical mark. Malappuram consists of 3 natural divisions, lowland, midland and highland. The low land stretches along the sea coast, the midland in the centre and the highland region towards the East and North eastern parts. The topography of the district is highly undulating; starting from the hill tops covered with thick forest on the East along the Nilgiris, it gradually slopes down to the valleys and the small hills, before finally ending on the sandy flat of luxuriant coconut groves in the west. Climate The district has dry season from December to February, hot season from March to May, the South west monsoon from October to November. The South west monsoon is usually very heavy and nearly 75 percent of the annual rains are received during this season. The climate is generally hot and humid; the range of temperature varies between 30 degree C and 20-degree C. The average annual rainfall is 290mm. Rivers Four important rivers of Kerala flow through Malappuram district. They are Chaliyar, Kadalundippuzha, Bharathapuzha and Tirurpuzha.

Chaliyar has a length of 169 KMs and originates from Illambaleri hills in Tamil Nadu. Important Tributaries of this river are Chalippuzha, Punnapuzha, Pandiyar, Karimpuzha, Cherupuzha and Vadapurampuzha. Chaliyar traverses through Nilambur, Mampad, Edavanna, Areekode, Vazhakkad and flows into the sea at Beypore in Kozhikode district. Kadalundippuzha is formed by the confluence of two rivers, the Olipuzha and Veliyar. Olipuzha originates from Cherakomban hill and Veliyar from Erattakomban hill. They flow by the wilds of silent valley and traverse through Ernad and Valluvanad regions, before flowing into the sea at Kadalundi Nagaram. It passes through places like Melattur, Pandikkad, Malappuram, Panakkad, Parappur, Kooriyad and Thirurangadi. Kadalundippuzha has a circuitous course of 130 Kms. Bharathapuzha, the second longest river in Kerala, flows by the southern border of the district and drains into the sea at Ponnani. Its main tributary, Thoothapuzha originates from the silent valley, flows through Thootha, Elamkulam, Pulamanthole and joins the main river at Pallippuram. After a course in Palakkad and Thrissur districts, the Bharathapuzha again enters Malappuram district at Thiruvegappura and from Kuttippuram onwards, the river belongs entirely to Malappuram. Tirur Puzha 48 Kms long, originates from Athavanad hills in Tirur Taluk, flows in a south west course up to Thirunavaya, deviates to encircle Tirur town and flows south west parallel to the sea, until it joins the Bharathapuzha near Ponnani port. Of these rivers, only Chaliyar is perennial; all others get dried up in summer and hence Malappuram District is prone to drought. In Tirur and Ponnani taluks, Kayals (back waters) like Biyyam, Veliyancode, Manur, Kodinhi etc. offer fishing and navigation facilities.

Flora and Fauna, the district has a total forest area of 758.8684 Square km, out of which 325.3261 Square km is reserve forests and 433.5423 Square Km is vested forests. The major forest area is concentrated in Nilambur and Wandoor blocks and Melattur in the Western Ghats. Of the forests 80 percent is deciduous and the rest is evergreen. Teak, Rosewood, Ventek, Choropin, Mahogany etc are the important trees. Other varieties like Kulamavu and villa pine are used in the plywood industry. Bamboo hills are extensively grown in all parts of the forest. The district has also several man-made plantations, mainly of Teak. Elephants, deers, tigers, blue monkeys, bears, boars, rabbits etc are found in the forests along with a variety of birds and reptiles. Forests are the main source of raw materials for a number of

wood-based industrial units. Besides timber, firewood and green manure, forest products like honey, medicinal herbs, spices etc are collected. The rivals collect minor forest produce. Bamboo for pulp factories is mainly supplied from Nilambur forests. The forests are protected by two forest divisions Nilambur north and Nilambur South. The social forestry division promotes planting of trees outside forestlands, for protecting natural forests. About 50 Acres of Mangroves Forest are spread over Kadalundi Estuary in Vallikkunnu Grama Panchayath.



Figure 1.1 District map

1.2 The People and Population

Malappuram district is one of the most populous districts in Kerala, characterised by a dense population and a predominantly rural settlement pattern. The population shows a favourable sex ratio, with females slightly outnumbering males, reflecting the broader demographic trend seen across the state. A significant majority of the people live in rural areas, where agriculture, small-scale trade, and migrant-linked livelihoods play an important role, while urban centres are steadily growing in size and economic importance. Over the decades, the district has experienced consistent population growth, influenced by natural increase and socio-economic factors. The youthful population structure, combined with high literacy levels and strong community networks, has a significant impact on the district's social development, healthcare

needs, and planning of public services.

Table 1.2 Demographic details

Geographical area (KM2)	3554	
Rural area (KM2)	2654	
Urban area (KM2)	900	
Revenue Divisional Offices	2	
Taluk	7	
Villages	138	
House of Parliament Constituencies	2	
Assembly Constituencies	16	
District panchayath	1	
No of DP Divisions	32	
Block Panchayath	15	
No of BP Divisions	223	
Grama Panchayath	94	
No of GP wards	1778	
Municipality	12	
No of Municipal ward	479	
Revenue Villages	138	
Town	42	
Population (2011 Census)	Male	1960328
	Female	2152592
	Total	4112920

Urban Population		1,729,522
Rural Population		2,383,398
Sex Ratio (Census 2011)	Total	1098 women to 1000 men
	Urban	1102 women to 1000 men
	Rural	1090 women to 1000 men
SC Population	Total	308266
	Male	151557
	Female	156709
ST Population	Total	22990
	Male	11272
	Female	11718
0 to 6 Population (Census of India)	Total	574041
	Male	292132
	Female	281909
	Sex Ratio (child)	965
Density of Population (2011 Census)	Total	1157 persons per KM
	Urban	2000/KM
	Rural	
Literacy Rate (2011 Census)	Total	93.57
	Male	95.76
	Female	91.62

Source: Sensus Hand Book

1.3 Malappuram- Health Overview

Malappuram district, one of the most populous districts in Kerala, has a well-structured healthcare system designed to meet the needs of its largely rural population along with growing urban centres. The district's health infrastructure includes government medical colleges, district and taluk hospitals, community health centres, primary health centres, and a wide network of private hospitals and clinics, ensuring access to preventive, curative, and emergency healthcare services. Specialised institutions support maternal and child health, communicable and non-communicable disease management, and advanced referral care. Allopathic medicine forms the core of healthcare delivery, covering general medicine, surgery, obstetrics and gynaecology, and chronic disease management. Alongside this, AYUSH systems—particularly Ayurveda, Homoeopathy, and Unani—have a strong presence in the district, reflecting local health-seeking practices and contributing significantly to holistic and preventive care. Malappuram is also known for its Unani healthcare institutions, which play an important role in traditional treatment approaches. Public health initiatives focus on immunisation, maternal and child health, nutrition, sanitation, and disease control, supported by active participation from local self-governments, community organisations, and NGOs. Overall, Malappuram's healthcare system demonstrates a comprehensive integration of modern and traditional medical systems, providing accessible, inclusive, and community-focused healthcare services to its diverse population.

1.4 AYUSH- Role in enhancing public health outcomes

The AYUSH system plays a vital complementary role in strengthening district healthcare delivery and addressing these challenges. The Indian Systems of Medicine (ISM) Department provides preventive, promotive, and curative services through Ayurveda, Siddha, and Unani institutions, with a strong emphasis on lifestyle disorders, maternal and child health, geriatric care, musculoskeletal conditions, and seasonal diseases. The traditional acceptance of Ayurveda and Unani systems in the district enhances community participation in preventive healthcare.

The Department of Homoeopathy contributes significantly by offering affordable, accessible, and patient-friendly care for chronic illnesses, respiratory disorders, skin diseases, allergies,

psychosomatic conditions, and non-communicable diseases. Homoeopathy institutions at primary and secondary levels help reduce the burden on allopathic facilities, particularly in rural and semi-urban areas.

Under the National AYUSH Mission (NAM), Kerala, various initiatives have been implemented in Malappuram to strengthen AYUSH infrastructure, ensure the availability of quality medicines, deploy skilled human resources, and promote integrative healthcare. NAM-supported programmes such as speciality clinics, lifestyle disease management clinics, geriatric care services, school health programmes, wellness centres, and community awareness activities have expanded the reach and effectiveness of AYUSH services. These interventions play a crucial role in disease prevention, health promotion, and improving overall health outcomes in the district.

In conclusion, Malappuram District stands as a region of profound historical significance, ecological richness, and cultural vitality. Supported by an inclusive healthcare system that integrates modern medicine with AYUSH traditions, the district continues to work towards holistic health, social equity, and sustainable development.

1.5 Key Achievements in AYUSH Healthcare Development

The Government of Kerala has undertaken significant measures to strengthen Indian System of Medicine as part of its recent achievements. As part of this initiative, 82 Medical Officer posts and 162 paramedical staff positions, including 8 temporary posts, have been sanctioned to enhance service delivery and human resource capacity across ISM institutions. Further reinforcing secondary-level care, two Government Ayurveda Dispensaries have been upgraded to 10-bedded hospitals, namely Government Ayurveda Hospital, Moozhur in Kottayam district and Government Ayurveda Hospital, Pinarayi in Kannur district. These interventions reflect the State Government's commitment to improving infrastructure, expanding access to quality traditional healthcare, and ensuring better patient care through strengthened manpower and upgraded facilities.

Under the Homoeopathy Department, the Government of Kerala has achieved significant milestones in expanding access to public homoeopathic healthcare and strengthening institutional capacity. A total of 50 new homoeopathy facilities have been established across

the State, ensuring that all Panchayats in Kerala are now covered with homoeopathy services, thereby achieving universal grassroots-level access. To support service expansion and improve care delivery, 50 new Medical Officer posts have been sanctioned. In line with the Government's vision to promote scientific validation and academic advancement in homoeopathy, the Department has also initiated structured research activities through Project HEART (Homoeopathy Evidence-based Advanced Research and Training). Further reinforcing research governance and ethical standards, a Scientific Advisory Board (SAB) and an Institutional Ethics Committee have been constituted under the Department. These initiatives collectively highlight the State's commitment to evidence-based practice, capacity building, and comprehensive healthcare delivery through homoeopathy.

National AYUSH Mission is the Centrally Sponsored Scheme under Ministry of AYUSH. Government of India has launched National AYUSH Mission (NAM) during 12th plan in 2014. In Kerala, the Mission has been operational since 2015. The primary objective of the National AYUSH Mission is to promote and mainstream traditional systems of medicine—Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy—within the public health delivery system. In Kerala, the Mission's activities are implemented through the State AYUSH Health Society at the State level and District AYUSH Health Societies at the district level. The Mission focuses on infrastructure development, human resource strengthening, ensuring adequate staffing in AYUSH hospitals, implementing projects in tribal areas, and establishing Ayushman Bharat AYUSH Health and Wellness Centres (Ayushman Arogya Mandirs - AYUSH). Out of the total budget, 75% is earmarked for the AYUSH Services, AYUSH Educational institutions and Ayush Health & Wellness Centre components, and 25% for the Flexipool component.

AYUSH Services Component

a) Infrastructure Development:

Under the Upgradation of AYUSH Hospitals and Dispensaries scheme, NAM is facilitating the renovation and upgradation of AYUSH educational institutions, hospitals, and dispensaries under the Department of AYUSH.

b) Construction of Integrated AYUSH Hospitals:

Under this component, new integrated hospitals are being established. So far, approval has been granted for the construction of five 50-bedded, four 30-bedded, and one 10-bedded Integrated AYUSH Hospitals.

c) Provision of additional human resources to AYUSH institutions.

d) Supply of hospital equipment to AYUSH healthcare facilities.

e) Supply of essential AYUSH medicines to healthcare institutions.

f) Allocation of contingency funds to address urgent institutional needs.

g) Implementation of seven AYUSH Public Health Programmes across the State. 238 units of programmes has been approved and being implemented.

AYUSH Health and Wellness Centres (Ayushman Arogyamandirs - AYUSH)

These centres aim to deliver comprehensive primary healthcare through AYUSH systems, emphasizing disease prevention, health promotion, and Yoga-based lifestyle interventions. Each AYUSH HWC functions with an AYUSH Community Health Officer, Yoga Instructor, GNM-qualified Multi-Purpose Health Worker, and five ASHA workers. At present, 700 AYUSH dispensaries (420 ISM and 280 Homoeopathy) across Kerala have been upgraded to AYUSH Health and Wellness Centres.

Flexipool Component

Under the Flexipool component, **36 AYUSH public health programmes** are being implemented across the State to strengthen community-level AYUSH health promotion and wellness initiatives.

Quality improvement of AYUSH Institutions

To improve the service quality and infrastructure of AYUSH hospitals and Ayush Health & Wellness Centres, NAM is implementing NABH accreditation, Kayakalp and quality assurance programmes.

- In the first two phases, 250 AYUSH HWCs have already received NABH accreditation. An additional 250 centres have been selected for the third phase, and the process is progressing.

- Implemented AYUSH KAYAKALP award for Ayush institutions.132 institutions got AYUSH Kayakalp award.

Training and Capacity Building

Continuous capacity building and skill enhancement of AYUSH personnel form a key component of the Mission. Training is provided on clinical and technical subjects through both offline and online modes.

A Learning Management System (LMS) has been developed to facilitate online training, with eight AYUSH-based courses already available, covering Ayurveda, Homoeopathy, Yoga, and Naturopathy.

The establishment of the National Institute of Training in AYUSH (NITIA) is underway to provide National and International -level training and capacity-building programmes for AYUSH professionals.

AYUSH Gram Programme

The AYUSH Gram initiative, implemented at the Block level, aims to combat lifestyle and non-communicable diseases through Yoga sessions and health awareness activities led by trained Yoga instructors and AYUSH medical officers.The programme is currently being implemented in 16 blocks across the State.

IT Projects initiated

With the support of Kerala Start up Mission & KELTRON, following softwares were developed for Ayush Sector in the State -

- a) AYUSH Procurement software
- b) Learning Management Software
- c) ERP software for real time monitoring civil works
- d) Payroll and Attendance Management system for NAM
- e) AYUSH payment management software

E-Sanjeevani - Telemedicine

Telemedicine services have been introduced in the AYUSH sector through the E-Sanjeevani platform. Two consultation hubs—one for Ayurveda and another for Homoeopathy—have already become operational. The State Telemedicine Hub is nearing completion.

AYUSH Yoga Clubs

Established 10,000 Ayush Yoga Clubs under the aegis of Ayush HWC to prevent and manage the NCDs and for the well-being of the people. AYUSH Yoga Club locator app has also been developed to monitor and locate the yoga clubs.

Chapter 2

OVERVIEW OF AYUSH SERVICES

2.1 Overview of AYUSH Services in Malappuram District

The AYUSH system of healthcare in Malappuram district constitutes an integral part of the public health delivery framework, providing accessible and holistic healthcare services through Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy. The district has a well-developed service delivery structure comprising government hospitals, dispensaries, specialty institutions, wellness centres, medical education facilities, and outreach programmes, ensuring healthcare access across urban, rural, and coastal regions. AYUSH services complement the allopathic healthcare system by focusing on preventive, promotive, curative, rehabilitative, and palliative care, with a strong emphasis on wellness and lifestyle modification.

2.2 History and Evolution of AYUSH Services in the District

Malappuram district has a long and distinguished history in traditional systems of medicine, particularly Ayurveda, supported by Kerala's rich heritage of classical treatment practices and indigenous healing knowledge. Over the decades, AYUSH services in the district have evolved from basic dispensary-level care into a comprehensive, government-supported healthcare network. With sustained support from the State Government and the National AYUSH Mission, AYUSH institutions have expanded to offer inpatient services, specialty clinics, lifestyle disease management, geriatric and maternal care, school health initiatives, palliative care, rehabilitation services, and community outreach programmes. This evolution reflects progressive strengthening of infrastructure, human resources, service quality, and integration with public health initiatives.

2.3 Administration and Governance Structure

AYUSH services in Malappuram district function under the Department of AYUSH, Government of Kerala, in coordination with the Directorate of Indian Systems of Medicine, Directorate of Ayurveda Medical Education, Directorate of Homoeopathy, and relevant Central AYUSH authorities. District-level governance is carried out by designated officers

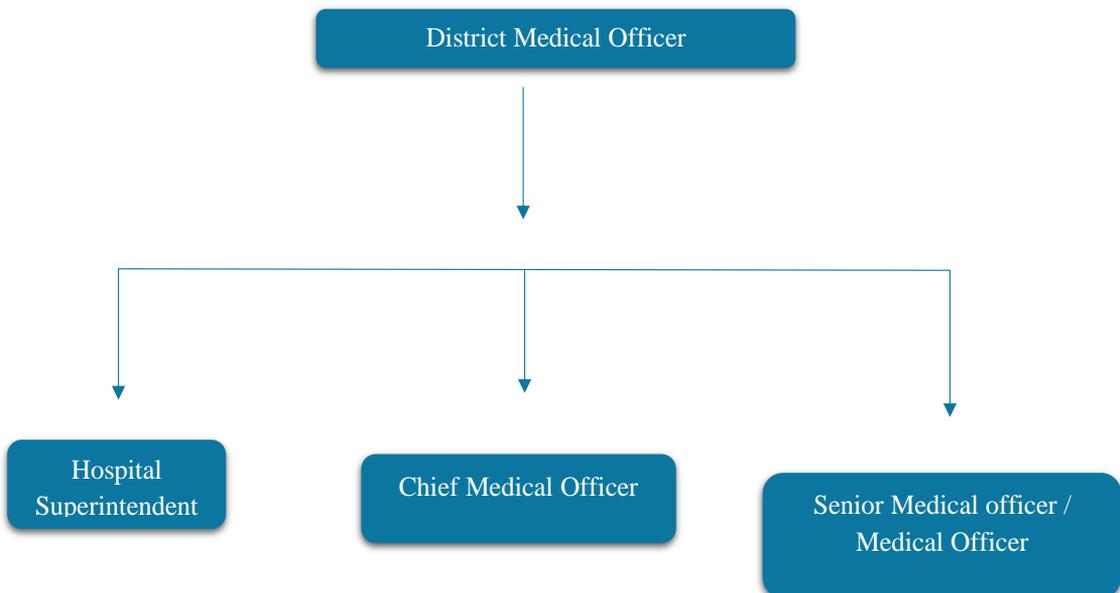
responsible for planning, implementation, monitoring, staff deployment, programme execution, and financial management of AYUSH services.

Key functions of district administration include:

- Supervision and coordination of AYUSH hospitals, dispensaries, and wellness centres
- Ensuring adequate staffing, infrastructure, and uninterrupted medicine supply
- Implementation and monitoring of National AYUSH Mission (NAM) programmes
- Conduct of public health, school health, geriatric, and outreach activities
- Monitoring service delivery outcomes and financial utilisation

2.4 Organogram – District Level Administrative Structure

At the district level, the administrative structure typically consists of:



2.5: Infrastructure Profile of the District

The AYUSH healthcare system in Malappuram district is supported by an extensive institutional network functioning under ISM and Homoeopathy streams. A total of **237 AYUSH institutions** are operational in the district, ensuring wide coverage of promotive, preventive, curative, and wellness-oriented healthcare services. This network includes **District Hospitals, Government Hospitals, Government Dispensaries, Ayushman Arogya Mandirs, Ayush Primary Health Centres, Integrated AYUSH Medical Units (IAMU), Special Component Plan Homoeopathy Health Centres (SCPHHC), Government Ayurveda Tribal Dispensaries (GATD), and an Ayurveda Medical College.** ISM accounts for **126 institutions**, while **111 institutions** function under Homoeopathy, reflecting a robust and decentralised AYUSH infrastructure with strong emphasis on primary and secondary healthcare delivery across Malappuram district.



Figure 2.5 : Details of Facilities

2.6 Health Facilities in Urban and Rural Areas

Malappuram district exhibits a predominantly rural distribution of AYUSH institutions, highlighting a decentralised and community-oriented healthcare approach. Out of **237 institutions, 210 facilities operate in rural areas**, while **27 institutions** are located in urban areas. Primary-level facilities such as Government Dispensaries, Ayushman Arogya Mandirs, and Ayush Primary Health Centres form the backbone of AYUSH service delivery,

particularly in rural regions. Secondary-level care through District Hospitals and other Government Hospitals further strengthens referral and inpatient services, ensuring equitable access to AYUSH healthcare across the district.



Figure 2.6: Total AYUSH facilities in Urban and Rural Areas

2.7 Hospital Details based on Bed Strength

2.7.1 Bed Strength in Hospitals under ISM & Department of Homoeopathy

The AYUSH hospital infrastructure in Malappuram district comprises **16 Government hospitals** under ISM and Homoeopathy, with a combined bed strength of **320 beds**, supporting inpatient healthcare services. ISM operates **12 hospitals with 250 beds**, including 10-bedded, 20-bedded, 30-bedded, and 50-bedded hospitals, reflecting a mix of small and medium-capacity facilities. Homoeopathy manages **4 hospitals with 70 beds**, primarily consisting of 10-bedded and 25-bedded hospitals. Overall, the distribution of bed strength indicates a strong inpatient care capacity in the district, with ISM contributing the major share and Homoeopathy providing focused inpatient support.

Hospital No.	Hospital Name	Hospital	Total Bed strength
1	Govt. Hospital (80 Bedded)		80
2	Govt. Hospital (60 Bedded)		60
3	Govt. Hospital (50 Bedded)		50
4	Govt. Hospital (30 Bedded)		30
5	Govt. Hospital (100 Bedded)		100
Grand Total			320

Figure 2.7: Bed Strength in Hospitals under ISM & Department of Homoeopathy

2.7.2 Bed strength in Medical College Hospital

In addition to district and taluk-level hospitals, Malappuram district is supported by an **Ayurveda Medical College Hospital** with a sanctioned bed strength of **204 beds**. This collegiate hospital significantly strengthens tertiary-level AYUSH inpatient care, medical education, and referral services within the district.

Table 2.7.2: Bed strength in Medical College Hospital

Sl no	Stream	Number of Collegiate Hospital	Number of Beds
1	Ayurveda	1	204

Source: District data

2.8 Human resource Profile

2.8.1 HR under ISM & DH

2.8.1.1 Availability of Medical Professionals

Malappuram district has a strong AYUSH human-resource base with **324 sanctioned medical posts** across ISM and Homoeopathy systems. Under the regular establishment, **188 posts** are sanctioned, including administrative leadership and clinical cadres such as District Medical Officers, Hospital Superintendents, Chief Medical Officers, Medical Officers, and Resident Medical Officers. In addition, **136** posts are sanctioned under NHM and NAM. The

staffing structure reflects adequate administrative oversight and clinical manpower to support effective AYUSH healthcare delivery.



Figure 2.8.1.1: Medical Professionals under ISM & DH

2.8.1.2 Availability of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

A total of **540 posts** are sanctioned under ISM and Homoeopathy in Malappuram district, with **342 paramedical posts** forming the largest component, highlighting the emphasis on patient care and service delivery. Administrative and ministerial posts account for **38 positions**, while **160 posts** fall under other supporting categories. Overall, the human-resource profile demonstrates a service-oriented staffing pattern aligned with institutional and programme requirements.



Figure 2.8.1.2 Details of Paramedical, Administrative, Ministerial & other posts Sanctioned in ISM & DH

2.8.2 HR under DAME & HME

The Ayurveda Medical College in Malappuram further strengthens the district's AYUSH human-resource profile with **271 sanctioned posts**, including medical officers, teaching faculty, and supporting staff, contributing significantly to tertiary care services, education, and capacity building.

Table 2.8.2: Human Resource under DAME

Department	Medical officer	Teaching staff	Other staff	Total
Ayurveda	22	55	194	271

Source: District data

2.9 Beneficiary Details

2.9.1 Beneficiary details under hospitals in ISM & DH

ISM accounts for 2,543 OPD patients and 309 IPD admissions, Homoeopathy records an outpatient attendance of 3428 OPD patients, with 48 IPD admissions per month. Together, these figures highlight significant utilisation of AYUSH services, indicating a substantial contribution to out patient and inpatient services



Figure 2.9.1 Hospital beneficiary details

2.9.2 Beneficiary details under Dispensaries

ISM dispensaries account for an average of 1600 OPD patients per month, while Homoeopathy dispensaries record an average of 891 OPD patients. These figures indicate substantial utilisation of dispensary-level AYUSH services, highlighting their critical role in delivering accessible primary healthcare and outpatient services across the district



Figure 2.9.2 Dispensary beneficiary details

2.9.3 APHC beneficiary details

ISM APHCs contribute an average of 1342 OPD patients, while Homoeopathy APHCs record an average of 996 OPD patients per month. Together, these figures demonstrate the significant contribution of APHCs to primary-level AYUSH healthcare delivery, strengthening community-based services and improving access to preventive and curative care in the district.



Figure 2.9.3 APHC beneficiary details

2.9.4 Beneficiary details under DAME

The Ayurveda Medical College Hospital in Malappuram records a high average monthly patient load, with **17,413 OPD patients and 247 IPD admissions**, highlighting its role as a major tertiary referral centre and provider of specialised AYUSH healthcare services.

Table 2.9.2 Beneficiary details under DAME

Department	Monthly Average OPD	Monthly Average IPD
DAME	17413	247

Source: District data

2.10 Public Health Programmes

Malappuram district implements a wide range of public health programmes under ISM, Homoeopathy, and the National AYUSH Mission. These include diabetes care, geriatric services, paediatric care, gynaecology and obstetric care, de-addiction services, infertility management, mental health clinics, endocrine disorder care, palliative care, rehabilitation services, yoga and naturopathy programmes, anaemia eradication initiatives, sports medicine, mobile medical units, and AYUSH Gram activities. These programmes strengthen preventive and promotive healthcare while addressing chronic and lifestyle-related health conditions.

2.10.1: Projects in Indian System of Medicine Department

- **Research Cell for Indian Systems of Sports Ayurveda** – Applies Ayurveda in sports medicine for injury prevention, treatment, and performance enhancement.
- **Snehadhara** – A statewide Ayurvedic palliative care programme offering home-based support for bedridden and terminally ill patients.
- **Koumarabhrithya** – Offers Ayurvedic paediatric care for infections, nutritional issues, developmental problems, and post-COVID complications.

- **Prasoothithanthra** – Provides Ayurvedic gynaecology and obstetric services supporting women’s reproductive and maternal health.
- **Nature Cure Hospital & Yoga Units** – Promotes drug-free lifestyle modification using yoga, naturopathy, diet, and holistic therapies.
- **Vridhajana paripalana** - for elderly care
- **Manasikam** - for mental health promotion
- **Drishti** - Focuses on early detection and non-surgical management of eye diseases while preventing visual disorders through screening and affordable treatment.
- **Panchakarma** - for comprehensive detoxification and rejuvenation

2.10.2: Projects in Department of Homoeopathy

- **Seethalayam** – A women-focused homeopathy project providing treatment and counselling, especially for domestic-violence-affected and emotionally distressed women.
- **Punarjani** – A de-addiction project offering homeopathic treatment and counselling for alcohol, drug, and tobacco dependence.
- **Janani** – An infertility care project providing holistic homeopathic management for male and female infertility with supportive diagnostics.
- **Sadgamaya** – A child and adolescent wellness project addressing behavioural, emotional, learning, and developmental challenges.
- **Ayushmanbhava** – A lifestyle-disease programme providing homeopathy-based care, counselling, and yoga support for NCD management.
- **Palliative Care** – A comprehensive home-based and institutional palliative service for bedridden, terminally ill, and chronic-disease patients.
- **Rapid Action Epidemic Control Cell Homoeopathy (RAECH)**- Implementing preventive measures, strengthening early detection and treatment, training doctors, and supporting public health responses to communicable diseases across the state.

2.10.3: Projects in National Ayush Mission

- **National Programme for Prevention & Management of Osteoarthritis & Musculoskeletal Disorders** - AYUSH-based screening, treatment, lifestyle modification and rehabilitation services for osteoarthritis and other MSDs through HWCs and AYUSH institutions.
- **VAYO MITRA – AYUSH Geriatric Healthcare Services** - Promotes healthy ageing and provides preventive, promotive and therapeutic AYUSH care for senior citizens through community and clinic-based services.
- **AYURVIDYA – Healthy Lifestyle Promotion for School Children** - Creates awareness among school children on hygiene, nutrition, yoga, medicinal plants and AYUSH-based healthy living practices.
- **KARUNYA – AYUSH Palliative Services** - Delivers compassionate, holistic palliative and supportive care for patients with chronic and life-limiting illnesses through AYUSH interventions and home-based care.
- **SUPRAJA – AYUSH Maternal & Neonatal Healthcare** - Ensures holistic antenatal and postnatal care using AYUSH regimens, yoga, nutrition counselling and neonatal support to improve maternal-child outcomes.
- **Allergy & Asthma Special Clinic (Homoeopathy)** - Provides comprehensive Homoeopathic care for allergy, asthma and chronic respiratory diseases through OP/IP services and community outreach.
- **Ayurkarma** - Integrates Panchakarma therapies into rural Government Ayurveda Dispensaries to ensure affordable access to specialised Ayurvedic procedures.
- **Mental Health Specialty Clinics in AYUSH** - Offers Ayurveda and Homoeopathy-based mental health care for depression, anxiety, behavioural problems and women- and child-specific psychological needs.
- **Integrated AYUSH Medical Unit (IAMU)** - Delivers coordinated multi-system AYUSH healthcare services under one roof to manage chronic and lifestyle disorders.

- **Physiotherapy Units in Government AYUSH Hospitals** - Establishes physiotherapy services in AYUSH hospitals to support rehabilitation and chronic disease care.
- **Sports Ayurveda Project** - Provides Ayurveda-based injury prevention, treatment and performance enhancement support for athletes.
- **MPHW Support for Ayushman Arogya Mandirs** - Deploys trained Multi-Purpose Health Workers to strengthen AYUSH primary care, outreach, NCD care and public health services.
- **Arunima – Anaemia Eradication through Ayurveda** - Implements Ayurvedic screening, counselling and treatment programmes to reduce nutritional anaemia, especially among vulnerable populations.
- **Homoeopathy Thyroid Special Clinic** - Provides community-based screening and holistic Homoeopathic management of thyroid disorders with special focus on women.
- **Training & Capacity Building for AYUSH HR** -Enhances skills and service quality of AYUSH professionals through structured clinical, administrative and digital health training.
- **Yoga Wellness Centres** - Promotes Yoga and Naturopathy-based lifestyle modification and NCD prevention through dedicated wellness centres.
- **NCD Management through AYUSH** - Provides integrated AYUSH-based prevention, screening and management of major non-communicable diseases across the State.
- **IEC Activities & Public Awareness Initiatives** - Strengthens public awareness on AYUSH facilities, programmes and achievements through newsletters, campaigns and participation in events.
- **AYUSH Gram** - Promotes AYUSH-based lifestyle, herbal awareness, yoga and preventive healthcare practices at the village level through community-based initiatives.

2.11 Standardisation of Institutions

Quality assurance initiatives in Malappuram district indicate **15 NABH Entry-Level Certified institutions** and **52 Ayushman Arogya Mandir–AYUSH (AAM-A) accredited institutions** across ISM and Homoeopathy. ISM accounts for **9 NABH ELC and 33 AAM-A institutions**, while Homoeopathy accounts for **6 NABH ELC and 19 AAM-A institutions**, reflecting systematic adoption of quality standards and commitment to service excellence.



Figure 2.11: Standardisation of Institution

2.12 Digital Health

- ISM-eHospital – A digital hospital management system currently implemented in 26 AYUSH institutions for streamlining patient care, records, and hospital services.
- AHIMS (Ayush Hospital Information Management System) – A comprehensive AYUSH health-data and service-delivery platform implemented in 60 institutions to support digital health transformation.



Figure 2.12: Digital health

2.13 Laboratory & Diagnostic Facilities

Malappuram district has a total of **16 laboratory facilities**, with **2 laboratories under ISM** and **4 laboratories under Homoeopathy**, ensuring access to essential diagnostic and investigative services across AYUSH institutions.



Figure 2.13: Details of Laboratory facilities

2.14 Financial Expenditure

The financial performance of AYUSH services in Malappuram district reflects timely fund allocation, release, and effective utilisation under both ISM and Homoeopathy. During 2023–24, ISM recorded an expenditure of **₹238.32 lakh** against a release of **₹247.94 lakh**, while

Homoeopathy utilised ₹51.07 lakh out of ₹66.18 lakh released. In 2024–25, ISM achieved near-complete utilisation with an expenditure of ₹163.34 lakh, while Homoeopathy reported an expenditure of ₹51.58 lakh against full release. Overall, the expenditure pattern indicates satisfactory financial management and sustained service delivery across the district.

Directorate	Year	Allocated	Released	Expenditure
ISM	2023-24	₹266,83181	₹247,94092	₹238,34891
	2024-25	₹234,97217	₹63,56823	₹63,34180
Homoeopathy	2023-24	₹66,17766	₹66,17766	₹51,07138
	2024-25	₹61,64965	₹61,64965	₹51,58367

Figure 2.14: Financial Expenditure

Chapter 3

DEPARTMENT OF INDIAN SYSTEMS OF MEDICINE

FACILITIES & SERVICES

3.1 Introduction

Malappuram District, situated in the central region of Kerala along the Malabar Coast, is characterised by a complex and varied topography comprising coastal plains, riverine systems, fertile midlands, laterite plateaus, and the forested eastern highlands of the Western Ghats. The district's dense population distribution, high urban-rural interface, and tropical monsoon climate significantly influence its public health dynamics. The population of Malappuram experiences a high burden of lifestyle and metabolic disorders, musculoskeletal ailments, chronic respiratory diseases, dermatological conditions, cardiovascular illnesses, and an increasing prevalence of geriatric health problems, along with persistent seasonal and communicable diseases associated with monsoon variability. Occupational health challenges are prominent among agricultural workers, traditional artisans, small-scale industrial labourers, construction workers, and the district's substantial migrant population. Malappuram is highly vulnerable to disaster risks including floods, landslides in the eastern hilly regions, river-bank erosion, and climate-induced health threats such as outbreaks of water-borne and vector-borne diseases, heat-related illnesses, and post-disaster psychological stress. In this context, the Indian Systems of Medicine — including Ayurveda, Unani, Sidha, and other AYUSH systems — play a crucial role in preventive healthcare, long-term management of chronic conditions, rehabilitation, disaster response, and community-based health promotion, thereby strengthening the district's overall health resilience and supporting sustainable development.

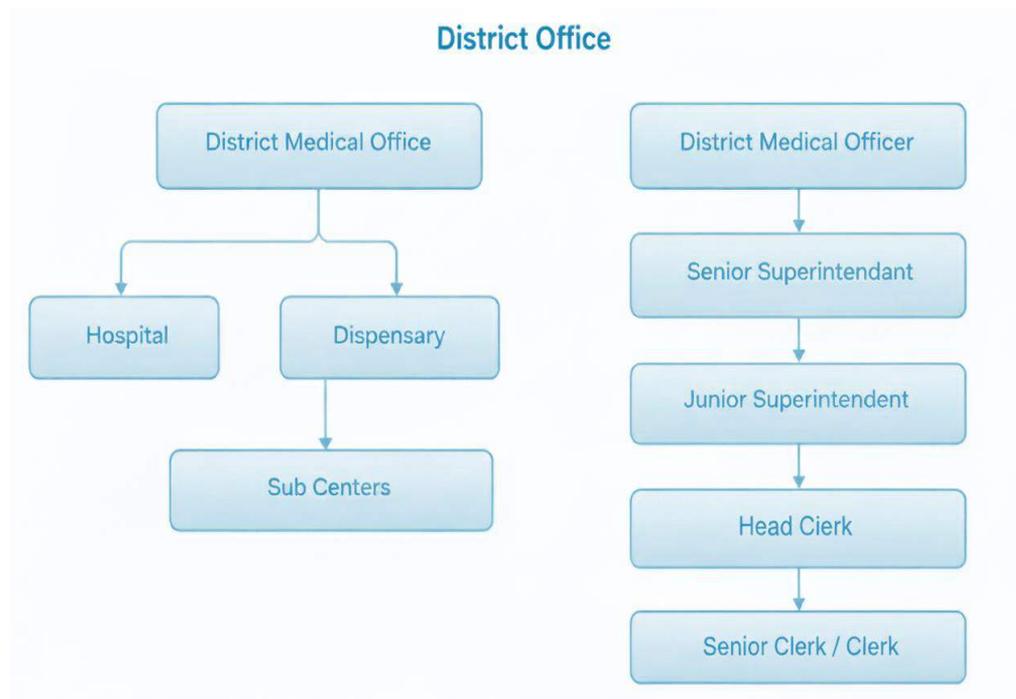
3.2 Administration

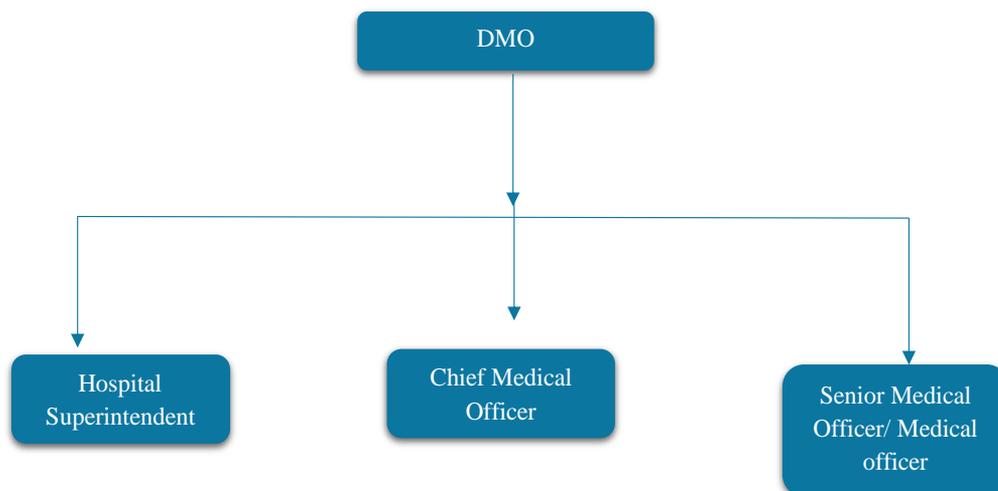
The Indian Systems of Medicine (ISM) Department delivers comprehensive Ayurveda services as part of the public healthcare system, with a focus on preventive, promotive, and curative care through a widespread network of government hospitals and dispensaries across Kerala, including Malappuram district. The District Medical Officer (DMO),

Malappuram, is responsible for administering ISM-related health services in the district, covering Ayurveda, Yoga, Unani and Siddha (AYUSH) facilities. The DMO oversees the functioning of ISM hospitals, dispensaries, and wellness centres, ensuring the delivery of quality healthcare rooted in traditional systems of medicine. The ISM Department administers several Government ISM Hospitals and Dispensaries throughout Malappuram district, providing general consultations, management of chronic diseases, and traditional therapeutic interventions. These institutions offer both out-patient (OP) and in-patient (IP) services, delivering effective treatment for a wide range of health conditions based on authentic Ayurvedic principles.

3.2.1 District Administration of the Department

The Department of Indian Systems of Medicine is headed by the Director of Indian Systems of Medicine. The district level administration is delegated to the District Medical Officer supported by Senior Superintendent and Junior Superintendent. All the Ayurveda Hospitals and dispensaries are administered by the Charge Medical Officers who function under the respective District Medical Officers.





3.2.2 District Medical Office Profile

Table No: 3.2.2: District Medical office Profile

Post	Office Address	Office Number	Mail id
District Medical officer	The District Medical Office, Indian Systems of Medicine, Malappuram, PO. Civil Station, Malappuram-676 505	0483 2734852	dmoismmpm@gmail.com

Source: District data

3.2.3 Structure of DMO office

Table No: 3.2.3: Structure of DMO office

Sl no	Post	Number
1	District Medical Officer	1
2	Senior Superintendent	1
3	Junior Superintendent	1

4	Head Clerk	1
5	Senior Clerk/Clerk	10
6	Typist	1
7	Driver	1
8	Part-Time Sweeper	1
9	Data Entry Operator (Plan)	1

Source: District data

3.3 Infrastructure Profile of the District

The district has a well-established network of ISM and AYUSH healthcare institutions, comprising a total of 123 facilities.

3.3.1 Details of Facilities

The district has a well-established network of ISM and AYUSH healthcare institutions, comprising a total of 123 facilities. This includes one District Ayurveda Hospital and eleven Government Ayurveda Hospitals providing secondary-level care.

The Government Ayurveda Research Institute for Mental Health and Hygiene (GARIM), located in Malappuram district, is a unique government institution exclusively dedicated to Ayurvedic psychiatry, providing specialised mental healthcare, research, and rehabilitation services. With over five decades of service, it also functions as a national-level training and research centre integrating clinical care, education, and holistic mental well-being.

Primary and outpatient services are delivered through 75 Government Ayurveda Dispensaries, of which 33 function as Ayushman Arogya Mandirs, emphasising comprehensive wellness and preventive care. The district also includes one Government Siddha Dispensary and one Government Ayurveda Tribal Dispensary catering to specific population needs. Additionally, primary healthcare services are strengthened through 34 AYUSH Primary Health Centres, consisting of 26 Ayurveda, 6 Unani, and 2 Siddha APHCs,

ensuring wide coverage and accessibility of traditional healthcare services across the district.

Table No: 3.3.1: Details of ISM health facilities

Sl no	Type of Health Institution Facility	Total no: in the district
1	District Ayurveda Hospital	1
2	Government Ayurveda Hospital	10
3	Government Ayurveda Dispensary	43
4	Ayushman Arogya Mandir	33 [#]
6	Government Ayurveda Tribal Dispensary	1
7	Ayush Primary Health Centre Ayurveda	26
8	Ayush Primary Health Centre Unani	6
9	Ayush Primary Health Centre Sidha	2
10	Government Ayurveda Research Institute of Mental Health and Hygiene	1
	Total	123

includes one siddha dispensary

Source: District data

Details of ISM Facilities are attached as Annexure 3.3.1

3.3.2 Hospital Details based on Bed Strength

The Malappuram district has 11 Hospitals and 1 Government Ayurveda Research Institute of Mental Health and Hygiene. The total bed strength is distributed as 2 hospitals with 50 beds, 1 hospital with 30 beds, 3 hospitals with 20 beds and 6 hospitals with 10 beds. Overall, the location-wise distribution of hospitals with varying bed strengths ensures balanced

coverage of Ayurveda inpatient services across the district, addressing both referral-level and community-level healthcare needs.

Table No: 3.3.2: Hospital Details based on Bed Strength

The district has a total of 12 government Ayurveda hospitals with a combined bed strength of 250 beds.

Sl no	Hospitals based on bed strength	No of Hospitals	Bed strength
1	Govt. Hospital (10 Bedded)	6	60
2	Govt. Hospital (20 Bedded)	3	60
3	Govt. Hospital (30 Bedded)	1	30
4	Govt. Hospital (50 Bedded)	2	100
	Total No. Of Beds/ Hospitals	12	250

Source: District data

3.3.3 Health Facilities in Urban and Rural Areas

The district has a total of **123 AYUSH health facilities**, with a **strong rural concentration**. Out of these, **107 facilities (about 87%)** are located in **rural areas**, while only **16 facilities (about 13%)** are in **urban areas**.

Government Ayurveda Dispensaries, including **Ayushman Arogya Mandirs**, form the largest share with **75 facilities**, most of which are situated in rural regions. This is followed by **34 Ayush Primary Health Centres**, again predominantly rural.

Specialized institutions such as the **District Ayurveda Hospital, Tribal Dispensary, Siddha Vaidya Dispensary**, and the **Government Ayurveda Research Institute of Mental Health and Hygiene** are exclusively located in rural areas, highlighting a focus on extending traditional healthcare services to underserved and tribal populations.

Table No: 3.3.3: Health Facilities in Urban and Rural Areas

Sl no	Type of Health Institution Facility	Total no: in the district	urban	rural
1	District Ayurveda Hospital	1	0	1
2	Government Ayurveda Hospital	10	4	6
3	Government Ayurveda Dispensary including Ayushman Arogya Mandir	75	10	65
4	Ayush Primary Health Centre	34	2	32
5	Government Ayurveda Tribal Dispensary	1	0	1
6	Government Sidha Vaidya Dispensary	1	0	1
7	Government Ayurveda Research Institute of Mental Health and Hygiene	1	0	1
	Total	123	16	107

Source: District data

3.4 Human Resource Profile of the District

The Indian Systems of Medicine services in the district are supported by a structured workforce comprising medical, paramedical, administrative, and support staff.

3.4.1 Availability of Medical Professionals

The district has a total of 181 sanctioned medical professional posts under ISM, NAM, and NHM, and all positions are fully filled, with no vacancies reported. Under the Indian System

of Medicine (ISM), 109 medical professionals are in position, including the District Medical Officer, Superintendent (GARIM), Chief Medical Officers, Senior Medical Officers, and Medical Officers, ensuring complete staffing at all levels. Similarly, under NAM and NHM, the district has 72 Medical Officers, including NHM Medical Officers, NAM Medical Officers, and Specialist Medical Officers, all of whom are actively serving.

Table No: 3.4.1: Details of Medical Professionals under the ISM /NAM/NHM in the District

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the ISM				
1	District Medical Officer	1	1	0
2	Superintendent (GARIM)	1	1	0
3	Chief Medical Officers	7	7	0
4	Senior Medical Officer	22	22	0
5	Medical Officer	78	78	0
	Total	109	109	0
Medical Officers Under NAM/ NHM				
1	Medical officer (NHM)	38	38	0
2	Medical officer (NAM)	22	22	0
3	Specialist Medical officer (NAM)	12	12	0

	Total	72	72	0	
	Grand Total	181	181	0	

Source: District data

3.4.2 Number and Distribution of Health Care Professionals

3.4.2.1- Details of Paramedical posts Sanctioned under the ISM department in the district

The district has a sanctioned strength of 225 paramedical staff, with 218 personnel in position. The workforce includes 35 Nurses, 89 Pharmacists, 2 Laboratory Technicians, 13 Therapists, and 86 Attenders, indicating strong staffing in core service support roles. Overall, staffing levels are robust, with only minimal gaps, ensuring the effective functioning of AYUSH healthcare institutions across the district.

Table 3.4.2.1- Details of Paramedical posts Sanctioned under the ISM department in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Nurse	35	32	3
2.	Pharmacist	89	85	4
3.	Lab Technician	2	2	0
4.	Therapist	13	13	0
5.	Attender	86	86	0
	Total	225	218	7

Source: District data

3.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the ISM in the District

The district has a total of 22 sanctioned administrative and ministerial posts under the ISM, including positions such as the District Medical Officer, Senior and Junior Superintendents, Superintendent of GARIM, Senior Clerks, Clerks, LD Typist, and Lay Secretary. All these posts are currently filled, ensuring the effective management and smooth functioning of administrative and clerical operations in the district's ISM institutions.

Table 3.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the ISM in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	District Medical Officer	1	1	0
2	Senior Superintendent	1	1	0
3	Junior Superintendent	1	1	0
4	Superintendent (GARIM)	1	1	0
5	Senior clerk	7	6	1
6	Clerk	8	8	0
7	LD Typist	2	2	0
8	Lay Secretary	1	1	0
	Total	22	21	1

Source: District data

3.4.2.3- Details of Other posts Sanctioned under the ISM in the District

Under the Indian System of Medicine (ISM) in the district, a total of 121 supporting staff posts have been sanctioned. Out of these, 101 posts are filled, while 20 posts remain vacant.

Key support positions such as Drivers, Office Attendants (Peons), Gardeners, and Night Watchers are fully staffed, ensuring smooth day-to-day operations of health institutions.

However, some shortages are observed in essential service roles. The district has 12 sanctioned Cook posts, of which 11 are filled, leaving 1 vacancy. Similarly, among Sanitation Workers, 15 out of 19 posts are filled, resulting in 4 vacancies. A larger gap is seen among Part-Time Sweepers, where 64 out of 79 posts are filled, leaving 15 vacancies.

Table 3.4.2.3- Details of Other posts Sanctioned under the ISM in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1	Driver	2	2	0
2	Office Attendant (Peon)	5	5	0
3	Cook	12	11	1
4	Sanitation Worker	19	15	4
5	Gardner	2	2	
6	Night Watcher	2	2	0
Other Supporting Staff				
1	Part-Time Sweeper	79	64	15
Total		121	101	20

Source: District data

3.5 Beneficiary Details

The following tables present the beneficiary coverage of ISM health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

3.5.1 ISM Hospitals

The district's ISM hospitals show an average monthly OPD of 2,543 patients and an average IPD of 309 patients across institutions. DAH Valavannur has the highest patient load with 8,809 OPD visits and 1,089 IPD admissions per month, supported by 50 beds. Other hospitals, including GAH Edakkara, GAH Manjeri, and GAH Ponnani, manage smaller patient

volumes with bed strengths ranging from 10 to 30, reflecting the distribution of healthcare demand across the district.

Detailed beneficiary details in the Hospitals are attached as annexure 3.5.1

3.5.2 ISM Dispensaries

The district's Government Ayurveda Dispensaries handle a wide range of outpatient volumes, with monthly OPD attendance varying from 708 at GAD Keezhuparamba to 2,862 at GAD Maranchery. Several dispensaries, including GAD Wandoor and GAD Thavanur, also manage high patient loads exceeding 2,500 per month. Most other dispensaries report between 1,000 and 2,000 OPD visits monthly, reflecting a fairly distributed demand for Ayurveda services across the district.

Detailed beneficiary details in the Dispensaries are attached as annexure 3.5.2

3.5.3 APHC dispensaries

The district's AYUSH institutions show a diverse range of outpatient activity across Ayurveda, Unani, and Sidha systems. Among the 26 Ayurveda centres, the monthly OPD ranges from 973 at Elamkulam to 1,708 at Keezhatur, with an overall average of approximately 1,342 patients per month. Unani facilities, comprising six centres, record OPD figures between 1,037 at Valavannur and 1,694 at Marakkara, reflecting moderately high patient engagement. The sole Sidha institution at Mankada reports a comparatively lower monthly OPD of 892.

Detailed beneficiary details in APHC are attached as annexure 3.5.3

3.6 Department Plan Project

The Department of ISM conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

The ten ongoing projects across various ISM facilities in Malappuram district are adequately staffed to provide a range of specialized services. DAH Valavannur hosts programs such as Vridhajana Paripalanam, Kaumarabrithya, Yoga, and Sports, each with the required medical and support personnel. GAH facilities, including Ponnani, Manjeri, Vengara, Perinthalmanna,

and Velimukku, implement projects like Manasikam, Prasoothi, Snehadhara, Panchakarma, and Drishti, with designated staff in place. Additional roles, such as attendants, nurses, optometrists, and data entry operators, are also assigned to ensure smooth operation.

Table 3.6 ISM Department Plan Projects summary

SL NO	PROJECT NAME	FACILITY	POST ASSIGNED
1	VRIDHAJANA PARIPALANAM (GERIATRIC CARE)	DAH Valavannur	Therapist-2 Caretaker-1
2	KAUMARABRITHYA	DAH Valavannur	Medical Officer (NAM) -1(on work arrangement) Attender-1
3	YOGA	DAH Valavannur	Medical Officer-1
4	SPORTS	DAH Valavannur	Medical Officer-1
5	MANASIKAM	GAH Ponnani	Medical Officer (NAM)-1(on work arrangement) Attender-1
6	PRASOOTHY	GAH Manjeri	Medical Officer (NAM)-1(on work arrangement) Attender-1
7	SNEHADHARA	GAH Vengara	Nurse-1 Attender-1
8	PANCHAKARMA	GAH Ponnani	Therapist- 2 Vacant
		GAH Vengara	Therapist-1(1 vacant)
		GAH Perinthalmanna	Therapist-1(1 vacant)

9	DRISHTI	GAH Velimukku	Medical Officer (NAM)-1(on work arrangement) Optometrist-1 Attender -1
10	Data entry operator	District Medical Office, Malappuram	Data entry operator-1

Source: District data

3.6.1 Research Cell for Indian Systems of Sports Ayurveda

This project applies Ayurvedic principles in sports medicine, focusing on injury prevention, management, rehabilitation, and performance enhancement. Implemented through Sports Ayurveda Research Cell (SARC) units and KISAR, it supports state and national-level sports persons and improves endurance, strength, and recovery.

Table 3.6.1: Research Cell for Indian Systems of Sports Ayurveda Annual Report (2022-2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	8.63L	3536
2	2023-24	7.14L	3687
3	2024-25	4.04L	2213

Source: District data

3.6.2 Snehadhara

Snehadhara is a palliative care programme implemented across all districts, providing home-based Ayurvedic nursing care for bedridden and terminally ill patients. The project significantly improves physical comfort, psychological health, and overall quality of life while reducing financial burden on families.

Table 3.6.2: Snehadhara Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	5.16 L	911
2	2023-24	6.83 L	1336
3	2024-25	6.38 L	1591

Source: District data

3.6.3 Geriatric Care Centre

This project addresses health issues of the elderly population (60+) through Ayurvedic management, physiotherapy, yoga, counselling, and supportive care. It aims to reduce morbidity, improve mobility, manage comorbidities, and enhance physical, mental, and emotional well-being.

Table 3.6.3: Geriatric Care Project Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	8.49L	2625
2	2023-24	7.10 L	1874
3	2024-25	6.09L	2389

Source: District data

3.6.4 Koumarabhrithya

Koumarabhrithyam provides comprehensive Ayurvedic paediatric care, including management of infections, nutritional deficiencies, developmental disorders, and post-COVID conditions. The project has shown high treatment adherence and significant improvement in children's health and quality of life.

Table 3.6.4: Koumarabhrithya Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	7.31 L	3994
2	2023-24	6.12 L	3367
3	2024-25	4.94 L	2986

Source: District data

3.6.5 Prasoothithantha

This project offers specialised Ayurvedic gynaecology and obstetric services, including antenatal, postnatal, menstrual, menopausal, and reproductive health care. It has demonstrated effective outcomes in women's health, postnatal recovery, menstrual disorders, and menopausal symptoms.

Table 3.6.5: Prasootithantha Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	9.24 L	3686
2	2023-24	7.56 L	3216
3	2024-25	7.16 L	2940

Source: District data

3.6.6 Nature Cure Hospital and Yoga Units

These units promote drug-free lifestyle management through yoga, naturopathy, diet regulation, and lifestyle modification. Implemented statewide, the project has shown significant improvement in non-communicable diseases, musculoskeletal disorders, metabolic conditions, and mental health.

Table 3.6.6 Nature Cure Hospital and Yoga Units Annual Report (2022–2025)

Sl No	Year	Expenditure	No. of patients
1	2022-23	3.67L	2113
2	2023-24	2.92L	2528
3	2024-25	2.99L	3878

Source: District data

3.6.7 Drishti

The **School Health Programme (Drishti)** is supported by a Medical Officer, Optometrist, and Attender. The programme addresses refractive errors among school children through screening, awareness, and Ayurvedic ophthalmic care, contributing to preventive eye health and improved visual outcomes.

Table 3.6.7: Drishti Annual Report (2022–2025)

Year	Estimated Expenditure (INR L)	Estimated No. of Patients
2023-24	6.43	1,513
2024-25	5.90	1,898

Source: District data

3.7 Standardisation of Institutions

3.7.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Malappuram District, NABH standards are being adopted in ISM institutions to strengthen clinical governance, documentation, and patient-centric

service delivery, thereby improving overall quality of care.

Nine Government Ayurveda Dispensaries in the district have got NABH Entry Level Accreditation.

Table 3.7.1: Table of NABH entry-level accredited institutions

Sl no	Name of Institution	NABH level
1	GAD Chandakkunnu	Phase 1
2	GAD Kolathur	Phase 1
3	GAD Maranchery	Phase 1
4	GAD Tanur	Phase 1
5	GAD Edappatta	Phase 1
6	GAD Chaliyappuram	Phase 1
7	GAD Moothedam	Phase 2
8	GAD Angadippuram	Phase 2
9	GAD Anakkayam	Phase 2

Source: District data

3.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the Department of AYUSH, Government of Kerala, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the

objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

Table 3.7.2: List of Institutions which have received the Kayakalp award

Sl.No	Facility Name	Category	Status
1	GAD Maranchery	Dispensary	99.58%
2	GAD Tanur	Dispensary	98.75%
3	GAD Angadippuram	Dispensary	95.83%
4	GAD Anakkayam	Dispensary	94.58%

Source: District data

3.8 Ayushman Arogya Mandir - Ayush

Ayushman Arogya Mandir - Ayush (AAMA) have been established to strengthen comprehensive primary healthcare delivery through the AYUSH systems of medicine, in alignment with national health priorities. With the assistance of the National AYUSH Mission (NAM), Kerala, existing Government Dispensaries institutions are being upgraded as AAMA to provide promotive, preventive, curative healthcare services. These centres focus on wellness-based interventions, lifestyle modification and Yoga adoption into the public health system. The initiative aims to enhance accessibility, quality, and continuity of AYUSH healthcare services at the community level, while ensuring standardized service delivery across the State.

List of Institutions upgraded as Ayushman Arogya Mandir (AAM-A) are attached as Annexure 3.8.

3.9 Digital Health

3.9.1 NextGen e-Hospital and ABDM activities

NextGen e-Hospital system is implemented by the Department of Indian Systems of Medicine (ISM), Government of Kerala, as part of the state's digital governance and

healthcare reform initiatives. Introduced to address long-standing challenges such as overcrowding, manual workflows, and patient waiting time in government AYUSH institutions, the system represents an upgraded, cloud-based Hospital Management Information System fully compliant with the Ayushman Bharat Digital Mission (ABDM).

The NextGen e-Hospital integrates key digital modules including OPD/IPD management, ABHA-based registration, Scan & Share self-registration, e-prescriptions, billing, laboratory and pharmacy services, inventory management, and real-time data capture. Its implementation has significantly improved service efficiency, transparency, coordination among departments, and accuracy of patient records, while reducing registration time from 40–50 minutes to approximately 5 minutes. As of the study period, 240 ISM institutions were operational on the platform, with others in advanced stages of onboarding, and several institutions recognised nationally as ABDM model facilities. The NextGen e-Hospital system has been implemented across multiple districts with varying degrees of coverage. Malappuram has 26 institutions functioning as e-Hospitals.



Figure 3.9.1 NextGen e-Hospital – and ABDM activities

3.10 Health Infrastructure Development

3.10.1 Grama Panchayath Projects

The LSGD-supported Ayurveda programmes in the district cover a wide spectrum of community health interventions, with financial support extended to palliative care, geriatric

care, child and maternal health, lifestyle disease management, and wellness initiatives. A major share of expenditure is directed towards Arike palliative care and chronic disease management, implemented across multiple local bodies such as Karulayi, Edapatta, Edayur, Vallikkunnu, Ponmundam, and Veliyankode. Geriatric care programmes like Sukhayus, Vayomitram, and Vayo Swasthyam are implemented in LBs including Vazhikkadavu, Peruvallur, Moothedam, Chaliyar, Keezhuparamba, and Chelembra. Maternal and child health initiatives such as Madhuram Mathruthwam, Jananya, Balyam, and Balamerum Balyam receive support across several panchayats, while home care, pain and palliative care, and disease prevention programmes like Ayurveda Home Care, Arogya Pariraksha, Epidemic Prevention through Ayurveda, and Ayurreksha strengthen community-based services. In addition, women-focused and wellness initiatives, including She Care and yoga training programmes, further enhance preventive and promotive health care. Overall, the expenditure reflects strong LSGD involvement in expanding Ayurveda-based public health services at the grassroots level.

The total allocation/expenditure for the listed LSGD-supported Ayurveda programmes amounts to ₹62,01,735 (Rupees Sixty-Two Lakh One Thousand Seven Hundred and Thirty-Five only).

Details of Grama Panchayath Projects are attached as annexure 3.10.1

3.10.2 Projects Under Municipalities

The listed LSGD-supported Ayurveda initiatives focus on maternal health, palliative care, and support for vulnerable patients, with a strong emphasis on Nilambur Municipality. The Janani Project is implemented through Ayurveda dispensaries at Ponnani and Nilambur with combined support, while Nilambur also undertakes multiple targeted interventions such as distribution of medicines for bedridden patients, menstrual cup distribution, and provision of assistive devices for palliative Pariraksha patients, reflecting a comprehensive community-care approach. In addition, Ayurvedic palliative care services are supported at Parappanangadi. The total expenditure for these projects amounts to ₹16,99,751, indicating significant financial commitment towards strengthening Ayurveda-based maternal health, palliative care, and supportive services at the local body level.

Table 3.10.2 Details of Municipality Projects

Sl. No.	Project Name	Local Body	Expenditure
1	Janani Project - Ayurveda Dispensary	Ponnani	200000
		Nilambur	50000
2	Distribution of Medicine for bedridden patients	Nilambur	300000
3	Menstrual cup Distribution	Nilambur	132896
4	Assistive devices for Palliative Pariraksha patients	Nilambur	816855
5	Ayurvedic palliative care	Parappanangadi	200000

Source: District data

3.10.3 Projects Under Block Panchayath

The listed Ayurveda initiatives implemented in Nilambur Local Body focus on palliative care, maternal health, and outreach services for vulnerable populations. Mrithasanjeevani receives the highest financial support, reflecting its importance in providing sustained care services. The Janani antenatal and postnatal care programme for SC women strengthens maternal and child health through targeted Ayurveda interventions, while the Ayurveda medical camps at ST colonies for the aged extend healthcare access to elderly tribal populations through community-based outreach. The total expenditure for these three projects amounts to ₹11,10,775, indicating a focused financial commitment towards inclusive, need-based Ayurveda healthcare services at the local level.

Table 3.10.3 Details Block Panchayath Projects

Sl. No	Project Name	LB Name	Expenditure
1	Mrithasanjeevani	Nilambur	600000
2	Janani Antenatal and Post natal care for SC women	Nilambur	251255
3	Ayurveda Medical Camp at ST colonies for aged	Nilambur	259520

Source: District data

3.10.4 District Panchayath Projects

Table 3.10.4 District Panchayath Projects

Sl. No.	Project Name	LB Name	Expenditure
1	Day to day Expenditure for Valavanur District Ayurveda Hospital	Malappuram	1500000
2	Purchase of Medicine to District Ayurveda Hospital Valavannur	Malappuram	7500000
3	Purchase equipments for Dist Ayurveda Hospital Valavannur	Malappuram	600417

Source: District data

3.11 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in ISM institutions. In Malappuram District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

Out of the total ISM institutions in Malappuram, 12 hospitals are equipped with in-house laboratory facilities, enabling timely diagnostic services and improving the quality of patient care.

3.12 Financial Expenditure

The financial performance over the two years shows a declining trend in allocations, releases, and expenditure. In 2023–24, an amount of ₹356.83 lakhs was allocated, of which ₹247.94 lakhs was released and ₹238.32 lakhs was utilized, indicating a high level of expenditure against the released funds. In 2024–25, the allocation reduced to ₹234.97 lakhs, with ₹163.56 lakhs released and ₹163.34 lakhs spent, showing near-complete utilization of the released amount. Overall, while the funding levels decreased in 2024–25 compared to the previous year, expenditure efficiency remained strong, with almost the entire released amount being utilized in both years.

Table 3.12 Financial Expenditure

Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure
23-24	356.83181	247.94092	238.31891
24-25	234.97217	163.55803	163.3418

Source: Plan space 2.0

3.13 Special Institutions under ISM in the District

Government Ayurveda Research Institute for Mental Health and Hygiene (GARIM), Kottakkal

3.13.1 Introduction

The Government Ayurveda Research Institute for Mental Health and Hygiene (GARIM) is a government institution under the Indian Systems of Medicine, located in Edarikode Grama Panchayath, Edarikode village, Tirurangadi Taluk, Malappuram district, Kerala, India. The institute specializes in Ayurvedic Mental health care. GARIM is a beacon of hope for those suffering from chronic and recurrent mental health issues, offering high quality care, training for professionals and promoting mental well-being through

community engagement. It was originally established in 1974 in a rented building at Thokampara near Kottakkal, and in 1999 it was relocated to a newly constructed facility with improved infrastructure and services.

People from various parts of India visit this institute to explore the potential of Ayurveda in treating mental health conditions. Nine doctors specialized in Ayurvedic Psychiatry oversee and lead the treatments at the institute. The hospital was later developed into a centre for study and training, enabling Ayurveda college students in Kerala to complete their house surgery in the psychiatric department, and providing a training centre for postgraduate students in psychiatry from Kottakkal Ayurveda college.

3.13.2 Aim of the Institution

- To explore Ayurveda possibilities in diagnosing and treating mental illnesses.
- To establish a scientific evidence base for Ayurvedic psychiatric practices.
- To deliver high-quality mental health care services following scientific and ethical principles.
- To help individuals overcome drug and substance addiction or dependence through compassionate & structured rehabilitation.
- To create a supportive environment that encourages personal growth, self-awareness and long-term recovery.

3.13.3 Highlights of the Institution

- The only government institution in India exclusively for Ayurveda Psychiatry and associated disorders.
- GARIM also functions as a research centre undertaking diverse research initiatives across various psychiatric disorders.
- With 50 years of distinguished service, it has grown to encompass specialized care in deaddiction and child psychiatry.
- In addition to clinical treatment, it offers comprehensive rehabilitation programmes aimed to build social skills of the patient.

- GARIM incorporate yoga as a supportive practice to enhance overall healing.
- GARIM also offers a library and a reading room to enrich and enhance the knowledge and cognitive engagement.

3.13.4 Projects under Plan fund

- **Anavadya** - Focused on psycho-social well-being of transgender individuals.
- **Susmrutham** - Aimed at addressing memory related issues in older adults.
- **Kusruthi** - Designed for primary school children (implemented in selected schools)
- **Sudheeram** - An approach to managing teenage psychological issues, particularly exam anxiety.

Projects under NAM

- **Pratheesha** - Designed to support mental wellness in special schools & Buds schools.
- **Medha** - developed for primary school children who experience learning difficulties.

3.13.5 Infrastructre

OPD

The Outpatient Department (OPD) operates daily from 9 AM to 2 PM. Under the OPD, doctors and supportive therapy staff provide services. The supportive therapy section includes the Department of Psychology. If any patient requires counselling, they will be referred to the Psychology Unit. Treatments are available with the option for advance booking. In case of emergencies, patients can be admitted directly. Our institution now operates in accordance with Mental Health Review Board protocols. We provide comprehensive services in child psychiatry, de-addiction, mental health disorders, dementia, and seizure disorders, with no age restrictions.

IPD

The IP facility has 50 beds & is operational 24 hours a day ensuring constant care and support for patients. Patients can book an admission based on the doctor's advice and will be notified when their turn arrives. Internal medications, Panchakarma treatments and supportive

therapies are provided as prescribed by the doctor.

3.13.6 Staff Distribution

Table 3.13.6 Staff pattern of GARIM

Sl No	Department	No.of Staffs
1	ISM Department	37
2	National Ayush Mission	6
3	Plan Fund	10
4	HDS	3

Source: District data

Details of staff are attached as annexure 3.13.6

3.13.7 List of health issues attended in the centre:

1. Psychiatry
2. Deaddiction
3. Mental & Behavioural Disorders
4. Neuro Cognitive disorder

3.13.8 Details of treatment modalities of management

1. Ayurveda Medications
2. Panchakarama
3. Counselling & Psychotherapies
4. Yoga Therapy
5. Recreational Activities

3.13.9 Achievements

1. SKOCH Award – Silver – Project(Susmrutham) (Category Health 2021)
2. SKOCH Award-Semi Finalist (Category Health 2019)
3. Haritha Office-A+ Grade -2025 Gok
4. Malinya Muktha Nava Kerala- Best Govt. Institution In Vengara Block Panchayath

3.14 Other activities

3.14.1 Ayurveda Day

In connection with Ayurveda Day 2025 observed under the theme “Ayurveda for People & Planet”, a series of activities were organized across Ayurveda institutions in Malappuram District starting from 21th September 2025 TO 14th October 2025. The district level programme inauguration was done by Jilla Panchayath President. A health medical camp, health card distribution, and medicinal plants distribution were done in the civil station premise. A rally starting from Civil station covering Malappuram town was done which was flag off by respective collector of Malappuram. A total of 38 medical camps, 23 NCD screening camps more than 50 health awareness classes were conducted under the initiative. The institutions that took part included Government Ayurveda Hospitals (GAH), Government Ayurveda Dispensaries (GAD), and NHM APHCs, among others.

Apart from medical camps, NCD screening and awareness classes, several other activities were conducted across institutions as part of the Ayurveda Day celebration. These included:

- Distribution of herbal plants to promote home herbal gardens
- Drawing competitions for students
- Memory lose screening camp
- Ayurveda Food exhibition highlighting Ayurvedic dietary principles
- Yoga training sessions
- Ayurveda quiz competitions
- Inauguration of project Madhuram Matrutwam
- Palliative meet



Figure 3.14.1 Ayurveda day celebration

3.14.2 Bharanabhasha Varacharanam

In connection with the Bharanabhasha Varacharanam, a series of activities and competitions were conducted in the district. It includes awareness class in schools on importance of Malayala bhasha and quiz competitions. Bharanabhasha pratijna was taken by the employees of DMO office on November 1st and displayed Malayalam terms used for 5 common words used in Government administration level. The litterateurs in the department were felicitated in the DMO office on November 4.



Figure 3.14.2 Bharanabhasha Varacharanam

3.14.3 Steps Under Ayushman Bharath Digital Mission

Twenty-six Institution in Malappuram started E-Hospital &Scan and share facilities under next gen E-Hospital Ayushman Bharath Digital Mission, Govt. of India.

3.15 Conclusion

The Department of Indian Systems of Medicine in Malappuram District plays a vital role in strengthening the public health system by integrating traditional medical knowledge with modern governance, quality standards, and digital innovations. With an extensive network of 123 AYUSH institutions, a predominantly rural outreach, well-structured human resources, and strong service utilisation reflected through high OPD and IPD figures, the department effectively addresses the district's diverse health needs. The implementation of

specialised programmes in geriatric care, maternal and child health, palliative care, mental health, lifestyle disease management, and preventive care demonstrates a clear alignment with community health priorities. Initiatives such as NABH accreditation, Kayakalp awards, Ayushman Arogya Mandirs, and the NextGen e-Hospital system have significantly enhanced service quality, standardisation, transparency, and patient experience. Despite a reduction in financial allocations in recent years, efficient utilisation of released funds and strong support from LSGDs underscore prudent financial management and local body participation. Institutions like GARIM further highlight the district's leadership in specialised Ayurvedic mental healthcare, research, and training. Overall, the ISM Department in Malappuram stands as a resilient, inclusive, and evolving healthcare system that contributes substantially to preventive, promotive, and curative health services, reinforcing holistic well-being and sustainable health development across the district.

Chapter 4

DEPARTMENT OF HOMOEOPATHY FACILITIES & SERVICES

4.1 Introduction

Malappuram District, one of the most populous districts in Kerala, is characterized by a diverse geographical landscape comprising coastal areas, river basins, midlands, and eastern highlands adjoining the Western Ghats. The district's dense population, varied settlement patterns, and active socio-economic environment contribute to a complex public health profile, with a rising burden of lifestyle-related disorders, maternal and child health concerns, and communicable diseases.

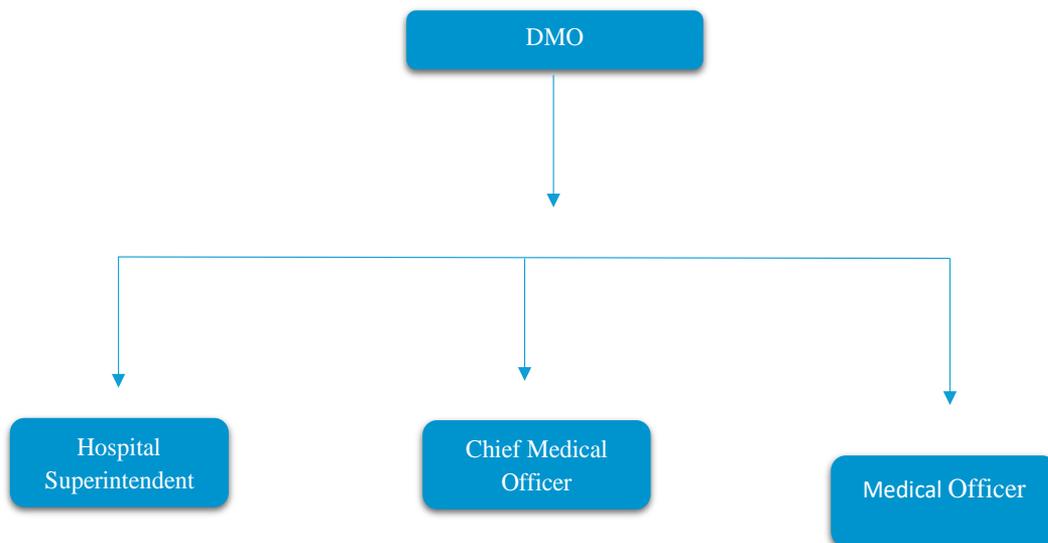
Seasonal monsoon patterns and riverine systems make certain areas of the district vulnerable to flooding, while hilly regions are susceptible to landslides and climate-related disruptions, posing additional public health risks. Issues related to drinking water availability and quality in selected areas further add to health challenges, particularly during summer months. In this context, the Department of Homoeopathy in Malappuram District plays an important role in addressing region-specific health needs through holistic, preventive, and community-based healthcare services. By integrating individualized treatment with disease prevention programmes, outreach activities, and preparedness for disaster-related health risks, Homoeopathy contributes significantly to strengthening public health resilience and ensuring accessible healthcare delivery for the district's diverse population.

4.2 Administration

The administration of the Department of Homoeopathy in Malappuram District ensures the organised and efficient functioning of all homoeopathic institutions functioning under the department. The administrative framework emphasises coordinated healthcare service delivery, supervision of medical and non-medical staff, uninterrupted supply of essential medicines, and maintenance of infrastructure and equipment. Continuous monitoring of service outcomes, execution of government policies and programmes, and adherence to quality and safety norms form key administrative components. Regular inspections,

evaluation of performance indicators, and initiation of corrective measures are undertaken to strengthen patient care and institutional performance. Through these ongoing efforts, the department aims to improve homoeopathic healthcare services throughout the district.

4.2.1 District Administration of the Department



4.2.2 District Medical Office Profile

Table No: 4.2.2: District Medical office Profile

Post	Office Address	Office Number	Mail id
District Medical officer	District Medical Office (Homoeo) 'B1' Block 3rd Floor, Civil Station, Malappuram-676 505	0483-2731387 Mob: 9072615310	dmohomoeompm@kerala.gov.in

Source: District data

4.2.3 Structure of DMO office

Table No: 4.2.3: Structure of DMO office

Sl no	Post	Number
1	District Medical officer	1
2	Senior Superintendent	1
3	Clerk	2
4	Office Attendant	1
5	Typist	1
6	Part Time Sweeper	1

Source: District data

4.3 Infrastructure Profile of the District

In Malappuram District, the Department of Homoeopathy operates a total of 111 government health institutions, forming a strong and accessible homoeopathic healthcare network. The district has 4 Government Homoeopathy Hospitals with a sanctioned bed strength of 70 providing inpatient and outpatient services. Additionally, 48 Government Homoeopathy Dispensaries offer primary homoeopathic care across various urban and rural areas. The service delivery is further strengthened by 19 Ayushman Arogya Mandirs, 36 Ayush primary health Care Centres and 4 SCPHHC, which focus on improving healthcare access for underserved and vulnerable populations. Through this extensive institutional network, the Department of Homoeopathy ensures comprehensive, equitable, and community-oriented healthcare services throughout Malappuram District.

SCPHCH – Special Component Plan Health Care Centres (Homoeopathy) are formulated to provide accessible and affordable healthcare services to marginalized communities residing in Scheduled Caste colonies. These centres function through Homoeopathy dispensaries established specifically to address the healthcare needs of vulnerable population groups. The programme is implemented with financial support from the Scheduled Caste Development Department, ensuring sustained service delivery, improved healthcare access, and targeted

interventions for the socio-economically disadvantaged sections of society. At present, four SCPHCH Homoeopathy dispensaries are functioning in the district, contributing significantly to improve healthcare outreach among Scheduled Caste communities.

Through this extensive institutional network, the Department of Homoeopathy ensures comprehensive, equitable, and community-oriented healthcare services throughout Malappuram District.

Out of these, 6 institutions are NABH-accredited and 14 have been upgraded to Government Model Homoeopathy Dispensaries. Digital transformation has been achieved in 60 institutions through AHiMS 2.0.

4.3.1: Details of Homoeopathic health facilities

Table No: 4.3.1: Details of Homoeopathic health facilities

Sl no	Type of Health Institution Facility	Total no: in the district
1.	District Hospital	1
2.	Govt. Homoeo Hospital	3
3.	Govt. Homoeo Dispensary	48
4.	Ayushman Arogya Mandir	19
5.	Ayush Primary Health Centre	36
6.	SCPHHC	4
	Total	111

Source: District data

Details of Homoeopathic facilities are attached as Annexure 4.3.1

4.3.2 Health Facilities in Urban and Rural Areas

Out of the 111 homoeopathic health facilities functioning in the district, 11 are located in urban areas and 100 in rural areas, indicating strong rural outreach. The District Homoeopathic Hospital and other one Hospital are situated in urban areas, while two Govt.

Homoeopathy Hospitals are situated in Rural area. Among primary-level institutions (Government Homoeo Dispensaries and Ayushman Arogya Mandirs) 5 are situated in urban areas, 62 are situated in rural areas. 34 of the 36 AYUSH Primary Health Centres are located in rural areas. 2 of the 4 SCPHHC are located in rural areas. This distribution highlights the department's focus on ensuring accessible homoeopathic healthcare services, particularly in rural regions.

Table No: 4.3.2: Health Facilities in Urban and Rural Areas

Sl no	Type of Health Institution /Facility	Total no: in the district	Urban	Rural
1.	District Hospital	1	1	0
2.	Govt. Homoeo Hospital	3	1	2
3.	Govt. Homoeo Dispensary including Ayushman Arogya Mandir	67	5	62
4.	Ayush Primary Health Centre	36	2	34
5.	SCPHHC	4	2	2
	Total	111	11	100

Source: District data

4.3.3 Hospital Details based on Bed Strength

District has a total of 4 government hospitals with an overall bed strength of 70 beds. This includes two 25 bedded and two 10 bedded hospitals distributed across the district. While each hospital functions with moderate capacity, together they play a significant role in ensuring the availability of inpatient homoeopathic care. These hospitals collectively support the delivery of essential healthcare services, improving access to treatment and strengthening the district's public homoeopathic healthcare system.

Table No: 4.3.3: Hospital Details based on Bed Strength

Sl no	Hospitals based on bed strength	Hospital number	Bed strength
1	Govt. Hospital (25 Bedded)	2	50
2	Govt. Hospital (10 Bedded)	2	20
	Total No. Of Beds/ Hospitals	4	70

Source: District data

4.4 Human Resource Profile of the District

The Department of Homoeopathy in Malappuram District is supported by a well-structured human resource framework comprising medical, paramedical, administrative, and Class IV staff across Government Homoeopathy institutions, ensuring effective delivery of healthcare services. The majority of sanctioned medical and paramedical posts in Government institutions, including Hospital Superintendents, Chief Medical Officers, Medical Officers and supporting staff, are fully maintained, enabling uninterrupted clinical services. Additional human resources with support from the National AYUSH Mission (NAM) through contractual appointments and programme-based staffing support are being utilized for effective health care service delivery through the hospitals. Though key operational posts such as pharmacists, nursing staff, and support personnel are largely in position, a limited number of vacancies persist in selected categories, particularly in nursing and Class IV cadres. Overall, the existing human resource availability are optimally utilized to provide a strong foundation for service delivery, with continued efforts underway to address remaining gaps and strengthen institutional efficiency and patient care.

AYUSH Primary Health Centres (APHC) function with a single Medical Officer deployed by the National Health Mission (NHM) on a contract basis, with supporting staff provided by the respective Local Self Government Institutions (LSGIs).

4.4.1 Availability of Medical Professionals

A total of 79 medical professional posts have been sanctioned in the district, and all posts are filled. This includes administrative, supervisory, and clinical positions such as District Medical Officer, Hospital Superintendents, Chief Medical Officers, Medical Officers, and Resident Medical Officers.

Service of Medical Officers under NHM and NAM are also being utilized for the health care delivery in the district.

Table No: 4.4.1: Details of Medical Professionals under the DH /NAM/NHM in the District

Sl no	Category	Sanctioned	Filled	Vacant
Medical Professionals under the DH				
1	Administrative (District Medical officer)	1	1	0
2	Hospital Superintendent	2	2	0
3	Chief Medical officer	7	7	0
4	Medical officer	66	66	0
5	Resident Medical officer	3	3	0
	Total	79	79	0
Medical Officers Under NAM/ NHM				
1	Medical officer (NHM)	37	37	0
2	Medical officer (NAM)	27	27	0
	Total	64	64	0
	Grand Total	143	143	0

Source: District data

4.4.2 Number and Distribution of Health Care Professionals

The district demonstrates **strong manpower coverage across core service areas**, though **strategic recruitment is required in nursing, pharmacy and certain support roles** to further strengthen service delivery and operational efficiency.

Table 4.4.2.1- Details of Paramedical posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Nurse	9	8	1
2.	Nursing Assistant	7	7	0
3.	Pharmacist	51	47	4
4.	Lab attender	1	1	0
5.	Lab technician	1	1	0
6.	Dispenser	8	7	1
7.	Attender	38	38	0

Source: District data

Table 4.4.2.2- Details of Administrative & Ministerial posts Sanctioned under the Department of Homoeopathy in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1.	District Medical Officer	1	1	0
2.	Senior Superintendent	1	1	0
3.	Clerk	4	3	1
4.	Clerk typist	1	1	0
5.	Office Attendant	11	8	3
6.	Typist	1	1	0

Source: District data

Table 4.4.2.3- Details of other posts Sanctioned under the DH in the District

Sl no	Designation	Sanctioned	Filled	Vacant
1.	Cook	3	3	0
2.	Cleaner	2	2	0
3.	Driver	1	0	1
4.	Sweeper Cum Peon	6	6	0
5.	Sweeper Cum Sanitation Worker	1	1	0
6.	Watcher Cum Sweeper	2	2	0
Other Supporting Staff				
1	Part Time Sweeper	28	23	5

Source: District data

4.5 Beneficiary Details

The following tables present the beneficiary coverage of Homoeopathy health facilities, categorised into Hospitals and Dispensaries. The data reflects the average patient load handled by each institution over a month, indicating service utilisation and capacity.

4.5.1 Hospital

In **Malappuram District**, four Government Homoeopathy institutions provide outpatient and inpatient services with varying bed strengths, catering to both general and specialised healthcare needs. The **Malappuram District Homoeo Hospital**, with **25 beds**, records an average monthly OPD of **5,640** and **42** IPD admissions, while the **Manjeri Government Homoeo Hospital**, also with **25 beds**, manages **3,480** OPD cases and **22** IPD admissions per month. The **Wandoor Pain & Palliative Cancer Care Centre – Chethana**, a specialised facility with **10 beds**, reports a lower OPD of **1,200** but a high IPD of **104**, reflecting its focus on long-term inpatient care. The **Kuttippuram Government Homoeo Hospital**, supported by **10 beds**, handles an average monthly OPD of **3,390** and **22** IPD admissions, together ensuring comprehensive homoeopathic healthcare coverage across the district.

Details of Beneficiary details in Hospitals are attached as Annexure 4.5.1

4.5.2 Dispensaries

The beneficiary details of Government Homoeo Dispensaries indicate substantial utilisation of homoeopathic services across the district, as reflected by the average monthly OPD attendance. The majority of dispensaries record an average monthly OPD between 700 and 1,200, reflecting steady and uniform utilisation across rural and semi-urban areas. Overall, the data highlights the effective functioning of Government Homoeo Dispensaries and their significant role in delivering accessible primary health care services to the population.

Details of Beneficiary in Govt Homoeo Dispensaries are attached as annexure 4.5.2

4.5.3 AYUSH PRIMARY HEALTH CENTRE dispensaries & SCP dispensaries

The beneficiary details of AYUSH Primary Health Centres and SCP dispensaries reveal significant utilisation of AYUSH services across the district. Most AYUSH PHCs reported average monthly OPD attendance above 1,000, demonstrating consistent utilisation, while SCP dispensaries showed comparatively moderate attendance levels. Overall, the data indicates effective functioning of AYUSH Primary Health Centres and SCP dispensaries in delivering accessible and comprehensive primary health care services to the population.

Details of Beneficiary in Ayush Primary Health Centre dispensaries & SCP dispensaries are attached as annexure 4.5.3

4.6 Public Health Programmes

The Department of Homoeopathy conducts a broad spectrum of public health programmes and speciality clinics aimed at addressing diverse health needs within the community. The support of the National AYUSH Mission is also on hand for these projects.

4.6.1 Gender Based Projects- Women - Seethalayam

Seethalayam is the first gender-based project of the Department of Homeopathy. The project aims to ensure the mental, physical, and emotional health of women especially domestic violence victims and suggest solutions for the difficulties they face. A unique feature of this project is that all staff members are women. It provides homeopathic treatment along with individual and family counseling.

Since its inception, Seethalayam has gained immense popularity through its unique

operational style, awareness classes, and medical camps. It offers treatment for women facing marital issues, workplace problems, domestic violence, sexual exploitation, anxiety, suicidal tendencies, and depression. Services are also extended to other family members. The project collaborates with the Social Justice Department, Women's Cell, Women's Commission. Monthly visits are conducted to women's prisons and destitute homes.

Objectives:

- To ensure the mental, physical, and emotional security of women.
- To provide knowledge regarding women's rights and laws.
- To facilitate rehabilitation for the destitute and the neglected.

Table 4.6.1: Beneficiary details of Seethalayam project

	Op			Counselling		
	New	Old	Total	New	Old	Total
2023-24	405	1176	1581	300	572	872
2024-25	398	1076	1474	444	254	698

Source: District data

4.6.2 Punarjani

Punarjani is a de-addiction treatment clinic that has been functioning since 2012 as a sub-clinic of the Seethalayam project. It was established after observing that many women seeking help at Seethalayam were suffering from domestic violence and mental stress caused by substance abuse (alcohol and drugs) among the men in their families. The project provides homoeopathic treatment and counselling for patients addicted to alcohol, drugs and smoking.

Objectives:

- To treat patients with addiction.

- To conduct awareness classes for adolescents and youth regarding health issues and social crises caused by substance abuse.
- To utilize a treatment method that minimizes withdrawal symptoms
- To extend counseling to other family members of patient

Table 4.6.2: Beneficiary details of Punarjani project

	New	Old	Total
2023-24	35	106	141
2024-25	24	75	99

Source: District data

4.6.3 Janani

The **Janani** project by the Department of Homeopathy offers hope in the field of infertility treatment with simple, side-effect-free medicines. The project effectively treats both male and female infertility, including conditions like PCOD, menstrual disorders, Fallopian tube blocks, hypothyroidism, uterine fibroids, and low sperm count/motility. Diagnostic tools like ultrasound and follicular studies are also being utilised.

Table 4.6.3: Beneficiary details of Janani project

	New Case	Old Case	Cumulative Pregnancy	Cumulative Child Birth
2023-24	267	2504	244	165
2024-25	213	2661	273	181

Source: District data

4.6.4 Sadgamaya

Sadgamaya is the child and adolescent-centric project of the Department of Homoeopathy. It aims at attaining overall wellness encompassing physical, mental, emotional, and social aspects, with specific attention to issues related to behavioural, cognitive, or educational challenges.

Objectives

- Identify behavioural, scholastic, psychological and physical problems of children and adolescents.
- Impart awareness for parents, children, teachers and the general public on learning disabilities and behavioural problems.
- Provide homoeopathy treatment for behavioural and learning disabilities.
- Service of special education teachers is available in each unit, who train the patients in special learning methodologies.
- Provide behavioural management, treatment and counselling for children and adolescents.

Beneficiaries

- Neurodevelopmental & Behavioural Disorders
 - Autism Spectrum Disorders
 - Attention Deficit Hyperactivity Disorder (ADHD)
 - Learning Problems and Learning Disabilities (e.g., dyslexia, slow learning)
 - Developmental Delays
 - Behavioral disorders (e.g., oppositional, conduct issues)
 - Impulsive and conduct-related behaviours
- Cognitive, Emotional & Psychiatric Issues
 - Depressive disorders / Persistent Depressive Disorder
 - Anxiety, fears and emotional dysregulation
 - Obsessive-Compulsive Disorder (OCD)
 - Speech and language disorders
 - Scholastic backwardness / difficulties in reading, writing, calculation
- Other Challenges Addressed
 - Social withdrawal and lack of concentration
 - Substance abuse and addictive behaviours (including gadget addiction)
 - Sexual abuse and related emotional trauma
 - Behavioural issues like kleptomania
 - Mental stress and maladaptive coping behaviours

- Mild to moderate intellectual challenges
- Social media addiction and game addictions

Table 4.6.4: Beneficiary details of Sadgamaya project

	New	Old	Total
2023-24	746	3024	3770
2024-25	797	2697	3494

Source: District data

4.6.5 Ayushmanbhava

Non-communicable diseases (NCDs)/ lifestyle diseases are becoming a major health concern in society, and the World Health Organization has issued warnings to all nations regarding this issue. In response, various committees established by the government have decided to utilize the potential of all medical systems to address the social breakdown caused by NCDs, across the country and particularly in Kerala.

Objectives

- Providing treatment for NCDs through homoeopathy and consultation of naturopathy for healthy life style through dietary regulations along with yoga practice.
- To offer treatment for complications arising from lifestyle diseases and to empower individuals to overcome disabilities caused by these complications.
- Creating awareness among the population in preventive and promotive health care.
- Making treatment affordable and accessible to the public.

Table 4.6.5: beneficiary details of Ayushmanbhava project

Year	New Cases	Old Cases	Grand Total
2023-24	856	3890	5602
2024-25	812	4816	5628

Source: District data

4.6.6 Palliative Care

Introduction

The global demand for palliative care is rising due to the increasing number of patients with chronic and terminal illnesses. In India, approximately 2% of patients fall within the scope of palliative care. Kerala was the first state in India to implement a 'Pain and Palliative Policy' in 2008. Following this initiative, the Kerala State Department of Homoeopathy launched the Pain & Palliative Project in 2016-2017, based on various government directives and circulars.

Need for Palliative Care

The rising burden of chronic, incurable conditions such as cancer, degenerative disorders, and geriatric illnesses underscores the need for comprehensive palliative care services. The Palliative Project of Department of Homoeopathy is designed to alleviate suffering among patients and their families by addressing physical, mental and psychosocial challenges while enhancing overall quality of life. The program emphasizes the delivery of effective, side effect free and cost - efficient health care through Homoeopathy, with a focus on relief from pain and other distressing physical symptoms associated with chronic diseases. Integrated efforts with volunteer organizations and allied departments support community awareness initiatives and coordinated geriatric - palliative care services. The project provides home visits, as well as medical and nursing care for bedridden patients.

Implementation Approach

Implementation operates at two levels:

- Primary Palliative Care through home visits delivered by primary palliative care centres functioning in Dispensaries/ Ayush Primary Health Centres
- Secondary Palliative Care through weekly Palliative Outpatient services , Inpatient Care and home visits delivered by secondary centres in district hospital

Table 4.6.6: beneficiary details of Palliative Care project

	OP-New	OP Follow up	IP	No Of Home care visits- Primary	No Of Home care patients- Primary	No Of Home care visits- Secondary	No Of Home care patients- Secondary
2023-24	61	283	19	412	1976	178	2389
2024-25	67	142	60	406	1873	169	1579

Source: District data

4.6.7 Projects and Institutions

Table 4.6.7: Table of details of Plan Projects

Sl. No.	Name of the Programme	Institution Where Implemented	Days of Operation
1	Seethalayam	District Homoeopathy Hospital, Malappuram	Monday to Saturday
2	Ayushman Bhava	District Homoeopathy Hospital, Malappuram	Monday to Saturday
3	Sadgamy	District Homoeopathy Hospital, Malappuram	Monday to Saturday
4	Janani	District Homoeopathy Hospital, Malappuram	Monday to Saturday
5	Punarjani	District Homoeopathy Hospital, Malappuram	Tuesday, Thurs day

Source: District data

4.6.8 Local Body Specific Initiatives

Through the Local Self Government Institutions (LSGIs), the Department of Homoeopathy has initiated various projects to address specific local public health issues within their respective jurisdictions. Under these initiatives, Homoeopathy institutions functioning under local bodies implement targeted health programmes using LSG plan

funds, in addition to their regular clinical services. These locally designed interventions focus on area-specific health needs and emerging public health concerns. Such additional services play a vital role in strengthening community-based healthcare delivery and are essential for effectively meeting the healthcare requirements of the local population.

Table 4.6.8: Table of details of LSGD projects

Name of the Programme	Institution Where Implemented	Days of Operation
Rheumatic Clinic	Govt. Homoeopathy Hospital, Manjeri	Tuesday, Thursday

Source: District data

4.7 Standardisation of Institutions

4.7.1 NABH - Entry-level Accreditation

National Accreditation Board for Hospitals & Healthcare Providers (NABH) provides a standardized quality framework to enhance patient safety and service excellence in healthcare institutions. In Thiruvananthapuram District, NABH standards are being adopted in homoeopathy institutions to strengthen clinical governance, documentation, and patient-centric service delivery, thereby improving overall quality of care.

Table 4.7.1: Table of NABH entry-level accredited institutions

Sl no	Name of Institution	NABH level
1	GHD Chennara	Entry Level
2	GHD Koorad	Entry Level
3	GHD Omanur	Entry Level
4	GHD Porur	Entry Level
5	GHD Kottakkal	Entry Level
6	GHD Puzhakattiri	Entry Level

Source: District data

4.7.2 Kayakalp

The Kerala AYUSH Kayakalp Award is a state-level initiative under the National Ayush Mission, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The program recognizes hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

It encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the Swachh Bharat Mission and enhances the overall image and service quality of AYUSH institutions across Kerala.

Table 4.7.2: List of Institutions which have received the Kayakalp award

Sl.No	Facility Name	Category
1	Wandoor Pain And Palliative Centre	Sub District Hospital
2	Govt.Homoeopathy Dispensary Koorad	1st Prize
3	Govt.Homoeopathy Dispensary Areacode	Commendation
4	Govt.Homoeopathy Dispensary Kottakkal	Commendation
5	Govt.Homoeopathy Dispensary Omanoor	Commendation

Source: District data

4.7.3 Model Dispensary

Model dispensaries serve as an effective mechanism for standardizing healthcare service delivery across homoeopathy institutions. Dispensaries with a consistently high volume of Outpatient (OP) attendance are identified and selected for upgradation as Model Dispensaries, ensuring optimal utilization of resources and maximum public benefit. The upgradation is implemented in a phased manner, focusing on improvements in infrastructure, manpower support, service delivery systems, and patient amenities. This

initiative is supported through consistent financial assistance from the Plan budget, enabling sustained quality enhancement and uniform service standards across selected institutions.

Table 4.7.3: List of institutions upgraded as model dispensary

SI No	Name of Institution
1	Govt Homoeo Dispensary Parappanagadi
2	Govt Homoeo Dispensary Naripparampu
3	Govt Homoeo Dispensary Idavanna
4	Govt Homoeo Dispensary Pulppatta
5	Govt Homoeo Dispensary Ilamaram
6	Govt Homoeo Dispensary Arimbra
7	Govt Homoeo Dispensary Chulliyodu
8	Govt Homoeo Dispensary Poroor
9	Govt Homoeo Dispensary Thiruvaali
10	Govt Homoeo Dispensary Omanoor
11	Govt Homoeo Dispensary Thachana
12	Govt Homoeo Dispensary marutha
13	Govt Homoeo Dispensary kottakkal
14	Govt Homoeo Dispensary Pandikkad

Source: District data

4.8 Ayushman Arogya Mandir (AYUSH)

Ayushman Arogya Mandir (AYUSH) represents a people-centred initiative aimed at strengthening accessible, affordable, and holistic primary healthcare services across the community. These centres integrate the principles and therapeutic strengths of Ayurveda, Yoga & Naturopathy, Unani, Siddha, Sowa-Rigpa, and Homoeopathy to promote wellness, disease prevention, and comprehensive care.

Functioning as the first point of contact for individuals and families, Ayushman Arogya Mandirs provide outpatient care, health promotion, lifestyle counselling, management of common ailments, and support for chronic disease management through AYUSH

systems. The focus remains on preventive and promotive healthcare, encouraging healthy living practices and early intervention to reduce the burden of disease.

By combining traditional knowledge with organized public health delivery, Ayushman Arogya Mandir (AYUSH) contributes significantly to the national vision of Universal Health Coverage. These centres play a key role in extending quality AYUSH healthcare to rural and urban populations alike, ensuring continuity of care while preserving India's rich heritage of holistic healing.

List of Institutions upgraded as Ayushman Arogya Mandir (AYUSH) are attached as Annexure 4.8

4.9 Digital Health

4.9.1 AHiMS - AYUSH Health Information Management System

The Ayush Homoeopathy Information Management System (AHiMS) is the official Information Management System implemented by the Department of Homoeopathy to digitize and streamline the clinical, administrative, and institutional functions of Homoeopathy healthcare facilities across the State.

AHiMS Version 1 (AHiMS 2.0) was introduced in 2019 as the foundational digital platform. This version primarily focused on the collection and consolidation of numerical and institutional data related to core operations such as OP/IP statistics, asset management, medicine indenting, Plan and Non-Plan fund management, basic reporting, and institutional profile data. AHiMS 1.0 established a standardized digital workflow across Homoeopathy institutions and enabled centralized data availability for effective monitoring, reporting, and policy-level decision-making. The software received Second Prize in the eHealth – e Medicine category of the State e-Governance Awards for the years 2019–20 and 2020–21, recognizing its contribution to digital health governance.

AHiMS Version 2 (AHiMS 2.0), launched in 2023, represents a significantly enhanced and expanded phase of the system. In addition to strengthening the unique Homoeopathy Hospital Management System—the only such digital solution in the country covering more than 1,100 Homoeopathy institutions—Version 2 introduced advanced administrative and governance-oriented modules. A major addition is the

comprehensive Establishment / HR module, which covers employee service details, recruitment, probation, service history, disciplinary proceedings, and document management. The upgraded version also supports improved internal governance, better data integrity, and expanded operational modules including accounts, stock management, institutional administration, and system-level controls. Overall, AHIMS 1.0 laid the digital foundation, while AHIMS 2.0 evolved the platform into a comprehensive, integrated management system, supporting both healthcare service delivery and administrative efficiency in the Homoeopathy sector.

All the Government Homoeopathy institutions in Thiruvananthapuram District are actively delivering digital health services through the AHIMS. Key functional areas including patient registration, clinical documentation, and service reporting are being carried out digitally across institutions. Medicine stock management in both Government Homoeopathy institutions and AYUSH Primary Health Centres (AYUSH) has been fully digitalised, ensuring accurate tracking of stock availability, consumption, and distribution. The medicine procurement process is now 100% online, enabling transparent monitoring of indents, purchase orders, supply status, and delivery timelines. These digital processes are supported by real-time dashboards accessible to the District Medical Officer (DMO), facilitating effective oversight, data-driven decision-making, and improved efficiency in medicine supply chain management.

4.9.2 ABDM activities

In connection with ABDM activities in Malappuram District, **100% Health Facility Registry (HFR) creation has been achieved**, with all **111 health facilities successfully registered**. In addition, **66 Health Professional Registries (HPRs)** have been created out of **145 eligible health professionals (46%)**, reflecting substantial progress in onboarding healthcare providers onto the ABDM ecosystem. Continuous efforts are underway to complete the remaining HPR registrations to ensure full compliance and seamless digital health data exchange across the district.

4.10 Medicine Availability & Logistics

LSGD has allocated Rs. 9199230/- for medicine purchases specifically for homoeopathy institutions in Malappuram district. This allocation falls under LSGD's health sector initiatives, enabling timely purchases

4.11 Laboratory & Diagnostic Facilities

Clinical laboratory services play a vital role in supporting accurate diagnosis, treatment planning, and patient monitoring in homoeopathy institutions. In Malappuram District, laboratory facilities are made available through a combination of institution-owned laboratories and associated external laboratories to ensure continuity of clinical services.

Table 4.11: Laboratory facilities in Institutions

SL No	Name of Institution
1	Kuttippuram Govt Homoeo Hospital
2	Malappuram Govt Homoeo Hospital
3	Manjeri Govt Homoeo Hospital
4	Wandoor Govt Homoeo Hospital

Source: District data

4.12 Financial Expenditure

In Malappuram district, an amount of **₹66.18 lakhs** was allocated and fully released in 2023–24, out of which **₹51.07 lakhs** was spent. In 2024–25, the allocation and release stood at **₹51.65 lakhs**, with an expenditure of **₹51.58 lakhs**, indicating **almost complete utilisation of the released funds** during the current year.

Table 4.12: Financial Expenditure

District	Year	Allocated amount (in Lakhs)	Released Amount(in Lakhs)	Expenditure
Malappuram	2023-24	66.17765	66.17765	51.07138
Malappuram	2024-25	51.64965	51.64965	51.58387

Source: District data

Chapter 5

NATIONAL AYUSH MISSION KERALA SUPPORTS & SERVICES

5.1 Introduction

National AYUSH Mission is a Centrally Sponsored Scheme under the Ministry of AYUSH. The government of India launched National AYUSH Mission (NAM) during the 12th plan in 2014. In Kerala, NAM started activities in 2015. The aim of NAM is to mainstream AYUSH Systems into health care services, to develop evidence-based AYUSH management protocol through scientific documentation and to ensure the accessibility of quality AYUSH services. Regarding the funding pattern, 60% share is provided by the Central Government and 40% is provided by the State Government.

The vision is to provide cost-effective, equitable, and accessible AYUSH healthcare across the country by strengthening service delivery systems and improving access to quality care. It emphasizes the integration of preventive and promotive healthcare approaches within primary health services, while promoting a holistic wellness model grounded in AYUSH principles and practices. In addition, the vision seeks to enhance AYUSH educational institutions to ensure the delivery of high-quality education and the development of competent professionals to support the growth of the AYUSH sector.

The objective is to ensure the availability of AYUSH healthcare services across the country by strengthening and improving AYUSH healthcare infrastructure and service delivery. It aims to establish a holistic wellness model through AYUSH Health and Wellness Centres with a strong focus on preventive and promotive healthcare based on AYUSH principles and practices, thereby reducing disease burden and out-of-pocket expenditure. The approach also seeks to provide informed choices to the public through the co-location of AYUSH facilities at Primary Health Centres, Community Health Centres, and District Hospitals, promoting medical pluralism. Further, it emphasizes the role of AYUSH in public health in alignment with the National Health Policy (NHP) 2017.

5.1.1 National Ayush Mission – Funding Approval Analysis

The analysis highlights the financial growth pattern, approval efficiency and year-wise variations to support planning, monitoring and future programme strategy formulation.

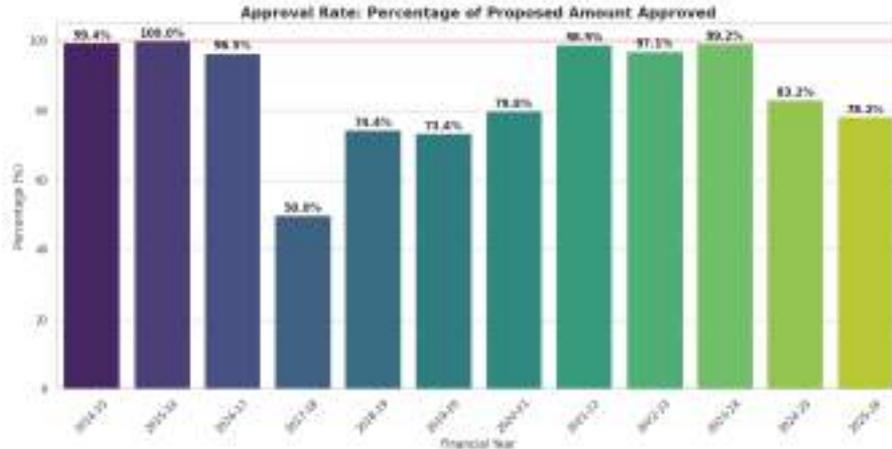


Figure 5.1.1.1 Funding Approval Analysis

Figure 5.1.1.1 illustrates the year-wise comparison of Resource Envelope, Amount Proposed and Amount Approved under the National AYUSH Mission. The chart indicates a progressive increase in financial allocations over the years, reflecting expansion of programme scope and implementation scale.



Figure 5.1.1.2 Trend Analysis of Funding Approval Analysis

Figure 5.1.1.2 depicts the approval efficiency trend, highlighting the percentage of proposed funds approved each year. The consistently high approval rate demonstrates effective planning, quality proposal preparation and strong institutional coordination with the approving authorities.

5.1.2 Approved Amount for Engineering Construction Works Under NAM

The following graphical representation presents a comprehensive trend analysis of the approved financial outlay for Engineering Construction Works executed under the National AYUSH Mission (NAM) across multiple SAAP years. The analysis examines sector-wise movement, total funding behavior, priority shifts and percentage contribution patterns over time.

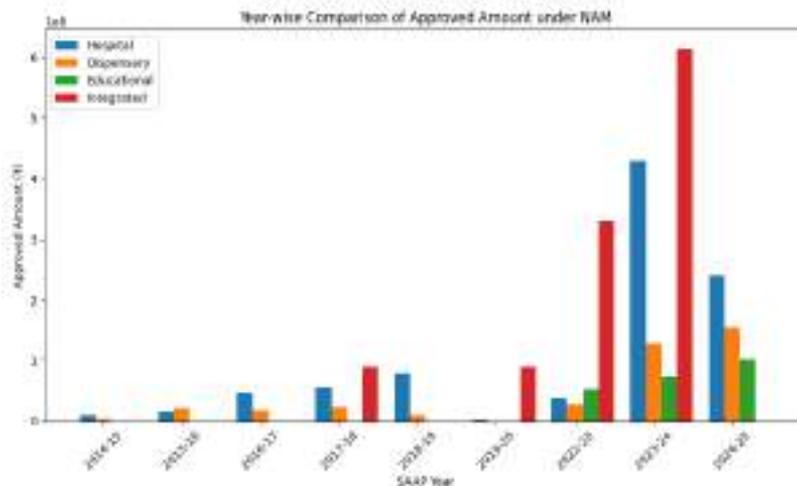


Figure 5.1.2.1 Analysis of Approved Amount For Engineering Construction Works Under NAM

Figure 5.1.2.1 presents the SAAP year-wise approved financial outlay for Engineering Construction Works under the National AYUSH Mission. The trend reflects periodic increases aligned with infrastructure strengthening priorities, including hospitals, dispensaries and academic institutions.

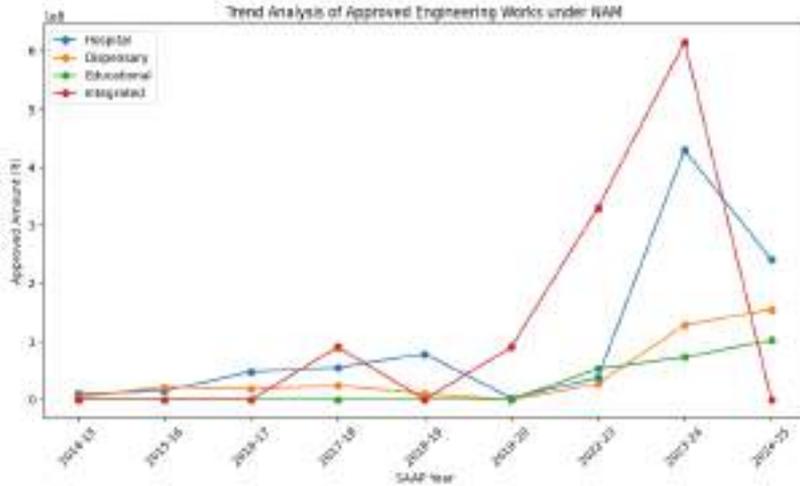


Figure 5.1.2.2 Trend Analysis of Approved Amount For Engineering Construction Works Under Nam

Figure 5.1.2.2 highlights the proportional distribution and trend movement of engineering works funding across SAAP years. Variations indicate strategic prioritisation of construction activities based on programme needs and infrastructure gaps.

5.1.3 Flexipool Projects Approved In The State – Trend Analysis Report

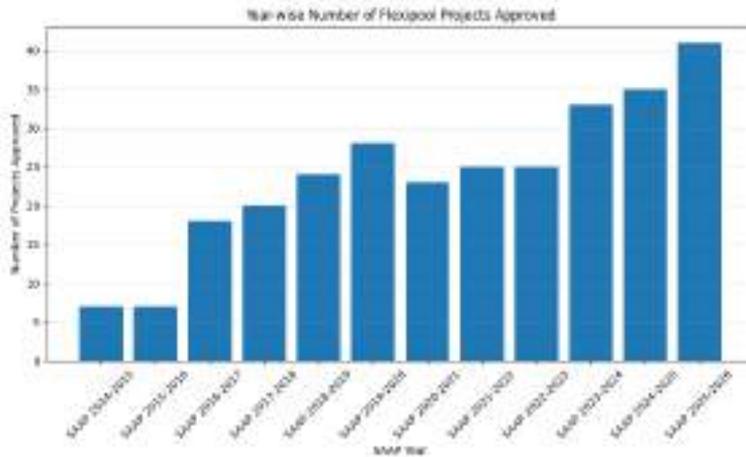


Figure 5.1.3.1 Analysis of Flexipool Project Approved in the State

Figure 5.1.3.1 illustrates the number of Flexipool projects approved under the National AYUSH Mission across SAAP years. The upward trend indicates increased utilisation of the Flexipool component to address State-specific and innovative healthcare needs.



Figure 5.1.3.2 Trend Analysis of Flexipool Project Approved in the State

Figure 5.1.3.2 presents the comparative trend analysis, showing periods of accelerated project approvals. This reflects improved planning capacity and greater emphasis on flexible, need-based interventions.

5.1.4 National Ayush Mission - Public Health Programmes – Kerala – Funding Approval Analysis

The SAAP year-wise data and trend analysis of Public Health Programmes implemented in Kerala.

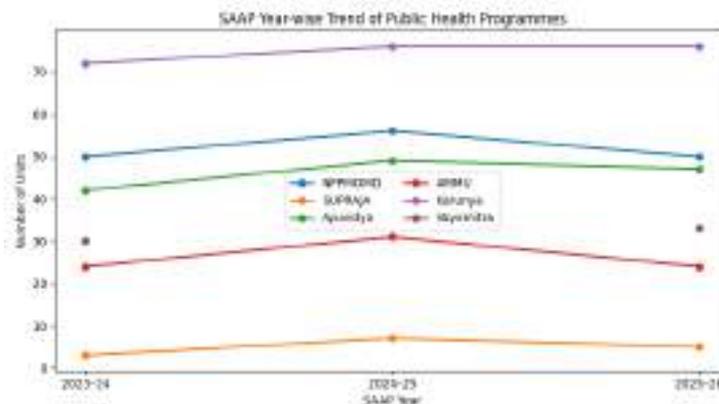


Figure 5.1.4.1 Trend Analysis of Public Health Programmes established

- National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders (NPPMOMD) shows sustained implementation across all SAAP years, reflecting continued focus on musculoskeletal disorder management.
- Karunya consistently records the highest number of units, indicating wide beneficiary coverage.
- SUPRAJA and AYUSH Mobile Medical Unit show expansion during 2024–25, highlighting emphasis on maternal health and outreach services.
- Ayuvidya demonstrates a stable trend.
- Vayomitra shows strengthening in 2025–26, reflecting enhanced geriatric care services.

Table No 5.1.4.1 Details of Approved Public Health Programs

SI NO	Name of Public Health programs	Number of Units
1	NPPMOMD	50
2	SUPRAJA	3
3	Ayuvidya	42
4	AYUSH Mobile Medical Unit	24
5	Vayomitra	30
6	Karunya	72

Table Source: NAM SAAP-2025-26

5.1.5 Ayushman Arogya Mandir (Aam-Ayush) – Kerala

This document presents the SAAP year-wise details and trend analysis of Ayushman Arogya Mandir (AAM–AYUSH) / AYUSH Health & Wellness Centres (AHCWC) established in Kerala

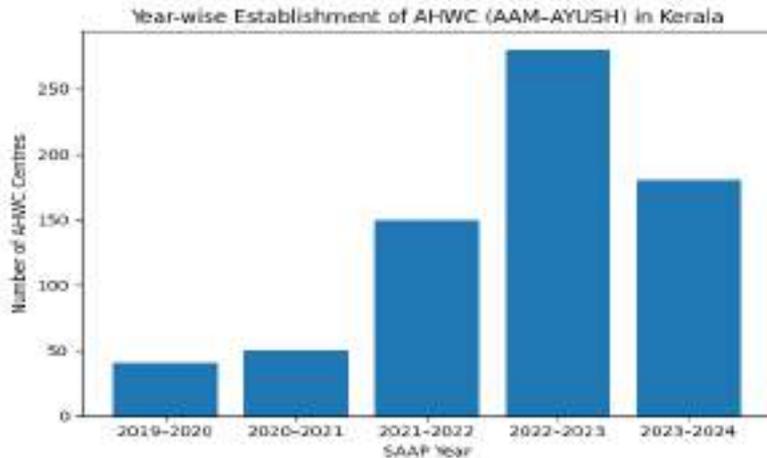


Figure 5.1.5.1 Graph representation of AAM AYUSH established in Kerala

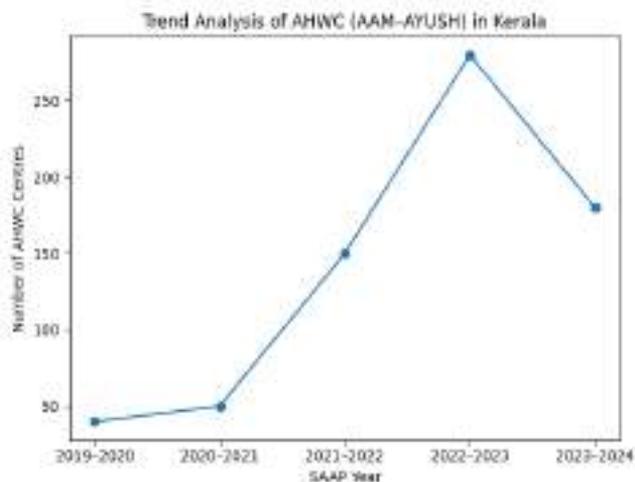


Figure 5.1.5.2 Trend Analysis of AAM AYUSH established in Kerala

Figure 5.1.5 depicts the SAAP year-wise establishment of Ayushman Arogya Mandir (AAM-AYUSH) / AYUSH Health & Wellness Centres in Kerala. The chart shows a steady expansion from 2019-20 onwards, with significant scale-up during 2021-22 and 2022-23. This trend highlights Kerala's sustained commitment to strengthening AYUSH-based comprehensive primary healthcare services at the grassroots level.

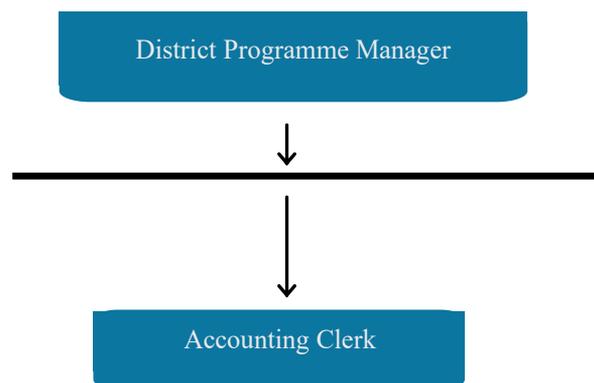
5.2 Administration

In the State of Kerala, the National AYUSH Mission (NAM) operates through a specialized administrative framework to manage its extensive network of healthcare services and public health initiatives. The mission is governed by a State AYUSH Mission Society, which provides the strategic and financial oversight necessary for mainstreaming traditional medicine into the state's public health infrastructure. This decentralized approach ensures that services like Ayurveda and Homoeopathy are effectively integrated from the state level down to the local communities

At the district level, the District Programme Management and Supporting Unit (DPMSU) serves as the operational hub, acting under the direct instructions and guidance of the State Mission Office (SPMSU). This unit is the primary body responsible for the localized management and implementation of AYUSH services within each district.

The administrative setup within the DPMSU includes one District Programme Manager (DPM) and one Accounting Clerk. This team is responsible for coordinating, monitoring, and implementing various programmes and activities under the District AYUSH society, ensuring effective execution and timely reporting of all project components to the state level. This structure allows for the smooth management of local health needs, including the operationalization of AYUSH Health and Wellness Centers and the execution of specialty-focused public health projects.

5.2.1 Structure of District Programme Management and Supporting Unit Office



5.2.2 District Programme Management and Supporting Unit Profile

Table No5.2.2 presents the contact and office details of the District Programme Management and Supporting Unit (DPMSU), including the District Programme Manager responsible for coordinating and implementing NAM activities at the district level.

Table No: 5.2.2: District Programme Management and Supporting Unit Profile

Post	Office Address	Office Number	Mail id
District Programme Manager	DPMSU, NATIONAL AYUSH MISSION, Uphill, Civil Station, Malappuram -676 505	0483-2731700, 9946844797	dpmayushmlp@gmail.com

5.3 Human Resources Profile

The National AYUSH Mission provides human resources to both the Indian Systems of Medicine (ISM) and Department of Homoeopathy in Kerala through its major functional components, namely AYUSH Services (Medical Officers and supporting staff), Public Health Programmes, Flexipool Projects, and Ayushman Arogya Mandir (AYUSH). In addition, the Mission deploys personnel for programme management and administrative support to enable effective planning, implementation, monitoring, and financial management of AYUSH activities. This integrated human resource framework ensures efficient healthcare delivery and sustained institutional support across the State.

AYUSH Services (HR) under NAM refers to the provision of Medical Officers and supporting staff to both ISM and Department of Homoeopathy, ensuring the availability of skilled manpower for effective healthcare service delivery.

Flexipool Projects enable the State to implement innovative and state-specific projects and programmes, providing flexibility to address local health priorities and emerging needs.

Ayushman Arogya Mandir (AAM-AYUSH) functions as the primary AYUSH healthcare

delivery point, ensuring accessible, affordable and quality services while supporting preventive, promotive, curative and rehabilitative care with strong community outreach.

AYUSH Public Health Programmes are national initiatives aimed at addressing priority health conditions through disease prevention, health promotion, awareness generation and strengthened healthcare delivery, contributing to holistic community wellness and improved public health outcomes.

District Programme and Management Unit(DPMSU) provides governance, coordination, monitoring, financial management and reporting support through the deployment of two staff members

Table No. 5.3.1 shows the distribution of Medical Officers and Supporting Staff across ISM, Homoeopathy, and DPMSU under the National AYUSH Mission in the district

Table No 5.3.1 Department-wise Component HR Strength under NAM

Department	Component	Medical Officers	Supporting staffs	Total
ISM	Ayush Services HR	11	24	128
	Flexipool Projects	11	21	
	Ayushman Arogya Mandir(hwc)	0	53	
	Public Health Programme	6	2	
HOMOEOPATHY	Ayush Services HR	11	19	97
	Flexipool Projects	4	1	

	Ayushman Arogya Mandir	0	31	
	Public Health Programme	12	19	
DPMSU	Admin	1	1	2
Total HR				227

Source: District data

The details of medical and paramedical posts sanctioned in the district in Department-wise Component HR Strength under NAM which includes the category of posts, number of positions approved across various health institutions, are attached as annexure 5.3.2

5.4 Ayush Services- Supply of Essential Drugs

Supply of Essential Drugs to Government AYUSH Hospitals and Dispensaries

- ₹4.00 lakhs per annum for essential drugs for AYUSH Hospitals
- ₹2.00 lakhs per annum for essential drugs for AYUSH Dispensaries

Table No5.4 presents the number of institutions sanctioned under the National AYUSH Mission along with the amount approved for each institution. The financial support ensures uniform strengthening of AYUSH facilities and improved service delivery across all approved centers.

Table No 5.4 Number of institutions sanctioned under the supply of essential drugs

Sl. No.	Institution	No. of sanctioned institution	Amount Sanctioned for each institution Amount
1	Hospital	12	₹4.00 lakhs
2	Dispensaries	58	₹2.00 lakhs

Source: District data

5.5 Ayush Services- Health Infrastructure Development

5.5.1 Upgradation of Exclusive / Standalone Government AYUSH Hospitals/ AYUSH Dispensaries

During the SAAP period 2018–19, administrative sanction was accorded under ISM for strengthening Ayurveda hospitals in Malappuram district. An amount of ₹75.00 lakh each was sanctioned for the Govt. Ayurveda Research Institute for Mental Diseases and the Govt. Ayurveda Hospital, Perinthalmanna, aimed at improving infrastructure, facilities, and service delivery in these key healthcare institutions and during the SAAP period 2022–23 to 2024–25 in Malappuram district, several construction and upgradation works of Ayurveda, Homoeopathy, Sidha, and Unani institutions are underway through M/s KHRWS and M/s HLL. Key projects include construction of Govt. Ayurveda Hospitals at Ponnani and Thiruvalli, a block at Govt. Cancer Care Hospital, Wandoor, OP block at VPSV Ayurveda College, Kottakkal, and new dispensaries at Cherukavu, Thalakkad, Karthala, and Thalakkad Unani facility, along with a Homoeopathy hospital at Kuttippuram. Physical progress ranges from initial stages to 60% completion, with several works recently commenced. Completion is targeted between October 2025 and March 2027, reflecting phased development and strengthening of AYUSH healthcare infrastructure in the district.

The details of completed & ongoing infrastructure development works under the National AYUSH Mission (NAM) for Ayurveda and Homoeopathy institutions in the district across various financial years are attached as Annexure 5.5.1

5.6 Ayush Services- Programmes & Projects- Ayush Public Health Programmes

The AYUSH Public Health Programmes aim to strengthen India's public health system through preventive, promotive, curative, and rehabilitative healthcare using traditional systems of medicine. In the context of increasing chronic diseases, ageing population, and lifestyle-related disorders, AYUSH systems offer safe, cost-effective, and evidence-based healthcare options. Under the National AYUSH Mission (NAM), structured programmes have been launched focusing on musculoskeletal disorders (especially osteoarthritis), non-communicable diseases, maternal and neonatal care, mobile medical services, geriatric and palliative care, and school health promotion. These are implemented through existing NAM

frameworks at state and district levels with emphasis on evidence-based interventions, capacity building, and IT-enabled monitoring.

5.6.1 National Programme for Prevention and Management of Osteoarthritis & Other Musculoskeletal Disorders in brief

Musculoskeletal disorders (MSDs), including osteoarthritis, are a major cause of disability and reduced productivity globally and in India, affecting around 20% of the population.

Need for AYUSH Intervention: There is no dedicated programme in India for MSDs. AYUSH therapies, including herbal medicines, yoga, diet, and lifestyle modifications, offer effective and safe management options. Integrating these interventions supports the goals of the National Health Policy (2017) and Sustainable Development Goal.

Objectives:

- Manage osteoarthritis and other MSDs through AYUSH-based integrative approaches.
- Promote self-care and awareness through Information, Education and Communication (IEC) activities.

Implementation Strategy:

Populations are categorised by risk levels for targeted intervention. Activities are implemented through AYUSH Health and Wellness Centers, dispensaries, and affiliated institutions. Major components include screening, preventive awareness, yoga, diet and lifestyle advice, clinical consultations, rejuvenation therapies (Rasayana), cleansing (Shodhana), Varma therapy, medicated oil applications, and follow-up care.

The following institutions are providing service under this project

1. District Homoeopathy Hospital, Malappuram
2. Govt. Homoeopathy Cancer Hospital, Wandoor, Malappuram
3. Govt. Homoeopathy Hospital, Kuttipuram, Malappuram
4. Govt. Homoeopathy Hospital, Manjeri, Malappuram
5. Govt. Ayurveda Hospital, Vengara, Malappuram
6. VPSV Ayurveda College, Kottakkal

Table No. 5.6.1 shows the Beneficiary details of NPPMOMD programme in Ayurveda and Homoeopathy

Table No 5.6.1 Beneficiary Details of NPPMOMD

Sl. No.	Department	Old	New	Total
1	Ayurveda	1592	2179	3771
2	Homoeopathy	6580	9527	16107

Source: District data



Figure 5.6.1 Special kids Program

5.6.2 Vayo Mitra: Ayush Geriatric Healthcare Services – In Brief

With India's ageing population rising and the old-age dependency ratio increasing, ensuring the health, dignity, and wellbeing of senior citizens has become vital. The *Vayo Mitra* initiative under the National AYUSH Mission focuses on promoting healthy ageing through preventive, promotive, and therapeutic AYUSH approaches. Traditional practices like *Swasthavritha* (maintenance of health), *Rasayana* (rejuvenation), *Panchakarma*, and *Tadbir-i-Shaykhukhat* (Unani geriatric care) form the basis of AYUSH geriatric healthcare.

Objectives:

- Create awareness about healthy ageing and ways to reduce morbidity in old age.
- Provide specialised AYUSH healthcare for the elderly through the existing AYUSH network.
- Promote community recognition of the value and potential of healthy elderly individuals.

Implementation Strategies:

- **Preventive & Promotive Care:**

Encourages healthy routines (*Dinacharya, Ritucharya*), yoga, stress management, balanced diet, and proper lifestyle habits. Trained health workers conduct domiciliary visits, health assessments, and weekly AYUSH clinics for the elderly.

- **Information, Education & Communication (IEC):**

Health education through mass and folk media promotes physical fitness, stress reduction, and awareness on AYUSH geriatric care. Elderly clubs and health camps will be organised, and IEC materials and media campaigns will spread messages on healthy ageing and available AYUSH services.

The following institution is providing service under this project

1. Government Ayurveda Vengara, Malappuram
2. Kuttipuram Government Homoeopathic Hospital, Malappuram
3. Government Homoeopathy Hospital, Malappuram
4. Manjeri Government Homoeopathy Hospital, Malappuram

Table No 5.6.2. provides gender-wise and total beneficiary coverage under the Vayo Mitram geriatric care project.

Table No 5.6.2. beneficiary details

Units	Old	New	Total	Male	Female
MLP	561	635	1196	510	686

Source: District data



Figure 5.6.2 Vayo mitra Treatment conducted

5.6.3 Ayurvediya: Promotion Of Healthy Lifestyle Through Ayush For School Children - In Brief

The AYURVIDYA programme aims to promote healthy lifestyles and awareness about AYUSH principles among school children, focusing on hygiene, diet, yoga, and the use of medicinal plants and home remedies. The initiative targets schools in regions with poor health indicators, especially aspirational districts, to instill lifelong healthy habits from an early age.

Objectives:

- To encourage school children to adopt healthy lifestyles and diets based on AYUSH principles.
- To create awareness about the importance of medicinal plants and simple home remedies.
- To educate children about yoga for fitness, wellbeing, and stress management.

Implementation Strategy:

- The programme will cover UPTO 300 schools per year, with an AYUSH doctor and multipurpose worker catering to UPTO 25 schools monthly.
- Block-level teams including AYUSH professionals, headmasters, and NGOs will conduct AYUSH and nutrition education sessions.
- Teaching methods will use interactive tools such as videos, quizzes, posters, slogans, and street plays for effective learning.

- Activities include health and hygiene campaigns, yoga camps, medicinal herb plantations, and early health screening for common conditions.
- Teachers will be trained to identify medicinal plants and teach home remedies.
- Referral linkages with AYUSH hospitals and colleges will ensure follow-up care, and IEC materials will be distributed for awareness.

The following block/Sub division/district/ of the proposed public health programme

1. Malappuram Municipality Malappuram district AHC Poyilissery
2. Muthuvalloor Panchayath, Kondotty Block, Malappuram
3. Peruvalloor, Panchayth, Thrurangadi Block, Malappuram
4. Vengara Panchyath, Vengara Block, Malappuram
5. Kottakkal Ayurveda College , Malappuram

Table No. 5.6.3 presents the number of awareness sessions conducted and beneficiaries reached under AYURVIDYA.

Table No. 5.6.3 showing the beneficiary details under the project

NO OF AWARENESS SESSION	NO OF BENEFICIARIES
6	261

Source: District data



Figure 5.6.3 Awareness Camp

5.6.4 Karunya: Ayush Palliative Services – In Brief

The KARUNYA initiative aims to provide compassionate, holistic palliative care through AYUSH systems of medicine, focusing on improving the quality of life of patients with life-limiting illnesses and supporting their families. Palliative care addresses physical, emotional, social, and spiritual needs, particularly for patients with conditions such as cancer, neurological disorders, organ failure, autoimmune diseases, HIV/AIDS, and age-related illnesses.

The programme emphasises home-based care, considering it cost-effective and comforting, and integrates supportive care into AYUSH dispensaries, Health & Wellness Centres, and hospitals. Early initiation of palliative care, from the time of diagnosis, helps ensure better symptom management and family preparedness.

Objectives:

To provide quality, integrated supportive care for patients suffering from chronic, lifestyle-related, geriatric, and psychiatric conditions.

Implementation Strategy:

- Home visits by AYUSH medical officers and trained health workers for patient assessment and basic care.
- Relief from pain and other symptoms through AYUSH treatments, along with psychosocial counselling.
- Use of AYUSH HWCs for community mobilisation and awareness.
- Conducting training and sensitisation programmes for healthcare professionals.
- Regular monitoring and evaluation of services.

The following block/Sub division/district/ of the proposed public health programme

1. District Homoeo Hospital, Malappuram
2. Peruvallor Panchayath ,Thirurangadi Block, Malappuram
3. Vengara Panchayath,Vengara Block, Malappuram
4. Ponmundam Panchayath,Thalur Block, Malappuram
5. Vettathur Panchayath,Perinthalmanna Block, Malappuram
6. Melattur Panchayath, Perinthalmanna Block, Malappuram

7. Thenjipalam Panchayath,Thirurangadi Block, Malappuram
8. Munniyoor Panchayath,Thirurangadi Block, Malappuram
9. Keezhatur Panchayath,Perinthalmanna Block, Malappuram
10. Mankada Panchayath Mankada Block , Malappuram
11. Thirur Municipality, Malappuram
12. Kottakkal Ayurveda College Malappuram

Table No 5.6.4.1. Beneficiary details of KARUNYA

DEPARTMENT	NEW CASES	OLD CASES	GRAND TOTAL
Homoeopathy	1225	1940	3165
Ayurveda	660	1430	2090

Source: District data



Figure 5.6.4 Palliative care

5.6.5 SUPRAJA: AYUSH Maternal & Neo-natal Intervention – in brief

SUPRAJA under the National AYUSH Mission focuses on holistic maternal and child healthcare through AYUSH-based antenatal and postnatal care. It aims to reduce maternal and neonatal morbidity and mortality, ensure proper foetal development, promote normal delivery, and improve overall wellbeing of mothers and infants through AYUSH regimens,

diet counselling, and yoga. The programme supports management of common pregnancy-related issues, promotes maternal strength, and addresses neonatal and childhood ailments through safe AYUSH interventions. Care includes regular antenatal check-ups, nutrition counselling, yoga, herbal support, postnatal care, breastfeeding promotion, and maternal health monitoring.

Objectives

- To reduce maternal and neonatal morbidity and mortality through AYUSH-supported care.
- To ensure proper foetal growth with continuous medical monitoring and prophylaxis.
- To prevent pregnancy-related complications and promote normal delivery.
- To improve overall health and wellbeing of mothers and infants through AYUSH regimens, diet counselling, and yoga.

Implementation Strategy

- Establish SUPRAJA units in AYUSH teaching institutions and selected State AYUSH hospitals.
- Provide regular antenatal and postnatal check-ups along with routine medical care and AYUSH support.
- Supply AYUSH postnatal care kits to beneficiaries.
- Conduct training and capacity building programmes for AYUSH healthcare providers.
- Implement IEC activities to enhance awareness, participation, and community outreach.

Table 5.6.5: Supraja: Institution

SUPRAJA: AYUSH Maternal & Neo-natal Intervention	
1	Vaidyaratnam PS Varier Ayurveda College, Malappuram

Source: District data

5.7 Ayush Services- Programmes & Projects- Flexipool Projects

The Flexipool project is a component that allows States to utilise up to 25% of the actual SAAP (State Annual Action Plan) amount to implement innovative or state-specific projects

and programmes. It provides flexibility for the State to design and execute activities based on local health priorities and emerging needs that may not be covered under mandatory components of NAM guidelines.

5.7.1 Allergy & Asthma Special Clinic (Homoeopathy)

The project is a statewide Homoeopathy initiative aimed at addressing allergy, asthma, and chronic respiratory diseases (CRDs) such as chronic obstructive pulmonary disease (COPD) and chronic bronchitis through outpatient and inpatient services in all District Homoeopathy Hospitals in Kerala. The initiative seeks to provide comprehensive Homoeopathic treatment, reduce morbidity and mortality, and lessen the financial, physical, and emotional burden on patients and their families.

The programme includes outpatient and inpatient care, community outreach activities, medical camps, and health education programmes, supported by a structured monitoring and evaluation system using baseline data, patient registries, electronic medical records (EMRs), review meetings, and impact assessments. Special clinics are established in district hospitals with patient-friendly facilities and appointment systems, supported by patient mobilisation through referrals, awareness sessions, information, education and communication (IEC) activities, and medical camps, with inpatient care provided wherever clinically indicated.

Table No 5.7.1 provides year-wise gender-wise and total beneficiaries treated under the Homoeopathy Allergy & Asthma Special Clinics

Table No 5.7.1 Number of Beneficiaries

	New Cases			Old Cases			Grand Total
	Male	Female	Total	Male	Female	Total	
2024-2025	705	735	1440	4076	4404	8480	9920
2025- April To Nov 2025	424	484	908	1231	2303	3534	4442

Source: District data



Figure 5.7.1 Awareness class

5.7.2 Ayurkarma

Ayurkarma is an initiative that integrates Panchakarma therapies into Government Ayurveda Dispensaries in rural Kerala to ensure equitable access to holistic Ayurvedic healthcare. The programme enables economically weaker sections of the population to receive essential kriyā kramas such as Vamana, Virechana, Nasyam, Vasthi, and Raktamoksha through OP-based units established in selected dispensaries.

The project aims to bridge service delivery gaps by incorporating Panchakarma therapies into mainstream government healthcare. Patients are identified from the general OPD and evaluated by the Project Medical Officer, who prescribes appropriate therapies following necessary clinical examinations and informed consent procedures. Treatments are administered by trained therapists under medical supervision, with systematic documentation, monitoring of vital parameters, and post-procedure guidance to ensure safety and quality of care.

The following are the fully operational centers in the district.

1. Government Ayurveda Dispensary Marancheri
2. Government Ayurveda Dispensary Chandakkunnu

Along with the existing treatment protocols at dispensaries, Panchakarma techniques significantly enhance the quality of life of the population, particularly for a large number of

patients from rural areas who depend on these dispensaries and are unable to access hospital-based inpatient services for such therapies. Moreover, the initiative contributes to enhancing the social relevance and community value of these institutions.

This Table No5.7.2. presents the total Panchakarma procedures performed under Ayurkarma in the district.

Table No5.7.2.1 AYURKARMA Kriyakrama Sessions

SL NO	District	Total Pancha Karma Procedures	Total Pancha Karma Procedures
1	Malappuram	418	178

Source: District data



Figure 5.7.2 Ayurkarma procedure

5.7.3 Mental Health Specialty Clinics in AYUSH

The AYUSH systems—Ayurveda, Homoeopathy, and Yoga—offer time-tested, person-centric approaches to mental well-being, with a strong emphasis on the mind-body-spirit

connection. Recent initiatives have demonstrated the potential of these systems in addressing the psychological, emotional, and behavioural dimensions of health. Ayurveda-Based Mental Health Projects

Ayurveda-Based Mental Health Projects

Harsham: Anti-Depression Ayurveda Clinics: Focus on natural therapeutic interventions to manage clinical depression stress-related disorders and lifestyle-induced emotional conditions.

Pratheeksha: Improvement of IQ in MR Children: Offers cognitive enhancement therapies and Ayurvedic interventions for children with intellectual disabilities.

Medha: Correction of Scholastic Backwardness: Supports children facing academic and attention-related challenges through Ayurvedic formulations, counseling and dietary guidance.

Homoeopathy-Based Mental Health Projects

Seethalayam Clinics: These are gender-responsive clinics providing Homoeopathic management for mental, physical, and social health issues of women, including anxiety, depression, postnatal stress, psychosomatic disorders, and trauma resulting from abuse.

Sadgamaya Clinics: Targeted at adolescents, these clinics offer mental health support, behavioural correction, and prevention of substance abuse through Homoeopathic interventions, counselling, and outreach activities.

Homoeopathy, with its individualised remedy selection and focus on the psycho-social environment of the patient, has demonstrated effective outcomes in the management of psychosomatic disorders, mood disturbances, behavioural issues, and substance use tendencies, particularly among vulnerable population groups.

The List of Dispensaries/ Hospitals Under the Coverage of Harsham

1. DAH Valavannur
2. GAH Malappuram
3. GAH Velimukk
4. GAH Thozhannur

5. GAH Vengara
6. MSPH Malappuram
7. Tavanur Rescue Home
8. Mahila Mandram Tavanur
9. GAD Perumanna Klari

Table No 5.7.3 reflects a marked increase in both new and follow-up cases in the second reporting period, indicating expanding service coverage and improved continuity of care. The rising beneficiary numbers suggest growing acceptance and utilisation of the Harsham mental health clinics in the district.

Table No 5.7.3 -Beneficiary Details of Harsham

Sl.No	District	New Cases	Old Cases	Grand Total
Financial Year 1: April 2024 - March 2025				
1	Malappuram	120	186	306
Financial Year 2: April 2025 - November 2025				
1	Malappuram	180	280	460

Source: District data



Figure 5.7.3 Harsham Awareness Cam

5.7.4 Magalirjyothi- Women Care through Siddha Traditional Practices

The Magalirjyothi Project has made remarkable progress in improving women's health in Kerala. It promotes awareness by integrating traditional medicine, reducing healthcare costs, and empowering communities. The project supports women's health both physically and mentally.

Awareness sessions are conducted at the community level through anganwadis, covering vital topics such as adolescent health issues, the importance of breastfeeding among young mothers, antenatal care, pregnancy nutrition plans, the role of yoga in lifestyle disorders, and the prevention of anaemia. In addition, all significant health-related and national days are observed through awareness campaigns and quiz competitions, fostering greater community engagement and knowledge.

Table 5.7.4 Details of Centers with No. of Beneficiaries During 2024-2025

Sl. No.	Name of District	Total No. of Beneficiaries (OP)	Cookery Workshop	Awareness Class	Medical Camp
1	Malappuram	7177	9	33	8

Source: District data



Figure 5.7.4 Awareness camp

5.7.5 Setting Up of Physiotherapy Unit in Government AYUSH Hospitals

In Kerala, under the State Annual Action Plans (SAAP) for 2023–24 and 2024–25, a total of 27 physiotherapy units—including 26 units in Homoeopathy Hospitals and one unit in an ISM Hospital—have been approved and operationalised, addressing a long-pending need for physiotherapy services in AYUSH hospitals.

Given the encouraging public response, the tangible health benefits observed, and the increasing burden of lifestyle-related and degenerative diseases, the expansion of physiotherapy services under AYUSH has become increasingly relevant.

The List of Hospitals having physiotherapy unit

- GHH Kuttippuram
- GHH Malappuram
- GHH Manjeri
- GHH Wandoor
- GAH Malappuram

Table No 5.7.5.1 shows the physiotherapy unit and it reflects strong utilisation of physiotherapy services at the AYUSH hospital, indicating high demand for rehabilitative care and the relevance of physiotherapy in supporting AYUSH treatment outcomes.

Table No 5.7.5.1 Detailed Review of the Beneficiaries Year 2024-25

Sl. No.	Unit	Total No. of Beneficiaries
1	GHH Kuttippuram	3012
2	GHH Malappuram	1528
3	GHH Manjeri	1886
4	GHH Wandoor	2304

Source: District data



Figure 5.7.5 Setting up of Physiotherapy unit

5.7.6 Sports Ayurveda Project

Sports Ayurveda is an established Ayurveda super-speciality in **Kerala** that integrates traditional Ayurvedic wisdom with modern sports medicine to enhance athletic performance, endurance, and overall well-being. It adopts a holistic approach through personalised diet and nutrition, condition-specific medicines, specialised therapeutic massages, Panchakarma therapies, and targeted rehabilitation strategies aimed at injury prevention, management of sports-related conditions, and optimisation of performance.

With a long tradition of supporting arts and sports personnel through indigenous medical systems, Kerala has demonstrated the untapped potential of Ayurveda in the field of sports medicine. The scope of Sports Ayurveda includes event-specific therapeutic interventions, pre-event conditioning, post-event recovery, off-season conditioning, energy enhancement, prevention and management of repetitive strain and other sports injuries, and specialised care for sportswomen.

Proven to be safe and effective, Sports Ayurveda addresses preventive, curative, and rehabilitative needs without post-traumatic complications. Several injuries previously recommended for surgical intervention have been successfully managed through Ayurvedic treatment, resulting in rapid recovery. The established Sports Ayurveda units have benefited numerous national and international athletes, many of whom have achieved podium finishes, and continue to attract sports professionals from across India due to their reliable, holistic, and performance-enhancing outcomes.

This Table No5.7.6.1 shows the availability of specialty, general and mobile Sports Ayurveda units in the district.

Table No 5.7.6.1 District-wise Distribution of Sports Ayurveda Units in Kerala

District	Specialty Unit	General Unit	Mobile Support
Malappuram	No	Yes	No

Source: District data

Table 5.7.6.2 District -Wise Beneficiaries of On-field Medical Support Provided

District	No. of Events	No. of Days	Total Beneficiaries
Malappuram	6	13	463

Source: District data

This Table No5.7.6.3 indicates a substantial expansion of Sports Ayurveda activities in the second reporting period, with a sharp increase in OP services, on-field support days, and beneficiary coverage. This reflects strengthened integration of AYUSH sports medicine into athletic events and growing reliance on Sports Ayurveda for performance support, injury management, and awareness generation.

Table No 5.7.6.3 District -Wise Beneficiaries

APRIL 2025 TO SEPTEMBER 2025						
Sl. No .	Total Beneficiaries -OP	Total Beneficiaries -IP	Number of Days of Onfield Duties	Onfield Beneficiaries	Number of Awareness Class Taken	Number of Awareness Class Beneficiaries
1	1968	12	25	1171	9	523

Source: District data



Figure 5.7. Sports Ayurveda

5.7.7 MPHW for 700 Functional Ayushman Arogya Mandirs (AYUSH)

Multi-Purpose Health Workers (MPHWs) are qualified healthcare professionals trained in General Nursing and Midwifery (GNM) or higher nursing qualifications. They play a vital role in delivering comprehensive primary healthcare services and in promoting AYUSH systems through preventive, promotive, curative, and rehabilitative interventions.

In Ayushman Arogya Mandirs, MPHWS support clinical services, public health programmes, geriatric and palliative care, emergency response, and digital health activities, while also assisting with administrative functions. They serve as a crucial link between community-based health services and institutional care, ensuring comprehensive service delivery, continuity of care, and effective programme implementation.

5.7.8 Arunima- Anemia Eradication Programme through Ayurveda

The **Arunima – Anaemia Eradication Programme through Ayurveda** is a focused public health initiative aimed at addressing the high burden of nutritional anaemia through safe, affordable, and culturally acceptable Ayurvedic interventions. Building on its successful implementation across Integrated Child Development Services (ICDS) units and nearly **6,000 schools**, the programme has strengthened awareness generation, screening, treatment support, and community participation.

To further consolidate these gains, the programme seeks to expand its reach to vulnerable populations such as tribal communities, coastal areas, urban slums, and other high-prevalence pockets.

5.7.9 Telemedicine- Strengthening and Expansion

The AYUSH Telemedicine initiative in Kerala, implemented through the National e-Sanjeevani platform, has established a State-level Telemedicine Hub with dedicated consultation consoles for Ayurveda and Homoeopathy. The initiative enables both Patient-to-Doctor and Doctor-to-Doctor teleconsultations across the State. Training has been provided to AYUSH doctors in all 14 districts, ensuring operational readiness and facilitating the phased expansion of telemedicine services to remaining facilities

5.7.10 Thyroid Special Clinic (Homoeopathy)

This project is a comprehensive, community-based **Homoeopathy Thyroid Care Initiative** aimed at early detection, effective management, and reduction of thyroid-related morbidity across Kerala, with special focus on women of reproductive age and high-burden districts. The project strengthens district-level thyroid specialty clinics by providing dedicated human resource support, diagnostic facilities, medicines, technological tools, and structured follow-up mechanisms.

Through systematic screening, outpatient and inpatient treatment, laboratory monitoring, community outreach activities, medical camps, and integration with maternal health services such as Janani, the programme seeks to reduce complications including infertility, miscarriage, associated comorbidities, and long-term health risks. This initiative aims to ensure affordable care, reduce out-of-pocket expenditure, and significantly improve the quality of life of thyroid patients, thereby establishing a robust public health response to the growing burden of thyroid disorders in the State.

This Table No5.7.9.1 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme

Table No 5.7.9.1 Beneficiaries Reported at Various Centres during 2024-25

	New Male	New Female	New Total	Old Male	Old Female	Old Total	Grand Total
2024-2025	5	24	29	6	16	22	51
2025- including Nov 25	17	152	169	131	668	799	968

Source: District data

Table No 5.7.9.2 presents the number of IEC activities conducted and beneficiaries reached under the Thyroid programme.

Table No 5.7.9.2 Beneficiaries during 2024-25 (New Case)

Sl.No	District	Total No.of activities conducted	Total IEC Beneficiary count
1	Malappuram	8	255

Source: District data

**Figure 5.7.9 Awareness Class**

5.7.11 Training to AYUSH HR

The State proposes a comprehensive Training and Capacity Building Programme for AYUSH Human Resources. The initiative aims to enhance the knowledge, skills, and professional

competence of AYUSH Medical Officers, teaching faculty, administrative personnel, and paramedical staff across Kerala. Through structured training modules covering clinical care, hospital administration, digital health systems, public health programming, research methodology, medico-legal aspects, and patient communication, the programme seeks to strengthen service delivery, improve programme implementation efficiency, and ensure preparedness for emerging health challenges.

Training will be delivered through a blended approach comprising offline residential sessions and online platforms, ensuring equitable participation from all districts. By training approximately 5,000 personnel, the initiative is expected to significantly contribute to improving the quality and effectiveness of AYUSH services statewide.



Figure 5.7.11 Training Session to HR

5.7.12 Yoga Wellness Centers

Yoga Wellness Centres are facilities that provide Yoga and Naturopathy services to promote physical, mental, and social well-being, with a focus on the prevention and management of lifestyle-related diseases. The programme aims to raise public awareness, encourage lifestyle modification, and promote Yoga and Naturopathy as effective tools for managing non-communicable diseases.

Implementation includes the deployment of Medical Officers and Yoga Instructors at AYUSH Arogya Mandirs, with Local Self Government Institutions (LSGIs) identifying outreach areas.

Medical Officers oversee therapeutic management and coordinate Yoga and Naturopathy outreach activities to ensure effective service delivery.

This Table No 5.7.12 provides gender-wise, outreach and total beneficiaries served through Yoga Wellness Centres

Table No 5.7.12 Details of Centres with Number of Beneficiaries during 2024-25

Sl. No.	District	Name of the Center	Male	Female	Children	Outreach	Total
1	Malappuram	VPSV Hospital Kottakkal- 2	1812	7028	654	5218	14712

Source: District data

5.7.13 Non-Communicable Disease (NCD) Management through AYUSH

The Integrated NCD Care Programme is a multidisciplinary initiative that provides holistic prevention, early diagnosis, and advanced management of non-communicable diseases such as diabetes, hypertension, dyslipidaemia, thyroid disorders, stroke, and cancer through dedicated Ayurveda, Siddha, Unani, and Homoeopathy units supported by Yoga-based lifestyle interventions. With **14 Ayurveda units, 14 Homoeopathy units, two Siddha units, and two Unani units** functioning across the State, the programme aims to reduce the prevalence and morbidity of non-communicable diseases, strengthen complication care, promote lifestyle and behavioural modification, and reduce out-of-pocket expenditure by offering accessible and standardised traditional medicine services.

Implementation includes health promotion activities, high-risk screening, early diagnosis, and comprehensive clinical management of major non-communicable diseases and their complications through integrative treatment protocols at district-level advanced care centres.

Table No. 5.7.13.1 summarises new registrations, follow-ups, yoga sessions and IEC activities under the NCD management programme

Table No 5.7.13.1 Detailed Review of the Year 2024-25 Patient Services

Sl. No	Unit	New NCD Patients Registered	Follow-up Visits	Yoga Sessions Conducted	Health Education/IEC Sessions
1	Malappuram (Ay)	3720	9900	1082	30

Source: District data

Table No 5.7.13.2 presents disease-wise distribution of new NCD patients registered.

Table No 5.7.13.2 Disease-wise Details (New Cases Registered)

Sl. No	Unit	Diabetes Mellitus	Hypertension	Dyslipidemia	Thyroid Disorders	Others
1	Malappuram (Ay)	983	785	678	662	612

Source: District data

Table No 5.7.13.3 Disease Wise Break Up of Beneficiaries Who Availed NCD Management Clinical Services During 2024-2025

Table No 5.7.13.3 Disease Wise Break Up of Beneficiaries

District	Diabetes Mellitus	Hypertension	Dyslipidemia	Obesity	Cardio Vascular Disorders	Cancer	Renal Disorders	COPD	Other Diseases
Malappuram	2183	432	194	70	15	0	16	15	278

Source: District data

5.7.14 IEC Activities- Newsletter, Day Observances, Participation in Various Events, Outreach Activities etc.

Kerala has emerged as a leading State in the AYUSH sector with nearly 2300 functioning institutions ranging from medical colleges and speciality hospitals to district and peripheral health facilities. A considerable proportion of the population relies on AYUSH systems for healthcare, and many successful treatment outcomes and health initiatives have reinforced public confidence in these systems. To further strengthen awareness regarding the facilities, programmes, activities, and achievements in AYUSH, structured IEC activities such as newsletters, day observances, participation in national and international events, exhibitions, and outreach initiatives are proposed. These initiatives will enable systematic dissemination of information to the public, policymakers, planners, healthcare professionals, and stakeholders, thereby enhancing visibility and acceptance of AYUSH systems.

During the previous year, NAM Kerala successfully implemented several IEC initiatives, including the regular publication of newsletters highlighting AYUSH activities, research achievements, and success stories, along with active observance of important AYUSH and health-related days. Participation in prestigious platforms such as the G20 further contributed to showcasing Kerala's AYUSH capabilities at global level. In the coming year, it is proposed to continue and expand these efforts through enhanced newsletters, thematic day observances, participation in national and international forums, exhibitions, Arogyamelas, and focused outreach programmes. These activities will support mainstreaming of AYUSH, promote public engagement, improve accessibility of information, and reinforce Kerala's position as a prominent centre of AYUSH excellence.



Figure 5.7.14 IEC Publications

5.7.15 Integrated AYUSH Medical Unit (IAMU)

The **Integrated AYUSH Medical Unit (IAMU)** is a National AYUSH Mission initiative that provides comprehensive healthcare services by bringing **Ayurveda, Siddha, Homoeopathy, and Unani** systems under a single platform. These centres ensure accessible multi-system treatment, strengthen the management of lifestyle and chronic diseases, offer continuous outpatient care with free medicines and counselling, and promote holistic wellbeing through coordinated clinical services.

IAMUs also enhance public trust in AYUSH by delivering safe, effective, and patient-friendly healthcare, supported by strong community outreach and regular follow-up services.

Table 5.8.1 Availability of AYUSH Institutions Across Districts

Sl. No.	District	Institution	Ayurveda	Siddha	Homoeo	Unani	Total
01	Malappuram	Perumbadappu	14,516	12,025	14,551	-	41,092
02	Malappuram	Othukkungal	16,202	-	15,146	15,162	46,510

In addition to increased beneficiary numbers, the scope of activities conducted under the IAMU program also expanded. These activities included medical camps, awareness classes, palliative



Figure 5.8 Medical Camp Conducted

duties. and various competitions aimed at raising health awareness and improving community engagement.

5.8 Ayush Services- Ayush Gram

Ayush Gram is a concept wherein villages will be selected for adoption of principles and practice of AYUSH way of life and interventions of health care in villages and providing the services at grass root level. AYUSH based lifestyles are promoted through behavioural change communication, training of village health workers towards identification and use of local medicinal herbs and provision of AYUSH health services. It also include promotion of cultivation of endemic medicinal herbs and conservation of those already present in those areas. The elected village representatives are sensitized towards the concept so that there is also active participation from the community. It is a wholesome concept wherein convergence of AYUSH systems and other Govt. departments for the welfare of public is the ultimate aim.

Yoga sessions will be provided free of cost for the public at their convenient place and time with the motive of making it a part of their routine activity with constant practice.

Objectives

- To spread awareness within the community for practice of dietary habits and life styles as described in AYUSH Systems of Medicine which help in preventing disease and promoting health.
- To advice people about common ailments and its cure through use of herbs found in their localities.
- To raise campaign against communicable diseases like Malaria, Tuberculosis, Diarrhoea etc and measures for their prevention and treatment.
- Promotion of preservation and cultivation of medicinal plants.
- Prevention of Lifestyle Diseases
- Promotion of Yoga



Figure 5.9. Medicine Distribution to colonies



Figure 5.9.1. Vanasanjeevani Project

The Table No. 5.9.1 presents month-wise activities and beneficiaries under the AYUSH Gram initiatives

Table No 5.9.1 Ayush Gram activities

Sl. No.	BLOCK	NUMBER OF YOGA SESSIONS CONDUCTED								TOTAL
		Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	
1	NILAMBUR	8	8	6			12	16	10	60
MEDICAL CAMP										
1	NILAMBUR	0	2	0	1		1			4
NCD CLINIC BENEFICIARIES										
1	NILAMBUR	92	68	47	65	54	51	67	56	500

Source: District data

5.9 Quality-Related Activities

5.9.1 NABH (National Accreditation Board for Hospitals)

The State Quality Assurance Wing under the **National AYUSH Mission, Kerala**, has been consistently committed to promoting a structured and sustainable Quality Assurance Programme across AYUSH healthcare institutions. The overarching objective is to ensure that services delivered under the AYUSH system provide genuine satisfaction and positive patient experience, thereby contributing significantly to overall well-being.

In the context of the growing global emphasis on healthcare quality, it has become imperative to align AYUSH services with nationally recognised quality standards, particularly through accreditation frameworks such as **National Accreditation Board for Hospitals and Healthcare Providers (NABH)** and the **National Quality Assurance Standards (NQAS)**.

Progress So Far

Kerala has emerged as a pioneer in quality healthcare delivery, with significant progress made in the accreditation of AYUSH Health and Wellness Centres (AHWCs). Out of 700 operational AHWCs in the State, 250 centres have already achieved NABH Entry-Level Certification. This initiative has not only strengthened the operational systems of AHWCs but has also enhanced public confidence and satisfaction in AYUSH services.

Impact of NABH Certification in AHWCs

The NABH Entry-Level Certification of 250 AHWCs in Kerala has significantly elevated the standard of AYUSH services across the state. It has led to:

- Uniform implementation of quality protocols.
- Enhanced infection control and patient safety.
- Improved staff competence through continuous training.
- Streamlined biomedical waste management.
- Improved documentation, defined SOPs, and enhanced accountability.
- Increased patient satisfaction and public trust.
- Enhanced prospects for insurance coverage under recognized schemes.

These outcomes underline the importance of extending the quality certification programme to the hospital sector to ensure consistent delivery of high-quality AYUSH care across all tiers.

The certification process will follow a structured approach, including internal and external assessments, quality-specific training, preparation of documentation, and submission of applications to **National Accreditation Board for Hospitals and Healthcare Providers (NABH)**. Gap-closure activities related to infrastructure, equipment, and process improvements will be partially supported through additional sources such as Local Self Government Institution (LSGI) funds, Corporate Social Responsibility (CSR) contributions, MLA/MP funds, and upgradation components under the **National AYUSH Mission (NAM)**, as per institutional eligibility.

Implementation Strategy

To effectively implement and monitor the certification process, the following strategic mechanisms and committees have been established:

- State-Level Steering Committee, Assessment Management Committee, and Documentation Committee for oversight.
- District Quality Teams and Quality Committees in all districts.
- District Nodal Officers and Facilitators to coordinate implementation activities.
- State-Level Orientation and Training Programs for institution heads, LSG representatives, and quality teams.
- Self-assessments by institution heads using NABH checklists to identify institutional gaps.
- Development of the AHCW NABH-ELC Implementation Handbook.
- District-Level Internal Assessments and State-Level External Assessments through a trained pool of assessors.
- Procurement of essential biomedical equipment and furniture where required.

5.9.2 Kayakalp

The **Kerala AYUSH Kayakalp Award** is a State-level initiative under the **Department of AYUSH, Government of Kerala**, designed to promote cleanliness, hygiene, and quality improvement in AYUSH healthcare institutions. The programme recognises hospitals and dispensaries that maintain high standards in sanitation, waste management, infection control, and patient safety.

The initiative encourages AYUSH facilities to adopt sustainable and eco-friendly practices while providing a clean, safe, and healing environment for patients. The award also supports the objectives of the **Swachh Bharat Mission** and enhances the overall image and service quality of AYUSH institutions across **Kerala**.

5.10 Ayushman Arogya Mandir (AAM-Ayush)

Ayushman Arogya Mandir (AAM-Ayush) are established to provide comprehensive, people-centred primary healthcare through AYUSH systems.

In Ayushman Arogya Mandir (AAM-Ayush), National Ayush Mission AYUSH provides service delivery by providing one full time Yoga Instructor and one GNM qualified Multi-Purpose Health Worker, with an expenditure of ₹4.57 lakhs incurred for implementation.

They aim to transform existing AYUSH dispensaries and sub-centres into holistic wellness centres delivering preventive, promotive, curative, rehabilitative and palliative care. AAM-Ayush emphasise wellness promotion, lifestyle counselling, Yoga-based interventions, management of common and chronic illnesses, maternal and child health services, elderly care and referral support. Implementation is supported through the National AYUSH Mission with defined financial norms for infrastructure development, human resource support, training, IT systems and essential AYUSH medicines. Institutional mechanisms at national, state and district levels ensure planning, capacity building, convergence with NHM programmes, monitoring and evaluation to improve accessibility and quality of AYUSH-based primary healthcare.

5.11 IT Initiatives

5.11.1 AYUSH Yoga Club Locator Mobile App

The AYUSH Yoga Club Locator Mobile App is designed to help citizens easily discover and connect with government-approved AYUSH Yoga Clubs across Kerala. Using GPS-based real-time location services, the app enables users to identify nearby yoga centres, view available facilities, session timings, trainers. It promotes accessibility by ensuring that authentic and verified centres are brought within reach of every citizen, eliminating confusion regarding credibility. The platform also enhances transparency in public health service delivery by publishing verified information, performance records, and contact details of registered clubs. By simplifying access to yoga resources, the app encourages community participation, supports preventive healthcare, improves wellness awareness, and strengthens the reach of the National AYUSH Mission's health promotion initiatives.

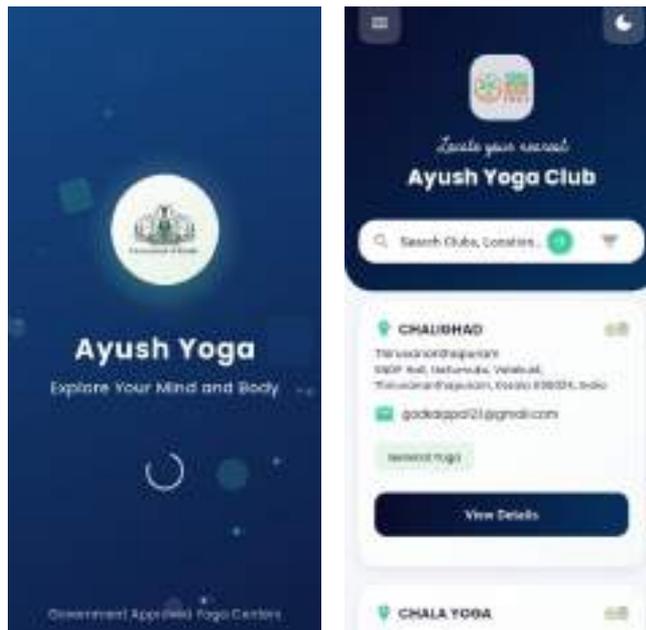


Figure 5.11.1 Screenshots of Mobile App

5.11.2 Civil ERP Software

Civil works constitute a major component under the National AYUSH Mission, and ensuring timely completion, transparency, and accountability is critical in the execution of Government infrastructure projects. Traditional monitoring and coordination methods often resulted in delays, inefficiencies, and lack of structured documentation, which necessitated the development of a dedicated Civil ERP Software to digitally integrate and streamline all aspects of civil work management from planning to completion. The platform functions as a comprehensive, centralised system accessible to administrators and technical teams, facilitating real-time supervision and effective governance. It enables systematic project planning and approval through online submissions and structured workflows, supports continuous execution monitoring through stage-wise milestone tracking, and allows uploading of photographic evidence with GPS coordinates to authenticate site progress. Additionally, it incorporates robust financial tracking features, including budget allocation, utilisation monitoring, payment milestone integration, and complete visibility of fund flow,

thereby ensuring financial discipline, transparency, and accountability across all civil infrastructure activities under the Mission.



Figure 5.11.2.1 Screenshot of ERP Software Home Screen



Figure 5.11.2.2 Screenshot of ERP Software dashboard

5.11.3 AYUSH Medicine Procurement Software

The AYUSH Medicine Procurement Software was developed to meet the growing need of the National AYUSH Mission, Kerala, for a modern and reliable digital system to streamline medicine procurement operations across hospitals and dispensaries, replacing earlier manual processes that caused delays, duplication, lack of real-time stock visibility, and data inaccuracies. This comprehensive end-to-end digital platform enables institutions to generate and submit indents online, while District Medical Officers, District Programme Managers, and higher authorities can review, approve, or revise requests through a structured workflow. Integrated master data ensures consistency, while timely alerts support pending approvals, stock shortages, and delivery tracking. Detailed dashboards and analytics provide meaningful insights into procurement trends and utilisation patterns, supporting informed decision-making. Secure role-based login ensures data safety and clarity of responsibilities, while automated processes help maintain essential stock levels, eliminate manual errors, and ensure transparency. The system strengthens coordination between hospitals, district authorities, and Oushadhi, supports real-time monitoring, facilitates timely replenishment, and ensures compliance with government norms, ultimately creating a transparent, efficient, and audit-ready digital ecosystem for AYUSH medicine management in Kerala.



Figure 5.11.3.1 Screenshot of Login Page in AYUSH Medicine Procurement Software



Figure 5.11.3.2 Screenshot of Home Page in AYUSH Medicine Procurement Software

5.11.4 NAM HR & Payroll Software

The National AYUSH Mission, Kerala, recognised the need for a robust and reliable system to efficiently manage attendance and payroll processes across its centres, as conventional methods were largely manual, time-consuming, prone to errors, and lacked real-time verification and transparency. To overcome these challenges and ensure accuracy, accountability, and operational efficiency, the NAM HR & Payroll Software was developed as a comprehensive digital solution. The system facilitates real-time attendance tracking with accurate time records, supported by geo-tagged attendance to ensure location-based verification and prevent proxy entries. It allows flexible shift assignment, offers an integrated online leave management workflow, and enables fully automated payroll processing with single-click salary generation based on verified attendance and leave data, supported by multi-level verification for compliance and financial discipline. By simplifying attendance management, ensuring digitally documented records, reducing administrative workload, and enhancing transparency in salary processing, the software significantly strengthens efficiency, governance, and accountability across all AYUSH centres.

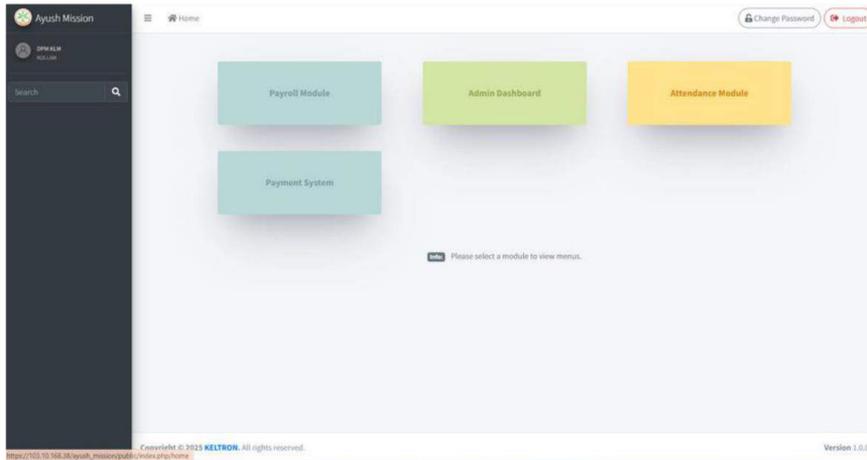


Figure 5.11.4.1 Screenshot of Home Page in AYUSH Payroll software

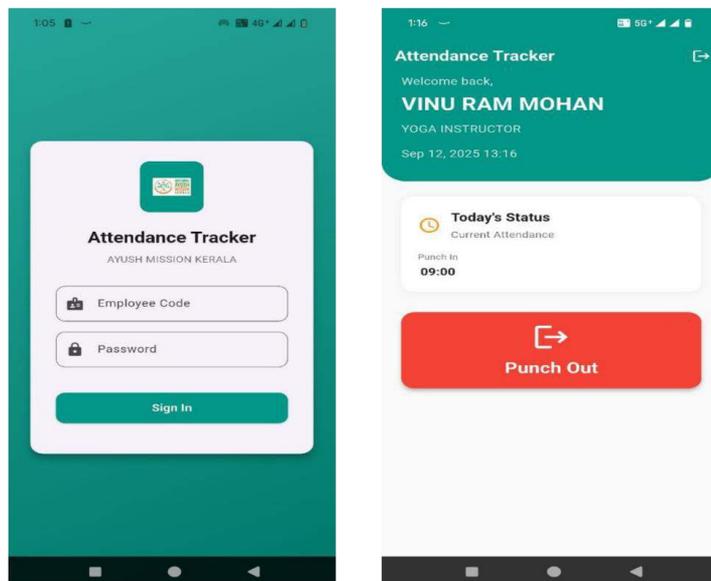


Figure 5.11.4.2 : NAM HR & Payroll Software in mobile app

5.11.5 AYUSH Payment Monitoring System

The AYUSH Payment Monitoring System is a comprehensive web-based financial governance platform under the National AYUSH Mission (NAM), designed to enhance transparency, accountability, and efficiency across all payment-related processes. It manages the complete

financial workflow, including fund allocation, expenditure tracking, bill submission, verification, approval, and final disbursement, while also supporting vendor management, automatic TDS processing, configurable dashboards, and detailed financial reporting for smooth and error-free transactions. The system maintains precise district-wise financial records, ensures component-wise fund control, and effectively monitors project-wise unspent balances, providing a complete end-to-end digital trail that strengthens audit readiness and governance compliance. It tracks real-time balances, flags idle or unutilised funds, enforces automated financial controls to prevent overspending, and supports multi-level user access, workflow automation, scalable architecture, and clear segregation of agency-wise and component-wise expenditures. Leveraging AI capabilities, the platform enables real-time validation checks to prevent errors and fraud, predictive analysis of fund utilisation trends, and intelligent alerts with actionable recommendations, thereby ensuring a unified, transparent, and reliable financial monitoring ecosystem for AYUSH across multiple implementing agencies.

5.11.6 Learning Management System

The AYUSH sector faces several training-related challenges, including difficulty in reaching rural and remote regions, lack of standardised and trackable certification processes, high expenditure on physical training workshops, and the absence of a unified system for maintaining centralised training and certification records. To address these gaps, a dedicated Moodle-based Learning Management System (LMS) has been developed exclusively for AYUSH, serving as a centralised online platform where students, practitioners, and professionals can enrol in Government-recognised certification courses, access structured digital learning materials, interact with trainers and peers, and receive verifiable digital certificates upon completion. Deployed on a secure cloud environment, the LMS ensures reliability, scalability, and continuous availability, supported by trained administrators, user manuals, ongoing technical assistance, and provisions for future enhancements such as AI-driven recommendations and analytics dashboards. Highly scalable and accessible, the software enables thousands of learners, including rural practitioners, to benefit from uniform, standardised training while significantly reducing the costs associated with physical training programmes. It ensures transparency through automated, verifiable

certification, enhances convenience through a user-friendly mobile-compatible design, and guarantees data security through secure hosting and role-based access controls, thereby strengthening capacity building, governance, and the digital transformation of AYUSH training in alignment with the Digital India vision.



Figure 5.11.6.1 Screenshot of Home Page

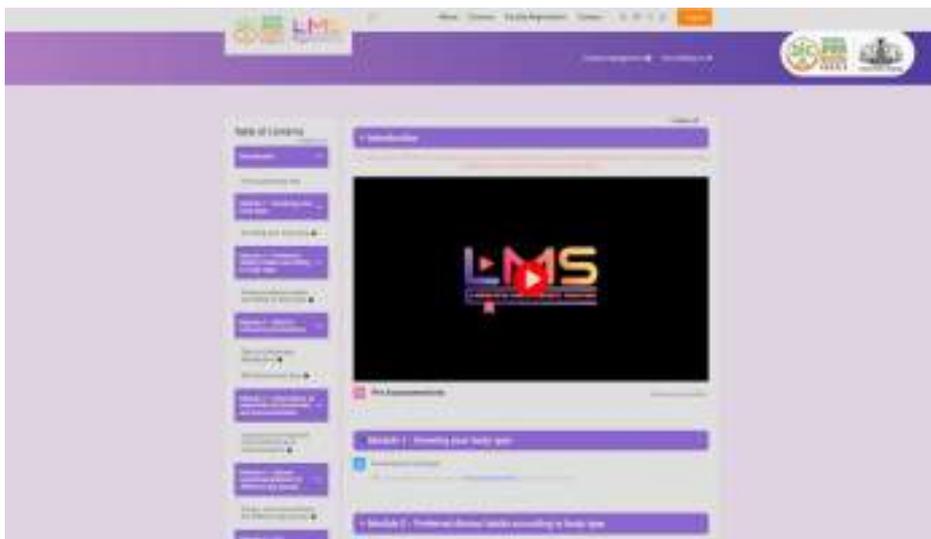


Figure 5.11.6.2 Screenshot of Course details explained

Chapter 6

DIRECTORATE OF AYURVEDA MEDICAL EDUCATION

VAIDYARATNAM P.S. VARIER AYURVEDA COLLEGE, KOTTAKKAL

6.1 History and Overview

The Aryavaidya Patasala was started in the year 1917 at Calicut by Late Vaidyaratnam P.S.Varier, the founder of Arya Vaidya Sala and was run by the Arya Vaidya Samajam, a registered society. The Patasala was financed by the Arya Vaidayasala, Kottakkal.

A four years course leading to the diploma 'Arya Vaidyan' was conducted . In 1924, the Patasala was shifted to Kottakkal with a view to give practical training to the students in the Arya Vaidya Sala Charitable Hospital. The Arya Vaidyan course was abolished in the year 1958 and 'Diploma in Ayurvedic Medicine (D.A.M) course was introduced. In 1959, the Aryavaidya Patasala was upgraded as an Ayurveda College. The new course (D.A.M) was of four years duration followed by an internship training of six months. In 1972, the Ayurveda College, Kottakkal was affiliated to the University of Calicut and a new course, Bachelor of Ayurvedic Medicine (B.A.M), was started. The College is located at Edarikode, Kottakkal, Malappuram District, Kerala with more than 100 years of glorious service with this legacy.

The State of Kerala saw a surge of new initiatives during the tenure of Chief Minister Sri. C. Achutha Menon. His Camaraderie with Dr. P.K. Warriar resulted on the formation of Kerala Ayurvedic Studies & Research Society [KASRS] in 1975 which took over the College and its assets on 1st April 1976. The vision behind the formation was to promote Ayurveda studies and research in collaboration with other institutions and Universities both in India and abroad. Since then the College is administered by the KASRS which is chaired by the Hon'ble minister for Health.

Presently the college provides UG, PG, PG Diploma courses. Moreover, this college acts as an approved PhD centre of Kerala University of Health Sciences, Thrissur, Kerala. The courses of the college are affiliated to the Kerala University of Health Sciences , Thrisur District since its inception. The College has secured 3rd rank with A Grade for the academic year 2024-25 and 2025-26 in national level by NCISM Marbism & NABET – QCI and first and 2nd in State level respectively.



Figure 6.1: NCH Certificate of rating

6.2 Details of Courses Provided

UG – COURSE	
Course	Total Seats
BAMS	63
PG SPECIALITIES	
Specialities	Total Seats
Agadatantra	4
Ayurveda Samhitha	3
Dravyaguna	4
Panchakarma	4

Manasaroga	6
Salyatantra	3
Swasthavritha	5
PG DIPLOMA SPECIALITIES	
Specialities	Total Seats
Manasaroga	3
Dravyaguna	3
Panchakarma	2
Swasthavritha	2

6.3 Health Overview

6.3.1 Hospital

Details of AYUSH Health Facilities in the District

Taluk	:Tirurangadi
Institution Name	:Vaidyaratnam P.S.Varier Ayurveda College Hospital, Kottakkal, Malappuram
Type	:Hospital
System	:Ayurveda
Location	:Edarikode
LAC / Parliament	:Tirurangadi / Ponnani

The College has more than 200 bedded hospital which is well equipped with the essential undergraduate and post graduate training facilities. The regular and special Out Patient units of this hospital are handled by teaching faculties expertised in individual specialities. Medicines free of cost are supplied during OP hours [8 AM – 1 PM]. A casualty unit is functioning from 1 PM to 8 PM. Inpatient units include General wards, Pay wards for male and female separately. Our hospital has a Pathology lab, X-ray unit, Physiotherapy unit, Minor OT, Pharmacy and hospital canteen.

During the Navathi celebrations of Vaidyaratnam PS Varrier Ayurveda College Kottakkal, the project for a new hospital was conceptualized leading to the visualization of a 500 bed hospital christened 'Dhanwanthari Bhawan' by Padma Bhushan Dr.P.K Warier.Beginning in the year 2012- 2013 three floors form ground level and a Cellar floor has been completed by 2017-2018.First Phase of the hospital was inaugurated by Hon'ble Chief Minister Sri. Pinaray Vijayan on 5th May 2018 as part of Sathabdhi celebrations in the function presided over by Hon'ble Minister Health and Social Justice Smt. K.K.Shailaja Teacher. The event was graced by the presence of Padma Bhushan Dr.P.K. Warriar.Since more civil/electrical /technical works are required to make the first phase fully functional, the hospital has been opened partially on self sustaining no profit no loss basis. More developments to the institution are in the pipeline.

Bed Strength - 204 Nos

6.4 IP & OP Admission report

Table 6.4.1 IP Admission Report (01/01/2025 - 30/10/2025)

Sl No	Department	Total
1	Agadathantra	137
2	Kayachikitsa	544
3	Koumarabhritya	294
4	Manovijnan	53
5	Panchakarma	499
6	Prasootitantra & Streeroga	207
7	Salakyatantra	193
8	Salyatantra	538
	TOTAL	2465

Source: DAME data

Table 6.4.2 OPD Report

SI No	Department	Total
1	Agadathantra	17851
2	Kayachikitsa	37640
3	Koumarabhritya	6662
4	Manovijnan	3782
5	Panchakarma	25617
6	Prasootitantra & Streeroga	13024
7	Salakyatantra	19920
8	Salyatantra	38471
9	Casualty	871
10	Drvayaguna	519
11	Kriyasareera	143
12	Rachana sareera	358
13	Rasasastra & Bhaishajya kalpana	2390
14	Samhitha	55
15	Swsthavritha	6344

Source: DAME data

6.5 Human Resources Profile

6.5.1 Office Profile

Table 6.5.1 Office Profile

Sl. No.	Designation	Number
1	Chief Executive Officer	1
2	Executive Director	1

3	Principal	1
4	Hospital Superintendent	1
5	Lay Secretary	1
6	Junior Superintendent	1
7	Head Accountant	1
8	Assistant Professor	20
9	Associate Professor	1
10	Professor	3

Source: DAME data

6.5.2 College Non-teaching staff

The college is supported by a well-structured and adequately staffed non-teaching workforce that plays a vital role in the effective functioning of academic, administrative, clinical, and support services. The non-teaching staff are deployed across various departments to ensure smooth day-to-day operations, maintenance of infrastructure, and support to teaching and learning activities.

Library services are strengthened with the presence of a Librarian, an Assistant Librarian, and a Library Attendant, ensuring efficient management of academic resources and uninterrupted access for students and faculty. Administrative and financial operations of the college are managed by clerical staff posted in the college office, providing essential support for institutional governance and record maintenance.

Departmental support is provided through attendants, peons, and multipurpose workers assigned to key academic departments such as Kayachikitsa, Panchakarma, Shalya, Shalakyā, Kaumarbhṛitya, Prasuti Tantra and Stri Roga, Swasthavṛitta and Yoga, Samhita and Siddhanta, Rachna Sharir, Kriya Sharir, Dravyaguna, Roga Nidan evam Vikriti Vigyan, and Rasa Shastra evam Bhaishajya Kalpana. These staff members assist in maintaining classrooms, practical halls, and clinical areas, thereby facilitating uninterrupted academic and clinical training.

Laboratory and practical teaching activities are supported by laboratory assistants and technicians posted in relevant departments, ensuring proper handling of equipment, specimens, and practical demonstrations. Museum keepers are assigned to multiple departments to maintain departmental museums, which are essential for effective teaching and demonstration of specimens and models.

The herbal garden is maintained by a gardener and multipurpose workers, contributing to practical training in medicinal plants and supporting academic requirements. Additional support staff, including lifters and other personnel, assist in specialized departmental functions.

Overall, the availability and distribution of non-teaching staff ensure effective institutional functioning, academic support, and maintenance of facilities. The structured deployment of personnel across departments reflects the college's commitment to providing a supportive environment for quality education, clinical training, and administrative efficiency.

Details of non-teaching staffs are attached as Annexure 6.5.2

6.5.3 Hospital staff

The hospital is supported by a comprehensive and multidisciplinary team of medical, paramedical, technical, and support staff to ensure efficient delivery of patient care, teaching, and clinical services. The clinical services are strengthened by the presence of consultants from all clinical departments, including Swasthavritta and Yoga, along with resident medical officers, emergency medical officers, and specialist doctors from modern medicine such as anesthesiologists, surgeons, physicians, pediatricians, obstetricians and gynecologists, ophthalmologists, radiologists, dentists, physiotherapists, and other medical specialists. This integrated staffing pattern enables the hospital to provide comprehensive diagnostic, therapeutic, and emergency services.

Operation theatre and specialized therapy services are supported by trained nurses, operation theatre attendants, dressers, Shalya and Ksharsutra therapist specialists, and staff nurses for inpatient departments. Panchkarma services for both OPD and IPD are adequately staffed with Panchkarma specialists, assistants, nurses, house officers, yoga teachers, and supporting personnel, ensuring quality traditional therapeutic care. Labour room services

are managed by qualified midwives and Prasooti evum Stri Roga specialists, ensuring maternal and child health services.

Diagnostic and laboratory services are efficiently managed by laboratory technicians, microbiologists, pathologists, biochemists, analytical chemists, pharmacognosists, and pharmacologists, supported by peons and workers in the clinical laboratory and teaching pharmacy and quality testing laboratory. Pharmacy services are supervised by a pharmacy manager or superintendent, with the support of pharmacists and store keepers, ensuring proper drug management and quality control.

Hospital administration and general services are managed by the hospital superintendent, deputy medical superintendent, office staff, drivers, electricians, security guards, cooks, washermen, ward boys, ayahs, masseurs, and other support staff. Overall, the availability and structured deployment of hospital staff ensure uninterrupted clinical services, effective teaching and training, patient safety, and smooth administrative functioning, reflecting the hospital's commitment to quality healthcare delivery and academic excellence.

Details of hospital staffs are attached as Annexure 6.5.3

6.6 Health Infrastructure Development

For implementation of SAAP during 2023-24 an amount of Rs 2,50,00,000/- sanctioned towards construction of hospital pharmacy building along with necessary equipments.

6.7 Programmes & Projects

NAM Wellness Centre works in the Kayachikitsa Department under Dr. M. Jithesh, HOD of KC, VPSV Ayurveda College, Kottakkal. Wellness Centre has the following activities

6.7.1 Daily Activities

1. Daily Classes for Public

General yoga classes are open to the public from 7 am to 8 am. Each batch has a maximum of 40 people.

2. Lifestyle Consultation

Consult each patient sent from different OPs and advise for yoga and diet according to their disease and requirements.

3. Yoga Classes for PG Scholars

Yoga classes for PG scholars are conducted occasionally as per their requirement and availability.

4. OP Activities – Individual Classes

Outpatients are referred from the main outpatient wing to the wellness centre. Such OP patients have detailed lifestyle consultation and are advised for one-on-one detailed sessions as per their disease.

5. IP Activities

Inpatients from various departments are sent to the wellness department and they have personalised yoga sessions of 30 minutes. They are taught 30-minute special yoga techniques as per their case. After teaching, they are advised to practice this package daily. They have revisits and consultations weekly.

6. Yogic Counselling

As the KC department has PG in Manovijnan avum Manasaroga, the wellness centre provides yogic counselling for various psychological disorders such as anxiety disorder, generalised stress, mood disorder, etc. Once every 2–3 months, an advertisement for Free Public Yoga Classes is given in all the leading newspapers through the college office. Each batch completes a general yoga session for their daily practice. This year, we completed 6 batches.

6.7.2 Other Activities

1. **Pragati – Students’ Support, Career Guidance and Placement Cell** organized an orientation program titled “**Anusiddhi – From Skill to Success**” exclusively for the outgoing interns of the college on **30th August 2025**. The objective of the program was to enrich the knowledge, skills, and attitudes of young graduates, enable them to explore diverse opportunities at national and global levels, and equip them with the necessary preparation for a successful career journey.
2. Under the **Department of Prasootitantra and Streeroga**, a camp was conducted from **27 February to 8 March 2025** focusing on **cervical cancer diagnosis and free breast cancer screening**. Awareness sessions on **self-breast examination** and related health issues were provided to all participants. A total of **18 patients** attended the camp on 27 and 28 February, during which **PAP smear tests** were

conducted for cervical cancer screening. As part of the programme, a class on **“Cancer in Women”** was also conducted for staff and students on **1 March 2025**.

3. In connection with **Ayurveda Day**, the Department of **Shalyatantra**, **VPSV Ayurveda College, Kottakkal**, in association with a local voluntary organization, organized a **free medicine distribution programme, Ayurvedic medical camp, and cancer awareness class** on **26 October 2025** at Alachulli. The programme included a **cancer awareness class and chart exhibition** conducted by postgraduate students. About **125 people** attended the camp, with **cancer screening for around 100 individuals** and **blood sugar testing for about 50 participants**. The camp was conducted with the participation of **house surgeons, final-year BAMS students, and postgraduate students** from the department.



Figure 6.7.2: Shalyatantra Camp

During the floods in Kerala, the college actively contributed to flood relief activities by organizing **medical camps in the tribal areas of Nilambur and Wayanad**. Through this initiative, essential **Ayurvedic healthcare services, medical check-ups, and support for the flood-affected tribal communities** were provided. The endeavor reflected the

institution's strong commitment to **social responsibility** and **compassionate service** during times of crisis.

Over the past decade, the college has been actively engaged in community outreach activities, demonstrating a strong commitment to public health and awareness. In the academic year 2024–25 alone, around 46 outreach programs were organized across rural, school, and urban sectors. These initiatives, carried out under local and district administrations as well as through independent efforts, included diagnostic and screening camps, follow-up care, health awareness drives, surveys, and medical exhibitions. Together, they made a significant contribution to accessible healthcare and preventive education across diverse communities.

We meticulously used the entire manpower of our institution as volunteers in the Prakriti Pareekshan campaign. The institution had conducted "Desh Ka Prakriti Parikshan" campaign at CISF unit, ASG Calicut.

6.8 Quality-Related Activities

NABH (National Accreditation Board for Hospitals)

Facility Name	:	VPSV Ayurveda College Hospital [Facility ID : IN3210005216]
NABH Level	:	Entry Level
Status	:	Achieved

Annexures

Annexure 3.3.1: Details of ISM Facilities - Hospital

Sl No	Name of Institution	Street Name	Address	Village	Name of Isgd	Type of Isgd (Corporation Municipality Panchayath)	Name of Block Panchayath	District Panchayath Division	LAC	Parliament	Urban Rural
1	District Ayurveda Hospital Valavannur	Ayurveda	Dist. Ayurveda Hospital, ValavannurValavannurPO 676551	Valavannur	Valavannur	Panchayath	Tanur	Puthanathi	Tirur	Malappuram	Rural
2	Government Ayurveda Hospital Edakkara	Ayurveda	Govt.Hospital, Edakkara Edakkara PO Nilambur Via 679331	Edakkara	Edakkara	Panchayath	Nilambur	Chungathara	Nilambur	Waynad	Rural
3	Government Ayurveda Hospital Manjeri	Ayurveda	Govt. Ayurveda Hospital Manjeri Manjeri PO - 676121	Manjeri	Manjeri	Municipality	NA	NA	Manjeri	Malappuram	Urban

4	Government Ayurveda Hospital Ponnani	Ayurveda	Govt. Ayurveda Hospital Ponnani South Ponnani PO Ponnani Via 679586	Ponnani Nagaram	Ponnani	Municipality	NA	NA	Ponnani	Malappuram	Urban
5	Government Ayurveda Hospital Velimukku	Ayurveda	Govt. Ayurveda Hospital Velimukku Velimukku PO 676317	Velimukku	Moorniyur	Panchayath	Tiruragadi	Velimukku	Vallikkunnu	Malappuram	Urban
6	Government Ayurveda Hospital Chelembra	Ayurveda	Govt. Ayurveda Hospital, Chelembra Pullipparamba PO, Chelembra Via- 673634	Chelembra	Chelembra	Panchayath	Kondoty	Thenhippalam	Vallikkunnu	Ponnani	Urban
7	Government Ayurveda Hospital Malappuram	Ayurveda	Govt. Ayurveda Hospital Malappuram Pattarkadavu PO 676519	Panakkadu	Malappuram	Municipality	NA	Malappuram	Malappuram	Wayanad	Rural

8	Government Ayurveda Hospital Perinthalmanna	Ayurveda	Govt. Ayurveda Hospital Perinthalmanna PO -679322	Perinthalmanna	Paerinthalmanna	Municipality	NA	NA	Perinthalmanna	Ponnani	Rural
9	Government Ayurveda Hospital Thiruvalli	Ayurveda	Govt. Ayurveda Hospital Thiruvally Thiruvally PO Manjeri Via 679348	Thiruvalli	Thiruvalli	Panchayat	Wandoor	Thrikkalangiode	Wandoor	Ponnani	Rural
10	Government Ayurveda Hospital Thozhanur	Ayurveda	Govt. Ayurveda Hospital Thozhannur Randathani PO Kottakkal Via 676510	Kalpakanchery	Kalpakanchery	Panchayat	Kuttiyuram	Puthanani	Tirur	Malappuram	Rural
11	Government Ayurveda Hospital Vengara	Ayurveda	Govt. Ayurveda Hospital Vengara Vengara PO 676304	Vengara	Vengara	Panchayat	Vengara	Vengara	Vengara	Malappuram	Rural
12	Government Ayurveda Research	Ayurveda	Government Ayurveda Research Institute for	Edarikode		Panchayat	Vengara		Tirur	Malappuram	Rural

	Institute For Mental Health and Hygiene	Mental Diseases, Kottakkal Edarikode PO Pin-676501 Malappuram											
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Annexure 3.3.1: Details of ISM Facilities - Dispensary

SL. NO	NAME OF INSTITUTION	STR EAM	ADDRESS	VILLAGE	LSGD	TYPE OF LSGD	BLOCK PANCHAYATH	DISTRICT PANCHAYATH DIVISION	LAC	PARLIAMENT	URBAN /RURAL
1	Govt.Ayurveda Dispensary Anakkayam	Ayurveda	Govt. Ayurveda Dispensary, Anakkayam, Anakkayam PO, Malappuram Via-676509	Anakkayam	Anakkayam	Panchayath	Malappuram	Anakkayam	Malappuram	Malappuram	Rural
2	Govt.Ayurveda Dispensary Angadippuram	Ayurveda	Govt. Ayurveda Dispensary Angadipuram Pariyapuram PO 679321	Angadipuram	Angadipuram	Panchayath	Perinthalmanna	Angadipuram	Mankada	Malappuram	Rural

3	Govt.Ayurveda Dispensary Chaliapuram	Ayurveda	Govt. Ayurveda Dispensary, Chaliapuram Cheruvayur PO, Edavannapara-673645	Cheekode	Nilambur	Cheekode	Nilambur Municipality	Areacode	NA	Areacode	NA	Kondoty	Nilambur	Wayana	Malappuram	Rural
4	Govt.Ayurveda Dispensary Chandakunnu	Ayurveda	Govt. Ayurveda Dispensary, Chandakunnu, Chandakunnu PO, Nilambur Via-679342	Cheekode	Nilambur	Cheekode	Nilambur Municipality	Areacode	NA	Areacode	NA	Kondoty	Nilambur	Wayana	Malappuram	Urban
5	Govt.Ayurveda Dispensary Changaramkulam	Ayurveda	Govt. Ayurveda Dispensary, Changaramkulam, Nannamukku South (PO) Changaramkulam (Via) 679575	Cheekode	Nannamukku	Cheekode	Nannamukku	Areacode	Perumpadappu	Areacode	Changaramkulam	Ponnani	Ponnani	Ponnani	Malappuram	Rural
6	Govt.Ayurveda Dispensary Chembrakattur	Ayurveda	Govt. Ayurveda Dispensary, Chemrakkattur Chemrakkattur (PO) Areacode (Via) 673639	Cheekode	Areacode	Cheekode	Areacode	Areacode	Areacode	Areacode	Areacode	Eranaad	Eranaad	Wayana	Malappuram	Rural

7	Govt.Ayurveda Dispensary Chenakkalan agadi	Ayurveda	Govt. Ayurveda Dispensary, Chenakkalangadi (PO) Thenhipalam (Via) 673636	Thenhipalam	Thenhipalam	Panchayath	Tirurangadi	Tenhipalam	Valikkunnu	Malappuram	Rural
8	Govt.Ayurveda Dispensary Cherukavu	Ayurveda	Govt. Ayurveda Dispensary, Cherukavu Aykkarappadi(PO) Pulikkal (Via) - 673637	Cherukavu	Cherukavu	Panchayath	Kondotty	Kondotty	Kondotty	Malappuram	Rural
9	Govt Ayurveda Dispensary Chokkad	Ayurveda	Govt. Ayurveda Dispensary Chokkad Ambalakadavu PO Uthirampoyil- 676525	Chokkad	Chokkad	Panchayath	Kaliku	Moothadam	Wandoor	Wayana	Rural
10	Govt.Ayurveda Dispensary Pothukallu	Ayurveda	Govt. Ayurveda Dispensary, Pothukallu Munderi (PO) Nilambur (Via) - 679334	Pothukallu	Pothukallu	Panchayath	Nilambur	Vazhikkadavu	Nilambur	Wayana	Rural

11	Govt Ayurveda Dispensary Edappal	Ayurveda	Govt. Ayurveda Dispensary, Edappal Polpakara PO Edappal Via 679576	Edappal	Edappal	Panchayath	Ponnani	Thavanur	Thavanur	Ponnani	Rural
12	Govt. Ayurveda Dispensary Edappatta	Ayurveda	Govt. Ayurveda Dispensary, Edappatta Pathrikode PO Melattur Via 679326	Edappatta	Edappatta	Panchayath	Kalikkattu	Melattur	Manjeri	Malappuram	Rural
13	Govt Ayurveda Dispensary Edarikode	Ayurveda	Govt. Ayurveda Dispensary, Edarikode Puthuparamba PO Kottakkal Via 676501	Edarikoode	Edarikode	Panchayath	Vengara	Nannambra	Thirurangadi	Ponnani	Rural
14	Govt. Ayurveda Dispensary Edavanna	Ayurveda	Govt. Ayurveda Dispensary, Edavanna, Othayi Perakamanna PO Edavanna Via 676541	Perakamanna	Edavanna	Panchayath	Areacode	Edavanna	Eranaad	Wayanaad	Rural

15	Govt.Ayurve da Dispensary Edayur	Ayurveda	Govt. Ayurveda Dispensary, Edayur Edayur PO, Valancheri Via 676554	Edayur	Edayur	Panch ayath	Kutti p uram	Kadamp uzha	Kottakk al	Ponnan i	Rural
16	Govt. Sidda Vaidya Dispensary Elamkulam	Siddha	Govt. Siddha Vaidya Dispensary, Elamkulam Kunnakkavu PO Cherukara Via- 679340	Elamkul am	Elamkul am	Panch ayath	Perinth alman a	Elamkul am	Perinth alman a	Elamkul am	Rural
17	Govt.Ayurve da Dispensary Elankur	Ayurveda	Govt. Ayurveda Dispensary, Elankur Manhappatta PO Manjeri Via 676123	Thrikal angode	Elankur	Panch ayath	Wandoo r		Manjeri	Malapp uram	Rural
18	Govt.Ayurve da Dispensary Elayur	Ayurveda	Govt. Ayurveda Dispensary, Elayur Irivetty PO Areacode Via 673639	Kavannu r	Kavann ur	Panch ayath	Areacod e	Trikkala ngod	Eranad	Wayana d	Rural

19	Govt.Ayurveda Dispensary Eramangalam	Ayurveda	Govt. Ayurveda Dispensary, Eramangalam Veliyamkode PO 679579	Veliyancode	Veliyancode	Panchayath	Perumpadappu	Perumpadappu	Ponnani	Ponnani	Rural
20	Govt.Ayurveda Dispensary Ezhuvathiruthy	Ayurveda	Govt. Ayurveda Dispensary, Ezhavathuruthi Biyyam PO Ponnani Via 679576	Ezhuvatiruthy	Ponnani	Panchayath	Perumpadappu	Perumpadappu	Ponnani	Ponnani	Rural
21	Govt.Ayurveda Dispensary Irimbilyam	Ayurveda	Govt. Ayurveda Dispensary, Irimbilyam Puramannur PO Valancheri Via-676557	Puramannur	Irimbilyam	Municipality	Kadamuzha	Kadamuzha	Kottakkal	Ponnani	Urban
22	Govt.Ayurveda Dispensary Kaladi	Ayurveda	Medical Officer, Govt. Ayurveda Dispensary, Kaladi Kaladi PO 679582	Kaladi	Kaladi	Panchayath	Thavannur	Thavannur	Ponnani	Ponnani	Rural
23	Govt.Ayurveda Dispensary	Ayurveda	Govt. Ayurveda Dispensary, Kannamangalam Kannamangalam	Kannamangalam	Kannamangalam	Panchayath	Cherur	Cherur	Vengara	Malappuram	Rural

44	Govt.Ayurveda Dispensary Mundiyan kavu	Ayurveda	Govt. Ayurveda Dispensary Mundiyan kavu Ullanam North Parappanangadi Via 676303	Neduva	Parappanangadi	Panchayath	Tirurangadi		Thirurangadi	Ponni	Rural
45	Govt Ayurveda Dispensary Neeradu	Ayurveda	Govt. Ayurveda Dispensary Neeradu Muthuvallur PO Kondotty Via- 676638	Kondotty	Kondotty	Municipality	Kondotty	Kondotty	Kondotty	Malappuram	Urban
46	Govt Ayurveda Dispensary Nellikuthu	Ayurveda	Govt. Ayurveda Dispensary Nellikuthu Nellikuthu PO Manjeri Via 676122	PAYYANAD	Manjeri	Municipality			Manjeri	Malappuram	Urban
47	Govt.Ayurveda Dispensary Olavattur	Ayurveda	Govt. Ayurveda Dispensary Olavattur Olavattur PO Kondotty Via- 673638	Pulikkal	Pulikkal	Municipality	Kondotty	Pulikkal	Kondotty	Malappuram	Urban

48	Govt.Ayurveda Dispensary Oorakam	Ayurveda	Govt. Ayurveda Dispensary Oorakam PO Melmuri Via-676519	Oorakam	Oorakam	Panchayath	Vengara	Cherur	Vengara	Malappuram	Rural
49	Govt.Ayurveda Dispensary Othaloor	Ayurveda	Govt. Ayurveda Dispensary Othalur Alamcode PO 679585	Alamkode	Alamkode	Panchayath	Perumpadappu	Changaramkulam	Ponnani	Ponnani	Rural
50	Govt.Ayurveda Dispensary Ozhur	Ayurveda	Govt. Ayurveda Dispensary Ozhur Ozhur PO 676307	Ozhur	Ozhur	Panchayath	Tanur	Tanalur	Tanur	Ponnani	Rural
51	Govt.Ayurveda Dispensary Pandikkad	Ayurveda	Govt. Ayurveda Dispensary Pandikkad Chembrassery East PO Thuvvur Via 679327	Chembrassery	Pandikkad	Panchayath	Wandoor	Melattur	Manjeri	Malappuram	Rural
52	Govt.Ayurveda Dispensary Paramba	Ayurveda	Govt. Ayurveda Dispensary Paramba Pookkottumpada	Amarambalam	Amarambalam	Panchayath	Kaliku	Mootham	Nilambur	Wayanad	Rural

69	Govt.Ayurveda Dispensary Thuvvur	Ayurveda	Govt. Ayurveda Dispensary Thuvvur Thuvvur PO 679327	Thuvvur	Thuvvur	Thiruranga	Panchayath	Kaliku	Karuvarakundu	Wandoor	Wayana	Rural
70	Govt.Ayurveda Dispensary Thirurangadi	Ayurveda	Govt. Ayurveda Dispensary Tirurangadi Tirurangadi PO 676306	Thiruran	Thiruranga	Thiruranga	Municipality	Thiruranga	NA	Thiruranga	Ponnan	Urban
71	Govt.Ayurveda Dispensary Vadakkumuri	Ayurveda	Govt. Ayurveda Dispensary Vadakkumuri Urangattiri PO Areacode Via 673639	Urn	Urn	Urn	Panchayath	Areacode	Chungathara	Eranad	Wayana	Rural
72	Govt.Ayurveda Dispensary Valluvambaram	Ayurveda	Govt. Ayurveda Dispensary Valluvambaram Valluvambaram PO Mongam Via 673651	Pookkott	Pookkott	Pookkott	Panchayath	Malappuram	Pookkott	Malappuram	Malappuram	Rural
73	Govt.Ayurveda Dispensary Vazhikkadavu	Ayurveda	Govt. Ayurveda Dispensary Vazhikkadavu Kambalakkallu PO	Vazhikka	Manimoli	Vazhikka	Panchayath	Nilambur	Vazhikkadavu	Nilambur	Wyanad	Rural

80	APHC(AYU) Chungathara	Ayurveda	Ayush primary health centre (Ayurveda) Chungathara Grama panchayat Chungathara Po PIN 679334 Land phone 04931 230600	Chungathara	Chungathara	Municipality	Nilambur	Chungathara	Nilambur	Wayana	Urban
81	APHC(AYU) Elamkulam	Ayurveda	Ayush primary health centre ,Elamkulam Grama panchayat Kunnakkavu(po) Pin:679340	Elamkulam	Elamkulam	Panchayath	Perinthalmanna	Elamkulam	Perinthalmanna	Ponnan	Rural
82	APHC (AYU) Kalikkavu	Ayurveda	Ayush PHC Kalikkavu Poongode PO Thuvvur via PIN-679327	Vellayur	Kalikkavu	Panchayath	Kalikkavu	Karuvarakundu	Wandoor	Wayana	Rural
83	APHC (AYU) Keezhattur	Ayurveda	Ayush Primary Health Center (Ayurveda) Keezhattur	Nenmini	Keezhattur	Municipality	Perinthalmanna	Anakkayam	Manjeri	Malappuram	Urban

91	APHC (AYU) Niramarathur	Ayurveda	Musaliyarangadi Malappuram- 673638	Niramar uthur	Niramar uthur	Panch ayath	Tanur	Thanalur	Tanur	Ponnan i	Rural
92	APHC (AYU) Othukkungal	Ayurveda	Ayush Primary Health Centre, Othukkungal, Mattathur P. O Pin code :676528	Othukku ngal	Othukku ngal	Panch ayath	Malapp uram	Cherur	Vengara	Malapp uram	Rural
93	APHC (AYU) Pallikkal	Ayurveda	Ayush PHC Pallikkal (Ayurvedam) P.O Pallikkal Bazar Paruthikode Pin -673634.	Pallikkal	Pallikkal	Panch ayath	Kondott y	Tenhipal am	Vallikku nnu	Malapp uram	Rural

94	APHC (AYU) Panangangara	Ayurveda	APHC Panangangara (Ayurveda) Ramapuram PO, Puzhakkattiri Panchayath Pin 679321	Puzhakkattiri	Puzhakkattiri	Panchayath	Mankada	Angadipuram	Mankada	Malappuram	Rural
95	APHC (AYU) Perumbadappu	Ayurveda	Medical Officer Ayush Phc Perumpadappu Perumpadappu (Po) Malappuram (Dist) Kerala 679580	Perumpadappu	Perumpadappu	Panchayath	Perumpadappu	Malappuram	Ponnani	Ponnani	Rural
96	APHC (AYU) Purathur	Ayurveda	Ayush primary health center (Ayurveda) purathur Purathu grama panchayath kavilakkad 67610	Purathur	Purathur	Panchayath	Tirur	Mangalam	Tavanur	Ponnani	Rural

97	APHC (AYU) Thirunavaya	Ayurveda	Ayush phc Ayurveda Thirunavaya Karathoor Kodakkal po 676108	Thiruna vaya	Thirunav aya	Panch ayath	Tirur	Thirunav aya	Tirur	Ponnan i	Rural
98	APHC (AYU) Triprangode	Ayurveda	Ayush PHC Triprangode Triprangode (PO) PIN-676108	Alathiyu r		Panch ayath	Tirur	Thirunav aya	Tavanur	Ponnan i	Rural
99	APHC (AYU) Vallikkunnu	Ayurveda	APHC(Ayurveda) Vallikkunnu, Valliikkunnu Grama Panchayath, Vallikkunnu North Malappuram Dt 673314	Vallikku nnu	Vallikku nnu	Panch ayath	Tiruran gadi	Velimuk ku	Vallikku nnu	Malapp uram	Rural
100	APHC (AYU) Vattamkula m	Ayurveda	APHC (ayu) Vattamkulam ChinthaNagar road	Vattamk ulam	Vattamk ulam	Panch ayath	Ponnani	Thavano or	Tavanur	Ponnan i	Rural

10 4	APHC (SIDHA) Mankada		NHM AYUSH PHC Siddha PKB complex, Kozhikkottupara mba Vellila POST Mankada via Malappuram 679324	Mankada	Mankada	Panchayath	Mankada	Makkarampara	Mankada	Malappuram	Rural
10 5	APHC (SIDHA) Valancheri	Sidha	APHC Sidha valanchery Valanchery. P. O. Shopping complex valanchery S-16 room number Near treasury building PIN 676552	Kattiparuth	Valancherry	Panchayath	Kuttiyuram		Kottakkal	Ponnanji	Rural
10 6	APHC (UNANI) Manjeri	Unani	Ayush PHC Unani IGBT Bus Stand Building Kacheripadi, Manjeri - 676121.	Manjeri	Manjeri	Municipality	NA	NA	Manjeri	Malappuram	Urban

107	APHC (UNANI) Marakkara	Unani	Ayush Primary Health Centre Ayurveda Marakkara AC Nirappu Marakkara PO 676553	Marakka ra	Marakka ra Grama Panchayat	Panch ayath	Kuttiyuram	Puthanathani	Kottakkal	Ponni	Rural
108	APHC (UNANI) Thiruvalli	Unani	Ayush Primary Health Centre (Unani) Thiruvalli Grama Panchayath, Karad Road, Naduvath (P.O), Malappuram Dist, Pin: 679328	Thiruvalli	Thiruvalli	Panch ayath	Wandoor	Wandoor	Wandoor	Wayana d	Rural
109	APHC (UNANI) Valavannur	Unani	Ayush PHC (Unani) Near Anganvadi	Valavannur	Valavannur Grama Panchayat	Panch ayath	Tanur	Puthanathani	Tirur	Ponni	Rural

11	Ayush Unani Dispensary Valanchery	Unani	Ayush Unani Dispensary &Therapy Unit Kaavumpuram Valancheri (po) pin-676552	Valanchery	Valanchery	Municipality	NA	NA	Valanchery	Ponni	Urban
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Annexure 3.3.1: Details of ISM Facilities - Hospital

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	DAH Valavannur	8809	1089	50
2	GAH Edakkara	2488	350	30
3	GAH Manjeri	1951	335	20
4	GAH Ponnani	2197	187	20
5	GAH Velimukku	1321	248	20
6	GAH Chelembra	2212	222	10
7	GAH Malappuram	1782	251	10
8	GAH Perinthalmanna	2631	116	10
9	GAH Thiruvalli	1550	201	10
10	GAH Thozhannur	1123	258	10
11	GAH Vengara	1913	144	10
Average		2543	309	

Annexure 3.5.2: Table of Beneficiary details in Government ISM Dispensaries

Sl No	Institution Name	Average OPD in a Month
1	GAD Anakayam	2048
2	GAD Angadippuram	873
3	GAD Chaliyappuram	2790
4	GAD Chandakkunnu	1750
5	GAD Changaramkulam	2102

6	GAD Chembrakkattur	1345
7	GAD Chenakkalangadi	1753
8	GAD Cherukavu	1499
9	GAD Chokkad	1490
10	GAD Edappal	1650
11	GAD Edappatta	913
12	GAD Edarikode	1575
13	GAD Edavanna	1681
14	GAD Edayur	1124
15	GSVD Elamkulam	1823
16	GAD Elamkur	1834
17	GAD Elayur	2272
18	GAD Eramangalam	2274
19	GAD Ezhuvathiruthy	1607
20	GAD Irimbilyam	1841
21	GAD Kaladi	1092
22	GAD Kannamangalam	1282
23	GAD Karthala	1990
24	GAD Karulai	1692
25	GAD Karuvarakundu	1830
26	GAD Kattilangadi	1996
27	GAD Keezhuparamba	708
28	GAD Kodakkad	1476
29	GAD Kolathur	1384

30	GAD Koottilangadi	1472
31	GAD Kottakkal	1969
32	GAD Kurukkankunnu	1730
33	GAD Kurumbathur	1365
34	GAD Kuruva	1373
35	GAD Makkaraparambu	1486
36	GAD Mampuram	1279
37	GAD Mankada	1603
38	GAD Maranchery	2862
39	GAD Melattur	1966
40	GAD Moothedam	1409
41	GAD Mundakulam	1110
42	GAD Mundiyan kavu	1501
43	GAD Neeradu	901
44	GAD Nellikkuthu	1587
45	GAD Olavattur	1776
46	GAD Oorakam	1079
47	GAD Othalur	1158
48	GAD Ozhur	1257
49	GAD Pandikkad	1138
50	GAD Paramba	1901
51	GAD Parappur	757
52	GAD Perumanna klari	1520
53	GAD Peruvallur	2009

54	GAD Peruvampadam	1221
55	GAD Ponmala	890
56	GAD Porur	1448
57	GAD Pothukallu	973
58	GAD Pulamanthole	998
59	GAD Pullippadam	2127
60	GAD Pulpatta	1401
61	GAD Tanur	1506
62	GAD Thalakkad	1649
63	GAMD Thanaloor	1206
64	GAD Thavanur	2558
65	GAD Thazhekkode	1309
66	GAD Thennala	1773
67	GAD Theyyalingal	1987
68	GAD Thuvvur	1628
69	GAD Tirurangadi	1556
70	GAD Vadakkummuri	1620
71	GAD Vailathur	1246
72	GAD Valluvambram	2128
73	GAD Vazhikkadavu	1658
74	GAD Vengara	1990
75	GAD Vettom	1573
76	GAD Wandoor	2807
	Average opd	1600

Annexure 3.5.3: Table of Beneficiary details in APHC dispensaries

Sl No	Ayurveda/Sidha/Unani/Naturopathy	Name Of Institution	Per Month OPD
1	AYURVEDA	AALIPPARAMBA	1502
2	AYURVEDA	CHERIYAMUNDAM	1248
3	AYURVEDA	CHUNGATHARA	1479
4	AYURVEDA	ELAMKULAM	973
5	AYURVEDA	KALIKAVU GRAMA	1386
6	AYURVEDA	KEEZHATUR	1708
7	AYURVEDA	KODUR	1381
8	AYURVEDA	KUTTIPURAM	1524
9	AYURVEDA	KUZHIMANNA	1092
10	AYURVEDA	MANGALAM	1617
11	AYURVEDA	MARAKKARA	1281
12	AYURVEDA	MORAYUR	1042
13	AYURVEDA	NEDIYIRIPPU	1553
14	AYURVEDA	NIRAMARUTHOOR	1402
15	AYURVEDA	OTHUKUNGAL	1116
16	AYURVEDA	PALLIKKAL	1257
17	AYURVEDA	PANANGANGARA	1143
18	AYURVEDA	PERUMPADAPPU	1594
19	AYURVEDA	PURATHUR	1383
20	AYURVEDA	THIRUNNAVAYA	1247

21	AYURVEDA	THRIPPANGODE	1396
22	AYURVEDA	VALLIKUNNU	1452
23	AYURVEDA	VATTAMKKULAM	1552
24	AYURVEDA	VAZAYOOR	1460
25	AYURVEDA	VAZHAKAD	1221
26	AYURVEDA	VETTATHOOR	1278
27	UNANI	CHERIYAMUNDAM	1336
28	UNANI	MANJERI	1437
29	UNANI	MARAKKARA	1694
30	UNANI	THIRUVALI	1257
31	UNANI	VALAVANNUR	1037
32	UNANI	VAZHAKKADE	1195
33	SIDHA	MANKADA	892
	Average		1342

Annexure 3.8: List of Institutions upgraded as Ayushman Arogya Mandir Ayush (AAM-A)

Sl no	Name of Institution
1	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Angadippuram 676561
2	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Chaliapuram 676102
3	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Chandakkunnu 676308
4	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Changaramkulam 679575
5	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Edavanna 676541
6	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Edayur 676552
7	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Elayur 676123
8	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Ezhuvathiruthy 676102

9	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Irimbilyam 679572
10	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kodakkad 679571
11	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kurumbathur 676302
12	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Maranchery 679581
13	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Moothedam 679331
14	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Oorakam 676519
15	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Porur 679339
16	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) POTHUKALLU 679334
17	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Pulamanthole 679323
18	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Tanur 676302
19	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thazhekode 679322
20	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Vazhikkadavu 679333
21	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Anakayam 676509
22	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Edappatta 679325
23	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kolathur 679338
24	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Kottilangadi 676506
25	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Mankada 679324
26	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Melattur 679326
27	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Ozhoor 679339
28	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Paramba 673639
29	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) PerumannaKlari 676501
30	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Wandoor 679328
31	AYUSHMAN AROGYA MANDIR AYUSH (SIDDHA) Elamkulam 676528
32	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Thavannur 679573
33	AYUSHMAN AROGYA MANDIR AYUSH (AYURVEDA) Vailathur 676141

Annexure 3.10.1 Grama Panchayath Projects

SL NO.	PROJECT NAME - LSGD	Local Body	EXPENDITURE
1	Arike - Palliative Care - Chronic Disease Management	Karulayi	200000
2	Arike - Palliative Care	Edapatta	50000
3	Arike - Palliative Care	Edayur	300000
4	Arike - Palliative Care	Perumanna Klari	188000
5	Arike - Palliative Care	Vallikkunnu	100000
6	Arike - Palliative Care	Pothukall	150000
7	Arike - Palliative Care	Kaladi	200000
8	Arike - Palliative Care	Ponmundam	300000
9	Arike - Palliative Care	Parappur	80000
10	Arike - Palliative Care	Veliyankode	200000
11	Arike home care programme	Thenchippalam	200000
12	Ayurveda Home Care	Edakkara	200000
13	Arogya Pariraksha Pain and Paliative Ayurveda	Irimbilyam	100000
14	Pariraksha -Ayurvedam	Moothedam	100000
15	Ayursparsham Arike Pariraksha Swanthana Paricharanam -Palliative	Nannamukk	250000
16	Sukhayus- Geriatric Care	Vazhikkadav	4975
17	Sukhayus- Geriatric Care	Peruvallur	200000
18	Vayomitram	Moothedam	400000

19	Vayomitram	Chaliyar	100000
20	Vayomitram	Keezhuparamba	150000
21	Vayo Swasthyam-Complete Health Care to Aged People	Chelembra	200000
22	Punarjani	Edakkara	10000
23	Life Style Disease Clinic	Edakkara	96000
24	Vayo Swasthyam-Complete Health Care to Aged People	Chelembra	200000
25	Madhuram Mathruthwam -Ayurveda Post Natal Care	Oorngattiri	300000
26	Madhuram Mathruthwam -Ayurveda Post Natal Care	Thavanur	60000
27	Madhuram Mathruthwam -Ayurveda Post Natal Care	Edappal	
28	Madhuram Mathruthwam -Ayurveda Post Natal Care	Kaladi	100000
29	Balyam (Comprehensive Health Care of Children)	Kodur	50000
30	Balyam(Comprehensive Health Care of Children)	Thenhippalam	100000
31	Balyam(Comprehensive Health Care of Children)	Peruvallur	237560
32	Balamerum Balyam	Edappal	100000
33	Jananya-Antenatal and Post natal care in Ayurveda	Anakkayam	500000
34	Epidemic Prevention Programme Through Ayurveda	Vallikkunnu	200000
35	Ayurreksha	Edappal	200000
36	She Care	Nannamukk	200000

37	Yoga training for women	Chelembra	25200
38	Yoga training for women	Pulikkal	72000
39	Yoga training for women	Oorngattiri	78000
40	Medicine purchase expenditure		3,12,76,440

Annexure 3.13.6 Details of staffs in GARIM

SL No	Designation	Sanctioned	Filled	Vacant
1	Superintendent	1	0	1
2	Senior Specialist	1	1	0
3	Specialist	2	2	0
4	Senior Medical Officer (General)	1	1	0
5	Medical Officer (General)	1	1	0
6	Nurse	5	5	0
7	Ayurveda Therapist	5	5	0
8	Lab Technician	1	1	0
9	Lab Attender	1	1	0
10	Sweeper cum Sanitation Worker	6	5	1
11	Cook	1	1	0
12	Gardener	2	2	0
13	Night Watcher	2	2	0
14	Head Clerk	1	1	0
15	UD Clerk	2	2	0
16	LD Clerk	1	1	0
17	LD Typist	1	1	0

18	Office Attendant	2	2	0
19	Pharmacist	1	1	0

National Ayush Mission (NAM) HR

Sl No	Designation	Number of Post
1	Project Co-ordinator	1
2	Specialist Medical Officer	1
3	Ayurveda Therapist	1
4	Ayurveda Therapist (working arrangement)	1

National Ayush Mission (NAM) Projects-PRATHEEKSHA

Sl No	Designation	Number of Post
1	Specialist Medical Officer	1

National Ayush Mission (NAM) Projects-MEDHA

Sl No	Designation	Number of Post
1	Specialist Medical Officer	1

Plan fund-HR

Sl No	Designation	Number of Post
1	Nurse	3
2	Attender	3
3	Yoga Therapist	1
4	Psychologist	1

Plan fund Project-ANAVADHYA

Sl no	Projects	Designation	Number of Post
1	Anavadhya	Medical officer	1
2	Anavadhya	Clinical Psychologist	1

HDS STAFF

Sl No	Designation	Number of Post
1	Attender	3

Annexure 4.3.1: Details of Homoeopathy Facilities - Hospital

Sl No	Institution Name & Code	Stream	District	Postal Address	Village Name	Corporation/Municipality/Panchayat	Type Of Lsgd	Block Name	District Panchayath Division	Lok Sabha Constituency	Assembly Constituency	Urban/Rural
1	MALAPPURAM DISTRICT HOMOEO HOSPITAL : 10H01	Homoeopathy	Malappuram	MALAPPURAM MUNDUPARAM U.P.O MALAPPURAM			Panchayath		Malappuram	Malappuram	Malappuram	Rural
2	MANJERI GOVT HOMOEO HOSPITAL	Homoeopathy	Malappuram	MANJERI PAPPANADU P.O MANJERI	Payyannad	Manjeri Municipality	Municipality			Malappuram	Manjeri	Urban

Annexure 4.3.2: Details of Homoeopathy Dispensary

S I N O	Institution Name & Code	Street	District	Postal Address	Village Name	Corporation/Municipality/Panchayath	Type Of Lsgd	Block Name	District Panchayath Division	Lok sabha Constituency	Assembly Constituency	Urban/Rural
1	AR NAGAR ARALA PARM PU SCPHH C: 10S04	Homoeopathy	Malappuram	ARALAPARAMBA,KUTTOOR NORTH(P.O),KUNNUMPURA M	Aala	ABDUREHMA N NAGAR	Panchayath	Vengara	Malappuram	Malappuram	Vengara	Rural
2	AKAM PADA M GOVT HOMOEO DISPE NSARY	Homoeopathy	Malappuram	AKAMPADAM ERANJIMANGAD P.O MALAPPURAM 679329			Panchayath		Malappuram	Wayanad	Eranaad	Rural

3	ALANC ODE GOVT HOMO EO DISPE NSARY : 10D01	Hom oeop athy	Mal app ura m	ALANKODE P.O ,MALAPPURAM DISTRICT,PIN 679585	Alam kode	ALAMKODE	Pan cha yath	Peru mpa dam bu	Mal app ura m	Pon nani	Ponn ani	Rura I
4	ALIPA RAMB A GOVT HOMO EO DISPE NSARY : 10D02	Hom oeop athy	Mal app ura m	ALIPPARAMBA MANALAYA P O MALAPPURAM 679357	Alipa ramb a	ALIPARAMBA	Pan cha yath	Perit hama nna	Mal app ura m	Mala ppur am	Perin thal man na	Rura I
5	ANAK AYAM GOVT HOMO EO	Hom oeop athy	Mal app ura m	ANAKKAYAM ANAKKAYAM P O MALAPPURAM 676509	Anak kaya m	ANAKAYAM	Pan cha yath	Mala ppur am	Mal app ura m	Mala ppur am	Mala ppur am	Rura I

DISPE NSARY : 10D04	Hom oeop athy	Mal app ura m	ANGADIPPURAM PARIYAPURAM P.O MALAPPURAM 679321	Anga dippu ram	ANGADIPPUR AM	Pan cha yat h	Perit hama nna	Mal app ura m	Mala ppur am	Perin thal man na	Rura l
6	DISPE NSARY : 10D05	Hom oeop athy	Mal app ura m	AREACODE UGRAPURAM P O MALAPPURAM 673639	Areec ode	AREACODE	Pan cha yat h	Area kode	Mal app ura m	Eran ad	Rura l
7	AREAC ODE GOVT HOMO EO DISPE NSARY : 10D06	Hom oeop athy	Mal app ura m	ARIMBRA ARIMBRA P.O MALAPPURAM 673638		MORAYUR	Pan cha	Mala ppur am	Mal app ura m	Mala ppur am	Rura l
8	ARIMB RA GOVT	Hom oeop athy	Mal app ura m				Pan cha	Mala ppur am	Mal app ura m	Mala ppur am	Rura l

HOMO EO DISPE NSARY : 10D07	Hom oeop athy	Mal app ura m	APHC ATHAVANAD PUNNATHALA PO MALAPPURAM DT	Athav anad	ATHAVANAD	Pan cha yat h	Kutti ppur am	Mal app ura m	Pon nani	Tirur	Rura l
1 0 APHC : 10N02	Hom oeop athy	Mal app ura m	NHM AYUSH HOMOEEO DISPENSARY , NERA PULLISSERY TEMPLE, THEKINTHOPPU, MAIDA COMPANY ROAD, SPINNING MILL ,CHELEMBRA	Chele mbra	CHELEMBRA	Pan cha yat h	Kond otty	Mal app ura m	Mala ppur am	Valli kkun nu	Rura l
1 1 GOVT HOMO EO DISPE NSARY : 10D08	Hom oeop athy	Mal app ura m	GOVT HOMOEEO DISPENSARY CHENNARA,CHENNARA P O,MANGALAM VIA,MALAPPURAM DISTRICT ,PIN 676561	Mang alam	MANGALAM	Pan cha yat h	Tirur	Mal app ura m	Pon nani	Thav anur	Rura l

1	CHERI YAMU NDAM GOVT HOMO EO DISPE NSARY : 10D09	Hom oeop athy	Mal app ura m	CHERIYAMUNDAM IRINGAVOOR P.O MALAPPURAM 676103	Cheri yamu ndam	CHERIYAMUN DAM	Pan cha yath	Than ur	Mal app ura m	Pon nani	Tanu r	Rura l
1 3	CHOKK ADU GOVT HOMO EO DISPE NSARY : 10D10	Hom oeop athy	Mal app ura m	CHOKKAD P O CHOKKAD MALAPPURAM 679332	Chok kad	CHOKKAD	Pan cha yath	Kalik avu	Mal app ura m	Way anad	Wan door	Rura l
1 4	CHULL IYODE GOVT HOMO EO DISPE NSARY	Hom oeop athy	Mal app ura m	CHULLIYODE POOKOTUMPADAM MALAPPURAM 679332	Amar ambal lam	AMARAMBAL AM	Pan cha yath	Kalik avu	Mal app ura m	Way anad	Nila mbur	Rura l

1	CHUNGATHARA GOVT HOMOEO DISPENSARY : 10D12	Homoeopathy	Malappuram	CHUNGATHARA	Kurumbalangoode	CHUNGATHARA	Panchayath	Nilambur	Malappuram	Wayanad	Nilambur	Rural
6	EDAKKARA APHC : 10N03	Homoeopathy	Malappuram	AYUSH HOMOEOPATHY DISPENSARY PALLIPPADI EDAKKARA MALAPPURAM DT 679331		EDAKKARA	Panchayath	Nilambur	Malappuram	Wayanad	Nilambur	Rural
7	EDAPPATTA APHC : 10N04	Homoeopathy	Malappuram	AYUSH PRIMARY HEALTH CENTRE (HOMOEOPATHY), EPIKKAD, EDAPPATTA GRAMAPACHAYATH	Edappatta	EDAPPATTA	Panchayath	Kalikkavu	Malappuram	Malappuram	Perinthanna	Rural
8	EDARI KODE APHC : 10N05	Homoeopathy	Malappuram	AYUSH PRIMARY HEALTH CENTRE HOMOEOPATHY EDARIKODE PO AMBALAVATTAM	Edarikode	EDARIKODE	Panchayath	Vengara	Malappuram	Ponnani	Tiruranga	Rural

19	EDAVA NNA GOVT HOMO EO DISPE NSARY : 10D13	Hom oeop athy	Mal app ura m	EDAVANNA EDAVANNA P.O MALAPPURAM	Edav anna	EDAVANNA	Pan cha yat h	Area kode	Mal app ura m	Way anad	Eran ad	Rura l
20	EDAYU R GOVT HOMO EO DISPE NSARY : 10D14	Hom oeop athy	Mal app ura m	ATHIPPATTA EDAYUR P.O MALAPPURAM 676552	Eday ur	EDAYUR	Pan cha yat h	Kutti ppur am	Mal app ura m	Pon nani	Kotta kkal	Rura l
21	ELAM ARAM GOVT HOMO EO DISPE NSARY	Hom oeop athy	Mal app ura m	ELAMARAM CHERUVAYOOR P.O VAZHAKKAD MALAPPURAM 673645	Vazha kkad	VAZHAKKAD	Pan cha yat h	Kond otty	Mal app ura m	Mala ppur am	Kond otty	Rura l

NSARY : 10D17	Hom oeop athy	Mal app ura m	GOVT HOMOEOPATHIC DISPENSARY, SC COLONY, ADAKKAKUNDU PO, KALIKAVU	Kalik avu	KALIKAVU	Pan cha yat h	Kalik avu ura m	Way anad	Wan door	Rura l
2 5 KALIK KAVU ADYKK AKUN DU SCPHH C: 10S03	Hom oeop athy	Mal app ura m	GOVT HOMOEOPATHIC DISPENSARY, SC COLONY, ADAKKAKUNDU PO, KALIKAVU	Kalik avu	KALIKAVU	Pan cha yat h	Kalik avu ura m	Way anad	Wan door	Rura l
2 6 KALPA KANC HERY GOVT HOMO EO DISPE NSARY : 10D18	Hom oeop athy	Mal app ura m	KALPAKANCHERY KALPAKANCHERY P.O MALAPPURAM 676551	Kalpa kanch eri	KALPAKANCH ERI	Pan cha yat h	Mal app ura m	Pon nani	Tirur	Rura l
2 7 KANN AMAN GALA M GOVT	Hom oeop athy	Mal app ura m	KANNAMANGALAM GOVT HOMEO DISPENSARY,	Kann aman galam	KANNAMANG ALAM	Pan cha yat h	Mal app ura m	Mala ppur am	Veng ara	Rura l

HOMO EO DISPE NSARY : 10D57	Hom oeop athy	Mal app ura m	KARULAI KARULAI (P O) ,MALAPPURAM 679330	Karul ai	KARULAI	Pan cha yat h	Kalik avu	Mal app ura m	Way anad	Nila mbur	Rura l
2 8 KARUL AYI GOVT HOMO EO DISPE NSARY : 10D19	Hom oeop athy	Mal app ura m	KARULAI, KARULAI (P O) ,MALAPPURAM 679330	Karul ai	KARULAI	Pan cha yat h	Kalik avu	Mal app ura m	Way anad	Nila mbur	Rura l
2 9 KARUV ARAKU NDU GOVT HOMO EO DISPE NSARY : 10D20	Hom oeop athy	Mal app ura m	KARUVARAKKUNDU KARUVARAKKUNDU P O MALAPPURAM 676523	Karuv araku ndu	KARUVARAK UNDU	Pan cha yat h	Kalik avu	Mal app ura m	Way anad	Wan door	Rura l

3 0	KAVAN OOR APHC : 10N07	Hom oeop athy	Mal app ura m	KAVANUR, P. O. AREECODE. VIA. MALAPPURAM	Aala	KAVANNUR	Pan cha yath	Area kode	Mal app ura m	Way anad	Eran ad	Rura I
3 1	KEEZH ATTUR GOVT HOMO EO DISPE NSARY : 10D58	Hom oeop athy	Mal app ura m		Kez hattu r	KEEZHATTUR	Pan cha yath	Perit hama nna	Mal app ura m	Mala ppur am	Manj eri	Rura I
3 2	KEEZH UPARA MBA APHC : 10N08	Hom oeop athy	Mal app ura m	KUNYIL PO, VIA AREACODE, KEEZHUPARAMBA, MALAPPURAM DT.	Kizhu para mba	KEEZHUPARA MBA	Pan cha yath	Area kode	Mal app ura m	Way anad	Eran ad	Rura I
3 3	KODU R APHC : 10N35	Hom oeop athy	Mal app ura m	APHC (HOMOEOPATHY) KODUR VADAKKEMANNA KODUR(PO) MALAPPURAM DT PIN 676504	Kodu r	KODUR	Pan cha yath	Mala ppur am	Mal app ura m	Mala ppur am	Mala ppur am	Rura I
3 4	KOLOL AMBA GOVT	Hom oeop athy	Mal app ura m	KOLOLAMBA KOLOLAMBA P.O MALAPPURAM 679576	Edap pal	EDAPPAL	Pan cha	Ponn ani	Mal app ura m	Pon nani	Thav anur	Rura I

HOMO EO DISPE NSARY : 10D21	Hom oeop athy	Mal app ura m	AYUSH PHC, HOMOEOPATHY, KONDOTTY MUNICIPALITY, KONDOTTY (P.O) 673638	Kond otty	Kondotty Municipality	Mu nci pali ty	ura m	Mala ppur am	Kond otty	Urban
3 6 KOR AD GOVT HOMO EO DISPE NSARY : 10D22	Hom oeop athy	Mal app ura m	KOORAD KOORAD P.O MALAPPURAM 679339	Wan dur	WANDOOR	Pan cha yath	Mal app ura m	Way anad	Wan door	Rura l
3 7 KOOTT ILANG ADI APHC : 10N10	Hom oeop athy	Mal app ura m	AYUSH PHC(HOMOEOPATHY_NHM), MANKADA PALLIPPURAM, MANKADA (VIA)_679324	Koott ilanga di	KOOTTILANG ADI	Pan cha yath	Mal app ura m	Mala ppur am	Mank ada	Rura l

3 8	KOTTA KKAL GOVT HOMO EO DISPE NSARY : 10D23	Hom oeop athy	Mal app ura m	KOTTAKKAL, KOTTAKKAL - KUTTIPPURAM P.O., SIR HIND NAGAR, MALAPPURAM 676503	Kotta kkal	Kottakkal Municipality	Mu nci pali ty			Pon nani	Kotta kkal	Urb an
3 9	KOTTA SSERY SCPHH C: 10S02	Hom oeop athy	Mal app ura m	GOVT. HOMOEOPATHIC HEALTH CENTER (SCP) KOTTASSERY, NEDIYIRIPP, CHIRAYIL P.O, MALAPPURAM	Nedy irupp u	Kondotty Municipality	Mu nci pali ty			Mala ppur am	Kond otty	Urb an
4 0	KURUV A GOVT HOMO EO DISPE NSARY : 10D24	Hom oeop athy	Mal app ura m	KURUVA VATTALJUR P.O,MAKKARAPPARAMBA VIA, MALAPPURAM DT	Kuru va	KURUVA	Pan cha yat h	Mana da	Mal app ura m	Mala ppur am	Mank ada	Rura l

4 1	KUZHIMANNNA, KUZHIMANNA P.O MALAPPURAM,673641	Mal app ura m	Hom oeop athy	Mal app ura m	KUZHIMANN A	Pan cha yat h	Area kode	Mal app ura m	Way anad	Eran ad	Rura I
4 2	AYUSH PRIMARY HEALTH CENTRE(HOMOEOPATHY); VADAKKANGARA (PO) ; MANKADA (VIA) ; MAKKARAPARAMBA. PIN - 679324	Mal app ura m	Hom oeop athy	Mal app ura m	Vada kkana gara	Pan cha yat h	Mana da	Mal app ura m	Mala ppur am	Mank ada	Rura I
4 3	APHC : 10N11	Mal app ura m	Hom oeop athy	Mal app ura m	Mam pad	Pan cha yat h	Wan door	Mal app ura m	Way anad	Wan door	Rura I
4 4	MAMP AD APHC : 10N12	Mal app ura m	Hom oeop athy	Mal app ura m	Mank ada	Pan cha yat h	Mala ppur am	Mal app ura m	Mala ppur am	Mank ada	Rura I
4 4	MANK ADA GOVT HOMO EO DISPE	Mal app ura m	Hom oeop athy	Mal app ura m	MANKADA GOVT DISPENSARY	Pan cha yat h	Mala ppur am	Mal app ura m	Mala ppur am	Mank ada	Rura I

NSARY : 10D59	Hom oepathy	Mal appuram	MARAKKARA	MARAKKARA	Mara kkkara	MARAKKARA	Pan chayah	Kutti ppuram	Mal appuram	Pon nani	Kotta kkal	Rura l
4 MARA 5 KKARA APHC : 10N13	Hom oepathy	Mal appuram	AYUSH PRIMARY HEALTH CENTER, PARICHAKAM, MARANCHERY. 679581	MARAKKARA	Mara ncher y	MARANCHER Y	Pan chayah	Peru mpa dam bu	Mal appuram	Pon nani	Pon nani	Rura l
4 MARU 7 THA GOVT HOMO EO DISPE NSARY : 10D26	Hom oepathy	Mal appuram	MARUTHA MARUTHA P.O MALAPPURAM 679333	VAZHIKKADA VU	Vazhi kkkada vu	VAZHIKKADA VU	Pan chayah	Nila mbur	Mal appuram	Way anad	Nila mbur	Rura l
4 MELAT 8 TUR GOVT HOMO	Hom oepathy	Mal appuram	MELATTUR PO MALAPPURAM DT 679326	MELATTUR	Melat tur	MELATTUR	Pan chayah	Perit hama nna	Mal appuram	Mala ppuram	Perin thal man na	Rura l

EO DISPE NSARY : 10D60	Hom oeop athy	Mal app ura m	GOVERNMENT HOMEO DISPENSARY MOONNIYUR ALINCHUVAD, MOONNIYUR PO	Moon niyur	MOONNIYUR	Pan cha yath	Thiru rang adi	Mal app ura m	Mala ppur am	Valli kkun nu	Rura l
4 9 MOON NIYUR GOVT HOMO EO DISPE NSARY : 10D61	Hom oeop athy	Mal app ura m	GOVERNMENT HOMEO DISPENSARY MOONNIYUR ALINCHUVAD, MOONNIYUR PO	Moon niyur	MOONNIYUR	Pan cha yath	Thiru rang adi	Mal app ura m	Mala ppur am	Valli kkun nu	Rura l
5 0 MOOR KKAN AD APHC: 10N15	Hom oeop athy	Mal app ura m	NHM APHC MOORKANAD, PADINJATTUMPURAM MOORKANAD PANCHAYATH	Moor kkana d	MOORKANAD	Pan cha yath	Mana da	Mal app ura m	Mala ppur am	Mank ada	Rura l
5 1 MOOT HEDA M APHC: 10N16	Hom oeop athy	Mal app ura m	MOOTHRAM AYUSH HOMOEOPATHY, NEAR KRISHIBHAVAN, KARAPPURAM MOOTHEDEAM, MALAPPURAM DT	Moot heda m	MOOTHEDEAM	Pan cha yath	Nila mbur	Mal app ura m	Way anad	Nila mbur	Rura l

5 2	MUTH UVALL UR GOVT HOMO EO DISPE NSARY : 10D62	Hom oeop athy	Mal app ura m	THAVANOOR-FAROOKH(PO). KUZHIMANNA (VIA). MALAPPURAM	Muth uvall ur	MUTHUVALL UR	Pan cha yath	Kond otty	Mal app ura m	Mala ppur am	Kond otty	Rura l
5 3	NANN AMBR A APHC : 10N17	Hom oeop athy	Mal app ura m	AYUSH PRIMARY HEALTH CENTRE{(HOMOEOPATHY)}, JAYARAMPADI,NANNAMBRA GRAMA PANCHAYAT, MALAPPURAM, 676320	Nann ambr a	NANNAMBRA	Pan cha yath	Thiru rang adi	Mal app ura m	Pon nani	Tirur anga di	Rura l
5 4	NANN AMUK U GOVT HOMO EO DISPE NSARY : 10D27	Hom oeop athy	Mal app ura m	NANNAMUKU NANNAMUKKU P.O MALAPPURAM	Nann amuk ku	NANNAMUKK U	Pan cha yath	Peru mpa dam bu	Mal app ura m	Pon nani	Ponn ani	Rura l

5	NARIPARAM BA GOVT HOMO EO DISPE NSARY : 10D28	Homeopathy	Malappuram	NARIPARAMBA NARIPARAMBU P.O MALAPPURAM 679573	Kalady	KALADY	Panchayath	Ponani	Malappuram	Ponnani	Thavanur	Rural
5	NEDIYIRUPPU GOVT HOMO EO DISPE NSARY : 10D29	Homeopathy	Malappuram	NEDIYIRUPPU KONDOTTY P.O MALAPPURAM	Nediyiruppu	Kondotty Municipality	Municipality			Malappuram	Kondotty	Urban
5	NILAMBUR GOVT HOMO EO DISPE NSARY	Homeopathy	Malappuram	GOVT.HOMEO DISPENSARY ,NILAMBUR P.O,PIN:679329	Nilambur	Nilambur Municipality	Municipality			Wayanad	Nilambur	Urban

6 1	OTHU KUNG AL GOVT HOMO EO DISPE NSARY : 10D33	Hom oeop athy	Mal app ura m	OTHUKUNGAL OTHUKUNGAL P.O MALAPPURAM	Othu kkun gal	OTHUKKUNG AL	Pan cha yat h	Mala ppur am	Mal app ura m	Mala ppur am	Veng ara	Rura l
6 2	OZHO OR GOVT HOMO EO DISPE NSARY : 10D34	Hom oeop athy	Mal app ura m	VELLACHAL JUNCTION, OZHUR P O, MALAPPURAM, 676307	Ozhu r	OZHOOR	Pan cha yat h	Than ur	Mal app ura m	Pon nani	Tanu r	Rura l
6 3	PALLI KAL APHC : 10N19	Hom oeop athy	Mal app ura m	MATHAMKULAM KARIPPUR PO PALLIKKAL MALAPPURAM	Aala	PALLIKKAL	Pan cha yat h	Kond otty	Mal app ura m	Mala ppur am	Kond otty	Rura l

6 4	PANDI KKAD GOVT HOMO EO DISPE NSARY : 10D35	Hom oeop athy	Mal app ura m	PANDIKKAD VALLUVANGAD P.O, VETTIKATTIRI, MALAPPURAM	Vettik attiri	PANDIKKAD	Pan cha yat h	Wan door	Mal app ura m	Mala ppur am	Manj eri	Rura l
6 5	PANDI KKAD PERIP HERAL UNIT : 10D35 P01	Hom oeop athy	Mal app ura m		Pandi kkad	PANDIKKAD	Pan cha yat h	Wan door	Mal app ura m			Rura l
6 6	PARAP PANA NGADI GOVT HOMO EO DISPE NSARY : 10D36	Hom oeop athy	Mal app ura m	GOVT. HOMOEEO DISPENSARY - PARAPPANANGADI, CHIRAMANGALAM, NEDUVA PO, MALAPPURAM DT. PIN 676303	Nedu va	Parappananga di Municipality	Mu nci pali ty			Pon nani	Tirur anga di	Urb an

6	PARAP PUR GOVT HOMO EO DISPE NSARY : 10D37	Hom oeop athy	Mal app ura m	PARAPPUR PARAPPUR P.O MALAPPURAM676503	Parap pur	PARAPPUR	Pan cha yat h	Veng ara	Mal app ura m	Mala ppur am	Veng ara	Rura l
6	PARAV AKKAL PERIP HERAL UNIT : 10D49 P01	Hom oeop athy	Mal app ura m		Puzh akkat tiri	PUZHAKKATI RI	Pan cha yat h	Mana da	Mal app ura m			Rura l
6	PATTE RKADA VU GOVT HOMO EO DISPE NSARY : 10D38	Hom oeop athy	Mal app ura m	PATTE RKADAVU PATTARKADAVU P.O MALAPPURAM	Pana kkad	Malappuram Municipality	Mu nci pali ty			Mala ppur am	Mala ppur am	Urb an

70	PERINTHALMANN A GOVT HOMOEO DISPENSARY : 10D39	Homeopathy	Malappuram	GOVT HOMOEO DISPENSARY MANAZHI BUS STAND BUILDING PATHAIKKARA PERINTHALMANNA	Pathikara	Perinthalmanna Municipality	Municipality				Malappuram	Perinthalmanna		
71	PERUMANNI A KLARI APHC : 10N20	Homeopathy	Malappuram	SULTHAN ROAD, LAKSHM VEEDU COLONY. KOZHICHENA.. VALAKKULAM	Perumanna	PERUMANNA CLARI	Panchayath	Thanthur	Malappuram		Malappuram	Tiruranga	Rural	
72	PERUMPADAPPU GOVT HOMOEO DISPENSARY	Homeopathy	Malappuram	PERUMPADAPPU AYIRUR P.O MALAPPURAM 679580	Perumpadappa	PERUMBADA PPU	Panchayath	Perumdam	Malappuram		Malappuram	Ponnani	Rural	

HOMO EO DISPE NSARY : 10D64	Hom oeop athy	Mal app ura m	GOVT HOMOEO DISPENSARY PONNANI, KOLLANPADI,PONNANI PO, PIN 679577, MALAPPURAM.	Ponn ani Nagar am	Ponnani Municipality	Mu nci pali ty					Pon nani	Ponn ani	Urb an
7 6 HOMO EO DISPE NSARY : 10D42	Hom oeop athy	Mal app ura m	GOVT HOMOEO DISPENSARY PONNANI, KOLLANPADI,PONNANI PO, PIN 679577, MALAPPURAM.	Pook kottu r	POOKKOTTU R	Pan cha yat h					Mala ppur am	Mala ppur am	Rura l
7 8 HOMO EO DISPE NSARY	Hom oeop athy	Mal app ura m	PORUR CHATHANGOTUPURAM P.O MALAPPURAM	Porur	PORUR	Pan cha yat h					Way anad	Wan door	Rura l

EO DISPE NSARY : 10D46	Hom oeop athy	Mal app ura m	PULAMANTHOLE GAMA PANCHAYATH NHM HOMOEOPATHY DISPENSARY KURUVAMBALAM - PULAMANTHOLE	Kuru vamb alam	PULAMANTH OLE	Pan cha yat h	Perit hama nna	Mal app ura m	Mala ppur am	Perin thal man na	Rura I
8 2 PULA MANT HOL APHC : 10N22	Hom oeop athy	Mal app ura m	PULAMANTHOLE GAMA PANCHAYATH NHM HOMOEOPATHY DISPENSARY KURUVAMBALAM - PULAMANTHOLE	Kuru vamb alam	PULAMANTH OLE	Pan cha yat h	Perit hama nna	Mal app ura m	Mala ppur am	Perin thal man na	Rura I
8 3 PULIK KAL APHC : 10N23	Hom oeop athy	Mal app ura m	VALIYA PARAMBU VIA, CHERU MUTTOM, PULIKKAL PO, MALAPPURAM DT	Pulik kal	PULIKKAL	Pan cha yat h	Kond otty	Mal app ura m	Mala ppur am	Kond otty	Rura I
8 4 PULIK KAL GOVT HOMO EO DISPE NSARY : 10D47	Hom oeop athy	Mal app ura m	GHPULIKKAL, PERIYAMBALAM , PULIKKAL P.O MALAPPURAM 673637	Cheru kavu	CHERUKAVU	Pan cha yat h	Kond otty	Mal app ura m	Mala ppur am	Kond otty	Rura I

8	PULPETTA GOVT HOMOEO DISPENSARY : 10D48	Homeopathy	Malappuram	GOVT. HOMOEOPATHIC DISPENSARY, PULPETTA CHERUPUTHOOR, MONGAM P.O MALAPPURAM, 673642	Pulpetta	PULPETTA	Panchayath	Area code	Malappuram	Malappuram	Malappuram	Malappuram	Malappuram	Malappuram	Rural
8	PURATHUR HUR APHC : 10N24	Homeopathy	Malappuram	AYUSH PHC(HOMOEOPATHY)PURATHUR HUR GRAMA PANJAYATH PADINJAREKKARA(P.O) KOOTALI (VIA)	Purathur	PURATHUR	Panchayath	Tirur	Malappuram	Malappuram	Ponnani	Thavannur	Malappuram	Rural	
8	PUZHAKKATTARI GOVT HOMOEO DISPENSARY : 10D49	Homeopathy	Malappuram	PUZHAKKATTARI RAMAPURAM P.O MALAPPURAM 679321	Puzhakkattari	PUZHAKKATTARI	Panchayath	Manada	Malappuram	Malappuram	Malappuram	Mankada	Malappuram	Rural	

8	THACHANNA MAITHRA P.O MALAPPURAM 673639	Malappuram	URANGATTIR	Panchayath	Area code	Malappuram	Wayanad	Eranad	Rural
8	GOVT HOMOEO DISPENSARY : 10D50								
8	THALAKKAD APHC : 10N25	Malappuram	THALAKKAD	Panchayath	Tirur	Malappuram	Ponnani	Tirur	Rural
9	THANALLOOR APHC : 10N26	Malappuram	THANALUR	Panchayath	Thanur	Malappuram	Ponnani	Tanur	Rural
9	THANALLOOR OTTUPURAM SANKE THAM SCPHH	Malappuram	PARIYAPURAM (PO) ,OTTUMPURAM.	Tanur	Tanur Municipality		Ponnani	Tanur	Urban

C : 10S01	9 2	THAVA NOOR APHC : 10N27	Hom oeop athy	Mal app ura m	AYUSH PRIMARY HEALTH CENTRE[HOMOEOPATHY],T HAVANUR GRAMAPANCHAYATH,ANTH YALAMKUDAM,AYANKALAM. P.O.,THAVANUR.PINCODE- 679573	Tava nur	THAVANUR	Pan cha yat h	Ponn ani	Mal app ura m	Pon nani	Thav anur	Rura l
9 3	THAZH EKKOD E APHC : 10N28	Hom oeop athy	Mal app ura m	APHC HOMOEOPATHY,THAZHEKO DE GRAMAPANCHAYATH, KARINKALLATHANI,MALAPP URAM. PIN 679322	Thaz hekk ode	THAZHEKKO	Pan cha yat h	Perit hama nna	Mal app ura m	Mala ppur am	Perin thal man na	Rura l	
9 4	THEN HIPAL AM GOVT HOMO EO DISPE NSARY : 10D65	Hom oeop athy	Mal app ura m	GOVT HOMOEOPATHY THENHIPALAM PANAMBRA THENHIPALAM (P. O)	Then hippa lam	THENHIPPAL AM	Pan cha yat h	Thiru rang adi	Mal app ura m	Mala ppur am	Valli kkun nu	Rura l	

9	5	THEN NALA GOVT HOMO EO DISPE NSARY : 10D51	Hom oeop athy	Mal app ura m	THENNALA THENNALA MALAPPURAM	Then nala	THENNELA	Pan cha yath	Veng ara	Mal app ura m	Pon nani	Tirur anga di	Rura l
9	6	THIRU NNAV AYA APHC: 10N29	Hom oeop athy	Mal app ura m	PO CODAKKAL	Thiru navay a	THIRUNAVAY A	Pan cha yath	Tirur	Mal app ura m	Pon nani	Tirur	Rura l
9	7	THIRU VALI GOVT HOMO EO DISPE NSARY : 10D52	Hom oeop athy	Mal app ura m	THIRUVALI THIRUVALI MALAPPURAM	Thiru vali	THIRUVALI	Pan cha yath	Wan door	Mal app ura m	Way anad	Wan door	Rura l

98	THRIK KALAN GODE GOVT HOMO EO DISPE NSARY : 10D53	Mal app ura m	THRIKKALANGODE PO, KUTHIRADAM ,MALAPPURAM	Trikk alang ode	THRIKKALAN GODE	Pan cha yat h	Wan door	Mal app ura m	Mala ppur am	Manj eri	Rura l
99	THUV OOR APHC : 10N36	Mal app ura m		Tuvv ur	THUVVUR	Pan cha yat h	Kalikk avu	Mal app ura m	Way anad	Wan door	Rura l
100	TIRUR ANGA DI GOVT HOMO EO DISPE NSARY : 10D54	Mal app ura m	VENNIYUR P.O , MALAPPURAM	Tirur anagdi	Thirurangadi Municipality	Mu nci pali ty			Pon nani	Tirur anga di	Urb an

101	VALANCHERY APHC : 10N30	Homeopathy	Malappuram	AYUSH PRIMARY HEALTH CENTRE,KOTTARAM .P.O.VALANCHERY MUNICIPALITY	Kattiparuthi	VALAVANNU	Valancherry Municipality	Panchayath	Tirur	Malappuram	Ponnani	Kottakkal	Urban
102	VALAVANNU R APHC : 10N31	Homeopathy	Malappuram	AYUSH NHM PRIMARY HEALTH CENTRE (HOMOEOPATHY), VALAVANNUR GRAMAPANCHAYATH, THUVVAKKAD, KANMANAM (PO), MALAPPURAM DIST.	Valavannur	VALAVANNU	VALAVANNU	Panchayath	Tirur	Malappuram	Ponnani	Tirur	Rural
103	VALLIKUNNU APHC : 10N32	Homeopathy	Malappuram	NHM AYUSH HOMEO DISPENSARY OPPOSITE VALLIKUNNU RAILWAY STATION ARIYALLUR	Ariyalur	VALLIKUNNU	VALLIKUNNU	Panchayath	Thirurangadi	Malappuram	Malappuram	Vallikkunnu	Rural
104	VATTAMKULAM GOVT HOMOEO DISPENSARY	Homeopathy	Malappuram	VATTAMKULAM MUDUR P.O MALAPPURAM	Vattamkulam	VATTAMKULAM	VATTAMKULAM	Panchayath	Ponni	Malappuram	Ponnani	Thavanur	Rural

1 0 8	VENGA RA GOVT HOMO EO DISPE NSARY : 10D66	Hom oeop athy	Mal app ura m	GOVT HOMOEO DISPENSARY VENGARA, THAZHE VENGARA,PIN 676304,MALAPPURAM DT	Veng ara	VENGARA	Pan cha yath	Veng ara	Mal app ura m	Mala ppur am	Veng ara	Rura l
1 0 9	VETTA M APHC : 10N34	Hom oeop athy	Mal app ura m	AYUSH PHC VETTOM POST ALISSERI	Vetto m	VETTOM	Pan cha yath	Tirur	Mal app ura m	Pon nani	Tirur	Rura l
1 1 0	VETTA THUR GOVT HOMO EO DISPE NSARY : 10D67	Hom oeop athy	Mal app ura m	VETTATHUR GOVT HOMOEO DISPENSARY	Vetta thur	VETTATHUR	Pan cha yath	Perit hama nna	Mal app ura m	Mala ppur am	Perin thal man na	Rura l

Annexure 4.5.1: Table of Beneficiary details in Hospitals

Sl No	Institution Name	Average OPD in a Month	Average IPD in a Month	Total Bed Strength
1	Malappuram District Homoeo Hospital	5640	42	25
2	Manjeri Govt Homoeo Hospital	3480	22	25
3	Wandoor Pain & Palliative Cancer Care Centre - Chethana	1200	104	10
4	Kuttippuram Govt Homoeo Hospital	3390	22	10

Annexure 4.5.2: Table of Beneficiary details in Govt Homoeo Dispensaries

Sl No	Institution Name	Average OPD in a Month
1	Akampadam Govt Homoeo Dispensary : 10D01	547
2	Alancode Govt Homoeo Dispensary : 10D02	940
3	Aliparamba Govt Homoeo Dispensary : 10D03	861
4	Anakayam Govt Homoeo Dispensary : 10D04	671
5	Angadippuram Govt Homoeo Dispensary : 10D05	917
6	Areacode Govt Homoeo Dispensary : 10D06	932
7	Arimbra Govt Homoeo Dispensary : 10D07	516
8	Chennara Govt Homoeo Dispensary : 10D08	1,238

9	Cheriyamundam Govt Homoeo Dispensary : 10D09	1,332
10	Chokkadu Govt Homoeo Dispensary : 10D10	870
11	Chulliyode Govt Homoeo Dispensary : 10D11	812
12	Chungathara Govt Homoeo Dispensary : 10D12	931
13	Edavanna Govt Homoeo Dispensary : 10D13	1,232
14	Edayur Govt Homoeo Dispensary : 10D14	761
15	Elamaram Govt Homoeo Dispensary : 10D15	1,126
16	Irumbiliyam Govt Homoeo Dispensary : 10D16	1,243
17	Kalikavu Govt Homoeo Dispensary : 10D17	865
18	Kalpakanchery Govt Homoeo Dispensary : 10D18	801
19	Karulayi Govt Homoeo Dispensary : 10D19	945
20	Karuvarakundu Govt Homoeo Dispensary : 10D20	1,339
21	Kololamba Govt Homoeo Dispensary : 10D21	692
22	Koorad Govt Homoeo Dispensary : 10D22	574
23	Kottakkal Govt Homoeo Dispensary : 10D23	1,067
24	Kuruva Govt Homoeo Dispensary : 10D24	703
25	Kuzhimanna Govt Homoeo Dispensary : 10D25	1,564
26	Marutha Govt Homoeo Dispensary : 10D26	1,196

27	Nannamuku Govt Homoeo Dispensary : 10D27	824
28	Nariparamba Govt Homoeo Dispensary : 10D28	977
29	Nediyiruppu Govt Homoeo Dispensary : 10D29	687
30	Nilambur Govt Homoeo Dispensary : 10D30	895
31	Omanoor Govt Homoeo Dispensary : 10D31	878
32	Oorakam Govt Homoeo Dispensary : 10D32	544
33	Othukungal Govt Homoeo Dispensary : 10D33	855
34	Ozhoor Govt Homoeo Dispensary : 10D34	873
35	Pandikkad Govt Homoeo Dispensary : 10D35	745
36	Parappanangadi Govt Homoeo Dispensary : 10D36	1,784
37	Parappur Govt Homoeo Dispensary : 10D37	733
38	Patterkadavu Govt Homoeo Dispensary : 10D38	334
39	Perinthalmanna Govt Homoeo Dispensary : 10D39	1,272
40	Perumpadappu Govt Homoeo Dispensary : 10D40	718
41	Ponmala Govt Homoeo Dispensary : 10D41	523
42	Ponnani Govt Homoeo Dispensary : 10D42	805
43	Porur Govt Homoeo Dispensary : 10D43	742

44	Pothukallu Govt Homoeo Dispensary : 10D44	1,294
45	Poyilisseri Govt Homoeo Dispensary : 10D45	958
46	Pukayoor Govt Homoeo Dispensary : 10D46	639
47	Pulikkal Govt Homoeo Dispensary : 10D47	1,475
48	Pulpetta Govt Homoeo Dispensary : 10D48	1,059
49	Puzhakkattari Govt Homoeo Dispensary : 10D49	731
50	Thachanna Govt Homoeo Dispensary : 10D50	1,121
51	Thennala Govt Homoeo Dispensary : 10D51	842
52	Thiruvalli Govt Homoeo Dispensary : 10D52	964
53	Thrikkalangode Govt Homoeo Dispensary : 10D53	538
54	Tirurangadi Govt Homoeo Dispensary : 10D54	662
55	Vattamkulam Govt Homoeo Dispensary : 10D55	865
56	Vazhayoor Govt Homoeo Dispensary : 10D56	794
57	Kannamangalam Govt Homoeo Dispensary : 10D57	727
58	Keezhattur Govt Homoeo Dispensary : 10D58	456
59	Mankada Govt Homoeo Dispensary : 10D59	424
60	Melattur Govt Homoeo Dispensary : 10D60	514

61	Moonniyur Govt Homoeo Dispensary : 10D61	1,792
62	Muthuvallur Govt Homoeo Dispensary : 10D62	527
63	Peruvallur Govt Homoeo Dispensary : 10D63	1,024
64	Ponmundum Govt Homoeo Dispensary : 10D64	1,119
65	Thenhipalam Govt Homoeo Dispensary : 10D65	953
66	Vengara Govt Homoeo Dispensary : 10D66	885
67	Vettathur Govt Homoeo Dispensary : 10D67	480

Annexure 4.5.3: Table of Beneficiary details in AYUSH PRIMARY HEALTH CENTRE & SCP dispensaries

SI No	Institution Name	Average OPD in a Month
1	Athavanad Ayush Primary Health Centre	541
2	Chelembra Ayush Primary Health Centre	1187
3	Edakkara Ayush Primary Health Centre	1533
4	Edappatta Ayush Primary Health Centre	1208
5	Edarikode Ayush Primary Health Centre	1225
6	Elamkulam Ayush Primary Health Centre	1303

7	Kavanoor Ayush Primary Health Centre	2423
8	Keezhuparamba Ayush Primary Health Centre	1912
9	Kondotty Ayush Primary Health Centre	2127
10	Koottilangadi Ayush Primary Health Centre	2171
11	Makkaraparamba Ayush Primary Health Centre	1047
12	Mampad Ayush Primary Health Centre	919
13	Marakkara Ayush Primary Health Centre	2062
14	Maranchery Ayush Primary Health Centre	1232
15	Moorkkanad Ayush Primary Health Centre	1428
16	Moothedam Ayush Primary Health Centre	1206
17	Nannambra Ayush Primary Health Centre	1497
18	Niramaruthur Ayush Primary Health Centre	1102
19	Pallikal Ayush Primary Health Centre	1047
20	Perumanna Klari Ayush Primary Health Centre	1043
21	Pookkottur Ayush Primary Health Centre	1460

22	Pulamanthol Ayush Primary Health Centre	1100
23	Pulikkal Ayush Primary Health Centre	1175
24	Purathoor Ayush Primary Health Centre	1923
25	Thalakkad Ayush Primary Health Centre	1092
26	Thanaloor Ayush Primary Health Centre	133
27	Thavanoor Ayush Primary Health Centre	1211
28	Thazhekkode Ayush Primary Health Centre	1005
29	Thirunnavaya Ayush Primary Health Centre	1026
30	Valanchery Ayush Primary Health Centre	2143
31	Valavannur Ayush Primary Health Centre	1647
32	Vallikkunnu Ayush Primary Health Centre	1502
33	Veliyankode Ayush Primary Health Centre	2045
34	Vettam Ayush Primary Health Centre	1326
35	Kodur Ayush Primary Health Centre	1428
36	Thuvooor Ayush Primary Health Centre	957

37	Thanoor Ottupuram Sanketham Scphhc	513
38	Kottassery Scphhc	300
39	Kalikkavu Adykkakundu Scphhc	740
40	A R Nagar Aralapampu Scphhc	1443

Annexure 4.8: List of Institutions upgraded as Ayushman Arogya Mandir Ayush

SI No	Name Of Institution
1	Ayushman Arogya Mandir Ayush (Homoeopathy) Areacode 673639
2	Ayushman Arogya Mandir Ayush (Homoeopathy) Chennara 676304
3	Ayushman Arogya Mandir Ayush (Homoeopathy) Edavanna 676541
4	Ayushman Arogya Mandir Ayush (Homoeopathy) Kalpakancheri 676551
5	Ayushman Arogya Mandir Ayush (Homoeopathy) Karuvarakundu 679331
6	Ayushman Arogya Mandir Ayush (Homoeopathy) Koorad 679338
7	Ayushman Arogya Mandir Ayush (Homoeopathy) Kottakkal 676503
8	Ayushman Arogya Mandir Ayush (Homoeopathy) Kuzhimanna 673641
9	Ayushman Arogya Mandir Ayush (Homoeopathy) Nilambur 679329
10	Ayushman Arogya Mandir Ayush (Homoeopathy) Omanoor 673645
11	Ayushman Arogya Mandir Ayush (Homoeopathy) Perinthalmanna 679322

12	Ayushman Arogya Mandir Ayush (Homoeopathy) Porur 679339
13	Ayushman Arogya Mandir Ayush (Homoeopathy) Pothukallu 679334
14	Ayushman Arogya Mandir Ayush (Homoeopathy) Poyilissery 673633
15	Ayushman Arogya Mandir Ayush (Homoeopathy) Pulpatta 676552
16	Ayushman Arogya Mandir Ayush (Homoeopathy) Puzhakkatiri 679328
17	Ayushman Arogya Mandir Ayush (Homoeopathy) Thachanna 679338
18	Ayushman Arogya Mandir Ayush (Homoeopathy)Angadippuram 679321
19	Ayushman Arogya Mandir Ayush (Homoeopathy)Othukkungal 676528
20	Ayushman Arogya Mandir Ayush (Homoeopathy) Areacode 673639

Annexure 5.3.2- Details of Medical & Paramedical posts Sanctioned in NAM in District

Designation	No
Specialist Medical Officer	13
Medical Officer	54
Accounting Clerk	1
Attender	3
Ayurveda Therapist	1

Data Entry Operator	1
District Programme Manager	2
Lab Technician	2
Multi Purpose Health Worker	34
Multi Purpose Worker	17
Nursing Assistant	3
Pg Medical Officer	1
Pharmacist	14
Physiotherapist	5
Project Co-Ordinator	6
Staff Nurse	9
Therapist	21
Yoga Demonstrator	3
Yoga Instructor	52

Source: District data

Annexure 5.5.1 - Details of work list

SL No.	SAAP yr	Institution type	Department	Institution name		AS Amount
1	2018-19	Hospital	ISM	Govt. Ayurveda Research Institute for Mental disease		₹ 75,00,000.00
2	2018-19	Hospital	ISM	Govt. Ayurveda Hospital Perinthalmanna		₹ 75,00,000.00
Ongoing Works						
SL No.	Workname	SAAP Yr	Approval Amount	Agency	Expected date of Completion	Physical Progress
1	Construction of Govt. Ayurveda Hospital Dannani	2022-23	₹ 10,000,000.00	M/s KHRWS	19.11.2025	60% Works Completed
2	Upgradation of Govt. Ayurveda Hospital Thiruvuzhi	2023-24	₹ 10,000,000.00	M/s HILL	18.02.2026	60% Works Completed
3	Construction of Block at Govt. Cancer Care Hospital	2022-23	₹ 10,000,000.00	M/s KHRWS	15.07.2026	Works Commenced
4	Upgradation of Govt. Sidha Dispensary Elamkulam	2023-24	₹ 4,500,000.00	M/s HILL	09.10.2025	52% Works Completed
5	Upgradation of Govt. Homoeopathy Dispensary	2023-24	₹ 3,000,000.00	M/s HILL	10.01.2026	5% Works completed

6	Upgradation of Govt. Ayurveda Dispensary Kozhikode	2023-24	₹ 3,000,000.00	M/s HILL	15.03.2026	Ongoing
7	Construction of AYUSH Unani Dispensary Thalassery	2023-24	₹ 3,000,000.00	M/s HILL	05.03.2026	Ongoing
8	Construction of Govt. Ayurveda Dispensary Cherukavu	2024-25	₹ 4,000,000.00	M/s HILL	06.07.2026	Ongoing
9	Construction of OP Block at VPSV Ayurveda College	2023-24	₹ 25,000,000.00	M/s HILL	26.03.2027	Ongoing
10	Construction of Govt. Homoeopathy Hospital Kuttimuram	2024-25	₹ 10,000,000.00	M/s HILL	15.03.2027	Ongoing
11	Construction of Govt. Ayurveda Dispensary Thalassery	2024-25	₹ 3,000,000.00	M/s HILL	22.05.2026	Ongoing

Source: District da

Annexure 6.5.3 details Of Staff In Vaidyaratnam P.S. Varier Ayurveda College, Kottakkal

Sl. No.	Designation	Name of Working Department	Number
1	Assistant Librarian	Library	1
2	Attendant	Shalakya and Shalya	1
3	Attendant	Panchakarma	1
4	Attendant	Agad Tantra evam Vidhi Vaidyaka	1
5	Attendant	Kayachikitsa	1
6	Attendant	Kaumarbhritya (Balroga)	1
7	Attendant	Prasuti Tantra and Stri Roga	1
8	Attendant	Swasthavritta and Yoga	1
9	Attendant	Samhita and Siddhanta	1
10	Attendant / Peon / Multipurpose Worker	Rasa Shastra evam Bhaishajya Kalpana	1
11	Attendant / Peon / Multipurpose Worker	Shalya (PG only)	1
12	Attendant / Peon / Multipurpose Worker	Rachna Sharir	1
13	Attendant / Peon / Multipurpose Worker	Roga Nidan evam Vikriti Vigyan	1
14	Attendant / Peon / Multipurpose Worker	Dravyaguna	1
15	Attendant / Peon / Multipurpose Worker	Kriya Sharir	1
16	Clerical Staff (Administrative & Accounts)	College Office	6
17	Gardener	Herbal Garden	1

18	Laboratory Assistant	Rachna Sharir	1
19	Laboratory Assistant	Kriya Sharir	1
20	Laboratory Assistant	Roga Nidan evam Vikriti Vigyan	1
21	Laboratory Assistant	Shalya (PG only)	1
22	Laboratory Assistant	Dravyaguna	1
23	Laboratory Assistant	Rasa Shastra evam Bhaishajya Kalpana	1
24	Laboratory Technician	Roga Nidan evam Vikriti Vigyan	1
25	Laboratory Technician	Kriya Sharir	1
26	Librarian	Library	1
27	Library Attendant / Peon	Library	1
28	Lifter	Rachna Sharir	1
29	Multipurpose Worker	Herbal Garden	2
30	Museum Keeper	Agad Tantra evam Vidhi Vaidyaka	1
31	Museum Keeper	Kriya Sharir	1
32	Museum Keeper	Rachna Sharir	1
33	Museum Keeper	Swasthavritta and Yoga	1
34	Museum Keeper	Dravyaguna	1
35	Other Staff	Other Staff	5

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